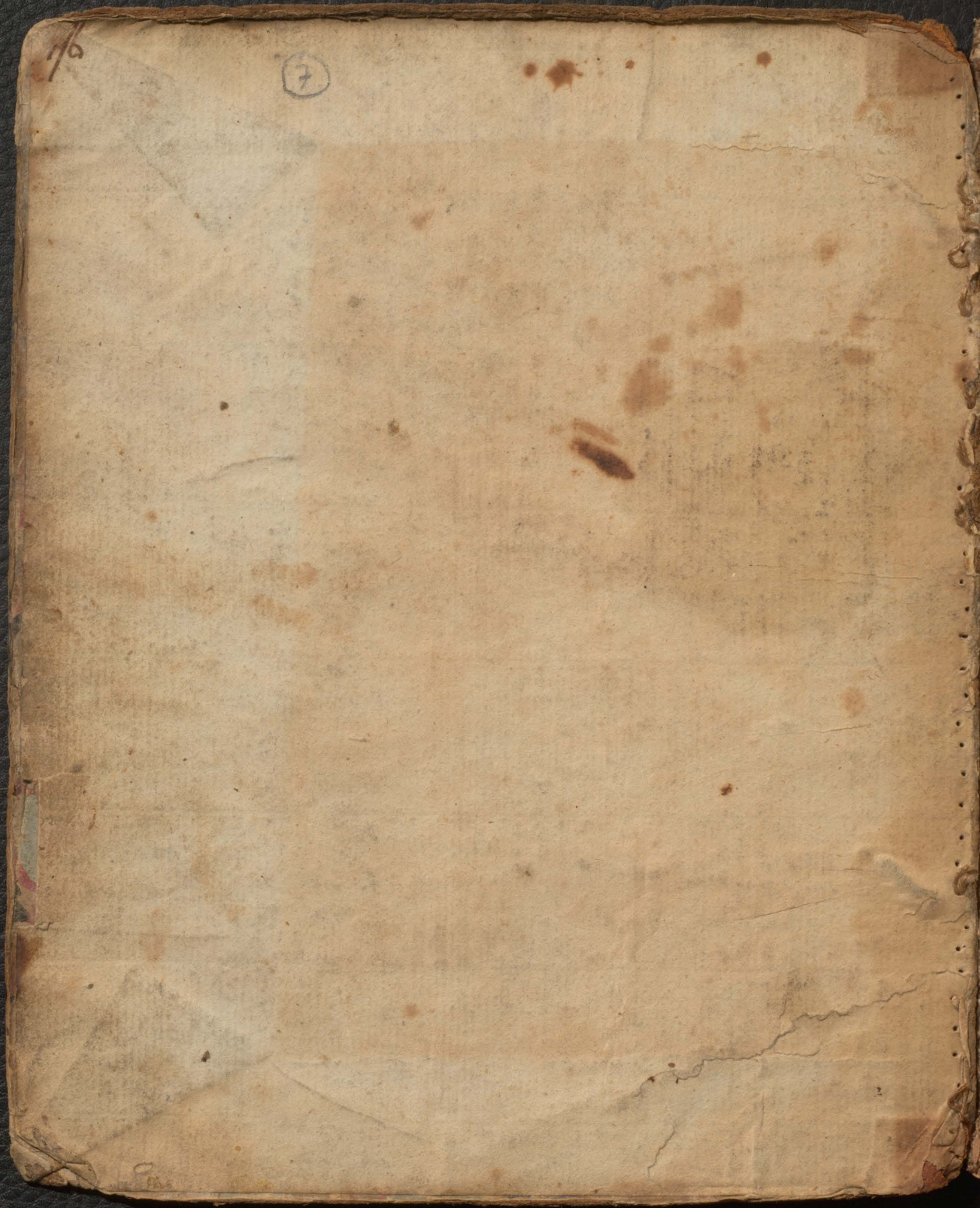


16

(7)



~~For~~ weak Stomach. J. M. Oliver

Bark in powder one oz, valerian root bruised  
1/2 a oz. Spring water one pint, brandy 1/4 of  
a pint, let them stand to infuse 2 or 3  
days shaking the bottle, strain it off, and  
take a wine glass at 11 o'clock & 4. —

Stomach Pills J. M. Oliver

Columba Carbonate of Soda and Rhubarb each  
one scruple mixed with Syrup of ginger and  
made into 15 pills, one or two a dose, take three  
or mix with beads & add powdered ginger

For a cough J. M. Oliver

Boil 2 oz Kell in a pint of vinegar ten  
minutes, strain it, add to it 1/4 lb of sugar  
candy, boil twenty minutes, a tea spoon  
full to be taken night and morning, and  
occasionally in the day, <sup>where</sup> the cough is trou-  
blesome

For an acid Stomach I B

Take 5 or 6 grains of salt of Wormwood  
mix it with a little water and a teaspoonful  
of Brandy. — another, take 15 grains  
or a small teaspoonful of carbonatid  
Soda, mix as above. —

---

J. Branson prescribed for J. Brady for a  
bowel complaint, three grains calomel  
1 grain opium

---

For a Cough Dr. Sothergill  
1/4 lb. Rigs split and toast'd. cut them  
into small pieces, and cover them with  
2 oz of pounded sugar Candy. Add as much  
them as will make the whole into a  
syrup. — may add the juice of a  
boiled lemon if agreeable. —  
Take a little when the cough is troublesome

For a Cough  
Comp<sup>d</sup> Tragacanth powder, dram  
Lith<sup>m</sup> Squills Aetherial Sp<sup>t</sup> Nitre  
each 2 drams Syrup white Poppies  
half ounce Distilled water five ounces  
Mixt and take a table spoonfull  
once or twice aday or two times

London

For a pain at the stomach.  
 $\frac{1}{2}$  oz cloves boiled in three gills of Water  
till reduced to one pint. - pour the decoction  
on a  $\frac{1}{4}$  oz of Camomile Flowers. - strain &  
bottle it for use. - take about three table  
spoon full at once. -

Cure for Corns

steep Ivy leaves in vinegar 24 hours. apply  
them to the corns, this if persued in, is a certain  
remedy. & will draw out the corns without pain.

### Winters Soak

one Pound of Common Castile Soap shaved and dissolved in an earthen Pot with a little water, when warm add one & a half oz of oil of sweet Almonds, a little Brandy, and what perfume you like; put to it as much Colours Sand as will make it into a paste, mixt well together with the hand; Roll them into Balls and set them to dry in the sun or before the fire. —

---

### Cold Cream for chapped hands

Take 2 oz of Spermacete, 2 oz oil of sweet Almonds, a little white wax, when dissolved beat it up with a little rose water

---

### To cure Wiltows

Steep in Distilled Vinegar as hot as you can bear it four or five times a day for <sup>two</sup> <sup>days</sup> successively; then moisten a leaf of tobacco in the vinegar bind it on the part affected, and a cure follows

---

### Cold Cream

Spermaceti 42 oz, White wax 1/2 oz, oil of sweet almond 2 oz when dissolved, beat it up with 2 oz rose water —

Doct. Wares Opinion respecting weak sight

Never bathe the Eyes in quite cold water,  
it flattens the sight. — When the sight is  
weak fill a vial half full of the leaves of  
Rosemary then fill it out with Brandy, set  
it in a warm place a few days; shaking  
it many times during the day. When fit for  
use, with the finger wet the Eye lid under the  
Eye, and the temple every morning & evening.

---

Eye Water.

One quart of spring water; white Copern  
size of a wallnut, one Table spoon full of com  
mon Salt. boil together five minutes

To make a fine Bitter  
Gentian Root one oz. Cochineal 2 Drachms,  
Saffron 1 Do, Cardinums 1/2 oz, Peel of six oranges,  
infuse in a pint of Brandy

---

a Beautiful Green wash  
1 lb blue Vitriol 4 oz Paris White. put  
boiling Water on to the Paris white

---

For a Cold and Cough. Dr Payne  
1 oz Spanish Juice, 1/4 oz Salt Petre, <sup>Resolved in a</sup> pint of  
Hot Water.

---

one grain of Ipecacuanha is an excellent  
remedy for a Cough, taken <sup>at Bed time</sup> in a little warm  
gruel, - & a small peasin drunk after and  
repeated for several nights.

---

Pleasant Pectoral  
3 oz fine Gum Arabee. 3 oz sugar Candy powdered  
together, to which add 1/2 pint of boiling water. keep  
stirring it till dissolved, then add Lemon Juice  
to the taste.



For Water Proofing Cloths. (Jos. Smith)

Take 4<sup>lbs</sup> of common Alum calcine it,  
till it will rub to powder; 2<sup>lbs</sup> of roach Alum in the  
raw state 2<sup>oz</sup> of sugar of Lead; these articles boil  
in a sufficient quantity of water for half an hour,  
let it stand to be rather cooler than new milk warm  
pour it off the sediments, & let there be sufficient to  
thoroughly, make the cloths very wet all over. suppose  
it will take eight or nine gallons, may digest it  
about half an hour, then pull out straight, and  
hang in the open air to dry not come near a fire  
&c. &c. There is a danger of discharging the colour  
by those who are not practised in water proofing  
Cloths

For a Stomach Complaint

2 scruples salt of Steel, one Drachm<sup>ss</sup> extract  
gentian. to be made into 20 pills, one taken  
three times a Day in white cold corn. wine,  
tea

an Excellent Blacking for shoes.

Take 3 oz of line-seed, boil it 10 minutes in  
3 pints of Water, strain it: when <sup>near</sup> cold add to the  
liquor, wory black & treadle each  $\frac{1}{4}$  lb, 1 table  
spoonful of sallow oil, and 2 oz of spirit: of vitriol  
mix it well together. - stir it up always before  
using it. - a small quantity put on the shoe  
answers better then much. - NB. may use  
two oz of gum arabic instead of the vitriol.

