



Dodd's

A L M A N A C

1939

**USEFUL INFORMATION
FOR FAMILY
AND HOME**

Golden Number.....	2	Solar Cycle.....	16	Roman Indiction.....	7
Epact.....	10	Domical Letter.....	A	Julian Period (year of)	6652

THE SEASONS

Eastern Standard Time

Sun enters Aries—Spring begins.....	Mar. 21st, 7.29 a.m.
Sun enters Cancer—Summer begins.....	June 22nd, 2.40 a.m.
Sun enters Libra—Autumn begins.....	Sept. 23rd, 5.50 p.m.
Sun enters Capricornus—Winter begins.....	Dec. 22nd, 1.06 p.m.

ZODIACAL SIGNS

Head and Face. ♈ ARIES, the Ram.

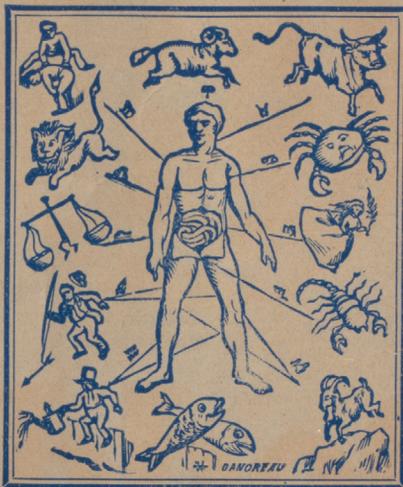
Arm.
♊ GEMINI,
The Twins.

Heart.
♌ LEO,
The Lion.

Reins.
♎ LIBRA,
The Balance.

Thighs.
♏ SAGITTARIUS,
The Bowman.

Legs.
♐ AQUARIUS,
The Waterman.



Neck.
♉ TAURUS,
The Bull.

Breast.
♋ CANCER,
The Crab.

Bowels.
♍ VIRGO,
The Virgin.

Secrets.
♏ SCORPIO,
The Scorpion.

Knees.
♐ CAPRICORNUS,
The Goat.

Feet. ♉ PISCES, the Fishes

HOLIDAYS, FESTIVALS, ANNIVERSARIES, ETC.

New Year's Day.....	Jan. 1	Easter Sunday.....	Apr. 9	Dominion Day.....	July 1
Epiphany.....	Jan. 6	St. George.....	Apr. 23	Labor Day.....	Sept. 4
Septuagesima.....	Feb. 5	King George VI Cr'd, '37	May 12	Hebrew New Year.....	Sept. 14
Valentine's Day.....	Feb. 14	Rogation Sunday.....	May 14	Day of Atonement.....	Sept. 23
Quinquagesima.....	Feb. 19	Ascension Day.....	May 18	Feast of Tabernacles.....	Sept. 28
Ash Wednesday.....	Feb. 22	Empire Day.....	May 24	Hallow'e'n.....	Oct. 31
St. David.....	Mar. 1	Pentecost (Whit Sunday)	May 28	All Saints' Day.....	Nov. 1
St. Patrick.....	Mar. 17	Trinity Sunday.....	June 4	Armistice Day.....	Nov. 11
Palm Sunday.....	Apr. 2	Corpus Christi.....	June 8	St. Andrew's Day.....	Nov. 30
First Day of Passover.....	Apr. 4	Birthday King George VI	June 9	First Sunday in Advent.....	Dec. 3
Good Friday.....	Apr. 7	(Celebration)	June 9	Christmas Day.....	Dec. 25

MORNING AND EVENING STARS

Mercury:—A Morning Star to February 19th, 0200 hours, with greatest elongation West, January 3rd, 2000 hours. Evening Star to April 3rd, 0800 hours, with greatest elongation East, March 17th, 0100 hours. Morning Star to June 7th, 0900 hours, with greatest elongation West, May 1st, 0900 hours. Evening Star to August 10th, 1600 hours, with greatest elongation East, July 13th, 1900 hours. Morning Star to September 22nd, 1400 hours, with greatest elongation West, August 23rd, 0700 hours. Evening Star to November 28th, 1700 hours, with greatest elongation East, November 8th, 0300 hours. Morning Star for balance of year with greatest elongation West, December 17th, 0000 hours. **Venus:**—In superior conjunction with the Sun, September 5th, 2000 hours and becoming an Evening Star. **Mars:**—In quadrature from Sun March 21st, 1900 hours. **Jupiter:**—In opposition to Sun, July 23rd, 0800 hours; quadrature from Sun, November 29th, 0800 hours. **Saturn:**—Quadrature from Sun, January 2nd, 2000 hours; in conjunction with Sun, April 11th, 2000 hours; quadrature from Sun, July 24th, 1800 hours; in opposition to Sun, October 22nd, 0300 hours. **Uranus:**—Quadrature to Sun, February 3rd, 1500 hours; in conjunction with Sun, May 9th, 0300 hours; quadrature to Sun, August 15th, 1500 hours; in conjunction with Sun, November 13th, 0600 hours. **Neptune:**—In opposition to Sun, March 13th, 1100 hours; in conjunction with Sun, September 16th, 2100 hours; in quadrature from Sun, December 18th, 0800 hours.

Eclipses in 1939.—There will be four eclipses, two of the Sun and two of the Moon.

Greetings to Our Readers

We take pleasure in presenting to you with our compliments the 1939 EDITION of DODD'S ALMANAC and HOUSEHOLD HINTS

ADVICE is often wasted because it is given free. We hope the advice contained in this book will not be wasted on that account. We feel sure your own intelligence will guide you to read and study carefully the following pages. They have been compiled wholly and solely for your benefit.

Often we are asked to explain why the Kidneys are responsible for so many ailments that appear to differ so widely. The answer is simple. The Kidneys are nothing more or less than the filters of the body. It is their duty to filter out of the blood all the impurities, waste matter, excess acids, and other poisons that are for ever gathering there. Without the Kidneys our bodies would soon become a mass of corruption. The Kidneys are the sentinels Nature has placed within us to watch over our well-being. They are very delicate, easily deranged. A strain, a blow, excessive eating or drinking, or a chill will affect them, and may cause them to fail in their

duty. **Dodd's Kidney Pills** are a treatment for the many ailments arising from faulty Kidney action. They help restore the Kidneys to healthy activity, and assist them to perform their natural duties.

Dodd's Kidney Pills are a safe medicine, are not habit-forming, and may be taken by old and young.

Dodd's Dyspepsia Tablets are a valuable aid to digestion, and a reliable help for Indigestion and Dyspepsia.

Diamond Dinner Pills are a most satisfactory remedy for derangements of the Liver and Bowels.

Dodd's Antiseptic Healing Ointment is a safe, antiseptic, healing and soothing treatment for all forms of Skin Diseases, Cuts, Burns, Piles etc. In the following pages will be found a brief description of the cause, symptoms, and treatment of many ailments arising from faulty Kidney action. We trust that you will find them useful in guiding you back from sickness into the paths of health.

The Dodds Medicine Co. Limited

MINUTE MOVIES

THIS BACKACHE IS DRIVING ME MAD-I DON'T KNOW WHAT TO DO

TRY MY FAVOURITE REMEDY - DODD'S KIDNEY PILLS

NO MORE ACHING BACK FOR ME NOW I KNOW OF DODD'S KIDNEY PILLS

THANKS-I WILL

GRIEF ••• DODD'S ••• RELIEF

ASK YOURSELF THESE QUESTIONS



It is only after an examination for life insurance that many have found out to their dismay that they have kidney trouble. If YOU have to answer 'Yes' to two or more of these questions you should act promptly.

Have you uneasiness or pains occasionally in the loins?

Do you have scanty flow of urine?

Do you have frequent severe headaches?

Does your urine appear thick or milky?

Do you suffer from unusual thirst?

Do you have cramps in the muscles and limbs?

Have you been losing weight and strength rapidly?

Have you a backache? Do your limbs feel heavy?

Do you make water too frequently, either during the day or night?

Do you have attacks of rheumatism, stiffness of the joints, neuralgia, lumbago or sciatica?

Have you failing or indistinct vision with flashes of light or floating specks?

Does your perspiration or urine after exposure, have a bad and disagreeable odor?

Do you have deposits of sand, gravel, brick-dust, or white mucus in the urine?

Have you dark circles around the

eyes, puffiness under the eyes, or bloated appearance of the face in the morning?

Have you dark red or bloody-looking urine, which scalds you in passing, or do you notice shreds in it?

Are you nervous or irritable?

Do you suffer from nausea after eating?

Have you dizzy feeling?

Have you shortness of breath?

Are you greatly depressed in spirit?

Is your sleep broken?

Have you tender spots in the back over the spine?

Do you get tired and nervous after ordinary exertion?

Do you start in your sleep, have bad dreams or nightmare?

Has your skin a dry or harsh feeling, and does it itch and burn at night?

Do you have a tired feeling in the region of the kidneys, with a dragging, heavy feeling across the loins?

DON'T WAIT—THERE MAY BE DANGER IN DELAY

There is one remedy which can be used with perfect confidence. Dodd's Kidney Pills have helped many Canadian men and women back to health—so why not you? For more than half a century Dodd's Kidney Pills have been the most popular remedy for Kidney ailments.

POPULARITY IS BEST PROOF—TAKE DODD'S KIDNEY PILLS

SUNRISE and SUNSET

USE THIS TABLE TO DETERMINE EXACT TIME

Standard Time is used in this Almanac. When Daylight Saving Time is used, add one hour.

Moon's Phases—Shown in Eastern Standard Time, and apply to Ontario and Quebec. In Maritimes and New-

11th month **NOVEMBER, 1938** 30 days

MOON'S PHASES—Eastern Standard Time

+1 h. = A.S.T. -1 h. = C.S.T.
 -2 hrs. = M.S.T. -3 hrs. = P.S.T.

		D.	H.	M.
☾	Full Moon	7	5	23 p.m.
☾	Last Qtr.	14	11	20 a.m.
☾	New Moon	21	7	5 p.m.
☾	First Qtr.	29	10	59 p.m.

* See Local Time on this page

Day of Month	Day of Week	Zodiac Signs	* Sun		* Moon	Weather Probs.
			Rises	Sets	a.m.	
			H.M.	H.M.	H.M.	
1	T	♈	6 37	4 49	12 40	Little warmer and more pleasant.
2	W	♈	6 39	4 48	12 40	
3	T	♈	6 40	4 47	1 41	
4	F	♈	6 41	4 45	2 44	
5	S	♈	6 42	4 44	3 49	
6	Sun	♈	6 43	4 42	4 57	Showery and unsettled.
7	M	♈	6 46	4 41	6 06	
8	T	♈	6 47	4 40	rises	
9	W	♈	6 48	4 39	p.m.	
10	T	♈	6 49	4 37	7 00	
11	F	♈	6 51	4 36	8 06	
12	S	♈	6 52	4 35	9 17	
13	Sun	♈	6 53	4 34	10 29	
14	M	♈	6 54	4 33	11 41	
15	T	♈	6 56	4 32	a.m.	Fair.
16	W	♈	6 58	4 31	12 51	
17	T	♈	6 59	4 30	2 01	
18	F	♈	7 00	4 29	3 09	
19	S	♈	7 03	4 28	4 16	
20	Sun	♈	7 04	4 28	5 22	Light winds becoming a little colder.
21	M	♈	7 05	4 27	6 25	
22	T	♈	7 06	4 26	sets	
23	W	♈	7 07	4 25	p.m.	
24	F	♈	7 09	4 24	6 36	
25	T	♈	7 10	4 24	7 32	
26	S	♈	7 11	4 23	8 29	
27	Sun	♈	7 12	4 22	9 27	
28	M	♈	7 13	4 22	10 27	Some rain.
29	W	♈	7 15	4 21	11 27	
30	T	♈	7 16	4 21		

foundland (Atlantic Time Zone) add 1 hour. In Western Ontario, Manitoba and S.E. Saskatchewan (Central Time Zone) subtract 1 hour. In Central and Western Saskatchewan and Alberta (Mountain Time Zone) subtract 2 hours. In British Columbia (Pacific Time Zone) subtract 3 hours.

Sunrise, Sunset, Moonset—Time quoted is taken at one central point in Ontario. To arrive at exact time in your locality, take local time in your zone and add or subtract the number of minutes opposite your place of residence (or nearest point), on the list below.

British Columbia		Ontario—Cont'd.	
Nanaimo	Add 16	Oshawa	Add 16
Nelson	Sub. 20	Orillia	" 16
Prince Rupert	Add 42	Ottawa	" 3
Vancouver	" 12	Owen Sound	" 24
Victoria	" 13	Parry Sound	" 20
		Peterborough	" 14
		Pembroke	" 9
Alberta		Port Arthur	Sub. 4
Calgary	Add 36	Port Hope	Add 13
Edmonton	" 32	Sarnia	" 30
Lethbridge	" 30	Sault Ste. Marie	" 38
Medicine Hat	" 21	Stratford	" 24
		St. Catharines	" 17
Saskatchewan		Sudbury	" 24
Moose Jaw	Add 5	Toronto	" 18
Prince Albert	" 6	Windsor	" 32
Regina	" 1	Woodstock	" 23
Saskatoon	" 9		
Manitoba		Quebec	
Brandon	Add 40	Caspe	Add 16
Portage la Prairie	" 36	Montreal	Sub. 6
The Pas	" 44	Quebec	" 12
Winnipeg	" 28	Riviere du Loup	" 22
		Sherbrooke	" 10
		Three Rivers	" 8
Ontario		Prince Edward Is.	
Barrie	Add 19	Charlottetown	Add 12
Belleville	" 10		
Brantford	" 21	New Brunswick	
Chatham	" 29	Chatham	Add 22
Collingwood	" 21	Fredericton	Sub. 32
Galt	" 21	Saint John	Add 26
Goderich	" 27	Moncton	" 19
Guelph	" 21		
Hamilton	" 19	Nova Scotia	
Kenora	" 16	Kingston	Add 14
London	" 7	Halifax	" 1
Niagara Falls	" 15	Sydney	" 25
North Bay	" 18	Yarmouth	" 25
		Newfoundland	
		St. John's	Sub. 24

DON'T WAIT for SICKNESS to Overtake You—Be on Guard!

MEDICAL research in the past few years has proved that to disordered kidneys are due many ailments hitherto ascribed to other causes. Owing to the delicacy of the kidneys, they are easily upset. A slight strain or wet feet may lay the foundation for years of suffering. Again kidney ailments are of such an insidious nature, that they may be present for months or years without being suspected. So that every one should be on guard to note the first symptoms.

Experience for nearly half a century has proved Dodd's Kidney Pills to be an excellent remedy for kidney ailments.

Dodd's Kidney Pills are sold only in boxes, a picture of which you will see on the back cover of this book. Owing to the great success of Dodd's Kidney Pills many imitations have been put upon the market from time to time, but against them all we must warn you. Your health is far too serious a matter for you to waste time experimenting with imitations of the genuine Dodd's Kidney Pills. The genuine are best and as easy to get as the imitation.

Dodd's Kidney Pills are no cure-all.

They are purely and simply an effective and reliable Kidney Remedy which can be used by old and young alike.

Dodd's Kidney Pills have helped restore sound health to thousands of ailing men and women. Why don't you give them a trial?

Mike.—“The highway has signs all along warning petters.”

Ike.—“What do the signs say?”

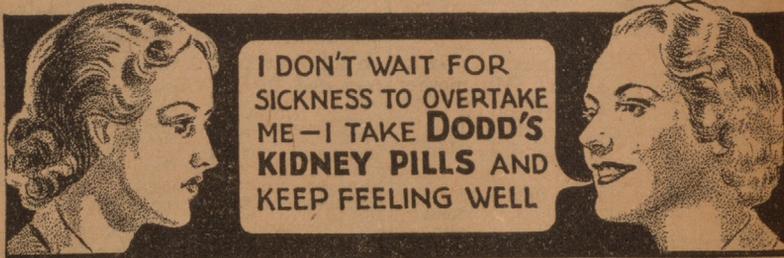
Mike.—“Beware of soft shoulders.”

Wife.—“Is everything shut up for the night, dear?”

Husband.—“Everything else, dear.”

