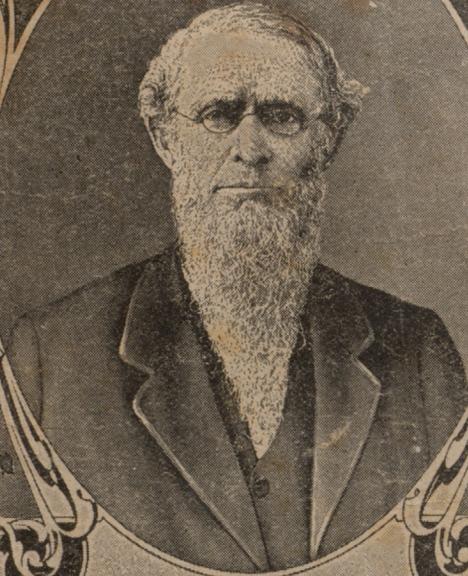


DRAW CHASE'S



*Respectfully
A.W. Chase, M.D.*

CALENDAR-ALMANAC

1913

FOR THE
HOME, FACTORY
FARM, OFFICE.



PUBLISHED BY
DR. A.W. CHASE MEDICINE CO.
TORONTO & BUFFALO

The Interesting Life Story of Dr. A. W. Chase

A Practicing Physician of Remarkable Skill Whose Well-known Medicines Have Made Him Famous Throughout the Civilized World

NATURE undoubtedly intended Dr. A. W. CHASE to be a healer of the sick, and from childhood his efforts were ever bent in this direction. Any crumb of knowledge regarding the human body and its diseases was eagerly grasped and carefully preserved for future use so that by the time he graduated from the Eclectic College of Medicine, Cincinnati, Ohio, and from the State University at Ann Arbor, Mich., he was qualified as few physicians are when beginning the practice of medicine.



DR. ALVIN WOOD CHASE was born in the County of Cayuga, N. Y., and spent his boyhood in the vicinity of Buffalo, where he received his early education in a log school house. Even then, it is said, he outstripped his fellow students and entertained the wish to study medicine.

After completing his medical education, DR. CHASE travelled throughout the greater part of Canada and the United States, gaining wonderful experience and invaluable information before he settled down to make his home at Ann Arbor, Mich. His success in private practice, his scientific investigations in search of better treatments, his work of collecting all the most successful prescriptions known to the profession, the publication of his now world famous Receipt Book, the discovery of the great family

medicines and the perfecting of them by tests made in his own practice, all these are incidents in a busy life of work for the benefit of humanity.

DR. CHASE became one of the most prosperous and well-to-do citizens of Ann Arbor, and was noted for his large gifts to educational and benevolent enterprises. News of his remarkable success in treating kidney and liver disorders, nervous troubles and other forms of serious disease soon spread abroad and brought appeals for help from all over Canada and the United States. He began sending medicine to persons at a distance, but soon found it impossible to keep up with the demand on his time, and so resolved to put up his greatest prescriptions in convenient form for home treatment and to place these in the hands of local dealers.

This effort to simplify medical treatment and save the too often unreasonable doctor's bills met with a storm of opposition from members of the medical profession, who feared the effect on their practice and looked with envy on the wonderful success of DR. CHASE. The many large gifts of DR. CHASE to all worthy objects prove that it was no mere desire for money making that led him to so place on the market his great discoveries. Like a true physician, as he was, he thought most of relieving the sufferings of his fellow men.

As the details of manufacturing and distributing the remedies increased, it was found advisable to form the DR. A. W. CHASE MEDICINE Co., with offices and laboratories in Toronto, Can., and Buffalo, N. Y. More recently the demand for these medicines in Europe has grown to such an extent that offices have been opened at St. Mary's Chambers, London, E. C., Eng., and to-day DR. A. W. CHASE'S MEDICINES, as well as his famous Receipt Book, are known wherever the English language is spoken, and orders are received from such far away points as Tasmania, New Zealand, British Guiana, Arabia, Nyassaland, Central Africa, and Assiout, Egypt.

The portrait and signature of A. W. Chase, M.D., the famous Receipt Book Author, are on every box of his medicines. Look out for imitations

. . . 1913 . . .

Golden Number 14
Roman Indiction 11

Dominical Letter E
Solar Cycle 18

Epact 22
Julian Period 6,626

Zodiacal Signs

♈ Aries, Head and face

The Seasons

Sun enters Aries —
Spring begins, Ont.
and Que., Mar. 20th,
mid., Mar. Prov.,
March 21st, 1 a.m.

Sun enters Cancer —
Summer begins,
Ont. and Que., June
21st, 8 p.m., Mar.
Prov. June 21st, 9
p.m.

Sun enters Libra —
Autumn begins,
Ont. and Que., Sep-
tember 23rd, 11 a.m.,
Mar. Prov., Septem-
ber 23rd, noon.

Sun enters Capricornus —
Winter begins,
Ont. and Que., Dec-
ember 22nd, 6 a.m.,
Mar. Prov. Decem-
ber, 22nd, 7 a.m.

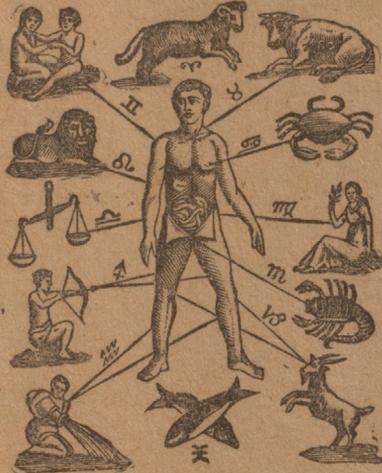
♊ Gemini,
Arms

♌ Leo,
Heart

♎ Libra,
Reins

♏ Sagit-
tarius,
Thighs

♐ Aquari-
us,
Legs



♉ Taurus,
Neck

♋ Cancer,
Breast

♍ Virgo,
Bowels

♏ Scorpio,
Loins

♑ Capri-
cornus,
Knees

♓ Pisces, the Feet

The year 5674 of the
Jewish Era com-
mences at sunset
Oct. 1st, 1913.

The year 1332 of the
Mohammedan Era
commences Novem-
ber 30th, 1913.

The 4th year of the
reign of King George
V. begins May 6th,
1913.

The 138th year of the
Independence of the
United States begins
July 4th, 1913.

Festivals, Anniversaries, Etc.

*New Year's Day	January	1	Corpus Christi	May	22
Epiphany	"	6	*Victoria Day	"	24
Septuagesima Sunday	"	19	Birth of Queen Mary	"	26
Quinquagesima, Shrove Sunday	February	2	Birth of King George V.	June	3
Ash Wednesday	"	9	Birth of Prince of Wales	"	23
Quadragesima, 1st Sunday in Lent	"	5	St. John Baptist—Midsummer Day	"	24
St. David	March	1	St. Peter and St. Paul	"	29
Palm Sunday	"	16	*Dominion Day (Tuesday)	July	1
St. Patrick	"	17	*Labor Day	September	1
Good Friday	"	21	St. Michael, Michaelmas Day	September	29
Easter Sunday	"	23	All Saints Day	November	1
Annunciation Day	"	25	St. Andrew	"	30
Low Sunday	"	30	1st Sunday in Advent	"	30
St. George	April	23	Birth of Queen Alexandra	December	1
Rogation Sunday	"	27	Conception	"	8
Ascension Day	May	1	St. Thomas	"	21
Accession of King George V.	"	6	*Christmas Day (Thursday)	"	25
Pentecost, Whit Sunday	"	11	*Bank Holidays	"	25
Trinity Sunday	"	18			

Morning and Evening Stars

VENUS—An evening star to April 22nd then morning star rest of year.

MARS—Morning star all the year, that is it will be always east of the meridian before midnight.

JUPITER—Morning star to July 5th then evening star rest of year. Jupiter will be in opposition to the sun or on the meridian at midnight on July 5th.

SATURN—Will be an evening star till May 23th when it is in conjunction with the sun and afterwards a morning star.

MERCURY—Is at its greatest eastern elongation March 10th, July 7th and Nov. 1st when it may be seen during the early evening about those dates and at its greatest western elongation April 24th, Aug. 22nd and Dec. 10th when it may be seen early in the morning.

VENUS—Is at its greatest brilliancy as an evening star on March 19th and on May 30th as a morning star. Greatest eastern elongation Feb. 12th and greatest western elongation July 3rd.

The satellites of Jupiter are not visible from Jan. 1st to 18th and from Dec. 19th to end of year owing to their proximity to the sun.

Eclipses, 1913

In the year 1913 there will be five eclipses, three of the Sun and two of the Moon.

I. A total eclipse of the Moon, March 22nd, 1913. Moon enters shadow March 22nd, 5.13 a.m. Total eclipse begins Mar. 22nd, 6.11 a.m. Middle of eclipse Mar. 22nd, 6.58 a.m. Total eclipse ends Mar. 22nd, 7.44 a.m. Moon leaves shadow Mar. 22nd, 8.43 a.m. Eastern Standard Time.

II. A partial eclipse of the Sun April 6th, 1913, invisible in Canada except British Columbia when the eclipse begins 8.45 a.m. and ends 10 a.m.

III. A partial eclipse of the Sun Aug. 31st, 1913, invisible in Canada.

IV. A total eclipse of the Moon Sept. 15th, 1913. The beginning visible generally in North America. The Moon will be rather unfavorably situated for viewing. Moon enters shadow Sept. 15th, 5.53 a.m. Total eclipse begins Sept. 15th, 7.01 a.m. Middle of eclipse Sept. 15th 7.48 a.m. Moon leaves shadow Sept. 15th, 9.44 a.m.

The above times are one hour later in the Maritime Provinces.

V. A partial eclipse of the Sun, Sept. 20th, 1913, invisible in Canada.

SUCCESS BASED ON MERIT

Only merit of an unusual order can keep medicines high in the esteem of the public for a long period of time. It is by this crucial test that DR. CHASE'S MEDICINES have proven their right to first place in the homes of the people.

New medicines are put upon the market almost monthly and yet you can almost count on your fingers the medicines which have possessed the merit to retain a prominent place on the druggists' shelves for a long series of years.

DR. CHASE probably had the greatest opportunity that any physician ever had to test in his practice a great variety of prescriptions. In the compilation of his world famous Receipt Book, he had access to many thousands of formulae. For years he was engaged in the testing and perfecting of such of these as he believed would be of the greatest service to the public and only when satisfied of their unusual efficiency did he decide to put them on the market.

Nearly everybody knows something of the wonderful success of DR. CHASE'S MEDICINES, on this continent and abroad and the better you become acquainted with the life history of DR. CHASE, the stronger will be your confidence in the medicines. Not only unusual medical skill but also integrity of character, and a love of his profession, has won for DR. CHASE the esteem of a large number of people in all parts of the civilized world.

