

No More Colds!

"I Use CATARRHOZONE"



BREATHE YOUR COLD AWAY—

Inhale CATARRHOZONE

Was Wearing Away With Destructive Cough

COMPLETE RECOVERY WITH CATARRH-O-ZONE

Here is a case of that kind of cold that makes life so miserable, and hard to bear.

Mrs. Dumas from her home in Quebec City has written:—

A Satisfied User of CATARRHOZONE



MRS. ALBERT DUMAS
5 Richardson St.
Quebec

"I had a bad cold that was virtually wearing me away. My physician told me I was suffering from Catarrh. Certainly I was very discouraged.

One day I spoke to my sister-in-law about my condition and she advised me to try Catarrh-o-zone. She had

been in poor health owing to an operation, and had used Catarrh-o-zone herself with great benefit. I procured Catarrh-o-zone at once and it made me completely well. Catarrh-o-zone is indispensable. I recommend it to all my friends."

Do You Spit Continually? Is Your Throat Weak?

HAVE YOU BUZZING EAR NOISES?

IS YOUR BREATHING DIFFICULT?

Read of the happy experience Mrs. Henri Tremblay of Ste. Anne de Beaupre had with Catarrh-o-zone. She writes:

"Having suffered from a very bad cold in the head, which brought on a severe pain

over the eyes, and a bad spell of coughing, I was advised to use Catarrh-o-zone. I sprinkled a few drops of this wonderful remedy on my hand, breathed the vapour, and got remarkably quick results. All my breathing organs were cleared, my headache went away, I no longer sneezed, or coughed, and in a short

time was completely well and my cold bothered me no more. I can recommend Catarrh-o-zone very highly to anyone who is suffering from the effects of a cold and sore throat."

Pain over the Eyes ended by CATARRHOZONE



MRS. HENRI TREMBLAY
St. Anne de Beaupre, Que.

Whole Family Afflicted With Very Bad Colds

Mrs. Joseph Mercier, St. Gregoire, Que.
tells how Catarrh-o-zone restored
her husband and children.

Dear Sirs:—

"Three weeks ago my husband and children contracted bad colds. They were sneezing, coughing and feeling very miserable indeed. I had listened to the broadcasts of Catarrh-o-zone over the radio for some little time, and had heard of many mothers who had found Catarrh-o-zone a wonderful remedy for coughs, sore throat, and headaches. I went to my druggist and bought Catarrh-o-zone, and I am pleased to say that in two days my husband and children were all well of their colds. I consider that every household should keep Catarrh-o-zone as a preventative of headaches, colds and kindred ailments."



MRS. JOS. MERCIER
St. Gregoire, Quebec

Mrs. Joseph Mercier.

Reaches All Breathing Organs Clears "Sniffly" Nostrils Excellent for Bronchitis, Catarrh

Another friend of Catarrh-o-zone
testifies to great benefits from its use

IT PREVENTS BAD COLDS

"For a long time," writes Miss Gosselin, "I have listened to the Catarrh-o-zone radio program, Finally I decided to use this preparation. Indeed I have since used several bottles. I was more than satisfied with the results of Catarrh-o-zone, which is a very good remedy. It quickly relieves coughs, colds, bronchitis, Catarrh. Since we have been using this remedy we no longer have bad colds; it penetrates into the breathing organs, and gives real relief to colds."



Miss Rallande Gosselin
St. Pierre, Que.

*Miss R. Gosselin,
St. Pierre, Isle Orleans, Que.*



THE ZODIAC

Astrology (star study) grew out of man's natural wonder about the heavenly bodies giving light in the darkness of night. From this study developed modern Astronomy. No one can tell how far back in history star-lore was known, but by 3000 B. C. Egyptian priests had mapped out the constellations and had divided the Zodiac into 12 signs.

The Zodiac is an imaginary belt 16 degrees broad, girdling the heavens. It extends 8 degrees each side of the ecliptic, the name given to the Sun's apparent yearly path among the stars. The signs of the Zodiac are 12 practically equal divisions of this belt, each containing 30 degrees; each degree, considered in relation to the stars and planets, governs one day. These signs have names, symbols and periods as indicated above. They are governed by certain planets and are considered to control certain parts of the body and to bestow definite characteristics upon persons born under their influence.

Spring signs: Aries, the Ram; Taurus, the Bull; Gemini, the Twins. Summer signs: Cancer, the Crab; Leo, the Lion; Virgo, the Virgin. Autumn signs: Libra, the Balance; Scorpio, the Scorpion; Sagittarius, the Archer. Winter signs: Capricornus, the Goat; Aquarius, the Water-bearer; Pisces, the Fishes.

How to Stop Head-Noises And End Buzzing Ears

IS A GREAT HELP IN DEAFNESS

You may correct deafness caused by Catarrh, and end hissing noises in the ears by using Catarrh-o-zone. . . You will be surprised how quickly Catarrh-o-zone relieves all such troubles. You may be an old-time sufferer—that is no reason why you shouldn't start using Catarrh-o-zone to-day. Simple, effective and prompt—that is how Catarrh-o-zone acts in deafness caused by catarrh. You will be delighted with the lasting benefits of Catarrh-o-zone.

Sprinkle Catarrh-o-zone on your handkerchief and inhale its vapour, or breathe through Catarrh-o-zone Inhaler. Immediate relief is guaranteed to Catarrh sufferers who use Catarrh-o-zone.

GAVE INSTANT RELIEF

"After having listened to your program on Catarrh-o-zone, I finally decided to use this famous remedy which you broadcasted so much and which you said relieved so quickly.

Now I have to speak about this remedy which relieved me instantly. I highly recommend this Catarrh-o-zone which is the best for me, and superior to all remedies used before."

(Signed) *Yvonne Clavelle,
Montmagny, Que.*

Breathe the vapor of
CATARRHOZONE

SO EASY
TO CLEAR UP
COLDS

Use a Vapor-Pocket

MEDICATED WITH

CATARRHOZONE



CATARRHOZONE

Clears the Air Passages
Ends the Cold Quickly

JANUARY, 1935

Day of Month	Day of Week	Zodiac Signs	Weather Probs.	MOON'S PHASES			All Time Based on Eastern Standard Time					
				☾	D.	H.	M.	Sun		Moon		
				☾				Rises	Sets	Rises		
					H.M.	H.M.	H.M.					
				☾	New Moon.....	5	0	20	a.m.			
				☽	First Quarter....	11	3	55	p.m.			
				☾	Full Moon.....	19	10	44	a.m.			
				☾	Last Quarter....	27	2	59	p.m.			
1	Tu	♊			New Year's Day.....			7 38	4 28	a.m.		
2	We	♋	Begins					7 38	4 29	4 55		
3	Tu	♌						7 38	4 30	6 06		
4	Fr	♍	wet					7 38	4 31	7 08		
5	Sa	♎	with					7 38	4 32	sets		
6	Su	♏	light		Epiphany.....			7 38	4 33	p.m.		
7	Mo	♐						7 38	4 34	7 42		
8	Tu	♑	snow.					7 37	4 36	9 03		
9	We	♒						7 37	4 37	10 21		
10	Th	♓						7 37	4 38	11 36		
11	Fr	♊	Becomes					7 37	4 39	a.m.		
12	Sa	♋	colder.					7 36	4 40	0 50		
13	Su	♌			First Sunday after Epiphany.....			7 36	4 41	2 04		
14	Mo	♍						7 36	4 42	3 15		
15	Tu	♎	Heavy					7 35	4 44	4 22		
16	We	♏						7 35	4 45	5 22		
17	Th	♐	snow.					7 34	4 46	6 13		
18	Fr	♑						7 34	4 48	6 55		
19	Sa	♒						7 33	4 49	rises		
20	Su	♓	The		Second Sunday after Epiphany.....			7 33	4 50	p.m.		
21	Mo	♊	month					7 32	4 51	6 54		
22	Tu	♋						7 31	4 52	7 57		
23	We	♌	will					7 31	4 54	9 00		
24	Th	♍	continue					7 30	4 55	10 02		
25	Fr	♎						7 29	4 56	11 06		
26	Sa	♏	cold					7 28	4 58	a.m.		
27	Su	♐	with		Third Sunday after Epiphany.....			7 27	4 59	0 13		
28	Mo	♑	frequent					7 26	5 00	1 22		
29	Tu	♒						7 24	5 02	2 33		
30	We	♓	storms.					7 23	5 04	3 43		
31	Th	♊						7 22	5 05	4 48		

Chilly Night Air Often Causes Catarrh

A dangerous disease because it leads to ear troubles, deafness, and bronchial complications.

