

CAVIAR,

"As a child of four I can still recall the delight of my first handful of Caviar, filched from a barrel of that delicacy which stood in the stoop of the corner grocery at Forrest Hill; but it was a week or two later, when the barrel was almost empty, that there came to me the inspiration of my great work on Embryology."

Autobiography. CHAS. SEDGWICK MINOT.
Boston, 1920.

BLUE POINTS,

Haut Sauterne

"In conclusion, gentlemen, I can only refer to the studies of Councilman and Lafleur on the association of Arterio-Sclerosis with oyster-eating, as an illustration of that lack of perspicacity and that absence of logical sequence, which has too often I fear, characterized the work of my colleagues of the St. Johns Hopkins Hospital."

From the speech of Professor Brooks at the
Oyster League, Oct. 1st, 1894.

CONSOMME ROYAL,

Old English brown Sherry

"Disguise through dilution must be our motto; and as the mystic cult of Nagual strove to guard the pure American spirit from base European contamination, so we, as members of the Physiological Society (that corps d'élite about the Ark of Science) carefully distinguishing between the esoteric and the exoteric, must cloak in verbiage those stronger truths, the hasty adoption of which might prove disastrous to the race."

W. H. HOWELL. *Prospectus of the American Text
Book of Physiology*, 1895.

TERRAPIN, CELERY.

Veuve Cliquot

"The question of the relation of diet to population has been solved in reality by the researches of Councilman (see his *Malthus redirivus*, 1895), who has shown that in the Terrapin circles of Maryland the birth rate rises and falls with the price of diamond backs."

F. S. LEE, "*Equilibration in population*," 1896.

BREAST OF TURKEY, FRESH MUSHROOMS.

Ruinart Brut

"It passes my persimmon to tell why we physiologists are superior in so many respects to the specialists in the other departments of science. I incline however, to the opinion of Mills that, in a study of the evolution of the elaborate differentiation of the complex functions of the higher living organisms, our minds, subdued to what they work in, take that fine polish, which is recognized as the distinguishing attribute of the pure physiologist."

JOHN CURTIS, in the *Golden Calf*, a novel, 1894.

Maraschino Punch.

"The most extraordinary fact of the research remains to be noted, viz., that those members only of the Committee of Fifty who drank punch regularly during the past seventeen years have low pulse tensions and active spinal centres."

H. P. BOWDITCH, *Report of the Alcohol Commission*, 1910.

Cocktails

RED HEAD DUCK,

HOMINY CAKES.

Chateau Larose

"Why did she shave his beard also? I had long pondered on this aspect of the story of Delilah, feeling sure that in its depths, could we but fathom them, lay the whole mystery of the sex. The answer as told in these pages reveals, as never before, the inner springs of action in the heart of woman."

From *Women of the Bible*, by JAMES R. CHADWICK.
Boston, 1895.

ARTICHOKES, VINAIGRETTE.

"That I should feel as Heraclitus did about his predecessors—that they had much knowledge but no sense, is partly to be explained by a too sudden change in my environment. To a man trained in the Psychopannychia, from John Knox to Herbert Spencer is a longer mental journey than from the Greeks to Darwin."

In preface to "*From the Chinese to Pythagoras*,"
by H. F. OSBORN, 1896.

ICES.

"And amid these surroundings I leave you to join the chorus of the Initiated in the Elysian Meadows; but I leave you in the full assurance that nowhere in my journey, not even in Nephelococcygia, will I see a more stately group of academic buildings than that with which I have adorned Clift n Park."

Valedictory Address, President GILMAN, 1912.

CHEESE.

"Methinks I see in my mind a great and noble profession rousing herself like a lovely woman after sleep, and gazing horror-stricken at her innumerable journals and books. Methinks I see her, as a serpent sloughing its skin, shaking them off and devoting herself exclusively to the study of Titles in the great volumes which I have edited."

The *New Arcopagittica*, a plea for the total suppression of printing in the medical profession. By J. S. BILLINGS, 1900.

COFFEE.

"But my studies have a wider significance and a deeper lesson. In every one and at all times—in the sturdy laborer, in the energetic man of affairs, in the ambitious professional man, and in the crafty politician—the K. J. means Life; and paraphrasing a well-known sentence, I may say, *Ohne K. J. kein Leben*."

W. P. LOMBARD, *On the Knee Jerk and Public Morality*.
Y. M. C. A., Chicago, 1893.

CIGARS AND CIGARETTES.

"A tendency in the man is everything and since the attitude can never be fixed, since *panta rei* is the law of the universe, smoke becomes the emblem of existence, and in the contemplation of the clash of its molecules resides the entire philosophy of life."

S. J. MELTZER. *Why I am a Smoker*. North American Review,
January, 1895.

LIQUERS.

"Let me add here one practical observation on this question of normal jejunal microbic proteolysis. Increasing in intensity, it is apt to become excessive, turbulent, boreal, unless tempered by a strong cordial administered two or three hours after the beginning of a meal. Personally, following the cloth, I take Chartreuse."

Surgeon-General STERNBERG. *Text Book of Bacteriology*.
10th Edition, 1900.

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