Put these medicines to the test when opportunity arises and you will be pleased and satisfied with the results. When the liver and kidneys get sluggish and torpid and the digestive system is upset try DR. CHASE'S KIDNEY-LIVER PILLS. When the nervous system plays out and you cannot sleep or rest try DR. CHASE'S NERVE FOOD. If you are troubled with irritation or itching of the skin, send for DR. CHASE'S OINTMENT. On the last page you will find the full list of medicines. They are all good. The very

best obtainable for the ailments for which they are recommended.

Just a word about imitations, for unfortunately, like most great successes, these medicines have scores of imitations. This is why we find it necessary to constantly warn our patrons to look for the portrait and signature of A. W. CHASE, M.D., the famous Receipt Book author, on the box they buy.

\$200.00 in Gold

If you have never kept a diary you can scarcely imagine how interesting it is to look over the year's record and how valuable much of the information becomes to you.

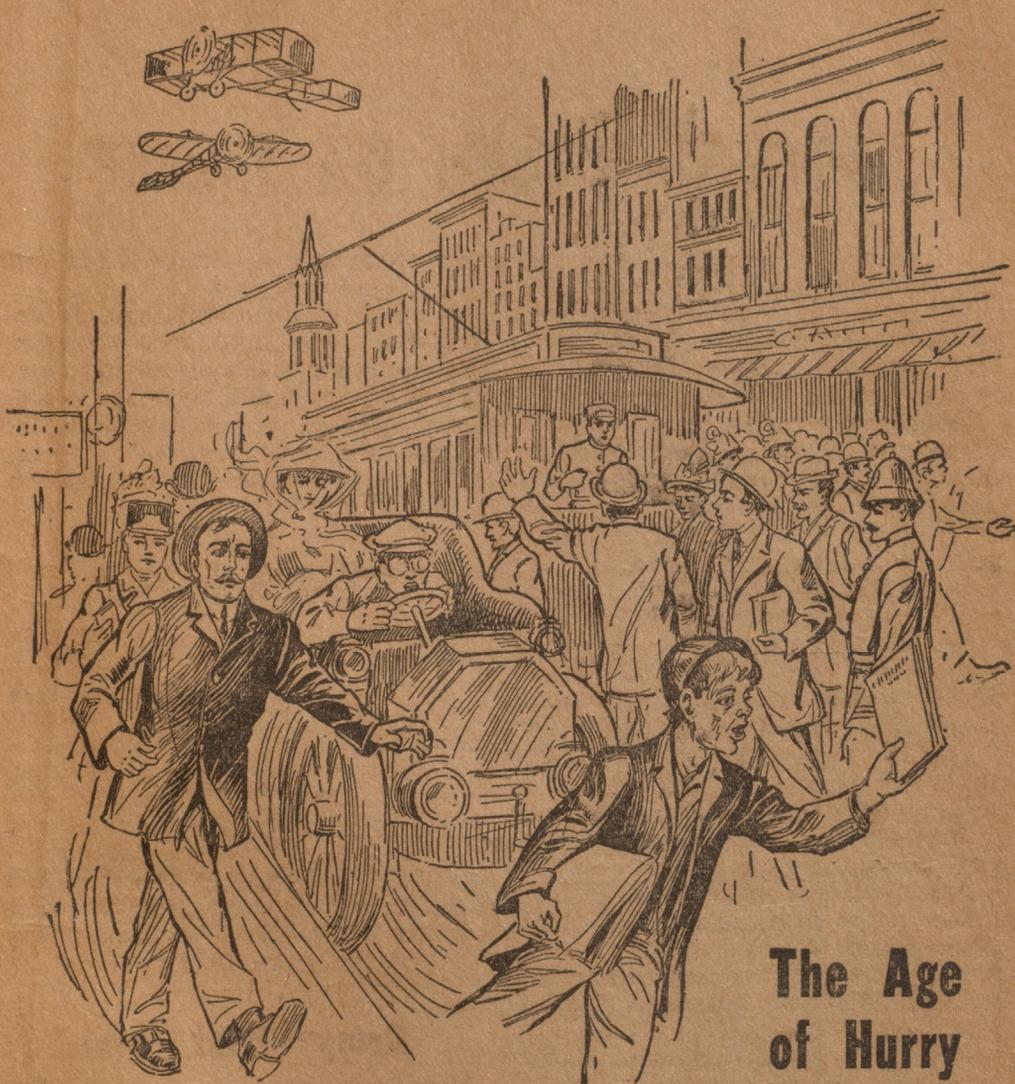
In order to encourage the habit of keeping a daily record of events we give annually \$200.00 in cash prizes as well as other rewards for the best diary kept in Dr. Chase's Almanac. You will find a list of prize winners on page 25. Why not join in the contest and make a try for the \$100.00 prize.

Recipe Book Free

Everybody wants a copy of DR. CHASE'S RECIPES. No book of Recipes ever had such an enormous circulation. Few books were ever so dearly prized.

The book we will send you free, contains about 1000 especially selected recipes and prescriptions, taken from DR. CHASE'S large book. The department on veterinary remedies alone may easily prove worth hundreds of dollars to any farmer or horseman.

This paper-covered edition of DR. CHASE'S RECIPES is limited. Many thousands will want a copy. Better write to-day so as to be sure of securing one. Just say you saw this notice in the almanac and address—EDMANSON, BATES & Co., LIMITED, TORONTO.



The Age of Hurry

WHILE we pride ourselves on living in the age of highest civilization, with every imaginable invention to minister to our convenience, it seldom occurs to us to figure out the cost to human life.

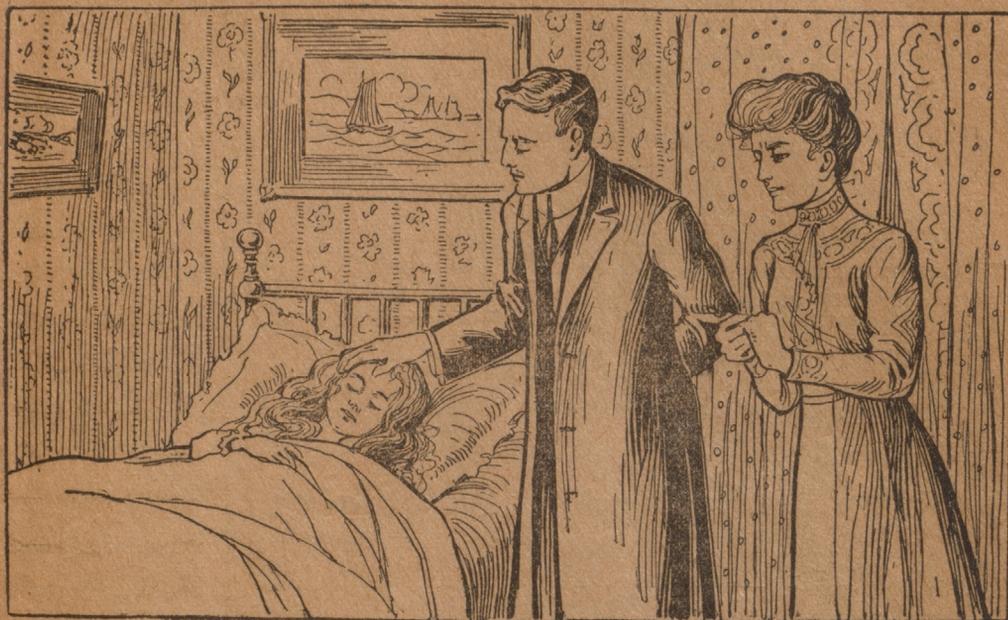
While we send our messages half way round the world, without the aid of wires; while we skim the oceans in mammoth liners or sail through the air on aeroplanes; while the surgeon views the fractured bone with X-rays or perform marvellous operations; nature is demanding a fearful toll for this intellectual and nervous expenditure.

Nervous diseases are increasing at an enormous rate both in prevalence and in difficulty of treatment. Not only do we hear more and more of nervous prostration, locomotor ataxia and strokes of paralysis, but the younger generation is paying for the wear and tear on the nerves with infantile paralysis and defects of hearing and sight. Witness the large proportion of children who now wear glasses.

Nearly everybody feels more or less the strain of modern life with all its rush

(Continued on page 7.)

DAY OF MONTH.	DAY OF WEEK.	ZODIACAL SIGNS.	WEATHER FORECAST.	Moon's Phases.		Ont. Mar. Prov.		Ont., Que. and Mar. Provinces.				
				Jan. 1913		d. h. m.	d. h. m.	Sun Rises	Sun Sets	Moon Rises	Moon Rises	
				☾ New Moon.....	7 5 28 a.	7 6 28 a.	h. m.	h. m.	h. m.	h. m.	h. m.	h. m.
				☽ First Quarter.....	15 11 2 a.	15 0 2 p.						
				☽ Full Moon.....	22 10 40 a.	22 11 40 a.						
				☾ Last Quarter.....	29 2 34 a.	29 3 34 a.						
1	W	♈	Begins				7.52	4.52	1.39	Que.	M.P.	2.10
2	T.	♈	clear				7.52	4.53	2.54			3.24
3	F.	♈	and				7.52	4.54	4.10			4.33
4	S.	♈	very				7.52	4.55	5.23			5.50
5	S.	♈	cold.				7.52	4.56	6.29			6.54
6	M	♉	Tem-				7.52	4.57	7.26			7.51
7	T.	♉	per-				7.51	4.57	sets			sets
8	W	♉	ature				7.51	4.58	5.18			5.53
9	T.	♉	rises				7.51	4.59	6.15			6.53
10	F.	♉	slitly				7.51	5.00	7.33			8.10
11	S.	♊	Heavy				7.51	5.01	8.33			9.14
12	S.	♊	snow				7.50	5.02	9.41			10.16
13	M	♊	falls				7.50	5.03	10.47			11.20
14	T.	♊	and				7.49	5.05	11.52			a.m.
15	W	♊	ch'ges				7.49	5.06	a.m.			0.24
16	T.	♋	to very				7.48	5.07	1.02			1.33
17	F.	♋	cold.				7.47	5.08	2.16			2.45
18	S.	♋	Snow		<i>my Birthday 74</i>		7.47	5.09	3.32			4.00
19	S.	♋	flurries				7.46	5.11	4.50			5.16
20	M	♋	and				7.46	5.12	6.02			6.27
21	T.	♋	con-				7.45	5.13	7.04			7.29
22	W	♋	tinues				7.44	5.15	rises			rises
23	T.	♋	cold.				7.43	5.16	5.57			6.35
24	F.	♌	Milder				7.42	5.18	7.25			8.01
25	S.	♌	with		<i>Mary's birthday 19</i>		7.41	5.19	8.50			9.23
26	S.	♌	rain:				7.41	5.21	10.09			10.42
27	M	♌	Month				7.40	5.22	11.27			11.59
28	T.	♌	ends				7.39	5.24	a.m.			a.m.
29	W	♌	fine				7.38	5.25	0.44			1.14
30	T.	♌	and				7.37	5.27	2.01			2.20
31	F.	♌	cold.		<i>Mrs Skettie 37</i>		7.36	5.28	3.15			3.42



PALE WEAK CHILDREN

Many fathers and mothers have reason to be greatly worried over the continued illness and weakness of their children. It may be the result of disease or the strain on the system consequent on the important physiological changes, which take place just at a time when the child is growing most rapidly and expending much mental effort on studies and examinations.

