

THE  
**MYSTIC**  
**FORTUNE-TELLER**  
**AND** **PALMIST**



Price 25 Cents



## NEW LIFE FOR THE FADING FLOWER

**M**ANY a child is left in a pitably weakened condition as the result of the diseases of childhood, such as whooping cough, measles, fevers, diphtheria and severe colds

In spite of mother's tenderest care they fail to regain strength and color and vigor, unless such restorative treatment as **Dr. Chase's Nerve Food** is used to form new rich blood and to instil new nervous energy into the system. See pages 13 and 14.

**Dr. Chase's Nerve Food**, 50c. a box, all dealers, or Edmanson Bates & Co., Ltd., Toronto.

# Read Your Fortune in Your Hand

THE RECORD OF THE PAST, THE SECRETS OF THE PRESENT AND THE MYSTERIES OF THE FUTURE ARE ALL RECORDED IN YOUR PALM

The mystery that has long surrounded the subject of palmistry, or fortune telling by the lines of the hands, has given the impression that it is an intricate science, difficult to acquire, whereas it is in reality an easy and delightful recreation. No study could be more fascinating, no accomplishment more pleasing or useful. The knowledge that you possess the power to read the character as well as the past and future of those around you affords a satisfaction and delight beyond anything you had ever dreamed of.

By a careful and thorough study of this little book on palmistry and fortune telling you can acquire an accomplishment which enables you to entertain your friends in a most novel way, makes you much sought after at parties and social gatherings, and arouses in those around you the belief that you possess the mysterious and occult powers which are attributed to all who tell fortunes.

## *The Map of the Hand*

On the back cover you will find a complete map of the hand, whereon is written the specific and technical names given to each part thereof, the Mounts being indicated in their proper position by the planetary signs for the sake of brevity and clearness.

The thumb is consecrated to Venus, and at its base will be found the Mount of Venus, surrounded by the Line of Life. The first finger (or index) is that of Jupiter and at its base, *i.e.* immediately below it, at the top of the palm, will be found the Mount of Jupiter. The second finger (or middle finger) is that of Saturn, and the Mount which should be found immediately below it is the Mount of Saturn. The third finger (or ring finger) is termed the finger of Apollo, or of the sun, and the

Mount of Apollo will be found, if present, at its base. The fourth finger (or little finger) is that of Mercury, whose Mount will in like manner be found immediately beneath it. Just below the Mount of Mercury, between the Line of Heart and the Line of Head, is the Mount of Mars. Underneath this last Mount and extending from it to the wrist is found the Mount of the Moon.

## *The Line of Life*

This line should be long, completely encircling the ball of the thumb (Mount of Venus), strong, not too broad or too fine, without curvature, breakage, cross bars or irregularities of any description. Thus marked in a hand it denotes long life, good health, a good character and disposition.

Pale and broad it indicates ill-health, bad instincts and a feeble and envious character. Thick and red it betrays violence and brutality of mind, chained it indicates delicacy of constitution, thin and meagre in the centre it indicates ill-health during a portion of the life, a spot terminating this thinness indicates a sudden death. If it is of various thicknesses throughout its course it indicates a capricious and fickle temper.

The shorter the line the shorter the life, and from the point at which the line terminates on both hands may be predicted accurately the time at which death will supervene.

A break in the line denotes always an illness. If the line is broken in both hands there is great danger of death, especially if the lower branch of the break turns in towards the Mount of Venus and the sign is repeated in both hands.

And here it is well to impress upon the readers a point of vital importance, that

*Tear out page 7*

is, the absolute necessity to bear in mind that to be certain a sign must be repeated in both hands; and this applies particularly and especially to the indications of disease and accidents upon the life line.

### *The Line of Heart*

The strength of affection is in proportion to the length of the line; if the line, instead of beginning at the Mount of Jupiter, begins at the Mount of Saturn, the subject will be more sensual than platonic in his affections.

Traced right across the hand (from side to side) it indicates an excess of affection which produces jealousy and suffering in consequence thereof, especially if the Mount of the Moon is high.

If it is chained in its formation, the subject is an inveterate flirt, and unless the rest of the hand be very strong, will be much subject to palpitation of the heart.

Bright red in color, the line denotes violence in affairs of the heart, and on the other hand, a pale line, broad and chained, betrays a cold-blooded ruse, if not a condition of heart utterly base. A livid or yellow color betrays subjection to liver complaint.

The line should be close underneath, well up to the bases of the Mounts, a line which lies close to that of the head throughout its length betrays evil instincts, avarice, envy, hypocrisy and duplicity.

A line of heart which begins quite suddenly without branches or rays beneath the Mount of Saturn, foreshadows a short life and a sudden death. If the line is very thin and runs right across the hand, it indicates cruelty even to murderous instincts.

If the line instead of terminating on the Mounts of Jupiter or Saturn, seems to disappear between the first and second fingers, it betokens a long life of unremitting labor.

If in the hand there be found no line of heart, it is an unfailing sign of treachery, hypocrisy, and the worst instincts, and unless the line of health be very good, the subject will be liable to heart disease, and runs a grave danger of a sudden and early death.

A line which is much broken up denotes inconstancy, and often these subjects are woman haters. A single break shows a feebleness of the heart, and the cause of that feebleness may always be found in some excess or evil development of a Mount, fatality shown by the development of the Mount of Saturn; foolishness shown by an equal development of the Mount of Saturn and Apollo; pride shown by the Mount of Apollo; folly or avarice shown by the Mount of Mercury.

The line dividing at the end and going in three branches to the Mount of Jupiter, is a most fortunate sign, indicating riches and good luck. Any forking of the line which sends a branch on the Mount of Jupiter is good; even if the branch goes between the fingers of Jupiter and Saturn, this betokens still good fortune, but of a more quiet and undisturbing description. But a forking which sends one branch upon the Mount of Jupiter, and the other upon the Mount of Saturn, betrays errors and failures in the search after success, and fanaticism in religion.

If the line is quite bare under the finger of Jupiter at its commencement, there is great danger of poverty; a similar bareness at the percussion indicates sterility; the fork under Jupiter gives also to the subject energy and enthusiasm in love. A line quite bare of branches throughout its length indicates dryness of heart and want of affection.

### *The Line of Head*

This line should be joined to the line of life at its immediate commencement, and leaving it directly should trace a strong ray across the hand to the top of the Mount of the Moon, clear and well colored, without ramification or forking, uninterrupted and regular; such a formation indicates good sense, clear judgment, cleverness and strength of will.

Pale and broad it indicates feebleness or want of intellect, short—*i.e.*, reaching only to the plain of Mars—it betrays weak ideas and weak will. Stopping under the Mount of Saturn, it foreshadows an early, sudden death. Chained it betrays a want of fixity of ideas and vacillation of mind.

*Continued on page 4*



**“You Frighten Me  
With Those Terrible Backaches”**

Backache tells of kidney trouble, as nearly everybody knows. And kidney trouble is likely to be serious unless prompt action is taken to secure relief.

In the background there is Bright's disease as a natural development unless the kidney action is corrected by such treatment as Dr. Chase's Kidney-Liver Pills.

No treatment can afford such prompt relief for kidney trouble because Dr. Chase's Kidney-Liver Pills awaken the action of the liver and the bowels as well as the kidneys and ensure a thorough cleans-

ing of the whole filtering and excretory system.

Ordinary kidney treatments often fail because the intimate and sympathetic relation of the liver, kidneys and bowels are not taken into consideration when they are prepared.

Hence the outstanding success of Dr. Chase's Kidney-Liver Pills in the treatment of complicated derangements of these eliminating organs.

By the use of Dr. Chase's Kidney-Liver Pills you not only obtain relief from pain, but poisons are rid from the system and serious developments are prevented.

**DR. CHASE'S KIDNEY-LIVER PILLS**

One Pill a Dose

25c. a box

Long and very thin it betrays treachery and infidelity. Of unequal thickness, twisted and badly colored, it betrays a feeble liver and want of spirit; such subjects are always avaricious.

Very long and straight—*i.e.*, cutting the entire hand in a straight line from the Line of Life to the percussion—it indicates excess in reasoning habits, over-calculation and over-economy, denoting avarice and meanness.

If instead of joining the Line of Life at its commencement it only leaves it at the Mount of Saturn, it is a sure indication that the education has been acquired and the brain developed late in life; or, if the Line of Life is short, and the Line of Head also, it foreshadows a grave danger of sudden death. A like commencement the line reaching across to the Mount of Mars, the Line of Heart being thin and small, indicates struggles and misfortunes arising from infirmities of temper or errors of calculation, unless the line of fortune is exceptionally good. Such a subject will often appear benevolent, but his benevolence will generally be found to be only of a nature which gives pleasure to himself, and is usually more theoretical than practical.

The line must lie at a good regular distance from that of the heart; lying up close to it throughout its length it betrays weakness and palpitation of the organ.

Remember that an extremely good Line of Head may so influence the whole hand as to dominate over evil signs which may there be found, especially if the Mount of Mars be also high; such a combination gives to the subject energy, circumspection, constancy, coolness, and a power of resistance which goes a long way towards combating any evil or weak tendencies which may be found in his hand.

Thin in the centre for a short space, the line indicates a nervous illness, neuralgia, or some kindred disease.

Separated from the Line of Life at its commencement and going well across the hand, it indicates intelligence, self-reliance and spontaneity, and with a long thumb, ambition. Separate from the Line of Life, and short or weak, it betrays carelessness.

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## Symptoms of Kidney Disease

It is not pleasant to contemplate the approach of Bright's disease, dropsy, gravel, rheumatism, or apoplexy, and yet these are the very diseases which any one may expect who neglects to cure derangements of the kidneys.

Among the symptoms of kidney disease are:—

Backache,

Scanty, highly colored urine.

Deposits in urine after standing.

Painful, scalding urination.

Continued paleness.

Loss of flesh.

Swelling of ankles and legs.

Irregular action of the bowels.

Rheumatism and sciatic pains.

If you suffer in this way there is no time to lose in beginning the use of **DR. CHASE'S KIDNEY-LIVER PILLS**. You will search in vain for a treatment which will so soon call a halt to this terrible disease.

