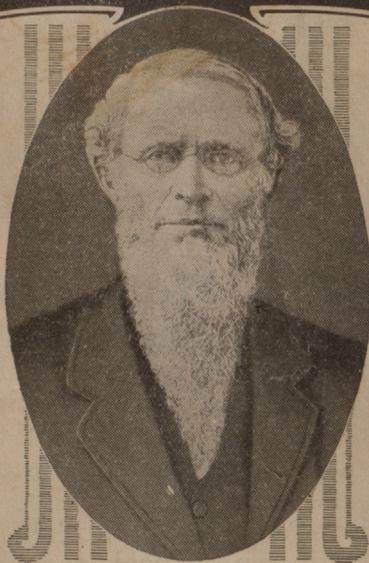


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Special Recipes

SELECTED FROM
DR. CHASE'S RECEIPT BOOK



*Respectfully
A. W. Chase, M.D.*

Published by
DR. A.W. CHASE MEDICINE CO.
TORONTO, CAN.



Bilious Headache

BY eating too much or of foods which do not agree and by taking too little exercise the liver becomes torpid and sluggish and the bowels constipated.

Then comes the bilious spell, when the liver can no longer control the bile and the whole system is poisoned and upset.

But this bilious habit can be broken up, and you can free yourself of these periodical headaches if you will use **DR. CHASE'S KIDNEY-LIVER PILLS** in order to keep the liver and bowels in condition.

By correcting your eating habits and using

DR. CHASE'S KIDNEY-LIVER PILLS

occasionally you can get away from this annoying ailment entirely. One pill a dose, 35c. a box.

DR. CHASE'S RECIPES

On account of their well-known reliability Dr. Chase's Recipes are much sought after. We publish here about one hundred of the most useful ones. When you take these to your druggist to be filled, ask his opinion as to their merits.

THE HAIR

The hair has ever been woman's crowning glory and the pride of many men. Though all cannot have an abundance of beautiful hair, the following suggestions and recipes will prove of value to those who use them.

Keep the hair and scalp thoroughly clean by frequent bathing with soap—preferably a good tar soap—and warm water. The hair after washing should be rubbed well with a coarse towel or a soft brush to restore a healthy action to the scalp. The following preparations are recommended as the best obtainable:

FRENCH HAIR RESTORER.—Lac Sulphur, $\frac{1}{2}$ oz.; Sugar of Lead, $\frac{1}{2}$ oz.; Litharge, $\frac{1}{2}$ oz.; Tincture of Cantharides, $\frac{3}{4}$ oz.; Glycerine, 2 oz.; Bay Rum, 8 oz.; soft water, 8 oz.

Directions:—Shake the bottle well, and pour some of the restorer into the hands, and moisten the hair every morning.

This preparation is unequalled for restoring, invigorating, beautifying and rendering the hair, soft, silky and glossy. It is also efficacious for restoring gray hair to its original color, and producing a luxuriant growth.

SEA FOAM. BARBER'S SHAMPOO MIXTURE.—Carbonate of Potash, $\frac{1}{2}$ oz.; Aqua Ammonia, 2 oz.; Alcohol, 1 pt.; rain water, 1 pt. Mix and keep well corked.

As its name indicates, this is a perfect sea foam. To produce a good foam and lather, pour freely on the head and rub the scalp briskly with the hands. For cleansing the head from dirt and dandruff, there is nothing to equal Sea Foam. Try it.

WASH FOR DANDRUFF.—Borax, 1 oz.; Salts of Tartar, 1 oz.; Camphor, $\frac{1}{2}$ oz.; boiling water, 1 pt. Let stand for an hour or two, and strain.

PROF. DYES' HAIR PROMOTER.—Castor Oil, 2 oz.; Bay Rum, 2 oz.; Tincture of Cantharides, $\frac{3}{4}$ oz.; Aqua Ammonia, $\frac{1}{2}$ oz. It owes its virtues to the stimulating powers of the Cantharides and Ammonia, which rouse the dormant hair bulbs and follicles to action.

HAIR DYE.—Nitrate of Silver, 1 dr.; Hartshorn, 1 oz.; Alcohol, 2 oz.

Directions: Pour a little of the dye into a saucer, and apply with a tooth brush, sitting in the sun's rays to assist the coloring process. The hair should be well washed to remove all grease and fat. Protect the skin as much as possible, as all dyes containing Nitrate of Silver stain the skin.

The above is a fine dye, imparting a fine black or brown color, according to the quantity applied.

The Dr. Chase Plan of Health

One of the greatest physicians Great Britain has ever had merely voiced the experience of his brothers of the profession when he stated that as a young doctor he had few diseases and many treatments but experience taught him that there were many diseases and few treatments.

In other words he found that many ailments arise from the same cause, and instead of chasing after each symptom he centred his efforts on removing the cause. This is exactly in accord with the

EXPERIENCE OF DR. CHASE, the great American Physician, who by introducing his family medicines did more than any other man towards simplifying the treatment of disease.

Great men are always simple in their methods. They learn to put aside all that is unessential and get down to the first cause. When Dr. Chase was called upon to treat disease he asked himself:

What is the cause?

What treatment will remove the cause?

THE PRINCIPLE BACK OF DR. CHASE'S MEDICINES

As a result of looking at things in this direct way, the Doctor learned to divide all ordinary diseases into classes, and after years of experimenting succeeded in perfecting a treatment for each class.

It is this principle of positively relieving disease, by removing the cause, that is found in every one of Dr. Chase's medicines and to this principle is due, we believe, their enormous success.

BE YOUR OWN DOCTOR

So simple is the system of medical treatment prepared by Dr. Chase that you can with the aid of this book be your own doctor in all ordinary cases.

Study carefully the symptoms stated here until you find the nature of your ailment and the treatment recommended. Then read the letters, as you may find among them cases similar to your own.

NOTED FOR RELIABILITY

After undergoing the most thorough tests in the private practice of Dr. Chase and later as family medicines having immense sales throughout this continent, Dr. Chase's Remedies have acquired a reputation for reliability which has won for them the confidence of the best people in the land.

In times of sickness and disease you can ill afford to waste time and risk life by experimenting with new and untried remedies when there is at your command medicines of such proven worth and reliability as those of Dr. A. W. Chase. Take for example

DR. CHASE'S KIDNEY-LIVER PILLS

Because of their direct and combined action on the kidneys, liver and bowels, Dr. Chase's Kidney-Liver Pills have succeeded in relieving thousands of complicated cases which defied the ordinary kidney medicines and the treatment of regular physicians.

These pills were introduced some years ago by free samples because the proprietors knew that a test would convince the most skeptical of the superior merits they possess. Since then the demand has been enormous and the letters published here in commendation of Dr. Chase's Kidney-Liver Pills are a fair sample of the good work they are doing in millions of homes.

WHAT THEY ARE USED FOR

Since most of the everyday ills of life arise from sluggish action of the kidneys, liver and bowels Dr. Chase's Kidney-Liver Pills are of incomparable value as a family medicine both as a preventative and relief for such diseases as

Kidney Disease,
Backache,
Bright's Disease,
Lumbago,
Stone or Gravel,
Rheumatism,
Urinary Disorders,
Liver Complaint,
Biliousness,
Headache,
Indigestion,
Stomach Troubles,
and Constipation.

THE COMPLEXION

In health the treatment of the complexion is comparatively simple, requiring above all things habitual cleanliness. Care should be taken to use only fresh water and pure soap. A cold bath and a brisk rubbing with a coarse towel is most beneficial for persons in robust health, but many prefer warm water and obtain good results by its daily use. The following recipes have been selected because they are known as being exceptionally good.

MAGNOLIA BALM, COMPLEXION BEAUTIFIER.—Flake White, 4 oz.; Bay Rum, 2 oz.; Rose Water, 2 oz.; Glycerine, $\frac{1}{4}$ oz.; Carmine, a sufficient quantity. This is an excellent preparation for beautifying the complexion. Its application to the skin acts as an enamel, effectually covering all imperfections, sunburns, sallowness, freckles, redness of the face and hands, pimples, blotches, etc.

Directions: Shake the bottle well and apply to the face, hands and neck, with a small piece of sponge or soft cloth; then, before the balm has got dry, wipe off with a small piece of flannel. A little practice will enable any one to apply so that the most observant cannot recognize the balm. If Magnolia Balm is too white for some complexions, we would recommend the addition of a very small quantity of Carmine, which colors the balm to a rosy hue.

LIVER DERANGED BACK ACHING

Now well again and gives the credit to Dr. Chase

Mrs. Wm. Nash, R.R. No. 1, Bellamy's, Ont., writes:—"I suffered from constipation, sore back and kidney and liver derangements. DR. CHASE'S KIDNEY-LIVER PILLS relieved me and made me well again without having to be treated by a Doctor. I think that these pills are worth three times the price asked for them. In my girlhood home I remember having seen DR. CHASE'S NERVE FOOD and KIDNEY-LIVER PILLS always on hand, and we still use these in my own home with good results."

You can trace a large proportion of everyday ills to constipation of the bowels. DR. CHASE'S KIDNEY-LIVER PILLS relieve constipation in the natural way by acting on the liver as well as the bowels and thereby ensuring a healthful flow of bile—nature's cathartic.

BILIOUS SPELLS AND HEADACHE

The bilious habit broken up by Dr. Chase's Kidney Liver Pills

Mrs. John Ireland, R.R. No. 2, King, Ont., writes:—"I was a great sufferer from severe headaches and bilious spells. I tried a number of remedies without obtaining any benefit until I was advised to use DR. CHASE'S KIDNEY-LIVER PILLS. These completely relieved me, and made me feel like a new person. I am very grateful to DR. CHASE'S MEDICINES for what they have done for me, and you may use my letter for the benefit of others."

SAVED DR.'S BILLS

Mr. Charles Mahoney, Six Portages, Que., writes:—"We have used DR. CHASE'S medicines in our family for years and have found them excellent, saving much in doctor's bills. I am now almost seventy, and have never used anything but DR. CHASE'S medicines. The KIDNEY-LIVER PILLS I have used with particularly good results for sore back, these pills having completely relieved the pain and soreness."

