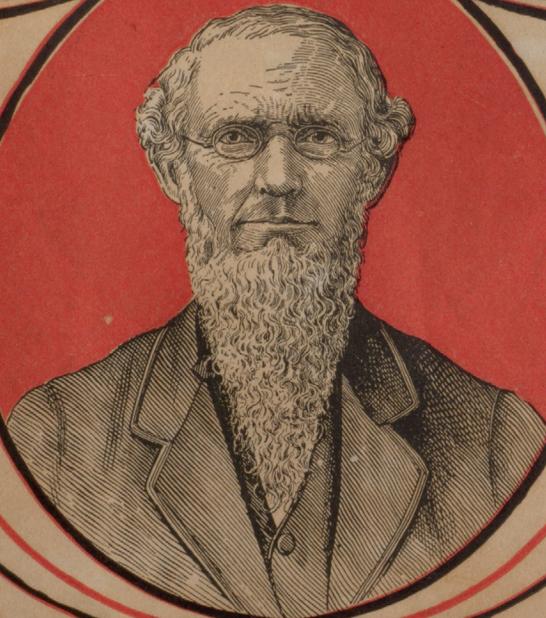


DR. A. W. CHASE'S
CALENDAR
ALMANAC
1904



INTRODUCTION.

NO care or expense has been spared to make this almanac the most valuable and most useful year book ever presented to the people of Canada. The name of Dr. Chase, both as author and physician, has always stood for what is reliable, helpful and indispensable in the home, and no exception is made in this case. We have tried to make this book so useful to you that you will hang it in a convenient place for daily reference and welcome to your home each new edition as it is issued from year to year.

The Diary Calendar.

The special feature of this almanac which makes it of more value to you than any similar book published in this country is the DIARY CALENDARS. These are so arranged that you can make a note of any special event or important business transaction opposite the day and date of each month. With little effort you can keep a record of promissory notes, of when money is paid or received, of the time of planting, of hiring help, of notable purchases, of births or any domestic or other event that might prove of interest in time to come.

Most people have at one time or another realized the immense importance of such a record and if you have never kept one there could not be a better time to begin than the present. By keeping this Calendar Almanac in a handy place where you will see it every day you will not forget to make the entries which will prove so valuable to you at some future date.

The Weather Forecast.

The Moon's Phases, the times of the rising and setting of the sun and moon, the Signs of the Zodiac and the Forecast of the Weather have all been especially

prepared for this book by the officials of the Dominion Observatory and are therefore perfectly reliable. This alone has entailed great expense, but we have no doubt that the advantages this gives over the ordinary almanac will be appreciated by you.

Medical Information.

We believe that you will find this department equally, if not more interesting and useful, than those already referred to, for it is replete with knowledge regarding symptoms of disease and methods of treatment which are bound to prove useful in every household. By his great medical skill, long experience as a physician and sterling integrity of character, Dr. Chase has endeared himself to the people of this continent, and his celebrated family medicines have again and again proven their right to your confidence.

The People's Letters.

The letters quoted here are for the benefit of persons who are not already familiar with the virtues of these great prescriptions of Dr. Chase. The originals are on file in these offices and open for the inspection of any who are interested. We only wish you could spend an hour looking over the heartfelt letters of gratitude which we receive from day to day. If you are skeptical now regarding the virtues of any of Dr. Chase's Remedies, your skepticism would soon be put to flight.

Free Samples.

On pages 32 and 40 you will find coupons which entitle you to a free trial of Dr. Chase's Backache Plasters and Dr. Chase's Ointment.

1904

Golden Number	5	Dominical Letters	C. B.
Epact	13	Roman Indiction	2
Solar Cycle	9	Julian Period	6,617

FIXED AND MOVABLE FESTIVALS, ETC.

*New Year's Day	January	1	Rogation Sunday	May	8
Epiphany	"	6	Ascension Day, Holy Thursday	"	12
Accession of King Edward VII.	"	22	Pentecost, Whit Sunday	"	22
Proclamation	"	24	*Victoria Day	"	24
Septuagesima Sunday	"	31	Trinity Sunday	"	29
Sexagesima Sunday	February	7	Corpus Christi	June	2
Quinquagesima, Shrove Sunday	"	14	Birth of Prince of Wales	"	3
Ash Wednesday	"	17	St. John Baptist—Midsummer	"	24
Quadragesima, 1st Sunday in Lent	"	21	St. Peter and St. Paul	"	29
St. David	March	1	*Dominion Day	July	1
St. Patrick	"	17	*Labor Day	September	5
Annunciation, Lady Day	"	25	St. Michael, Michaelmas	"	29
Palm Sunday	"	27	Birth of King Edward VII.	November	9
*Good Friday	April	1	First Sunday in Advent	"	27
Easter Sunday	"	3	St. Andrew	"	30
*Easter Monday	"	4	Conception Day	December	8
Low Sunday	"	10	St. Thomas	"	21
St. George	"	23	*Christmas Day (Sunday)	"	25

*Bank Holidays.

The year 5665 of the Jewish Era commences at sunset September 9th, 1904.
 The year 1322 of the Mohammedan Era commences March 18th, 1904.
 The 4th year of King Edwards reign commences January 22nd, 1904.
 The 129th year of the Independence of the United States commences July 4th, 1904.

ECLIPSES.

In the year 1904 there will be two Eclipses, both of the Sun.
 I. An annular eclipse of the Sun March 17th, 1904, visible only in the Pacific and Indian Oceans.
 II. A total eclipse of the Sun September 9th, 1904. The path of the total eclipse is confined to the Pacific Ocean.

THE SEASONS.

Sun enters Aries—Spring begins	March	20th, 8 p.m.	
Sun enters Cancer—Summer begins	June	21st, 4 p.m.	Eastern
Sun enters Libra—Autumn begins	September	23rd, 7 a.m.	Standard time.
Sun enters Capricornus—Winter begins	December	22nd, 1 a.m.	

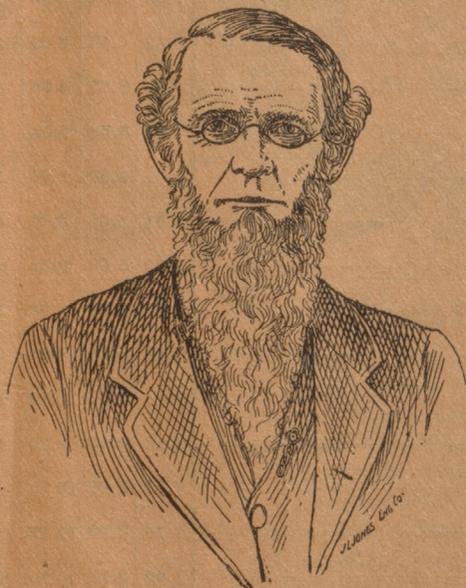
MORNING AND EVENING STARS.

VENUS will be a Morning Star to July 8th, afterwards Evening Star.
 MARS will be an Evening Star to May 30th, afterwards Morning Star.
 JUPITER will be an Evening Star to March 27th, a Morning Star to October 18th, afterwards an Evening Star.
 SATURN will be an Evening Star to February 1st, a Morning Star to August 10th, afterwards an Evening Star.
 MERCURY will be at its greatest W. Elongation on February 10th, June 8th, and October 1st, and at its greatest E. Elongation January 1st, April 21st, August 19th and December 13th.
 The Satellites of JUPITER are invisible from March 1st to April 23rd.
 Standard Time is used in this Calendar.

The Life Story of Dr. A. W. Chase

THE FAMOUS PHYSICIAN AND RECEIPT BOOK AUTHOR—HIS EXTRAORDINARY SUCCESS AS A HEALER OF THE SICK.

"The greatest good to the greatest number," is a motto which Dr. A. W. Chase kept before him throughout life, and in spite of strenuous opposition from fellow practitioners who desired, for the sake of greater financial gain, to keep the practice of medicine shrouded in mystery, he introduced his favorite prescriptions to the general public and published his now world famous Receipt Book in order that all may read and learn the nature and cause of their ailments and apply the most effective treatment.



Respectfully
A. W. Chase, M.D.

The success which has crowned the efforts of Dr. Chase to alleviate the sufferings of humanity has been most extraordinary. His name is now spoken with reverence in hundreds and thousands of

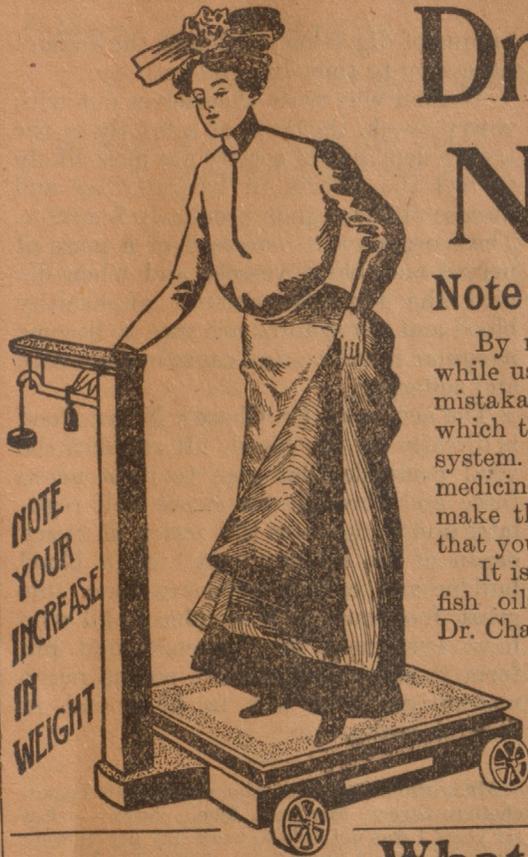
homes. His Receipt Book remains to-day the most useful household work that was ever published and has a circulation second only to that of the Bible. His great Family Remedies have won the confidence of the people the world over, and have established a record of cures that is unparalleled in the history of medicine.

Gifted with unusual mental capacity, Dr. Chase made the best of his time and opportunities by graduating from the two leading medical schools of America, the Eclectic College of Medicine, at Cincinnati, Ohio, and the University of Michigan, Ann Arbor. In the last named city he set up to practice his chosen profession and soon established an enviable reputation as an unusually successful and conscientious physician. In a few years he became known far beyond the bounds of his native state, and it was in response to appeals from friends and patients in various parts of the United States and Canada that the doctor first consented to prepare for sale some of his most successful prescriptions.

It would be difficult to imagine a more useful life than that of Dr. Chase. In this little book will be found a few tributes to his skill and ability in the treatment of disease. They seem to illustrate the fact that people in all walks of life appreciate the superior value of Dr. Chase's Remedies and do not hesitate to recommend them to their friends and neighbors. Those who know Dr. Chase personally or through his famous Receipt Book realize that he put the energy and devotion of a life time into the perfecting of this medical work and his favorite prescriptions, in order that all humanity might obtain, at small cost, relief and cure for the ills that befall the race.

Dr. Chase's Nerve Food

Note Your Increase in Weight.



By making a note of your increase in weight while using Dr. Chase's Nerve Food you have unmistakable evidence of the upbuilding influence which this great food cure is having on the whole system. This is the most severe test to which any medicine was ever put and yet we invite you to make this test well knowing from past experience that you will be more than pleased with the results.

It is possible, of course, to add fat by means of fish oils, but the tissues created by the use of Dr. Chase's Nerve Food are firm and natural. The blood is thoroughly enriched and the nerve force replenished. Pallor and weakness give place to healthful complexion and strength of mind and body. Languor and discouragement are driven out to make way for new vigor, hope and confidence.

What it will Cure.

Dr. Chase's Nerve Food is prepared in condensed pill form, and is composed of the very elements Nature has provided for enriching the blood, restoring the nerves, and filling the body with new vigor and vitality. Through the circulation of the blood and the nervous system Dr. Chase's Nerve Food reaches every organ of the body, and positively cures the following diseases and symptoms of disease:—

Nervous Exhaustion and Prostration, Nervous Headache and Dyspepsia, Brain Fag, Pale, Sallow Complexion, Cold Hands and Feet, Swelling of the Feet and Legs, Dark Circles under the Eyes, Palpitation of the Heart, Shortness of Breath, Dizziness and Fainting Spells, Partial Paralysis, Locomotor Ataxia, Spinal Weakness,

Rickets, St. Vitus' Dance, Epilepsy, Irregularities and Weaknesses peculiar to Women, Painful, Suppressed or Profuse Menstruation, Leucorrhœa, or "Whites," Chlorosis or "Green Sickness," General Debility and Loss of Vital Forces, Lack of Energy, Ambition and Appetite, and all the distressing accompaniments of exhausted nerves and thin, watery blood. For pale, weak, nervous men, women or children, whether made so by disease, overwork, or bad habits, Dr. Chase's Nerve Food is a restorative of inestimable value. It fills the shriveled arteries with rich, red, life-sustaining blood, forms new healthy tissues, increases the weight and restores color to the cheeks of the pale, weak and emaciated.

The Workings of the Nervous System.

The Extraordinary Power of Dr. Chase's Nerve Food in Forming New Blood and Creating New Nerve Force.

It is the peculiar mission of the nerve cells to take up from the blood stream certain nourishment which they in turn convert into nerve force, that subtle power which regulates and controls the organs of the body and enables man to live, move and have his being.

The nerve cells emptied by the activities of the brain or bodily organs must be replenished from the blood tide and hence the inseparable connection between blood and nerves and the inestimable importance of keeping the blood rich and pure.

In this age of advanced thought and keen rivalry in business, professional and social life, the nerve cells of the brain are emptied at an enormous rate. Civilized man, storing his memory with scientific knowledge or the details of business and the carrying out of intricate plans and lofty ambitions, demands that an excessive amount of blood rush to the brain to supply the cells with the all-important nerve force.

By an over exertion of the mental faculties, by worry, by unusual emotions and by disease, nerve force is wasted in such abnormal quantities that nature unassisted is incapable of making good the drain, and day by day the nervous system is undermined until nervous collapse, prostration or paralysis are inevitable.

The effect of nerve waste and nerve exhaustion may make itself apparent in a hundred different ways. With business and professional men it is very likely to take the form of NERVOUS DYSPEPSIA. Because of the enormous quantity of blood that is required to sustain the nerve cells of the brain, the stomach and other

organs of digestion are denied the amount necessary to their life and activity.

Women who wear themselves out with worry, work, the cares of a family or the trying demands of society are most likely to feel the effects in irregularities and disease of the organs peculiarly feminine. These organs are composed of a mass of nerves and blood vessels, and when denied the requisite amount of healthy blood and nerve force are sure to become irregular in action and cause endless pain and suffering.

The action of Dr. Chase's Nerve Food is directly on the blood. It supplies the vital principle that goes to form nerve force and through the nerve cell regulates and invigorates the action of every organ of the human body. As a blood builder and creator of nerve force this great food cure is a wonder to all who have ever used it. In condensed pill form it contains the most potent nerve restoratives that are to be found in nature's realm.

MR. SIMON CLOUTIER, shoemaker, 110 Lagouchetiere Street, Montreal, Que., states:—"For six years I was not able to work, my nerves were all unstrung and my digestion bad. I had severe



MR. CLOUTIER.

attacks of headache, could not sleep, and suffered with shooting pains in the small of my back. I was in four hospitals but the doctors could not cure me. They said I would never be well again. In spite of their decision I began the use of Dr. Chase's Nerve Food some months ago, and I am convinced that I owe my life to this medicine. I have now been at work for over two weeks, and believe that my health has been fully restored. It is a pleasure for me to add my testimony to the hosts of other from persons who have been cured by this wonderful medicine."

SIGNS of the Times: In a Montana hotel there is a notice which reads: "Boarders taken by the day, week or month. Those who do not pay promptly will be taken by the neck."

“How Many Boxes Will Cure Me?”

Is What Many People Ask About
Dr. Chase's Nerve Food.

It is impossible to answer this question directly because this food cure is entirely different to ordinary medicines. Instead of acting as a stimulant to whip up the nerves to unwilling action it gradually and naturally put new life and richness into the blood and new vitality into the nervous system. It works with nature and slowly but surely and certainly restores wasted vigor and strength.

One of the most extraordinary cures referred to in this book is that of Mrs. John Myles, Sr., of South Woodslee, Ont., who states in her letter that she used forty boxes of Dr. Chase's Nerve Food. Not many require such a long treatment, but on the other hand you should not make the mistake of expecting two or three boxes to cure a severe case of nervous disease.

After using this preparation for a week or two the wasting process is stopped and by occasionally noting your increase in weight you will be encouraged to continue Dr. Chase's Nerve Food regularly and persistently until cured. The cures it effects are not only thorough but lasting.

Too Nervous to Sleep.

MRS. S. THOMPSON, 240 Munro St., Toronto, Ont., states:—“I was very much run down in health, and whenever I exerted myself more than usual I had severe attacks of splitting headache, and was very nervous, so much so that I could not rest well at nights. After using Dr. Chase's Nerve Food I found that my nerves were steadier, I could rest and sleep better than I had for a long time, and was entirely free of headaches. I can speak very highly of this preparation for nervous trouble.



MRS. THOMPSON.

I can speak very highly of this preparation for nervous trouble.

A Mere Skeleton of Skin and Bone.

Nervous, Irritable and Weak, Had Heart Palpitation and Suffered Dreadful Pains.

MRS. R. W. EDWARDS, 33 Murray St., Brantford, Ont., writes:—“For five years I suffered from nervous headaches, nervous dyspepsia and exhaustion. The pains in my head would



MRS. EDWARDS.

at times almost drive me crazy. I could not sleep nights, but would walk the floor in agony until I fell exhausted and unconscious, and my husband would have to carry me back to bed.