## Telling Fortunes by the Tea Cup

The person who can tell fortunes by the tea cup is sure to be popular at tea parties and helps to pass many a pleasant half hour at the dinner table after the cups have been emptied.

If you will turn to page 20 you will find a complete system for telling fortunes by the tea cup. A little study will enable you to master this art and become an adept at reading what the tea cups have to say.



## How Old Are Your Arteries

This is, the doctors tell us, the real test of age.

When the arteries harden it is all up.

But how then is one to keep young?

By keeping the kidneys active in their work of filtering the poisons from the blood and there is nothing like DR. CHASE'S KIDNEY-LIVER PILLS for keeping these organs in healthful activity.

The arteries are like rubber tubes which carry the blood through the body. When the circulation is laden with impurities the blood pressure is increased and snap go the brittle, hardened arteries.

### I HAD RHEUMATISM FOR EIGHTEEN YEARS

Mr. George Weathers, Huntsville, Ont. writes:—"I was troubled with rheumatism for eighteen years, and although I tried a number of different treatments nothing did me any good. Finally I tried DR. CHASE'S KIDNEY-LIVER PILLS, and can truthfully say they completely relieved me."

## Who is this Dr. Chase?

This question is sometimes asked by persons who know DR. CHASE'S medicines but are not familiar with his interesting life story.

The boyhood days of DR. A. W. CHASE were spent in the vicinity of Buffalo, N. Y., and as he had early decided to be a medical doctor, he took the first opportunity of attendance at the University of Michigan, located at Ann Arbor.

After graduation he began the practice of medicine in Ann Arbor, Mich., and his reputation as a physician of exceptional skill spread far beyond the confines of his State, so that people came to him for treatment for many miles around.

As he was accustomed to travel across western Ontario to his native city of Buffalo, he frequently stopped over at Canadian towns and cities for special consultation, and in this way made many friends in Canada.

The character and personality of DR. CHASE was such that to know him was to love him. He inspired confidence and respect, and made lasting friends wherever he went.

And thus it happened that when DR. CHASE placed his most successful prescriptions on the market, so that the people might obtain them more readily, they met with a hearty reception in Canada as well as in the United States.

*PALMISTRY—Continued*

fantasy, jealousy, and deceit, often these subjects have bad sight. Separated thus but connected by branches of ramifications, it indicates evil temper and capriciousness; connected by a cross it betrays domestic troubles and discomforts.

Cut by a multitude of little lines, the Line of Head indicates a short life, with many illnesses and headaches. If the little cross lines are confined to the middle of the Line of Head it is a sign of dishonesty.

A cross in the middle of the line is a foreshadowing of approaching death, or of a mortal wound if the line is also broken at this point.

**The Line of Fortune**

The Line of Saturn, or Fortune, has three principal points of departure for its base; it may start from the Line of Life; from the rascette; or from the Mount of the Moon. Starting from the Line of Life it indicates that the luck in life is the result of one's own personal merit. If it starts from the wrist or rascette the fortune will be very good, especially if it trace a fine small furrow on the Mount of Saturn; in the same direction, but commencing higher up from a point in the plain of Mars, we get an indication of the painful, troubled life, especially if the line penetrate as it often does, into the finger. If the line start from the Mount of the Moon, it shows (if it goes straight to the Mount of Saturn) that the fortune is to a great extent, derived from the caprice of the opposite sex. If from the Mount of the Moon, the line goes to that of the heart, and, confounding itself therein, goes on up to the Mount of Jupiter, it is an infallible sign of a rich and fortunate marriage.

Instead of going to the Mount of Saturn the line may go on to some other mount, in which case it will have special significations; thus, going to the Mount of Mercury, we get fortune in commerce, eloquence and science; going to the Mount of Apollo, we get fortune from art to wealth; going to the Mount of Jupiter we

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**The Liver Always Under Suspicion**

The health may be described as normal when all the vital organs are properly performing their functions.

The liver is the largest organ of the human body and so great is its influence over the other organs that it is customary for the physician to at once administer medicine to awaken action of the liver with the hope that other derangements will then disappear.

The liver is always under suspicion.

This is one reason why DR. CHASE'S KIDNEY-LIVER PILLS are so valuable in the home for use in cases of emergency.

The liver is aroused to action, Bile flows freely. The action of the bowels is corrected. Digestion improves. Poisons are eliminated from the system. Pains and aches disappear and it is not long before normal health is restored.

This is the history of countless cases in which health is restored by resorting the activity of this controller of the vital organs—the liver.

**SLUGGISH LIVER**

Mrs. James C. Akers, Junkins, Alta., writes:—"I was troubled with sluggish liver and constipation for 18 months, and had tried various remedies without obtaining relief. A friend at Edmonton told me to try DR. CHASE'S KIDNEY-LIVER PILLS, and after using four boxes I felt like a new person. We keep them on hand all the time, but I am never bothered now with my old trouble."

# Tear Out This Page and Mail It To-Day

FOR A

## FREE SAMPLE BOX

OF

# Dr. A. W. Chase's Kidney-Liver Pills

And A Sample Box of Dr. Chase's Ointment

In the early days when this medicine was first introduced millions of samples were given away and people learned of its exceptional merit by actual trial. You can read in this book what it has done for others, then put it to the test for yourself.

Try it for backache and kidney derangements.

Put it to the test when you are bilious and the liver is sluggish.

Give it a trial for constipation, indigestion and headache.

You will be surprised and delighted with the results.

It won't cost you anything to make this test, but send to-day while it is on your mind. To-morrow never comes.

## Send This Coupon To-Day

Name.....

Post Office..... Prov. ....

Enclose 2 cent stamp for postage and address your envelope to  
Edmanson Bates & Co., Limited, Dr. Chase Bldg., Toronto, Ont. FT22

## When the Head Aches

Be Warned of Danger and Seek  
Out the Cause

There is usually relief from headache by the use of powerful narcotic drugs which deaden the nerves. The temptation to use such treatment is great and many yield to it in the belief that they are getting somewhere because for a time they feel better. As a matter of fact they are going backward for the shock to the nervous system is enormous and the reaction leaves one in a more exhausted condition.

Headache may result from a disturbance of the digestive system resulting from inactivity of the liver and bowels, and under this condition the use of **DR. CHASE'S KIDNEY-LIVER PILLS** will correct the cause and afford a cure.

Persistent headaches, however, usually point to an exhausted condition of the nervous system and are accompanied by sleeplessness, irritability, tired brain and nerves, and general weakness of the body and its vital organs.

Under these circumstances **DR. CHASE'S NERVE FOOD** is the most rational treatment obtainable. It is not a mere relief but a nourishing, upbuilding restorative which cures by removing the cause of trouble. You do not want to neglect the warning headache and fall a victim to nervous prostration or paralysis. Put this great food cure to work to-day, and note the returning vigor and energy as the nervous system is restored.



## What is Digestion?

Digestion is the one great process of life.

The symptoms of indigestion are as follows:

**Mouth:** Furred tongue, bitter taste, saliva sticky.

**Stomach:** Fermentation of food which fails to be digested, acids and gases given off causing pain about the heart, and belching of wind, pain, weight and distension.

**Bowels:** Irritated by acid state of food, griping pain and colic. Every bodily organ is affected. There is headache, dizziness, rheumatic pains, depression of spirits and sometimes jaundice.

Indigestion usually results from over-eating and the failure of the liver and kidneys to clear the system of poisonous waste matter. Relief is promptly afforded by the use of **DR. CHASE'S KIDNEY-LIVER PILLS** which rid the system of poisons and ensure healthy action of the liver, kidneys and bowels.

*PALMISTRY—Continued*

find satisfied pride, and the attainment of the objects of our ambition.

If the line instead of stopping on the Mount, go right up to the second joint of the finger, we have the indication of very great fortune, which will either be very good or very bad, according to the concomitant signs. Thus with a good hand, this is a first rate sign; but with a deep red line on the mount, and a star at the first phalanx of the finger, we have the indication of the worst possible fortune, ending in a violent death, probably on the scaffold. The line should just extend from the top of the rascette to the centre of the Mount of Saturn; reaching to the jointure of the finger and palm, or penetrating into the rascette is a bad sign, being a sure indication of misery. Starting at the rascette and stopping at the Line of Heart, indicates a misfortune arising from a disappointment in love; or in a weak hand, heart disease. Similarly stopped at the Line of Head, the misfortune will arise from an error of calculation, or from an illness of the head.

If it only starts from the Line of Head it denotes labor, pain and ill-health, unless the Line of Head is very good, when it will be an indication of fortune acquired very late in life by the intelligence of the subject. Shorter still—*i.e.*, from the Quadrangle to the Mount of Saturn—the indications are still more unfortunate, being of great sorrows and even of imprisonment. The evil prognostications of a line which goes into the third phalanx of the finger of Saturn may be averted by the presence of a square on the mount.

A perfectly straight line with branches going upwards from its two sides, indicates a gradual progress from poverty to riches. Twisted at the base, and straight at the top, indicates early misfortunes, followed by good luck. Straightness and good color, from the Line of Heart upward, always betoken good fortunes in old age, with invention in science, and talent for such pursuits as horticulture, agriculture, construction and architecture. Split and twisted, the Line of Saturn indicates ill-health from the abuse of pleasure. A twisted condition of

*Continued on page 12*

## The Secret of Long Life

Perhaps no two aged persons will give you the same rules for long life.

But doctors are unanimous on one point and that is that poisons in the system not only cause pain and suffering but also greatly shorten life.

It is only by keeping the filtering and eliminating systems—the liver the kidneys and the bowels—in healthful, vigorous condition that the body can be cleared of poisons and the blood kept pure and life sustaining.

Some are able to maintain the health and activity of these organs by giving some attention to diet but the great majority find it necessary to use such treatment as DR CHASE'S KIDNEY-LIVER PILLS occasionally to arouse the sluggish liver, to awaken the kidneys to action and to regulate the bowels.

By this means you remove the cause of constipation, of chronic indigestion and of conditions which lead to serious and painful diseases of the kidneys.