BLOOM OF ROSES, ROUGE.—Carmine, 15 gr.; Ammonia, $\frac{1}{2}$ dr.; Rose Water, 2 oz.

Dissolve the Carmine in the Ammonia by letting it stand for a few days, shaking the mixture occasionally; then add the Rose Water. This makes the Rouge of commerce, used for imparting a rose blush to the cheeks and lips. Apply with the corner of a soft handkerchief, taking care, if the color is too bright, to reduce it with a little soft water.

GLYCERINE JELLY.—White Soft Soap, 4 oz.; Pure Glycerine, 6 oz.; Oil of Almonds, 3 lbs.; Oil of Thyme, 2 dr. Mix the Soap and Glycerine in a mortar and add the perfume to the oil.

CAMPBOR ICE.—Spermaceti, 2 oz.; Paraffin, 2 oz.; Castor Oil, $6\frac{1}{2}$ oz.; Camphor, $\frac{1}{2}$ oz.; Bergamot, $\frac{1}{2}$ dr. Dissolve the Camphor in the Castor Oil with the aid of a gentle heat. Melt the Spermaceti and Paraffin at as low a heat as possible; then add the Castor Oil containing the Camphor. When cool, but before congealing, add the perfume, and pour into suitable jars.

FLORIDA WATER.—Oil of Lavender, 1 oz.; Oil of Bergamot, 4 oz.; Oil of Cinnamon, 2 dr.; Oil of Neroli, 2 dr.; Oil of Cloves, 1 dr.; Pure Grain Musk, 4 gr.; Spirits of Cologne, 1 gal.

"I Had Bilious Attacks and Stomach Weakness"



Mrs. Wm. Robinson, Yonker, Sask., writes:

"I suffered from stomach and liver trouble, and used to have bilious attacks so bad that I could do nothing for weeks at a time. My stomach would be so weak that not even a drink of water would stay on it. On my sister's advice, I began to use Dr. Chase's Kidney-Liver Pills, and must say that they have made me feel like a new woman.

DR. CHASE'S KIDNEY-LIVER PILLS

One pill a dose, 35 Cents a box, all dealers, or Edmanson, Bates & Co., Ltd., Toronto.

SAVE YOUR TEETH

Keep your teeth perfectly clean, is the simple and all important rule in respect to them, neglect of which is sure to result in unpleasantness and evil. By such negligence you are taking the surest means to secure the early and rapid decay of your teeth. The partiality people entertain for different kinds of dentifrices has led us to publish a variety of recipes.

CAMPHORATED CHALK.—Precipitated Chalk, 3 oz.; Gum Camphor, $\frac{1}{2}$ oz. Mix well and apply with brush.

CHARCOAL TOOTH POWDER.—Precipitated Chalk, 2 oz.; Prepared Charcoal, 1 oz. Mix.

ASTRINGENT TOOTH POWDER.—Powdered Orris, 1 oz.; Powdered Myrrh, $\frac{1}{2}$ oz.; Powdered Peruvian Bark, $\frac{1}{2}$ oz. Mix. An excellent powder for strengthening the gums and tightening the teeth.

WASH TO HARDEN THE GUMS.—Jamaica Spirit, $\frac{1}{2}$ pt.; Powdered Alum and Saltpetre, $\frac{1}{3}$ teaspoonful of each, and 1 oz. Powdered Myrrh.

As an example of the splendid results being obtained from the use of Dr. Chase's Kidney-Liver Pills we quote here a few letters selected from many thousands that are on file in these offices.

PAINS IN BACK TIRED FEELINGS

Kidney derangements gone and now feeling fine

Mr. Alfred McNeill, Chapel Rock, Alta., writes:—"During the winter of 1920-21, I was greatly distressed with pains in my back and felt tired and depressed most of the time. Particularly during the night I was troubled with frequent urination, some nights having to rise almost every hour. I tried several different treatments without success, until finally I began using DR. CHASE'S KIDNEY-LIVER PILLS, and they relieved my condition before I had finished the first box. I am feeling better this summer than I have for years, and although in my 67th year, can work all day without any undue fatigue."
("Declared before me at Lundbreck, Alta., this 12th day of August, 1922."—H. C. Trist, J.P.)

RELIEVED OF BRIGHT'S DISEASE

After six years—no return of old trouble

Mr. Simeon Dorey, Walden, Lunenburg Co., N.S., writes:—"I was troubled with Bright's disease for six years. I tried several doctors and they did me no good. I have used everything that I thought might do me any good, but without results. So I concluded at last to try DR. CHASE'S KIDNEY-LIVER PILLS, and I found they were doing me some good, so I kept on using them until I used two dozen boxes. I now feel well, and haven't had any return of my trouble for the last year. I think DR. CHASE'S KIDNEY-LIVER PILLS were a blessing to me, and I would not be without them in the house."
(Mr. Dorey's letter is endorsed by Francis Holloway, a Justice of the Peace in and for the County of Lunenburg.)

KIDNEY TROUBLE

Mrs. B. C. Manz, Gull Lake, Sask., writes:—"I was a great sufferer from severe headaches and kidney trouble. I tried a number of remedies without obtaining any benefit, until I tried DR.

TEABERRY TOOTH POWDER.—Powdered White Castile Soap, $\frac{1}{2}$ oz.; Powdered Precipitated Chalk, 2 oz.; Oil of Wintergreen, 10 drops. Thoroughly mix.

This is a saponacious powder; produces a nice lather, and is flavored with Wintergreen (like Teaberry), imparting a delightful aroma to the breath.

ROSE TOOTH PASTE.—Powdered Cuttlefish Bone, 3 oz.; Precipitated Chalk, 2 oz.; Orris Root, 1 oz.; Oil of Rose, 10 drops; Honey, 1 lb. Mix into a paste, and color to a Rose tint by adding Rose Pink. Keep in pot for use.

SOZODONT.—Salts of Tartar, $\frac{1}{2}$ oz.; Honey, 4 oz.; Alcohol, 2 oz.; water, 10 oz.; Oil of Wintergreen and Oil of Roses, sufficient to flavor.

UNHEALTHY GUMS.—Unhealthy gums are very common. A lotion made from the following will be found beneficial in restoring them to a healthy condition; Carbolic Acid, 20 drops; Spirits of Wine, 2 dr.; Distilled Water, 6 oz.

Directions: Use first a soft tooth-brush with water; after which pour on a second tooth-brush, slightly dampened, a little of the above lotion. After using this for a short time the gums become less tender, and the impurity of the breath, which is commonly caused by bad teeth will be removed.

CHASE'S KIDNEY-LIVER PILLS. These helped me so much that I cannot praise them enough, and I would advise any one suffering from backache to use them. I have also used DR. CHASE'S OINTMENT to good advantage."

("Signed before me at Gull Lake, Sask., 15th July, 1922. O. W. Howard, a Justice of the Peace in and for the Province of Saskatchewan.")

KIDNEY DISEASE

Mr. Alex. H. McInnis, Glenora Falls, N.S., writes:—"Some fifteen years ago, I was a sufferer from kidney disease, and reading about DR. CHASE'S KIDNEY-LIVER PILLS, I sent for a sample. These pills proved to be just as recommended, and I bought more from my druggist. The results at that time were most satisfactory, and ever since I have kept them on hand and used them occasionally. They have never failed me."

It is not pleasant to contemplate the approach of Bright's disease, dropsy, gravel, rheumatism, or apoplexy, and yet these are the very diseases which any one may expect who neglects derangements of the kidneys.

Before giving you more evidence of the efficacy of Dr. Chase's Kidney-Liver Pills we would like to call your attention to the

SYMPTOMS OF KIDNEY DISEASE

Among the symptoms of kidney disease are:—

- Backache.
- Scanty, highly colored urine.
- Deposits in urine after standing.
- Painful, scalding urination.
- Continued paleness.
- Loss of flesh.
- Swelling of ankles and legs.
- Irregular action of the bowels.
- Rheumatism and sciatic pains.

If you suffer in this way there is no time to lose in beginning the use of DR. CHASE'S KIDNEY-LIVER PILLS. You will search in vain for a treatment which will so soon call a halt to this terrible disease.

MEDICAL RECIPES OF RARE VALUE

CANCER, A NEW REMEDY.—Apply to the surface of the sore 1 dr. Chloride of Chromium mixed with 1 oz. of Stramonium Ointment. This preparation, in a few hours, converts the tumour into a perfect carbon, when it can be removed by poulticing, and healed with Dr. Chase's Ointment. This remedy causes little or no pain and is not poisonous.

POISONING BY POISON IVY.—Bromine 15 grs., rubbed in 1 oz. of Olive Oil or Glycerine, and apply three or four times daily, one application at bed time has been found effectual; a poultice of clay-mud has also relieved many cases. The use of Dr. Chase's Ointment is also a most effective treatment.

NOSE BLEEDING AND HICCUGHS.—A simple but unfailing means of stopping bleeding from the nose and hiccoughs is the vigorous motion of the jaws as in the act of chewing. A child should be given a wad of paper to chew.

CORN REMOVER.—Salicylic Acid, 1 dr.; Extract Cannibus Indicus, 20 gr.; Collodium, 1½ oz.; Mix, keep well corked.

STOMACH AND KIDNEYS DERANGED

Health fully restored—no return
of trouble

Mrs. Wm. Andrews, Arthur, Ont., writes:—"It is over twenty years since I first used DR. CHASE'S KIDNEY-LIVER PILLS. I was in a very bad condition at that time, suffering from stomach trouble. At night I would often have to sit up in bed, unable to remain lying down on account of cramps in my stomach caused by gas. Then my kidneys became affected and almost completely refused to function. I felt sure from my symptoms that I must have had Bright's disease. Once while I was suffering from a very bad spell, it just seemed luck which brought a copy of DR. CHASE'S ALMANAC to my notice. In it I read all about DR. CHASE'S KIDNEY-LIVER PILLS, and immediately sent for a box. These pills did wonders for me, and since that time when I first used them, I have had no stomach trouble nor any of the old symptoms. I have used no other medicine to regulate my bowels except DR. CHASE'S KIDNEY-LIVER PILLS, and have recommended them to a great many others who have used them with good results."