HOW TO END CATARRH QUICKLY

Wonderful progress has been made of late years in treating catarrhal colds. The newer type of treatment consists of breathing away the ailment with the healing vapour of Catarrh-o-zone.

GOOD FOR BRONCHITIS

Miss Florence Petit, of Gentilly, has written of her experience with Catarrh-o-zone, and says:—"As a friend of Catarrh-o-zone may I tell you of the benefit I derived from this excellent remedy. The result from using Catarrh-o-zone for a cold or bronchitis has been most satisfactory. I, therefore, recommend Catarrh-o-zone as an efficient treatment."

IT CLEARS NOSE AND THROAT

Mr. Frank Trottier, of St. Jean Chrysostome, Quebec, has sent the following testimonial:—"It is now seven or eight years since I first used Catarrh-o-zone for my colds. I have yet to find another remedy so efficient as Catarrh-o-zone. I can say that Catarrh-o-zone is a very fine remedy for colds and has always given me entire satisfaction."

**Breathe the vapor of
CATARRHOZONE**

**Stop
Sneezing!**
END YOUR COLD



**Make your handkerchief into a
VAPOR-POCKET**

and breath the healing vapor of

CATARRHOZONE

Instant Relief for Colds

FEBRUARY, 1935

Day of Month	Day of Week	Zodiac Signs	Weather Probs.	MOON'S PHASES			All Time Based on Eastern Standard Time			
				☾	D.	H.	M.	Sun		Moon
					☽	10	4	25 a.m.	Rises	Sets
☾	18	6	17 a.m.	H.M.	H.M.	H.M.				
☽	26	5	14 a.m.							
1	Fr	♏	Moderating.				7 20	5 07	a.m.	
2	Sa	♏					7 19	5 08	6 30	
3	Su	♏		Fourth Sunday after Epiphany.....			7 20	5 09	sets	
4	Mo	♏	Unsettled				7 18	5 11	p.m.	
5	Tu	♏					7 17	5 12	7 56	
6	We	♏					7 15	5 14	9 15	
7	Th	♏	with				7 14	5 15	10 33	
9	Fr	♏	rain				7 12	5 17	11 50	
9	Sa	♏	and snow.				7 11	5 18	a.m.	
10	Su	♏		Fifth Sunday after Epiphany.....			7 10	5 19	1 04	
11	Mo	♏					7 09	5 20	2 13	
12	Tu	♏					7 07	5 22	3 17	
13	We	♏	Continues				7 06	5 23	4 11	
14	Th	♏		St. Valentine's Day.....			7 04	5 25	4 55	
15	Fr	♏	for				7 03	5 26	5 31	
16	Sa	♏	few				7 02	5 27	6 01	
17	Su	♏	days.	Septuagesima Sunday.....			7 01	5 29	6 25	
18	Mo	♏					6 59	5 30	6 45	
19	Tu	♏					6 57	5 32	7 04	
20	We	♏					6 55	5 34	rises	
21	Th	♏	Colder				6 54	5 35	p.m.	
22	Fr	♏	with				6 52	5 37	10 03	
23	Sa	♏	snow.				6 50	5 38	11 10	
24	Su	♏		Sexagesima Sunday.....			6 48	5 39	a.m.	
25	Mo	♏	Month				6 47	5 40	12 19	
26	Tu	♏	ends				6 45	5 42	1 28	
27	We	♏					6 43	5 44	2 33	
28	Th	♏	cold.				6 41	5 46	3 31	

Feared Deafness For Child of Three

Mr. Roger Lavois who lives at No. 9 St. Roch St., Quebec, writes:—"I am writing you regarding the good results derived from Catarrh-o-zone, a remedy in which I have great confidence. My little boy contracted Catarrh at the age of three. He was threatened with deafness. I was discouraged, when a friend advised me to try Catarrh-o-zone. My son used Catarrh-o-zone with entire satisfaction, and to-day he is well."

ENDED BAD HEAD-COLD

"It was impossible for me to get rid of a bad head-cold, so I tried your famous Catarrh-o-zone, which relieved me completely after having inhaled the vapour four or five times. I feel so well that I think I am not the same man. Now I highly recommend Catarrh-o-zone to all those who have a bad head cold."

(Signed) *Joseph Elie Paulin,*
Ste. Anne de Beaupre, Que.

CATARRHAL DEAFNESS HELPED BY CATARRH-O-ZONE

There is no remedy more certain to help than Catarrh-o-zone. Large package lasts two months. Try it for any trouble in the respiratory organs, a cough, a cold, sore throat, catarrhal deafness or bronchitis. All good dealers sell Catarrh-o-zone. The dollar package is the most economical and gives two months' treatment. There is a small size 50c., also a trial size 25c. Refuse any substitute for Catarrh-o-zone.

Sneezing Colds
HEADACHE
Banished by
CATARRHOZONE



Read the testimony of Mrs. Emmanuel Baulet of Montmorency Village:

"It gives me much pleasure to testify to the wonderful relief that Catarrhozone gives when used for cold in the head, headache, sneezing and coughing; it is a remarkable remedy, so pleasant to use. If a cold starts, if you sprinkle a few drops on your handkerchief and breathe the vapour, within fifteen minutes you are able to breathe freely through the nostrils and all sense of the cold is gone. Nearly all my friends use Catarrhozone, and they say it is not only the most pleasant but the surest remedy to relieve sore throat, cold in the head, pain over the eyes or headache. There is nothing too good I can say about Catarrhozone."

(Signed) Mrs. Emmanuel Baulet.

INHALE
CATARRHOZONE
You Get Instant Relief

MARCH, 1935

Day of Month	Day of Week	Zodiac Signs	Weather Probs.	MOON'S PHASES			All Time Based on Eastern Standard Time			
				☾ ☽	D.	H.	M.	Sun		Moon
					☾ ☽	4	9	40 p.m.	Rises	Sets
				☾ ☽	11	7	30 p.m.	H.M.	H.M.	H.M.
				☾ ☽	20	0	31 a.m.			
				☾ ☽	27	3	51 p.m.			
1	Fr	♈	Begins	St. David.....	6 39	5 46	4 20			
2	Sa	♈	cold	6 38	5 47	5 00			
3	Su	♈	and	Quinquagesima Sunday.....	6 37	5 48	5 32			
4	Mo	♈	showery.	6 35	5 50	5 59			
5	Tu	♈		6 34	5 51	6 22			
6	We	♉	Milder	Ash Wednesday.....	6 32	5 53	sets			
7	Th	♉		6 30	5 54	p.m.			
8	Fr	♉	with	6 28	5 55	10 43			
9	Sa	♉		rain.	First Sunday in Lent.....	6 26	5 56	11 58		
10	Su	♉	Con-	6 23	5 58	a.m.			
11	Mo	♉		tinues	6 21	5 59	1 06		
12	Tu	♉	mild	6 20	6 01	2 04			
13	We	♉		with	Second Sunday in Lent. St. Patrick.....	6 19	6 02	2 53		
14	Th	♊	and	6 17	6 04	3 32			
15	Fr	♊		rain	6 15	6 05	4 03		
16	Sa	♊	light	6 14	6 06	4 29			
17	Su	♊		with	6 11	6 07	4 51		
18	Mo	♊	snow.	6 09	6 09	5 10			
19	Tu	♊		rain	6 07	6 10	rises		
20	We	♋	and	6 05	6 12	p.m.			
21	Th	♋		light	6 04	6 13	7 54		
22	Fr	♋	Third Sunday in Lent.....	6 02	6 14	9 01			
23	Sa	♋		6 00	6 15	10 10			
24	Su	♋	Con-	5 57	6 17	11 18			
25	Mo	♋		tinues	5 55	6 18	a.m.		
26	Tu	♋	mild	5 54	6 19	0 24			
27	We	♋		with	5 52	6 20	1 23		
28	Th	♋	rain.	5 51	6 21	2 14			
29	Fr	♋		5 49	6 22	2 55			
30	Sa	♋	Fourth Sunday in Lent.....	5 47	6 24	3 29			
31	Su	♋		5 45	6 25	3 58			

Reduced Severity and Duration of Cold

WELL KNOWN LADY TELLS OF HER DELIGHTFUL EXPERIENCE WITH CATARRH-O-ZONE

"Last December I contracted a very bad cold which lasted nearly a month. I suffered with bronchitis and was troubled with a weak throat. I tried all kinds of remedies, such as syrups, tablets, etc., but did not find the relief that I expected, and it was only after trying Catarrh-o-zone that I obtained a wonderful relief. I inhaled several times a day its perfumed vapour, and in a short while my cough was altogether better, and I am now feeling quite well."

