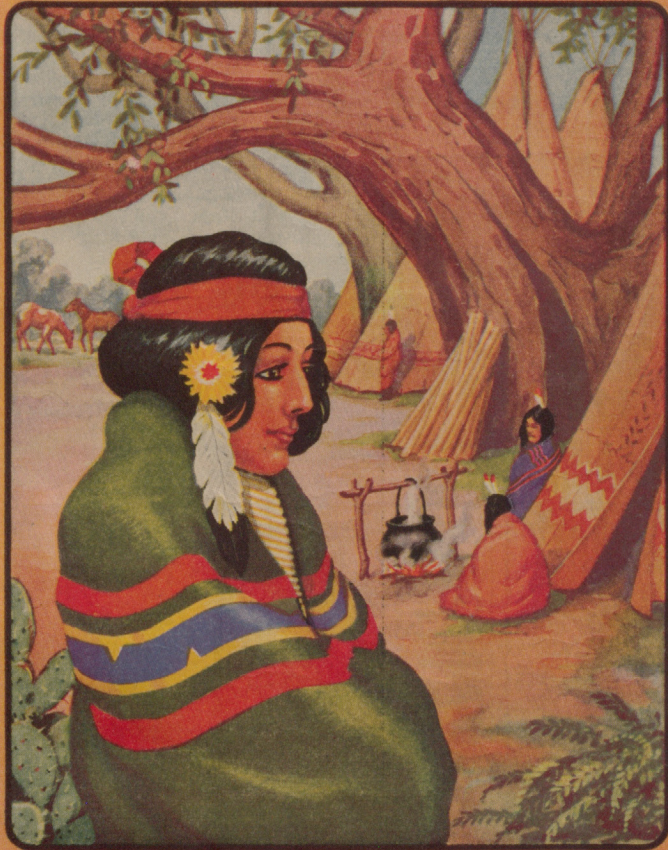


1-30-43

SWAMP-ROOT



ALMANAC

WEATHER PREDICTIONS · HOROSCOPES
DREAM BOOK · FACTS FOR EVERYONE

KILMER & CO., INC. STAMFORD, CONN.

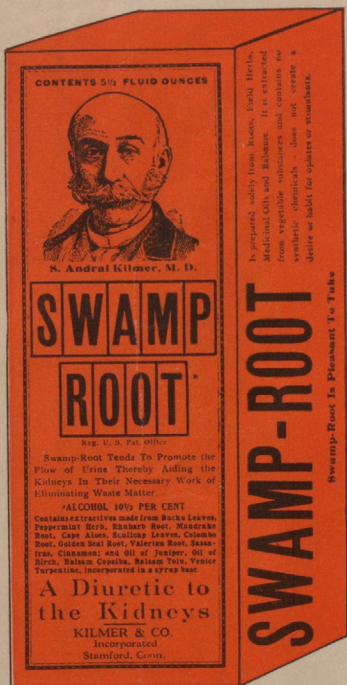
REMEMBER—

Remember the name **Swamp-Root**, **Dr. Kilmer's Swamp-Root**, and the address *Stamford, Conn.*, on every bottle.

Remember when you ask for Swamp-Root you are buying a medicine with an established reputation of more than 50 years.

Druggists who have your health and welfare at heart will sell you **Swamp-Root** when called for, as experienced druggists usually know the value of Swamp-Root as a Diuretic to the kidneys.

Every bottle of Swamp-Root contains the same standard of purity, strength and excellence.



Front View of Package

Free Trial

Send Name and Address for Sample Size Bottle of

Swamp-Root—FREE

Write to

KILMER & CO., INC.

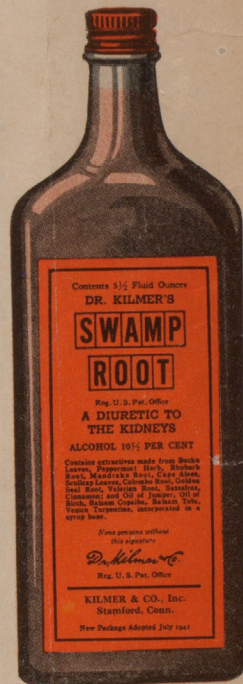
STAMFORD, CONN.

These illustrations of carton and bottle are like the Swamp-Root package in both style and color.

The medium size package is approximately three times larger and retails at 60c.

The large size package is approximately six times larger and retails at \$1.15.

When you need a medicine you should have one with an established reputation.



Front View of Bottle

INSIST ON GENUINE SWAMP-ROOT

ON account of its popularity, Swamp-Root, in many places, is advertised by some druggists at cut prices. This cuts down the profits of all druggists in that locality, as they are obliged to sell at the same price in order to hold their customers. This condition in the trade is to blame for the practice of substitution, which has become so common. Sometimes every kind of argument is used to persuade a customer to change his mind and buy the substitute (which is usually un-

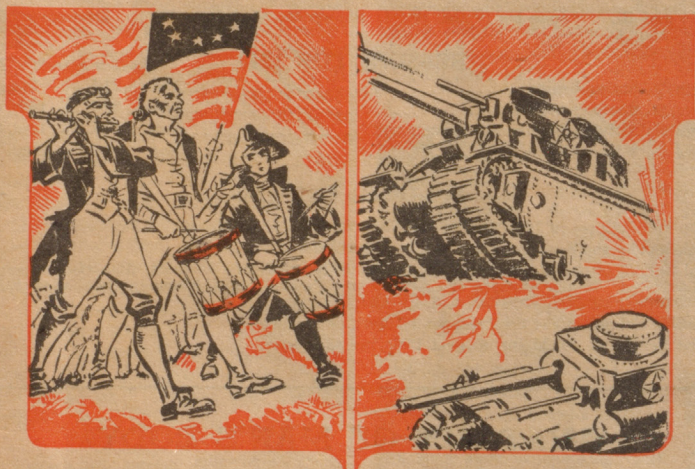
known to the customer and never advertised) as the profit on the sale is usually large. This is called "switching."

Patronize the reliable dealer who gives you what you ask for without trying to "switch" you for the sake of his bank account. There is no preparation just like Dr. Kilmer's Swamp-Root—there is no other Swamp-Root—it is never peddled from house to house, and is sold only in stores that handle medicines.

★

SWAMP-ROOT ALMANAC

★



1943

until July 4th, the 167th Year of American Independence

CONTAINING

complete monthly calendars for 1943, sun and moon rise and set times, weather predictions, daily horoscopes, holidays and church days, the story of our flag, air-raid precautions, planting times and other useful information and valuable health facts.

published by

KILMER & COMPANY, INC.

STAMFORD, CONN.

★

ALMANAC CALCULATIONS FOR 1943

MORNING AND EVENING STARS, 1943

The Planet Venus (♀) is Evening Star to September 5th, then Morning Star to end of year.
 The Planet Mars (♂) will be Morning Star until December 5th and Evening Star balance of year.
 The Planet Jupiter (♃) is Morning Star to January 11th, then Evening Star to July 30th and Morning Star again to end of year.
 The Planet Saturn (♄) is Evening Star until June 7th and from then Morning Star to December 15th, again Evening Star to end of year.

EMBER DAYS, 1943

March 17, 19 and 20. June 16, 18 and 19. September 15, 17 and 18. December 15, 17 and 18.

SEASONS FOR 1943

Eastern Standard Time

☉ enters ♈, Spring begins. March 21d. 7h. 3m. Morn.
 ☉ enters ☊, Summer begins. June 22d. 2h. 13m. Morn.
 ☉ enters ♏, Autumn begins. Sept. 23d. 5h. 12m. Eve.
 ☉ enters ♏, Winter begins. Dec. 22d. 0h. 30m. Eve.

ECLIPSES FOR 1943

There will be four eclipses in 1943, two of the Sun and two of the Moon.
 I: A Total Eclipse of the Sun, February 4-5, invisible here.
 II: A Partial Eclipse of the Moon, February 19-20, visible to North America. Also visible generally in Europe, Africa, the Atlantic Ocean, South America and parts of the Pacific Ocean. Moon enters shadow Feb. 19d. 11h. 3m. p.m. and leaves shadow Feb. 20d. 2h. 13m. a.m. Eastern Standard Time.
 III: An Annular Eclipse of the Sun, August 1st, not visible here.
 IV: A Partial Eclipse of the Moon, August 15th, invisible here.

ANATOMY OF MAN'S BODY

As Said to be Governed by the Moon passing through the Twelve Signs of the Zodiac

Aries
The Head and Face



Gemini
The Arms



Leo
The Heart



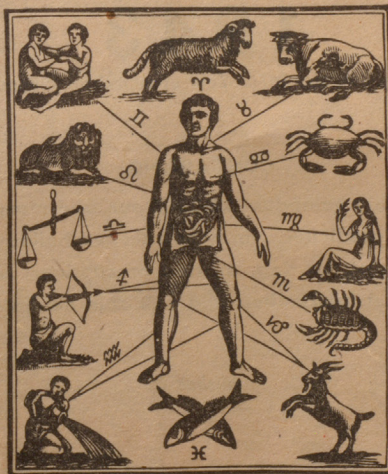
Libra
The Reins



Sagittarius
The Thighs



Aquarius
The Legs



Taurus
The Neck



Cancer
The Breast



Virgo
The Bowels



Scorpio
The Secrets



Capricornus
The Knees

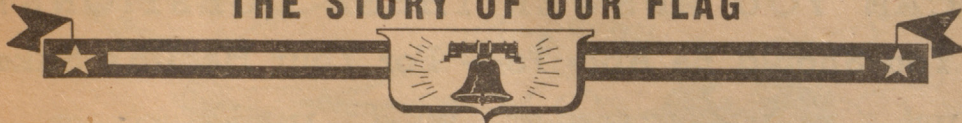


Pisces
The Feet



Send for Sample Bottle—Use Valuable Swamp-Root Coupon on Page 32

THE STORY OF OUR FLAG



The traditional story that Betsy Ross made the first American Flag has no historical foundation. In fact there was no official American flag until 1777 while she was supposed to have presented it to Congress in 1776 before the Declaration of Independence.



The first unofficial American flag was raised on land by George Washington without the authorization of Congress at Cambridge, Massachusetts, January 2, 1776. It

was first raised at sea on board the American flagship "Alfred" by John Paul Jones at Philadelphia, January 4, 1776. This first flag was known as the Grand Union Ensign, the Grand Union Flag, the Congress Colors, and the First Navy Ensign. It consisted of thirteen alternating red and white stripes with a union in the corner bearing the crosses of St. George and St. Andrew. The thirteen stripes represented the thirteen states while the crosses (the national flag of Great Britain) signified the mother country. This was the colonial standard until the Stars and Stripes was inaugurated by Congress in 1777.

Some historians say that the yellow silk flag bearing a coiled rattlesnake and the motto "Don't Tread on Me" was first used as our national emblem. This was flown on board ship the same day that the Grand Union Flag was hoisted aloft. It was known as the Gadsden flag after its donor Colonel Christopher Gadsden, a delegate from South Carolina. It was not used as the national standard, however, but rather as the flag of the commanding officer.



The Stars and Stripes was authorized by Congress on June 14th, 1777, and consisted of thirteen alternate red and white stripes with thirteen stars arranged in a

circle. There are many claims as to where it was first flown but it is generally thought to have been raised first at Fort Stanwix, N. Y. Here the soldiers hearing of the new authorization by Congress for a new flag sought to find material to make their first one. It is said that the shirts of the soldiers provided the white, a woman's petticoat the red and Captain Abraham Swartwout gave his cloak to make the blue. It was raised the same day it was made, August 3rd, 1777.



This emblem remained until 1795 when the law regarding the national colors was changed. Because of the admission of Kentucky and Vermont to the Union, the design was changed to fifteen alternating stripes of red and white and fifteen stars in the blue field arranged in three rows of five each. A star and stripe for each state.

With the admission of new states it became apparent that the design would have to be changed again. In 1818 an act was passed stating that the national emblem be changed to thirteen alternating red and white stripes with twenty stars in a blue field and that a star should be added with each additional state admitted to the Union. The twenty stars were arranged to form a larger star.



Our present day flag was completed in 1912 after Arizona was admitted to the union, making our national standard thirteen alternating red and white stripes with forty-eight stars in a field of blue.

The belief that each star represents a certain state is false. While one star represents a state there is no definite order as to any star depicting a definite state.



CAN YOU ANSWER THESE QUESTIONS?

You Should Be Able To — For Your Health's Sake

Where Are Your Kidneys?

The kidneys are the two largest tubular glands of the body—and are intended for the secretion of urine.

Each kidney is about four inches in length, two in breadth and one in thickness. The weight of the kidney in the adult varies from four to six ounces.

The kidneys are deeply placed in the abdominal cavity, one lying on either side of the spinal column close up to the diaphragm and between the diaphragm above and the crest of the ilium or upper border of the hip bone below. The kidneys either by a process of secretion or filtration take the water, the inorganic salts and other substances out of the blood and pass them on in the form of urine.

What Is The Function Of Your Bladder?

The bladder is a large sac situated in the bony pelvis. In the form of a triangle when empty, it assumes an ovoid shape when full, its shortest diameter extending from before backwards and its largest running from above downwards. Its capacity in adults varies from ten to twenty fluid ounces.

The posterior surface in the male lies close to the rectum and in the female it lies close to the womb and broad ligaments. The bladder is the reservoir for the urine.

What Are The Ureters?

The ureters are small tubes which connect the kidneys to the bladder. They act as channels for the passage of the urine from one to the other. They are cylindrical, membranous tubes from sixteen to eighteen inches in length and of about the same diameter as a goose quill.

What Is The Urethra?

The urethra is the membranous tube through which the urine passes from the bladder.

The great service which the genito-urinary tract performs is the elimination from the body of waste matter. Taken from the system either by a process of secretion or filtration by the kidneys in the form of urine, the bladder, ureters, and urethra all have functions to perform in the process of elimination for which a normal supply of urine by the kidneys is essential.

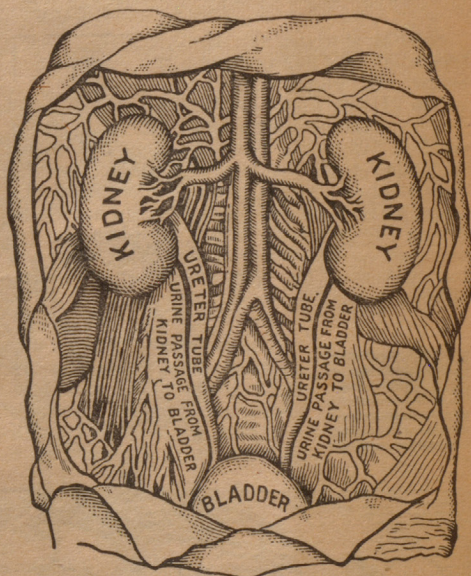
What Is Urine?

Normal urine is a pale amber colored fluid, of slightly acid reaction, having a specific gravity of 1015 to 1025 and an odor which is not disagreeable. It is composed principally of water, plus a small percentage of urea and uric acid. It also contains small proportions of various salts and excretions which the body does not want.

What Is A Diuretic?

Diuretics are used to increase the flow of urine from the kidneys. They act by stimulating the Renal Epithelium (mucous membrane or lining membrane of the little tubes or tubules, etc., in the kidney itself which secretes or filters the inorganic salts and other compounds out of the blood to form urine) to greater activity by increasing the excretion of both the watery and solid constituents of the urine, or they simply increase the watery constituents by increased blood pressure in the kidney.

Anatomical Diagram



The above illustration shows the position of the kidneys in the human body and the Ureter tubes, the only way by which the urine is conveyed from the kidneys to the bladder.

Swamp-Root is fulfilling its mission. Use Valuable Swamp-Root Coupon on Page 32



1st Month

JANUARY 1943

31 Days

☉ New Moon ☽ First Quarter ☾ Full Moon ☽ Last Quarter

Day of Month	Day of Week	Moon's Phase	CALENDAR N. STATES Lat. 42°+			CALENDAR S. STATES Lat. 33°+		
			Sun rises	Sun sets	Moon rises	Sun rises	Sun sets	Moon rises
1	F	☽	7 30	4 37	1 33	7 03	5 05	1 28
2	S	☽	7 30	4 38	2 41	7 03	5 06	2 30
3	S	☾	7 30	4 38	3 51	7 03	5 06	3 36
4	M	☾	7 30	4 39	5 02	7 03	5 07	4 42
5	T	☾	7 30	4 40	6 12	7 03	5 08	5 49
6	W	☾	7 30	4 41	sets	7 04	5 09	sets
7	T	☽	7 30	4 42	6 22	7 04	5 10	6 43
8	F	☽	7 30	4 43	7 36	7 04	5 11	7 52
9	S	☽	7 30	4 44	8 48	7 04	5 11	8 59
10	S	☽	7 29	4 45	9 58	7 04	5 12	10 03
11	M	☽	7 29	4 46	11 05	7 04	5 13	11 06
12	T	☽	7 29	4 47	morn	7 03	5 14	morn
13	W	☽	7 28	4 49	0 10	7 03	5 15	0 06
14	T	☽	7 28	4 50	1 12	7 03	5 16	1 04
15	F	☽	7 28	4 52	2 12	7 03	5 17	2 00
16	S	☽	7 27	4 53	3 11	7 02	5 18	2 55
17	S	☽	7 27	4 54	4 08	7 02	5 19	3 49
18	M	☽	7 26	4 55	5 02	7 02	5 19	4 41
19	T	☽	7 26	4 56	5 53	7 02	5 20	5 30
20	W	☽	7 25	4 57	6 40	7 01	5 21	6 17
21	T	☽	7 25	4 58	rises	7 01	5 22	rises
22	F	☽	7 24	4 59	6 22	7 01	5 23	6 40
23	S	☽	7 23	5 00	7 21	7 00	5 24	7 35
24	S	☽	7 22	5 02	8 19	7 00	5 25	8 30
25	M	☽	7 21	5 03	9 19	6 59	5 26	9 25
26	T	☽	7 20	5 04	10 19	6 59	5 27	10 20
27	W	☽	7 19	5 06	11 23	6 58	5 28	11 19
28	T	☽	7 18	5 08	morn	6 57	5 29	morn
29	F	☽	7 17	5 09	0 27	6 57	5 30	0 18
30	S	☽	7 17	5 11	1 34	6 56	5 31	1 20
31	S	☽	7 16	5 12	2 41	6 56	5 32	2 24

MOON'S PHASES

Eastern		Central		Mountain		Pacific	
D.	H. M.	D.	H. M.	D.	H. M.	D.	H. M.
6	7 37M	6	6 37M	6	5 37M	6	4 37M
13	2 48M	13	1 48M	13	0 48M	12	11 48A
21	5 48M	21	4 48M	21	3 48M	21	2 48M
29	3 13M	29	2 13M	29	1 13M	29	0 13M

WEATHER PREDICTIONS

1st to 3rd, **Blustery Period**—Very cold winds common to most sections. Low temperature in states of the northwest, the Lake region and New England. Disagreeable over Gulf and south Atlantic states.