Receipt for Blacking. 76 W

Three <sup>12 oz</sup> oz of wory black. two <sup>8 oz</sup> oz of treadle half an oz <sup>2 oz</sup>  
of Oil of vitriol a table spoonful of sweet oil and one  
pint of vinegar. -  
first mix the Oil with the wory black. then add the  
vitriol, & treadle, mix these well together, before the  
vinegar is added. - the shoes when blacked with  
the above must be immediately brushed whilst they are  
bright, the blacking will not have so good a polish, if  
it is dried on the leather before it is brushed.

make 4 times the quantity

For a cold.

the eighth of an oz of salt petre. to be taken  
at bed time with a little wine whey

---

## Eye Water

Take

White Vitriol

Nitre

Allum

} each five grains

Elder flower water four ounces.

Mixed

---

## Eye Water

Take

60 drops of Gaulands Extract of lead, in  
a Pint of soft water, leaving room to add  
one oz of Hungary or Rose water when  
applied add a few drops of Brandy

The application should be made  
every morning & evening, with fine soft  
linen, several times wet, and covering the  
Eyes therewith, for ten minutes or quarter  
of an hour.

For a Cough (Buchan)

---

A Syrup made of, equal parts of Lemon-juice,  
honey, & sugar-candy; a Table spoonful of it may  
be taken at pleasure.

Medicine for the Gout or Pain in the Stomach  
prescribed by an eminent Physician.

Peppermint Water	3 $\frac{1}{2}$ ounces	} mixed
Tincture of Sena	2 $\frac{1}{2}$ ℥	
Compound Spirit of Ammoniac	2 ℥	

Take 2 Table Spoonfuls  
every hour.

---

Antibilious Pills

Aromatic Pile & Pile Ruffe, each one Drachm  
Castile Soap half a Drachm.  
mixed & divided into 30 Pills.

Two to be taken at Dinner, if the Stomach will  
bear it, if not only one.

Jane Kelly

For a Cough

Balsom of Tolu & Spermaceti each 3 drachms  
Mucilage of Gum arabic & sirup of Squills each 1.00  
Powder of Salt Petre 4 Drachms  
Pectoral sirup 4 oz  
Elixir Purgorie 3 Drachms  
Compound spirit of lavender 6 drachms  
The yolk of an Egg.

A Table spoonfull to be taken night  
and morning, or when the cough is troublesome.

For a Stomach complaint. C. Hoyaland

R. Puls: Rad: Achei.  $\mathcal{R}$  1 scruple;

Extract Flor: Chamaem  $\mathcal{R}$  2 scruples;

M $\mathcal{f}$  Pil: xvij equalis e quibus

capiat iij semel vel bis quotidie

A substitute for Harrowgate Water

Dissolve six Drachms of Rochelle Salt, in a Pint of  
Laws whey, to be taken in a morning, at two Draughts,  
and continue three times a week if it be found to  
agree,

This may be had recourse to instead of Harrowgate Water.

For a Stomach - Complaint:

R Mag. Alba ℥ij  
Mm: g Arab: ℥ij  
aq: Cinnam sp: ℥ij  
aq: Fontana ℥ij. - f. Mistura cujus  
Sumat Coch. j. ter vel quartò indie.

For a Stomach complaint

Take of Grains of Paradise, Sweet Gensen  
finely powdered each half an ounce, to w<sup>ch</sup> add  
quarter of an ounce of the lesser Cardamums in  
the husks, mix them up together w<sup>th</sup> a simple  
sgroup, & make them into Pills of w<sup>ch</sup> take  
2, or 3, when the pain returns.

## Cholic Water -

One  $\text{oz}$ : Rhubarb sliced - one  $\text{lb}$ . Cardemum seeds  
split. steep them in a Pint half of double distilled annise  
seed Water; & take one Spoonful in Wine or Brandy  
and Water. when the Pain is violent a larger quantity  
may be taken.

*Dr* Ratcliffe's Receipt for the Gout or Cholics  
in the Stomach.

Raisins chopped half a Pound. Rhubarb sliced them  
2  $\text{oz}$ : Senna half an  $\text{oz}$ : Coriander seed one eighth of an  
 $\text{oz}$ : Clove beat  $\frac{1}{4}$   $\text{oz}$ : Saffron one eighth of an  $\text{oz}$ :  
Fennel seed. one eighth of an  $\text{oz}$ : Liquorice sliced one eighth  
of an  $\text{oz}$ : Infuse them in 2 quarts of best French Brandy  
let it stand ten days, sometimes stirring it, then strain  
it off: - afterwards, after put one quart of the same sort  
of Brandy, let it remain a month or six weeks, frequ-  
ly stirring it, and it will be as good as at the first.

## Shining Varnish

Take Black or Amber, <sup>Resin</sup> Gum Juniper, each  
one ounce. Shell lac ~~each~~ 1 oz. Spirits  
of Wine highly rectified one Quart.

---

To Stain wood a Mahogany Colour  
Choose Elm or Plain Tree that is beautifully veined, & stain  
once very well with Aqua fortis undiluted. In three or four  
days after apply the following Tincture, repeating it three  
successive days. - Take of dragons blood four drachms, of  
alkanet root two Drachms, of Barbadoes aloes one Drachm  
reduce these ingredients to Powder, which are to be digested  
in twelve ounces of rectified spirits of wine about five or  
six days, shaking the Bottle now & then: a week after  
the last application of the Tincture, the wood is to be well  
polished with fine sand paper, and then thoroughly drench-  
ed with cold drawn Linseed oil: When the oil is  
perfectly dried go over the Furniture every two or three days with a  
linen cloth wet with the same sort of oil, rubbing the wood  
immediately afterwards with a dry linen cloth.

No. 13. No woollen cloths are to be used in this process.



To cure a scarlet Fever, Dr Thornton  
25 Drops of Tincture of Foxglove, given every three Hours  
Day and Night

---

Embrocation for a Sprain  
Laudanum & Camphire each 2 Drachms, mixed  
with a quarter of a Pint of Hungary Water.

---

For a Horses Cold or Cough -  
Take 2 oz. of Bayberry bruised, to which add  $\frac{1}{10}$ <sup>lb</sup>  
of fresh Butter not salted, and a Slice of new Bread, this  
make into Balls for one Dose.

---

To relieve a Broken winded Horse  
Take 2 new laid Eggs, put them unbroken  
into a Pint of good Vinegar, when dissolved,  
give it to the Horse in a morning fasting.  
repeat this Dose three mornings successively.

## A radical cure for the Grease in Horses

R. 3 pints of Beef Urine. 1 pint of Honey. 4 Oz: of flour  
of Brimstone. — put them into a Pan and stir them  
about upon the Fire about an hour till its grows  
thickish (being) lessened about one third). — Bleed  
the Horse plentifully two days before you give him  
the medicine, and take care that his body be well  
opened, by Mashes of Bran &c. then give him one  
third at a time three mornings successively,  
being warmed & made thin; give him mode-  
rate exercise, & keep him from cold, let him  
fast two hours after.

## If the Heels are broke

R. half a Pound of Honey <sup>1 lb</sup> Hogs Lard <sup>1 lb</sup> clean allom. beat  
very fine, put the Hogs Lard & Honey upon the Fire, when  
melted put in the allom, & stir all together till they are  
well mixed. — Slip the Hair close off, and wash  
the place well with sweet soap Suds. — Spread the  
Ointment upon a little Taw, lay a piece of Calfs Bladder  
over it. — and over all, draw on an old Stocking, & tie it on  
with a lute. — Probation.

Puddings	page 17	page
to cook. Hares & rabbits	Lambs head &c	13
Gibbet pie, Rotted Beef		15
Veal, Brown, Washed mutton, calf head wash, pepper		16, 17
Excellent sauce, shoulder of veal, Browning for gravies		18
Pickle for wood. meat &c. ratifée		19
Soup		20

Cheese cakes. Black caps		27
Popsot, Barley milk, barley gruel, curds		28, 29
Humming, Illibubs, Popsots, Cheese cakes		30 31