Education is important, but health is absolutely essential to a life of happiness and usefulness. An enormous amount of blood is consumed by the system at this period of life and because of its great blood-forming qualities, DR. CHASE'S NERVE FOOD is of the greatest assistance imaginable in maintaining health and strength.

Your daughter will not complain of those dreadful headaches, she will lose that pale, wan appearance, she will not go about feeling tired and worn out, if you give her DR. CHASE'S NERVE FOOD to increase the supply of good pure blood and to build up the wasted nervous system.

MRS. T. DALZELL, 21 Charles St. Kingston, Ont., states:—"One of my children suffered very much with headache and was gradually growing weaker and more nervous. I got her DR. CHASE'S NERVE FOOD and since she has been using this preparation we are more than pleased with the improvement which has been made in her health. She looks one hundred per cent. better, her nerves are steadier, she is not bothered with headaches and is gradually increasing in flesh and weight."

Dr. A. W. Chase's Nerve Food

You will soon notice improvement when this food cure is used, for the color will return to the complexion, the elasticity to the step, and new vigor to mind and body. It will do your heart good to find the child, whose health has given you so much concern, restored to health, vigor and happiness.

DAY OF MONTH.	DAY OF WEEK.	ZODIACAL SIGNS.	WEATHER FORECAST.	Moon's Phases.		Ont. Mar. Prov.		Ont., Que. and Mar. Provinces.			
						d. h. m.	d. h. m.	Sun Rises	Sun Sets	Moon Rises	Moon Rises
				● New Moon.....	☾ First Quarter.....	6 0 22 a.	6 1 22 a.	h.m.	h.m.	h.m.	h.m.
				○ Full moon.....	☾ Last Quarter.....	20 9 3 p.	20 10 3 p.				
						27 4 15 p.	27 5 15 p.				
1	S.	♈	Zero					7.85	5.29	Que. 4.22	M.P. 4.47
2	S.	♉	weath					7.84	5.30	5.23	5.47
3	M.	♊	er					7.82	5.32	6.09	6.34
4	T.	♈	for					7.81	5.33	6.45	7.12
5	W.	♉	some					7.80	5.34	7.14	7.42
6	T.	♊	days					7.29	5.35	sets	sets
7	F.	♈	East					7.28	5.36	6.22	7.04
8	S.	♉	winds					7.26	5.38	7.32	8.08
9	S.	♊	and					7.25	5.39	8.38	9.11
10	M.	♈	heavy					7.24	5.40	9.43	10.15
11	T.	♉	snow					7.23	5.41	10.50	11.21
12	W.	♊	falls.					7.21	5.43	11.59	a.m.
13	T.	♈	Very					7.20	5.44	a.m.	0.29
14	F.	♉	cold					7.18	5.46	1.13	1.41
15	S.	♊	again.					7.17	5.47	2.29	2.56
16	S.	♈	Some					7.16	5.48	3.52	4.17
17	M.	♉	zero					7.14	5.50	4.45	5.10
18	T.	♊	weath					7.13	5.51	5.33	6.04
19	W.	♈	er.					7.11	5.53	6.17	6.45
20	T.	♉	Milder					7.10	5.54	rises	rises
21	F.	♊	with					7.08	5.55	6.16	6.52
22	S.	♈	snow					7.07	5.56	7.40	8.14
23	S.	♉	and					7.05	5.58	8.04	9.36
24	M.	♊	sleet.					7.04	5.59	10.25	10.56
25	T.	♈	Clear					7.02	6.00	11.45	a.m.
26	W.	♉	fine					7.00	6.01	a.m.	0.14
27	T.	♊	weath					6.59	6.02	1.03	1.30
28	F.	♈	er.					6.57	6.04	2.15	2.41

Feb. 1913

Moon's Phases. Ont. Mar. Prov. d. h. m. d. h. m.

*Will be snowed 51
Friday Townsend 16
Sleet Bazaar 6*

February 22

MAKE THE BLOOD RICH AND YOU GAIN IN WEIGHT

Loss of weight is after all the most positive proof that the body is not properly nourished. That the blood is thin and watery is also indicated by the symptoms of nervous exhaustion such as sleeplessness, headache, indigestion, irritability and lack of vim and energy. It is truly wonderful what DR. CHASE'S NERVE FOOD is doing

for persons who are thin, weak and nervous. It seems to be especially suited to the needs of women, because of its great blood forming qualities.

The womanly system requires an enormous amount of rich, red blood to sustain the nerves and make good the periodic loss. Just as soon as the blood is lacking, either in quality or quantity, there comes headaches, indigestion, paleness and weakness, and loss of flesh and weight.

Dr. Chase's Nerve Food

If you know DR. CHASE'S NERVE FOOD you do not need to struggle along for weeks or months in languor and weakness. This food cure contains in condensed and easily assimilated form the elements which go to form new, rich blood. The nerves are nourished back to vigor, the action of the heart is strengthened, digestion improves and new firm flesh and tissue is added to the body. Note your increase in weight from week to week while using this great food cure.



Lady on Scales: "Why, Grace, I only weigh 110, and I'm losing every day."

Grace: "I was getting thin, too, until I began using Dr. Chase's Nerve Food. I have a good appetite now, and I have gained."

Enriched Blood, Improved Color, Increased Weight

MISS CYNTHIA HUTCHINSON, Hanceville, B.C., writes:—"I feel it my duty to tell what a great friend DR. CHASE'S NERVE FOOD has been to me, I would have written sooner, but wanted to be sure I was thoroughly cured. Before using this medicine my nervous system was so completely run down that my friends as well as myself thought I could never get better. All medicines failed to help me.

"A trial of DR. CHASE'S NERVE FOOD benefited me, and I used altogether seven boxes. At the end of a month people scarcely knew me, I had improved so much. The blood was enriched, color improved, new flesh added and I got strong and well. Several of my friends have profited by my experience and received great benefit from this treatment."

DAY OF MONTH.	DAY OF WEEK.	ZODIACAL SIGNS.	WEATHER FORECAST.	Moon's Phases.		Ont. Mar. Prov.		Ont., Que. and Mar. Provinces.				
						d. h. m.	d. h. m.	Sun Rises	Sun Sets	Moon Rises	Moon Sets	
Mar. 1913				● New Moon	7 7 23 p.	7 8 23 p.						
				☾ First Quarter	15 3 58 p.	15 4 58 p.						
				☽ Full Moon	22 6 56 a.	22 7 56 a.						
				☾ Last Quarter	29 7 58 a.	29 8 58 a.						
1	S.	♈	Opens				6.56	6.05	Que. 3.19	M.P. 3.43		
2	S.	♈	clear				6.54	6.06	4.08	4.33		
3	M.	♈	and				6.52	6.07	4.48	5.14		
4	T.	♈	fine.	<i>Greater Whales 5.7</i>			6.50	6.09	5.17	5.45		
5	W.	♈		<i>Carrie Scott 5.1</i>			6.49	6.10	5.48	6.12		
6	T.	♈	Keeps				6.47	6.12	6.01	6.32		
7	F.	♈	cold				6.45	6.13	sets	sets		
8	S.	♈	with	<i>Mary Francis 4.7</i>			6.43	6.14	6.29	7.04		
9	S.	♈	heavy				6.41	6.16	7.35	8.07		
10	M.	♈	snow				6.40	6.17	8.41	9.13		
11	T.	♈	falls.	<i>Marmie 18</i>			6.38	6.19	9.51	10.22		
12	W.	♈					6.36	6.20	11.02	11.31		
13	T.	♈	Fine				6.34	6.21	a.m.	a.m.		
14	F.	♈	sun-				6.32	6.22	0.16	0.43		
15	S.	♈	shiny				6.31	6.24	1.29	1.54		
16	S.	♈	days				6.29	6.25	2.35	2.59		
17	M.	♈	and	<i>Sanford Scott's Birthday 6.7</i>			6.27	6.26	3.33	3.58		
18	T.	♈	cold				6.25	6.27	4.12	4.39		
19	W.	♈	nights.				6.23	6.23	4.45	5.14		
20	T.	♈					6.22	6.30	5.10	5.41		
21	F.	♈	Some	<i>Good Friday</i>			6.20	6.31	5.31	6.02		
22	S.	♈	rain				6.18	6.32	rises	rises		
23	S.	♈	but	<i>Easter Sunday</i>			6.16	6.33	7.54	8.26		
24	M.	♈	mostly				6.14	6.35	9.18	9.48		
25	T.	♈	clear	<i>Danny Crosby's Birthday</i>			6.12	6.36	10.39	11.07		
26	W.	♈	and				6.10	6.37	11.47	a.m.		
27	T.	♈	fine				6.09	6.39	a.m.	0.14		
28	F.	♈	to				6.07	6.40	1.07	1.32		
29	S.	♈	end.				6.05	6.41	2.04	2.28		
30	S.	♈					6.03	6.42	2.48	3.14		
31	M.	♈					6.01	6.44	3.21	3.43		



Weakness of the Stomach

The exhausted condition of the nervous system particularly in the spring, is often shown by loss of appetite and digestion. Nothing can tempt you to eat a hearty meal, and what you do eat does not seem to do much good. You have no energy or strength to attend properly to your work, and feel that there is little pleasure in life.

Did you ever try DR. CHASE'S NERVE FOOD as a spring restorative to help you over this trying time of quick-changing temperature and oppressive weather? It is truly wonderful how this food cure strengthens the nerves and builds up the system when the digestive organs fail to get the required nourishment from the food you eat.

The Nerve Food is easily assimilated, and goes direct to the formation of pure,

rich blood. It sharpens the appetite, improves digestion, strengthens the action of the heart, and puts new vim and energy into every organ of the body.

You can avoid weeks of low vitality, of suffering from indigestion, of tired, dragging feelings, by using DR. CHASE'S NERVE FOOD. And the benefit obtained from this treatment is lasting. It feeds the wasted and depleted nerve cells back to health and strength. Through the circulation of the blood and the many branches of the nervous system it reaches every nook and corner of the body, and makes you feel well and look well.