4th to 7th, **Unsettled**—Generally unsettled weather over northern half of the country. Squally conditions south. Strong gales along all maritime shores.

8th to 12th, **Pleasant Wave**—Weather moderating and clearing in states west of the Mississippi river. Pleasant conditions in southern and Middle Atlantic states.

13th to 17th, **Threatening**—Cloudy and damp in sections of the far west and middle west. Unsettled over Lake region and New England. Blizzard storms in states of the Rocky Mountains.

18th to 22nd, **Storm Wave**—Storms of wind, sleet and snow over north and northwest territory. Cold and rainy in southern and eastern sections.

23rd to 27th, **Raw Winds**—Cold and blustery in states of the far west, the middle west and over region of the Great Lakes. Danger to all sailcraft on the Great Lakes and New England waters. Disagreeably cold far to the south.

28th to 31st, **Fair Period**—Moderating, open weather in states of the south and southwest. Fair conditions in Middle Atlantic and New England states. Blustery over Pacific slope and Rocky Mountain region.

The temperature will be above normal. The precipitation generally at about the average.

Her Mother Consulted Dr. S. Andral Kilmer in 1884

LA JUNTA, COLO. March 22nd, 1940

Dr. Kilmer & Co.

DEAR SIR: I enclose part of wrapper required from your SWAMP-ROOT and please send me your Dream Book.

This remedy was first used in our family in 1884 by my mother after a personal examination by the old Doctor S. Andral Kilmer, and with best results.

I was born in Broome County, N. Y. in 1876 and feel you are home folks.

Yours truly,

Mrs. John Teter,

R. 3, Box 122, La Junta, Colorado

P.S. You may use my statement. I have lived here thirty years and am well known.

Send for Sample Bottle—Use Valuable Swamp-Root Coupon on Page 32

You May Need Diuretic Assistance

SIGNS WILL TELL YOU WHEN KIDNEYS MAY NEED HELP

When the kidneys and bladder are acting normally there are no indications in the urine to call attention to them. But when certain signs appear, it becomes evident that the functions of the genito-urinary tract are not being properly performed. In such conditions Swamp-Root will be found useful as a stimulant diuretic to increase the flow of urine and thus aid in the elimination of the waste matter through the urinary passages.

There are three principal signs of improper genito-urinary functioning which you can easily discover by simple observation.

1. Scanty Urine

The normal amount of urine passed is about fifty ounces in 24 hours. This amount will vary considerably if abnormally large or small amounts of liquid are drunk. Occasionally, however, the urine may become scanty for no apparent reason. Swamp-Root contains ingredients which are recognized as a diuretic aid to the kidneys and which tend to increase the flow of urine.

2. Highly Colored, Odorous Urine

Normal urine is a pale amber color, with a not disagreeable odor. When there is a temporary disturbance of normal urinary functioning, the urine may become highly colored and the odor more pronounced. In such cases, Swamp-Root will increase the flow of urine and should prove beneficial.

3. Sediment in the Urine

A heavy sediment or deposit in the urine usually indicates an abnormal amount of waste material coming through the kidneys, and a diuretic such as Swamp-Root will stimulate the kidneys to an increased output of urine and help to eliminate this substance.

Swamp-Root aids in the elimination of waste through its stimulating diuretic property.

Two of the main channels or passageways for the elimination or discharge of waste ma-

terial from the body are the gastro-intestinal tract, through the action of the bowels, and the kidneys, through the urine. It is often desirable to aid these eliminative systems. Swamp-Root is a diuretic aid to the kidneys, which increases the flow of urine; it is also a very mild laxative and thus it aids in the elimination of waste matter through both the urinary and intestinal systems.

Common Constipation Increases Kidney Burden

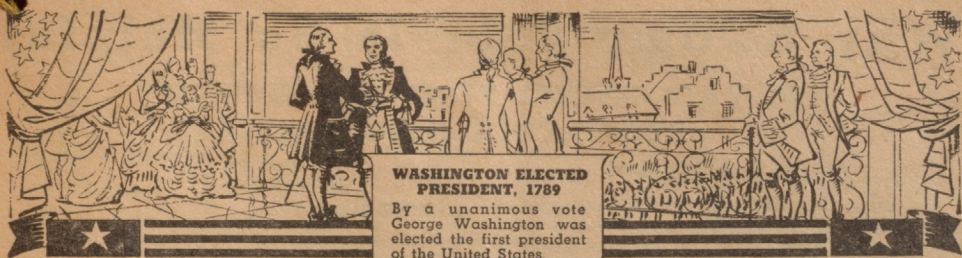
An accumulation of waste in the intestinal tract results in constipation, then one of the two main channels of elimination or escape for the waste materials of the body becomes temporarily impaired to some extent. The constipated condition should be given attention by use of a good laxative. (Swamp-Root is mildly laxative.) Since the burden on the kidneys will be temporarily increased a diuretic aid to the kidneys is indicated. Swamp-Root is an effective diuretic to the kidneys—thus aiding in the elimination of waste through the urinary passage. Swamp-Root is also of value because it is a carminative and stomachic tonic which has a beneficial effect on the gastro-intestinal tract.

The Kidneys Have an Important Task

Have you stopped to consider the vast number of cells there are in the body and that each cell has its own blood supply which not only supplies it with the proper amount of heat and nourishment but carries away from the cell its waste material? This gives some idea of the task that the kidneys are called upon to perform in filtering out this substance from the blood and passing it out of the body in the form of urine. Swamp-Root by its diuretic action, stimulates the kidney function and helps it to eliminate.

Note: Read particular directions with every bottle of Swamp-Root.

If you feel that your condition may be serious, consult your physician promptly as self diagnosis cannot be relied on.—Have you consulted your physician?



2nd Month

FEBRUARY 1943

28 Days

☾ New Moon ☽ First Quarter ☽ Full Moon ☾ Last Quarter

MOON'S PHASES

Eastern		Central		Mountain		Pacific	
D.	H. M.	D.	H. M.	D.	H. M.	D.	H. M.
4	6 29A	4	5 29A	4	4 29A	4	3 29A
11	7 40A	11	6 40A	11	5 40A	11	4 40A
20	0 45M	19	11 45A	19	10 45A	19	9 45A
27	1 22A	27	0 22A	27	11 22M	27	10 22M

WEATHER PREDICTIONS

1st to 4th, Threatening, Stormy—Cloudy and disagreeably damp and cool in Gulf and south Atlantic states. Rain storms over many sections of the country, causing flood in lower Ohio and Mississippi river valleys. Storms of snow in states of the north and northwest.

5th to 8th, Fair Period—Weather clear and warm in states of the Gulf and south Atlantic. Fair and cold over north, northwest and the middlewest.

9th to 12th, Storm Period—Blustery and threatening over north and northwest sections. Very stormy at many points. Danger to sailcraft along all coastal waters. Rain in Southern states.

13th to 15th, Variable Period—Open weather over the middlewest. High winds in northern states. Changeable weather in eastern sections and rather threatening in Gulf and south Atlantic states.

16th to 20th, Stormy—Sleet and snow over north and northwest. High winds over southwest. Dull and disagreeable in states of the Gulf and south Atlantic.

21st to 24th, Fair Period—Clear and cold in region of the Great Lakes, New York and New England. Damp and cool in the Pacific coast states. High winds over west and middlewest. Fair and pleasant in Gulf states.

25th to 28th, Cold Wave—Very low temperature in all states of the west and northwest. High winds and stormy conditions in states of the Lake region, Middle Atlantic and New England. Temperature slightly below the average. Precipitation about normal.

Daily Horoscopes, Condensed 1943

Day of Month	Day of Week	Moon's Place		CALENDAR N. STATES Lat. 42°+			CALENDAR S. STATES Lat. 33°+		
				Sun rises	Sun sets	Moon rises	Sun rises	Sun sets	Moon rises
				H.M.	H.M.	H.M.	H.M.	H.M.	H.M.
1	M	♊	Leaders	7 15	5 13	3 50	6 55	5 33	3 28
2	T	♋	Candlemas—Enjoy social position	7 14	5 14	4 55	6 55	5 34	4 32
3	W	♌	Refined tastes	7 13	5 15	5 55	6 54	5 35	5 33
4	T	♍	Naturally kind hearted	7 12	5 16	sets	6 53	5 35	sets
5	F	♎	Ideal companions	7 11	5 18	6 20	6 52	5 36	6 35
6	S	♏	Mystical views	7 10	5 19	7 33	6 52	5 37	7 43
7	S	♐	Literary	7 09	5 20	8 44	6 51	5 38	8 49
8	M	♑	Sensitive	7 08	5 22	9 52	6 50	5 39	9 52
9	T	♒	Not overly domesticated	7 07	5 23	10 58	6 49	5 40	10 52
10	W	♓	Somewhat superstitious	7 06	5 24	11 59	6 48	5 41	11 51
11	T	♈	Unselfish, agreeable	7 04	5 25	morn	6 47	5 42	morn
12	F	♉	Consideate of others	7 02	5 26	1 00	6 46	5 43	0 47
13	S	♊	Keenly intuitive	7 01	5 27	2 00	6 46	5 43	1 42
14	S	♋	St. Valentine's Day	7 00	5 28	2 56	6 45	5 44	2 35
15	M	♌	Kind	6 58	5 29	3 49	6 44	5 45	3 25
16	T	♍	Somewhat conventional	6 57	5 31	4 37	6 43	5 46	4 14
17	W	♎	Cultivate personal interests	6 56	5 33	5 21	6 42	5 47	4 59
18	T	♏	Self-sacrificing	6 54	5 34	6 01	6 41	5 48	5 42
19	F	♐	Personal popularity	6 53	5 35	rises	6 40	5 49	rises
20	S	♑	Good reasoning powers	6 51	5 37	6 14	6 39	5 50	6 24
21	S	♒	Septuagesima Sunday—Hospitable	6 49	5 38	7 14	6 38	5 51	7 20
22	M	♓	Original	6 48	5 40	8 15	6 36	5 51	8 16
23	T	♈	Generous to a fault	6 47	5 41	9 17	6 35	5 52	9 13
24	W	♉	Romantic affairs	6 45	5 42	10 20	6 34	5 53	10 12
25	T	♊	Not overly religious	6 44	5 44	11 25	6 33	5 53	11 13
26	F	♋	Ready sympathy	6 42	5 45	morn	6 32	5 54	morn
27	S	♌	Mild mannered	6 40	5 46	0 31	6 31	5 55	0 15
28	S	♍	Sextagesima Sunday—Diversified talent	6 38	5 47	1 38	6 29	5 56	1 17

Swamp-Root Makes True Friends— Says South Carolina Druggist

WOODRUFF, S. C.

Dr. Kilmer & Co.

GENTLEMEN:—We take great pleasure in writing you regarding your preparation SWAMP-ROOT. We have sold and recommended SWAMP-ROOT for 17 years and have not heard a single complaint from a customer. We can sell SWAMP-ROOT with confidence. The list of ingredients on each carton shows why SWAMP-ROOT truly does make friends.

Very truly yours,
ANDERSON'S DRUG STORE,
By Dr. B. C. Anderson

Send for Sample Bottle—Use Valuable Swamp-Root Coupon on Page 32

Why Swamp-Root Is So Helpful

HOW ITS SEVERAL BENEFICIAL EFFECTS STIMULATE ELIMINATION

For more than 50 years many thousands of well informed, intelligent people have used this herbal compound, when the kidneys needed diuretic help. Thousands of honest, reputable druggists have used it in their own families and testify to benefits obtained.

Pleasant to Take

Unlike many medicines, Swamp-Root is very pleasant to take. The roots and herbs from which its ingredients are extracted give it a piquant tang. You will be agreeably surprised when you taste Swamp-Root.

Desirably Carminative Mildly Laxative

In flatulence or distension of the intestines with gas as sometimes occurs, Swamp-Root through its herbal tonic and carminative effect on the intestinal tract will be found of service. Swamp-Root is very mildly laxative as well as a carminative and diuretic and is beneficial for a gassy condition.

Aids Genito-Urinary Tract

When the genito-urinary tract is in need of a diuretic to increase the flow of urine, Swamp-Root will be found helpful, as an aid in increasing the output of urine.

Helps To Flush the Wastes from Kidneys and Bladder

A good index by which it may be determined whether you are passing daily a normal amount of urine is to measure the output which should be about fifty ounces in 24 hours. Normal urine is a pale amber color with a slightly acid reaction, a not disagreeable odor, and very little or no sediment or deposit. If your kidneys and bladder function normally, nothing in the color, quantity, or odor of the urine is likely to attract your attention. If there is a temporary decrease of urine, the urine will have a darker color, odor more pronounced and there may be some sediment. Swamp-Root because it contains ingredients which are recognized as being of value as a diuretic aid to the kidneys and which increase the flow of urine, should prove beneficial.

Directions

Take two teaspoonfuls before meals or soon after and at bedtime.

As a rule older people require larger doses than young people in order to secure the same results.

For children age 5 to 10, one-half teaspoonful twice daily; 10 to 15, one teaspoonful twice daily. Not recommended for children under five years of age.

If the stomach is weak, smaller doses in the beginning should be taken. When it seems best you might omit a dose or two, or omit even for a day or so, when regular doses may be taken again. It has a pleasant taste, contains no minerals, and is highly esteemed for the purposes for which it is so highly recommended.

Follow particular directions on every bottle of Swamp-Root.

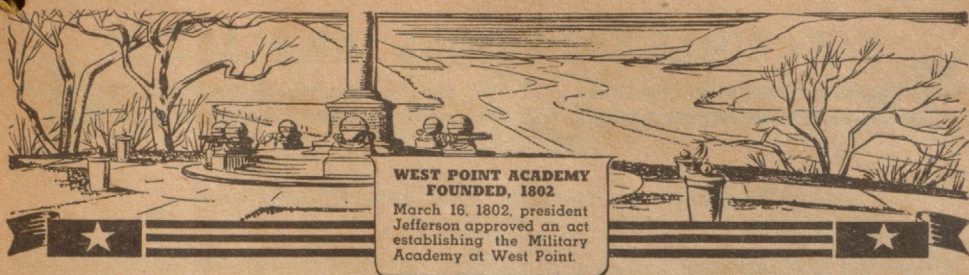
Don't Neglect Yourself

IT is well understood by physicians that the kidneys are highly important organs of elimination and should be given much attention and care. There should be as little interference as possible with the work of the kidneys.

During the winter we are inclined to take less exercise, drink less water, and often consume more rich heavy food thereby placing on the kidneys more work than nature intended. As a result, there may be a decreased output of urine which is more highly colored, more odorless than normally and possibly some sediment. Often under the circumstances an effective diuretic is indicated for increasing the flow of urine.

An effective herbal compound that has had remarkable success as a gentle diuretic and very mild laxative is Dr. Kilmer's Swamp-Root. Many people declare it to be highly satisfactory.

It is Dr. Kilmer's prescription used in private practice for many years. Get a bottle from your druggist today—Don't delay.



3rd Month

MARCH 1943

31 Days

☾ New Moon ☽ First Quarter ☉ Full Moon ☾ Last Quarter

MOON'S PHASES			
Eastern	Central	Mountain	Pacific
D. H. M.	D. H. M.	D. H. M.	D. H. M.
6 5 34M	6 4 34M	6 3 34M	6 2 34M
13 2 30A	13 1 30A	13 0 30A	13 11 30M
21 5 8A	21 4 8A	21 3 8A	21 2 8A
28 8 52A	28 7 52A	28 6 52A	28 5 52A

Day of Month	Day of Week	Moon's Place	Daily Horoscopes, Condensed 1943	CALENDAR N. STATES Lat. 42°+			CALENDAR S. STATES Lat. 33°+		
				Sun rises	Sun sets	Moon rises	Sun rises	Sun sets	Moon rises
				H.M.	H.M.	H.M.	H.M.	H.M.	H.M.
1	M	♋	Given to reflection	6 37 5 49	2 41	6 28 5 57	2 19		
2	T	♋	Well mannered and even tempered	6 36 5 50	3 41	6 27 5 58	3 19		
3	W	♋	Intensely sympathetic	6 34 5 51	4 38	6 26 5 59	4 16		
4	T	♋	Much latent will power	6 33 5 53	5 27	6 25 6 00	5 09		
5	F	♋	Orderly, systematic	6 31 5 54	6 10	6 24 6 00	5 56		
6	S	♋	Philanthropic	6 29 5 55	sets	6 23 6 01	sets		
7	S	♋	Quinquagesima Sunday—Gifted with second sight	6 27 5 56	7 29	6 22 6 02	7 31		
8	M	♋	A lover of nature	6 25 5 57	8 38	6 20 6 02	8 34		
9	T	♋	Shrove Tuesday	6 24 5 59	9 44	6 19 6 03	9 35		
10	W	♋	Ash Wednesday—Fond of Travel	6 22 6 00	10 47	6 18 6 04	10 35		
11	T	♋	Comprehensive ideas	6 21 6 01	11 49	6 17 6 04	11 31		
12	F	♋	Uncommon personality	6 19 6 02	morn	6 16 6 05	morn		
13	S	♋	Prophetic ability	6 17 6 03	0 47	6 14 6 06	0 26		
14	S	♋	Quadragesima Sunday—Magnetic powers	6 15 6 04	1 42	6 13 6 07	1 19		
15	M	♋	Deep spirituality	6 13 6 05	2 32	6 11 6 08	2 08		
16	T	♋	Pioneering tendencies	6 12 6 07	3 17	6 10 6 08	2 56		
17	W	♋	St. Patrick's Day—Ember Day	6 10 6 08	3 59	6 09 6 09	3 39		
18	T	♋	Reserved and self-absorbed	6 09 6 09	4 37	6 08 6 10	4 19		
19	F	♋	Ember Day—Desire for knowledge	6 07 6 10	5 10	6 06 6 10	4 57		
20	S	♋	Ember Day—Creative mind	6 05 6 11	5 42	6 05 6 11	5 33		
21	S	♋	Spring begins—Benevolent nature	6 04 6 12	rises	6 04 6 12	rises		
22	M	♋	Don't waste your talents	6 02 6 13	7 07	6 02 6 12	7 07		
23	T	♋	Fond of pleasure	6 00 6 14	8 11	6 01 6 13	8 06		
24	W	♋	Delightful companion	5 59 6 15	9 17	6 00 6 14	9 07		
25	T	♋	Material comfort	5 57 6 16	10 24	5 58 6 15	10 08		
26	F	♋	Harmonious surroundings	5 55 6 18	11 30	5 57 6 16	11 11		
27	S	♋	Active imagination	5 53 6 19	morn	5 55 6 17	morn		
28	S	♋	Influential friends	5 51 6 20	0 35	5 53 6 17	0 14		
29	M	♋	Cultivate confidence	5 49 6 21	1 36	5 52 6 18	1 14		
30	T	♋	Abundant ideas	5 47 6 22	2 32	5 51 6 18	2 12		
31	W	♋	Great self-reliance	5 46 6 23	3 22	5 50 6 19	3 02		

WEATHER PREDICTIONS

1st to 4th, Threatening—Cloudy and misty in southern and eastern sections. Rather cold over states of the northwest and middlewest. Strong winds along the Great Lakes.