### STOMACH TROUBLES KIDNEY DISEASE

Mrs. Wm. Andrews, Arthur, Ont., writes:—"It is over twenty years since I first used DR. CHASE'S KIDNEY-LIVER PILLS. I was in a very bad condition at that time, suffering from stomach trouble. Then my kidneys became affected and almost completely refused to function. DR. CHASE'S KIDNEY-LIVER PILLS did wonders for me, and since that time when I first used them, I have had no stomach trouble nor any of the old symptoms."



## Wash Day

In the days when every woman did her own washing, and did it better than it is done to-day by modern laundries, DR. CHASE devoted his talent and experience to keeping women fit for household work. They were the every day physical problems of the Average Man and the Average Woman that interested him. Remember, please, that is the secret of his success. That is the real reason why his name lives to-day, and will live for the future.

He reasoned in the days of our grandmothers that in order to keep the human machine in good working order, attention must be given to the condition of the filtering and excretory system. And his reasoning rings true in the year of Our Lord 1922. Wherever there is physical work to be done there is need of regulating human machinery by the DR. CHASE PLAN OF HEALTH.

Everywhere he found people complaining of backache, of rheumatism, of lumbago, of pains in the limbs and of head aches. The woman at the tub, as well as the man with the hoe, was suffering the results of a poisoned system.

The kidneys failed to filter these poisons from the blood—the liver was torpid—the bowels constipated. To meet this condition DR. CHASE worked out the treatment now so well known as DR. CHASE'S KIDNEY-LIVER PILLS.

## INDIGESTION AND JAUNDICE

### Pains About the Heart and Under Shoulder Blades

Mrs. H. Duncan, Penhold, Alta., writes:—"In March 1920, I had what I thought was an attack of indigestion. The pain started about the heart and gradually spread around under my shoulder blades and through my stomach. I had vomiting spells and felt very miserable. This continued for several days, when my husband said: 'What you have is jaundice,' and when I looked in the glass I found my skin was as yellow as a lemon.

"My husband got me different kinds of pills which only made me feel worse, until he bought me a box of DR. CHASE'S KIDNEY-LIVER PILLS. These did not sicken me like the others, so I kept on taking them and finally the pain left me altogether. Nobody knows what I had suffered or how glad I was to obtain relief. I continued using the KIDNEY-LIVER PILLS for two months, until I was completely well again."

## RHEUMATISM

Mr. John B. Taylor, Chaleurs, Que., writes:—"I suffered from rheumatism, kidney and liver trouble, and nothing I took seemed to help me, even the doctor's prescriptions failed. I tried the combined treatment of DR. CHASE'S NERVE FOOD AND KIDNEY-LIVER PILLS, and can now say that I am completely relieved of my trouble. I heartily recommend DR. CHASE'S MEDICINES to all who suffer from any of these diseases."

## Bright's Disease

When the kidney cells get out of order and permit the proteins of the blood to leak away, that is Bright's Disease. The blood thereby loses its nourishing quality and the human system is starved. This is a terrible condition for one to find himself in since it means a slow, lingering death.



## House Cleaning

The unusual straining, reaching and bending of the back is what makes house-cleaning such hard work. The resulting pains in the small of the back are a consequence of the strain on the kidneys.

When you suffer from backache, it is time to think of DR. CHASE'S KIDNEY-LIVER PILLS, for there is no treatment which will afford you such quick and thorough relief. Not only are you soon free of suffering, but you prevent the development of painful and serious disease.

## KIDNEY TROUBLE

Mrs. Albert Brunet, R.R. No. 1, Ottawa, Ont., writes:—"I have used DR. CHASE'S KIDNEY-LIVER PILLS for the past two months, having been afflicted with kidney trouble. I used two doctors' medicines, previous to this, without any good results. A friend told me to use DR. CHASE'S KIDNEY-LIVER PILLS, and the second box made me feel a good deal better. I have now used about six or eight boxes, and am completely relieved.

## Healthful Action of the Bowels

Is the most Certain Means of  
Avoiding Serious and  
Dangerous Disease

It is a crime against the body to neglect to keep the bowels regular. Constipation is the beginning of all sorts of ailments of the kidneys, liver and intestinal tract, and only by avoiding constipation can you hope to keep the action of these other organs as it should be.

By increasing and invigorating the action of the liver and thus securing a good flow of bile—Nature's own cathartic—DR. CHASE'S KIDNEY-LIVER PILLS ensure regular and healthful action of the bowels. This is the only means by which constipation can be actually overcome and a host of serious derangements prevented. Disease can find no lodgment when the kidneys, liver and bowels are kept regularly active by the use of DR. CHASE'S KIDNEY-LIVER PILLS.

## CONSTIPATION

Mrs. Wm. Nash, R.R. No. 1, Bellamy's, Ont., writes:—"I suffered from constipation, sore back and kidney and liver derangements. DR. CHASE'S KIDNEY-LIVER PILLS relieved me and made me well again without having to be treated by a Doctor. I think that these pills are worth three times the price asked for them. In my girlhood home I remember having seen DR. CHASE'S NERVE FOOD and KIDNEY-LIVER PILLS always on hand, and we still use these in my own home with good results. DR. CHASE'S OINTMENT I have found most excellent for all kinds of sores, burns and cuts."

*Turn out page 7*

*PALMISTRY—Continued*

the line always denotes quarrels, and a very good and well traced Line of Saturn will annul the indications of a badly formed Line of Life.

A broken and ragged condition of the line betrays an inconstancy and changeability of fortune. Breaks in the line in the plain of Mars denote physical and moral struggles.

### *The Line of Apollo or Brilliancy*

The Line of Brilliancy may start either from the Line of Life, the Plain of Mars, or the Mount of the Moon. Whenever it is present it denotes glory, celebrity, wealth, art, merit, or success; its best aspect is when it is neat and straight, making a clear cut upon the Mount of Apollo, signifying celebrity in art and consequent riches, with a capacity of enjoying and making the best of them. Clearly marked, the line also denotes that the subject is under the favor or influence of the great; it gives him also the calmness of natural talent, and the contentment of self-appreciation.

It is necessary that this line exist in a real lucky hand to make its good fortune absolute, a good Line of Saturn will be seriously compromised by the absence of this line.

With the Mounts of Jupiter and Mercury developed, this line is a certain indication of wealth, and such a subject will become celebrated by his fortune, dignity, and merit, no less than by his talents and scientific capabilities.

Twisted fingers or a hollow palm are very bad signs with this line, for they show that the influences of the line are guided in an evil direction, and that the talents betokened by it are used for the attainment of bad ends.

The line, to have all its highest artistic significations, should be well colored; pale, it denotes that the subject is not actively artistic, but has merely the instincts of art, loving the things that are brilliant and beautiful. In these respects the indications are the same as those of a

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## Exhausted Nerves

Medical authorities are accustomed to refer to three stages of nervous exhaustion.

If your nerves are affected it is well to know it in order that restorative treatment may be employed while there is some foundation on which to build.

**First Stage.**—Lack of energy, endurance and strength; "That tired feeling"; drowsiness, brain fog; sluggishness of the vital organs; poor blood; bad circulation; sleeplessness.

**Second Stage.**—Nervous indigestion; headache; irritability; restlessness, super-sensitiveness; loss in weight; loss of power of concentration; irregular heart action; dizziness; lack of mental energy.

**Third Stage.**—Serious mental disturbances; fear; undue worry; melancholia; dangerous organic disturbances; hallucinations; suicidal tendencies and in some cases insanity. Other lamentable developments are locomotor ataxia or some form of paralysis.

If you have any reason to suspect that your nerves are becoming exhausted the prompt use of DR. CHASE'S NERVE FOOD is most essential. While you may overcome prostration and in some cases partial paralysis prevention is the wiser policy. An exhausted nerve cell can be restored but a dead nerve cell can never be replaced.



## Most Critical Time In a Girl's Life

Conditions and Symptoms Well  
Described by Dr. Roberts

"Nothing is more common with physicians," writes Hon. Dr. W. H. Roberts, Minister of Health, New Brunswick, "than to find that during the few weeks preceding the closing of the school term, we are visited by mothers having with them their daughters who have been cramming for final examinations and in the majority of instances the story related is something like this—'Doctor! I have brought Mary to you to see if you cannot do something for her. You know, she has been leading her class nearly all of the term; she is competing for the Governor-General's Medal, and we are so anxious that she be successful; but of late it is so hard for her to study, her head aches, she has no appetite, we cannot force her to partake of food, her bowels are constipated, she is so nervous, Doctor; she cannot get to sleep, sometimes for hours after she retires.'"

"She is so white and frail looking. We also notice her twitching her face, eyelids and mouth a lot, and of late tossing her head to and fro and we are fearful, if something is not done, she will not hold out and we do, so much, want her

to take the honors she has worked so hard for all winter."

"We take a look at the girl and find that in almost every particular the word describes the condition found. We find she is truly very anaemic in appearance, tongue quite heavily coated, generally far below the average weight. We notice, too, the nervous symptoms spoken of by the mother, simulating a beginning of chorea, or St. Vitus' dance. Upon examination of the heart, which she complains about as beating rapidly at times, there is revealed a functional murmur, and suspecting from her headache some possible eye complications, we have her see an oculist, who reports severe condition of astigmatism. At the same time, bear in mind, nature is doing her best to shapen and perfect her scheme of physical economy."

Such remarkable results are being obtained by the use of DR. CHASE'S NERVE FOOD, under conditions so well described by Dr. Roberts, that it becomes a duty as well as a pleasure to tell others about it.

### GIRL'S NERVES GAVE OUT

Miss Irene Grey, 157 Beech St., Halifax, N.S., writes:—"Two years ago I was going to school, it was my last year and I worked very hard day and night over my studies. I stayed indoors most of the time and my health was slowly but surely breaking down. I took a lot of medicines, but they all did me very little or no good. When the end of the term came and I graduated, I was a total wreck. I was thin and pale, my digestion was bad, I could not sleep nights, and my kidneys were in very bad shape.

"Cast on my own resources, I had to work, but finally my health broke down and I had to go away for a visit. The lady where I stayed told me of DR. CHASE'S NERVE FOOD, and after using three boxes I felt so much better that I got three more. I steadily regained my health and am now working every day. I owe my good health to DR. CHASE'S NERVE FOOD, and I hope that other persons who are in poor health will give it a fair trial."

