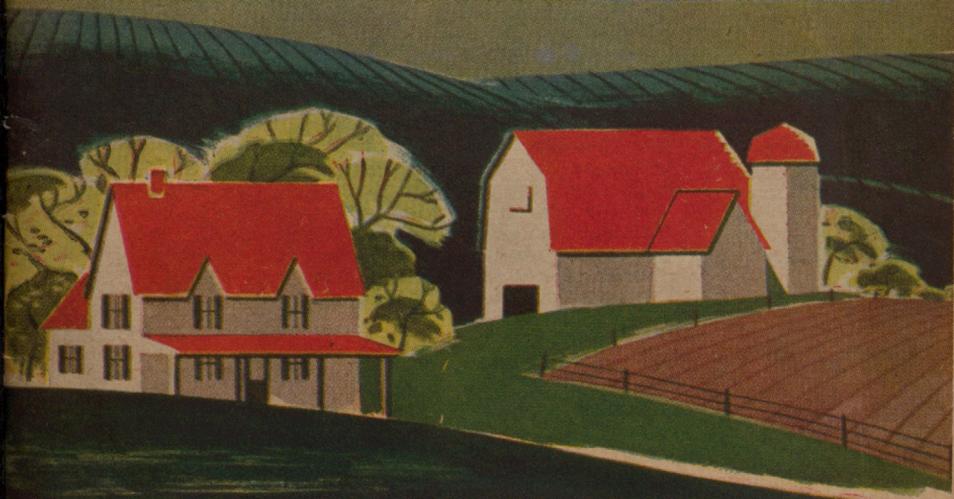
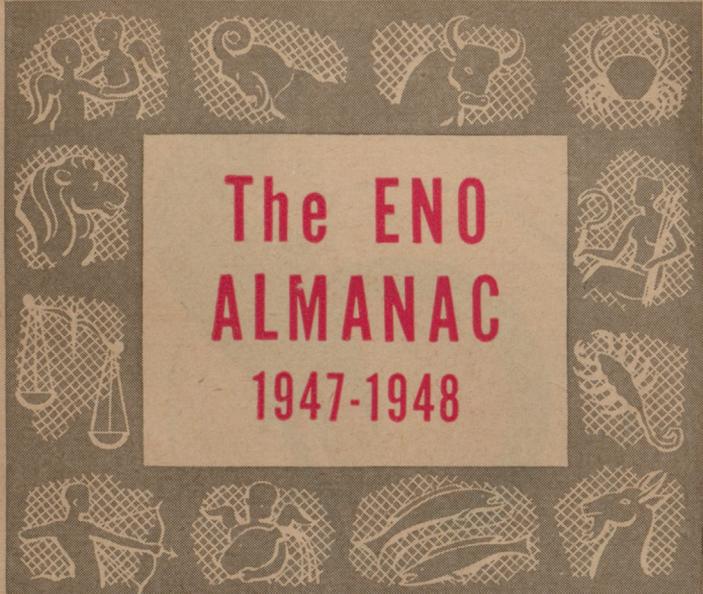


The ENO  
ALMANAC  
1947-1948





**ENO'S**

**'FRUIT**

**WAKE UP  
WITH A SMILE!**

**SALT'**

For generations Eno has helped millions of people attain that vigorous, buoyant health that usually comes from inner fitness. Eno relieves excess gastric acidity, helps nature free the system of food wastes which often cause constipation and headaches.

**FOR INNER FITNESS**



*The*  
**ENO ALMANAC**  
*and* **GUIDE TO BETTER LIVING**

---

*from* **APRIL 1st, 1947**  
*to* **MARCH 31st, 1948**

---

CONTAINING—Monthly calendars for the entire 12 months, astronomical calculations, tables of weights and measures, data on meal planning, farm accounts, first aid and other items of particular interest to the Canadian family.

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**J. C. ENO (CANADA) LIMITED,**  
**TORONTO, ONTARIO.**

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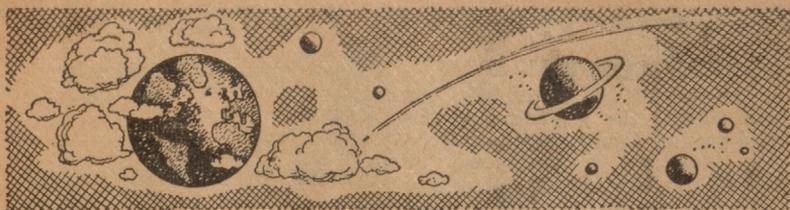


### My SCOTT'S EMULSION

### THE HIGH ENERGY TONIC

HELPS BUILD REAL STAMINA AND ENERGY

Good-tasting Scott's Emulsion helps tone up the system and build resistance to colds and infections. Helps children build strong bones, sound teeth, sturdy bodies. Rich in natural vitamins A and D and four times easier to digest than plain cod liver oil. Recommended for all ages the year around.



## » ASTRONOMICAL CALCULATIONS «

### Eclipses for 1947

The next twelve months will see two eclipses of the sun and one of the moon, only one of which will be visible in Canada.

The one which will be seen by Canadians is an Annular eclipse of the Sun occurring on November 12th, beginning at 12.14 p.m. and ending at 5.56 p.m. Eastern Standard Time. It will be visible in Western Canada, Southern Nova Scotia, Central America, the West Indies and most of South America.

### Seasons for 1947

*Spring*—Begins March 21st, 7.13 a.m., Maritime Provinces and Newfoundland; 6.13 a.m., Ontario and Quebec; 5.13 a.m., Manitoba; 4.13

a.m., North West Provinces; 3.13 a.m., British Columbia.

*Summer*—Begins June 22nd, 2.19 a.m., Maritime Provinces and Newfoundland; 1.19 a.m., Ontario and Quebec; 12.19 a.m., Manitoba; June 21st, 11.19 p.m., North West Provinces; 10.19 p.m., British Columbia.

*Autumn*—Begins September 23rd, 5.29 p.m., Maritime Provinces and Newfoundland; 4.29 p.m., Ontario and Quebec; 3.29 p.m., Manitoba; 2.29 p.m., North West Provinces; 1.29 p.m., British Columbia.

*Winter*—Begins December 22nd, 12.43 p.m., Maritime Provinces and Newfoundland; 11.43 a.m., Ontario and Quebec; 10.43 a.m., Manitoba; 9.43 a.m., North West Provinces; 8.43 a.m., British Columbia.

For quick soothing relief from Rheumatic Pains, Neuralgia, Bronchitis, Lumbago, Sciatica and Chest Colds use Thermogene Wool. At work and play outdoors use insoles made of Thermogene Wool—they keep the feet comfy and warm in the coldest weather.

**THERMOGENE** MEDICATED  
WOOL

FOR  
THE  
WARMTH  
THAT  
SOOTHES

# - - WORLD DATA - -

## CHRONOLOGICAL ERAS

The year 1947 of the Christian era will witness the beginning of the 81st year of Confederation on July 1st, 1947, and it corresponds to 6660 of the Julian period.

It will also see the beginning of the 12th year of the reign of King George VI which begins on December 12th, 1947.

On July 4th, 1947, will begin the 172nd year of the Independence of the United States of America.

The year 5708 of the Jewish era begins at Sunset on September 14th, 1947, Gregorian Calendar.

The year 1367 of the Mohammedan era, or the era of the Hegira, begins at Sunset on November 14th, 1947, Gregorian Calendar.

January 14th, 1948, Gregorian Calendar, corresponds to January 1st, 1948, Julian Calendar.

## CHRONOLOGICAL CYCLES

Dominical Letter .....	E
Epact .....	8

**EXHILARATING!**

**REFRESHING!**

**MACLEANS**  
PEROXIDE  
**TOOTH PASTE**



Sweetens your breath.  
Helps banish nicotine  
and surface stains.

Gives teeth dazzling  
natural brilliance.  
Not just cleans but  
**MACLEANS**

Lunar Cycle or Golden Number .....	10
Solar Cycle .....	24
Roman Indiction .....	15
Julian Period .....	6660

## TIME DIFFERENCES OVER THE WORLD

### 12 O'Clock Noon Eastern Stand- ard Time as Compared With Clocks in Canadian Cities

Montreal .....	12.00 Noon
Ottawa .....	12.00 Noon
Winnipeg .....	11.00 a.m.
Saint John, N.B. ....	1.00 p.m.
Toronto .....	12.00 Noon
Regina .....	10.00 a.m.
Quebec .....	12.00 Noon
Edmonton .....	10.00 a.m.
Moncton .....	1.00 p.m.
Victoria .....	9.00 a.m.
Hamilton .....	12.00 Noon
Saskatoon .....	10.00 a.m.
Charlottetown .....	1.00 p.m.
Windsor .....	12.00 Noon
Moose Jaw .....	10.00 a.m.
New Westminster .....	9.00 a.m.
London .....	12.00 Noon
Lethbridge .....	10.00 a.m.
Verdun .....	12.00 Noon
Kingston .....	12.00 Noon
Brandon .....	11.00 a.m.

### 12 O'Clock Noon Canadian Eastern Standard Time Compared With Clocks In World Cities

Alexandria, Egypt .....	7.00 p.m.
Athens, Greece .....	7.00 p.m.
Bombay, India .....	10.30 p.m.
Buenos Aires, Argentina..	1.00 p.m.
Hong Kong, China .....	1.30 a.m.*
Paris, France .....	5.00 p.m.
London, England .....	5.00 p.m.
Rome, Italy .....	6.00 p.m.
Sydney, Australia .....	3.00 a.m.*
Shanghai, China .....	1.00 a.m.*
Honolulu, Hawaii .....	6.30 a.m.*
Vienna, Austria .....	6.00 p.m.
Wellington, N.Z. ....	4.30 a.m.*

\*At the cities marked \* the time indicated is in the morning of the following day.



4th Month

APRIL, 1947

30 Days

MOON'S PHASES—ATLANTIC TIME

	D.	H.	M.
☉ Full Moon.....	5	11	28 a.m.
☾ Last Quarter.....	13	10	23 a.m.
☉ New Moon.....	21	12	19 a.m.
☽ First Quarter.....	27	6	18 p.m.

For East. time, deduct 1 hr.; Cent., 2 hrs.; Mount., 3 hrs.; Pac., 4 hrs.

Local Mean Time	Local Mean Time
Mar. Provs. and Nfld., Ontario and Quebec	Manitoba, West. Provinces and British Columbia

Day of Month	Day of Week	Zodiac Signs	HISTORICAL EVNTS, ETC.	Sun		Moon		Sun		Moon	
				Rises h.m.	Sets h.m.	Sets a.m.	Rises h.m.	Sets h.m.	Sets a.m.		
1	T	♈	All Fools' Day.....	5 43	6 26	4 06	5 39	6 30	4 25		
2	W	♈	First Dominion Census, 1871.....	5 40	6 28	4 39	5 36	6 32	4 53		
3	T	♈	Battle of St. Eloe, 1916.....	5 38	6 29	5 06	5 34	6 34	5 15		
4	F	♈	Good Friday.....	5 36	6 31	5 29	5 32	6 35	rises		
5	W	♈	First Day of Passover.....	5 35	6 32	rises	5 29	6 37	p.m.		
6	Sun	♈	Easter Sunday.....	5 34	6 33	p.m.	5 28	6 38	7 45		
7	M	♈	G. Charlton 1st Lt. Gov. of Que. 1776	5 31	6 34	8 46	5 25	6 40	8 58		
8	T	♈	Lt. Gov. appointed for N.W.T. 1875	5 29	6 36	9 54	5 23	6 42	10 11		
9	W	♈	Capture of Vimy Ridge, 1917.....	5 27	6 37	11 00	5 21	6 43	11 21		
10	T	♈	U.S. Patent Office established, 1790.	5 25	6 38	a.m.	5 19	6 45	a.m.		
11	F	♈	First Horse Railway in U.S.A., 1832	5 24	6 39	12 02	5 18	6 46	12 27		
12	S	♈	President Roosevelt died, 1945.....	5 24	6 41	1 00	5 15	6 48	1 26		
13	Sun	♈	Thomas Jefferson born, 1743.....	5 22	6 42	1 50	5 13	6 49	2 16		
14	M	♈	Uniform Canad. Currency est., 1871	5 20	6 43	2 32	5 11	6 51	2 56		
15	T	♈	Loss of Titanic, 1912.....	5 18	6 44	3 07	5 09	6 53	3 27		
16	W	♈	Riel expelled from Commons, 1874.....	5 16	6 45	3 36	5 08	6 54	3 52		
17	T	♈	Hon. Alex. MacKenzie died, 1892.....	5 14	6 47	4 01	5 06	6 56	4 13		
18	F	♈	Paul Revere's ride, 1775.....	5 12	6 49	4 24	5 04	6 58	4 31		
19	S	♈	Great Fire of Toronto, 1904.....	5 10	6 50	4 45	5 02	6 59	4 47		
20	Sun	♈	Cartier sailed from St. Malo, 1534.....	5 08	6 51	5 06	4 58	7 00	5 04		
21	M	♈	Trial by jury est. in Canada, 1785.....	5 07	6 52	sets	4 57	7 01	sets		
22	T	♈	Spanish American war began, 1898.....	5 05	6 53	p.m.	4 55	7 03	p.m.		
23	W	♈	St. George's Day.....	5 03	6 54	10 03	4 53	7 05	10 24		
24	T	♈	Gold discovered in Klondyke, 1896.....	5 01	6 56	11 19	4 51	7 07	11 45		
25	F	♈	Que. women granted prov. vote, 1940	5 00	6 58	a.m.	4 49	7 08	a.m.		
26	S	♈	Black Plague, London, 1665.....	4 59	6 58	12 54	4 48	7 09	12 54		
27	Sun	♈	Toronto capt'd by Americans, 1813.....	4 57	7 00	1 24	4 45	7 11	1 48		
28	M	♈	Battle of Freknam, 1918.....	4 55	7 01	2 08	4 43	7 13	2 29		
29	T	♈	Duke of Wellington born, 1769.....	4 53	7 02	2 43	4 41	7 14	2 59		
30	W	♈	DeCullieres Gov. of Canada, 1699.....	4 51	7 03	3 11	4 39	7 16	3 22		

**TAURUS—BULL—NECK—April 23 to May 23.** Positive, morose and good students. Excellent memories, strong likes and dislikes. Inclined to diseases of the throat. Handsome, rather large frame, good complexion and animal magnetism. Congenial with Sagittarius, Libra, Virgo, Scorpio, Cancer and Leo. Root crops of quick growth will be good when planted in this sign. These crops should be planted in the old or decreasing light of the moon to produce the best yield.