5th to 9th, Storms—Snow and sleet in states of the Rocky Mountains and the northwest. Cold and unsettled in Middle Atlantic and New England states. Threatening in states of the Gulf border and south Atlantic.

10th to 13th, Mild Wave—Moderating and generally fair weather at most points west of the Mississippi river. Clearing and warm in Gulf and south Atlantic states. Pleasant conditions in states of the north Atlantic coast.

14th to 17th, Cloudy Period—Cloudy in states of the southwest and on the Gulf border. Showers in Texas, Oklahoma and Kansas. Unsettled in states of the northwest and Lake region.

18th to 21st, Warm Wave—Fair at most points west of the Mississippi river. Warm and pleasant in states of the Gulf border and south Atlantic. Threatening over New England states.

22nd to 26th, Unsettled Period—Unsettled in Middle Atlantic and New England states. Showers in sections of the south. Snow in the Rocky Mountain region and the northwest.

27th to 31st, Variable Spell—Stormy over region of the Great Lakes. Very blustery in states of the northwest and middlewest. Gales over Gulf and south Atlantic. Fair and cold in states of the Pacific slope.

The temperature will range below the usual average.
The precipitation slightly above normal.

North Carolina Family Used Swamp-Root Since 1895

HILLSBORO, N. C., February 2nd, 1940

Dr. Kilmer & Co.

GENTLEMEN: YOUR SWAMP-ROOT has been used in my family since about 1895 or 1896. It was recommended to me about that time by a prominent physician in Bluefield, W. Va., and I have found that it does all that you claim for it.

You may use this over my name if you so desire.

Sincerely yours,
JOHN A. VAUGHN

Send for Sample Bottle—Use Valuable Swamp-Root Coupon on Page 32

BEST TIMES FOR SOWING AND PLANTING



Compiled from reports of U. S. Dept. of Agriculture

NEW ENGLAND

Kind of Crop	Date of Planting	Seed per Acre	Weeks Maturity
Corn	May 10 to 30	8 to 12 qts.	14-17
Wheat	Fall or Spring	2 bush.	20
Oats	Apr. to May	2 to 3 bush.	11-15
Barley	Apr. to June 20	2 to 3 bush.	10-15
Rye	Apr. to May, Sept.	5 to 6 pecks.	40
Buckwheat	June 1 to 20	1 to 1½ bush.	10-15
White beans	May to June	20 to 30 qts.	12-14
Potatoes	Apr. 15 to May 1	8 to 20 bush.	14-18
Turnips	July 1 to Aug. 3	1 to 2 lbs.	10
Mangels	Apr. 15 to May 5	4 to 6 lbs.	17-22
Tobacco	Seed bed Apr.		9-12

MIDDLE STATES

Corn	Apr. 20 to May 30	6 to 8 qts.	16-18
Wheat	Sept. 20 to Oct. 20	2 bush.	41-43
Oats	Mar. to May	2 to 2½ bush.	16-17
Barley	Mar. to May	2 to 2½ bush.	13-16
Rye	Sept. 1 to Oct. 1	1 bush.	40-43
Buckwheat	June to July	½ to 1½ bush.	8-10
White beans	May to June	20 to 30 qts.	12-14
Potatoes	Apr. to May	14 to 20 bush.	14-22
Sweet potatoes	May to June	10 to 12 bush.	14-25
Cabbage	Mar. to July	4 to 8 oz.	12-15
Turnips	July	1 to 2 lbs.	10-14
Mangels	May	4 to 6 lbs.	15-20
Flax	May	20 qts.	8-10
Tobacco	Seed bed Mar.		15-20
Hay, timothy	Aug. to Oct.	6 to 8 qts.	
Hay, clover	Feb. to Apr.	6 qts.	

CENTRAL AND WESTERN STATES

Corn	Apr. 1 to June 1	6 qts.	16-20
Wheat	Fall or Spring	2 bush.	40-42
Oats	Apr. 1 to May 1	2 to 3 bush.	12-14
Barley	Fall or Spring	2 bush.	11-13
Rye	Sept. 1 to 30	1 to 2 bush.	35-40
Buckwheat	June	1 to 2 bush.	10-12
White beans	May 10 to June 10	20 to 30 qts.	14-18
Potatoes	Mar. 25 to June 1	10 to 18 bush.	15-20
Turnips	July 15 to Aug. 30	1 to 2 lbs.	10-14
Mangels	Apr. 1 to May 15	4 to 6 lbs.	15-20
Flax	Mar. 15 to May 15	2 to 3 pecks.	15-20
Tobacco	Seed bed Mar.	Oz. to 6 sq. rds.	15-18
Hay	Apr. to May	8 to 15 lbs.	

SOUTHERN STATES

Cotton	Feb. to May 15	1 to 3 bush.	20-30
Corn	Feb. to June	8 qts.	18-20
Wheat	Sept. to Nov.	2 bush.	43
Oats	Feb., May, Sept.	2½ bush.	17
Barley	Apr. to May	2½ bush.	17
Rye	Sept. to Oct.	1½ bush.	43
White Beans	Mar. to May	20 to 30 qts.	7- 8
Cabbage	Oct., Mar. to May	¼ to ½ lb.	12-15
Watermelons	Mar. 1 to May 10	2 to 7 lbs.	16-20
Onions	Feb. 1 to Apr. 10	3 to 4 lbs.	16-24
Potatoes	Jan., Feb. to Apr.	10 to 20 bush.	10-18
Sweet potatoes	April to June	10 to 12 bush.	14-20
Pumpkins	Apr. 1 to May 1	4 to 7 lbs.	17-20
Tomatoes	Jan. 1 to April	4 to 9 oz.	14-20
Turnips	Feb., Aug., Apr.	1 to 2 lbs.	10-14
Tobacco	Seed bed Mar.	Oz. to 6 sq. rds.	18-20
Cow peas	May 1 to July 15	2 to 5 pecks.	6- 8



MIDNIGHT RIDE OF PAUL REVERE, 1775

On April 18-19, Paul Revere made his ride from Charleston to Lexington to announce the British arrival.

4th Month

APRIL 1943

30 Days

☾ New Moon ☽ First Quarter ☉ Full Moon ☾ Last Quarter

Day of Month	Day of Week	Moon's Place	Daily Horoscopes, Condensed 1943	CALENDAR N. STATES Lat. 42°+			CALENDAR S. STATES Lat. 33°+		
				Sun rises	Sun sets	Moon rises	Sun rises	Sun sets	Moon rises
				H.M.	H.M.	H.M.	H.M.	H.M.	H.M.
1	T	☾	All Fool's Day	5 44	6 24	4 06	5 49	6 20	3 50
2	F	☾	Over enthusiastic	5 43	6 26	4 45	5 48	6 21	4 34
3	S	☾	Quick achievements	5 41	6 27	5 20	5 46	6 21	5 14
4	S	☾	Very exacting	5 39	6 28	sets	5 45	6 22	sets
5	M	☾	Faithfulness	5 37	6 29	7 24	5 44	6 23	7 19
6	T	☾	Sunny disposition	5 36	6 30	8 30	5 43	6 23	8 19
7	W	☾	Roaming tendencies	5 34	6 31	9 35	5 42	6 24	9 18
8	T	☾	Physical resistance	5 32	6 32	10 34	5 40	6 24	10 15
9	F	☾	Cunning mind	5 31	6 33	11 31	5 39	6 25	11 09
10	S	☾	An affectionate nature	5 29	6 34	morn	5 38	6 26	morn
11	S	☾	Avoid impulsiveness	5 27	6 35	0 25	5 36	6 26	0 01
12	M	☾	Love of hunting	5 26	6 37	1 13	5 35	6 27	0 50
13	T	☾	Adventurous ambition	5 24	6 38	1 56	5 34	6 28	1 34
14	W	☾	Lack of forethought	5 23	6 39	2 34	5 33	6 28	2 16
15	T	☾	Alternate loss and gains	5 22	6 41	3 10	5 32	6 29	2 54
16	F	☾	Daring undertakings	5 20	6 42	3 43	5 31	6 30	3 31
17	S	☾	Many channels of thought	5 18	6 43	4 13	5 30	6 31	4 06
18	S	☾	Palm Sunday—Quick loss of interest	5 16	6 44	4 43	5 28	6 31	4 40
19	M	☾	Power of imagination	5 14	6 45	5 13	5 27	6 32	5 14
20	T	☾	Tendency to worry	5 12	6 46	rises	5 26	6 33	rises
21	W	☾	Avoid routine	5 11	6 47	8 12	5 25	6 33	7 58
22	T	☾	Cultivate patience	5 10	6 48	9 21	5 24	6 34	9 02
23	F	☾	Good Friday—Fortunate journeys	5 08	6 50	10 28	5 23	6 35	10 06
24	S	☾	Equal to any occasion	5 06	6 51	11 32	5 22	6 36	11 08
25	S	☾	Easter Sunday—Quick perception	5 05	6 52	morn	5 21	6 36	morn
26	M	☾	Good associations	5 04	6 54	0 30	5 20	6 37	0 06
27	T	☾	Guard against rash judgments	5 02	6 55	1 22	5 19	6 38	1 00
28	W	☾	Happy married life	5 00	6 56	2 06	5 18	6 39	1 48
29	T	☾	Strong constitution	4 59	6 57	2 45	5 16	6 39	2 33
30	F	☾	Realization of hopes	4 57	6 58	3 21	5 15	6 40	3 13

MOON'S PHASES

Eastern	Central	Mountain	Pacific
D. H. M.	D. H. M.	D. H. M.	D. H. M.
4 4 53A	4 3 53A	4 2 53A	4 1 53A
12 10 4M	12 9 4M	12 8 4M	12 7 4M
20 6 11M	20 5 11M	20 4 11M	20 3 11M
27 2 51M	27 1 51M	27 0 51M	26 11 51A

WEATHER PREDICTIONS

1st to 3rd, Fair Period—Fair and cold over states of the Rocky Mountain region and the northwest. Fair and pleasant in southern, central and eastern sections.

4th to 7th, Threatening—Cloudy and foggy in states of the Gulf coast and south Atlantic. Threatening over Lake region and states of the north Atlantic. Showers in states of the north Pacific slope.

8th to 12th, Storm Period—Stormy weather over the north and northwest and sections of the middlewest. Wind and rain from Ohio eastward to the coast.

13th to 17th, Warm Wave—Warm and pleasant over Gulf and south Atlantic states. Fair conditions in states of the Lake region, New York and New England.

18th to 22nd, Thunder Showers—Thunder and rain locally at points in states of the south and southwest. Threatening in states of the middlewest and over Lake region.

23rd to 26th, Dull Period—Backward conditions in states of the north Pacific slope and the Rocky Mountain region. High winds in states of the middlewest. Dull and foggy in Gulf and south Atlantic states.

27th to 30th, Sultry Wave—Warm and sultry in states of the south and southwest. Hot and dry in states of the middlewest. Misty over Lake region and Middle Atlantic states.

The temperature will be above the average. The rainfall normal.

Enjoys More Restful Sleep

Dr. Kilmer & Company

DEAR SIR: I have started taking your SWAMP-ROOT and I am thankful to state that the first bottle has helped me more than I can say. I enjoy more restful sleep as bladder disturbances at night are not so frequent.

I hope SWAMP-ROOT will be as helpful to others.

My husband and I have management of this hotel. We are both 63 years old.

Yours sincerely,

MRS. TOM CARTLIDGE,

MONTEREY HOTEL,
SILVER CITY, N. MEX.,
July 3rd, 1941

Send for Sample Bottle—Use Valuable Swamp-Root Coupon on Page 32

Middle Age — Important Period of Life

OUR modern way of living is often to blame for upsets of one kind or another. We may not properly control our diet and the selection of food may not be good. Sometimes we over-indulge in food; our rest may not be sufficient and often we lack fresh air and exercise; too often we do not consume enough liquids, such as fruit juices, water and other desirable and healthful liquids.

There may be a tendency to temporary irritations to the urinary tract—a decrease in the output of urine. These conditions are likely to occur during middle age. Under such circumstances an effective diuretic aid to the kidneys may be indicated for increasing the flow of urine.

Many declare Swamp-Root is a fine herb tonic for both old and young. It is not intended for anemic conditions. It acts not only as an effective diuretic to the kidneys but it is also a very mild laxative and carminative, and aids

in the elimination of waste material through the urinary and intestinal tracts. Get a bottle from your druggist today. Don't postpone—a few days' delay may make a great difference.



FIRST AID—In Case of Accident

The first thing to do, in all accidents, is to call a doctor if the injury is at all serious. If you are in doubt, call a doctor anyway. Then, while you are waiting for him, or if the injury is slight, apply the proper treatment.

BURNS AND SCALDS—Apply a solution of baking soda, or petroleum jelly, lard, olive oil or linseed oil and bandage. If the burn is from an acid, wash with soap suds or alcohol. If it is from lye, or any strong alkaline, use strong vinegar. If the burn is deep or if it is mild, but covers a large area, call a doctor.

CHOKING—If severe, do not slap back while the victim is sitting or standing. If a young child, hold upside down. If an adult, lay over table, chair or bed with the head hanging down and then slap the back.

CUTS AND WOUNDS—Wash minor cuts gently with pure warm water, to remove dirt and foreign matter, and then paint with iodine, hydrogen peroxide or any good antiseptic. To stop slow, steady bleeding apply ice, hot and cold water alternately, or a pressure bandage directly on the wound. If bright red blood comes from the wound in spurts, an artery has been severed and quick action is necessary. If the wound is in a limb, apply a bandage between the wound and the heart and twist it until bleeding slows down. If in the body, feel for the pulsing artery and press firmly on it so that the bleeding lessens, until the doctor comes.

DROWNING—Grasp the victim around the waist and raise, to let the water out of the throat and lungs. If breathing, apply the treatment for fainting. If not, apply artificial respiration. Send for a doctor.

ELECTRIC OR LIGHTNING SHOCK—If not breathing, apply artificial respiration. Otherwise treat as for fainting. If the victim is still in contact with the source of current, pull away without touching his body. This can be done with a dry stick, or with ropes.

FAINING—Place patient on back with head low (unless the face is red, in which case, place head on pillow). See that the clothing is loosened at neck, chest and waist.

Rub wrists and ankles towards the body. Hold ammonia, smelling salts or camphor near the nose. Never give drinks to an unconscious person. When revived, give hot stimulating drinks. If prolonged send for a physician.

SPRAINS, BRUISES—To reduce pain and swelling, soak in hot water for an hour or so and then massage with tincture of arnica or any good liniment. Repeat the treatment until sufficiently relieved. All sprains should be examined by a physician.

NOSEBLED—Do not have patient lie down and apply cold cloths to back of neck. Have patient sit upright and try, in order: cold cloths or ice applied to nose and face; draw very strong cold tea into nostrils; plug nostrils with clean cotton, removing gently when bleeding stops. If bleeding persists, call a doctor.

SUNSTROKE, HEAT PROSTRATION—These are not the same. In sunstroke the face is flushed and hot. Apply ice or cold cloths to head and body. Give cold enemas until temperature is normal. In heat prostration, the body is cold and limp. Loosen clothing. Apply hot towels or hot water bottles to feet and abdomen. Give hot drinks and stimulants.

ARTIFICIAL RESPIRATION—Remember that seconds count. Do not wait for more help or for a pulmotor. Do not even try to carry the victim to a quiet spot. If you are sure that breathing has ceased, do this at once: Lay the patient face downward, head lower, if possible, and turned to one side. Have one arm extended and the other under the chin to keep the mouth free of dirt. Now, kneel over the patient. Place your hands on the patient's back, just below the ribs. Hold your fingers together, the tips turned out and the wrists about four inches apart. Now press down hard enough to expel the air from the lungs. Then snap your hands off so that the air will come back into the lungs. Repeat this at the rate of your own breathing, until the patient begins breathing naturally, until a doctor arrives, or until it is plain that your efforts are in vain.



**PETER MINUIT BOUGHT
MANHATTAN, 1624**

On May 6, Peter Minuit bought the island of Manhattan from the Indians for about 24 dollars.