*PALMISTRY—Continued*

high Mount of Apollo without the line; such a formation also gives a love of the beautiful without production, the Mount giving the instincts and the line giving the talents of art.

Absence of the line from the hand indicates want of success in projects and undertakings which lead to glory and success.

**The Line of Liver or Health**

The position which the Liver Line (Line of Health or Hepatica) occupies in the hand may be seen by looking at the map of the hand, but it will strike the palmist, after very little experience, that this line fully developed in a hand is comparatively scarce and the reason of this is the comparatively unhealthy lives which the majority of people live now-a-days.

Long, clearly traced and well colored and proportioned, the line denotes good health, gayety and clear conscience, and success in life. If it is lengthened up to the upper part of the palm it is a sign that the good health of the subject will last well into old age. A thoroughly good line of health will counteract the evil effects of a poor Line of Life, being an indication of good digestion, which will always prove a powerful agent in prolonging life.

The line should not be joined to that of the Life at its base, but just separated, this will indicate long life; joined at this point with the Line of Life, it is a sure indication of weakness of the heart.

**The Girdle of Venus**

This line, fortunately not universal, may be taken as a whole, to be a bad sign on any hand, indicating a tendency to debauchery which it is extremely difficult to conquer.

To a good hand, however, this line will expend itself by giving energy and ardor in every undertaking entered into by the subject, and this favorable influence of the line is the more certain if it is clear, neat, and going off upon the Mount of Mercury. To a good hand this will give

*Continued on page 16*

**BOY HAD ST. VITUS' DANCE FOR FIVE YEARS****Continually growing Worse Until Dr. Chase's Nerve Food Was Used**

Mrs. J. Spidle, Lower Cornwall, N.S., writes:—"When my boy was six years of age, he was stricken with chorea, or St. Vitus' Dance. I became alarmed, and began giving him medicines from first one, and then another doctor. I continued until he was eleven years old. At the age of nine, however, I had taken him out of school; but with all this care he became worse. One day I was reading a paper, and noticed DR. CHASE'S NERVE FOOD recommended for delicate nervous children. I bought six boxes and began giving my son this treatment. Before long I noticed a change for the better. He continued using them for eighteen months, and is now completely well again, is able to attend school, and is strong and hearty. I can highly recommend DR. CHASE'S NERVE FOOD to anyone suffering from nervous trouble."

**IN BED FOR A YEAR WITH ST. VITUS' DANCE**

Miss Rachel Mitchell, Mount Albert, Ont., writes:—"When my brother was eleven years of age he took St. Vitus' Dance. He could hardly hold anything in his hands and had to go to bed for about a year. Although he had a doctor attending him, he was unable to obtain relief. We read of DR. CHASE'S NERVE FOOD and decided to have him try it. While using the first box he began to improve, so we kept on using this treatment with him until he was restored to health, and he is now able to do work of any kind."

**Improves the Blood**

DR. CHASE'S NERVE FOOD makes the purest and richest of blood, increases the amount of blood and by enlivening the heart's action, adds to the rapidity of circulation.

# Thin Blood and Starved Nerves

The Cause of Many Ills Which Disappear with the Use of

## DR. CHASE'S NERVE FOOD

### SICK HEADACHES

Mrs. O. M. Orser, Cloverdale, N.B., writes:—"I suffered frequently from sick headaches and pains in the sides and back, was very nervous and had heart palpitations. After using 12 boxes of DR. CHASE'S NERVE FOOD I felt like a new person, the pains have all left me and I do all my own work."

### VERY NERVOUS

Mrs. J. S. Elliott, Coleman Sta., P.E.I., writes:—"I was very nervous and run down. Doctors' medicine did not help me but after using six boxes DR. CHASE'S NERVE FOOD I felt stronger and better than for many years."

### SEVERE HEADACHES

Mrs. Tena A. Smith, Country Harbor Cross Roads, N.S., writes:—"For ten years I had severe headaches. Powders only gave temporary relief and I became very nervous and rundown. The use of eighteen boxes of DR. CHASE'S NERVE FOOD made an entirely new person of me. I gained in weight and strength and feel that I owe my life to this treatment."

### HEART TROUBLE

Mr. G. H. Dick, Calgary, Alta., writes:—"When I was eighteen years old I was given up by all the doctors in my town as a hopeless case of heart failure. Friends advised me to use DR. CHASE'S NERVE FOOD, which I did, and now am totally relieved and have no trouble with my heart at all."

### AFTER BABY CAME

Mrs. Wm. Woods, Coldwater, Ont., writes:—"After baby came I was run-down, nervous, could not sleep, and had indigestion. DR. CHASE'S NERVE FOOD built me up and made me quite strong again."

### WEAK HEART

Miss Amy L. Metcalf, Arthur, Ont., writes:—"I was very nervous, my heart was weak, I did not sleep well and had headaches almost constantly. After using six boxes of DR. CHASE'S NERVE FOOD I felt fine and am free from those symptoms."

### EXHAUSTED NERVES

Mr. A. W. Foster, 178 Le Breton St., Ottawa, Ont., writes:—"I was nervous, restless and irritable, easily fatigued and unable to sleep for hours after retiring. In less than a week after beginning the use of DR. CHASE'S NERVE FOOD I was sleeping well and am now greatly restored in general health."

### NOW FEELS FINE

Mrs. Alex. Perry, 18 Ross St., St. Thomas, Ont., writes:—"My system was all run down when I began using DR. CHASE'S NERVE FOOD. My appetite is good now, I sleep well and my heart and nerves have been much strengthened and benefitted."

*PALMISTRY—Continued*

merely love of pleasure and energy therein.

It generally makes a subject hysterical and nervous, with a great tendency towards spiritualism and sorcery accompanied by a state of melancholy and depression.

**The Finger Nails**

If the nails are short and broad rather than long, with the skin growing far up them, the subject will be pugnacious, critical in disposition, and fond of domination in matters relating to himself and his surroundings; in fact, he will be imbued with a spirit of meddlesomeness.

Short nails denote sharpness, quickness of intellect and perspicacity—with a good Line of Head, they indicate administrative talent, with a good Line of Apollo they indicate irony and badinage.

Short nailed subjects make the best journalists, by reason of their love of criticism and readiness to engage in any dispute or contention. On a good natured and happy hand, or in a lazy hand, short nails denote a spirit of mockery and of good humored sarcasm, frivolity, criticism and contradiction.

It goes almost without saying that when the nails are short from the habit of biting them, they indicate nervousness, abstraction, subject to fits of melancholy, a worrying disposition and continual irritation.

White and shining, soft in texture, with a tendency to pinkness by reason of their transparency and of a normal and well proportioned length, the nails indicate a good spirit, delicacy of mind, sensitiveness, tact and good taste.

Nails that are both short and pale betoken falsehood and cunning, and a weak physical and moral nature.

Long nailed subjects are calmer in temper and more gentle than those with short nails; they are less critical and more impressionable and are of an artistic nature.

Nails that are long and thin and very much curved across the finger show a tendency to throat and lung trouble, and this is more accentuated when the nail is heavily ribbed or fluted.

Nails that are very thick, long and bent, are indicative of a nature inclined to be cruel and unchaste.

*Continued on page 18*

**NERVOUS INDIGESTION**

Mrs. Henry Monroe, R.R. No. 9, Picton, Ont., writes:—"Three years ago, I was taken down with stomach and nervous trouble, and doctored with all the doctors in my town without very much help. I became discouraged and almost despaired of gaining relief. However, I read of your wonderful DR. CHASE'S NERVE FOOD, and thought I would try one box. I could see some improvement after its use, so continued until I had taken eight boxes. By that time I felt like a new person, suffered no more from dizzy spells, or any of my old symptoms. I feel ninety per cent. better in every way."

**NERVOUS SHOCK**

Mrs. R. MacFarland, 71 Ravina Cres., Toronto, Ont., writes:—"May I recommend DR. CHASE'S NERVE FOOD which two years ago completely built up my system and relieved me of nerve trouble. I had doctored for some time, and even went to the country for a rest, but it did me no good at all. After a treatment of the NERVE FOOD, however, I regained my usual strength and have felt wonderfully well ever since."

**STOMACH AND  
NERVOUS TROUBLE**

Mr. John A. Eisenbach, Hespeler, Ont., writes:—"For two years I suffered from my stomach and nerves. I used to have vomiting spells and then again would be so dizzy I could hardly walk around. I had treatment from four doctors, but none of them helped me. I finally decided to give DR. CHASE'S NERVE FOOD a trial, and used about twelve boxes. The results were most satisfactory, I gained fifteen pounds in weight and I now feel fine."



## Every Woman Covets This Book

So frequently does DR. CHASE'S RECEIPT BOOK prove its usefulness in the home that every woman who is familiar with its contents longs for a copy.

Let us explain how you can get this valuable book, free of cost.

For a good letter of recommendation endorsed by a Justice of the Peace, Physician or Clergyman, we shall send you free one full-sized copy of DR. CHASE'S RECEIPT BOOK. This book is handsomely bound in cloth and is never sold for less than \$6.90. Besides giving the symptoms and treatment of disease it has a department devoted to cooking recipes, toilet preparations and business forms and book-keeping.

In your letter you should mention all the symptoms of your trouble, length of time affected, what other means of relief you tried and also the benefits obtained by using DR. CHASE'S MEDICINES. What we want is a complete and definite statement of some one case in which relief was effected. Give all the facts in your letter and we shall forward you the large Receipt Book, postpaid.

## NERVOUS DYSPEPSIA

Miss Mary Murphy, 64 Arthur St., Ottawa, Ont., writes:—"Before using DR. CHASE'S NERVE FOOD I had been troubled for years with nervous dyspepsia, so much so that there were a great many things that I could not eat at all on account of the distressed feeling afterward. I tried a great many remedies but nothing seemed to be of any use. I was almost in despair when DR. CHASE'S NERVE FOOD was recommended to me, but after using a few boxes of these pills I could eat and digest practically any kind of food. Since then I have always kept a box of DR. CHASE'S NERVE FOOD on hand and take a few if I ever feel any of the old symptoms returning."

