

1881

June 27th, Midnight

Dearest Love,

Since writing my letter I have been to Dr. Howard's and asked him about your "rheumatism". He seems to think that it may not be rheumatism at all, but perhaps something worse an obscure kind of inflammation of the joints which is particularly liable to come on when women are run down with nursing their little ones. You should take just as much nourishing food as you possibly can; bathe as much as you like but be careful about sitting out when it is damp. Dr. Howard strongly advises your taking Cod liver oil - no matter whether you are in good condition or not. So if you think you can take it I shall write to the Medical Hall and have some sent down by express.

Notwithstanding what Dr. H says it seems to me much more likely that it is really rheumatism; but at the same time there can be no harm in attending to his advice.

Dr. H. says that I can ride on horseback just as much as I like & I shall endeavour to do so at S^t A.

Let me know darling whether you still feel the pains in your wrists & knees and what you think about the oil. Rest all you possibly can and eat, eat, eat. It is raining pitchforks to-night, but I hope it will be fine by morning.

Ever yours loving B