(Signed) *Melle Willina Hardy,*
New Liverpool, Comte Levis, Que.

CATARRH SEVERAL YEARS— ENDED WITH CATARRH-O-ZONE

Armand Dion of St. Sylvestre writes:—
"For several years I had Catarrh. When I heard the Catarrh-o-zone program on the radio, I decided to test Catarrh-o-zone. I am now perfectly well—no more Catarrh—thanks to wonderful Catarrh-o-zone."

ALL TRACE OF CATARRH GONE

"I write to thank you for your good remedy Catarrh-o-zone. My son always had a nose cold—you would call it Catarrh. Since using Catarrh-o-zone my son breathes freely again; it is a marvellous remedy."

Chas. H. Latulippe,
14 Morin St., Quebec.

A Prominent American Society
Matron Has Written



"MY COLD
STOPPED
IN
10 Minutes!

**CATARRHOZONE
GAVE QUICK RELIEF"**

A Direct, Breathable Remedy

APRIL, 1935

Day of Month	Day of Week	Zodiac Signs	Weather Probs.	MOON'S PHASES			All Time Based on Eastern Standard Time			
				☾ ☽ ☾ ☽	D.	H.	M.	Sun		Moon
					New Moon.....	3	7	11 a.m.	Rises	Sets
				First Quarter....	10	12	42 p.m.	H.M.	H.M.	H.M.
				Full Moon.....	18	4	10 p.m.			
				Last Quarter....	25	11	20 p.m.			
1	Mo	♈	Begins					5 43	6 26	4 23
2	Tu	♈	showery.					5 41	6 27	4 47
3	We	♈						5 39	6 29	5 16
4	Th	♈						5 37	6 31	5 37
5	Fr	♈	Snow					5 35	6 32	sets
6	Sa	♈	and					5 34	6 33	p.m.
7	Su	♈	rain.	Fifth Sunday in Lent.....				5 32	6 34	11 51
8	Mo	♈						5 30	6 36	a.m.
9	Tu	♈						5 28	6 37	0 45
10	We	♈	Moder-					5 26	6 38	1 29
11	Th	♈	ating.					5 24	6 39	2 03
12	Fr	♈						5 22	6 40	2 31
13	Sa	♈						5 20	6 41	2 55
14	Su	♈	Clear	Palm Sunday.....				5 18	6 42	3 15
15	Mo	♈	days.					5 17	6 44	3 34
16	Tu	♈						5 16	6 45	3 52
17	We	♈						5 14	6 46	4 11
18	Th	♈	Be-	First Day of Passover.....				5 12	6 48	4 32
19	Fr	♈	coming	Good Friday.....				5 10	6 49	4 56
20	Sa	♈	warmer.					5 08	6 50	rises
21	Su	♈		Easter Sunday.....				5 07	6 52	p.m.
22	Mo	♈						5 05	6 53	11 18
23	Tu	♈	Clear	St. George.....				5 03	6 55	a.m.
24	We	♈	and					5 01	6 56	0 11
25	Th	♈	bright.					5 00	6 57	0 54
26	Fr	♈						4 59	6 58	1 30
27	Sa	♈						4 57	6 59	1 59
28	Su	♈	Fine	First Sunday after Easter.....				4 55	7 00	2 25
29	Mo	♈	growing					4 54	7 01	2 48
30	Tu	♈	weather.					5 52	7 02	3 12

Nostrils Were Cleared Headache Disappeared

Mrs. Henri Trembly of Ste. Anne
de Beaupre Gives Strong
Testimonial for Catarrh-o-zone

"I was suffering from a bad cold which caused pain over the eyes. I also had a bad cough. I was advised to use Catarrh-o-zone, so I breathed the vapour and was immediately relieved. My nose was cleared, and the headache disappeared. After using Catarrh-o-zone I no longer sneezed or coughed. My recovery was complete."

BAD CHEST PAINS RELIEVED

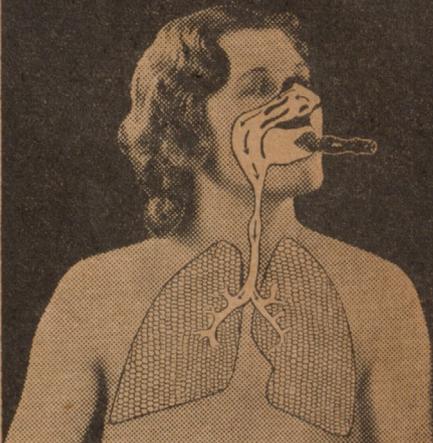
"I suffered from a bad cold and irritation or pain about my chest. The distress caused me to wake up often during the night. Catarrh-o-zone relieved me effectively. I breathed the healing vapour of Catarrh-o-zone every hour, and was made well—no more colds, bronchitis or catarrh! I can now go out in any weather, and never catch cold."

(Signed) *Jeanne Aimee Clovet,*
Montmagny, Que.

CHRONIC CATARRHAL COLD WAS DRIVEN AWAY

Miss Anita Dion of St. Roch des Aulnais writes:—"I have had a bad cold for several weeks, and tried all sorts of remedies without relief. Then I used Catarrh-o-zone. The result was a marvel. Now Catarrh-o-zone is always in the house. I counsel my friends to use Catarrh-o-zone which gave me such wonderful relief."

TO STOP COLDS ON THE CHEST



Breathe the vapor of CATARRHOZONE

IT HEALS, SOOTHES, RELIEVES

You can't reach the tiny cells of the lungs or bronchial tubes by taking a liquid medicine. Use Catarrhozone—breathe its healing vapor direct to the source of the germ life that is causing the cold.

Catarrhozone gives instant relief; it is healing, soothing, penetrating. Cold-infected passages are cleared immediately, sneezing, coughing and sniffeling cease at once.

MAY, 1935

Day of Month	Day of Week	Zodiac Signs	Weather Probs.	MOON'S PHASES			All Time Based on Eastern Standard Time		
				☾	☽	☾	Sun		Moon
				New Moon.....	First Quarter....	Full Moon.....	Rises	Sets	Rises
			D.	H.	M.	H.M.	H.M.	H.M.	
				2	4	36 p.m.			
				10	6	54 a.m.			
				18	4	57 a.m.			
				25	4	44 a.m.			
1	We	♌					4 51	7 04	3 36
2	Th	♌	Month				4 50	7 05	4 04
3	Fr	♌	begins				4 49	7 06	sets
4	Sa	♍	cool.				4 47	7 08	p.m.
5	Su	♍				Second Sunday after Easter.....	4 45	7 09	10 32
6	Mo	♍					4 44	7 10	11 21
7	Tu	♍	Rain				4 42	7 11	a.m.
8	We	♎	almost				4 41	7 13	0 01
9	Th	♎	daily.				4 39	7 14	0 31
10	Fr	♎					4 38	7 15	0 57
11	Sa	♎					4 37	7 16	1 18
12	Su	♎	Finer			Third Sunday after Easter.....	4 35	7 17	1 38
13	Mo	♏	with				4 34	7 18	1 56
14	Tu	♏	dry				4 33	7 19	2 15
15	We	♏	winds.				4 32	7 20	2 34
16	Th	♏					4 31	7 22	2 57
17	Fr	♏					4 30	7 23	3 24
18	Sa	♏	Warmer				4 29	7 24	3 58
19	Su	♏	with			Fourth Sunday after Easter.....	4 28	7 26	4 42
20	Mo	♏	light				4 27	7 27	rises
21	Tu	♏	rain.				4 26	7 28	p.m.
22	We	♐					4 25	7 29	11 31
23	Th	♐					4 24	7 30	a.m.
24	Fr	♐	Fine			Victoria Day.....	4 23	7 31	0 02
25	Sa	♐	and				4 22	7 32	0 29
26	Su	♐	warm						
26	Su	♐	to			Rogation Sunday.....	4 21	7 33	0 50
27	Mo	♐	end				4 20	7 34	1 15
28	Tu	♐	of				4 19	7 35	1 38
29	We	♐					4 18	7 36	2 04
30	Th	♐	month.			Ascension Day.....	4 18	7 37	2 34
31	Fr	♐					4 18	7 37	3 10

Distressing Coughs Colds, Bronchitis

- Is Catarrh in your nose?
- Does it affect your hearing?
- Is your throat husky?
- Are your eyes watery?
- Is your breath offensive?