“Sometimes I could take no food for four days at a time, and experienced terrible gnawing sensations in the stomach, had bad taste in the mouth and coated tongue. I was pale, nervous, irritable, easily exhausted, was reduced to a mere skeleton of skin and bone, and my heart would palpitate as though it was about to stop beating. My greatest suffering was caused by the dreadful pains in my head, neck, and back, and all this was in spite of the best efforts of three leading doctors of this city.

“For the past nine months I have used Dr. Chase's Nerve Food, and for a considerable time I have not experienced a headache, or any of the symptoms mentioned above. From a mere skeleton this medicine has built me up in flesh and weight, until now I am strong and well, do my own housework, walk out for two hours without feeling tired, and am thoroughly restored to health.”

Nervous, Sick Headache.

MRS. J. McLEOD, Chestnut Street, Charlotte-town, P.E.I., states:—“For some time I have been troubled with attacks of nervous sick headache which were accompanied by indigestion. I began using Dr. Chase's Nerve Food some time ago and have been greatly benefitted by it. My digestion has been improved, the headaches have disappeared and I have gained in flesh and weight. I consider Dr. Chase's Nerve Food a splendid health builder.”



MRS. McLEOD.

a splendid health builder.”

DAY OF MONTH.	DAY OF WEEK.	ZODICAL SIGNS.	WEATHER FORECAST.	Moon's Phases—Ontario.		Mar. Prov.		Ont., Que. and Mar. Provinces.				
				d. h. m.	d. h. m.	d. h. m.	d. h. m.	Sun Rises	Sun Sets	Moon Rises	Moon Rises	
				○ Full Moon.....	1 11 33 a.m.	1 0 33 p.m.						
				☾ Last Quarter...	8 4 58 a.m.	8 5 58 a.m.						
				● New Moon....	16 6 5 a.m.	16 7 5 a.m.						
				☽ First Quarter..	24 6 9 a.m.	24 7 9 a.m.						
1	Mo.							7.37	5.22	5.51	5.43	
2	Tu.		Cold					7.36	5.24	7.06	6.59	
3	We.		more					7.35	5.25	8.21	8.15	
4	Th.		severe					7.34	5.27	9.35	9.30	
5	Fr.		with					7.33	5.28	10.46	10.42	
6	Sa.		rain,					7.31	5.30	11.54	11.51	
7	Su.		changes					7.30	5.31	a.m.	a.m.	
8	Mo.		to					7.28	5.33	0.53	0.56	
9	Tu.		moderately					7.27	5.34	2.01	1.59	
10	We.		cold					7.26	5.36	2.58	2.57	
11	Th.							7.24	5.37	3.52	3.51	
12	Fr.							7.23	5.38	4.41	4.40	
13	Sa.		and					7.22	5.39	5.24	5.22	
14	Su.							7.20	5.41	6.02	6.00	
15	Mo.		continues					7.19	5.42	sets	sets	
16	Tu.		so					7.17	5.44	6.16	6.09	
17	We.		with					7.16	5.45	7.14	7.08	
18	Th.		light					7.14	5.46	8.11	8.06	
19	Fr.		falls					7.12	5.48	9.10	9.06	
20	Sa.		of					7.10	5.49	10.10	10.06	
21	Su.		snow					7.09	5.50	11.10	10.07	
22	Mo.							7.07	5.52	a.m.	a.m.	
23	Tu.							7.06	5.53	0.11	0.09	
24	We.		warm					7.04	5.55	1.12	1.10	
25	Th.		with					7.03	5.56	2.12	2.11	
26	Fr.							7.01	5.58	3.10	3.09	
27	Sa.		rain					6.59	5.59	4.06	4.05	
28	Su.		at					6.58	6.00	4.58	4.56	
29	Mo.		end.					6.56	6.01	5.45	5.42	

Paralysis and Locomotor Ataxia.

Are the Natural Results of Neglected
Nervous Disorders — The Up-to-
Date Treatment is Dr. Chase's
Nerve Food.

In this age of keen competition, when the struggle for life, for wealth or for position requires so much worry and over-exertion, it has become quite common to see about us the physical wrecks of persons whose nervous systems broke down under the strain. Some are partially paralyzed and have lost the use of certain parts of their bodies, which are little more than a dead mass to them. Others are victims of locomotor ataxia, and can no longer properly control their arms or legs. What a touching sight it is to see such persons going about among their fellows, an object of pity and a warning to all who do not look well to their health.

When you get nervous and irritable, suffer with headache and dyspepsia, have lost the usual energy and ambition, cannot sleep well at nights and feel tired and worn-out, you may know that your nerves are fast becoming exhausted, and that you are on the way which leads to nervous prostration, paralysis and locomotor ataxia.

The slightest indication of nervousness should be sufficient to arouse you to the importance of a prompt use of Dr. Chase's Nerve Food, the only nerve restorative that has been strongly endorsed by physicians and by scores of thousands of cured ones, many of whom were on the verge of nervous collapse. It is easy to delay treatment, but every day makes you so much weaker and makes recovery so much harder to bring about. The restorative action of Dr. Chase's Nerve Food puts a stop to the wasting of disease, and by the building up process makes gradual, thorough and permanent cures.

Legs and Arms Were Paralyzed.

Mr. Deal's Remarkable Recovery is a Striking Example of How Dr. Chase's Nerve Food is Curing Paralysis and Locomotor Ataxia.

MR. JAMES A. DEAL, Bridgewater, N. S., writes:—"About a year ago I suffered a stroke of paralysis, which left me in a very bad state of health. To add to my troubles, last winter I took la grippe, which completely exhausted my nervous system. I could scarcely walk or talk,



MR. DEAL.

my legs and arms were partially paralyzed, my blood did not circulate properly, and I could not do any work. In fact, I was so bad that the doctors gave me up and thought I could not live through the summer.

"I began the use of Dr. Chase's Nerve Food, and persevered in the treatment, until now I am at work again. The change in my condition has been most remarkable.

It is a surprise to everyone to know that I am able to be around again. My nervous system has been built up wonderfully by this remedy. I am able to rest well, my circulation is normal, and my general health good. My appetite is first class, and I have gained considerably in flesh."

SYMPTOMS THAT SHOULD WARN YOU

Headache.	Neuralgic pains.
Sparks before the eyes.	Buzzing in the ears.
Vertigo, faintness and dizziness.	
Inability to concentrate the mind.	
Irritable temper.	
Tendency to fear and anxiety.	
Sleeplessness.	Jerking of the limbs.
Grinding of the teeth during sleep.	
Despondency and gloom.	Absentmindedness.
Impairment of memory.	Hesitating speech.
Muscular weakness and trembling.	
Twitching of the muscles and nerves.	
Flushing and pallor of the face.	
Inability to stand exertion.	
Easily fatigued by mental work.	
Coldness in the limbs and body.	
Weak heart action.	
Palpitation of the heart.	

A Physical Wreck Unable to Work.

Was Given no Hope by Leading Physicians but Dr. Chase's Nerve Food Made Him Well.

MR. C. E. BRADT, 51 West Ave. N., Hamilton, Ont., writes:—"Three years ago I was a physical wreck, unable to work and of little use to myself or family. To-day I am strong and in better health than at any time since my birth. This change in my physical condition is, I believe, due to the use of Dr. Chase's Nerve Food. I was a sufferer from nervous trouble and general weakness, could not sleep, had no appetite and frequently endured severe neuralgic pains. Five city doctors pronounced my case hopeless, but in spite of this I am well and at work again. I used, in all, twenty-one boxes of Dr. Chase's Nerve Food, my weight increased from 135 to 153 lbs., and I am feeling splendid."



MR. BRADT.

MRS. DRINKWATER, 5 Water St., Galt, Ont., states:—"My great trouble has been with my nerves. I was very nervous, had twitching of the nerves, and could not get to sleep at night. I seemed quite worn out, and believing that I needed some medicine began to use Dr. Chase's Nerve Food. I can truthfully say that this preparation has proven surprisingly beneficial to me. It has strengthened and steadied my nerves, made me rest and sleep well, and in fact built up the system generally."

CAPT. WILLIAM HENNEBERY, 85 Lockman St., Halifax, N.S., states:—"Before I began using Dr. Chase's Nerve Food I was troubled a great deal with dizziness, nervousness and sick headache, which seemed to be caused from indigestion. Since using this preparation for a time, all these distressing symptoms have disappeared and I consider that I am entirely cured. I never used any medicine that seemed to build me up so thoroughly, and to-day I am in better health than I have been for several years."



CAPT. HENNEBERY.

"My Nerves Would Twitch and Jerk."

MISS LENA HIEBERT, Lowe Farm, Man., writes:—"I had suffered for two years with dizzy spells, pains in the back, cold hands and feet, nervousness, jerking of the limbs, sore tongue, soreness of arms and shoulders, and general exhaustion. About seven months ago I became so nervous that I could not rest or sleep, and could not do the least bit of work without suffering dreadfully from pains in the back. I could hardly walk, could eat very little, and felt that people were always watching my body twitch."

"I tried several medicines with little effect, and was a mere skeleton of skin and bone about to give up in despair when I heard about Dr. Chase's Nerve Food, and began using it. I have used in all fourteen boxes of this preparation, and it has built me up until I am now strong and well again. Dr. Chase's Nerve Food has done me a world of good, and I feel that I cannot recommend it too highly to persons who suffer as I have."

Neuralgic Pains.

MISS M. WATTS, dressmaker, 690 King Street, London, Ont., states:—"I suffered from neuralgic pains in my arms and was so bad that I had to give up work. I tried several medicines for my trouble but could not get any benefit. Hearing of Dr. Chase's Nerve Food I resolved to give it a thorough trial and can now say that I am more than pleased with the results which I have obtained. It seems to have built up my system and the neuralgia is entirely gone."



MISS WATTS.

Marriage Makes a Difference.

JACK—"There was a time when that girl was always in my thoughts."

DICK—"And now?"

JACK—"Now she is always in my pocketbook."

A BREWER was drowned in his vat; the coroner's jury gave a verdict: "Found floating on his watery bier."

"You want me to name the baby?"

"Yes, both of them."

"What, twins?" "Yes."

"Gee."

"Good idea! I'll name the other Whizz."

Patiently Cared for the Sick Until Her Health Broke Down.

For Months Mrs. Myles Lay a Helpless Sufferer from Nervous Prostration—Her Stomach Failed Her, She Could not Sleep and Gradually Grew Weaker and Weaker.

Mrs. John Myles, Sr., of South Woodslee, Essex Co., Ont., is well known throughout the surrounding country because of her work among the sick and suffering and it was on account of over exertion in this regard that her health broke down and she lay weak and helpless, a victim of nervous prostration. Doctors could not help her and she resolved to try Dr. Chase's Nerve Food. As a result she has been thoroughly restored and by recommending this treatment to others has been the means of bringing back health and happiness to many a weakened and discouraged sufferer from diseases of the nerves.



MRS. JOHN MYLES, SR.

MRS. MYLES, writes:—"When I began the use of Dr. Chase's Nerve Food I was confined to my bed with what the doctors said was nervous prostration. My stomach was very weak and I could not sleep at all for any length of time. Nervous chills and trembling would come over me at times and I seemed to be getting weaker and weaker all the time. There were also pains on top of the head which caused me much suffering and anxiety.

After using half a dozen boxes of Dr. Chase's Nerve Food I began to gain in weight and to feel stronger. Since then I have been gradually restored to health and in looking back can say that the improvement has been something wonderful. I used in all forty boxes of this preparation and feel it a duty as well as a privilege to recommend it to all who are suffering from nervous disorders. Several persons to whom I have described my case have used it and been cured and I am sure that I owe my present good health, if not life itself to Dr. Chase's Nerve Food."

There is no guess work about the action of Dr. Chase's Nerve Food. It is composed of the most potent reconstructive agents known to science and by its direct and natural influence on the blood and nerves is certain to prove beneficial to the person using it. In nearly every community in Canada there are cases similar to that of Mrs. Myles in which pale, weak, suffering women have been restored to health and vigor by the use of Dr. Chase's Nerve Food. If your blood is thin, if your nerves are weak, if the organs of your body are imperfectly performing their functions you can be certain that the use of Dr. Chase's Nerve Food will benefit you. You can prove this by noting your increase in weight while using it.

DAY OF MONTH.	DAY OF WEEK.	ZODICAL SIGNS.	WEATHER FORECAST.	March 1904				Moon's Phases—Ontario, Mar. Prov.				Ont., Que. and Mar. Provinces.					
				Full Moon	Last Quarter	New Moon	First Quarter	Full Moon	Last Quarter	New Moon	First Quarter	Sun Rises	Sun Sets	Moon Rises	Moon Sets		
1	Tu.													6.54	6.03	5.51	5.45
2	We.		Begins											6.52	6.04	7.07	7.02
3	Th.													6.51	6.06	8.21	8.17
4	Fr.		with											6.49	6.07	9.33	9.29
5	Sa.		some											6.47	6.08	10.43	10.40
6	Su.		rain,											6.46	6.10	11.48	11.46
7	Mo.													6.44	6.11	a.m.	a.m.
8	Tu.		colder											6.42	6.12	0.49	0.47
9	We.													6.40	6.13	1.44	1.43
10	Th.		with											6.39	6.15	2.35	2.34
11	Fr.													6.37	6.16	3.22	3.20
12	Sa.		some											6.36	6.15	4.02	4.00
13	Su.		zero											6.33	6.19	4.33	4.36
14	Mo.		weath- er											6.31	6.21	5.10	5.07
15	Tu.													6.29	6.22	5.41	5.38
16	We.		and											6.27	6.23	sets	sets
17	Th.													6.25	6.24	7.04	6.59
18	Fr.		light											6.23	6.25	8.02	7.58
19	Sa.													6.21	6.27	9.02	8.59
20	Su.		snow											6.19	6.28	10.05	10.02
21	Mo.													6.18	6.29	11.04	11.02
22	Tu.													6.16	6.31	a.m.	a.m.
23	We.		month											6.14	6.32	0.05	0.03
24	Th.													6.12	6.34	1.02	1.01
25	Fr.		ends											6.10	6.36	1.58	1.57
26	Sa.													6.08	6.37	2.50	2.48
27	Su.		warm'r											6.06	6.38	3.37	3.35
28	Mo.		with											6.04	6.40	4.19	4.16
29	Tu.		rain.											6.03	6.41	4.57	4.53
30	We.													6.01	6.42	5.34	5.29
31	Th.													5.59	6.43	6.09	6.03

Blood is Watery In the Spring.

It is Lacking the Essential, Life-Giving Principle which is Best Obtained by Using Dr. Chase's Nerve Food.

The tired, languid, and depressed feelings which come with spring are the outward indication of the weakened condition of the blood and the low state of vitality.

When the blood gets thin and watery the waste of the human body is more rapid than the process of reconstruction. Gradually the action of the heart grows weaker and weaker, the lungs do not work to their full capacity, the stomach and other digestive organs fail to perform their duties, and the result is all sorts of bodily derangements.

Aching head, dizzy spells, indigestion, feelings of weakness and despondency, lack of energy to perform the duties of the day, loss of appetite, failing memory and power of concentrating the mind, irritability, nervousness, and sleeplessness are among the symptoms which distress you, and all can be avoided by the use of Dr. Chase's Nerve Food.

There is no preparation to be compared to Dr. Chase's Nerve Food as a spring restorative. It does not stimulate and so whip the organs of the body to over-exertion, but by enriching the blood, instills new vigor into the nerves and builds up the whole system. By noting your increase in weight while using this great food cure you can prove that new, firm flesh and tissue is being added to the body.

All Run Down.

Mrs. D. McPHERSON, of Forrester Street, Truro, N.S., says:—



MRS. MCPHERSON.

“Last summer I got all run down from over-work, my nerves were unstrung and I had peculiar feelings in my head for which I could get no relief. Being advised to try Dr. Chase's Nerve Food, I did so and must say that I never used anything in the way of medicine that did me so much good. In fact this food cure built up my whole system so that to-day I am fully restored to good health. My head is entirely better, I sleep well and have been wonderfully benefitted by this preparation.”

Languid, Exhausted, Weak and Run Down But Dr. Chase's Nerve Food Made These People Strong and Well.

MR. RICHARD A. GREGORY, Aberdeen Street, Fredericton, N.B., states:—



MR. GREGORY.

“I was very nervous as a result of overwork and anxiety, and felt that my health was very much run down. I also suffered a great deal with headaches and dizzy spells. I obtained a box of Dr. Chase's Nerve Food, and can now say that my nervous system has been very much toned up, my appetite has been improved, the headaches and dizzy spells have gone, and I feel better and stronger in every way.”

Weak Heart and Nerves.

MRS. G. LEGACY, 148 Pearl Street, Brantford, Ont., whose husband is a painter, says:—

“My nervous system seemed all unstrung. At times I had such dizzy feelings come over me, and my heart was weak and irregular in action. Before I had used Dr. Chase's Nerve Food very long I felt my nerves becoming stronger, the dizzy feelings grew less and less, and the action of my heart was steadier. I am now feeling real well again, and attribute the cure to the use of Dr. Chase's Nerve Food.”



MRS. LEGACY.

Twitching Nerves.

MRS. JAS. MCKELLAR, 11 Barton Street East, Hamilton, Ont., states:—



MRS. MCKELLAR.

“I was injured some years ago, and that left me with a broken-down nervous system. I could not sleep, and always had a twitching, nervous sensation. Since using Dr. Chase's Nerve Food I can say that I have never tried any medicine that did me so much good; in fact, I am entirely cured of my old trouble. It seems to have built up and strengthened my nerves.”

The Sufferings of Woman.

Many Weaknesses and Irregularities,
Much Pain and Misery Which Can
be Prevented.

No woman can expect to have good health unless the monthly uterine action is regular, and any breaking of this law of nature not only causes much pain and suffering, but may make her an invalid for the rest of life.