Such symptoms as nervousness, sleeplessness, irritability, nervous headache and indigestion, nervous prostration and exhaustion are entirely cured by the use of DR. CHASE'S NERVE FOOD.

Dr Chase's Nerve Food

50 cents a box, 6 boxes for \$2.50, at all dealers, or Edmanson, Bates & Co., Limited, Toronto. Every box of the genuine bears the portrait and signature of A. W. Chase, M.D., the famous Receipt Book author.

DAY OF MONTH. DAY OF WEEK.	ZODIACAL SIGNS.	WEATHER FORECAST.	Moon's Phases.		Ont. Mar. Prov.		Ont., Que. and Mar. Provinces.		
			Apr. 1913		d. h. m.	d. h. m.	Sun Rises h.m.	Sun Sets h.m.	Moon Rises h.m.
1 T.	♈	Much	☉ New Moon.....	6 0 48 p.	6 1 48 p.	5.59	6.45	3.47	4.16
2 W.	♈	wind	☾ First Quarter.....	14 0 39 a.	14 1 39 a.	5.57	6.46	4.07	4.27
3 T.	♈	and	☀ Full Moon.....	20 4 33 p.	20 5 33 p.	5.56	6.47	4.25	4.56
4 F.	♈	rain.	☾ Last Quarter.....	23 1 9 a.	23 2 9 a.	5.54	6.48	4.41	5.18
5 S.	♉					5.52	6.49	4.54	5.28
6 S.	♉	Fine				5.51	6.51	sets	sets
7 M.	♉	bright				5.49	6.52	7.41	8.12
8 T.	♉	days.				5.47	6.53	8.58	9.22
9 W.	♉					5.45	6.54	10.08	10.34
10 T.	♊	Rainy				5.44	6.55	11.20	11.46
11 F.	♊	again				5.42	6.56	a.m.	a.m.
12 S.	♊	and				5.41	6.57	0.29	0.53
13 S.	♊	follow-				5.39	6.58	1.26	1.51
14 M.	♊	ed				5.38	6.59	2.11	2.33
15 T.	♊	by				5.36	7.00	2.47	3.15
16 W.	♊	cold.				5.35	7.02	3.18	3.48
17 T.	♊					5.33	7.03	3.34	4.06
18 F.	♋	Turns				5.32	7.04	3.54	4.27
19 S.	♋	warm-				5.30	7.05	4.12	4.47
20 S.	♋	er				5.29	7.06	rises	rises
21 M.	♋	and				5.27	7.07	6.10	6.39
22 T.	♋	re-				5.25	7.08	9.31	9.58
23 W.	♋	main				5.24	7.09	10.47	11.12
24 T.	♋	fine.				5.22	7.11	11.53	a.m.
25 F.	♌	Spring				5.21	7.12	a.m.	0.17
26 S.	♌	show-				5.19	7.13	0.43	1.08
27 S.	♌	ers.				5.17	7.14	1.21	1.48
28 M.	♌	Cool				5.16	7.15	1.50	2.18
29 T.	♌	and				5.14	7.17	2.12	2.42
30 W.	♌	fine.				5.13	7.18	2.30	3.01

Apr. 1913

Moon's Phases. Ont. Mar. Prov. d. h. m. d. h. m.

Ont., Que. and Mar. Provinces. Sun Rises h.m. Sun Sets h.m. Moon Rises h.m. Moon Sets h.m.

Went to No 4

Grace had operations

Went to Marquette with Russell

Mrs. Bradford here

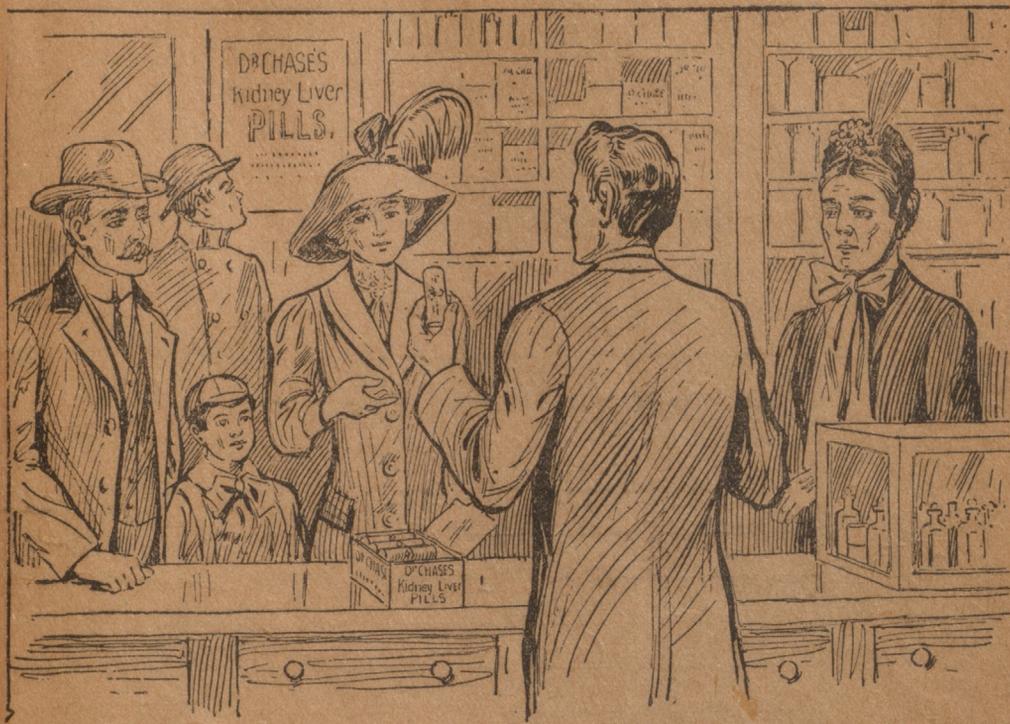
Mrs. Johnson came in from

one Wolf brought head

Ben 5-0

Plaster 41

Return 21



MOST POPULAR REGULATOR OF LIVER, KIDNEYS AND BOWELS

When a medicine achieves such success and becomes so generally used as DR. A. W. CHASE'S KIDNEY-LIVER PILLS it is interesting to enquire into the way in which it brings about cures.

Most of the common ills of life arise from a torpid, sluggish condition of the liver, kidneys or bowels, and because they act on each of these organs in a direct and specific way, DR. A. W. CHASE'S KIDNEY-LIVER PILLS overcome serious and painful diseases over which ordinary medicines have no control.

In the first place they bring about the healthful action of the bowels—removing poisonous waste matter and thoroughly

cleansing the system.

Then, by awakening the liver they cause a healthful flow of bile which is positively necessary for good digestion and regular action of the bowels.

Again by acting directly on the kidneys they invigorate the filtering functions of these organs and ensure pure, healthful blood.

This combined action on the kidneys, liver and bowels is, so far as we know, not to be found in any other medicine, and it is, we believe, to this unique feature that DR. A. W. CHASE'S KIDNEY-LIVER PILLS owe their extraordinary success.

Dr. Chase's Kidney-Liver Pills

One pill a dose, 25 cents a box, at all dealers or sent, postpaid, on receipt of price by EDMANSON, BATES & Co., LIMITED, TORONTO.

DAY OF MONTH.	DAY OF WEEK.	ZODIACAL SIGNS.	WEATHER FORECAST.	Moon's Phases.		Ont. Mar. Prov.		Ont., Que. and Mar. Provinces.				
				d. h. m.	d. h. m.	d. h. m.	d. h. m.	Sun Rises h.m.	Sun Sets h.m.	Moon Rises h.m.	Moon Rises h.m.	
May 1913) First Quarter	6 32 a.	6 42 a.						
				o Full Moon	13 6 45 a.	13 7 45 a.						
				(Last Quarter	20 2 18 a.	20 3 18 a.						
				• New Moon	27 7 4 p.	27 8 4 p.						
1	T.		Opens				5.11	7.19	Que. 2.46	M.P. 3.18		
2	F.		cool				5.10	7.20	3.02	3.35		
3	S.		and				5.08	7.21	3.14	3.49		
4	S.		spring				5.07	7.23	3.31	4.07		
5	M.		is				5.05	7.24	3.49	4.26		
6	T.		back-				5.04	7.25	sets	sets		
7	W.		ward.				5.08	7.26	9.08	9.35		
8	T.						5.01	7.27	10.19	10.44		
9	F.		Warm-				5.00	7.29	11.22	11.47		
10	S.		er				4.58	7.30	a.m.	a.m.		
11	S.		with				4.57	7.31	0.10	0.36		
12	M.		fre-	<i>Heat Lowing 45</i>			4.56	7.32	0.48	1.15		
13	T.		quent				4.55	7.33	1.17	1.47		
14	W.		show-				4.54	7.34	1.39	2.10		
15	T.		ers.				4.53	7.35	1.59	2.31		
16	F.						4.52	7.36	2.12	2.47		
17	S.		Good				4.51	7.37	2.34	3.10		
18	S.		grow-	<i>Midnight Harvest 14</i>			4.50	7.38	2.53	3.30		
19	M.		ing				4.49	7.39	3.17	3.56		
20	T.		weath-				4.48	7.40	rises	rises		
21	W.		er.				4.47	7.41	9.34	9.59		
22	T.						4.46	7.42	10.32	10.57		
23	F.		Turns				4.45	7.43	11.20	11.46		
24	S.		cool-				4.45	7.44	11.47	a.m.		
25	S.		er				4.44	7.45	a.m.	0.15		
26	M.		again.				4.43	7.46	0.14	0.43		
27	T.		Ends				4.42	7.47	0.35	1.06		
28	W.		fine				4.41	7.48	0.51	1.23		
29	T.		and				4.41	7.49	1.07	1.39		
30	F.		warm.				4.40	7.50	1.20	1.55		
31	S.						4.39	7.51	1.35	2.11		

Prize Winners in Diary Contest

Results of the Annual Competition in which \$200 in Gold is Given for the Best Diaries kept in Dr. Chase's Almanac

Each year finds more well kept diaries entered in this competition and the task of picking the winners is no easy one. Some of the best ones are so equal in merit that it has been found necessary to divide up the first three prizes.