## HEART TROUBLE

Mr. John Tucker, Elimville, Ont., writes:—"I suffered for a great many years from nervousness, heart trouble and neuralgia. I could not sleep at all, and had frequent headaches. My appetite also became poor and I was bothered with indigestion. I finally commenced using DR. CHASE'S NERVE FOOD and found it the best thing I ever tried. It relieved me right away and I soon got better. I cannot say too much in praise of this splendid medicine. My wife has also used it and we both think there is nothing to equal DR. CHASE'S NERVE FOOD."

## NERVOUS HEADACHE

Miss Eleanor Smith, 17 Jonas St., St. Thomas, Ont., writes:—"I suffered terribly with nervous headache and could not hold anything in my hands, they trembled so. I began a treatment of DR. CHASE'S NERVE FOOD, and think they are certainly wonderful. They have completely relieved me of nervousness, and now I feel quite strong. I shall recommend DR. CHASE'S NERVE FOOD to all my friends, for it has done wonders for me."

## TO TELL FORTUNES BY THE CARDS

In the first place, take a pack of cards and shuffle them well three times over, and making your significator which queen you please (if the lady performs the operations for herself, or king if a gentleman), then proceed to lay them on the table nine in a row; and wherever you find yourself placed, count nine cards every way, not forgetting your said significator, and then you will see what card your significator comes in company with; and whatever it is, so it will happen to you.

If two red tens come against your said significator, it is a sign of marriage or prosperity; the ace of diamonds is a ring, the ace of hearts is your house, the ace of clubs is a letter, the ace of spades is death, or some grievous affliction, spite or quarreling (for that is the worst card in the pack). The ten of diamonds is a journey. The three of hearts is a salute, the three of spades is tears, the ten of spades is sickness, the nine of spades is a sad disappointment or trouble, the nine of clubs shows a jovial entertainment or revelling, the nine of hearts feasting, the ten of clubs traveling by water, the ten of hearts some place of amusement, the five of hearts a present, the five of clubs a bundle, the six of spades a child, the seven of spades a removal, the three of clubs fighting, the eight of clubs confusion, the eight of spades a roadway, the four of clubs a strange bed, the nine of diamonds business, the five of diamonds a settlement, the five of spades a surprise, the two red eights new clothes, the three of diamonds speaking with a friend, the four of spades a sick bed, the seven of clubs a prison, the two of spades a false friend, the four of hearts a marriage-bed. When several diamonds come together, it is a sign that you will soon receive some money; several hearts, love; several clubs, drink and noisy troublesome company; and several spades, trouble and vexation.

If a married lady doth lay the cards, she must then make her husband the king of the same suit she is queen of, but

*Continued on page 20*

## "AFTER MY BOY'S BIRTH"

Mrs. W. German, 213 Park St., Brockville, Ont., writes:—"Some years ago, after the birth of my boy, I became very weak, gradually lost weight until I was unable to do my work. I could not sleep, my nerves would twitch and jump so that I arose in the morning with heavy aching limbs and head. Indigestion helped to make the misery worse, and my heart would palpitate terribly. I doctored steadily for six years and never seemed any better, but just dragged from one year's end to another, feeling that I could never be well again.

"One lucky day, however, on the advice of friends, I commenced a treatment of **DR. CHASE'S NERVE FOOD**. I have only taken twelve boxes, but I wish you could see the difference. I am able to go about and enjoy myself again, and feel entirely like a new woman."

## Nurse Pays Tribute To Dr. Chase Her Health Restored After Breakdown

Mrs. W. H. Parker, Obstetrical Nurse, 19 Wellesley Ave., Toronto, writes:—"Some years ago, I suffered with my back, and there were days when I could not walk, it was so painful. The doctor said it was from nothing but hard work. My nerves were so bad that I could not sleep, and I also suffered dreadfully with piles. I took different kinds of medicine and used salves which did me no good. Finally I started to take **DR. CHASE'S KIDNEY-LIVER PILLS**, which relieved my back in a short time, and then I began taking **DR. CHASE'S NERVE FOOD** also. I used five boxes of the **NERVE FOOD** and three of the **KIDNEY-LIVER PILLS**, and can say I am now as well as I ever was.

"After the results obtained from these two medicines, I decided to try **DR. CHASE'S OINTMENT** for piles, and I am now absolutely free from this trouble—no pains, no aches—nothing but good health. I am a nurse, and always carry **DR. CHASE'S OINTMENT** about with me—I have relieved dozens of babies of eczema with it."



## Mending To Do?

Whenever there are children there is plenty of mending to do, and what mother does not dread the mending of clothes and stockings?

Unfortunately, it is usually necessary for the busy mother to leave the mending until some quiet hour when the children have been got off to bed. This necessitates working by artificial light, with unusual straining of the eyes.

It is this straining of the eyes which makes one feel so tired after mending, sewing, shopping or doing fancy work.

When you think of how constantly the eyes are employed, and of the continual changing of the focus to suit the distance of the object viewed, you may not be surprised to know that the optic nerve consumes an enormous amount of nervous energy.

For this reason straining of the eyes brings on fatigue, and often leads to nervous breakdown.

There is no magical way by which exhausted nerves can be restored.

It takes time and patience in order that the depleted nerve cells may be nourished back to health and vigor, but you may be sure of satisfactory results if you use DR. CHASE'S NERVE FOOD regularly.

We know that DR. CHASE'S NERVE FOOD is composed of the vital substances which go to the upbuilding of the ner-

vous system. We have the utmost confidence in its restorative properties, because we have seen it tested in so many thousands of cases. But how are we going to prove this to you unless you try it? You are the one to be benefited, so it remains for you to make the test.

## WOULD JUMP AT EVERY SHADOW

Mrs. A. W. Tucker, Waubaushene, Ont., writes:—"Four years ago my nerves were in such a bad condition that I would jump at every shadow, and I had been in that condition since the San Francisco Earthquake in April 1906. A friend recommended the use of DR. CHASE'S NERVE FOOD. I gave it a trial and finding it beneficial, continued until I had used about five boxes. It did me a world of good, and I can honestly recommend it as a wonderful remedy for the nerves."

## NERVOUS EXHAUSTION

Mrs. J. E. Beare, 318 Jackson St., W., Hamilton, Ont., writes:—"I can highly recommend DR. CHASE'S NERVE FOOD, as I have proved them to be all you claim of them. For almost three years I suffered from nervousness, unable to sleep and worried over the least thing. My appetite was not good, and I had indigestion. My muscles and nerves twitched terribly, and I had palpitation of the heart. I consulted a doctor, and he just said I had nerve trouble. As I did not get any better, I finally decided to try DR. CHASE'S NERVE FOOD, and I am thankful that I did so. They made me feel like an entirely new woman, and I know of several other cases where people have been relieved by the use of DR. CHASE'S NERVE FOOD."

## Isn't It Great

It's great to have good health—to feel fit for work and ready for play.

Rich blood and steady nerves are the foundation of this condition and the result of using DR. CHASE'S NERVE FOOD.

*FORTUNE TELLING—Continued*

if a single lady doth make use of this science, she must make her lover what king she may think proper: the knaves of the same suit are the men's thoughts, so that they may know what they are thinking of, counting nine cards from where they are placed; and if any lady should wish to know whether she shall obtain her desires in any particular object, matter or thing whatsoever, let her shuffle the cards well, most seriously and earnestly wishing all the time for some one thing: she must then cut them once, particularly observing at the same time what card that is which she cuts, then shuffle them again, and deal them out into three parcels, which being done, looking carefully over every parcel, and if that said particular card which you have just cut doth come next yourself, or next the ace of hearts, you will have your wish; but if the nine of spades is next to you, you must then judge the contrary, as that is a disappointment; however, you may try it three times taking the major number of testimonies for a ground whereon to place your judgment.

This method of using the cards is both innocent and will afford you amusement, while that common, destructive and most pernicious habit of gaming, would otherwise tend to promote and complete the ruin of both your soul and body.

**TELLING FORTUNES**

BY THE

**TEA CUP**

Pour the grounds of coffee or tea into a white cup; shake them well about in it, so that their particles may cover the surface of the whole cup; then reverse it into the saucer, that all the superfluous parts may be drained off, and the figures required for fortune telling be formed. It is not to be expected upon taking up the cup that the figures will be accurately represented as they are in the cards, but it is quite sufficient if they bear some resemblance to any of the nineteen emblems; and the more fertile the fancy shall be of the person who inspects the

*Continued on page 22***HEADACHES BY DAY****SLEEPLESS AT NIGHT****But All is Well Now that Nerves Are Restored**

Miss Myrtle Vail, Belleisle Creek, N.B., writes:—"Three years ago I was all run down. I could not sleep at night, had severe headaches every day, and my heart often beat so violently that I felt as if I were smothering. I tried several medicines, without benefit, and finally my mother urged me to try DR. CHASE'S NERVE FOOD. A box was procured, and before half of it was taken I felt much better. I continued taking them until I felt so well that I did not need any more. Since then, when I suspect my blood of getting thin, I get a box and take part or all of it. My headaches have never returned. DR. CHASE'S NERVE FOOD is certainly a splendid medicine, and I can heartily recommend it to anyone as nervous and miserable as I was."

"I have known Miss Myrtle Vail during all her life, and do believe that all the statements made by her are true."—Martin W. Freeze, Justice of the Peace, Belleisle Sta., N.B.

**SUFFERED MUCH WITH RHEUMATISM**

Mrs. Hanford Tait, Newtown, Kings Co., N.B., writes:—"About two years ago I suffered with rheumatism and could not eat, sleep or rest. When about my work I would suffer so much that I would not know what to do. One day a friend of mine called and asked me why I did not try DR. CHASE'S NERVE FOOD. I said that I had tried so much that I did not like to waste any more money. I finally decided to try it, however. The first box made me feel better, and I continued to take the NERVE FOOD until I could eat anything I wanted, could sleep well, and was no longer troubled with rheumatism."

