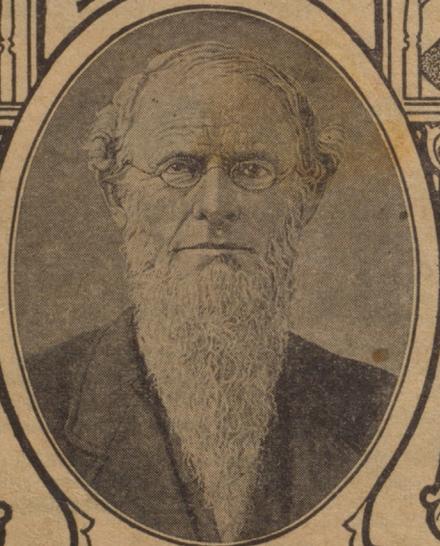


HANG ME UP

# DR. A. W. CHASE'S CALENDAR ALMANAC

1947



*Respectfully  
A. W. Chase, M.D.*

FOR THE  
HOME, FACTORY  
FARM, OFFICE



PUBLISHED BY  
THE DR. A. W. CHASE MEDICINE CO.  
OAKVILLE, CANADA LIMITED



## The Dr. Chase Family Medicine

If you could visit all the homes in Canada, you would perhaps be amazed to find in the great majority of them, one or more of Dr. Chase's Medicines and most certainly a copy of Dr. Chase's Almanac.

Most often you will find it hanging near the kitchen window where it can be easily consulted.

Since many people use this Almanac as a diary, you would in many homes find a collection of these Almanacs dating back for several years.

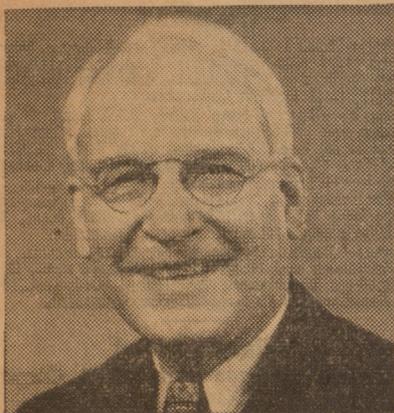
The name of Dr. Chase has long been familiar in many homes as the author and publisher of Dr. Chase's Receipt Book which many older people have known since their childhood days. The Almanac now carries on the tradition of Dr. Chase and is a constant reminder that Dr. Chase's Medicines are still very much alive and always increasing in popularity.

It is a familiar proverb that, "If it is a Dr. Chase product, you know that it is dependable."

**THE DR. A. W. CHASE MEDICINE CO., LTD.**

OAKVILLE, CANADA

Manufacturers of **The Dr. Chase Family Medicines**



# Your Daily Work Can Be a Joy

That's how it should be and usually is, long as the health is good. Of course, you can't be really happy at work or play when the nerves are frazzled and you become worried and irritable.

The outlook on life is then clouded and you look for trouble instead of pushing it to one side.

Have you ever thought of what Dr. Chase's Nerve Food might do for you?

If you have never used this famous nerve tonic, you must have heard about it. Perhaps you even know that Vitamin B1, the new vitamin so essential to healthy nerves, has been added to the formula.

Why not try it out when you have nervous indigestion and get irritable, restless and ready to say nasty things even to your best friends?

Have a pity on your family for what they have to put up with when you are depressed and downhearted and grouchy.

If you go about tired and languid, your bodily organs also lacking nerve force are similarly affected and fail to function properly.

Isn't this a good time to get busy with Dr. Chase's Nerve Food? There is no season of the year, when a tonic for the blood and nerves is so greatly needed. Build up new energy and strength, new resistance against ills, new joy in life by using this well-known food treatment.

Let him that would move the world first move himself.  
—Socrates.

# Power

"Knowledge is power," said Bacon. Power is another name for energy. Nervous energy is necessary to run the machinery of the body. When you think, you consume nervous energy and so when you breathe or digest food or walk about.

When you fail to derive sufficient nervous energy from the food you eat, it is necessary to use accessory food—such as Dr. Chase's Nerve Food to keep you fit and to enable the vital organs to properly perform their functions. With the addition of vitamin B1 to the formula, Dr. Chase's Nerve Food is that much better than ever. Let it add to your nervous energy.



# For Mothers

Don't let the nerves spoil the joy of motherhood. When in a nervous, irritable condition, every move and every noise of your children makes you feel tired and cross and short tempered.

# Better

Food not only recovery of baby's

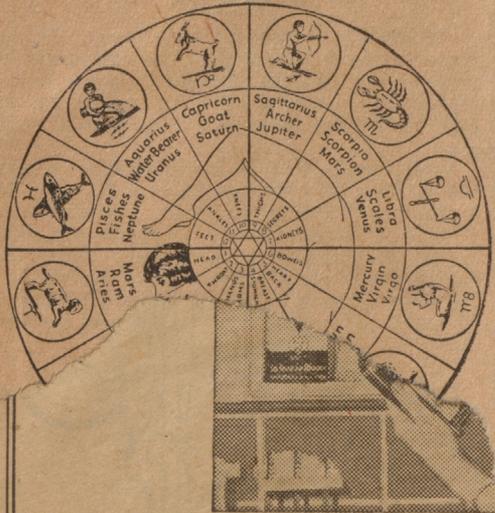
"It makes you feel so much better," is the way many people describe the results of using Dr. Chase's Nerve Food. The symptoms of nervous exhaustion vary greatly and while you may not think of your self as being ill, you do not feel up to the mark, lack vigor and energy and have tired feelings.

So when you begin to feel the benefits of using Dr. Chase's Nerve Food, you naturally say, "It makes me feel so much better." You may be less irritable and restless, have better digestion and feel vigor and pep increasing. Dr. Chase's Nerve Food supplies essential minerals and Vitamin B1 to the exhausted nervous system. Ask your druggist for the new economy size bottle of Dr. Chase's Nerve Food.

Little bankroll, ere we part  
Let me hug you to my heart,  
All the year, I've clung to you,  
I've been faithful, you've been true!  
Little bankroll, in a day,  
You and I will start away,  
To a good vacation spot;  
I'll come back but you will not.

—Anonymous

## SIGNS OF THE ZODIAC



## Seasons

**Spring**—Begins March 21st, 7.13 a.m., Maritime Provinces and Newfoundland; 6.13 a.m., Ontario and Quebec; 5.13 a.m., Manitoba; 4.13 a.m., North West Provinces; 3.13 British Columbia.

**Summer**—Begins June 22nd, 2.19 a.m., Maritime Provinces and Newfoundland; 1.19 a.m., Ontario and Quebec; 12.19 a.m., Manitoba; June 21st, 11.19 p.m., North West Provinces; 10.19 p.m., British Columbia.

**Autumn**—Begins September 23rd, 5.29 p.m., Maritime Provinces and Newfoundland; 4.29 p.m., Ontario and Quebec; 3.29 p.m., Manitoba; 2.29 p.m., North West Provinces; 1.29 p.m., British Columbia.

**Winter**—Begins December 22nd, 12.43 p.m., Maritime Provinces and Newfoundland; 11.43 a.m., Ontario and Quebec; 10.43 a.m., Manitoba; 9.43 a.m., North West Provinces; 8.43 a.m., British Columbia.

## Slightly Mixed

"We shall miss you in the ward, Corporal," smiled the Nursing Sister.

"And I shall miss you, Sister," beamed the soldier. "I shall never forget what you've done for me. If ever there was a fallen angel—you're one."

## Almanac

We always like to feel that this almanac carries a message of good cheer as it goes each year to millions of readers in this and other countries.

It is now well over half a century since the first edition of Dr. Chase's almanac was published and during those many years the jokes, the calendar data, the information on health subjects, have been read and appreciated.

## Calendars

There are only two places where the information contained on these calendar pages are obtainable—Greenwich, England, and Washington, D.C.

From the basic data giving the times of rising and setting of the sun and moon, the moon's phases, etc., the times suited to various localities are figured out.

For example, the time selected for the Ontario and Quebec editions are based on the time at Ottawa. So if you look in your local newspaper and find that the changes of the moon are not exactly the same as those quoted in the almanac, remember that an almanac cannot be exactly right for every town and village in the country.

## Paper Shortage

Again this year the strict regulations on the use of paper have limited the size of the almanac and made it necessary to omit some of the more attractive features. We hope that this may be the last time that we shall have to make this explanation.

## The Dr. Chase F

ch, 1947, Gregoria.

If you

Canada of the Mohammedan era or am the Hegira, begins at Sunset November 11, 1947, Gregorian Calendar.

The twelfth year of the reign of King George VI begins December 12th, 1947.

The 81st year of the Confederation of the Dominion of Canada begins July 1st, 1947.

The 172nd year of the Independence of the United States begins July 4th, 1947.

January 14th, 1947, Gregorian Calendar, corresponds to January 1st, 1947, Julian Calendar.

## Eclipses in 1947

I.—TOTAL ECLIPSE OF THE SUN, May 20th, begins 11.10 a.m. Ends 4.24 p.m. Greenwich Time. Not visible in North or Central America or the West Indies. Visible in South America, except the Northern part.

II.—PARTIAL ECLIPSE OF THE MOON, June 3rd, begins 4.48 p.m. Ends 9.42 p.m. Greenwich Time. Not visible in North, Central, or South America.

III.—ANNULAR ECLIPSE OF THE SUN, November 12th, begins 5.14 p.m. Ends 10.56 p.m. Greenwich time. Visible in Western Canada, Southern Nova Scotia, Central America, West Indies and most of South America.

# The Blood

Is the source of nutrition  
and energy - - -

The process of living may be likened to the burning of fire. Just as there must be fuel to sustain fire, so there must be fuel to support human life.

The fuel in the form of mineral substances and vitamins is carried by the blood to all parts of the body.

It goes to renew the wasting tissues and muscles and to supply the vital nerve force which runs the machinery of the body—the lungs, the stomach, the liver, etc.

And so it comes that the blood must continually pick up the necessary ingredients from the food we eat or from the medicines which supply such materials in condensed form.

You may call Dr. Chase's Nerve Food a supplementary food, for when the essential ingredients are not supplied by the food you eat, along comes this treatment to supply iron and other minerals as well as Vitamin B1. It is amazing how many people have learned to depend on Dr. Chase's Nerve Food when their health has become run down, and they are in need of rich red blood to help restore vigor to nerves and the body generally.

## A Fish Guessing Contest

Answer each of the following questions with the name of a fish:

1. What fish properly belongs to millionaires?
2. What fish is used in winter sport?
3. What fish would shine among their fellows?
4. What fish would conquer in a wrestling match?
5. What fish would conquer in an old-fashioned duel?
6. What fish is found in every bird cage?
7. What fish is a cape on the New England coast?
8. What fish has a name meaning to whip?
9. What fish is always finding fault?
10. What fish doesn't need to swim?
11. What fish is often a noisy nuisance at night?
12. What fish is often drawn across a political trail?
13. What fish was discarded because it——?
14. What fish is part of a shoe?
15. A wicked, tempting fish?

For answers please turn to page 9.



## For Mothers

Don't let the nerves spoil the joy of motherhood. When in a nervous, irritable condition, every move and every noise of your children makes you annoyed and cross and short tempered.

The use of Dr. Chase's Nerve Food not only helps to relieve discomforts at the time of baby's coming, but also aids to a more rapid recovery of energy and strength afterwards, so that you may fully enjoy life with your children.

You can obtain Dr. Chase's Nerve Food at any drug store. Your druggist will tell you that the demand for this medicine is continually increasing as more and more people learn of its benefits to others. Ask your druggist for the new economy sized bottle of Dr. Chase's Nerve Food.

## Care

"Sing away sorrow, cast away care," wrote the famous Spanish Cervantes in the 16th century. Good advice, but sometimes hard to follow, if your cares and worries are the result of tired, exhausted nerves.

Cares and worries consume nervous energy at a tremendous rate and leave you sleepless, irritable and downhearted. It becomes necessary to replace the exhausted nervous energy, by using accessory food treatment such as Dr. Chase's Nerve Food, which has been doing this very thing for thousands of people during the past forty years.