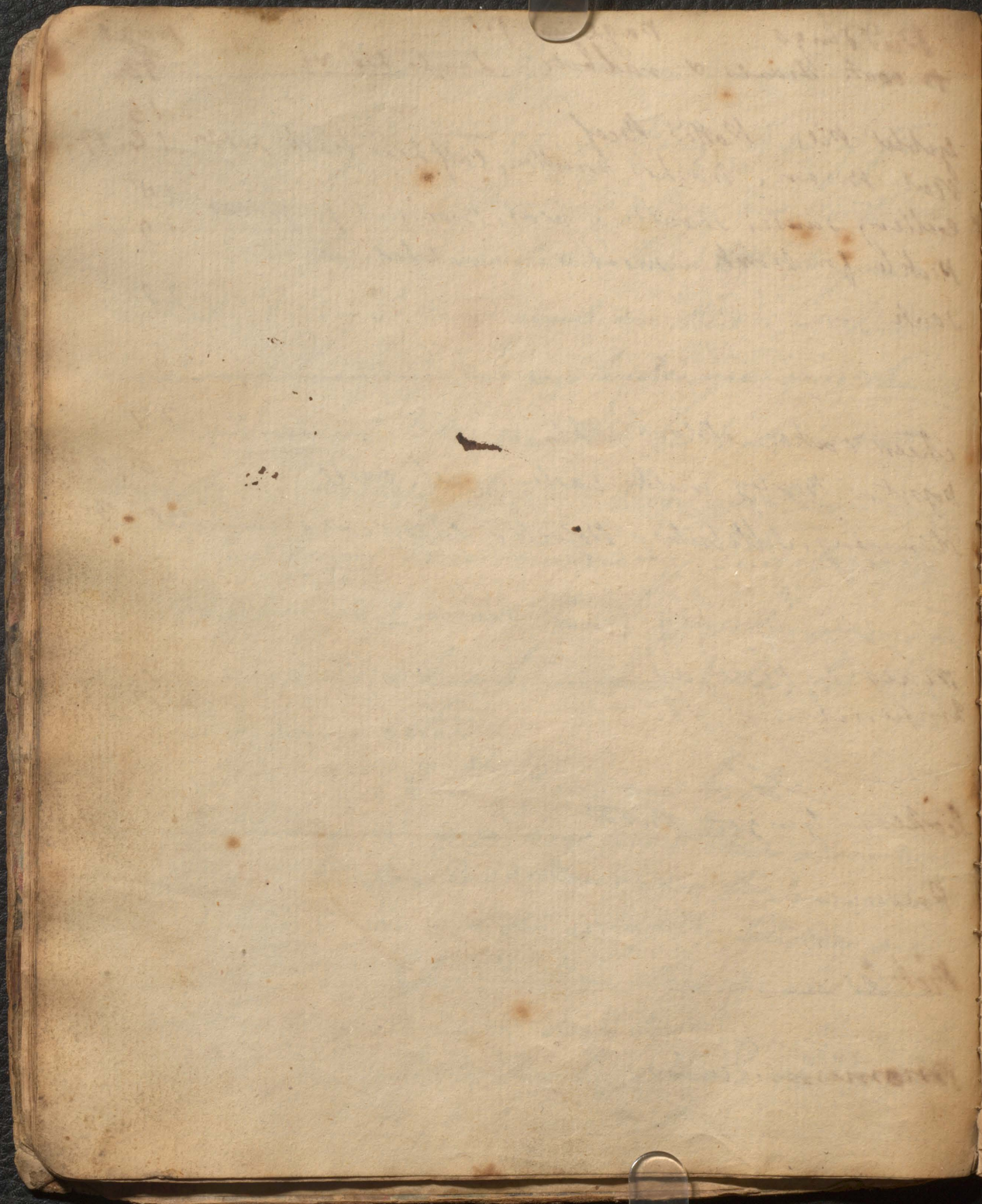
Wines, - Vinegar.		47
Imperial		48

Cakes, Ginger Bread.		52
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Preserves		42
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Pickles		66
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Promerandus		64 & 65
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TABLES IN ARITHMETIC

1	2	3	4	5	6	7	8	9	10
1	2	3	4	5	6	7	8	9	10
11	12	13	14	15	16	17	18	19	20
21	22	23	24	25	26	27	28	29	30
31	32	33	34	35	36	37	38	39	40
41	42	43	44	45	46	47	48	49	50
51	52	53	54	55	56	57	58	59	60
61	62	63	64	65	66	67	68	69	70
71	72	73	74	75	76	77	78	79	80
81	82	83	84	85	86	87	88	89	90
91	92	93	94	95	96	97	98	99	100

101	102	103	104	105	106	107	108	109	110
101	102	103	104	105	106	107	108	109	110
111	112	113	114	115	116	117	118	119	120
121	122	123	124	125	126	127	128	129	130
131	132	133	134	135	136	137	138	139	140
141	142	143	144	145	146	147	148	149	150
151	152	153	154	155	156	157	158	159	160
161	162	163	164	165	166	167	168	169	170
171	172	173	174	175	176	177	178	179	180
181	182	183	184	185	186	187	188	189	190
191	192	193	194	195	196	197	198	199	200

# TABLES IN ARITHMETIC,

## Numeration Table.

Hundreds of Millions.	Tens of Millions.	Millions.	Hundreds of Thousand.	Tens of Thousands.	Thousands.	Hundreds.	Tens.	Units.
9	8	7	6	5	4	3	2	1
9	8	7	6	5	4	3	2	
9	8	7	6	5	4	3		
9	8	7	6	5	4			
9	8	7	6	5				
9	8	7						
9	8							
9								

## PENCE TABLE.

Pence.	s.	d.	Pence.	Shil.
20	—	1	8	12 is
30	—	2	6	— 2
40	—	3	4	36 — 3
50	—	4	2	48 — 4
60	—	5	0	60 — 5
70	—	5	10	72 — 6
80	—	6	8	84 — 7
90	—	7	6	96 — 8
100	—	8	4	108 — 9
110	—	9	2	120 — 10
120	—	10	0	132 — 11
130	—	10	10	144 — 12

4 Farthings make 1 Penny  
 12 Pence 1 Shilling.  
 20 Shillings 1 Pound.

## COINS.

	Value.		Weight.	
	£.	s. d.	oz.	dwt. gr.
5 Moidores	is	6 15 0	1	14 15
Half ditto		3 7 6		17 7½
3 <i>ℓ</i> . 12 <i>s</i> .		3 12 0		18 12
Half ditto		1 16 0		9 6
A Moidore		1 7 0		6 22
Half ditto		0 13 6		3 11
A Guinea		1 1 0		5 9
Half ditto		0 10 6		2 16½
Eighteen Shil.		0 18 0		4 15
Half ditto		0 9 0		2 7½
A Pistole		0 17 0		4 8
Half ditto		0 8 6		2 4
A Mark		0 13 4		
An Angel		0 10 0		
A Noble		0 6 8		

NOTE. Each Gram of Gold is 2d. and each Penny Weight is 4*s*.

## TROY Weight.

24 Grains make 1 Penny-weight  
 20 Penny-weights 1 Ounce.  
 12 Ounces 1 Pound.  
 By this Weight Jewels, Gold, Silver, Amber, &c. are weighed,  
 14 Ounces, 12 Penny-weights,  
 and 15½ Grains Troy, are equal  
 to a Pound Avoirdupoise.

## APOTHECARIES Weight.

20 Grains make 1 Scruple.  
 3 Scruples 1 Dram.  
 8 Drams 1 Ounce.  
 12 Ounces 1 Pound.  
 Apothecaries compound their Medicines by this Weight; but buy and sell by Avoirdupoise.

## AVOIRDUPOISE.

16 Drams make 1 Ounce.  
 16 Ounces 1 Pound.  
 28 Pounds 1 Quarter of a Hund.  
 4 Qrs. or 112 lb. 1 Hund. Wt.  
 20 Hundreds 1 Ton.  
 Butter, Cheese, Flesh, Grocery Wares, and all Goods that have Waste, are weighed by this.

## WOOL Weight.

7 Pounds make 1 Clove.  
 2 Cloves 1 Stone.  
 2 Stone 1 Todd.  
 6½ Todd 2 Wey.  
 2 Weys 1 Sack.  
 12 Sacks 1 Last.

## WINE Measure.

1 lb Troy makes 1 Pint.  
 2 Pints 1 Quart.  
 4 Quarts 1 Gallon.  
 10 Gallons 1 Anchor of Brandy, or Rum.  
 18 Gallons 1 Runlet.  
 31½ Gallons 1 Barrel.  
 42 Gallons 1 Tierce.  
 63 Gallons 1 Hoghead.  
 84 Gallons 1 Puncheon.  
 1½ Tierce 1 Hoghead.  
 2 Hogheads 1 Pipe or Butt.  
 2 Pipes or 4 Hogheads 1 Tun

By this Measure, Wines, Brandy, Spirits, Mead, Cyder, Perry, and Oil are measured.

## Winchester Ale and Beer Measure.

2 Pints make 1 Quart,  
 4 Quarts 1 Gallon.  
 8 Gallons of Ale 1 Firkin.  
 9 Gallons of Beer 1 ditto.  
 4 Firkins 1 Barrel.  
 3 Barrels or 2 Hhds. 1 Butt.  
 54 Gallons 1 Hd. of Beer.  
 In London this Ale and Beer Measure differs, they compute 8 Gallons to the Firkin of Ale, and 9 Gallons to that of Beer.

## LONG Measure.

3 Barley-corns make 1 Inch.  
 12 Inches 1 Foot.  
 3 Feet 1 Yard.  
 5½ Yards 1 Pole, Rod, or Perch.  
 40 Poles or 220 Yards 1 Furlong.  
 8 Furlongs or 1760 Yards 1 Mile.  
 3 Miles 1 League.  
 69½ Miles 1 Degree.  
 360 Degrees are the Circumference of the Globe.

\* This treats of Length only.

## HAY.

A Load contains 36 Trusses.  
 A Truss weighs 56 Pound.

# FOR THE USE OF SCHOOLS.

## LAND Measure.

9 Square Feet make 1 Yard.  
 $5\frac{1}{2}$  Yards, 1 Perch, Rood, or Pole  
 40 Poles, 1 Rood,  
 4 Roods, 1 Acre.

## CLOTH Measure.

$2\frac{1}{2}$  Inches make 1 Nail,  
 4 Nails 1 Quarter of a Yard,  
 4 Quarters 1 Yard,  
 5 Quarters 1 Ell English,  
 3 Quarters 1 Ell Flemish,  
 6 Quarters 1 Ell French.  
*Scotch and Irish Linens bought and sold by the Yard English; but all Dutch Linens are bought by the Ell Flemish, and sold by the Ell English.*

## DRY Measure.

2 Pints make 1 Quart,  
 2 Quarts 1 Pottle,  
 2 Pottles 1 Gallon,  
 2 Gallons 1 Peck,  
 4 Pecks 1 Bushel,  
 8 Bushels 1 Quarter,  
 4 Quarters 1 Wey or Chaldron,  
 4 Bushels 1 Coomb,  
 10 Coombs 1 Wey,  
 2 Weys 1 Last of Corn.  
*By this Measure, Salt, Lead, Ore, Oysters, Corn, and other dry Goods are measured.*  
*Note. 5 Pecks is 1 Bushel, Water Measure.*

## TIME.

60 Seconds make 1 Minute.  
 60 Minutes 1 Hour.  
 24 Hours 1 Day.  
 7 Days 1 Week,  
 4 Weeks 1 Month,  
 13 Months 1 Year, 6 Hours, or  
 365 Days 6 Hours 1 Julian Year.  
 365 Days, 5 Hours, 40 Min 57 Sec.  
 39 Thirds, make a Solar Year.