These are indications of Catarrh—why continue to live in misery when Catarrh-o-zone is so helpful? So beneficial is Catarrh-o-zone that thousands recommend it and tell of its merit after being restored from chronic Catarrh.

The healing oils in Catarrh-o-zone instantly destroy the germs that inflame the nose and throat. Irritable throat and bronchitis are soothed away. Stuffed-up nostrils are cleared and pain over the eyes disappears. Nasty coughs and colds seldom bother people who keep their breathing organs in healthy condition by the use of Catarrh-o-zone. Use it when the first snuffle or sneeze appears. Many a bad cold is stopped in this way by Catarrh-o-zone.

CATARRHOZONE

It is *Best* for Coughs, Colds

END YOUR COLD
STOP BRONCHITIS
INHALE CATARRHOZONE



BRONCHIAL AILMENTS

Best treated by

CATARRHOZONE

JUNE, 1935

Day of Month	Day of Week	Zodiac Signs	Weather Probs.	MOON'S PHASES			All Time Based on Eastern Standard Time			
				☾ New Moon.....	D.	H.	M.	Sun		Moon
					1	2	52 a.m.	Rises	Sets	Rises
				☽ First Quarter....	9	0	49 a.m.	H.M.	H.M.	H.M.
				☾ Full Moon.....	16	3	20 p.m.			
				☾ Last Quarter....	23	9	21 a.m.			
				☾ New Moon.....	30	2	44 p.m.			
1	Sa	♊						4 18	7 37	3 55
2	Su	♋	Cool.					4 17	7 38	4 48
3	Mo	♋		Sunday after Ascension Day.....				4 17	7 40	5 48
4	Tu	♌		King George V Birthday.....				4 16	7 41	sets
5	We	♌	Dry					4 15	7 42	p.m.
6	Th	♌	weather					4 15	7 42	11 21
7	Fr	♌	prevails	Hebrew Pentecost.....				4 14	7 43	11 41
8	Sa	♌	for					4 14	7 43	a.m.
9	Su	♍	some	Whit Sunday.....				4 13	7 44	0 01
10	Mo	♍	days.					4 13	7 45	0 18
11	Tu	♍						4 13	7 45	0 37
12	We	♍						4 13	7 46	0 58
13	Th	♍	Occasional					4 12	7 46	1 23
14	Fr	♍	rain.					4 12	7 47	1 54
15	Sa	♍						4 12	7 48	2 33
16	Su	♎		Trinity Sunday.....				4 12	7 48	3 23
17	Mo	♎	Thunder-					4 13	7 49	4 25
18	Tu	♎	storms.					4 13	7 49	rises
19	We	♏		Corpus Christi.....				4 13	7 49	p.m.
20	Th	♏						4 13	7 50	10 32
21	Fr	♏						4 13	7 50	10 57
22	Sa	♏	Be-					4 14	7 50	11 20
23	Su	♏	comes	First Sunday after Trinity. Prince of Wales' Birthday				4 14	7 50	11 43
24	Mo	♏	much					4 14	7 50	a.m.
25	Tu	♏	warmer.					4 14	7 50	0 08
26	We	♏						4 14	7 50	0 36
27	Th	♏						4 14	7 51	1 09
28	Fr	♏						4 15	7 51	1 50
29	Sa	♏	Thunder-					4 16	7 51	2 39
30	Su	♏	storms.	Second Sunday after Trinity.....				4 16	7 51	3 36

Catarrh So Bad Could Hardly Speak

Mrs. Pierre Tremblay, Eboulements Centre, writes:—"I can tell you I have used Catarrh-o-zone for a very bad cold—so bad indeed I could hardly speak. After using Catarrh-o-zone Inhaler I obtained perfect relief. I will continue to use Catarrh-o-zone, and so will all the members of our family."

Unsolicited letters like those above testify amply to the high merit of Catarrh-o-zone which is sold by all dealers in medicines.

Had Throat Trouble— Voice Was Hoarse

No More Suffering or Throat
Irritation Since Catarrh-o-zone
Was Used

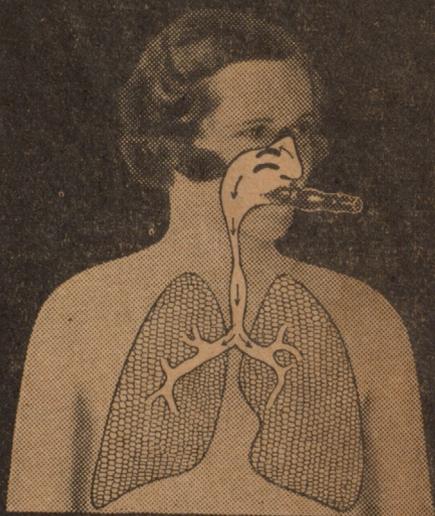
"While listening to your nice Catarrh-o-zone program over the radio, and your good remedy, I was suffering with a sore throat and hoarseness. I was very discouraged to suffer like this, when one of my friends advised me to take Catarrh-o-zone. I decided to try it and I am glad to have given it a trial. To-day I am very well, thanks to the good remedy Catarrh-o-zone. I was made well in two days, and am able to do my work alone.

I advise everyone who suffers with sore throat and hoarseness to use that good remedy, Catarrh-o-zone, as it will restore them. It is a good remedy and I advertise it. I always keep this remedy in the house, and I am never without it."

(Signed) A friend of Catarrh-o-zone,
Madame Emile Langlais,
Pont de la Noreau, Portneuf Co.

THROAT and CHEST AILMENTS

Best treated by
CATARRHOZONE



Just Breathe
CATARRHOZONE

It is *Best* for Coughs, Colds

Catarrhozone has been prescribed by
doctors for 35 years... It acts quickly!

JULY, 1935

Day of Month	Day of Week	Zodiac Signs	Weather Probs.	MOON'S PHASES			All Time Based on Eastern Standard Time			
				☾ First Quarter	D. 8	H. 5	M. 28 p.m.	Sun		Moon
				☽ Full Moon	16	0	4 a.m.	Rises	Sets	Rises
☾ Last Quarter	22	2	42 p.m.	H.M.	H.M.	H.M.				
☽ New Moon	30	4	32 a.m.							
1	Mo	♌	Warm	Dominion Day.....			4 16	7 50	4 39	
2	Tu	♌	and			4 17	7 50	sets	
3	We	♍	dry.			4 18	7 50	p.m.	
4	Th	♍				4 18	7 50	9 39	
5	Fr	♍				4 19	7 50	10 02	
6	Sa	♍	Some			4 19	7 50	10 23	
7	Su	♍	light	Third Sunday after Trinity.....			4 20	7 49	10 41	
8	Mo	♍	showers.			4 21	7 49	11 01	
9	Tu	♍				4 22	7 49	11 24	
10	We	♎				4 22	7 48	11 51	
11	Th	♎	Con-			4 23	7 48	a.m.	
12	Fr	♎	tinues			4 23	7 48	0 26	
13	Sa	♎	warm			4 24	7 47	1 09	
14	Su	♎	without	Fourth Sunday after Trinity.....			4 25	7 46	2 05	
15	Mo	♏	any			4 26	7 45	3 13	
16	Tu	♏	extreme			4 27	7 45	4 30	
17	We	♏	heat			4 28	7 44	rises	
18	Th	♏	and			4 29	7 43	p.m.	
19	Fr	♏	not			4 30	7 42	9 24	
20	Sa	♏	much			4 31	7 41	9 48	
21	Su	♏	thunder.	Fifth Sunday after Trinity.....			4 32	7 40	10 12	
22	Mo	♏				4 33	7 39	10 39	
23	Tu	♏				4 34	7 38	11 11	
24	We	♏	Frequent			4 35	7 37	11 49	
25	Th	♏	rain			4 36	7 36	a.m.	
26	Fr	♏	but			4 37	7 35	0 35	
27	Sa	♏	not			4 39	7 34	1 29	
28	Su	♏	heavy.	Sixth Sunday after Trinity.....			4 40	7 32	2 30	
29	Mo	♏				4 41	7 31	2 34	
30	Tu	♏				4 42	7 30	4 40	
31	We	♏	Showery.			4 43	7 29	5 45	