After careful consideration of the hundreds of Calendar Almanacs entered in the Diary Contest for 1911, the Committee of Judges, Mr. Fred Diver, of the Central Press Agency, Mr. Geo. E. Scroggie, of the Mail and Empire and Mr. Somerville, of the World, have made the following awards,—

First, \$100 in Gold

- Miss Edith M. Russell, Dartmouth, N.S. \$50 00
- Miss Sarah J. Berry, 633 Waterloo St., London, Ont. 25 00
- Mrs. Alex. Mills, Ormstown, Que. 25 00

Second, \$50 in Gold

- Mr. H. F. Stokes, Tilston, Man. . 25 00
- Mrs. M. H. Pearce, Port Essington, B.C. 15 00
- Mr. Robert Scates, Woodstock, Ont. 10 00

Third, \$25 in Gold

- Mrs. J. S. Rankin, Bulyea, Sask. . 10 00
- Mrs. Sanford Hoar, Scott Road, N.B. 10 00
- Rev. G. H. Murray, Danville, Que. 5 00

Fourth \$5 in Gold

- Miss Cora B. Ward, Parrsboro', N.S. 5 00

Fifth \$5 in Gold

- Mrs. C. Ashley Harrison, Maugerville, N.B. 5 00

Sixth \$5 in Gold

- Mrs. Henry Morrison, Crescent, Man. 5 00

Seventh \$5 in Gold

- Mrs. E. M. Pierce, Seven Persons, Alta. 5 00

Eighth, \$5 in Gold

- Capt. A. Dunlop, 180 Clergy St., Kingston, Ont. 5 00

- Ninth, Dr. Chase's Receipt Book (leather), Mr. John Jacob, Brodhagen, Ont.

Tenth, Dr. Chase's Receipt Book (oilcloth), Rev. E. S. Weeks, Mount Stewart, P.E.I.

Eleventh, Dr. Chase's Receipt Book (oilcloth), Mr. John Woodrow, Coldwater, Ont.

Twelfth, Dr. Chase's Medicines (\$2.50), Bride Haney, 46 Barnes road, St. John's, Nfld.

Thirteenth, Dr. Chase's Medicines (\$2.25), Mrs. Daniel Wagg, Goodwood, Ont.

Fourteenth, Dr. Chase's Medicines (\$2.00), Mrs. Edison Rollings, Rusticoville, P.E.I.

Fifteenth, Dr. Chase's Medicines (\$1.75), Mrs. Shepherd, Girvin, Sask.

Many who did not obtain prizes deserve special commendation for well-kept diaries, while others made the mistake of putting in items from newspapers, etc., instead of entering up the everyday events of home life which make a diary useful and valuable for future reference.

The annual Diary Contest is open to all, but the record must be kept in DR. CHASE'S ALMANAC, a copy of which will be mailed free on request.

The competition in this, the 1913 edition, will be closed January 15, 1914, and it will, therefore, be necessary for your almanac to reach our office by that date.

Why not get an almanac and try your hand? The habit of keeping a daily record of events is a valuable one, and why should you not win a prize if you try?

It is not necessary to write a letter but address your almanac as follows:—

EDMANSON, BATES & CO., Limited.
Diary Contest. TORONTO, ONT.

Be careful to write plainly and enter your name and address below.

Name.....

Address.....

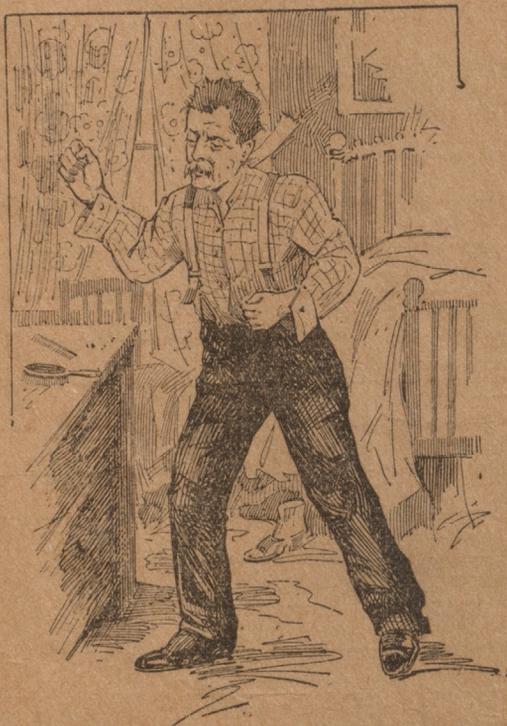
Do you wish to have your Almanac returned?.....

☞ When mailing your almanac to us remember that as it contains writing it is necessary to pay letter rate of postage which amounts to four cents.

DAY OF MONTH.	MONTH.	DAY OF WEEK.	ZODIACAL SIGNS.	WEATHER FORECAST.	June 1913				Moon's Phases.		Ont. Mar. Prov.		Ont., Que. and Mar. Provinces.					
					New Moon.....		First Quarter.....		Full moon.....		Last Quarter.....		d. h. m.		d. h. m.		Sun Rises	Sun Sets
1	S.			Warm	<i>Showers</i>								4.39	7.52	1.52	2.29		
2	M.			and									4.38	7.52	2.12	2.50		
3	T.			fine.	<i>Showers</i>								4.38	7.53	2.37	3.17		
4	W.												4.38	7.54	sets	set		
5	T.			Rainy									4.38	7.55	9.11	9.36		
6	F.			spell									4.37	7.55	10.12	10.38		
7	S.			then									4.37	7.56	10.47	11.15		
8	S.			warm.									4.37	7.57	11.19	11.43		
9	M.			er.									4.36	7.57	11.43	a.m.		
10	T.												4.36	7.58	a.m.	0.14		
11	W.			Great									4.36	7.58	0.04	0.36		
12	T.			grow-									4.36	7.58	0.23	0.56		
13	F.			ing									4.36	7.59	0.33	1.14		
14	S.			weath.									4.36	7.59	0.58	1.35		
15	S.			er.									4.36	8.00	1.20	1.58		
16	M.												4.36	8.00	1.47	2.27		
17	T.			Cooler									4.36	8.00	2.19	3.00		
18	W.			for	<i>Larak 45</i>								4.36	8.01	rises	rises		
19	T.			few									4.36	8.01	9.12	9.37		
20	F.			days.									4.36	8.02	9.43	10.15		
21	S.												4.36	8.02	10.17	10.45		
22	S.			Show-									4.37	8.02	10.33	11.03		
23	M.			ers.									4.37	8.02	10.56	11.27		
24	T.												4.37	8.02	11.13	11.45		
25	W.			Con-									4.38	8.03	11.27	a.m.		
26	T.			tinues									4.38	8.03	11.39	0.00		
27	F.			fine									4.38	8.03	11.55	0.15		
28	S.			and									4.38	8.03	a.m.	0.31		
29	S.			very									4.39	8.03	0.15	0.52		
30	M.			warm.									4.39	8.03	0.37	1.16		

LOST CONTROL OF HIS TEMPER

Once there was a man whose liver was not working right. When dressing in the morning he had trouble with his collar. Then he lost the collar button. Then he said something.



By the time he got to breakfast he was so irritated that he had no appetite and quarrelled with his wife. He went to the office with a headache and when he had some important business to transact he bungled it.

When you find yourself easily irritated and lose control of yourself and your temper, look to the condition of the liver, and take one at DR. CHASE'S KIDNEY-LIVER PILLS at bedtime.

The dark-brown taste will not bother you in the mornings, the tongue will clear up, digestion will improve and you will not have the tired, worn-out feelings which accompany a sluggish condition of the liver.

Can You Memorize This?

English Dramatist Writes it to Test Worth of Bragging Friend.

Note, the old English dramatist, once wrote the following nonsense to test the memory of a friend, who bragged that he could commit anything to heart on hearing it once:

"She went into the garden to cut a cabbage leaf to make an apple pie, and, at the same time, a grut she bear coming up the street pops its head into the shop—What! No soap? So he died, and she very imprudently married the barber; and there were present the picanninies, and the jobillies, and the garyulies, and the

great panjandrum himself, with the little round button on top. And they all fell to playing the game of catch-as-catch-can till the gunpowder ran out of the heels of their boots!"

FOREWARNED

New Maid—"Would yez mind giving me a rikemmendation, mum?"

Mistress—"Why, you've just come."

New Maid—"But yez may not want to give me wan when I'm lavin', mum."

LIKE FATHER

"Wot you doin', chile?"

"Nothin', mammy."

"My, but you is gettin' like yoh father."

FAUX PAS

Old Maid—"You eat very little, Mr. Smith. Smith (flattered, and wishing to be complimentary)—Ah, to sit next you is to lose one's appetite."

THE OLD MAN'S IDEAL

"What is society, pa?"

"Society, my son, is something that requires as much money to get into as it does brains to keep out of."

Torpid, Sluggish Liver

MRS. JOHN A. WILSON, Little Shippegan, N.B., writes:—"My liver was torpid and sluggish and I was all run down and worn out. As I knew about Dr. Chase's medicines by reading his Almanac, I began using his KIDNEY-LIVER PILLS and NERVE FOOD and did so with the greatest benefit."

"My eldest son was also run down from overwork and was in bad condition, but by using these two medicines he has also been completely cured. We have the greatest confidence in these medicines and can heartily recommend them to others."

DAY OF MONTH.	DAY OF WEEK.	ZODIACAL SIGNS.	WEATHER FORECAST.	Moon's Phases		Ont. Mar. Prov.		Ont., Que. and Mar. Provinces.					
				New Moon	First Quarter	Full Moon	Last Quarter	Sun Rises	Sun Sets	Moon Rises	Moon Sets		
						d. h. m.	d. h. m.						
						4 0 6 a.	4 1 6 a.						
						10 4 37 p.	10 5 37 a.						
						18 1 6 a.	18 2 6 a.						
						26 4 59 a.	26 5 29 a.						
1	T.	♈	Begins										
4	2	W	very					4.40	8.03	1.05	1.48		
	3	T.	warm	Elizabeth Townsend 42				4.40	8.03	1.44	2.26		
	4	F.	and					4.41	8.02	2.38	3.21		
	5	S.	con-					4.41	8.02	sets	sets		
48	6	S.	tinues					4.42	8.02	9.20	9.48		
	7	M.	for					4.43	8.02	9.47	10.18		
	8	T.	many					4.43	8.02	10.09	10.41		
5	9	W	days.					4.44	8.01	10.29	11.02		
	10	T.						4.44	8.01	10.45	11.20		
	11	F.	Cool	John Townsend 15				4.45	8.01	11.04	11.40		
	12	S.	spell					4.46	8.00	11.25	a.m.		
54	13	S.	and					4.47	8.00	11.48	0.02		
	14	M.	show-					4.48	7.59	a.m.	0.27		
	15	T.	ers.					4.49	7.58	0.19	1.00		
6	16	W						4.50	7.58	0.59	1.42		
	17	T.	Heat	Clara Townsend Birth 22				4.50	7.57	1.49	2.33		
	18	F.	intense					4.51	7.56	2.53	3.36		
	19	S.	fol-					4.52	7.55	rises	rises		
65	20	S.	lowed					4.53	7.55	3.41	9.11		
	21	M.	by					4.54	7.54	9.00	9.31		
2	22	T.	heavy					4.55	7.53	9.17	9.49		
7	23	W	thun-					4.56	7.52	9.32	10.05		
	24	T.	der					4.57	7.51	9.45	10.20		
32	25	F.	show-					4.58	7.50	10.00	10.36		
	26	S.	ers.					4.59	7.50	10.16	10.53		
7	27	S.						4.59	7.49	10.37	11.15		
	28	M.	Gets					5.00	7.48	11.02	11.42		
	29	T.	very					5.01	7.47	11.35	a.m.		
	30	W	warm					5.02	7.46	a.m.	0.16		
	31	T.	again.	Miss Jafford came				5.03	7.45	0.21	1.04		
								5.03	7.44	1.27	2.04		

SKIN COMFORT FOR THE BABIES

Chafing, Skin Irritations, Scald Head and Itching Eczema Cured by

Dr. Chase's Ointment

The greatest enemy to baby's comfort is chafing and irritations of the skin which often lead to eczema, scald head and other disagreeable skin diseases.