Nearly all derangements of the feminine organism are due to thin, watery blood, a poor circulation or lack of nerve force. Whether the menses are irregular, insufficient, profuse or painful, the cause of trouble rests with the condition of the blood and nerves, and soon disappears when these are restored to health and vigor.

The dull, aching pain in the back and thighs, the cramps in the abdomen, the distressing headaches, the irritability and feelings of utter weariness will disappear when Dr. Chase's Nerve Food is used to put the blood and nerves in proper condition.

In Girlhood.

It is usually during school life, when brain and nerves are over-taxed with study and anxiety, that the important physiological change takes place and these irregularities have their beginnings, and hence, mothers, the necessity of looking to the health of your daughters during this period. A few words of advice at this point may save them from a life of ill-health and misery. A few months treatment with Dr. Chase's Nerve Food will help them through this trying time and so build up and strengthen their delicate nervous systems as to enable them to develop into healthful and happy womanhood.

Female Weakness.

The symptoms of "Female Weakness" are:—backache, dragging-down feeling, fatigue in walking, painful menstruation, uterine troubles, inability to stand long, and often ulcers and tumors.

To cure Female Weakness, or Falling of the Womb, the nerves and muscles must be toned and invigorated. Dr. Chase's Nerve Food is found to be particularly well suited as a remedy for this ailment so common to women. Through the circulation of the blood and the nervous system it finds its way to every organ of the body and builds up the system, restoring the full vigor and vitality of health.

Had an Operation for Female Weakness.

Nervous System Broke Down and Suffering
was Extreme—A Thorough and Com-
plete Cure by Dr. Chase's Nerve Food.

MRS. BENJAMIN HATFIELD, Hillyard Street, St. John's, N.B., writes:—"For three years I was a sufferer from extreme nervousness and female weakness, I was pale and weak, had no appetite, and would sometimes faint two or three times a day. I underwent a very painful operation and for seven weeks was under the doctor's



MRS. HATFIELD.

care, but he seemed unable to help me. Despairing of recovery, I took the advice of a friend, who told me that Dr. Chase's Nerve Food would build me up and make me strong and well again. After four months use of this preparation I found myself greatly improved, but continued the treatment for one year, using in all sixteen boxes. I have been blessed with a young daughter now, and believe that I am as strong and well as ever in my life. As a result, I cannot say too much in favor of Dr. Chase's Nerve Food. It has performed a complete and thorough cure in my case, and I am healthier and fleshier than I have been for years. *The testimonials I see are not half strong enough.* I tell my friends and neighbors about it, and many of them join me in pronouncing Dr. Chase's Nerve Food the most effective restorative obtainable. Desiring that other sufferers may benefit by my happy experience with Dr. Chase's Nerve Food, I willingly give you permission to use this testimonial."

WHAT is the difference between a farmer and a dressmaker? One sews what she gathers and the other gathers what he sows.

WHICH is the debtor's favorite tree? The willow (will owe).

WHEN was paper money first mentioned in the Bible? When the dove brought the green back to Noah.

WHAT fish is the most valued by a loving wife? Her-ring.

WHY is a beggar like a baker? They both need bread.

Women Who Work.

In the stores and factories, as well as in many homes, there are women suffering from female diseases and weaknesses who are compelled to be on their feet many hours each day. They have almost constant bearing-down or dragging pains in the abdomen, the small of the back and loins. These symptoms are usually accompanied by pains in the limbs, great fatigue, pain in walking, constipation and other irregularities.

The unusual strain to which some women are subject wears out the body at a tremendous rate, unless some restorative is used to reinvigorate the system. Dr. Chase's Nerve Food has established an enviable reputation as the most effective remedy ever prescribed for the ailments, weaknesses and irregularities of women.

Tonic for Mothers.

The happiness that comes to a home with baby's advent is too frequently shadowed by the ill-health or weakness of the mother. Especially if the mother has neglected to keep herself in perfect health before the child-birth she is likely to be a long time in her recovery.

To restore the mother's strength, to bring back vigor and energy, and to sustain her during the nursing period, Dr. Chase's Nerve food is undoubtedly the most effective preparation obtainable. It makes the blood rich, revitalizes the nerves, and has a wonderful restorative influence on the whole system.

Change of Life.

MRS. CHAS. KEELING, SR., Owen Sound, Ont., writes:—"It is a pleasure to tell what benefit I have derived from Dr. Chase's Nerve Food. I am about fifty-five years old and for about five years my life was one of great suffering from nervousness, weakness and extreme physical exhaustion. I could not sleep and hot flushes would pass through my body from feet to head. I consulted my family physician and two other doctors, but they told me that about my time of life I was likely to be troubled that way. I continually grew worse and despaired of ever being cured. Dr. Chase's Nerve Food came to my notice and as we have Dr. Chase's Receipt Book I have confidence in the Doctor. I was so surprised at the help I received from the first box that I bought three more. They built me right up and made me feel healthy and young again. They have proven a great blessing to me and I hope this testimonial will be of help to some weak nervous women suffering as I did."

Pains in the Back.

MRS. JAS. HURST, 159 Pine Street, Kingston, Ont., states:—"I frequently had distressing



dizzy feelings in my head with pains in my back. About two months ago I began a treatment with Dr. Chase's Nerve Food and it was not long before I noticed a great change in my condition. I rest and sleep well now and get up refreshed in the mornings. The pains in my head and back do not bother me any more. I am firmly convinced that this preparation is thoroughly and permanently curing me and that my system is much benefitted by its use."

Was Pale and Weak.

MR. WELCHER, wife of Conductor Welchér, of the G.T.R., 147 Congregation Street, Montreal, Que., states:—"My daughter was not at all well. She had no appetite, was pale and weak, her nerves were unstrung and at times she suffered a great deal from headaches. I got her a box of Dr. Chase's Nerve Food and since the use of this treatment for some time she has been thoroughly restored to health. This preparation has given her a good appetite, she has a much better color, and is stronger and healthier in every way. Dr. Chase's Nerve Food certainly is the best tonic which we have ever had in the house."

Doctored for Years.

MRS. J. E. BERRYMAN, 35 Bay St. N., Hamilton, Ont., states:—"I was so very nervous that frequently I could not sleep at all and would be so uneasy that I could not remain in bed but would have to get up during the night in order to quiet my nerves. I also suffered considerable from faintness and dizzy spells and though I had doctored for some years I never seemed to get anything that did me any real good until I began the use of Dr. Chase's Nerve



Food. I worked a great change in my condition almost immediately and after a regular use of this preparation I believe that it has effected a permanent cure."

THERE is one lucky thing about spoiled children — we never have them in our own family.

DAY OF MONTH.	DAY OF WEEK.	ZODICAL SIGNS.	WEATHER FORECAST.	April 1904				Moon's Phases—Ontario.		Mar. Prov.		Ont., Que. and Mar. Provinces.			
				☾ Last Quarter ..	☾ New Moon	☽ First Quarter ..	☽ Full Moon	d. h. m.	d. h. m.	d. h. m.	d. h. m.	Sun Rises	Sun Sets	Moon Rises	Moon Sets
1	Fr.	♈										5.57	6.44	8.20	8.17
2	Sa.	♈	Warm									5.55	6.45	9.28	9.26
3	Su.	♈	er									5.53	6.46	10.34	10.32
4	Mo.	♈	with									5.51	6.47	11.34	11.33
5	Tu.	♈	rain									5.49	6.48	a.m.	a.m.
6	We.	♈	to									5.48	6.50	0.28	0.27
7	Th.	♈	about									5.46	6.51	1.16	1.15
8	Fr.	♈	7th.									5.44	6.53	2.01	1.59
9	Sa.	♈	colder									5.42	6.53	2.33	2.36
10	Su.	♈	with									5.41	6.55	3.12	3.09
11	Mo.	♈										5.39	6.56	3.42	3.39
12	Tu.	♈	snow									5.37	6.57	4.12	4.08
13	We.	♈										5.35	6.58	4.40	4.35
14	Th.	♈	storm									5.34	7.00	5.08	5.08
15	Fr.	♈										5.32	7.01	sets	sets
16	Sa.	♈										5.31	7.03	7.56	7.53
17	Su.	♈	gradu-									5.29	7.04	8.57	8.55
18	Mo.	♈	ally									5.27	7.05	10.00	9.58
19	Tu.	♈	gets									5.25	7.06	10.59	10.58
20	We.	♈	more									5.23	7.07	11.55	11.54
21	Th.	♈	spring									5.21	7.08	a.m.	a.m.
22	Fr.	♈	like									5.20	7.09	0.46	0.44
23	Sa.	♈										5.18	7.10	1.34	1.32
24	Su.	♈	with									5.17	7.11	2.16	2.13
25	Mo.	♈	heavy									5.15	7.13	2.54	2.51
26	Tu.	♈										5.14	7.14	3.30	3.26
27	We.	♈	rains.									5.12	7.15	4.04	3.59
28	Th.	♈										5.10	7.16	4.40	4.34
29	Fr.	♈										5.08	7.18	rises	rises
30	Sa.	♈										5.06	7.19	8.15	8.13

The Dyspeptic's Mistake.

In Using Medicines to Relieve Instead of Strengthening the Muscles of the Stomach and Permanently Curing Indigestion.

If you want to develop the muscles of the arms or legs, you do not allow them to lie limp and inactive, but give them plenty of exercise, and supply them with rich blood to strengthen and build them up.

The same method applies to the stomach. It may be all very well to obtain relief by the use of digestive tablets and powders, pepsin, bismuth, soda, etc., but such treatment will never effect a lasting cure. They may digest the food, but the muscles of the stomach are limp and inactive, and waste away from lack of proper exercise. The more these so-called digestive medicines are used, the less becomes the flow of the natural digestive fluids.

It is not claimed that Dr. Chase's Nerve Food is a relief for indigestion, but it certainly is a thorough and lasting cure, because it forms new rich blood, and strengthens the muscles of the stomach and other digestive organs, instilling into them the nervous energy and the vigor necessary for the proper performance of their duty.

Insomnia and Indigestion.

MR. ROBT. N. BLACKBURN, gardner, Selkirk St., Chatham, Ont., states:—"I have used Dr. Chase's Nerve Food and can say that it is the most helpful nerve restorative that I have ever tried. I was quite nervous before I began using this treatment and as a result had severe attacks of nervous headache, was troubled with indigestion and what sleep I got did not seem to refresh me. This treatment has made a radical change in my condition, build-

ing up my system and entirely freeing me of the distressing symptoms from which I suffered."



MR. BLACKBURN.

Nervous Dyspepsia and Indigestion.

MR. J. A. GIBBS, 86 Tom St., Hamilton, Ont., states:—"My principal trouble was indigestion



MR. GIBBS.

and as a result my appetite was poor and I was quite nervous. Frequently in the morning severe dizzy spells would come over me and in many ways I felt that I was not at all well. The use of Dr. Chase's Nerve Food has changed all this and my digestion is now such that I can eat almost anything. My appetite is good, my nervous system seems to be stronger and I do not know what it is to have the spells of weakness and dizziness come over me. I can strongly recommend Dr. Chase's Nerve Food."

Nervous Dyspepsia.

MR. MATTHEW WHITE, a retired farmer living at 61 Elgin St., St. Thomas, Ont., states:—"For some years I have suffered more or less from indigestion and nervous dyspepsia and as a result I have been subject to dizzy spells and discomfort after eating. I got a box of Dr. Chase's Nerve Food and found that it improved my digestion, steadied my nerves and made me rest and sleep very much better. I can truthfully recommend the Nerve Food to any one who suffers from the above ailments."



MR. WHITE.

Impaired Digestion.

MRS. M. DUPUIS, 208 Champlain St., Montreal, Que., states:—"As long as I remember I have been troubled more or less with nervous sick headache arising no doubt from impaired digestion. Since beginning the use of Dr. Chase's Nerve Food two months ago I have not had a single headache, my appetite is greatly improved and I feel better in every way. I have much pleasure in recommending Dr. Chase's Nerve Food to any person affected as



MRS. DUPUIS.

I was for I am thoroughly convinced that it has done me a lasting good."

Many Terrified By Heart Disease.

The most terrifying of all symptoms are those which tell of heart disease. They indicate weakness or disease at the very fountain-head of all life. During a long life time the heart will propel half a million tons of blood through the body, and so long as the blood is in healthy condition will repair itself as fast as it wastes, toiling ceaselessly and patiently keeping up the play of its valves and the rhythm of its throb.

The heart is composed of muscles, and like the other muscles of the body they can be strengthened and made more capable of performing their natural functions. Many who are going through life in constant dread of heart disease can take new courage in the fact that by supplying to the heart a sufficiency of rich, red blood, they can restore the action of this vital organ and so overcome the symptoms which cause so much distress of mind and body.

A stimulant can not do more than afford temporary relief, but Dr. Chase's Nerve Food positively cures by forming new, rich corpuscles in the blood and building up new firm muscular tissue. Study the cases described on this page.

Weak and Palpitating Heart.

MR. CHAS. DURAND, James Street, Belleville, Ont., states:—"For some years I have been a



MR. DURAND.

victim of nervousness and have suffered from weakness and palpitation of the heart. Along with these complaints I have suffered a lot from headache and dizzy spells. About six weeks ago I began the use of Dr. Chase's Nerve Food and can now say that my nervous system has been built up, the action of my heart steadied and strengthened and the headaches and dizzy spells have entirely disappeared. I can recommend Dr. Chase's Nerve Food as a very superior medicine."

Weak, Fluttering Heart.

MRS. D. HOBBS, 420 Charlotte Street Peterborough, Ont., states:—"My daughter was troubled with a weak fluttering heart. The least excitement seemed to aggravate her trouble, and at times she had severe racking headaches. She became so bad that it affected her nervous system, and she felt miserable most of the time. Through the use of Dr. Chase's Nerve Food her condition is entirely changed. Her nerves are steady, the headaches are gone and the action of her heart is strong and regular. We have every reason to give the credit to Dr. Chase's Nerve Food."



MISS HOBBS.

Heart Palpitation.

MR. J. B. LEE, 129 Sydenham Street, London, Ont., states:—"Last spring I had a severe illness which laid me up for



MR. LEE.

several months and left me in a very weak and run down condition. I also suffered from palpitation of the heart. Since using Dr. Chase's Nerve Food I have not had a single attack of heart trouble. I was soon able to return to work feeling strong and healthy and also gained considerable in weight. I think that this is sufficient evidence of the virtue of Dr. Chase's Nerve Food as a builder up of the system."

1.58 to 2.02.

"How long does the train stop here?" the old lady asked. "Stop here?" answered the functionary, "four minutes. From two to two to two-two." "I wonder," mused the old lady, "if that man thinks he is the whistle."

"Why do you use paint?" asked a violinist of his daughter.

"For the same reason that you use resin, Papa."

"How's that?"

"Why to help me draw my beau."

A WIDOW is one who has buried her husband; a grass widow is one who has simply mislaid him.

LADY (engaging nurse)—"Have you any experience with children?"

IRISHWOMAN—"Oh, yis, mum. Oi used to be a child mesilf wanst."

Diseases of Children.

The sickness of childhood is almost invariably the result of thin, watery blood and a run down condition of the nervous system. It is the thin, weak, puny boy or girl who seems to fall a victim to every ailment that is going and these in turn leave him weaker and less able to fight the battle for existence.

The action of Dr. Chase's Nerve Food is so mild and gentle that it is admirably suited to the needs of children. By naturally forming new rich blood and building up the system, this great food cure enables children to overcome the ills to which they are subjected, to withstand the trying period of youth and to develop into strong and healthy men and women.

Weak, Languid and Nervous.

MRS. GEORGE F. BRISBIN, Lake Street Peterboro', Ont., states:—"One of my children, a boy of about fifteen years, did not have good health for a year or more. He seemed to have no energy, was weak and languid and suffered from nervousness. The doctors said that he was growing too fast, but we became alarmed about him, and began using Dr. Chase's Nerve Food. It was not long until we noticed a great change in his condition. His appetite improved, he had a better color and soon became stronger and healthier."



Indigestion and Headache.

MRS. E. TIERNEY, 46 Shannon St., Montreal, Que., states:—"One of my children was troubled a great deal with nervousness, headaches and indigestion. I began giving her Dr. Chase's Nerve Food and soon noticed a great change for the better. Since using this remedy for some time I find that her appetite is good, she is not troubled any more with indigestion or headaches and feels better in every way. Dr. Chase's Nerve Food is so mild in action that it well suited as a medicine for children."



Too Much Study.

MRS. JOHN BOUTILIER, 163 Morris Street, Halifax, N.S., states:—"One of my children was all run down in health. She was going to school and I suppose the close confinement was responsible for her trouble. At times she had very severe headache and she became very weak and nervous. I got her a box of Dr. Chase's Nerve Food and I now wish to state that the results of this treatment have been all that we could wish. Her nerves were steadied, the headaches have gone and her general health is excellent."



MISS BOUTILIER.

St. Vitus' Dance.

MRS. D. ARDIES, Brandon, Man., writes:—"My son, aged fourteen, and little girl of three years, were both stricken with St. Vitus' Dance. The doctor told us what the ailment was, but could not keep them from getting worse and worse, so when I received a book about Dr. Chase's Nerve Food, I decided to try it. The boy had lost eighteen pounds in two months, and could scarcely take hold of anything. The little girl lost the power of her tongue, and could scarcely speak. "I now take pleasure in stating that they are both quite well, and you would never know there had been anything the matter. The boy has gained twenty-five pounds in weight. I am very thankful there is such a medicine on the market, and that I happened to get the little book just when I did."

Could Not Rest or Sleep.