**BE BRIGHT! FEEL RIGHT! TAKE ENO'S "FRUIT SALT"**



# QUIZ

## FOR THE FAMILY

Quiz programs on the radio are popular these days for nearly everyone likes to test their knowledge. Here is a quiz you can try with your family. It is divided into two parts, one for adults, the other for children.

1. What is known as "White coal"?
2. How many pounds are there in the English "stone"?
3. Where is Timbuktu?
4. What are swatches?
5. In what year did Lindbergh make his solo flight from New York to Paris?
6. What mammal is able to fly?
7. On what day will the 20th century end?
8. Who wrote the poem "On Flanders Fields"?
9. What are "horse operas"?
10. What is a ramekin?
11. Who wrote the music—Gilbert or Sullivan?
12. Who was the uncrowned King of Arabia?
13. Where did Napoleon I die?

### For the Children—

Here is a quiz for the children of the family, based on popular story books.

1. Who lost her slipper?
2. Who had a wonderful wishing lamp?
3. Who let his playmates pay him for the privilege of whitewashing a fence?
4. Who took a 20-year nap on a hillside?
5. Who was it that "just growed"?
6. Who found the cave of the forty thieves?
7. Who lived on a desert island for a long time?
8. Who stole the singing harp?

*Answers on page 26*



When you are saying a thing which doesn't seem to mean much, you must say it with a great deal of authority.

### MOTHERS!

See how quickly Thermogene Medicated Wool relieves soreness and congestion of chest and throat. Simply apply this soft, medicated wool over the affected area and let it help bring you comforting relief. **Often breaks up a cold overnight!** Try it!

**THERMOGENE** MEDICATED  
WOOL

**QUICK  
RELIEF  
FROM  
CHEST  
COLDS**



5th Month

MAY, 1947

31 Days

MOON'S PHASES—ATLANTIC TIME

	D.	H.	M.
☾ Full Moon	5	12	53 a.m.
☾ Last Quarter	13	4	8 a.m.
☾ New Moon	20	9	44 a.m.
☽ First Quarter	27	12	35 a.m.

For East. time, deduct 1 hr.; Cent. 2 hrs.; Mount., 3 hrs.; Pac., 4 hrs.

Local Mean Time Mar. Provs. and Nfld., Ontario and Quebec	Local Mean Time Manitoba, West. Provinces and British Columbia
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Day of Month	Day of Week	Zodiac Signs	HISTORICAL EVENTS, ETC.	Sun		Moon			
				Rises h.m.	Sets h.m.	Sets a.m.	Rises h.m.	Sets h.m.	Moon Sets a.m.
1	T	♊	Quebec Act in force, 1775	4 51	7 04	3 34	4 38	7 17	3 41
2	F	♋	First sod for C.P.R. turned, 1881	4 50	7 05	3 56	4 36	7 19	3 57
3	S	♌	Columbus discovered Jamaica, 1494	4 49	7 06	4 16	4 34	7 21	4 31
4	Sun	♍	Napoleon arrived at Elba, 1814	4 47	7 08	rises	4 32	7 22	rises
5	M	♎	Napoleon died at St. Helena, 1821	4 45	7 10	p.m.	4 31	7 23	p.m.
6	T	♏	Death of King Edward VII, 1910	4 44	7 10	8 46	4 30	7 24	9 06
7	W	♐	Lusitania torpedoed, 1915	4 42	7 11	9 50	4 28	7 26	10 14
8	T	♑	V.E. Day, 1945	4 40	7 12	10 50	4 26	7 27	11 17
9	F	♒	Byrd flew over North Pole, 1926	4 39	7 13	11 44	4 24	7 29	a.m.
10	S	♓	Churchill named Prime Minister, 1940	4 38	7 16	a.m.	4 23	7 31	12 11
11	Sun	♈	Rogation Sunday	4 37	7 16	12 29	4 22	7 32	12 54
12	M	♉	Manitoba established, 1870	4 35	7 17	1 06	4 20	7 34	1 28
13	T	♊	Civil War in China, 1930	4 34	7 18	1 37	4 18	7 36	1 55
14	W	♋	Vaccination discovered, 1796	4 33	7 19	2 03	4 16	7 37	2 17
15	T	♌	Ascension Day	4 31	7 22	2 26	4 15	7 38	2 35
16	F	♍	Joan of Arc Canonized, 1920	4 31	7 22	2 47	4 14	7 39	2 52
17	S	♎	First Kentucky Derby, 1875	4 30	7 23	3 08	4 12	7 41	3 08
18	Sun	♏	U.E.L. Land at Saint John, 1783	4 29	7 24	3 29	4 11	7 42	3 25
19	M	♐	American Revolution began, 1775	4 28	7 25	3 53	4 10	7 43	sets
20	T	♑	Lindbergh flight to Paris, 1927	4 26	7 27	sets	4 09	7 45	p.m.
21	W	♒	Capture of Mount Royal, 1690	4 26	7 28	p.m.	4 08	7 46	9 23
22	T	♓	Raid on Zeebrugge, 1918	4 25	7 29	10 14	4 06	7 47	10 40
23	F	♈	N.W. Mounted Police formed, 1873	4 24	7 30	11 17	4 05	7 49	11 43
24	S	♉	Empire Day	4 23	7 31	a.m.	4 04	7 50	a.m.
25	Sun	♊	Whitsunday	4 21	7 32	12 07	4 03	7 51	12 29
26	M	♋	Volcano destroys towns, Java, 1919	4 21	7 33	12 46	4 02	7 52	1 03
27	T	♌	Habeas Corpus Act passed, 1679	4 20	7 34	1 16	4 01	7 54	1 28
28	W	♍	Great Fires at Quebec, 1845	4 20	7 35	1 41	4 00	7 55	1 48
29	T	♎	Earl of Durham, Gov. of Can., 1832	4 19	7 36	2 02	3 59	7 56	2 05
30	F	♏	Fredericton Incorporated, 1843	4 18	7 37	2 22	3 58	7 58	2 21
31	S	♐	End of South African War, 1902	4 18	7 37	2 42	3 57	7 58	2 36

**GEMINI—TWINS—ARMS**—May 23 to June 22. Negative, theoretical, but intellectual. Restless and faultfinders. Inclined to diseases of the bronchial tubes and arms. Tall body, sanguine complexion, brilliant eyes and brown hair. Congenial with Leo, Cancer, Virgo, Libra, Scorpio, Sagittarius. Good time to plant melon seeds and all plants that produce their yield above ground. The soil should be stirred in this sign to subdue all noxious weeds.

**TAKE BEECHAM'S TONIGHT—TOMORROW FEEL RIGHT**



## A FARM ACCOUNTING SYSTEM

**H**ERE is a direct entry bookkeeping system—using only one set of simple books—that will help you to keep accurate records of every financial transaction on your farm.

Three books are required and are used as follows:

(1) **Inventory:** This should be made before your books are started. In it should be shown the present value of all your farm assets. These are each building; land divided by fields or acres; livestock showing value per head; machinery and tools; feed and supplies; cash on hand or in bank, and amounts due.

(2) **Financial and Crop Record:** This book should contain columns for date, item and dollars and cents. Two pages are used for each account, credits being entered on right hand pages and charges on the left. All money paid out or received and all purchases or sales on credit should be entered in this book under the correct account. There should be one account for each principal crop, for each kind of livestock, each kind of labour, man, horse or tractor, for supplies, equipment, building and land, and for household or personal use. Each day all money paid out should be charged against the correct account and all money received credited to the proper account.

(3) **Work Record:** Almost any blank book will serve for this. It should have accounts for each crop, the kind of livestock and other principal farm operations. Against each account should be entered the number of man hours, horse or tractor hours spent on each account.

*Continued on page 20*



# BRYLCREEM

## THE PERFECT HAIR DRESSING

To look well-groomed, use Brylcreem every day. It keeps unruly hair in place all day, promotes natural lustre, helps remove loose dandruff. Preferred by millions! Buy a handy tube of Brylcreem today, and always ask your barber for a Brylcreem application.

**NO GUM • NO SOAP • NO ALCOHOL • NO STARCH**



6th Month

JUNE, 1947

30 Days

MOON'S PHASES—ATLANTIC TIME

	D.	H.	M.
☾ Full Moon . . . . .	5	12	53 a.m.
☾ Last Quarter . . . . .	13	4	8 a.m.
☾ New Moon . . . . .	20	9	44 a.m.
☽ First Quarter . . . . .	27	12	35 a.m.

For East, time, deduct 1 hr.; Cent., 2 hrs.; Mount., 3 hrs.; Pac., 4 hrs.

Local Mean Time Mar. Provs. and Nfld., Ontario and Quebec	Local Mean Time Manitoba, West. Provinces and British Columbia
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Day of Month	Day of Week	Zodiac Signs	HISTORICAL EVENTS, ETC.	Sun		Moon		Sun		Moon	
				Rises h.m.	Sets h.m.	Sets a.m.	Rises h.m.	Sets h.m.	Sets a.m.		
1	Sun	♁	Trinity Sunday . . . . .	4 17	7 39	3 27	3 56	7 59	2 53		
2	M	♁	Battle of Sanctuary Woods, 1916 . . . . .	4 17	7 40	3 55	3 55	8 00	rises		
3	T	♁	King's Birthday Official Celebration . . . . .	4 16	7 40	rises	3 55	8 02	p.m.		
4	W	♁	Rome captured by Allies, 1944 . . . . .	4 15	7 41	p.m.	3 54	8 03	9 08		
5	T	♁	Corpus Christi . . . . .	4 15	7 42	9 38	3 54	8 03	10 05		
6	F	♁	Y.M.C.A. organ'd in London, 1844 . . . . .	4 15	7 42	10 26	3 53	8 04	10 52		
7	S	♁	Frontenac reappointed Gov., 1689 . . . . .	4 15	7 43	11 06	3 52	8 05	11 28		
8	Sun	♁	Can. Legislat. met in Ottawa, 1866 . . . . .	4 14	7 44	11 39	3 52	8 06	11 58		
9	M	♁	U.S. papers pub. peace terms, 1919 . . . . .	4 13	7 45	a.m.	3 51	8 07	a.m.		
10	T	♁	Est. United Church of Can., 1925 . . . . .	4 13	7 45	12 06	3 51	8 07	12 21		
11	W	♁	Eighth Dominion Census, 1941 . . . . .	4 13	7 45	12 30	3 51	8 07	12 40		
12	T	♁	Trans-Canada High'y comp'd, 1943 . . . . .	4 13	7 46	12 51	3 51	8 08	12 57		
13	F	♁	Vancouver destroyed by fire, 1886 . . . . .	4 13	7 47	1 11	3 50	8 09	1 13		
14	S	♁	1st Parliament of Canada, 1841 . . . . .	4 13	7 48	1 31	3 50	8 10	1 28		
15	Sun	♁	Presbyterian Church est., Can., 1875 . . . . .	4 12	7 48	1 53	3 50	8 10	1 46		
16	M	♁	Laval arrived in Canada, 1659 . . . . .	4 12	7 48	2 19	3 50	8 10	2 06		
17	T	♁	Capture of Louisburg, 1745 . . . . .	4 12	7 49	2 50	3 50	8 11	2 32		
18	W	♁	Battle of Waterloo, 1815 . . . . .	4 13	7 49	3 31	3 50	8 11	sets		
19	T	♁	Incorporation of Regina, 1903 . . . . .	4 13	7 50	sets	3 50	8 12	p.m.		
20	F	♁	Great Fire, Saint John, N.B., 1877 . . . . .	4 13	7 50	p.m.	3 50	8 12	10 22		
21	S	♁	McCormick grain reaper pat'd, 1834 . . . . .	4 13	7 50	10 43	3 50	8 12	11 02		
22	Sun	♁	Diam. Jubilee, Queen Victoria, 1897 . . . . .	4 13	7 50	11 17	3 50	8 12	11 32		
23	M	♁	Manitoba entered Confeder'n, 1870 . . . . .	4 14	7 50	11 44	3 50	8 12	11 54		
24	T	♁	St. Jean Baptiste . . . . .	4 14	7 50	a.m.	3 51	8 13	a.m.		
25	W	♁	St. Paul's, London restored, 1930 . . . . .	4 15	7 51	12 07	3 51	8 13	12 12		
26	T	♁	6th Can. War Budget, 1944 . . . . .	4 15	7 50	12 28	3 52	8 13	12 28		
27	F	♁	1st mail on "Yankee Clipper", 1939 . . . . .	4 15	7 50	12 48	3 52	8 13	12 44		
28	S	♁	Signing of Versailles Treaty, 1919 . . . . .	4 15	7 50	1 09	3 53	8 13	1 00		
29	Sun	♁	Westminster Abbey completed, 1285 . . . . .	4 16	7 50	1 32	3 53	8 13	1 18		
30	M	♁	Stat. of Westminster approved, 1931 . . . . .	4 16	7 50	1 58	3 53	8 13	1 40		

**CANCER**—CRAB—BREAST—June 22 to July 21. Positive in disposition; optimists; lovers of home; good managers. Congenial with Taurus, Gemini, Aries, Scorpio, Sagittarius and Libra. This is a watery, fruitful sign in which all plants germinate quickly.