HEADACHE FROM CONSTIPATION

Mrs. Alf. Twocock, Dane, Ont., writes:—"This is to certify that I was troubled with constipation, bad headaches, and urinary trouble. I tried several remedies, getting no relief. My mother told me to try DR. CHASE'S KIDNEY-LIVER PILLS, and one box completely relieved me. My husband also takes them for constipation, and finds them excellent."

TERRIBLE BACKACHES

Mrs. M. A. McNeill, Canaan Sta., N.B., writes:—"I wish to express my gratitude for the wonders your medicines did me—especially the KIDNEY-LIVER PILLS. I was troubled for a number of years with terrible backache, resulting from kidney disease. It hurt me to reach to the floor for any article, and could only do so by moving very slowly. At times in each month I remained in bed, the pain was more than I could stand, and to walk was almost impossible. I used about \$50.00 worth of other medicines, but with little results. Now I am completely better, after using only five boxes of DR. CHASE'S KIDNEY-LIVER PILLS. Also I might say a word for DR. CHASE'S OINTMENT, which cleared my complexion of pimples in less than two months."

GOITRE, OR SWELLED NECK.—To relieve without coloring the skin or clothing: Compound Tinct. of Iodine, 4 oz.; pure liquid Carbolic Acid, $\frac{1}{2}$ dr.; Glycerine, $\frac{3}{4}$ oz.; mix. Keep well corked. Apply twice daily with a cloth swab tied upon a stick.

DR. MASON'S INTERNAL AND EXTERNAL TREATMENT FOR GOITRE.

—1. Internal-Iodide of potash, 1 oz.; fl. ex. of sarsaparilla, 6 ozs.; fl. ex. of dandelion, 4 ozs.; dissolve the iodide in a tea-cup of soft water, then add to the extracts, in a bottle sufficiently large, one pint of simple syrup. **DOSE**—1 tea-spoonful one-half hour before each meal.

Remarks.—If in any case this causes a stuffing up of the nose, as is often said on taking cold, the dose must be lessened about one-half, or else as much more of the extracts and syrup must be added—with some people the iodide of potash causes this condition. Occasionally one cannot take it at all; the extracts, then, must be taken without it, but the cure will not be as rapid.

External.—Take tinct. of iodine, 2 ozs.; soft water, one-half oz.; sulphite of soda, sufficient to remove the color of the iodine from the tincture before adding the water, which prevents the coloring of the skin or clothing. With a small brush, or swab, paint this tincture, once daily, upon the swelling, and so continue until cured.

SAMPLE COUPON
**DR. CHASE'S
KIDNEY-LIVER PILLS**

In the early days when this medicine was first introduced millions of samples were given away and people learned of its exceptional merit by actual trial. You can read in this book what it has done for others, then put it to the test for yourself.

Try it for backache and kidney derangements.

Put it to the test when you are bilious and the liver is sluggish. Give it a trial for constipation, indigestion and headache.

You will be surprised and delighted with the results.

It won't cost you anything to make this test, but send to-day while it is on your mind. To-morrow never comes.

Send This Coupon To-Day

Name

Post Office Prov.

Enclose 2 cent stamp for postage and address your envelope to Edmanson, Bates & Co., Limited, Dr. Chase Bldg., Toronto, Ont. 100RB

TOOTHACHE.—Relief in case of toothache may be obtained by inserting into the cavity a little cotton wool saturated with the following essence: Equal parts of Laudanum, Chloroform and Creosote.

SORE GUMS.—For sore, inflamed and swollen gums, rub in the following liniment: Laudanum, $\frac{1}{2}$ oz.; Arnica, $\frac{1}{2}$ oz.; Chloroform, $\frac{1}{2}$ oz.

SMALLPOX.—"I am willing," says Edward Hines, "to stake my reputation if the worst case of Smallpox cannot be relieved in three days by Cream of Tartar." Cream of Tartar, 1 oz., dissolved in boiling water, 1 pint to be drunk when cold at short intervals. It is known to have relieved thousands of cases without fail. I have myself restored hundreds by this means. It can be taken any time and is preventative as well as curative. Dr. Chase adds that this treatment is used with great success by Mexican doctors.

ELY'S MAGIC REMEDY FOR HEADACHE AND TOOTHACHE.—Alcohol, 8 oz.; Aqua Ammonia, 2 oz.; English Oil of Lavender, 1 dr.; Camphor Gum, $\frac{1}{2}$ oz.; Chloroform, 1 oz.; Sulphuric Ether, $\frac{1}{2}$ oz.; Spirits of Turpentine, 1 dr.; mix. It is really magical in its action.

Directions: Smell it, changing from nostril to nostril and also bathe the head with it.

For Toothache, put cotton wet with it in the tooth and apply around the gums and in front of ears.

HAD CHRONIC APPENDICITIS

**Over a year since pain was felt—
all other means had failed**

Mrs. James Wells, Udora, Ont., writes:—"Some years ago I took a severe pain in my right side. It was very bad at times, and again it would be all right for two or three months. Then it would bother me again, and the pain would go across to my left side. I tried oils of different kinds, and also tablets, without obtaining any relief. Finally I decided to see the doctor, and he pronounced it chronic appendicitis. I dreaded an operation very much, and a friend advised me to give DR. CHASE'S KIDNEY-LIVER PILLS a trial. I did so, and not only obtained relief from pain, but I believe it has completely freed me of appendicitis, as it is now over a year since I have had any of the old symptoms. I feel well satisfied with the results derived from these pills, and would recommend them to others suffering as I did."

("Mrs. Wells has been a lifelong resident of this locality, and I believe her statement regarding DR. CHASE'S MEDICINES to be true and correct."—Wm. O. Webster, J.P.)

RELIEVED OF BLADDER TROUBLE

Mrs. G. Watson, Merriton, Ont., writes:—"After coming to Canada five years ago, I suffered more or less from bladder trouble and derived great benefit from the use of DR. CHASE'S KIDNEY-LIVER PILLS. I have also used DR. CHASE'S NERVE FOOD for heart attacks, and find it excellent. I would not be without either of these medicines in the house." (Mrs. Watson's letter is endorsed by Robert Stuart, Justice of the Peace.)

RHEUMATISM 18 YEARS

Mr. George Weathers, Huntsville, Ont., writes:—"I was troubled with rheumatism for eighteen years, and although I tried a number of different treatments nothing did me any good. Finally I tried DR. CHASE'S KIDNEY-LIVER PILLS, and can truthfully say they completely relieved me."

As a prompt relief from rheumatic and other pains there is nothing like DR. CHASE'S LINIMENT.

TO REMOVE CORNS.—Salicylic Acid, 80 grs.; Extract Indian Hemp, 40 grs.; Iodine Crystals, 6 grs.; Sulphuric Ether, 2 oz. Mix by shaking bottle. Paint a little on corn and allow to dry. After using for three successive days, wait a few days for corn to loosen when it can be removed.

CHOLERA.—In the great cholera epidemic in New York City many thousands of lives were saved by use of the following prescription:

Take equal parts of Tinct. Cayenne Pepper, Tinct. Opium, Spirits of Camphor, Tinct. Rhubarb, Essence of Peppermint; mix well. Dose 15 to 30 drops in a little cold water, according to age and violence of symptoms, repeated every fifteen or twenty minutes until relief is obtained. This is also an excellent remedy for Summer Complaints—Colic, Diarrhoea, Dysentery, etc.

APPENDICITIS.—Begins with a feeling of weight and soreness developing into severe pain in the lower right abdomen; nausea and vomiting; abdomen becomes tender; hard swelling develops; may be preceded by chills; colicky pains in addition to the persistent localized pain; the tongue is coated with red tips and the bowels are costive.

Prevention the Wiser Method.—In the great majority of cases a surgical opera-

A Famous Trade Mark

Known personally and through the enormous circulation of his Receipt Book to hundreds of thousands of people



Respectfully
A. W. Chase, M.D.

Dr. Chase selected his portrait and signature as the best Trade Mark to protect his patients against imitations and substitutes.

You could scarcely ask for a stronger guarantee of either genuineness or merit, for Dr. A. W. Chase's Medicines are the result of a life devoted to the services of his fellow men.

On every box of the genuine Dr. A. W. Chase's Medicines you will find this Trade Mark. Imitators do not dare to use this portrait and signature or the initials A. W. Be sure to see this Trade Mark on the box you buy.

tion seems to be the only lasting cure, but this is an ailment in which prevention is by far the better policy.

Doctors now agree that appendicitis is the result of torpid action of the kidneys and liver and a constipated condition of the bowels. By keeping these filtering and excretory organs in healthful working condition by the use of **Dr. A. W. Chase's Kidney-Liver Pills**, appendicitis, as well as other painful and dangerous diseases, can be entirely prevented.

There is no medicine as well suited for this purpose as **Dr. A. W. Chase's Kidney-Liver Pills** because of their direct and combined action on the kidneys, liver and bowels, a feature in which they are unique.

Relief from appendicitis is obtained by the application of hot linseed poultices and the painting of the abdomen with iodine.

DIPHTHERIA.—Lemon Juice used as a gargle, has saved many a life from this deadly malady. Its use has been endorsed by high medical authority.

DIARRHOEA, DR. WOULFF'S CHOLERA REMEDY.—We know of no remedy that gives such universal satisfaction as Dr. Woulff's Remedy. We publish the formula for making this celebrated remedy; 1 oz. Tincture of Opium; 1 oz. Spirits of Camphor; 1 oz. Tincture Rhubarb; 1 oz. Spirit of Lavender; 1 oz. Tincture Catechu; 1/3 oz. Tincture Capsicum; mix. Dose—for an adult, a teaspoonful every 2 hours until relieved, children in proportion. In bilious diarrhoea, it is better to remove the cause

RICH, RED BLOOD SECRET OF HEALTH

And Dr. Chase's Nerve Food greatest of blood builders

Red blood means health, strength, courage, cheerfulness, power of endurance and a well-nourished brain that likes to accomplish things.

The secret of health is, after all, in the blood, for with an abundance of rich, red blood the nervous system is nourished and sustained, the lungs, heart, stomach, liver and kidneys are filled with the vigor and energy necessary to accomplish their work and there is no room for weakness and disease.

DR. CHASE'S NERVE FOOD builds up, strengthens and invigorates the whole human body because it actually forms rich, red blood.