MRS. W. H. BELL, Harriet Street, Belleville, Ont., and whose husband is a moulder in Walker's foundry, states:—"My daughter Mona, suffered a great deal from nervous headache and at times dizzy spells would come over her and she could not rest or sleep well at nights. We are more than pleased with the effect of Dr. Chase's Nerve Food in her case. This treatment has built up her system wonderfully, she sleeps splendidly and the headaches do not bother her any more. We consider Dr. Chase's Nerve Food an excellent tonic."

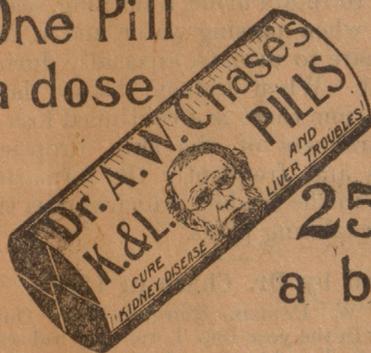


MISS BELL.

DAY OF MONTH.	DAY OF WEEK.	ZODICAL SIGNS.	WEATHER FORECAST.	May 1904				Moon's Phases—Ontario. Mar. Prov.				Ont., Que. and Mar. Provinces.													
				d. h. m.		d. h. m.		Sun Rises	Sun Sets	Moon Rises	Moon Sets	Sun Rises	Sun Sets	Moon Rises	Moon Sets										
				☾ Last Quarter ..	7 6 50 a.m.	☽ New Moon	15 5 58 a.m.	☾ Last Quarter ..	7 7 50 a.m.	☽ New Moon	15 6 58 a.m.	☾ First Quarter ..	22 5 19 a.m.	☽ Full Moon	29 3 55 a.m.	☾ Full Moon	29 4 55 a.m.	h. m.							
1	Su.	♌																5.05	7.21	9.18	9.16				
2	Mo.	♍																5.04	7.22	10.15	10.14				
3	Tu.	♎	Cloudy															5.02	7.24	11.06	11.05				
4	We.	♏	and															5.01	7.25	11.52	11.51				
5	Th.	♐	cool															5.00	7.26	a.m.	a.m.				
6	Fr.	♑	with															4.58	7.27	0.84	0.82				
7	Sa.	♒	fre-															4.57	7.28	1.10	1.08				
8	Su.	♓	quent															4.56	7.29	1.44	1.41				
9	Mo.	♈	rain															4.54	7.31	2.13	2.09				
10	Tu.	♉	to															4.53	7.32	2.40	2.36				
11	We.	♊	10th															4.52	7.33	3.09	3.04				
12	Th.	♋	a															4.50	7.34	3.88	3.82				
13	Fr.	♌	warm															4.49	7.35	4.09	4.02				
14	Sa.	♍	dry															4.48	7.36	sets	sets				
15	Su.	♎																4.47	7.38	7.49	7.47				
16	Mo.	♏	spell															4.46	7.39	8.51	8.50				
17	Tu.	♐	for															4.45	7.40	9.50	9.49				
18	We.	♑	some															4.44	7.41	10.45	10.44				
19	Th.	♒	time.															4.43	7.42	11.84	11.82				
20	Fr.	♓																4.42	7.43	a.m.	a.m.				
21	Sa.	♈																4.41	7.44	0.17	0.15				
22	Su.	♉																4.40	7.45	0.57	0.54				
23	Mo.	♊	show-															4.39	7.46	1.34	1.30				
24	Tu.	♋	ery															4.38	7.47	2.07	2.02				
25	We.	♌	with															4.37	7.48	2.41	2.35				
26	Th.	♍	thund-															4.36	7.49	3.14	3.08				
27	Fr.	♎	er															4.36	7.50	3.51	3.44				
28	Sa.	♏	for															4.35	7.51	rises	rises				
29	Su.	♐	some															4.34	7.52	8.03	8.02				
30	Mo.	♑	days.															4.33	7.53	8.59	8.58				
31	Tu.	♒																4.32	7.54	9.43	9.47				

Dr. Chase's Kidney-Liver Pills

One Pill
a dose



25 cts.
a box

Worst Form of Kidney Disease.

MRS. W. FRANCIS, 204 Colborne St., Kingston, Ont., states:—"I was in a very bad state with kidney disease in its worst form. I felt miserable most of the time, suffered from pains in the back and legs, and as I saw that I was gradually failing in health and becoming thinner and weaker, I worried a great deal about the future. I had tried a great many kidney medicines, but did not obtain much benefit.

"A friend of mine asked why I did not try Dr. Chase's Kidney-Liver Pills. I did so, and can truly say that they have entirely cured me. I would not think of being without this remedy in the house now, as we consider it a splendid family medicine."

On account of their direct and specific action on the kidneys and liver Dr. Chase's Kidney-Liver Pills are successful in positively removing the cause of the many and dangerous ailments which arise from disorders of these two great filtering organs.

Uric acid which is left in the blood when the kidneys are deranged poisons the system and gives rise to such troubles as Bright's disease, rheumatism, dropsy, backache, lumbago, stone in bladder, urinary disorders, and serious diseases of the most painful and fatal nature.

The liver when sluggish and torpid leaves bile in the blood and as a result gives rise to biliousness, liver complaint, jaundice, stomach troubles, headache, constipation, pains under shoulder blade and a general upsetting of the digestive system.

Dr. Chase's Kidney-Liver Pills promptly and thoroughly cure these ailments and as a result are most popular as a family medicine to be kept constantly at

hand in cases of emergency. They are unique in that they have a combined action on these organs which is possessed by no other medicine and consequently are successful in curing complicated and chronic cases which are entirely beyond the reach of ordinary treatment.

But what you want is the opinion of persons who have used Dr. Chase's Kidney-Liver Pills and can state positively the results obtained from the use of this preparation. There is only space for a few letters, but these will prove interesting reading and you may find among them a case similar to your own. There is probably no medicine more generally known or more heartily recommended than Dr. Chase's Kidney-Liver Pills and you can form some idea of their extraordinary control over disease by a study of these letters. We invite you to investigate these cures. Call personally, if possible, otherwise send a stamped envelope for reply and these persons will gladly verify their statements.

The Functions of the Kidneys

And the Dreadfully Painful and Fatal Diseases which Arise When the Filtering Organs Fail.

It is the function of the kidneys to filter from the blood certain waste products which are formed in the different organs of the body during the natural processes of life. These elements may be likened to the smoke and ashes resulting from the combustion of fuel under the boiler of the locomotive. If these waste products are not removed the fire dies out and the machinery comes to a standstill—the kidneys and liver are clogged and rendered useless, the digestive system impaired, and these poisonous waste matters thrown back into the blood stream to carry disease and death to all parts of the body.

It frequently happens that when the kidneys fail to do their duty this waste material is deposited in the kidneys and hardens into what is known as kidney stones. It is the passage of these hard substances through the ureters into the bladder that causes the most excruciating pains that one can well conceive of. As a matter of fact no one can afford to neglect the symptoms of kidney disease, for the disorder of these filtering organs give rise to the most painful and deadly complications known to mankind.

Backache—Kidney Disease.

MRS. J. LESSARD, 160 Aqueduct St., Montreal, Que., states:—"My main trouble was with my back, which was very weak, and whenever I stooped I could hardly straighten up again on account of the severe pains which would catch me in the small of the back. Believing that my ailment was caused from deranged kidneys, I began a course of treatment with Dr. Chase's Kidney-Liver Pills, and to-day I am all right again. This medicine seemed to act directly on the kidneys, and as a result improved my health generally. The distressing pains in my back have entirely disappeared, and I feel real strong and well."

To Test the Kidneys.

Put some urine in a bottle or tumbler and let it stand for twenty-four hours; if there is a sediment in the bottom at the end of that time, or if it is discolored, milky, cloudy or stringy your kidneys are out of order and are not doing their work properly.

You may also have pains in the back, inability to retain urine, a burning, scalding pain when passing water and a frequent desire to urinate, especially during the night. When kidney disease lasts for some time there is a continued loss of flesh, harshness of the skin, dropsical swellings and frequently the formation of stones in the bladder which causes the most excruciating pains.

Cured by Dr. Chase in 1867.

MR. G. W. PARISH, Sturgeon Bay, Ont., writes:—"In the year 1867 I was very bad with my kidneys. I could not work on account of my back being lame, sore and painful all the time. Though I carefully followed the directions of our family doctor he was unable to do me much good. At this time Dr. Chase was becoming known as an especially successful physician, and on the advice of my uncle, Charles Williams, I went to Dr. Chase at Ann Arbor, Michigan, and he gave me a box of his pills for kidney disease.

"You can scarcely imagine how much good they did me. They helped me so much that I went back to the doctor and bought a dozen boxes. In my mind there is not a medicine half so good as Dr. Chase's Kidney-Liver Pills for kidney trouble and headache. We always keep them in the house as a family medicine, and I would not think of using any other."

CHOLLEY TENPER—"Heavens! old chappie, why do you persist in cleaning your clothes with gasoline? Everybody you pass can smell the dreadful odor."

HAROLD HALLROOM—"Is that a fact?"

CHOLLEY TENPER—"Certainly!"

HAROLD HALLROOM—"Just imagine how many people will think I own an automobile!"

DOROTHY was objecting tearfully to some commands of her mother. "Well," said the sister, "we will trade off this old mamma for a new one, since you do not like her."

"Yes, you may," sobbed Dorothy, "but—I would like the new one to have the same old face on."

The Symptoms of Kidney Disease.

Headache.
Fickle Appetite.
Gradual Loss of Flesh.
Frequent desire to urinate, especially at night.
Deposits in the Urine.
Aching pains and burning in the small of the back.
Neuralgia and Sciatic Pains.
Chronic Rheumatism.
Extreme Wakefulness.
Cramps in calf of legs.
Dropsical Swelling.
Constipation and fitful diarrhoea.
Scanty, dark colored urine.
Gradual failure of strength and extreme pallor of the face.
Persistent swelling of the ankles and legs.
Failure of perspiration and frequent chills and fevers.
Shortness of breath caused by lungs filling with water which kidneys fail to pass off.
Each and every one of these symptoms disappear with the use of Dr. Chase's Kidney-Liver Pills.

A Comfort to the Aged.

MR. DAVID MISENER, farmer, an old and respected resident of Port Robinson, Welland County, Ont., writes:—"I wish to state to you that I had pain in my back and left side for over twenty years. At times I could not turn over in bed, I was so badly used up, and my hands were so entirely useless that I could scarcely lift anything.

"Kidney disease was no doubt the cause of all my suffering, and sometimes the urinary trouble would be so bad that I would have to get up five or six times during the night. Fortunately, I began using Dr. Chase's Kidney-Liver Pills, and they cured me completely. I am seventy-nine years old and quite well now, but still occasionally use these pills to keep my system in good order. Several persons to whom I have recommended Dr. Chase's Kidney-Liver Pills have been equally benefited."

Pains in the Back and Headache.

MRS. J. LARTER, 123 Cross Street, Charlotte-town, P. E. I., and whose husband is a contractor,



MRS. LARTER.

states:—"I had suffered a great deal with pains in the small of my back, my digestion was bad and I was frequently troubled with spells of racking headache. I have been entirely cured of these distressing symptoms by the use of Dr. Chase's Kidney-Liver Pills, and find that my general health is greatly improved since I have been using this preparation.
"I can also testify to the merit of Dr. Chase's Syrup of Linseed and Turpentine, as I was cured of a severe attack of bronchitis by the use of this remedy."

Kidney Disease for Years.

MR. ARTHUR WALDEN, Ferryville, Carleton Co., N. B., writes:—"My wife was a great sufferer from kidney disease for several years. She was troubled with pains in the small of the back and in the side, was gradually losing flesh and growing weaker. She got into a very bad state, suffered dreadful pains and her ankles would swell up so that we were afraid of dropsy. We had a book of Dr. Chase's in the house, and reading about Dr. Chase's Kidney-Liver Pills, decided to try them. Relief soon came with this treatment. My wife has been entirely cured and says she would not be without Dr. Chase's Kidney-Liver Pills for ten times the price.

"I am using Dr. Chase's Nerve Food myself, and it is building me up wonderfully."

Could Scarcely Straighten Up.

MRS. W. WILKINS, Henry Street, Belleville,



MRS. WILKINS.

Ont., states:—"I suffered a great deal with pains in the small of my back caused from kidney trouble. Whenever I stooped I could scarcely rise again, the pains were so great. The disease became so severe that it affected my general health, and I was becoming very much run down. Since using Dr. Chase's Kidney-Liver Pills I can say that my trouble has entirely disappeared. I can speak in the highest terms of this medicine from the way it acted in my case."

DAY OF MONTH.	DAY OF WEEK.	ZODICAL SIGNS.	WEATHER FORECAST.	June 1904		Moon's Phases—Ontario.		Mar. Prov.		Ont., Que. and Mar. Provinces.			
				d. h. m.	d. h. m.	d. h. m.	d. h. m.	Sun Rises	Sun Sets	Moon Rises	Moon Rises	h. m.	h. m.
1	We.									4.32	7.55	10.82	10.80
2	Th.		Month							4.32	7.55	11.10	11.08
3	Fr.									4.31	7.56	11.45	11.42
4	Sa.		will							4.31	7.57	a.m.	a.m.
5	Su.		be a							4.30	7.58	0.15	0.12
6	Mo.									4.30	7.59	0.44	0.40
7	Tu.		succession							4.30	8.00	1.13	1.08
8	We.		of							4.30	8.00	1.40	1.35
9	Th.									4.29	8.01	2.09	2.08
10	Fr.		warm							4.29	8.01	2.41	2.34
11	Sa.									4.29	8.02	3.16	3.08
12	Su.		showery							4.29	8.02	3.55	3.47
13	Mo.									4.29	8.03	sets	sets
14	Tu.		periods							4.29	8.03	8.35	8.34
15	We.		with							4.29	8.04	9.30	9.28
16	Th.		thunder							4.28	8.04	10.17	10.15
17	Fr.		storms							4.28	8.05	10.59	10.56
18	Sa.		thro'out							4.28	8.05	11.37	11.33
19	Su.		a							4.28	8.06	a.m.	a.m.
20	Mo.		slight							4.29	8.06	0.11	0.07
21	Tu.									4.29	8.06	0.44	0.39
22	We.		lowering							4.29	8.06	1.17	1.11
23	Th.		of							4.30	8.06	1.51	1.44
24	Fr.		temperature							4.30	8.07	2.29	2.21
25	Sa.									4.30	8.07	3.08	2.58
26	Su.		warm-er							4.31	8.07	3.53	3.44
27	Mo.		again							4.31	8.07	rises	rises
28	Tu.		with							4.32	8.07	8.28	8.27
29	We.		rain.							4.32	8.07	9.09	9.07
30	Th.									4.33	8.07	9.44	9.42

Was all Crippled with Rheumatism.

MR. CHAS. MORRISH, Dorchester Station, Middlesex County, Ont., writes:—"I desire to acknowledge to you the benefit I have received from Dr. Chase's Kidney-Liver Pills. For about twelve months I could hardly walk, on account of being so crippled up with kidney derangements and rheumatism.

"I had tried many medicines without benefit, and, hearing of many being cured by using Dr. Chase's Kidney-Liver Pills, I made up my mind to give them a trial. After having taken six boxes of this medicine in succession, I can truly say that I am in better health to-day than I have been for twenty years. The rheumatism pains have entirely disappeared, and I am well and hearty. As I am nearly seventy years of age, I consider my cure remarkable, and give all credit to Dr. Chase's Kidney-Liver Pills."

Rheumatism and Kidney Disease.

MR. and MRS. MOLLAR, Newmarket, Ont., are both enthusiastic in praising Dr. Chase's Kidney-Liver Pills. She has used them for kidney troubles and he for rheumatism, with excellent results.

Mrs. Mollar, states:—"I have used Dr. Chase's Kidney-Liver Pills for kidney trouble, and would not be without them for a great deal. They have certainly done me a world of good, and I would not think of using any other medicine for an ailment of this kind.

"My husband is troubled with sciatic rheumatism and is using Dr. Chase's Kidney-Liver Pills. They are doing him more good than any medicine he ever used, and we both heartily recommend them as an excellent medicine."

Had Kidney Disease and Lumbago for 30 Years.

MR. ROBERT JACKSON, ship carpenter, Port Robinson, Ont., states:—"I was afflicted with kidney trouble and lumbago for about thirty years. The winters were always very severe on me, and I was many times incapacitated with all the serious symptoms of both troubles. I had backache, biliousness, rheumatism, headache and constipation, and was wrecked physically. I used all sorts of medicines and have been treated by the medical profession to no purpose.

"In the spring of 1902 I began using Dr. Chase's Kidney-Liver Pills, and from the start received great benefit. I continued the treatment until I fully recovered good health and vigor, my old trouble being a thing of the past.

I am seventy-five years old, and if, at my advanced age, I have received such grand results from the use of Dr. Chase's Kidney-Liver Pills after years of unnecessary suffering there can be no doubt of their efficacy in the treatment of younger persons. I recommend them to every one. I have tried to think of words to express my gratitude, but it is beyond expression, for they have done more for me than I could have believed."

Kidney Pains and Constipation.

MR. B. H. BARNABY, painter in the D.A.R. shops, Kentville, N.S., states:—"I have used Dr. Chase's Kidney-Liver Pills for a number of years, whenever I would get constipated and suffer from kidney



MR. BARNABY.

pains, and derangements of the digestive system, and know of many others who have also used them for similar troubles. I can join with others in pronouncing them an excellent medicine. When constipated I find one pill sufficient to set me right, and am never without a box of these pills in the house. I consider them the best medicine I ever used."

Kept Health Good in the Lumber Camp.