Many mothers who do not know of the value of DR. CHASE'S OINTMENT in this connection are accustomed to use powders, believing that because they absorb moisture that they will overcome the trouble.

But powders are in reality only white dirt, which clog the pores of the skin and prevent the healthful action of the skin in eliminating poisons from the system. The



great value obtained from the daily bath is due to the cleansing of these myriads of pores in the skin. But of what use can the bath be if the pores are again filled with powder.

DR. CHASE'S OINTMENT is quickly absorbed by the skin, is in itself a cleansing agent and ensures the healthful action of the pores in their work of removing poisons from the system.

You can scarcely imagine any treatment being more acceptable to the baby suffering from chafed, irritated skin than DR. CHASE'S OINTMENT. It is delightfully soothing and healing, stops itching at once, and soon overcomes the most torturing skin diseases.

Terrible Time With Eczema

"Our little boy, aged three years, broke out with eczema all over his face, hands and back and we had

a terrible time trying to relieve his suffering. It was so bad that when he scratched it would almost make the blood flow. The use of DR. CHASE'S OINTMENT quickly brought relief and made a thorough cure as there has never been any return of this disagreeable ailment. We always keep Dr. Chase's Medicines in the house and find them very useful."—MR. WM. CRAFT, Jr., Burk's Falls, Ont.

It is a good idea to keep a box of DR. CHASE'S OINTMENT along with baby's soap to be used at bathing times whenever there is redness or irritation of the skin. It is so much easier to prevent eczema than to cure it.

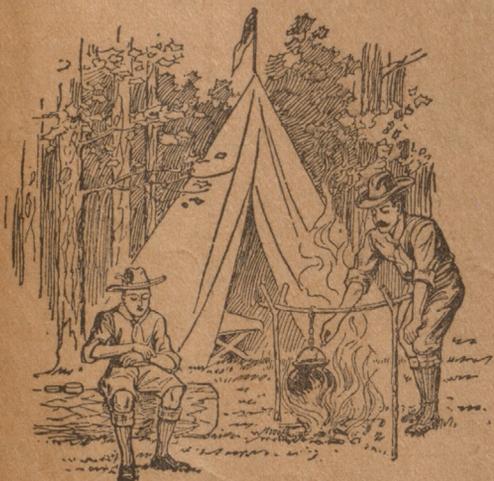
No home medicine cabinet is complete without DR. CHASE'S OINTMENT for particularly where there are young children it proves its value almost every day in relieving burns, scalds, stings of insects, healing wounds and sores and preventing blood poisoning.

DAY OF MONTH.	DAY OF WEEK.	ZODIACAL SIGNS.	WEATHER FORECAST.	Moon's Phases.		Ont. Mar. Prov.		Ont., Que. and Mar. Provinces.			
				Aug. 1913		d. h. m.	d. h. m.	Sun Rises	Sun Sets	Moon Rises	Moon Rises
1 F.			Month		● New Moon.....	2 7 58 a.	2 8 58 a.	5.04	7.42	2.87	3.18
2 S.			begins	<i>The Hoff went to St. Catharines</i>	○ First Quarter.....	8 11 3 p.	9 0 3 a.	5.05	7.41	sets	sets
3 S.			very		☾ Full Moon.....	16 3 27 p.	16 4 27 p.	5.06	7.40	8.12	8.48
4 M.			hot.	<i>Scopium 16</i>	☾ Last Quarter.....	24 7 18 p.	24 8 18 p.	5.07	7.39	8.38	9.05
5 T.					● New Moon.....	31 3 38 p.	31 4 38 p.	5.09	7.37	8.49	9.24
6 W.			Slight	<i>Grace 26</i>				5.10	7.36	9.08	9.44
7 T.			ly					5.11	7.35	9.28	10.05
8 F.			cooler.					5.12	7.33	9.51	10.30
9 S.				<i>Terrible Thunder Show all night</i>				5.14	7.32	10.22	11.02
10 S.				<i>rain all day. Mrs. Pittie to Amherst</i>				5.15	7.31	10.58	11.40
11 M.			Warm	<i>Try not Mrs. Pittie has eye</i>				5.16	7.29	11.43	a.m.
12 T.			again					5.18	7.28	a.m.	0.27
13 W.			with					5.19	7.26	0.42	1.25
14 T.			many					5.20	7.25	1.49	2.30
15 F.			thun-					5.21	7.24	3.02	3.42
16 S.			der					5.22	7.22	rises	rises
17 S.			storms.					5.24	7.21	7.24	7.56
18 M.								5.25	7.19	7.39	8.11
19 T.			Nights					5.26	7.18	7.52	8.27
20 W.			cool					5.27	7.16	8.06	8.42
21 T.			but	<i>Sarah Jenkins 40</i>				5.28	7.14	8.22	8.59
22 F.			days					5.30	7.13	8.40	9.18
23 S.			fine					5.31	7.11	9.02	9.42
24 S.			and					5.32	7.09	9.31	10.12
25 M.			warm.					5.33	7.07	10.09	10.52
26 T.								5.34	7.05	11.01	11.45
27 W.			Rainy					5.36	7.04	a.m.	a.m.
28 T.			spell					5.37	7.02	0.10	0.53
29 F.			then	<i>Bell Haver - 55</i>				5.38	7.00	1.30	2.11
30 S.			cooler.					5.39	6.58	2.57	3.36
31 S.								5.40	6.57	sets	sets

IN SUMMER CAMP

There is almost constant need of Dr. Chase's Ointment for Chafing, Insect Bites, Ivy Poison and Wounds

With what pleasure the equipment for the summer camp is packed. All are anticipating the keen delights of out-



door life in the woods, or on shores of lake or river.

For the time being you forget all about the sunburn, the chafing, the bites of flies and insects, the wounds, the ivy poison and the dangers of blood poisoning. These will come in reality when you get settled in camp, and if you have forgotten to take along a box of DR. CHASE'S OINTMENT you will then be sorry.

DR. CHASE'S OINTMENT is so delightfully soothing that it relieves at once all itching and irritation of the skin. When the skin becomes rough and red, this ointment is wonderfully effective in restoring its natural softness and smoothness.

Exposure to dampness often brings on an attack of piles and there is no treatment for this annoying ailment so satisfactory as DR. CHASE'S OINTMENT.

HE STUTTERED TOO

Three strangers were in the Pullman smoker when one of them turned to another and asked:

"H-How f-f-far is it t-t-to P-P-Pittsburgh?"

The man addressed made no reply, but got up and left the car. The stutterer then turned to the third man, who gave him the information.

A few moments afterward the third man met the one who had left the car, and said:

"See here! Why did you go out without answering, when that man asked you a civil question?"

"D-D-Do you think I w-w-wanted to g-g-g-get m-my head knocked off?" was the answer.

At the Seashore

MISS EUNICE WATTS, Waterville, Kings Co., N.S., writes:—"While camping at the Sea Shore, several of our party were attacked with irritation of the skin. We were unable to tell what it was and neither could a New York or local doctors name it or give relief. After some months of torture I found much comfort and was cured by the use of DR. CHASE'S OINTMENT. It stopped the itching and irritation at once and gradually healed up the tiny ulcers which refused to yield to any other treatment."

In the Lumber Camp

MR. J. G. CAMPBELL, foreman for The Holland Grave Lumber Co., Sudbury, Ont., writes:—"I had eczema all over my body, head, face, neck, wrists, and all were blistering and itching with it. Could find absolutely no cure until I obtained DR. CHASE'S OINTMENT. After the use of this remarkable ointment I was instantly relieved and after using six boxes completely cured.

"I could not shave, had to give up work and was taken from the camp in a waggon and a new foreman sent from Pembroke. I cannot recommend DR. CHASE'S OINTMENT too highly."

Sunburn and Chapped Hands

MISS CARRIE ALTWATER, Bittern Lake, Alta., writes:—"I was entirely cured of black-heads some months ago by using DR. CHASE'S OINTMENT. As I have also found this ointment a splendid treatment for sunburn and chapped hands, I would not be without it in the house. It is the best I ever used."

DAY OF MONTH.	DAY OF WEEK.	ZODIACAL SIGNS.	WEATHER FORECAST.	Moon's Phases.		Ont. Mar. Prov.		Ont., Que. and Mar. Provinces.			
				Sept. 1913		d. h. m.	d. h. m.	Sun Rises	Sun Sets	Moon Sets	Moon Sets
1	M	♈	Month					5.40	6.57	6.58	7.28
2	T.	♈	begins					5.41	6.55	7.11	7.47
3	W	♈	cool					5.42	6.53	7.31	8.08
4	T.	♈	and					5.44	6.52	7.58	8.31
5	F.	♈	fine.	<i>Mrs. West 69</i>				5.45	6.50	8.22	9.02
6	S.	♈	Turns					5.46	6.48	8.55	9.37
7	S.	♈	warm-	<i>Mrs. Brightman 90</i>				5.47	6.46	9.40	10.28
8	M	♈	er					5.49	6.43	10.35	11.19
9	T.	♈	then					5.50	6.41	11.40	a.m.
10	W	♈	thun-					5.51	6.39	a.m.	0.22
11	T.	♈	der					5.52	6.38	0.52	1.32
12	F.	♈	storms.					5.53	6.36	1.59	2.38
13	S.	♈						5.54	6.34	3.09	3.46
14	S.	♈	Clear					5.55	6.32	4.14	4.50
15	M	♈	and					5.56	6.30	rises	rises
16	T.	♈	cool					5.57	6.29	6.18	6.49
17	W	♈	for					5.58	6.27	6.30	7.08
18	T.	♈	several					5.59	6.25	6.46	7.28
19	F.	♈	days.					6.00	6.23	7.16	7.45
20	S.	♈						6.02	6.21	7.38	8.13
21	S.	♈	Some					6.03	6.19	8.05	8.47
22	M	♈	rain					6.04	6.17	8.51	9.35
23	T.	♈	but	<i>Raymond Mitchell</i>				6.06	6.16	9.51	10.34
24	W	♈	mostly	<i>Be Russell 15 - Coast 24</i>				6.07	6.14	11.04	11.45
25	T.	♈	fine					6.08	6.12	a.m.	a.m.
26	F.	♈	weath-					6.09	6.10	0.28	1.08
27	S.	♈	er.					6.11	6.08	1.52	2.30
28	S.	♈						6.12	6.06	3.17	3.58
29	M	♈	Ends					6.13	6.04	sets	sets
30	T.	♈	cool.					6.14	6.02	5.38	6.09



Dr. Chase's SYRUP OF LINSEED AND TURPENTINE

This well known treatment for coughs and colds, croup and bronchitis is so pleasant to the taste and so quickly relieves inflammation and irritation that children delight to take it.