Is Your Nose Blocked With Nasty Mucus?

Nearly one hundred diseases find their way into the body through the mouth and nose. Disease germs that are lodged in the nasal cavities must be destroyed. Especially in changeable weather, protection against germs is most important.

The healing vapour of Catarrh-o-zone reaches the nose and throat membranes almost instantly. Sniffles, sneezes, and nasal distress are soothed away very quickly.

Bad Pain Over the Eyes Resulted from Cold in Head

"I have used Catarrh-o-zone for a very bad cold in the head. I had headaches and pain above the eyes. I was really disheartened. I inhaled Catarrh-o-zone, and spread a few drops on my pillow at night. The immediate effect was remarkable. Although my nose was obstructed, Catarrh-o-zone cleared it. My headaches were relieved. I am completely well again and recommend Catarrh-o-zone highly to all who suffer from colds."

*Francois Jobin, Jr.
Loretteville, Quebec.*

CATARRHOZONE

It is *Best* for Coughs, Colds

TO
PREVENT **COLDS**
INHALE
CATARRHOZONE
You Get Instant Relief



"The healing oils of Catarrhozone quickly destroy the germs that inflame the lining of the nose and throat. Hoarseness and irritable throat are soothed away. Bronchial coughs are subdued. Stuffed-up nostrils are cleared of discharge. Pain over the eyes disappears. To be free from ailments such as Catarrh, nasty coughs, and colds use Catarrhozone Inhaler several times each day."

AUGUST, 1935

Day of Month	Day of Week	Zodiac Signs	Weather Probs.	MOON'S PHASES			All Time Based on Eastern Standard Time			
				☾	D.	H.	M.	Sun		Moon
					☽	7	8	23 a.m.	Rises	Sets
☾	14	7	43 a.m.	H.M.	H.M.	H.M.				
☾	20	10	17 p.m.							
☾	28	8	0 p.m.							
1	Th	♈	Begins				4 43	7 28	p.m.	
2	Fr	♈					4 45	7 27	8 23	
3	Sa	♈	showery				4 46	7 25	8 47	
			followed							
4	Su	♈		Seventh Sunday after Trinity			4 47	7 24	9 06	
5	Mo	♈	by				4 48	7 23	9 37	
6	Tu	♈	a				4 49	7 22	9 52	
7	We	♈	period				4 50	7 20	10 22	
8	Th	♈	of				4 52	7 19	11 01	
9	Fr	♈	moder-				4 53	7 17	11 49	
10	Sa	♈	ately				4 54	7 15	a.m.	
			cool	Eighth Sunday after Trinity			4 56	7 14	0 50	
11	Su	♈					4 57	7 12	2 02	
12	Mo	♈	dry				4 58	7 11	3 22	
13	Tu	♈	weather				4 59	7 10	4 44	
14	We	♈	changing				5 00	7 08	6 07	
15	Th	♈					5 01	7 07	rises	
16	Fr	♈	to				5 02	7 06	p.m.	
17	Sa	♈	much							
			warmer.	Ninth Sunday after Trinity			5 04	7 04	8 42	
18	Su	♈					5 05	7 02	9 13	
19	Mo	♈					5 06	7 00	9 49	
20	Tu	♈					5 08	6 58	10 33	
21	We	♈	Very				5 09	6 56	11 24	
22	Th	♈	warm				5 10	6 54	a.m.	
23	Fr	♈	for				5 11	6 53	0 23	
24	Sa	♈	several							
			days.	Tenth Sunday after Trinity			5 12	6 51	1 26	
25	Su	♈					5 13	6 49	2 31	
26	Mo	♈					5 15	6 47	3 36	
27	Tu	♈					5 16	6 46	4 40	
28	We	♈	Some-				5 17	6 45	5 42	
29	Th	♈	what				5 18	6 44	sets	
30	Fr	♈	cooler.				5 19	6 43	p.m.	
31	Sa	♈								

Couldn't Breathe Properly For Seven Years

A REMARKABLE RESTORATION TO COMPLETE HEALTH ACCOMPLISHED WITH CATARRH-O-ZONE

Here is an unsolicited recommendation for Catarrh-o-zone from Miss Bella Gourdoin of 15 Aqeduc St., Quebec City:—"For some time past I have listened to your nice radio program for Catarrh-o-zone. For seven years I could not breathe properly through my nose, so one day my friend, Miss Beaulieu, brought me a bottle of Catarrh-o-zone, which I used, and now I am completely well. One bottle of Catarrh-o-zone saved me, and I hope that all those who 'listen in' on the Catarrh-o-zone program will profit by my experience."

RECOMMENDS CATARRH-O-ZONE FOR A BAD COLD, SORE THROAT

"I have used many bottles of Catarrh-o-zone. Whenever I have a bad cold I use it. For colds and sore throat I do not think there is a better medicine than Catarrh-o-zone; it always relieves quickly."

(Signed) *Ludger Verret,*
De L'Ormier, Loretteville, Que.

A CATARRH REMEDY OF MERIT

Mr. Paul Eugene Fortier, 38½ St. George St., Levis, writes:—"I don't know how to thank you for your good remedy Catarrh-o-zone. For two weeks I was sick. I used Catarrh-o-zone and was very satisfied, and I can now recommend Catarrh-o-zone to all my friends as being a Catarrh remedy of merit."

DREADED ASTHMA

OFTEN RESULTS
FROM NASAL INFECTION



CATARRHOZONE

Is Very Soothing

In the intervals of quietude between spasms, the use of Catarrhozone may prove quite helpful. The vapor Catarrhozone is very soothing to the nasal passages and to the mucous membrane of the throat. Between spasms, and while breathing appears fairly normal, sprinkle a few drops of Catarrhozone on your handkerchief, and inhale the medicated vapor of Catarrhozone. You will find the vapor of Catarrhozone is soothing; it will tone up, and will improve the highly sensitive membrane of the nose and throat.