5th Month

MAY 1943

31 Days

☉ New Moon ☽ First Quarter ☾ Full Moon ☽ Last Quarter

MOON'S PHASES

Eastern		Central		Mountain		Pacific	
D. H. M.	D. H. M.	D. H. M.	D. H. M.	D. H. M.	D. H. M.	D. H. M.	D. H. M.
4	4 43M	4	3 43M	4	2 43M	4	1 43M
12	4 52M	12	3 52M	12	2 52M	12	1 52M
19	4 13A	19	3 13A	19	2 13A	19	1 13A
26	8 33M	26	7 33M	26	6 33M	26	5 33M

WEATHER PREDICTIONS

1st to 5th, Pleasant Period—Pleasant weather general in the northwest and in states of the north Pacific slope. Warm and foggy in Middle Atlantic and New England states. Balmy winds south.

6th to 9th, Threatening—Cloudy over northwest sections. Lightning and thunder in sections of middlewest and southwest. Unsettled over Lake region, Middle Atlantic states and New England.

10th to 13th, Dull Period—Cool and cloudy in states of the Rocky Mountain region and the northwest. Showers in states of the north Pacific coast. Sultry in states of the Gulf border and south Atlantic.

14th to 17th, Fair Period—Fair and pleasant in Middle Atlantic and New England states. Warm days and cool nights in states of the Canadian border. Advanced heat at many points south.

18th to 22nd, Variable Spell—Blustery to variable conditions in the Gulf and south Atlantic states. Warm and showery in New England and Middle Atlantic states. Unsettled over Rocky Mountain region and the northwest.

23rd to 27th, Cool Wave—Cool and pleasant over Lake region and states of the northwest. Pleasant conditions in the southern and eastern sections. Warm days, but cool nights in states of the southwest.

28th to 31st, Threatening—Unsettled over Rocky Mountain region. Showers, clearing warm, in the central and New England states. Very warm over all southern sections. The temperature will be slightly above the usual average. The rainfall will be excessive at most points.

Day of Month	Day of Week	Moon's Place	Daily Horoscopes, Condensed 1943	CALENDAR N. STATES Lat. 42°+			CALENDAR S. STATES Lat. 33°+		
				Sun rises	Sun sets	Moon rises	Sun rises	Sun sets	Moon rises
				H.M.	H.M.	H.M.	H.M.	H.M.	H.M.
1	S	☾	Greatness of heart	4 56	6 59	3 54	5 14	6 41	3 51
2	M	☾	Low Sunday—Highly esteemed	4 55	7 01	4 26	5 13	6 42	4 26
3	M	☾	Capable of any trust	4 53	7 02	4 57	5 12	6 42	5 03
4	T	☾	Avoid hasty decisions	4 52	7 03	sets	5 11	6 43	sets
5	W	☾	Keen memory	4 51	7 04	8 21	5 10	6 44	8 03
6	T	☾	Long and faithful friendships	4 49	7 05	9 20	5 09	6 45	8 59
7	F	☾	Slow to take offense	4 48	7 06	10 16	5 08	6 45	9 53
8	S	☾	Very impressionable	4 47	7 07	11 07	5 07	6 46	10 43
9	S	☾	Successful partnerships	4 46	7 08	11 53	5 06	6 47	11 29
10	M	☾	Steady and constructive worker	4 45	7 09	morn	5 06	6 48	morn
11	T	☾	Capable of great sacrifice	4 44	7 10	0 33	5 05	6 48	0 12
12	W	☾	Straightforwardness	4 43	7 11	1 10	5 04	6 49	0 52
13	T	☾	Endowed with many gifts	4 41	7 12	1 43	5 03	6 50	1 29
14	F	☾	Generous and loving nature	4 40	7 13	2 13	5 03	6 50	2 04
15	S	☾	Ideal home life	4 39	7 14	2 43	5 02	6 51	2 38
16	S	☾	Clever manager	4 38	7 15	3 11	5 01	6 52	3 11
17	M	☾	Gift of music	4 37	7 16	3 41	5 00	6 52	3 46
18	T	☾	Devoted to family	4 36	7 18	4 14	5 00	6 53	4 23
19	W	☾	Genial and popular	4 35	7 19	rises	4 59	6 54	rises
20	T	☾	Fortunate marriage	4 34	7 20	8 13	4 59	6 55	7 53
21	F	☾	Natural dignity	4 33	7 21	9 21	4 58	6 55	8 58
22	S	☾	Immolation of self	4 32	7 22	10 24	4 57	6 56	9 59
23	S	☾	Many humane qualities	4 31	7 23	11 20	4 57	6 57	10 57
24	M	☾	Congenial occupations	4 31	7 24	morn	4 56	6 57	11 48
25	T	☾	Intellectual vigor	4 30	7 25	0 06	4 56	6 58	morn
26	W	☾	Sympathetic relationships	4 29	7 25	0 49	4 55	6 58	0 34
27	T	☾	Exalted character	4 29	7 26	1 25	4 55	6 59	1 15
28	F	☾	Satisfactory deals	4 28	7 27	1 58	4 54	7 00	1 53
29	S	☾	Innate kindness	4 27	7 27	2 29	4 54	7 00	2 29
30	S	☾	Rogation Sunday—Memorial Day	4 26	7 28	2 59	4 54	7 01	3 04
31	M	☾	Progress through merit	4 26	7 29	3 30	4 54	7 01	3 40

Swamp-Root Makes Friends—A Record Of Fifty-One Years

COLON, MICH. Jan. 9, 1940

Dr. Kilmer & Co.

GENTLEMEN: Received your shipment O. K. Thanks.

Have sold SWAMP-ROOT for about 51 years and we have a lot of good customers who know SWAMP-ROOT is O. K.

Very truly yours,

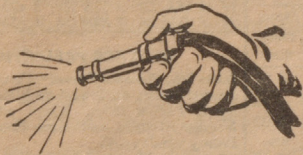
CHAS. NIENDORF, Niendorf's Pharmacy, Colon, Mich.

Send for Sample Bottle—Use Valuable Swamp-Root Coupon on Page 32

AIR RAID PRECAUTIONS

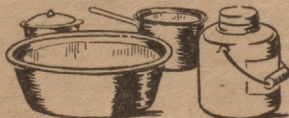
The first rule of behavior during an air-raid is to keep cool. Do not lose your head as this is just what the enemy wants you to do. Become familiar with your air-raid signal and at the first sound of its warning, walk, do not run to the nearest shelter. Heed the advice of your air-raid warden. He is there to protect you.

The safest place during an air-raid is home. If you are away from home find cover in the nearest shelter. Avoid crowded places and stay off the streets.



SPRAY INCENDIARY BOMBS

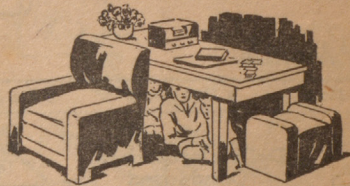
If an incendiary bomb falls in your home play a steady stream from a garden hose on the bomb. This way the bomb will burn itself out in about two minutes. It is also advisable to keep a bucket of sand handy as this can be used to cope with incendiaries. If you are unable to reach the bomb with the garden hose, you can smother it with sand thereby limiting its area of destruction. Then scoop it up with a long shovel and get rid of it by tossing it out of a window into the street where it can do no harm.



ORGANIZE YOUR HOME

Choose one member of the family to be the home air-raid warden, preferably one who is naturally calm and will remember all the rules. Put out all lights at the sound of the first warning. In case of an air-raid be sure to shut off gas stoves, furnaces and the pilot lights on both. It is best to prepare one room in the house for a place of refuge. Be sure that it is situated in the strongest section of the house. Some of the items that you should bring into this room are, a sturdy table, mattress, chairs, magazines, cards, eyeglasses, dentures, food, drinking water, toilet facilities and if you

have a portable radio take that also. Remember to provide an ample storage of water as the mains may be broken by the high explosives.



CHOOSE A REFUGE

In the event that bombs fall close to you, lie down. You will escape most of the blast in this position and will stand less chance of being hit by fragments and splinters. The best place is under a good strong table. A mattress under this will insure further comfort. If incendiaries are used, deal with them as shown above. Should your house be hit, keep cool and be sure to answer tappings from rescue crews if you are trapped.

Stay away from windows during an air-raid. Glass shatters easily and you may be cut by flying fragments. It is a good idea to cover your windows either with black paper or heavy curtains. This will serve a dual purpose in that it will prevent the glass from flying and also will eliminate any light from showing outside.

But above all keep cool, stay at home, put out lights and stay away from windows. The chances that you will be hit are very slim and if you are trapped you can rest assured that a rescue squad will come to your aid immediately.



HELP ALL YOU CAN

If you feel that you would like to help further, there are lots of opportunities. Men and women are needed for Air Raid Wardens, Auxiliary Firemen, Auxiliary Policemen, Fire Watchers, Nurse's Aides, Rescue Squads and others. Inquire at your local Civilian Defense Volunteer Office. (Condensed from the U. S. Office of Civilian Defense official bulletin).



STARS AND STRIPES ADOPTED, 1777

On June 14, 1777, Congress adopted the Stars and Stripes which was first raised at Fort Stanwix.

6th Month

JUNE 1943

30 Days

☾ New Moon ☽ First Quarter ☽ Full Moon ☾ Last Quarter

MOON'S PHASES

Eastern	Central	Mountain	Pacific
D. H. M.	D. H. M.	D. H. M.	D. H. M.
2 5 33A	2 4 33A	2 3 33A	2 2 33A
10 9 35A	10 8 35A	10 7 35A	10 6 35A
18 0 14M	17 11 14A	17 10 14A	17 9 14A
24 3 8A	24 2 8A	24 1 8A	24 0 8A

Daily Horoscopes, Condensed 1943

CALENDAR N. STATES Lat. 42°+
CALENDAR S. STATES Lat. 33°+

Day of Month	Day of Week	Moon's Place	Daily Horoscopes, Condensed 1943	CALENDAR N. STATES Lat. 42°+			CALENDAR S. STATES Lat. 33°+		
				Sun rises H.M.	Sun sets P.M.	Moon rises H.M.	Sun rises H.M.	Sun sets H.M.	Moon rises H.M.
1	T	♄	A complex nature	4 25	7 30	4 03	4 53	7 02	4 17
2	W	♃	Great possibilities	4 25	7 31	sets	4 53	7 02	sets
3	T	♃	Ascension Day—Avoid restlessness	4 24	7 31	8 06	4 53	7 03	7 45
4	F	♃	Seek vocational study	4 24	7 32	9 00	4 53	7 04	8 37
5	S	♃	Noble, gracious character	4 24	7 33	9 48	4 52	7 04	9 25
6	S	♃	Many congenial associations	4 23	7 33	10 31	4 52	7 05	10 12
7	M	♃	Learn to persevere	4 23	7 34	11 07	4 52	7 05	10 50
8	T	♃	Supersensitive	4 23	7 35	11 43	4 52	7 06	11 28
9	W	♃	Stabilize your ideas	4 22	7 35	morn	4 52	7 06	morn
10	T	♃	Practice concentration	4 22	7 36	0 15	4 52	7 07	0 04
11	F	♃	Many admirable traits	4 22	7 37	0 44	4 51	7 07	0 37
12	S	♃	Guard against moods	4 22	7 37	1 13	4 51	7 08	1 12
13	S	♃	Pentecost—Whit Sunday	4 22	7 38	1 42	4 51	7 08	1 43
14	M	♃	Congenial and sociable	4 21	7 38	2 11	4 51	7 09	2 18
15	T	♃	Enjoy the present	4 21	7 39	2 44	4 51	7 09	2 56
16	W	♃	Ember Day—Great promise	4 21	7 39	3 22	4 51	7 09	3 37
17	T	♃	Peccular genius	4 21	7 40	rises	4 51	7 10	rises
18	F	♃	Ember Day	4 21	7 40	8 08	4 51	7 10	7 44
19	S	♃	Ember Day—Acute senses	4 21	7 40	9 09	4 52	7 11	8 45
20	S	♃	Trinity Sunday—Avoid discord	4 22	7 41	10 02	4 52	7 11	9 41
21	M	♃	The faculty of quick thinking	4 22	7 41	10 47	4 52	7 11	10 30
22	T	♃	Summer begins—Enjoy nature	4 22	7 41	11 27	4 52	7 11	11 15
23	W	♃	Never rest on laurels won	4 22	7 41	morn	4 53	7 11	11 55
24	T	♃	Corpus Christi—Love of the	4 23	7 42	0 01	4 53	7 11	morn
25	F	♃	Not always understood artistic	4 23	7 42	0 33	4 53	7 11	0 32
26	S	♃	Seek harmony	4 23	7 42	1 04	4 54	7 12	1 07
27	S	♃	A protective attitude	4 24	7 42	1 34	4 54	7 12	1 42
28	M	♃	Inclined to contemplation	4 24	7 42	2 06	4 54	7 12	2 18
29	T	♃	Recognize your ability	4 24	7 41	2 39	4 55	7 12	2 56
30	W	♃	Attain prominence	4 25	7 41	3 16	4 55	7 12	3 36

WEATHER PREDICTIONS

1st to 4th, Warm Wave—Warm, and somewhat cloudy, in sections of states of the southern half of the country. Unsettled over northwest sections and in states of the Canadian border.

5th to 9th, Variable Period—Cloudy over Lake region and the eastern part of the country. Threatening south. Dry and dusty in states of the far southwest.

10th to 13th, Storm Wave—Thunder storms at many points south and in the middle west. Tornadoes in Nebraska, Iowa and South Dakota. Showers over Lake region and in Middle Atlantic states.

14th to 18th, Windy Spell—Hot winds sweeping over the west and middle west. Very warm and dry in states of the south Atlantic coast.

19th to 23rd, Hot Wave—Very hot spell for states of the west, the middle west and central Atlantic. Threatening skies over northern sections.

24th to 27th, Threatening—Generally unsettled, with showers and thunder storms at this time. Very warm in central and eastern sections and great humidity felt in the middle west.

28th to 30th, Hot Wave—Very warm in states of the south, the west and middle west. Dry and dusty in states of the southwest. Quite warm in all eastern sections.

The temperature will range above normal. The rainfall will be at about the average.

Elimination Fine—Gassy Condition Checked

MINNEAPOLIS, MINN.
July 1st, 1940

Dr. Kiimer & Company

GENTLEMEN: I am writing you at this time to thank you for the generous sample of your medicine you sent me, by request, and to have the opportunity to tell you what fine results I have obtained from your medicine.

I used the sample bottle and continued with several more bottles bought from J. O. Peterson, druggist, and derived excellent results from same. Thanks to your tonic, I can now eat a meal and enjoy it. No more gas or bloating after meals and my elimination is fine. I have gained 19 pounds in weight.

ROBERT C. OLSON,
519 So. 9th Street, Minneapolis, Minn.

P.S. Dad takes SWAMP-ROOT every day and is up and around, spry as ever. He was 79 years old April 1st, 1940.

Send for Sample Bottle—Use Valuable Swamp-Root Coupon on Page 32

Certificate of Purity

THIS is to certify that Dr. Kilmer's Swamp-Root is purely vegetable and does not contain any calomel, mercury, creosote, morphine, opium, strychnine, cocaine, nitrate potash (salt peter), bromide potassium, nor any narcotic alkaloid.

The small quantity of alcohol which it contains is used for the purpose of preserving the vegetable ingredients from fermentation. Swamp-Root was discovered through scientific research and study by Dr. Kilmer, who graduated with honors and was eminently successful in the practice of his profession, in which he was actively engaged for many years.

State of New York, }
County of Broome, } S.S.
City of Binghamton, }

Jerome B. Hadsell, Vice Pres. Dr. Kilmer & Co., Inc. of the City of Binghamton, County of Broome and State of New York, being duly sworn, deposes and says, that the guarantee of purity of Swamp-Root, as described in the foregoing certificate, is in all respects true.

Subscribed and Sworn to }
before me Aug. 25, 1936. }

Jerome B. Hadsell



Albert Engelhart
Notary Public

This is to certify that I, Burt E. Nelson, have full knowledge of the ingredients used in compounding Dr. Kilmer's Swamp-Root and that the above statement regarding its purity is absolutely true-- its high standard of quality and excellence is, and always has been, carefully maintained from day to day.

Burt E. Nelson, Chief Chemist,
D. Kilmer & Co.

A VEGETABLE COMPOUND



Contains extractives made from Buchu Leaves, Peppermint Herb, Rhubarb Root, Mandrake Root, Cape Aloes, Scullcap Leaves, Colombo Root, Golden Seal Root, Valerian Root, Sassafras, Cinnamon; and Oil of Juniper, Oil of Birch, Balsam Copaiba, Balsam Tolu, Venice Turpentine, incorporated in a syrup base. Contains alcohol 10½ per cent, (solvent and preservative).

This information is given for the benefit of physicians who believe in internal medicine and who may be induced to try Swamp-Root, if they know the ingredients.

CERTIFIED

SCIENTIFICALLY PREPARED

★ ★ ★

Swamp-Root Laboratory Methods

Copper kettles (each 50 gallons capacity) are used for steeping and blending the herbs and roots. Every process is timed—when finished, the contents are run into revolving mixers and the extracts, tinctures and medicinal oils are added under careful supervision.

Our chemists make all our herbal extracts, tinctures, etc., from as fine quality herbs, roots, balsams, etc., as can be found in the world.

This compound is kept at a certain temperature until ready to bottle. The bottles are machine-washed in hot water immediately before filling. The medicine is then piped to the bottling room and bottled hot by automatic machinery.

The bottling room is kept clean and sanitary—it is equipped with rest rooms, lunchrooms, indirect lighting system, large windows for plenty of air and light on all sides—automatic bottle washers—automatic bottling machinery.

DR. KILMER'S

SWAMP-ROOT

used by 4 generations of Americans



OUR FREE TRIAL OFFER TO PHYSICIANS

★ ★ ★

We receive thousands of grateful letters every year, telling us of great benefits obtained through the use of SWAMP-ROOT.

We do not publish any statements which in any way may be regarded as a reflection on the Medical Profession. All correspondence with physicians is held strictly confidential.

More physicians are prescribing SWAMP-ROOT than ever before, as we now print on the package a list of ingredients so that the physician may judge for himself the medicinal value of this preparation.