## BREAD lb. oz. dr.

A Peck Loaf weighs 17 6 1  
 A Half Peck -- 8 11 0  
 A Quartern -- 4 5 8

## COAL Measure.

4 Pecks make 1 Bushel,  
 3 Bushels 1 Sack,  
 9 Bushels 1 Vat,  
 36 Bushels or 12 Sacks 1 Chaldr.  
 21 Chaldrion 1 Score.

## MULTIPLICATION TABLE.

	twice	4 times	8 times
2 is	4	8	16
3 is	6	12	24
4 is	8	16	32
5 is	10	20	40
6 is	12	24	48
7 is	14	28	56
8 is	16	32	64
9 is	18	36	72
10 is	20	40	80
11 is	22	44	88
12 is	24	48	96
	3 times	5 times	7 times
3 is	9	15	21
4 is	12	20	28
5 is	15	25	35
6 is	18	30	42
7 is	21	35	49
8 is	24	40	56
9 is	27	45	63
10 is	30	50	70
11 is	33	55	77
12 is	36	60	84
	10 times	11 times	12 times
10 is	100	110	120
11 is	110	121	132
12 is	120	132	144
	12 times	13 times	14 times
12 is	144	156	168

## CUBIC or SOLID Measure.

1728 Cubic Inches make 1 Foot.  
 27 Cubic Feet 1 Cubic Yard.  
*This comprehends Length, Breadth and Thickness.*

## Square or Superficial Measure.

144 Square Inches 1 Square Foot.  
 9 Square Feet 1 Square Yard.  
 $30\frac{1}{4}$  Square Yards 1 Square Pole.  
 40 Square Poles 1 Square Rood.  
 4 Square Roods 1 Square Acre.  
 640 Square Acres 1 Square Mile.  
*This includes Length & Breadth.*

## PRACTICE TABLE.

Aliquot Parts of a Pound	Parts of a Pound in Pence.
<i>s. d.</i>	<i>d.</i>
10 0 is the Half	8 is 1 30th
6 8 -- Third.	6 -- 1 40th
5 0 -- Fourth.	4 -- 1 60th
4 0 -- Fifth.	3 -- 1 80th
3 4 -- Sixth.	2 -- 1 120th
2 6 -- Eighth	
2 0 -- Tenth	
1 8 -- Twelfth.	

## The Tenths of a Pound.

Aliquot Parts of a Shilling.	<i>s.</i>
6d. is the Half.	2 is 1-10th
4 --- Third.	4 -- 2-10ths
3 --- Fourth.	6 -- 3-10ths
2 --- Sixth.	8 -- 4-10ths
$1\frac{1}{2}$ --- Eighth.	12 -- 6-10ths
$\frac{1}{2}$ --- Sixteenth	14 -- 7-10ths
	16 -- 8-10ths
	18 -- 9-10ths

## Of a Ton.

cwt	lb.
2 is	1 10th
$2\frac{1}{2}$ --	1-8th
4 --	1-5th
5 --	1-4th
10 --	1-half

## Of a Hundred.

qr.	lb.
1 or 28 is	1-4th
2 or 56 --	1-2th
16 --	1-7th
14 --	1-8th

## Of a Quarter of a lb. Hundred.

lb.	Hundred.
$3\frac{1}{2}$ is	1-8th
4 --	1-7th
7 --	1-4th
14 --	1-half.

DONCASTER, Printed and Sold by D. BOYS.





## A Trembling Pudding

1

Three galls of milk with two or three laurel leaves  
boiled in, three small spoonfuls of flour, let it  
cool a little, then put in four eggs well beat,  
a little sugar & rose water, and a spoonful of  
Brandy. boil it ~~forty minutes~~ one hour

---

## Duke of Cumberland's Pudding S. Fell

Flour, grated Apples, Currants, Shipt suet, sugar, of each  
6 ounces, 6 eggs, a little nutmeg & salt boil it ~~forty~~  
two hours, for sauce melted butter & sugar.

---

## A good common Suet Pudding

Take two eggs & beat them well, put to them a  
little milk & mix your Pudding with suet & Flour  
till it be the thickness of frothless batter, you may  
put in a few Currants if you please, a little Lemon  
peel is a great improvement. - Cook it two hours

## A Ground Rice Pudding

Take a quarter of a lb of ground rice half creel it in a pint of milk, when it is cold put to it three eggs well beat,  $\frac{1}{2}$  a gill of cream, a little lemon ped shred fine, a little nutmeg, a quarter of a lb of Butter & a quarter of lb of sugar, mix them well all together put them into your dish with a little salt, & bake it with a paste round the dish edge - may prick in a candid lemon or citron if you please.

## A Hunting Pudding

Take all of fine flour, all of Beef sweet shred fine, three quarters of a lb of currants, five eggs, a little lemon ped shred fine, a little nutmeg, a gill of cream, a little salt, about two spoonfulls of sugar & a little brandy. mix all well together & tie it up tight in a cloth. It will take two hours boiling.

## To make German Puffs.

Take a pint of cream or good milk. 2 oz of sweet & one of bitter almonds. 2 oz of sugar 2 oz of Butter 2 spoonfulls of flour 6 eggs a little rose water

& a little Brandy, thicken it over the fire. <sup>3</sup>  
before you fill the cups which must be well  
buttered half an hour will bake them. turn  
them out upon a dish. & send them up hot.

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### Pease pudding

to a pint of Pease in a pudding add 2 lb of  
Potatoes well boiled & mashed.

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### & Cumberland Pudding

Make a pint of milk into thick hasty  
pudding, pour it whilst hot upon 2 oz of Seed  
Just chopped small. three eggs, a little sugar,  
powdered ginger, & a little nutmeg, and a spoonful  
of Brandy. butter the dish well and bake it an  
hour. you may add some currants if you please.

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### Sippet Pudding

Take an old white loaf cut of the crust. then cut it  
in thin slices. Buttered (as for bread & butter) & a little  
suet or marrow chopped fine. nutmeg, mace, & lemon peel  
a little of each. and some currants. - throw the suet on the  
bottom of the dish, then a layer of Bread & Butter then the

Seasoning then some currants, & a layer of sack. & Bread &  
Butter & so on till your Dish is full.  $\frac{1}{2}$  lb of currants  
is sufficient for a penny loaf, likewise three eggs & a  
pint of milk. mix your eggs & milk together put in  
a little salt. pour it over your pudding. let it stand  
 $\frac{1}{2}$  hour before you put it into the oven.  
an hour will bake it.

To make a nice Pudding for a Sick Person  
One egg well beat, one tea-spoonful of  
Flour mixt with the egg and a little milk.  
butter a tea-cup & put it in, and fill it up  
with milk. to which add a little salt.  
boil it half an hour. with a cloth tied  
over the cup. To thicken the milk & flour over the  
fire is a great improvement. before the egg is put to it

### Carrot Pudding

half a lb bread crumbs.  $\frac{1}{2}$  lb butter melted,  $\frac{1}{2}$  lb carrots  
grated 4 eggs  $\frac{1}{4}$  lb sugar, a little lemon peel cut fine, or  
canded lemon. a little cinnamon water. brandy or Rum  
mixt them all well together and bake it in a  
moderate oven.

Brown Bread pudding

5

Take  $\frac{1}{2}$  lb of bread grated,  $\frac{1}{2}$  lb suet chopped fine  
or mutton,  $\frac{1}{2}$  lb currants,  $\frac{1}{2}$  lb sugar, a little nutmeg,  
four eggs, two spoonsful of brandy or Rum, mix it  
well together and tie it up very tight in a cloth  
and boil it, 2 hours and half. — may add some  
select meats if you chuse. a glass of Sweet  
wine is an improvement

Ackworth's Pudding

1 lb~~x~~ of Flour,  $\frac{1}{4}$  lb Currants,  $\frac{1}{4}$  lb Suet, 2 oz  
Sugar, a spoonful of Warm, and a little salt  
made into a paste with a pint of Water, in  
which put <sup>a little short of</sup> ~~2~~ <sup>a large</sup> spoonful of treacle. — tie it  
up, and let it stand all night. Boil it three  
or four hours

Transparent Pudding

$\frac{1}{4}$  lb Sugar,  $\frac{1}{4}$  lb Butter, two eggs, to be beaten  
exceeding well together, and just boiled, add to  
it a little juice & rind of a Lemon. — make a  
rich puff paste and line a shallow dish with  
it, put in your pudding, and bake it in a  
batter hot oven.

6

## To make Fritters

put one pint of boiling milk ~~to~~ the crumb  
of a penny loaf; mix it very smooth  
when cold put in three eggs, sugar to your  
taste, & fry them with very little butter

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## To Make a Mallock Pudding

Put a quart of new milk on to the crumb  
of a penny loaf, let it stand a while, then  
add four eggs, a little nutmeg, lemon peel,  
sugar & a small piece of butter, it will require  
about half or three quarters of a hour to bake it.

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## Baked Apple Pudding

Par and core 6 large apples, bake them till they  
are quite soft, then crush them, and add 2 oz.  
of butter, the crumb of a penny loaf, a little  
lemon peel, and sugar to your taste when  
nearly cold add 3 eggs well beaten. The  
dish to be edged with paste & hour will  
bake it - Mary Cropper -

### Cheape Pudding

two pound. of Potatoes boiled and mashed  
 add a pound of flour, a little sweet shred  
 fine or an oz of butter with a little salt.  
 knead together without any moisture &  
 boil it an hour and half or two hours.  
 it resembles a plain boild Pudding.