SEPTEMBER, 1935

Day of Month	Day of Week	Zodiac Signs	Weather Probs.	MOON'S PHASES			All Time Based on Eastern Standard Time			
				☾	D.	H.	M.	Sun		Moon
					☽	12	9	18	Rises	Sets
			☾	19	9	23	H.M.	H.M.	H.M.	
			☾	27	12	29				
						p.m.				
1	Su	♏		Eleventh Sunday after Trinity.....			5 21	6 38	p.m.	
2	Mo	♏	Rain.	Labor Day.....			5 22	6 37	7 42	
3	Tu	♏				5 23	6 36	8 24	
4	We	♏				5 25	6 35	8 58	
5	Th	♏	Temper-			5 26	6 34	9 42	
6	Fr	♏	ature			5 27	6 30	10 36	
7	Sa	♏	rising.			5 28	6 28	11 40	
8	Su	♏		Twelfth Sunday after Trinity.....			5 29	6 26	a.m.	
9	Mo	♏				5 31	6 24	0 45	
10	Tu	♏	Much			5 32	6 22	2 14	
11	We	♏	warmer			5 33	6 20	3 35	
12	Th	♏				5 34	6 19	4 53	
13	Fr	♏	with			5 35	6 17	rises	
14	Sa	♏	occa-			5 37	6 15	p.m.	
			sional	Thirteenth Sunday after Trinity.....			5 38	6 13	7 12	
15	Su	♏				5 39	6 11	7 47	
16	Mo	♏	rain.			5 40	6 09	8 29	
17	Tu	♏				5 41	6 07	9 19	
18	We	♏				5 43	6 05	10 17	
19	Th	♏	Cooler			5 44	6 03	11 19	
20	Fr	♏	with			5 45	6 01	a.m.	
21	Sa	♏	frost.						
				Fourteenth Sunday after Trinity.....			5 46	5 59	0 24	
22	Su	♏				5 47	5 58	1 23	
23	Mo	♏				5 49	5 56	2 32	
24	Tu	♏	Warmer			5 50	5 54	3 35	
25	We	♏				5 51	5 52	4 36	
26	Th	♏	with			5 52	5 50	5 37	
27	Fr	♏	thunder.			5 53	5 48	sets	
28	Sa	♏		Hebrew New Year (Rosh Hashanah).....						
29	Su	♏	Showery.	Fifteenth Sunday after Trinity.....			5 55	5 46	p.m.	
30	Mo	♏				5 56	5 44	6 28	

Grippy Colds Overcome By Catarrh-o-zone

From Pont Etchemin comes word from Miss Marguerite de Ladurantaye. This young lady was troubled with a severe cold during the Grippe epidemic last winter. The benefit she derived from Catarrh-o-zone was most noteworthy, and so satisfied was she with Catarrh-o-zone that she recommends this good remedy to her friends.

In actual medical tests, Catarrh-o-zone has proved itself to be most efficient in the treatment of grippy colds.

STUFFY, SNEEZY IRRITATION THE START OF NASAL CATARRH

This always means a cold is developing. Use Catarrh-o-zone instantly. Get your Inhaler, or sprinkle Catarrh-o-zone on your handkerchief and inhale the vapour. Prompt treatment of a cold at its very beginning usually stamps it out completely.

"For fifteen days I suffered from such a bad head cold that I used to wake up in the night. That cold was so bad that I sneezed all the time; my eyes were running and my throat was so sore that I could hardly breathe. I had often heard about Catarrh-o-zone but I could not believe that such a pleasant remedy could restore me. When a neighbour made me inhale Catarrh-o-zone, I felt instantly relieved and I bought a package right away. Through the night when I woke up, I inhaled a few drops with the Inhaler, and I went to sleep again; after two days I was well."

(Signed) *Miss Anne Marie Gravel,
Ste. Anne de Beaupre, Que.*

When Your NOSTRILS are CLOGGED UP



INHALE CATARRHOZONE

You Get Instant Relief

CATARRHOZONE
GOES TO THE ROOT OF THE COLD INSTANTLY

OCTOBER, 1935

Day of Month	Day of Week	Zodiac Signs	Weather Probs.	MOON'S PHASES			All Time Based on Eastern Standard Time			
				☾ First Quarter	D.	H.	M.	Sun		Moon
					☽ Full Moon	11	11	39 p.m.	Rises	Sets
				☾ Last Quarter	10	0	36 a.m.	H.M.	H.M.	H.M.
				☾ New Moon	27	5	15 a.m.			
1	Tu	♏						5 57	5 42	p.m.
2	We	♏	Fine					5 58	5 41	7 40
3	Th	♏	cool					5 59	5 39	8 30
4	Fr	♏	days					6 01	5 38	9 29
5	Sa	♏	prevail.					6 02	5 36	10 38
6	Su	♏						6 03	5 34	11 52
7	Mo	♏						6 04	5 32	a.m.
8	Tu	♏	Showery,					6 05	5 30	1 10
9	We	♏	getting					6 06	5 29	2 29
10	Th	♏	colder					6 08	5 27	3 49
11	Fr	♏	with					6 09	5 25	5 10
12	Sa	♏	trying					6 10	5 23	rises
13	Su	♏	winds.					6 12	5 21	p.m.
14	Mo	♏						6 13	5 19	6 21
15	Tu	♏						6 15	5 18	7 10
16	We	♏						6 16	5 16	8 06
17	Th	♏	Con-					6 17	5 14	9 08
18	Fr	♏	tinues					6 18	5 12	10 13
19	Sa	♏	cool.					6 19	5 10	11 19
20	Su	♏						6 21	5 09	a.m.
21	Mo	♏						6 23	5 08	0 24
22	Tu	♏	Quite					6 24	5 06	1 26
23	We	♏	cold.					6 25	5 04	2 28
24	Th	♏						6 26	5 02	3 30
25	Fr	♏						6 28	5 00	4 32
26	Sa	♏	Moder-					6 29	4 59	5 35
27	Su	♏	ating					6 30	4 58	6 40
28	Mo	♏	with					6 32	4 56	sets
29	Tu	♏	some					6 33	4 54	p.m.
30	We	♏	rain.					6 35	4 52	6 28
31	Th	♏						6 36	4 51	7 24

Clear Your Nostrils Breathe Easily Again!

- Is your nose blocked?
- Is it hard to breathe freely?
- Are your nostrils clogged?
- Does thick phlegm stick in your throat?
- Is your sense of taste and smell diminishing?
- Do you expectorate mucus?
- Have you a pain over the eyes?

These are symptoms of insidious Catarrh. This disease starts from a simple cold and may develop into a serious illness if not checked.

You can banish Catarrh, destroy its germs and regain your health quickly. To do this, use healing Catarrh-o-zone. The antiseptic vapour of Catarrh-o-zone brings amazing relief in a few minutes.

Why not use Catarrh-o-zone for five minutes every hour and get your breathing organs into good condition again? You relieve congestion and prevent the gathering of poisonous mucus by breathing Catarrh-o-zone.

No more spells of sneezing or coughing. No more difficulty in breathing. No more pain in the forehead or over the eyes. Your appetite will improve. Head noises will disappear. Buzzing ears will cease to torment you. Catarrhal deafness will be corrected.

To have happy and healthy freedom from Catarrh, Bronchitis, Coughs and Colds, use Catarrh-o-zone. Sprinkle it on your handkerchief, or use it through the Inhaler. The Dollar size is sufficient for two months' use.

Make Your
Handkerchief
into a

Vapor-Pocket

End Your Misery
in an Easy Way

HEAD COLDS



CATARRHOZONE

REACHES THE
HIDDEN AIR PASSAGES

NOVEMBER, 1935

Day of Month	Day of Week	Zodiac Signs	Weather Probs.	MOON'S PHASES			All Time Based on Eastern Standard Time				
				☾ First Quarter....	D.	H.	M.	Sun		Moon	
					☽ Full Moon.....	10	9	42 a.m.	Rises	Sets	Sets
					☾ Last Quarter....	17	7	35 p.m.	H.M.	H.M.	H.M.
☾ New Moon.....	25	9	35 p.m.								
1	Fr	♈					6 37	4 49	p.m.		
2	Sa	♈	Showers.				6 38	4 48	9 40		
3	Su	♈		Twentieth Sunday after Trinity.....			6 39	4 47	10 55		
4	Mo	♈					6 41	4 46	a.m.		
5	Tu	♈	Change- able				6 42	4 45	0 02		
6	We	♈					6 43	4 43	1 24		
7	Th	♈	but				6 45	4 42	2 46		
8	Fr	♈					6 46	4 40	4 03		
9	Sa	♈	most fair.				6 48	4 40	5 23		
10	Su	♈		Twenty-First Sunday after Trinity.....			6 49	4 39	6 44		
11	Mo	♈		Armistice Day.....			6 50	4 37	rises		
12	Tu	♈					6 52	4 36	p.m.		
13	We	♈	Colder				6 53	4 35	6 52		
14	Th	♈	with				6 54	4 34	7 58		
15	Fr	♈					6 56	4 33	9 05		
16	Sa	♈	snow or				6 57	4 31	10 11		
17	Su	♈	rain.	Twenty-Second Sunday after Trinity.....			6 59	4 30	11 15		
18	Mo	♈					7 00	4 29	a.m.		
19	Tu	♈					7 02	4 28	0 18		
20	We	♈					7 03	4 27	1 19		
21	Th	♈					7 04	4 26	2 21		
22	Fr	♈	Con-				7 06	4 25	3 23		
23	Sa	♈	tinues keen				7 07	4 25	4 28		
24	Su	♈	and	Twenty-Third Sunday after Trinity.....			7 09	4 25	5 33		
25	Mo	♈					7 10	4 24	6 39		
26	Tu	♈	snowy				7 11	4 23	sets		
27	We	♈					7 12	4 22	p.m.		
28	Th	♈	to				7 13	4 22	6 22		
29	Fr	♈					7 14	4 21	7 32		
30	Sa	♈	end. St. Andrew.....				7 15	4 21	8 46		

Are You Diseased By Dangerous Catarrh?