Indigestion, sleeplessness, nervous headache, irritability, nervousness, lack of energy and strength and failure of the bodily organs to perform their functions are almost in-

variably the result of poor, weak, watery blood.

The use of DR. CHASE'S NERVE FOOD completely overcomes these symptoms and by filling the whole system with new vigor gives new hope and confidence and replaces weakness and disease with health and strength.

ANAEMIA

Miss Blanche B. Hall, Newtown, N.B., writes:—"I suffered from anaemia for about six years, and became so weak that I could not walk any distance without being completely tired out. During that time I doctored with five different doctors, and took several other treatments. Some of these would help me at the time, but I would soon be back where I started.

"My sister insisted on my trying DR. CHASE'S NERVE FOOD, as she had used this with remarkably good results. I found this treatment helped me, so I gave it a thorough trial, the result of which was that I found myself walking almost any distance without undue fatigue. It is over a year now since I used this medicine and I have had no return of that tired feeling."

of the disease by taking one Dr. Chase's Kidney-Liver Pill on going to bed. The diet ought to consist of rice boiled with milk, preparations of sago, etc.

HEART DISEASE.—This vital organ is subject to many diseases. It is not our intention to enumerate them all, as organic or positive diseases of the heart require the best medical advice and treatment available; yet many people construe a slight palpitation or fluttering at the heart into some serious affection of that organ when it is merely the result of diseased kidneys, weakness, over-exciting exercise, or indigestion and dyspepsia, from which we believe one-half of the symptoms of heart disease arise. It is a well-known fact that the heart is affected through sympathy with other organs; especially is this noticeable when indigestion creates a gas which envelopes and compresses round the heart, causing a dull, dead pain, fluttering and palpitation. When only these symptoms appear we would recommend **Dr. A. W. Chase's Kidney-Liver Pills**. Such symptoms as palpitation, irregular beating and weak action of the heart usually arise from a weak, watery condition of the blood and gradually disappear as the blood is enriched by the use of **Dr. A. W. Chase's Nerve Food**. Where the disease is organic and not sympathetic, we would advise the patient to consult some good physician.

The fact is well established that much of the sympathetic affection of the heart is caused by a disordered condition of the kidneys, and so soon as they are restored to their natural functions the symptoms of heart trouble disappear and this is sustained



WASH DAY

With lots of rich, red blood coursing through the arteries and veins to keep up nervous vigor and muscular strength, there is a joy in living and work becomes an actual pleasure.

It is only when the blood is thin, the system run down and the nerves starved and exhausted that work be-

comes irksome and you get down-hearted and discouraged. In this condition you do not rest and sleep well, get up tired in the mornings and dread the day's work ahead of you.

It is under these circumstances that DR. CHASE'S NERVE FOOD can be of inestimable value to you.

By feeding to the blood the elements from which new blood is formed, DR. CHASE'S NERVE FOOD builds up the run-down system in the most natural and rational way imaginable.

Through the blood stream new vigor and energy is instilled in the nervous system and the benefit is felt throughout the whole body.

The functions of the vital organs are resumed, digestion is improved, you sleep and rest naturally and regain gradually and certainly the vigor and energy of health.

from the fact that many persons who were troubled with symptoms of heart trouble found relief by using **Dr. A. W. Chase's Kidney-Liver Pills**. Why? Because they enabled the kidneys to extract the poisonous wastes from the blood and send it on its way to the heart pure and health-giving—toned the liver and removed the causes of indigestion and dyspepsia.

DIABETES.—Diabetes is a disease in which sugar is persistently excreted in the urine. It is most common in males between the ages of fifty and sixty years, while females are most frequently effected before and after these ages.

The first noticeable symptoms are weakness and wasting. In young people the face becomes greatly emaciated while in elders there is often obesity.

Thirst and an excessive amount of urine are early indications, as also cramps in the calves of the legs at night. The amount of urine in 24 hours may run up to 150 or even 300 ounces. It is pale in color but sometimes with a greenish-yellow tinge.

The presence of sugar in the urine is the most important change.

Treatment.—There is no medical treatment known that is a specific for Diabetes. This is partly due to the fact that the cause is more or less obscure.

It has been found that the pancreas is usually diseased and the liver frequently

HEART WEAK COULD NOT SLEEP

Got worse and worse for two years

Mrs. Edmund Sainsbury, Newtown, B.B., Nfld., writes:—"It is almost impossible for me to describe the condition I was in previous to my taking DR. CHASE'S NERVE FOOD. I suffered a great deal from nervousness, and could not sleep at night. My heart was affected, my blood weak, and my general condition so feeble that I could not stay on my feet long enough to take a short walk or work around the house without being completely exhausted. For nearly two years in spite of the treatment of different doctors, I was continually growing worse.

"On hearing of DR. CHASE'S NERVE FOOD I decided to try it, with the result that by the time I had used a dozen boxes I was completely relieved of all my suffering. Knowing what a blessing DR. CHASE'S NERVE FOOD has been to me, I am desirous of recommending it to any person who may be afflicted in the same way, feeling that much good may result from it."

("This is to certify that I am personally acquainted with Mrs. Edmund Sainsbury, and believe her statement regarding DR. CHASE'S NERVE FOOD to be true and correct."—Rev. A. R. Baggs.)

LAME BACK

Mr. W. E. Howey, 1,830 Pender St. East, Vancouver, B.C., writes:—"I suffered from lame back for some time, and was also unable to sleep at night. A treatment of DR. CHASE'S NERVE FOOD AND KIDNEY-LIVER PILLS relieved me of both these ailments, and I would strongly recommend these medicines to anyone suffering from similar trouble."

TERRIBLE HEADACHES

Mrs. S. E. Marwood, Big Muddy, Sask., writes:—"I suffered terribly periodically, having headaches, acute pains in the abdomen, back and legs. I went to two different doctors, but their treatment only gave me partial relief. A friend told me to try DR. CHASE'S NERVE FOOD, which gave me immediate relief, and after using only three boxes I feel that the relief is permanent, as I have not had any trouble of this nature since."

("This is to certify that I am personally acquainted with Mrs. S. E. Marwood, and believe her statement in recommendation of DR. CHASE'S NERVE FOOD to be true and correct."—James Marshall, Justice of the Peace in and for the Province of Saskatchewan.)

deranged. For this reason treatment that will arouse and correct liver action will usually afford considerable relief to the diabetic, and in this way **Dr. Chase's Kidney-Liver Pills** have become known as a treatment for Diabetes.

The prime object of treatment, however, is to remove the excess of sugar in the system and there has yet to be discovered any means of accomplishing this except by a system of dieting.

After years of experimenting in hospitals and sanitariums, specialists in the treatment of Diabetes have arrived at a plan of dieting which enables many to conquer this ailment and others to add many years to their lives.

As the details of this system for treating Diabetes are too lengthy for publication in **Dr. Chase's Recipes** we have prepared a circular telling you how to secure complete instructions for carrying out this diet treatment and testing the urine so as to detect the presence of sugar.

This pamphlet will be sent free to any one interested. Address Edmanson, Bates & Co., Ltd., Dr. Chase Bldg., Toronto.

AFTER BABY CAME

Mrs. H. McClure, Norwood, Ont., writes:—"After my baby was born, I was terribly weak and run down, with a weak, painful feeling across my back. I had heard so much of DR. CHASE'S NERVE FOOD that I decided to try it, and before very long I began to feel stronger. Three boxes proved enough to make me quite strong and well again. I also used DR. CHASE'S OINTMENT for a rash which broke out on the baby, and it worked wonderfully, the rash disappearing completely in a short time."

STRENGTH BUILT UP

Mrs. J. Smith, 2,309, 6th Ave. N.W., Calgary, Alta., writes:—"Two years ago, my little son had scarlet fever, which left him in a very weak condition, and he never really regained his former strength and appetite. In the spring of this year he failed again, would not eat, was tired and fretful, and the doctor thought he would develop pneumonia. He suffered agonies with earache, and toothache, so I started giving him DR. CHASE'S NERVE FOOD. In a few weeks he seemed a different child, and was able to go back to school in September, and I am glad to say he is now strong and well. I shall always keep the NERVE FOOD on hand, for I am sure it did wonders for our little son."

SOLDIER RESTORED**From Breakdown of Nervous System**

Mr. Martin Garvey, Killaloe, Ont., writes:—"I am a returned soldier who has received much benefit from DR. CHASE'S famous NERVE FOOD, and owe my present state of good health to the restorative effects of these tablets.

"I returned from Overseas in 1919, after having served three years in France. I was suffering from a severe nervous breakdown. I could not sleep at night, could not return to my previous occupation, and could not take up the study of any other, owing to the condition of my nerves.

"After taking several other nerve treatments, and all to no avail, a friend advised me to try DR. CHASE'S NERVE FOOD. After using the first box I found I could sleep at night. I continued using it for six months, and at the end of that time I was completely relieved of all nervous trouble, and have returned to my former occupation.

"I am now as healthy as ever, and my nerves do not bother me at all, which is entirely due to DR. CHASE'S NERVE FOOD."

(Mr. Garvey's letter is endorsed by F. D. Roche, Notary Public.)

FOOD FOR THE SICK

BEEF TEA.—If rightly made, may be received with benefit, by a stomach which would reject any other nourishment. Take one pound of best lean beef, cut in thin slices and scrape the meat fine; put with a small spoonful of salt in 1 pint of cold water in an earthen bowl and let it stand for 2 or 3 hours, stirring frequently, then place in the same vessel covered on the back of the stove and let it come gradually to a blood heat and no more.

EGG NOG.—Beat the yolk of one egg with 1 tablespoonful of brandy or 2 of Madeira wine. Beat the white of the egg to a stiff froth and mix in with 1 cup of nice sweet milk.

MILK AS A MEDICINE.—Milk given warm is declared to be almost a specific for diarrhoea, stomach-ache, incipient cholera and dysentery and invaluable as a treatment for typhoid fever, scarlet fever and debilitating diseases. The milk should never be boiled but only heated sufficient to be agreeably warm.

MILK PUNCH has maintained the life of very sick persons when nothing else could be taken for several days. Sweet Milk, $\frac{1}{2}$ pt.; White Sugar, 2 tablespoonfuls; Best Brandy, 2 tablespoonfuls; Ice. Dissolve the sugar in the milk and add brandy, stirring well.



