

The Catarrhzone Annual



Parlor
Games

Puzzles

Magic
Tricks

Palmistry

Dreams

Useful
Information

Phrenology

Cure for all Diseases of the Skin

Thousands of remarkable Cures every day prove there is no Skin Irritation, no Open Sores, no Cuts, Bruises, Scabs or Inflammation that will not vanish before the all-powerful merit of

Dr. Hamilton's Ointment

Eczema

"No one can know what I suffered with the torturing itching fevers of eczema," writes Mrs. S. B. Howell. "It covered my ears and infected different parts of my scalp. I applied Dr. Hamilton's Ointment as directed and built up my system with Ferrozone and was cured. I recommend this treatment as first-class."

Baby's Skin Troubles

For the scalds, chafing and irritation of the skin from which all babies suffer, nothing better can be recommended than anointing with Dr. Hamilton's Ointment. It takes away redness, itching, prickly heat, humors, eruptions. No ointment so soothing and helpful to the skin.

Sore Feet, Bad Leg

When the feet are sore and burning, when there are raw spots between the toes, when it hurts to walk or stand on the feet,—that's when the wonderful healing power of Dr. Hamilton's Ointment will quickly make itself felt. You can do nothing better than anoint the affected parts with Dr. Hamilton's Ointment several times a day. A quick cure is guaranteed.

Cracked Lips, Cold Sores

Dr. Hamilton's Ointment at once exerts a healing and germicidal effect on the lips and parts affected by the cold sore. It takes out the burning drawing irritation, forms new skin over the sore and draws away all inflammation. In twenty-four hours after applying Dr. Hamilton's Ointment it will be hard to find where the sore was.

Scalds, Blisters, Burns

"I was dreadfully burned over my hands and legs by the spilling of a pot of boiling fat," writes A. P. Kenton, of Cross Roads, P. O. "I rubbed Dr. Hamilton's Ointment thickly over the injured parts and put on a cotton bandage. I got relief at once. I kept putting on more ointment from time to time and new skin formed and left no scar or mark. I recommend Dr. Hamilton's Ointment strongly."

Prickly Heat

"Last summer I was exposed to strong sunlight and a rash like prickly heat broke out on my back. It was very sore and caused me great annoyance. I took Ferrozone at meals in order to improve my blood and had Dr. Hamilton's Ointment rubbed over my back three times a day. This treatment acted like a miracle. No ointment could be more cooling, soothing or healing than Dr. Hamilton's."

Chafing, Irritation

The soothing balms and healing essences in Dr. Hamilton's Ointment render it specially valuable in case of chapping, irritation, rashes and injury of the skin. Once you rub on Dr. Hamilton's Ointment you notice a cessation of the burning irritation. New tissue is rapidly formed and the ugly rash or redness disappears. To heal and renew the skin nothing compares with Dr. Hamilton's Ointment.

Itching Piles

As the primary cause of piles of all kinds is constipation, it is necessary to regulate the bowels by Dr. Hamilton's Pills. Take from one to three at night. The external conditions are best treated by frequently anointing the sore regions with Dr. Hamilton's Ointment. If this treatment is followed, a sure cure will inevitably result.

Eruptions on Face

"I had a foul discharging rash on my face that made me ashamed to appear in public," writes A. B. Tompkins, of St. Andrew's Corners. "I suffered intensely from itching and irritation, and was not relieved till I used Dr. Hamilton's Ointment. I applied it to the sores three or four times a day and used Ferrozone to revitalize my blood. This combined treatment cured me perfectly."

Barbers Itch

Nothing kills the poison and destroys the germ of itch so quickly as Dr. Hamilton's Ointment. This wonderful healing balm can be gently rubbed into the affected parts morning, noon and night. It gives relief in one day and enables the patient to stop the scratching that further irritates the original trouble. Because of its antiseptic and germ destroying properties Dr. Hamilton's Ointment is sure to cure.

Dr. Hamilton's Ointment
Cures Every Skin Illness

POSITIVE CURE FOR DEAFNESS

A large proportion of all cases of impaired hearing and deafness is due to diseases of the middle ear and eustachian tubes, caused either by acute inflammation or chronic catarrh.

Nearly all these cases can be cured, or the progress of the disease arrested, by inflation of the ears through the nose and eustachian tubes with medicated air.

A very safe and efficient means of accomplishing this end can be had by the use of Catarrhzone, a positive cure for Catarrh in the most chronic form.

It is sure death to the microbic life which maintains the inflamed condition, and also through its healing properties restores the diseased organs to a healthy, normal condition.

It is not a mere theory. The result of actual experience proves that ninety-nine cases in one hundred can be cured and stay cured of impaired hearing by the use of Catarrhzone.

Catarrhzone is a new scientific remedy for all diseases of the nasal and respiratory passages caused by microbic life, and if you are affected with catarrh, asthma or bronchitis, it is well deserving of your attention. You simply breathe the medicated air, it does the rest—nothing could be simpler.

TOTALLY DEAF

For Thirteen Years

Mr. Geo. Warner, Publisher of the
Masonic Register, Toronto, was
Totally Deaf in both Ears

CATARRHZONE CURED AFTER OTHER
REMEDIES FAILED

Mr. Warner resides in Wellesly St., and is well known in the business circles of the Queen City. He says: "For the past thirteen years my hearing has been badly affected. The streets were as quiet to me as if I lived in the city of the dead. I could neither hear the noise of the street cars or sound of the horses' feet on the pavement.

"Before I had used Catarrhzone Inhaler three days I was able to notice a great change in my condition, which gradually improved till now I can hear a whisper across the room.

"I cannot tell how much I appreciate Catarrhzone, or the wonderful results I have derived from it. Catarrhzone has my strongest endorsement, and I am willing that you should use it."

STONE DEAF

MADE TO HEAR AGAIN

The Testimony of Mr. Jno. Rowel
Speaks Volumes for the Merit
of Catarrhzone

Mr. E. Riddle, of St. Thomas, Ont., was cured of deafness by Catarrhzone, and says: "My hearing was always poor and not long ago I became almost totally deaf. It was the result of catarrhal inflammation and nothing did me any good till I tried Catarrhzone. It cured my trouble and I strongly recommend it to the deaf."

Mr. John Rowell, of Wapella, N.W.T., says: "In the early fall I took a severe cold which finally developed into catarrh of the middle ear and I lost my hearing. I couldn't hear my wife speaking unless she shouted at the top of her voice. I tried our doctor and different treatments, but was not benefitted till I used Catarrhzone which my druggist recommended. I was completely cured by Catarrhzone and my hearing has been splendid ever since using it."

CORNS, WARTS, BUNIONS

Cured Absolutely Without Pain by the Never-failing

Putnam's Painless Corn and Wart Extractor

The People's Riddle Book

Why is a cigar-loving man like a tallow candle?—Because he will smoke when he is going out.

Why is a beggar mending his clothes like a rich man?—Because he is making up his rents.

Why are fowls the most profitable of live stock?—Because for every grain they give a peck.

Why is a shoeblack like an editor?—Because he polishes the understanding of his patrons.

Why is a door always in the subjunctive mood?—Because it's always would (wood) or should be.

Why should a horse not be hungry on his journey?—Because he always has a bit in his mouth.

Why is it wrong to ship on board schooners?—Because no man should serve two-masters.

Why is a member of Parliament like a shrimp?—Because he has M.P. at the end of his name.

Why is a magnificent house like a book of anecdotes?—Because it is made up of good stories.

Why ought an omnibus to be considered secured from lightning?—Because it has a conductor.

Why is there never such a thing as a whole day?—Because every day begins by breaking.

Why does an aching tooth impose silence on the sufferer?—Because it makes him hold his jaw.

Why is a dressmaker not likely to lose her hooks?—Because she has an eye to each of them.

Why is the interior of a theatre ever a sorry sight?—Because the boxes are always in tiers.

Why does the butcher's wife always keep the books?—Because the business is a joint affair.

Why is a drunken Irishman like a sentinel going his rounds?—Because he is pat-rolling.

Why is a policeman like a rainbow?—Because he generally appears after the storm is over.

Why are all duels very short affairs?—Because it only requires two seconds to arrange them.

Why were the early rulers of Israel called Judges?—Because they presided over a Jewry.

Why is a steam engine at a fire an anomaly?—Because it works and plays at the same time.

Why is a cautious, prudent man like a pin?—Because his head prevents him from going too far.

Why does a sparrow resemble india-rubber?—Because he is a gutter percher (gutta-percha).

Why does a chicken three weeks and two days old walk across the road?—To get to the other side.

Why are birds melancholy in the morning?—Because their little bills are all overdue (dew).

Why are the bars of a convent like a blacksmith's apron?—Because they keep the sparks off.

Why is a person bathing in the river at Paris like a madman?—Because he's in Seine (insane).

Why is a handsome girl like a first-rate mirror?—Because she's a good looking lass (looking-glass).

Why didn't the last dove return to the ark?—Because she had sufficient ground for remaining.

Why is a dainty lap-dog like a galloping hyena?—Because he is a fastidious (fast hideous) beast.

Why is a waiter like a racehorse?—Because he runs for cups and plates and steaks (stakes).

Why is photography antagonistic to portrait painting?—Because it is a foe-to-graphic art.

Why is a man who marries twice like the captain of a ship?—Because he has a second mate.

Cramps, Summer Complaint, Diarrhoea

NERVILINE

Instantly Relieves—Cures Thoroughly

Deadly Consumption Starts from Catarrh

Thousands Think Catarrh Is Cold,
Neglect It and Die.

Last year forty per cent. of all deaths were from consumption. These people all had catarrh in the first place, but neglected it.

Can't you realize the awful, horrible mistake of not curing catarrh now?

To thoroughly root out all taints of Catarrh nothing can act so beneficially as "Catarrh^e ozone," which is acknowledged by all doctors to be a specific for all forms of Catarrh, Asthma, Bronchitis, throat, nose and chest ailments.

The reasons why Catarrhozone cures when other treatments fail are very simple. In the first place Catarrhozone reaches the true source of the disease. Very few, if any, of the ordinary cures can do this. Catarrhozone is carried along with the air you breathe through the mouth, throat and bronchial tubes. Its antiseptic vapor at once kills any germs that may be lurking in these air passages. No matter how remote these germs may be they can't possibly escape Catarrhozone; it goes everywhere the air you breathe goes, and no air cell or air passage can escape its healing influence. The strong point about Catarrhozone is its ability to go direct to the spot where the catarrh germ is working. Every breath through the inhaler means instant death to the microbes, and gives the sufferer relief from the gnawing, destructive action of these parasites. It must be remembered, also, that Catarrhozone is a marvelous healer. It soothes the inflamed membranes, patches up the little sore spots, and removes the sensitive, tender feeling from the nose and throat. Of course, the discharge of mucus stops at once, Catarrhozone prevents this entirely.

Another nasty symptom that quickly disappears is the dropping of vile discharge from the throat into the stomach. Catarrhozone clears out the nostrils so that you don't have to breathe through the mouth. Hawking and spitting stop because the discharge is cleared up. The blinding headache that is caused by nothing else than catarrh is also lifted from your burden, and life begins to look happy once more.

Dreams

GOLD MINE.—To dream about a gold mine betokens that you will soon be approached to lend money to advance a doubtful speculation, and, if you give this money, there is little hope of your ever seeing it again.

H

HANDCUFFS.—To dream that you see handcuffs is a sign that you will be shortly called as a witness in some action where a person is charged with a criminal assault, or where a felony has been committed. You will also hear that one or more of your schoolmates have committed some crime for which they will be imprisoned.

HEADACHE.—To dream that you are troubled with a headache betokens that some one is about to tempt you to do wrong. When the temptation is put before you, you must resist it with all your strength, because, if you yield, your mind will contract a grievous malady.

HENS.—To dream of hens is a sign that if you make any new friends this week you will find them deceitful. To hear hens cackling is a sign that you are the object of much envy.

HERDS OF CATTLE.—If you dream you see a herd of cattle it may be taken as an omen of great success.

HISSING.—To dream that you hear hissing such as steam makes, or of geese hissing, is a sign of shame. To a girl who dreams of this it foretells that she will do something that she will be ashamed of. To a young man it is a sign that he will do an undignified act, or one that will injure his prospects.

HONOUR.—To dream that you are the holder of some post of honor, or are about to have honors bestowed on you, is a sign of joyful life and elevation. If you dream that you are about to bestow honors on another it signifies humiliation. If you dream you are deprived of your honor it means sorrow.

HORSE.—To dream that you are buying a horse denotes that a good stroke of luck awaits you. To ride on horseback is a very unlucky dream. Be watchful, there are plots against you. If the horse stumbles reverse in business.

I

ILLNESS.—To dream that you are afflicted with dangerous illness is a sign of good health and sound constitution. If you dream that you are ill with fever you

Nasal Catarrh

An Old Physician Says to Look for Dizziness, Frontal Head-ache, Stuffiness and Nose Colds.

TELLS HOW TO CURE.

Catarrh in almost every instance starts with a common cold in the head, which is added to with another cold, and because of some extra exposure or weakness of the system, it becomes chronic.

A full case of disgusting nasal and throat catarrh then develops. Unless a radical cure is effected then the disease passes rapidly to the throat, bronchial tubes, and finally to the lungs.

No man or woman can ever get new lungs any more than new fingers or a new nose; but every one suffering from Catarrh can get a sure cure by inhaling Catarrh-ozone, and this is proved after you read further.

QUICK, LASTING CURE.

"After ten long years of suffering with Catarrh in the throat and nose I write to tell you that I am now completely cured with Catarrh-ozone. What a relief it was to get that buzzing stopped in my ears, to have my nose free and easy to breathe through—what a blessing it was to get cured of droppings, catarrhal dyspepsia and bad breath. All this is the result of Catarrh-ozone, which I recommend everyone to use for any trouble in the throat, nose, bronchial tubes and lungs."

JOHN McCULLOUGH,
Moosebrook, N.S.

Let Catarrh-ozone cure you, get the large dollar outfit which lasts two months and contains an indestructible hard rubber inhaler. Smaller sizes 25c. and 50c. each. Beware of imitations of Catarrh-ozone, which all reliable dealers sell, or by mail from The Catarrh-ozone Company, Kingston, Ont.

LOOK AHEAD FOR ILLNESS

Sudden illness and pains come in every family—to parents and children alike. But if you have looked ahead, and have right in your home, ready for immediate use a bottle of Nerviline—there isn't much to worry over. If it's a sore throat or contracted chest, apply Nerviline and put on a Nerviline Porous Plaster. If it's colic, cramps, or any stomach disorder, just administer ten drops of Nerviline in hot water. No family medicines are more useful, or more depended upon in emergencies than Nerviline and Nerviline Porous Plasters. They keep the doctor bill small, 25c. each at all dealers. Refuse substitutes.

DREAMS

will be threatened with ague or a severe cold or cough. If your imagined illness is an infectious disorder, you will become incapable for a time by an accident happening to you.

INCOME.—To dream that your income is not sufficient to meet your expenditure means that you will shortly be able to save money. If you dream you have something left out of your income after paying all your debts, it is a sign that you will be always in poverty.

INFANTS.—To dream of infants shows trouble and ill-health, unless you see them playing, when you may expect to receive great gratification from a distant part.

INSULT.—To dream that some one insults you denotes that you will lose your sweetheart through a silly and unmeaning quarrel. You will be very unfortunate for some time after such a dream unless you change your place of abode.

INVITATION.—To dream that you receive an invitation signifies that you are of a somewhat egotistical turn of mind, and are likely to act foolishly at the expense of your own happiness.

J

JEALOUSY.—To dream of jealousy signifies slander, pain and trouble. You have every reason to be cautious in your business transactions, for if you are not secrets will be revealed, which may do a great deal of harm.

JEWEL.—All jewels are lucky except emeralds, which mean grief.

L

LEGACY.—To dream that you are left a legacy is a good dream; it always foretells some unexpected benefit.

LENDING.—If you dream that you are lending money to some one it means that ere long you will think less shame of borrowing money than of working honestly.

LIGHTNING.—To dream that you are in the midst of a lightning storm means that your love affair is likely to have an unpleasant ending. A dream of this kind occurring to married people or those of middle age betokens the receipt of unexpected news.

LUGGAGE.—If you dream that you are travelling and are hampered by luggage you may take it as a warning that you will be much troubled with difficulties. This is always a very unprofitable dream.

CATARRH

A Source of Consumption
Cured Permanently By

“Catarrhozone”

It Soothes and Heals every part of the Mucous Membrane, Cures all forms of Catarrhal Diseases of the Nose, Throat, Vocal Chords, Bronchial Tubes, Lungs and Deafness.

If you have Catarrh or a cold you cannot afford to be indifferent to its progress. Your unsatisfactory experiments with the old-fashioned treatments requiring the use of disagreeable snuffs, powders, washes, ointments, etc., should not influence you against Catarrhozone.

St. Catharines, Ont.—“Best thing for Catarrh of the Throat I ever tried.”—Thomas Elliott.

Goderich, Ont.—“Excellent remedy for throat irritation.”—Rev. M. McKay.

Blyth, Ont.—“No more bronchial attacks since using Catarrhozone.”—William Pollock.

Halifax, N.S.—“Has cured my Catarrh. I recommend it to my friends.”—W. P. Connors.

Kingston, N.B.—“Best remedy in the world for catarrh.”—Bessie McKendry.

Wawota, Assa.—“The very best Catarrh remedy on the market.”—Robt. H. Davies.

Bannockburn, Ont.—“No better remedy in the world for Catarrh.”—Patrick McQuelland.

West Lake, Ont.—“It's everything it is guaranteed to be.”—Ethel Hildman.

Hickey, Mich.—“Has cured me of Catarrh.”—S. S. Ward.

Clementsport, N.S.—“Catarrhozone cured me of Chronic Asthma.”—Samuel Ferndel.

Woodstock, Ont.—“Catarrhozone restored my sense of smell.”—Mrs. F. Simpson.

Brockville, Ont.—“Most convenient remedy on the market.”—Thos. McGillivray.

Vankleek Hill, Ont.—“Catarrhozone cannot be beaten.”—Rodie McDougall.

Perth, Ont.—“Catarrhozone is of real value.”—Rev. S. J. Hughes.

Get the large \$1.00 size of Catarrhozone, including a beautiful hard rubber inhaler, and sufficient medication to last two months. Smaller sizes 25c. and 50c. Beware of imitations. By mail from the Catarrhozone Company, Kingston, Ont.

DREAMS

LIQUORS.—Dreaming about liquors has different significations, according to the liquor. Brandy means that you are sure to live in a foreign country; rum indicates that you will become a “sailor's bride; gin prognosticates that you will live in a large city, but will endure much in consequence of poverty; whiskey means that you will suffer a sudden change in your position.

LODGINGS.—If a young man dreams that he is going in quest of lodgings he may regard it as a warning that the ideas he holds of an occupation are quite unsuited to him. If in his dream he secures lodgings on the first flat, it indicates that he would likely succeed in one or other of the professions; if on the second flat, then his future should be spent in the mercantile world; and if he takes rooms on the top flat, it is an omen that he could gain distinction as an author or artist or musician.

M

MAGISTRATE.—To dream that you are discharging the duties of a magistrate means that you will ere long find yourself advanced to some position of honor or trust.

MAN.—If a young woman dreams that she is in confidential conversation with a man it is a sign that her love affairs will go happily. A man who dreams of talking to another man may regard it as a sign that he has a rival in his love affairs or in his business, or in both. If you see an old man in your dream it means that you are about to receive a legacy, and the amount of it will vary according as the man has long or short hair.

MARINER.—If you dream that you see mariners it means that you will shortly receive news from abroad, or that you are about to leave your native land and settle abroad. If a young woman dreams of seeing a mariner it is a sign that she is destined to marry a sailor.

MARRIAGE.—To dream that you stand up to be married, and see the clergyman before you, foretells that you will have a severe sickness. If there is no clergyman the sickness will only be slight. A young man who dreams that he is newly wed may expect some accident to befall him.

HAY FEVER

The Deputy Collector of Inland Revenue at Sarnia, Ont., Cured by Catarrhozone.

No citizen is better known in Sarnia than Mr. W. H. Hicks, of the Inland Revenue Department. As a man of high standing in the community his testimony carries great weight.

Mr. HICKS' Statement :

"I used hundreds of dollars worth of remedies but until I tried Catarrhozone I never even experienced relief.

"It was on the recommendation of Mr. George Ingersoll, Druggist, that I used Catarrhozone. He knew of others it had cured and advised me strongly to try it.

"Catarrhozone worked marvels almost immediately, and I experienced grateful relief in a few hours.

"Catarrhozone permanently cured me of Hay Fever, and I can most heartily recommend it as the most speedily effective remedy on the market. It will cure any case of Hay Fever ever known."

Catarrhozone quickly allays choking spells, running eyes, itchy nose, feverishness, languor and the thousand and one agonies of Asthma.

It is a very pleasant and soothing treatment and may be used with perfect confidence and safety by young and old.

No remedy for Hay Fever receives the endorsement of the medical profession and health journals like Catarrhozone—simply because it never fails to give results.