Physicians Say the Following
Symptoms are Among the
Signs of Dangerous Catarrh

Eyes red and watery?
Difficulty in breathing?
Are nostrils stuffy?
Do you sneeze frequently?
Is your throat hoarse?
Do you not spit phlegm?
Oppression in the chest?
A ringing in the ears?

ARE YOU A VICTIM?

The quick, *sure* relief which the public is now securing from Catarrh-o-zone is making this good remedy quite famous. Catarrh-o-zone is healing, soothing, and most effective for bronchitis, catarrh, nose and throat troubles.

Miss Madelaine Francoeur, St. Pascal, writes:—"I had a very heavy 'grippy' cold which was followed by a loss of voice, so I tried the famous remedy Catarrh-o-zone. I was almost immediately relieved, and was soon entirely rid of my ailment. I counsel all others with colds and coughs to follow my advice and use Catarrh-o-zone."

Miss Francois Savard, of
L'Orniere, Quebec, gives the
following testimony:



"After having tried many remedies which did me no good, I used Catarrh-o-zone. I had a bad cold, a constant headache, and was unable to do my work. I believed I had Catarrh, but it was simply a very bad cold. One bottle was sufficient to completely restore me to health. I am enchanted with Catarrh-o-zone which I have recommended to my parents and my friends.

(Signed) Francois Savard,
Daughter of Mr. Odina Savard.

CATARRHOZONE GAVE QUICK RELIEF"

A Direct, Breathable Remedy

DECEMBER, 1935

Day of Month	Day of Week	Zodiac Signs	Weather Probs.	MOON'S PHASES			All Time Based on Eastern Standard Time			
				☾ First Quarter	D. 3	H. 2	M. 28 a.m.	Sun		Moon
								☽ Full Moon	9	10
☾ Last Quarter	17	4	57 p.m.	H.M.	H.M.	H.M.				
				☽ New Moon	25	12	49 p.m.			
1	Su	♄						First Sunday in Advent	7 16	4 20
2	Mo	♄	Month	7 18	4 20	11 16			
3	Tu	♄	opens	7 19	4 20	a.m.			
4	We	♄		7 20	4 20	0 30			
5	Th	♄	cold	7 22	4 19	1 46			
6	Fr	♄	and	7 23	4 19	3 03			
7	Sa	♄	dry.	7 24	4 19	4 21			
8	Su	♄		Second Sunday in Advent	7 25	4 19	5 37			
9	Mo	♄		7 26	4 19	6 50			
10	Tu	♄	Change-	7 27	4 18	rises			
11	We	♄	able	7 27	4 18	p.m.			
12	Th	♄		7 28	4 18	6 46			
13	Fr	♄	with	7 29	4 18	7 54			
14	Sa	♄	snow	7 30	4 18	9 00			
15	Su	♄	or	Third Sunday in Advent	7 31	4 19	10 04			
16	Mo	♄		7 31	4 19	11 08			
17	Tu	♄	rain.	7 32	4 19	a.m.			
18	We	♄		7 32	4 20	0 08			
19	Th	♄		7 33	4 20	1 10			
20	Fr	♄	Very	7 33	4 20	2 13			
21	Sa	♄	cold	7 34	4 21	3 17			
22	Su	♄	followed	Fourth Sunday in Advent	7 35	4 21	4 23			
23	Mo	♄		7 35	4 22	5 28			
24	Tu	♄	by	7 36	4 22	6 31			
25	We	♄		Christmas Day	7 36	4 23	7 27			
26	Th	♄	snow.	7 37	4 23	sets			
27	Fr	♄		7 37	4 24	p.m.			
28	Sa	♄		7 37	4 24	7 49			
29	Su	♄	Moder-	Sunday after Christmas	7 38	4 25	9 05			
30	Mo	♄	ating.	7 38	4 26	10 21			
31	Tu	♄		7 38	4 27	11 36			

Damp, Foggy Air Brings on Catarrh

If It Gets Into the Ears It Causes
Partial Deafness

HOW TO OBTAIN RELIEF

Many a person asks this question—How am I to know if I have Catarrh? The answer is simple. Look for the following symptoms.

Do you continue to catch one cold after another? Are your eyes blood-shot or do they run water? Do you spit up a mass of greenish yellow mucus? Have you headache, bad breath, poor digestion and buzzing ear noises? If these are your symptoms you are quite likely to have Catarrh.

HOW TO END CATARRH QUICKLY

Follow the experience of others who have suffered badly and are now well, thanks to having used Catarrh-o-zone.

Mrs. Jos. Beaupre, 114 Avenue Lamontagne, Quebec, writes:—"My little son had a very bad cold in the head, and he suffered so much that I really feared serious complications. However, I had already used Catarrh-o-zone myself with excellent results, so I didn't hesitate to treat my boy with Catarrh-o-zone. The effect of Catarrh-o-zone was just splendid and I don't hesitate to recommend Catarrh-o-zone to the whole world."

CATARRHOZONE
GOES TO THE ROOT OF THE COLD INSTANTLY

Mrs. Delias Renaud of St. Joachim,
Que., suffered from:

**OBSTRUCTED NOSTRILS
HEADACHES
PAIN OVER THE EYES**



"I have used Catarrhozone for a bad head-cold which gave me headaches and pain over the eyes. I felt very miserable. I placed a few drops of Catarrhozone on my nostrils, and breathed the vapour. I was immediately relieved. Catarrhozone cleared my nostrils which were obstructed, and I was immediately relieved of headache. Being completely restored by Catarrhozone I recommend this remedy to those who have colds, headache, sore throat.

(Signed) Mrs. Delias Renaud,
St. Joachim, Montmorency.

**CATARRHOZONE
GAVE QUICK RELIEF"**

A Direct, Breathable Remedy

"To Instantly
Relieve
A SNIFFLING COLD
I use
CATARRHOZONE"

Miss Marie J. Jobin
Loretteville-
Que.



CATARRHOZONE
Checks Sneezing Instantly

"MY THROAT
IRRITATION
was relieved
QUICKLY
with
CATARRHOZONE"

Miss Rachel Jackson
Cap Sante
Que.



CATARRHOZONE
Stops Your Headache

4 Out of 5 People Have Catarrh

A SERIOUS COMPLAINT BECAUSE
ITS DANGER IS OFTEN
UNSUSPECTED

Catarrh is a disease of the mucous membrane. The first symptom is usually a simple cold. Sometimes it starts in the throat, but more often in the nostrils. If unchecked, Catarrh quickly spreads through all the breathing organs.

If you want to get rid of Catarrh, use Catarrh-o-zone which quickly kills the germs that cause the trouble. Thousands testify to the healing power of Catarrh-o-zone. Read the following:

SPLENDID REMEDY FOR COLDS

Mr. Edmond Therrien of Beaurivage, Que., writes:—"I have Catarrh-o-zone for sale in my store. I have used it myself and have obtained entire satisfaction from the use of Catarrh-o-zone."

BANISHMENT FOR EVERY COLD

Mrs. Cyrias Pare, 91 St. Faye St., Quebec, writes:—"I am glad to praise the merit of Catarrh-o-zone, having experienced a complete stoppage in the nostrils. With the first trial of Catarrh-o-zone I got genuine relief. I am pleased to inform my friends that Catarrh-o-zone is an efficient remedy for colds—in fact, a banishment of every cold when Catarrh-o-zone is used."