Try this spelling test on your friends. There are ten words in it likely to trip up any but the most expert. Read the sentence aloud and ask the person tested to write it down, without benefit of dictionary. From one hundred, which would be a perfect score, subtract ten for each word misspelled.

Outside a cemetery sat a harassed cobbler and an embarrassed oculist, gnawing on a desiccated apple, and gazing at the symmetry of a lady's ankle with unparalleled ecstasy.



When taking pictures down for the annual spring cleaning, you will find that a long stick with a notch in it is a decided convenience in lifting cords from their hooks.

A little kerosene rubbed on window screens will discourage flies and mosquitoes.

To put new life in an old broom—a teaspoonful of glue mixed in a basin of hot water poured over a broom and then allowed to thoroughly dry will greatly stiffen it, and prolong its usefulness and life.

Common alum melted in an iron spoon forms an exceedingly strong cement for joining glass, china, metal or breakages of any kind.

No matter how hard the paint brushes have become, they can be made soft and clean by putting in water to which a little lye has been added.

When you have been painting and have some paint left over—pour some paraffin into the can and the paint will not harden.

Rust spots and other stains can be removed from linoleum by rubbing with steel chips.

ENJOYS GOOD HEALTH



Mrs. J. Cove

"I am 22 years of age and the mother of three children," writes Mrs. John Cove of 1537 Mc-Tavish Street, Regina. "At the birth of my first baby I had terrible back-aches. My mother advised me to take Dodd's Kidney Pills. After taking the first box I felt so relieved I decided to take them regularly. I have taken about 10 boxes altogether and have never felt better in my life. I would not be without Dodd's Kidney Pills in the house."

LOST HIS SLEEP THEN HIS JOB

"What's got into you lately Barnes" said the plant superintendent, "these production sheets show you're slipping badly. A lot of rejects, too. This must be cutting into your pay envelope. . ."



And it was, but Joe couldn't find the answer until his wife said. "Joe, maybe your kidneys aren't right. Perhaps that's why you can't sleep at nights, and feel so dragged out and soggy all the time.



Mabel told me Bill was just the same until he started taking Dodd's Kidney Pills. They helped him a lot. Why don't you try them? . . ."

So Joe Barnes did take Dodd's Kidney Pills and soon—"Say Joe,"

smiled the superintendent, "these look more like the sheets you used to turn in—right up to the old standard—and this week's production will set an all time record for the shop. What's the answer now?"—"Dodd's Kidney Pills" said Joe, as he opened his pay envelope and smiled, too, at what he saw inside. If you, too, are not feeling up to the mark, take Dodd's Kidney Pills. At all drug counters in the blue box with the red band.



Hasn't Felt So Well in Years

Says Edmonton Lady after Taking Dodd's

12th month DECEMBER, 1938 31 days

MOON'S PHASES—Eastern Standard Time

+1 h. = A.S.T. -1 h. = C.S.T.
 -2 hrs. = M.S.T. -3 hrs. = P.S.T.

		D.	H.	M.
☾	Full Moon.....	7	5	22 a.m.
☾	Last Qtr.....	13	8	17 p.m.
☾	New Moon.....	21	1	7 p.m.
☾	First Qtr.....	29	5	53 p.m.

Day of Month	Day of Week	Zodiac Signs	*Sun		*Moon Sets a.m.	Weather Probs.
			Rises	Sets		
1	T	♈	H.M.	H.M.	H.M.	Generally cold.
2	F	♈	7 17	4 20	12 28	
3	S	♈	7 18	4 20	1 30	
4	Sun	♈	7 20	4 20	2 35	Sleet and rain.
5	M	♈	7 21	4 20	3 43	
6	T	♈	7 22	4 19	4 52	
7	W	♈	7 23	4 19	6 02	Becoming milder and fine.
8	T	♈	7 24	4 19	7 10	
9	F	♈	7 25	4 19	rises p.m.	
10	S	♈	7 26	4 19	8 14	Turns cold again with sleet or rain.
11	Sun	♈	7 27	4 18	9 29	
12	M	♈	7 28	4 18	10 42	
13	T	♈	7 29	4 18	11 52	Continues unsettled.
14	W	♈	7 30	4 18	a.m.	
15	T	♈	7 31	4 19	1 01	
16	F	♈	7 32	4 19	2 08	
17	S	♈	7 32	4 19	3 14	
18	Sun	♈	7 33	4 20	4 17	
19	M	♈	7 33	4 20	5 17	
20	T	♈	7 34	4 21	6 13	
21	W	♈	7 35	4 21	7 03	
22	T	♈	7 35	4 21	sets p.m.	
23	F	♈	7 36	4 22	7 18	
24	S	♈	7 37	4 23	8 17	
25	Sun	♈	7 37	4 23	9 16	
26	M	♈	7 38	4 24	10 16	
27	T	♈	7 38	4 25	11 17	
28	W	♈	7 38	4 25	a.m.	
29	T	♈	7 38	4 26	12 19	
30	F	♈	7 38	4 27	1 23	
31	S	♈	7 38	4 27	2 23	

* See page 3 for Local Time

Mother.—“I don't think the man upstairs likes Johnnie to play on his drum.”

Father.—“Why?”

Mother.—“He gave Johnnie a knife and asked him if he knew what was inside the drum.”

“I have suffered from neuritis on and off for years,” writes Mrs. J. H. Faulkner of 11923-88th Street, Edmonton, Alta. “My kidneys bothered me quite badly these last 3 years. I am 59 years old and a married woman



Mrs. J. Faulkner

with a house to take care of, so it is distressing to try and do one's work while suffering pain. Recently I suffered severe pains in my back and was told it was lumbago. A local radio station advertised Dodd's Kidney Pills and I bought a box from the drug store. They helped me greatly. Not only is my back better but I have not felt as well for some years past. I am on the second box now. I intend to take a good course of them so that I may continue to keep as well as I now feel.”

FEET THAT BURN

and ITCH

— are usually a sign of Athlete's Foot—an ingrowing fungus that digs deep into the skin—then thrives and spreads rapidly. Scoot—the new scientific treatment—penetrates and kills the Athlete's Foot fungus at its source—quickly, safely, surely. Scoot is a cooling, snow-like cream. Does not stain. Handy tube only 50c.



Scoot

for ATHLETE'S FOOT

WHY DO DOCTORS TEST KIDNEYS FIRST?



DOCTORS know that the importance of the kidneys to the well-being of the human body cannot be overestimated. Upon the condition of the kidneys may rest, health, happiness, life itself. Probably no ailment is more common than kidney trouble.

It is the natural function of the kidneys to extract and expel decayed waste matter and poisonous impurities from the system. If the kidneys are healthy they do this, and in doing so help drive away bodily ailment.

The kidneys are Nature's protectors. Like sentinels they stand guarding the body, instantly assailing and destroying enemies to good health.

The condition of the kidneys as indicated by urinal examination, is often a deciding point in the passing or rejection of every applicant for an

insurance policy. It is a rule among Life Insurance Companies and Friendly Societies, with tables based on the experience of thousands of cases to guide them, that **"If the kidneys are not sound, the subject's life is in danger. Don't insure."**

Every experienced doctor in making a diagnosis of a case, is careful to first find out the condition of the kidneys. He knows that without the help of the kidneys he is powerless to overcome sickness.

It is the function of Dodd's Kidney Pills to help restore to the kidneys their natural power of collecting up and casting out the poisonous waste matter in the system. This explains the wonderful success of Dodd's Kidney Pills.

Doctor Said Her Kidneys Fine



Mrs. G. Urquhart

"I am 67 years old and have 7 sons. After having some teeth out, my system was poisoned from infected gums. I felt very bad. I started taking Dodd's Kidney Pills. One day I met the Doctor and he stopped and said I was looking fine. I told him I was taking Dodd's Kidney Pills. He said 'if they are doing you good stick to them' and I did. I do not know how many boxes I took but they certainly put me on my feet. I do not know what a headache is now. I do all my own work and walk quite a bit. I have had my kidneys tested and the doctor says they are fine."

MRS. G. URQUHART,
17 Billings Avenue, Toronto.

Printer Takes Friend's Advice

Dodd's Brings Relief After Long Suffering



W. Ouimet

"I am 36 years of age and a printer," writes Mr. William Ouimet, of 4674 St. Dominique St., Montreal. "Since I was 12 years old I had suffered with backache. I had tried all kinds of remedies, and nothing seemed to help. Finally a friend advised me to take Dodd's Kidney Pills. I took 2 boxes and all the pain has since gone. I advise all my friends who suffer with their kidneys to take Dodd's Kidney Pills."

QUESTIONS

1. Two men are sent to paint some posts of which there are an equal number on each side of the road. One paints 4 while the other paints 3. When the first is finished he crosses the road and paints 1 post for his friend so that both are ready to leave at exactly the same time. How many posts are on each side of the road?

2. A frog falls into a 30 foot well. Each day he climbs 3 feet then slips back 2 feet. How many days will it take him to reach the top?

3. There are 4 hockey teams in a league. In how many different orders is it possible for them to finish the season? (No ties).

4. If a hen and a half lays an egg and a half in a day and a half, how many eggs will 6 hens lay in 6 days?

5. Is every fourth year a leap year?

6. Which weighs the most—a ship or the water that the ship displaces?

7. If 2 passengers cross the continent by train, one in an upper berth, the other in a lower, which gets the longer ride? (See answers on page 32)

1st month JANUARY, 1939 31 days

MOON'S PHASES—Eastern Standard Time

+1 h. = A.S.T. -1 h. = C.S.T.
-2 hrs. = M.S.T. -3 hrs. = P.S.T.

	D.	H.	M.
Full Moon.....	5	4	30 p.m.
Last Qtr.....	12	8	10 a.m.
New Moon.....	20	8	27 a.m.
First Qtr.....	28	10	00 a.m.

Day of Month	Day of Week	Zodiac Signs	*Sun		*Moon Sets a.m.	Weather Probs.
			Rises	Sets		
1	Sun	♌	H.M.	H.M.	H.M.	Cold with light snow.
2	M	♌	7 38	4 28	1 23	
3	T	♌	7 38	4 29	2 30	Moderating.
4	W	♌	7 38	4 31	4 45	
5	T	♌	7 38	4 32	5 50	Some rain.
6	F	♌	7 38	4 33	6 49	
7	S	♌	7 38	4 35	6 15	Continued mild with snow.
8	Sun	♌	7 38	4 36	p.m.	
9	M	♌	7 37	4 37	9 37	Colder
10	T	♌	7 37	4 38	10 49	
11	W	♌	7 37	4 39	11 58	Light snow becoming milder with rain.
12	T	♌	7 37	4 40	a.m.	
13	F	♌	7 36	4 41	1 06	Cold.
14	S	♌	7 36	4 42	2 10	
15	Sun	♌	7 35	4 44	3 11	Light snow becoming milder with rain.
16	M	♌	7 35	4 45	4 08	
17	T	♌	7 34	4 46	5 00	Cold.
18	W	♌	7 34	4 48	5 46	
19	T	♌	7 33	4 49	6 27	Cold.
20	F	♌	7 32	4 50	sets	
21	S	♌	7 32	4 51	p.m.	Light snow becoming milder with rain.
22	Sun	♌	7 31	4 53	7 08	
23	M	♌	7 30	4 55	8 08	Cold.
24	T	♌	7 29	4 56	9 08	
25	W	♌	7 28	4 57	10 09	Cold.
26	T	♌	7 28	4 58	11 11	
27	F	♌	7 27	5 00	a.m.	Cold.
28	S	♌	7 25	5 02	12 15	
29	Sun	♌	7 24	5 03	1 20	Cold.
30	M	♌	7 23	5 04	2 25	
31	T	♌	7 22	5 05	3 29	

* See page 3 for Local Time

Two farmhands wanted a holiday at the New Year, and one of them approached the farmer.

"Hoots," said the boss. "A holiday? Why, it's no many weeks since ye had the two meenits' silence!"

Although the movies have become the world's most popular form of entertainment since the first public picture show was presented in New York City in 1896, the number of living persons who have never yet seen a movie is estimated at 475,000,000, or nearly one quarter of the entire population of the globe.

Among the characters in famous stories and songs who actually lived under their own or some other name were Little Lord Fauntleroy, Mother Goose, Annie Laurie, Falstaff, Dick Turpin, Danny Deever, Alice of Alice in Wonderland and d'Artagnan and The Three Musketeers.

Too Pernickety

Employer (to applicant who has handed in references from three clergymen)—We don't work on Sunday. Haven't you a reference from some one who sees you on week-days?

One of the oldest and most widespread usages of colour connects a specific one with each of the four cardinal points of the compass. North is white, east is yellow, south red and west black. In many parts of the Orient this colour custom still is followed in the painting of city gates that face squarely in these directions.

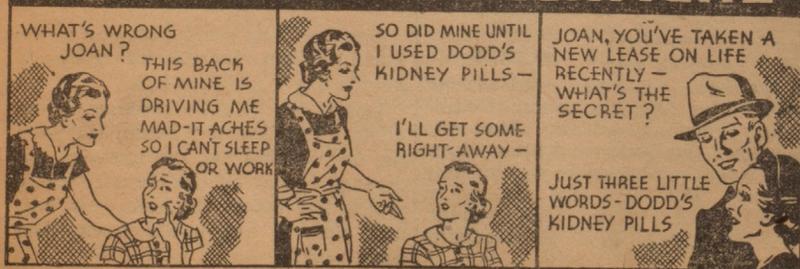
BACKACHE MAY BE YOUR WARNING!

Backache, pain, or a tired and weak feeling in the small of the back may be the first warning that there is something wrong with your Kidneys. If you fail to heed the warnings given through these symptoms, you may be running the risk of serious trouble. Kidney trouble is a more serious matter than many people think. Backache, if not corrected, is often followed by something more alarming. Do not neglect such warnings or hesitate until Kidney trouble or some of the maladies that follow in its train, gets hold of you; but at the first sign of Backache turn unhesitatingly to Dodd's Kidney Pills.

Dodd's Kidney Pills are a safe remedy. Non-habit forming and contain no harmful drugs, consequently, they can be taken with perfect safety by old and young.

The hardest time to get baby to sleep is when she is 18.

GOODBYE TO BACKACHE



AMAZING FACTS ABOUT WALKING



Mistake to Wear Old Shoes At Work—Says Doctor

The old saying "an athlete is as old as his legs" can just as accurately apply to any person, according to a leading chiropodist. He says, "legs and feet play a more important rôle in everyone's life than is generally realized."



Railroad Conductor Walks 5 to 7 miles

Wearing old shoes in the house, he says, is a serious mistake. "The real source of much unhappiness and misunderstanding in the home," he states "has often been found to be due to tired and aching feet and legs." In doing housework a woman is on her feet more than she may realize and shoes that are ill-fitting or run-over place an extra tax

on her strength. Extra strain on the muscles usually leads to pain and irritability.

The importance of keeping the legs and feet in good condition is more readily realized when we learn that—
The average shopping tour a woman takes is 8½ miles of walking.



Farmer Will Do 25½ Miles a Day

The average stenographer walks 43 miles every week. The average chorus girl dances 4½ miles every performance. A farmer while plowing will walk 25½ miles a day. A salesman covers 75 miles on foot a week. A railroad conductor walks 5 to 7 miles—a policeman 14 miles—a mailman approximately 22 miles daily. A schoolboy covers the equivalent of 15 miles each day, but the average schoolgirl only does about 11½ miles. A waiter in a restaurant walks 12½ miles a day from eleven in the morning until nine at night.

When asked when legs are at their best—a noted Doctor expressed the opinion between the ages of twenty-two and twenty-eight. During that period they have the most "muscle tone" and react quickly. After twenty-eight legs slow down. Before twenty-two they have not reached full development. The wise man and woman will take every precaution to keep leg muscles sound and supple.

LUMBERMAN had BACKACHE

"I am a man 50 years of age. When I was 35 I was working in a logging camp and suffered with terrible backache," writes George Smith of Gifford, B.C. "While in Vancouver one time I was telling my sister how I suffered and all the medicines I had used without relief. She told me to try Dodd's Kidney Pills. I did so. After the first box I felt better and after taking three boxes my backache was entirely relieved. My sister has also taken Dodd's Kidney Pills with benefit. They will always be in our medicine chest."



