WAMPOLE'S

HYGEOL

The Twenty Minute Miracle

Cleans False Teeth Without Brushing

—removes film, discolorations, odor, food particles, etc. Hygeol is also a splendid household antiseptic for dozens of uses.

We Have It in Two Sizes

We Are Proud of Our Reputation for PRESCRIPTION WORK

BRING all of your prescriptions here and they will be filled skillfully, accurately and promptly. We use nothing but the best and purest ingredients – and we use no substitutes of any kind.

[See our line of Beauty Aids and Toilet Preparations]

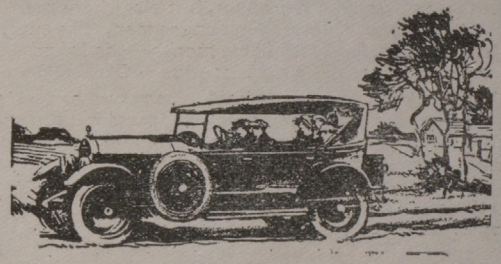
Field's Drug Store

Dispensing Chemist
675 Spadina Avenue, Cor. Sussex Avenue
Toronto, Ont.
Phone Kingsdale 1606
Neilson's Ice Cream always in stock

#40950300

BETTER Health

JUNE 1927



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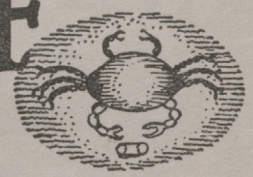

6th Month

WELCOME, June! It's always a wonderful month—with its roses, brides and strawberries. The derivation of the name of this month is uncertain. Ovid puts into the mouth of Juno the claim that the month was named in her honor, but elsewhere makes it refer to an honor shown the younger men. The summer solstice occurs the 21st of this month—the longest day in the entire year. The sign for June is Cancer (Crab).

Persons born in June are said to be very changeable—having rather dual natures that make them want to study and want to play—they want to travel and they want to stay at home. They are very proud of birth—are unselfish and self-sacrificing. They are often artistic and appreciative of art. Their gems are beryl and dark blue stones. Their colors are white, blue and red.

A Thought For the Month

Gold that buys health can never be ill spent;
nor hours laid out in harmless merriment.
—*John Webster*

Don't Worry About Old Age

WHY should the passing years mean anything more than the attainment of success toward which all your hopes and aims have been directed?

Men and women should be in their prime at forty, and will—if the priceless gift of health is conserved. Surely all will go well if health and vigor are there to sustain your ambition in its hopeful quest for success.

Laundry Aids For the Housewife

SILK underwear, stockings and other silken garments should be squeezed in the hands to remove dirt, using a pure white soapsuds and lukewarm water. Never wash them on the board if you want them to last. They demand care in laundering.

Towels with colored stripes should not be washed until they have first been soaked overnight in salt and cold water to set the colors.

Keep Your Teeth Well

TEETH are like flour mills. They grind the food into small particles ready to pass on to the stomach.

If the teeth are not strong and healthy, food will not be ground up properly and the stomach will always be overworked and tired.

When teeth are dirty, the food rubs off some of the dirt and carries it into the body.

Take care of your teeth. Dentists can help, but you must brush the teeth every day. Use tooth paste or powder on the brush to help remove food which sticks to the teeth.

In the morning, brush your teeth with clear water. Then rinse the mouth with lime water, or a solution of Hygeol. Keep the lime water or solution in the mouth for a minute or two, and then force out between the tightly closed teeth. Clean the teeth after every meal if possible—and always before going to bed.

"Lily Rash" is an eruption of the skin caused from the juice of the stems of flowers, chiefly narcissi, and from handling the bulbs of hyacinths, daffodils and tulips.

Take Your Choice

Fish Dealer:—"Here's some nice fresh oysters, lady, 50 cents and 75 cents."

Careful Housewife:—"What is the difference in the oysters?"

Fish Dealer:—"There isn't any difference, lady, they're all the same, only some people like to pay 50 cents and some like to pay 75."

A TRIBUTE TO MOTHER —The Household Physician

THE first Doctor on the job, when any member of of the family becomes ill, is Mother. We are glad to give "Mother" even this small portion of the praise that is due her, for she wears the crown of "First Aid" most gloriously.

There are few of us older ones who cannot remember when Mother used onion poultices—put sugar on sliced onions to make a syrup to ease the cough, or administer a hot foot bath, a strong lemonade—then off to bed to perspire. In fact, Mother, the household physician, generally had the case well in hand before the family doctor arrived.

Even the hot stove lid, wrapped in paper or cloth, was a fine thing for pains—or a bag of salt heated in the oven and put next to the aching ear—my, what a comfort!

But today, with a medicine cabinet stocked with household remedies and a supply, of hydrogen peroxide, iodine, liniments, ointments, medicated gauze, absorbent cotton, adhesive tape, etc., Mother is indeed well equipped to render efficient first aid to the members of her household.