**BRYLCREEM CONDITIONS YOUR HAIR AS IT GROOMS IT**



## THE FIRST AID CHEST

**T**HESSE instructions are for FIRST AID use only. They will be found useful in cases of emergency. In severe cases, however, medical aid should be obtained as soon as possible.

**BLEEDING**—Use ice or ice-cold water to stop bleeding. Avoid the use of stimulants. Employ surgically clean dressings. For a cut artery in arm or leg apply a tourniquet above the wound and send immediately for a doctor.

**SPLINTERS**—To remove a large splinter, use tweezers made surgically clean by boiling in water or passing several times through a flame. A sterilized needle can be used to remove smaller splinters.

**ANKLE or FOOT SPRAINS**—Wrap member in folded gauze or towel and immerse in hot water. Add more water from time to time as hot as can be borne, for 20 to 30 minutes. Then bandage evenly and tightly and keep limb elevated.

**BEE STINGS**—The stinger of the bee is usually left in the wound, and if it can be found, should be removed by scraping off with a knife. (Plucking out with thumb and forefinger will empty the contents of the poison sac into the wound.) Then apply ammonia, baking-soda solution or salt water. These solutions will also relieve mosquito bites.

**POISON IVY**—One of the most effective applications which any druggist can prepare is the following: one-half grain carbolic acid, one-half ounce zinc oxide, one ounce lime water. Shake well and apply with absorbent cotton or small sponge. Repeat every hour until the inflammation disappears.

### WELL KNOWN REMEDIES FOR THE WELL EQUIPPED MEDICINE CHEST

**ENO'S "FRUIT SALT"**—relieves acidity, corrects sluggishness

**SCOTT'S EMULSION**—high energy tonic rich in sunshine vitamin D

**THERMOGENE WOOL**—for rheumatic pains, colds, muscular aches and pains

**MACLEAN BRAND STOMACH POWDER**—for indigestion, acidity, stomach disorders

**BEECHAM'S PILLS**—for gentle overnight constipation relief

**VENO'S COUGH SYRUP**—for coughs, colds, bronchitis, whooping cough

**GERMOLENE OINTMENT**—for boils, pimples, piles, rashes, eczema, ulcers

**SCOTT'S OINTMENT**—for burns, bruises, cuts, wounds, sunburn . . . rich in sunshine vitamin D

**THERMOGENE RUB**—for head colds, chest colds, nasal catarrh and simple sore throat

**NEWSKIN**—for cuts—protects the injury from dirt and germs

**GERMOLOIDS**—for relief of piles



7th Month

JULY, 1947

31 Days

MOON'S PHASES—ATLANTIC TIME

	D.	H.	M.
☾ Full Moon . . . . .	3	6	38 a.m.
☾ Last Quarter . . . . .	11	6	54 a.m.
☾ New Moon . . . . .	18	12	15 a.m.
☽ First Quarter . . . . .	24	6	54 p.m.

For East. time, deduct 1 hr.; Cent., 2 hrs.; Mount., 3 hrs.; Pac., 4 hrs.

Local Mean Time	Local Mean Time
Mar. Provs. and Nfld., Ontario and Quebec	Manitoba, West. Provinces and British Columbia

Day of Month	Day of Week	Zodiac Signs	HISTORICAL EVENTS, ETC.	Sun		Moon		Sun		Moon	
				Rises h.m.	Sets h.m.	Sets a.m.	Rises h.m.	Sets h.m.	Sets a.m.		
1	T	♈	Dominion Day . . . . .	4 17	7 50	2 29	3 54	8 13	2 07		
2	W	♈	U.S. President Assassinated, 1881 . . . . .	4 17	7 50	3 07	3 55	8 12	2 42		
3	T	♈	Opening Inter-Colonial Rail'y, 1876 . . . . .	4 18	7 50	3 53	3 56	8 12	rises		
4	F	♈	Independence Day, U.S.A. . . . .	4 18	7 50	rises	3 57	8 12	p.m.		
5	S	♈	Battle of Chippawa, 1814 . . . . .	4 19	7 49	p.m.	3 57	8 11	10 01		
6	Sun	♈	Brit. dirigible crossed Atlantic, 1919 . . . . .	4 19	7 49	10 09	3 58	8 11	10 26		
7	M	♈	U.S. annex Hawaii, 1898 . . . . .	4 20	7 48	10 34	3 59	8 10	10 46		
8	T	♈	Great fire at Montreal, 1852 . . . . .	4 21	7 48	10 55	4 00	8 10	11 03		
9	W	♈	Upper Can. bans slave imports, 1793 . . . . .	4 22	7 48	11 15	4 01	8 09	11 19		
10	T	♈	Allies invade Sicily, 1943 . . . . .	4 22	7 48	11 34	4 01	8 09	11 34		
11	F	♈	Bad fires in Porcupine area, 1911 . . . . .	4 23	7 47	11 55	4 02	8 08	11 49		
12	S	♈	Americans cross Detroit River, 1812 . . . . .	4 24	7 46	a.m.	4 03	8 08	a.m.		
13	Sun	♈	Start laying Atlantic cable, 1866 . . . . .	4 25	7 45	12 18	4 04	8 06	12 03		
14	M	♈	French Revolution starts, 1789 . . . . .	4 26	7 45	12 46	4 06	8 05	12 30		
15	T	♈	French retake "Hill 285", 1915 . . . . .	4 26	7 45	1 21	4 06	8 05	1 00		
16	W	♈	Earthquake in Los Angeles, 1920 . . . . .	4 27	7 44	2 06	4 08	8 04	1 42		
17	T	♈	Franco-Prussia war began, 1870 . . . . .	4 28	7 43	3 06	4 09	8 03	2 39		
18	F	♈	Treaty with N.W. Indians, 1817 . . . . .	4 29	7 42	sets	4 10	8 02	sets		
19	S	♈	Champlain surrendered Quebec, 1629 . . . . .	4 31	7 41	p.m.	4 11	8 00	p.m.		
20	Sun	♈	Brit. Col. entered Confeder'n. 1871 . . . . .	4 31	7 41	9 44	4 12	8 00	9 56		
21	M	♈	"First talkies" shown in N.Y., 1928 . . . . .	4 32	7 40	10 09	4 13	7 58	10 16		
22	T	♈	Second Battle of Marne, 1918 . . . . .	4 33	7 39	10 32	4 14	7 57	10 33		
23	W	♈	T.C.A. est. Trans-Atlan. Serv. 1943 . . . . .	4 34	7 38	10 53	4 16	7 56	10 49		
24	T	♈	Cartier reaches Gaspé, 1534 . . . . .	4 36	7 36	11 13	4 17	7 54	11 06		
25	F	♈	British capture Ft. Niagara, 1759 . . . . .	4 36	7 36	11 36	4 19	7 54	11 23		
26	S	♈	Unveiling of Vimy Memorial, 1936 . . . . .	4 37	7 34	a.m.	4 20	7 52	11 44		
27	Sun	♈	Bank of England established, 1694 . . . . .	4 38	7 33	12 01	4 21	7 51	a.m.		
28	M	♈	Beginning of World War I, 1914 . . . . .	4 39	7 32	12 31	4 23	7 49	12 09		
29	T	♈	Unemployment Insur. enacted, 1940 . . . . .	4 41	7 31	1 06	4 25	7 48	12 42		
30	W	♈	Thomas Gray, poet, died, 1771 . . . . .	4 42	7 30	1 49	4 25	7 47	1 23		
31	T	♈	Canada acquires N.W.T., 1870 . . . . .	4 43	7 29	2 40	4 27	7 45	2 14		

**LEO—LION—HEART**—July 21 to August 21. Passive in disposition; love flowers and art; sensitive. Congenial with Pisces, Capricornus, Aquarius, Gemini, Aries and Taurus. This is a barren sign. Unfavourable to growth of seed or transplanting. Favourable to destroy weeds.

**ENO'S "FRUIT SALT" Makes You Feel Fresh and Cool**



## YOUR WEATHER

The signs of weather are generally known by every good farmer. If he sees a red sky in the morning, he will plan on doing inside repair work, or the like, because he knows it will probably rain. If he sees a bright sky with scattered clouds and a steady wind in the northwest (or prevailing direction), he will look for fine weather. These signs are generally correct, for weather follows patterns.

In the Northern Hemisphere, weather generally travels as great masses of air (sometimes thousands of miles across), in an easterly direction. These air masses can be of

four different types: cold, dry air; cold, moist air; warm or hot, dry air; and warm or hot moist air. When two air masses of very different nature come together there forms a phenomenon known as a Front—as illustrated in the diagram above. This one is known as a Warm Front. It shows the development of clouds as a result of the warm air pushing up over the cold air. As the difference in pressure and temperature varies between the two air masses, so the weather of the Front varies.

In winter, a Front of this type would probably give a great amount of snow, starting with light flurries and becoming a heavy fall. In summer, showers, followed by heavy rain, would be experienced.

It is easy to tell when a Front of this kind is approaching. First signs are high wisps of feather-like clouds known as "Mares' Tails", with a thickening of cloud on the horizon. Before long, the "Mares' Tails" have moved farther along and the sky overhead becomes covered while the horizon from which the Front is coming has grown dark. A storm is approaching.

Clouds are water vapour. They are formed in many different ways. Air contains moisture and when, by rising to a higher level, the air is cooled below what is called its "Dew Point", clouds form. This moisture causes the sky to be red at sunset or in the morning. When the sun is low and its rays are slanting, the

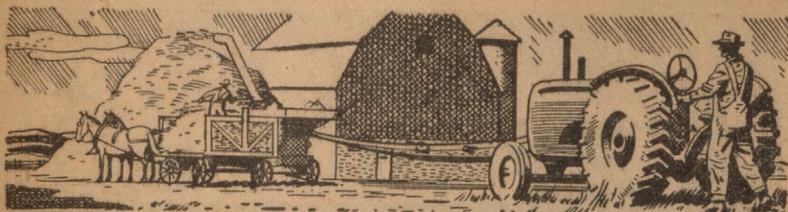
*Continued on page 24*

## GREAT NEWS FOR SUNBURN SUFFERERS

**New cod liver oil treatment  
relieves pain instantly—  
speeds rapid healing.**

Just apply Scott's Ointment to that flaming, tortured skin. Its rich cod liver oil base containing Vitamins A and D plus lanolin and petrolatum, soothe the pain and discomfort, promote faster healing. A great new scientific formula—try it! Buy a handy tube today.

## SCOTT'S OINTMENT



8th Month

AUGUST, 1947

31 Days

MOON'S PHASES—ATLANTIC TIME

	D.	H.	M.
☾ Full Moon.....	1	9	50 p.m.
☾ Last Quarter.....	9	4	22 p.m.
☾ New Moon.....	16	7	12 a.m.
☾ First Quarter.....	23	8	40 a.m.
☾ Full Moon.....	31	12	34 p.m.

For East. time, deduct 1 hr.; Cent., 2 hrs.; Mount., 3 hrs.; Pac., 4 hrs.