G. Smith

Boast.—"I'm the fastest man in the world. When I run up steps it sounds like a machine gun."

Roast. — "That's nothing. One night I ran into the house, slammed the door behind me, ran upstairs, undressed, turned off the electric switch, was in bed before the light went out, and then I heard the front door bang shut!"

Tired—Dull Feeling Now Gone

Also Bad Headaches Says Mother of Three



Mrs. F. Barnum

"For 4 years I suffered with a dull headache," writes Mrs. Frank Barnum, Whitby, Ont. "I was tired and dull all the time with a soreness in the small of my back. I started taking Dodd's Kidney Pills. I noticed some relief when part of the second box was taken. I took six boxes in all and felt like a new person. I am in my 34th year and the mother of 3 children. I do all my own work and since taking Dodd's Kidney Pills feel fit to do it."

When casters on furniture become loose and fall out, remove them, pour melted wax in the holes and insert the casters before the wax hardens. After it has set the casters will not fall out again.

A good wallpaper paste can be made by mixing two parts of water with three parts of flour, by measure. Stir until lumps are gone and then boil for 10 minutes, stirring well. When cool, mix in two tablespoons of powdered alum for each gallon of paste.

BLADDER TROUBLE

The bladder is the receptacle into which the kidneys empty the urine. It is controlled by a delicate set of muscles, and is particularly liable to inflammation, the principal symptoms of which are: incontinence (inability to hold the urine), pains and pricking sensations in the pit of the stomach, scalding urine, face-flushings, swellings of the abdomen, soreness of the bowels, sometimes diarrhoea. The cause is often faulty kidneys, and the treatment is Dodd's Kidney Pills.

2nd month FEBRUARY, 1939 28 days

MOON'S PHASES—Eastern Standard Time

+1 h. = A.S.T. -1 h. = C.S.T.
-2 hrs. = M.S.T. -3 hrs. = P.S.T.

D. H. M.

☉	Full Moon	4	2	55 a.m.
☾	Last Qtr.	10	11	12 p.m.
☾	New Moon	19	3	28 a.m.
☾	First Qtr.	26	10	26 p.m.

Day of Month	Day of Week	Zodiac Signs	*Sun		Moon Sets a.m.	Weather Probs.
			Rises	Sets		
			H.M.	H.M.	H.M.	
1	W	♄	7 21	5 07	4 30	
2	T	♃	7 20	5 08	5 24	
3	F	♂	7 19	5 09	6 12	Cold for a few days.
4	S	♁	7 18	5 11	6 53	
5	Sun	♄	7 17	5 12	7 30	
6	M	♃	7 15	5 15	rises	
7	T	♂	7 13	5 16	p.m.	Milder with heavy snow falls.
8	W	♁	7 12	5 17	10 50	
9	T	♄	7 11	5 18	11 58	
10	F	♃	7 10	5 19	a.m.	
11	S	♂	7 08	5 21	1 02	
12	Sun	♁	7 06	5 22	2 01	
13	M	♄	7 05	5 24	2 55	
14	T	♃	7 04	5 25	3 44	Temperature drops again.
15	W	♂	7 03	5 26	4 26	
16	T	♁	7 01	5 28	5 03	
17	F	♄	7 00	5 30	5 37	
18	S	♃	6 58	5 31	sets	
19	Sun	♂	6 56	5 32	p.m.	Very cold.
20	M	♁	6 55	5 34	7 01	
21	T	♄	6 53	5 35	8 02	
22	W	♃	6 51	5 37	9 04	
23	T	♂	6 50	5 38	10 06	Snow flurries.
24	F	♁	6 48	5 39	11 10	
25	S	♄	6 47	5 40	a.m.	
26	Sun	♃	6 45	5 42	12 14	Milder.
27	M	♂	6 43	5 43	1 16	
28	T	♁	6 41	5 45	2 16	

* See page 3 for Local Time

The man at the theatre was annoyed by the conversation in the row behind.

"Excuse me," he said, "but we can't hear a word."

"Oh," replied the talkative one, "and is it any business of yours what I'm telling my wife?"

36 BARRELS OF HUMAN BLOOD



Your KIDNEYS MUST FILTER EVERY DAY

Each and every day 36 barrels of blood pass through the average person's kidneys—there to be cleansed of harmful acids and 22 thimblefuls of urea. If your kidneys are out of order and fail to extract the full amount of this poisonous waste matter, sickness surely follows. If you suffer from lack of energy, sleeplessness, backache, rheumatism, getting up nights, dizzy spells—or if you just feel run-down, losing interest and lacking pep—then you, too, may be a victim of unfiltered blood. Instead of fresh, pure blood carrying nourishment to every nerve, every muscle of your body, the system may be polluted with waste poisons and excess acids.

Medical Prescription Needed

To cleanse your system of these 22 thimblefuls of wastes and poisonous acids every day you need a medical prescription that acts directly on the kidneys.

For over half a century Dodd's Kidney Pills have been recognized as an excellent kidney prescription. Clinical tests prove that Dodd's Kidney Pills act quickly, safely and effectively. You have evidence in this book what they have done for others. So, why don't you try them?

Be sure to demand Dodd's—and don't let them sell you anything else.

Sleep Required by the Average Child

One of the most valuable things you can do for your child is to insist that he gets enough sleep. Make sure that he receives his full amount of Nature's great builder and restorer—sleep.

Age	Hours of sleep needed
At birth	20 to 22 hours*
At 6 months	16 to 18 hours*
At 1 year	14 to 16 hours*
2 to 5 years	13 to 15 hours*
6 to 7 "	12 hours
8 to 10 "	11 hours
11 to 12 "	10 to 11 hours
13 to 15 "	10 to 12 hours

*Including daytime sleep

(Compiled from U.S. Children's Bureau Folder 11, "Why Sleep?")

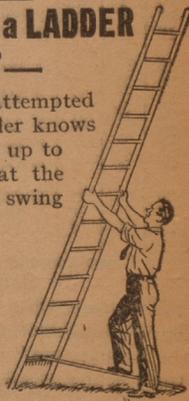
"Last Fall I was taken with a severe pain in my right leg and across my back. I tried several treatments without result. Finally, I became so weak from pain I could hardly stand to walk downstairs. One day I heard of Dodd's Kidney Pills over the radio and decided to try them. I used not quite two boxes. My pain is gone and I feel a different person."

Mrs. Thomas Hanson,
Conquest, Sask.

HOW to RAISE A LADDER BY YOURSELF—

Anyone who has attempted to raise a long ladder knows that when it is put up to a certain point that the bottom is apt to swing from the ground.

To overcome this, hook an ordinary garden rake over the first or second rung; stand on the end of the handle of the rake and raise the ladder. The rake holds the bottom of the ladder to the ground.



RHEUMATIC PAINS GONE

AFTER TAKING DODD'S KIDNEY PILLS

**Says Montreal Business Man
in Statement Under Oath**

**SUFFERED 2 YEARS BEFORE
FOLLOWING FRIEND'S ADVICE**

Here is Mr. Beaudoin's Sworn Statement:—

"I am a feather dealer and travel the entire province of Quebec, and a few Ontario towns in order to procure the 5,000 pounds of feathers which are required for my business each week.

A person who suffers as I did to find relief in Dodd's Kidney Pills as I have."

From earliest times the rose has been the symbol of silence and secrecy and anything heard "sub rosa", or under the rose, was supposed to be held in confidence. The Athenians wore the flower in their hair when telling secrets and, during the Middle Ages, countless banquet halls and dining rooms had roses painted on the ceilings as a reminder to guests. In the 16th century, roses were even hung over many confessionals.

—Collier

Pregnancy

A great many letters reach us every year asking if it is safe to take Dodd's Kidney Pills during this period. It is not only safe, but highly beneficial to do so. It must be remembered that during pregnancy all the intestinal organs are disturbed, and there is often pressure on the kidneys and bladder, as the condition of the urine will show. Dodd's Kidney Pills act directly upon these organs.



Armand Beaudoin

Armand Beaudoin,
507 Ontario St. East, Apt. 2,
Montreal, P.Q.

February 14th, 1938.

PROVINCE OF QUEBEC, }
To Wit:

I, Armand Beaudoin, of the City of Montreal, in the Province of Quebec, make oath and say:

THAT the statements contained in my letter to The Dodds Medicine Company, Limited, of 14th February, 1938, are true in all respects.

THAT this letter was not solicited, and I wrote of my own free will and accord in the hope that through its publication others would derive benefit as I did.

I have not, nor do I expect to receive any remuneration for having written this letter.

SWORN BEFORE ME
at the City of Montreal,
in the Province of
Quebec, this 15th day of
February, 1938

(Signed)
Armand Beaudoin

L. Auguste Marchessault,
Notary Public,
Province of Quebec.

Dust may be regarded as a plague in the west, but were it not for dust particles in the air, there'd be no sunsets, no clouds, no rain here on earth. Instead, blazing heat would pour out of the sky (whose colour would be black) and stars would be visible all day long as well as at night.



A WORD TO WOMEN

An important message to women of all ages

Many women drag around each day—feeling miserable. They can't do their housework—are irritable with the children—do not want to go out or see their friends. They are thoroughly upset and distracted—but not quite sure what is causing their distress.

So often the real cause may be impure blood, due to a faulty kidney condition. The duty of healthy kidneys is to filter impurities from the blood. If the kidneys get out of order and fail, poisons remain in the system and backache, headache, rheumatism and other ailments often follow.

It is the function of Dodd's Kidney Pills to restore the kidneys to normal action. For more than half a century

this famous remedy has proven of great value to women in impoverished health. This has been especially true during that trying period known as the "change of life".

It is necessary that women using Dodd's Kidney Pills for any of the troubles mentioned must observe the ordinary laws of health. Rich foods that tend to produce constipation must be avoided. Wet feet and insufficient clothing in cold weather must be shunned. Hard, physical work and stooping or straining should also be avoided as much as possible.

"Last Fall I was taken with a severe pain in my right leg and across my back. I tried several treatments without result. Finally, I became so weak from pain I could hardly stand to walk downstairs. One day I heard of Dodd's Kidney Pills over the radio and decided to try them. I used not quite two boxes. My pain is gone and I feel a different person."

Mrs. Thomas Hanson,
Conquest, Sask.

"NERVES" SHE CALLED IT

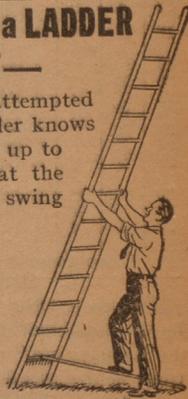
Losing interest—losing friends—she never went out any more—always too tired. "Nerves," she thought—but it was her kidneys, the filters of her blood, that needed attention. Delay meant danger. She took Dodd's Kidney Pills at once. The improved action of her kidneys helped to clear away blood impurities and excess acids. Fatigue, headache, backache, lack of energy, disappeared.



Dodd's Kidney Pills

HOW to RAISE a LADDER BY YOURSELF—

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Has 19 Children—Feels Well

Since Taking Dodd's for Kidney Trouble



Mrs. J. Currier

"I am 59 years of age and the mother of 19 children," writes Mrs. Joseph A. M. Currier, Lorne Settlement, N.B. "I suffered for 30 years with my kidneys. I never felt well until I used Dodd's Kid-

ney Pills. Now I feel so well I can walk all day and never feel tired. I sleep well and do all my own work. I recommended Dodd's Kidney Pills to a friend who suffered from kidney trouble. She took them and now feels fine. I hope this letter will help some person who suffers as I did to find relief in Dodd's Kidney Pills as I have."

From earliest times the rose has been the symbol of silence and secrecy, and anything heard "sub rosa", or under the rose, was supposed to be held in confidence. The Athenians wore the flower in their hair when telling secrets and, during the Middle Ages, countless banquet halls and dining rooms had roses painted on the ceilings as a reminder to guests. In the 16th century, roses were even hung over many confessionals.

—Collier's

Pregnancy

A great many letters reach us every year asking if it is safe to take Dodd's Kidney Pills during this period. It is not only safe, but highly beneficial to do so. It must be remembered that during pregnancy all the intestinal organs are disturbed, and there is often pressure on the kidneys and bladder, as the condition of the urine will show. Dodd's Kidney Pills act directly upon these organs.

3rd month MARCH, 1939 31 days

MOON'S PHASES—Eastern Standard Time

+1 h. = A.S.T. -1 h. = C.S.T.
-2 hrs. = M.S.T. -3 hrs. = P.S.T.

	D.	H.	M.
☾ Full Moon.....	5	1	00 p.m.
☾ Last Qtr.....	12	4	37 p.m.
☾ New Moon.....	20	8	49 p.m.
☽ First Qtr.....	28	7	16 a.m.

Day of Month	Day of Week	Zodiac Signs	* Sun		Moon Sets a.m.	Weather Probs.
			Rises	Sets		
1	W	♈	H.M. 6 39	H.M. 5 46	3 11	
2	T	♈	6 38	5 47	4 00	
3	F	♈	6 36	5 49	4 44	Mild with light snow.
4	S	♈	6 34	5 51	5 22	
5	Sun	♈	6 32	5 52	5 57	
6	M	♈	6 31	5 53	rises	
7	T	♈	6 30	5 54	p.m.	
8	W	♈	6 28	5 57	9 38	Colder.
9	T	♈	6 25	5 58	10 46	
10	F	♈	6 23	5 59	11 49	
11	S	♈	6 21	6 00	a.m.	Still cold and windy.
12	Sun	♈	6 20	6 01	12 46	
13	M	♈	6 18	6 03	1 38	
14	T	♈	6 16	6 04	2 23	
15	W	♈	6 14	6 05	3 03	
16	T	♈	6 12	6 06	3 38	High dry winds.
17	F	♈	6 11	6 07	4 08	
18	S	♈	6 09	6 09	4 37	
19	Sun	♈	6 07	6 10	5 04	
20	M	♈	6 05	6 12	sets	Milder with rain.
21	T	♈	6 03	6 13	p.m.	
22	W	♈	6 02	6 14	7 59	
23	T	♈	5 59	6 15	9 03	
24	F	♈	5 57	6 17	10 07	
25	S	♈	5 55	6 18	11 10	Continue mild with rain and snow.
26	Sun	♈	5 53	6 19	a.m.	
27	M	♈	5 52	6 20	12 10	
28	T	♈	5 50	6 21	1 05	
29	W	♈	5 48	6 22	1 55	
30	T	♈	5 46	6 23	2 39	
31	F	♈	5 44	6 25	3 17	

* See page 3 for Local Time

Husband.—"If we had a million dollars, do you know what I'd do with my share of it?"

Wife.—"No. Just what *would* you do with a thousand dollars, darling?"

Get Rid of INDIGESTION

*Eat What You Like and
Enjoy Every Meal—Take*

Dodd's Dyspepsia Tablets

Sometimes we eat too much—or too fast—sometimes we eat things we “like”, but which do not “agree with us”. How we feel is often determined by just how good is our digestion.



Because the stomach is the centre of all nutrition for the body, and plays such a very important part in human life, it is of the greatest importance that we take every precaution to keep the stomach healthy and in good condition.

In spite of this, there is, perhaps, no organ of the body that receives less consideration and is so often subjected to abuse and neglect.

It is only human to eat and drink for the pleasure we derive from it—and with little thought as to what the effect will be on the stomach.

Eating too quickly—too much rich food—too many acid-forming foods in our diet—may all cause digestive distress and may, if neglected, develop into more serious conditions.

“What’s one man’s meat is another man’s poison,” is an old saying and a

very true one. There are no two stomachs exactly alike. What will cause pain and distress in one case, may in another be taken with safety. No absolute rule of diet can be laid down, for there are not two human bodies that require exactly the same quantity and quality of nourishment.

There are, however, some general rules and cautions which everyone may observe with benefit.

Never eat too rapidly, always take time to chew the food thoroughly.

Never drink while eating, because by so doing we dilute and thus weaken the strength of the fluids which Nature sends to attack the food chemically and digest it.

If possible, take at least a half hour’s rest after each meal.

Heartburn, Waterbrash, Sour Stomach, Pain in the Chest after meals, Headache, Constipation, Biliousness, Feeling of Heaviness, Bad Breath, Bad Dreams, any one of these may indicate Stomach Trouble, and should be promptly treated with Dodd’s Dyspepsia Tablets.