DAY OF MONTH	DAY OF WEEK	ZODIAC SIGNS	WEATHER FORECASTS	Jan. 1947	Moon's Phases	Ont. and Que.		Mar. Provs. and Nfld.		Local Mean Time Ontario, Quebec, Mar. Provs. and Nfld.		
						d.	h. m.	d.	h. m.	Sun Rises h.m.	Sun Sets h.m.	Moon Sets a.m.
1	W	♈			Full Moon...	6	11 47 p.m.	7	12 47 a.m.	7.38	4.28	12.35
2	T	♉	Milder		Last Qtr....	13	10 56 p.m.	13	11 56 p.m.	7.38	4.29	1.48
3	F	♊	with		New Moon...	22	3 34 a.m.	22	4 34 a.m.	7.38	4.30	3.04
4	S	♋	sleet		First Qtr....	29	7 7 p.m.	29	8 7 p.m.	7.38	4.31	4.24
5	S	♌	or							7.38	4.32	5.45
6	M	♍	rain.		Epiphany					7.38	4.33	7.01
7	T	♎	Becoming							7.38	4.34	rises
8	W	♏	much							7.38	4.35	p.m.
9	T	♐	colder							7.37	4.37	7.28
10	F	♑	with					260		7.37	4.38	8.46
11	S	♒	some					60		7.37	4.39	9.59
12	S	♓	snow.							7.37	4.40	11.08
13	M	♈								7.36	4.41	a.m.
14	T	♉	Un-							7.36	4.43	12.15
15	W	♊	settled.							7.35	4.44	1.21
16	T	♋								7.35	4.45	2.26
17	F	♌	Mostly							7.34	4.46	3.30
18	S	♍	fair					7.65		7.34	4.47	4.33
19	S	♎	and							7.33	4.49	5.33
20	M	♏	cold.					7.75		7.32	4.50	6.29
21	T	♐	High					40		7.32	4.51	sets
22	W	♑	winds.							7.31	4.53	p.m.
23	T	♒								7.30	4.54	5.56
24	F	♓	Some							7.29	4.55	7.02
25	S	♈	heavy							7.28	4.57	8.09
26	S	♉	snow							7.28	4.58	9.17
27	M	♊	storms.					2309		7.27	5.00	10.25
28	T	♋								7.25	5.01	11.36
29	W	♌	Clear							7.24	5.02	a.m.
30	T	♍	and							7.23	5.04	12.48
31	F	♎	cold.							7.22	5.05	2.04

Standard time is used in these Calendars, so that where daylight saving time prevails 1 hour should be added.

### MEANING of the ZODIAC Human and Planting Aspects

For ages many have believed that the twelve Zodiacal signs governed certain parts of the body. Also that certain days were more favorable to planting than others. On account of the widespread interest in the subject a brief account of the signs is given according to the Zodiac which includes characteristics of persons born under each, and its influence upon planting.

### ♒ AQUARIUS—Waterman—Legs

Begins January 18 and ends February 17. Quiet, practical, nervous and emotional; lovers of home; easily persuaded; sensitive; good natured; small executive ability. Well-set, strong body and long face. Congenial with those born under Virgo, Cancer, Leo, Sagittarius, Libra and Scorpio. An airy, masculine sign. Seeds planted in this sign may not do well.



## January

Ring out, wild bells, to the wild sky!  
Ring out the old, ring in the new,  
Ring happy bells across the snow!

Ring in the nobler modes of life  
With sweeter manners, purer laws.  
Ring in the valiant man and free,

The larger heart, the kindlier hand!  
Ring out the darkness of the land  
Ring in the Christ that is to be! —*Tennyson.*

## Good Cheer for 1947

It is always our desire to have Dr. Chase's Almanac bring to its readers a message of good cheer. And after all, what can be more pleasant than to learn ways in which your health may be benefited and you may be in better condition to fight the battles of life and know the joy of healthful living?

For over half a century, this almanac has gone each year into most of the homes in Canada.

It is usually appreciated and kept. The favorite place to hang it is beside the kitchen window where everyone can easily consult it.

What of the weather? When is the moon full? And many other questions are settled by reference to this almanac.

Here is wishing all readers good luck and good health during 1947.

### Useless

Lady: "I wish to exchange this dinner gong for something else."

Salesgirl: "Don't you find it useful?"

Lady: "Not in my house. My husband and the boys are sitting at the table before I have a chance to strike it!"

## It's the Boys and Girls who Suffer from Anaemia

How you do like to see your children healthy and robust, enjoying outdoor games and building strong bodies and healthy minds.

Naturally, you are insulted when told that your boy or girl is suffering from malnutrition. And yet you need not be, for the poorest nourished children are often found in the schools of good neighborhoods.

A child suffering from anaemia is starving, no matter how much food is set before him. He has loss of appetite, poor digestion, tired feelings. He is fidgety and irritable. He may have eye troubles and is in a weakened condition.

A quick way to regain a healthy condition is by the use of Vitamin B1 and the mineral substances such as iron, which are essential for the restoration of the blood and the nerves.

Since Dr. Chase's Nerve Food contains both Vitamin B1 and the mineral substances, it forms a most satisfactory treatment for the anaemic and nervous condition of many school children. It is suitable for children of 10 years and over and it is remarkable how quickly they respond to this food treatment.

Sorrow is the mere rust of the soul. Activity will cleanse and brighten it. —*Samuel Johnson.*

## Malnutrition of Children

In an examination of one hundred Canadian school children it was found that 48% were underweight, 25% showed evidence of malnutrition and 75% had defective teeth. These children were not from poor families where food might be scarce. Their ills were mostly from improper feeding. Children of 10 years and older can be given Dr. Chase's Nerve Food to good advantage, and they soon respond to this treatment.

From the Nerve Food they obtain iron and other mineral substances and Vitamin B1. If your children are pale and weak and underweight, try giving them Dr. Chase's Nerve Food. It may be exactly what they need to win back health and vigor. Ask your druggist for the new economy size bottle of Dr. Chase's Nerve Food.

DAY OF MONTH	DAY OF WEEK	ZODIAC SIGNS	WEATHER FORECASTS	Feb. 1947		Moon's Phases			Ont. and Que.			Mar. Provs. and Nfld.			Local Mean Time Ontario, Quebec, Mar. Provs. and Nfld.			
				☾	☽	d.	h.	m.	d.	h.	m.	d.	h.	m.	Sun Rises h.m.	Sun Sets h.m.	Moon Sets a.m.	
1	S	♈	Clear													7.21	5.07	3.21
2	S	♈	and													7.20	5.08	4.37
3	M	♈	cold.													7.19	5.09	5.47
4	T	♈														7.18	5.10	6.46
5	W	♈	Becoming													7.17	5.12	rises
6	T	♈	colder													7.15	5.14	p.m.
7	F	♈	and													7.13	5.16	7.34
8	S	♈	stormy.													7.12	5.17	8.48
9	S	♈														7.11	5.18	9.58
10	M	♈	Light													7.10	5.19	11.07
11	T	♈	snow.													7.08	5.21	a.m.
12	W	♈	Clearing													7.06	5.23	12.14
13	T	♈	and													7.05	5.24	1.19
14	F	♈	slightly													7.04	5.25	2.23
15	S	♈	milder.													7.03	5.26	3.25
16	S	♈														7.01	5.28	4.22
17	M	♈	Fair.													6.59	5.30	5.13
18	T	♈														6.58	5.31	5.58
19	W	♈	Becoming													6.57	5.32	6.35
20	T	♈	colder.													6.55	5.34	sets
21	F	♈	Snow.													6.54	5.35	p.m.
22	S	♈														6.52	5.37	7.08
23	S	♈	East													6.50	5.38	8.17
24	M	♈	winds													6.48	5.39	9.28
25	T	♈	with													6.47	5.40	10.40
26	W	♈	rain													6.45	5.42	11.54
27	T	♈	or													6.43	5.43	a.m.
28	F	♈	sleet.													6.41	5.45	1.10

### PISCES—Fish—Feet

February 17 to March 21. Practical, intellectual, but nervous. Not easily convinced; good judgment and foresight. Inclined to diseases of the feet. Short stature and fleshy body with rather stooping gait. Congenial with Leo, Cancer, Virgo, Scorpio, Libra, Sagittarius. This is a watery sign, good for producing fruit of the earth. A good root sign if moon is on the wane. Being a watery sign it assists vegetation to withstand drought.

Blessed be he who considereth the poor.

### A Little Train Puzzle

A non-stop express going sixty miles an hour starts from Bustletown for Ironchester, and another non-stop express going forty miles an hour starts at the same time from Ironchester for Bustletown. How far apart are they exactly an hour before they meet? As I have failed to find these cities on any map or in any gazetteer, I cannot state the distance between them, so we will just assume that it is somewhere over 250 miles. If this little puzzle gives the reader much trouble he will certainly smile when he sees the answer.

See page 32 for answer.



## February

I slept and dreamed that life was Beauty,  
I woke and found that life was Duty.  
Was my dream then a shadowy lie?  
Toil on poor heart, unceasingly;  
And thou shalt find thy dream to be  
A truth and noonday light to thee.

*E. S. Hooper.*

No man is born into the world whose work  
Is not born with him. There is always work,  
And tools to work withal, for those who will;  
And blessed are the horny hands of toil.

*James Russell Lowell.*

## Illness Costs Canada One Billion Yearly

In addressing the Kiwanis Club, Dr. Gordon Bates, director of the Health League of Canada, was quoted as follows:

"The direct cost of illness in Canada is calculated to be about \$300,000,000 a year. Added to the cost of postponable death, the sum rises to nearly \$1,000,000,000. The yearly loss to labor in wages due to sickness is \$50,000,000; to industry in diminished profits, \$75,000,000."

It is only natural to think how different the picture might have been if care had been taken in the prevention and relief of common ills.

Constipation, when neglected, may become the cause of many ills. Torpid liver and sluggish kidney action are not an unusual accompaniment, as well as chronic indigestion and other serious ills.

When the bowels are constipated, colds and other contagious ills thrive.

One of the first rules of health is "Daily movement of the bowels." To insure the regularity of the bowels and the activity of the liver and kidneys, the recommended treatment is Dr. Chase's Kidney Liver Pills. They have an enviable record of over fifty years.

## Do You Get Your Beauty Sleep?

Loss of sleep and beauty do not usually go together, for insomnia is associated with irritable nerves, restlessness, worry, frowns and wrinkles.

When the use of Dr. Chase's Nerve Food is suggested, it is not in the sense of a sleep producer, for this treatment does not contain a narcotic drug.

The object of using Dr. Chase's Nerve Food is to help build up nerve force in the system and thereby remove the most frequent cause of restlessness, irritability and jagged nerves.

This takes a little patient treatment, but in a few days, you may find yourself resting and sleeping better and sleep helps greatly in the restoration of the tired and worn nervous system.

Of course you have long known about Dr. Chase's Nerve Food. Most people have. But if you are to benefit, it is necessary for you to use this treatment regularly and persistently until the nervous system is restored. This is a real foundation for good health, restful sleep and the joy of living.

### Answers to Fish Guessing Contest

1. Gold and silver fish; 2. Skate; 3. Star and Sunfish; 4. Mussel; 5. Swordfish or Lunge; 6. Perch; 7. Cod; 8. Whale; 9. Carp; 10. Flying fish; 11. Catfish; 12. Red Herring; 13. Smelt; 14. Sole; 15. Devil fish.

The colored janitor was listening to an eloquent sermon by the new pastor. "Do you think he's as good as our former minister?" asked one of the deacons. "Ah certainly does, boss. Why dat man asks de Lord for things dat de other preacher didn't even know he had."

## Relax

"I have lost my appetite, not for food, but for life. I prod myself along to do the daily task, but I am always tired. I lie awake at night and toss restlessly—get up tired in the mornings. It is almost worse than being sick for there seems to be nothing in life for me."

Better relax, brother, and get your nervous system built up. Rest will help and so will Dr. Chase's Nerve Food, for you have evidently not been getting the vitamins and mineral substances in your food that are necessary to keep up the supply of nervous energy necessary to run the machinery of the body.

## 75% of Ills From the Nerves

If you go to your doctor for examination and he tells you that he is unable to find any physical cause for your distressing condition, you may reasonably conclude that the trouble is with your nervous system. Some doctors find that about 75% of the ills from which their patients suffer are from exhausted condition of the nerves.

Even backache may result from exhausted nerves, as well as neuritis, neuralgic and sciatic pains.