This is half the battle in doctoring children, but there are even stronger reasons why this medicine is to be preferred as a treatment for children's throat and lung troubles.

The value of linseed and turpentine, in ailments of this nature, has long been known, but it remained for DR. A. W. CHASE to so combine these and several other simple, yet potent ingredients, so as to make a preparation at the same time pleasant to the taste and wonderfully effective.

DR. CHASE'S SYRUP OF LINSEED AND TURPENTINE is not a mere cough mixture and should not be confused with preparations of this nature. It is a medicine which has a thorough and far-reaching effect on the whole system and effectively cures coughs and colds, croup and bronchitis.

You can give it to children knowing that it cannot do them any harm, when administered according to directions, and with every assurance that the results will be entirely satisfactory. Small and frequent doses are most effective in affording relief and cure.

For many years this great medicine has constantly grown in popularity. Its wangled rivals have come and gone, but the people know that DR. CHASE'S SYRUP OF LINSEED AND TURPENTINE

will relieve and cure all irritation and inflammation of the throat and bronchial tubes and depend on it when serious trouble arises.

HER TWO VICTIMS

Attendant (showing visitor through lunatic asylum)—Yes, sir, we have some very pathetic cases here. Now in this room is a poor fellow who lost his reason because the girl he was in love with married another man.

Visitor—Very sad! Very sad! And who occupies this padded cell opposite?

Attendant—Him? That's the man she married.

Croup Cured Attacks Prevented

MRS. RICHARD PATTERSON, Douglas West, Que., writes:—"My little girl was subject to croup. She used to have it very bad at times, and I decided to try DR. CHASE'S SYRUP OF LINSEED AND TURPENTINE. It cured her promptly and she has not had an attack for two years. If she gets hoarse we use this medicine, and it prevents the croup from coming on. I was also cured myself of a very bad cold and soreness of the lungs by this treatment and gladly recommend it to others."

Breaks Up Cold Prevents Pneumonia

MISS EFFIE BANCROFT, Longwood, Ont., writes:—"DR. CHASE'S SYRUP OF LINSEED AND TURPENTINE has been used in our home with splendid results. One of my brothers had pneumonia twice, and he always uses DR. CHASE'S SYRUP OF LINSEED AND TURPENTINE and finds that it breaks up a cold the quickest and best of any medicines he has ever used."

DAY OF MONTH. DAY OF WEEK.	ZODIACAL SIGNS.	WEATHER FORECAST.	Moon's Phases.		Ont. Mar. Prov.		Ont., Que. and Mar. Provinces.				
			Oct. 1913		d. h. m.	d. h. m.	Sun Rises h.m.	Sun Sets h.m.	Moon Sets h.m.	Moon Sets h.m.	
1 W		Fine									
2 T.		warm					6.16	6.01	5.54	6.31	
3 F.		dry					6.17	5.59	6.19	6.58	
4 S.		weath.					6.18	5.57	6.52	7.38	
5 S.		er.					6.19	5.55	7.32	8.15	
6 M							6.20	5.53	8.25	9.09	
7 T.		Tempe					6.22	5.52	9.30	8.13	
8 W		rature					6.23	5.50	10.38	8.19	
9 T.		lower.					6.24	5.48	11.48	a.m.	
10 F.							6.25	5.46	a.m.	0.28	
11 S.		Suc-					6.26	5.44	0.57	1.35	
12 S.		cession					6.28	5.43	2.04	2.41	
13 M		of					6.29	5.41	3.09	3.45	
14 T.		cloudy					6.30	5.39	4.14	4.49	
15 W		days.					6.31	5.37	5.20	5.52	
16 T.							6.32	5.35	rises	rises	
17 F.		Little					6.34	5.34	5.13	5.51	
18 S.		rain					6.35	5.32	5.36	6.16	
19 S.		but					6.36	5.30	6.08	6.49	
20 M		mostly					6.37	5.29	6.48	7.31	
21 T.		fine.					6.38	5.27	7.43	8.27	
22 W							6.40	5.26	8.50	9.32	
23 T.		Pleas-					6.41	5.24	10.08	10.48	
24 F.		ant					6.42	5.23	11.29	a.m.	
25 S.		aut'mn					6.43	5.22	a.m.	0.07	
26 S.		weath.					6.44	5.20	0.51	1.23	
27 M		er.					6.46	5.19	2.12	2.43	
28 T.							6.47	5.17	3.38	4.11	
29 W		Fine					6.48	5.16	4.59	5.31	
30 T.		and					6.49	5.15	sets	sets	
31 F.		cool.					6.51	5.13	4.47	5.27	
							6.52	5.12	5.15	5.57	

Oct.
1913

Moon's Phases.
) First Quarter..... 6 8 46 p.
 O Full Moon..... 15 1 7 a.
 C Last Quarter..... 22 5 53 p.
 • New Moon..... 29 9 29 a.

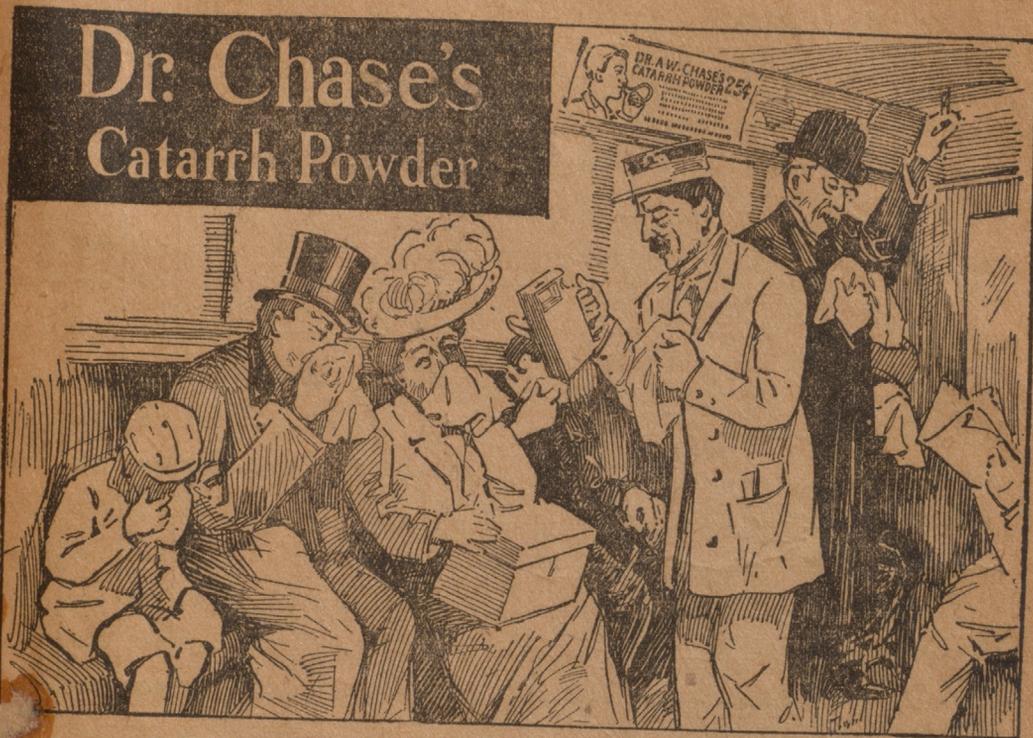
Ont. Mar. Prov.
 d. h. m. d. h. m.
 6 8 46 p. 6 9 46 p.
 15 1 7 a. 15 2 7 a.
 22 5 53 p. 22 6 53 p.
 29 9 29 a. 29 10 29 a.

Ont., Que. and Mar. Provinces.

Mary Parrack 34

Je an Louise Parrack 4
Ruth Gilbert 20

Dr. Chase's Catarrh Powder



WHAT IS CATARRH?

The delicate skin which lines the nose, throat and air passages is known as membrane. This sensitive skin is kept moist by a fluid called mucous, and hence the name mucous membrane.

Catarrh is an inflammation of the mucous membrane of the nose and throat. While simple in its beginnings, catarrh if neglected, tends to become chronic and leads to most dangerous diseases or wears out the system.

The most usual result is consumption, which develops when the inflammation finds its way along the membrane into the lungs. In other cases the foul secretions drop back into the throat and find their way into the stomach causing catarrh of the stomach, which is a most stubborn ailment and very difficult to cure.

DR. CHASE'S CATARRH POWDER is of the greatest assistance in curing catarrh of the nose and throat. It is not claimed that it will cure consumption, catarrh of the stomach or other serious results

of neglecting to cure this insidious disease in its early stages.

Such symptoms as difficult breathing, hawking and spitting, sneezing, offensive breath, droppings in the throat and deafness are soon overcome by this treatment. It does not seem to matter how long standing the case the persistent use of DR. CHASE'S CATARRH POWDER proves effective in clearing away these disagreeable symptoms.

Complete Cure 3 Years Ago

MR. GEO. SIMPSON, farmer, Semans, Sask., writes:—"I had catarrh in the head for about seven years. There was hawking, spitting, running at the nose, dropping in the throat, sickly feeling in the stomach and constantly catching cold easily. I could find nothing to help me much until I began using DR. CHASE'S CATARRH POWDER, and this proved most satisfactory, affording relief at once and bringing about complete cure. As there has been no return of the trouble for three years the cure is no doubt lasting."