Dodd’s Dyspepsia Tablets are 50c a box and may be used with Dodd’s Kidney Pills, taking the pills before meals and tablets immediately after.



Large Box **50c**



IF YOUR HOUSE CATCHES FIRE

Do you realize that you can have a perfectly honest fire and yet be unable to collect the insurance on your home? This is so as in Canada there are limitations on the liabilities of the fire insurers.

If you have a fire caused because your chimney is not a good and substantial chimney within your knowledge, you cannot collect under your fire policy.

If a fire is caused through your stove-pipes being in an unsafe condition within your knowledge, you cannot collect.

If you put ashes or embers in a wooden box and fire results you cannot collect.

Unless special permission is obtained, you cannot collect on a loss to a building or its contents during alterations or repairs to the building where fire occurs in consequence of such alterations or repairs.

With certain exceptions, if you store or keep on your premises without special permission any coal-oil, gasoline, naphtha or similar liquids your fire insurance is void.

Gasoline for Cleaning

You can keep a supply of refined oil for lighting or heating without special permission and also gasoline up to one quart, where it is contained in a tightly closed metallic can free of leaks, but if your wife brings home a small glass bottle of gasoline to clean

a spot on your clothes and a fire results, your fire policy is void.

If you have in your home or other building a gallon can of gasoline and a fire is caused from that gasoline you cannot recover under your fire policy.



If you are in doubt as to what you can do, or cannot do, without losing benefits under your fire policy; be sure to consult your insurance agent or communicate with the Insurance Company that issued you the policy.

He.—“May I have the last dance with you?”

She.—“You’ve just had it.”

WAS PALE AND LISTLESS

“I was pale and listless and unable to work,” writes Mrs. Joseph Morin of St. Alexandre, Kamouraska, P.Q., “I tried several remedies but they did not help me. One day I decided to take Dodd’s Kidney Pills and within a week noticed a change. I took 6 boxes during one month. They certainly helped me as I could soon do all my work without tiring. As we are farmers I have to do my work without help. I now advise all my friends to take Dodd’s Kidney Pills—they certainly are fine for kidney trouble.”



Mrs. J. Morin

SPRINGTIME

is Cleaning Time



SPRING is the time when Mother Nature cleans house. When the Spring sun melts the ice and snow, heavy rains drench the land, and wash the accumulated sediment of Winter's inactivity into every river and stream, to be carried away with the rush of the new Spring rains which follow.

Spring is the time when the human system also needs a thorough cleansing. At no other time of year is bodily vitality at lower ebb than in the Spring. Winter places added strain on the resistance of the body. Lack of outdoor exercise, heavier and richer meals, changes in temperature, cold and dampness, all tax the system. When Spring approaches, the body is tired and its functions slowed up. Because of this, poisons are given a better chance to accumulate in the system, and we feel sluggish and lazy.

Why We Have "Spring Fever"



Among the body's most important agents for eliminating poisons are the kidneys. It is the normal duty of healthy kidneys to filter poisonous matter from the blood. If the kidneys are sluggish in action, and out of order, poisons remain in the system and

"Spring Fever", Backache, Headaches, Rheumatism and other indications of a faulty kidney condition often appear.

A Good Spring Medicine



Because healthy kidneys are so important in eliminating excess poisons from the system, many people refer to Dodd's Kidney Pills as one of the best

Spring Medicines—and one of the most beneficial methods of helping to restore the natural health and energy of the body in the Springtime.

Don't neglect your kidneys—especially in the Spring. Take Dodd's Kidney Pills and help your kidneys to rid the system of accumulated poisons. Greet the summer full of buoyant energy and good health.



MOON'S PHASES—Eastern Standard Time

+1 h. = A.S.T. -1 h. = C.S.T.
 -2 hrs. = M.S.T. -3 hrs. = P.S.T.

D. H. M.

Full Moon.....	3	11	18 p.m.
Last Qtr.....	11	11	11 a.m.
New Moon.....	19	11	35 a.m.
First Qtr.....	26	1	25 p.m.

Day of Month	Day of Week	Zodiac Signs	Sun			Moon Sets a.m.	Weather Probs.
			Rises		Sets		
			H.M.	H.M.	H.M.		
1	S	♈	5 43	6 26	3 53		
2	Sun	♉	5 41	6 28	4 26	Cold and rain.	
3	M	♊	5 39	6 29	4 58		
4	T	♈	5 37	6 31	rises		
5	W	♉	5 35	6 32	p.m.		
6	T	♊	5 34	6 33	9 31	Dull and windy.	
7	F	♈	5 32	6 34	10 32		
8	S	♉	5 31	6 36	11 28		
9	Sun	♊	5 28	6 37	a.m.		
10	M	♈	5 26	6 38	12 16		
11	T	♉	5 24	6 39	12 59	Becomes more spring-like.	
12	W	♊	5 23	6 40	1 36		
13	T	♈	5 21	6 42	2 09		
14	F	♉	5 19	6 43	2 38		
15	S	♊	5 17	6 44	3 06		
16	Sun	♈	5 16	6 45	3 32	Some heavy showers.	
17	M	♉	5 14	6 47	3 58		
18	T	♊	5 12	6 49	4 25		
19	W	♈	5 10	6 50	sets		
20	T	♉	5 08	6 51	p.m.		
21	F	♊	5 07	6 52	9 02	Becoming colder.	
22	S	♈	5 05	6 53	10 04		
23	Sun	♉	5 03	6 54	11 01		
24	M	♊	5 01	6 55	11 53		
25	T	♈	5 00	6 57	a.m.	Month ends warm and showery.	
26	W	♉	4 59	6 58	12 38		
27	T	♊	4 57	6 59	1 18		
28	F	♈	4 55	7 00	1 53		
29	S	♉	4 53	7 02	2 26		
30	Sun	♊	4 52	7 03	2 57		

* See page 3 for Local Time

You Will Find This Tiring

A motorist who was anxious that no one tire on his car would receive more wear than another, kept changing around his tires, including his spare one so that at the end of the year each tire had been used exactly the same. The car went 10,000 miles—how far did each tire go? (See answer on page 22).

BAD HEADACHES FOR 5 YEARS

Had no Energy Unable to do Housework



Mrs. J. Walker

"For the last 5 years I suffered with terrible headaches. I had no energy and sometimes was unable to do my own housework," writes Mrs. J. Walker, 996 Logan Ave., Toronto. "I used Dodd's Kidney Pills and they are certainly wonderful. Every time I feel out of sorts I fall back on Dodd's Kidney Pills. I recommend them to all my friends for they certainly fixed me up."

First Student.—"The Principal says he is going to stop smoking in the college."

Second Student.—"Huh! Next thing he'll be asking us to stop it, too."

HAD RHEUMATIC PAINS



D. Doré

"I had been suffering with rheumatic pains for the last five or six years," writes Mr. Dominique Doré, 14 Rue St. David, Ste. Agathe des Monts, P.Q. "On that account I could not sleep. I took all kinds of remedies which did not help me. When I heard over the radio that Dodd's Kidney Pills were very good, I bought a box. I had not finished the first box when I already felt better. After 3 boxes I felt completely relieved. I recommend all my friends who suffer with rheumatic pains to take Dodd's Kidney Pills."

Couldn't Raise Self From Bed

But Soon Felt Alright After Taking Dodd's

5th month MAY, 1939 31 days

MOON'S PHASES—Eastern Standard Time

+1 h. = A.S.T. -1 h. = C.S.T.
-2 hrs. = M.S.T. -3 hrs. = P.S.T.

	D.	H.	M.
Full Moon.....	11	5	15 a.m.
Last Qtr.....	18	11	40 a.m.
New Moon.....	25	6	25 p.m.
First Qtr.....	25	6	20 p.m.

Day of Month	Day of Week	Zodiac Signs	*Sun		Moon Sets a.m.	Weather Probs.
			Rises	Sets		
1	M	♈	H.M.	H.M.	H.M.	Fair with high winds.
2	T	♈	4 51 7	04	3 29	
3	W	♈	4 49 7	05	4 02	
4	T	♈	4 48 7	07	rises	
5	F	♈	4 46 7	08	p.m.	
6	S	♈	4 45 7	09	9 15	
7	Sun	♈	4 44 7	10	10 08	Much warmer becoming unsettled.
8	M	♈	4 42 7	12	11 33	
9	T	♈	4 41 7	13	a.m.	
10	W	♈	4 39 7	14	12 08	
11	T	♈	4 38 7	15	12 38	
12	F	♈	4 37 7	16	1 06	
13	S	♈	4 36 7	18	1 33	
14	Sun	♈	4 35 7	19	1 59	
15	M	♈	4 34 7	20	2 26	
16	T	♈	4 33 7	21	2 54	
17	W	♈	4 31 7	22	3 26	
18	T	♈	4 30 7	24	4 02	
19	F	♈	4 29 7	25	sets	
20	S	♈	4 28 7	26	p.m.	
21	Sun	♈	4 27 7	27	8 53	Change to fine and warm.
22	M	♈	4 26 7	28	9 48	
23	T	♈	4 25 7	30	10 37	
24	W	♈	4 24 7	31	11 19	
25	T	♈	4 23 7	32	11 56	
26	F	♈	4 22 7	33	a.m.	
27	S	♈	4 21 7	33	12 29	
28	Sun	♈	4 20 7	34	1 00	
29	M	♈	4 20 7	35	1 31	Ends fine.
30	T	♈	4 19 7	36	2 02	
31	W	♈	4 18 7	37	2 36	
			4 18 7	37	3 13	

* See page 3 for Local Time

For the Backward Reader
Eht tseggib stun, ti smees ot em
Era ton ni deddad sllec ro esrow.
Tub esoh, ekil uoy, ohw yllufepoh
Teartxe emos esnes morf siht loof
esrev.

"We have used Dodd's Kidney Pills in our household for 36 years," writes Charles H. Catterson of Hudson Bay Junction, Sask. "When our first baby was born 41 years ago, my wife's back was so bad that when she sat down some one would have to lift her up. She could not raise herself off a bed or chair. She was that way for 5 years. I saw an advertisement for Dodd's Kidney Pills and bought 6



Mrs. Catterson

boxes. By the time my wife had taken 3 boxes she was alright and has never had a return of the trouble since.



Every winter for weeks at a time I used to have lumbago. I took Dodd's Kidney Pills for that and they brought relief. I am now 67 years of age and bothered at times with rheumatic pains. I take a box or two of Dodd's Kidney Pills and they always give me relief. We consider Dodd's Kidney Pills one of the best medicines and will not be without a box in the house."

An astonishing number of musical works with identical titles have been written by different composers. The index of the American Society of Composers, Authors and Publishers, shows that "Lullaby" is the title of 721 pieces, "Romance" of 628, "Reverie" of 615, "Nocturne" of 548, "Barcarolle" of 496, "Memories" of 530, "Longing" of 313, "Maybe" of 291 and "Someday" of 190.

Every HEADACHE has a "CAUSE"

Everyone who has suffered from headache knows the symptoms so well there is no need to enumerate them here. Headaches are no imaginary disorder. Unless the cause is discovered and removed headaches may become chronic and seriously undermine the health. Many preparations sold give temporary relief. The safe course, however, is to find the cause of the headaches and treat that. Headaches are often due to two things—bad blood or disordered stomach.



IF IT'S THE BLOOD



kidneys to remove impurities from the blood.

IF IT'S THE STOMACH

If the headaches are due to a disordered stomach then the proper treatment is Dodd's Dyspepsia Tablets. They assist in the digestion and assimilation of the food, and tone the stomach

If drying clothes outdoors in cold weather, add a handful of salt to the rinsing water and the clothes will not freeze.

An egg that is put into cold water will be cooked just right for eating when the water comes to the boil.

When baking potatoes always prick them with a fork beforehand to prevent them from bursting.

Heat a lemon before squeezing it and you will get twice the amount of juice.

Peel onions beneath a running tap and no discomfort will be felt.

Water in which rice has been cooked is a good basis for stews and soups.



Mrs. Chagnon

"I started to work at the age of 16 and always enjoyed good health," writes Mrs. Lorenzo Chagnon of R.R. 2, St-François, St. Hyacinthe, P.Q. "At the age of 20 I was married and about a year later had a large baby girl. I was so sick that I thought I would die, and started losing my strength. When my fourth baby was born I was very weak and started working again within 18 days. It must have been too much for my strength as I lost my appetite, was losing weight and suffered greatly from backache. My weight went down from 128 to 116 pounds. I read in Dodd's Almanac about Dodd's Kidney Pills and decided to buy a box. My condition seemed to improve and I took a second box. Since that time I feel very well and have gained a lot of weight. I look after a large house, do the washing, sewing and also work on the land with my husband. I never feel tired as I used to do. I am now 29 years old and whenever I need medicine for backache or kidney trouble I always use Dodd's Kidney Pills."

Foundry Work Hard on Back

—Says Dodd's Help Him To Keep Well



J. Wilkinson

"I work here at the foundry," writes Mr. John Wilkinson of Wingham, Ont. "It is a very heavy job and I am exposed to heat and cold. I am subject to back and kidney trouble and find that I have to have a good medicine for my kidneys. I can surely say Dodd's Kidney Pills are first-rate and can be highly recommended. I keep them on hand at all times as I find they relieve and help me. I can also recommend Dodd's Dyspepsia Tablets which are good after heavy meals or disagreeable food which brings on indigestion and gas pains."

Answer to Puzzle on Page 19

As there are four wheels and the car went 10,000 miles, then the total distance covered by all wheels was 40,000 miles. As each wheel had a tire on it and as each tire went exactly the same distance, then the distance covered by each tire must be 40,000 miles divided by 5—or 8,000 miles.



Mrs. G. Greenlaw

"I am a dress-maker and do my own work," writes Mrs. Gladys Greenlaw of Tiverton, Digby Co., N.S. "For two years I suffered with Kidney and Bladder trouble and tried different medicines without getting any relief. A friend who had used Dodd's Kidney Pills told me to try them and after taking 2 boxes I felt much better. After using 5 boxes of Dodd's Kidney Pills I felt completely relieved."

6th month JUNE, 1939 30 days

MOON'S PHASES—Eastern Standard Time

+1 h. = A.S.T. -1 h. = C.S.T.
-2 hrs. = M.S.T. -3 hrs. = P.S.T.

	D.	H.	M.
Full Moon.....	1	10	11 p.m.
Last Qtr.....	9	11	07 p.m.
New Moon.....	17	8	37 a.m.
First Qtr.....	23	11	35 p.m.

Day of Month	Day of Week	Zodiac Signs	* Sun		* Moon Sets a.m.	Weather Probs.
			Rises	Sets		
1	T	♈	H.M.	H.M.	H.M.	Cool dry weather prevails for some days.
2	F	♈	4 17	7 38	3 54	
3	S	♈	4 16	7 39	4 40	
4	Sun	♈	4 15	7 41	p.m.	Warm and fine with thunder storms.
5	M	♈	4 15	7 42	10 07	
6	T	♈	4 15	7 42	10 39	
7	W	♈	4 14	7 43	11 08	Unsettled.
8	T	♈	4 14	7 44	11 35	
9	F	♈	4 14	7 44	a.m.	
10	S	♈	4 13	7 45	12 01	Dry and warm.
11	Sun	♈	4 13	7 45	12 27	
12	M	♈	4 13	7 46	12 54	
13	T	♈	4 13	7 46	1 23	Becoming unsettled.
14	W	♈	4 12	7 47	1 57	
15	T	♈	4 12	7 48	2 36	
16	F	♈	4 12	7 48	3 22	Unsettled.
17	S	♈	4 12	7 48	sets	
18	Sun	♈	4 12	7 49	p.m.	
19	M	♈	4 13	7 49	9 16	Dry and warm.
20	T	♈	4 13	7 50	9 56	
21	W	♈	4 13	7 50	10 32	
22	T	♈	4 13	7 50	11 04	Unsettled.
23	F	♈	4 14	7 50	11 36	
24	S	♈	4 14	7 50	a.m.	
25	Sun	♈	4 14	7 50	12 06	Becoming unsettled.
26	M	♈	4 15	7 50	12 39	
27	T	♈	4 15	7 50	1 14	
28	W	♈	4 15	7 50	1 52	Unsettled.
29	T	♈	4 16	7 50	2 36	
30	F	♈	4 16	7 50	3 24	

* See page 3 for Local Time

The grocer was making out a list of his requirements to send to his wholesalers.