Remember, Catarrhozone contains no opiates, morphia or cocaine. It is a harmless vegetable antiseptic, and is what you must use to be cured.

Two month's treatment, Price \$1.00.

This shows the size and appearance of the large

Catarrhozone Inhaler



Actual Size.

PARLOR GAMES

HATS AND BROOMS.

Place a broom on the seats of two dining-room chairs leaving a space between the chairs. On the four tops place men's hats. Ask some gentlemen to sit, "Turk fashion," on the handle of the broom and balance himself with a cane. (It can be done.) With the cane he is to knock the hats off, one by one, without falling off from the broom himself. It's difficult, but possible, and makes fun for the rest.

THE JOURNEYS.

Chalk on a wooden floor a group of seven circles, each two feet across, which all but touch each other. In one circle print 'London,' in another 'Edinburg,' in a third 'Glasgow,' in a fourth 'Dundee,' &c. Two feet from the circles, on four sides of them, draw two-foot squares, each marked "Home." A player rests one leg in a home square and the leader exclaims, "My mother says you must go to—London—and—to—Glasgow—and—to—and so on. So soon as the name of a city is mentioned the player must hop on one leg to the right circle, hopping back immediately to a home plate, in readiness for the next leap. The master of forfeits keeps count of the number of correct hops—journeys—made. If a player hops in the wrong circle or outside of the home squares he must pay a forfeit and give way to the next player. That player is winner who first takes 50 "good" journeys—circles—not counting the home "square" of course.

THE MYSTERIOUS HANDSHAKE.

For this a confederate is required. The confederate sits in the room with the company; the operator goes outside the room until he is called in. When he has retired the confederate says, "Let everyone of us now change places," whereupon everyone rises and changes to some other seat. "Now," says the confederate, seeing that you have all changed places, I will now shake hands with one of the company, and the wizard, outside will, on entering the room, tell with whom I have shaken hands without the slightest sign from myself." The wizard is then called in, and entering the room, he, without the slightest hesitation, moves direct to the individual with whom the confederate has shaken hands, and shakes hands with that person again, much to the surprise of those not in the secret. The secret lies in this—By a pre-arrangement the confederate shakes hand with the person who was second, or third, or fourth, as arranged, from the door as the wizard passed out. He of course notes who the person is who is there sitting, and when he comes in, in spite of the re-arrangement of the company, he at once proceeds to that individual, and he is right, of course, on every occasion.

The one at the foot of the thumb is called

THE MOUNT OR GIRDLE OF VENUS.

When of medium height it clearly signifies a sympathetic, sincere and earnest nature.

When very large it shows a person extremely fond of pleasure. He lives in the present only, and is of that easy-going nature which never worries over anything, no matter how serious it may be. When this mount is wanting altogether, it shows a most callous, unemotional nature—a person utterly devoid of sentiment.

Mount two is

THE MOUNT OR GIRDLE OF JUPITER,

at the foot of the first finger. When medium in height it indicates a warm heart and tender feelings. This subject loves harmony, and shows his affection in acts more than words. If this mount is over-large, it shows a person who is apt to think too much of his own powers. He will be over-fond of approbation, and will lay down the law, asserting himself in a very positive and firm manner. When this mount is absent it denotes a patient, dispassionate, quiet person, not easily roused.

THE MOUNT OR GIRDLE OF SATURN.

Saturn is the name of the third mount, which is under the second finger. When this mount is hardly perceptible it indicates that if the owner would attain his ambition he must be most persevering. This mount when very high usually belongs to the dull, stupid person, while the one of medium size is seen on the hand of the person who has great perceptive faculties and is very wise and cautious in conduct.

THE MOUNT OR GIRDLE OF APOLLO

is at the base of the third finger. This mount is usually shown very clearly on the hand with long, tapering fingers, which confirms the presage that the person is very artistic and has a great love for both music and literature. When this mount is very large it indicates that the owner will reach the height of his ambition. But the person who does not possess this mount will be most uninteresting. He will be slow, inactive, and inclined to be morbid.

THE MOUNT OR GIRDLE OF MERCURY,

at the foot of the little finger, when of medium height shows a person of very marked intellect. He will always be planning and making fresh arrangements, never idle either in body or mind. When the Mount of Mercury is not visible, it indicates the extreme opposite. The person will be lazy, uninteresting, and in some cases selfish. If this mount is over-large it shows a person of bad habits, easily led and somewhat given to exaggerate. This person very seldom does things in moderation.

By looking at the side of the hand you will see two mounts. The first is the Mount of Mars, and the second the Mount of the Moon.

THE MOUNT OR GIRDLE OF MARS,

when over-large, shows a person of very strong will, who will be firm and somewhat proud. He will have a very decided way of expressing himself, and have a tendency to rule and domineer over others. When this mount is scarcely visible it shows a person of a mean and underhand nature.

THE MOUNT OR GIRDLE OF THE MOON,

when of medium height, denotes a person of lively imagination, having a good memory and great ambition. When too big it denotes an unhealthy mind, and shows a cold, morose and reserved nature. When the Mount of the Moon is absent the person will be dull, uninteresting, without any love for the beautiful.

THE LINES OF THE HAND.

The lines of the hand come next. There are three main lines and four secondary, the three main being the Line of Life (which runs round the thumb at the foot of the Mount of Venus); the Line of the Head, above the Line of Life; and just above that again, the Line of the Heart. The four secondary lines are the Line of Saturn, the Line of Health, the Line of the Sea, and the Girdle or Ring of Venus.

THE LINE OF LIFE,

when clearly marked, indicates a long life free from trouble and from disease. When thin and unevenly marked, it indicates an unhealthy body and a short, unhappy life. If the line is broken in the same place on both hands, it shows that the person shall have an accident of a very serious nature or die an unnatural death. If there are short lines running off from the Line of Life just beneath the Mount of Jupiter, it denotes great wealth, possibly through marriage. When there are a great many of those small branches, it also indicates many honours. But if the lines branch off the whole way down the Line of Life it is a bad sign, showing a malicious nature. The person will, very possibly, die in poverty. If a line runs from the Mount of Venus across the Line of Life, it signifies that at the age at which it crosses the Line of Life (the ages may be seen marked on the drawing) the owner will fall in love with some person who will be unable to return his affection. If there is another line running alongside the Line of Life it shows a long and happy life. The person who possesses this double Line of Life is lucky indeed, for he will always have wealth and many pleasures. When the widest part of the line is just beneath the Mount of Jupiter, it signifies poverty in old age.

Nerveless Women

No Animation.
Lack Endurance.
Weak, Unstrung, Tired.

Ferrozone Will Cure.

For sick women no remedy exists that uplifts like Ferrozone.

No remedy exerts so profound an influence upon the functions that supply clearness of skin, brightness of eye, elasticity of spirit, abundance of strength.

Ferrozone is a marvelous former of blood—rich, red, nutritious blood, the kind that circulates life and activity to every organ in the body.

Buoyancy, vigor and vim are restored,—to the nerves is given vitality, to weak places is strength sent.

Wonderful power in Ferrozone, and any weak, pallid woman can be quickly nourished back to joyous health if Ferrozone is used.

Won't you try Ferrozone?

It will cure you just as it did Mrs. Abram Carley, of Strange P.O., Ont., who says: "I consider that I should recommend this preparation because I have proved it is simply wonderful in building up. I was all run down, suffered from an extremely nervous and unstrung condition. My sleep was broken and didn't rest me as it should. My appetite was fickle and only certain food appealed to me. My color was dull and I looked sick. Ferrozone gave me a splendid appetite,—I grew stronger day by day. My nervousness and apprehensions disappeared. Ferrozone has given me absolute, strong health, and I recommend it highly."

PALMISTRY

Jupiter signify a sensitive nature. Lines running to Saturn denote riches in store; those running towards Apollo signify fame; and those running towards Mercury, success in all things. When the Line of the Head bends up towards the Line of the Heart it indicates misfortune. Should the Lines of the Heart and Head unite it shows a self-confident, but always just and generous, nature. But should the three main lines join together, great danger is foreshadowed or an early death.

THE LINE OF SATURN

(commonly known as the Line of Fate) rises from the Triple Bracelet and runs towards the Mount of Saturn. Should it begin from the Mount of Mars a great many difficulties will have to be overcome. If it commence from the Line of Life it clearly indicates good fortune and many influential friends, who will do all in their power to help you. Lines running across the Line of Fate denotes trials. If the lines do not cross the Line of Fate, but run alongside, it shows family troubles. If the Line of Fate begin from the Line of the Head, it indicates that the owner will reach the height of his ambition, but not through his own energy and perseverance. If the Line of Fate is broken or crossed at the beginning it denotes trials and petty troubles in childhood. If the Line of Fate

This Will Interest Old Folks

Life to elderly people can only be pleasant when all the faculties are active. But as we all know, the human body is merely a machine. It gradually wears away, grows weak in spots, must be patched here and there or break down.

In old age it is well to remember the adage that a stitch in time saves nine,—in other words, health should be carefully guarded. The blood is sure to grow thin and lack the nutrition of younger days, and to overcome this condition there is probably no remedy that gives such immediate results as Ferrozone. First of all, Ferrozone increases the appetite—then it assists digestion and in consequence all that is eaten is at once converted into nourishment. A well nourished body is bound to grow strong, and by using Ferrozone the advance of old age can be pushed back for years. In highly concentrated form Ferrozone contains strengthening elements that circulate to every nook and corner of the body. By supplying exhausted nerves with life and toning up organs that are weak or inactive, the change it brings about is marvelous. If you are feeble, sleep poorly, have nervous fear, weak heart or rheumatism, you will surely be cured by Ferrozone. If it's better health you seek—Ferrozone will bring it surer and quicker than anything else. Get it to-day, 50c. per box or six for \$2.50 at all dealers.

The People's Fortune Teller—Continued.

MAGNANIMITY.—A round nose, with a broad bridge.

MELANCHOLY.—A nose wide at the root and deep-set eyes, surrounded by bluish rings.

MISERLINESS.—The sort of hair known as drab, the kind so hard to match and so very high priced when one wants a false supply.

NERVOUSNESS.—Lips that look as if they had been pressed into a straight line.

OBSTINACY.—A short and thick nape of the neck is the sign of an inflexible spirit.

ORIGINALITY.—A rounded chin, the lower bony part of which protrudes and which has a deep depression beneath the lip.

OSTENTATION (LOVE OF).—Full lips, with the upper one turning outward.

POETIC TEMPERAMENT.—Long eyes proclaim a dreamy nature, more contented and less aspiring than round eyes; a brow that rolls back from a little above the eyebrows, without the appearance of any sudden curve.

PRUDENCE.—A short and narrow tongue.

QUICK TEMPER.—An indentation on the inner rim of the ear.

REFINEMENT.—Finger nails that are oval; teeth evenly set in the gums.

REVENGEFULNESS.—The lobe of the ear altogether unmarked and the ear wide at the top.

ROMANTIC NATURE.—Smooth, fine and softly waving hair, a mouth equally well arched on either side of the centre. This mouth demands continuous incense burned at its shrine, and the type is one to which men are peculiarly susceptible, as many a broken heart might bear witness.

SELFISHNESS.—Long, narrow teeth and straight, coarse hair, growing close and thick. A girl with these features will care more for her own little aims and ambitions than she will for her husband.

SENTIMENT.—A high and narrow brow; curved and flexible lips. These features indicate more sentiment than judgment. A woman having these characteristics will make a better wife for a rich man than for a poor man.

SHREWDNESS.—The grey eye is a sign of shrewdness. It indicates a better head than heart. Particularly should the lover beware of the soft, grey eye, with the large pupil that contracts and dilates with a word, a thought, or a flash of feeling—an eye that laughs, that almost sighs, that has its sunshine, its twilight, its moonbeams and its storms.

SINCERITY.—Large, clear, transparent eyes, dark brown or hazel. The colour of an eye is often the key to character. A hazel-eyed woman never elopes from her husband, and prefers his comfort to her own.

TENACITY OF PURPOSE.—A straight forehead and protruding jaw. The man or woman with this jaw never loves but once, and then with utter unreserve.

TENDERNESS.—Breadth of the upper part of the cheek; well-proportioned upper and under lips. The most faithful wives, the most perfect mothers, as well as the most constant sweethearts, always have shapely mouths.

THOUGHTFULNESS.—Deep-set eyes; eyebrows that grow low down upon the brow, an arched nose.

THOUGHTLESSNESS.—Eyebrows that are lighter than the hair.

THRIFT.—A well-defined bump on the nose. A very extravagant man cannot do better than select a wife with a nose of this type. He may rebel at not being permitted to throw his money to the dogs, but he won't die in the poorhouse.

TREACHERY.—Lustreless or dead-black hair.

TRUSTFULNESS.—Eyebrows far above the eyes, which, with a steady, level gaze, say unutterable things when a girl says, "I don't know why it is, but I do trust you, Mr. Murray. I only met you a day or two ago, but I felt the moment I saw you that you were just the man to have for a true friend. I want you to advise me just as you would your sister."

UNLUCKY IN LOVE.—An ankle bone which is very deep indicates that a girl's good luck will be greatly impaired by matrimony.

UNSELFISHNESS.—A deep cleft between the lower lip and the chin.

UNTRUSTWORTHINESS.—When the lower eyelid curves downward and shows the white below the pupil, pause before you trust your welfare to the owner of the eye.

VACILLATING MIND.—A nose indented deeply at the root. A person possessed of such a nose loses his best opportunities by timorous procrastination.

VANITY.—Large ears, drooping at the top and without an edge; small, angular heels, and a mouth with an exaggerated droop at the corners.

WEAKNESS OF CHARACTER.—Teeth, nostrils and ears long and narrow, and a sharp chin. A German proverb says:—

"Long nose and sharp chin,
Satan himself dwells therein."

WIT.—A nose that has a slight upward trend; a small head. "Small head, great wit; great head, not a bit."

ZEAL.—Hair that appears fine and glossy when viewed at a distance, but that on close examination is found to have a split appearance, indicates a woman with an excess of queer notions, and one who, while she may be nice enough to bow to on the street, should be avoided as an intimate friend.

NERVOUS?

DO YOU BROOD?
HAVE MORBID FEARS?
TOSS IN YOUR SLEEP?

Your Physical Condition Is Below Par
and Must be Built Up.

Try Ferrozone.

Won't you try Ferrozone?

Won't you give it a chance to win you back to health; it will do it, just as it did for Mrs. Creighton Zinc, of Palm St., Lunenburg, N.S., who says: "I want to give my experience with Ferrozone, because I believe it will be of assistance to thousands of women who need it badly. I was very thin, run down in flesh and lacked color. My nerves were in a dreadful state. If anything fell I would jump and start. At night I would suddenly wake up, heart palpitating and all keyed up. Ferrozone went right to work. It restored my poise and balance, gave me self-control, cured my nervousness. Ferrozone increased my appetite and my weight came up so fast that I simply didn't need to use it any longer. Eight boxes cured me."

Why won't you use Ferrozone also, it certainly will do you good in many ways.

Start at "Trifles"

No Control of Your Nerves.

The nerves are the great controlling force of the body.

They govern every action, every function. Upon their vitality hinge your energy, your power to think and act.

But alas, your nerves are weak!

You have burnt up your nerve force, used up that reserve you so badly need to-day.

Just one way to win it back.

Build up with Ferrozone.

It restores worn-out nerves, because it supplies them with nutriment and building material.

Ferrozone gives you "grip" and courage—makes the blood tingle through your veins—fills you with the feeling that a powerful and strengthening medicine is winning you back to health.

Mr. C. R. Zink, a prominent citizen of Lunenburg, N.S., proved Ferrozone was a marvelous tonic and says: "Nothing I ever used gave such prompt, strengthening effect as Ferrozone. I was run down, quite nervous, no appetite and in a generally used-up condition. Ferrozone gave me a wonderful amount of new strength, quite restored my nerves and made me well. I can recommend Ferrozone to every man who works hard and needs a tonic."

By supplying nourishment and vital force to the nerves, by enriching the blood, strengthening the heart—Ferrozone is sure to help any man, woman or child in ill-health; try it.

Parlor Games

THE RING AND FLOUR.

Fill a large cup full of flour, and pack down hard with the palm of the hand; turn out on a large platter (turn cup upside down and pound gently with your fist); it will come out the shape of the cup; do this outside and then bring into the parlour or dining-room and place on a table. On the top of the mould drop lightly a plain gold ring (not a heavy one), and hand to some one a knife, asking him or her to cut down a small slice. Let each who will cut in turn, and the one making it fall has to pick it out with the teeth from among the flour.

THE BALANCE TEST.

Get as many large apples and as many small nuts as there are players. Then give each person a knife and a salt-spoon. Only one individual may try his skill at a time. Now let them take up the apple with the salt-spoon, and the nut with the knife, from off a smooth table, which is placed away from any wall.

They may, of course, try to play off the one against the other, but even the task will prove no easy matter. Having, however, got the two articles balanced, they must carry them, one in each hand, to a dish, which will be set on another table three yards distant from the starting point.

THE LABYRINTH.

This is a very popular game to precede supper. A number of "favours" or souvenirs should be provided, two of each kind. Tissue paper novelties or penny toys will answer the purpose. If it is a "mixed" party, two balls of coloured string are necessary, blue for the girls and red for the boys. The string should be cut into as many lengths as there are players. Then one end of each string is tied to the parlour chandelier and the other end fastened around some piece of furniture. Sometimes the strings of the labyrinth are even turned around the banisters and carried to an upstairs room, but this is rather a complicated proceeding. To the "far end" of every blue string is attached one of the souvenirs, and its duplicate is fastened to the end of a red string. Then the players are assembled, the chandelier strings are cut and one of the proper colour is given to each player, who proceeds to wind up until he reaches his hidden souvenir. Care must be taken not to break the strings wherever they cross in the labyrinth. When all are untangled the players holding duplicate souvenirs become partners at supper. The favours are worn as badges, and if they are funny the meal is sure to begin in merriment.

Healthy Women Are Charming and Pretty

IT IS EQUALLY TRUE THAT WOMEN WHO ARE
NOT STRONG CAN'T BE GOOD-LOOKING.

No Remedy So Beneficial As Ferrozone

PHYSICIANS statistics show that seven out of every ten women suffer from some disease peculiar to their sex. Very often slight ailments, which in themselves, are not important, will develop into chronic troubles that are hard to cure, in diseases of this kind it is important that a remedy be used that contains no opiates, narcotics or alcohol. Ferrozone is a pure, concentrated medicine that is peculiarly adapted to female troubles.

Ferrozone offers instant and permanent relief for all conditions that unfit females for the full enjoyment of life and its duties.

BRIGHT, CHEERFUL AND HEALTHY.

Mrs. I. I. Perry of No. 4 Peter Street, Lindsay, Ont.,
Gives Her Experience.

"About ten years ago I was confined to my room for five months, under the constant care of a doctor, suffering from weakness and female trouble. Since then I have scarcely ever been able to get around, being always run down in flesh, nervous and hysterical. My appetite and digestion became so poor that my strength failed entirely. A constant headache, palpitation of the heart and sores at the corners of my mouth were then added to my burden, and the doctors said that nothing could ever make me well."

"This year my druggist, Mr. Dunoon, advised me to try Ferrozone. I used about three boxes at first, and feeling an improvement bought six more. I improved right along, got stronger each day, until Ferrozone finally cured me."

"I am twenty pounds heavier, have a splendid appetite and my complexion is all that could be desired. The heart troubles are gone, and so are all my other weaknesses."

"To-day I am a strong, vigorous, healthy woman—just what Ferrozone made me. As it saved my life I desire to add my testimony to its great merit."

By such marvelous cures as this, Ferrozone has made a brilliant record among the people of many nations. Any woman in doubt whether she needs Ferrozone or not can easily ascertain by reading carefully the pages of this book.

GIVEN UP TO DIE.

Doctors Said That Mrs. H. S. Gold, of Bowsman, Man.,
Could Not Get Well.

"I want to state my case because I think it may be the means of assisting other suffering woman to health.

"A year ago I was almost a wreck. I was pale and emaciated, suffering from nervousness and hysteria. Little things that went wrong in the house bothered me. The doctor advised different treatments but didn't help me. He said my low condition of health was due to functional weakness and derangement that might never be cured.

Ferrozone had a peculiar grateful effect and built me up very quickly. The secret ills I suffered from are cured. I am now strong and vigorous and was made so by Ferrozone.

(Mrs.) H. S. Gold.

INDIGESTION - DYSPEPSIA

Frequently Accompanied with Violent Heart Attacks and
often associated with Constipation, Headache,
Pain in the Stomach, Nervousness,
Depression and Melancholia.

DIGESTION is that process in the stomach and the intestines by which the food we eat is liquefied and chemically changed, so that upon entering the blood through the little sponge glands in the small bowels, which suck in the liquefied portions of the food, and leave behind only the solid portions which cannot be absorbed, it may be readily assimilated—that is, made part of the blood. This process is effected mainly by the fluid which oozes out of the glands of the stomach as soon as the food reaches that organ. This fluid is called the gastric juice and is similar in nature to the saliva of the mouth.