### a boild loaf

Steep a loaf all night in <sup>water</sup> milk  
 tie it in a cloth & boild, it will  
 take from  $\frac{1}{2}$  to  $\frac{3}{4}$  of an hour to boild  
 turn it out whole & pour wine sauce  
 over, or it may be eat with cold  
 butter & salt

### vermicelli Pudding

$\frac{1}{4}$  lb of vermicelli 1 pint of new milk  
 boild till tender. add  $\frac{1}{4}$  lb of butter & egg  
 sugar to the taste & powdered or shred  
 lemon peel, bake it in a crust

wine sauce for puddings.  
 milk made <sup>at</sup> proper thickness with flour  
 & a little butter, add sugar & wine & a little nutmeg.

## Macaroni

Boil  $\frac{1}{2}$  lb of Macaroni in a pint  
 & half of new milk till tender  
 add a lump of butter & some grated  
 cheese an egg is an improvement  
 mix all up together & put into a flat  
 dish cover as thick as you please  
 with grated cheese put in the  
 oven a while & then brown it over  
 The whole rice prepared in the  
 same way is very good

## Plumb pudding

Take 1 lb sweet shread fine 6 Eggs well beat, 1 lb  
 Raisins, 4 lb Currants, 1 lb brown bread grated, 2 table  
 Spoon full of flour, a glass of sweet wine 6 oz sugar  
 mix all well together & boil it four hours

## Cherry pudding.

make a <sup>stiff</sup> batter with bread steeped in milk  
 & a large spoonfull of flour. 2 Eggs & a little  
 salt. put a quantity of cherries in the batter  
 tie close in a bag & boil it an hour & half  
 either cut it in slices or send it up whole (which looks better)



Supper Pudding a second way I  
spread sweetmeats over thin slices of bread,  
put two together, and the preserves between.  
mix a pint of milk with 2 eggs a little  
nutmeg and sugar and pour it over the  
bread let it stand an hour before setting it  
in the oven - soon after setting it in the oven  
the bread should be gently put down, that the  
milk may cook it.

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### Baked Pudding

Pour a pint of boiling <sup>milk</sup> on the crumbs of a penny  
loaf stir it well, and add six spoonful of flour  
four spoonful of sweet chopped fine half a lb of raisins  
three eggs a little nutmeg & salt, beat all well  
together, butter a dish & bake ~~it~~ an hour -

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### Plain boiled Pudding.

Break three eggs & beat them well then mix  
as much flour as they will take; a pint of  
boiling milk which add by degrees, boils hard

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### Bread Pudding

five oz bread crumbs three quarters pint of milk  
let it stand 20 minutes, add two eggs  
& a little nutmeg three eggs stir all well  
together, boil one hour.

## Vermicelle Pudding

Boil a pint of milk with lemon peel & cinnamon, add a 1/4 lb vermicelle boil ten minutes, four eggs sugar to the taste mix together and boil 1 hour & 1/4, or bake 1/2 an hour.

## Light Pudding

2oz lump sugar 2oz butter 2oz flour 1/2 pint milk three eggs, bake in large tea cups, just 1/2 full, 1/2 an hour <sup>then</sup> bake.

## A plain Plum Pudding.

1 lb of Flour	} The potatoes and carrots should be boiled & put thro' a sieve before mixed with other things - boil it 3 or 4 hours - The pudding will keep for 2 or 3 months.
1 - of Potatoes	
1 - Currants	
1/2 - Carrots.	
1/2 - Suet	
1/2 - Sugar	

A plain plum or carrot pudding <sup>11</sup> —

1 lb. of Flour      ½ lb. of carrots  
1 lb. of Potatoes    ½ lb. of licet  
1 lb. of currants    ½ lb. of Sugar —

The potatoes and carrots should be previously boiled and put through a sieve light mealy potatoes should be used. The pudding requires 4 or 5 hours boiling and when boiled will keep 3 or 4 weeks —



## To Roast a Hare

When you have washed your Hare nick the legs thro' the joints, & skewer them on both sides. when you have skewered her, put the pudding in <sup>her</sup> belly, baste her with nothing but butter. put a little water in the dipping

pan, you must not baste it with the water at all. When the Hare is enough take the gravy out of the dipping pan & add a little more made of ~~made~~ the scrag end of a neck of mutton & a little dried liver or any thing you may happen to have. thicken it up with a little flour & butter.

## To make the Pudding for the Hare

Take the liver a little beef suet, sweet marjoram & Parsley shred small, with bread crumbs & two eggs. Season it with nutmeg, pepper & salt, mix all together, & put it into the Hare, N.B. you must not boil the liver

## To Jug a Hare

Take a Hare case it, do not wash it, cut it in pieces, season it with nutmeg pepper & salt, & one Lemon peel shred fine, put it into a jug with a  $\frac{1}{4}$  of lb of butter & a little water. let the jug boil in a pan of water of three hours. when enough <sup>take the gravy out and</sup> thicken it <sup>at</sup> ~~the~~ <sup>gravy</sup>

with a little flour & butter, & put into it a glass of red port, when it has cooled a little, put the same on a deep dish & pour the gravy upon it

### To Roast Rabbits

Take a couple of Rabbits, eare & skewer them side by side, take all the fat out of them, boil the liver chop it small & put it into melted butter with <sup>a little</sup> ~~the~~ gravy that is in the dripping pan, put a pudding in their belly made the same as for roast Hare only leave out the liver, serve them up with Parsley & butter in a boat. —

How to Dress a Lambs Head and a puerterance  
Clean the head well, & take out the brains, boil them in a cloth with sage & parsley, boil the heart liver & lights with the head about an hour, then take them out & shred them small, when the head is enough which will require an hour & quarter boiling, take out the brains, chop them small & mix them with melted butter, put the puerterance on a dish & lay the head upon it & pour the brains ~~over~~ over it.

To make a Giblet pie & blood Pudding 15  
Boil the giblets till the gizzard be soft. season  
them with pepper & salt before you put them into  
the pie - let your goose bleed onto a small peacock  
full of groats - pour some hot milk or some  
crumbs of bread, let it stand a little, then mix  
it with the blood, season it with pepper & salt  
winter savory & thyme, put some suet into it  
& bake it on a dish that has been well greased

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To make Poted Beef  
Take 4 lb of Beef rub it with salt & pepper, let  
it lie a few days, send it to the oven with as  
much water as will just cover it, season it with  
pepper & salt, let it stand all night  
in the oven. then take out all the bits  
of fat & skins, & chop it all, then wash it with  
the end of a waste pin, put as much of the  
gravy to it as will make it of a proper thick-  
ness. put in mace to your taste, & put it down  
in pots & cover it with clarified Butter.

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16 To make a Dish of Veal Brown

Take Veal from the Leg or any other Part, cut it in pieces, about 2 inches thick. Do them all over with the yolks of eggs well beat, then strew <sup>upon</sup> them grated bread, mixt with chopped Parsley a little salt, & nutmeg & more if you please, with any other sweet herbs. send them to the oven in an earthen dish, with a little butter upon & a little water under them, when they are brown enough, take the gravy from them, strain it, & add to it more in which mords have been boiled, make it a proper thick ness - & Dish up your veal with it & the mords. - E. Lawson

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Washed Mutton

Cut the meat from the bone, & break the bone well, boil it in a little water for the gravy, chop an onion small a spoonfull of catchup salt to your taste, thicken it with flour & butter, let it boil, then put in your meat & let it simmer very slowly till be hot through then pour it ~~on~~ a thin suppet. -

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A calf's head Wash

17

Boil the head, slice it thin, season it with mace  
nutmeg & a little salt. Lemon ped shred fine, and  
an onion stuck with cloves. put some strong broth  
to it, and a little white wine, and the juice of a  
Lemon. thicken it up with butter rolled in  
flour. - tie the brains up in a cloth, give them  
a scald - take them & an egg & a spoonfull of flour  
an spoonful of bread crumbs 2 spoonfulls of thick  
cream a good bit of salt & a little parsley &  
sage shred fine, mix them well together. Take  
a little roast dripping let it be boiling hot  
and drop them in as you do fritters fry them  
brown. tie them upon your wash, with corners  
of paper made into balls and fried. and slices  
of Bacon Espils

Kitchen pepper

one ounce of ginger. pepper, mace, nutmeg,  
cloves each  $\frac{1}{2}$  an ounce. 6 ounces of salt. mix them  
well together & keep them dry. - it is a great improve-  
ment to brown gravies. -

## Cellery Sauce

Wash & clean 10 heads Cellery. cut of the green tops, and the outside stalks. cut them in bits, and boil them in gravy till it be tender. & thicken it with flour & Butter

## To Dress a Shoulder of Veal

Shred small a good deal of Sage and Parsley with a bit of Butter. put it into the flap and roast it. eat currants to it, & it eats like Pig. — N. B. roast it in a Dutch oven put some butter or dripping upon and some Water under it. thicken the gravy with a little butter roll'd in flour

## Browning for gravys

boil the coarsest brown sugar you can with a little water till it be a pretty thick sirup

## to make Natifce

save the stones of all kind of stone fruit. crack them & take out the kernels. crush them & put them into brandy

19

Captain Mackartny receipt for Pickling Pork &  
keeping meat good in the hottest climates.

Take 4 Gallons of Water to which add 1 lb and  
 $\frac{1}{2}$  of moist sugar, 2 oz of Salt Petre, and 6 lb of  
common salt. when it boils be careful to skim  
it well & let it boil till no more steam will  
arise, when it is cold put it on to your meat,  
which must be quite covered. Beef that has  
been kept ten weeks has been as good as if it  
had not been salted three days. - if you intend  
to preserve the meat a considerable time, it  
will be necessary once in two months to  
boil the pickle over again, skimming of all  
that rises & putting in 2 oz of sugar and  $\frac{1}{2}$  a lb of  
salt. - This Pickle is incomparable to cure  
Horns, Tongues or Beef you intend to dry. - observe  
to dry them well, and put them in Paper Bags, &  
hang them up in a dry warm place. -  
N.B. the meat that is intended to be hung, should be  
well rubbed with salt before putting into the pickle  
& lie 5 or 6 weeks in it. - The meat that is intended  
to be used soon need only be put in the pickle, leaving out the salt  
Petre

To make one gallon of soup

Four oz of Barley boiled in six quarts of water till reduced to four. in which boil turneps, Carrots, onions, potatoes and pot herbs. Thicken it with 2 oz of flour, pepper & salt to your taste. then add two or three oz of beef or mutton dripping or suet.