Local Mean Time Mar. Provs. and Nfld., Ontario and Quebec	Local Mean Time Manitoba, West. Provinces and British Columbia
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Day of Month	Day of Week	Zodiac Signs	HISTORICAL EVENTS, ETC.	Sun		Moon		Sun		Moon	
				Rises h.m.	Sets h.m.	Sets a.m.	Rises h.m.	Sets h.m.	Rises h.m.	Sets p.m.	
1	F	♋	R-100 arrived at Montreal, 1930...	4 44	7 28	3 38	4 28	7 44	8 04		
2	S	♋	Fire in Kootenay Valley, B.C., 1908	4 45	7 27	rises	4 29	7 42	8 31		
3	Sun	♌	1st Canadian telegraph est., 1846...	4 47	7 24	p.m.	4 31	7 41	8 52		
4	M	♌	Canada enters World War I, 1914...	4 47	7 24	9 01	4 32	7 40	9 10		
5	T	♌	Atlantic cable completed, 1858...	4 48	7 22	9 21	4 34	7 38	9 25		
6	W	♌	Official opening Welland Canal, 1932	4 50	7 21	9 40	4 35	7 36	9 40		
7	T	♌	Dusequene Gov. of Canada, 1752...	4 51	7 19	9 59	4 37	7 34	9 55		
8	F	♌	1st America Cup Yacht Race, 1870.	4 53	7 18	10 21	4 38	7 32	10 12		
9	S	♌	Coronation of K. Edward VII, 1902	4 53	7 17	10 46	4 39	7 31	10 32		
10	Sun	♌	Quebec Conference opened, 1943...	4 55	7 15	11 16	4 41	7 29	10 58		
11	M	♌	Man., Ont. boundary set, 1884...	4 56	7 14	11 55	4 42	7 27	11 32		
12	T	♌	Battle of Amiens, 1918.....	4 57	7 12	a.m.	4 44	7 25	a.m.		
13	W	♌	Civil govern't established, 1764...	4 58	7 10	12 46	4 45	7 23	12 20		
14	T	♌	Atlantic Charter proclaimed, 1941...	4 59	7 10	1 52	4 46	7 22	1 25		
15	F	♌	V.J. Day, 1945.....	5 01	7 09	3 09	4 48	7 19	2 45		
16	S	♌	N.B. separated from N.S., 1784....	5 02	7 07	4 31	4 50	7 17	sets		
17	Sun	♌	Disallow 3 Alberta Statutes, 1937...	5 03	7 05	sets	4 52	7 15	p.m.		
18	M	♌	Can. Steamer crosses Atlantic, 1833.	5 04	7 02	p.m.	4 53	7 14	8 36		
19	T	♌	Dieppe Raid, 1942.....	5 05	7 02	8 54	4 54	7 13	8 53		
20	W	♌	Colony of B.C. established, 1858...	5 07	7 01	9 15	4 56	7 11	9 09		
21	T	♌	Maple Leaf Canada emblem, 1860...	5 08	6 58	9 38	4 58	7 08	9 27		
22	F	♌	Quebec Bridge opened, 1919.....	5 09	6 56	10 02	4 59	7 06	9 47		
23	S	♌	Regina govt. seat for N.W.T., 1882.	5 10	6 54	10 30	5 00	7 05	10 11		
24	Sun	♌	End of Red River Rebellion, 1870...	5 11	6 53	11 04	5 01	7 03	10 41		
25	M	♌	Duke of Kent killed, 1942.....	5 12	6 51	11 45	5 03	7 00	11 18		
26	T	♌	C. Breton separ'd from N.S., 1784...	5 13	6 50	a.m.	5 05	6 57	a.m.		
27	W	♌	Fort Frontenac battle, 1758.....	5 14	6 48	12 33	5 06	6 55	12 06		
28	T	♌	World's first oil well drilled, 1859...	5 16	6 46	1 29	5 07	6 54	1 03		
29	F	♌	U.S. ends prohibition, 1933.....	5 17	6 45	2 30	5 08	6 53	2 08		
30	S	♌	Locate the planet Neptune, 1846...	5 18	6 43	3 35	5 10	6 50	3 17		
31	Sun	♌	John Bunyan died, 1688.....	5 19	6 40	4 41	5 12	6 47	4 27		

**VIRGO—VIRGIN—BOWELS**—August 21 to September 23. Intellectual, optimists, possess humour but indulge in satire. Inclined to diseases of digestive organs. Congenital with Capricornus, Aquarius, Pisces, Aries, Taurus, Gemini. A barren sign; unfavourable to growth of seed or transplanting. A good sign for flowers.

**Hot Days? Keep Cool with Refreshing ENO'S 'FRUIT SALT'**



## MENUS, RECIPES AND VITAMIN CHART

Farm wives can reduce their work and ensure that each day's meals will be both well-balanced and appetizing by making a point of planning in advance. A menu for a week's meals ahead can be drawn up by any housewife who will take a little while to sit down and put her ideas on paper.

When planning menus, there are certain foods that should be included every day:

**Milk**—Four cups for each child and two cups for each adult. This includes the milk used on cereals and desserts and cooked in food, as well as taken as a beverage.

**Vegetables**—Two or more servings besides potatoes, with green leafy or other raw vegetables four or more times weekly.

**Fruit**—Two or more servings, fresh, canned or dried, including some raw fruits or canned tomatoes.

**Grain Products**—Two or more servings as whole cereals.

**Meat or Fish**—One serving.

**Eggs**—One serving if possible.

**Water**—Six or more cups of liquid.

**AVOID**—Use of tea or coffee for children.

Use of over two cups of tea or coffee for adults.

Omitting meals.

Eating between meals.

Additional variety can be given any menu by serving dishes cooked in various ways—broiling, casserole, baking, etc. Left-overs, too, can be made into tasty meals with the use of a little imagination. Meat from a left-over roast, for example, may be put through a mincer and made into meat balls or patties. Or it can be made into a tasty meat loaf. Left-over celery stalks can be creamed or added to a stew for extra flavour.

Foods served hot in the casserole always appeal and are an easy way of using up left-overs disguised as new dishes. Try this for left-over roast or chicken:

- 1 medium size onion, diced
- 3 small carrots, sliced
- 2 small sticks celery (cut in small pieces)
- 4 medium sized potatoes, quartered
- $\frac{1}{2}$  green pepper, chopped fine
- 1 tablespoon butter
- Salt and pepper to taste
- Meat cut in small pieces

Place all ingredients together in casserole and cover with water. Cook in slow oven for one hour.

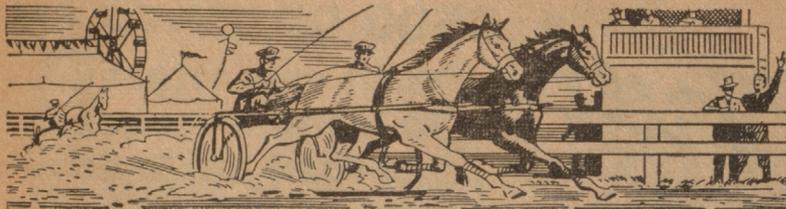
*Continued on page 26*

**FOR THE PEP AND ENERGY  
THAT COMES FROM  
INNER FITNESS**



**ENO'S  
'FRUIT  
SALT'**

*Refreshing Before Breakfast*



9th Month

SEPTEMBER, 1947

30 Days

MOON'S PHASES—ATLANTIC TIME

	D.	H.	M.
☾ Last Quarter.....	7	11	57 p.m.
☾ New Moon.....	14	3	28 p.m.
☽ First Quarter.....	22	1	42 a.m.
☽ Full Moon.....	30	2	41 a.m.

For East. time, deduct 1 hr.; Cent., 2 hrs.; Mount., 3 hrs.; Pac., 4 hrs.

Local Mean Time Mar. Provs. and Nfld., Ontario and Quebec	Local Mean Time Manitoba, West. Provinces and British Columbia
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Day of Month	Day of Week	Zodiac Signs	HISTORICAL EVENTS, ETC.	Sun		Moon		Sun		Moon
				Rises h.m.	Sets h.m.	Rises h.m.	Sets h.m.	Rises h.m.	Sets h.m.	Rises p.m.
1	2	M	Labour Day.....	5 20	6 38	7 26	5 14	6 45	7 32	
3	4	W	Great Fire of London, 1666.....	5 22	6 37	7 46	5 15	6 43	7 47	
4	5	T	England, France declare war, 1939..	5 23	6 36	8 05	5 16	6 42	8 02	
5	6	F	Allied troops capture Brussels, 1944..	5 24	6 34	8 25	5 18	6 39	8 18	
6	7	S	Est. Methodist Ch., Canada, 1883..	5 25	6 32	8 48	5 19	6 37	8 36	
7	8	Sun	Pilgrim Fathers sailed, 1620.....	5 26	6 30	9 17	5 21	6 35	8 59	
9	10	M	1st British troops in France, 1939..	5 28	6 27	9 51	5 23	6 32	9 29	
10	11	T	Surrender of Italy, 1943.....	5 29	6 26	10 37	5 24	6 31	10 11	
11	12	W	Battle of Flodden Field, 1513.....	5 30	6 24	11 35	5 26	6 28	11 08	
12	13	F	Sault Canal opened, 1895.....	5 31	6 22	a.m.	5 27	6 26	a.m.	
13	14	T	Second Quebec Conference, 1944..	5 32	6 20	12 45	5 29	6 24	12 20	
14	15	F	Canada's first War Budget, 1939..	5 34	6 18	2 04	5 30	6 23	1 43	
15	16	S	Wolfe captured Quebec, 1759.....	5 35	6 17	3 26	5 31	6 21	3 11	
16	17	M	Cartier sails up St. Lawrence, 1535.	5 36	6 14	4 47	5 33	6 19	sets	
17	18	T	Hebrew New Year (Rosh Hashanah)	5 37	6 12	sets	5 35	6 16	p.m.	
18	19	W	Florida Hurricane, 1926.....	5 38	6 10	p.m.	5 36	6 13	7 12	
19	20	T	1st Legislature, Upper Canada, 1792	5 40	6 08	7 38	5 37	6 11	7 29	
20	21	F	Surrender of Quebec, 1759.....	5 41	6 07	8 02	5 38	6 10	7 48	
21	22	S	Death of Lord Sydenham, 1841..	5 41	6 05	8 29	5 40	6 07	8 10	
22	23	Sun	Completion of Quebec Bridge, 1917.	5 43	6 02	9 00	5 42	6 05	8 38	
23	24	M	Joliet born at Quebec, 1645.....	5 44	6 00	9 39	5 44	6 02	9 13	
24	25	T	French Republic proclaimed, 1792..	5 46	5 59	10 25	5 45	5 59	9 58	
25	26	W	Autumn Begins.....	5 47	5 58	11 19	5 46	5 58	10 52	
26	27	T	Day of Atonement (Yom Kippur)..	5 48	5 55	a.m.	5 48	5 55	11 54	
27	28	F	Columbus' second voyage, 1493..	5 50	5 53	12 18	5 50	5 53	a.m.	
28	29	S	Pacific discovered by Balboa, 1513..	5 51	5 51	1 22	5 52	5 51	12 52	
29	30	T	Battle of Canal du Nord, 1918.....	5 52	5 49	2 28	5 53	5 48	2 05	
30		Sun	British Fleet mobilized, 1938.....	5 53	5 48	3 35	5 54	5 47	3 19	
		M	First Day of Tabernacles (Succoth).	5 55	5 46	4 41	5 55	5 44	4 36	
		T	Munich Conference, 1938.....	5 56	5 44	5 49	5 57	5 42	5 48	

**LIBRA**—SCALES—KIDNEYS—September 23 to October 26. Animal nature; hearty eaters; good inventors; executive ability; good judgment. Congenial with Taurus, Gemini, Aries, Aquarius, Pisces, Capricornus. This is a strong movable sign and seeds planted at this time produce vigorous pulp growth and roots and a reasonable amount of grain.

**Back to School—Be Well Groomed—Use BRYLCREEM**

# Free!

## \$500.00 IN CASH

### YOUR OPPORTUNITY TO WIN ONE OF OUR 100 CASH AWARDS!

Here is a simple contest for every member of your family . . .

100 cash prizes — each of \$5.00 — 50 for ladies and 50 for men — for the first 100 correct or nearest correct answers opened which list the 10 products mentioned below in order of their 1946 popularity in Canada.

This is a simple, easy and interesting contest that you can complete in just a few minutes . . . a contest which every member of your family can enter. Simply list on a sheet of paper the names of the 10 products mentioned below in the order of what you consider was their 1946 popularity with Canadians.

#### HERE ARE THE PRODUCTS:

Eno's "Fruit Salt", Beecham's Pills, Macleans Tooth Paste, Thermogene Wool, Scott's Emulsion, Germolene Ointment, Maclean Brand Stomach Powder and Tablets, Veno's Cough Syrup, Brylcreem, Newskin.

#### READ THESE RULES

1. On a sheet of paper list all the above 10 products in what you consider was their 1946 order of popularity in Canada as indicated by the number of units sold in Canada by J. C. Eno (Canada) Ltd. Number the products from one to ten.

2. Write your name and address on your entry and state whether Mr., Mrs. or Miss.

3. Each entry must be accompanied by a box top, wrapper, package insert, or a facsimile of one of them, from one of the above products.

4. Mail your entry to J. C. Eno (Canada) Ltd., (Dept. A), 296 Richmond St. West, Toronto 2B, Ont.

5. You may submit as many entries as you wish, but each entry must include a box top, wrapper, package insert, or a facsimile, from one of the above 10 products.

6. In addition to writing your own name and address on your entry, we would like you to give the name and address of the storekeeper from whom you usually purchase any or all of

the above products. If you do this —and if you win one of our valuable prizes—we'll send a special prize to the retailer named on your entry. It is quite permissible for your retailer to help you with your entry.

7. All entries, whether or not they win prizes, become the property of J. C. Eno (Canada) Ltd. None will be returned.

8. All winners will be notified by mail by June 30th, 1947. A list of winners will be available on request.

9. The decision of the judges, who are Directors of J. C. Eno (Canada) Ltd., must be accepted as final and binding on all contestants. No correspondence can be entered into.

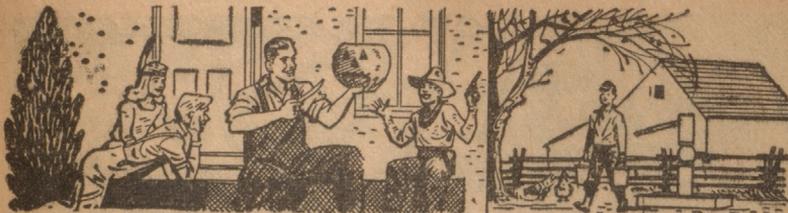
10. Employees of J. C. Eno (Canada) Ltd., their advertising and sales representatives and members of their families are not eligible.