"This is to certify that I know Mrs. Hanford Tait personally and believe the above to be correct to the best of my knowledge."—Signed, A. S. Mace, Justice of the Peace.

## DR. CHASE'S LIVER MEDICINE

If you have experienced the irritability of temper, the depressed feelings and the upset condition of the digestive system resulting from torpid, sluggish liver you will read this page with interest and benefit. The more fully you realize the importance of the liver the more you will appreciate the far-reaching effect of Dr. Chase's LIVER MEDICINE.

DR. CHASE'S LIVER MEDICINE is not recommended as a treatment for any disease that is not the direct result of disordered liver. If, however, your liver is sluggish or defective, if you have a yellow complexion, pain under the shoulder, oppression about the stomach, bitter taste in the mouth, sick headache, liver spots, cold hands or feet, irregular bowels, or depressed spirits, Dr. Chase's LIVER MEDICINE will perfectly regulate the liver and remove the cause of the trouble.

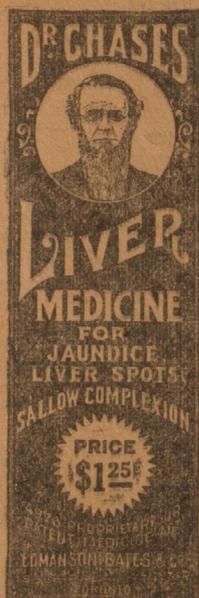
The bile which the healthy liver filters from the blood is Nature's cathartic and ensures regular and natural action of the bowels. By set-

ting the liver right, DR. CHASE'S LIVER MEDICINE affords a lasting relief for constipation, which is the cause of probably nine-tenths of the disorders of the digestive system. You can, therefore, readily understand that while this treatment is recommended particularly for liver derangements it is far reaching in its effects and by setting the liver right removes the cause of many symptoms.

DR. CHASE'S LIVER MEDICINE may be considered old fashioned by some because it is in liquid form, put up in large bottles and is a little bitter to the taste, but it has worked its way into public favor solely on its merits and has been instrumental in bringing relief to many sufferers.

DR. CHASE'S LIVER MEDICINE is sold in a large bottle containing 100 doses for \$1.25. As

an invigorating and regulating medicine for the liver it is unapproached. Your dealer will get it for you if he does not have it in stock. It can only be sent by mail at buyer's cost for postage and weighs under two pounds when packed.



*Tear out page 7*

*FORTUNE TELLING—Continued*

cup, the more he will discover in it. THE ROADS indicate ways; if they are covered with clouds they are said to be infallible marks of many past or future reverses. But if they appear in the clear and serene, are the surest tokens of some fortunate change near at hand; encompassed with many points or dots, they signify an accidental gain of money, likewise long life.

THE RING signifies marriage; if a letter is near it, it denotes to the person that has his fortune told, the initial of the name of the party to be married. If the ring is in the clear, it portends happy and lucrative friendship. Surrounded with clouds, denotes that the party is to use precaution in the friendship he is about to contract, lest he be insidiously deceived; but it is most inauspicious if the ring appears at the bottom of the cup, as it forebodes an entire separation from the beloved object.

THE LETTER.—By letters we communicate to our friends either pleasant or unpleasant news, and such is the case here; if this emblem is in the clear part, it denotes the speedy arrival of welcome news; surrounded with dots, it announces the arrival of a considerable remittance of money; but hemmed in by clouds, it is quite the contrary, and forebodes some melancholy or bad tidings, a loss, or some other sinister accident. If it be in the clear, and accompanied with a heart, lovers may expect a letter which secures to the party the possession of the beloved object; but in the thick it denotes a refusal.

THE COFFIN, the emblem of death, prognosticates the same thing here, or at least a long and tedious illness; if it be in the thick at the top of the cup, it signifies a considerable estate left by some rich relation; in the same manner at the bottom shows that the deceased is not so nearly related to the consulting party.

THE STAR denotes happiness if in the clear, and at the top of the cup; clouded or in the thick, it signifies long life, though exposed to various troubles. If dots are about it, it foretells great fortune, wealth, high respectability, honors, etc.

*Continued on page 24*

## CHANGE OF LIFE BRIGHT'S DISEASE

### In Critical Condition When Treatment Began

Mrs. M. J. Dixon, 102 Victoria Drive, Vancouver, B.C., writes:—"When I first began to use DR. CHASE'S medicines I was far gone with kidney trouble and Bright's disease. I was at the change of life, and could not have lived long had I not been told of DR. CHASE'S medicines. I began using the KIDNEY-LIVER PILLS first, taking two pills three times a week for a long time. I suffered agony, but they gradually drove the poisonous acid out of my system. Then I took the NERVE FOOD to strengthen and build me up, and now thanks to these medicines I am in fine health. My friends all say I am a wonderful woman for my age. I will soon be 75 years old, and do all my own work with the exception of the heaviest part of the house washing. I bake our bread and pastry, go all the messages, etc. I have no rheumatism, am in fine health generally, and thanks to DR. CHASE'S Medicines we never have need of a Doctor in our little home."

## IRRITATED NERVES FAINTING SPELLS

Mrs. Thomas Wilson, Wiwa Hill, Sask., writes:—"I became run down, would take fainting spells and was so easily annoyed I could stand no trouble or bother at all. I could not sleep lying down because I would choke. I could eat very little and that of only the lightest food.

"I had almost given up hopes of getting better when I read in DR. CHASE'S ALMANAC how DR. CHASE'S NERVE FOOD was recommended for my symptoms. I immediately started taking them, and it was no time until I felt my health improving. I could eat and sleep better and was not so irritable. Now I am quite well and do not feel any of the old symptoms at all."

*Tear out page 7*

## BLOOD POISON DEVELOPED

### But Dr. Chase's Ointment soon brought Relief

Mr. Joseph Lehman, Stratton, Ont., writes:—"For some years I have been subject to blood poison and any sore has to be taken care of immediately or infection develops. One day while ploughing I bruised my foot and though it hurt at the time, I paid no attention to it. It became worse, however, until I was barely able to walk. I bathed it in very warm water and applied some alcohol, but it got no better. I bathed it again and applied DR. CHASE'S OINTMENT generously. I suffered for hours, but the pain gradually ceased. I applied more OINTMENT, and the foot healed nicely, giving me no further trouble."

"This is to certify that I know Joseph Lehman and that this statement from him is correct."—Geo. G. Hughes, J.P.

## WORTH ONE HUNDRED DOLLARS TO THIS LADY

Mrs. Peter A. Palmer, Salt Burn, Sask. writes:—"DR. CHASE'S OINTMENT has completely relieved me of eczema and piles. I also used this OINTMENT for my baby, who broke out in eczema. A few applications were all that was necessary in her case. DR. CHASE'S OINTMENT has been worth a hundred dollars to me—before using it I had spent a great deal more than that in unsuccessful treatment from doctors. We have also used DR. CHASE'S other medicines, the NERVE FOOD having restored my health after suffering from severe nerve trouble when a girl."

## SAMPLE BOX FREE

See Coupon on Page 7 which  
Entitles You to a free Sample  
Box of Dr. Chase's Ointment

## ECZEMA NOT A BLOOD DISEASE

### This Idea exploded by the Re- cord Made By Dr. Chase's Ointment

Some doctors still advise internal treatment, but the results are slow and uncertain, and too often a lamentable failure. With DR. CHASE'S OINTMENT it is different. You apply the ointment to the sore parts. It cleanses the sores and soon sets up the healing process. In a few days you can see with your own eyes the wonderful change that is taking place and are encouraged to keep up the treatment until relief is complete and the sores replaced by smooth, natural skin.

It is wise to look after your general health, keep the bowels regular and the blood rich, but you can depend on DR. CHASE'S OINTMENT to relieve the eczema if you will do your part and apply it regularly.

## IN KEEN DISTRESS FROM ECZEMA

### Most Remarkable Case

Mrs. Arthur S. Beals, R.R. No. 3, Laurencetown, N.S., writes:—"I had eczema in my hands so bad that I would have to wrap each one of my fingers and thumbs up in white cotton before I could put my hands in water, and when the water touched them the pain was terrible. Finally I had to wear rubber gloves to do my work. My physician did all he could for me, but the more treatments I used, the worse my hands became. I tried everything the neighbors prescribed, but all to no avail. Only the Lord and myself knows what I suffered for two or three years. At last some person recommended DR. CHASE'S OINTMENT. With very little faith I tried it, but I am thankful to say that after a few applications my hands began to improve, and after eight or nine boxes they were quite well again. That was 28 years ago, and I have never had a symptom since."

*FORTUNE TELLING—Continued*

Several stars denote some good and happy children, but surrounded with dashes, shows that the person's children will cause him or her grief and vexation in old age, and that you ought to prevent it by giving them a good education in time.

**MOUNTAIN.**—If it represents only one mountain, it indicates the favor of people of high rank, but several of them, especially in the thick, are signs of powerful enemies; if in the clear, denotes the contrary, or friends in high life, who are endeavoring to promote the consulting party.

**TREE.**—One tree only, if it be in the clear, or thick part, points out lasting good health; several trees denote that your wish will be accomplished. If they are encompassed with dashes it is a token that your fortune is in its blossom, and will require some time to bring it to maturity. If it is accompanied with dots, it is a sign that you will make a fortune at a distance off, where you will reside.

**CHILD.**—In the clear part, it bespeaks innocent intercourse between the consultant and another person; in the thick part, excess in love affairs, attended with great expenses; at the bottom of the cup, it denotes the consequences of libidinous amours.

**WOMAN** signifies much joy in general. If in the clear this emblem has a more favorable signification than in the thick; there it shows a very great happiness, here a great deal of jealousy. If dots surround the image, it explains the lady's fertility or her wealth. The different positions in the cup shows, at the top, and in the middle, that you will be in love with a virgin, but at the bottom it marks that she is a widow.

**THE ROSE, OR ANY OTHER FLOWER,** the greatest success in the arts and sciences; if the consulting party be married, he will have good children, and all the fruits to be expected from their good education in his old age.