"Bill," he shouted to his assistant, "do we want any new-laid eggs?"

"No, sir, we've enough to last a month or more!"

"I'M TOO TIRED"



SHE ALWAYS SAID

I'D LOVE TO GO RUTH, BUT I'M REALLY TOO TIRED - AND ALL THIS WORK TO DO



WHAT IS WRONG LATELY, MARY - YOU NEVER USED TO MISS A PARTY



I WISH I KNEW WHAT MAKES MY BACK ACHE SO - I CAN'T SEEM TO SLEEP OR WORK



IT MAY BE YOUR KIDNEYS - GET SOME DODD'S KIDNEY PILLS - THEY'RE MOTHER'S FAVOURITE REMEDY



THEN SHE TOOK DODD'S KIDNEY PILLS

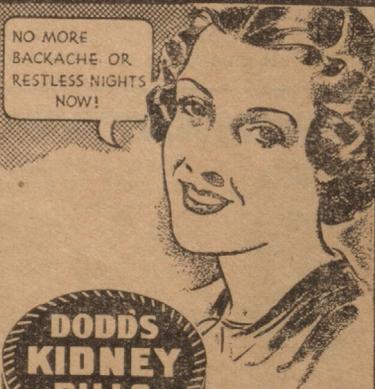
I'LL BE THERE ALL RIGHT - THANKS TO YOUR ADVICE I FEEL SO MUCH BETTER



THANK DODD'S KIDNEY PILLS TOO, MARY - WE'LL BE LOOKING FOR YOU AND BOB

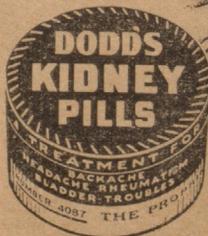


NO MORE BACKACHE OR RESTLESS NIGHTS NOW!



MARY, YOU LOOK SIMPLY WONDERFUL TO-NIGHT

THANKS, BOB, AND I FEEL WONDERFUL TOO



LOOK FOR THE NAME DODD'S ON THE BLUE BOX WITH THE RED BAND

DON'T SPEED IF YOU WANT TO LIVE

Many motorists do not know the deadly nature of the weapon in their charge when carelessly handled. The motor car in itself is foolproof, properly cared for. The trouble, when there is trouble, usually is due to the head back of the wheel.

"Canadian Underwriter", which devotes much of a recent issue to highway accidents, prints this: "Engineers say that a motorist who crashes into a solid object at 60 miles per hour suffers the same force of impact that he would if he drove off the roof of a 12-story building."

No sane motorist would drive off a 12-story building. How many "going 60" realize the danger?

A car going 60 represents nine times the energy of one going 20 miles per hour; it is nine times as hard to stop, travels nine times as far before

stopping, hits any object nine times as hard, and brings death six times as often.



At 25 miles an hour, a moving car has developed about enough energy

to roll over once. Your body could probably "take" this.



At 50, it has developed not *twice*, but *four* times the energy—enough to roll over *four* times. You'd have to be lucky to come out of this one alive.



And at 75, it has developed not *three* times, but *nine* times the energy—enough to roll over *nine* times. Of course, it probably would hit a tree or a culvert long before it did its ninth somersault and then the unused portion of energy would be spent in ripping the culvert, the car and its occupants to pieces.

—From "Death Begins at 40", published by the Travelers' Insurance Company, Hartford, Conn.

The insurance journal also offers this for thought: At 20 miles per hour, according to the law of averages, there is one death in 61 accidents; at 20 to 30 miles, one death in 42; at 30 to 40 miles, one in 35; at 40 to 50 miles, one in 25 accidents; over 50, one in 11.

MECHANIC COULDN'T WORK



H. Kotuski

"I am a mechanical expert, 34 years old," writes Mr. Harry Kotuski of Wishart, Sask. "For several years I was so troubled with backache and headache that I wasn't able to work. There seemed no hope of enjoyment in anything for me. I read over some recommendations of Dodd's Kidney Pills. I got some and after taking one box felt they had helped me a little. I then took 4 boxes in succession. Now I am feeling very well and able to work again. I am recommending Dodd's Kidney Pills to all my friends."

HAD PAIN IN SHOULDER



F. A. Dodd

"I had such a pain in my left shoulder that I could not put on my coat without help," writes Mr. Fred A. Dodd of Hastings, Ont. "I used three boxes of Dodd's Kidney Pills and the pain has left me and I never felt it again."

HOW GOOD A DETECTIVE ARE YOU?

Who Stole the Hopper Necklace—Could You Solve this Crime?



Marlyn Hopper, wealthy society debutante, has returned home to her father's luxurious California bungalow, and is undressing after the Vandervoot ball. Her maid, Suzette, is assisting her. "Just put my necklace into the top drawer Suzette", says Marlyn, and dashes into the bathroom for her face creaming.



Marlyn is awakened in the night by a slight noise but, hearing nothing further, goes off to sleep again. After breakfast she decides she had better place her pearl necklace in the family safe, as her father had told her to do always, immediately after taking it off. To her horror it is gone!



The police are called and Marlyn is in a quandary. Did Suzette put the necklace in the drawer? Was the noise a sneak thief? Her window is open, she scarcely knows what to say, but tells the detectives all.



A search of the house proves fruitless. Tracing back on Suzette the police find she is known to associate with "Ching" Kennedy, a notorious fence. This is suspicious, so Suzette is watched, and a search made for Ching. Suzette leaves the house, trailed by Sergeant Pibus. She goes to a restaurant and orders a chicken sandwich and a glass of milk.



Through the window Sergeant Pibus sees a fellow detective motioning to him, so he quickly pays his check and slips out. The newcomer says, "Ching was picked up on a vagrancy charge and, after a grilling, admitted he was to meet Suzette this afternoon. We'd better have a talk with her. Be careful though, this restaurant has a bad name, and the owner may be one of the gang."



Sergeant Pibus and detective enter the restaurant. Suzette sees their approach looks startled, then defiant. She says she knows nothing about the theft of the pearls and demands to be taken to the police station and searched. Suddenly Sergeant Pibus places his hand on Suzette's shoulder and says, "That is not necessary, I have all the evidence I require in order to arrest you for the theft of the Hopper pearls." What was his vital clue? See solution on page 36.

YOU'RE A GIANT TO A BABY

A baby's world is full of huge things and persons. If you wonder how things look to it, imagine yourself in a world where people are 18 feet tall and weigh about a ton and a half.

A baby's proportions are quite different from those of a grown person. The average man's head is about one-eighth of his entire height; a baby's head is about one-quarter of his height.

At birth, the arms and legs of a baby are about the same length; thereafter the legs grow relatively faster, until when a girl is about 12 and a boy about 14, the arms are only about four-fifths as long as the legs. At that age the legs merely stop growing. The slow-growing arms continue to lengthen during the 'teens.

Your fingers are more than twice as long as a baby's fingers; your hand is more than twice as broad. Despite the smallness of its hands and arms,



a new born baby has a remarkably strong grasp. If a stick is placed in its hand it will grasp it so firmly that it can be lifted by the stick. Most babies are able to do this until 2 months old, after which the strength of grasp rapidly decreases.

They don't swat the fly in Egypt, where that pestiferous insect is regarded as sacred and is never harmed, no matter where it buzzes or crawls.

You don't have to feed it oil or gas, but the average horse requires from 10 to 12 gallons of water in its abdominal radiator every day.

We Don't Believe It

A motorist was asked if he had tried a new atomiser which is said to halve gasoline consumption.

"Rather," he replied. "It did all the makers claimed for it, and saved fifty per cent of my gasoline. I also bought a new carburettor which saved thirty per cent and got another brand of gasoline which saved twenty per cent, and some special spark plugs which saved another ten per cent.

"Then I took the car out for a test run and I'm dashed if the gasoline tank didn't overflow before I'd gone five miles."

Back So Bad Could Hardly Move



Mrs. D. Deveau

"My back used to ache so much that sometimes I could hardly move. I could not go up stairs without stopping to rest. My legs and back seemed to give out on me. I have taken Dodd's Kidney Pills and my back-ache feels better. I can go up and down stairs without rest. I sleep well at night, eat well, and do my work with ease. I am 50 years of age and am a housewife. I hope that every person who suffers like I did will try Dodd's Kidney Pills too. I'm sure they'll all get quick relief."

Mrs. D. Deveau
Belgium Town, Reserve Mines, N.S.

Why **YOUR KIDNEYS** *are* Probably the **MOST IMPORTANT ORGANS** of the Body *—yet the least understood!*

The kidneys are two bean shaped organs situated in the upper abdomen close to the vertebral column. Each kidney contains about 2,000,000 tiny tubes or filters, each 3 centimeters long,—a total of about 75 miles for both kidneys—through which the blood circulates once every 4 minutes. The kidneys are delicate and highly sensitive. Their function is to filter the impurities and body poisons out of the blood.

Everyone knows that they have "kidneys"—but few people really know what the kidneys do—nor do they realize how vitally important a part is played by the kidneys in protecting and preserving their general health and well being. In a recently published article, a famous physician says: "No one will deny the vital relationship of the kidneys to health and life. Though it is possible to survive without a stomach, part of the intestines, the eyes and other vital organs, we cannot live without the kidneys. It is essential to respect these vital organs and to take every precaution to preserve their health."

What do THE KIDNEYS do?

The human body is continuously going through a process of decay and rebuilding. Body tissues break down and re-form. This breaking down of body tissue produces poisonous waste matter which must be carried out of the system or illness will result. These poisonous products of tissue waste are carried by the blood stream to the kidneys. The kidneys, if in proper working order, filter the blood, picking out this excess poisonous matter which is then passed out of the body through the urinary system.

What causes KIDNEY trouble?

The kidneys are very sensitive and delicate organs, and consequently are

easily upset. Infection, illness, faulty diet, over-indulgence, excessive mental or physical strain, fatigue, exposure to dampness and cold, all may affect the kidneys. If the kidneys are weakened and fail in their normal function of clearing impurities out of the blood stream, illness is sure to follow. Failure of the kidneys to throw off the accumulating body poisons may cause an attack of "uræmia" or uræmic poisoning, which, if neglected, may lead to serious and general functional disturbances. Violent and uncontrollable vomiting, nausea, profuse diarrhoea, disturbed and difficult breathing, protracted and severe headaches, convulsions, and even temporary loss of sight, called uræmic blindness, are some of the serious complications which may follow uræmic poisoning.

WHY DELAY IS DANGEROUS

Kidney troubles are of such an insidious nature, that they may be present for months or years without being suspected. Be always on guard, then, to note the first symptoms and act promptly. At the first sign of kidney trouble take Dodd's Kidney Pills, a remedy, tried and proven for half a century by thousands of Canadian women and men in all walks of life. Dodd's Kidney Pills are purely and simply a kidney remedy.

INCHES

WEIGHTS and MEASURES

Linear Measure

- 1 foot = 12 inches
 1 yard = 3 feet
 1 rod = $5\frac{1}{2}$ yards = $16\frac{1}{2}$ feet
 1 mile = 320 rods = 1760 yards = 5280 feet
 1 nautical mile = 6080 feet
 1 knot = 1 nautical mile per hour
 1 furlong = $\frac{1}{8}$ mile = 660 feet = 220 yards
 1 league = 3 miles = 24 furlongs
 1 fathom = 2 yards = 6 feet
 1 chain = 100 links = 22 yards
 1 link = 7.92 inches
 1 hand = 4 inches
 1 span = 9 inches

Square Measure

- 1 square foot = 144 square inches
 1 sq. yard = 9 sq. feet
 1 sq. rod = $30\frac{1}{4}$ sq. yards = $272\frac{1}{4}$ sq. ft.
 1 acre = 160 sq. rods = 43560 sq. ft.
 1 sq. mile = 640 acres = 102400 sq. rods
 1 sq. rod = 625 square links
 1 sq. chain = 16 square rods
 1 acre = 10 square chains

Cubic Measure

- 1 cubic foot = 1728 cubic inches
 1 cubic yard = 27 cubic feet
 1 register ton (shipping measure) = 100 cubic feet
 1 U. S. shipping ton = 40 cu. ft.
 1 cord = 128 cubic feet
 1 U. S. liquid gallon = 4 quarts = 231 cubic inches
 1 imperial gal. = 1.20 U. S. gals. = 0.16 cubic feet
 1 board foot = 144 cubic inches

Metric Units

- 1 inch = 2.54 centimeters
 39.37 inches = 1 meter
 1 mile = 1609 meters
 2.47 acres = 1 hektar

Dry Measure

- 1 quart = 2 pints
 1 gallon = 4 quarts = 8 pints
 1 peck = 2 gallons
 1 bushel = 4 pecks = 8 gallons
 1 chaldron = 36 bushels

Apothecaries'

- 1 scruple = 20 grains
 1 dram = 3 scruples
 1 ounce = 8 drams
 1 pound = 12 ounces

Capacity Measure

- 1 pint = 4 gills
 1 quart = 2 pints
 1 gallon = 4 quarts = 8 pints
 1 firkin = 9 gallons
 1 barrel = 36 gallons
 1 hogshead = 63 gallons

Avoirdupois Weight

- 1 ounce = 16 drams
 1 pound = 16 ounces
 14 pounds = 1 stone
 1 hundredweight = 100 pounds (112 pounds English)
 1 ton = 20 hundredweight = 2000 pounds (2240 pounds English)

Troy

- (Used in weighing gold, silver, jewels)
 1 pennyweight = 24 grains
 1 ounce = 20 pennyweight
 1 pound = 12 ounces

Days in the Month

- 30 days hath September,
 April, June and November;
 February has 28 alone,
 And all the rest have 31;
 But Leap Year coming once in four,
 February then has one day more.



Montreal Hairdresser Always Seemed Tired

"I am a hairdresser, twenty-five years of age," writes Mrs. E. Gagnon of 7773 Montée St. Michel, Ville St. Michel, Montreal. "For 5 years I suffered with pains in my kidneys and was always tired. I heard about Dodd's Kidney Pills over the radio and decided to try them. I took 2 boxes and I am feeling very well now. I do not suffer any longer with my kidneys and bladder."

Mrs. E. Gagnon

7th month JULY, 1939 31 days

MOON'S PHASES—Eastern Standard Time

+1 h. = A.S.T. -1 h. = C.S.T.
-2 hrs. = M.S.T. -3 hrs. = P.S.T.

	D.	H.	M.
Full Moon.....	1	11	16 a.m.
Last Qtr.....	9	2	49 p.m.
New Moon.....	16	4	03 p.m.
First Qtr.....	23	6	34 a.m.
Full Moon.....	31	1	37 a.m.

THE HUMAN MACHINE

Engineers are prone to talk of the efficiency of modern machines. But no machine has ever been constructed that is so efficient as man himself. Where can we find a pump as perfect as the human heart? If the boss treats it right, it stays on the job for more than 600,000 hours, making 4,320 strokes and pumping 15 gallons an hour. We have no telegraphic mechanism equal to our nervous system; no radio so efficient as the voice and the ear; no cameras as perfect as the human eye; no ventilating plant as wonderful as the nose, lungs, and skin, and no electrical switchboard can compare with the spinal cord. Isn't such a marvelous mechanism worthy of the highest respect and the best care?—Floyd Parsons in *Readers Digest*.

And, we might add, no organs in the human machine more important, probably, than the kidneys. Because, in order to keep the marvelous human machine in good working order, the system must be kept clear of excess poisons and acids, and that is the important part played by the kidneys. To help the kidneys keep in good working order take Dodd's Kidney Pills as many thousands have done with benefit during over half a century.