11. This contest closes at midnight May 31, 1947, and all entries must be postmarked before that time.

**SEND IN YOUR  
ENTRY NOW!**

**Contest Closes Midnight  
May 31st, 1947**

**REMEMBER—YOU MAY WIN  
A CASH AWARD—FREE**



10th Month

OCTOBER, 1947

31 Days

MOON'S PHASES—ATLANTIC TIME

	D.	H.	M.
☾ Last Quarter.....	7	6	29 a.m.
☾ New Moon.....	14	2	10 a.m.
☽ First Quarter.....	21	9	11 p.m.
☽ Full Moon.....	29	4	7 p.m.

For East. time, deduct 1 hr.; Cent., 2 hrs.; Mount., 3 hrs.; Pac., 4 hrs.

Local Mean Time Mar. Provs. and Nfld., Ontario and Quebec	Local Mean Time Manitoba, West. Provinces and British Columbia
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Day of Month	Day of Week	Zodiac Signs	HISTORICAL EVENTS, ETC.	Sun		Moon		Sun		Moon
				Rises h.m.	Sets h.m.	Sets a.m.	Rises h.m.	Sets h.m.	Rises p.m.	
1	W	♋	Laval 1st Bishop of Quebec, 1674....	5 57	5 42	6 30	5 58	5 40	6 24	
2	T	♋	1st Assembly, Halifax, 1756.....	5 59	5 41	6 53	6 00	5 38	6 42	
3	F	♋	Cartier reaches Montreal, 1535....	5 59	5 30	7 19	6 01	5 36	7 03	
4	S	♋	Published first English Bible, 1535..	6 00	5 37	7 51	6 03	5 34	7 31	
5	Sun	♋	End of Eng. railroad strike, 1919...	6 02	5 35	8 33	6 05	5 32	8 03	
6	M	♋	Opening of Lachine Canal, 1825....	6 03	5 33	9 27	6 07	5 29	8 59	
7	T	♋	N.S. Legislature meets, 1758.....	6 04	5 31	10 32	6 08	5 27	10 05	
8	W	♋	Incorporation of Edmonton, 1904...	6 05	5 30	11 46	6 09	5 26	11 23	
9	T	♋	Cape Breton united with N.S., 1820.	6 07	5 28	a.m.	6 12	5 23	a.m.	
10	F	♋	1st steamboat on Great Lakes, 1818.	6 08	5 26	1 06	6 14	5 21	12 47	
11	S	♋	Start of South African War, 1899...	6 10	5 24	2 25	6 15	5 19	2 23	
12	Sun	♌	Columbus disc. America, 1492.....	6 11	5 22	3 42	6 16	5 16	3 36	
13	M	♌	Allies captured St. Michel, 1918....	6 12	5 21	4 58	6 17	5 15	4 57	
14	T	♌	H.M.S. Royal Oak sunk, 1939.....	6 14	5 19	sets	6 19	5 12	6 17	
15	W	♌	Champlain Lt. Gov. N. France, 1612	6 15	5 17	p.m.	6 20	5 10	sets	
16	T	♌	1st Can. Contingent Plymouth, 1914	6 16	5 15	6 27	6 22	5 08	p.m.	
17	F	♌	Univ. of Saskat. founded, 1907....	6 18	5 12	6 57	6 24	5 06	6 36	
18	S	♌	Alaska ceded to U.S., 1867.....	6 18	5 12	7 32	6 25	5 05	7 07	
19	Sun	♌	Lord Sydenham arrived, 1839.....	6 20	5 10	8 16	6 27	5 02	7 48	
20	M	♌	Govern't moved to Toronto, 1855..	6 22	5 08	9 07	6 29	5 00	8 39	
21	T	♌	Contract let to finish C.P.R., 1880..	6 23	5 06	10 05	6 30	4 58	9 30	
22	W	♌	Iroquois attack Ft. Vercheres 1692..	6 24	5 05	11 07	6 32	4 56	10 45	
23	T	♌	Fredericton capital N.B., 1896....	6 25	5 04	a.m.	6 33	4 55	11 54	
24	F	♌	2nd Battle of Passchendale, 1917....	6 27	5 02	12 12	6 34	4 53	a.m.	
25	S	♌	Battle of Balaklava, 1854.....	6 28	5 00	1 18	6 36	4 51	1 05	
26	Sun	♌	Battle of Agincourt, 1415.....	6 30	4 58	2 25	6 38	4 49	2 17	
27	M	♌	Grand Trunk Rail'y opened, 1856..	6 31	4 57	3 32	6 40	4 48	3 29	
28	T	♌	Stanley finds Livingstone, 1870....	6 32	4 56	4 41	6 41	4 46	4 43	
29	W	♌	Can. troops leave for S. Africa, 1899	6 33	4 54	rises	6 44	4 44	rises	
30	T	♌	London Convention meets, 1818....	6 34	4 52	p.m.	6 45	4 42	p.m.	
31	F	♌	Hallowe'en.....	6 36	4 50	5 51	6 47	4 40	5 32	

**SCORPIO—SCORPION—LOINS—October 26 to November 25.** Selfish; do not forgive easily; quickly offended; silent, dignified and domestic. Congenial with Gemini, Aries, Taurus, Pisces, Capricornus and Aquarius. This is a fruitful sign and produces watery effects. A good sign to plant corn in.

**FOR COUGHS—VENO'S COUGH SYRUP OF COURSE!**



## SUGGESTIONS FOR THE FARM

### CARE OF FARM MACHINERY

**M**OST farmers have invested considerable money in farm machinery. Here are some tips that will help you get more service and efficiency from your farm machinery . . . help you protect your investment for an expenditure of only a little time and money.

When machines are placed in the shed or barn for the winter, place boards under the metal wheels, if there is no floor. If the wheels have rubber tires, it is suggested that the machine be jacked-up. In addition, any oil or grease on the tires, or other rubber parts, should be washed off with gasoline.

If the original finish has come off wooden parts, paint them for paint really protects against weathering and decay. Likewise, repaint all painted metal parts. In painting metal first be sure to remove any rust with emery paper or steel wool.

All bright metal parts should be cleaned and coated with grease before the machine is put away for the season. Then, thoroughly lubricate the entire piece of equipment, filling all the oil and grease cups. Any canvas parts should be removed, wrapped and hung in a dry place, away from rats or mice.

When storing motorized equipment, drain the cooling system. However, do not drain off the engine oil but change it before starting the engine again. All storage and dry batteries should be removed and stored in a cool dry place.

Go over machines periodically, while in use, and tighten-up or replace all broken, loose or missing nuts, bolts and cotter pins. At the end of the season give every piece of equipment a close inspection and make any necessary adjustments and order repairs that are needed.

## THERMOGENE MEDICATED WOOL

Placed over the affected area, Thermogene warms, soothes and relieves congestion, and brings speedy, blessed relief.

FOR  
RHEUMATIC  
AND  
MUSCULAR  
PAINS

## THERMOGENE MEDICATED RUB

This new improved formula often breaks up a cold overnight! Clears nasal passages, soothes inflamed membranes and relieves congestion.

FOR  
HEAD AND  
CHEST  
COLDS



11th Month

NOVEMBER, 1947

30 Days

MOON'S PHASES—ATLANTIC TIME

	D.	H.	M.
☾ Last Quarter.....	5	1	3 p.m.
☾ New Moon.....	12	4	1 p.m.
☽ First Quarter.....	20	5	44 p.m.
☽ Full Moon.....	28	4	45 a.m.

For East. time, deduct 1 hr.; Cent., 2 hrs.; Mount., 3 hrs.; Pac., 4 hrs.

Local Mean Time	Local Mean Time
Mar. Provs. and Nfld., Ontario and Quebec	Manitoba, West. Provinces and British Columbia

Day of Month	Day of Week	Zodiac Signs	HISTORICAL EVENTS, ETC.	Sun			Sun		
				Rises h.m.	Sets h.m.	Moon Rises p.m.	Rises h.m.	Sets h.m.	Moon Rises p.m.
1	S	♏	All Saints' Day.....	6 38	4 49	6 30	6 49	4 38	6 06
2	Sun	♏	C.B.C. organized, 1936.....	6 39	4 48	7 21	6 50	4 37	6 53
3	M	♏	World's first automobile show, 1900.	6 40	4 47	8 23	6 52	4 35	7 55
4	T	♏	1st Can. Steamer, Mont. to Que., 1809	6 41	4 45	9 36	6 54	4 35	9 11
5	W	♏	Guy Fawkes plot exposed, 1605....	6 43	4 44	10 53	6 56	4 31	10 34
6	T	♏	First Dominion Parliament, 1867....	6 44	4 43	a.m.	6 57	4 30	11 57
7	F	♏	Last spike in C.P.R. driven, 1885....	6 45	4 42	12 11	6 58	4 29	a.m.
8	S	♏	Incorporation of Winnipeg, 1873....	6 47	4 40	1 28	7 00	4 27	1 19
9	Sun	♏	Germany in revolution, 1918.....	6 49	4 39	2 42	7 02	4 25	2 39
10	M	♏	Battle of Passchendale ends, 1917...	6 50	4 38	3 55	7 04	4 24	3 57
11	T	♏	Remembrance Day.....	6 52	4 37	5 07	7 05	4 22	5 14
12	W	♏	The Mayflower arrived, 1620.....	6 52	4 36	sets	7 06	4 21	sets
13	T	♏	Eng.-France telegraph finished, 1851	6 55	4 34	p.m.	7 08	4 19	p.m.
14	F	♏	Toronto made capital of Ont., 1849.	6 56	4 33	5 28	7 10	4 18	5 04
15	S	♏	First meet. League of Nations, 1920	6 57	4 32	6 08	7 12	4 17	5 42
16	Sun	♏	Execution of Louis Riel, 1885.....	6 59	4 31	6 56	7 13	4 16	6 28
17	M	♏	Suez Canal opened, 1869.....	6 59	4 30	7 52	7 14	4 15	7 25
18	T	♏	Standard time adopted, 1883.....	7 00	4 29	8 52	7 16	4 13	8 29
19	W	♏	H. Bay Co. gives up rights, 1869....	7 02	4 28	9 57	7 18	4 12	9 37
20	T	♏	Death of Queen Alexandria, 1925....	7 03	4 28	11 02	7 20	4 11	10 47
21	F	♏	Voltaire born, 1694.....	7 05	4 26	a.m.	7 21	4 10	11 57
22	S	♏	Big Four meet at Cairo, 1943.....	7 06	4 26	12 07	7 22	4 09	a.m.
23	Sun	♏	Gas lighting in Montreal, 1837.....	7 07	4 25	1 13	7 24	4 08	1 08
24	M	♏	Daniel Webster died, 1852.....	7 09	4 24	2 20	7 26	4 07	2 19
25	T	♏	Est. of Banff Mt. Parks, 1885.....	7 10	4 24	3 29	7 27	4 06	3 34
26	W	♏	William Cowper born, 1731.....	7 12	4 23	4 42	7 29	4 05	4 52
27	T	♏	1st Welland Canal opened, 1829....	7 12	4 22	rises	7 30	4 05	6 14
28	F	♏	Death of Frontenac, 1698.....	7 14	4 21	p.m.	7 31	4 04	rises
29	S	♏	Byrd reached South Pole, 1929....	7 15	4 21	5 10	7 32	4 03	p.m.
30	Sun	♏	St. Andrew's Day.....	7 16	4 21	6 10	7 34	4 02	5 42

**SAGITARIUS—BOWMAN—THIGHS—November 25 to December 22.** Original thinkers; keen and quick; hard to get acquainted. Congenial with Taurus, Aries, Gemini, Aquarius, Capricornus and Pisces. This is a fiery sign and not favourable to plant or transplant in. If moon is dark or on the wane radishes or potatoes may be planted.

**Antiseptic NEW-SKIN Guards Cuts Against Infection**

## HANDY HINTS FOR THE FARM WIFE

1. Heated nails can be driven into plaster with much less danger of cracking it.

2. When tying packages or parcels, dampen the string first. This prevents slipping and as the string dries it shrinks, keeping it tight.

3. Thoroughly wetting the hands with vinegar before hanging out clothes on a cold day will often prevent them from chapping and cracking badly.

4. Never sweep up at once soot that has fallen on a carpet or rug. Cover with dry salt, let stand a short time and then sweep it up.

5. Salt won't lump or clog the shaker if you keep a few grains of rice in it.

6. Lard rubbed into big black grease spots on material before tubbing will wash them out clean.

7. Gently rubbing scorch-marks with salt, moistened with lemon juice then hanging the scorched garment in the sun often removes the scorch stains.

8. When washing rayon dresses, add three tablespoons of vinegar to the rinse water and it will remove all soap scum as well as leave the colours bright and clear.

9. Spots on plaster walls can be removed by rubbing gently with sandpaper.

10. You can save soap flakes by using this idea: put soap flakes in a large glass jar and punch several holes in the metal top. Then you can shake out just the amount of flakes you need.

11. To avoid the lingering odor of onions on your hands, rub each finger vigorously with celery salt before washing your hands.

### PERIODS OF GESTATION

Mare.....	335 days
Cow.....	280 days
Ewe.....	148 days
Sow.....	113 days
Goat.....	148 days
Dog.....	63 days
Cat.....	56 days

*Note*—There is considerable variation in the period of gestation for animals, but the above are taken as the average.

### PERIODS OF INCUBATION

Chickens.....	21 days
Turkeys.....	28 days
Ducks.....	28 days
Geese.....	30-35 days

### FARM ACCOUNTING.—Continued

#### Closing Your Books

At the end of each year take another inventory of your assets. This will serve as the new inventory for the new year.

Each account of the Financial and Crop Record is totalled. They should balance or be close enough to give you a clear picture.