The treatment indicated is Dr. Chase's Nerve Food which supplies Vitamin B1 and the mineral salts which are essential for the restoration of the blood and the vigor of the nervous system.

The early symptoms which warn you of nervous disorders are restlessness, nervousness, irritability, disturbance of the digestive system and general lack of energy and strength.

There is no quick way to restore nerve force to the human body. Treatment must be continued for some time, but when using Dr. Chase's Nerve Food, you may be satisfied that with each dose, you are supplying the ingredients which are necessary for the restoration of the nervous system.

"Physical, mental and moral fitness depends largely upon an ample supply and a proper proportion of the minerals in our foods. Nerve function, nerve stability, nerve-cell building, likewise depend thereon."

*Dr. Charles Northern.*

They had been going together for a year, but he had never popped the question.

"Myrtilla," he blurted out, one evening, "I have—uh—a question—that is, there's something I want to ask you. . . ."

"Oh, Horace," she thrilled prettily. "This is so impulsive of you. But, of course, the answer is yes."

"That wasn't it," he explained. "I just wanted to know what date your mother has set for our wedding."



## What Women Talk About

Come across a company of women having a chit-chat and sooner or later, they are almost sure to get around to the question of health and Dr. Chase's Nerve Food. This is because women of all ages have learned to depend on Dr. Chase's Nerve Food to help them over the trying times of their lives. Whether in young-womanhood, as a mother, or in later years, many find help in Dr. Chase's Nerve Food and return to it from time to time when they are overcome with feelings of fatigue and low vitality. While Dr. Chase's Nerve Food is equally suitable for men and women, the women were first to prove its value as a means of winning better health. Ask your druggist for the new economy size bottle of Dr. Chase's Nerve Food.

### Posties Don't Get Fat

Did you ever see a fat postman? If you did, he was probably riding in a car on a rural route. These dependable, spry, lean citizens, who trudge hundreds of miles a year, carrying their loads of mail for delivery and picking up other loads from mail boxes, are living examples of the fact that while you can starve off your fat, you can eat, keep lean, fit and happy by just taking a good long walk every day.

*—Detroit News.*

"Are you sure I will recover?" an anxious patient asked his doctor. "I've heard that sometimes you doctors give wrong diagnoses and have treated patients for pneumonia who afterwards died of typhoid fever."

"You've been misinformed," replied the indignant medic. "When we treat a man for pneumonia, he dies of pneumonia." *—Review*

Dame May Whitty says: "I've got everything Betty Grable has—only I've had it longer."

## A Slave to the Desk

Man was never intended to worry and hurry and keep speeding his brain for long hours every day. The nervous system fails to stand up under such punishment and so many useful lives are cut short. From lack of healthful, outdoor exercise muscles become flabby and body organs weak and fail to function properly.

Fortunate is the man or woman who early learns about Dr. Chase's Nerve Food and uses it when occasion arises to help to restore vigor to the nervous system and new energy to the bodily organs.

## Nervous Fears Destroy Digestion

Fear, worry, irritability, anger—stop the flow of the gastric juices in the stomach and thereby cause indigestion.

They waste the nerve force required to run the vital machinery of the body.

You feel weak, tired, languid and have spells of doubt and discouragement. In this condition you are difficult to live with and your unhappiness spreads to others.

When you firmly make up your mind to conquer fear and worry, let Dr. Chase's Nerve Food help you. Gradually and naturally it supplies ingredients—iron and Vitamin B1 from which nerve force is created. In this way it helps nature to bring back energy and strength to your nervous system.

Others in your condition have found it of definite help, why not give it a trial?

After an evening in a night club, a gay party at one of the tables arose to leave. Beckoning a waiter, one of the men asked, "Is it raining outside?"

"Sorry," replied the attendant coldly, "this isn't my table."  
—*Scott Field Broadcaster.*

## Ulcers of the Stomach

Of recent years ulcers of the stomach and intestines have become alarmingly frequent, especially among professional and business men, holding positions of responsibility.

The cause is attributed to worry and nervous strain and point to Dr. Chase's Nerve Food as a help in preventing such ailments.

Why not aim at being "full of health" so as to get more enjoyment out of work and play and make life really worth living?

As the doctor said to the woman who said that she did not like the night air, "But madam, during certain hours of the twenty-four night air is the only kind there is."

It is good for one to realize that life is now. Whatever it offers, little or much, life is now—this day—this hour—and is probably the only experience of the kind that one is to have.

Men are like corks,  
Some will pop the question,  
Others have to be drawn out.

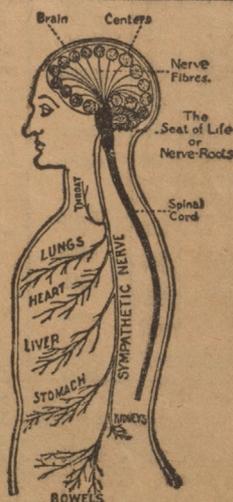
Estelle Taylor was being interviewed by a fashion writer and told her, "My dresses are always a little bit on the short side because they make me look taller. And I guess it must be this that makes men look longer."

## The Inside Nerves

Fatigue comes from the nerves. When you are bodily tired, you feel it in the arms, legs and back. But the inside nerves which control the bodily organs are also tired and the result is indigestion, headaches, loss of sleep and general lack of energy. You will see by the illustration how the sympathetic nervous system, through the inside nerves, supplies energy to the bodily organs—The lungs, the stomach, etc.

By the use of Dr. Chase's Nerve Food you can very materially help to restore energy and vigor to these bodily organs and relieve the feelings of fatigue and languor which hold you down.

The result is better digestion, better sleep and renewed energy with which to enjoy life. Ask your druggist for the new economy size bottle of Dr. Chase's Nerve Food.



**Dr. Chase's Nerve Food** FOR NEW PEP AND ENERGY

DAY OF MONTH	DAY OF WEEK	ZODIAC SIGNS	WEATHER FORECASTS	Mar. 1947	Moon's Phases	Ont. and Que.		Mar. Provs. and Nfld.		Local Mean Time Ontario, Quebec, Mar. Provs. and Nfld.		
						d.	h. m.	d.	h. m.	Sun Rises h.m.	Sun Sets h.m.	Moon Sets a.m.
1	S	♈	Mild		☾ Full Moon...	6	10 15 p.m.	6	11 15 p.m.	6.39	5.46	2.25
2	S	♈	with		☾ Last Qtr....	14	1 28 p.m.	14	2 28 p.m.	6.38	5.47	3.35
3	M	♈	heavy		☾ New Moon...	22	11 34 a.m.	22	12 34 p.m.	6.35	5.49	4.36
4	T	♈	rains.		☽ First Qtr....	29	11 15 a.m.	29	12 15 p.m.	6.33	5.51	5.26
5	W	♈								6.31	5.52	rises
6	T	♈	Fair							6.30	5.53	p.m.
7	F	♈	and							6.30	5.54	6.24
8	S	♈	cold.							6.27	5.56	7.36
9	S	♈	Un-							6.25	5.58	8.47
10	M	♈	settled.							6.23	5.59	9.56
11	T	♈		chop						6.21	6.00	11.04
12	W	♈	Some							6.20	6.01	a.m.
13	T	♈	rain.	cool for chickens				4.00		6.18	6.03	12.10
14	F	♈	Fair	dairy ration				2.60		6.16	6.04	1.14
15	S	♈	and							6.14	6.05	2.14
16	S	♈	milder.							6.12	6.06	3.07
17	M	♈		St. Patrick						6.11	6.07	3.54
18	T	♈	Heavy							6.08	6.09	4.34
19	W	♈	rains							6.06	6.10	5.07
20	T	♈	and	chicken feed				3.00		6.04	6.12	5.35
21	F	♈	becoming	husk						6.03	6.13	sets
22	S	♈	colder.					4.00		6.02	6.14	p.m.
23	S	♈								5.59	6.15	7.15
24	M	♈	Some							5.57	6.17	8.28
25	T	♈	snow.							5.55	6.18	9.43
26	W	♈								5.53	6.20	11.00
27	T	♈	Month							5.52	6.20	a.m.
28	F	♈	ends							5.49	6.22	12.17
29	S	♈	cold							5.47	6.23	1.29
30	S	♈	and	Palm Sunday						5.45	6.25	2.32
31	M	♈	wet.	timothy seed				5.00		5.43	6.27	3.24

**♈ ARIES—Ram—Head**

March 21 to April 23. Positive in disposition, theoretical, and animal in feeling. Original, good reasoners and natural organizers. Lean body, spare and strong; grey eyes and sandy hair. Congenial with Scorpio, Sagittarius, Libra, Leo, Virgo and Cancer. A movable fire sign. Seeds planted in this sign produce vines or stalks. Crops that produce their yield above

ground should be planted in the new or increasing light of the moon.

**Shooting Blackbirds**

Twice four and twenty blackbirds

Were sitting in the rain;

I shot and killed a seventh part,

How many did remain?

See page 26 for answer.



## March

The stormy March has come at last,  
With wind, and clouds, and changing skies;  
I heard the rushing of the blast,  
That through the snowy valley flies.

—Bryant.

Ah March! We know thou art  
Kind hearted, spite of ugly looks and threats,  
And out of sight, art nursing April's violets.

—Helen Hunt Jackson.

What a month for wind and weather and sudden changing temperature, snow drifts and floods.

The old thermometer bobs up and down and the quick changes from cold to warm and back again are more than some people can stand.

And so it becomes the month of most ills and most fatalities.

It is an unwelcome month for persons subject to rheumatic pains and aching limbs, as well as for those who are affected by ills of the throat and bronchial tubes.

This is the time above all others when one needs to be robust in order to withstand the sudden changes of temperature and to avoid the contagious ills which so frequently abound at this season.

And this seems to be an opportune time to mention Dr. Chase's Nerve Food which is so generally used to build up resistance against bodily ills. The new economy sized bottle contains 180 pills and sells for \$1.50, thus making this a cheap tonic of proven merit.

A young couple were strolling when an airplane droned into sight overhead.

"That's a mailplane," announced the young man.

"But at such a distance, how can you tell?" asked the young woman.

# Dr. Chase's Paradol

A prescription containing a number of ingredients.

You may ask why Dr. Chase's Paradol is so quick and so effective as a relief for headaches and other pains?

Or you may say how is it that it does not cause any disagreeable after effects or upsetting of the digestive system?

This would indicate that you have had unfortunate experiences but we can assure you that you will never be sorry for using Dr. Chase's Paradol for it does not disappoint.

Paradol consists of a number of drugs which are carefully combined to afford quick relief from pain and at the same time not depress or disturb your nervous system.

It is a modern, up-to-date medicine and would never have become so quickly popular if it did not have some new benefit to give those who use it.

This new benefit is quick relief and absence of any disagreeable after effects.

### Opportunity Knocks

Cassidy was acting as M.C. at a dance. "The next item," he announced, "will be a snake dance."

"Whatever's that?" chorused a number of voices in amazement.

"Why," he explained, "it's to give those who snaked in an opportunity to snake out again."

A Scot was engaged in a lengthy argument with a train conductor as to whether the fare was 25 or 30 cents. Finally the exasperated conductor picked up the Scot's suitcase and tossed it off the train just as they passed over a bridge.

"Mon!" screamed the Scot. "It isn't enough to try to overcharge me, but now you try to drown my little boy."