Day of Month	Day of Week	Zodiac Signs	*Sun		*Moon Rises	Weather Probs.
			Rises	Sets	p.m.	
1	S	♋	H.M. 4 16	H.M. 7 50	H.M. 7 27	
2	Sun	♋	4 17	7 50	8 06	Fair and very warm.
3	M	♋	4 17	7 50	8 41	
4	T	♋	4 18	7 50	9 11	
5	W	♋	4 19	7 50	9 39	
6	T	♋	4 19	7 49	10 04	
7	F	♋	4 20	7 49	10 30	
8	S	♋	4 21	7 48	10 56	Slightly lower temperature.
9	Sun	♋	4 21	7 48	11 24	
10	M	♋	4 22	7 48	11 54	
11	T	♋	4 23	7 47	a.m.	
12	W	♋	4 24	7 47	12 30	
13	T	♋	4 25	7 46	1 11	Some rain.
14	F	♋	4 26	7 45	2 01	
15	S	♋	4 26	7 45	2 59	
16	Sun	♋	4 27	7 44	4 06	Thunder storms then fine and warm.
17	M	♋	4 28	7 43	sets	
18	T	♋	4 29	7 42	p.m.	
19	W	♋	4 30	7 41	9 05	
20	T	♋	4 31	7 41	9 38	
21	F	♋	4 32	7 40	10 10	
22	S	♋	4 33	7 39	10 42	
23	Sun	♋	4 34	7 38	11 16	Continued high temperature.
24	M	♋	4 35	7 37	11 54	
25	T	♋	4 36	7 36	a.m.	
26	W	♋	4 37	7 35	12 35	
27	T	♋	4 38	7 34	1 22	
28	F	♋	4 39	7 33	2 12	
29	S	♋	4 40	7 32	3 06	
30	Sun	♋	4 42	7 30	4 02	Cooler.
31	M	♋	4 43	7 29	5 01	

* See page 3 for Local Time

Treat PILES with Dodd's Ointment



COLDS AND YOUR KIDNEYS

When you know that the kidneys are the filters of the blood, you can quickly understand how important it is that the kidneys are functioning properly, if you have a cold, or any other ailment which creates an added quantity of poisons in the system.

The kidneys are very delicate organs and easily affected—especially by a cold. It is surprising how few people realize this. A damp bed, wet feet, sitting in a draught, profuse perspiration following on any unusual exertion will often cause a chill on the kidneys, soon this may manifest itself in a pain in the back, difficulty in stooping or rising. The kidneys will need prompt attention. Take Dodd's Kidney Pills, until the symptoms have entirely disappeared.

"I've tellt ye afore, I'll no' ha'e ye whustlin' when you're workin'."

"I wasna. I was juist whustlin'," replied the office boy.

Before frying the breakfast bacon, cut off the rind and dip each rasher in flour; then fry or grill quickly. This prevents the fat from running and gives the bacon a better flavour.

It is a mistaken idea that frying in deep fat is not economical. It will require a large supply of fat, but this can be poured off after it has settled and can be used for each frying. When one considers the amount of fat absorbed by food that is sautéed, it is evident that deep fat frying is not only more economical, but food thus cooked is more digestible.

Shears in the kitchen are very useful. Use them to trim lettuce, cut raisins and figs, dress chickens, prepare grapefruit, and for many other uses that may be discovered daily by the thinking housewife.

Icing for a cake can be coloured a beautiful pink with a small quantity of beet juice.

Never let vegetables lie in their cooking water.

If the cup in which molasses is measured is greased with a little butter or lard, every bit of molasses will come out.

It is not necessary to use a lot of tea in order to have it strong; just add a teaspoonful of sugar; this opens the leaves and makes it stronger.

An aspirin tablet put in a vase of water will make most flowers last longer.

HOW TO GET RID OF RHEUMATIC PAINS



Pain so bad at night could not sleep.



Heard over Radio of Dodd's Kidney Pills.



Felt relief soon after taking Dodd's.



Puts on coat without effort—sleeps at night

MOON'S PHASES—Eastern Standard Time

+1 h. = A.S.T. -1 h. = C.S.T.
 -2 hrs. = M.S.T. -3 hrs. = P.S.T.

D. H. M.

☾	Last Qtr.....	8	4	18 a.m.
☾	New Moon.....	14	10	53 p.m.
☾	First Qtr.....	21	4	21 p.m.
☾	Full Moon.....	29	5	09 p.m.

Day of Month	Day of Week	Zodiac Signs	* Sun		* Moon Rises p.m.	Weather Probs.
			Rises	Sets		
1	T	♈	H.M.	H.M.	H.M.	Begins unsettled.
2	W	♈	4 44	7 28	7 42	
3	T	♈	4 45	7 27	8 09	
4	F	♈	4 46	7 26	8 35	
5	S	♈	4 47	7 24	9 01	
6	Sun	♈	4 49	7 23	9 27	Occasional showers.
7	T	♈	4 50	7 22	9 56	
8	T	♈	4 51	7 20	10 29	
9	M	♈	4 52	7 18	11 06	Temperature rises.
10	T	♈	4 53	7 17	11 50	
11	F	♈	4 55	7 14	a.m.	
12	S	♈	4 56	7 12	12 43	
13	Sun	♈	4 57	7 11	1 44	
14	M	♈	4 58	7 10	2 52	Warm with thunder storms.
15	T	♈	4 59	7 09	sets	
16	W	♈	5 01	7 07	p.m.	
17	T	♈	5 02	7 06	7 35	Warm and very pleasant with little rain.
18	F	♈	5 03	7 04	8 08	
19	S	♈	5 04	7 03	8 42	
20	Sun	♈	5 05	7 01	9 17	
21	M	♈	5 07	6 59	9 54	
22	T	♈	5 08	6 58	10 35	Cooler.
23	W	♈	5 09	6 56	11 20	
24	T	♈	5 10	6 54	a.m.	
25	F	♈	5 11	6 53	12 09	Dry to end of month.
26	S	♈	5 12	6 51	1 02	
27	Sun	♈	5 13	6 50	1 58	
28	M	♈	5 14	6 48	2 55	
29	T	♈	5 15	6 46	3 53	
30	W	♈	5 17	6 45	4 51	
31	T	♈	5 18	6 44	5 50	
			5 19	6 42	6 49	

* See page 3 for Local Time

It was a very small station in the Highlands, and to the solitary railway official in view the English woman visitor was calling: "Portah, portah, come here at once!"

"What d'ye want?" that worthy asked.

"I've lost my luggage," she called.

"Then," came the retort, "for what was ye be wanting a porter?"

Work Put Strain On His Back

Says Backache Better Since Taking Dodd's



B. R. Hale

"I am 37 years of age and am a parcel sorter for a large Company," writes Mr. B. R. Hale of 844 Windermere Avenue, Toronto.

"Owing to my work I am lifting various size parcels all day and it is naturally hard on my back.

About 10 years ago I had a very severe pain around the kidneys and in my back and started taking Dodd's Kidney Pills. They were so satisfactory that I have recommended them to various people.

This is the first time I have sent a testimonial to any Company but I do so now because Dodd's Kidney Pills have helped me so much."

IMPURE BLOOD

Every movement we make, every second we live, dead tissue

is constantly being created and thrown into the blood stream. It is then carried to the kidneys which are the filters, and the only filters, of the blood. Strained and filtered the blood passes from the kidneys to carry nourishment to every part of the body. But supposing these filters—the kidneys—are not functioning properly and fail in their duty. What happens? Why the poisons, and the impurities remain in the blood stream and instead of pure, rich blood returning to nourish every part of the body, the stream is polluted with poisons and waste matter. Sickness is sure to follow.

Dodd's Kidney Pills have proven themselves over a period of half a century to be a reliable treatment for faulty Kidneys and Impure Blood.

A good disinfectant to use in the cellar is quicklime. It may be placed in dishes, in bins or cupboards or scattered loose in dark, damp corners.

To bone fish, loosen bone from flesh at tail. Dip the fingers in salt and work the flesh from backbone, working towards the head.

Tea and coffee should be removed from paper bags or boxes and stored in tin containers with tight covers. Only a little coffee should be ground at a time. One secret of good tea or coffee is to make it with water freshly boiled.

When meat is delivered or carried home, remove the paper wrapping at once, put in a clean, covered dish and set in a cool place.

ANSWERS TO QUESTIONS ON PAGE 8

1. Seven.
2. Twenty-eight.
3. Twenty-four.
4. Twenty-four.
5. No. The even century is only a leap year if it will divide by 400. (1900 was not a leap year.)
6. Both the same.
7. The one in the upper due to the curvature of the earth and the fact that he would be farther from the axis. (The difference would be only a few inches.)

CHILDREN'S MEDICINES

Many medicines are too strong, or too harmful, to be used by children. But not Dodd's Kidney Pills. Dodd's Kidney Pills may be given with safety to children. Many little ones have kidney and urinary troubles. It is the function of Dodd's Kidney Pills to help restore their kidneys to normal action, and so put them in shape to do their full work of filtering excess uric acid and poisonous wastes from the blood stream.

GENERAL DEBILITY

Doctors tell us that the action of the blood is one of oxidation,—that is,—a chemical process by which the food is exchanged for the constituents of the muscles, the fat, the bones, and the other components of the human body. A failure of the blood to perform this function is soon demonstrated by the pale face, languor and weakness. General debility often results.

Why does this condition exist?

Simply from the failure of the kidneys to perform their normal work of filtering the blood impurities. Strengthen the kidneys so that they will satisfactorily do their work and the desired result of sound health should follow. The observance of the ordinary laws of health, care as regards diet, the avoidance of exposure to cold and wet, and no excessive indulgence in alcoholic stimulants, should, when accompanied by the use of Dodd's Kidney Pills, help the victim of general debility to better health.

The bowels should be moved by the means of Diamond Dinner Pills, directions for taking which you will find in every box, then take a glass of cold water first thing in the morning, and a glass of warm water—as warm as you can drink it—immediately after each meal.

The Union Jack that flies high above the Victoria Tower of the Palace of Westminster in London when the House of Lords is in session is probably replaced more often than any other flag. Frequently the wind is so violent that it reduces to shreds as many as three ensigns in a single day.

Returned Soldier had Lame Back

—Pain So Bad Spent Week in Bed



J. S. Stewart

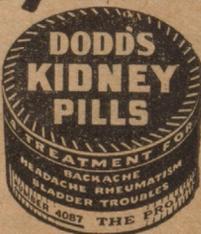
"I am a returned soldier, 56 years of age," writes Mr. John S. Stewart of St. Mary's Road P.O., Caledonia, P.E.I. "About 3 years ago I had a very painful and lame back and hip. I was in bed for a whole week. I had heard so much about Dodd's Kidney Pills that I began using them. I first got two boxes. After taking them I felt better and got more. After the sixth box I felt quite well again. My back didn't bother me, nor my hip. My kidneys are good. I don't have to get up during the night. My appetite also is much better. I would strongly recommend Dodd's Kidney Pills to anyone with a lame back or faulty kidneys."

"Has she kept her girlish figure?"
 "Kept it? Man, she has doubled it."—*Echo*, Cardiff.

Be Sure You Get the Genuine

Dodd's Kidney Pills

For
**BACKACHE
 HEADACHE
 RHEUMATISM
 IMPURE BLOOD
 BLADDER
 TROUBLES**



9th month SEPTEMBER, 1939 30 days

MOON'S PHASES—Eastern Standard Time

+1 h. = A.S.T. -1 h. = C.S.T.

-2 hrs. = M.S.T. -3 hrs. = P.S.T.

	D.	H.	M.
Last Qtr.....	6	3	24 p.m.
New Moon.....	13	6	22 a.m.
First Qtr.....	20	5	34 a.m.
Full Moon.....	28	9	27 a.m.

Day of Month	Day of Week	Zodiac Signs	*Sun		*Moon Rises p.m.	Weather Probs.
			Rises	Sets		
			H.M.	H.M.		
1	F	♄	5 20	6 38	7 32	Warm bright days.
2	S	♃	5 22	6 37	8 00	
3	Sun	♂	5 23	6 35	8 31	
4	M	♁	5 24	6 33	9 06	Dull.
5	T	♁	5 25	6 31	9 47	
6	W	♁	5 26	6 29	10 35	
7	T	♁	5 27	6 27	11 30	Rain.
8	F	♁	5 29	6 26	a.m.	
9	S	♁	5 30	6 24	12 33	
10	Sun	♁	5 31	6 22	1 42	Change to fine and warm.
11	M	♁	5 32	6 20	2 56	
12	T	♁	5 33	6 18	4 13	
13	W	♁	5 35	6 17	sets	Fair and warm.
14	T	♁	5 36	6 15	p.m.	
15	F	♁	5 37	6 13	7 13	
16	S	♁	5 38	6 11	7 50	Cooler with frost.
17	Sun	♁	5 39	6 09	8 31	
18	M	♁	5 41	6 07	9 16	
19	T	♁	5 42	6 04	10 04	Showery.
20	W	♁	5 43	6 03	10 57	
21	T	♁	5 44	6 01	11 52	
22	F	♁	5 45	5 59	a.m.	Cooler with frost.
23	S	♁	5 47	5 58	12 48	
24	Sun	♁	5 48	5 56	1 46	
25	M	♁	5 50	5 54	2 44	Showery.
26	T	♁	5 51	5 52	3 43	
27	W	♁	5 52	5 50	4 42	
28	T	♁	5 53	5 48	5 41	Cooler with frost.
29	F	♁	5 54	5 46	6 41	
30	S	♁	5 55	5 44	7 42	

* See page 3 for Local Time

"Well, Mary, us 'as come courtin' to this 'ere meadow nigh three summers now, but us won't be doin' so next summer."

"Oh, Jarge! Do 'ee really mean that?"

"Ay. They be goin' to build on it!"

POPULAR BELIEFS—PROVEN FALSE

SAYINGS AND SUPERSTITIONS—REFUTED BY EXPERTS

Many popular beliefs—handed down from generation to generation—have, upon scientific investigation or practical experience, been proven untrue or not founded on fact. For example:



"Wearing rubbers indoors affects the eyes" says a popular belief. A noted eye specialist says there is nothing to it. He supposed the way it originated was in the fact that wearing rubbers in a warm place makes the feet perspire. Then when you go out you may catch cold which might affect your eyes.

You often hear the saying: **"Feed a cold and starve a fever"**, and many believe in it. Yet most doctors will tell you it's bad practice. It is said the belief started as a misquotation of a famous London physician of last century, who said, "If you feed a cold, you shall have to starve a fever"—a warning that "stuffing" a cold would soon bring on a fever. Authorities point out that a big help in relieving a cold is to get rid of excess matter in the system, instead of cluttering it up with more.

Another one, **"Cats see better in the dark"**. It is said that cats can see better in twilight because their eye pupils expand far more than ours and they are sensitive to the ultra violet rays of the spectrum. But after dark they are as blind as we are. They get along better because their sense of touch is much more



highly developed, but they don't see any better.

Another fallacy is the idea that boils purify the blood and should, therefore, be left alone. Prominent doctors say that boils are extremely dangerous and have no purifying effect.

When cornered a bear is supposed to lurch forward with arms opened wide to hug his victim—but he doesn't. He really takes a swipe at his enemy with one of his paws.

Popular legend has it that if the inside of a dog's mouth is black he is a thoroughbred. Dog experts say the truth is that all dogs have black roofs to their mouths, except those with red skin colouring.

Most people believe **"snakes can charm birds and small animals"**. Snake experts, however, say "snakes definitely have no powers of fascination. They may frighten small creatures so badly they can't move for the moment, but they certainly don't mesmerize them."



ANSWER TO DETECTIVE PROBLEM ON PAGE 25



ANSWER TO DETECTIVE PROBLEM ON PAGE 25

Sergeant Pibus suspected Suzette stole the pearls and, as she was going to meet Ching Kennedy the notorious fence that afternoon, she probably had them with her. When Suzette demanded to be searched he was sure the pearls were not on her person. Suddenly Sergeant Pibus remembered that, when he left the restaurant to speak to the detective outside, the milk was below the bulge in Suzette's glass and the milk bottle was empty. Now he saw the milk was above the bulge. He deduced that Suzette had dropped the pearls in the milk. This proved correct. Suzette afterwards admitted that she saw the detectives talking outside and hid the pearls in this manner so that the restaurant owner, who was in the gang, would get them after she had been taken away by the detectives to be searched.