Now, if the bowels be clogged with the refuse matter which nature designs to be ejected, the newly taken food cannot leave the stomach until it becomes corrupted by stagnation—an acid mass, which when it finally does pass into the bowels will irritate them and upon entering the blood will become a source of many diseases.

Food allowed to remain in the stomach when it is ready to be taken into the bowels, begins to ferment and gasses and flatulence are the result. These gasses distend the stomach and cause a pressure on the heart and palpitation, sinking spells, and in very severe cases even angina pectoris may result. Many people imagine they have heart disease, when in reality their trouble lies in the unclean condition of their bowels.

Family Physician Said Incurable

She Was Cured Completely by
Dr. Hamilton's Pills.

A Terrible Experience With Indigestion.

Another example of the marvelous merit of Dr. Hamilton's Pills comes from Kingston, where Mrs. E. V. Holton was snatched from the grave and restored to sound health by this wonderful medicine.

"Three weeks ago I was taken suddenly ill. My head throbbled and ached and I became so dizzy that I had to go to bed. There was a terrible feeling of weight and fullness in my left side and all the region of my stomach and liver was sore even to touch. I was in a terrible state—had no appetite, in fact I was afraid to eat because of the suffering I had to endure after meals. I got so bilious and had such pains across my eyes that I could scarcely see. My doctor said I had Incurable Indigestion.

"As a last hope I used Dr. Hamilton's Pills, I saw clearly they were doing me good and continued the treatment. My appetite and strength gradually returned—my color improved and day by day the stomach and liver derangements were less troublesome. All symptoms of biliousness and indigestion have now passed away, I am cured by Dr. Hamilton's Pills.

Indigestion and dyspepsia are serious troubles, and hundreds of thousands are taking medicine for years to cure their stomach when the organ is perfectly innocent. The rational treatment for all such difficulties is that of clearing the alimentary canal of all obstructions, and to do this, not with drastic (powerful) cathartics, for they do more harm than good, but with a remedy that is so thoroughly adapted to the wants of nature as to produce its effect without offending against the delicate structure of the organs which it means to relieve. That remedy is Dr. Hamilton's Pills.

Dyspepsia Quickly Cured

The Following Statement of Frank Misere
of Mildmay, Ont., Proves the Merit of
Dr. Hamilton's Pills.

"I can truthfully say that few people could suffer more from indigestion and dyspepsia than I. Why for weeks at a time my stomach was so sensitive and easily upset that I was almost afraid to eat. Every meal lay like a load of lead on my stomach and I had a peculiar dry choking sensation in the throat. Naturally my health ran down and I grew very weak. I don't say that doctors are no good, but they didn't help me. The first relief I got was from Dr. Hamilton's Pills. They gave new strength to my digestive organs, toned up my stomach and permanently made me well. I know of no medicine so good for the stomach and digestion."

Grew Thinner Every Day

**Appetite Was Poor, Dizzy, Faint,
Weak, Continuous, Cruel Backache.**

**Another Case in which Dr. Hamilton's Pills
Saved a Life that Physicians Despaired of.**

What a pitiful sight it is to see a handsome, able man being gradually robbed of good looks, health and ability to work. Such cases are frequent—the one here described being that of E. P. Lascelles, a well-known Printers' Supply man, residing in Hamilton. "About six months ago I began to notice a worn, tired feeling coming over me. I was unable to shake it off. It was not the fatigue that follows hard work—it was sort of an unaccountable laziness that assailed me. I was anxious to work but didn't have the energy. Something was dragging me down, robbing me of my health and spirits. I got tired of taking prescriptions that did me no good and used Dr. Hamilton's Pills. Their action soon proved to me that I was suffering from a terribly congested liver and acute indigestion. Dr. Hamilton's Pills brought back my appetite, cured the heavy pain in my side and back, gave me a new grip on life. I gained in weight and now I am stronger, look better, work better than ever before I was taken sick."

If you want to get back the vigor and spirit of youth, if you want the sparkle of robust health on your cheeks—use Dr. Hamilton's Pills regularly. They cleanse, purify, tone, strengthen—make the sick well.

What Many Men Need

**Dr. Hamilton Has a Prescription
that "Sets" You Right Up.**

When a man has lost ambition to "dig in" and stay at things—when he complains of headache, fullness in the right side, pains in the shoulder blade—it's purely a case of "Liver."

These symptoms invariably indicate a clogged, inactive liver. The body can't get rid of its wastes, and the whole system is half paralyzed.

Dr. Hamilton's Pills stimulate the liver into activity in one night. Being a mild vegetable laxative they produce results in a few hours. The bilious headache and constipation are cured, spirits rise, complexion clears, animation returns. Nothing in the calendar so efficient for that tired, lazy feeling as Dr. Hamilton's Pills. Very mild, don't interfere with work, invariably do lots of good. Try a 25c. box, all dealers.

Parlor Games

STICK IN THE RING.

Present a ring to a person, or place it at a distance and in such a manner that the plane of it shall be turned toward a person's face; and then bid him shut one of his eyes and try to push through it a crooked stick of sufficient length to reach it. He will very rarely succeed.

THE BOUQUET.

A pretty and amusing game is called the "Bouquet," and thus played:—

One of the players is asked to name her or his favorite flowers; this is done mentioning, three or four—as the lily, the rose, the violet, or any other flower. This person is then invited to leave the room.

Then other players designate, by the names of the chosen flowers, several friends or playmates, absent or present, of the one who has withdrawn.

The absent one is now called back, and asked, "What will you do with the lily?" To which is perhaps answered, "I will wear it next my heart." "The rose?" "I will cast it aside;" and so on, until the player has disposed of all the flowers according to her fancy.

Then she is told whom they represent, and perhaps finds that she has cast away her dearest friend, or has given the place of honour to one whom she regards, with indifference.

If she gives droll or incongruous answers the game is rendered more lively and amusing.

PROVERBS, No. 2.

This is a new and interesting way to play this game:—A well-known proverb is divided among the players, each taking a word, with the exception of one player, who leaves the room whilst the proverb is being selected. When all the arrangements are being made this player enters the room again and stands before all the others, who should be arranged in semi-circle. He then inquires the number of words of which the proverb consists. One player, who acts as leader, then gives three distinct beats with his hand, as if directing a concert, and at the third beat each player utters his own word, so as to produce a kind of mixed roar. This must be repeated three times, and if the proverb be not guessed the outside player has to retire again. If he succeeds in guessing it he can transfer his office to any other player whose particular word he can detect. Of course the proverb must be a well-known one, or otherwise to guess it would be an impossibility. No one who has not tried this mode of playing at proverbs can form any conception of the extreme difficulty of discriminating the simultaneously uttered sounds.

Awful Result of Constipation

It causes Anæmia, Great Weakness, Heart Disease, Nervousness and Chronic Dyspepsia. It Weakens the Mind, Pollutes the Body and ends in a Horrible Death.

THERE can be no doubt whatever that certain purgatives are injurious, not only because they irritate the delicate structure of the small intestines, and thus produce chronic troubles, such as catarrh of the bowels, piles, chronic dysentery, etc., but also because they are so strong that their reaction is worse than the original trouble. We all know that after taking a strong physic we are more constipated than before. This has led some people to imagine that they should never take a purgative of any kind. The bowels must be kept clean, but people will neglect the rules of health, thus creating the necessity for a remedy to do the work, and do it thoroughly.

Impressed with these facts Dr. Hamilton prepared his famous pills of Mandrake and Butternut which have for years been a boon to mankind. Dr. Hamilton's Pills not only do the work effectually, but act so gently, and so much according to nature's laws that a positive cure without bad after-effects follows in every case.

Upset By Constipation

Distressing Indigestion, Stomach Gas, Palpitation, Constant Headaches.

Dr. Hamilton's Pills Cure.

"It is with intense satisfaction that I am able to relate how I was snatched by Dr. Hamilton's Pills from my bed of sickness, writes H. H. Sargent, a well-known hardware traveller residing at Charleston. So many changes of diet brought on a fit of indigestion and liver complaint, but being very busy I didn't give the matter much attention. Headaches, awful dizzy spells, and constant tiredness soon made it impossible for me to attend properly to business. My appetite faded away. I became thin and looked yellow and jaundiced. I used three different prescriptions which physicians said would tone up my liver and regulate my bowels—but I got no relief at all till I started to use Dr. Hamilton's Pills. After taking them for a few days I was surprised at the energy and force I obtained; the old feeling of tiredness and lack of desire to work disappeared, and instead came vigor, energy, ambition, good color and sound digestion. I take Dr. Hamilton's Pills three times a week and ever since have enjoyed the best of health."

"Constipation For Three Years"

Had Dizziness, Bad Breath, Headaches, Bad Color, Poor Appetite.

Dr. Hamilton's Pills Cured Quickly.

Those who doubt if constipation and chronic stomach trouble can be cured need only read the striking testimony of Mrs. B. C. Curran, of Westport, to know that even if all else had failed, certain cure attends the use of Dr. Hamilton's Pills.

"For full three years I have suffered the torture of biliousness, constipation and stomach disorders. I had terrible pains in my head. My appetite faded away and when I did eat anything it disagreed and made me very sick for hours after each meal. The active pains in my stomach and the dizzy headaches I had to endure almost set me wild. Some times attacks came on so severely that I had to go to bed. I would feel so worn, depressed and utterly miserable that for hours I wouldn't speak to my family. My system was poisoned with wastes and nothing helped me till I used Dr. Hamilton's Pills. Without this grand-system cleaning remedy I would still be sick, but each day brought me better health and spirits. I was cured and made as strong, ruddy and healthy looking as one could wish, and will always use and recommend Dr. Hamilton's Pills."

DOCTOR GAVE HIM UP. ACHING IN THE STOMACH.

A Terrible Experience with Kidney Disease and Dragging Backache.

Expected Death Any Day.

To get well and keep well after being pronounced incurable by his physician, was the wonderful experience of Mr. A. P. Chapman, who was snatched from the very jaws of death by the timely use of Dr. Hamilton's Pills.

"For two years I had suffered from advanced kidney disease, was stooped, back-weary, hollow eyed and completely played out. One Saturday night I was seized by an acute attack and became so sick I had to call in my physician. For a week he attended me constantly, but I grew weaker and sicker every day. The pains in my back, the blinding headaches, the awful weakness from which I suffered almost killed me—the doctor saw it was hopeless.

"As a last hope I was persuaded to take Dr. Hamilton's Pills. They brought back my strength, aided my stomach, created new appetite, cleansed my blood and gave me relief from pain. After I used Dr. Hamilton's Pills for a month I was like a new man. I continued the treatment for three months and was cured."

Bilious Headache, Sluggish Liver, Indigestion and Stomach Disorders.

Dr. Hamilton's Pills Cured.

"From using a cheap remedy recommended by an unscrupulous druggist, my condition was made much worse," writes Miss Minerva E. Michie, daughter of a well known citizen of Portland. "I suffered so terribly with indigestion and biliousness that the very sight of food made me shudder. It was two years ago my health began to fail. At first I had constipation, liver sluggishness and occasional headaches. My appetite was variable—I wanted too many sweets—then I lost all desire to eat and had constant aching in my stomach, attacks of dizziness, pains between my shoulders, stifling feeling after meals and I felt I wasn't going to recover.

"The moment I used Dr. Hamilton's Pills I felt better. After I had taken a few pills my chest and back were relieved of pain, and my head felt clear and was no longer full of blood and rushing noises. I kept on using Dr. Hamilton's Pills and slowly but surely my appetite returned and I gradually regained strength, color and spirits. To-day I am as well as ever and attribute my present splendid condition entirely to Dr. Hamilton's Pills.

No Medicine for the Home, to be Used by Parents and Children Alike, can bring the Happy, Buoyant Good Health that follows the use of

DR. HAMILTON'S PILLS

Of Mandrake and Butternut.

"Life a Perfect Burden"

Untold Sufferings from Biliousness, Headache and Indigestion.

Cured by Dr. Hamilton's Pills.

From her home at Oak Point, Mrs. Dupont writes a vivid and touching account of her four years of torture with biliousness and indigestion.

"My trouble was first manifested with blinding headaches and feeling of dizziness and fullness in the head. Such dreadful turns of giddiness came over me that at times reeled and staggered. These attacks were accompanied with violent pains in the stomach and distension of the liver. Spots flitted before my eyes; and to think of eating made me miserable. I was unable to digest my food, lost weight and got sleepless. When so low spirited and despondent that I despaired of getting well, I read of how Mrs. Holton had been so wonderfully cured by Dr. Hamilton's Pills, and got five boxes at once. To my delight the first box of Dr. Hamilton's Pills gave me relief. I began to eat, sleep and enjoy my meals. The stomach and liver pains passed away. I improved steadily and when five boxes of Dr. Hamilton's Pills were used I was a new woman, cured, happy well and strong."

OWES HIS LIFE TO THE CURATIVE POWERS OF DR. HAMILTON'S PILLS.

Lack of exercise and overwork were the causes that combined to almost kill Samuel S. Stephens, jr., one of the best known and most influential citizens in Woodstock. In his convincing letter Mr. Stephen says:

"A year ago I returned home after a long trip, completely worn out. I was so badly affected by chronic biliousness, so much overcome by constant headaches, dizziness that I despaired of ever getting well. I was always tired and languid, had no energy and spirit, found it difficult to sleep for more than five hours. My appetite was so fickle that I ate next to nothing and in consequence lost weight and strength. I was pale and had dark rings under my eyes that made me look like a shadow.

"It was a blessing that I used Dr. Hamilton's Pills. In one week I felt like a new man. The feeling of weight and nausea in my stomach disappeared. My eyes looked brighter, color grew better, and best of all I began to enjoy my meals. The dizziness, languor and feeling of depression passed away and I fast regained my old time vigor and spirits. To-day I am well—thanks to Dr. Hamilton's Pills.

Newark Man's Collapse

Caused by Dizziness, Biliousness,
and Pains in the Back.

DROPPED IN THE STREET.

Warm weather and acute indigestion were the chief causes of physical collapse that overcame Mr. J. V. Donaghue near the entrance of the Pennsylvania Railroad depot. A policeman lifted him into a cab and he was hurried to his home. In an interview next day, Mr. Donaghue stated: "I was practically unconscious when I arrived home. I knew I was in bad shape, because for weeks I had been fighting against pains in my back as severe as if I had been shot at. Indigestion and biliousness were the cause of my collapse, and no doubt had been keeping up the headache and dizziness from which I suffered. Fortunately, my wife knew just what I needed. She gave me three of Dr. Hamilton's Pills of Mandrake and Butter nut and put me to bed. In the morning I was as fresh as a daisy, my system was cleared of its load of poisonous waste and I felt like a new man. From now on in order to keep my system properly regulated, I will use Dr. Hamilton's Pills regularly. I know many who do so and they never have a day's illness.

Woman's Needless Suffering.

Full of Aches. Frightful Back Pains.
Pale and Nervous.

Such was the case of with Mrs. Anna A. Rodrigues, a well known resident of Valencia—read her experience: For a long time I suffered with failing strength and nagging headaches. My condition grew steadily worse, my limbs became bloated and shaky. I was sallow and thin, felt aching pains, dizziness and chills. I unfortunately didn't suspect my kidneys and was nearly dead when I discovered the true cause of my sufferings. I read so much about the wonderful health and strength that comes to all who use Dr. Hamilton's Pills that I felt sure they would help me. Such blessings of health and comfort I got from Dr. Hamilton's Pills I can't describe. They speedily put me right and their steady use keeps me active, energetic, strong and happy. I strongly urge others to regulate and tone their system with Dr. Hamilton's Pills of Mandrake and Butternut."

Parlor Games

PASSING CLOTHES-PINS.

A very funny game for little folks, or older ones who wish only to be amused is that of passing clothes-pins. The players are drawn up in two lines facing each other and about five feet apart. At the end of each line is a table, upon which are a dozen clothes-pins for each of the respective lines. Now the first player nearest the table takes hold of the left-hand player's wrists, and lifts a pin with his neighbour's right hand. The second player keeps the pin in his right hand while with his left hand (hands still crossed) he takes hold of left-hand neighbour's wrists and passes the clothes-pin as did the first one, on down the line to the lower table. The game is more complicated if the whole line takes hold of wrists at once before the pin is started. If a pin is dropped it goes back to the first table to start again. An umpire sees to that. The line which hands all its clothes-pins upon the lower table first is the winner. Only one pin should be passed at a time. As no player uses his own hand to work with, it is a most awkward and jolly game. No stiffness can exist when it is played, for everyone gets to laughing heartily.

COMPOSITE PICTURES.

To play "Composite Pictures," the players sit in a circle, and each receives a piece of paper, which he folds into three equal parts.

At the top of the paper he draws a head of a bird, beast, or fish, bringing down the lines of the neck a little over the division of the paper, which he then folds back so as to conceal his drawing and hands to the person next to him, who draws the body, folds it back, and passes it on to his neighbour, who draws the legs.

As none of the players can see anything but the connecting lines of the drawing to which they have to contribute, the pictures produced are sometimes very comical. A single figure may be composed of the head of a beast, the body of a man and the legs of a bird.

None of the players are expected to have a knowledge of drawing, for the cruder their efforts the funnier is the show of pictures when the drawings are completed.

Dr. Hamilton's Pills
THE IDEAL FAMILY MEDICINE

A BOWEL MEDICINE

**Prevents Constipation,
Appendicitis, Keeps
Complexion Clear,
Assures Sound Health.**

**Two Remarkable Cases Described
by Mr Hugh Cameron of Folger
Station, Ont., Proving the Merit of
DR. HAMILTON'S PILLS.**

"I am now quite an old man," writes Mr. Cameron, "it being sixty-six years since I left my native town in Scotland. In that time I have witnessed much sickness and suffering. One case I recall occurred with a neighbour I heard was about ready to die with appendicitis. I went to see him and found he had been ordered to the hospital weeks ago for an operation. But he put it off and I found him in bed suffering agony—four days had elapsed since his bowels moved. Having used DR. HAMILTON'S PILLS regularly for 25 years I knew they would help him and I gave him three pills. In two days he was around, and I

**CURED
5 YEARS**

know that ever since this man has enjoyed excellent health and simply because he used Dr. Hamilton's Pills three times a week. No case of constipation can possibly go uncured if treated with Dr. Hamilton's Pills."

"In my own family we use practically no other medicine but Dr. Hamilton's Pills. To keep the digestion good, to regulate the bowels and maintain healthy action of the liver and kidneys no remedy I ever heard of is so dependable and so certain to do good as DR. HAMILTON'S PILLS. For the father who lives as I do, far from a doctor and a drug store, the knowledge of the power and wide usefulness of Dr. Hamilton's Pills for all family ills is very valuable. I have administered them for nearly every complaint for which they are recommended and in each case this honest medicine cured."

Signed, HUGH CAMERON,
Folger Station P.O., Ont.

Dr. Hamilton's Pills are an old and proven cure for all disorders of the stomach, liver and bowels—good for children—good for old folks—just what everyone in poor health requires.

Parlor Games

PUFF BALL.

For this game very little preparation is necessary.

A piece of light, fluffy cotton wool is rolled up into a small ball, which is placed upon a table from which the cloth has previously been removed; the playeys then set themselves round the table, and commence to blow the ball about, each one endeavouring to send it away from him or herself, and trying to drive it to a neighbor.

When the ball eventually falls to the ground the player upon whose right side it falls must pay a forfeit.

Of course, the ball must be kept on the table as long as possible, and the efforts of the players to prevent it from falling frequently prove most mirth-provoking. At close of the game the forfeits must be redeemed in the usual manner.

SHADOW BUFF.

a game not very generally known, requires a little apparatus. A white sheet, like a magic lantern screen, is hung up at one end of the room, and at some distance from it a bright lamp is placed on a table. The lights in the room having been put out, one of the players seats himself either on the floor or a low stool or hassock near the screen, and with his back to the lamp. The other players then pass in succession between him and the lamp, and as they do so their shadows fall upon the screen. What the seated player has to do is to guess the players to whom each shadow belongs, and this is more difficult than might be imagined. It is allowable to use impromptu disguises, which, of course, make the work of the guesser all the more difficult. The owner of the shadow which is correctly interpreted then assumes the guessing stool.

FRENCH BLIND MAN'S BUFF.

The old-time game of "blind man's buff" has been long since discarded from the inside of the house. There are not many mothers who can bear to see their carpets torn up and their curtains torn down, furniture damaged, and ornaments broken by a mad crowd of riotous youngsters and a stumbling "blind man". But the game here described is open to none of these objections.

The players form in a circle, while one is in the centre, blindfolded and furnished with a stick. The players dance round in a circle, to music if possible, until the "blind man" knocks on the floor with the stick. Then they stop and the music ceases.

The "blind man" points the stick to some one in the circle and asks a question. The one addressed answers in a disguised voice. As soon as the "blind man" guesses any one by means of the voice, he changes places with that person, and the game goes on as before.

Wives and Mothers Suffer With Backache

Unfortunately They Fail to Recognize
the Dangerous Cause of
the Trouble.

Constantly on their feet, attending to the wants of a large and exacting family, women often break down with nervous exhaustion.