—Wireco Life

Smart Girls always carry  
**PARADOL**  
*in their handbags!*

**DR. CHASE'S**  
**Paradol**

FOR QUICK RELIEF OF  
HEADACHE & Other Pains

DAY OF MONTH	DAY OF WEEK	ZODIAC SIGNS	WEATHER FORECASTS	April 1947	Moon's Phases			Mar. Provs. and Nfld.			Local Mean Time Ontario, Quebec, Mar. Provs. and Nfld.		
					Full Moon...	Last Qtr....	New Moon...	First Qtr....	d. h. m.	d. h. m.	d. h. m.	d. h. m.	Sun Rises h.m.
1	T	♈	Frequent		2.00	laying mash	5.50	5.43	6.26	4.06			
2	W	♈	showers		2.00	chickens	6.50	5.40	6.28	4.39			
3	T	♈	this					5.38	6.29	5.06			
4	F	♈	week.	Good Friday				5.36	6.31	5.29			
5	S	♈		First Day of Passover	chickens	2.75	5.35	6.32	rises				
6	S	♈	Fair	Easter Sunday			5.34	6.33	p.m.				
7	M	♈	and				5.31	6.34	8.46				
8	T	♈	warmer.		30 lbs Red clover	1.10	5.29	6.36	9.54				
9	W	♈					5.27	6.37	11.00				
10	T	♈	Un-		pig feed	2.50	5.25	6.38	a.m.				
11	F	♈	settled.				5.24	6.39	12.02				
12	S	♈					5.24	6.41	1.00				
13	S	♈	Un-				5.22	6.42	1.50				
14	M	♈	settled,				5.20	6.43	2.32				
15	T	♈	some				5.18	6.44	3.07				
16	W	♈	bright				5.16	6.45	3.36				
17	T	♈	warm		Red clover	1.10	5.14	6.47	4.01				
18	F	♈	days.		Cereson for oats	1.10	5.12	6.49	4.24				
19	S	♈					5.10	6.50	4.45				
20	S	♈	Fair,				5.08	6.51	5.06				
21	M	♈	possibly				5.07	6.52	sets				
22	T	♈	some				5.05	6.53	p.m.				
23	W	♈	light	St. George			5.03	6.54	10.03				
24	T	♈	frosts.				5.01	6.56	11.19				
25	F	♈					5.00	6.58	a.m.				
26	S	♈	Rain.		1000 lbs 4-8-10	17.80	4.59	6.58	12.54				
27	S	♈			1000 " salt	8.50	4.57	7.00	1.24				
28	M	♈	Clearing		6' big grinding	4.00	4.55	7.01	2.08				
29	T	♈	and				4.53	7.02	2.43				
30	W	♈	warmer.				4.51	7.03	3.11				

**♈ TAURUS—Bull—Neck**

April 23 to May 23. Positive, morose and good students. Excellent memories, strong likes and dislikes. Inclined to diseases of the throat. Handsome, rather large frame, good complexion and animal magnetism. Congenial with Sagittarius, Libra, Virgo, Scorpio, Cancer and Leo. Root crops of quick growth will be good when planted in this sign. These crops should be planted in the old or decreasing light of the moon to produce the best yield.

**The Square Window**

Brown told his family that a man had a window a yard square, and it let in too much light. He blocked up one half of it, and still had a square window a yard high and a yard wide. How did he do it?

See page 15 for answer.

The modern girl's hair may look like a mop, but that doesn't worry her—she doesn't know what a mop looks like.



## April

'Tis sweet, in the green Spring,  
To gaze upon the wakening fields around;  
Birds in the thickets sing,  
Winds whisper, waters prattle from the  
ground.

A thousand odors rise,  
Breathed up from blossoms of a thousand dyes.  
—Bryant.

In the spring a livelier iris changes on the  
burnished dove;  
In the spring a young man's fancy lightly turns  
to thoughts of love.

—Tennyson.

Spring! What a magic word!  
What a word to charm with!

How we do look forward to Spring even before  
the Winter is well on its way.

We say, "If Winter comes can Spring be far  
behind?" and then we continue to long for Spring.

Some fortunate people rush to the sunny  
south to meet spring early, while most of us  
can only wish that Spring were here.

Each year Spring seems long in coming, but  
more or less at the same time the balmy breezes  
blow and there come days when we even begin  
to feel tired and languid.

Since the old days of sulphur and molasses  
are pretty well passed, it has become the custom  
in most families to order an economy size bottle  
of Dr. Chase's Nerve Food so that all the  
family can dip in after each meal, so as to get  
their share of iron and Vitamin B1.

And how this does pep up the tired nerves  
and help you to better rest, better digestion  
and better health.

Someone asked a farmer why he didn't take  
the new extension courses in agriculture from  
the State University. He replied, "Wouldn't  
help much. I don't farm now as good as I  
know how."

## What To Do For Pain

For Headaches and other bodily pains and as  
a check for colds use Dr. Chase's Paradol. It  
is quick in action, easy to take and leaves no  
disagreeable after effects.

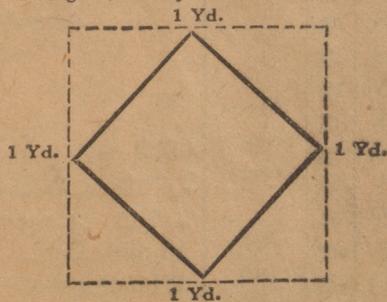
For Backache, Lumbago and pains in the  
sides or limbs, rub with Dr. Chase's Liniment.  
This is made from an excellent formula and is  
composed of fine essential oils and ingredients of  
proven value for the eradication of pains and aches.

For weak, lame, aching back many people  
prefer to use a plaster and for such, we would  
recommend Dr. Chase's Backache Plaster.  
This is a belladonna plaster and is highly  
appreciated by people who use it.

Because pains and aches often indicate the  
presence of disease, Dr. Chase's Kidney-Liver  
Pills are recommended as a means of stimulating  
the action of liver, kidneys and bowels and  
thereby eliminating the poisons which cause  
pains and aches.

### Solution of "The Square Window"

The diagram shows the original window, a  
yard square. After he had blocked out the four  
triangles indicated by the dotted lines, he still  
had a square window, as seen, measuring a  
yard in height and a yard in breadth.



## Why Not Make The Most of Yourself?

If you are to make the most of yourself and  
get all there is of joy and happiness, your first  
thought should be of your health. For efficiency  
as well as for beauty, health is the basis to  
work on.

If you tend to be nervous, irritable and  
worried, you can be neither fit for success or  
for attractiveness. By using Dr. Chase's Nerve  
Food, you can restore the vigor of the nerves  
and bodily organs and fit yourself physically  
and mentally for success.

Do not let ill health get you down when this  
food treatment can be of so great benefit to you.

DAY OF MONTH	DAY OF WEEK	ZODIAC SIGNS	WEATHER FORECASTS	May 1947			Moon's Phases			Ont. and Que.			Mar. Provs. and Nfld.			Local Mean Time Ontario, Quebec, Mar. Provs. and Nfld.		
				☾ Full Moon...	☾ Last Qtr....	☾ New Moon...	☾ First Qtr....	d. h. m.	d. h. m.	d. h. m.	d. h. m.	d. h. m.	Sun Rises h.m.	Sun Sets h.m.	Moon Sets a.m.			
1	T	♈	Mostly	May Day									4.51	7.04	3.34			
2	F	♈	fair										4.50	7.05	3.56			
3	S	♈	but										4.49	7.06	4.16			
4	S	♈	showers	2.00 Check starter									4.47	7.08	rises			
5	M	♈	in	3.00 laying mash									4.45	7.10	p.m.			
6	T	♈	some										4.44	7.10	8.46			
7	W	♈	localities.										4.42	7.11	9.50			
8	T	♈											4.40	7.12	10.50			
9	F	♈	Fair										4.39	7.13	11.44			
10	S	♈	and										4.38	7.16	a.m.			
11	S	♈	mild.	Rogation Sunday									4.37	7.16	12.29			
12	M	♈											4.35	7.17	1.06			
13	T	♈	Colder										4.34	7.18	1.37			
14	W	♈	with										4.33	7.19	2.03			
15	T	♈	rain.	Ascension Day									4.31	7.22	2.26			
16	F	♈											4.31	7.22	2.47			
17	S	♈	Some										4.30	7.23	3.08			
18	S	♈	light										4.29	7.24	3.29			
19	M	♈	showers										4.28	7.25	3.53			
20	T	♈	becoming										4.26	7.27	sets			
21	W	♈	warmer.	100 laying mash									4.26	7.28	p.m.			
22	T	♈		2.00 check starter									4.25	7.29	10.14			
23	F	♈		2.00 growing mash									4.24	7.30	11.17			
24	S	♈	Fair	Empire Day									4.23	7.31	a.m.			
25	S	♈	and	Whit Sunday—Shebuoth									4.21	7.32	12.07			
26	M	♈	warm.										4.21	7.33	12.46			
27	T	♈											4.20	7.34	1.16			
28	W	♈	Month	100 pig finisher									4.20	7.35	1.41			
29	T	♈	ends	100 pig starter									4.19	7.36	2.02			
30	F	♈	very	oyster shell									4.18	7.37	2.22			
31	S	♈	warm.	oyster & plane									4.18	7.37	2.42			

♊ GEMINI—Twins—Arms

May 23 to June 22. Negative, theoretical, but intellectual. Restless and faultfinders. Inclined to diseases of the bronchial tubes and arms. Tall body, sanguine complexion, brilliant eyes and brown hair. Congenial with Leo, Cancer, Virgo, Libra, Scorpio, Sagittarius. Good time to plant melon seeds and all plants that produce their yield above the ground. The

soil should be stirred in this sign to subdue all noxious weeds.

A Queer Addition

Colonel MacIntyre asked the junior members of his household at the breakfast-table to write down five odd figures so that they will add up and make fourteen. Only one of them did it.

See page 28 for answer.



## May

The country ever has a lagging Spring,  
Waiting to call its Violets forth,  
And June its Roses; showers and sunshine  
bring. —Bryant.

Is this a time to be cloudy and sad,  
When our mother laughs around;  
When even the deep blue heavens look glad,  
And gladness breathes from the blossoming  
ground. —Bryant.

## What Does Spring Mean to You?

Is your spirit in unison with nature when the buds are bursting and the rejuvenation of vegetable and animal life is taking place all around you?

Or are you feeling now the ill effects of winter life? The poison laden blood, the tired feelings, the lack of energy which weighs you down and depresses the mind.

There is good cheer for you, for Dr. Chase's Nerve Food is available to help pep you up, enrich the blood and relieve you of the pains and aches which come when the blood is impure and lacking in nutrition. There are certain minerals and vitamins which you need at this season, and Dr. Chase's Nerve Food supplies them in an easily assimilated form. Many people depend on Dr. Chase's Nerve Food to carry them through this trying season in comfort and happiness.

A chiropractor is a man who gets paid for something any other would get slapped for.

# A Splitting Headache But Date Not Broken

"Why did I make that date, I might have known that I would be unwell. Now, I suppose I can't go. With pains in the back and a splitting headache, the place for me is at home.

"But I do so want to go. What did I read about how actresses and movie stars manage to keep their engagements every day?

"Oh! yes, now I remember. Dr. Chase's Paradol is for this trouble. You take a tablet and away goes pain. Well, I am certainly going to get Paradol right now. Perhaps I may go yet."

Fortunately, there was a drug store near by. She got a vial of Paradol and soon the pains and aches and discomforts disappeared.

She went to her date, enjoyed herself to the limit and knows now that she need have no dread of these times nor hesitate to make engagements for any time.

Census Taker: "How many in your family?"

Woman: "Five; me, the old man, our kid, the cow and the cat."

Census Taker: "What's your politics?"

Woman: "I'm Republican, the old man's Democrat, the kid's wet, the cow's dry, and the cat's a populist."

## Quick Relief From Pain

"When the head aches, all the members of the body partake of the pain," wrote Cervantes four hundred years ago. Isn't it much the same today? With this difference, that we can now control and limit pain.

For example, there is Dr. Chase's Paradol which relieves pain quickly and acts so smoothly that there is no disagreeable after effects or upsetting of digestion.

Many girls and women say that Paradol saves them two or three days of discomfort several times a year. Others recommend Paradol as a relief for sciatic and rheumatic pains. Why not try it out? Most women carry Paradol in their handbags.



# The Dr. Chase Medicines

## DR. CHASE'S NERVE FOOD

For Loss of Sleep, Headache, Irritability, Anæmia, Tired Feelings and Exhaustion of the Nervous System, 60 cents a box of 60 pills; economy size, 180 pills, \$1.50.

## DR. CHASE'S PARADOL

A quick relief for Headaches, Neuralgic and Rheumatic Pains. It is especially recommended for the pains and discomforts from which girls and women suffer at certain times, 35 cents a box; economy size, 5 times as many, \$1.00.

## DR. CHASE'S SYRUP OF LINSEED AND TURPENTINE

For Coughs, Colds, Croup, Bronchitis, etc. Its pleasant taste makes it a treat for children. 35 cents and 75 cents.

## DR. CHASE'S KIDNEY-LIVER PILLS

For Constipation, Indigestion, Biliousness, Liver Complaint, Backache, Rheumatic Pains and Kidney Disorders, 35 cents a box.