**THE HEART,** if it be in the clear, signifies future pleasure. It promises joy at receiving some money if surrounded with dots. If a ring, or two hearts be together, it signifies that the party is about

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## ECZEMA ON HEAD SOON DISAPPEARED

### Once Dr. Chase's Ointment Was Used

Mr. Norman Benoit, R.R. No. 2, Bear Line, Ont., writes:—"I took eczema on my head and had to have my hair cut off closely. The eczema caused such itching that I could not keep from scratching it. I read in an Almanac of DR. CHASE'S OINTMENT, and gave it a trial. The first small box helped, so I bought one of the \$2.00 size, and before it was all used the eczema had disappeared. I gladly recommend DR. CHASE'S OINTMENT to anyone suffering from eczema."

### NO RELIEF OBTAINED IN FIVE YEARS

Mrs. M. E. Hughston, Craigmillar, via Czar, Alta., writes:—"I had eczema for at least five or six years, it broke out on my left ankle and spread all around my foot and knee. I spent dollars and dollars trying to get rid of it—tried everything from doctors to patent medicines—before using DR. CHASE'S OINTMENT. This gave the best possible results, affording permanent relief."

### TWENTY YEARS WITH ECZEMA

Mrs. Jacob Dentinger, Formosa, Ont., writes:—"I suffered from eczema on my hands and limbs for over twenty-five years, and doctored with several doctors, but never got relief. At last one limb became very bad and developed a running sore. I doctored with this for months, but it only kept getting worse. In reading one of DR. CHASE'S ALMANACS one day, I read of all the cases where DR. CHASE'S OINTMENT had been used with such splendid success, and decided to try it. The first box gave me relief, and after I had used three boxes, the eczema and sore were completely gone."



## Beauty of the Skin

Cleanliness the Essential—  
Cheap Soaps and Powders  
to be Avoided

Cheap, inferior soaps and pore-clogging powders are the greatest enemies to the health and beauty of the skin. Skin powders are in reality only white dirt. They absorb the perspiration and form a sort of paste, which seals up the pores and positively stops the natural eliminating action of the skin.

To have a beautiful skin, you should use only the best of soap, and when roughness or irritation of the skin arises the application of **Dr. Chase's Ointment** will soon restore the natural smoothness and beauty of the skin.

The almost magical effect this ointment has in the cure of eczema, salt rheum, blackheads, pimples and all forms of itching skin eruptions is the wonder of all who use it. It acts as a food for the skin, and is consequently a beautifier of most remarkable effectiveness.

### PIMPLES ON FOREHEAD

Miss Milly B. Fayle, Millerton, N.B., writes:—"I want to say that I was completely relieved of pimples on the forehead by using one box of **Dr. Chase's Ointment**."

**Dr. Chase's Ointment** cleans out the pores of the skin and increases the natural activity of the skin as an eliminating agent. If you would have a clear, healthy, beautiful skin, **Dr. Chase's Ointment** will help you to realize your wish as nothing else can. 60 cents a box, all dealers. Sample box free, if you tear out page 7. Edmanson, Bates & Co., Limited, Toronto.

## FORTUNE TELLING—Continued

to be married or betrothed; if a letter be perceptibly near it, it shows the initial of a person's name; if a letter be in the clear, the party is a virgin; if in the thick a widow.

**BIRDS IN GENERAL.**—In the clear, it signifies that the discomforts and troubles with which the person shall have to combat, will soon be over; in the thick, it is a sign of good living, and of a successful journey or voyage, which if there are dashes, will be directed to a great distance.

**FISH IN GENERAL,** denote successful events by water, if in the clear, which will either happen to the consulter, or improve the state of his affairs beyond the water. If they are in the thick, the consulter will fish in troubled water, and place his confidence upon that which others have lost before him. Surrounded with dots, denotes that his fate calls him to some distant place.

**LION, OR ANY OTHER FEROCIOUS BEAST.** At the top, in the clear, it signifies all kinds of good luck with people of high rank; at the bottom, it warns the consulter to shun all such intercourse, as he will, at all events, find persons who will be envious of his fortune, and not see it with indifference.

**THE DOG,** being at all times the emblem of faithfulness or envy, has a twofold meaning here. At the top, in the clear, it signifies true and faithful friends; but if his image be surrounded with clouds and dashes it shows that those whom you take for your friends are not to be depended on; but if the dog be at the bottom of the cup, you have to dread the effects of extreme envy or jealousy.

**THE LILY.**—If this emblem be at the top, or in the middle of the cup, it signifies that the consulting party either has, or will have, a virtuous spouse; if it be at the bottom it denotes quite the reverse. In the clear the lily further betokens long and happy life; if clouded, or in the thick, it portends trouble and vexation, especially on the part of one's relations.

**THE CROSS,** be it one or more, generally predicts adversities; its position varies, and so do the circumstances. If it be at the top, and in the clear, it shows that the misfortunes of the party will

soon be at an end, or that he will easily get over them; but if it appears in the middle or at the bottom of the thick, the party must expect some severe trials.

**THE CLOUDS.**—If they be more light than dark, the person will have a good result from wishing, but if black, it must be given up.

## Dr. Chase's Ointment Is Invaluable Wherever There is Itching Skin or a Sore That Will Not Heal

Among the troubles for which DR. A. W. CHASE'S OINTMENT is used with splendid results are:

Eczema and Salt Rheum.  
Shingles, Tetter and Ringworm.  
Scald Head and Baby Eczema.  
Pimples and Blackheads.  
Chafing and Skin Irritation.  
Sore Feet and Toes.  
Ingrowing Toe Nails.  
Rough, Red Skin. Erysipelas.  
Chilblains and Frost Bites.  
Poisoned Skin. Poison Ivy.  
Itch, Barber's Itch, Prairie Itch.  
Hives and Insect Bites.  
Scalds and Burns.  
Sore and Cracked Nipples.  
Chapped Hands and Face.  
Sore and Inflamed Eyelids.  
Old Sores and Bed Sores.  
Itching peculiar to Women.

DR. A. W. CHASE'S OINTMENT is a positive relief for every form of itching, bleeding and protruding piles, pin worms and fistula.

## BAD ATTACK OF PROTRUDING PILES

Mr. C. H. Parrott, R.R. No. 1, Odessa, Ont., writes:—"In the summer of 1919 I had a very bad attack of protruding piles. I was so bad I could not walk for a time, and the pain I suffered was something terrible. I tried different treatments, but they did me no good, and my condition was serious. My wife heard of a similar case relieved by DR. CHASE'S OINTMENT. It completely relieved me and since then I have had absolutely no sign of piles.

## False Modesty About Piles

This Treatment Can Be Used in  
the Privacy of Your Own  
Home

Unfortunately there is a delicacy about mentioning this disease, even to the family physician.

As a result many a woman has pined away her life in misery rather than make known the cause of her suffering.

Besides the annoyance and at times excruciating pains caused by piles there is an undermining of the health which is positively serious and a depression of spirits which makes life a burden.

The dread of an operation keeps many from consulting a doctor and unfortunately every body does not realize what quick relief comes with the use of DR. CHASE'S OINTMENT.

So far as we have been able to learn there is no treatment obtainable which is so certain to relieve the suffering from itching, bleeding and protruding piles as DR. CHASE'S OINTMENT. Lasting benefit is just as certain in the great majority of cases if this treatment is used regularly for some time.

### ESCAPED AN OPERATION

Mrs. C. A. Flesher, Keystone, Alta., writes:—"I endured the pains of constipation for three years and the doctor told me I should have to undergo an operation for hemorrhoids. I was told of DR. CHASE'S OINTMENT and KIDNEY-LIVER PILLS, so I began using them, which caused me so much relief that we decided the operation was unnecessary. After two boxes of the pills I was entirely relieved and had no more trouble."

### SHE HAD PILES AFTER BABY CAME

#### Husband Also Permanently Relieved of this Annoying Ailment

Mrs. Le Roy E. Fancy, Church Lake, N.S., writes:—"We have used several of DR. CHASE'S medicines in our household, and find them splendid. After my first child was born, I suffered severely with bleeding piles, and had such pain I was forced to go to bed. Some one recommended DR. CHASE'S OINTMENT, and the very first application relieved the sharp pain. I used nearly a box of the OINTMENT and have not been troubled in this way since.

"My husband, who is a teamster in the woods in winter, and exposed to much cold and dampness, contracted piles from sitting on damp logs. He suffered severely until he used DR. CHASE'S OINTMENT, which speedily relieved him. That is over a year ago, and he has never had a return of piles since."

### CRAZY WITH ITCHING

Mr. Mark H. Ottrey, R.R. No. 3, Belleville, Ont., writes:—"I suffered terribly from itching piles and there have been days and nights when the itching almost set me crazy. But thanks to DR. CHASE'S OINTMENT I am now free from this annoying trouble. I feel like a new man, and consider DR. CHASE'S OINTMENT is worth its weight in gold. It certainly is worth many dollars to me to be rid of that terrible itching and you are at liberty to use my letter for the benefit of others if you wish."

### WHEN DOCTORS FAILED

Mrs. Edward Stewart, Box 56, New Richmond Sta., Que., writes:—"My husband was troubled with itching piles in the worst way. When two doctors failed to relieve him, I advised him to try DR. CHASE'S OINTMENT. He got a box, followed the directions, the very first application relieved him, and one box freed him of piles. It is now about two years since then, and he has had no return of this trouble."

*Tear out page 7*

## How Pneumonia Begins

Catching cold when tired and run down is the usual starting point of pneumonia. You have not the resisting power necessary to throw off these germs and once they get the upper hand the fight for life is a losing one.

With this knowledge in mind it becomes the duty of everybody to try to keep up the vitality of the body by the use, when required, of such a restorative as DR. CHASE'S NERVE FOOD. Rich blood is the most deadly foe of disease germs and this restorative fortifies the system by enriching the blood.

When you are so unfortunate as to catch cold, the use of DR. CHASE'S SYRUP OF LINSEED AND TURPENTINE is the best means of getting rid of it and preventing pneumonia or consumption.

## STUBBORN COUGH FOR FOUR YEARS

Mrs. Jeremiah M. Bigelow, Bigelow, Ont., writes:—"I had a very stubborn cough for over four years, and I tried doctors and almost everything without results. One day an old friend came in and asked me to try DR. CHASE'S SYRUP OF LINSEED AND TURPENTINE. I got a bottle at once, and it helped me. So I then got five more bottles, and it worked like magic. I have never been bothered since, and that is some years ago.