In the stores, factories, and on a farm are weak, ailing women, dragged down with torturing backache and bearing down pains.

Such suffering isn't natural but it's dangerous, because due to diseased kidneys.

The dizziness, insomnia, deranged menses and other symptoms of kidney complaint can't cure themselves, they require the assistance of Dr. Hamilton's Pills, which go direct to the seat of the trouble.

To give vitality and power to the kidneys, to lend aid to the bladder and liver, to free the blood of poisons, probably there is no remedy so successful as Dr. Hamilton's Pills. For all womanly irregularities their merit is well known.

Because of their mild, soothing and healing effect, Dr. Hamilton's Pills are safe, and are recommended for girls and women of all ages.

Weak Kidneys Kill Quickly

Are You Irritable, Depressed ?
Does Your Back Ache ?
Have You Nervous Fears ?

This Case Proves That Even Advanced
Cases Dr. Hamilton's Pills are a Cure.

Mr. A. G. Parsons, a well known young man in Bayfield, Ont., relates the following:

"It would take hours to write all I suffered from sick kidneys. For ten years past I have been terribly affected. I had gravel, albumen, night sweats, awful weakness and swelling of the limbs.

"I state the truth in saying I spent hundreds of dollars on worthless medicine. Even my doctor said 'incurable,' but Dr. Hamilton's Pills instantly relieved. Under their influence I felt better in one day. To the astonishment of my doctor I improved steadily. The aching and pains in my back and loins disappeared, the urinary disorders were rectified and the unhealthy look left my face.

"To-day I am vigorous and strong. I feel fine and consider my cure absolutely perfect."

Parlor Games

ANIMAL, VEGETABLE OR MINERAL.

This is the famous game which was played so much at one time by the Cambridge Professors that they declared that any subject should be discovered in ten questions; but those who try it will be lucky if they succeed in twenty.

One person writes the name of an object on a slip of paper, which he folds up and holds until some one in the company guesses it, who is then given the paper and allowed to choose a word. The answers must be confined to yes and no, except in answer to the first question.

Let us illustrate by supposing that the word "shoe" is chosen. The first question is always "Is it animal, vegetable, or mineral?" to which, in this case, the answer would be "animal"—a shoe being made of calfskin.

Then the questioning would go on about as follows:—

"Is it a manufactured article?"

"Yes."

"Ancient?"

"No."

"Modern?"

"Yes."

"Is it in this room?"

"Yes."

"Have you got it on your person?"

"Yes."

"Is it an article of wearing apparel?"

"Yes."

"A glove?"

"No."

"A shoe?"

"Yes."

This is an easy one, but it is quite likely you will encounter something more difficult to discover when you play the game.

THE FLOUR MERCHANT.

One who personates the flour merchant will try in every way to dispose of his stock by asking questions of the others, who must in their answers be careful not to use the words "flour," "I," "yes," or "no." For instance, the merchant says:—

"Any flour to day?"

"There is none required."

"Let me persuade you to take some."

"That is impossible."

"Why so? It is excellent flour."

"You have my answer."

"Have I? Will you please repeat it?"

"My answer was 'Not any.'"

"But the price is reasonable."

"I will not take any."

The flour merchant having succeeded in making her say "I," demands a forfeit, and then proceeds on his way to the next person, whom he likewise interrogates on the subject of the disposal of the flour.

LIVER ILLS

**BOWELS ARE CONSTIPATED
KIDNEYS ARE UNHEALTHY
CONSTANT HEADACHES**

Nothing makes you feel worse than slow liver. Seems as if every organ in the body had gone wrong.

What the liver needs is the stimulation afforded by Dr. Hamilton's Pills; they go right to work on a lazy liver—restore it in a few hours.

Taken at night, you're well next morning; that's how Dr. Hamilton's act.

Had Bad Taste and Headache

Thus writes Mrs. D. F. Fowler from Yarmouth: "I used to feel drowsy and heavy, my color was sallow, and there was usually a bad taste in my mouth. I had vague pains all through my limbs and an annoying headache as well.

"After one dose of Dr. Hamilton's Pills there was a sudden change. I felt better, my appetite increased, and that exhaustion and depression gradually left me. Life seemed brighter and happier after I used Dr. Hamilton's Pills, so I strongly recommend such good medicine."

No Appetite—Bad Color—General Debility.

"I was run down," writes Mr. Albert E. Dixon, of Fairhaven P.O. "My color was dull and appetite was poor, and I constantly suffered from rheumatism.

"I found it hard to sleep and felt worn out and tired all the time. Dr. Hamilton's Pills made an instant change, I grew strong, my blood was restored, rheumatism vanished. To-day I am vigorous, cheery and healthy in every respect."

SPECIAL NOTICE—The secret of the wonderful success of Dr. Hamilton's Pills is due to their ability to improve the tone of the kidneys, liver, stomach and bowels, thereby assuring an ample supply of rich, nourishing blood, which circulates its strengthening influence to every part of the system that requires assistance.

Take Dr. Hamilton's Pills when you're well, when you're sick, whenever you think a purifying tonic will do you good.

Parlor Games

A POTATO RACE.

Make four chalk rings about twelve inches diameter at the four corners of the room. Place three potatoes in each of the two rings at the same end of the room (unshapely potatoes for preference). Now let a young lady and gentleman each take a teaspoon and lift a potato, carrying it to the pool in the opposite corner. The one who deposits the three potatoes safely on the opposite pool and again back to the starting point to be declared the winner.

When a potato is allowed to fall off the spoon in transit it must be returned to the pool from which it was lifted before the attempt is again made. By having to pass each other, there is much less chance of accomplishing the feat at once, thus causing the greater merriment.

RAISING THE HAND.

So many of the games in which the player shows his ability to guess correctly and answer questions depend upon an accomplice that most people can be fooled by a practical little trick which appears to be played on the same principle. The player asks one, or he may ask all, of the company to put up either hand above the head while he is out of the room, and returning can tell the hand or hands that were raised. Those acquainted with similar games will look for movements of the feet or other signs, and finally admit that they do not understand it.

It is only necessary for the player to have a good eye. There is such a difference in the colour of the hand that has been raised and the one that has not, owing to the flow of blood, that with practice one may tell each one in the company which hand was raised, and in case some tried his ability by raising neither or both, he could tell by the two pale or flushed hands.

This Tells How to Cure Sick Headache, Biliousness

BILIOUSNESS is merely a term applied to a condition that exists when the body is over-loaded with bile. The complexion turns yellow, eyes look dull, pimples, itching and eczema break out, headaches are ever present.

Biliousness has two great causes, constipation and defective liver action. When Dr. Hamilton's Pills are taken, they not only correct the bowels, but act directly on the liver, regulating its bile secretion. Unlike ordinary medicines which purge and give temporary relief, Dr. Hamilton's Pills remove the condition which causes biliousness, thus permanent cures are effected.

A Mother's Breakdown

Her Health so Shattered Her
Children were taken from Her.

It is a sad story, one that is not often heard now-a-days, that is told in the following letter by Mrs. Marion R. Charlotte, written from her home in Pittsburg: "For about five years I suffered from a complication of disorders, the origin of which my doctor was unable to discover. It was undoubtedly owing to imperfect action of the liver and stomach. I am sure of this because there was a continual weight and painful fullness in my right side and scarcely anything I ate was digested. I also suffered agony with hemorrhoids. A succession of sleepless nights, cruel pains in my side and back, combined with the terrible state of my nerves, made me wish for death.

"I could do no housework, my sisters took my small children and I despaired of ever getting on my feet again.

"One memorable day a neighbor brought me a box of Dr. Hamilton's Pills which had cured her of troubles similar to mine. To my astonishment I felt better next day. Gradually all my pains disappeared, I put on flesh, looked healthy, had lots of spirit and a desire to work. Dr. Hamilton's Pills cured me, and I know they will work marvels for every woman that uses them."

The one safe dependable medicine for men and women in poor health is Dr. Hamilton's Pills—refuse any substitute.

Liver and Kidney Troubles

MEN, WOMEN AND
CHILDREN. THE ONE
UNFAILING CURE IS

Dr. Hamilton's Pills

Of Mandrake and
Butternut.

Parlor Games

BLOWING THE FEATHER.

is a game which bears a strong resemblance to Puff Ball.

In place of the wool ball a feather is used which is kept floating in the air by the repeated "puffs" of the players, a forfeit being claimed from the person who allows it to fall to the ground.

THOUGHT-READING.

This game will be welcomed by all lovers of the mysterious; it has been known to keep many a party of children pleasantly anxious and excited, as they generally refuse to be told the secret, always hoping to discover it themselves.

Only two of the company should know the secret, but as long as there is even one to whom it is unknown, much fun may be derived by the others from the mystification of that solitary person. However, it is much better if it is unknown to all but the two confederates.

It is played thus:—One of the two goes out of the room, the other stays in, places his hand either on one of the company, on himself, or on any article of furniture agreed upon—say the piano. When he has done this he stands apart from the others, and his confederate is called in and asked—"Whom did I touch?" His partner answers correctly, and does so in every case, much to the astonishment of all who are not in the secret. If the three following rules are remembered, no mistake can ever be made—they contain the whole secret:—

The person who stays in the room places his hand on the one in the company who spoke last before his confederate left the room; on himself if more than one spoke at the same time, and on the piano if no one spoke. It will be seen that the player who goes out of the room knows before he goes who shall be touched, and can therefore make no mistake if ordinarily careful.

KEEP IT UP.

Much amusement may be got at a party out of a little feather. The leader takes the feather and blows it up in the air in the centre of the circle of players. The aim of all is to keep the feather afloat with their breath, and if it falls to the ground the person nearest to whom it descends has to pay a forfeit. The excitement produced by this game is very great, simple as it seems, and it is one of those games which amuses those who look on quite as much as those who play.

Mrs. Arthur Haverstock makes Public Statement

Tells of Her Belief in the
Undying Merit of
Dr. Hamilton's Pills.

HALIFAX, N.S.

When interviewed at her home at 194 Argyle St., Mrs. Haverstock was quite willing to talk of her peculiarly unfortunate case. "I was always 'blue' and depressed, felt weak, languid and utterly unfit for any work. My stomach was so disordered that I had no appetite. What I did eat disagreed. I suffered greatly from dizziness and sick headache and feared a nervous breakdown. Upon my druggist's recommendation I used Dr. Hamilton's Pills."

"I felt better at once. Every day I improved. In six weeks I was a well woman, cured completely after different physicians had failed to help me. It is for this reason that I strongly urge sufferers with stomach or digestive troubles to use Dr. Hamilton's Pills.

A Noted Evangelist Gives Good Advice

In an Open Letter Rev. Mr. Taylor
Tells of his Confidence in
Dr. Hamilton's Pills.

IRENE, ILLS.

"I always praise the bridge that carries me over safe," are the words of J. Dimick Taylor, the great American evangelist, whose home is in Irene. While in Nova Scotia last winter I needed medicine and used Dr. Hamilton's Pills. They helped me wonderfully and I recommend them to others. I send this testimonial because your remedy will work directly on the kidneys, and cures the urinal disorders that often give pain to the man and woman affected with kidney trouble. I have not found anything equal to Dr. Hamilton's Mandrake and Butternut Pills. I gave them to a man on Tan Cook Island that was suffering in the most horrible way and in a few hours he was relieved."

When a minister like Mr. Taylor comes forth in praise of Dr. Hamilton's Pills, it is evident their power is beyond the ordinary. For diseases of the kidneys, bladder, liver and stomach they have no equal. Easy to take, very mild, sure to cure.

DREAMS

A

ABED.—To dream that you are in bed betokens good health; but beware, for some one wishes to injure you.

ABROAD.—To dream that you are in a foreign country indicates that some one who is making money abroad is likely to bequeath a fortune to you. If you go abroad it means that you will not change your present situation in life. To the lover it indicates that there will be constancy, faithfulness and devotion in all his or her love affairs.

ABUNDANCE.—It is unfortunate to dream that you have abundance of anything. Abundance of food means scarcity of clothing and a shabby appearance. Plenty of money means penury in actual life.

ABUSE.—To dream that you are abusing some one denotes many obstacles in business and love. But, on the contrary, if you are being abused, it is a very favorable sign, foretelling great happiness in store for you.

ACORNS.—To dream of acorns, and that you eat one, denotes that you will rise gradually to riches and honour. If you do not eat and throw one on the ground, you will get rich quickly, but another will enjoy your property.

ACTRESS.—If you dream you see one acting, it is a sure sign that you have a rival who will do you a great deal of harm if you are not careful. You must, on no account, allow yourself to be drawn into an argument with your sweetheart.

ADIEU.—To dream that you say farewell to any person indicates fidelity or allegiance towards friends; to dream of any person coming to take farewell of you indicates that you will succeed to a good inheritance.

ADMIRER.—To dream that you see your admirers is a sure indication that your wishes will be realized.

ADVICE.—If a maid dreams she is giving some person advice, it is a sign that she will make a good wife; but should she be the person who is being advised, it is a bad omen. She must guard her actions, for some one is seeking to influence her.

AGRICULTURAL IMPLEMENTS.—To dream of seeing these is very fortunate either for man or woman. They denote good luck, fortune, and plenty to live upon.

ALTAR.—To dream that you are receiving the sacrament at the altar signifies that you will have many difficulties to contend with. You will only overcome them by hard mental work.

ANGEL.—If you see an angel in your dreams, it is a splendid omen, full of all that is good to the dreamer. You will never be in want of any sort, and shall always enjoy health, wealth and happiness. To hear one speak to you makes the dream more fortunate.

Wonderful Miracles Worked By Dr. Hamilton's Pills

**Learned Physician Astounded by the
Increasing Numbers of His Cures.**

That unusual knowledge is possessed by Dr. Hamilton is evidenced by the statement of Mrs. MacLeod, of 514 Campbell Road, Halifax, N.S. For years this lady suffered with torturing reeling headaches that could only be allayed by strong narcotics. "Different physicians," she states, "failed, so I decided to see what Dr. Hamilton could do. I purchased a few boxes of his Mandrake and Butternut Pills and their use immediately gave the most grateful relief. Headaches and their depressing influence left me. Spells of fainting weakness, long hours of sleeplessness, fear of nervous collapse, all these disappeared after treating with Dr. Hamilton's Pills. My restoration to vigorous health is complete, and no remedy could do more than Dr. Hamilton's Pills of Mandrake and Butternut.

By searching out all weak spots, by enriching the blood, nourishing and purifying the system, Dr. Hamilton's Pills work marvels for the sick and weak.

James Schrum of Dartmouth Makes Valuable Discovery

**Says the Most Obstinate Case of Stomach
or Liver Trouble Is Quickly Curable.**

There is a strong moral in the statement of James Schrum, of Pleasant street, Dartmouth, N.S. Like thousands of people, he was failing in health because his stomach and digestive organs were out of repair. His vitality was slipping away, he was losing ground every day.

"I could not have held on much longer, I was wasting away simply because no remedy I used gave the tone and strength to my stomach that it craved for. The vital forces of my system seemed dead. I was advised to try Dr. Hamilton's Pills. What hidden weakness they searched out I don't know, but in a miraculous way they have made a new man of me. My stomach troubles are cured, rich blood now runs through my veins—clear skin and unmistakable evidences of health and vigor I feel every day. Dr. Hamilton's Pills have certainly mastered the secret of curing the sickly enervated man and I strongly urge everyone in failing or lost health to use this grand remedy.

Dr. Hamilton's Pills of Mandrake and Butternut are purely vegetable—all the ingredients coming from the great storehouse of nature, they can't help but Heal, Strengthen, Cure.

DREAMS

ANIMALS.—This is a very unlucky dream. If the animals are fierce, your friends are not so faithful as you imagine they are. In future you must be most careful who you confide in. If you are bitten or hurt by one, your enemy is devising some hurt against you.

APPAREL.—To dream that you are dressed in white indicates success; green, that you will undertake a journey to your advantage; black, that you will be unlucky if you are in love, as your sweetheart is unhappy and sickness is about to overtake her; blue, that you will be happy; scarlet means to warn you of some calamity and a severe illness; yellow is rather unlucky, your sweetheart may be jealous of you, and great pains will be requisite to prevent your separating; crimson means that you will live to a ripe old age, and are about to experience pleasant news from a distant quarter. Variety of colors denotes that a variety of fortunes are about to attend you—old friends will desert you, new ones will supply their places. To dream that you are fashionably dressed and in good company indicates that you will rise considerably above your present position. To dream that you are shabbily dressed is very unfavorable.

B

BABY.—If you dream that you have a baby nursing it is a sign of some misfortune. If the baby be sickly it is a sure sign of death.

BACK.—To dream that your back is broken indicates that you will meet with some loss; if it grows stronger then you will have an unexpected addition to your fortune. To dream about the backbone indicates that your children have long life and health.

BANKER.—To dream that you have business with a banker is a sign of your losing part of your trade through great competition in the class of goods in which you deal.

BARE-FOOTED.—To dream that you are bare-footed is a good dream. A law suit will take place in your family, and you will obtain a verdict with all costs. If you are bare-footed and your feet dirty, get all your arrangements put right as quickly as possible, and then proceed to your duties, and success will attend you.

Why Women Have Coarse Rough, Sallow Skin

Because Poor Digestion and Improper
Elimination Have Clogged
the Stomach.

Womanly beauty is largely the outward expression of Health.

Every woman with pale cheeks and poor complexion needs medicine—needs a potent tonic to regulate her system.

To tone up the stomach—to insure good digestion—to give new life and vitality to whole system—where is there a remedy like Dr. Hamilton's Pills?

Dr. Hamilton's Pills enable you to eat what you like—they correct constipation—make nourishing blood—instil force and vim into a run-down system.

If nervous and can't sleep your remedy is Dr. Hamilton's Pills—they search out the cause of your condition and you rise in the morning refreshed, strong, vigorous, ready for the day's work.

Dr. Hamilton asks every weak and debilitated person to use his Mandrake and Butternut Pills. They make old folks feel young, and weak folks feel strong. Their effects upon insomnia and languor is marvellous. Hundreds declare they soothe and quiet the nerves so that a good night's rest always follows their use.

To look well, to feel well, to keep well, use Dr. Hamilton's Pills. They are mild, cleansing, strengthening—good for the young or old. Sold by all dealers in 25c. boxes.

Dreams

BARN.—If you dream that you see the barn full, it denotes a speedy marriage and great happiness. If, on the contrary, the barn be empty, you will lose part of your income through speculation. If you are wise, you will give up speculating after such a dream.

BEARD.—For a man to dream that he has a full grown beard signifies that he will obtain his wishes. For a lady to dream that she has a beard betokens that she will obtain what she most ardently desires.

BEASTS.—To dream some furious beasts pursue you and you cannot avoid them betokens your enemies will prevail against you.

BEAU.—For an unmarried woman to dream that she meets with a fashionable young beau is indicative of temptations and dangers in advance. She must beware of the position in which she places herself in the society of young men, or she will be grievously deceived, and eventually betrayed into errors of a very bitter character.

BEAUTY.—To dream that you are beautiful denotes that sickness will spoil your countenance and debilitate your strength. To dream of any friend as beautiful denotes their sickness. If you see your own and their beauty increase it betokens death.

BLEEDING.—To dream that you are bleeding from any part of the person is a very unhappy omen; it is a sure sign of a long and dangerous illness. To dream that you see blood is a sure indication of sudden death to some of the family, with loss of property and severe disappointment.

Are You Costive ?

If you knew how bad for health constipation is you would take better care of yourself. Irregular bowels cause appendicitis, jaundice, anaemia, and a thousand other diseases, too. Sooner or later it will bring you to a sick bed. The use of Dr. Hamilton's Pills changes all this quickly. They are made to cure constipation in one night and always do so. By taking Dr. Hamilton's Pills you are sure of a keen appetite, splendid color, jovial spirits and sound restful sleep. Gentle in action; good for men women and children.

Dr. Hamilton's Pills Cure

Dr. Hamilton Speaks on Curing Pimples

**Gives Common Sense Advice That Every
Person Can Employ at Home.**

"I believe all skin diseases such as pimples and eruptions originate through the failure of the eliminating organs to pass certain poisonous wastes from the body.

"There is at all times a large accumulation of foul matter in the system, which, if not destroyed gets into the blood. Germs and disease producing matter are thus circulated through the body. Ultimately they force their way through the pores of the skin, produce pimples, swelling, red blotches, and often eruptions horrible to look upon.

"I usually found the primary cause to be with the kidneys and bowels—these organs are too slow. My Pills of Mandrake and Butternut contain very active vegetable extracts that act on these organs instantly. They give strength, tone, and vigor to the eliminating organs that positively ensures a clean, healthy body.

A course of Dr. Hamilton's Pills puts the system in perfect order, they cleanse the system inside as soap and water does outside, they remove all taints and poisons that block the avenues of health and life, make the skin smooth, restore roses to the cheeks and that brightness to the eye that denotes sound health. Because Mild, Safe, Efficient, anyone can use Dr. Hamilton's Pills with perfect results.

Do Your Looks Quite Satisfy You?