We always send (without charge) a full size bottle of DR. KILMER'S SWAMP-ROOT to any reputable physician, for a trial, if request is made on personal prescription blank or letterhead.





THIS IS TO CERTIFY
THAT OVER NINETY PER CENT OF
THE EMPLOYEES OF

Kilmer & Company, Inc.

ARE BUYING DEFENSE BONDS THROUGH
THE PAY ROLL SAVINGS PLAN

Henry Morgenthau Jr.
SECRETARY OF THE TREASURY

[Signature]

STATE CHAIRMAN

Thomas S. Smith

STATE ADMINISTRATOR.



7th Month

JULY 1943

31 Days

☉ New Moon ☽ First Quarter ☾ Full Moon ☽ Last Quarter ☉ New Moon

MOON'S PHASES

Eastern		Central		Mountain		Pacific	
D.	H. M.	D.	H. M.	D.	H. M.	D.	H. M.
2	7 44M	2	6 44M	2	5 44M	2	4 44M
10	11 29M	10	10 29M	10	9 29M	10	8 29M
17	7 21M	17	6 21M	17	5 21M	17	4 21M
23	11 38A	23	10 38A	23	9 38A	23	8 38A
31	11 6A	31	10 6A	31	9 6A	31	8 6A

Day of Month Day of Week Moon's Place	Daily Horoscopes, Condensed 1943	CALENDAR N. STATES Lat. 42°+			CALENDAR S. STATES Lat. 33°+		
		Sun	Sun	Moon	Sun	Sun	Moon
		rises	sets	rises	rises	sets	rises
		H.M.	H.M.	H.M.	H.M.	H.M.	H.M.
1 T ☽	Inherent dignity	4 25	7 41	3 57	4 56	7 12	4 19
2 F ☽	☺ Tactful and considerate	4 26	7 41	sets	4 56	7 12	sets
3 S ☽	☺ Fond of leisure	4 26	7 41	8 31	4 57	7 12	8 07
4 S ☽	Independence Day—Most interesting personality	4 27	7 41	9 10	4 57	7 12	8 49
5 M ☽	☺ Guard your health	4 28	7 41	9 46	4 57	7 12	9 28
6 T ☽	☺ Taste for music and poetry	4 28	7 40	10 17	4 58	7 11	10 05
7 W ☽	☺ Cheerful home life	4 29	7 40	10 47	4 58	7 11	10 38
8 T ☽	☺ Curb imagination	4 29	7 40	11 15	4 59	7 11	11 11
9 F ☽	☺ Favored by fortune	4 30	7 39	11 42	4 59	7 11	11 42
10 S ☽	☺ Affluent position	4 31	7 39	morn	5 00	7 10	morn
11 S ☽	☹ Beware of indifference	4 31	7 38	0 11	5 00	7 10	0 16
12 M ☽	☹ Modernistic	4 32	7 38	0 42	5 01	7 10	0 50
13 T ☽	☹ Somewhat opinionated	4 33	7 37	1 16	5 01	7 09	1 29
14 W ☽	☺ Honorable station in life	4 34	7 37	1 55	5 02	7 09	2 14
15 T ☽	☺ High-minded and intellectual	4 34	7 36	2 40	5 02	7 09	3 03
16 F ☽	☹ Few difficulties	4 35	7 36	3 35	5 03	7 08	4 00
17 S ☽	☺ Materialize your talents	4 36	7 35	rises	5 03	7 08	rises
18 S ☽	☺ Inventive powers	4 37	7 34	8 39	5 04	7 08	8 20
19 M ☽	☺ Fascinating and entertaining	4 38	7 34	9 23	5 05	7 07	9 06
20 T ☽	☹ Avoid morbidity	4 39	7 33	10 00	5 05	7 07	9 52
21 W ☽	☺ Vivid and romantic imagination	4 40	7 32	10 35	5 06	7 06	10 31
22 T ☽	☺ Success in literature	4 41	7 31	11 07	5 07	7 06	11 07
23 F ☽	☺ Cultivate consistency	4 42	7 30	11 36	5 07	7 05	11 43
24 S ☽	☺ Inclined toward ritualism	4 43	7 29	morn	5 08	7 05	morn
25 S ☽	☺ Develop interest in work	4 44	7 28	0 08	5 09	7 04	0 19
26 M ☽	☹ Subdue anxiety	4 45	7 27	0 42	5 10	7 04	0 57
27 T ☽	☺ Quiet disposition	4 46	7 26	1 17	5 10	7 03	1 36
28 W ☽	☹ Preoccupied demeanor	4 47	7 25	1 56	5 11	7 02	2 19
29 T ☽	☺ An appealing manner	4 48	7 24	2 39	5 12	7 01	3 03
30 F ☽	☺ Tendency to dream	4 49	7 24	3 27	5 12	7 00	3 51
31 S ☽	☺ A charmed life	4 50	7 23	sets	5 13	6 59	sets

WEATHER PREDICTIONS

1st to 3rd, Variable Period—Fine summer weather over northwest sections. Cloudy and hot in most parts of the east and southeast. Showers over Lake region, New York and New England.

4th to 7th, Showers—High winds and showers locally from the Mississippi river eastward to the Middle Atlantic states. Damp and cool over the northwest. High temperatures in the middle west.

8th to 12th, Sultry Period—Hot weather in most sections of the northwest, southwest and middle west. Clear and pleasant in states of the Lake region and New England.

13th to 17th, Rain Wave—Heavy rains in central and eastern sections. Cloudy and unsettled conditions in many sections west of the Mississippi river.

18th to 23rd, Hot Spell—Sweltering heat in most places at this time. Great humidity felt in large cities. Parched conditions in the southwest. Cloudy and threatening in southern sections.

24th to 27th, Cloudy Period—Cloudy, and rain locally, in states of the Lake region, the Middle Atlantic and New England. Threatening in states of the Gulf border and south Atlantic.

28th to 31st, Pleasant Wave—Cool nights and mornings in Rocky Mountain highland and northern sections of the country. Pleasant conditions over New England and Middle Atlantic states. Fine weather in states of the Pacific slope.

The temperature will be above the average. The rainfall at, or slightly above, normal.

Always Gives Satisfaction—South Carolina Druggist
Has Sold Swamp-Root Since 1888

BARNWELL, S. C., Nov. 30th, 1939

Dr. Kilmer & Co.

GENTLEMEN: I received the Almanacs today about two hours before I wrote this letter and I thank you for them. I have sold SWAMP-ROOT since 1888 and have never had a complaint yet—it always gives satisfaction.

Thanks,
C. N. BURCKHALTER

Send for Sample Bottle—Use Valuable Swamp-Root Coupon on Page 32

FACE THE FACTS!

Don't Neglect Symptoms — Take Prompt Action —

IT is desirable and necessary to take the best possible care of ourselves. The human body is highly complicated and frequently it is necessary to be under the care of a competent physician. No one should neglect himself. A competent physician should be consulted when necessary.

There are many occasions in ordinary everyday life when an effective diuretic aid to the kidneys and bladder will be helpful and of much benefit as an aid in the elimination of waste through the kidneys and urinary passages, also, a very mildly laxative and mild herbal tonic stomachic is often indicated. Dr. Kilmer's Swamp-Root is a diuretic and increases the flow of urine, it is a stimulant to the appetite through its stomachic and herbal tonic effect.

Thousands upon thousands of people have written to us letters of gratitude telling us of the beneficial results obtained through the use of Swamp-Root. DR. KILMER'S SWAMP-ROOT is a gentle aid in helping nature carry off waste matter, and its simple herbal tonic and gentle laxative influences are well known.

Thousands of elderly people use this popular medicine, knowing what it has done for them and for others to whom they have recommended it.

Composed of herbs, roots, balsams and medicinal oils in scientific combination, its great popularity is due entirely to the fact that it is a splendid preparation made upon honor and its excellence carefully maintained from day to day by our laboratory system.

Don't delay but send for a sample bottle today.

HOW TO GET SWAMP-ROOT

SWAMP-ROOT is sold by druggists and dealers in medicines. If they do not have it in stock when you call, they will get it for you if requested; if they should decline to do so, then send direct to Kilmer & Co., Inc., Stamford, Conn.

PRICE LIST OF OUR PREPARATIONS

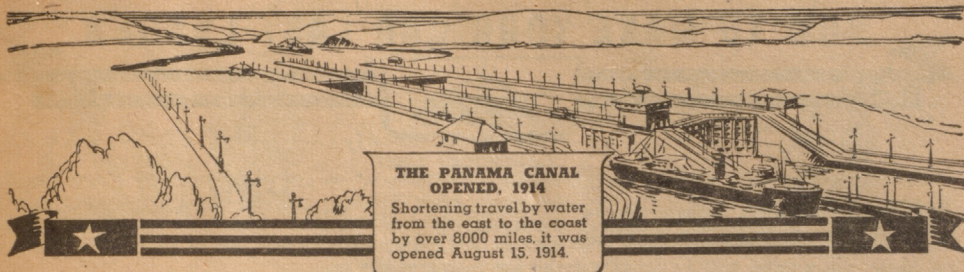
ONE OR MORE of the following will be sent by mail upon receipt of price.

Dr. Kilmer's Swamp-Root (large size).....	\$1.15
Dr. Kilmer's Swamp-Root (medium size).....	.60
Dr. Kilmer's U & O Anointment (large size).....	.60
Dr. Kilmer's U & O Anointment.....	.30
Dr. Kilmer & Co.'s Rectal Ointment Pipe.....	.55

A few dealers, when out of stock, will tell you a preparation has been taken off the market and try to sell you something else instead. When this happens, send to us direct and we will mail you the preparation you want.

Send for Sample Bottle—Use Valuable Swamp-Root Coupon on Page 32

Oct 7
 1st Q
 Date of Month
 Day of Month
 Month of Year
 Name of Patient
 1 S 10
 2 M 10
 3 T 10
 4 W 10
 5 F 10
 6 S 10
 7 S 10
 8 S 10
 9 S 10
 10 S 10
 11 S 10
 12 S 10
 13 S 10
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 29 S 10
 30 S 10
 31 S 10
 Dr. Kilmer's
 Great
 Relief
 has
 been
 found
 and
 you



8th Month

AUGUST 1943

31 Days

☽ First Quarter ☾ Full Moon ☾ Last Quarter ☽ New Moon

Day of Month	Day of Week	Moon's Phase	Daily Horoscopes, Condensed 1943	CALENDAR N. STATES Lat. 42°+			CALENDAR S. STATES Lat. 33°+		
				Sun	Sun	Moon	Sun	Sun	Moon
				rises	sets	sets	rises	sets	sets
				H.M.	H.M.	H.M.	H.M.	H.M.	H.M.
1	S	☽	Great heroism	4 51	7 21	7 47	5 13	6 59	7 29
2	M	☽	Marked self-possession	4 52	7 20	8 20	5 14	6 58	8 06
3	T	☽	Proud and ambitious	4 53	7 19	8 50	5 15	6 57	8 40
4	W	☽	Wandering habits	4 54	7 18	9 18	5 16	6 56	9 13
5	T	☽	Avoid overwork	4 55	7 17	9 46	5 17	6 56	9 44
6	F	☽	Naturally clever and quickwitted	4 56	7 16	10 14	5 17	6 55	10 17
7	S	☽	Social successes	4 57	7 14	10 44	5 18	6 54	10 50
8	S	☾	Lofty ambition	4 58	7 13	11 14	5 18	6 53	11 26
9	M	☾	Absolutely just and fair	4 59	7 12	11 49	5 19	6 52	morn
10	T	☾	Very tolerant	5 00	7 11	morn	5 19	6 51	0 06
11	W	☾	Keen interest in home	5 01	7 09	0 32	5 20	6 50	0 52
12	T	☾	Generally optimistic	5 02	7 07	1 20	5 21	6 49	1 43
13	F	☾	Don't waste your talents	5 03	7 06	2 18	5 21	6 48	2 42
14	S	☾	Very discriminating	5 04	7 04	3 24	5 22	6 47	3 47
15	S	☽	Fond of dress	5 05	7 03	rises	5 23	6 46	rises
16	M	☽	Financial losses	5 06	7 01	7 53	5 23	6 45	7 41
17	T	☽	Respect for others	5 08	7 00	8 30	5 24	6 44	8 24
18	W	☽	Recuperative powers	5 09	6 59	9 05	5 25	6 43	9 04
19	T	☽	Somewhat impractical	5 10	6 57	9 37	5 26	6 42	9 41
20	F	☽	Sense of pride	5 11	6 56	10 09	5 26	6 41	10 18
21	S	☽	Military success	5 12	6 55	10 42	5 27	6 40	10 55
22	S	☽	Guard against idealism	5 13	6 53	11 17	5 28	6 39	11 36
23	M	☽	Splendid constitution	5 14	6 52	11 56	5 28	6 37	morn
24	T	☽	Helpful friends	5 15	6 50	morn	5 29	6 36	0 17
25	W	☽	Depend upon inspiration	5 17	6 49	0 37	5 29	6 34	1 01
26	T	☽	Utopian ideas	5 18	6 47	1 24	5 30	6 33	1 48
27	F	☽	High spirited	5 19	6 45	2 14	5 31	6 32	2 38
28	S	☽	Curb curiosity	5 20	6 43	3 08	5 31	6 31	3 29
29	S	☽	Somewhat inconsistent	5 21	6 41	4 03	5 32	6 30	4 22
30	M	☽	Influential marriage	5 22	6 39	sets	5 32	6 29	sets
31	T	☽	Masterful character	5 23	6 38	7 22	5 33	6 28	7 15

MOON'S PHASES

Eastern	Central	Mountain	Pacific
D. H. M.	D. H. M.	D. H. M.	D. H. M.
8 10 36A	8 9 36A	8 8 36A	8 7 36A
15 2 34A	15 1 34A	15 0 34A	15 11 34M
22 11 4M	22 10 4M	22 9 4M	22 8 4M
30 2 59A	30 1 59A	30 0 59A	30 11 59M

WEATHER PREDICTIONS

1st to 3rd, Unsettled—Cloudy and threatening in southern and eastern sections. Windy conditions over the Great Lakes and New England. Dry and dusty in southwest.

4th to 8th, Hot Wave—Advanced heat in the middlewest and southwest. Sultry over Lake region and Middle Atlantic states. Very warm in Gulf states and those of the Atlantic slope.

9th to 13th, Dry Spell—Continued heat, and drought in states west of the Mississippi river. Fair and warm in New England states. Hot and threatening in southern and eastern sections.

14th to 18th, Variable Period—Cloudy and threatening weather in Gulf and south Atlantic states. Dry winds over states of the far west and southwest. Local thunder showers in eastern portions of the country.

19th to 23rd, Cool Wave—Much cooler conditions in northern states. Continued heat in west and southwest sections. Balmy winds over south Atlantic and Gulf states.

24th to 27th, Warm Period—Very warm in states of the Canadian border, the Lake region and New England. Hot and dry in west and middlewest. Sultry over southern states.

28th to 31st, Unsettled Period—Cloudy with local rains in Middle Atlantic and New England states. Thunder showers in the southwest and middlewest. Cooler and pleasant over the Rocky Mountain region and the northwest.

The temperature near to normal.
The rainfall below normal.

Vermont Druggist's Opinion of Swamp-Root

WEST BURKE, VT.,
Jan. 12th., 1937

Dr. Kilmer & Co.,

GENTLEMEN:—Have always thought and spoken well of your products. The sale has been consistent and as customers receive benefit they are satisfied. Have been pleased to think that I have been able to recommend SWAMP-ROOT to my customers for 44 years with such good results. Have sold your goods as a clerk for 12 years, and for 32 years here in my own store.

Respectfully yours,
C. H. COBURN

Send for Sample Bottle—Use Valuable Swamp-Root Coupon on Page 32

HOW TO MAKE YOUR CAR LAST LONGER



The war has brought a great curtailment in the automobile industry as far as pleasure cars are concerned. Your car will have to last much longer than it ever had to before. The following hints will enable you to lengthen the life of your car thus doing your part in the national war effort.

To save on gasoline, here are a few simple rules. Be sure that your car is properly lubricated or else the friction between moving parts will increase the amount of gasoline necessary to run the car.

Check your battery and ignition. A weak battery, while a detriment in itself, will cause slow starting thereby wasting gas that is never used. Fuel lines and connections should be carefully looked over to see if there is any leakage of gas. Also be sure that your fuel pump is free of sediment.

Don't speed up at starts or come to sudden stops—this not only wastes gasoline but also reduces the life of your tires. Don't pump the accelerator or over-choke and don't overfill your gas tank. All of these habits tend to waste gas.



PROPERLY INFLATED

UNDER-INFLATED

KEEP TIRES INFLATED

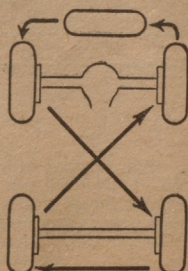
The scarcity of rubber forces the car owner to preserve his present tires. The most common cause of excessive tire wear is underinflation. When a tire is soft there is a flexing action which induces heat within the tire. The result is deterioration of both the fabric and the rubber. So remember to keep your tires inflated to the amount specified by the manufacturer.

Speed is also an enemy of tires. Excessive speed has been proven to wear out tires much faster than those driven at a slower rate. Careful driving will help to save them. Avoid hitting the curb and do not slam on your brakes in coming to a stop. A vast amount of rubber is wasted this way.

The greatest threat to tire life is improper wheel alignment. Just a slight variation will cause rapid wear. To insure the longevity of your tires see that your front wheels are in alignment.

ROTATE YOUR TIRES

To get the maximum life out of your tires, a criss-cross method of rotating them should be followed. The diagram on this page shows how this method is carried out. If you follow this, you will not have any excess wear on one particular tire. It is also a good idea not to let the spare tire remain idle as it is possible for a tire to deteriorate from disuse.



FRONT



WATCH LUBRICATION

One of the most important factors in preserving your car is to keep it properly lubricated. If you fail to do this, vital parts will burn out due to the great friction exerted upon them. Be sure that your oil does not fall below the halfway mark as an engine needs plenty of lubrication at all times. The chassis should receive good lubrication attention also. See that all parts are properly greased.