Thanks, Old Man

DR. CHASE'S NERVE FOOD

*It has given me back
vigor and made
and we*

This is the way people feel about Dr. Chase's Nerve Food. It lifts them out of the tired condition resulting from exhausted nerves and vigor and makes life worth living.

COULD NOT SLEEP

Mr. A. W. Foster, 178 Le Breton St., Ottawa, Ont., writes;—"For almost a year I was troubled with "nerves," was restless, especially on retiring, when I would be unable to sleep for hours. I was easily fatigued, or excited and very irritable. A neighbor recommended the use of DR. CHASE'S NERVE FOOD, but I neglected doing so until one day when in a drug store it was again recommended. I bought a box immediately and before the first week had passed I was enjoying a good night's rest every night. I gained rapidly in every way while taking this treatment, and my general state of health is now very much improved."

DR. CHASE'S NERVE FOOD
THE GREATEST OF

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Old Man, for Telling Me About CHASE'S NERVE FOOD

...back my old time
...made me strong
...and well.

...out DR. CHASE'S NERVE
...the tired, nervous, helpless
...exhausted nerves, restores health
...and makes life worth while.

HEALTH RUN DOWN

Mr. Charles E. How, R. R. No. 5, Aylmer, Ont., writes:—"My system became generally run down, and I suffered from dull, heavy headaches. I was nervous, could not sleep at night, and my muscles used to twitch. My appetite became poor, I had indigestion and weak spells. I consulted a doctor who gave me a tonic, but it did no good. I used other remedies, too, before finally trying DR. CHASE'S NERVE FOOD. I found that this did me more good than anything I had ever taken. I can heartily recommend it to anyone for weak nerves or run down system. I have also found DR. CHASE'S OINTMENT splendid for cuts, bruises, etc."

CHASE'S NERVE FOOD
THE GREATEST OF NERVE TONICS



EXHAUSTION OF THE NERVES And how they may be restored

Every symptom which tells of an exhausted condition of the nerves is a warning to you to take active means of restoring the vitality of the nerves lest at some unexpected moment you fall a victim to paralysis. Among such symptoms are:—

Twitching of the nerves and muscles.

Sudden starting from sleep.

Brain fag and headache.

Numbness of any part of the body.

Nervousness and irritability.

Tendency to worry and anxiety.

Wakefulness at night.

Nervous dyspepsia.

Difficulty in controlling the movement of arms or legs.

Sensitiveness to light, sound or motion.

Discouragement, despondency and dread of the future.

Weakness of any of the bodily organs.

Neuralgic and sciatic pains.

Rest and the use of DR. CHASE'S NERVE FOOD is the most successful treatment available for the restoration of the nervous system and the prevention of paralysis and locomotor ataxia.

NERVOUS BREAKDOWN Could not stand the slightest noise

Mrs. John Lovelace, Coldwater, Ont., writes:—"I suffered from a nervous breakdown, and my nerves were so wrecked that I could not stand the slightest noise or excitement, and my memory was all gone. I tried a great many treatments including doctors' prescriptions, but failed to find lasting relief. After reading an advertisement for DR. CHASE'S NERVE FOOD, I decided to give it a trial. The results were far beyond my hopes, for within a week I began to see a change in my condition. When I had finished a complete treatment I was a different person and felt better than I had for some years."

MISCELLANEOUS RECIPES

FRUIT, JAM, JELLY AND CIDER, PRESERVED BY A NEW PROCESS.

—Salicylic Acid is now being largely used for the preserving of wine, beer, and cider; also for aiding the preservation of jams, jellies and other preserves, with a saving of about 75 per cent. of sugar, besides avoiding the time and trouble of the old method of canning. The quantity of acid required to arrest the fermentation in cider, etc., is 20 grains to one gallon of juice; this will keep the cider fresh for years, and the comparatively small quantity of acid is no way injurious. The recipe for canning any kind of fruit is to dissolve 40 gr. Salicylic Acid in a quart of pure rain water, in which 6 oz. sugar have been dissolved: then to fill the jars with fruit, and pour the above liquid into the jars, fully covering the fruit. Every person who has tried this recipe is delighted with it.

STICKY FLY PAPER.—Melt together 4 oz. Castor Oil, 8 oz. Rosin, and $\frac{1}{2}$ oz. Burguncy Pitch. Stir well and spread on paper, which must be previously sized in glue to prevent the mixture soaking through.

GRAFTING WAX.—Resin, 4 lbs.; Tallow and Beeswax, each 1 lb. Melt, mix well and work, after cooling a little in cold water, until pliable.

**NERVES WEAK
STOMACH UPSET
Heart all aflutter**

Mrs. L. Whiting, 202 King St. West, Brockville, Ont. writes:—"I took very sick with my nerves and stomach, and seemed to be all run down. At times my heart would flutter and palpitate so and I would take such weak spells in the pit of my stomach that I sometimes thought I would never get better. I tried several doctors, but it seemed nothing they gave me helped. I had almost given up hope when a friend advised the use of DR. CHASE'S NERVE FOOD. I tried it, and can say it certainly has done wonders for me. I did not stop until I had taken twenty-five boxes, and it has helped me so that I want to recommend it to everyone."

("This is to certify that I am personally acquainted with Mrs. L. Whiting, and believe her statements regarding DR. CHASE'S NERVE FOOD to be true and correct."—Rev. H. H. Hillis.)

SLEEPLESSNESS

Mrs. Pearlstein, Beamsville, Ont., writes:—"Before using DR. CHASE'S NERVE FOOD, I was greatly troubled with weak nerves and sleeplessness. I tried several remedies for this, but none

seemed to benefit me in the least. A few boxes of DR. CHASE'S NERVE FOOD, however, strengthened my nerves and made me sleep soundly. I hope you will publish this letter for the benefit of others."

TREMbled LIKE A LEAF

Mr. Thomas Honey, Brantford, Ont., writes:—"When I began taking DR. CHASE'S NERVE FOOD, I was so nervous that when I picked up a cup of tea my hand would tremble like a leaf. I could not sleep well, could not remember things, and there were neuralgic pains through my body. After taking seven boxes of DR. CHASE'S NERVE FOOD, however, I am in perfect health."

NERVOUS INDIGESTION

Mr. Harvey Johnson, Oxford, N.S., writes:—"For two years I was troubled with nervous indigestion and palpitation of the heart. My heart would flutter so much at spells that I would have to stop working and at nights I would have a choking in my throat that it was almost impossible to get to sleep. After trying other medicines without any improvement, I at last decided to try DR. CHASE'S NERVE FOOD, and after taking five boxes, my heart became normal and the choking in my throat has entirely disappeared."

TO CLEAN SILVERWARE, GLASS.—Precipitated Chalk, 1 oz.; Alcohol, 2 oz.; Aqua Ammonia, 2 oz. Shake and apply with a soft piece of cloth or sponge, rubbing or polishing dry with chamois leather or flannel.

TO REMOVE CORNS AND WARTS.—These may be removed without pain or inconvenience by applying the following corn solvent: Salicylic Acid, 1 dr.; Extract of Cannibus Indicus, 20 gr.; Collodium, 1½ oz.; Mix; keep well corked, and in a cool place. Apply with a leather or with the cork.

GARGLE FOR SORE THROAT.—The following preparation makes an excellent gargle, and is very useful in all cases of sore throat: Chlorate of Potash, ½ oz.; Creosote, 10 drops; water, 4 oz. Mix; and use three or four times a day.

FROST BITES AND CHILBLAINS.—For relief from frost bites, nothing equals a liniment composed of equal parts of Turpentine, Ammonia and raw Linseed Oil. It should be well rubbed in three or four times a day. For chilblains, Dr. Chase's Ointment is peerless, it stops the itching soon as applied.

TO COLOR BUTTER.—Anatto, 2½ oz.; Caustic Potash, 4 dr.; Borax, 2 dr.; water, 25 oz.; Tincture of Turmeric, 5 oz. Mix and filter.

This resembles most other butter-coloring preparations in the market. It makes the color equal to June made butter.

Directions: Put two teaspoonfuls of the above into every 10 gallons of cream.

DR. CHASE'S OINTMENT

Is Invaluable Wherever There is Itching Skin or a Sore That Will Not Heal

Among the troubles for which DR. A. W. CHASE'S OINTMENT is used with splendid results are:

Eczema and Salt Rheum.
Shingles, Tetter and Ringworm.
Scald Head and Baby Eczema.
Pimples and Blackheads.
Chafing and Skin Irritation.
Sore Feet and Toes.
Ingrowing Toe Nails.
Rough, Red Skin. Erysipelas.
Chilblains and Frost Bites.
Poisoned Skin. Poison Ivy.
Itch, Barber's Itch, Prairie Itch.
Hives and Insect Bites.
Scalds and Burns.
Sore and Cracked Nipples.
Chapped Hands and Face.
Sore and Inflamed Eyelids.
Old Sores and Bed Sores.
Itching peculiar to Women.

DR. A. W. CHASE'S OINTMENT is a positive relief for every form of itching, bleeding piles.

SUFFERED 2 YEARS**ECZEMA NOW GONE**

Mr. J. G. McLean, Glenville, N.S., writes:—"I have used DR. CHASE'S OINTMENT with great success. I had eczema for over two years, and during that time I spent a great deal of money on doctors and treatments with very little result. I used so many different remedies that when I was advised to try DR. CHASE'S OINTMENT I really did not believe it would do any good. To my surprise, after using one box I was completely relieved. What this OINTMENT has done for me I believe it will do for others, and I take great pleasure in recommending it."

CONSTIPATION AND PILES

Mr. Joseph Hickey, Doyleville, N.B., writes:—"This is to certify that I, Joseph Hickey, was troubled for four years with constipation and piles. I doctored a great deal but got no relief. I was advised by my neighbors to try DR. CHASE'S KIDNEY-LIVER PILLS and OINTMENT. I used these two medicines, and they completely relieved me. It is now two years since I used this treatment, and I have not felt any trouble of the kind since."