MR. JOHN L. HICKEY, now caretaker of the public and high schools, Trenton, Ont., states:—"I have used Dr. Chase's Kidney-Liver Pills and have found them the greatest medicine I ever tried. I used them when in the lumber camps and believe by keeping the kidneys and bowels regular and the general health good that they protect a person from catching contagious diseases which are so common in the camp. I have seen hundreds of men using Dr. Chase's Kidney-Liver Pills in the lumber camps. They buy them by the dozen when going in and to show how much faith they have in them they buy them when they could get their medicine for nothing by going to the hospital camp. Dr. Chase's Kidney-Liver Pills keep my liver, kidneys and bowels regular and my health good, I would not think of being without them.

Bright's Disease Prevented and Cured.

Probably the most frequent outcome of neglected kidneys is Bright's Disease or inflammation of the kidneys, and this dreaded malady claims its victim so insidiously that it often gets a firm hold before its presence is detected. Among the first indications are slight swelling of the feet at night and an unmistakable failure of the health and strength accompanied by unusual pallor, shortness of sight and impaired vision.

Later, the appetite fails, digestion is poor, gas forms in the stomach and intestines and there is peculiar, violent and sudden vomiting. Headache frequently recurs, also dizziness, impairment of sight and neuralgia in various parts of the body. The urine becomes diminished in quantity, contains deposits of a heavy sediment and is voided with pain and smarting. Sometimes stupor, convulsions and death come before these symptoms are manifest.

Just as soon as the patient discovers that he has Bright's Disease he should avoid cold and dampness, should not undergo physical or mental fatigue and should beware of excesses at the table or otherwise. To renew the activity of the kidneys, to remove the causes of inflammation or Bright's Disease, and thoroughly cure it, there has never yet been compounded a treatment so effective as Dr. Chase's Kidney-Liver Pills.

Women Suffer from Kidney Disease.

Mrs. Ross, 100 Manitoba Street, St. Thomas, Ont., states:—"I had a very weak back, and at times suffered very much from severe pains across the small of my back. Believing these to be caused by derangements of the kidneys, I began the use of Dr. Chase's Kidney-Liver Pills. This treatment seemed to be exactly what I required, for it was not long before the pains entirely left me, and I was quite strong and well again. We have also used Dr. Chase's Syrup of Linseed and Turpentine for the children when they had coughs and colds, and I never knew it to fail to relieve the trouble at once."

Had Bright's Disease for Five Years.

Could Scarcely Walk and Suffered
Dreadfully with Backache.

MR. TELESPORE DESMARAIS, Marbleton, Wolfe Co., Que., writes:—"I was all used up with Bright's Disease of the Kidneys and for four or five years my back was so lame and ached so that I could scarcely walk, but merely dragged myself about. Though I tried many medicines, they did not seem to help me, and as my father died of Bright's Disease, I grew discouraged and thought I was done for. A neighbor recommended Dr. Chase's Kidney-Liver Pills and as they helped me from the very first dose I continued to use them until they completely cured me. They have freed me of those dreadful pains in the back, and made me well and hearty."

Stone in Bladder or Gravel.

MR. DANIEL BROWN, English River, Ont., writes:—"For three years I suffered from urinary troubles, partaking of the nature of stone in the bladder or gravel, and the pain which I endured can scarcely be described. I was unable to do any work and frequently discharged blood. Though I spent hundreds of dollars in doctors bills I received no relief and at last decided that I would never be able to work again.

"While in this condition I was advised to try Dr. Chase's Kidney-Liver Pills and though I had no faith in them or in anything else I decided to give them a fair trial. After using one box I felt a decided change for the better and after taking five boxes I feel like a new man. I am entirely out of pain and have no more discharge of blood. I can honestly recommend Dr. Chase's Kidney-Liver Pills to any fellow-sufferer and will cheerfully verify this statement to anyone writing me."

Mr. W. Bowen, postmaster and station agent at English River, Ont., writes:—"I have interviewed Mr. Daniel Brown of this place in regard to his long illness and cure, and hereby certify that the testimonial as given by him is correct."

"Go ask papa," the maiden said.
He knew her pa had been long dead.
He knew the life her pa had led
And what she meant when thus she said—
"Go ask papa."

LADY (on leaving crowded car)—"Well, I'm glad to get out of this crowd. I've had to stand on one foot all the way." Voice from corner: "Yes, and that one foot was mine."

Far-reaching Effects of Liver Disorders.

A torpid, sluggish liver leaves poisonous bile in the blood which upsets the whole system and gives rise to indigestion, oppression in the stomach, headache, coated tongue, loss of sleep, constipation, biliousness, depression of spirits and weakness and dizziness.

By taking one of Dr. Chase's Kidney-Liver Pills at bedtime as often as necessary to keep the bowels and liver active you can entirely overcome liver complaint, biliousness, constipation and all the ills and sufferings consequent on the irregularity of these organs. Dr. Chase's Kidney-Liver Pills are the only preparation having a combined specific action on the kidneys, liver and bowels and can be absolutely depended on to positively cure the most complicated disorders of the filtering and excretory systems.

Frequently Suffered with Headache and Dizziness.

MRS. ANDREW HEWEY, St. John St., Fredericton, N.B., states:—"Last spring I had a sickness which left me in a very run down, nervous state. In fact, for a number of years I have suffered to a great extent with nervousness, and frequently had attacks of headache and dizziness. I also seemed to be very weak and was distressed with pains in the small of the back.

"I have spent a great deal of money for medicine but obtained little or no relief until I began taking Dr. Chase's Nerve Food, and Kidney-Liver Pills, and can say that the results of this combined treatment have been most remarkable. I never had any medicine build me up like the Nerve Food, and I give the credit for curing the pains in my back to Dr. Chase's Kidney-Liver Pills. I cannot speak too well of these remedies since they have done me so much good."



MRS. HEWEY.

Biliousness and Torpid Liver.

Headache and Stomach Troubles are quickly cured by Dr. Chase's Kidney-Liver Pills.

MR. ROGERS CLANCY, farmer, Chepstowe, Bruce County, Ont., states:—"I have used Dr. Chase's Kidney-Liver Pills, and would say that there is no medicine that equals them as a cure for stomach troubles, biliousness, torpid liver and headache. I was troubled a great deal with these ailments before using Dr. Chase's Kidney-Liver Pills, and they have proven wonderfully successful in my case.

"I would not think of being without a box of these pills in the house, and whenever I feel any symptoms of these disorders I take one of these pills, and they set me all right again. I can strongly recommend Dr. Chase's Kidney-Liver Pills for the troubles mentioned above."

Liver Got Sluggish.

MR. R. B. DIXON, McGillivray, B.C., writes:—"I have found Dr. Chase's Kidney-Liver Pills to be exactly what I needed. Since 1897 I have been on the construction of the Crow's Nest Pass branch of the C.P.R., employed in all capacities and exposed to all kinds of weather. I contracted a severe cold, then pain across the back, and owing to the hard fare we sometimes had to live on, the liver got sluggish and out of working order. Dr. Chase's Kidney-Liver Pills seemed to be the very treatment I needed and they have made me well again. I also used Dr. Chase's Ointment for Eczema last summer. It cost only sixty cents a box, but was worth \$60. The cure was complete."

Constipation and Dyspepsia.

MRS. OWEN CUMMINGS, Deseronto, Ont., states:—"I was in very poor health when I began to use Dr. Chase's Kidney-Liver Pills. I had been a great sufferer from constipation and stomach trouble and was weak and run down in strength. I was gradually growing worse every day, and finally decided that I would have to do something. Hearing of many being cured by Dr. Chase's Kidney-Liver Pills I began using them, and soon noticed a marked change for the better. I continued this treatment until I was cured of constipation and my stomach was restored to a healthy condition. It only took about three boxes of pills to entirely cure me."

"WELL if I were as intoxicated as you are I would go and shoot myself." "Say, old man, if you were as tossed as I am you couldnt hit the side of a barn."

DAY OF MONTH.	DAY OF WEEK.	ZODICAL SIGNS.	WEATHER FORECAST.	Moon's Phases—Ontario.		Mar. Prov.		Ont., Que. and Mar. Provinces.					
				d. h. m.	d. h. m.	d. h. m.	d. h. m.	Sun Rises h. m.	Sun Sets h. m.	Moon Rises h. m.	Moon Sets h. m.		
				July									
				1904									
					☾ Last Quarter... 5 5 54 p.m.	☽ New Moon... 13 0 27 a.m.	☾ First Quarter... 19 3 49 p.m.	☽ Full Moon... 27 4 42 a.m.					
1	Fr.								4.33	8.06	10.16	10.13	
2	Sa.		Slight-ly cooler						4.33	8.06	10.46	10.42	
3	Su.								4.34	8.06	11.13	11.09	
4	Mo.								4.34	8.06	11.41	11.36	
5	Tu.		warm-er with						4.35	8.06	a.m.	a.m.	
6	We.								4.36	8.05	0.09	0.03	
7	Th.								4.37	8.05	0.39	0.32	
8	Fr.		thund-er						4.37	8.05	1.11	1.03	
9	Sa.								4.38	8.04	1.47	1.39	
10	Su.		and						4.39	8.04	2.32	2.23	
11	Mo.		moder-ate						4.40	8.03	3.21	3.13	
12	Tu.								4.41	8.02	sets	sets	
13	We.		rain						4.41	8.01	3.10	3.08	
14	Th.								4.42	8.01	3.54	3.52	
15	Fr.								4.43	8.00	3.36	3.33	
16	Sa.		tem-pera-ture						4.44	8.00	10.13	10.09	
17	Su.								4.45	7.59	10.43	10.43	
18	Mo.		high						4.46	7.58	11.22	11.16	
19	Tu.		with						4.47	7.57	11.56	11.49	
20	We.								4.48	7.56	a.m.	a.m.	
21	Th.								4.49	7.56	0.30	0.23	
22	Fr.		thund-er and						4.50	7.55	1.09	1.01	
23	Sa.								4.51	7.54	1.51	1.43	
24	Su.								4.52	7.53	2.39	2.30	
25	Mo.		light						4.53	7.52	3.29	3.20	
26	Tu.								4.54	7.51	rises	rises	
27	We.		rain						4.55	7.50	7.44	7.42	
28	Th.								4.56	7.49	8.18	8.15	
29	Fr.								4.58	7.48	8.49	8.46	
30	Sa.		pre-vailling						4.59	7.46	9.17	9.13	
31	Su.								5.00	7.45	9.45	9.40	

Healthful Action of the Bowels

Is the Most Certain Means of Avoiding Serious and Dangerous Disease.

It is a crime against the body to neglect to keep the bowels regular. Constipation is the beginning of all sorts of ailments of the kidneys, liver and intestinal tract, and only by avoiding constipation can you hope to keep the action of these other organs as it should be.

By increasing and invigorating the action of the liver and thus securing a good flow of bile—natures own cathartic—Dr. Chase's Kidney-Liver Pills ensure regular and healthful action of the bowels. This is the only means by which constipation can be actually cured and a host of serious derangements prevented. Disease can find no lodgment when the kidneys, liver and bowels are kept regularly active by the use of Dr. Chase's Kidney-Liver Pills.

Constipation and Backache.

MR. JAS. H. HARVEY, baker, 641 George St., Peterboro, Ont., states:—"I was troubled very much with constipation and pains in the back. At times the pains were sharp like a stab with a knife and caused me great suffering.

"I heard of many being cured by using Dr. Chase's Kidney-Liver Pills and decided to try them. I am pleased to say that they soon helped me, and I used them right along until cured. I never have pains in my back now and only occasionally take a pill in order to keep my bowels regular."

Stomach Troubles.

MR. EDWIN McVAGH, Tayside, Stormont County, Ont., writes:—"I have been a great sufferer from stomach troubles, accompanied by severe pains in the stomach and the small of the back. This ailment seemed to come from catarrh, as I have had this disease for a long time. Dr. Chase's Kidney-Liver Pills have proven so beneficial to me that I do not believe I could get along without them and would have them if they cost a dollar a box. They promptly give me relief from the pains in the back and stomach and are curing me."

Endorsed by the Nurse.

MRS. C. NASH, the well-known nurse, 391 King Street, Ottawa, Ont., states:—"I consider Dr. Chase's Kidney-Liver Pills a splendid family medicine. I keep them on hand all the time and do not think I could do without them. I used to suffer a great deal from weak back caused by deranged kidneys and at times had severe sick headaches, but this medicine always brings relief. I never knew it to fail. Several friends have used Dr. Chase's Kidney-Liver Pills on my recommendation with equally good results."

Effected Lasting Cure.

MR. G. MARTIN, Fletwode, Assa., N.W.T., writes:—"I desire to bear witness to the indisputable efficacy of Dr. Chase's remedies. I have not written sooner because I wished to be convinced that the use of Dr. Chase's Kidney-Liver Pills would accomplish the desired results. In each case in which we have had occasion to use them in our family they have not only brought prompt relief, but have also effected a lasting cure. As I desire to always have Dr. Chase's Kidney-Liver Pills in the house in case of sickness, I am enclosing one dollar for five boxes."

Lame and Aching Back.

MR. WM. A. McDOUGALL, police court clerk, Moncton, N.B., states:—"As a remedy for lame back, pains in the small of the back and all forms of kidney and liver trouble, I consider Dr. Chase's Kidney-Liver Pills ahead of all treatments. I have used these pills myself for liver derangements and always found them most satisfactory in relieving the trouble at once.

"I have also heard a number of people praise this medicine and have no hesitation whatever in recommending it to anyone affected with any of the above ailments. We always keep a box of these pills in the house in case of sickness."

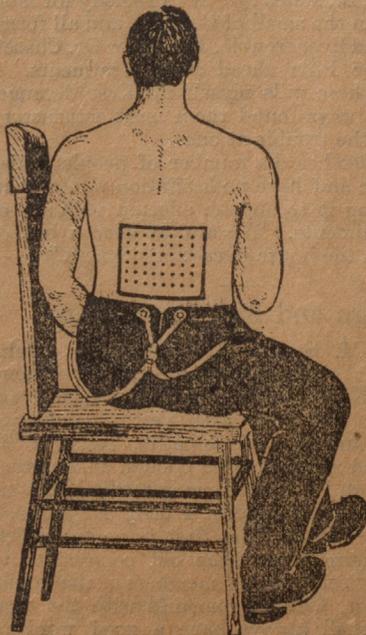
Vertigo and Bad Circulation.

MRS. G. M. SMITH, St. Catharines, Ont., writes:—"It gives me pleasure to recommend Dr. Chase's Kidney-Liver Pills. For some years I have been troubled with vertigo, defective circulation, and loss of appetite, followed by insomnia, and was miserable enough in different ways. Though I had tried many medicines, none had the desired effect until I used Dr. Chase's Kidney-Liver Pills. The first box gave relief, and a few more caused the old complaints to disappear entirely. Other members of the family have used Dr. Chase's remedies with the best results. I shall always have a good word to speak for Dr. Chase's Kidney-Liver Pills."

Dr. Chase's Backache Plaster

Is the Quickest and Safest Means of Driving Out Pains and Aches in Whatever Part of the Body They May be Situated.

In this plaster the most powerful drugs are so combined as to promptly eradicate the worst pains and aches and at the same time not injure the most delicate skin. Because most frequently used for pains in the back and weak or lame back, kidney pains and lumbago, the fact must not be overlooked that Dr. Chase's Backache Plaster is equally effective as a conqueror of pain in every part of the body. Apply the plaster directly over the pain and no matter how deep seated it may be the result will be more prompt and satisfactory relief than can be obtained by any other means.



Backache.

Dr. Chase's Backache Plaster relieves and cures — Backache, lumbago, pains over the kidneys, weak, lame back, sciatica, rheumatism, stiffness and soreness of joints and muscles, stomach pains and cramps, pleurisy, sore throat, chest pains, and pains and aches wherever located.

Full directions for use are found on the wrapper of each plaster, 25 cents each, 5 for \$1.00, at all dealers or EDMANSON, BATES & Co., Toronto.



Pleurisy.

COUPON.

To anyone filling out and returning this coupon along with five cents to pay for postage and packing we shall mail a full sized 25 cent plaster for free trial. We take this means of convincing you of the wonderful control over pain exerted by Dr. Chase's Backache Plaster.

NAME _____

ADDRESS _____



Dr. Chase's Ointment

Eczema.

MRS. ANN McDONALD, Kingsville, Ont., states:—"For about three years I was a great sufferer from eczema. At times the patches of raw, flaming flesh would extend from my waist to my neck and from the knees to the ankles. The intense itching almost drove me crazy, and though I tried all the local physicians, they could not even relieve the suffering. The flesh would crack open and I don't believe anyone ever suffered more than I did. I was told of Dr. Chase's Ointment but did not believe that it could help me. After the fifth application of this preparation I began to feel the benefit of its soothing, healing effects and now attribute a cure to the persistent use of this wonderful remedy. It is truly worth its weight in gold and I never tire of recommending it to other sufferers."

Dr. Chase's Ointment is so pure and clean, so soothing and healing and leaves the skin so smooth and clear that it is a pleasure to use it. Though best known on account of its extraordinary control over the most torturing of itching skin diseases, it should ever be remembered that it will not injure the most delicate skin, but on the contrary is a food for the skin and a skin beautifier of unusual power.

A moments consideration of the scores of uses to which this preparation can be put will convince you of its usefulness in the home, not for the old or young alone, but for every member of the family. In fact if the family medicine chest were to contain but one remedy it is doubtful if there could be found anything of greater usefulness than Dr. Chase's Ointment.

While we do not pretend to give a complete list we mention the following as some of the most common troubles for which this treatment is successfully used: Every form of itching skin disease includ-

ing eczema, salt rheum, psoriasis, tetter, baby eczema, scald head, chafing, itching peculiar to women, skin irritations and eruptions; old sores, burns, scalds, poisoned skin, bites of insects, sore feet and chilblains. In the toilet it is supreme as a cure for pimples, blackheads, chapped hands and face, roughness and redness of the skin as well as for the healing of cuts and wounds. As a treatment for itching, bleeding, protruding piles and pin worms, Dr. Chase's Ointment stands alone as the only guaranteed cure.