## DR. CHASE'S OINTMENT

For Eczema, Chafing, Hemorrhoids and Irritations of the Skin, 60 cents a box, economy size, \$2.00.

## DR. CHASE'S LINIMENT

For Rheumatic Pains, Lumbago, Backache, Sore, Stiff Muscles, Sciatic and Neuritic Pains, Throat and Chest Colds, 35 cents a bottle.

## DR. CHASE'S CATARRH POWDER

For Cold in the Head, Catarrh and Hay Fever, 35 cents a box.

## DR. CHASE'S LIVER MEDICINE

A purely vegetable tonic of roots and herbs for Liver Disorders, Constipation and Jaundice, \$1.00 a bottle.

## DR. CHASE'S BACKACHE PLASTER

For Backache, Lumbago, Rheumatic Pains, 25 cents each.

The DR. A. W. CHASE MEDICINE CO., Limited  
Dr. Chase Building, Oakville, Ontario, Canada

## The Pill That Made Dr. Chase Famous

The first of Dr. Chase's Medicines to obtain a big nation wide sale was Dr. Chase's Kidney-Liver Pills.

They continue today as one of the most consistent year-round sellers in the drug stores.

They know no special season for there are always people suffering from pains and aches and backaches, as the result of poisons in the system.

As a home medicine to pep up the action of kidneys, liver and bowels, Dr. Chase's Kidney-Liver Pills have an enviable reputation.

Nearly everybody needs a tonic in the spring time and many people have learned to depend on Dr. Chase's Nerve Food as the means of helping to enrich the blood, strenghten the nerves and bring relief from tired, depressed feelings.

When He gave out legs, I thought  
He said kegs,  
And I ordered two fat ones!  
When He gave out ears, I thought  
He said beers,  
So, I ordered two long ones!  
When He gave out chins, I thought  
He said gins,  
So I said "Give me a double!"  
God, am I a mess.

## Stomach Trouble

So called stomach trouble is seldom confined to the stomach but rather refers to indigestion. Since the greater part of digestion does not take place in the stomach, but is only started there by the action of the gastric juices, you need to look further for the cause of trouble.

Probably the most frequent cause may be attributed to sluggish, torpid action of the liver. This condition leads to indigestion, biliousness, headaches and general feelings of discomfort.

Failure of the liver to secrete the bile from the blood and pass it into the intestines where it acts as a cathartic brings on constipation and other painful ailments.

Since Dr. Chase's Kidney-Liver Pills afford quick relief from torpid action of the liver and constipation, they soon afford relief from indigestion and the annoying symptoms which go with it.

## The Liver Frequently a Souce of Trouble

Headaches, biliousness and irregularity of the bowels are the usual symptoms of torpid liver. Spots of pain in the back near the shoulder blades is a frequent accompaniment.

Persons who are bilious in younger life tend to become gouty as they grow older and may have rheumatic pains and lumbago.

And so it becomes very important that the liver should be kept active and healthy by the use of Dr. Chase's Kidney-Liver Pills. This well-known medicine may save you from serious and painful disease.

Be good enough to remember that your morals are only your habits; and do not call other people immoral because they have other habits.  
—Shaw.

The sound of a kiss is not so loud as that of cannon, but its echo lasts a great deal longer.  
—O. W. Holmes.

## Pains in the Back

Backache is the most persistent symptom of kidney derangements, others are headaches, loss of weight and pains in the limbs.

You can depend on Dr. Chase's Kidney-Liver Pills to help relieve backache, because they stimulate the action of the kidneys in filtering poisons from the blood and these poisons are the cause of pains and aches. Used once or twice a week, Dr. Chase's Kidney-Liver Pills help to ensure regular healthful action of the kidneys, liver and bowels.

"Why don't you like girls?"

"They're too biased."

"Biased?"

"Yes, bias this and bias that—until I'm busted."

## A Good Health Rule

Because of their thorough and prompt action on these organs, Dr. Chase's Kidney-Liver Pills are appreciated by very many people. It is a good rule to use one pill once or twice a week, to keep regular and well. This helps to keep the digestive system healthy and the breath sweet.

DAY OF MONTH	DAY OF WEEK	ZODIAC SIGNS	WEATHER FORECASTS	June 1947	Moon's Phases	Ont. and Que.	Mar. Provs. and Nfld.	Local Mean Time Ontario, Quebec, Mar. Provs. and Nfld.		
					☾ Full Moon... ☾ Last Qtr... ☾ New Moon... ☽ First Qtr...	d. h. m. 3 2 27 p.m. 11 5 58 p.m. 18 4 26 p.m. 25 7 25 a.m.	d. h. m. 3 3 27 p.m. 11 6 58 p.m. 18 5 26 p.m. 25 8 25 a.m.	Sun Rises h.m.	Sun Sets h.m.	Moon Sets a.m.
1	S	♋	Fair	Trinity Sunday.....				4.17	7.39	3.27
2	M	♌	and					4.17	7.40	3.55
3	T	♍	warm.					4.16	7.40	rises
4	W	♎	change-					4.15	7.41	p.m.
5	T	♏	able,	Corpus Christi.....				4.15	7.42	9.38
6	F	♐	becoming					4.15	7.42	10.26
7	S	♑	cooler					4.15	7.43	11.06
8	S	♒	with					4.14	7.44	11.39
9	M	♓	some					4.13	7.45	a.m.
10	T	♈	rain.					4.13	7.45	12.06
11	W	♉	Fair					4.13	7.45	12.30
12	T	♊	and					4.13	7.46	12.51
13	F	♋	warm.					4.13	7.47	1.11
14	S	♌	and					4.13	7.48	1.31
15	S	♍	Showers.					4.12	7.48	1.53
16	M	♎	Very					4.12	7.48	2.19
17	T	♏	warm					4.12	7.49	2.50
18	W	♐	and					4.13	7.49	3.31
19	T	♑	fair.					4.13	7.50	sets
20	F	♒	Slightly					4.13	7.50	p.m.
21	S	♓	cooler.					4.13	7.50	10.43
22	S	♈	Windy.	St. Jean Baptiste.....				4.13	7.50	11.17
23	M	♉	Mostly					4.14	7.50	11.44
24	T	♊	cloudy					4.14	7.51	12.07
25	W	♋	with					4.15	7.50	12.28
26	T	♌	light					4.15	7.50	12.48
27	F	♍	showers.					4.15	7.50	1.09
28	S	♎						4.15	7.50	1.32
29	S	♏						4.16	7.50	1.32
30	M	♐						4.16	7.50	1.58

### ♋ CANCER—Crab—Breast

June 22 to July 21. Positive in disposition; optimists; lovers of home; good managers. Congenial with Taurus, Gemini, Aries, Scorpio, Sagittarius and Libra. This is a watery, fruitful sign in which all plants germinate quickly.

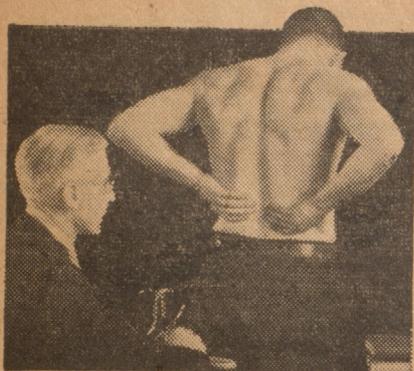
I wish some brainy guy who yearns,  
Upon this world, to leave his mark,  
Would cross our flies with lightning bugs  
So I could swat 'em in the dark.

### How Far Was It?

"The steamer," remarked one of our officers home from the East, "was able to go twenty miles an hour down-stream, but could only do fifteen miles an hour up-stream. So, of course, she took five hours longer in coming up than in going down."

One could not resist working out mentally the distance from point to point. What was it?

See page 26 for answer.



## June

In the month of June,  
The month of leaves and roses,  
When pleasant sights salute the eyes,  
And pleasant scents the noses.

—N. P. Willis

Do you recall that day in June  
Upon the Danube River;  
We listened to the ländler-tune,  
We watched the moonbeams quiver.

—The Danube River.

## Summer

Summer is the great vacation time. Most people do not think of such a thing as a vacation at any other season of the year.

So there may be weeks or even months when the question is revived, "Where shall we go this summer?"

Some prefer the sea shore or lake shore and others the mountains, but all seek rest—rest and change from the daily routine which has become very boring, once a vacation has been decided on.

Then there comes the question of what will be needed and what to put into the handbag or suitcase. When the question of clothes and togs has been settled, it is well to drop in a box of Dr. Chase's Ointment. Perhaps there is nothing you can take which will more certainly prove useful, for this medicinal ointment affords relief from burns and wounds, ivy poisoning and insect stings, and skin irritations of many kinds.

Knowledge is the only instrument of production that is not subject to diminished returns.

—J. M. Clark.

Anyone can sympathize with the sufferings of a friend, but it requires a very fine nature to sympathize with a friend's success.

—Wilde.

# Backache

When you have backache, you can usually blame the kidneys. The kidneys are the filtering organs whose duty it is to remove from the blood the uric acid poisons which cause pains and aches.

You may also have headaches, pains in the limbs, rheumatic pains and lumbago.

To get satisfactory relief, it is necessary to stimulate the action of the kidneys so that they will properly filter the blood and remove the poisons which cause pain.

This is exactly what Dr. Chase's Kidney-Liver Pills do—they stimulate the action of the kidneys.

And they do more than that for they also help to pep up the action of the liver and bowels. So by using this treatment, you secure a thorough cleansing of the system and consequently relief from backache as well as other pains and aches.

A man had a very handsome horse which a friend persistently tried to buy from him. Finally the horse died and the man shipped the remains to his friend. When they met later he enquired about the dead horse.

"Why I won \$3,600 with him."

"How could you do that?"

"I raffled him."

"But did no one complain?"

"Yes. But only the man who won and I returned his money."

Tourist: "What a quaint little village, this Riverside. Truly one half of the world is ignorant of how the other half lives."

Native: "Not in this village, mister, not in this village."

# Healthy Kidneys Filter the Blood

As a result of the process of digestion there is a continuous accumulation of poisons left in the blood. The blood passes through the kidneys to be filtered, but if the kidneys are weak and faltering in action the poisons are carried in the blood stream to other parts of the body where they set up pains and aches and such ailments as backache, lumbago, rheumatic or arthritic pains.

Because Dr. Chase's Kidney-Liver Pills stimulate the action of the kidneys, they help to correct their action and afford relief from these painful and often serious ailments.

285  
338  
22 70

If It Is a Dr. Chase Product You Know That It Is Dependable

DAY OF MONTH	DAY OF WEEK	ZODIAC SIGNS	WEATHER FORECASTS	July 1947			Moon's Phases			Ont. and Que.			Mar. Provs. and Nfld.			Local Mean Time Ontario, Quebec, Mar. Provs. and Nfld.		
				☉ Full Moon...	☾ Last Qtr....	☽ New Moon...	☽ First Qtr....	d. h. m.	d. h. m.	d. h. m.	d. h. m.	d. h. m.	d. h. m.	Sun Rises h.m.	Sun Sets h.m.	Moon Sets a.m.		
1	T	♌	Cloudy.	Dominion Day.....			4.17	7.50	2.29									
2	W	♍	.....	.....			4.17	7.50	3.07									
3	T	♎	.....	.....			4.18	7.50	3.53									
4	F	♏	Heavy rain	Independence Day, U.S.A.....			4.18	7.50	rises									
5	S	♐	this	<i>machine oil</i> .....			4.19	7.49	p.m.									
6	S	♑	week-	<i>73'</i> .....			4.19	7.49	10.09									
7	M	♒	end.	<i>strawberries</i> .....			4.20	7.48	10.34									
8	T	♓	.....	<i>14.94</i> .....			4.21	7.48	10.55									
9	W	♈	Still	.....			4.22	7.48	11.15									
10	T	♉	cloudy,	<i>apple stone</i> .....			4.22	7.48	11.34									
11	F	♊	some	<i>75'</i> .....			4.23	7.47	11.55									
12	S	♋	rain.	.....			4.24	7.46	a.m.									
13	S	♌	.....	.....			4.25	7.45	12.18									
14	M	♍	.....	.....			4.26	7.45	12.46									
15	T	♎	Becoming	.....			4.26	7.45	1.21									
16	W	♏	fair	<i>and wood</i> .....			4.27	7.44	2.06									
17	T	♐	and	<i>3.00</i> .....			4.28	7.43	3.06									
18	F	♑	warmer.	<i>flang binder 9 10:50</i> .....			4.29	7.42	sets									
19	S	♒	.....	.....			4.31	7.41	p.m.									
20	S	♓	Fair	<i>2.00 laying mesh</i> .....			4.31	7.41	9.44									
21	M	♈	and	<i>4.00 poultry</i> .....			4.32	7.40	10.09									
22	T	♉	warm.	.....			4.33	7.39	10.32									
23	W	♊	.....	<i>2.00 salt</i> .....			4.34	7.38	10.53									
24	T	♋	Warm	<i>3.00 hog master</i> .....			4.36	7.36	11.13									
25	F	♌	and	<i>hedge prices</i> .....			4.36	7.36	11.36									
26	S	♍	very	.....			4.37	7.34	a.m.									
27	S	♎	dry.	.....			4.38	7.33	12.01									
28	M	♏	.....	<i>ply of carp</i> .....			4.39	7.32	12.31									
29	T	♐	Month	.....			4.41	7.31	1.06									
30	W	♑	ends	.....			4.42	7.30	1.49									
31	T	♒	fine.	.....			4.43	7.29	2.40									

♌ LEO—Lion—Heart

July 21 to August 21. Passive in disposition; love flowers and art; sensitive. Congenial with Pisces, Capricornus, Aquarius, Gemini, Aries and Taurus. This is a barren sign. Unfavorable to growth of seed or transplanting. Favorable to destroy weeds.