Mutton all a Blaze

Cut your mutton into stakes. — chop a few onions and when they are boiled pretty soft in a little water, put in your mutton with pepper and salt and a little <sup>pickled</sup> wall nut. cover it close up and let it remain on the fire about 20 minutes. —

Improvement to a roast Goose

When the Goose is taken from the fire, have ready  $\frac{1}{2}$  a teacupful of red hot with a small teacupful of made mustard, & a little chyan pepper boiling hot. Wet the apron and pour it on just before sending it to table.

## Italian Pease Soup

21

The hearts of six Cabbage Lettuces, 6 large Cucumbers pared & cut the long way in quarters. a pint of young green pease, a little onion, some pepper and salt, a quarter of a pound Butter, put all together in a stew pan closely covered on a very slow fire, to stew ~~gently~~ gently for an hour and  $\frac{1}{2}$  or two hours till tender. - Boil a pint of older peas till tender in three pints of water, and pass them through a sieve in the water they were boiled in. - mix it with the stewed things. beat it all together & when heating, put in a sprig of mint, but do not leave it in, as it will make the soup look black. if you think the soup too thick add a little boiling water while it is heating. -

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one pound of Salt and one oz of salt petre is a sufficient quantity to put on to a stone of Bacon, or ham, to cure it.

## To make Browning

Take a teaspoonful of raw Sugar put it in a saucer, set it in the oven till it boils candy height, or a deep brown, put to it a little gravy, or warm water, and a little pepper and Salt.

## To warm up cold Fish.

Pick the fish clean from the bones, to one lb of fish, put  $\frac{1}{2}$  a pint of cream, a spoonfull of anchovy liquor, a spoonfull of Catfish, pepper and salt to your taste, when it is near hot put to it a little flour and butter, make it quite hot, pour it into a dish, cover it with crumbs of bread, moisten them with butter, brown them a little, <sup>before</sup> send <sup>it</sup> to table

## To Pickle Cockles

23

Wash them, and put them in a pan over the fire till they will open, put to the liquor some white wine, whole pepper, a little vinegar, and mace. put in the cockles and let them have a scald, put them into a jar. Let your liquor cool, and when cold pour it on them - tie them up close - boil the liquor in a brass pan

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## To use up cold Fish

cut the fish in small pieces, & put it into strong salt & water. let it stand a few hours then put it into mashed potatoes, make them hot, & serve up, with egg sauce in a boat.

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## To Scollope Mutton or Beef

chop the meat pretty small. add to it pepper & salt & as much water as will make it pretty moist. - cover it with bread crumbs & set it in the oven. the crumbs should be a little brown. - a little butter on the crumbs is an improvement

## Cockle sauce

When the cockles will open, take them out & wash them in the liquor. let it stand to settle, add as much water to it as is wanted and a spoonful of Port wine a little catchup & a little nutmeg make it a proper thickness with flour, put in the cockles & give it a boil.

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## To Tricase Cauliflowers

After breaking them into handsome little pieces, boil them in water till tender. lay them on a dish and pour white sauce over them, made of milk thickened with flour & a very little butter, add a little mace, & salt, with very little pepper. —  
 may do small potatoes the same way.

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## Sponge Cake

Take six eggs beat the yolks half an hour  
and the whites to a froth  $\frac{3}{4}$  lb of sugar pound-  
ed put the sugar to the yolks then add the  
whites also add 6oz of fine flour and beat it well  
It should be put into a moderate oven directly  
it is mixed and bake about an hour -

~~A good common plum cake~~  
To make Light Cakes -

Mix well together with a spoon 5oz of fine flour  
5oz of moist sugar about  $\frac{1}{2}$  a tumbler full of  
Carbonate of Soda. 2oz of Butter & 2 Eggs - Then  
add 6 drops of essence of Lemon & 6 Drops of  
essence of Nutmeg - Bake in a moderate  
oven in small tarts. This makes about  
Two Dozen. -

26

Apple Cheese cakes

$\frac{1}{2}$  lb Apples (prepared as for apple sauce)  $\frac{1}{4}$  lb Butter  
melted sugar to the taste  $\frac{1}{2}$  a lemon rind grated  
and the juice. <sup>three</sup> 4 Eggs ~~leaving out 2 of the whites~~  
if agreeable a little nutmeg may be added  
this quantity makes a dozen

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To Make Lemon Cheese Cakes

27

Blanch  $\frac{1}{4}$  lb of Almonds beat them very fine with  
a little rose water. put in four Eggs well beat  
Take 6 ounces of sugar & 6 ounces of melted Butter  
a Lemon peel grated, mixt them all together & beat  
them very well, & put them into your paste, before  
they are set in the oven grate over them a  
little sugar. bake them in pretty quick oven.

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To make Black Caps

Take some Apples the largest you can get  
cut them in halves, core them, & lay them  
with the flat side down to the Dish. lay them  
single as close as you can. squeeze a Lemon  
to two spoonfull of Orange or Rose Water &  
pour over them shred Lemon peel very fine  
& shake between, & grate sugar all over them,  
put them in a quick oven. half an hour will  
bake them

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## To make a rich Posset

Boil 3 oz of grated bread in a quart of Milk with a stick of cinnamon and some lemon peel shred very fine, thicken it with the yolks of 3 eggs well beat with a little sugar, pour it into a Bason and put in shute wine to your taste, keep stirring it all the time. a few Naples Biscuits thrown in is a great improvement.

## Barley Milk

Take one coffee cup full of scotch Barley, and a quart of Water, set it in the oven till it be quite soft, mix it with milk a proper thickness, a little cream is an improvement, sweeten it to your taste

Barley gruel, a pretty supper dish 29

Of 3 ounces of pearl Barley, make a quart of Barley Water, put to it a  $\frac{1}{4}$  of a lb of Currants, when they have boiled a little, set them to cool, & beat up ~~the~~ two eggs and put into it, with  $\frac{1}{2}$  a pint of wine,  $\frac{1}{2}$  a pint of cream, a little Lemon peel & Sugar to your taste, stir it gently over the fire till it be as thick as cream.

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To make Common Curds

put some new milk into a basin, let it stand about 12 hours, skim it, & put the milk in a Pan with a little water, set it on the fire, take 2 eggs beat them well, mix them with the cream you skim'd of the milk, and when the milk boils put it in, and when it rises put in as much butter milk as will break it dead, you must keep the Pan from boiling by pouring in cold water, when it is sufficiently broke put it in a sieve to drain, — the should not be used till they have stood all night

## Isinglass Humming

Take  $\frac{3}{4}$  of an oz of Isinglass boild it in a pint of water till half be wasted. 2 oz of sweet &  $\frac{1}{2}$  an oz of bitter almonds. half a pint of cream, sugar & cinnamon to your taste. <sup>boild &</sup> Strain it. & keep stirring it till near cold. put it into cups diped in cold Water. —

## To make whipt Sillibubs

Take one quart of cream & boild it. let it stand till it be cold add one pint of white wine & Lemon peel pared thin & steeped in the Wine two hours. to this add the juice of a Lemon & as much sugar as will make it pretty sweet put it into a bason & whip it one way till pretty stiff. — fill your glasses a Day before you use them. — NB. let your cream be full measure & the wine rather less. — they will keep good 2 or 3 days —

a Grated Bread Poffet 31  
three pints of milk, a penny roll grated, a tea  
cup full of made wine, sugar to your taste. boil  
the milk alone & put the crumbs into it  
before it be taken off the fire.

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### Egg Cheese cakes

4 eggs boiled hard and shred fine, 1 raw egg, 4 oz Butter  
4 oz sugar, 4 Do currants, a little nutmeg, mix these  
well together & Bake them in a quick oven,  
this quantity makes nine.

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### excellent Cheese cakes

2 oz millet creid in milk, 3 eggs, a little nutmeg,  
2 or 3 apples roasted, sugar to your taste, beat these  
well together with a little Lemon peel, & bake them  
in a quick oven

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### Curd cheese cakes S. Jarratt

Take eight spoonful of curds, 2 oz Butter the yolkes  
of 4 or 5 eggs, rind of a lemon, 2 oz almonds beat fine,  
a little mace & cinnamon, sugar to your taste, beat  
these together about ten minutes, may add a few  
Currants if you chuse.

## To make Cottage Curds

Pour some boiling water onto new buttermilk lay the curd out to a cloth to drain, mix with it some new milk or cream, and sweeten it to your taste

## Artificial Yeast

Boil potatoes of the mealy sort till they are thoroughly soft, skin and squeeze them through a cullender to prevent any knots, put as much hot water to them as will make them of the consistency of common ale Barm, but not thicker, add to every pound of potatoes when boiled 2 ounces of sugar or treacle and while just warm, stir in two Spoonfull of common Barm, keep it warm till it has done fermenting, and in twenty four hours it is fit for use. — one pound of Potatoes will make a pint & 1/2 of Barm, let your bread stand eight hours to rise, use the same quantity as of common Barm. It will keep three months.



Take one <sup>2<sup>oz</sup></sup> handful of hops and boil them in 2 Quarts of water till one half is boiled away. strain the water from the hops and put 2 table spoons full of salt and half a tea cup full of sugar, or treacle, and then stir in <sup>1 lb</sup> a pint of flour. after this put in one table spoon full of Balm of the last making while the whole is new milk warm. It will be ready for use in 12 hours and will keep 6 months.