To prevent your clutch from wearing out remember this rule—keep your foot off the clutch until you are ready to use it. This is a bad habit that many drivers have acquired. It causes slippage with the result that the clutch linings are rapidly worn away. Another bad habit is slipping the clutch to prevent the car from rolling backwards. Don't do it.

Your brakes are one of the most important parts of your car and require as much attention as do other parts. Brakes wear so gradually that they sometimes do not appear to need adjusting. But an emergency will show that they do, sometimes too late. Don't wait for this emergency to occur. If your brakes pull to one side or if they can be pushed to less than two inches from the floorboard, it is time that they were taken care of. It is always wise to have them tested regularly and then you can be sure of their dependability.



FIRST CONTINENTAL CONGRESS, 1774
 First Continental Congress representing all colonies except Georgia, met in Philadelphia Sept. 5.

9th Month

SEPTEMBER 1943

30 Days

☽ First Quarter ☽ Full Moon ☾ Last Quarter ☽ New Moon

Day of Month	Day of Week	Moon's Place	Daily Horoscopes, Condensed 1943	CALENDAR N. STATES Lat. 42°+			CALENDAR S. STATES Lat. 33°+		
				Sun rises	Sun sets	Moon sets	Sun rises	Sun sets	Moon sets
				H.M.	H.M.	H.M.	H.M.	H.M.	H.M.
1	W	♊	Tender hearted	5 24	6 36	7 51	5 34	6 26	7 47
2	T	♊	Affectionate, but not demonstrative	5 25	6 35	8 18	5 35	6 24	8 19
3	F	♊	Inclined to be critical	5 26	6 33	8 46	5 35	6 23	8 52
4	S	♋	A keen sight	5 27	6 32	9 17	5 36	6 22	9 27
5	S	♋	Excellent judgment	5 28	6 30	9 50	5 37	6 21	10 05
6	M	♋	Labor Day—Wise conduct and man-	5 29	6 28	10 28	5 37	6 19	10 48
7	T	♋	Power of domination agement	5 30	6 26	11 12	5 38	6 18	11 35
8	W	♌	Resourcefulness	5 31	6 24	morn	5 38	6 17	morn
9	T	♌	Devotion to friends	5 32	6 22	0 04	5 39	6 16	0 29
10	F	♌	Fairly good health	5 33	6 20	1 04	5 40	6 14	1 29
11	S	♌	Strange adventures	5 35	6 19	2 12	5 40	6 13	2 33
12	S	♍	Good fortune and happiness	5 36	6 17	3 24	5 41	6 11	3 42
13	M	♍	Susceptible to good example	5 37	6 15	rises	5 42	6 10	rises
14	T	♍	Whimsical moods	5 38	6 14	6 59	5 42	6 09	6 55
15	W	♍	Ember Day—Devout nature	5 39	6 12	7 33	5 43	6 07	7 34
16	T	♍	Gift of leadership	5 40	6 10	8 06	5 43	6 06	8 12
17	F	♍	Ember Day—Very compassionate	5 41	6 08	8 39	5 44	6 05	8 50
18	S	♍	Ember Day—Naturally musical	5 42	6 06	9 14	5 45	6 03	9 30
19	S	♎	Adaptability to surroundings	5 43	6 04	9 53	5 45	6 02	10 12
20	M	♎	Success in public affairs	5 44	6 02	10 34	5 46	6 01	10 56
21	T	♎	Fond of society	5 45	6 00	11 18	5 46	5 59	11 42
22	W	♎	Agreeable mannerisms	5 46	5 59	morn	5 47	5 58	morn
23	T	♎	Autumn begins—Rare diplomacy	5 47	5 57	0 08	5 48	5 57	0 32
24	F	♏	Prosperous business	5 48	5 55	1 00	5 49	5 55	1 23
25	S	♏	Domestic harmony	5 49	5 54	1 56	5 49	5 54	2 15
26	S	♏	Well-spoken	5 50	5 52	2 53	5 50	5 52	3 08
27	M	♏	Happiness in religion	5 51	5 50	3 51	5 51	5 51	4 03
28	T	♏	Triumph over obstacles	5 52	5 49	4 50	5 51	5 50	4 57
29	W	♏	Very discreet	5 54	5 47	sets	5 52	5 48	sets
30	T	♏	Will acquire wealth	5 55	5 45	6 50	5 53	5 47	6 54

MOON'S PHASES

Eastern	Central	Mountain	Pacific
D. H. M.	D. H. M.	D. H. M.	D. H. M.
7 7 33M	7 6 33M	7 5 33M	7 4 33M
13 10 40A	13 9 40A	13 8 40A	13 7 40A
21 2 6M	21 1 6M	21 0 6M	21 11 6A
29 6 29M	29 5 29M	29 4 29M	29 3 29M

WEATHER PREDICTIONS

1st to 4th, Bright Period—Fair and pleasant weather at most points. Cool over the northwest and Rocky Mountain region. Warm and sultry along the Gulf border.

5th to 8th, Unsettled—Showers over states of the north Atlantic. Unsettled conditions general in the southwest and middlewest. Cool and windy in Gulf states.

9th to 13th, Pleasant Period—Weather clearing cool in northeast sections. Cool nights and mornings in states of the middlewest. Fair and pleasant in states of the northwest and Pacific slope.

14th to 17th, Windy Spell—Much wind in states of the northwest, the Lake region and New England. Strong gales over the west coast. Threatening in southern sections.

18th to 22nd, Rain Period—Rain, lightning and thunder in southern, central and eastern sections. Stormy conditions over states of the northwest and Lake region.

23rd to 27th, Cool Wave—Much cooler in states of the northwest, the middlewest, Middle Atlantic and New England. Pleasant in the southern states.

28th to 30th, Unsettled Period—Threatening conditions general. Rain over Rocky Mountain region and the northwest. Unsettled over Lake region and Middle Atlantic states. Foggy over Gulf coast.

Temperature at normal.
 The rainfall will be at about the average.

Nurse Had Annoying Bladder Condition

June 20, 1941

Dr. Kilmer & Company.

DEAR SIR: I had a very annoying bladder condition and nothing seemed to do me any good. I decided to try Dr. Kilmer's SWAMP-ROOT as I had sold a lot of it in our drug store—I am a doctor's widow. I took only one large bottle of SWAMP-ROOT and improved wonderfully. I am O.K. now.

Being a nurse I appreciate what SWAMP-ROOT has accomplished.

Very truly yours,
 MRS. MAMIE HENDRICKS,
 113 Nolan St., San Antonio, Texas

Send for Sample Bottle—Use Valuable Swamp-Root Coupon on Page 32

Getting Up Nights—Sleep Disturbances

Thousands of People Pay No Attention to Symptoms

OFTEN there are conditions of mild irritations of the urinary tract which cause sleep disturbances. This condition often causes burning sensation accompanied by frequent urination commonly called "getting up nights."

(See Suggestion below about possible involvement of the prostate gland.)

A soothing diuretic preparation such as Dr. Kilmer's Swamp-Root tends to relieve this condition by increasing the flow of urine and flushing the kidneys and bladder, thereby removing waste materials.

Important Suggestion

FREQUENT calls, bladder irritation and other distressing symptoms, in the case of middle aged and elderly men, are often times due to swelling of the prostate gland, which, through pressure on the bladder walls, causes retention of urine and inflammatory conditions of the genito-urinary tract. In such cases a competent physician should be consulted with-

out delay, who will, no doubt, make a thorough examination and advise special treatment. In case our soothing diuretic preparation does not prove helpful when frequent urination is troublesome with men, the trouble may be due to prostatic congestion or other conditions which require the services of a competent physician.

Popular Use of Swamp-Root

THERE are many occasions when the burden of the normal kidney is too heavy and these organs, under such conditions need help and relief. Much waste material is normally eliminated from the body through the kidneys or urinary passages—likewise the intestinal tract is an important channel of elimination of body waste. Under the usual conditions a gentle laxative and effective diuretic are often of value. It is under these conditions that Swamp-Root finds an important place. It is very mildly laxative and effectively a diuretic aid to the kidneys and bladder.

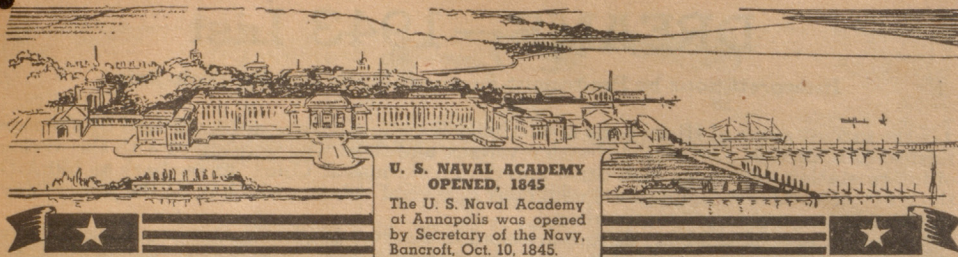
When a diuretic for increasing the flow of urine and a gentle mild laxative is needed, Dr. Kilmer's Swamp-Root is used by thousands and thousands of intelligent people.

The vegetable ingredients of Swamp-Root are derived from Buchu Leaves, Oil of Juniper, Oil of Birch (Betula), Balsam Copaiba, Venice Turpentine, Mandrake Root, Colombo Root, Golden Seal Root, Valerian Root, Rhubarb Root, Peppermint Herb, Scullcap Leaves, Balsam Tolu, Aloes, Sassafras, Cinnamon, Sugar, combined scientifically, and its splendid reputation as a diuretic aid to

the kidneys and bladder and excellent simple herbal tonic (intestinal and stomachic) for old and young, has been known to the well informed for more than fifty years.

You should always use Swamp-Root which is regarded most highly for its beneficial effect when indicated.





**U. S. NAVAL ACADEMY
OPENED, 1845**

The U. S. Naval Academy at Annapolis was opened by Secretary of the Navy, Bancroft, Oct. 10, 1845.

10th Month

OCTOBER 1943

31 Days

☽ First Quarter ☾ Full Moon ☾ Last Quarter ☽ New Moon

MOON'S PHASES

Eastern		Central		Mountain		Pacific	
D. H. M.	D. H. M.	D. H. M.	D. H. M.	D. H. M.	D. H. M.	D. H. M.	D. H. M.
6 3 10A	6 2 10A	6 1 10A	6 0 10A	6 3 10A	6 2 10A	6 1 10A	6 0 10A
13 8 23M	13 7 23M	13 6 23M	13 5 23M	13 8 23M	13 7 23M	13 6 23M	13 5 23M
20 8 42A	20 7 42A	20 6 42A	20 5 42A	20 8 42A	20 7 42A	20 6 42A	20 5 42A
28 8 59A	28 7 59A	28 6 59A	28 5 59A	28 8 59A	28 7 59A	28 6 59A	28 5 59A

WEATHER PREDICTIONS

1st to 3rd, Cloudy—Cloudy conditions from the north Pacific slope far to the east. Clearing warm in states of the Lake region and the Middle Atlantic. Fair and warm in southern sections.

4th to 8th, Warm Wave—General rise in temperature at most points. Mild in states west of the Mississippi river and warm and pleasant in states of the Atlantic coast. Threatening over Gulf coast.

9th to 12th, High Winds—Windy and cool in southern and eastern sections. Rain over states of the north Pacific slope. Very stormy over Rocky Mountain region and the northwest.

13th to 17th, Damp Period—Cloudy and disagreeable spell for central, southern and eastern sections. Pleasant conditions in states of the south Pacific slope. Showers over New England and north Atlantic.

18th to 22nd, Cool Spell—Much colder, with heavy frosts in northern sections. Cool and pleasant in southern and eastern sections. High winds along the coastal waters.

23rd to 26th—Continued cold in northern sections, with much cold and bluster in the west and middlewest. Threatening in states of the north Atlantic.

27th to 31st, High Winds—Very blustery in states of the southwest and middlewest. Great storm energy manifest over states east of the Mississippi river.

The temperature will be slightly above the average. The rainfall will be at, or slightly above, normal.

Day of Month	Day of Week	Moon's Phase	Daily Horoscopes, Condensed 1943	CALENDAR N. STATES Lat. 42°+			CALENDAR S. STATES Lat. 33°+		
				Sun rises	Sun sets	Moon sets	Sun rises	Sun sets	Moon sets
				H.M.	H.M.	H.M.	H.M.	H.M.	H.M.
1	F	☽	Intelligent and animated	5 56	5 43	7 19	5 54	5 46	7 28
2	S	☽	Averse to solitude	5 57	5 42	7 52	5 54	5 44	8 05
3	S	☽	Somewhat skeptical	5 58	5 40	8 28	5 55	5 43	8 46
4	M	☾	Avoid extravagance	5 59	5 38	9 10	5 55	5 42	9 32
5	T	☾	Farsighted	6 00	5 36	9 58	5 56	5 41	10 23
6	W	☾	Unselfish interests	6 02	5 35	10 53	5 57	5 39	11 19
7	T	☾	Crave excitement	6 03	5 33	11 57	5 58	5 38	morn
8	F	☾	Interest in reforms	6 04	5 31	morn	5 58	5 37	0 20
9	S	☾	Educational opportunities	6 05	5 30	1 06	5 59	5 35	1 26
10	S	☽	Firm of purpose	6 06	5 28	2 17	6 00	5 34	2 33
11	M	☽	Wonderful self-control	6 07	5 26	3 30	6 01	5 33	3 40
12	T	☽	Great endurance	6 08	5 24	4 43	6 01	5 32	4 47
13	W	☽	Very attractive	6 09	5 22	rises	6 02	5 30	rises
14	T	☽	Serene attitude	6 10	5 21	6 33	6 03	5 28	6 42
15	F	☽	Unlimited observation	6 11	5 19	7 08	6 03	5 27	7 23
16	S	☽	Strict sense of justice	6 12	5 17	7 45	6 04	5 26	8 03
17	S	☽	Avoid arguments	6 14	5 16	8 26	6 05	5 25	8 48
18	M	☽	Very secretive	6 15	5 14	9 10	6 06	5 24	9 34
19	T	☽	Gift of eloquence	6 17	5 13	9 58	6 06	5 23	10 23
20	W	☽	Cultivate system	6 18	5 11	10 50	6 07	5 22	11 14
21	T	☽	Singular clarity and vision	6 19	5 10	11 45	6 07	5 21	morn
22	F	☽	Kindly disposition	6 20	5 09	morn	6 08	5 20	0 06
23	S	☽	Acute mind	6 21	5 07	0 42	6 09	5 19	1 00
24	S	☽	Devoted to great causes	6 22	5 06	1 40	6 10	5 18	1 54
25	M	☽	Trait of graciousness	6 23	5 04	2 39	6 11	5 17	2 48
26	T	☽	Great precision	6 24	5 02	3 38	6 12	5 16	3 43
27	W	☽	High standards	6 26	5 01	4 38	6 13	5 15	4 38
28	T	☽	Power of repartee	6 28	5 00	sets	6 13	5 14	sets
29	F	☽	A quick come-back	6 29	4 58	5 52	6 14	5 13	6 04
30	S	☽	Strong will power	6 30	4 57	6 27	6 15	5 12	6 44
31	S	☽	Hallowe'en—Champion of the	6 31	4 56	7 07	6 15	5 11	7 29

Swamp-Root Praised By Cleveland Men

CLEVELAND, OHIO,
May 9th, 1941

Dr. Kilmer & Company.

DEAR SIR: Received the bottle of SWAMP-ROOT that you sent me as a sample. Without delay I started taking it at once and it gave me results in a very short time.

I bought another bottle and on my way home I showed my neighbor as he said he had kidney disturbances. Now you can bet there are two men in Cleveland that wouldn't be without SWAMP-ROOT, owing to the prompt relief and quick action. I must say that SWAMP-ROOT has a permanent place in our medicine cabinet. I never felt better in my life than I did today.

You are entirely welcome to use my name and address as reference for SWAMP-ROOT as I hope it will help others as it did me and my family.

Yours truly,

CARL N. JONES,
10624 Orville Ave., Cleveland, Ohio

Send for Sample Bottle—Use Valuable Swamp-Root Coupon on Page 32

DREAMS—1943 List

Interpretations by Prominent Psychoanalysts and Psychologists

IN the earliest pages of History the mysterious dream faculty was acknowledged by the most learned men, dreams were regarded with reverence and those who were gifted with the wisdom of interpretation were given high honor and envied stations at Court. As far back as 150 A. D. the great Artemidorus compiled a dream book of several volumes which is, at the present day, the foundation of dream interpretation.

Many instances of prophetic dreams are cited in the lives of Cicero, Caesar, Mark Antony, Constantine, and Alexander the Great who foretold from his own early dreams that he would one day dominate the world. Shakespeare's tragedies are filled with evidence of warning dreams and their significance, and the Bible gives numerous accounts of miraculous dreams and prophecies. Of the latter, perhaps the most often quoted is Pharaoh's Dream of the seven fat kine and the seven lean kine, not only on account of Joseph's correct prophecy but because the structure of the dream and the interpretation correspond so remarkably with the present method of psychoanalysis.

According to modern literature psychologists are taking the place of prophets and counsellors of old. Many nerve specialists delve into one's dreams with as keen an interest as the early practitioner examined the pulse or tongue. Psychoanalysts claim that our dreams reveal, not only forgotten experiences but the things we are most interested in and the most anxious about. Tell a psychoanalyst the history of your dreams today and you give him the key to your physical and mental make-up. Unless you are willing to reveal your innermost thoughts, your failings and aspirations, you had better interpret your own dreams.