The best evidence of the extraordinary antiseptic, soothing and healing powers of Dr. Chase's Ointment is contained in the statements of persons who have used this standard preparation in time of suffering, and we therefore refer you to the letters printed in this book. In the home it is of almost daily usefulness, and in order to afford every reader of this book an opportunity to try it we will send a sample box free to all who fill out and return the coupon to be found on page 40.

DAY OF MONTH.	DAY OF WEEK.	ZODICAL SIGNS.	WEATHER FORECAST.	Moon's Phases—Ontario.		Mar. Prov.		Ont., Que. and Mar. Provinces.								
				d. h. m.	d. h. m.	d. h. m.	d. h. m.	Sun Rises	Sun Sets	Moon Rises	Moon Rises					
				☾ Last Quarter..	4 9 3 a.m.	☾ New Moon....	11 7 58 a.m.	☾ First Quarter..	17 11 27 p.m.	☾ Full Moon.....	25 8 2 p.m.	25 9 2 p.m.	h.m.	h.m.	h. m.	h. m.
								Ont.	Que.	M.P.						
1	Mo.							5.01	7.43	10.13	10.07					
2	Tu.							5.02	7.42	10.41	10.35					
3	We.		Warm					5.03	7.40	11.11	11.04					
4	Th.		with					5.04	7.39	11.46	11.38					
5	Fr.							5.05	7.38	a.m.	a.m.					
6	Sa.		heavy					5.06	7.37	0.24	0.16					
7	Su.		rain					5.08	7.35	1.09	1.00					
8	Mo.							5.09	7.34	2.03	1.54					
9	Tu.		and					5.10	7.33	3.03	2.54					
10	We.		thund- er,					5.11	7.31	4.09	4.01					
11	Th.							5.13	7.30	sets	sets					
12	Fr.							5.14	7.28	3.09	3.05					
13	Sa.							5.15	7.26	3.46	3.41					
14	Su.		a little					5.16	7.25	3.21	3.15					
15	Mo.		cooler					5.18	7.23	3.56	3.50					
16	Tu.		for					5.19	7.22	10.32	10.25					
17	We.		some					5.20	7.20	11.11	11.03					
18	Th.							5.21	7.19	11.52	11.44					
19	Fr.		days,					5.22	7.17	a.m.	a.m.					
20	Sa.							5.23	7.16	0.37	0.28					
21	Su.		warm- er					5.24	7.14	1.27	1.18					
22	Mo.		again					5.26	7.12	2.18	2.09					
23	Tu.							5.27	7.10	3.13	3.05					
24	We.		with					5.28	7.08	4.10	4.02					
25	Th.							5.29	7.07	rises	rises					
26	Fr.		rain					5.30	7.05	7.17	7.15					
27	Sa.							5.31	7.03	7.47	7.42					
28	Su.		fre- quent- ly.					5.33	7.02	8.14	8.09					
29	Mo.							5.34	7.00	8.42	8.36					
30	Tu.							5.35	6.58	9.12	9.05					
31	We.							5.36	6.56	9.44	9.37					

Eczema or Salt Rheum.

The Most Torturing and Most Obstinate
of all Itching Skin Diseases.

On account of many vain efforts to cure eczema and driven almost crazy with the itching, stinging sensations which accompany it many declare this disease incurable. Not so with those who have used Dr. Chase's Ointment, for this preparation soon brings relief from the itching and thorough cures the disease itself leaving the skin soft, smooth and natural in appearance.

Do not be afraid to use this preparation regularly and persistently and you will certainly be more than pleased with the results. Thousands of people in Canada have been cured by its use and we refer you to a few sample letters published in this book. They will give you some idea of the extraordinary control which Dr. Chase's Ointment exerts over every form of itching skin disease.

Eczema for 20 Years.

MR. JOHN PRATT, Blythe, Huron Co., Ont., writes:—"I cannot give Dr. Chase's Ointment too much praise for I was troubled with eczema for over twenty years and had been treated by three doctors, though they all failed to cure me. Dr. Chase's Ointment has cured me completely and I have not had the slightest sign of the return of this disease for several months. I am quite satisfied that I have found a permanent cure at last."

Skin Disease for 15 Years.

MRS. JOSEPH BRICKMAN, Gilbert Plains, Man., writes:—"I have used Dr. Chase's Ointment with good success. For fifteen years I was troubled with itching burning skin disease, and tried many remedies, all to no avail, until I used Dr. Chase's Ointment. This preparation gave immediate and lasting relief, and I would not be without it for anything, as it is worth its weight in gold."

Had a Bad Leg.

MR. ALEX. McDougall, postmaster, Broad Cove, Marsh, N.S., writes:—"For twelve years I was a great sufferer from eczema on the inside

of the leg. There was a raw patch of flesh about three inches square, and the itching was something fearful. Dr. Chase's Ointment completely cured me, took away the itching and healed up the sore. I have no hesitation in recommending it as a wonderful cure for itching skin disease."

Dreadful Itching and Burning.

MRS. P. MACMAHAN, Malpaque Road, Charlottetown, P.E.I., and whose husband is a painter, states:—"A little over a year ago I was afflicted with eczema, which distressed me greatly on account of the dreadful itching and burning which it caused. I had tried several salves and ointments for my trouble, but could get no relief till I began using Dr. Chase's Ointment, and it positively cured me. On account of the benefit which I have derived from this preparation I feel special confidence in recommending it to others."

Itching Peculiar to Women.

MRS. SYLVESTER, 16 Clinton Street, Toronto, Ont., says:—"Dr. Chase's Ointment has proved a wonderful remedy to me. I would not be without it for twice its price. It is not merely one of the best, but the very best Ointment ever brought before the public for piles and many other ailments peculiar to women and too numerous to mention."

Running Sore in the Spring.

MR. JOHN POLLARD, Echo Bay, Algoma Co., Ont., writes:—"Last spring I had a running sore right on the knee cap and could scarcely get around with it. It was the sorest thing I ever had and would keep constantly gathering and breaking. Though I tried many salves and liniments they did not seem to do me any good. Hearing about Dr. Chase's Ointment I procured a box and can freely say it cured my leg and I cannot speak too highly of its wonderful healing power."

Itching and Bleeding Piles.

MR. F. G. HARDING, a retired farmer living at Nilestown, Middlesex County, Ont., writes as follows:—"I have been troubled with bleeding and itching piles for four or five years, and suffered intense agony at times. I had tried almost everything, but could get nothing that would give relief. On hearing of Dr. Chase's Ointment I procured a box, and it only required part of it to completely cure me. I am recommending it to all afflicted as I was."

Dr. Chase's Ointment is the only positive and guaranteed cure for every form of itching, bleeding and protruding piles. Read the statements of cured ones on other pages and ask your neighbors about it.

Pin Worms.

Pin worms, also called thread or seat worms, is a trouble most common to childhood but frequently found in adults. The worms which resemble a piece of white thread $\frac{1}{8}$ to $\frac{1}{2}$ inch in length gather at the outlet of the bowels or rectum and cause the most intense itching. In children the suffering is sometimes so great as to lead to convulsions.

This ailment is now happily overcome and positively cured by the use of Dr. Chase's Ointment, a medicine, which when applied to the outlet and gently worked up into it, by reason of its antiseptic, soothing and germ destroying power, not only cures the itching but kills the pin worms without harm to the patient. Many a sufferer from this horrible ailment has found relief and cure in the use of this preparation and now proclaims the extraordinary merit of Dr. Chase's Ointment.

Helpless with Salt Rheum.

MR. LUDGER DUGUAY, Pigeon Hill, Mississquoi Co., Que., writes:—"The experience which my wife has had with Dr. Chase's Ointment for eczema and salt rheum is of very great importance because for many months she was not able to serve herself with her hands. Since having used Dr. Chase's Ointment she has been entirely cured. To any who suffer from similar ailments, we can strongly recommend Dr. Chase's Ointment, believing that it has no equal."

Salt Rheum on Hands.

MR. JAMES McISAACS, 25 Elgin St., Ottawa, Ont., writes:—"I suffered with salt rheum for upwards of ten years, the skin on my hands cracking and breaking so as to make them useless. After trying all sorts of remedies in vain, I became discouraged and thought my sufferings would never end. Last spring I used Dr. Chase's Ointment and in a short time was perfectly cured."

Little Girl Had Eczema.

MR. C. WILEY, who is employed as cooper by the Kennedy & Davis Milling Company, Lindsay, Ont., states:—"I used Dr. Chase's Ointment for eczema on my little girl some few years ago, and soon brought about a thorough and permanent cure. She had suffered for considerable time, and though we tried a great many remedies, Dr. Chase's Ointment was the only preparation to prove effective. I cannot speak too highly of Dr. Chase's Ointment, as it certainly effected a prompt and permanent cure in this case."

Baby Had Eczema

And Suffered what no Pen Can Ever Describe—Three Doctors' Baffled.

MRS. WM. MILLER, St. Catharines, Ont., writes:—"My daughter Mary, when six months old, contracted eczema and for three years the disease baffled all treatment. Her case was one of the worst that had ever come under my notice, and she apparently suffered what no pen could ever describe. I had three different doctors attend her all to no purpose whatever, and all kinds of balms, soaps and lotions were tried with no results. Finally I decided to try Dr. Chase's Ointment and to my surprise she immediately began to improve and was completely cured of that long standing disease. That was four years ago when we lived at Cornwall, Ont., and as not a symptom has shown itself since, the cure must be permanent. With a grateful heart I give this testimony to the great value of Dr. Chase's Ointment."



MARY MILLER.

MR. S. RICHARDSON, JR., Public School Teacher and Sunday School Superintendent, writes:—"I am acquainted with Mr. and Mrs. Wm. Miller and believe they would not make a statement believing it to be in any way misleading or untrue."

Worth \$60 a Box.

MR. R. B. DIXON, McGillivray, B.C., writes:—"I used Dr. Chase's Ointment for eczema last summer, it cost sixty cents a box but was worth \$60. The cure was complete."

"SAY, mamma," queried little Mary, "What's a dead letter?"

"Any letter that is given to your father to mail, my dear," replied the wise mother.

"Did ye ever have yer palm read, Mrs. O'Reilly?"

"Wat a question, Mrs. O'Reagan! Haven't I had ten children an' had to spank the hide aff ivery wan of thim?"

PILES OR HEMORRHOIDS

Torture Many People Who do not Understand Their Ailment and Hesitate to Undergo a Local Examination.

Three Kinds, Itching, Bleeding and Protruding—
All Cause Greatest Misery.

Piles, or hemorrhoids, are small tumors which form in and about the orifice of the rectum. They are caused by an enlarged and inflamed condition of the veins, which are very numerous in this portion of the body. Internal piles are situated along the veins which carry blood from the intestines to the liver; external piles, on the veins which surround the mouth of the rectum.

Piles are of frequent occurrence among people who have a predisposition to rheumatism or gout. Such persons are subject to constipation, and to obstruction in the passage of blood from the intestines, the most common cause of piles. Congestion of the rectum, bladder and uterine organs, ovarian tumors, and nearly all diseases of the liver are followed by piles, and they are very common during pregnancy and immediately after child-birth.

Piles may be acute or chronic, and once they reach the latter stage are likely to last through life, unless they receive active and effective treatment.

In bleeding piles the hemorrhage is sometimes so profuse as to cause death.

Protruding piles are probably most dreaded, because it is commonly believed that a surgical operation is the only means of cure. As a rule piles become at times acutely inflamed and intensely painful. The itching and burning usually increases at night, and the misery which many people endure is beyond description.

There is only one absolute and guaranteed cure for every form of piles, and that is Dr. Chase's Ointment. It is a prompt

relief and permanent cure for this distressing ailment, as you will learn from the testimonial letters in this book.

Twenty Years of Itching Piles.

MR. ALEX. McLAUGHLIN, for thirty years a resident of Bowmanville, Ont., writes:—"For twenty long years I suffered from itching piles, and only persons who have been troubled with that annoying disease can imagine what I endured during that time. About seven years ago I asked a druggist if he had anything to cure me. He said that Dr. Chase's Ointment was most favorably spoken of, and on his recommendation I took a box.

"After three applications I felt better, and by the time I had used one box I was on a fair way to recovery. I continued the treatment until thoroughly cured, and I have not suffered any since. I am firmly convinced that the ointment made a perfect cure.

"I consider Dr. Chase's Ointment an invaluable treatment for piles. In my case I think the cure was remarkable when you consider that I am getting up in years, and had been so long a sufferer from this disease."

Permanent Cure of Inward Piles.

MRS. JANE R. SCOTT, North Grenville, Cumberland Co., N.S., writes:—"Last spring I obtained from you a box of Dr. Chase's Ointment and used it for inward piles. It gave me almost instant relief from the torturing, itching and burning, and as the trouble has never returned I consider the cure a permanent one. You may use this statement for the benefit of others."

Bleeding Piles.

MR. JAS. JACKSON, of the Laurie Spool Company, St. Alexis de Monts, Que., writes:—"You may put my name to any praise you can give to Dr. Chase's Ointment, for it has done me more good than any medicine I ever used.

"I was troubled for two years with that cruel disease, bleeding piles, and after using Dr. Chase's Ointment, I can say I am entirely rid of it. It is a treasure to all suffering from piles."

DAY OF MONTH.
DAY OF WEEK.
ZODICAL SIGNS.
WEATHER FORECAST.

September 1904

Moon's Phases—Ontario. Mar. Prov.
 Last Quarter.. 2 9 58 p.m. 2 10 58 p.m.
 New Moon.... 9 3 43 p.m. 9 4 43 p.m.
 First Quarter.. 16 10 13 a.m. 16 11 13 a.m.
 Full Moon..... 24 0 50 p.m. 24 1 50 p.m.

Ont., Que. and Mar. Provinces.
 Sun Rises h.m. Sun Sets h.m. Moon Rises h. m. Moon Rises h. m.

DAY OF MONTH.	DAY OF WEEK.	ZODICAL SIGNS.	WEATHER FORECAST.		Sun Rises h.m.	Sun Sets h.m.	Moon Rises h. m.	Moon Rises h. m.
1	Th.				5.37	6.54	10.21	10.13
2	Fr.		Cool		5.39	6.52	11.03	10.55
3	Sa.		with		5.40	6.51	11.50	11.41
4	Su.		light		5.41	6.49	a.m.	a.m.
5	Mo.		frost,		5.42	6.47	0.44	0.35
6	Tu.				5.44	6.45	1.46	1.38
7	We.				5.45	6.44	2.55	2.47
8	Th.		warm- er		5.46	6.42	4.07	4.00
9	Fr.				5.47	6.40	sets	sets
10	Sa.		with		5.48	6.38	7.15	7.10
11	Su.		heavy		5.50	6.36	7.51	7.45
12	Mo.		thund- er		5.51	6.34	8.28	8.21
13	Tu.		and		5.52	6.32	9.08	9.00
14	We.		rain,		5.53	6.30	9.48	9.40
15	Th.				5.55	6.28	10.34	10.25
16	Fr.				5.56	6.26	11.22	11.13
17	Sa.		warm		5.57	6.24	a.m.	a.m.
18	Su.		and		5.58	6.23	0.14	0.05
19	Mo.				5.59	6.21	1.07	0.59
20	Tu.		dry		6.00	6.19	2.04	1.56
21	We.		to		6.02	6.17	3.00	2.53
22	Th.				6.03	6.15	3.59	3.52
23	Fr.		end		6.04	6.13	4.54	4.48
24	Sa.				6.05	6.11	rises	rises
25	Su.		of		6.07	6.09	6.46	6.40
26	Mo.				6.08	6.07	7.15	7.09
27	Tu.		month.		6.09	6.06	7.46	7.39
28	We.				6.10	6.04	8.21	8.13
29	Th.				6.11	6.02	9.00	8.52
30	Fr.				6.12	6.00	9.44	9.35

Guaranteed Cure For Itching Piles.

The Most Prompt Relief and Certain Cure for Piles, that was ever Discovered.

It is impossible to claim too much for Dr. Chase's Ointment as a treatment for piles of every form—itching, bleeding and protruding—for many of the cures which it has brought about are more like miracles than anything else. When doctors have failed through medical treatment and surgeons have found operations ineffective, cure has been brought about by the use of Dr. Chase's Ointment, without the pain, risk or expense which attends the other treatments.

Dr. Chase's Ointment has a wonderfully soothing, healing effect, and wherever applied to burning, itching and inflamed skin it affords almost instant relief, cooling the fires of disease and healing the raw ulcerous skin. It is antiseptic and cleansing, and these features, combined with its marvellous curative properties, go to make it the most successful Ointment that the world has ever known.

The record made by Dr. Chase's Ointment is, we believe, unparelled in the history of medicine, and it receives more unsolicited recommendation than any similar preparation. We only have space for a few letters here and would request that you ask your neighbors about it. See coupon for free sample on page 40.

Endless Annoyance and Misery.

REV. WM. THOMAS, Brownsville, Ont., writes:—"As a man of seventy years I am grateful to God and to Dr. Chase's Ointment for a cure of piles which had caused me endless annoyance and much misery. The itching and burning was almost beyond endurance, but Dr. Chase's Ointment brought quick relief and as the trouble has not returned, I have reason to believe that the cure is lasting."

Red Hot Iron as A Cure for Piles.

Cruel Treatment Advised by Doctor—
A Dreadful Case of Piles Cured by
Dr. Chase's Ointment.

