

Montreal  
July 23<sup>rd</sup>/14

My dear Lois

I have your letter  
of Wednesday and am sorry  
that you have not yet thought  
of asking Crawford to get  
that parcel for you.

I am also sorry ~~to~~ not  
to hear that you have given  
a trial to my suggestion  
that you accommodate your  
sleeping hours for a few  
days to co-incide with the  
baby's sleeping hours.

Remember that practically  
everything she does is a  
question of habit and it



will take her <sup>2</sup> several days  
to get into the habit of  
a long quiet sleep.

Nevertheless, I am  
confident that she can be  
made to sleep long and  
soundly if you will feed  
her heavily enough and  
will be firm in your orders  
that she must not sleep  
between, say, a quarter past  
three in the afternoon and  
seven o'clock in the evening.  
It is a great pity that there  
is no where that you can  
let her cry when she  
wakes at 2 o'clock without  
disturbing the whole  
neighborhood. It is fearfully



hard to train<sup>3</sup> her properly  
and at the same time  
keep her quiet. In my  
own mind I am pretty sure  
that Elsie is simply  
consulting her own comfort  
and putting the baby to sleep  
the minute your back is  
turned instead of taking  
her out for long walks in  
her carriage ~~as~~ she should  
do.

I am also very distrustful  
of your being able to arrange  
regular, comfortable and  
complete motions like she  
had at home and I feel  
very much tempted to send  
you down the bed-pan that  
she was using here. If you



agree with me please tell me immediately and I will send it to you.

Then are you not "skimping" on the malted milk? I thought you would, so I got you two bottles. I hoped you would use it at least 3 times out of the six.

In brief.

- 1 Are you giving her all she will eat?  
If not give her more.
- 2 Are her meals strictly regular?  
If not make them so.
- 3 Are her motions satisfactory?  
If not send for her pan.
- 4 Are you sure she is being kept awake between 3<sup>15</sup> and 7<sup>00</sup> pm?  
If not, make sure.
- 5 Does she get a long ride in her carriage every day?  
If not you should arrange a time.



6<sup>5/11</sup>  
Are they "setting" the morning milk  
and giving you partially skimmed  
and stale milk of the night  
before. Or are they mixing the  
morning milk with the evening  
milk and giving it to you that  
way. You should explain that  
you want the morning milk  
for the baby kept separate even  
if you have got to pay a cent more.

It is absurd that you should  
not be getting proper benefit from  
your holiday. With all your  
meals "found", and no housekeeping  
to do, and only one baby between  
two people, I think it a  
shame that you should not at  
least be getting sufficient sleep.

I want you to get sleep in  
the first place because that is  
what gives you health and  
strength and I think you should



6.

realize that health and strength  
is what you are in metis for.

If you can get some pleasure  
and fun, in addition, in the  
day time I should be very glad  
providing it does not interfere  
with your sleep.

If people come in when you are  
lying down, won't you please  
have the strength of mind to  
leave word that you are  
asleep and do not want to  
be disturbed. And won't  
you please ask Muriel to do the  
same thing. A perfectly  
plain order to the maids is  
all that is necessary, and  
if anyone comes in in spite of  
that can't you say, "So-and-so  
I would like to talk to you but



I am too tired. Won't you please  
come in ~~some~~ and see me  
at about 7 o'clock? I remember  
Mothers having to say that  
quite often and I really  
think you must learn to do  
the same and to shut your-  
self up for an hour or so  
every day.

If the maids don't manage  
your message easily, leave a  
card with the message written  
on it at the foot of the stairs  
for them to show.

Don't be so afraid of missing  
something. You'll miss  
everything if you don't get  
your sleep.

Believe me, it is enough  
sacrifice being without you



8  
without feeling that the sacrifice  
is worse than useless because  
your holiday is no rest.

Another thing, I don't think  
it is right for you to be  
taking the baby to the Smythe.  
Can't you see him on the links  
or somewhere and ask him  
to come to you? There is a  
certain amount of respect that you  
must demand from people in spite  
of expense.

I am sorry to have been so  
dogmatic (and to have written  
in exactly the way Frances would  
strongly disapprove of) but <sup>yes</sup> I am  
disappointed. At the same time  
I want you to tell me exactly  
and truly how things are going.  
Don't make me suspect that  
because of this letter you are



telling me only the nice things.  
Because then I would not like  
your letters at all.

Con and I had dinner at  
the U.V. Club last night and  
then went ~~to~~ up and sat on  
the roof garden. Later we  
met to Con's place and put  
some galvanized iron under the  
stove. Better not tell Muriel  
because Con may be keeping it  
for a surprise. It was quite  
a job. Later on we took a  
turn in the motor and then  
had some grape juice and  
soda at the corner and  
went to bed.

Con showed me the  
pictures. They are perfectly



July 23<sup>rd</sup> 1914

re Alice

The 20th anniversary of the  
the new tonight we had  
the will not look for  
until Saturday, 20th  
hardly anything happening

the morning of the 20th  
looked out of the window  
the "form" and ends in  
believe in eyes because  
the Baseball team  
had disappeared - completely  
downed down leaving the  
right to turn out  
to other news that I can

think that I am  
with lots of love  
from your affectionate  
brother & sister



fine and I am<sup>10</sup> having a  
dozen printed. I am just  
having the ones printed with  
Alice in them. That is to  
say six. I will therefore  
have 2 sets - 3 pictures  
to your mother 3 to my  
mother and 6 for our  
album.

Con also gave me your  
roll of films which I am  
having printed. I hope  
some of them are good too.  
I had breakfast again this  
morning with Mr Barnard  
- lunch at Childs and  
it is now 7<sup>45</sup> so I shall  
probably go again to Childs



The St Lawrence Special does not run tonight so that this letter will not reach you until Saturday, I suppose.

Hardly anything happening here.

This morning Mr. Barnard looked out of his window towards the "Forum" and could not believe his eyes because the Baseball stands ~~was~~ had disappeared. - Completely burned down during the night as it turned out.

No other news that I can think of.  
With lots of love darling  
from your affection husband  
Edward S. Winslow



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Mrs E. J. Winslow  
Little Metis Beach  
Ave



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