The Work Record is also added up. The number of hours spent on each account should also be noted on the Financial and Crop Record. Making up a separate summary sheet will help simplify your figures. On this you can enter the various totals of your crop and livestock accounts, grouping the different types of charges and credits, as well as labour hours. Thus you arrive at the profit (or loss) made during each year.

# CONSTIPATED

## ... BILIOUS?

..... Take Beecham's Vegetable Laxative Pills For Quick, Gentle RELIEF.

# Beecham's

## LAXATIVE PILLS



12th Month

DECEMBER, 1947

31 Days

MOON'S PHASES—ATLANTIC TIME

	D.	H.	M.
☾ Last Quarter.....	4	8	55 p.m.
☾ New Moon.....	12	8	53 a.m.
☽ First Quarter.....	20	1	43 p.m.
☽ Full Moon.....	27	4	27 p.m.

For East. time, deduct 1 hr.; Cent., 2 hrs.; Mount., 3 hrs.; Pac., 4 hrs.

Local Mean Time	Local Mean Time
Mar. Provs. and Nfld., Ontario and Quebec	Manitoba, West. Provinces and British Columbia

Day of Month	Day of Week	Zodiac Signs	HISTORICAL EVENTS, ETC.	Sun			Moon		
				Rises h.m.	Sets h.m.	Moon Rises p.m.	Rises h.m.	Sets h.m.	Moon Rises p.m.
1	M	♈	1st copyright granted in Can., 1841.	7 17	4 20	7 22	7 36	4 01	6 56
2	T	♈	Munroe Doctrine Est., 1823.....	7 18	4 20	8 41	7 37	4 01	8 19
3	W	♈	Serious plane accident, Brazil, 1928.	7 19	4 20	10 00	7 39	4 01	9 44
4	T	♈	1st mowing machine patented, 1812.	7 21	4 20	11 18	7 40	4 00	11 08
5	F	♈	Cornwall, Ont., earthquake, 1944...	7 22	4 19	a.m.	7 41	4 00	a.m.
6	S	♈	Halifax explosion, 1917.....	7 23	4 19	12 33	7 42	3 59	12 28
7	Sun	♈	Pearl Harbour attacked, 1941.....	7 24	4 19	1 45	7 43	3 59	1 46
8	M	♈	Laval University, Que., opened, 1852	7 25	4 19	2 56	7 44	3 59	3 02
9	T	♈	Reparations Confer. opened, 1922...	7 25	4 19	4 06	7 45	3 59	4 17
10	W	♈	Earl Grey, Gov. General, 1904....	7 26	4 18	5 17	7 46	3 58	5 32
11	T	♈	Austrians defeated on Piave, 1917..	7 28	4 18	6 26	7 47	3 58	6 47
12	F	♈	Accession of King George VI, 1936.	7 28	4 18	sets	7 48	3 58	sets
13	S	♈	Drake sailed around the world, 1577	7 29	4 18	p.m.	7 49	3 58	p.m.
14	Sun	♈	Birthday of King George VI, 1895..	7 30	4 18	5 42	7 50	3 58	5 15
15	M	♈	1st Life Ins. Policy issued, 1792...	7 31	4 19	6 41	7 51	3 59	6 16
16	T	♈	Cromwell Protector of Eng., 1653...	7 32	4 19	7 44	7 53	3 59	7 23
17	W	♈	1st Can. troops land in Eng. 1939...	7 32	4 19	8 49	7 53	3 59	8 32
18	T	♈	Eleet. Primate of Ruperts L., 1893..	7 32	4 20	9 53	7 54	3 59	9 41
19	F	♈	Ft. Niagara capt. by British, 1813..	7 33	4 20	10 58	7 54	3 59	10 50
20	S	♈	Can. Nat. Rail's organized, 1919...	7 33	4 21	a.m.	7 55	4 00	a.m.
21	Sun	♈	1st Wireless Can. to Eng., 1902....	7 35	4 21	12 02	7 56	4 00	12 01
22	M	♈	Irish Home Rule outlined, 1919....	7 35	4 21	1 09	7 56	4 00	1 11
23	T	♈	Serious riots in Shanghai, 1925....	7 36	4 22	2 18	7 57	4 01	2 25
24	W	♈	Gen. Eisenhower C.-in-C. in 1944...	7 36	4 23	3 31	7 57	4 02	3 43
25	T	♈	Christmas Day.....	7 37	4 23	4 48	7 57	4 03	5 06
26	F	♈	Boxing Day.....	7 37	4 24	6 07	7 58	4 03	6 31
27	S	♈	St. John Evangelist.....	7 37	4 24	7 25	7 58	4 04	rises
28	Sun	♈	U.C. Law Soc. admits women, 1892.	7 38	4 25	rises	7 58	4 05	p.m.
29	M	♈	Premier King starts 1st term, 1921..	7 38	4 26	p.m.	7 58	4 06	5 54
30	T	♈	Jesuits founded, 1535.....	7 38	4 27	7 41	7 59	4 07	7 22
31	W	♈	America attempts capt. Que., 1755..	7 38	4 28	9 03	7 59	4 08	8 50

**CAPRICORNUS—GOAT—KNEES**—December 22 to January 18. Positive, practical and nervous. Self-willed, persistent and possess strong individuality. Inclined to diseases of the knees and large joints. Congenial with Leo, Virgo, Cancer, Scorpio, Sagittarius and Libra. This is a moist sign, produces rapid growth of pulp, stalk or roots but not much grain.

**Thermogene Wool—Highly Recommended for Rheumatic Pains**

## LIVESTOCK PESTS AND TREATMENTS

ANIMAL	PEST	TREATMENT
Horses . . . . .	Bots and worms .	Carbon disulphide capsule, by Veterinary Surgeon.
	Lice . . . . .	Spray or dip with stock dip (fall). Pyrethrum louse powder (winter, 2 treatments).
	Mange . . . . .	Lime sulphur or crude petroleum.
Cattle . . . . .	Ox Warble . . . . .	Ointment or back wash.
	Lice . . . . .	Spray or dip with stock dip (fall) 2 treatments. Pyrethrum louse powder (winter) 2 treatments.
	Mange . . . . .	Lime sulphur or crude petroleum.
Sheep . . . . .	Lice and Ticks . .	Dip (Cooper's Dip) Winter, pyrethrum louse powder.
	Worms . . . . .	Drench (nicotine and blue vitriol).
	Nose Bot . . . . .	Pine tar on salt trough.
	Scab . . . . .	Dip at any season.
Hogs . . . . .	Lice . . . . .	Oil (used crankcase oil).
Poultry . . . . .	Lice . . . . .	Nicotine sulphate on perches (2 treatments).
	Mites . . . . .	Clean coop, spray with crankcase oil and kerosene, equal parts.
Dogs and Cats.	Fleas and Lice . .	Derris louse powder (3 applications 7 days).

NOTE: New D.D.T. products are coming on the market which are giving excellent results in the control of external livestock pests in experimental tests. They have not been in use long enough to make general recommendations for their use, but your Veterinary College or Agricultural representative can give you details concerning their use and methods of application.

Do you cough at night?

# VENO'S

GIVES QUICK RELIEF

Children like to take VENO'S





1st Month

JANUARY, 1948

31 Days

Information regarding Moon's Phases,  
Zodiac Signs, Moon Rises and Sets—  
Not available.

For East. time, deduct 1 hr.; Cent.,  
2 hrs.; Mount., 3 hrs.; Pac., 4 hrs.

Local Mean Time Local Mean Time  
Mar. Provs. and Manitoba, West.  
Nfld., Ontario Provinces and  
and Quebec British Columbia

Day of Month	Day of Week	HISTORICAL EVENTS, ETC.	Sun		Moon Rises p.m.	Sun		Moon Rises p.m.
			Rises h.m.	Sets h.m.		Rises h.m.	Sets h.m.	
1	T	New Year's Day . . . . .	7 38	4 28		7 59	4 08	
2	F	Royal Mint established, 1908 . . . . .	7 38	4 29		7 59	4 09	
3	S	First Legislature of N.B., 1786 . . . . .	7 38	4 30		7 58	4 10	
4	Sun	First land sale in Montreal, 1648 . . . . .	7 38	4 31		7 58	4 11	
5	M	Quebec Mercury founded, 1807 . . . . .	7 38	4 32		7 58	4 12	
6	T	1st white child born in west, 1807 . . . . .	7 38	4 33		7 57	4 14	
7	W	1st Bank Clear. House, Can., 1889 . . . . .	7 38	4 34		7 57	4 15	
8	T	American Civil War began, 1861 . . . . .	7 37	4 36		7 57	4 16	
9	F	Penny Postage est. in Britain, 1840 . . . . .	7 37	4 37		7 56	4 17	
10	S	Ratify Treaty of Versailles, 1920 . . . . .	7 37	4 38		7 56	4 18	
11	Sun	Can.-U.S. Bound. Wtrs. Pact, 1909 . . . . .	7 37	4 39		7 55	4 19	
12	M	Verandrye sees Rocky Mounts, 1743 . . . . .	7 36	4 40		7 55	4 21	
13	T	Vancouver Is. to H.B.Co., 1849 . . . . .	7 36	4 41		7 55	4 23	
14	W	Casablanca Conference, 1943 . . . . .	7 35	4 42		7 54	4 24	
15	T	British Museum opened, 1759 . . . . .	7 35	4 44		7 53	4 26	
16	F	Serious floods in Montreal, 1858 . . . . .	7 35	4 45		7 53	4 28	
17	S	St. Dunstan's College founded, 1855 . . . . .	7 34	4 46		7 52	4 29	
18	Sun	Sovereign Bank of Can. closed, 1908 . . . . .	7 34	4 47		7 51	4 31	
19	M	Canada to assist in UNRRA, 1945 . . . . .	7 33	4 48		7 50	4 31	
20	T	Death of King George V, 1936 . . . . .	7 32	4 50		7 49	4 33	
21	W	Five Power Naval Conference, 1930 . . . . .	7 32	4 51		7 48	4 34	
22	T	Death of Queen Victoria, 1901 . . . . .	7 31	4 52		7 47	4 36	
23	F	1st Doukhobors land in Hal'x, 1899 . . . . .	7 30	4 54		7 46	4 38	
24	S	Alaskan Bound. Conv'n sign., 1903 . . . . .	7 29	4 55		7 45	4 40	
25	Sun	1st Can V.C. winner died, 1868 . . . . .	7 28	4 56		7 43	4 41	
26	M	Severe earthquake in Quebec, 1632 . . . . .	7 27	4 58		7 42	4 42	
27	T	1st stage, Quebec to Mont., 1721 . . . . .	7 26	5 00		7 41	4 44	
28	W	Bishop's College given charter, 1858 . . . . .	7 25	5 01		7 40	4 46	
29	T	C.P.R. telegraph crosses Can., 1889 . . . . .	7 24	5 03		7 39	4 48	
30	F	Franklin D. Roosevelt born, 1882 . . . . .	7 23	5 04		7 38	4 50	
31	S	Lord Durham's report, 1829 . . . . .	7 22	5 05		7 37	4 51	

The measure of a man's real character is what he would do if he knew he never would be found out.

**SCOTT'S EMULSION—THE HIGH ENERGY TONIC—KEEPS THE FAMILY FIT**

## YOUR WEATHER—Continued

light must pass through more water-vapour than when overhead. The particles of water refract the light, giving colours.

"Red sky in the morning, sailors take warning" is true, because if the sun's rays are passing through the first clouds of a Front, giving the red sky in the East, the part of the phenomenon that gives rain, etc., will be overhead or not far off. "A red sky at night, a sailor's delight" is true, also, because the red then would be caused by the tail-end clouds of the Front, indicating that the bad weather has passed over.

It is well to know something of clouds. There are four basic types:

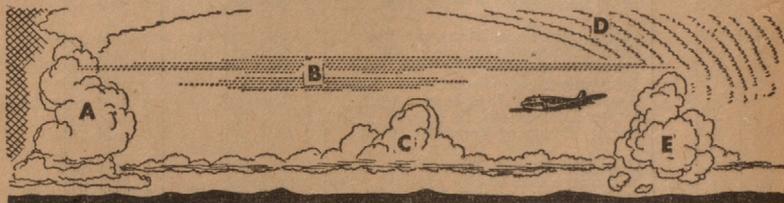
*High Clouds* look as if they were painted on the sky. They are deli-

cate in appearance and are usually white in colour. They look like feathers or like a web and seldom give rain or snow.

*Low Clouds* occur near the surface and look as if you could touch them. These vary from cotton-like balls of clouds to flat sheets and ragged scud. Most rain or snow comes from low clouds.

*Medium Clouds* occur between high and low clouds. They are much the same as low clouds, ranging from flat sheets to broken ragged clouds or balls of fluff. Some rain or snow comes from these clouds.

*Clouds of vertical development* start low and build up, sometimes forming thunderheads which give much rain. They are formed by rising currents of air and will appear like a towering mountain or a large ball of cotton.



Here is an artist's drawing illustrating some of the types of clouds described in the accompanying article. A and E are clouds of Vertical Development; B and C are Medium and Low Layer Clouds, while D shows High Clouds, frequently called "Mares' Tails".



## TRY SCOTT'S EMULSION

### THE HIGH ENERGY TONIC

**Helps Youngsters Grow Sturdy and Strong**

Cold-tasting Scott's Emulsion helps build resistance to colds too if diet is deficient in Vitamins A and D. Scott's is rich in natural sunshine vitamins and four times more easily digested than plain cod liver oil. Recommended for all ages the year around.