DAY OF MONTH.	DAY OF WEEK.	ZODIACAL SIGNS.	WEATHER FORECAST.	Nov. 1913				Moon's Phases.		Ont. Mar. Prov.		Ont., Que. and Mar. Provinces.			
				First Quarter	Full moon	Last Quarter	New Moon	d. h. m.	d. h. m.	d. h. m.	d. h. m.	Sun Rises	Sun Sets	Moon Sets	Moon Sets
1	S.		Begins					5	1 34 p.	5	2 34 p.	6.58	5.11	6.18	6.56
2	S.		cool					13	6 11 p.	13	7 11 p.	6.54	5.10	7.15	7.58
3	M		and					21	2 57 a.	21	3 57 a.	6.55	5.08	8.24	9.06
4	T.		fine.					27	8 41 p.	27	9 41 p.	6.57	5.07	9.37	10.17
5	W											6.58	5.08	10.48	11.24
6	T.		Dull									6.59	5.04	11.54	a.m.
7	F.		cloudy									7.01	5.08	a.m.	0.81
8	S.		days									7.02	5.02	0.59	1.85
9	S.		with									7.04	5.01	2.04	2.87
10	M		high									7.05	5.00	3.06	3.41
11	T.		winds.									7.08	4.59	4.14	4.46
12	W											7.08	4.58	5.21	5.52
13	T.		Few									7.09	4.58	rises	rises
14	F.		fine									7.10	4.55	4.09	4.50
15	S.		clear									7.11	4.54	4.47	5.30
16	S.		days.									7.13	4.53	5.39	6.22
17	M											7.14	4.52	6.43	7.26
18	T.		Cloudy									7.15	4.51	7.57	8.38
19	W		again									7.16	4.51	9.16	9.55
20	T.		with									7.18	4.50	10.35	11.12
21	F.		much									7.19	4.50	11.55	a.m.
22	S.		windy									7.20	4.49	a.m.	0.81
23	S.		weath-									7.21	4.48	1.15	1.50
24	M		er									7.22	4.48	2.37	3.09
25	T.		and									7.24	4.47	3.58	4.29
26	W		snow									7.25	4.47	5.23	5.53
27	T.		flurries.									7.26	4.46	sets	sets
28	F.		Clear									7.27	4.46	3.59	4.42
29	S.		and									7.28	4.45	4.56	5.39
30	S.		cold.									7.30	4.45	6.08	6.45

Combined Treatment For Chronic Catarrh

While we firmly believe that there is no preparation extant which affords such prompt relief and cure for the distressing symptoms of catarrh as DR. A. W. CHASE'S CATARRH POWDER we recognize the necessity in the majority of cases of a general treatment to rebuild the tissues wasted by this ravaging disease, and consequently desire to emphasize the importance of using DR. A. W. CHASE'S NERVE FOOD along with the Catarrh Powder.

This is the ideal treatment for catarrh, for while the Catarrh Powder clears and purifies the choked up air passages, relieves the pressure which causes headache, counteracts foul breath and stops the droppings into the throat, the Nerve Food enriches the blood, tones up the system and enables the constitution to entirely throw off this wretched disease.

MR. CHAS. DONNERAL, farmer, Kleinburg, Ont., writes:—"As the result of chronic catarrh, I became very much run down in health. I had severe headache, dizzy spells as well as the usual symptoms of catarrh such as running at the nose, hawking and spitting and my hearing was very bad. Doctors did not help me so when I read in Dr. Chase's Almanac about the Catarrh Powder and Nerve Food as a combined treatment for catarrh, I did not lose any time in beginning its use. The Catarrh Powder gave relief at once and I used it until every symptom had disappeared. At the same time I used DR. CHASE'S NERVE FOOD to build up the system and was completely cured of catarrh after having suffered from this disease for five years. That was two years ago, and I consider the cure lasting."

A Dozen Doctors Tried in Vain

MR. GUS. LARSON, miner, Rossland, B.C., writes:—"For years I have suffered from catarrh with headaches, stoppage in the nose, dry parched throat, had bad smelling breath, noises in the head and deafness. I tried a dozen doctors but all in vain. Reading about DR. CHASE'S CATARRH POWDER, I decided to use it and found the greatest benefit from the start. I have obtained complete relief and consider this medicine indispensable as a means of preventing attacks of the old trouble."

Catarrh Caused Deafness

MR. ALBERT C. SIMPSON, farmer, Dorset, Ont., writes:—"For about nine years I had catarrh. I could only breathe through the nose with greatest difficulty. The throat was constantly inflamed and the catarrh caused deafness. I consulted several doctors and was treated at hospitals but obtained little relief. DR. CHASE'S CATARRH POWDER brought relief from the first and I believe it is the best treatment obtainable for catarrh and deafness."

Symptoms of Catarrh

Sneezing.
Hawking and spitting.
Droppings in the throat.
Difficult breathing.
Hoarseness.
Deafness.
Running at the nose.
Offensive breath.
Watery eyes.
Redness of the nose.
General weakness and debility.
Headache.
Noises in the ears.
Stomach derangements.
Stuffed up air passages.

Entirely Cured by Nine Boxes

MR. JOHN MACKINNON, Malagawatch, N.S., writes:—"I was completely cured of Catarrh by using DR. CHASE'S CATARRH POWDER. I had suffered for five years and was unable to obtain benefit from doctors or other medicines. It took nine boxes to entirely free me of all the disagreeable symptoms of catarrh."

Specialist Failed After 18 Months

MR. H. PROCTOR, machinist, Calgary, Alta., writes:—"For about fifteen years I suffered from chronic nasal catarrh. I consulted three doctors and was under the care of an ear and throat specialist for eighteen months, I want to say that I obtained more benefit from the use of one box of DR. CHASE'S CATARRH POWDER, than from that eighteen months' treatment by a doctor. My breathing is much freer now, many of the symptoms have disappeared and I shall soon be entirely cured."

DAY OF MONTH.	DAY OF WEEK.	ZODIACAL SIGNS.	WEATHER FORECAST.	Moon's Phases.		Ont. Mar. Prov.		Ont., Que. and Mar. Provinces.							
				First Quarter	Full Moon	Last Quarter	New Moon	d. h. m.	d. h. m.	Sun Rises	Sun Sets	Moon Sets	Moon Sets		
				5 9 59 a.	13 10 0 a.	20 11 15 a.	27 9 59 a.	5 10 59 a.	13 11 0 a.	20 0 16 p.	27 10 59 a.				

Dec.
1913

DAY OF MONTH.	DAY OF WEEK.	ZODIACAL SIGNS.	WEATHER FORECAST.	Sun Rises	Sun Sets	Moon Sets	Moon Sets
				h.m.	h.m.	h.m.	h.m.
1	M		Begins	7.31	4.44	Que. 7.18	M.P. 7.58
2	T.		cool	7.32	4.44	8.29	9.08
3	W		and	7.33	4.44	9.39	10.16
4	T.		fine.	7.34	4.43	10.46	11.22
5	F.			7.36	4.43	11.51	a.m.
6	S.		Milder	7.37	4.42	a.m.	0.26
7	S.		with	7.38	4.42	0.56	1.29
8	M		rain	7.39	4.42	2.01	2.88
9	T.		and	7.40	4.42	3.06	3.37
10	W		sleet.	7.40	4.42	4.15	4.45
11	T.			7.41	4.42	5.26	5.54
12	F.		Fair	7.42	4.42	6.40	7.07
13	S.		and	7.43	4.42	rises	rises
14	S.		cold.	7.44	4.42	4.32	5.15
15	M			7.44	4.42	5.46	6.27
16	T.		Snow	7.45	4.42	7.04	7.44
17	W		flurries	7.46	4.42	8.52	9.08
18	T.			7.47	4.43	9.44	10.20
19	F.		Clear	7.47	4.43	11.04	11.39
20	S.		and	7.48	4.44	a.m.	a.m.
21	S.		cold	7.48	4.44	0.22	0.55
22	M		for	7.49	4.45	1.42	2.14
23	T.		week.	7.49	4.45	3.03	3.38
24	W		Milder	7.49	4.46	4.25	4.53
25	T.		and	7.49	4.46	5.45	6.12
26	F.		fine.	7.49	4.47	6.53	7.23
27	S.		Some	7.50	4.47	sets	sets
28	S.		snow	7.50	4.48	4.55	5.36
29	M		and	7.50	4.49	6.08	6.43
30	T.		sl. set.	7.51	4.50	7.21	7.59
31	W			7.51	4.51	8.29	9.06

Golden Breeze Breeze

Dr. Chase's Backache Plaster

As a counter-irritant to relieve pain and draw out the inflammation there is nothing to be compared to the plaster. Liniments are soon absorbed or evaporated but the plaster retains its strength for several days and is working all the time.

Besides relieving pains and soreness the plaster strengthens and supports the weak, lame, aching back, and in this way brings great comfort.

In this plaster the most powerful drugs are so combined as to promptly eradicate the worst pains and aches, and at the same time not blister the most delicate skin.

DR. A. W. CHASE'S BACKACHE PLASTER is equally effective as a conqueror of pain in all parts of the body and promptly relieves and cures

**Backache, Lumbago,
Pains over the Kidneys,
Weak, Lame Back,
Rheumatism,
Sciatica,
Stiffness and Soreness
of Joints and Mus-
cles.**

**Stomach Pains and
Cramps,
Pleurisy and Sore
Throat,
Chest Pains and Pains
and Aches where-
ever located.**

Full directions for use are found on the wrapper of each plaster.



BACKACHE

"I was troubled with severe backache for six years and after having used two of DR. CHASE'S BACKACHE PLASTERS the pain entirely disappeared. I had previously tried many remedies without avail."—MRS. A. DICK, St. Ouens, Man.

STOMACH TROUBLES

"The DR. CHASE'S BACKACHE PLASTER which you sent me last week was applied at once as I was suffering intense misery from stomach trouble. It brought relief in short time and was of more benefit than anything I have used for a long time for which I am very grateful."—MRS. A. R. SHILSON, Ruscom, Essex Co., Ont.

BRONCHIAL TROUBLES

"Nearly every winter I am laid up with contraction of the bronchial tubes. This winter I have used DR. CHASE'S BACKACHE PLASTERS on my chest and by so doing have escaped the bronchial trouble entirely."—MR. W. J. CRAVEN, Shelburne, Ont.

LAME, ACHING BACK

"Having suffered for over a year with lame, aching back and finding it difficult to do any work, I used DR. CHASE'S BACKACHE PLASTER. I tell you it was not long before all the pain was gone and I felt a changed man. I cannot recommend this plaster too highly."—MR. PETER RENNIE, Farmer, Pomquet, Antigonishe Co. N.S.

For sale at all dealers, 25 cts. each, 5 for \$1.00, or sent, postpaid, on receipt of price, by EDMANSON, BATES & CO., LIMITED, TORONTO

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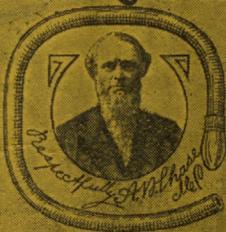
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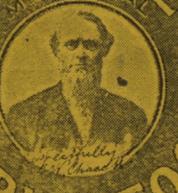
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