## BAD WITH ASTHMA

Mr. Thomas Bond, Shelldrake, North Shore, Que., writes:—"I suffered for some years with asthma, sometimes being unable to lie in bed, but after a treatment of DR. CHASE'S LINSEED AND TURPENTINE, I am now quite well and thank this medicine for restoring me."

## BRONCHITIS AND VERY BAD COUGH

### Lasted So Long Other Developments were Feared

Mr. J. Penrose, 207 Oak St., Toronto, Ont., writes:—"I was troubled with bronchitis and had a very bad cough. I had the cough so long I was becoming afraid of other developments. I tried all kinds of cough remedies without relief. I saw DR. CHASE'S SYRUP OF LINSEED AND TURPENTINE advertised and tried a bottle. I had used so many other medicines without results that I was greatly surprised at the relief I got from the LINSEED AND TURPENTINE. I bought five more bottles and was completely relieved. I have not been troubled in this way since, and that was just about two years ago. I would recommend DR. CHASE'S LINSEED AND TURPENTINE to anyone in preference to the so-called cough medicines."

## NEARLY LOST BABY WITH CROUP

### Has Depended on Dr. Chase's Medicines for 21 Years

Mrs. Alex. Thompson, Whitla, Alta., writes:—"When my first baby was born, I think she would have died from croup before we could reach a doctor, if it had not been for a neighbor who had a bottle of DR. CHASE'S LINSEED AND TURPENTINE in the house. This relieved her almost immediately. That was 21 years ago, and DR. CHASE'S MEDICINES have been friends of ours ever since."

## SAVED FROM PNEUMONIA

Mr. W. O. Kidder, R.R. No. 1, Noyan, Que., writes:—"I think DR. CHASE'S SYRUP OF LINSEED AND TURPENTINE is just wonderful for coughs and colds. Two bottles entirely freed my cough after I had tried every other cough medicine I knew of. I feel sure it saved me from having pneumonia, and I cannot recommend it too highly."

# Dr. Chase's <sup>Syrup</sup> <sub>of</sub> Linseed and Turpentine



## Baby Boy

### Had Bronchitis

Mrs. E. Henry, 556 Romaine St., Peterboro, Ont., writes:—  
“My little boy, now three years old, was born with bronchitis. We doctored with our family physician but he got no relief. He had it for two years, and all hope had been given up when a friend recommended DR. CHASE'S LINSEED AND TURPENTINE. I used several bottles of this, and it relieved him permanently. I cannot recommend it too highly. DR. CHASE'S KIDNEY-LIVER PILLS and OINTMENT are also good. Should any person wish this letter confirmed, you are at liberty to give my name and address.”

Confirmed by: W. L. Allison, Justice of the Peace and Notary Public, Wolfe Island, Ont.

“Hurry! Mother, I have a cough, give me some of Dr. Chase's Syrup. You know that always stops our coughing.”

Dr. Chase's Syrup of Linseed and Turpentine, 35 cents and 75 cents a bottle, at all dealers.



"See Bessie, you put the glass to your nose, the rubber to your mouth and give one quick blow and away it goes. It will relieve your catarrh."

## It is Easy to Use Dr. Chase's Catarrh Powder

Blower is enclosed  
in each box, Free

### Symptoms of Catarrh

Sneezing.  
Hawking and spitting.  
Droppings in the throat.  
Difficult breathing.  
Hoarseness.  
Deafness.  
Running of the nose.  
Offensive breath.  
Watery eyes.  
Redness of the nose.  
General weakness and debility.  
Headache.  
Noises in the ears.  
Stomach derangements.  
Stuffed up air passages.

### OFFENSIVE BREATH

Mrs. H. W. Sargent, Dunkin, Que., writes:—"DR. CHASE'S CATARRH POWDER relieved me of catarrh from which I had suffered for twenty-two years. Last March I was so bad I thought I would choke to death. I could not breathe through my nose at all and my breath was terribly offensive. The doctor told me an operation was necessary but three boxes of DR. CHASE'S CATARRH POWDER has relieved me completely. I want to express my thanks and to tell other sufferers of this great medicine."

### CATARRH IN THROAT

Mrs. James Morrison, Durham, Ont., writes:—"For two years I had suffered from Catarrhal Throat trouble, with all its disagreeable and annoying symptoms. Finally I came across DR. CHASE'S CATARRH POWDER, and it afforded thorough relief."

### CATARRHAL HEADACHES

Mr. W. A. Gillmor, Second Falls, N.B., writes:—"For twelve years I suffered all but death with headache—two or three days out of each week I was laid up with my head. About two years ago a man suggested that it might be catarrh, but I felt sure I did not have catarrh. My throat also had bothered me for years, but a few days use of DR. CHASE'S CATARRH POWDER relieved both throat and headache. I used this treatment for about two months, and at the end of that time my throat was quite well and my awful headaches gone. I am very thankful that I was lead to use DR. CHASE'S CATARRH POWDER, and trust that my experience may be of benefit to some one else suffering as I was."

## Catarrh Ravages the Whole System

Constitutional as well as local  
treatment is necessary for  
the complete restoration  
of health

Though we firmly believe that there is no preparation extant which affords such prompt relief for the distressing symptoms of catarrh as DR. CHASE'S CATARRH POWDER, we recognize the necessity in the majority of cases of general treatment to rebuild the wasted tissues, and consequently desire to emphasize the importance of using DR. CHASE'S NERVE FOOD along with DR. CHASE'S CATARRH POWDER. This is the ideal treatment for catarrh, because while the Catarrh Powder clears and purifies the choked up air passages, relieves the pressure which causes headache, and heals the catarrhal ulcers on the membranous linings, the NERVE FOOD enriches the blood, tones up the system and enables the constitution to entirely throw off the disease.

This combined treatment has proven so remarkably successful in many thousands of chronic cases that we can, with unusual confidence, recommend it to all sufferers from catarrh. It is the easiest thing in the world to call catarrh "cold in the head" and to neglect treatment with the fond hope that the disease will gradually wear away. Unfortunately such is not the case for it becomes chronic and gradually wears out the life of its victim.

## CHRONIC CATARRH

All the Disagreeable Symptoms  
have Entirely Disappeared

Mrs. Wm. Allen, 183 Park St., Chatham, Ont., writes:—"For some time I suffered with what appeared to be developing into a chronic state of catarrh of the head. The symptoms of the trouble were a continual desire to clear the throat before speaking or singing, dull headache, blurred vision, bad taste in the mouth and a never-ending accumulation of phlegm in the throat.

"I tried a great many treatments in an effort to gain relief from such an intolerable depressing condition of health. I may say the ordinary head-cold remedies had no effect whatever. My attention was attracted one day by an advertisement for DR. CHASE'S CATARRH POWDER. I at once secured a box and the most satisfactory results followed. After using one box I could breathe much freer, it entirely did away with the phlegm in my throat, and with the continued use of the CATARRH POWDER my other symptoms disappeared. I can heartily recommend DR. CHASE'S CATARRH POWDER and DR. CHASE'S OINTMENT also."

## HAD CATARRH

### SINCE CHILDHOOD

Never able to Obtain Relief Un-  
til Dr. Chase's Catarrh  
Powder Was Used

Mr. A. D. Besserer, formerly Justice of the Peace at North Bay, Ont., East Farnham, Que., writes:—"I had been troubled with nasal catarrh since I was a boy of fifteen years and now I am over sixty. I was treated by two of the best doctors in Montreal, without success. The symptoms I had were hawking and spitting, dropping in the throat, offensive breath, stuffed up air passages. About two years ago a friend of mine advised me to try DR. CHASE'S CATARRH POWDER, so I purchased four boxes, and after using them was so much better that I did not feel I required further treatment."

# Home Treatment

DR. CHASE'S system for the home treatment of disease is so simple that almost anyone can decide for himself what medicine is required. Study the symptoms given in this book, read the letters of relieved ones and then put the medicines to the test in your own case.

Not one of these medicines is ordinary in any sense of the word. They were only placed on public sale after long testing in

private practice and when the doctor found that he could not personally supply the demand.

Time has proven what a great service DR. CHASE has conferred on humanity by his system of medicines, for today no medicines have such enormous sales. They relieve where ordinary doctors and medicines fail and for this reason they are in demand everywhere.

## Dr. Chase's Backache Plaster

relieves quickly—Backache, lumbago, pains over the kidneys, weak lame back, sciatica, rheumatism, stiffness and soreness of joints and muscles, stomach pains and cramps, pleurisy, sore throat, chest

pains and aches wherever located. Full directions for use are found on the wrapper of each plaster, 25 cents at all dealers, or Edmanson, Bates & Co. Limited, Toronto.

## PRICES OF DR. CHASE'S MEDICINES



The portrait and signature of A. W. Chase, M. D., the famous Receipt Book author, are on all his medicines.

DR. A. W. CHASE'S KIDNEY-LIVER PILLS, one pill a dose, 25 cents a box.

DR. A. W. CHASE'S OINTMENT, 60 cents a box; Family size, \$2.00.

DR. A. W. CHASE'S NERVE FOOD (Pills), 50 cents a box.

DR. A. W. CHASE'S CATARRH POWDER, 25 cents a box, blower free.

DR. A. W. CHASE'S SYRUP OF LINSEED AND TURPENTINE, 35 cents a bottle. Family size, three times as much, 75 c. Can only be sent by mail or express at buyer's cost. Weight 2 lbs.

DR. A. W. CHASE'S LIVER MEDICINE, \$1.25. Can only be sent by mail or express at buyer's cost. Weight 2 lbs.

DR. A. W. CHASE'S BACKACHE PLASTER, 25 cents each.

**EDMANSON, BATES & CO., Limited**

Dr. Chase Building, Toronto Ont.



CROUP, BRONCHITIS,  
COUGHS AND COLDS  
ARE QUICKLY RELIEVED BY

Dr. Chase's *Syrup of*  
*Linseed and Turpentine*