2nd Month

FEBRUARY, 1948

29 Days

Information regarding Moon's Phases,  
Zodiac Signs, Moon Rises and Sets—  
Not available.

For East. time, deduct 1 hr.; Cent.,  
2 hrs.; Mount., 3 hrs.; Pac., 4 hrs.

Local Mean Time  
Mar. Provs. and  
Nfld., Ontario  
and Quebec

Local Mean Time  
Manitoba, West.  
Provinces and  
British Columbia

Day of Month	Day of Week	HISTORICAL EVENTS, ETC.	Sun		Moon Rises p.m.	Sun		Moon Rises p.m.
			Rises h.m.	Sets h.m.		Rises h.m.	Sets h.m.	
1	Sun	Dominion Railroad Com. est., 1904.	7 21	5 07		7 35	4 53	
2	M	Lord Lisgard Gov. General, 1869...	7 20	5 08		7 34	4 55	
3	T	Fire destroys Par. Bldgs., 1916....	7 19	5 09		7 32	4 57	
4	W	X-ray demonstrated in Can., 1906..	7 18	5 11		7 31	4 59	
5	T	Bank op. at Churchill, Man., 1929..	7 16	5 12		7 30	5 00	
6	F	Yalta Conference opened, 1945....	7 15	5 14		7 29	5 02	
7	S	Baptist Ch. opened, Winnipeg, 1875	7 14	5 15		7 27	5 04	
8	Sun	1st pass'r train left Halifax, 1855...	7 12	5 17		7 25	5 06	
9	M	Vancouver Op. House opened, 1891	7 11	5 18		7 23	5 07	
10	T	Treaty of Paris, 1763.....	7 10	5 20		7 21	5 09	
11	W	1st Can. Div. sailed for France, 1915	7 10	5 20		7 20	5 10	
12	T	1st bonspiel held in Toronto, 1839..	7 07	5 22		7 18	5 12	
13.	F	I.O.D.E. founded in Montreal, 1900	7 05	5 24		7 16	5 14	
14	S	St. Valentine's Day.....	7 04	5 25		7 15	5 15	
15	Sun	U. of T. students on strike, 1895...	7 03	5 27	Not available	7 13	5 17	Not available
16	M	C.P.R. incorporated, 1881.....	7 01	5 28		7 11	5 19	
17	T	Death of Sir Wilfrid Laurier, 1919..	7 00	5 29		7 09	5 21	
18	W	1st Bessemersteel smelted, Can. 1902	6 58	5 31		7 07	5 23	
19	T	G.T.R. sold to government, 1920...	6 57	5 32		7 06	5 25	
20	F	Ship set new trans-Pac. record, 1931	6 56	5 33		7 04	5 26	
21	S	1st Battle of Verdun began, 1916...	6 54	5 35		7 02	5 28	
22	Sun	Que. refuses women franchise, 1933.	6 52	5 37		7 00	5 29	
23	M	1st Canadian Airplane flight, 1909..	6 51	5 38		6 58	5 31	
24	T	1st bazaar held in Montreal, 1829..	6 49	5 39		6 56	5 33	
25	W	Riel re-elected to Commons, 1875...	6 47	5 41		6 54	5 35	
26	T	Temper'e Conven'n, Montreal, 1834.	6 45	5 42		6 52	5 36	
27	F	Battle of Paardeberg, 1900.....	6 43	5 44		6 50	5 38	
28	S	Relief of Ladysmith, 1900.....	6 41	5 45		6 48	5 40	
29	Sun	Leap Year Day.....	6 40	5 46		6 46	5 41	

A female shopper is a woman who can hurry through a department store aisle 18 inches wide without brushing against the piled-up glassware, and then drive home and knock the doors off a 12-foot garage.

**HIGHLY RECOMMENDED FOR INDIGESTION**  
**—MACLEAN BRAND STOMACH POWDER**

## MEAL PLANNING—Continued

Plain pie crust or biscuit dough may be put over the top after the vegetables are cooked, or dropped dumplings may be served.

The use of a stimulating sauce will often make an old dish seem entirely different, more interesting and appetizing. Here is a good one for fish which can be made as follows:

- 1 can tomato soup
- 2 tablespoons horse radish
- 1 teaspoon lemon juice
- $\frac{1}{4}$  teaspoon sugar

Mix well, adding lemon juice to soup first and stirring well.

For use with macaroni or egg dishes, a tasty sauce can be made from:

- 1 can tomato soup
- $\frac{1}{3}$  cup melted cheese
- $\frac{1}{3}$  cup milk

Heat the soup slowly, add the milk and bring to boiling point. Take from the fire and blend in the cheese.

## Stomach upset?

Are you distressed after eating? If so, take Maclean Brand Stomach Powder or Tablets and get prompt, effective relief. Widely used for the relief of indigestion, heartburn, dyspepsia. Buy today!

Buy also the handy pocket size Maclean Brand Stomach Tablets. Look for the Alex. C. Maclean signature.



Here's another main dish recipe which is simple to follow, but which will add fresh enjoyment to dinner-time:

Alternate layers of the following in a greased pan or dish:

Sliced, baked sweet potatoes (or boiled and mashed)

Sausage, after having been quickly browned on outside

Slices of raw apples, including skins.

Sprinkle lightly with salt, pour over some of the sausage gravy (hot water added to fat in frying pan). Repeat all above and bake in moderate oven about one hour, or until apples and sausage are done. If apples are very acid, sprinkle a little brown sugar over them. Serve hot on baking dish.

## To Determine the Capacity of a Silo

To find the capacity of a silo, multiply one half the diameter (width across) by the same figure, then by 3.1416, and then the resulting figure by the height of the silo. If the measurements are in feet, this will give the number of cubic feet in the silo. Multiply the number of cubic feet by 35 (the average number of pounds of silage to the cubic foot) and divide by 2,000 to determine the number of tons.

## ANSWERS TO QUIZ ON PAGE 6

(1) Water power; (2) 14 pounds avoirdupois; (3) French Sudan, south border of Sahara desert; (4) cloth samples; (5) 1927; (6) the bat; (7) 12 midnight, December 31, 2000; (8) John Macrae; (9) cowboy movies; (10) a small saucepan; (11) Sir Arthur Sullivan; (12) T. E. Lawrence; (13) St. Helena.

## For the Children:

(1) Cinderella; (2) Aladdin; (3) Tom Sawyer; (4) Rip van Winkle; (5) Topsy; (6) Ali Baba; (7) Robinson Crusoe; (8) Jack the Giant Killer.



3rd Month

MARCH, 1948

31 Days

Information regarding Moon's Phases,  
Zodiac Signs, Moon Rises and Sets—  
Not available.

For East. time, deduct 1 hr.; Cent.,  
2 hrs.; Mount., 3 hrs.; Pac., 4 hrs.

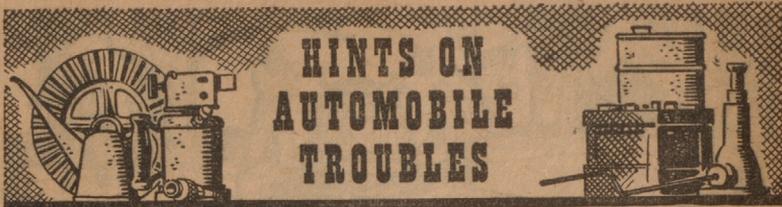
Local Mean Time  
Mar. Provs. and  
Nfld., Ontario  
and Quebec

Local Mean Time  
Manitoba, West.  
Provinces and  
British Columbia

Day of Month	Day of Week	HISTORICAL EVENTS, ETC.	Sun		Moon Rises p.m.	Sun		Moon Rises p.m.
			Rises h.m.	Sets h.m.		Rises h.m.	Sets h.m.	
1	M	T.C.A. Airmail Serv. opened, 1939..	6 38	5 48		6 44	5 42	
2	T	U.S. Bureau of Educ. est., 1867....	6 35	5 49		6 42	5 43	
3	W	Front line Air Mail Serv. est., 1944.	6 33	5 50		6 40	5 44	
4	T	Ct. of King's Bh. est. in Can., 1777.	6 32	5 52		6 38	5 48	
5	F	Cabot "commiss'd" to explore, 1496	6 30	5 53		6 36	5 49	
6	S	Incorporation of Toronto, 1834.....	6 28	5 55		6 34	5 50	
7	Sun	Militia called for Fenian Raids, 1856	6 27	5 56		6 32	5 52	
8	M	Germans re-occupy Rhineland, 1936	6 25	5 58		6 30	5 53	
9	T	Niagara Susp. Bdge. opened, 1855..	6 24	5 59		6 29	5 55	
10	W	Queen's Univ., Kingston op'd, 1842	6 21	6 00		6 27	5 56	
11	T	Bank of Ca. comm'd. business, 1935	6 19	6 01		6 25	5 58	
12	F	Floods ravage East. Canada, 1936..	6 18	6 02		6 24	6 00	
13	S	Seizure of Austria by Germans, 1938	6 16	6 04		6 19	6 01	
14	Sun	Germany invad's Czechosl'kia, 1939	6 14	6 05		6 17	6 02	
15	M	Toronto Univ. granted Charter, 1827	6 12	6 06		6 15	6 04	
16	T	Brebeuf murdered by Indians, 1649.	6 10	6 05		6 12	6 06	
17	W	St. Patrick's Day.....	6 08	6 09		6 09	6 08	
18	T	La Salle assassinated, 1687.....	6 06	6 10		6 07	6 10	
19	F	St. Lawrence Sea'y Pact signed, 1941	6 04	6 11		6 05	6 12	
20	S	Dom. trans. nat. res's to Sask. 1930.	6 03	6 13		6 02	6 13	
21	Sun	Great German offensive began, 1918	6 01	6 14		6 01	6 14	
22	M	1st Wireless station in Canada, 1902	5 59	6 15		5 59	6 15	
23	T	Talon appointed Intendant, 1665...	5 57	6 16		5 58	6 16	
24	W	Modify Rush-Bagot Treaty, 1941....	5 55	6 18		5 55	6 18	
25	T	First newspaper published, 1752....	5 53	6 19		5 52	6 20	
26	F	Riel's second rebellion, 1885.....	5 50	6 20		5 50	6 22	
27	S	Can. joins Brit. War Cabinet, 1942.	5 49	6 22		5 48	6 24	
28	Sun	Foch made Allied C.-in-C., 1918....	5 45	6 25		5 44	6 28	
29	M	Can. and Arcadia to France, 1632..	5 45	6 25		5 44	6 28	
30	T	Sir Metcalfe Gov. of Canada, 1843..	5 43	6 27		5 43	6 29	
31	W	Man. abol'd separate schools, 1890..	5 42	6 28		5 42	6 30	

It is a thousand times better to have common sense without education than to have education without common sense.

**ENO'S "FRUIT SALT"—FAVOURITE TO MILLIONS FOR OVER 75 YEARS**



## HINTS ON AUTOMOBILE TROUBLES

**M**OST farmers are mechanically inclined and make their own minor repairs to their trucks and automobiles. To assist in quickly spotting troubles, here are a few things to look for when motor equipment acts up.

### Loss of Engine Compression:

- (a) Valves holding open due to insufficient tappet clearance.
- (b) Weak or broken valve springs.
- (c) Excessive clearance between pistons and cylinder walls.
- (d) Faulty head gasket.

### Connecting Rod Noises:

- (a) Excessive bearing clearance on crank pin (radial).
- (b) Low oil pressure.
- (c) Eccentric out-of-round, or tapered crank pin journal.

### Ignition Coil Trouble:

- (a) Improper ground between coil and attachment.
- (b) Loose or faulty ignition switch contacts.
- (c) Use of coil other than standard equipment.

### Generator not Charging Properly:

- (a) Slipping fan belt.
- (b) Generator pulley loose in shaft.
- (c) Brushes soft or oily (excessive lubrication).

### Slipping Out of High Gear:

- (a) Transmission pinion gear teeth worn or tapered.
- (b) Misalignment of transmission with engine assembly.

### Steering Gear Rattles:

- (a) Not enough lubricant in steering gear assembly.
- (b) Steering gear cam bearings broken or incorrectly adjusted.
- (c) Steering post jacket loose at lower end.

### Front Wheel Wobble:

- (a) Tires under-inflated or unequally inflated.
- (b) Worn or loose steering gear parts.
- (c) Loose front spring "U" bolts.

### Transmission Oil Leaks:

- (a) Lubricant level too high in transmission case.
- (b) Transmission case plugs loose or threads damaged.
- (c) Damaged, improperly installed or missing oil throw rings.

## For Cooling, Soothing Relief



ALSO VALUABLE FOR CHAP-  
PING, PILES, INSECT BITES  
AND POISON IVY.



## SAFETY FIRST ON THE FARM

THE amount and variety of machinery on farms today has tended to increase accidents on most Canadian farms. The great majority of such accidents can be prevented. Here are some suggestions:

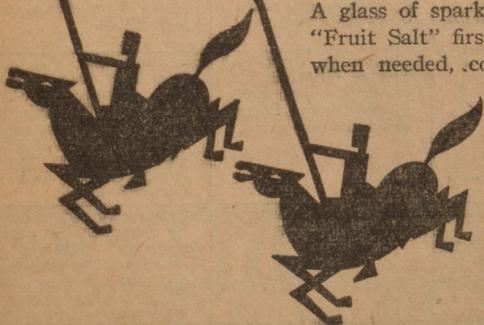
**Machinery Repairs and Adjustments:** Before any attempt is made to adjust, oil or repair any machinery, the machinery should be stopped. Never start to work while some part of the machine is still in motion. Nothing is important enough to risk your life for the sake of saving a few seconds.