- ABYSS**—Dream books define this dream as one of warning, impending danger, sickness, etc.
- ACTIVITY**—Signifies that you are careless and negligent and that you will suffer great losses.
- ADMIRATION**—False friends.
- ALTAR**—Foretells marriage.
- ANGEL**—A happy dream of peace and protection.
- ANIMALS**—Domestic animals denote comfort and contentment; wild animals, enemies.
- APE**—To see one in your dreams is a symbol of treacherous friends and companions.
- APPARITION**—Of any kind is considered an ill omen.
- APPLES**—When ripe denote success in any undertaking; when on a healthy tree, foretell good news. If the tree or the fruit is withered, bad news, trouble and disappointment.
- ARMS**—To lose one is significant of the loss of a friend—Broken arms, loss of health and material things—Beautiful arms, happiness and good fortune.
- ASHES**—Foretells mourning, sorrow and trouble.
- AX**—Considered an ill omen.
- BACON**—Denotes disappointment; to eat it, unnecessary trouble.
- BAKING**—Denotes thrift; to bake bread means prosperity.
- BALL**—To attend one, riches are in store for you.
- BALLOON**—Beware of unsuccessful ventures.
- BANDITS**—Success in business.
- BANQUET**—Beware of new friends, new ventures, etc.
- BARN**—Good dream; a well filled barn denotes riches, future successes.
- BARN-OWL**—A dream of misfortune.
- BATS**—Quarrels, bickerings and misunderstandings.
- BATH**—Clear water, good health and good fortune; muddy water, sickness and disaster.
- BATTLE**—Serious trouble with friends; to be triumphant in battle signifies success in worldly undertakings.
- BEAMS**—Staunch and dependable friends, a dream of success and prosperity.
- BEANS**—Beware of arguments, strife and bloodshed.
- BEAR**—To see one in your dreams, riches and happiness in store for you. If it attacks you, you have a powerful enemy.
- BEEES**—Signify riches, success in business and profitable undertakings.
- BELLS**—A dream of gladness and much joy; to hear them ring you will overcome some difficulty.
- BILLS**—To dream of bills that you cannot pay indicates that you are the object of malicious slander; to pay bills indicates prosperity.
- BIRDS**—Many birds signify friends and fortune; to catch them signifies triumphs; to hear them sing, good news in store; to find a bird's nest full of eggs, good luck in business and unexpected gains; to find an empty nest, disappointment.
- BLOOD**—To dream of blood is a sign of sorrow.
- BOAT**—In clear water, happiness; in smooth water, prosperity; in muddy, turbid water, trouble.
- BOIL**—A change for the best both in health and in circumstances.
- BOOTS**—Good health and good luck.
- BOUQUET**—Much pleasure in store for you.
- BREAD**—To break and eat, means losses.
- BRIARS**—Quarrels and disputes.
- BRIDE**—Grief and sorrow, death of kindred, to see a wedding foretells a funeral.
- BRIDGE**—To cross one you will overcome some obstacle through hard work; a wrecked bridge, a warning to avoid a strange journey; to fall from one, illness.
- BULL**—Beware of a sudden and powerful foe.
- CABBAGE**—To see it growing, good fortune, a prosperous turn of events; to eat it, sorrow.
- CAGE**—An empty cage denotes distress; a cage with birds denotes contentment and wishes attained.
- CANDLE**—Lighted, it denotes prosperity and good health, extraordinary good fortune; if you light it, you have a brilliant future in store; if it goes out, bad tidings.
- CARDS**—Deception, a warning against false friends and crooked transactions.
- CARRIAGE**—To ride in one denotes riches, high social attainments and much power.
- CASTLE**—Your hopes will be realized.
- CAT**—Treacherous friends among those whom you trust. To be attacked by a cat, a warning dream of hard luck; to kill a cat, you will succeed in whatever you are about to undertake.
- CATTLE**—Riches and fulfillment of all wishes.
- CAVE**—An evil dream which forbodes misfortune.
- CELLAR**—Foretells illness and much worry.
- CEMETERY**—Good luck and a long and happy life ahead.

Send for Sample Bottle—Use Valuable Swamp-Root Coupon on Page 32



"SAVANNAH" CROSSED ATLANTIC OCEAN

First American Steamboat. "Savannah" to cross the Atlantic returned to city of Savannah Nov. 30, 1819.

11th Month

NOVEMBER 1943

30 Days

☽ First Quarter ☾ Full Moon ☾ Last Quarter ☽ New Moon

MOON'S PHASES

Day of Month	Day of Week	Moon's Place	CALENDAR N. STATES Lat. 42°+			CALENDAR S. STATES Lat. 33°+		
			Sun rises	Sun sets	Moon sets	Sun rises	Sun sets	Moon sets
			H.M.	H.M.	H.M.	H.M.	H.M.	H.M.
1	M	☾	6 32	4 54	7 54	6 16	5 10	8 18
2	T	☾	6 33	4 53	8 49	6 17	5 09	9 13
3	W	☾	6 35	4 52	9 50	6 18	5 08	10 14
4	T	☾	6 36	4 50	10 56	6 19	5 07	11 17
5	F	☾	6 38	4 49	morn	6 20	5 07	morn
6	S	☾	6 39	4 48	0 05	6 21	5 06	0 22
7	S	☾	6 40	4 46	1 16	6 22	5 05	1 27
8	M	☾	6 41	4 45	2 26	6 23	5 04	2 33
9	T	☾	6 42	4 44	3 36	6 24	5 04	3 37
10	W	☾	6 44	4 43	4 46	6 25	5 03	4 40
11	T	☾	6 45	4 42	rises	6 26	5 02	rises
12	F	☾	6 46	4 41	5 39	6 27	5 01	5 56
13	S	☾	6 48	4 40	6 18	6 28	5 01	6 39
14	S	☾	6 49	4 39	7 00	6 29	5 00	7 24
15	M	☾	6 50	4 38	7 48	6 30	4 59	8 13
16	T	☾	6 51	4 37	8 38	6 30	4 59	9 04
17	W	☾	6 53	4 36	9 34	6 31	4 58	9 56
18	T	☾	6 54	4 35	10 30	6 32	4 58	10 49
19	F	☾	6 55	4 34	11 27	6 33	4 57	11 43
20	S	☾	6 57	4 34	morn	6 34	4 57	morn
21	S	☾	6 58	4 33	0 25	6 35	4 57	0 37
22	M	☾	6 59	4 32	1 23	6 36	4 56	1 31
23	T	☾	7 00	4 31	2 24	6 36	4 56	2 26
24	W	☾	7 02	4 31	3 26	6 37	4 56	3 22
25	T	☾	7 03	4 30	4 29	6 38	4 55	4 21
26	F	☾	7 04	4 30	5 34	6 39	4 55	5 22
27	S	☾	7 05	4 29	sets	6 40	4 55	sets
28	S	☾	7 06	4 29	5 47	6 41	4 54	6 12
29	M	☾	7 07	4 28	6 39	6 42	4 54	7 05
30	T	☾	7 08	4 28	7 40	6 43	4 54	8 05

Eastern	Central	Mountain	Pacific
D. H. M.	D. H. M.	D. H. M.	D. H. M.
4 10 22A	4 9 22A	4 8 22A	4 7 22A
11 8 26A	11 7 26A	11 6 26A	11 5 26A
19 5 43A	19 4 43A	19 3 43A	19 2 43A
27 10 23M	27 9 23M	27 8 23M	27 7 23M

WEATHER PREDICTIONS

1st to 3rd, Wet Spell—Cold rains in states east of the Mississippi river. Very stormy over states of the Rocky Mountain region. Blustery in states of the north Pacific.

4th to 8th, Warm Period—Rising temperature at most points east and west. Cool nights in the southwest and middlewest. Balmly winds over states of the coastal regions.

9th to 13th, Threatening—Cloudy and unsettled over Lake region, Middle Atlantic and New England states. Much fog and dampness in states bordering on the Gulf and south Atlantic plain.

14th to 18th, Storm Period—Blustery and unsettled weather in middlewest and northwest. High winds along south Pacific slope. Wind and local rains in southern and eastern sections.

19th to 22nd, Continued Storms—Unsettled conditions at many points. Rain, sleet and snow in states of the northwest and middlewest. Much colder in states east of the Mississippi river, with generally unsettled conditions.

23rd to 26th, Warm Wave—Weather clearing, with rising temperature at most points over southern, eastern and northeastern sections of the country. Moderating, but threatening in states of the Rocky Mountain region and the northwest.

27th to 30th, Unsettled Period—Very stormy conditions in the far west and northwest. Threatening skies in states bordering on the Great Lakes and in New York and New England. Showers over Gulf and south Atlantic states.

The temperature will be normal. The precipitation below normal.

Writes — No Sleep Disturbances After Using Swamp-Root

NEW ORLEANS, La., June 6th, 1941

Dr. Kilmer & Company, Binghamton, N. Y.

DEAR SIR: I have taken a sample of SWAMP-ROOT and it worked so fine I bought a large bottle of SWAMP-ROOT from Demarest Drug Store, and I find it a fine tonic.

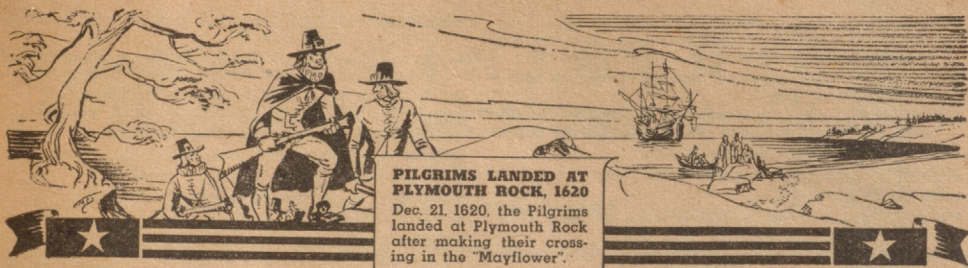
I would get up seven or eight times a night—since taking SWAMP-ROOT I sleep all night and it does just what you say. Please find enclosed the front portion of a SWAMP-ROOT carton showing SWAMP-ROOT ingredients and please send me your large Dream Book.

MRS. SALLIE WEATHERS,
2213 St. Ann Street, New Orleans, La.

Send for Sample Bottle—Use Valuable Swamp-Root Coupon on Page 32

- CHAINS**—Melancholy, depression and tears.
- CHILDREN**—Bounteous favors.
- CHURCH**—To enter one, you are highly respected; to attend services in one, you will gain new and influential friends.
- CLIMBING**—A dream of reward—if you strive, you will succeed regardless of obstacles.
- COALS**—Burning brightly, sudden and unexpected good news.
- COFFIN**—Signifies a wedding.
- CORN**—A dream of plenty, release from hardships.
- CRIPPLE**—Good luck, a turn for the better in the tide of your fortune.
- CROSS**—High honors in store for you, a very fortunate dream.
- CROWDS**—Change of scenes, new friends, new surroundings and new pleasures.
- DAGGER**—You will hear bad tidings.
- DANGER**—To dream you are in danger foretells a change for the better; increase in business, good fortune and good luck in general.
- DARKNESS**—Darkness and storms, threatened misfortune and financial difficulties with trying and bitter experiences.
- DEVIL**—An omen of a very successful journey; a fortunate future.
- DIRT**—To dream of dirt foretells poverty, hard luck and misery.
- DOG**—An evidence of loyal and faithful friends who will stand by you through any change in fortune.
- DOVE**—Conjugal happiness.
- DRAGON**—You will rise to great heights through your own ability.
- DROWNING**—Foretells illness.
- EARTHQUAKE**—An omen of a sudden and serious sickness.
- EGGS**—Much happiness through good news; to break eggs is a sign of needless quarrels and dissension.
- ELOPEMENT**—Signifies important business offers.
- EYES**—To dream of your own eyes is ominous of trouble; to suffer blindness, certain omen of bad luck.
- FALLING**—A change for the worst in financial affairs; avoid all unnecessary risks.
- FARM**—Portends riches and good health.
- FEET**—Unfortunate dream.
- FIELDS**—When rich in produce, foretell prosperity; barren fields foretell disasters, a warning against extravagant and unnecessary expenditures.
- FIRE**—If burning brightly, good fortune; a dream promising plenty of money, good health and happiness.
- FLAG**—To see a flag floating on high, a warning of danger; to carry it, you will have some great honor conferred upon you.
- FLIES**—Petty annoyances through spiteful people.
- FLOWERS**—In season and plentiful, foretell much happiness and enjoyment; out of season, your plans will not materialize and you will suffer keen disappointments.
- FOUNTAIN**—Signifies promotion and unexpected prosperity.
- FOX**—Beware of a spying person.
- FROGS**—Foretell a fortunate change in occupation, vocation, etc.
- FUNERAL**—You will have cause for much rejoicing.
- GALLOWES**—An augury of advancement and future honor; if the dreamer is about to make new ventures, it bodes good fortune and success.
- GAMBLING**—Predicts various losses, by lawsuits, theft, etc.
- GARDEN**—Foretells good fortune and much joy.
- GARRET**—Significant of losses and afflictions.
- GEESE**—A favorable dream, freedom from trouble and worry.
- GIANT**—Obstacles to overcome.
- GLOVES**—When new, indicate much pleasure; when old or soiled disappointments.
- GOLD**—A warning to guard against losses and poverty.
- GRAPES**—A dream denoting that much joy is in store for you.
- GRAVE**—Foretells sickness, sorrow and disappointment.
- GUN**—To see one, danger is near you; to hear the report of one, sudden bad news; if you handle it, a warning to be cautious—beware of rashness.
- HAIL**—Much trouble in store for the dreamer.
- HAIR**—To dream that you are combing your hair, bad luck; to dream that your hair falls out, foretells the loss of a friend; to dream that it is being cut off, foretells poverty.
- HANGING**—A fortunate dream, an omen of good luck and advancement.
- HAT**—Be on your guard, you will make enemies.
- HAY**—Foretells an accumulation of worldly goods.
- HEART**—To dream about the heart is an omen of sickness.
- HEAVEN**—A dream forecasting much happiness, deliverance from all evils and misfortunes; a forerunner of joy, love and prosperity.
- HERMIT**—Beware of your temper, sudden fits of anger, etc.
- HIDING**—To dream you are trying to hide something or have already hidden something, foretells disclosures of annoying character.
- HILL**—To climb a hill in your dream is an indication that you will surmount difficulties; to travel over many hills, much care and trouble is in store for you; to see a beautiful green hill, bright hopes.
- HORNS**—To dream of horns signifies danger.
- HORSES**—Emblems of prosperity and good luck.
- HUNGRY**—To suffer hunger in your dreams foretells high honors that will come to you through your own ability.
- ICE**—In most cases, foretells trouble; if skating on ice, failure in any undertaking; to handle ice, sickness.
- INK**—Approaching prosperity, relief from anxiety, new and influential friends; ink spots, unexpected gains.
- IRON**—A warning of damage to person and property.
- ISLAND**—Foretells that you will be neglected and suffer much loneliness.
- IVY**—Denotes hardships but much comfort through loyal friends.
- JAIL**—Freedom from cares and grievances of all kinds; a good omen for people in public life, a bettering of conditions in general.
- JAR**—Filled with fruit, etc., a good omen—indicates thrift empty jars, you will have financial losses through your own negligence.
- JEWELS**—To have many jewels in your dream signifies a loss of something which you value highly.
- KEY**—If you find a key in your dreams, you will be the recipient of some great honor; if you lose one, you are distrusted; if you lock and unlock doors, you will be put in charge of some responsible office.
- KING**—To dream of a king foretells advancement.
- KISSES**—Significant of treachery.
- KNIFE**—An evil dream; reason for alarm.
- LADDER**—Hope; to dream of ascending a ladder, advancement; descending, failure.
- LAMP**—To see a bright light augurs well for the dreamer; a dim one, unfavorable sign; if the light goes out it forebodes death.
- LEAVES**—On the ground, sickness and worry; on the tree, fresh and green, success.
- LEOPARD**—Indicates great changes in fortune—many ups and downs in life.
- LETTER**—Always a sign of good news.
- LIGHTNING**—A dire dream of much trouble.
- LION**—You will receive help and encouragement from very distinguished people. Men of influence are interested in you and your welfare.
- LOOKING GLASS**—To look in a mirror is a warning of false friends and deceitful companions.
- MARRIAGE**—A dream of ill-omen; foretells the death of friends and relatives.
- MARSH**—To walk on marshy ground foretells much misery.
- MASS**—A joyous occasion with much happiness attending.
- MICE**—Beware of slander and avoid scandal.
- MILK**—Portends good fortune.
- MILL**—Standing idle, wasted opportunities and a lonely life; to see it grinding, happy life and much prosperity.
- MISER**—A dream that augurs evil.
- MONEY**—Unlucky dream, misfortunes will follow it.

Send for Sample Bottle—Use Valuable Swamp-Root Coupon on Page 32



12th Month

DECEMBER 1943

31 Days

☽ First Quarter ☉ Full Moon ☾ Last Quarter ☽ New Moon

Day of Month	Day of Week	Moon's Phase	CALENDAR N. STATES Lat. 42°+			CALENDAR S. STATES Lat. 33°+		
			Sun rises	Sun sets	Moon sets	Sun rises	Sun sets	Moon sets
			H.M.	H.M.	H.M.	H.M.	H.M.	H.M.
1	W	☾	7 09	4 28	8 47	6 44	4 54	9 10
2	T	☾	7 10	4 28	9 56	6 45	4 54	10 15
3	F	☾	7 11	4 27	11 07	6 45	4 54	11 21
4	S	☾	7 12	4 27	morn	6 46	4 54	morn
5	S	☾	7 14	4 27	0 18	6 46	4 54	0 26
6	M	☾	7 15	4 27	1 27	6 47	4 54	1 29
7	T	☾	7 16	4 27	2 35	6 48	4 54	2 32
8	W	☾	7 17	4 26	3 42	6 49	4 54	3 34
9	T	☾	7 18	4 26	4 48	6 50	4 54	4 36
10	F	☾	7 19	4 26	5 53	6 51	4 55	5 36
11	S	☾	7 20	4 26	rises	6 51	4 55	rises
12	S	☾	7 21	4 26	5 39	6 52	4 55	6 04
13	M	☾	7 21	4 26	6 29	6 53	4 55	6 54
14	T	☾	7 22	4 27	7 22	6 53	4 55	7 46
15	W	☾	7 23	4 27	8 18	6 54	4 56	8 39
16	T	☾	7 23	4 27	9 15	6 55	4 56	9 32
17	F	☾	7 24	4 27	10 12	6 55	4 56	10 26
18	S	☾	7 24	4 27	11 10	6 56	4 57	11 20
19	S	☾	7 25	4 28	morn	6 57	4 57	morn
20	M	☾	7 25	4 28	0 09	6 58	4 58	0 14
21	T	☾	7 26	4 29	1 09	6 58	4 58	1 09
22	W	☾	7 26	4 29	2 10	6 59	4 59	2 05
23	T	☾	7 27	4 30	3 14	6 59	4 59	3 04
24	F	☾	7 27	4 30	4 21	7 00	5 00	4 05
25	S	☾	7 28	4 31	5 29	7 00	5 01	5 08
26	S	☾	7 28	4 31	sets	7 00	5 01	sets
27	M	☾	7 28	4 32	5 23	7 01	5 02	5 49
28	T	☾	7 29	4 33	6 28	7 01	5 02	6 53
29	W	☾	7 29	4 34	7 40	7 01	5 03	8 01
30	F	☾	7 29	4 35	8 54	7 01	5 03	9 11
31	F	☾	7 30	4 36	10 06	7 02	5 04	10 17

Daily Horoscopes, Condensed 1943

MOON'S PHASES

Eastern	Central	Mountain	Pacific
D. H. M.	D. H. M.	D. H. M.	D. H. M.
4 6 3M	4 5 3M	4 4 3M	4 3 3M
11 11 24M	11 10 24M	11 9 24M	11 8 24M
19 3 3A	19 2 3A	19 1 3A	19 0 3A
26 10 50A	26 9 50A	26 8 50A	26 7 50A

WEATHER PREDICTIONS

1st to 4th, Pleasant Period—Weather moderating and clearing in most sections west of the Mississippi river. Mild and foggy over the Lake region and New England states. Generally fair in the south Atlantic and Gulf states.