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### Galina Curds & whey

take a number of the tough coats that line the <sup>inside of</sup> gizzards of turkeys & fowls and after cleaning them from contained pebbles &c. strew a little salt upon them & hang them up to dry. when intended for use, break a few pieces and pour a few spoonful of boiling water, after standing all night the infusion may be used in the same manner as sunset made from the stomach of beef. —

## Minc'd Pies

~~Take 1/2 lb of Apples~~

Take 1/4 lb of Apples, 1 lb fresh suet chop'd very small  
 1 lb currants, the rind and juise of a Lemon. the rind  
 either cut very small or grated, cinnamon and sugar to  
 your taste. mixt them all well together, and put  
 them in good puff paste. - N. B. it is an improvement  
 to boil the Lemon (after the rind is taken off) till  
 soft, & pound it first taking out the seeds. -

## To make Cream Curds

Take 2 quarts Water. let it boild. have  
 ready 1 quart sweet-cream, five eggs well  
 beat & strained, mixt them together and put  
 them into the boiling water. stir them, and  
 let them stand on the fire while the whey  
 be clear. then put them on a sieve to drain

## Cream Cheese

35

Take one Quart of new milk and 1 pint of cream, set it in a warm place untill it is coagulated, then pour the thin from the thick part, put the latter into a Vat lined with a fine cloth, turn it into clean cloths every day, & in a week it will be fit for use.

The vat should be 9 inches long  $4\frac{1}{2}$  wide, &  $2\frac{1}{2}$  deep, with holes round the bottom

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## Cream Cheese

Six pints new milk  $\frac{1}{2}$  pint cream turn it with a very small quantity of rennet. - put it into a vat without a bottom set it upon rushes, let it stand in a warm place till settled, then take the vat off & turn it. - use no cloth or weight. - if it be wanted a little richer may put in more cream. -

## Hummer M IV

To every oz of Isinglass put two quarts of  
New milk & 4 oz butter almonds boil it  
1/2 an hour over a stow fire, sweeten it to  
your taste. strain it, may add a little brandy.

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## Excellent custards

boil  
a pint of new milk, let it stand to cool,  
put to it about the size of a large walnut  
of fresh butter, add four eggs well beat &  
strained. set it over a stow fire keep stirring  
it till it is pretty thick, sweeten it to your  
taste, when cold put in a little brandy,  
may add an oz of almonds beat pretty fine -  
and if a ratafia taste be liked a few bitter  
almonds. -

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For making Emollient Ointment 37

Take  $\frac{1}{4}$  Oz of White Wax 1 Dram of Palm Oil 2 scruples  
of Camphor 1 Tea Spoonful of Olive Oil Melt the Oils  
& wax together over a slow fire cut the camphor  
into small pieces and add it to the rest of the In-  
gredients when melted tie a few small pieces of al-  
kanet wool up in a piece of muslin which must  
remain in the vessel until it has given out a suffi-  
ciently deep colour it will then be fit to pour into  
moulds

A very good bun loaf

1 lb of Flour 2 lb of moist sugar 6 oz of butter  
2 lb of currants 1 lb of ground coriander seeds  
1 grained nutmeg a little ground cinnamon and  
corded lemon  $\frac{1}{4}$  oz of Volatile salts put dry into  
the other ingredients then warm a gill of milk  
pour it into the other ingredients flour and  
put it in a pan or pot and bake immediately  
the butter is rubbed into the flour and one egg

To preserve strawberries.

Take equal weights of fruit and sugar  
lay the former in a large dish and sprinkle  
half the sugar in fine powder over and let  
them stand until next day when add the remain-  
der of the sugar and boil  $\frac{1}{4}$  of an hour then

30 Take out the strawberries into jars and allow  
the syrup to boil a while longer until it is a  
little thickened and pour it upon the fruit.

To make calves foot jelly -

To a quart of calves feet add 1 gallon of water  
let them boil until one half is consumed then  
put it through a sieve when cold strain off  
the fat then set it on the fire till it is dis-  
solved put in a little nutmeg and cinnamon  
the juice of two lemons and the rind of one  
till you think it has given sufficient flavour  
white wine and sugar to your taste the whites  
and shells of six or seven eggs well beat  
and mix them <sup>well</sup> together and set it over  
the fire till it boils up then put it in your  
jelly bag till it runs fine. If you think  
your stock too stiff you may add water.

Arrow root blanchmange

Take two oz of the powder form it into a  
thick paste with cold water in this put 1 1/2  
pints of boiling milk having flavoured it  
with a little lemon juice or rose water  
boil it ten minutes stirring it all the time  
pour it into a mould and leave it until next  
day - was boiled 10 or fifteen minutes not stirred.

Blanc Mange.

39

A pint of new milk and a gill of warm  
with an ounce of isinglass boil it about  $\frac{1}{4}$   
of an hour sugar to a little rose water & lemon.

Restorative Jelly

2 oz of isinglass 2 oz of sugar candy white  
 $\frac{1}{2}$  oz Gum Arabic a nutmeg and a few  
cloves pounded add to these ingredients a  
pint of port wine in a pan of hot water  
till the whole is dissolved.

Take the size of a walnut three times a  
day rolled Sugar bread

$\frac{1}{2}$  lb of bread 1 oz of butter  $\frac{1}{2}$  oz of brown sugar  
2 $\frac{1}{2}$  oz of flour and oatmeal mixed half & half  
graze to your taste bake in a slow oven

High plates Ten cakes

1 $\frac{1}{2}$  lbs of flour  $\frac{3}{4}$  lb of lard butter mixed  
3 pints of milk  $\frac{1}{2}$  lb of yeast a little salt

1 $\frac{1}{2}$  lb of flour 2 pint of bread 1 $\frac{1}{2}$  lb butter

## Apple Jelly

pare, & core 40 apples. put them in a Jug with  
 one quart of water, set it in a pan of water  
 & coddle untill very soft, set them drain thro  
 a Jelly bag, — to every pint of Juice put one lb  
 of sifted loaf sugar. — boyl the Juice  $\frac{1}{2}$  an hour  
 with the rind of a lemon, <sup>before</sup> adding the sugar,  
 then boyl 20 minutes, put in the Juice of the  
 Lemon five minutes before taking it of the fire,  
 skim it well, & put it into moulds, cover with  
 paper. — The rind of the Lemon must be taken  
 out when the Jelly has done boiling. —

To every gallon of Water put two pounds of  
 the very coarsest sugar boyl and skim thoroughly  
 then put one quart of cold water for every gallon  
 of hot when cold put it into a toast spread  
 with yeast then let it stand three weeks then boyl and  
 set in a place where the sun will lie on it  
 with a bit of slate <sup>or paper</sup> on the bung hole. Make in  
 March it will be ready in six months —



Vegetable Lozenges

49

Black Currants to be baked in an oven  
& the juice pressed out, as much sugar  
to be added as will make it palatable  
with salt petre but not so much as to  
make it unpleasant, the whole to be boiled  
untill a stiff conserve, <sup>hour it or a dish</sup> cut into small  
squares, and if not sufficiently stiff, may  
be dried a little in a cool oven.

all makes

Take a  $\frac{1}{4}$  peck apples, do of Pears <sup>pruned</sup>  
& coard,  $\frac{1}{4}$  peck of Plumbs,  $3\frac{1}{2}$  ll. of brown sugar  
put them into the oven till soft, when take  
out to be cooled half an hour, pour it on  
to a dish, & cut it out in what shape you  
choose.

## To preserve Plumbs for Pies

Put a quart of Damsons or any kind of Plumbs into a jar, with half a pound of sugar, tie them well up with a bladder, set them in a pan of cold water, and let them boil twenty minutes, set them in a dry cool place, <sup>& next</sup> ~~without~~ opening them till they are wanted for use.

---

another way,

put a pound of any kind of Plumbs or Cherries into a jar, strew over them six oz of lump sugar pounded, cover with two bladders each separately tied down, set them in a pan of water up to the neck, and let them boil three hours

---

Plumbs boiled as above keeps very well without sugar, the larger the plumbs the better

(This pick'd Strawberrys weighs 4 lb)

To preserve *Magnum Bonum* Plumbs <sup>43</sup>

Take six pounds of Plumbs. prick them with a needle to prevent bursting - simmer them very gently in a thin syrup made of one pound of sugar and a pint of water (for about 15 minutes) put them in a bowl and let them stand three days. - then make a syrup with 2 1/2 lb of sugar, with no more water than what hangs to large lumps of sugar Tipped quickly, boil the Plumbs in this fresh syrup after draining the first from them. boil them gently till they are clear and the syrup adheres to them. put them one by one into small pots and pour the syrup over, put brandy papers over & keep them for use -

N.B. by adding a little moist sugar to the first syrup, & boiling it well, it makes a good common sweetmeat. - may do half the Plumbs at one time if the pan is not large enough to do them all at once <sup>in the thin syrup</sup>

## To preserve Wine Sours

Take the finest Wine Sours; run a pin down the seams skin deep put them in a jar with half their weight of sugar, & set them in a pan of water to stew for about  $\frac{1}{2}$  an hour. the next day pour the syrup from the plumbs and boil it with a little more sugar, let it stand another day, and then give the plumbs a boil; then boil the syrup to a proper thick ness let it stand till near cold and pour it on the plumbs.

---

## To preserve Gooseberries.

Boil a peck of Gooseberries one hour. then <sup>put</sup> ~~next day~~ <sup>next day</sup> ~~put~~ <sup>put</sup> six <sup>or better eight</sup> lb of sugar to them & boil them another hour. keep them for use.

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## To preserve Red Currants

To one quart of pick'd Currants put one lb of finest sugar - boil them exactly 20 minutes, pretty quick.

---

Boil Currant Jelly fifteen minutes.