CATARRHOZONE
GOES TO THE ROOT OF THE COLD INSTANTLY

Cold in Head Was Soon Ended

THIS ENTIRE FAMILY TREAT
THEIR COLDS WITH
CATARRH-O-ZONE

"I am the mother of a small boy six years old, who suffered from a very bad cold in the

**A Real Child's Remedy
The Kiddies Like
CATARRHOZONE**



Picture of
MASTER PAQUET
Young son of Mrs. Salomon
Paquet, 108 St. Francois,
Quebec, Que.

head. In our family we knew a good deal about Catarrh-o-zone because my father had used it with success. My young son used Catarrh-o-zone and derived immediate results, and after having breathed Catarrhozone

through the inhaler was completely rid of his cold. Our family, therefore is able to give a strong testimonial for Catarrh-o-zone."

(Signed) *Mrs. Salomon Paquette,*
108 St. Francois St., Quebec.

Roaring Ear Noises Can Be Stopped

QUICK RESULTS FROM THE NEW
MEDICATED AIR TREATMENT,
CATARRH-O-ZONE

If troubled with hissing noises in the ears, if your head buzzes and aches, you probably have Catarrh. Why not use Catarrh-o-zone? It has conquered hundreds of cases of Catarrhal Deafness, has completely cleared up head noises and troublesome ears.

Put a few drops of Catarrh-o-zone on your folded handkerchief, hold it close to your nose, and breathe in the healing vapour. The Catarrhal inflammation that causes the head-noises will quickly disappear after you breathe the healing Catarrh-o-zone.

For buzzing ears, use Catarrh-o-zone and get instant relief.

NO MORE PAIN IN THE HEAD

The Healing Vapour of Catarrh-o-zone
Restored Long Sufferer to Good Health

Mrs. Yvonne Paquet who resides at No. 3 Richardson St., Quebec City, states:—

"I am writing in order to give a good report on the benefits of Catarrh-o-zone; it relieved me so much. I had headache for several years. I decided to use Catarrh-o-zone, and it did me a lot of good. I have no more pains. I am completely recovered, thanks to Catarrh-o-zone."

Breathe the vapor of
CATARRHOZONE

COLDS COUGHS SORE THROAT



Just Breathe

CATARRHOZONE

It Is *Best* for Coughs, Colds

Catarrhozone has been prescribed by doctors for 35 years . . . It acts quickly!

La Grippe Was Epidemic Many Families Suffered

Last winter at St. Gregoire de Montmorency there was quite an epidemic of Grippe and Colds. Many families used Catarrh-o-zone with great success. Mr. Ludger Gauthier has written telling of his perfect recovery through using Catarrh-o-zone, which gave quick relief and enabled him to shake off a nasty grippy cold.

LONG STANDING COLD WAS QUICKLY ENDED

Mrs. Ludger M. Deschenes of St. Jean Deschaillons, Que., writes:—"I am very glad to have taken notice of your indispensable remedy Catarrh-o-zone. Really I appreciate the merit of Catarrh-o-zone which has done me a lot of good. I had a bad cold for one month, but now I am completely well—thanks only to Catarrh-o-zone. I advise all mothers to use this precious remedy if colds arise in the family."

To quiet a hacking cough, to clear discharges out of the nostrils, use Catarrh-o-zone Inhaler. To strengthen a weak throat and end catarrhal headache, you will find Catarrh-o-zone most efficient. All dealers sell Catarrh-o-zone. The dollar package lasts two months, smaller size 50c.

CATARRHOZONE

It is *Best* for Coughs, Colds

How to Stop Children's Colds

Mrs. Adjutor Jackson of Cap Sante
Gives Other Mothers Good Advice

LITTLE BOY MADE QUICK RECOVERY

"I would like as many mothers as possible to know how useful Catarrh-o-zone is in stopping children's colds. We would not think of being without Catarrh-o-zone in our home. Last winter my little son caught a very bad cold. His eyes were running, his

head ached, he was sneezing and coughing and felt very miserable. He did not want to take any medicine, but owing to the nice perfume contained in Catarrh-o-zone my little boy seemed quite willing to breathe the pleasant vapour of Catarrh-o-zone and it was no trouble to him to use this wonderful

Little Children Like
CATARRHOZONE
It's Pleasant



MASTER JACKSON
Son of Mrs. Adjutor Jackson,
Cap Sante, Que.

remedy. At night I sprinkled a few drops of Catarrh-o-zone on his pillow and was astonished to find out how quickly Catarrh-o-zone drove out the cold. I use Catarrh-o-zone myself for coughs, cold, and sore throat and can recommend it as a medicine that will clear up these conditions more quickly than anything else I know of."

BREATHE YOUR COLD AWAY



CATARRHOZONE

Clears the Air Passages
Ends the Cold Quickly

Two Children Ill Had Whooping Cough Nostrils were Blocked

Read the remarkable testimony that comes from a well-known resident of St. Jean, Mrs. Joseph Gosselin

"This winter, my little girl and my baby had the whooping cough. The passages of their noses were blocked, and their heads ached. Several times a day, they inhaled Catarrh-o-zone, and at night I sprinkled a few drops on their pillows. I obtained very good results, and their breathing organs cleared up very rapidly.

I, too, had a cold in the head, and a sore throat and after using your good remedy, and inhaling often the nice vapour of Catarrh-o-zone, I was well in two days' time."

Madame Jos. Gosselin,
St. Jean, Co. Montmorency, Que.



MRS. JOSEPH GOSSELIN
St. Jean, Montmorency

She Had Asthma Bad Throat Distress

After great suffering was made entirely well by using Catarrh-o-zone

Dear Sirs:—

"I was suffering from Asthma and from a weakness in the throat, and could find no benefit in the medicines which I used. I was really discouraged, when a friend of mine so much insisted on me using Catarrh-o-zone that I bought a bottle and breathed its vapour for five minutes every hour. From the first day I was relieved. I did not cough any more. The Asthma was much better. The weakness in my throat was gone. Now I am completely well.

(Miss) Bertha Picard.
Quebec City.

P.S.—I am sending herewith my photograph.

THE VAPOUR of CATARRHOZONE
Goes direct to the LUNGS

Victim of Asthma
made well with
CATARRHOZONE



MISS BERTHA PICARD
42 Bedard St.
Quebec

Stop Coughing—In 10 Minutes!

A cough may be Catarrhal with a dry tickling in the throat, or it may be accompanied by partial stoppage of the nostrils and shortage of breath. Often there is a gagging in the throat, and every cough hurts you.

Coughs have a hundred different causes. Yours may be due to any of the following:—

ASTHMA

EXPOSURE

ENLARGED TONSILS

INFLAMMATION

STOMACH DISORDERS

INFLAMED THROAT

BRONCHITIS

PNEUMONIA

CROUP

PLEURISY

One remedy upon which you can rely for instant relief is **CATARRH-O-ZONE**. It's simply wonderful to think how quickly a Sore Throat or Catarrh can be helped with **Catarrh-o-zone**. Its healing vapour is carried along with the breath to the innermost recesses of the lungs, bronchial tubes and chest, making it impossible for the germ of Catarrh to live. Thus, soreness in the chest is at once alleviated—phlegm is loosened and ejected from the throat—old standing coughs are removed. No stomach medicine to take, and relief comes quickly!

Remember this—just breathe **CATARRH-O-ZONE**, and it will alleviate Throat Hoarseness, Catarrh, Bronchitis, Buzzing Ears and frequent recurring colds. The dollar package of **Catarrh-o-zone** is economical, and lasts two months. Smaller package 50c. Sold by druggists, mail order houses, department stores, and by storekeepers generally where medicines are sold. If your dealer cannot supply you, forward your order and remittance to

THE CATARRH-O-ZONE CO.

651 Notre Dame St. West, Montreal, Canada

A Prominent Social Leader Says:

*"Colds, Sore Throat and Bronchitis
never bother me—I use **CATARRHOZONE**"*



CATARRHOZONE

Just Breathe It! Colds Disappear

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