5th to 8th, Storm Wave—Much colder, with sleet and snow in states of the northern half of the country. Much bluster over southwest sections. Damp and disagreeable in states of the south Atlantic.

9th to 12th, Fair Period—Fair and cold over states of the northwest and the Lake region. Quite cold over southern and eastern sections. Fair and windy in states of the Pacific slope.

13th to 17th, Variable Spell—Cold to pleasant conditions in states of the northwest, Lake region and the Middle Atlantic states. Foggy and disagreeable in states of the Pacific slope. Warm and damp in southern states.

18th to 22nd, Storm Period—High winds and stormy conditions over the middlewest. Rain, turning to sleet and snow in northern sections east of the Rocky Mts. Generally unsettled conditions in southern and eastern sections.

23rd to 27th, Cold Spell—Snow in northwest with cold, raw winds sweeping to the east coast. Much dampness and cold felt at this time in all sections of the country.

28th to 31st, Fair Period—Fair and slightly warmer in southern and eastern sections. Continued cold, with rather unsettled weather in northern and northwest sections. High winds at many points.

The temperature will be below normal.
The precipitation will be below the average.

"Gassy" Condition Relieved By Swamp-Root

MEMPHIS, TENN., 742 SPEED STREET, Feb. 5th, 1940.

Dr. Kilmer & Co.

MY DEAR SIR: I hope I will find your Dream Book as valuable as your SWAMP-ROOT. I am taking the third bottle and it is more beneficial for gas than anything I have taken in several years.

Yours truly,
LUDYIE SHIELDS

Send for Sample Bottle—Use Valuable Swamp-Root Coupon on Page 32

- MOON**—On the wane, death of some friend; new moon, good health and prosperity; a clouded, obscure moon, trouble; to see many moons, confusion and many difficulties.
- MOTHER**—Betokens comfort and security; to dream of seeing her dead foretells danger.
- MOUNTAINS**—To see lofty mountains in the distance foretells much interesting travel; very close, many difficulties ahead.
- MUD**—An omen of shame and mortification.
- MURDER**—Various misfortunes attend this dream.
- MUSIC**—Cause for much joy.
- NAILS**—A dream foretelling misrepresentation, attacks on reputation, etc.
- NAKED**—To dream of being naked betokens sickness, trouble and disappointment.
- NECKLACE**—A fortunate dream indicative of donations, valuable gifts and legacies.
- NEEDLES**—Forebode arguments, wrangling and much vexation.
- NET**—Full of fish, indicative of much pleasure and freedom from worries; to be caught in a net, beware of scheming enemies.
- NUN**—You will overcome vanities.
- OAK TREE**—Firmness of character, strength and courage.
- OCEAN**—Great accomplishments.
- OLD AGE**—To dream you see old people denotes much joy; to see yourself in old age, foretells losses.
- ORGAN**—To hear its music is a very good omen—your wishes will be fulfilled and you will achieve wealth and power; to play the organ is not such a fortunate dream.
- OWL**—Is ever ominous of much trouble and many crosses; to hear the hooting of the owl foretells a death among kindred.
- OX**—To see in the fields is a good dream; oxen indicate prosperity, but if very lean and bony they foretell want; white oxen is a very favorable dream and indicates fame and fortune to the dreamer; black oxen, trouble.
- PANTHER**—Be on your guard, sign no documents and enter into no agreements.
- PARADE**—You will have cause for sorrow.
- PARASOL**—Foretells disgrace.
- PARROT**—You will make a discovery valuable to yourself and others.
- PEARLS**—Tears for the dreamer.
- PEN**—You are gifted with knowledge.
- PINS**—Significant of trouble brewing.
- PIPE**—You will terminate some deal fortunately.
- PIT**—An ominous dream—health and business is in peril.
- PLOW**—Denotes success through hard work.
- POPE**—Future happiness.
- POTATOES**—Significant of plenty; if you dig them you will reap reward and have unexpected gains.
- PRECIPICE**—To see one or be near one, danger; to fall over one foretells accidents and personal injuries.
- PRIEST**—An omen of sickness and misery.
- PUMPKIN**—Significant of plenty.
- PURSE**—To find one, a warning to guard your resources.
- QUARRELS**—Happiness in store.
- QUEEN**—Prognosticates high honor and advancement.
- RAKE**—A sign of marriage to the dreamer.
- RATS**—Evil minded enemies will cause you much anxiety but unless they swarm over you their efforts will be unsuccessful.
- RAVEN**—An omen of misfortune.
- RIDING**—Good fortune in store for the dreamer. Foretells deliverance from all present afflictions.
- RING**—A sign of friendship and confidence, faith in people with whom you are dealing; for a woman to dream of her wedding ring foretells trouble and unhappiness.
- RIVER**—To dream of crossing a clear river, you will encounter new and happy experiences; to cross a very broad and muddy river, you will meet many difficulties which, however, you will be able to cope with.
- ROAD**—To see a broad road foretells happy ventures and successful undertakings; a rough, muddy or crooked road, harsh and bitter experiences ahead.
- ROBIN**—Anticipation of joy, more brightness in life.
- ROCKS**—Unsurmountable objects, a warning to the dreamer that various changes would be to his advantage; avoid travel; proceed cautiously in all undertakings.
- ROOF**—You will obtain some high position; some longed-for attainment will be acquired.
- ROSES**—To dream of gathering them, in season, a forerunner of great joy; out of season, sadness; wilted or withered, misery.
- RUST**—An evil dream which bodes sorrow and losses.
- SAND**—Your faith is misplaced; be prepared for deception and underhandedness in people whom you trusted.
- SAILOR**—A warning against dangerous journeys.
- SALT**—Give more thought to plans and decisions.
- SCHOOL**—A happy dream; freedom from worldly cares.
- SCYTHE**—An emblem of death.
- SHEEP**—A fortunate dream, a dream of prosperity and abundance; if the sheep are dead or wounded, an unfortunate dream; if you see a lone sheep in a pasture, someone needs your protection.
- SHIPWRECK**—To dream that you are shipwrecked foretells loss of property and other investments.
- SHOES**—Good luck; new shoes foretell good fortune, old shoes, much travel.
- SIEVE**—An ominous dream of waste and extravagance.
- SMOKE**—To see smoke, vain hopes.
- SNAKE**—Malice and treachery; to kill one, good fortune.
- SNOW**—A dream that bodes ill; to see snow fall, misfortune; deep snow, obstacles.
- SPECTRE**—Foretells trouble.
- SPIDER**—Good fortune; if a spider is spinning its web, you will amass riches through industry.
- STARS**—Sudden and very joyous news.
- STRUGGLE**—To dream of struggling is a good omen—foretells success in business, recovery in illness.
- SUN**—A very favorable dream, health to the sick, comfort to the afflicted; to see it rise presages great events, good news and good luck; to see it set foretells bad news. To see the sun and moon together is a bad omen.
- SWAN**—Many swans foretell riches; a white swan, much happiness ahead; a black swan, much sorrow.
- TEETH**—An unfortunate dream—if the teeth are loose it foretells sickness; to lose a tooth signifies the loss of a friend; to lose all the teeth at once foretells disaster.
- THORNS**—You will endure great suffering, both mentally and physically.
- TOMB**—To dream of a tomb you will attend a marriage.
- TRAP**—Trouble in legal matters.
- TREASURE**—If you find it, sudden and unexpected success; if you see hidden treasures, influential friends are working for your interests.
- TRUMPET**—A symbol of affliction and misfortune.
- TRUNK**—A full trunk warns the dreamer against extravagance and unnecessary expenditures; an empty trunk denotes thrift and rewards for thrift.
- TURKEYS**—Rejoicings and good fortune in store.
- UMBRELLA**—You are about to receive something that will add much to your comfort.
- URNS**—Significant of death.
- VEGETABLES**—To see them growing is good luck; to eat them foretells sickness.
- VELVETS**—Riches in store.
- VINES**—Significant of abundance.
- VIOLETS**—To see them in season means much happiness; out of season, loss of property and valuables.
- WASHING**—A good omen, foretells much joy and happiness.
- WATCH**—A dream of misfortune; guard your business and make few confidants.
- WELL**—A happy omen, containing clear water foretells fortunate transactions; if empty, beware of enterprises.
- WHEEL**—Considered a very happy dream and one of great promise.
- WHIRLPOOL**—Impending danger, physical and financial.
- WINE**—If you drink it you will gain high office and much authority; if you spill it, bloodshed.
- WORMS**—Foretell death and disaster.
- WOUNDED**—To dream of being wounded signifies that you will be the recipient of much attention and many kindnesses.
- YARN**—Great possibilities in your life.
- YACHT**—Strange news and much distress.
- YOKE**—A warning to guard against temper and anger.

Send for Sample Bottle—Use Valuable Swamp-Root Coupon on Page 32

Dr. Kilmer's U & O ANOINTMENT

A Soothing Application which tends to relieve the discomfort and itching of minor rectal irritations.

How to Apply U & O Anointment

- The application of U & O Anointment may be made with the end of finger, or linen cloth.
- If the itching and discomfort is located up out of reach of finger, we suggest the use of the Rectal Ointment Pipe.
- If the patient experiences discomfort during evacuation of the bowels, application with the Pipe should be made before and after the bowels move.
- In all cases, application of Dr. Kilmer's U & O Anointment may be made as often as the case would seem to require—one, two, three or four times a day. It contains no opiates.

How to Get the Ointment Pipe—The Rectal Ointment Pipe can be obtained at druggists or we will send it by mail upon receipt of fifty-five cents in postage stamps.

We have received thousands of letters from people who have used the Ointment Pipe with the most pleasing satisfaction. The Ointment Pipe will place our U & O Anointment just where it is needed. The price is within reach of all.

Ointment Pipe much larger than picture



DIRECTIONS FOR USING THE RECTAL OINTMENT PIPE

The patient can use it in a simple and cleanly manner without inconvenience or soiling the linen. It is so compact that it can be carried in the pocket filled with Dr. Kilmer's U & O Anointment, ready for use. Dr. Kilmer's U & O Anointment put up in two sizes, 30 and 60 cts.

Remove the screw plunger from the ointment barrel, then place a sufficient quantity of ointment in the barrel for several applications; replace the plunger, turning it sufficiently to force the ointment into the small perforated end of the pipe; when thus prepared, insert the tube of pipe within the rectum, turn the plunger two or three revolutions (having a milled head that it may be done easily), thereby forcing the ointment through the perforation of the pipe; turn the pipe around once or twice, making a more effectual distribution of the ointment to the parts afflicted; then withdraw the pipe, when it will be found that the contraction of the muscles has effectually removed and distributed all the ointment from the surface of the tube, retaining it where it has been deposited, the application being exceedingly simple.

Two or three applications daily will usually be found quite sufficient.

HELPFUL SUGGESTIONS FOR THE USE OF U & O ANOINTMENT

1. Sprains—Bruises. For Sprains and Muscular Soreness Due to Exercise or Exposure, apply freely and bandage with cloth. Repeat the application as often as seems necessary.

2. Head Colds—Nasal Congestion. If an outside application is desired, apply externally to throat and chest. Rub over the nose and forehead if you have a sensation of dryness caused by congestion in the nostrils due to colds, and also apply up the nostrils with the little finger. The body temperature liberates volatile oils which promote beneficial results through inhalation.

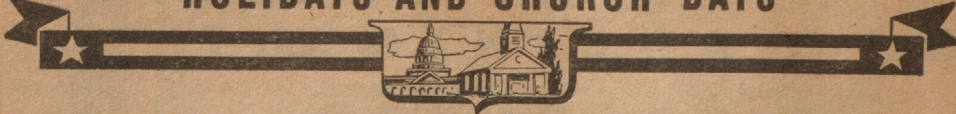
3. Stings. Apply to stings, frostbites, chapped hands, chafing.

4. A Soothing Application recommended as tending to relieve soreness and discomfort caused by Sprains, Bruises, Sunburns, Scalds, Muscular Soreness due to exercise or exposure, or Congestion in the Nostrils due to Head Colds.

5. Tends to relieve the discomfort and itching of Rectal Minor Irritation.

Beware of Fraud—The Carton of Dr. Kilmer's U & O Anointment bears his likeness. At Druggists; Two Sizes, 30 and 60 cts.

HOLIDAYS AND CHURCH DAYS



NATIONAL HOLIDAYS

Each state decides what holidays it will observe. However, the following days will be observed by most states in 1943 as noted. Holidays falling on Sunday are usually observed the following Monday.

JANUARY 1st—New Year's Day (All states)

FEBRUARY 12th—Lincoln's Birthday (Observed in Cal., Colo., Conn., Del., Ill., Ind., Ia., Kan., Ky., Mich., Minn., Mo., Mont., Neb., Nev., N. J., N. Y., N. D., Ohio, Ore., Pa., S. D., Tenn., Tex., Utah, Vt., Wash., W. Va., Wyo., Alaska)

FEBRUARY 22nd—Washington's Birthday (All states)

MAY 30th—Decoration or Memorial Day (All states except Ala., Fla., Ga., La., Miss., N. C. and S. C.)

JULY 4th—Independence Day (All states)

SEPTEMBER 6th—Labor Day (All states)

OCTOBER 12th—Columbus Day (All states except Ia., Me., Minn., Miss., Mo., N. C., S. C., S. D. and Tenn.)

NOVEMBER 11th—Armistice Day (All states)

NOVEMBER 25th—Thanksgiving Day (All states)

DECEMBER 25th—Christmas Day (All states)

CHURCH DAYS FOR 1943

Epiphany	January	6
Septuagesima Sunday	February	21
Sexagesima Sunday	February	28
Quinquagesima Sunday	March	7
Shrove Tuesday	March	9
Ash Wednesday	March	10
Quadragesima Sunday	March	14
Palm Sunday	April	18
Good Friday	April	23
Easter Sunday	April	25
Low Sunday	May	2
Rogation Sunday	May	30
Ascension Day	June	3
Pentecost—Whit Sunday	June	13
Trinity Sunday	June	20
Corpus Christi	June	24
Advent Sunday	November	28
Christmas Day	December	25

WEDDING ANNIVERSARIES

First, Paper	Twelfth, Silk and Linen
Second, Cotton	Thirteenth, Lace
Third, Leather	Fourteenth, Ivory
Fourth, Fruit and Flowers	Fifteenth, Crystal
Fifth, Wood	Twentieth, China
Sixth, Sugar and Candy	Twenty-Fifth, Silver
Seventh, Wool	Thirtieth, Pearl
Eighth, Pottery	Thirty-Fifth, Coral
Ninth, Willow	Fortieth, Ruby
Tenth, Tin	Forty-Fifth, Sapphire
Eleventh, Steel	Fiftieth, Gold

This Coupon Will Bring Your

FREE *Free Sample Bottle of Swamp-Root* **FREE**

MAIL AT ONCE

Dr. Kilmer's Swamp-Root, although famous for the past fifty years as a Diuretic aid to the kidneys and bladder, is also used with great satisfaction by thousands of middle-aged and elderly people who require a stomachic tonic medicine. Mild and gentle in its action on the urinary organs, it also acts as a carminative in gassy conditions of the stomach. Its tonic influence is soon realized and very often even a sample bottle of this excellent herbal compound will prove effective. It is most pleasant to take and may be used by invalids or children. Fill in your name and address and return this Coupon to Kilmer & Co., Inc., Stamford, Conn. —you will receive a Sample Bottle of Swamp-Root FREE

NAME

(WRITE NAME PLAINLY)

STREET ADDRESS OR R. F. D.

CITY STATE

All Druggists Sell Swamp-Root 1943

Save Postage. . Paste Coupon on Regular Post Card

You CAN'T BUY BETTER QUALITY
VITAMINS AT *Any Price*

KILMER'S VITAMIN CAPSULES

A B₁ D

14 CAPSULES
Full 2 weeks' supply

25¢


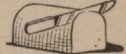

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EACH KILMER'S VITAMIN CAPSULE CONTAINS	TO GET THIS QUANTITY OF VITAMINS IN FOODS YOU MUST EAT
4200 U.S.P. Units A	 8 eggs or 4½ qts. milk
333 U.S.P. Units B₁	 12 slices whole wheat bread or 13 bananas
500 U.S.P. Units D	 2 lbs. 3 oz. canned tuna fish or 1½ tablespoonfuls cod liver oil

KILMER & CO., INC., 375 Fairfield Ave., Stamford, Conn.
My druggist does not carry KILMER'S VITAMIN CAPSULES. Please send me postpaid a full two weeks' supply (14 capsules). I enclose herewith 25c.

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My druggist's name is.....

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