What you need is the toning, cleansing assistance of Dr. Hamilton's Pills. They will clean out the overplus of bile that makes your skin so murky,—they will put new life into the stomach, brace up digestion and make you eat sufficient food to get a blood supply ahead.

Good blood always means more strength and vigor,—that's why Dr. Hamilton's Pills are so successful in building up weak, thin folks.

You'll feel better at once, your looks will improve and that half dead, lazy feeling will depart, because Dr. Hamilton's Pills enliven and fortify every ailing organ in the body.

Ask your friends, your neighbors—most anyone can tell you of the enormous good done by Dr. Hamilton's Pills; but beware of any substitute.

DREAMS

BOOTS.—To dream of new boots signifies new lovers; old boots denote old lovers, of which you have more than you imagine.

BOTTLES.—Bottles of any sort foretell bad fortune, usually taking the form of a death of a friend, bad news from abroad, and disappointments.

BROTHER.—If a sister dream of her brother, it indicates that she shall shortly receive a proposal of marriage. If she accepts she will have no cause to regret it. If a brother dreams of a brother he will secure a position long wished for.

BURIAL.—To dream that you see a person buried signifies that you will hear of the death of a rich relative; if the burial is attended by any person in your family, it means a death in your family.

BURNING.—To dream that you see something burning brightly indicates prosperity; when it only glimmers, anger. To dream that you burn something means success in love.

C

CALLING.—To dream that you hear someone calling your name is a very unfavorable omen. You will be the victim of a long, serious illness. You must not run any unnecessary risks, and you must be most careful where your health is concerned.

CANDY.—To dream that you are eating candy denotes that you will have a large business in your life time and plenty of children. To a married man or woman it indicates that they may expect a large share of patronage in the enterprise in which they happen to be engaged.

CARDS.—To dream that you are playing cards is a warning to be careful in your love affairs. Possibly you are of too frivolous a nature.

CARRIAGE.—To dream of driving in a carriage foretells honor and elevation. If you are on the box the honor will be the greater.

CATTLE.—To dream that you see a herd of fat cattle is a sign that you will be prosperous. If the cattle be thin it denotes scarcity.

CHANGE.—To dream of changing anything, for example, changing books at a circulating library, or changing your clothes, is indicative of the fact that you are about to enter upon a period of unrest. The result of this period of unrest may be guessed at by observing whether the change leaves you richer or better than you were before.

Surest Signs of Biliousness

Among the earliest symptoms are furred tongue and dull headache.

Then come dizzy spells, bad taste, quick pulse, fever and cold sweats.

Finally, sleeplessness and vomiting make the condition of the sufferer almost intolerable.

The root of biliousness is with the liver which is clogged and can't keep bile from getting into the blood.

Nothing works with the certainty of Dr. Hamilton's Pills; they act directly on the liver, restore the bile to its proper course and prevent it from contaminating the vital fluid.

Of course the bowels are ordered and relaxed by Dr. Hamilton's Pills, the kidneys receive new tone, the blood is renovated, and the result is a renewal of good health.

Stronger proof can't be had than the statement of Fenwick Luddington, of New Harbor, N.S., who says:

"Three months ago I had no expectation of ever getting free from periodical bilious attacks. They were preceded by dizziness and dreadful headaches. If I stooped over my head would swim, and a nauseous feeling crept into my stomach. Dr. Hamilton's Pills fixed up my liver, drove all the bile out of my blood, and made me a well man in a few months. To-day I enjoy a good appetite, excellent digestion, and the best of health. Dr. Hamilton's Pills did it all."

Morning Faintness Weak Stomach

How to Cure Quickly.

Mrs. R. J. Rawlings, of 12 Argyle Street, Halifax, N.S., gives the following statement which should be of interest to every reader. "No one could know what I have suffered with torturing headaches, faint feeling, and lassitude. In the mornings I was scarcely able to do my work, and when night came I felt too miserable to sleep. The doctors did me little good, so I decided to buy Dr. Hamilton's Pills about which I have heard so much good. In a week I improved. My headaches were less severe, my appetite increased, and faintness passed away. Day by day I gained strength and increased in weight. The trouble I am sure was in my stomach, and Dr. Hamilton's Pills did what was necessary. I used twenty boxes and in consequence will live twenty years longer."

Just the prescription for every tired, ailing woman,—try Dr. Hamilton's Pills and see if this isn't so. Sold by all dealers, 25c. per box.

DREAMS

CHEQUE.—To dream that you receive cheque signifies that you must be cautious. You may expect to receive a visitor who will endeavor to get money from you on the strength of his great expectations. Be wary of him, he is an imposter.

D

DAIRY.—To dream that you are in a dairy making butter signifies that you will marry a plain, homely person. To dream that you are skimming cream off milk, and that your sweetheart partakes of the cream, denotes luxury; but, if he drinks the milk, it is a sign of frugality.

DEBT.—To dream that you are in debt is a sure sign that there is trouble in store for you. Be very careful in money matters. If you are paying off some debt it is a sign that you will overcome some great obstacle through your own perseverance.

DIAMONDS.—To dream that you wear diamonds portends gossip, through which a great deal of harm may arise if you are not judicious. If you see them sparkle and do not touch them it foretells return of happiness.

DIGGING.—To dream you are digging is a sign of sorrow or sickness; to dig a grave is a sign of a happy marriage; to dig up an iron pot, of great cares; and to dig a ditch is a sign of a long journey.

DINNER.—To dream that you are at a dinner party betokens that you are about to suffer from the misconduct of some one in whom you have placed your trust. If any guest at the dinner should refer in any way to a piece of paper the likelihood is that your misfortune will consist in accepting a check which on being presented will be dishonored.

DOCTOR.—To dream the doctor is in your house and attending some sick one signifies that you will shortly hear of some one of whom you have not heard for some time, and that he is doing well; if the person be recovering from sickness whom the doctor is attending you will receive a letter which will prove very advantageous to you.

DOWRY.—To dream that you receive a dowry with your sweetheart at marriage is the sign that you will be unfortunate in the choice of a wife; you will marry one who is a spendthrift, and who will greatly reduce your earnings by her lavish expenditure on trifles.

INDIGESTION

Dyspepsia Means Slow Starvation.

Let those who have Experimented with
Doubtful Remedies turn to

DR. HAMILTON'S PILLS

And be Cured Quickly.

By the testimony of actual cures—by the words of those who have proved the merit of Dr. Hamilton's Pills, you can satisfy yourself that indigestion and dyspepsia are curable."

"Four years ago I got into a condition of low health—suffered all possible torture with acute indigestion, wind on the stomach and dizzy headaches. The very smell of food often was sufficient to make me violently ill. Energy

was gradually fading away. I no longer had any desire for work or for the company of other people and was in the depths of despair. Worse martyrdom brain and body

could not suffer and live. I used so many remedies without success that I was in poor hopes of getting relief when I started on Dr. Hamilton's Pills. In a month I noticed a slight improvement and kept right on using one pill every second night. In a month I was another man, looked ruddy, strong, hearty, and I felt as if I had been made anew. Four years have gone by and I still rely on Dr. Hamilton's Pills and attribute to their power my present condition of robust health.

(Signed) H. P. ECKFORD,
Rodney P.O.

Be advised and test Dr. Hamilton's Pills, which for years have been the standard remedy for Dyspepsia, Indigestion, Heartburn, Constipation, Flatulence, Headache, Backache, and all kidney, liver and bladder troubles. These diseases are all thoroughly cured by Dr. Hamilton's Pills.

Are You Dying With Heart Disease?

Just read what happened to Isaac Malloux, of Belle River, Ont. He used Dr. Hamilton's Pills—they made a new man of him.

"Three months ago I was a weak, sickly man. My appetite was poor, food fermented in my stomach, and I had sour risings and indigestion. At night I would often waken with gas in the stomach and heart palpitation.

"I consulted my doctor and used remedies that my friends advised. Nothing helped.

"One day I received a sample of Dr. Hamilton's Pills, and my cure commenced. To-day I have a vigorous appetite, strong heart action and no sign of indigestion. I feel younger and healthier than ever before."

Dreams

DROWSINESS.—To dream that you are overcome with a feeling of drowsiness is an indication that you are about to experience a turn of ill-luck. It may be interpreted that your anxiety to make progress is causing you to work too hard, and that you could accomplish more if you frequently contented yourself with resting.

E

EARTHQUAKE.—To dream of an earthquake is an admonition to be on your guard. Perhaps you may long to mount higher in your accepted calling, or it may be that you wish for a better social position. If you go into this rashly you are sure to fail.

EATING.—To dream that you are eating anything is an unfortunate omen, and predicts family quarrels, losses in business, separation of lovers, bad harvests, etc. If you see another person eating, it is a favorable omen, and predicts that you will be extremely fortunate.

ELOPE.—To dream that you elope signifies that there will be an accident during your honeymoon.

EMPLOY.—To dream that you are in need of employment is a sign of prosperity. To dream that you have plenty of employment denotes that ere long you will be idle. This is always a dream that goes by contrary.

ENGAGED.—To dream that you are engaged is a bad sign. Your lover is of a jealous nature.

ENJOYMENT.—To dream that you are enjoying yourself with your friends betokens that you must be very careful in what you are doing. To the young woman who is about to be married it means that she must be very careful what company she keeps, for many pretend friendship who are enemies behind her back. To the man of business it means that he must be on his guard as to what he is doing; there are some around him who are attempting to do him an injury, but if he is careful and attentive he will overcome them.

ENTERTAINMENT.—To dream of a place of entertainment is the forerunner of some joyful festivity, where you will come in contact with your intended, and heart will meet heart. If you felt great pleasure in your dream, marriage will soon crown your wishes. If you felt unwilling to leave the entertainment, your marriage will be a very happy one. It is a good dream for the merchant and tradesman. To the sailor it betokens a prosperous voyage and a safe return.

PROF. MARTIN CLEWORTH

Director of School of Elocution

And a very important Citizen
in Hamilton, Ont.

RECOMMENDS

"CATARRHOZONE"

"For several years I have been troubled with an annual attack of Hay Fever which caused both considerable pain and loss of time for periods extending from one month to six weeks. The asthmatic symptoms were the most trying, and for whole nights at a time I have been unable to obtain any proper rest. Remedies of all kinds were suggested to me at different times, but without any satisfactory result. This year a Catarrhozone Inhaler was sent me by a friend, and I feel it my duty to inform you that it has given me substantial relief—the first appliance of any kind which has ever done so. I will never be without it in the future.

"Apart from its usefulness in actual sickness, it is a most delightful and invigorating assistant to the voice and nerves on any occasions where special vocal effort is required, and for this alone I would strongly recommend Catarrhozone to all whose profession brings them to the bar, pulpit, stage or platform. My personal feeling is that I have found something little short of a treasure, and my gratitude is sincere after having suffered so much."

Yours faithfully,

MARTIN CLEWORTH.

How To Cure Asthma

A SUFFERER SPEAKS.

Mr. Munro Gunn, of Six Mile Brook, Pictou County, N.S., writes: "For six years I have suffered more than pen can write from Asthma. It bothered me most from August of each year until December. Before using Catarrhozone I was unable to work or sleep, and never remained one whole night in bed, for I would awaken with smothering spasms and coughing, and would have to go out into the open air.

"Doctors said I would never get rid of the Asthma, but after using one bottle of Catarrhozone I concluded they were wrong. I used the inhaler five minutes every waking hour, and obtained wonderful relief from the very first. When I had used three bottles of Catarrhozone I was quite cured, and never felt better in my life than I do to-day. I am able to work around the farm in both wet and dry weather, and know Catarrhozone is the only medy that ever helped me."

PARLOR GAMES

BEAST, BIRD, OR FISH.

The players sit round the room, one being in the centre, cane in hand. He points the cane at one of the players, saying "beast," "bird," or "fish," and then begins to count up till ten. Unless the person pointed at can give the name of some animal of the kind required, he must take the place of the one on the floor.

As no names can be repeated during the game, the commoner animals are soon exhausted, and then it becomes a test of quickness and memory.

HUNTING FOR THE KEYHOLE.

Here is another pantomime which might follow "Santa Claus." Put a sunbonnet or hood upon a broom covered with a large shawl or a long cloak, holding the broom so closely that the bonnet seems upon the person's head, as he or she comes stooping into the room and begins groping about the door for the keyhole. Below it, above it, on either side, he is to look without finding; gradually rising and carefully lifting the broom upward, as if a giant were feeling at the top of the door.

NAMING SKETCHES.

This game can be taken part in by any number of folks. Pencils and paper are supplied to the guests and the conditions stated to them. Each one is secretly told to draw a quick sketch of some well-known scene from history or fiction, such as the "Babes in the Wood," "Romeo and Juliet," "Bruce and the Spider," a different scene for each person. An allotted time is then given them to choose their subject and finish their sketch. When this time is up the papers are collected and placed, face downward, in a hat and well shuffled. Each of the players must now draw a paper, and a short time is given them to name the subject. They must, of course, not be named by the person who has sketched them. Those who succeed in giving the subjects of their pictures are now obliged to repeat the process, while those who do not succeed must drop out. This must be repeated again and again until there is only one person left. He is the winner and receives the prize. The "booby" prize is awarded to the person who first drops out of the game. The object is to keep "in the game" the longest.

PUNCTUATION.

If you want some amusement at the expense of your guests you might ask them to punctuate the following sentence:—

"That that is is that that is not is not that that is not is not that that is that that is is not that that that is not."

Many people refuse to believe that any sense can possibly be made out of it. Well, this may convince them:—

"That that is, is ; that that is not, is not ; that that is not, is not that that is; that that is, is not that that, that is not."

MATCH PUZZLES.

Here are some simple match tricks. In the first lay out 24 matches so that they form nine squares (see Fig. 1). Now, remove eight matches so that only two squares remain. Fig. 2 shows how the trick is done.



FIG. 1.

FIG. 2

From eight squares, as shown in Fig. 3, with 22 matches, take away six matches, and leave four squares of equal size (see Fig. 4).



FIG. 3.



FIG. 4.

Put 24 matches into nine equal squares (see Fig. 5), take away 4 matches, and leave 5 equal squares. Fig. 6 shows how the trick is done.

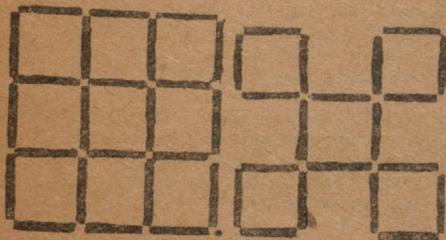


FIG. 5.

FIG. 6.

With 6 matches form 4 triangles of equal size. This is a very simple trick, but one that takes a good deal of finding out to the uninitiated.

Place three matches so as to form a triangle (Fig. 7), place three more matches in the form of a tripod, with ends resting

on the points of the triangle. The base and 3 sides of the tripod will thus give 4 triangles, as shown in Fig. 8.



FIG. 7.

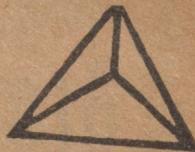


FIG. 8.

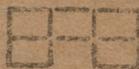
In the diagram given below there are eight groups of three strokes (representing matches) each. The matches number nine along any side:



Puzzle: How can you add eight more matches without altering the number of groups, and still leave them to count nine along any side? Here is the solution:—

The second diagram, it will be noted, contains 33 strokes, whereas the first contains only 24.

Having 16 matches forming five squares, thus:—



Now reduce the number of squares to four of the same size by removing and replacing three of the matches. I give below two solutions, the dotted lines representing the original positions of the matches moved:—



Having shown the solution to your friends, gather up the matches again quickly, and you will probably find your audience befogged.

Here is another which we shall call the "Seven Squares Puzzle," the problem being to reduce the seven squares (made) with matches to five of the same size by moving

Coughs, Colds Bronchitis

If there is an ailment in the throat or chest, it is surely essential that the remedy be conveyed direct to the affected part. It's because the healing vapor of Catarrhzone is breathed into the sore, irritated throat and bronchial tubes, because its balsamic fumes kill the germs and destroy the cause of the trouble. These are the reasons why Catarrhzone never yet failed to cure a genuine case of Catarrh, Asthma, Bronchitis or Throat Trouble.

The wonderfully soothing vapor of Catarrhzone instantly reaches the furthest recesses of the lungs, produces a healing, curative effect that is impossible with a tablet or liquid, which goes merely to the stomach, and fails entirely to help the throat or lungs.

Catarrhzone

20
Years'
Bronchitis
Cured

No wonder after 20 years of awful suffering, Capt. James Dunlop, of Kingston, commander of the R. & O. str. "Bohemian," was cured thoroughly by Catarrhzone. "I suffered twenty years, and although I took treatment all that time permanent relief was

not obtained till I used Catarrhzone, which is the best known cure for Bronchitis on the face of the globe, pleasant to use, quick to relieve, and sure to cure.

Stayed Cured 8 Years

Captain McDonald, residing on Montreal St., Kingston, Ont., says: "For years I battled with the agonies of Bronchitic Asthma, oftentimes so bad that I could not sleep night after night. I spent hundreds of dollars on doctors and medicine without getting relief, but one dollar's worth of Catarrhzone perfectly cured me." This testimonial was given Nov. 4th, 1901, and on the publication day of this book the captain stated he was quite free from Bronchitis, which proves that Catarrhzone's cures are lasting ones.

Parlor Games

THE FINGER TRICK.

This is a game which resembles somewhat the "Mysterious Handshake" already described, but it is manipulated in a different way. When the wizard has retired from the room, the confederate intimates to the company that the wizard will upon entering the room be able to indicate the name of any person present which has been selected by the company. On a name being selected he is called in. Whereupon the confederate asks— "Is it So-and-So?" "No," is the reply. "Is it So-and-So?" is again asked. "No." And so the interrogation goes, till at length, on the question being repeated "Is it So-and-So?" he replies without hesitation "Yes," and is invariably correct. There are various methods of indicating to the wizard the person chosen, but the one adopted here is very simple and ingenious, and not easily discovered. When the wizard retires from the room, he grasps the edge of the door with his fingers as if to draw it close after him, and according to the number of fingers he shows inside the door in grasping it the confederate knows how often to ask "Is it So-and-So?" before coming to the correct one. For instance, he grasps the door with his four fingers, thus it will be the fourth person asked; if he grasps it with three fingers, it will be the third, and so on; and by varying the number each time it is made the more puzzling to discover how it is done.

THE LAWYER.

The company is seated in two rows facing each other, an equal number being in each row. The "lawyer" walks slowly up the space between the seats, and, pointing suddenly to some one, asks a question. The fun consists in the fact that the person interrogated is not to reply. The answer must come from the occupant of the seat exactly opposite. Moreover, the words "yes," "no," "white," "black," are forbidden. It will be seen that thus many a trap is laid by the artful "lawyer" for the unwary. What more natural than to reply "Yes" to the question "Are you enjoying yourself?" or to say "No" to the insinuation "Aren't you longing to be at home?" Again, who will not cry out "White!" when the question is put, "What colour are those snowdrops?" Much fun is caused when the "lawyer" points to a young lady and says, "How old are you?" and the gentleman opposite blurts out "Forty!" When a mistake is made, such as the person interrogated answering for himself, or the prohibited words being used, the lady or gentleman caught slipping must act as "lawyer."

Only One Cure For Asthma

Some Medicines Deaden the Disease
Temporarily, but for Sure Cure nothing
will prove so satisfactory, as

"Catarrhazone"

Symptoms That Indicate Asthma

Shortness of Breath, Rapid Heart Action, Drowsiness, Chilliness, Tightness in Chest, Wheezing, Gasping, Desire for Fresh Air, Laborious Breathing, Morning Cough, Nerve Irritability, Languor, Oppression.

A Lasting Cure

Mr. Joseph A. Pritzoch, of White Head, Guysboro County, N.S., has the following to say of Catarrhazone. :

"Other remedies were able to stay the disease for a time, but the only remedy that made a complete cure was Catarrhazone. It eased my breathing and stopped the choking spells. I have been well ever since."

(Signed) JOSEPH A. PRITZUCH.

Cured After Eighty Years

Mrs. S. Farndel, of Clementsport, N.S. writes :

"I am now in my eightieth year and cannot recall the time when I was free from Asthma. My druggist advised Catarrhazone which gave grateful relief in five minutes, and helped me very much in one day. I inhaled the Catarrhazone ten minutes every hour, and by the time two bottles were used I was completely cured. I am now as free from Asthma as if I never had it."

FIVE YEARS' AGONY

Miss Minnie T. Batchellor of Braintree, Vermont, U.S.A., thoroughly cured by CATARRHAZONE.

"I was a most dreadful sufferer from Asthma for five years. My breathing was very laborious, and could be heard almost across the room. Any exertion or talking brought on a fit of coughing which would last for ten minutes.

"After each paroxysm of coughing I was weak and depressed. Catarrhazone was very soothing from the first. I found that by using it frequently I wasn't so liable to cough. Catarrhazone has cured my asthma so perfectly that no symptoms of the disease have since returned."

(Signed) MINNIE M. BATCHELLOR.