TO DESTROY MOTHS IN CARPETS.—Take a wet sheet or other cloth, lay it upon the carpet, and then rub a hot flat iron over it so as to convert the water into steam, which permeates the carpet beneath and destroys the life of the grub. The latest and best moth destroyer is Dalmatian Powder, which is the same used in killing flies. Sprinkle it well over the carpet.

LIQUID GLUE.—White Glue, 2 ozs.; Good Vinegar, 4 oz. Put into a wide mouthed bottle and set in cold water letting it come to a boil gradually and boiling until glue is dissolved, then add Alcohol 1 oz. Keep corked for use.

BAKING POWDER.—Cream of Tartar, 6 ozs.; Bicarbonate of Soda, $2\frac{2}{3}$ ozs.; Flour, $4\frac{1}{2}$ ozs. This is one of the best brands of baking powder sold by the trade.

TO REMOVE IRON RUST.—Dissolve $\frac{1}{2}$ teaspoonful Oxalic Acid by pouring on it 3 tablespoonfuls of hot water and dip the rust spot into it or wet with a sponge or rag. As soon as the rust is bleached out wash with clean water to prevent injury to the goods. Another recipe is to wet spot in lemon juice and hold over a steaming kettle.

Baby Eczema



Mrs. Alex. Marshall, Sprucedale, Ont., writes:—"When my little son was three months old, he broke out in sores on his chest and arms. Otherwise he was a perfectly sound, healthy child. We did all we could to heal those terrible sores, but nothing did him much good. He was in such a condition that we hated to take the little fellow up for fear of hurting him. Finally I ventured on a box of DR. CHASE'S OINTMENT, and although I did not see much benefit from the first few applications, I kept on using it. At last we were rewarded by the steady healing of the sores, and finally he was completely relieved of them. He is now three years old, and has had no return of the trouble since."

ECZEMA GONE

SORES HEALED

Mrs. J. C. Cripps, Good Hope, Alta., writes:—"My baby was troubled with what I believe to have been eczema for over a year. Her body would break out in big sores, and although I tried a number of salves and ointments, nothing did any good until I used DR. CHASE'S OINTMENT. This completely healed the sores, and I am glad to recommend it to others.

"My husband has also used DR. CHASE'S KIDNEY-LIVER PILLS for sore back and found relief before finishing the first box."

(Mrs. Cripp's letter is endorsed by Rev. John Best.)

CHAFED SKIN

Mde. Philius Bazinet, La Presentation, Co. St. Hyacinthe, Que., writes:—"My baby suffered from chafed and irritated skin so much that it came to bleeding. I began to bathe her in lukewarm water, and then to rub the chafed parts three times a day with DR. CHASE'S OINTMENT, and it is now completely healed. I would recommend it to all mothers who have babies suffering in this way."

TO DRIVE AWAY ANTS.—Sprinkle their mounds or the places where they are troublesome with a mixture 1 part Carbolic Acid to 40 parts of water. This is also a good way to get rid of bed bugs.

GREASE ERADICATOR.—Castile Soap, 1 oz.; Carbonate of Soda, $\frac{1}{2}$ oz.; Borax, $\frac{1}{4}$ oz.; Aqua Ammonia, 2 oz.; Alcohol, 1 oz.; Sulphuric Ether, $\frac{1}{2}$ oz.; water enough to make 1 quart. Boil the soap in the soft water until it is dissolved, and then add the other ingredients. This is an excellent preparation for cleaning clothes, kid gloves, etc.

TO KEEP SILVER FROM TARNISHING.—Silver may be kept from tarnishing by painting it with a soft brush dipped in Alcohol in which some Collodium is dissolved, the coating is invisible, and can be removed at any time by dipping the article in hot water.

FOR LICE ON PLANTS, COAL OIL EMULSION.—Soft Soap, 1 qt.; Water, 1 gal. and Coal Oil, 1 pt. The soap and water are heated to boiling point, the coal oil added and all well stirred. Kills lice on plants and trees and restores vigor.

WASHING CARPETS WITHOUT TAKING UP.—Put 1 tablespoonful of Ammonia into 1 gal. of warm water and with sponge or soft broom go all over the carpet. You will be astonished to see how brightly it will look for the little labor and expense.

SUFFERED WITH PILES FOR 6 LONG YEARS

Mr. J. M. Dennie, Field, Ont., writes:—"For six long years I was troubled with blind, bleeding and itching piles. I was treated by doctors in Sudbury, Montreal and Sturgeon Falls, and even sent for treatment to New York, without gaining any permanent relief. I was told to try DR. CHASE'S OINTMENT about two years ago, and since then I have been quite a different man. DR. CHASE'S OINTMENT has made me a healthy man, and I would not be without a box of it in the house for five times what it costs. There is not a man suffered more than I did during those six years, until DR. CHASE'S OINTMENT brought me lasting relief." ("Signed before me, J. Z. Vinet, Justice of the Peace.")

COULD GET NO RELIEF

Mrs. James McLachlan, Boissevain, Man., writes:—"I was troubled for 4 years with piles, and tried everything I could think of, but could get nothing to help me until about six months ago, when I tried DR. CHASE'S OINTMENT. There were times when I had a lot of work to do that I simply didn't know how I was going

to get through it. After three or four applications of DR. CHASE'S OINTMENT, however, I began to get relief, so I used it right along and am happy to say it has left me completely relieved. Then I used DR. CHASE'S NERVE FOOD to build me up as I had become so run down through the constant suffering. I found it excellent and can highly recommend both these medicines."

(Mrs. McLachlan's letter is endorsed by Bert Grant, Justice of the Peace.)

20 YEARS OF PILES

Mr. John Sundblad, Kenora, Ont., writes:—"I was troubled with itching hemorrhoids for over 20 years. I used a great many medicines and salves, but nothing helped me. Finally I gave up as being incurable, but still continued to suffer. One day, however, in a drug store, I saw DR. CHASE'S OINTMENT and bought a box. I used it constantly, and am very thankful to say that I am now completely relieved after years of suffering."

("This is to certify that I am personally acquainted with Mr. John Sundblad, and believe his statements regarding DR. CHASE'S OINTMENT to be true and correct."—Rev. Carl P. Peterson.)

VETERINARY

Though very condensed this department contains the formulae for the most valuable horse medicines known to man. Take for example Kendall's Spavin Remedy. This formula like some of the others was procured from reliable sources at great expense and imitates the original article as correctly as chemical science is capable of resolving a compound into its original elements and ingredients by analysis.

These recipes can be absolutely relied upon and as the best guarantee we can give of the adaptability of these medicines to the diseases for which they are prescribed, we would suggest that you submit them to any druggist for his opinion as to their merits.

CONDITION POWDERS.—A great fat producer and general tonic. This formula is well-known among horsemen and has been used with excellent success in many of the best stables of Canada and the United States. Resin, 4 oz.; Sulphur, 4 oz.; Gentian, 2 oz.; Fenugreek, 2 oz.; Saltpetre, 2 oz.; Anise Seed, 2 oz.; Ginger, 2 oz.; Antimony, 2 oz. Mix and give a teaspoonful every night. Medical action: Resin and Saltpetre, diuretics; Sulphur, fluid purifier; Fenugreek and Ginger, warm and stimulating; Antimony, tonic and fattening.

GRANULATED AND INFLAMED EYELIDS

Redness and inflammation of the eyelids, a tendency of the lids to stick together in the mornings, a feeling as though particles of sand were in the eyes—these are symptoms of granulated eyelids. Relief is obtained by the use of DR.



CHASE'S OINTMENT, which allays the irritation and inflammation at once and positively removes the granulation. Wash the lids with warm water at nights and apply the ointment.

EYELIDS RELIEVED OF GRANULATION

Mrs. C. P. Watson, R.R. No. 1, Vine-land, Ont., writes:—"We have used DR. CHASE'S OINTMENT and nothing can equal it for its mild, soothing and healing effects. My boy had granulated eyelids, and we took him to two different doctors and a specialist. One doctor burned the lids with blue stone, which I think was cruel treatment, and made his lids that much worse. The more we doctored for him, the worse he got. His eyelids were just awful. The specialist helped him somewhat, but it came back again. Then we tried DR. CHASE'S OINTMENT, and after the second application, it was so soothing and healing that we kept on using it until he was completely relieved. His lids became clean and well, and have remained so."

SORE, ACHING FEET

You can get a world of comfort by using DR. A. W. CHASE'S OINTMENT when your feet give you trouble. This treatment is so delightfully soothing and healing that it helps you as soon as applied.

TO FIT A HORSE FOR SALE which is troubled with bots, has a rough shaggy coat, is difficult to keep fat and in condition, give a ball three times on alternate nights composed of 1 dr. Calomel, 2 drops of Croton Oil and 6 dr. Aloes; or a tablespoonful of the following powder every night on hot bran mash; Green Copperas, 4 oz.; Calomel, 1 oz.; Gentian, 2 oz.; Fenugreek, 2 oz.; Saltpetre, 1 oz.; Crocus Antimony, 1 oz. The object of the last four ingredients is to generally improve and condition the horse; the first two expel the bots and worms. The following is often employed: Common Salt, 2 oz.; dissolved in 1 qt. Infusion of Wormwood. Drench the horse with this for three or four days.

COLIC TREATMENT.—Always have this mixture handy at home. Many a \$300 to \$1,000 horse has been saved by its use. Give $\frac{1}{2}$ oz. Laudanum and 1 oz. Sulphuric Ether in about 1 pt. of Linseed raw Oil, repeat the dose in an hour if not relieved. Moderately walk the animal to assist the medicine in operating. For windy colic, when the bowels are bloated, give $\frac{1}{4}$ lb. Baking Soda dissolved in a small quantity of water, and inject a solution of Castile Soap, a tablespoonful of raw Linseed Oil and a teaspoonful of Turpentine in about half a pail of warm water.

LAXATIVE ANODYNE DRINK.—Linseed Oil, 1 pt.; Opium, 2 dr.; Sweet Spirits of Nitre, 6 dr. Useful in inflammation of the bowels.

**KEEPS BABY'S SKIN
SOFT AND HEALTHY**

You can scarcely imagine any treatment being more acceptable to the baby suffering from chafed, irritated skin than DR. CHASE'S OINTMENT. It is delightfully soothing and healing, stops itching at once, and soon overcomes the most torturing skin disease.