MR. ALEX. McLEAN, Tarbot Vale, N.S., writes:—"As section man on the railroad, I was exposed to all sorts of weather, my health failed, and I became a victim of protruding piles. Though a doctor treated me for piles, they only grew worse and I was forced to give up work and go home. My sufferings could scarcely be described, I could not walk or lie down, and while the rest of the family slept I would be groaning with excruciating pains.



MR. McLEAN.

"The second doctor told me the piles would have to be burned with a red-hot iron, but I could not think of undergoing such an operation, so he gave me a box of salve, for which he charged me two dollars, but did me no good. My experience with Dr. Chase's Ointment is that the first application did me more good than did the two doctors, and finally made me as well and free from piles as any man. Since being cured I worked during the winter in the lumber woods, and had no return of my old trouble. Dr. Chase's Ointment was worth one hundred dollars a box to me."

Saved from a Painful Operation.

REV. S. A. DUPRAU, Methodist Minister, residing in Belleville, Ont., states:—"I was troubled with itching and bleeding piles for years, and they ultimately attained to a very violent form. Large lumps or abscesses formed so that it was with great difficulty and considerable pain that I was able to stool. At this severe crisis I purchased a box of Dr. Chase's Ointment, but I had little or no faith in it, as I had tried various remedies before and to no purpose.

"Now, imagine how great and joyous was my surprise to find that just the one box cured me, so that the lumps disappeared and also the external swelling. I feel like a different man to-day and have not the least doubt that Dr. Chase's Ointment saved me from a very dangerous and painful operation and many years of suffering. It is with a thankful heart that I give this testimonial, knowing that Dr. Chase's Ointment has done so much for me."

Doctor Advised an Operation for Piles.

Quick and Lasting Cure Effected by Dr. Chase's Ointment.

MRS. CHAS. F. SMITH, of 9 Wallace Avenue, Toronto, Ont., writes:—"I was in continual torment for nineteen years with that terrible disease, itching, bleeding piles, and, notwithstanding all the remedies and doctor's treatments I tried, was unable to get any but slight temporary relief. The doctor advised an operation, but my husband objected, and it seemed as if I was to suffer for all time to come, when I was told of the wonderful effect Dr. Chase's Ointment had on that complaint.

"I have since used it, and found it really marvellous in its action, soothing and healing very quickly, for since using two boxes the parts are entirely healed and the itching and bleeding permanently ceased. Considering the length of time I suffered, the change and freedom from pain is a great relief. I honestly believe that Dr. Chase's Ointment is the only positive cure for piles."

Sleep or Rest Impossible.

MR. JAMES P. ROSS, Stonehouse, Cumberland County, N.S., writes:—"I suffered for years with itching piles and at times my agony was intense. I could not sleep at night or get any rest on account of the terrible itching. I had tried doctors' medicine and salve and everything I thought would help me, but got no relief until I began to use Dr. Chase's Ointment. I had not used half a box of this preparation before I felt a remarkable improvement, and I am now entirely cured."

Torture of Itching Piles.

MR. JOHN HARVEY, Mayor of Arnprior, Ont., states:—"Only persons who have experienced the torture of itching piles can form any idea of what I suffered from this horrible disease. I was advised to try Dr. Chase's Ointment, and can positively say that it has completely cured me. I had tried very many so-called cures for piles, and can truthfully say that there is no remedy on the face of the earth like Dr. Chase's Ointment for this purpose. I would not be without it for any amount of money, and can heartily recommend it to all sufferers, as it is the best thing I ever used."

Bleeding, Protruding Piles.

MR. DUNCAN MACVICAR, Caledonia Mines, N.S., writes:—"For a number of years I have been troubled with bleeding and protruding piles. I tried several salves and ointments which only afforded me temporary relief. Sometimes I would be laid off from work for weeks. One day last winter one of your books came into my hands and after reading the testimonials of Mr. Donald McLean, of Tarbot Vale, N.S., and Rev. S. A. Duprau, of Belleville, Ont., I decided to give Dr. Chase's Ointment a trial. After using two boxes of this ointment I found myself completely cured. What I suffered from that awful disease would fill a big book. You are at liberty to publish this as it may be the means of convincing some poor sufferer, such as I was, that there is a cure for piles. To all sufferers from piles in any form I would recommend Dr. Chase's Ointment as the only cure."

Some are Skeptical.

It is little wonder that some people find it difficult to believe that there is an actual cure for piles, eczema and other torturing skin diseases. Many have spent small fortunes in salves and lotions and undergone expensive, painful and dangerous operations all to no avail and consider it incredible that an ointment will effect a cure.

To overcome this skepticism we have published here the evidence of many thoroughly reliable and well-known people, but if this is not sufficient we are willing to go further and send you a sample box of Dr. Chase's Ointment, free of cost, if you will fill out the coupon printed below and enclose a two cent stamp to pay postage. We want every unbeliever to take advantage of this opportunity.

COUPON

We have such confidence in Dr. Chase's Ointment that we want you to try it at our expense and will mail you a sample box on receipt of this coupon and a two cent stamp to pay postage. Address:

EDMANSON, BATES & Co., Toronto, Ont.

Name.....

Address.....

State here for what Wanted

Dr. Chase's Liver Cure

A Specific Especially Prepared for Diseases of the Liver.

Upon the liver more than upon any other organ of the body depends the general health. Physicians are accustomed to call the liver the governor of the body so important is its controlling influence. Once the liver fails to filter the poisonous bile from the blood there is a clogging and poisoning of the whole system of circulation and digestion. The more fully you realize the importance of the liver the more you will appreciate the far reaching effects of Dr. Chase's Liver Cure.

Dr. Chase's Liver Cure is not recommended as a cure for any disease that is not the direct result of a disordered liver. If, however, your liver is sluggish or defective, if you have a yellow complexion, pain in the shoulder, oppression about the stomach, bitter taste in the mouth, sick headache, liver spots, cold hands or feet, irregular bowels, or depressed spirits, Dr. Chase's Liver Cure will perfectly regulate the liver and thoroughly cure you.

The bile which the healthy liver filters from the blood is nature's cathartic and ensures regular and natural action of the bowels. By setting the liver right Dr. Chase's Liver Cure affords a lasting cure for constipation which is the cause of probably nine tenths of the disorders of the digestive system. You can therefore readily understand that while this treatment is recommended particularly for liver derangements it is far reaching in its effects and by setting the liver right removes the cause of many symptoms.

Dr. Chase's Liver Cure may be considered old fashioned by some because it is in liquid form, put up in large bottles and is a little bitter to the taste but it has worked its way into public favor solely on its merits and has been instrumental in bringing about many extraordinary cures.

Torpid Liver.

MISS MARY D. TAPLEY, Lakeville, N.B., states:—"For about eighteen years I suffered with torpid liver which resulted in general debility and extreme weakness. My doctor said I could not live for six months. I was advised to try Dr. Chase's Liver Cure, and did so because it is one of the few medicines which is advertised that is not claimed to be a cure for everything. Several bottles taken during the last few months have restored me to health and strength, and I take great pleasure in testifying to its sterling character. People around here consider my case a miracle, as when I took bad I would lie like a corpse for days at a time.

Biliousness.

MRS. H. S. MOAR, Montague Bridge, P.E. Island, writes:—"I have used Dr. Chase's Liver Cure and five or six boxes of his Kidney-Liver Pills, and can say that this is the only treatment that I ever got to do me any good. For eight or ten years I was a terrible sufferer from biliousness and liver trouble, and though I went to a doctor until I was tired and discouraged he could not do me any good. I can truthfully say that I believe Dr. Chase's Liver Cure has saved my life. I found it a little strong at first but was very glad to get a cure."

Dr. Chase's Liver Cure is sold in a large bottle containing 100 doses for 50 cents. As an invigorating and regulating medicine for the liver it is unapproached. At all dealers, or Edmanson, Bates & Co., Toronto. Owing to the large size of this bottle Dr. Chase's Liver Cure cannot be sent by mail. It will be sent by express, at your expense, or your dealer will get it for you if you insist.

October 1904

Moon's Phases—Ontario.		Mar. Prov.	
☾ Last Quarter..	2 8 52 a.m.	2 9 52 a.m.	
☾ New Moon....	9 0 25 a.m.	9 1 25 a.m.	
☽ First Quarter..	16 0 54 a.m.	16 1 54 a.m.	
☽ Full Moon.....	24 5 56 a.m.	24 6 56 a.m.	
☾ Last Quarter..	31 6 13 p.m.	31 7 13 p.m.	

Ont., Que. and Mar. Provinces.			
Sun Rises	Sun Sets	Moon Rises	Moon Rises
h. m.	h. m.	h. m.	h. m.

DAY OF MONTH.	DAY OF WEEK.	ZODICAL SIGNS.	WEATHER FORECAST.		Sun Rises	Sun Sets	Moon Rises	Moon Rises
					h. m.	h. m.	h. m.	h. m.
1	Sa.	♌	Warm		6.14	5.58	10.85	10.26
2	Su.	♍	and		6.15	5.56	11.32	11.23
3	Mo.	♎			6.16	5.54	a.m.	a.m.
4	Tu.	♏	sh'w'ry		6.18	5.52	0.37	0.28
5	We.	♐			6.19	5.50	1.44	1.36
6	Th.	♑	cooler		6.20	5.49	2.57	2.50
7	Fr.	♒	with		6.21	5.47	4.11	4.05
8	Sa.	♓	mark'd		6.23	5.45	sets	sets
9	Su.	♈	frosts		6.24	5.43	6.20	6.14
10	Mo.	♉	at		6.25	5.41	7.00	6.53
11	Tu.	♊	night,		6.26	5.39	7.41	7.33
12	We.	♋			6.28	5.37	8.25	8.17
13	Th.	♌	warm		6.29	5.36	9.13	9.04
14	Fr.	♍			6.31	5.34	10.06	9.57
15	Sa.	♎	again		6.32	5.32	10.59	10.51
16	Su.	♏	with		6.33	5.30	11.56	11.48
17	Mo.	♐			6.34	5.28	a.m.	a.m.
18	Tu.	♑	thund- er		6.35	5.26	0.54	0.46
19	We.	♒	and		6.37	5.25	1.50	1.43
20	Th.	♓	heavy		6.38	5.23	2.47	2.41
21	Fr.	♈	rain		6.39	5.22	3.45	3.39
22	Sa.	♉			6.40	5.21	4.43	4.38
23	Su.	♊	cooler		6.41	5.20	rises	rises
24	Mo.	♋	with		6.43	5.18	5.49	5.42
25	Tu.	♌	rain		6.44	5.16	6.23	6.15
26	We.	♍	for		6.46	5.14	6.59	6.51
27	Th.	♎	some		6.47	5.12	7.42	7.33
28	Fr.	♏	days,		6.48	5.11	8.31	8.22
29	Sa.	♐			6.49	5.09	9.25	9.16
30	Su.	♑	ends		6.51	5.08	10.25	10.17
31	Mo.	♒	snowy.		6.52	5.06	11.30	11.22



BABY ILER.

Dr. Chase's Syrup of Linseed and Turpentine

Bronchitis.

Mrs. EUGENE ILER, King Street, Truro, N.S., states:—"From an infant one of my children was troubled with bronchitis, and the least cold would aggravate the trouble. We could not get anything to help him and were often greatly alarmed. Hearing of Dr. Chase's Syrup of Linseed and Turpentine as a treatment for bronchitis we used it, and are glad to state that it effected a complete cure. If any of the children take a cold or cough I give this medicine, and have never known it to fail to bring relief.

IT is well enough for the wealthy physician to advise his patient to go to the pine groves of Georgia or some far off country for the cure of asthma, bronchitis or consumption, but few can afford such trips. What Dr. Chase did was to bring the benefits of the pine groves to each and every sufferer from throat and lung affections. How far he has succeeded is best told by the record of his great prescription—Dr. Chase's Syrup of Linseed and Turpentine.

Turpentine is the very essence of the pine tree and its medicinal qualities have been well known for generations. In Dr. Chase's Syrup of Linseed and Turpentine it has been so compounded with half a dozen other ingredients as to render it pleasant to use and wonderfully effective in allaying inflammation, aiding expectoration, soothing and healing the irritated linings of the bronchial tubes and lungs and curing coughs, colds and all similar ailments.

It stands to reason that Dr. Chase's Syrup of Linseed and Turpentine would be better than some off hand prescription from a doctor, hastily written and hastily compounded in a drug store. As a matter of fact the process of manufacture of this great throat and lung medicine is so long and tedious and some of the ingredients so expensive that no druggist could afford to fill the prescription for anything like the price for which it is sold.

You cannot compare Dr. Chase's Syrup of Linseed and Turpentine with any remedy you ever used. It is unique as a treatment for throat and lung troubles. There are other preparations of linseed and turpentine put up in imitation of Dr. Chase's, and it is therefore important that you be careful when buying, and be sure that the wrapper bears the portrait and signature of Dr. A. W. Chase, the famous Receipt Book author.

Bronchitis and Asthma.

Are very Similar in Nature and
Frequently go Hand in Hand.

The very fact that Dr. Chase's Syrup of Linseed and Turpentine is so remarkably successful in curing every form of bronchitis and asthma is sufficient proof that it is far more than a mere cough remedy and that it acts directly on the bronchial tubes and lungs. The chest pains and soreness, the tightness and desperate struggle for breath which characterizes these ailments drive many to despair who have not yet learned of the efficiency of Dr. Chase's Syrup of Linseed and Turpentine. Both bronchitis and asthma tend to become chronic and return time and again and hence the wisdom of the prompt use of this great medicine at the first indication of their approach.

Bronchitis and Asthma.

MRS. G. H. REID, North Augusta, Ont., says:—"Being troubled with bronchitis and asthma for a long time, have tried several remedies, but all failed to touch the spot until I tried Dr. Chase's Syrup of Linseed and Turpentine. I got relief from the first bottle. I can highly recommend it to all humanity suffering from throat or lung troubles. And you are at liberty to use this testimony as you see fit."

Severe Case of Asthma.

MRS. GEORGE BUDDEN, Putnamville, Ont., says:—"I feel it my duty to recommend Dr. Chase's Syrup of Linseed and Turpentine, as I had the asthma very bad; could get nothing to do me any good. A friend of mine persuaded me to try this remedy, as he had tried it and it proved successful. I tried it and it cured me. I am thankful to-day to say I am a well woman through the use of this remedy. I keep it in the house all the time and would not be without it."

Children Love It.

MR. W. A. WYLIE, 57 Seaton Street, Toronto, states:—"My little grandchild had suffered with a nasty, hacking cough for about eight weeks when we purchased a bottle of Dr. Chase's Syrup of Linseed and Turpentine. After the first dose

she called it "honey" and was eager for medicine time to come around. I can simply state that part of one bottle cured her and she is now well and as bright as a cricket."

Severe Chest Cold.

MRS. J. PROVOST, Renfrew, Ont., states:—"My fourteen-year-old boy had a very severe cold in the chest last winter and I really thought he was going to die. He coughed nearly all the time and sometimes would spit up blood. We had about given up all hopes of his recovery when I heard of Dr. Chase's Syrup of Linseed and Turpentine. After using one bottle there was a great change in his condition, and I can positively say that he was completely cured by two bottles and he has not been troubled since. I never saw medicine take such quick effect and can sincerely recommend it."

Brings Relief at Once.

MR. W. STAFFORD, 88 Brussels St., St. John, N.B., states:—"I have used Dr. Chase's Syrup of Linseed and Turpentine for coughs and colds, and do not think there is a better remedy known than this. It seems to go directly to the diseased parts and brings relief at once. I have such faith in this remedy and Dr. Chase's Kidney-Liver Pills, that we always keep both these preparations in the house."

Coughs and Colds.

MRS. GOULD, 279 Euclid Ave., Toronto, states:—"I can speak with confidence of at least two of Dr. Chase's remedies. I refer to Dr. Chase's Syrup of Linseed and Turpentine and Dr. Chase's Catarrh Cure. The first named I believe to be the finest medicine for coughs and colds that can be had, and particularly for children.

My husband with a few treatments of Dr. Chase's Catarrh Cure has entirely rid himself of an irritating cold in the head. I shall be pleased to recommend these remedies to my friends and to any one enquiring."

HUSBAND—"What did the doctor say, Mary?"

WIFE—"Not much. He told me to put out my tongue."

HUSBAND—"Yes."

WIFE—"And he said 'overworked.'"

HUSBAND—(With a long sigh)—"Then you'll have to give it a rest. That doctor knows his business."

THE self-made man was speaking. He said: "My father was a raiser of hogs. There was a large family of us." And then his voice was drowned by the applause.

Neglected Colds Lead to Consumption.

A combined treatment which will positively cure consumption in its earlier stages.

Inflammation of the throat and bronchial tubes, cough, weakness of voice, continual hawking and spitting, pain and difficulty in expectoraton, loss of flesh, sleeplessness and general weakness of the system are indications of throat consumption, which is in most cases the starting point of what leads to consumption of the lungs and death.

It is the old story of catching cold after cold, one upon the other, until the system is weakened and depressed and the germs of consumption find an easy entrance. General as well as local treatment is absolutely imperative for diseases of this nature which attack the constitution and aim at the vital organs of the body.

To clear the throat, ease and loosen the cough and make expectoration easy, Dr. Chase's Syrup of Linseed and Turpentine is of incalculable value. It positively checks disease, and affords relief from the distressing symptoms which fasten themselves on the victim of our national malady.

Then it is that Dr. Chase's Nerve Food should be regularly and persistently taken to restore vitality to the system and prevent emaciation, loss of appetite, fever and the terrible night sweats which sap the life from the weakened body. You can fight off consumption by this combined treatment, and thousands of persons to-day are living witnesses of the wonderful efficiency of this treatment.

But the best way by far is to prevent consumption. Call a quick halt to the cough and cold by the prompt use of Dr. Chase's Syrup of Linseed and Turpentine. It is beyond all odds the most thorough and far reaching remedy ever prescribed for diseases of the throat and lungs.