A bachelor is a man with enough confidence in his judgment of women to act upon it.

A Telephone Conversation

"Hello. Is this 1220?"  
 "Yes. Who is calling, please?"  
 "What? You don't recognize my voice? Why, my mother is your mother's mother-in-law."  
 "Huh?"

What is the relationship of the speakers?

See page 26 for answer.



## July

And on her lover's arm she leaned,  
And round her waist she felt it fold,  
And far across the hills they went  
In that new world which is the old.

—Tennyson.

To say why gals act so and so,  
Or don't, would be persumin',  
Mebby to mean yes and say no  
Comes nateral to women.

—J. R. Lowell.

'Yes,' I answered you last night  
'No,' this morning, Sir, I say;  
Colors seen by candle-light  
Will not look the same by day.

—Mrs. Browning.

## Time to Relax

More people than ever before need to relax this summer. And if in addition to relaxation you take means to build up new nervous energy and bodily strength so much the better.

Many people have learned that they obtain such help from Dr. Chase's Nerve Food better than from any other medicine they have ever used.

Soon they find themselves resting and sleeping better. Appetite and digestion are improved, and the nervous tension which brings irritability, worry and sometimes shortness of temper become a thing of the past.

Ask your druggist for the new economy size bottle of Dr. Chase's Nerve Food and drop it into your club bag when going on vacation.

"My car's out of gas. What'll I do now?"

"How should I know. I've never been out with you before."

## Kidney Disorders Indicated By These Symptoms

Scanty, highly coloured urine, headache, backache and constipation are among the early symptoms of kidney disease. The appetite is fickle, the tongue is furred and in time there is pallor and loss of weight.

The functions of the kidneys in filtering the uric acid poisons from the blood are halted and these poisons set up pains and aches, rheumatism, gout and lumbago.

Dr. Chase's Kidney-Liver Pills are recommended as an effective and prompt means of relief because they quickly arouse the activity of the liver and bowels as well as the kidneys, and thoroughly cleanse the system of the acid poisons. Relieved of undue strain, the kidneys resume again their natural functions and the painful symptoms disappear.

Boarder: "This steak is like a cold day in June—very rare."

Landlady: "Yeh, and your bill is like a day in March, very unsettled."

"Pa", said Johnny, "What is inertia?"

"Well, my son, if I have it, its pure laziness; but if your mother has it, it is nervous prostration."

## Torpid Liver Action Quickly Corrected

A healthy, active liver is a great preventive of disease. It eliminates the poisons which result from digestion and the breaking down of tissues in the process of living.

From these materials it forms bile which is emptied into the intestines and acts as Natures Cathartic.

So when the liver fails you become constipated and the poisons remain in the blood stream where they are carried to all parts of the body. The tongue becomes coated—you may have headaches and a bilious attack, with indigestion and loss of appetite. If neglected, jaundice, or a serious form of kidney disease may develop, because of the extra work thrown on the kidneys in their effort to rid the poisons from the blood.

So many serious and painful ailments have their beginning in torpid, sluggish liver action that Dr. Chase's Kidney-Liver Pills should be used at the first sign of irregularity of this vital organ. It is a fine habit to use one pill a week to ensure the health and activity of the liver.

DAY OF MONTH	DAY OF WEEK	ZODIAC SIGNS	WEATHER FORECASTS	Aug. 1947			Moon's Phases			Ont. and Que.			Mar. Provs. and Nfld.			Local Mean Time Ontario, Quebec, Mar. Provs. and Nfld.		
				☾ Full Moon...	☾ Last Qtr....	☾ New Moon...	☾ First Qtr....	☾ Full Moon...	d. h. m.	d. h. m.	d. h. m.	d. h. m.	Sun Rises	Sun Sets	Moon Sets			
1	F	♈	Mostly												4.44	7.28	3.38	
2	S	♈	fair												4.45	7.27	rises	
3	S	♈	and												4.47	7.24	p.m.	
4	M	♈	warm.												4.47	7.24	9.01	
5	T	♈													4.48	7.22	9.21	
6	W	♈	Possibly												4.50	7.21	9.40	
7	T	♈	East												4.51	7.19	9.59	
8	F	♈	winds												4.53	7.18	10.21	
9	S	♈	with												4.53	7.17	10.46	
10	S	♈	rain.												4.55	7.15	11.16	
11	M	♈	Un-												4.56	7.14	11.55	
12	T	♈	settled.												4.57	7.12	a.m.	
13	W	♈													4.58	7.10	12.46	
14	T	♈	Some												4.59	7.10	1.52	
15	F	♈	cool												5.01	7.09	3.09	
16	S	♈	nights.												5.02	7.07	4.31	
17	S	♈	Cooler												5.03	7.05	sets	
18	M	♈	with												5.04	7.02	p.m.	
19	T	♈	heavy												5.05	7.02	8.54	
20	W	♈	rain.												5.07	7.01	9.15	
21	T	♈													5.08	6.58	9.38	
22	F	♈	Cloudy												5.09	6.56	10.02	
23	S	♈	and												5.10	6.54	10.30	
24	S	♈	warmer.												5.11	6.53	11.04	
25	M	♈	Very												5.12	6.51	11.45	
26	T	♈	warm.												5.13	6.50	a.m.	
27	W	♈													5.14	6.48	12.33	
28	T	♈	Heavy												5.16	6.46	1.29	
29	F	♈	fog												5.17	6.45	2.30	
30	S	♈	and												5.18	6.43	3.35	
31	S	♈	showers.												5.19	6.40	4.41	

### ♈ VIRGO—Virgin—Bowels

August 21 to September 23. Intellectual, optimists, possess humor but indulge in satire. Inclined to diseases of digestive organs. Congenial with Capricornus, Aquarius, Pisces, Aries, Taurus, Gemini. A barren sign; unfavorable to growth of seed or transplanting. A good sign for flowers.

### Multiplying the Nine Digits

They were discussing mental problems at the Smith's breakfast-table, when Harry suddenly asked his sister Mary to multiply as quickly as possible:  $1 \times 2 \times 3 \times 4 \times 5 \times 6 \times 7 \times 8 \times 9 \times 0$ . How long would it have taken the reader?

See page 28 for answer.

A girl referring to a Navy boy she had been out with said: "I think he's chief petting officer."



## August

The quiet August noon has come;  
A slumberous silence fills the sky,  
The fields are still, the woods are dumb,  
In glassy sleep the waters lie.

—Bryant.

Above a world protesting at its pain  
Behold the quiet, vast, unchanging sky;  
Remember things that sleep, to wake again,  
Remember all the things that cannot die.

—Cheney.

## Health of Lifetime Decided in Youth

The future health of the boy or girl is often dependent on the care given the body between the ages of 10 and 21.

Rapidity of growth, mental and physical effort in school, awakening of the reproductive system makes this age a specially trying one.

Large supplies of nourishment for blood and nerves are required for the emergencies of this period.

With girls the lack of Vitamin B1 and the required mineral salts may be shown by tired, languid feelings, anaemic condition, St. Vitus' dance, deficiency or absence of periodic discharge, hysteria, irritability and chronic indigestion. They may be fleshy and still be pale and anaemic. If thin they may contract lung troubles.

"Let's take a walk in the garden."

"I can only spare a minute."

"That's O.K. I'm an efficiency expert."

Professor: "What books have helped you most?"

Student: "Mother's cook book and Father's cheque book!"

# Acute Eczema

Because of its tendency to become chronic and spread to other parts of the body, a hard fight is sometimes necessary to overcome eczema. When you begin the use of Dr. Chase's Ointment, make up your mind that you will persist in this treatment until it has had an opportunity to relieve you and you will not be disappointed.

Bathe the affected parts in tepid water in which is dissolved a little castile or tar soap, dry carefully by gently pressing with a towel so as not to irritate the sore, and apply the ointment plentifully night and morning. If water proves too irritating use olive oil for cleansing.

### A Waiting List

Mother: "Bobby, oh why are you making baby sister cry like that?"

Bobby: "She's sitting on the flypaper, Mummie, and I'm trying to pull her off 'cos a lot of flies are waiting to get on."

Judge: "I see you've been mistreating your wife in spite of my warnings. Liquor again?"

Culprit: "Well no, your honour, she licked me this time.

A salesman was proposing to his best girl. "And, sweetheart," he finished, "I'll lay my whole fortune at your feet."

"It isn't a very big fortune," she reminded him.

"I know, dear," he replied, "but it will look awfully big beside your little feet."

He got the girl. —Emma Stahl.

# Itching Skin

Pruritus, or intense itching is the most annoying symptom of many skin diseases. As for example eczema and scabies (itch), or pruritus ani or piles (itching at the outlet of the rectum and pruritus vulvae or itching peculiar to women).

Because Dr. Chase's Ointment does definitely and quickly afford relief from such distressing itching, it has established a place for itself in the great majority of homes.

It is antiseptic, soothing and healing. Relief from itching comes almost immediately the ointment is applied and other benefits result from the continued use of this ointment.

Itching often occurs, particularly among older people, when there is no real affection of the skin. Such itching is quickly relieved by the application of Dr. Chase's Ointment.

DAY OF MONTH	DAY OF WEEK	ZODIAC SIGNS	WEATHER FORECASTS	Sept. 1947	Moon's Phases			Mar. Provs. and Nfld.			Local Mean Time Ontario, Quebec, Mar. Provs. and Nfld.		
					☾ Last Qtr....	d. h. m.	☽ New Moon...	d. h. m.	☽ First Qtr....	d. h. m.	☾ Full Moon...	d. h. m.	Sun Rises h.m.
1	M	♈	Frequent	Labour Day	R Bruce	4.00				5.20	6.38	7.26	
2	T	♈	showers							5.22	6.37	7.46	
3	W	♈	this			1.35				5.23	6.36	8.05	
4	T	♈	week.			9.40				5.24	6.34	8.25	
5	F	♈	Mostly			4.48				5.25	6.32	8.48	
6	S	♈	fair							5.26	6.30	9.17	
7	S	♈	and	roofing for shed		101.76				5.28	6.27	9.51	
8	M	♈	warm.							5.29	6.26	10.37	
9	T	♈								5.30	6.24	11.35	
10	W	♈	Cloudy							5.31	6.22	a.m.	
11	T	♈	with							5.32	6.20	12.45	
12	F	♈	some							5.34	6.18	2.04	
13	S	♈	fog.							5.35	6.17	3.26	
14	S	♈								5.36	6.14	4.47	
15	M	♈	Un-	Hebrew New Year (Rosh Hashanah)						5.37	6.12	sets	
16	T	♈	settled.	170 hog grower		2.75				5.38	6.10	p.m.	
17	W	♈	Some	204 " "		5.10				5.40	6.08	7.38	
18	T	♈	bright	cup grease		1.30				5.41	6.07	8.02	
19	F	♈	days.							5.41	6.05	8.29	
20	S	♈	Fair	187 hog grower		5.35				5.43	6.02	9.00	
21	S	♈	and	206 " "		5.95				5.44	6.00	9.39	
22	M	♈	cold.							5.46	5.59	10.25	
23	T	♈								5.47	5.58	11.19	
24	W	♈	Frost	Day of Atonement (Yom Kippur)						5.48	5.55	a.m.	
25	T	♈	possible.							5.50	5.53	12.18	
26	F	♈								5.51	5.51	1.22	
27	S	♈	Generally							5.52	5.49	2.28	
28	S	♈	fair.							5.53	5.48	3.35	
29	M	♈		First Day Feast of Tabernacles (Succoth)						5.55	5.46	4.41	
30	T	♈	Warm.							5.56	5.44	5.49	

♎ LIBRA—Scales—Kidneys

September 23 to October 26. Animal nature; hearty eaters; good inventors; executive ability; good judgment. Congenial with Taurus, Gemini, Aries, Aquarius, Pisces, Capricornus. This is a strong movable sign and seeds planted at this time produce vigorous pulp growth and roots and a reasonable amount of grain.