It is a good idea to keep a box of DR. CHASE'S OINTMENT along with baby's soap to be used at bathing times whenever there is redness or irritation of the skin, it is so much easier to prevent eczema than to overcome it.

**SKIN IRRITATED
ECZEMA FOLLOWED**

Mrs. A. B. Welton, Tawatinaw, Alta., writes:—"During the winter of 1919 and 1920 my baby girl aged 15 months started an irritation of the skin. I tried nearly every kind of medicine that could be purchased locally without results. Our doctor

pronounced it eczema, and gave me medicine which did no good. The eczema had by this time covered her whole back and down her little limbs. My husband purchased three boxes of DR. CHASE'S OINTMENT about Christmas time, and by the middle of February, 1920, my baby was completely relieved of the disease.

ERYSIPELAS

The intense irritation of the skin causes the keenest suffering but by using DR. CHASE'S OINTMENT plentifully this most distressing symptom is quickly relieved and spreading of the disease prevented.

**FOR USE AFTER
SHAVING**

Used after shaving, DR. CHASE'S OINTMENT keeps the skin soft and smooth and relieves eczema and barber's itch. The large \$2.00 box is especially suitable for this purpose.

KENDALL'S SPAVIN REMEDY.—We believe nothing equals Kendall's Spavin Remedy for removing curbs on their first formation. We give a recipe for manufacturing it, which, if not precisely similar to the genuine article, is equally good: Iodine, $\frac{3}{4}$ oz.; Gum Camphor, 3 oz.; Oil of Turpentine, 4 oz.; Oil of Rosemary, 1 dr.; Alcohol, $1\frac{1}{2}$ pts.; Water, $3\frac{1}{2}$ oz. Mix, and rub well in two or three times a day. There is no better liniment for absorbing and scattering hard, bony, calloused lumps.

SAMPLE BOX

DR. CHASE'S OINTMENT

Will be sent free, if you enclose 2 cent stamp for postage, address Edmanson,
Bates & Co., Limited, Dr. Chase Bldg., Toronto, Ont.

Name.....

Address..... Prov.....

100CR

Banish Pain From Your Home

Whatever else may be missing there must be a good liniment in every home. This need is best supplied by DR. CHASE'S LINIMENT, which the famous Receipt Book author described as the most effective liniment he ever used in his extensive practice



Use it for Headache, Back-ache, Rheumatism, Lumbago and Sciatica.

Rub it in for Sprains, Strains and as a relief from all swelling and inflammation.

Applied to Wounds or Cuts it acts as an antiseptic dressing to prevent blood poisoning and hasten the healing process.

DR. CHASE'S LINIMENT

Is a high class preparation composed of expensive drugs and essential oils. It is pleasant to use, warm and soothing in effect and suprisingly potent in reducing inflammation and driving out pains and aches. 50 cents a bottle, all dealers or Edmanson, Bates and Co., Ltd., Toronto.

DR. CHASE'S LIVER MEDICINE

DR. CHASE'S LIVER MEDICINE is not recommended as a treatment for any disease that is not the direct result of disordered liver. If, however, your liver is sluggish or defective, if you have a yellow complexion, pain under the shoulder, oppression about the stomach, bitter taste in the mouth, sick headache, liver spots, cold hands or feet, irregular bowels, or depressed spirits, DR. CHASE'S LIVER MEDICINE will perfectly regulate the liver and remove the cause of the trouble.

The bile which the healthy liver filters from the blood is Nature's cathartic and ensures regular and natural action of the bowels. By setting the liver right, DR. CHASE'S LIVER MEDICINE affords a lasting relief for constipation, which is the cause of probably nine-tenths of the disorders of the digestive system.

You can, therefore, readily understand that while this treatment is recommended particularly for liver derangements it is far reaching in its effects and by setting the liver right removes the cause of many symptoms.

DR. CHASE'S LIVER MEDICINE may be considered old fashioned by some because it is in liquid form, put up in large bottles and is a little bitter to the taste, but it has worked its way into public favor solely on its merits and has been instrumental in bringing relief to many sufferers.

DR. CHASE'S LIVER MEDICINE is sold in a large bottle containing 100 doses for \$1.25. As an invigorating and regulating medicine for the liver it is unapproached. Your dealer will get it for you if he does not have it in stock.

DISTEMPER.—Most affections of the throat are wrongly construed into distemper, which is the mildest form of catarrh, and very few horses escape it. The attack is generally mild. If it should assume any alarming symptoms, such as swelling under the jaws and the formation of an abscess, rub the throat with Spirits of Turpentine, Raw Oil and Ammonia (equal parts), and give a teaspoonful two or three times a day of the following mixture: Chlorate of Potash, 4 oz.; Sulphate of Soda, 2 oz.; Tartar Emetic, ½ oz. If the horse refuses to eat, it may be placed on the tongue or drenched.

OINTMENT FOR MANGE, LICE, ETC.—Sulphur, 1 lb.; Turpentine, 4 oz.; Mercurial Ointment, 2 oz.; Linseed Oil, 1 pt. Melt the ointment in the oil; when cool add the turpentine and sulphur.

DRENCHES FOR DIARRHOEA.—Opium, 1 dr.; Prepared Chalk, 1 dr.; give in 1 pint of Peppermint Water. Another: Prepared Chalk, 4 oz.; Powdered Catechu, 2 dr.; thin Starch, ½ pt. Another: Castor Oil, 8 oz.; Ipecac, 1 dr.; Opium, 1 dr.; thin Starch, ½ pt. Repeat at intervals of six hours.

HORSE LINIMENT.—Oil of Hemlock, 1 oz.; Oil of Cedar, 1 oz.; Ammonia, 1 oz.; Alcohol, 8 oz. Good for any purpose. DR. CHASE'S LINIMENT may be used for animals as well as mankind and is very effective.

DR. CHASE'S SYRUP OF LINSEED AND TURPENTINE



BABY BOY HAD BRONCHITIS

Mrs. E. Henry, 556 Romaine St., Peterboro, Ont., writes:—
“My little boy, now three years old, was born with bronchitis. We doctored with our family physician but he got no relief. He had it for two years, and all hope had been given up when a friend recommended DR. CHASE'S LINSEED AND TURPENTINE. I used several bottles of this, and it relieved him permanently. I cannot recommend it too highly. DR. CHASE'S KIDNEY-LIVER PILLS and OINTMENT are also good. Should any person wish this letter confirmed, you are at liberty to give my name and address.”

Confirmed by: W. L. Allinston, Justice of the Peace and Notary Public, Wolfe Island, Ont.

“Hurry! Mother, I have a cough, give me some of DR. CHASE'S SYRUP. You know that always stops our coughing.”

DR. CHASE'S SYRUP OF LINSEED AND TURPENTINE,
35 cents and 75 cents a bottle, at all dealers.

YOU CAN PROTECT THE LUNGS

By promptly relieving coughs
and colds

If you are prompt and persistent in using **DR. CHASE'S SYRUP OF LINSEED AND TURPENTINE** you can so completely control a cold as to prevent it working its way into the bronchial tubes and lungs. Experience in many thousands of cases proves this conclusively.

This treatment loosens the cough, aids expectoration and forms a coating on the mucus lining which protects it from irritation. Frequent small doses are most effective and whether for children or adults there is no medicine obtainable which is so pleasant to take and so thorough and far-reaching in relieving coughs, colds, croup and bronchitis.

BABY GIRL SUBJECT TO CROUP

Mr. Cleveland Roberts, Winsloe, P.E.I., writes:—"Our little girl, three years old, is subject to croup, and we now use only **DR. CHASE'S SYRUP OF LINSEED AND TURPENTINE**. I think it is one of the best croup medicines on the market. We are never without a bottle in the house."

It is a good habit to always have some of **DR. CHASE'S SYRUP OF LINSEED AND TURPENTINE** in the house for use in case of emergency.

IS NOW FREE FROM BRONCHITIS

Mr. Victor Dahlin, Barons, Alta., writes:—"For many years I suffered from recurrent attacks of bronchitis and tried many doctors without benefit. A friend of mine told me about **DR. CHASE'S LINSEED AND TURPENTINE**. I used five bottles of this medicine, and can say this is the fourth winter I have passed absolutely free from bronchitis. I am writing you about it so that others may benefit by my experience."

CROUP.—The first indication of croup usually comes about midnight, when the child is suddenly awakened by a paroxysm of suffocation and a dry, harsh, ringing cough.

There is no time to call a doctor and to prevent suffocation the spasm must be broken up at once and the false mucous removed. This can best be accomplished by use of an emetic, such as a teaspoonful of powdered alum in sugar or syrup, mustard in warm water or a teaspoonful of warm lard. In the absence of these remedies vomiting may be caused by tickling the throat with the finger.

Then **Dr. Chase's Syrup of Linseed and Turpentine** should be given every hour or two in doses varying from 10 drops to a teaspoonful, according to age; for otherwise, even though the child may appear well during the day, croup will return with equal or greater severity during the second night, or develop into what is known as true croup, a very fatal disease.

By using **Dr. Chase's Syrup of Linseed and Turpentine**, the cough is kept loose, the inflammation is reduced and the croup is entirely relieved in two or three days.

Curses!—The Judge—"What's the charge, officer?"

The Policeman—"Usin' bad language, your honor. He was sittin' on the sidewalk, tellin' a banana peel what he thought of it."

FREQUENT CAUSE OF SEVERE COLDS

Fully eighty per cent. of colds are directly traceable to the insufficient clothing of some part of the body. The throat is unduly exposed, low or light shoes are worn. You go from a warm room to meet a cold wind outdoors, and your clothing does not protect you from the shock of the sudden change.

It is more or less of a disgrace to have a cold for it usually shows carelessness, sometimes criminal neglect.

But once you have the cold the next thing is to get rid of it before it fastens itself on you and develops into pneumonia or consumption.