Great Pains in the Chest.

MR. JOHN CLARK, coachman, Port Hope, Ont., states:—"Being exposed to all sorts of weather I frequently catch cold. Last winter I was so bad with a cold that I could not speak above a whisper and had great pains in the chest. At last I feared it would develop into consumption if I did not succeed in getting proper treatment.

"A friend advised me to try Dr. Chase's Syrup of Linseed and Turpentine and I began to improve before I had taken half a bottle. One bottle cured my cold which I believe would have proven very serious if I had not used this medicine."

All the Symptoms of Pneumonia.

MR. D. GRAHAM, 45 Callendar Street, Toronto, states:—"My boy, aged six years, was developing all the symptoms of pneumonia when we commenced giving him this valuable remedy. It very quickly checked the advance of the disease and in a few days he was as well as ever and at school again."

Severe Cold and Bad Cough.

MRS. J. W. LLOYD, Albion Street, Belleville, Ont., states:—"In the beginning of last winter I



took a very severe cold accompanied with a bad cough and was almost laid up for a time. I tried several remedies but with indifferent results. On the advice of a friend I got a bottle of Dr. Chase's Syrup of Linseed and Turpentine and found that it relieved the cough at once. By the time I had taken the one bottle my cold was gone and I can truthfully recommend it as a splendid remedy for coughs and colds.

Was Cured of Asthma.

MRS. A. A. VANBUSKIRK, Robinson Street, Moncton, N.B., writes:—"For years I have used Dr. Chase's Syrup of Linseed and Turpentine for my children when they have colds in the winter. I first used it with my daughter who suffered from a severe form of asthma. The least exposure to cold would lay her up and she would nearly suffocate for want of breath. I must say I found it to be a most satisfactory treatment and it has entirely cured her. It seemed to go direct to the diseased parts and bring the desired relief."

DAY OF MONTH.	DAY OF WEEK.	ZODICAL SIGNS.	WEATHER FORECAST.	November 1904				Moon's Phases—Ontario.		Mar. Prov.		Ont., Que. and Mar. Provinces.			
				● New Moon . . .	○ First Quarter . . .	☾ Full Moon . . .	☽ Last Quarter . . .	d. h. m.	d. h. m.	d. h. m.	d. h. m.	Sun Rises h. m.	Sun Sets h. m.	Moon Rises h. m.	Moon Sets h. m.
1	Tu.											6.53	5.05	a.m.	a.m.
2	We.		Cool									6.54	5.08	0.39	0.32
3	Th.											6.56	5.02	1.49	1.43
4	Fr.		rainy									6.58	5.01	3.02	2.57
5	Sa.											7.00	5.00	4.16	4.11
6	Su.		weath- er									7.01	4.58	5.30	5.26
7	Mo.											7.03	4.57	sets	sets
8	Tu.		pre- vailling									7.04	4.55	6.13	6.05
9	We.											7.05	4.54	7.01	6.52
10	Th.		warm									7.07	4.53	7.53	7.44
11	Fr.											7.08	4.52	8.47	8.38
12	Sa.		and									7.09	4.51	9.45	9.37
13	Su.		rainy									7.11	4.50	10.42	10.34
14	Mo.		change									7.12	4.49	11.39	11.32
15	Tu.		to									7.14	4.48	a.m.	a.m.
16	We.		snow									7.15	4.47	0.39	0.32
17	Th.		and									7.16	4.46	1.36	1.30
18	Fr.											7.17	4.45	2.32	2.27
19	Sa.		cold,									7.18	4.44	3.31	3.27
20	Su.											7.20	4.43	4.31	4.27
21	Mo.		con- tinues									7.21	4.42	5.31	5.28
22	Tu.											7.23	4.42	6.31	6.29
23	We.		cold									7.24	4.41	7.32	7.30
24	Th.											7.26	4.41	rises	rises
25	Fr.		with									7.27	4.40	7.19	7.10
26	Sa.		rain									7.28	4.40	8.20	8.11
27	Su.		and									7.29	4.39	9.23	9.15
28	Mo.											7.31	4.38	10.29	10.22
29	Tu.		snow.									7.32	4.37	11.39	11.32
30	We.											7.33	4.37	a.m.	a.m.



Dr. Chase's Catarrh Cure

BY means of the improved blower which is given free with each box of Dr. Chase's Catarrh Cure, this preparation is sent direct to the diseased parts, cleanses and clears the air passages, relieves the pressure which causes headache and deafness, heals the catarrhal ulcers, counteracts foul breath, stops droppings into the throat and positively cures catarrh, cold in the head and hay fever. You need not fear to use Dr. Chase's Catarrh Cure just as often as you feel the need of it. Though powerful in action it is perfectly free from cocaine and all dangerous and harmful drugs as is proven by the certificate of Dominion Analyst, Thomas Heys, which appears in another column.

Catarrh.

Catarrh is in reality an inflammation. The blood vessels of the parts affected increase in size, there is an unusual flow of liquid and a casting off of some part of the membrane itself, causing a thick, ropy discharge. The cause of catarrh is usually exposure to cold or sudden change of temperature and the inflammation set up may attack the membranous lining of any part of the body. With some it is the nose or throat and with others it is the lungs, stomach, liver or kidneys that become diseased.

On account of being more readily exposed to cold, the nose and throat are usually the points where catarrh has its beginnings. The inflammation set up in these organs follows the membranous lining into the lungs or stomach, where it becomes known as consumption and catarrh of the stomach or it may continue its course until the liver, kidneys and intestines are inflamed and diseased.

If people could but realize the proportion of cases of catarrh that eventually

lead to consumption, there would be less neglect of this insidious and treacherous disease.

Symptoms.

Sneezing.
Hawking and spitting.
Droppings in the throat.
Difficult breathing.
Hoarseness.
Deafness.
Running at the nose.
Offensive breath.
Watery eyes.
Redness of the nose.
General weakness and debility.
Headache.
Noises in the ears.
Stomach derangements.
Stuffed up air passages.

Dr. Chase's Catarrh Cure has been endorsed by thousands of people who have tested its worth. You will find in this book a few samples of the letters we receive.

DAY OF MONTH	DAY OF WEEK	ZODIACAL SIGNS.	WEATHER FORECAST.	Moon's Phases—Ontario.		Mar. Prov.		Ont., Que. and Mar. Provinces.				
					d. h. m.		d. h. m.	Sun Rises	Sun Sets	Moon Rises	Moon Sets	
December 1904				● New Moon	6 10 46 p.m.	6 11 46 p.m.						
				☾ First Quarter	14 5 7 p.m.	14 6 7 p.m.						
				○ Full Moon	22 1 1 p.m.	22 2 1 p.m.						
				☾ Last Quarter	29 10 46 a.m.	29 11 46 a.m.						
1	Th.	♏					7.34	4.36	0.49	0.43		
2	Fr.	♏					7.35	4.36	1.59	1.54		
3	Sa.	♏	Cold				7.36	4.36	3.10	3.06		
4	Su.	♏	keen				7.37	4.36	4.21	4.18		
5	Mo.	♏	weath- er				7.38	4.35	5.31	5.29		
6	Tu.	♏					7.39	4.35	sets	sets		
7	We.	♏	and				7.40	4.35	5.38	5.29		
8	Th.	♏					7.41	4.35	6.31	6.22		
9	Fr.	♏	snow				7.42	4.35	7.28	7.19		
10	Sa.	♏	storms,				7.43	4.35	8.27	8.19		
11	Su.	♏	moder- ates				7.44	4.35	9.26	9.18		
12	Mo.	♏					7.45	4.35	10.24	10.17		
13	Tu.	♏	slight- ly				7.46	4.35	11.21	11.15		
14	We.	♏					7.47	4.35	a.m.	a.m.		
15	Th.	♏	but				7.47	4.35	0.20	0.14		
16	Fr.	♏	quick- ly				7.48	4.35	1.19	1.14		
17	Sa.	♏					7.49	4.36	2.17	2.13		
18	Su.	♏	chang's				7.50	4.36	3.16	3.13		
19	Mo.	♏	to				7.50	4.36	4.16	4.14		
20	Tu.	♏	cold,				7.51	4.37	5.17	5.15		
21	We.	♏	and				7.51	4.37	6.18	6.16		
22	Th.	♏	stormy				7.52	4.38	rises	rises		
23	Fr.	♏	with				7.52	4.38	6.03	5.59		
24	Sa.	♏	snow				7.53	4.39	7.11	7.03		
25	Su.	♏	year				7.53	4.39	8.20	8.12		
26	Mo.	♏					7.53	4.40	9.30	9.23		
27	Tu.	♏	ends				7.54	4.40	10.40	10.34		
28	We.	♏	warm- er				7.54	4.41	11.50	11.45		
29	Th.	♏	with				7.54	4.42	a.m.	a.m.		
30	Fr.	♏	rain.				7.54	4.43	0.59	0.55		
31	Sa.	♏					7.54	4.44	2.09	2.06		

Catarrh Ravages The Whole System.

Constitutional as well as local treatment is necessary for the complete restoration of health.

Though we firmly believe that there is no preparation extant which affords such prompt relief and cure for the distressing symptoms of catarrh as Dr. Chase's Catarrh Cure, we recognize the necessity in the majority of cases of a general treatment to rebuild the wasted tissues, and consequently desire to emphasize the importance of using Dr. Chase's Nerve Food along with Dr. Chase's Catarrh Cure. This is the ideal treatment for catarrh, because while the Catarrh Cure clears and purifies the choked up air passages, relieves the pressure which causes headache, and heals the catarrhal ulcers on the membraneous linings, the Nerve Food enriches the blood, tones up the system and enables the constitution to entirely throw off the disease.

This combined treatment has proven so remarkably successful in scores of hundreds of chronic cases that we can, with unusual confidence, recommend it to all sufferers from catarrh. In this country more people are subject to catarrh than to any other disease. It is the easiest thing in the world to call catarrh "cold in the head" and to neglect treatment with the fond hope that the disease will gradually wear away. Unfortunately such is not the case. Each fresh cold adds new impetus to the disease, and slowly, but certainly, it fastens itself on the system until it becomes chronic and gradually eats out the life of its victim.

In the combined use of Dr. Chase's Catarrh Cure and Nerve Food you will find the most thorough and effective treatment that was ever devised for catarrh. Relief is prompt and thorough and the cure lasting.

Ideal Treatment for Catarrh.

MR. W. H. LA BLANCE, Bonfield, Ont., writes:—"I was a sufferer from catarrh for fifteen years and could not get cured. The disease had so ravaged my system that I was nervous and very weak. I am now thankful to say that I believe I am thoroughly cured by the use of Dr. Chase's remedies. The Catarrh Cure cleared out my head and healed the catarrh, while the Nerve Food built up and strengthened my body. This is in my opinion the ideal treatment for catarrh, and I shall willingly answer any enquiries as to my cure."

System Depleted by Catarrh.

MR. JOHN WORRALL, 335 Victoria Street, London, Ont., states:—"For years I suffered a great deal with catarrh in the head. I tried everything I could hear of for it, but it remained for Dr. Chase's Catarrh Cure to cure me. Though entirely free from catarrh, I was left in a nervous and run down condition and then began using Dr. Chase's Nerve Food, which has built up my system, strengthened my nerves and made me strong and well. We have also used Dr. Chase's Syrup of Linseed and Turpentine in our family for coughs and colds, and never knew it to fail to cure these ailments."



MRS. WORRALL

Cured of Nasal Catarrh.

MR. W. S. MARTIN, Leading Tickles, District of Twillingate, Nfld., states:—"I recommend Dr. Chase's Catarrh Cure because it is the best medicine for catarrh in the head that I have ever been able to obtain. I was troubled with this affliction and tried several medicines for it all to no avail until I ran across Dr. Chase's Catarrh Cure at a drug store. I have used two boxes and feel quite cured."

Now Breathes Freely and Easily.

MR. A. L. BASTIEN, Racine, Shefford Co., Que., writes:—"For two years I suffered from catarrh. My head was stuffed up, I had difficulty in breathing and the droppings into the throat caused me to hawk and spit a great deal, especially in the morning.

"Reading in the papers about Dr. Chase's Catarrh Cure I tried it with most satisfactory results. My head is clear now, I breath as easily as when a child and believe I am entirely cured of Catarrh. It is a pleasure to recommend so excellent a remedy."

Frightful Results of Using Cocaine.

A Habit which Many Form by Using this Drug in Catarrh Remedies.

As a destroyer of mind and body there is probably no drug more effective than cocaine. When morphine and opium have ceased to have any influence on the brain and nervous system, cocaine is resorted to, and in all large cities are found dens and drug stores where cocaine fiends are supplied with the drug that eats out their life and makes them wrecks—mental, moral and physical wrecks.

Strange to say the cocaine habit is most frequently formed by using catarrh remedies containing this deadly drug. Gradually the desire for cocaine grows on a person until he can scarcely live without it and would sacrifice family, home and friends to obtain it. On account of the frightful effects of this ingredient nine-tenths of the catarrh remedies are prohibited from entering Ohio and several other states of the Union.

Dr. Chase's Catarrh Cure is the most successful remedy for catarrh ever offered for sale, but it does not contain a single grain of cocaine or any injurious drug, as is evidenced by the following certificate of purity from Dominion Analyst Heys, of Toronto:—

"I have made an examination of Dr. A. W. Chase's Catarrh Cure for Cocaine and any of its compounds, from samples purchased in the open market, and find none present."

(Signed) **THOMAS HEYS,**
Analytical Chemist, Toronto.

SPECIAL NOTICE.

If on account of exposure to dampness, or other causes not under our control, any of Dr. Chase's remedies reach you in a damaged condition, you will confer a favor by returning same to our offices, when we shall gladly replace them at our expense with similar goods in proper condition.

Write our Doctor

His Advice is free to all who Send for
Symptom Blank and fill it out.

If you are not well and desire to find out exactly what your ailment is, send to us for symptom blank, fill it out and get our doctor's opinion. He will tell you plainly the nature of your disease and the treatment which he believes to be the best suited to your case. There is no charge whatever for advice, and you are cordially invited to take this opportunity of consulting our doctor.

All correspondence is treated as strictly confidential, and your case will have just as thorough consideration as though you were paying a doctor ten or fifteen dollars for an examination.

How to Order by Mail

When you Cannot Procure DR. CHASE'S REMEDIES from your Dealer.

Dr. Chase's Remedies are so thoroughly well known in every district of Canada and the United States, that nearly every dealer keeps them in stock. If you cannot get them from your dealer, or live at a distance from town, write direct to these offices, enclosing the price for the remedies you want, and they will be forwarded postpaid to your address.

- Dr. A. W. Chase's Kidney-Liver Pills, one pill a dose, 25 cents a box, 5 boxes for \$1.00.
- Dr. A. W. Chase's Ointment, 60 cents a box.
- Dr. A. W. Chase's Nerve Food, (Pills), 50 cents a box, 6 boxes for \$2.50.
- Dr. A. W. Chase's Catarrh Cure, 25 cents a box, blower free.
- Dr. A. W. Chase's Syrup of Linseed and Turpentine, 25 cents a bottle. Family size, three times as much, 60 cents. *Can only be sent by express at buyer's cost.*
- Dr. A. W. Chase's Liver Cure, 50 cents. *Can only be sent by express at buyer's cost.*
- Dr. A. W. Chase's Backache Plaster, 25 cents each, 5 for \$1.00.

EDMANSON, BATES & CO.

32 Colborne Street, - TORONTO, ONT.

See sample coupons on pages 32 and 40.

NOTE YOUR INCREASE IN WEIGHT
 While Using **Dr. Chase's
 Nerve Food**



There could be no more severe test of any medicine and yet this is the trial to which we ask you to put Dr. Chase's Nerve Food, knowing that its blood-forming, tissue-building powers are such that you will be more than delighted with the results. After a few days which are required to overcome the wasting process this great food cure will gradually and certainly add new, firm flesh and muscle and prove to you that your system is being restored to strength and vigor. You can feel the change as the new, rich blood rushes through the arteries and the new, nerve force is sent tingling along the nerve fibres to the farthest extremities of the body.

Gained 25 Lbs.

MISS ANNIE EVANS, 39½ Gottingen St., Halifax, N.S., writes:—"About ten years ago I became very much run down in health. I could not sleep, was very nervous and so weak that I could hardly get around. Some months ago I began using Dr. Chase's Nerve Food, and persevered in the treatment, until to-day I am pleased to say that I am completely restored to health.

"I have gained over twenty-five pounds in weight, sleep well, feel strong and well, and fully believe that I owe my present good health to the use of this medicine."

**Dr. Chase's
 Nerve Food,**

50 cents a box, 6 boxes for \$2.50. At all dealers or Edmanson, Bates & Co., Toronto.

To protect you against imitations the portrait and signature of Dr. A. W. Chase, the famous receipt book author, are on every box.

UNCAT
 MEDICALS...

we will give
you

\$500⁰⁰-



if every testimonial
and portrait in this book
is not genuine

THE choice of a medical treatment is a serious matter to you. It is a matter of health, vigor and happiness, or sickness, despair and misery. How can you better decide on the remedy suited to your particular case than to judge from the experience of others? Study the letters quoted in this book. Call on the writers of them personally, if possible, or send stamped envelope and ask them for further particulars regarding their cure. They don't speak from hearsay but relate in simple, plain language actual facts from their own experience with Dr. Chase's Remedies. They are earnest, grateful people who have been sick and found relief and cure in the use of the great prescriptions of Dr. Chase. As we never under any consideration use a recommendation which does not bear the signature of the person giving it, we can positively guarantee every testimonial in this book, and do so at the top of this page in no uncertain language.

EDMANSON, BATES & CO., - Toronto, Ont.