Attacks Lasted 2 or 3 Days

—Now Feels Better After Taking Dodd's



E. B. Spidell

"Before trying Dodd's Kidney Pills I had been troubled with backaches which came on in sudden attacks sometimes lasting two or three days," writes Mr. Edward B. Spidell of Barss Corners, N.S. "Some attacks

were quite severe and accompanied by sharp pains in the small of my back. I think these attacks were the aftermath of the flu as there were a number of very severe cases in this district last fall. I used 7 boxes of Dodd's Kidney Pills and now feel entirely free of these attacks. I am a farmer 42 years of age and believe that Dodd's Kidney Pills are all that are claimed for them."

There are almost 100,000 people in the British Isles who cannot speak English. It has been estimated that there are 76,000 persons in Wales and Monmouthshire who speak Welsh only. In the highlands and islands of Scotland, there are 7,000 who speak Gaelic only. In Eire the number who speak Irish only is given as 15,000. A decade ago about 900 Manx persons could speak their native tongue, but that number has fallen to less than 500 to-day. There are more Manxmen in Cleveland, Ohio, than in the Isle of Man.—*Maclean's Magazine.*

ITCHING SKIN

Stop irritation now. Soothe, promote healing and prevent infection with

Dodd's OINTMENT

In a jar like the finest face creams. Price 50c

10th month OCTOBER, 1939 31 days

MOON'S PHASES—Eastern Standard Time

+1 h. = A.S.T. -1 h. = C.S.T.
-2 hrs. = M.S.T. -3 hrs. = P.S.T.

	D.	H.	M.
☾ Last Qtr.....	6	12	27 a.m.
☾ New Moon.....	12	3	30 p.m.
☽ First Qtr.....	19	10	24 p.m.
☾ Full Moon.....	28	1	42 a.m.

Day of Month	Day of Week	Zodiac Signs	*Sun		*Moon Rises	Weather Probs.
			Rises	Sets	p.m.	
1	Sun	♌	H.M.	H.M.	H.M.	
2	M	♌	5 56	5 42	7 08	
3	T	♌	5 58	5 40	7 47	
4	W	♌	5 59	5 39	8 32	Week cool, dry and fine.
5	T	♌	6 01	5 37	9 24	
6	F	♌	6 02	5 35	10 22	
7	S	♌	6 03	5 33	11 27 a.m.	
8	Sun	♍	6 05	5 30	12 37	
9	M	♍	6 07	5 28	1 50	Warm bright days.
10	T	♍	6 08	5 26	3 04	
11	W	♍	6 09	5 24	4 20	
12	T	♍	6 10	5 22	5 35	
13	F	♍	6 12	5 21	sets	
14	S	♍	6 13	5 19	p.m.	
15	Sun	♎	6 14	5 17	7 07	Occasional heavy rain.
16	M	♎	6 16	5 14	7 55	
17	T	♎	6 17	5 13	8 47	
18	W	♎	6 18	5 12	9 42	
19	T	♎	6 21	5 10	10 39	
20	F	♎	6 22	5 09	11 37	Dry and a little warmer.
21	S	♎	6 23	5 07	a.m.	
22	Sun	♏	6 24	5 05	12 36	
23	M	♏	6 25	5 04	1 34	
24	T	♏	6 26	5 02	2 32	
25	W	♏	6 28	5 00	3 31	
26	T	♏	6 30	4 59	4 32	
27	F	♏	6 31	4 57	5 33	
28	S	♏	6 32	4 56	6 35	Becoming colder.
29	Sun	♏	6 33	4 54	rises	
30	M	♏	6 34	4 52	p.m.	
31	T	♏	6 36	4 50	7 20	

* See page 3 for Local Time

Mother.—"Marilyn, were you a good little girl at church to-day?"

Marilyn.—"Yes, mother. A man offered me a big plate of money, and I said, 'No, thank you.'"



Mrs. H. Scheidt

Mother of 2 Did Not Feel Like Working

"I have 2 children and although I have quite a lot of work to do I never felt like working," writes Mrs. Henry Scheidt of Salvador, Sask. "One of my friends told me to try Dodd's Kidney Pills and I can sure thank that woman as I got 3 boxes and am feeling fine now. From now on I am going to have the whole family take Dodd's Kidney Pills as I think it is a good spring medicine and good for the system after a long winter."

The manufacture of cheese is one of the oldest industries in existence, authentic records showing it to have been made in Egypt as early as 1400 B.C. Women of that and later periods became cheese addicts because they liked it and considered it an aid to their complexions. To-day the Swiss are the greatest cheese eaters—16 pounds per year is the individual consumption. The German eats 10¼ pounds, the Italian 9 pounds, the Briton 8½, the Canadian 5, and the American 4½ pounds per individual per year.—*Maclean's Magazine.*

FARMER HAD LAME BACK

"I am a farmer, 39 years of age, and was suffering from a lame back," writes Mr. Cecil L. Finch of Port Burwell, Ontario. "After taking a few Dodd's Kidney Pills the pain in my back left me. Since then I have always kept a box in the house and whenever I feel any lameness in my back from cutting wood, strains, and so on, I take Dodd's Kidney Pills according to directions for a few days. I have used about half a dozen boxes and will say that I think they have been well-worth their cost. I sincerely believe that any family would be wise to always keep a box of Dodd's Kidney Pills on hand."



C. L. Finch

11th month NOVEMBER, 1939 30 days

MOON'S PHASES—Eastern Standard Time

+1 h. = A.S.T. -1 h. = C.S.T.
-2 hrs. = M.S.T. -3 hrs. = P.S.T.

	D.	H.	M.
Last Qtr.	4	8	12 a.m.
New Moon.	11	2	54 a.m.
First Qtr.	18	6	21 p.m.
Full Moon.	26	4	54 p.m.

Day of Month	Day of Week	Zodiac Signs	Sun		Moon Rises p.m.	Weather Probs.
			Rises	Sets		
1	W	♈	H.M.	H.M.	H.M.	Fair and cold.
2	T	♈	6 37	4 49	8 17	
3	F	♈	6 38	4 48	9 20	
4	S	♈	6 40	4 47	10 27	
5	Sun	♈	6 41	4 45	11 36	Rain.
6	M	♈	6 42	4 44	a.m.	
7	T	♈	6 43	4 43	12 48	Temper- ature falling.
8	W	♈	6 45	4 42	2 00	
9	T	♈	6 47	4 40	3 13	
10	F	♈	6 48	4 39	4 26	
11	S	♈	6 49	4 38	5 39	Little snow.
12	Sun	♈	6 51	4 37	6 49	
13	M	♈	6 52	4 36	sets	
14	T	♈	6 53	4 34	p.m.	Colder.
15	W	♈	6 54	4 33	7 28	
16	T	♈	6 56	4 32	8 26	Fine and dry.
17	F	♈	6 58	4 31	9 24	
18	S	♈	6 59	4 30	10 23	
19	Sun	♈	7 00	4 29	11 22	Light winds.
20	M	♈	7 03	4 28	a.m.	
21	T	♈	7 04	4 28	12 21	
22	W	♈	7 05	4 27	1 19	
23	T	♈	7 06	4 26	2 19	Be- coming over- cast.
24	F	♈	7 07	4 25	3 19	
25	S	♈	7 09	4 24	4 21	
26	Sun	♈	7 10	4 24	5 23	
27	M	♈	7 11	4 23	rises	Rain.
28	T	♈	7 12	4 22	p.m.	
29	W	♈	7 13	4 22	6 09	
30	T	♈	7 15	4 21	7 11	Much colder.
			7 16	4 21	8 08	

* See page 3 for Local Time

KIDNEYS MOST IMPORTANT IN RIDDING BODY OF POISONS

Nature provides the body with four routes by which body poisons and waste matter can be eliminated. These are—the Kidneys, the Bowels, the Lungs and the Skin.

Through the lungs the body gets rid of carbonic acid gas and water, in the form of vapour. (This is easily demonstrated by the "steam" produced when you breathe on a mirror.)

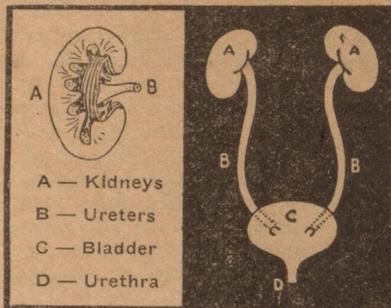
Through the skin the poisons are eliminated by perspiration.

The disposal of waste matter through the bowels and the importance of keeping them active are described elsewhere in this book.

KIDNEYS MOST IMPORTANT

The kidneys are considered the most important organs of elimination. The body makes heavy and insistent demands upon them to filter from the blood poisons, acid salts and waste matter created by the normal breaking down and reconstruction of body tissues. They play a very important part in maintaining the level of certain substances in the blood, such as sugar. The kidneys also help to regulate the degree of alkalinity of the blood.

Every twenty-four hours the kidneys dispose of between two and a half and



three pints of liquid waste matter. If the kidneys become weakened or deranged poisons accumulate in the system and illness follows. You can understand therefore why we emphasize the importance of keeping kidneys in good order. And why, if your kidneys are faulty, we suggest you take Dodd's Kidney Pills to help restore your kidneys to their normal, healthy vigorous active condition.

"I had a surprise this morning," remarked the business man. "I put on another suit, and in one of the pockets found a big roll of bills which I had entirely forgotten."

Asked a pessimist: "Were any of them received?"

HER FRIENDS WONDERED WHY SHE DIDN'T GO TO PARTIES

All her old pep and energy was gone. She felt miserable, draggy, low in vitality—lower in spirits. Just hadn't any "heart" for fun. She hadn't thought of her kidneys being the cause until a friend suggested DODD'S KIDNEY PILLS. She took DODD'S at once. The "washed out" feeling was soon replaced by clear-headed energy and restful sleep. Headache, backache, lassitude, disappeared.



ECZEMA

Ecze^ma is a skin disease that should be arrested promptly as it is apt to become chronic. Ecze^ma manifests itself by an itching or smarting of the affected parts. The skin becomes raised in the form of little pimples and a watery lymph exudes. Later scales and crusts form. Ecze^ma is often caused by impure blood and a consequent run-down condition of the body. Impure blood is caused by the failure of the kidneys to remove the impurities from the blood. Dodd's Kidney Pills are an excellent treatment for sick kidneys and should be used in cases of Ecze^ma and other skin diseases. Their function is to get at the root of the trouble while Dodd's Antiseptic Healing Ointment, applied externally, promotes healing of the sores.

It is also very important that the bowels be kept open by the use of Diamond Dinner Pills.

The surface of the body should be kept clean by frequent bathing, and in drying the sores, gently press the towel. Do not rub as this only irritates. Dodd's Antiseptic Healing Ointment should be applied in generous quantities both night and morning.

So hot is the sun that if a 45-foot layer of ice completely surrounded it, Old Sol would melt it into water inside of a minute.

Did you happen to know that the calibre of a rifle represents the distance between the raised parts of the rifle's bore? Thus, a .22 calibre rifle has 22-100ths of an inch between the raised parts of its bore.



Mrs. Middleton

"I had rheumatic pains and used 3 boxes of Dodd's Kidney Pills which helped me greatly," writes Mrs. H. Middleton of 13 Gallagher Ave., Brooklands, Winnipeg. "I always keep Dodd's Kidney Pills in the house and gave a box to my son as his back ached. He sure was pleased as they helped him so much."

ARE YOU FIT? TRY THESE TESTS



TRY THIS FOR MUSCLE CONTROL

Stretch arms out to sides. Close one eye and try to make index fingers touch. If you do your muscle control is fine.

TO TEST YOUR LUNGS

Exhale. Then fill your lungs as full as you can and hold your breath as long as possible. It's easier if you hold your nose. If you hold it for half a minute you are average.



THIS TAKES A STEADY HAND

Stand a clothes pin one inch from the end of a ruler. Hold ruler steady for five minutes. If the pin stays on your nerves are in good condition.



WALKING THE LINE

Chalk a line on the floor. Walk backward and forward along it. Then shut your eyes and walk heel and toe along it. If you stay on it, your sense of balance is excellent.

A man is drunk when he feels sophisticated but can't say it.

Felt Tired All The Time

—Like New Man After Taking Dodd's



L. Gautreau

"Some time ago I was taken with a sore back. I felt tired all the time and did not feel like working," writes Mr. Leon Gautreau of Barryville. N.B. "I started to use Dodd's

Kidney Pills and found great relief. After taking three boxes I felt like a new man. I can do my work now and never seem to feel tired. I am 31 years old and a labourer by occupation. I highly recommend Dodd's Kidney Pills to anyone who suffers as I did."

WHAT THE LABEL MEANS ON CANNED GOODS

No matter what variety of canned fruit or vegetable you buy, there is a way to be sure of getting exactly the quality you want . . . for Canadian canned fruits and vegetables are graded according to standards established by the Dominion Department of Agriculture. There are three grades: "Fancy Quality," "Choice Quality," "Standard Quality," which indicates third grade. The correct grade mark is printed on the label of each can.

FANCY QUALITY. Produced from a selection of the best fruit and vegetables available, perfectly matured, free from blemishes, uniform in size and colour; canned at the proper time, so that excellence of flavour and appearance may be preserved.

CHOICE QUALITY. Fruit and vegetables selected for tenderness and fine flavour. Not as uniform as "Fancy Quality"; allows slight variation in size, colour and maturity.

12th month DECEMBER, 1939 31 days

MOON'S PHASES—Eastern Standard Time

+1 h. = A.S.T. —1 h. = C.S.T.
-2 hrs. = M.S.T. —3 hrs. = P.S.T.

	D.	H.	M.
Last Qtr.....	3	3	40 p.m.
New Moon.....	10	4	45 p.m.
First Qtr.....	18	4	04 p.m.
Full Moon.....	26	6	28 a.m.

Day of Month	Day of Week	Zodiac Signs	* Sun		* Moon Rises p.m.	Weather Probs.
			Rises	Sets		
1	F	♋	7 17	4 20	9 28	Becoming warmer with frequent showers.
2	S	♋	7 18	4 20	10 39	
3	Sun	♋	7 20	4 20	11 50	
4	M	♌	7 21	4 20	a.m.	Colder.
5	T	♌	7 22	4 19	1 01	
6	W	♌	7 23	4 19	2 12	Heavy snow.
7	T	♌	7 24	4 19	3 22	
8	F	♌	7 25	4 19	4 32	
9	S	♌	7 26	4 19	5 37	Very cold for a few days.
10	Sun	♍	7 27	4 18	sets	
11	M	♍	7 28	4 18	p.m.	Warmer with occasional showers.
12	T	♍	7 28	4 18	6 11	
13	W	♍	7 29	4 18	7 10	Colder with little snow.
14	T	♍	7 30	4 18	8 10	
15	F	♍	7 31	4 19	9 09	Ends mild.
16	S	♍	7 32	4 19	10 08	
17	Sun	♎	7 32	4 19	11 07	Colder with little snow.
18	M	♎	7 33	4 20	a.m.	
19	T	♎	7 33	4 20	12 05	Warmer with occasional showers.
20	W	♎	7 34	4 21	1 04	
21	T	♎	7 35	4 21	2 04	Colder with little snow.
22	F	♎	7 35	4 21	3 06	
23	S	♎	7 36	4 22	4 09	Ends mild.
24	Sun	♏	7 37	4 23	5 11	
25	M	♏	7 37	4 23	6 12	Colder with little snow.
26	T	♏	7 37	4 24	7 09	
27	W	♏	7 37	4 24	rises	Ends mild.
28	T	♏	7 38	4 25	p.m.	
29	F	♏	7 38	4 26	8 26	Ends mild.
30	S	♏	7 38	4 27	9 40	
31	Sun	♏	7 39	4 27	10 52	

* See page 3 for Local Time

STANDARD QUALITY. Prepared from well matured fruit and vegetables of good quality, but not as carefully selected for uniformity of colour or size as "Choice Quality".

HELPFUL HINTS



A small curtain rod will run smoothly into the hem of a net curtain, if you place the finger from an old glove on the end of the rod.

Do not close an umbrella when wet as this causes the frame to rust and holes soon appear in the cover. Always leave open until quite dry.

The shabby appearance of the old umbrella may be greatly diminished by sponging with a cold solution of strong tea. The colour will be revived wonderfully.

When postage stamps stick together, place them under a thin piece of paper and run a hot iron over the paper very lightly.