WHOOPIING COUGH

Mrs. M. Dunsdon, 394 Morley Ave., Toronto, Ont., writes:—"In 1915 my husband went overseas, and I decided to follow him, but my little girl took whooping cough and was very sick. I couldn't seem to get anything to relieve the terrible cough until I read of Dr. CHASE'S

LINSEED AND TURPENTINE, and after a few doses, it certainly did her an enormous amount of good. After a few weeks I was able to take the trip. Every winter my little girl seems to be troubled with bronchitis, and directly I notice any signs of it, I get Dr. CHASE'S LINSEED AND TURPENTINE, as nothing gives such quick and lasting results. Children like taking it as it is not at all objectionable, but quite the reverse."

SEVERE COUGH

Mr. John J. MacDonald, Cumberland, Lot 65, R.R. No. 4, E.E.I., writes:—"From a heavy cold I contracted a severe cough which I seemed to be unable to get rid of, no matter what I tried. Finally, through reading Dr. CHASE'S ALMANAC, and noticing all the people who had been relieved by the use of Dr. CHASE'S LINSEED AND TURPENTINE, I decided to try it, and much to my delight, it relieved me almost instantly."

BAD COLD

Mrs. A. Harvey, 231 James St., Port Arthur, Ont., writes:—"My children were all suffering from bad colds and coughs that used to keep them awake at night. After using two bottles of Dr. CHASE'S LINSEED AND TURPENTINE they were entirely relieved. I am now never without a bottle of this medicine in the house."

BED-WETTING.—Sulphate of quinine, 7 grs.; tincts. of belladonna and chloride of iron (muriated tinct. of iron), each $\frac{1}{2}$ oz.; water, $\frac{3}{4}$ oz.; mix and shake when used. DOSE.—Give 30 drops, 3 times daily, one being at bedtime.

Remarks.—The above dose is for a child of 6 or 7 years; older or younger in proportion. By the time this amount is taken, generally at best, there will be no more "wetting the bed."

The Stingiest Man.—The stingiest man we ever heard of bought his bride a nickel's worth of peppermint lozenges and took her on a trolley ride honeymoon. When they got off the car he said, "Honey, suppose we save the rest of this candy for the children."

An Absent-Minded Man.—Lawyer—"What do you think absent-mindedness is?"

Witness (slowly)—"Well, if a man who thought he had left his watch at home took it out of his pocket to see if he had time to go back and get it, I would call him a little absent-minded."—*London Tit-Bits.*

CATARRH RAVAGES THE SYSTEM

The person with thin, watery blood, whose system is anaemic and whose health is more or less run down, is often an easy victim of catarrh. Relief may be obtained, but colds are easily contracted and soon the old trouble comes back again. There is also a greater tendency in such cases for catarrh to work its way into the lungs and set up consumption.

In all such cases constitutional as well as local treatment is required and DR. CHASE'S NERVE FOOD should be used to enrich the blood and build up the general health while the CATARRH POWDER is employed to relieve the disagreeable symptoms of Catarrh.

CATARRH IN HEAD

Mrs. E. H. Arbeau, R.R. No. 2, Sussex, N.B., writes:—"My husband had catarrh in the head very bad, and especially

when he had a cold it would bother him terribly. He found relief in DR. CHASE'S CATARRH POWDER, which he considers the best remedy he has used."

(Mrs. Arbeau's letter is endorsed by A. S. Mace, Justice of the Peace.)

HAD CATARRH 6 YEARS

Mr. McM. Horlick, Middle Brook, Gambo, Bonavista Bay, Nfld., writes:—"DR. CHASE'S CATARRH POWDER has proved most beneficial to me for catarrh in the head. I consider this preparation worth \$5.00 a box, as since its use I can go about my daily tasks with a clear head and throat. I have kept the CATARRH POWDER on hand continuously for the past six years, and always use it for cold in the head."

COULD SCARCELY BREATHE

Miss A. Zbeetnoff, Box 1059, Canora, Sask., writes:—"I suffered for two years from catarrh, and could not breathe through my nose at all. After using only two boxes of DR. CHASE'S CATARRH POWDER, however, I am entirely free from this trouble, and could not wish to feel better than I do now."

A Hopeless Wreck.—Irate Housewife—"Are you not the same man I gave a meat pie to last month?"

Tramp (bitterly)—"No, mum, I'm not; an' wot's more, the doctors say I never will be again."

They were a loving couple, he full of romance, she not knowing the meaning of the word.

Walking in the woods, he turned to her with love light in his eyes, and said, "What's your favorite flower, dearest?"

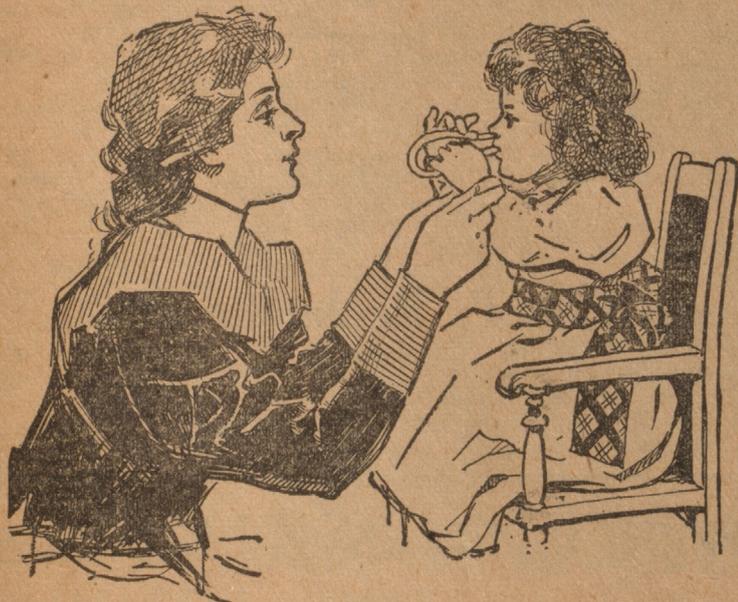
"Oh, Smith's for bread and Johnson's for pastry," she replied, sweetly.—*Tit-Bits.*

Her Responsibilities.—The mistress was interviewing the new charwoman. "Have you been married, Susan?" she inquired.

"Twicet, mum," Susan told her.

"Have you any children?"

"Yes, mum. I've three. One by th' third wife uv me second husband, an' two by the second wife uv me first."



"See, Bessie, you put the glass to your nose, the rubber to your mouth and give one quick blow and away it goes. It will relieve your catarrh."

CATARRH is most dreaded because of its disagreeable symptoms and because it so often develops into consumption.

Foul breath and deafness are features which make one most ashamed of this disease and prevent him from mixing with society to any extent.

Fortunately there is at hand a prompt and thorough relief for catarrh known as DR. CHASE'S CATARRH POWDER on which you can depend to cleanse and clear the air passages, relieve the headache and deafness, counteract foul breath and entirely eradicate this insidious disease.

Dr. Chase's Catarrh Powder

DR. CHASE'S CATARRH POWDER, 35 cts. a box, blower free, all dealers or Edmanson, Bates and Co., Dr. Chase Bldg., Toronto.

Home Treatment

DR. CHASE'S system for the home treatment of disease is so simple that almost anyone can decide for himself what medicine is required. Study the symptoms given in this book, read the letters of relieved ones and then put the medicines to the test in your own case.

Not one of these medicines is ordinary in any sense of the word. They were only placed on public sale after long

testing in private practice and when the doctor found that he could not personally supply the demand.

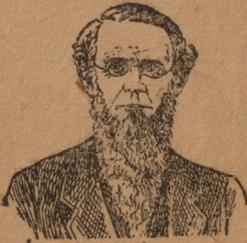
Time has proven what a great service DR. CHASE has conferred on humanity by his system of medicines, for to-day no medicines have such enormous sales. They relieve where ordinary doctors and medicines fail and for this reason they are in demand everywhere.

Dr. Chase's Backache Plaster

relieves quickly — Backache, lumbago, pains over the kidneys, weak lame back, sciatica, rheumatism, stiffness and soreness of joints and muscles, stomach pains and cramps, pleurisy, sore throat, chest

pains and aches wherever located. Full directions for use are found on the wrapper of each plaster. 25 cents, at all dealers, or Edmanson, Bates & Co., Limited, Toronto.

PRICES OF DR. CHASE'S MEDICINES



*Respectfully
A. W. Chase, M.D.*

The portrait and signature of A. W. Chase, M.D., the famous Receipt Book author, are on all his medicines.

- DR. A. W. CHASE'S KIDNEY-LIVER PILLS, one pill a dose, 35 cents a box of 35 pills.
- DR. A. W. CHASE'S OINTMENT, 60 cents a box; Family size, \$2.00.
- DR. A. W. CHASE'S NERVE FOOD, 60 cents a box of 60 pills.
- DR. A. W. CHASE'S CATARRH POWDER, 35 cents a box, blower free.
- DR. A. W. CHASE'S SYRUP OF LINSEED AND TURPENTINE, 35 cents a bottle. Family size, three times as much, 75c. Can only be sent by mail or express at buyer's cost. Weight 2 lbs.
- DR. A. W. CHASE'S LIVER MEDICINE, \$1.25. Can only be sent by mail or express at buyer's cost. Weight 2 lbs.
- DR. A. W. CHASE'S BACKACHE PLASTER, 25 cents each.
- DR. A. W. CHASE'S LINIMENT, 50 cents a bottle.

EDMANSON, BATES & CO., Limited

Dr. Chase Building, Toronto, Ont.

"Used After the Bath"

Dr. Chase's Ointment

Relieves Chafing,
Skin Irritation,
Eczema Etc.



IT is a fine habit for mothers to always have Dr. Chase's Ointment at hand when bathing baby.

It is so easy to relieve chafing and skin irritations by the timely application of this soothing, healing Ointment.

By this means you prevent eczema and other annoying skin affections and keep baby's skin soft, smooth and velvety.

Dr. Chase's Ointment is equally effective in the relief of teething eczema which causes such great discomfort to many babies.

Dr. Chase's Ointment

60c. a box, all dealers, or Edmanson, Bates & Co. Ltd., Toronto

Banish Pain
from your home
by using
Dr. Chase's
LINIMENT



It quickly relieves :-

Pains & Aches
Rheumatism
Backache
Sprains, Etc.

PRICE 50 CTS. A BOTTLE, ALL DEALERS, OR
EDMANSON, BATES & CO. LIMITED
TORONTO, CAN.

Pamphlet