Solution of "How Far Was It?"

The distance must have been 300 miles.

Solution of "Shooting Blackbirds"

Twice 4 added to 20 is 28. Four of these (a seventh part) were killed, and these were those that remained, for the others flew away.

Solution of "A Telephone Conversation"

A father and his child, or a paternal uncle or aunt and his or her nephew or niece. You can reason out who is the caller and who answered the phone.



## September

Music when soft-voices die,  
Vibrates in the memory;  
Odours, when sweet violets sicken,  
Live within the sense they quicken.

—Shelley.

It takes so little to make us glad,  
Just a cheering clasp of a friendly hand,  
Just a word from one who can understand;  
And we finish the task we long had planned;  
And we lose the doubt and the fear we had—  
So little it takes to make us glad.

—Ida G. Merris.

Autumn is to many people the most charming and most satisfactory of seasons.

Besides the charm of changing colors in trees and shrubs, there is the ripening of fruit and the gathering in of vegetables for winter use.

It is the time when city people like to visit the country and when strolling through the woods is most enjoyable.

Autumn is the most healthy season, for people generally have been living mostly in the open, breathed the fresh air and absorbed the sun's health giving rays.

When the frosty nights begin to arrive you are reminded of the approach of winter and if you are not feeling well and hearty, the thought comes that it is a good time to fortify the human system against the blasts of wintry weather.

With most people the first thought is of Dr. Chase's Nerve Food and how successful it has been as a tonic to help tone up the system and establish resistance against the attack of winter ills. Ask for the economy sized bottle so as to have enough for all the family who may need it.

## Chafing and Eczema

Where two surfaces of the skin come together—as in the arm pits and between the legs—there is particularly in fleshy babies, much discomfort from chafing. Then there is the usual redness and irritation of the skin resulting from wetness of the diapers.

From chafing Eczema often develops. For this reason Dr. Chase's Ointment should be applied without delay.

Whether in young or old, Eczema causes keen distress because of the itching, stinging sensations which are set up. In addition there is the extreme difficulty of bringing about a complete healing of the skin.

Because it does positively relieve the itching almost as soon as applied and effects a healthful healing of the skin, Dr. Chase's Ointment is unquestionably a most satisfactory treatment for Eczema.

"Hello, there, Harry. You're looking better. How's that pain in the neck?"

"Oh, she's at her bridge club."

## Three Out Of Four Have Piles One Man's Experience

"Talking about hemorrhoids, I am beginning to believe that almost everybody experiences the annoyance of this ailment at one time or another."

"Thank goodness, I know how to treat them so that there is no torture and they soon disappear."

"Well, let us have the secret."

"It is no secret for what I use is Dr. Chase's Ointment and I guess everybody knows about it even if they do not realize that it is a most effective treatment for the relief of piles or hemorrhoids."

All eyes were upon her and she gracefully climbed their stares.

## Sore Eyelids

The eyes should be carefully bathed with warm water on a piece of absorbent cotton to remove the crust or scales.

Then apply a little of Dr. Chase's Ointment to allay the irritation and help to heal the sore spots.

DAY OF MONTH	DAY OF WEEK	ZODIAC SIGNS	WEATHER FORECASTS	Moon's Phases			Ont. and Que.			Mar. Provs. and Nfld.			Local Mean Time Ontario, Quebec, Mar. Provs. and Nfld.		
				☾ Last Qtr....	☽ New Moon...	☽ First Qtr....	☽ Full Moon...	d. h. m.	d. h. m.	d. h. m.	d. h. m.	Sun Rises h.m.	Sun Sets h.m.	Moon Rises p.m.	
1	W	♏										5.57	5.42	6.30	
2	T	♏	Cold									5.59	5.41	6.53	
3	F	♏	and									5.59	5.39	7.19	
4	S	♏	fair.									6.00	5.37	7.51	
5	S	♏										6.02	5.35	8.33	
6	M	♏	Warmer.	a pigs				75.94				6.03	5.33	9.27	
7	T	♏										6.04	5.31	10.32	
8	W	♏	Frosty									6.05	5.30	11.46	
9	T	♏	nights.									6.07	5.28	a.m.	
10	F	♏		oat chop				7.35				6.08	5.26	1.06	
11	S	♏	Warmer									6.10	5.24	2.25	
12	S	♏	with									6.11	5.22	3.42	
13	M	♏	rain.									6.12	5.21	4.58	
14	T	♏										6.14	5.19	sets	
15	W	♏	Perfect									6.15	5.17	p.m.	
16	T	♏	autumn									6.16	5.15	6.27	
17	F	♏	weather.	400 laying mash				12.60				6.18	5.12	6.57	
18	S	♏		100 growing "				2.00				6.18	5.12	7.32	
19	S	♏	Clear									6.20	5.10	8.16	
20	M	♏	and									6.22	5.08	9.07	
21	T	♏	cool.	cultivate				10.50				6.23	5.06	10.05	
22	W	♏										6.24	5.05	11.07	
23	T	♏	Fair									6.25	5.04	a.m.	
24	F	♏	and									6.27	5.02	12.12	
25	S	♏	colder.	dry calf								6.28	5.00	1.18	
26	S	♏										6.30	4.58	2.25	
27	M	♏	Cold.									6.31	4.57	3.32	
28	T	♏										6.32	4.56	4.41	
29	W	♏	Cold									6.33	4.54	rises	
30	T	♏	and									6.34	4.52	p.m.	
31	F	♏	wet.	Hallowe'en								6.36	4.50	5.51	

♏ SCORPIO—Scorpion—Loins

October 26 to November 25. Selfish; do not forgive easily; quickly offended; silent, dignified and domestic. Congenial with Gemini, Aries, Taurus, Pisces, Capricornus and Aquarius. This is a fruitful sign and produces watery effects. A good sign to plant corn in.

Trifles make perfection and perfection is no trifle.  
—Michel Angelo.

Solution of "A Queer Addition"

Write the following four numbers, composed of five odd figures, in the form of an addition sum, 11, 1, 1, 1, and they will add up 14.

Solution of "Multiplying the Nine Digits"

Mary was not to be caught by Harry's question. She, of course, immediately gave the correct answer, 0.



## October

Ay, thou art welcome, heaven's delicious  
breath!

When woods begin to wear the crimson  
leaf,

And suns grow meek, and the meek suns grow  
brief,

And the year smiles as it draws near its  
death.

—Bryant.

Gather leaves and grasses  
Love, today;

For the Autumn passes  
Soon away.

Chilling winds are blowing  
It will soon be snowing.

—J. H. Boner.

## Treatment for Itching Piles

Few people escape the discomfort and often keen distress which accompanies piles or hemorrhoids.

The itching is at times almost unbearable but fortunately can be relieved quickly by the application of Dr. Chase's Ointment.

Since Piles are often caused by constipation and consequent straining, Dr. Chase's Kidney-Liver Pills are recommended as a means of relieving the constipation and helping to relieve the cause of piles.

In the meantime you can depend on Dr. Chase's Ointment to relieve the itching almost immediately it is applied. For over fifty years this medicinal Ointment has had an enviable reputation for the quick relief of itching piles.

Why not ask your druggist for Dr. Chase's Ointment at once and prove to your own satisfaction that it stands without a rival as a quick relief from itching caused by piles and other skin affections. Ointment 60 cfs. Pills 35 cts.

## After Shaving Apply Dr. Chase's Ointment

Barber's itch is a common ailment for which Dr. Chase's Ointment affords relief. This treatment is antiseptic, soothing and healing and is especially suitable for use after shaving to counteract the effect of irritating soap and to soothe and heal tender skin after the irritation of the razor.

The economy size jar is most convenient for use after shaving and contains five times as much ointment as the regular size box.

"Hello, Clara, you still love me?"

"Look, Soldier, my name is Mildred!"

"Gee Whiz, I thought this was Thursday."

## In Summer Camp

One of the first things to drop into the bag when leaving for the summer camp is Dr. Chase's Ointment.

You are almost sure to need it, and may need it badly, as a relief for burns or wounds and particularly for ivy poisoning or itching skin affections.

In ivy poisoning, bathe the affected parts with soapy water or gasoline and then apply the ointment as often as required to relieve the itching and hasten healing.

Only by such treatment can scratching and spread of the ailment be avoided.

Junior: "Pop, how do they catch crazy men?"

Pop: "Oh, that's easy. A little rouge and lipstick, a hair do and a pretty dress."

## Skin Affections

### Accompany Run Down Conditions of Health

Such ailments as eczema, barber's itch, acne, (pimples), shingles, boils, chilblains, usually come when the general health is run down and the blood is lacking in quality and richness. For this reason the use of Dr. Chase's Nerve Food is recommended along with Dr. Chase's Ointment in order to help make the relief of such ailments more lasting.

DAY OF MONTH	DAY OF WEEK	ZODIAC SIGNS	WEATHER FORECASTS	Nov. 1947	Moon's Phases	Ont. and Que.		Mar. Provs. and Nfld.		Local Mean Time Ontario, Quebec, Mar. Provs. and Nfld.		
						d.	h. m.	d.	h. m.	Sun Rises h.m.	Sun Sets h.m.	Moon Rises p.m.
1	S	♏	Un-		☾ Last Qtr....	5	12	3	5	6.38	4.49	6.30
2	S	♏	settled		☾ New Moon...	12	3	1	12	6.39	4.48	7.21
3	M	♏	and		☽ First Qtr....	20	4	5	4	6.40	4.47	8.23
4	T	♏	becoming		☽ Full Moon...	28	3	20	5	6.41	4.45	9.36
5	W	♏	colder							6.43	4.44	10.53
6	T	♏	with							6.44	4.43	a.m.
7	F	♏	high							6.45	4.42	12.11
8	S	♏	winds.							6.47	4.40	1.28
9	S	♏								6.49	4.39	2.42
10	M	♏	Some							6.50	4.38	3.55
11	T	♏	bright							6.52	4.37	5.07
12	W	♏	days							6.52	4.36	sets
13	T	♏	but							6.55	4.34	p.m.
14	F	♏	very							6.56	4.33	5.28
15	S	♏	change-							6.57	4.32	6.08
16	S	♏	able.							6.59	4.31	6.56
17	M	♏								6.59	4.30	7.52
18	T	♏	Cloudy							7.00	4.29	8.52
19	W	♏	and							7.02	4.28	9.57
20	T	♏	milder.							7.03	4.28	11.02
21	F	♏	Fair							7.05	4.26	a.m.
22	S	♏	and							7.06	4.26	12.07
23	S	♏	mild.							7.07	4.25	1.13
24	M	♏								7.09	4.24	2.20
25	T	♏	Colder							7.10	4.24	3.29
26	W	♏	with							7.12	4.23	4.42
27	T	♏	some							7.12	4.22	rises
28	F	♏	rain							7.14	4.21	p.m.
29	S	♏	or							7.15	4.21	5.10
30	S	♏	snow.							7.16	4.21	6.10

### ♏ SAGITTARIUS—Bowman—Thighs

November 25 to December 22. Original thinkers; keen and quick; hard to get acquainted. Congenial with Taurus, Aries, Gemini, Aquarius, Capricornus and Pisces. This is a fiery sign and not favorable to plant or transplant in. If moon is dark or on the wane radishes or potatoes may be planted.