Iron pillowslips lengthwise instead of crosswise if you wish to iron wrinkles out instead of in.

A small, clean sponge and a bowl of water are essential upon the ironing board when fine lingerie garments must frequently be dampened. A bowl of clear starch water is also needed.

When pressing seams on heavy material, put the iron down heavily, hold it there a moment, then lift it up and put it down a little farther along. This does not put the seam out of shape as running it along does.

Be sure to turn your mattresses at least once each week. This keeps the mattress from wearing unevenly and prolongs its life.

Clean your brass with metal polish, then give it a coat of banana oil. It will then remain new and bright without cleaning.

When making a pin-cushion, instead of filling it with sawdust or pieces of material, take coffee grounds which have been used, dry them, and fill the cushion. The pins and needles will never rust in this cushion.

Rub grease on the seams of new tinware and keep in a warm place for 24 hours. The articles then will not rust at the seams.

CONSTIPATION

A regular action of the bowels is of the utmost importance in maintaining the health. Once every 24 hours the bowels should be moved and a complete evacuation should take place. Violent purgatives should be avoided; they are weakening, and do no permanent good. For constipation use Diamond Dinner Pills. See page 47.

ANÆMIA

This is a disease which mostly attacks young people especially growing girls. It should not be neglected. The symptoms are:—Pale complexion, cold hands and feet, weakness, shivering and fainting fits, feeble pulse, fitful appetite. The kidneys are often to blame as weak kidneys in the young may lead to anæmia. Dodd's Kidney Pills taken regularly are an excellent treatment as it is their function to put the kidneys in shape to remove impurities from the blood.



Welcome News for Sufferers from **ATHLETE'S FOOT**

Scoot - New Quick Acting Treatment Stops Itching - Burning - Kills the Fungus

Itchy, burning feet—particularly between the toes—is often the first sign of Athlete's foot. Scientists say Athlete's Foot is an ingrowing fungus that digs deep into the skin, then thrives and spreads rapidly. It is highly infectious and is easily passed on to others. The first sign of Athlete's Foot is usually an itching sensation accompanied by very small blisters, only seen on close inspection. The skin becomes inflamed. If treatment is neglected the blisters break, painful cracks and fissures appear, the outer skin becomes white and soggy. Athlete's Foot is easy to get—hard to get rid of, unless you go after it properly. Ordinary surface treatment is not enough.

Dead skin under which Athlete's Foot fungus thrives does not stop Scoot. It quickly penetrates and

destroys the fungus at its source. Scoot is safe, yet powerful and effective. Scoot cools, stops the itching and burning and promotes healing.

If you, too, are one of the many sufferers from Athlete's Foot, buy Scoot today and see for yourself how quickly this modern treatment clears up Athlete's Foot.

Scoot

Is a cooling snow-like cream. Comes in a handy tube—easy to use—clean to carry—does not stain the clothing.

Large Tube

50c



Soldier Suffered Four Years With Painful ATHLETE'S FOOT



Albert Collis

"I think I had the worst feet in town. My feet were so bad with Athlete's Foot that they would start to bleed and itch when I took my socks off at night. I had tried several treatments without success. After using only one half a tube of Scoot I got complete relief. I still use it for protection. My friends in the army are now using it."

ALBERT COLLIS,
13 Cadorna Avenue, Toronto.

To LOOK Well



You Must FEEL Well

One of the greatest foundations of beauty is a healthy body. And to keep healthy the system must be kept free of poisons. Most important in this work of keeping the system free of impurities are the kidneys, filters of the blood, whose duty it is to remove from the blood poisonous waste matter. If your kidneys get out of order, and become sluggish or impaired in action, your health will likely suffer. When you are ill and out of sorts, your face and manner show it. Keep your beauty by keeping your health. Dodd's Kidney Pills can be of aid to you in helping to keep the kidneys in good condition.

When roasting meat, turn with a spoon instead of a fork, as the latter pierces the meat and lets the juice out.

A woman looks at a secret in two ways—either it is not worth keeping, or it is too good to be kept.

"I hesitated writing you because I felt I could not express myself adequately. I mean to truthfully state what Dodd's Kidney Pills have done for me—without giving the impression of exaggeration. I am a farmer, 43 years old. My kidneys were weak for years and last year my hip was so sore that I could only sit in one position and could only lie one way in bed. I had to get up once or more every night. My neighbours said Dodd's Kidney Pills were what I should use, but I had no faith in patent medicines. However, I got a box of Dodd's Kidney Pills and took them according to instructions. As I felt an improvement I got another box, which I used only occasionally. But what a wonderful improvement! No night too long. Gone were all the pains in my hip. But more than that the 'glad to be alive' feeling. My tiredness seemed to disappear and I looked and felt as good as I did years ago. I also put on flesh.

You may use this letter as a further introduction to what I consider your truly wonderful Kidney Remedy—Dodd's Kidney Pills."

R. A. VIDAL,
Whitelaw, Alta.

Now Able To Work In Comfort



J. Johnston

"I am 25 years of age and I had suffered a long time with backache. I had a hard time to get my work done as I thought my back would break. After taking Dodd's Kidney Pills I certainly feel like a new woman. My husband also had great relief by using Dodd's Kidney Pills. He is 34 and works in a piano factory. For over a year he suffered with backache and pains in his legs which he thought were from standing all day. He tried several treatments but got no relief until he used Dodd's Kidney Pills. Now he is able to work in comfort and says he would never be without Dodd's Kidney Pills in the house."

Mrs. Jack Johnson,
Clinton, Ont.

NO SLEEP FOR BILL-UNTIL-



Your SLEEP Suffers When KIDNEYS Are Out of Order



If the kidneys are in a normal, healthy condition, two-thirds of the urine excreted in twenty-four hours would be passed between seven o'clock in the morning and seven o'clock in the evening.

This means that healthy kidneys are called upon to do their hardest work during waking hours, extracting two-thirds of the poisons and waste matter from the blood system between 7 a.m. and 7 p.m.

If, however, the kidneys are out of order and fail to do their full share of work during the daytime, extra strain is placed upon them and they must work overtime at night to make up for the work they failed to do during the day. So while the rest of your body is trying to get to sleep, your

kidneys are working full blast. This naturally results in so much urine accumulating in the bladder that it cannot hold it during sleeping hours and discomfort, unrest, and night rising are bound to follow.

Night rising, then, may be taken as a sign that your kidneys may not be functioning properly. It is the duty of Dodd's Kidney Pills to help your kidneys regain an active, healthy condition, so that they will do the full two-thirds of their work in the daytime and leave your sleeping hours undisturbed. Then when night comes your kidneys relax as well as all the rest of your body. You get no more "nerviness" or discomfort,—sleep like a top and awake fully refreshed, ready for the day's duties and pleasures.

LAW FOR THE LAYMAN

The old expression—'a little knowledge is a dangerous thing'—is particularly true when questions of law arise. But even so, no one should be completely ignorant of his rights. Here are a few interesting points of Canadian law.

CHEQUES

If a bank pays a forged cheque the bank is the loser. It is the same with 'raised cheques', where they have been raised from a smaller to a larger amount, the bank loses the difference unless it can be shown that there was carelessness in the writing or signing of the cheque that facilitated the forgery.

If a bank pays a cheque, drawn payable 'to Order', to the wrong person, even though of the same name, it is the same thing in effect as paying it on a forged endorsement and the bank must stand the loss.

A cheque dated on a Sunday is not worthless, in fact, a cheque is not invalid even if it is not dated.

MASTER AND SERVANT

A person hired for a definite period may, on the termination of the time, leave; or the employer may discharge him, without giving any notice.

When a person is hired for no definite time then his employment can be terminated on 'reasonable notice'. It is customary to give a week's notice if a person is paid by the week; a month's notice if paid by the month.

If an employee does not give faithful service or if there is incapacity or wilful disobedience to reasonable orders, then the employer may discharge him without notice, by payment of wages up to the time of dismissal.



An employee leaving without justifiable cause is entitled to the salary or wages remaining unpaid up to, and including, the last preceding wage period. He cannot recover for any part of the broken period he may have served before quitting.

ACQUIRED RIGHTS OVER OTHER'S PROPERTY

If, for instance, the cornice of a house projects over the boundary line of your property and the owner of the lot over which it projects allows it to remain for twenty years without some kind of a written agreement or rental for it, he cannot afterwards compel its removal.

If the owner of adjoining property has fruit trees standing so near the division line that the limbs overhang his neighbour's property, the fruit on the limbs that overhang the fence belongs to him and if it falls on his neighbour's ground he has the right to go on his neighbour's ground and take it away. He is not liable to any action for trespass for so doing but would be liable for any damage resulting from the falling of the fruit. The neighbour also has the right to cut off the limbs which overhang his property or the roots which extend into it, but before doing so he should give notice and demand their removal and if his demand is not complied with he can then cut them off.

POPULARITY IS BEST PROOF—TAKE DODD'S KIDNEY PILLS

**GET RELIEF FROM
CONSTIPATION
SICK HEADACHE,
BILIOUSNESS**
By Taking
**DIAMOND
DINNER PILLS**



Price 25c

**CONSTIPATION CAUSED
BY LACK OF BILE**

Constipation often results when a tired, sluggish liver fails to supply your bowels with a sufficient amount of bile—Nature's own laxative. You feel dull, listless, have no pep or energy. To restore the liver to a healthy, normal, active condition calls for careful, gentle treatment. You should never try force. Diamond Dinner Pills act safely, gently,—yet surely; and help tone up the liver until it gets the necessary amount of bile flowing, and the bowels then move themselves.

**BILIOUSNESS, SICK HEADACHES
DUE TO LAZY LIVER ACTION**

If the torpid liver allows the bile to escape through the system, instead of into the bowels as Nature intended, nausea, sick headaches, frequently

follow. Because Diamond Dinner Pills are essentially a liver medicine, they act promptly on the sluggish liver, gently coaxing and encouraging and helping it to do its normal duty.

**DIAMOND DINNER PILLS
FOLLOW NATURE'S METHOD**

Diamond Dinner Pills are compounded not with a view of simply applying force to "move the bowels", but to gently and gradually tone up the liver until it supplies the necessary amount of bile (Nature's own laxative), and thus assist the bowels to move themselves. After patient treatment the liver should improve until it may finally be trusted to perform its function independently.

Diamond Dinner Pills are 25 cents a box at all dealers, or by mail on receipt of price by The Dodds Medicine Co., Limited, Toronto 2, Canada.



THE IMPORTANCE OF DIET

This is a most important subject, and cannot receive too much attention. All foods likely to irritate the stomach or urinary passages should be avoided, such as pickles, sauces, vinegar, sour fruit, beer, etc. Constipation is also to be avoided, and you should not eat new bread, hot pastry, tapioca, arrowroot, pie crust, puddings, etc. It is hard to lay down any definite rules of diet, for, as the old saying goes, "what is one man's meat is another man's poison"; but there are certain articles of every day food that those who are suffering from any form of kidney trouble should not take. These are: Alcohol, hot spicy foods, tough indigestible foods such as fried steak, etc., tinned lobster, etc.

We are often asked by correspondents to tell them what they should eat and what they should not. We have arranged the following tables of foods and drinks, from which you should be able to choose all you require. At the same time you may feel sure that you are not eating or drinking anything likely to aggravate your complaint.

You MAY Take	You Must NOT Take
Fish. All kinds of fresh fish <i>boiled</i> only, <i>not</i> fried.	Fish. Salt fish, salmon, eels, mackerel, or any kind of fish <i>fried</i> .
Meats. Lean beef, mutton, lamb, chicken, fowls—all fresh cooked, not stewed.	Meats. Fried chops and steaks, stewed meat, hash, pork, veal, sausages, fat meat.
Eggs. Boiled or poached on toast.	Eggs. Fried or hard boiled.
Bread. Stale bread, dry toast, rusks, or crusts.	Bread. New hot bread, rolls, buns, etc.
Pastry. Most kinds of biscuits, oat cakes, etc.	Pastry. Pies, puddings, tarts, dumplings, etc.; sweets.
Fruit. Nearly all kinds of fresh ripe fruit.	Fruit. Unsound or over-ripe fruit.
Drinks. One cup of tea or coffee with a little cream or new cow's milk; mineral waters, lime juice, or lemonade.	Drinks. Malt liquors, beer, stout, sweet wines, whisky, brandy, gin, rum, etc.
Vegetables. Spinach, lettuce, celery (cooked), watercress, asparagus, cauliflower, onions, white cabbages, tomatoes, turnips.	Vegetables. Potatoes, horse-radish, cucumber, radishes, carrots, beet-root, <i>green</i> cabbage, celery, (raw), parsnips, artichokes.

NOTE.—Vegetables are very necessary for maintaining our health and preventing constipation, scurvy, etc.

But, remember, the rules given above are only AIDS to recovery and to the maintenance of good health. Regulating your food and drink will not rid you of disease. The most important thing for you to bear in mind is to take Dodd's Kidney Pills or Dodd's Dyspepsia Tablets, according to your complaint, REGULARLY, without missing a single day or dose.

THIS ONE WORD IS YOUR SAFEGUARD

Dodd's

UNLESS the name Dodd's is printed on the box, as you see it on the back of this book, you are being offered a substitute, instead of the genuine Dodd's Kidney Pills.

Remember it is of the greatest importance that you should have the *Genuine Dodd's Kidney Pills*, and not the substitute.

When you go into a drug store, do not ask for a box of "Kidney Pills," say: "Give me a box of **'Dodd's Kidney Pills'**" and emphasize the word "**Dodd's**". If anything else is offered to you, refuse it at once. Bear in mind that **you do not know anything about what these substitutes will do for you**. They *may* benefit you, or they *may not*. But you **DO KNOW** what Dodd's Kidney Pills will do, because you have before you in this book, the evidence of people who have taken Dodd's Kidney Pills and have been helped. For your own sake, therefore, you must insist on having only the genuine.

How to Get Dodd's Remedies

First, ask your local dealer for them. If he has not got them in stock, ask him how soon he can get them for you. As every wholesale dealer in Proprietary Medicines sells them, your local dealer can get them in two or three days if he wants to. If he says he can't or won't, send your money direct to The Dodds Medicine Co., Limited, Toronto 2, Canada. Be careful to print your name and address plainly, giving Post Office, County and Province. They will be sent to you, postage paid, the day your letter and remittance reach us. But buy them from your local dealer if you can. The prices are:

Dodd's Kidney Pills—50 cents per box.

Dodd's Dyspepsia Tablets—50 cents per box.

Dodd's Antiseptic Healing Ointment—50 cents per jar.

Diamond Dinner Pills—25 cents per box.

Scout—for Athlete's Foot—50 cents a tube.

WE EMPLOY NO AGENTS. Our goods are sold by regular dealers only, or, when this is impossible, by mail. The Dodds Medicine Company, Limited, Toronto 2, Canada.

UNCAT Almanacs---

MISERABLE MARY



THEY CALLED HER



I'M WORRIED ABOUT MARY— SHE LOOKS MISERABLE AND ALWAYS SEEMS SO TIRED AND PEPPLESS—MUST BE HARD ON GEORGE, TOO, HE LIKES TO GO OUT SO MUCH



STILL MISERABLE, EH, MARY? IT MAY BE YOUR KIDNEYS WHY NOT TRY DODD'S KIDNEY PILLS LIKE YOUR MOTHER SAID

...I'LL GET SOME

THEN SHE TOOK DODD'S KIDNEY PILLS



AND DODD'S KIDNEY PILLS, PLEASE — DO YOU HAVE MANY CALLS FOR THEM MR. OSBORNE?

YES INDEED, MRS. HARPER — DODD'S IS ONE OF OUR BIGGEST SELLERS



DID YOU EVER SEE SUCH A CHANGE IN MARY — ON THE GO ALL THE TIME — I WONDER WHERE SHE GETS ALL THE ENERGY

...AND LOOKS MARVELOUS TOO — LET'S ASK HER THE SECRET



THERE'S NO SECRET— TAKE DODD'S KIDNEY PILLS AND SEE IF YOU, TOO, DON'T FEEL A LOT BETTER!

LOOK FOR THE NAME DODD'S ON THE BLUE BOX WITH THE RED BAND