**Keep Equipment in Good Condition:** Keeping all your machinery in first class condition is cheap insurance against needless accidents to you and members of your family. Machinery that is properly lubricated and in good condition is less likely to be the cause of injuries and accidents. Adequate guards on saws, belts, exposed wheels and other moving parts all play an important part in reducing the danger of serious injuries.

**Barn Floors and Beams:** Rotted or broken boards in your barn floor may cause a broken arm or leg. If you are carrying a pitch fork at the time of your fall additional injuries may result. While checking your floor, also inspect the supporting beams and posts, making certain that these are in good condition. Excessive loads of hay or grain may exceed the strength of the supports and thus endanger your livestock and equipment below.

**Preventing Falls:** Many serious and painful injuries on farms occur on stairways, ladders and steps that are cluttered up with objects, or are in poor repair. Check all of these in your buildings . . . build hand rails on stairs that need them . . . repair broken or rotten rungs on ladders . . . and keep stairways and steps clear of objects at all times.

### FOR BUOYANT PEP AND ENERGY ENO'S "FRUIT SALT"



A glass of sparkling, good-tasting Eno's "Fruit Salt" first thing in the morning, when needed, corrects gastric acidity—

helps cleanse the system of wastes that bring on sluggishness—gives you a feeling of buoyant pep and sparkle. Buy the economical large size Eno's "Fruit Salt" today.

## READY REFERENCE VITAMIN AND MINERAL CHART

FOOD REQUIREMENT	FUNCTION	SOME GOOD SOURCES	COMMENTS
Proteins	—build and repair the tissues of the body.	Milk, cheese, eggs, lean meat, fish, nuts, dried beans and peas, cereals.	Not all proteins are of equal value for growth. Milk, cheese, eggs, meat, fish, are perfect proteins.
Calcium	—builds bones and teeth. —is necessary for the coagulation of the blood and the normal heart action.	Milk, cheese, dried beans and peas, dried fruits, broccoli, chard, carrots, cauliflower, celery.	Milk is the cheapest and most reliable source of both calcium and phosphorus.
Phosphorus	—needed in the formation of bones and teeth and tissues.	Milk, cheese, egg yolk, fish, whole cereals, dried fruits.	
Iron	—needed for proper blood formation.	Liver, dried fruits, greens, whole cereals, molasses, egg yolk.	We cannot depend on milk for our supply of iron.
Vitamin A	—needed for growth. —builds up resistance against infection.	Butter, cream, egg yolk, liver, green leafy vegetables, corn and sweet potatoes, Scott's Emulsion.	
Vitamin B-1 (Thiamin)	—stimulates the appetite. —keeps the digestive tract in good condition.	Unrefined cereals, vegetables, milk, eggs.	Since B-1 is water-soluble, it may be dissolved in the water in which vegetables are cooked. Use this water for soups and sauces. B-1 is found in the outside layers of cereals and is lost in the refining of them. B-1 may be destroyed by long exposure to heat by alkalis.
Vitamin B-2 Complex	—needed for growth and good health.	Milk, eggs, liver, green leafy vegetables.	B-2 complex, on the whole, is more stable than B-1.
Vitamin C (Ascorbic Acid)	—needed for sound teeth, healthy skin and general well-being.	Citrus fruits, tomatoes and fresh raw cabbage, onions and turnips.	C is destroyed by long exposure to air and by heat, in the presence of air. Cooked tomatoes seem to retain Vitamin C better than other cooked foods.
Vitamin D	—needed with calcium and phosphorus to build strong bones and teeth.	Milk, fish, liver oils, summer sunshine, Scott's Emulsion.	Egg yolk and milk contain some D but the amount is variable.
Carbohydrates (starches and sugars)	—supply energy and heat.	Breadstuffs, breakfast cereals, potatoes, root vegetables, cane sugar, maple syrup, honey, dried fruits.	Starches are the most abundant and economical sources of energy available. The chief uses of sugar are as a supplementary source of energy and for flavour. Do not let it crowd out the protective foods.
Fats	—supply energy and heat. —some fats such as butter and cream supply fat-soluble Vitamin A.	Butter, cream, fats of meat, vegetable oils.	Fats supply more energy by weight than do carbohydrates. Butter and cream are the most easily digested of the animal fats. Highly-heated fat is more difficult to digest.

**SCOTT'S OINTMENT—Amazing Cod Liver Oil Treatment for Burns**

# HIGH ENERGY TONIC

brings family happy life  
and  
energy!



**"WE GOT SICK AND TIRED OF HAVING COLDS . . .** My husband leads a busy life and used to get very rundown," writes a housewife. "Seems like me and the children too were always having worrisome colds. A friend recommended Scott's Emulsion; and in just a little while you could truly see the difference. I must say it's grand!"

**YES, A TRULY WONDERFUL** difference can take place in the way you feel if your diet too lacks the natural A&D Vitamins and energy-building, natural oils you need. So start taking "grand old Scott's Emulsion" today. See how this **HIGH ENERGY FOOD TONIC** helps bring back stamina, resistance and energy—how much better and happier you feel. Remember, it's *pleasant-tasting*—and economical! *Recommended by so many. Today—sure—buy pleasant-tasting Scott's Emulsion!*



## Why Scott's is so highly recommended

1. Rich in natural A & D Vitamins—valuable, energy-building food supplement and tonic.
2. Pleasant-tasting and economical.
3. Four times easier to digest than plain cod liver oil—Scott's *exclusive process*.
4. Helps make children husky too; helps build strong bones, sound teeth, a sturdy frame.
5. Contains finest Norwegian Cod Liver Oil.

**TRY SCOTT'S EMULSION**  
**HIGH ENERGY YEAR-ROUND TONIC**

## TABLES OF MEASURES

### Linear Measure

(Used in Measuring Lengths and Distances)

12 inches.....	1 foot
3 feet.....	1 yard
5½ yards.....	1 rod or pole
16½ feet.....	1 rod or pole
40 rods.....	1 furlong
8 furlongs.....	1 mile

320 rods.....	1 mile
5,280 feet.....	1 mile

### Land Measure

10 rods x 16 rods.....	1 acre
5 rods x 32 rods.....	1 acre
4 rods x 40 rods.....	1 acre
20 yards x 242 yards.....	1 acre
40 yards x 121 yards.....	1 acre
60 feet x 726 feet.....	1 acre
220 feet x 198 feet.....	1 acre
4,840 square yards.....	1 acre

## PARCEL POST RATES IN CANADA

The maximum charge on any parcel shall not exceed 1c per ounce, with a minimum prepayment of 3c, which will cover a weight up to and including three ounces.

Parcels are liable to 1c an ounce on excess weight over even pound until next pound or group rate is reached.

See Notes above	1 lb.	2 lb.	3 lb.	4 lb.	5 lb.	6 lb.	7 lb.	8 lb.	9 lb.	10 lb.	11 lb.	12 lb.	13 lb.	14 lb.	15 lb.	15 to 20 lb.	20 to 25 lb.	
To any Post Office within 20 miles (irrespective of Provincial Boundary).....	.05	.07	.09	.11	.13	.15	.17	.18	.19	.20	.21	.22	.23	.24	.25	.30	.35	
To any Post Office beyond 20 miles but in same Province*.....	.11	.16	.21	.26	.31	.36	.41	.46	.51	.56	.61	.66	.71	.76	.81	.85	.90	
From a Post Office in any Province to a Post Office in the immediately adjoining Province*.....	.12	.20	.28	.35	.42	.49	.56	.63	.69	.75	.80	.85	.90	.95	1.00	1.15	1.25	
To or from any P.O. in Province of	To or from any P.O. in Province of																	
N.B., N.S., P.E.I....	Ontario.....	.13	.22	.31	.40	.49	.58	.67	.75	.83	.90	.97	1.04	1.11	1.18	1.25	1.50	1.75
N.B., N.S., P.E.I....	Manitoba....	.14	.26	.38	.50	.62	.74	.86	.98	1.09	1.20	1.31	1.42	1.53	1.64	1.75	2.00	2.25
N.B., N.S., P.E.I....	Sask., Alta., B.C., Yukon	.15	.28	.41	.54	.67	.80	.92	1.04	1.16	1.28	1.40	1.52	1.63	1.74	1.85	2.20	2.50
Quebec....	Manitoba....	.13	.22	.31	.40	.49	.58	.67	.75	.83	.90	.97	1.04	1.11	1.18	1.25	1.50	1.75
Quebec....	Saskatchewan.	.14	.26	.38	.50	.62	.74	.86	.98	1.09	1.20	1.31	1.42	1.53	1.64	1.75	2.00	2.25
Quebec....	†Alta., B.C., Yukon.	.15	.28	.41	.54	.67	.80	.92	1.04	1.16	1.28	1.40	1.52	1.63	1.74	1.85	2.20	2.50
Ontario....	Saskatchewan.	.13	.22	.31	.40	.49	.58	.67	.75	.83	.90	.97	1.04	1.11	1.18	1.25	1.50	1.75
Ontario....	†Alberta.....	.14	.26	.38	.50	.62	.74	.86	.98	1.09	1.20	1.31	1.42	1.53	1.64	1.75	2.00	2.25
Ontario....	†B.C. or Yukon....	.15	.28	.41	.54	.67	.80	.92	1.04	1.16	1.28	1.40	1.52	1.63	1.74	1.85	2.20	2.50
Manitoba..	Alberta.....	.13	.22	.31	.40	.49	.58	.67	.75	.83	.90	.97	1.04	1.11	1.18	1.25	1.50	1.75
Manitoba..	Brit. Colum....	.14	.26	.38	.50	.62	.74	.86	.98	1.09	1.20	1.31	1.42	1.53	1.64	1.75	2.00	2.25
Manitoba..	†Yukon.....	.15	.28	.41	.54	.67	.80	.92	1.04	1.16	1.28	1.40	1.52	1.63	1.74	1.85	2.20	2.50
Saskatch'n.	Brit. Colum....	.13	.22	.31	.40	.49	.58	.67	.75	.83	.90	.97	1.04	1.11	1.18	1.25	1.50	1.75
Saskatch'n.	†Yukon.....	.14	.26	.38	.50	.62	.74	.86	.98	1.09	1.20	1.31	1.42	1.53	1.64	1.75	2.00	2.25
Alberta....	†Yukon.....	.13	.22	.31	.40	.49	.58	.67	.75	.83	.90	.97	1.04	1.11	1.18	1.25	1.50	1.75

\*The Maritime Provinces—New Brunswick, Nova Scotia and Prince Edward Island are considered as one province.

†Restricted parcel post service to the Yukon during the winter.

Consult local postmaster for rates on parcels weighing over 10 lbs. addressed for delivery in the Yukon of Atlin or Telegraph Creek, B.C.

### Maclean Brand Stomach Powder Promptly Relieves Indigestion

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This m parts burn, Buy today

# **MACLEAN** **YOUR TEETH** **TODAY**

*and see the difference!*



**MACLEANS**  
PEROXIDE  
**TOOTH PASTE**

See how quickly your teeth become sparkling white, your gums firm and healthy. And how you'll go for that tangy, exhilarating taste too! Macleans is a top quality dentifrice and mouth wash combined. Buy the large economical tube.

**NOT JUST CLEANS — BUT MACLEANS**



## **DO YOU SUFFER FROM INDIGESTION?**

**GET EFFECTIVE RELIEF WITH  
MACLEAN BRAND STOMACH  
POWDER**

This noted formula has been used successfully in many parts of the world for the relief of indigestion, heartburn, dyspepsia and other forms of stomach upset. Buy Maclean Brand Stomach Powder or Tablets today for speedy relief.

**ONLY GENUINE IF SIGNATURE  
ALEX. C. MACLEAN  
APPEARS ON THE PACKAGE**



# YOU CAN DEPEND ON THESE WELL PROVEN PRODUCTS

*They are renowned in Great Britain, Canada  
and throughout the World.*

## SCOTT'S EMULSION

The HIGH ENERGY tonic rich in natural A and D Vitamins. Helps build stamina and energy. Valuable for all ages.



## ENO'S 'FRUIT SALT'

Sparkling, good tasting Eno—a national standby for over 75 years—overcomes constipation, corrects stomach acidity. Millions depend on Eno for the buoyant pep and energy that comes from inner fitness.



## BRYLCREEM

**THE PERFECT  
HAIRDRESSING.**

Conditions the hair as it grows. Gives natural lustre, helps remove loose dandruff.



## MACLEANS TOOTH PASTE

Sweetens your breath. Helps banish smoke stains. Gives teeth dazzling natural brilliance.

## THERMOGENE Wool

Thermogene's warming, soothing medication brings blessed relief to rheumatic and muscular pains.

## VENO'S COUGH SYRUP

One dose usually brings relief! Pleasant tasting—children like it.

## THERMOGENE Rub

Relieves muscular soreness and congestion. Often breaks up a cold overnight.

**MACLEAN BRAND  
STOMACH POWDER AND TABLETS**  
Give prompt effective relief from indigestion, heartburn, dyspepsia.

## BEECHAM'S PILLS

Beecham's Vegetable Laxative Pills are thorough yet gentle—give the right relief from constipation.

## GERMOLENE OINTMENT

Soothing, healing—the ideal ointment for all skin troubles.

**J. C. ENO (CANADA) LIMITED**  
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