There's nothing half so sweet in life as love's young dream.

—Thos. Moore.

Polly: "Whatever became of those old-fashioned gals who fainted when a boy kissed them?"

Dolly: "Whatever became of the old-fashioned boys who could make 'em faint?"

A bishop was considerably upset when Friday's mail brought the following from a vicar of the diocese: "My Lord, I regret to inform you of the death of my wife. Can you possibly send a substitute for the week-end?"



## November

Oh, Autumn! Why so soon  
Depart the hues that make thy forests glad,  
Thy gentle wind and thy fair sunny noon,  
And leave thee wild and sad!

—Bryant.

The day is cold and dark and dreary;  
It rains and the wind is never weary;  
The vine still clings to the mouldering wall,  
But at every gust the dead leaves fall,  
And the day is dark and dreary.

—Longfellow.

## Neuritis Calls for Vitamin B<sub>1</sub>

What to do for neuritis is a frequent question and one which was difficult to answer until medical research found that the cause of neuritis is lack of vitamin B<sub>1</sub> in the system.

Because Dr. Chase's Nerve Food contains Vitamin B<sub>1</sub>, as well as the essential minerals, it is definitely indicated as a relief for this condition.

It is wise of course to use this food treatment before neuritis develops. There are plenty of indications of nervous exhaustion, such as sleeplessness, irritability, worry and ill temper. By the early use of Dr. Chase's Nerve Food you can prevent neuritis, neuralgia and other painful ailments. But you can also relieve these ailments by using Dr. Chase's Nerve Food if you persevere in the use of it.

It may take three or four weeks before you obtain definite relief, but you have the satisfaction of knowing that you are regularly building new nerve force and nervous energy.

The best-dressed woman usually arrives last with the least.

# Rub out the Pain

With

## Dr. Chase's Liniment

This liniment is composed of ingredients best known for their effectiveness in relieving pain and inflammation.

With these drugs are combined a number of fine essential oils and the result is a liniment which is pleasant to use and which quickly penetrates the skin and goes to the seat of the pains and aches which are to be controlled.

As a rub for rheumatic joints, lumbago, rheumatic and neuritic pains, Dr. Chase's Liniment is in a class by itself.

He slipped his arm around her waist,  
She didn't seem to care.  
But when he dropped it to his side,  
She whispered, "As you were."

## Relieves Dandruff

Dr. Chase's Liniment makes a pleasant and very effective relief from dandruff. It should be applied freely and thoroughly rubbed in by the tips of the fingers.

"Say, why do they call our language the mother tongue?"

"Because the father so seldom gets a chance to use it."

## Sore Throats and Colds

Thoroughly rubbed on the glands of the throat or on the chest for chest colds, Dr. Chase's Liniment affords relief quickly. Its use is often effective in a reduction of the temperature resulting from the affected throat. In such cases it should be applied for some time with persistent rubbing.

Girl to friend: "I don't care if he is a pilot. I don't like being referred to as the target for tonight."

## Rub It In

In some cases the liniment may be applied and allowed to be absorbed by the skin, but usually there is considerable benefit to be derived from the rubbing.

Apply the liniment freely and rub until the skin glows as a result of the friction.

DAY OF MONTH	DAY OF WEEK	ZODIAC SIGNS	WEATHER FORECASTS	Dec. 1947			Moon's Phases			Ont. and Que.			Mar. Provs. and Nfld.			Local Mean Time Ontario, Quebec, Mar. Provs. and Nfld.		
				☾ Last Qtr....	☽ New Moon...	☽ First Qtr....	☽ Full Moon...	d. h. m.	d. h. m.	d. h. m.	d. h. m.	d. h. m.	Sun Rises h.m.	Sun Sets h.m.	Moon Rises p.m.			
1	M	♈	Some											7.17	4.20	7.22		
2	T	♉	snow											7.18	4.20	8.41		
3	W	♊	this											7.19	4.20	10.00		
4	T	♈	week.											7.21	4.20	11.18		
5	F	♉												7.22	4.19	a.m.		
6	S	♊	Mostly											7.23	4.19	12.33		
7	S	♈	cloudy											7.24	4.19	1.45		
8	M	♉	and											7.25	4.19	2.56		
9	T	♊	cold.											7.25	4.19	4.06		
10	W	♈												7.26	4.18	5.17		
11	T	♉	Heavy											7.28	4.18	6.26		
12	F	♊	snow											7.28	4.18	sets		
13	S	♈	or											7.29	4.18	p.m.		
14	S	♉	sleet.											7.30	4.18	5.42		
15	M	♊												7.31	4.19	6.41		
16	T	♈	Milder.											7.32	4.19	7.44		
17	W	♉	Clear											7.32	4.19	8.49		
18	T	♊	and											7.32	4.20	9.53		
19	F	♈	cold.											7.33	4.20	10.58		
20	S	♉												7.33	4.21	a.m.		
21	S	♊	Snow-											7.35	4.21	12.02		
22	M	♈	flurries											7.35	4.21	1.09		
23	T	♉	this											7.36	4.22	2.18		
24	W	♊	week.											7.36	4.23	3.31		
25	T	♈												7.37	4.23	4.48		
26	F	♉	Un-											7.37	4.24	6.07		
27	S	♊	settled.											7.37	4.24	7.25		
28	S	♈												7.38	4.25	rises		
29	M	♉	Colder											7.38	4.26	p.m.		
30	T	♊	with											7.38	4.27	7.41		
31	W	♈	snow.											7.38	4.28	9.03		

### ♈ CAPRICORNUS—Goat—Knees

December 22 to January 18. Positive, practical and nervous. Self-willed, persistent and possess strong individuality. Inclined to diseases of the knees and large joints. Congenial with Leo, Virgo, Cancer, Scorpio, Sagittarius and Libra. This is a moist sign, produces rapid growth of pulp, stalk or roots but not much grain.

### Solution of "A Little Train Puzzle"

There is no necessity for any algebraical working in the solution of this problem, nor need we know the distance between the two stations. Wherever they meet, just send the two trains back for an hour's journey at their respective rates. One will obviously go 60 miles and the other 40 miles, so they were 100 miles (60 added to 40) apart an hour before they met!



## December

I heard the bells on Christmas Day,  
Their old familiar carols play,  
And wild and sweet  
Their words repeat

Of peace on earth, good will to men.  
—*Longfellow.*

Most any time the whole year round  
there ain't no flies on me.  
But just before Christmas, I'm as good  
As I can be! —*Eugene Field.*

Everywhere, everywhere, Christmas tonight!  
Christmas in lands of the fir tree and pine,  
Christmas in lands of the palm tree and vine;  
Christmas where snowpeaks stand solemn and  
white,  
Christmas where corn fields lie sunny and  
bright. —*Phillip Brooks.*

## Colds From Infection

Colds are the result of infection. Infection takes hold where there is little resistance. Little resistance is offered when the body is not nourished with proper food—food containing sufficient vitamins and mineral substances. That is the story of the expert.

In a word it points to the advisability of using Dr. Chase's Nerve Food before your health becomes run down. In this way you may help to establish resistance against colds and other contagious ailments. For Dr. Chase's Nerve Food supplies in easily assimilated form, iron and other mineral substances, as well as Vitamin B1 which help to improve the vigor of the body and increase power of resistance. Ask your druggist for the new economy size bottle of Dr. Chase's Nerve Food.

### Particular

Tommy: "I'm not afraid to go to the hospital, mother. I'll be brave and take my medicine, but I won't let them palm off a baby on me like they did on you. I want a pup."

# Your Liver Can Spoil Your Life

How many times have you heard people say: "He's a bit liverish to-day"? And if they are saying it about you, then you can be sure that people are going out of their way to avoid you.

Don't let this happen, for it can easily ruin your family life and lose many of your friends.

When you find that your disposition is becoming irritable, watch for these symptoms of a disordered liver: Pains under shoulderblades, Indigestion, Loss of appetite and lack of energy.

If you suffer from any of these ailments, then it is time to start taking Dr. Chase's Liver Medicine.

This medicine has been used by two generations of Canadian men and women to keep their bodies in the necessary vigorous and healthy condition to withstand the cold winters of Canada.

And it will change your sluggish liver, which allows poisons to accumulate and sap your vitality, into a well-regulated, active liver which functions so well that before long you will experience a new sense of good health and energy.

The Pretty Girl who gets a kiss  
And goes and tells her mother  
Does a very foolish thing  
And don't deserve another.

# Long Life To Your Liver!

That is about the finest wish we can make for you. For so long as your liver is active, your chances of a long and healthy life are certainly above the average.

But we can do more than just wish that your liver is functioning properly, for Dr. Chase's Liver Medicine may soon put you back on the road to health if you are suffering from any of the following symptoms of a disordered liver: Biliousness, loss of appetite, poor digestion, no energy, irritability and pain under the shoulderblades.

Take Dr. Chase's Liver Medicine just before your meals—its bitter taste makes it an appetizer, which adds greatly to the enjoyment of your food, so that from the very start you feel the benefits of this medicine.

# The Dr. Chase Plan For Treating Coughs and Colds

What to do about a cold is sometimes a problem, but after all, there is no revolutionary treatment and the proven medicines of former years are still effective.

Except when an epidemic sweeps through the country, we mostly have colds just as we always did, but the tendency is to call them by some other name.

## To Check a Cold

When you first feel a cold coming on and begin to sneeze and have pains in the head or body, take one of Dr. Chase's Paradol tablets. In half an hour this may be followed by a second tablet with further use in two hours, but not more than three tablets during 24 hours.

This medication should be followed by a large hot drink of lemonade, ginger tea or even water followed by a rest in bed.

This treatment is intended to check the cold and it may disappear in a few hours or be shortened to a few days.

## Sore Throat

As a relief from sore throat, dissolve two or three tablets in warm water and gargle the throat. Repeat as often as required.

## For Coughs

If your cold has reached the stage where you have tickling in the throat or irritation of the throat and bronchial tubes, so as to cause coughing you may find acceptable relief by using Dr. Chase's Syrup of Linseed and Turpentine.

### These Chinese

A sailor, after placing some flowers on a grave in a cemetery, noticed an old Chinaman placing a bowl of rice on a nearby grave and cynically asked: "What time do you expect your friend to come up and eat rice?"

The Chinaman replied with a smile: "Same time your friend come up to smell flowers."

—As-You-Go-News

This medicine is so agreeable to the taste that children like to take it and the result is a definite relief from coughing and a choked up condition of the system.

Dr. Chase's Syrup is always kept at hand in many homes throughout this country for immediate use in case of sudden attacks of coughs, colds, croup or bronchitis.

## Cold in Head



Many people like to use Dr. Chase's Catarrh Powder when the air passages of the head get choked up. They find that this cleanses the air passages and soothes the irritation of the mucous membranes.

This treatment has long been used as a relief for Catarrh in the head and Hay Fever.

A patient was pleading with a "doctor" that he really didn't need an operation.

"There's nothing wrong with me," the patient argued, "except that my appendix itches."

"Good," replied the "doctor," "we'll take it right out."

"Just because it itches?" the patient gasped.

"Certainly," he boomed back. "Have to take it out before we can scratch it."



## Antiseptic - Soothing - Healing

Dr. Chase's Ointment is so generally used for the relief of skin irritations and ailments of babies and children that some people may not realize the scores of ailments and discomforts for which it affords relief.

Where there is itching of the skin or a sore that is slow to heal you can apply Dr. Chase's Ointment with confidence. Because it is antiseptic, soothing and healing it affords relief from the following ailments:

Eczema, Athlete's Foot  
Tetter and Ringworm  
Scald Head and Baby Eczema

Pimples and Blackheads  
Chafing and Skin Irritation  
Sore Feet and Toes

Ingrowing Toe Nails  
Itch, Barber's Itch, Prairie Itch  
Rough Red Skin  
Chilblains and Frost Bites

Poisoned Skin  
Poison Ivy  
Hives and Insect Bites  
Scalds and Burns, Sunburn  
Sore and Cracked Nipples  
Sore and Inflamed Eyelids  
Old Sores and Bed Sores  
Itching Peculiar to Women  
Itching, Bleeding and Protruding  
Piles or Hemorrhoids

60 cents a box, Economy size for \$2.00

# Dr. Chase's Ointment

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UNCAT  
Minares...



**Dr. Chase's Nerve Food**