BLOOD SPITTING QUICKLY CURED

"For more than twenty years I suffered with a cough, bronchitis, asthma and nasal catarrh," writes J. E. Fenwick, of Staunton P.O. "Every attack I had seemed to grow worse and I could hardly breathe on account of an accumulation of phlegm in the nose and throat. One day I tried Catarrhazone and in ten minutes was wonderfully relieved. I could breathe freely and naturally through the nose, and blood spitting was stopped—the phlegm was cleared away and my regular breathing restored. No remedy can do more than "Catarrhazone."

When all other treatments fail to eradicate Asthma and difficult breathing, try Catarrhazone; it is as sure as the Hereafter to make a cure that'll stay cured.

The Clergy Endorse Catarrhzone

Because it Cures Throat
Irritation, Loss of Voice,
Bronchitis and Catarrh.

The following statement is from Rev. D. K. Smith, of White Head, N.S., who is one of Nova Scotia's most prominent churchmen:—

"For years I tried all the advertised remedies for catarrh, but was unable to get relief until I used Catarrhzone. My nostrils became free and clear so that I could breathe easily through them before I had used the inhaler half an hour. In one day Catarrhzone helped me immensely, stopped my coughing and hawking, and cured a dull pain that was constantly over my eyes. I have great pleasure in recommending Catarrhzone, which I have proved the best remedy for Catarrh and diseases of the throat, lungs and bronchial tubes.

Rev. Mr. McKay, of Goderich, says: "Catarrhzone is an excellent remedy for Throat Irritation arising from public speaking. It works splendidly in Catarrh. After giving it a fair trial I am glad to say your medicine does all that is claimed for it."

Rev. J. S. Hughs, Perth, Ont., writes:—"In my work as a public speaker Throat Irritation is a serious trouble, and anything like Catarrhzone that will help so readily is of real value. I have used the Catarrhzone sent, and it helped my throat decidedly. I have told my friends suffering from Catarrh of Catarrhzone and will continue its use."

There is certainly no remedy that is so well spoken of by the clergy as Catarrhzone.

A Household Liniment

NERVILINE

Cures Externally.

Rheumatism	Swellings
Neuralgia	Tonsillitis
Sciatica	Bruises
Lumbago	Pleurisy
Strained Back	Croup
Sore Muscles	Toothache
Sore Chest	Earache
Influenza	Stiff Neck
Insect Bites	Hoarseness

Parlor Games

ONE SYLLABLE.

To conduct this game in a proper manner the company should be seated in a circle, a lady and gentleman alternately. A lady begins by proposing a question to her right-hand neighbour, to which he must reply by a word of one syllable:

First lady—Permit me, sir, to ask if you love music?

First man—Yes. (He then questions the lady on his right.) Pray, madam, what wood do you think the best for making logger-heads?

Second lady—Oak. Pray, sir, who thinks himself the best and cleverest man in the world?

Second man—I. Tell me, Mary, do you like cold weather?

Third lady—No. What kind of people do you think prosper most in the world?

Third man—Fools. Have you much of the flint in your composition?

Fourth lady—none. Pray, sir, are you not romantic?

Fourth gent—Yes. But which is the handsomest, you or me?

Fifth lady—Me. What sort of a girl do you think I am?

Fifth man—Mad. Do you like red or white best?

Sixth lady—Red. Now, Edward, are you fond of sugar plums?

Sixth man—Rather. "Bravo!" cried several little voices at once. "Edward has a forfeit already, for he answered 'rather' to the question, and it is a word of more than one syllable."

A forfeit is also incurred whenever the question or answer once made it repeated.

In this manner the game is continued until enough forfeits are collected to be cried or a fresh game is started.

LEG OF MUTTON.

This is a game of forfeits. The players sit round a table, and place their fists one upon the other; then the lowermost fist is withdrawn and placed upon the top of the pile, each, as he withdraws his fist, counting one, two, and so on, to nine. As soon as the ninth fist is placed on the top, the whole pile is overturned, each hand being withdrawn as quickly as possible.

The player who has called "nine" must endeavour to catch one of his companions by the hand, saying, "This is my leg of mutton." If he fails he pays a forfeit; if he succeeds, he says to the player who is caught, "Will you do one of three things?" and then gives him two impossible and one ludicrous feat to perform, and, of course, the victim must do the last.

NEGLECTED COLDS

LEAD TO CONSUMPTION

Unless a complete cure is effected, the inflammation passes rapidly to the throat, bronchial tubes, and then to the lungs.

You can't make new lungs any more than you can make new fingers or a new nose—hence consumption is practically incurable.

But Catarrh can be cured, except in its final and always fatal stage.

Catarrh sufferers, meaning those with colds, sore throat, bronchial trouble, etc., can all be cured right at home by inhaling Catarrhozone."

In using Catarrhozone you don't take medicine into the stomach—you just breathe a healing, piny vapor direct to the lungs and air passages.

"CATARRHOZONE"

Guaranteed to Cure

The purest balsams and the greatest anti-septics are thus sent to every spot where catarrhal trouble exists—germs are killed, foul secretions are destroyed, nature is given a chance, and cure comes quickly.

Colds and throat troubles can't last if the pure healing vapor of Catarrhozone is breathed—sneezing and coughing cease at once, because irritation is removed.

Use Catarrhozone to prevent—use it to cure your winter ills—it's pleasant, safe, and guaranteed in every case.

Two months' treatment, large size, guaranteed to cure, price \$1.00; small size, 50c. at all dealers. Beware of substitutes and imitations. By mail from the Catarrhozone Co., Kingston, Ont.

PARLOR GAMES

CAN YOU BLOW IT OUT?

When it is your turn to provide your share of fun at an evening party, ask for a piece of candle, and, after you have obtained it, light it and request the person nearest you to place it on the top of his head and then blow it out.

Very probably he will claim that it cannot be done, but if you assure him that you can do it he will certainly place the candle on his head and blow upward at it with all his might, much to the amusement of his companions.

He will be unable, however, to extinguish the candle, and so will all the others who try to do the trick. Yet it can be put out, and quite easily, provided it is placed in a proper position on the head. It must be placed as far forward on the head as possible, and the head must be tilted back while it is being placed there. Even a slight breath will suffice to blow it out.

THE SECRET SOCIETY.

For screaming laughter the Secret Society will be hard to beat. All those who do not know the game are asked to retire, and the remainder arrange themselves on two rows of chairs, with one at the head for leader. A small shrill whistle, with piece of ribbon and strong safety pin, is held in readiness by one of the Society, so that when one of those to be initiated is admitted and asked to kneel at the leader's feet it can be pinned to the back just between the shoulders, so that it will hang down nicely. They are assisted in this by the leader whispering to the kneeling figure and telling him that there is a whistle in the room which he must find on being allowed to rise. The greatest assistance, however, is given by the others, who all the time the whistle is being pinned on keep up a continual tapping on the poor novice with their fingers. This so distracts the attention that the fastening of the whistle is never felt. Being safely fixed, one of the company blows it, and he is allowed to rise; but whichever way he turns there is sure to be some one ready to blow it, while those less fortunate keep up the tapping with the fingers, and should the poor victim be at all ticklish the result can be imagined. That the whistle should be on the victim's own back is never thought of, which makes the fun fast and furious.

Bronchial, Lung, Throat Troubles

Catarrhozone Relieves Quickly, Cures Permanently, is Pleasant and Harmless

That Old Winter Cough

The Cough Syrup You've Taken Has Sickened But Not Cured You.

You'll Never Be Well Till You Heal the Lungs With "Catarrhozone."

Nothing pulls down strength, makes you wretched, miserable and dispendent like a chronic cough. The old-fashioned liquid mixtures slip down the throat, enter the stomach and do little else but ruin digestion.

Catarrhozone is the only breathable cold, catarrh and cough medicine. Instead of taking drowsy drugs, chloral, morphine and opium mixtures, you simply inhale the richest pine balsams, breathe into your lungs the healing, soothing vapor of a scientific remedy that commands the admiration of all good physicians.

The extraordinary efficacy of Catarrhozone is without a parallel. A sneezing cold is cured in ten minutes, a harsh cough is eased in an hour, the most offensive catarrh is thoroughly drawn from the system. In case of asthma and bronchitis the relief and certain cure that comes from the healing balsamic extracts in Catarrhozone is simply wonderful.

"For more than twenty years I suffered with a cough, bronchitis, asthma and nasal catarrh," writes J. F. Fenwick, of Staunton P.O. "Every attack I had seemed to grow worse and I could hardly breathe on account of an accumulation of phlegm in the nose and throat. One day I tried Catarrhozone and in ten minutes was wonderfully relieved. I could breathe freely and naturally through the nose, and blood spitting was stopped—the phlegm was cleared away and my regular breathing restored. No remedy can do more than "Catarrhozone."

There is no remedy so certain and safe as Catarrhozone, but being a good remedy it is imitated. Beware of the substitutor. Large Catarrhozone lasts two months, price \$1.00. Smaller sizes 25c. and 50c. All reliable dealers or the Catarrhozone Co., Kingston, Ont.

CORNS CURED IN 24 HOURS

You can painlessly remove any corn, either hard, soft or bleeding, by applying Putnam's Corn Extractor. It never burns, leaves no scar, contains no acids; is harmless because composed only of healing gums and balms. Fifty years in use. Cure guaranteed. Sold by all druggists, 25c. bottles. Refuse substitutes.

**PUTNAM'S PAINLESS
CORN EXTRACTOR**

Hard Racking Cough

Mrs. M. E. Walford, wife of a well known grocer in East Sheffield writes: "For three years I suffered with a hard racking cough and bronchial irritation which annoyed me so much at night I could not sleep. I tried many remedies catarrh tablets, sprays, syrups, etc., but they only helped for a short time. Catarrhozone brought me wonderful comfort from the first. I inhaled its balsamic fumes every hour or two and am now free from any trace of cold, bronchitis and catarrh. I can go out in all kinds of weather and don't take cold."

Nose Stuffed Up

The extraordinary curative power of Catarrhozone is well explained in a letter from A. B. Cowan, the well known restauranter of Carleton, who writes: "Some time ago I suffered severely from a frightful cold in the head and chest. It was nothing but one continual cough, hawk, headache from morning till night. My nose and throat were so completely stuffed up that I could scarcely breathe. Catarrhozone eased the cough instantly, that would not yield even to the doctor's medicines. Hour by hour Catarrhozone relieved and by pursuing its treatment I have been permanently cured of all trace of Asthma, Catarrh and Bronchial Irritation."

Influenza	Bronchitis
Nasal Catarrh	Hoarseness
Weak Throat	Croupy Cough
Frontal Headache	Sore Chest

The case of Mr. James E. Barton, the well known publishing agent, of Strafford, is most remarkable. For seven years he suffered from weak throat, treated with numerous physicians, used a score of remedies—but was not cured. Among the symptoms from which he suffered were those above mentioned.

"For years I suffered from a chronic weakness of nose, throat and lungs. My chest was sore, my throat irritable, and I had a harsh, croupy cough that was always worse in the morning. During bad weather I was completely prostrated with catarrh, bronchial irritation, and all the manifold discomforts of influenza.

"When I began using Catarrhozone a beneficial effect was noticeable at once. My breathing became free and easy, I slept better, my chest was eased, and the thick phlegm and coughing that made me so sick passed away. Once, when my son was threatened with malignant tonsillitis, Catarrhozone cured him in two days."

Had A Nasal Discharge For Years



It Went Away And Was Permanently Cured By Catarrhozone.

Mr. Samuel P. Robichaud, of Shippegan, N.B., writes: "After the enormous benefit I derived from Catarrhozone I am anxious to recommend it as far as possible. For years I had a disagreeable nasal discharge and Catarrh of the Throat and Bronchial Tubes. The relief from one application of Catarrhozone was very great. I was thoroughly cured by Catarrhozone and will always advise others to use such a good remedy."

(Signed) SAM. P. ROBICHAUD.

Gathering in the Ears, Due to Catarrhal Inflammation and Colds.

Mrs. J. R. Smith, of Lake Stream P. O., Kent Co., N.B., writes: "I think it is my duty to tell you of the great good Catarrhozone did my little girl of eight years. Last winter she caught cold which lodged in her ears in the form of Catarrh. She became sick and very deaf and nothing helped her. By inhaling Catarrhozone she got relief from the soreness and gradually the discharge went away and she was cured."

Personally I can also recommend Catarrhozone for colds, throat irritation and Catarrh. It is a wonderful medicine."

(Signed) MRS. J. R. SMITH.

Bronchial Catarrh Caused Hoarseness Pain and Bad Cough.

Mr. Xavier Babin, a well known merchant in River Capelin, Que., writes: "No one could suffer more from Bronchitis than I did. I had a hard racking cough that caused me great pain. My throat was hoarse and there was great distress in the region of my chest. Catarrhozone seemed to reach the sore spots at once, for it gave immediate relief. Since using Catarrhozone I have not had a single attack. My health is better and I can truthfully say that no remedy could be better than Catarrhozone."

(Signed) XAVIER BABIN.

Natures' Cure For Catarrh

NO DANGEROUS DRUGS.

NO SNUFF OR TROUBLESOME ATOMIZER.

NOT A WASH, OINTMENT OR COCAINE MIXTURE.

CATARRHOZONE

HOW TO MAKE SHADOW PICTURES.

Ever since there have been walls for sunlight, firelight or lamplight to fall upon, all children have been interested in shadow-pictures. Children, too, of a larger growth find in the making of a shadow-picture something of more than passing interest,



A GOAT



OUR CURATE.

and time will run swiftly enough to an hour at a children's party while the little ones are watching the growth of the shadow-pictures deftly made by an elder brother or sister's hands.

There is none of the troublesome apparatus of the magician required in the production of a picture on the wall. What



A CAMEL.



MAN'S HEAD.

is wanted is a sheet of white paper or a napkin pinned on the wall at a convenient height for the operator. The light, whether of a lamp or a gas jet, must be so placed that a good shadow is on the sheet. For making most shadow-pictures it is well to have the arms bare to the elbow, more especially if the operator be a young lady with a pretty arm.



COCK CROWING.



RABBIT.

The chief qualifications for a producer of shadow-pictures are ingenuity and a good deal of patience, and given these, the number of pictures which may, literally, be "shadowed forth" is almost inexhaustible.

The flitting butterfly is probably the best known, as it is the easiest of all shadow-

pictures. The swimming swan, of which an illustration is given, is fairly well known,



and forms one of the most graceful of shadow pictures.

To produce this picture cut a square piece of cardboard, and attach it to the



A PRIEST IN HIS PULPIT.

arm, which is then bent sharply at the elbow, and place the fingers in the position indicated. Be sure to keep the lower part of the other hand, which throws the shadow of the priest, free from the bottom of the cardboard. Another small piece of cardboard cut in the shape of a priest's hat, and held between the second joint of the fingers, finishes the picture. The priest can be made to bow and move his arm by moving the hand.

The following represents a man enjoying his pipe after his day's work is done. Any young reader will easily manage this if he gets the use of an old pipe from his father



THE PIPE OF PEACE.

or one of his older brothers. The second is also a smoking subject, but the man is having a whiff at a cigar which is made by

(Continued on page 43.)

Are You Nearing the Turn of Life ?

Unmistakable signs of "the change" are Headache, Sleepless Nights, Nervousness, Hysteria, and Melancholia—Watch for these Symptoms if past forty-five.

When the turn or change of life makes its appearance you will notice severe pains shooting through the loins. As a rule the change is gradual. In most cases it is marked by irregularity. It is most important to maintain as high a degree of vigor as possible. All strength should be conserved, and Ferrozone should be taken three times daily until the crisis is past. Ferrozone not only acts on the blood, giving it purity and richness, but acts directly on the womanly organs in such a way as to lessen the strain and severity of this trying time.

Mrs. Martha M. Macadam, of St. George, writes:—"About two years ago I was greatly run down and felt as if I was going to die. I was in a nervous excited state, and had the most dreadful pains every month. Irregularities that I never had before commenced, and I didn't know what was wrong. I consulted the doctor and learned I was approaching a very critical time. I started on a course of Ferrozone, and took one tablet along with every meal for about six months. Ferrozone had a direct action, and helped me immensely. My nervousness went away, and so did all the other worrying symptoms. Ferrozone is a remedy that all women should use, because it insures regularity, freedom from pain and headache. It is a remarkable builder and tonic, and saw me safely through my trouble."

Ferrozone is exactly the remedy you need. Don't believe an unscrupulous dealer who may try to sell you a base substitute that affords him more profit. Insist on Ferrozone.

Going Into Consumption

When your throat rattles, your lungs and chest are sore, your throat is stuffed with cold—don't fear consumption—use Catarrhozone and get well. It clears the throat, cures hacking, relieves tight chest and soreness in the bronchial tubes. To clear away Catarrh of the nose nothing could be better. Catarrhozone is nature's own remedy,—it heals and soothes—cures every form of throat, lung or bronchial trouble. Prescribed by many specialists and used by thousands every day.

Thin as a Rail Are You ?

Every day spending as much energy as you make—if the balance goes a little further, well, you may get thinner. On the danger line to-day, —to-morrow may be too late! Better use Ferrozone, it builds up—a little gain the first week, but the gain keeps growing. Next week not quite so thin. Keep right on, lots of fat won't hurt at all. Your blood is enriched, cheeks grow rosy, your heart and nerves grow strong and you don't tire so quickly. Joyous robust health, a sturdy frame and a cheerful mind—all these come with Ferrozone. You'll try it, only 50c. at all dealers.

Defeated by Dr. Hamilton

In no way is health so menaced as by constipation. It leads to indigestion, insomnia, anemia and a hundred ills. Ordinary remedies fail they relieve—don't cure. The worst case is defeated and cured quickly by Dr. Hamilton's Pills, which cleanse the entire intestinal tract, stimulate kidneys and liver, keeps the pores of the skin open. You'll never have stomach trouble, yellow complexion or headaches if you use Dr. Hamilton's Pills. They are a perfect system tonic. 25c. at all dealers.

Do Your Boots Pinch ?

If so, lookout for a tiny corn. Cure it before it grows big. Putnam's Painless Corn Extractor is the best. Try "Putnam's."

Prevent Taking Cold

Often you come home cold and shivering—feet are wet, throat is raw, chest a little sore. A bad cold is just beginning. Put a Nerviline Porous Plaster on your chest, rub your throat with Nerviline, and take a stiff dose of Nerviline in hot water. This prevents a chill and checks the cold instantly. No remedies so useful in the home, so sure to prevent serious illness as Nerviline and Nerviline Plasters. Sold by all dealers, 25c. each, but be sure you get the genuine, and refuse any substitute.

Many Down With Pleurisy

Doctors say the country is full of it. First comes a chill, then cold develops—the inflammation grows—you can't draw a long breath—lungs and sides get sore, and pleurisy sets in. A good home cure consists in taking twenty drops of Nerviline every four hours. Supplement this by vigorously rubbing the sides and chest with Nerviline, and when warmth and circulation are established, put a Nerviline Porous Plaster over the aching spot. Nerviline Treatment is always successful in acute neuralgia and pleurisy. Try it yourself.

The People's Fortune Teller

AN ALPHABET OF CHARACTER.

In previous pages delineations of character have been given from walking and hand-shaking, and from eyes, hair, noses, &c. Here is an alphabetical guide which deals with these and other features, and which is easy of reference to all who are interested in the subject:—

ABILITY.—Great breadth between the eyes, which must be grey or blue; hair without a suggestion of wave or curl. It is a saying that "straight-haired people rule the world."

ACTIVE MIND.—Large, shapely nose of the Greek type; a person of many theories and fond of action.

AFFECTIONATE NATURE.—A narrow, square chin. A woman with this chin will marry a poor man if she loves him, although she may have suitors of boundless wealth and of a far higher position.

AMIABILITY.—Teeth rather square and sparkling like pearls; full lips, rosy, regular and finely arched. A woman who never talks too much or too little, and is always an agreeable and lovely creature.

BENEVOLENCE.—The crown of the head raised and well developed, the upper lip wide at the corners of the mouth.

BLUNTNES.—A coarse, unformed nose; a chin that is held naturally, but gives the impression that it has been flung forward.

CAUTION.—Nostrils that lie flat to the face, and the nose terminating in a thin, pointed tip.

COMMON SENSE.—Brown hair, of whatever shade, usually covers a lot of common sense, reason and good judgment. Girls with brown hair make the best wives, being affectionate and truthful.

COQUETTE.—A small, well-rounded chin with a red cushion of flesh and a dimple; a short and saucy nose. The eye of the coquette scarcely needs description; it is always in evidence, and may be long or round, wide or narrow. The coquette may be a fascinating little creature, but she is not to be taken seriously.

DECEIT.—Eyebrows that meet.

DETERMINATION.—Fingers which bend backward and a strong, erect thumb.

DEVELOPED MIND.—Evenly growing teeth show a good disposition and well-developed mind.

DIPLOMACY.—The foot is long, broad, and rather flat. A person with a foot of this type will never get into so tight a place that she cannot get out with ease.

DEVOTION OR DEVOTED LOVE.—A broad chin shows tremendous strength of feeling. The woman with such a chin is capable of the most devoted love. She is sometimes jealous, but you will rarely find her suing for divorce.

ECONOMY.—A nose which seen in a front view of the face looks broad, but in profile a little narrow.

EXTRAVAGANCE.—A nose that started out with the best intentions to be Greek and nothing but Greek, but just at the tip there is a rounding that destroys the purity of the type.

FIDELITY.—A strong mouth, with a broad, square chin, typifies loyalty through all changes of circumstances.

FIRMNESS.—Long finger nails, rather square at the top. Clear-cut eyebrows, with the hairs lying smooth.

FRANKNESS.—A long tongue, literally, not metaphorically, long.

GAY DISPOSITION.—A short nose, with well-formed nostrils, shows a lively nature, with love of gaiety. While a woman with a short nose is rarely witty, she is never silly. She makes a charming, domestic wife.

HEARTLESS FLIRT.—A round face, the nose slightly tilted, although not the real nez retrouse; the edge of the ear flat, as if pressed down, the foot small, of medium width, with the toes curving upward.

GENEROSITY.—Large, shapely mouth and teeth that project outward upon the lower lip. Such a person will divide his last penny with a needy friend.

HARSHNESS.—Thick and irregular eyebrows are indicative of a stern, uncompromising character.

HEEDLESSNESS.—Teeth which are separated by a gap.

IDEALITY.—A head that is large at the sides.

IDLENESS.—Excessive size of brow.

ILL-NATURE.—Fingers that each have a different bend; a mouth with the lower lip curving downward just where the long teeth are situated. A woman with this mouth will make a cruel stepmother.

JEALOUSY.—Massive eyebrows, curving heavily down on to the temples. A Persian stakes his all on a woman with such eyebrows, because jealousy is flattering to the masculine mind in Persia.

KEENNESS.—A head strongly developed at the back.

LAZINESS.—Small finger nails, with the tips curving in instead of out.

LONGEVITY.—Long life and freedom from illness are shown by a full, pillar-like throat.

LOVE OF EASE AND LUXURY.—Short toes and high instep. The husband of the girl with the ease-loving foot is usually only too glad to be a footstool for these short toes, and ends his days happy because the dainty insteps are planted on his neck.

Even Her Blood Turned to Water.

When Dying of Pernicious Anaemia
Her Life Was Saved by

Ferrozone

Probably very few cases are on record in which an absolute cure has been made of pernicious anaemia.

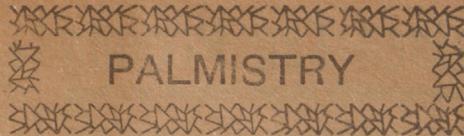
But Ferrozone did cure Miss Elaine Stanhope—cured her absolutely, and her mother, Mrs. G. Stanhope, of Rothesay, Ont., says the following:

"My daughter complained of feeling tired. She was very pale and listless, and kept losing strength till too weak to attend school. The doctors prescribed different bottles of medicine, but Elaine kept getting worse instead of better. She had anaemia and we were afraid for a while that she might never rally. We read of a similar case, that of Miss Descent, of Stirling, Ont., being cured by Ferrozone, and this induced us to get it for Elaine. It took three boxes of Ferrozone to make any decided improvement, but when six boxes were used my daughter was beginning to be her old self again. It didn't take much longer to make a complete cure, and I am convinced that there is no better blood maker than Ferrozone. It has made a new girl of Elaine. She has gained ten pounds in weight and looks the picture of perfect health. She is stronger and enjoys the best of spirits. The credit of her recovery is entirely due to Ferrozone."

Every grown girl and young woman can make herself strong and healthy with Ferrozone.

It makes blood, nerve and tissue,—makes it fast—makes it to stay.

Complexion soon becomes perfect, nerves get new strength, tiredness vanishes—perfect health is the reward for using Ferrozone, which is sold by all dealers.



THE LINE OF THE HEART.

when clearly marked, shows a strong, robust body, but when indistinct the opposite. If the Line of the Heart is of a bright red colour it signifies a passionate, loving nature. When it ends suddenly it denotes extreme wickedness and a deceptive and dishonourable nature. If the Line of Life is crossed by a line running from the Line of the Heart it indicates that the person's life is in danger at that period of his life. Should the Line of the Heart begin far round the Mount of Jupiter, it signifies a jealous disposition. When it ends round the back of the Mount of Mercury, it shows a forgiving nature. When the Line of the Heart runs down it shows a person of a greedy, miserly, covetous disposition. If this line is almost invisible the person will be heavy, unemotional and moody.

THE LINE OF THE HEAD.

when it runs right across the hand, signifies a miserly, avaricious, greedy nature. If the line be straight it denotes a person of an independent character, zealous, diligent and determined. Should the line end suddenly, it shows a dishonorable nature. When the line ends on the Mount of the Moon, it shows an easy-going, careless person. He will be free from worry and fond of extravagant pleasures. Lines running from the Line of the Head to the Mount of Venus indicate an affectionate, loving disposition. Lines running towards

If You Sleep Poorly, Read This!

Sleep is the golden thread that binds together the well being of the whole system. Without sleep there can be no continuance of bodily or mental vigor—good work becomes impossible. A poor sleeper is in great danger—something is wrong—perhaps digestion, but soon enough the blood will grow watery and anaemia will step in. Don't resort to narcotics or sleeping powders—they are a curse. Go straight to the cause of the trouble, build up your worn-out system, supply it with the nourishment that Ferrozone contains in such concentrated form. There never was a poor sleeper that Ferrozone couldn't cure. It's nature's plan that Ferrozone uses, and that's why it succeeds. Being an exhilarating, strengthening tonic, it gives assistance to the organs of digestion and assimilation—this means a large supply of nourishing blood is circulated throughout the whole body. Good blood and good health go hand in hand. Where there is good health there is no sleeplessness. It's simply by blood-making and system building that Ferrozone cures,—simple enough, isn't it? You can't help being restored to robust health with Ferrozone,—it's good for the run-down, the nervous, those who are pale and weak. Used by thousands every day because it is the best tonic made.

Gained Ten Pounds

His Weight Increased Many Pounds, His Health and Strength Completely Restored by Ferrozone the Great Food Tonic.

Mr. A. L. Godfrey is well known to everyone in Victoria, where he has been engaged in business for many years. "Last winter I had la grippe," he writes, "and recovered very slowly. When well enough to leave the house I was many pounds lighter than my usual weight. My appetite was poor and my blood was thin.

**Ferrozone
Produces
New Tissue**

Ferrozone did me untold good. I recovered my weight in a short time and have felt like a different man ever since. I consider Ferrozone a wonderful tonic and a first-class remedy for people who are run down. My reasons for believing Ferrozone so good are due to its bringing me health after doctors and many other medicines failed. My weight has increased at least ten pounds, my blood is strong and my system is in a very vigorous condition. Ferrozone did it."

From Nelson, B.C., comes the strongest possible proof that Ferrozone is a flesh-making, strengthening remedy. Mrs. G. C. Alker writes:—"A few months ago I was run down, tired and nervous. I had once before been benefited by Ferrozone, when living in Boston, and started using it again. Ferrozone at once gave me a splendid appetite, toned up my nerves, and actually made me fat. I used Ferrozone regularly and increased my weight several pounds. My cheeks filled out and became rosy. My nervous trouble disappeared, and I haven't had a single day's illness since using Ferrozone."

Ferrozone supplies the system with nourishment in condensed form, and builds up weak constitutions to a state of permanent good health. It restores all weak organs, perfects digestion, enriches the blood and fortifies the nerves.

If it is better health you are seeking, you can find it with Ferrozone. Don't be misled into accepting a substitute or any article represented as "just as good." Ferrozone is unexcelled and it is in your interest to get it when you ask for it.

A Frightful Death

Is one from suffocation and sometimes follows a bad attack of Asthma. The old fashioned remedies may relieve, but never cure. Best results come from Catarrh-ozone, which cures Asthma after hope is abandoned. It's because Catarrh-ozone kills the Asthma germ that it cures. Choking spells and labored breathing are relieved, suffocating sensations and loss of breath are cured. Every trace of Asthma is driven from the system, and even old chronics experience immediate relief and lasting cure. Equally good for Bronchitis, Throat Trouble and Catarrh. Sold by all dealers in 25c and \$1.00 sizes. Get Catarrh-ozone to-day—it does cure.

Never Cry Quits

You may be weak, sleepless, nervous,—digestion may be poor, but don't despair. Never say die till you have used Ferrozone, the most wonderful body builder, the best nerve and system tonic known. Ferrozone gives tone and vigor to the whole body; it makes you eat, consequently it provides increased nourishment. Day by day you grow in strength—weakness, loss of sleep, apprehension all pass away. You get well, stay well, look well. Do try Ferrozone, it's sure to benefit. All dealers in soc. boxes.

Are You a Dyspeptic ?

Nine people out of ten suffer from dyspepsia and don't know it. Half the pale cheeks, poor appetite and sleepless nights are the direct result of dyspepsia. The cause lies in failure of the stomach and kidneys are clogged and unable to do their work. Nothing puts vigor into those organs so fast as Dr. Hamilton's Pills. They tone up the whole digestive system, regulate and strengthen the stomach, absolutely cure dyspepsia. Simple to take and sure to cure,—better try Dr. Hamilton's Pills.

Burnt His Toes Badly

But he will never again use a cheap corn cure containing acids. The only safe and painless cure is Putnam's Corn Extractor. It never burns, always cures—buy "Putnam's".

Are Your Joints Lame ?

Haven't you a weak spot, a place where cold and inflammation always settle? Whether it is in the neck side, joints or limbs—the cure is simple—a good rub with Nerviline and then apply Nerviline Porous Plaster. These great rubefacients invariably cure strain, swelling, weakness and muscular pain. There is no mystery about this. Nerviline is the most penetrating liniment known—consequently it gets where the trouble really is. Nerviline Porous Plasters are great healers and draw out congestion. Be sure you get the genuine, substitutes can't do the work.

Any Weakness In Your Back ?

Sometimes you experience pain and weakness without much suffering. Later on the pain will surely come. The trouble can be stopped now by rubbing on Nerviline—rub it in deeply over the spine, and then put on a Nerviline Porous Plaster. In these remedies you will find wonderful and quick relief. They will spare you from an attack of Lumbago, which is the outcome of neglected pain in the back or side. For all muscular pains, strains and weakness, Nerviline and Nerviline Plasters have no equal. Refuse substitutes.

Doctors Condemn Oily Liniments

The Public Are Warned to be Careful of
These Strong-Smelling Oily Liniments
Containing Acids, Ammonia, Etc.

Many people have clung to the old-fashioned idea that a thick, greasy liniment is the best kind. Doctors say not—and they know.

Recently a number of these white, oily liniments were analyzed, and they were found to contain an enormously high percentage of harmful acids, and such irritating chemicals as ammonia, etc. For the moment they may cause a warm sensation when first applied, but their continued use never cures rheumatism and only deteriorates the skin, sets up inflammation and causes endless trouble.

When a doctor warns you to quit using a white, oily liniment—do so. He knows that a thick liniment can't penetrate, can't sink through the pores and reach the seat of the pain.

When asked his opinion a few days ago, Dr. Roberts stated that he considered a strong, penetrating, pain-subduing liniment, such as "Nerviline," to be superior to any of the white ammonia liniments. In his twenty-five years practice he had witnessed cases of rheumatism, sciatica and lumbago that simply would not respond to ordinary treatment—but Nerviline cured them. The same physician also spoke of the great advantages of keeping a preparation like Nerviline in the house always, because of cramps, diarrhoea, stomach disorders, earache, toothache, headache, and such minor ailments. Nerviline is a first-class cure. There is scarcely an ache or a pain, internal or external, that Nerviline won't cure. In thousands of homes no other pain-relieving medicine is used. Fifty years' continued success and the endorsement of the profession are proof that Nerviline is the liniment for the home.

One million bottles used every year—think what this means! Surely stronger proof is not possible that Nerviline is a trusty liniment, a household remedy upon which mothers can depend in case of accident or sudden sickness. Scarcely an ache or a pain that Nerviline won't cure—among the hundreds of ailments for which it is guaranteed are the following:—

Headache
Sciatica
Lumbago
Sore Back
Earache
Diarrhoea

Neuralgia
Rheumatism
Chest Colds
Toothache
Cramps
Bowel Disorders

Doctors will tell you that nothing but the purest and most healing antiseptic drugs are used in Nerviline—that's why it is so safe for general family use, for the baby as well as the parent. If you haven't tried Nerviline, do so now—your neighbors are almost sure to know of its manifold merits and uses.

PALMISTRY

ends at the Mount of Jupiter, it denotes a proud disposition. Should it end at the Mount of Mercury it shows good fortune in all that the person undertakes, whether in business, art, literature or music.

THE LINE OF HEALTH

begins from the Triple Bracelet. It lies next the Line of Life. If it is uneven or indistinct, it indicates a jealous, severe, hard, cold nature. But when plainly and distinctly marked, it shows a peaceful, even-tempered person. If the Line of Health runs away from the Line of Life, it indicates that the person has a weak heart. When a line runs off the Line of Health, it denotes a change of occupation before very long.

THE LINE OF THE SUN,

if beginning from the Mount of the Moon, signifies good luck. If it begins on the Mount of Apollo it shows that the person will be most fortunate, will always have many friends willing to help, and will attain a high position. Lines crossing the Line of the Sun denote trouble and hindrances, but if the Line of the Sun continue towards Saturn, final success.

THE GIRDLE OR RING OF VENUS

is a half circle which runs round the mounts at the foot of the fingers. If the line starts down towards the little finger, it indicates a passionate, quick temper. If there are three lines in place of one, it shows marked success and many honours.

THE TRIANGLE.

On examining the centre of the hand it will be seen that the Lines of Life, Head and Health unite, making a sort of triangle. Should these lines not join it denotes a person with a great love for solitude and rather inclined to be idle. If the Triangle is clearly marked under the Mount of Jupiter, it shows a clever, brilliant person, with a keen sense of humour. Should the Triangle be wide it shows broad mindedness and a free, open-handed nature. When the Triangle is small it shows a narrow, bigoted, weak-minded person, easily influenced. Should the Triangle have many lines crossing each other, it shows a varied, eventful

Well Balanced Nerves

Your Success in Life Depends Upon Them.

If Lacking in Nerve Force, Build up your System with Ferrozone—it has helped others—let it help you too.

Happy is the man who can work unceasingly without fear of an "attack of the nerves." He gets along, prospers, rises to position of power and importance. The strong man is pushed over the heads of his weaker brothers by virtue of being capable to do and act when necessity calls.

The weak, nervous man is distanced before the race starts. But he shouldn't give up without trying what Ferrozone can do for him. This strengthening tonic has great power for building up people who are run down, tired and exhausted.

Ferrozone starts right at the root of the trouble and drives all impurities out of the blood. Then it gives the blood an additional supply of iron and other strengthening elements which enables it to nourish the nerves back to normal condition. Once the nerves are toned up, indigestion and stomach trouble disappear. Then your system is in good order, and capable of being rebuilt in the proper way. Nerve tissue is formed, flabby muscles begin to harden, weak organs regain strength, and before long the half-wrecked man glories in the new-found vigor that Ferrozone has brought him.

You may have tried a hundred remedies; they may all have failed. But this mustn't influence you against Ferrozone, which is so different from other preparations. Ferrozone actually makes blood, and makes the kind of blood that is valuable in maintaining health. Then Ferrozone has a wonderful action on food, converting it into nutriment, so that everything you eat is going to be useful to your body.

Ferrozone is unexcelled as a rebuilding tonic for children, women and men, the young and old, in fact everybody can derive benefit from Ferrozone, which is specially recommended for chlorosis, anaemia, lassitude, weakness and all disorders arising from impaired nerves or blood. Try Ferrozone yourself.

TO CURE SNIFFLING COLDS

The easiest and pleasantest cure is "Catarrh-zone" which fills the nose, throat and lungs with healing balsams and pine essences that kill a cold instantly. You experience a pleasant sensation of relief at once. Soreness, congestion and irritation leave the nose and throat, the head is cleared and every trace of cold or Catarrh is cured. Catarrh-zone is so sure, so pleasant such a safe remedy for winter ills that you can afford to get without it. Sold by all dealers, 25c. and \$1.00 Get Catarrh-zone to-day.

PITY THIS POOR GIRL

Growing fast—yes, into weakness, but without strength. Tired of course she is—pale and thin too. She doesn't eat enough and digests far too little. This condition is so common, but how seldom noticed even by fond parents. Give her Ferrozone—then watch her appetite improve—see her cheeks and lips grow ruddy—watch her spirits rise. This gain is simply the result of eating and digesting enough, and thereby nourishing blood, brain and nerves. To a woman Ferrozone restores strength she has lost—to a girl it brings strength perhaps she never knew. You'll try Ferrozone, 50c. at all dealers.

HE DIED OF KIDNEY DISEASE

How often we hear of these sad cases. The back-pains and headache were noticed—but not treated. Dizzy spells, frequent calls and languid condition appeared, but nothing was done until the disease was far advanced. Cure invariably results from Dr. Hamilton's Pills. They restore perfect health destroy every symptom of diseased kidneys build up constitutions that defy further outbreaks. Because purely vegetable and free from injurious materials, no remedy equals Dr. Hamilton's Pills for Kidney and Liver complaint. Sold in 25c. boxes by all dealers.

HOW TO REMOVE WARTS

It's really a simple matter to remove warts and callouses if you apply Putnam's Corn and Wart Extractor. Cure is certain—failure impossible—if you use "Putnam's."

DOES YOUR SIDE ACHE ?

When the first symptoms appear, rub with Nerviline—rub it in deeply. It penetrates to the muscles and chords that are sore—takes away stiffness—removes all strain and inflammation. If the condition is chronic, put a Nerviline Porous Plaster on the affected spot. This draws out any virus or neuralgic irritation, restores the tissues to their wonted healthiness, permanently cures any weakness or tendency to pain. Nerviline Plasters absorb all the deleterious secretions through the relaxed pores and when used along with Nerviline itself, every muscular pain or ache must go.

IS YOUR CHEST "WHEEZY?"

Tightness and wheezing mean your trouble is deep-seated. To delay is dangerous. Inflammation must be drawn out at once. Rub the throat and chest with Nerviline, and put on a Nerviline Porous Plaster. Relief comes in an hour. The counter-irritant effect of the plaster relieves the tightness and strain draws out the soreness, eases the pain. The penetrating qualities of Nerviline enable it to soak to the very core of the trouble, and you experience a feeling of warmth and relief that proves the danger is past. For weak chest, sore throat and tendency to colds, the Nerviline Treatment beats all others, try it.

La Grippe Coming Again

Europe is now in its grasp and in a short time America will be overrun with this awful epidemic. Get ready, use preventive measures. Build up a surplus of vigor by Ferrozone, and inhale Catarrhozone three times each day. Nothing destroys the grippe germ like Catarrhozone. It cures the cold, breaks up the fever, relieves the headache and destroys every vestige of catarrh and sore throat. For Bronchitis, Grippe and winter ills Catarrhozone is best.

She Is White as a Ghost

Is it a matter of pride to be pale as a lily,—certainly not. What every woman wants is strength, color, vigor. Buoyancy and health are the right of every woman, and these she need not lack if she only uses Ferrozone. It gives appetite, creates strength, enriches blood, gives vigor to the nerves, color to the cheeks and brightness to the eyes. Ferrozone is at once convertible into health, beauty and strength. There is power in Ferrozone, try it, and know what you have missed, 50c. at all dealers.

Great Danger In Headaches

It's often dangerous to consider headache a trifling ailment. If the head aches, the stomach is out of order and some serious disease may be impending. To tone up the stomach, to give it healthy action, nothing in modern medicine is so successful as Dr. Hamilton's Pills. The concentrated vegetable extracts in Dr. Hamilton's Pills have a quieting healthful effect on the stomach and remove all disorders. Your headaches will be cured and they won't return if you use Dr. Hamilton's Pills. Sold everywhere.

Have You Warts?

You can cure them painlessly by Putnam's Corn and Wart Extractor. Never known to fail. Be sure you get "Putnam's," in 25c. bottles.

To Stop a Crying Baby

It may be cramps, perhaps colic, pain or gas on the stomach,—but in any case a few drops of Nerviline soothes the pain and allows the child to sleep peacefully. Nerviline cures minor ills such as colds, internal and external pains as well as any doctor,—safe to use because a small dose is required. Mothers, you will find Nerviline an invaluable aid in preventing and curing sickness. Keep a bottle right at hand, some day you will need it badly. Sold everywhere at 25c.

Do You Belch Gas?

This is a disagreeable result of food fermentation that Nerviline stops at once. Take ten drops of Nerviline in sweetened water. The stomach is warmed and soothed, digestive troubles corrected, the rising of gas ceases and you are well. When such a simple remedy does so much it's foolish to be without it. For sour stomach, heartburn and sick headache you'll find nothing half so efficient as Nerviline. Get a 25c. bottle from your dealer to-day.

IMPORTANT TIME IN EVERY GIRL'S LIFE

Is Between Fifteen and Eighteen Years of Age—How to Avoid the Dangers That Arise During This Period.

The mental activity of school life, coupled with the terrible strain that must come during these years, taxes the vitality of even the strongest. A girl at this age often does not understand the physical change she is undergoing. She will in all probability be nervous and puzzled. She should have the benefit of good motherly advice and a long treatment of Ferrozone, which will supply new energy to bear her safely past the critical event. Ferrozone is the best remedy to take in early womanhood, because it contains so much nerve and blood nourishment. It corrects all derangements, cures bearing-down pains, nervousness and prevents headaches. Ferrozone revitalizes young girls, gives them vim, buoyancy, strong nerves and healthy body. Every girl should use Ferrozone, and wise mothers will see that their daughters have the benefit of this health giving tonic.

Mrs. W. E. Michel, of Richmond, writes:—
"I can strongly recommend Ferrozone as a good tonic for young ladies. My daughter has been taking Ferrozone for the past six months, and it has worked wonders for her. Before using Ferrozone she was anaemic and nervous and had no strength. But Ferrozone has built up her whole constitution and given her strength and vitality. Of all the tonics I ever used I don't think one of them compares with Ferrozone. It certainly brings health and strength to young girls quickly."

There is no remedy half so effective as Ferrozone. A trial soon demonstrates its merit. Get Ferrozone from your druggist to-day and let it build you up. Beware of fraudulent substitutes and insist on having only Ferrozone.

Cures Painful Irregularities

If the thousands of women who silently suffer from functional derangements were to tell their sad story, it would make a book of countless pages. The health of many women is constantly imperilled through failure of certain organs to work according to nature's requirements. Where this condition occurs there is no safer remedy to employ than Ferrozone, which has a specific action in feminine troubles. Not only does it act directly on the organs, ensuring regularity and freedom from pain, but by forming rich red blood fortifies the system against weakening drains.

Every young girl and woman will find a true friend in Ferrozone. It is a special remedy for their troubles that offsets the deadening influence of ill-health by restoring order and regularity.

Men Require Nerve and Blood Tonic

HOW ARE YOUR NERVES ?

The daily grind of life burns up a man's vitality faster than he renews it.

He gets shaky, starts at trifles, tosses in his sleep, is ready to fly off the handle any minute.

The nervous man is nervous because his blood is so thin his nerves are starved to death.

He needs Ferrozone!

Its first action is upon digestion.

It stimulates secretion of gastric juice, ensures perfect digestion, prepares the food so it can be at once assimilated.

Hence the blood is nourished, is fortified, made redder, richer, stronger.

To the whole organism is imparted a vim, endurance and reserve of vigor that the nervous man never knew before.

The restorative power of Ferrozone is marvelous. In a month it will make you feel like new, just as it did Mr. Karl E. Newsome, of Rothesay, who writes; "I owe a debt of gratitude to Ferrozone which saved my life after a severe stage of nervous prostration. About a year ago my health gave out. I was in such a weak, irritable condition I couldn't work, and found that three doctors did nothing for me. My druggist recommended Ferrozone as the best preparation for nervous troubles, so I commenced with one tablet at meals. Every box of Ferrozone I took did me more good than the previous one, and it wasn't very long before I was strong enough to move round again. In three months I was completely cured. Ferrozone braced up my nerves, gave me a strong, healthy constitution, and is certainly a marvelous restorer and tonic."

Nerves Unstrung

You Feel Limp Unable to Sleep
Loaded with Worry Tired and Excitable

You'll Grow Steadily Worse Unless
the System is Better Nourished.

Nothing will build you up with the certainty of Ferrozone. Thousands of it has cured who never hoped to be well—and here is ample proof—substantiated by one of Nova Scotia's prominent clerics.

"Before taking the first box of Ferrozone," writes Mrs. Annie Jeffry, of Sandy Cove, N.S., "my condition was deplorable. Though I employed the most skilful medical aid, I grew steadily weaker. In fact I was in such a low condition that it was impossible for me to walk across the room. My heart was very weak, and I suffered from terrible palpitations, which the doctors said were from troubles peculiar to women. Friends urged me to try Ferrozone, and I bought six boxes. When I had used the third box my old-time vigor and strength returned. The palpitation ceased, my appetite increased, and I got a good rosy color in my cheeks. It would be impossible to speak too highly of Ferrozone. All weak women should use it. I hope many suffering sisters will use Ferrozone, for it will surely cure them."

Baptist Minister Gives Evidence.

Rev. J. C. Morse, D.D., pastor of the Baptist Church, Sandy Cove, bears witness to the recovery of Mrs. Jeffry, and writes: "This is to certify that Mrs. Annie Jeffry is a lady upon whose word you can depend. I have known her since childhood, and believe her to be a truthful, honest woman." This adds additional force to the testimony of Mrs. Jeffry, and gives assurance to other sufferers that Ferrozone does what is claimed for it. Three weeks' treatment costs 50c., or six boxes for \$2.50 at all druggists.

Failure in Hamilton Hospital

Full Particulars Now Given to the Public

The case of Mr. Jesse Munro, of 373 John Street, is attracting considerable attention. For more than three years he had the best advice and hospital treatment in the city, but it all failed.

"About three years ago," says Mr. Munro, "I began to notice my health breaking up. I became reduced to an extremely wretched condition. Loss of flesh and appetite, a nauseous sensation in the stomach, extreme nervousness and rush of blood to the head were manifest symptoms. Finally I grew too weak to take exercise, and went into the hospital. The doctors wanted to operate on my stomach, but I was unwilling. I left the hospital and tried a number of city physicians during the next two years, without benefit. I lost faith in the doctors and tried a box of Ferrozone, which gave such encouraging results that I took more.

"After nine boxes of Ferrozone had been used, I was again on my feet and able to walk around. I kept taking Ferrozone for many weeks, and was restored to excellent health. Although I was formerly as weak as an infant, I can now put in a long hard day's work. My cure therefore is permanent. I am glad to add my grateful testimony along with many others, and can recommend Ferrozone to everyone who is bothered with weakness, nervousness or stomach trouble. I believe Ferrozone will cure after all else has failed."

We advise our readers to give Ferrozone a trial next time they require a bracing invigorating tonic.

Throat Swelled

VOICE DISSAPEARED
TERRIBLE COUGH
AGONIZING HEADACHE

The Trying Experience of a Woodstock
Man Who Nearly Died With Grippe.

People that allow "grippy" colds to run on unheeded often find themselves in the perilous predicament that nearly cost Marx M. Melanson his life.

"It was a long drive through the rain that started my cold. I didn't pay much attention to it, thinking it would pass away. I soon experienced a stabbing tightness in my chest and throat. This grew quite intense and my throat swelled below the ears and it hurt to turn my head. A terrible dry, racking cough kept me sleepless and miserably sick, and my head felt like bursting. A neighbor bought me Nerviline and rubbed it in copiously over my throat and chest, and advised me to use it as a gargle and take it in hot water every four hours. I did this and got relief—the soreness left my chest and I put on a Nerviline Porous Plaster. Although nearly in despair when I started Nerviline, it was no time before I was well and on my feet again. Such remarkable power for breaking a cold I never thought of being found in one remedy. Nerviline saved my life and I consider it should be in every home."

TO CURE TOOTHACHE

Search the World Over, but you'll
not find the equal of "Nerviline."

Any aching tooth can be relieved instantly with Nerviline. Fill the cavity with batting dipped in Nerviline and rub the gums with Nerviline also. If the face is swollen and sore bathe the painful parts with Nerviline and cover with a flannel. This can't fail because Nerviline kills the pain outright and prevents it from returning. Stronger, quicker, more satisfactory than any other liniment, Nerviline has been the largest seller for nearly fifty years. Try it yourself.

EARACHES

Their Cause and Cure.

In the majority of cases earache is directly traceable to a cold. The cure is Nerviline, which relieves in ten seconds. It kills earache swiftly because it penetrates like lightning to the seat of the pain. Away goes the ache, cure is complete, just because Nerviline has been used. No household liniment so economical, so strong, so good all-round as Nerviline.

Cures Children's Croupy Colds

At this season of cold, searching winds and changeable weather children will catch cold, will contract croup and sore throat. The experienced mother knows of nothing half so good as a vigorous rubbing of neck and chest with Nerviline—rub it in well and apply a Nerviline Porous Plaster. If the case is obstinate, give twenty drops of Nerviline in hot sweetened water every four hours.

This treatment is simply wonderful—swollen, inflamed tissues are soothed and healed, coughing is promptly allayed, hard strong phlegm is loosened, and every trace of cold and cough disappears.

Nerviline is so safe to use, so powerful, so penetrating—makes such a good all-round household remedy that for nearly fifty years thousands of bottles are used every day.

Chest Inflammation

SUFFERED FROM A HEAVY COLD,
PLEURITIC PAINS IN SIDE
—CONSTANT COUGHING.

"Nerviline" Cured Quickly

"Anyone that goes through all that I suffered last winter will appreciate the value of a remedy that cures like Nerviline cured me." These are the opening words of the solemn declaration of E. P. Von Hayden, the well-known violinist of Middleton. "My work kept me out late at

**NERVILINE
CURES
CHEST
COLDS**

night, and playing in cold drafty places brought on a severe cold that settled on my chest. I had a harsh racking cough and severe pains darted through my sides and settled in my shoulders. I used different liniments, but none broke up my cold till I used Nerviline. I rubbed it on my neck, chest and shoulders, morning and night, and all the pain disappeared. Realizing that such a heavy cold had run down my system, I took Ferrozone at meals, and was completely built up and strengthened. Since using Nerviline I have no more colds or pleurisy, and enjoy perfect health."

the second finger of right hand being kept
outstretched.



A CHOICE CIGAR.

This is simple and interesting. Hold
the hands as shown with a string stretched
from thumb to thumb. The action of a
horse at full gallop and the jockey urging
him can be produced by slightly moving
the hands in a forward motion.



THE JOCKEY.

It will be necessary to be little more
careful in arranging the hands for this.
Study the illustration, and keep the proper
distance between the fingers. With a little
practice you will be able to do it without
difficulty.



THE WOLF.

To make this, place one hand on top of
the other, and throw a handkerchief over
the wrist. Let the first finger of the lower
hand hang down for the trunk, which can
be swayed back.



JUMBO.

These pictures need no explanation :—



THE CAMEL.



A DEER.



MR. LONGNOSE.



THE CAR CONDUCTOR.

10 Years Rheumatism In Left Knee.

Treatment at Hot Springs and
Years of Experience with
Noted Physician Failed.

"NERVILINE" Cured Quickly

Nearly every old person is troubled more or less with rheumatism, and few actually escape its manifold tortures. Some it deforms, others it disables, many it completely destroys.

"I was born with a strong and predisposing tendency to rheumatism, my father and mother both having had it for years," writes J. H. Hunter, from Saratoga. "The aches the pains, the throbbing muscles,—I endured them all,—but it was in my left knee that the disease had the worst hold. Pains of the most agonizing kind shot through my knee as if hot irons were piercing my flesh. Nothing did me any good till I used Nerviline. I rubbed it over the sore place four to six times each day, and bound on warm flannel cloths. At meal time I used Ferrozone to build up strength and enrich my blood. My cure was completed after several months and I have never since had a single swinge. I strongly urge every sufferer from any rheumatic disease, Lumbago, Sciatica, Neuralgia, Toothache, or Earache to test Nerviline. I know its power over pain is simply magical, especially if used in conjunction with Ferrozone."

Miss Flora Chapman Vividly Describes Her Sufferings and Ultimate Cure with Nerviline

"After being an enthusiastic user of Nerviline for years, I feel it my duty to tell you personally what your wonderful preparation has done for me.

"I suffered torture from rheumatism and heart trouble, tried scores of so-called remedies, consulted for weeks and months with Toronto's most eminent physicians, but derived only slight benefit.

"A friend insisted on my using Nerviline, and to my surprise a vigorous rubbing of this powerful liniment eased the pains and reduced the stiffness in my joints. I continued to use Nerviline and was permanently cured. I am now perfectly well, and for three years have had no rheumatism at all. I know many families where no other medicine but Nerviline is kept—it is so useful in minor ailments like earache, toothache, neuralgia, coughs, colds, lumbago and sciatica. I call Nerviline my "Life Guard," and urge all to try its merit."

Dec. 17th, 113 Palmerston Avenue,
Toronto.

Invaluable to Every Farmer.

Its Wonderful Power in Curing Sick Cattle
and Colicky Horses Makes "Nerviline"
Worth its Weight in Gold.

The stockman or farmer that doesn't know of the thousand and one uses of 'Nerviline' around the stable has a great deal to learn. "Why, I wouldn't think of locking my stable door at night without knowing I had a supply of 'Nerviline' on hand. I always get a dozen bottles at a time from my druggist.

Nerviline
CURES
COLICKY
HORSES

"To cure colic, indigestion and bad stomach in a horse or cow there is no remedy on earth in the same class as 'Nerviline.' Last summer I had a \$250 horse that got the scours, and I would have lost him if I hadn't been able to give him Nerviline. I poured a full bottle of Nerviline in a pint of water down his throat and saved his life. I know of neighbors who have saved many heads of valuable stock, stricken with colic, just by using Nerviline. It is equally good as a rub-on liniment, and I know from my experience that for man or beast, internally or externally, 'Nerviline' is worth a dollar a drop."

JAMES E. McCULLOUGH,
Stock Breeder, etc.

A BOON TO STOCK-RAISERS

It is a matter of vital importance to every farmer, horse-owner and stock-raiser to know exactly what to do when one of his animals is taken suddenly sick.

The letter of Mr. Frank F. Fullerton, which we print below, gives information of inestimable value, and tells of his experience in curing ailing stock during the past thirty-eight years:

**SAVED
\$1,000
BY
Nerviline**

"Several years ago when my horses took colic I used to give them Cayenne Pepper in hot milk, but in a few cases only did it help, and because I had no proper means at hand I lost several valuable animals. Some one told me of the success Mr. Wendling, of Brockville, Ont., had in his racing stables with "Nerviline," so I laid in a supply. It wasn't very long before Nerviline saved the life of a valuable stallion of mine, which was worth at least \$1,000. This horse was taken with colic, and would have died had it not been for Nerviline. I have used Nerviline for reducing swellings, for taking out distemper lumps and easing a bad cough, and always found it worked well. I recommend it to every man who owns horses or cattle to keep Nerviline on hand.

SCIATICA

EXPECTED DEATH ANY DAY.

Another Case Where Life Was Saved and Health Restored by "Nerviline."

We have all read and heard of the agonies of Sciatica, but only those who have been tortured by this dread malady can fully appreciate what it must mean to be cured after years of suffering.

It is because he feels it his solemn duty to tell to the world his faith in Nerviline that Victor P. Hires makes the following declaration: "For three years I was in the Royal Mail service, and in all kinds of weather had to meet the night trains. Dampness, cold and exposure brought on sciatica that affected my left side. Sometimes an attack would come on that made me powerless to work. I was so nearly a complete cripple that I had to give up my job. I was in despair, completely cast down because the money I spent on trying to get well was wasted. I was speaking to my chemist one day, and he recommended "Nerviline". I had this good liniment

**CURED
SIX
YEARS**

rubbed on several times a day, and got relief. In order to build up my general health and improve my blood I used Ferrozone, one tablet with each meal. I continued this treatment four months and was cured. I have used all kinds of liniments, and can truthfully say that Nerviline is far stronger, more penetrating, and infinitely better than anything else for relieving pain. I urge everyone with lumbago, neuralgia, rheumatism or sciatica to use Nerviline. I know it will cure them."

There isn't a more highly esteemed citizen in Westchester than Mr. Hires. What he says can be relied upon. For six years since being cured he hasn't had a single relapse. Don't accept anything from your dealer but "Nerviline."

FEVER, CHILLS, AGUE

People of Experience Boldly State That Nothing Is Better Than "Nerviline."

Twenty drops taken in hot water three times daily not only stops the chills but destroys the disease completely. Nerviline has a direct action on ague and chills and removes their exciting causes. In stomach and bowel disorders Nerviline has held first place for nearly fifty years. It is powerful, swift to act, thorough, and perfectly safe. Being pleasant to the taste it's popular with everybody. Your druggist sells Nerviline in large 25c. bottles; satisfaction guaranteed.

Darting Pains Around Shoulders and Spine

Brocton Merchant in Hospital for
Weeks Cured of Rheumatic
Pains by Applying

"Nerviline"

"It would be impossible for me to tell how much I suffered with a sort of traveling rheumatism. It wasn't confined to any particular spot, but wandered over all that area from the neck to the small of the back. Sharp, shooting twinges and dull, gnawing aches finally stiffened out my muscles and left me so helpless I had to give up work and go into the hospital. I stayed there three weeks and felt better. Still I wasn't cured and as soon as I started back to work again the pain was as bad as ever.

"I fortunately read of the strange, powerful effect Nerviline has over such pains, and at once I got five bottles. Four times each day Nerviline was rubbed over

the seat of the pain and I could feel it sinking deep into the muscles and sinews that were stiffened and sore. In a short time I was limber, active, free from pain and perfectly cured.

"No other liniment could have cured me but "Nerviline," and I strongly urge its use for Rheumatism, Neuralgia, Sciatica, Lumbago, strains and swellings and all other muscular affections."

(Signed) A. M. McLELLAND.

REMEMBER THIS.—Nerviline is five times stronger, far more penetrating, possesses more pain-relieving power than any other known remedy. For fifty years its use has been universal. Beware of the substitutor,—ask for and get NERVILINE only. Large 25c. bottles at all dealers.



Nerviline Porous Plaster



Used with wonderful success in Curing the Pains of Rheumatism, Neuralgia, Sciatica, Lumbago, Cold in the Chest, Lameness or Back Strain, Pleurisy, Swellings, Sprains, Strains, Soreness or Inflammation in the Muscles.

Rheumatism

Rub the affected part briskly with Nerviline several times during the day and before retiring put a piece of a Nerviline Porous Plaster over the aching spot. This combination of remedies is an unfailing relief.

Chest Colds

The exterior application of Nerviline is necessary to ease and assist the sore muscles. Rub it in—lots of it. The more rubbing the better. Then place a Nerviline Porous Plaster over the small of the back and leave it there until all stiffness and soreness has been entirely removed.

Pleurisy

There is no relief so certain as comes from a brisk rubbing of the side and chest with Nerviline. A Nerviline Porous Plaster should then be placed over the spot which hurts when you draw a long breath. Do not remove the plaster until all sense of soreness has disappeared.

Chest Colds

Its wonderful comfort and ease you get in chest affections by applying lots of Nerviline and then putting a Nerviline Porous Plaster over the chest as indicated in illustration below. The plaster eases the tightness and prevents a return of the inflammation and cold.

In its great curative powers Nerviline is acknowledged to be truly a wonderful medicine, but when combined with the Nerviline Porous Plaster it is safe to say that pain and soreness fairly melt away.

NERVILINE POROUS PLASTERS act as a counter irritant over the seat of the pain, affording quick and certain relief; they also serve as an exterior application of great and certain virtue when used for colds in the muscles, on the chest, in the lungs, pleurisy, strained and sore back, neuralgia and all kindred ills. Nothing better to bind over a sprain or strain.

One trial of Nerviline Porous Plaster convinces you that they contain the same healing, pain-subduing substances that have made Nerviline famous among the people of many nations. By the use of these plasters, the patient is enabled to have the manifold virtues of Nerviline constantly at work relieving and curing the ailment or condition that requires medical attention. Wherever there is an external ache or pain, no matter where there may be soreness or inflammation on the external surface of the body (open cuts or wounds excepted), you are sure to employ just the proper remedies when you use Nerviline and Nerviline Porous Plasters. Accept no substitute, which may do harm. All dealers sell Nerviline, 25c. per bottle; Nerviline Porous Plasters, 25c. each. If your dealer can't supply you, mail your order to The Catarrhozone Co., Kingston, Canada.



NERVILINE

CURES QUICKLY
 NEURALGIA
 TOOTH ACHE
 RHEUMATISM
 COLDS,
 HEADACHE
 CHOLERA
 DYSENTERY
 AND ALL PAIN
 EXTERNAL OR INTERNAL

PRICE 25¢

PREPARED BY
 THE CATARRHOZONE CO.
 MANUFACTURING CHEMISTS
 KINGSTON ONT.
 BUFFALO, N.Y.

DUTNAY'S

CORN

THE CATARRHOZONE CO.

CATARRHOZONE

TRADE MARK

OZONATED AIR CURE

FOR CATARRH
 COLDS, COUGHS
 BRONCHITIS
 ASTHMA
 HAY FEVER
 DEAFNESS
 LA GRIPE
 THROAT TROUBLE
 CONSUMPTION

PRICE 50¢

PREPARED ONLY BY
 Catarrhozone Co.
 KINGSTON, ONTARIO
 AND
 BUFFALO, N.Y.

DR. HAMILTON'S
PILLS
OF MILDNESS
AND BUTTERMILK

AN INSTANT RELIEF AND INFALLIBLE
 CURE FOR ALL THE AFFECTIONS OF THE
 STOMACH, BOWELS, KIDNEYS,
 LIVER, AND BLADDER.

DR. HAMILTON'S PILLING SYSTEM HAS BEEN PROVED
 BY THE MOST Eminent Physicians and Surgeons of
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