To Preserve Apricots

45

Before they are quite ripe gather them, stone and peel them. then weigh them & put an equal quantity of sugar beat fine. lay them in a pot with the sugar. let them stand all night, put them in a pan over a stone fire. boil them gently ten minutes, put them gently back into the pot, cover close and let them stand three days. then boil them  $\frac{1}{4}$  of an hour, and put them into pots. take out the broken ones strain the syrup and put the bits into the broken ones, the fine syrup pour over the whole ones, and keep for use.

To preserve Kentish cherries

Weigh the fruit with the stones and stalks and to every twelve pound add four lb sugar. stone the fruit, add the sugar, and boil to a Jam.

46

To make Goosberry Vinegar

217

One quart of ripe goosberries. 1 lb and  $\frac{1}{4}$  of ~~the~~  
~~coarsest~~ coarsest sugar. to every gallon of Water

First put some hot Water to the ~~berries~~ <sup>gooseberries</sup>, and  
let them stand a day or two, strain them out  
and put the sugar to the liquor. Don't heat it,  
put it into a Cask and let it stand in a  
warm place till the summer after.

OUT Barrels hold 8 gallons. one bush goosberries 10 lb Sugar

To make Green Goosberry or Currant Wine. T. Mair

To a gallon of goosberries (not heaped) crushed, put  
a gallon of Water. let it stand 3 Days, stirring  
it up twice a day. then strain it, and to every  
gallon of Liquor ale measure put three lb and  
half of sugar. let it stand in a Tub three  
Days and stir it once a day. then turn it, and  
in five or six weeks rack it off, put <sup>in</sup> some  
Winglass that is dissolved and close it up 3 weeks  
then bottle it.

### Elder Berry Wine

To one gallon of Water, put 2 qts & a 1/2 of picked  
 Berries. Boil them in the Water 1/2 an hour, strain  
 them through a thick sieve & put 3 lb of moist  
 sugar to every gallon of liquor boil & skim it  
 an hour, beat up the whites of a few eggs in  
 a little water, Boil it a few cloves, about  
 ten minutes before you take it off - when it  
 is cold put a little new Barm to it & let  
 it work 4 or 5 days, stirring it once a day,  
 then it & put 2 lb of sun raisins to every five  
 gallons of liquor, and a few cloves with a little  
 Dinglasp, it will be ready to bottle in about  
 three months.

### Imperial

cream of tartar 2 oz, juice & ped of 2 Lemons, 7 quarts  
 of boiling water poured on to them, strain it through  
 a gauze sieve, sweeten it to your taste & bottle it.  
 It will be fit for use the next day.



## Ginger Wine

29

To four gallons of water, put seven pounds of  
Sugar moist Brown Sugar and full 1/2 oz of ginger  
bruised, with 1/2 an oz of Dried orange peel -  
boil these together for an hour, and when cold  
add the juice and peel of six good Lemons, and  
two pounds of Raisins, put into the cask a  
small cup full of Larm, when it has done work-  
ing ~~stop~~ <sup>stop</sup> it close, it may be bottled in ~~4~~ 4  
weeks and is fit to drink immediately -

NB put into <sup>the</sup> cask before you stop it up a quarter  
of an oz of Isinglass to fine it. ~~and xxxxxxxx~~

## To make Raspberry Vinegar

Take one quart of Raspberries, steep them  
in a pint of vinegar two or three days,  
then strain them, and boil the Syrup with  
one pound of Lump Sugar. - when cold  
bottle it for use. -

To increase Fermentation in bottled  
ale or Porter

To one pint water put  $\frac{1}{2}$  lb Sugar, boil  
them together a few minutes, when new  
milk warm, put in a table spoonful of  
barm to work, when clear, put 3 table  
spoonfuls into each bottle, it will be  
fit to use in 5 or 6 days. —

If the liquor be hard, take the acid of nitre  
a little prepared oyster shells, or quick lime,  
before bottling it. —

*[Faint, illegible handwriting throughout the page]*

## To make Jumbles

Flour loaf sugar of each 1 lb. Butter  $\frac{1}{2}$  a lb 3  
 eggs beat with a little rose water or spring water  
 a quarter of an oz of Coriander seeds, which make  
 into a paste - turn them into a small roll, what  
 shape you chuse. - S ©

## To make Buns

one pint of milk, one egg, two oz of Butter  
 which melt in the milk a little Barm.  
 make it into a light paste which will rouse  
 let them stand  $\frac{1}{2}$  an hour before they go into the  
 oven. bake them on tins

## To make Tea cakes

Take 2 lb of flour  $\frac{1}{4}$  lb Butter a little brown sugar  
 & little Barm. knead them up with butter melt  
 ed in water

## Gingerbread

S. Marmott

1 lb Flour  $\frac{1}{2}$  a lb of Treacle  $\frac{1}{2}$  a lb coarse sugar.  $\frac{1}{4}$  lb of  
 Butter an oz of ginger  $\frac{1}{2}$  an oz of carraway &  $\frac{1}{2}$  a lb of  
 Coriander seeds. -

Ginger bread a second way

59

Take 1 lb and  $\frac{1}{2}$  of treacle 14 lb sugar & 2 oz of Butter  
1 oz caraway seeds 1 oz Ginger. make it into paste  
with flour

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To make Dry Biscuits

Take a quart of new milk 2 oz of Butter, mett  
it in the milk, one small spoonful of Barm,  
mixt them all together, but not too hot, then  
take as much flour as will make it into a  
paste, set it to rise, then work it well together  
and rowl them out. and bake them in a quick  
oven

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Dry Biscuits another way

knead flour into a stiff paste with some  
good cream, rowl them out and bake them  
in a quick oven, may add a little sugar & seeds

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To make a Dutch cake

Dissolve 1 lb of Butter in half pint of milk, 4 spoon  
fulls of Barm, 8 eggs, 3 large spoonfuls of sugar and  
2 lb of flour, beat all well together, let it stand to  
rise then put in 1 lb Currants. — an hour will  
bake it. —

## Nuns Drops

$\frac{1}{2}$  lb Sugar,  $\frac{1}{4}$  lb butter,  $\frac{1}{4}$  lb Currants,  $\frac{1}{2}$  lb flour, one egg, all mixed together and baked in small lumps. — N.B. may add almonds beat fine. — or bake in small cakes.

## Regency Cakes

Six eggs,  $\frac{1}{2}$  lb butter, worked together, then add  $\frac{3}{4}$  lb sugar, 1 lb flour, grate in one Lemon peel lay them in lumps and bake them. —

## Bath Cakes


Take  $\frac{1}{2}$  lb butter melted in a tea cup full of cream, 4 eggs leaving out two of the whites a pound of flour a spoonful of barm, the rind of two lemons, grated, mix all together lightly and let it stand three hours to rise, then make them up into <sup>small</sup> lumps with one lb of sugar pounded, — the best way to make them up is to divide the sugar into as many parts as there are cakes, and knead it into each. —

paste for Tarts

55

1 lb. flour,  $\frac{1}{2}$  lb. butter,  $\frac{1}{2}$  lb. of sugar, one yolk  
of egg. mixt stiff with boiling milk. send  
them as thin as a wafer - - (line the petty pan)

Grantham Whetstones.

1 lb. flour,  $\frac{1}{4}$  lb. powdered Lump Sugar,  $\frac{1}{2}$  oz  
caraway seeds, one egg. made into a stiff paste  
with cream, to be very well kneaded, then  
rowled thin well knoked and cut into pieces  
about 2 inches broad and six inches long. 

Hot Rolls

Take 1 lb  $\frac{3}{4}$  of Flour, rub in six oz of butter.  
the yolk of an egg and a littt lard. mix it  
with warm milk. let it lay an hour to rise  
and eat them hot. -

To make a Rice Cake

To  $\frac{1}{2}$  lb flour add  $\frac{1}{2}$  lb ground Rice, 1 lb of loaf sugar beat  
and sifted, 8 eggs. a few caraway seeds. beat it very  
well before putting it in the oven. -

To make small Cakes & Burgers

$\frac{3}{4}$  lb of Flour  $\frac{1}{4}$  lb Butter,  $\frac{1}{4}$  lb sugar,  $\frac{1}{2}$  lb Currants  
2 eggs a little lemon peel.

### Sia Cakes

1 lb Flour 2 oz butter rubed into the flour,  
a little lard, & salt, make into a light  
paste with warm milk. — an egg &  
a little soda is an improvement

### Ginger Bread S. Flunten

Equal quantities of Sugar, Treacle, Flour  
& lard. Butter, ginger to the taste, if too thin  
may add a little more flour. — put a spoon  
full on an iron plate, set it in a potting  
pan over a fire.

### Ginger Bread N. G.

$\frac{3}{4}$  lb treacle 6 oz Butter, 5 oz sugar,  $1\frac{1}{2}$  lb  
Flour, ginger to the taste. —

another way

1 oz treacle, 3 oz Butter,  $2\frac{1}{2}$  oz sugar  $\frac{3}{4}$  lb Flour



## Bath Buns

57

2 lb Flour, 6 oz Butter rub'd into the flour, 6 oz  
Sugar, a spoonfull of Barm, 3 eggs put into a  
knead & fill'd up with milk, currants to your taste  
let them rise before the Sugar & Currants are added.

## Plumb Cake

1 1/2 lb Flour. Siev'd, rub into it when cold 1/2 lb  
Butter beat five Eggs mix them in the middle  
of the flour with two or three spoonful of  
good Barm, cover it up and let it stand to  
rise two hours, then mix it with 3/4 lb  
Currants, a little mace, Cinnamon, Nutmeg,  
& Sugar to the taste, 1/2 pint new milk.  
may add Candied Lemon & almonds.  
butter the tin well, & let it stand to rise a  
little before studd it in the oven, about  
2 hours will bake it.

## Parkin -

Equal quantity of Treacle & Oatmeal, <sup>a few</sup> ~~are~~ seeds  
to be mix'd up, and when ~~are~~ take a lump  
out on to a board, rub with the hand lightly un-  
til a proper thickness be in the oven, until  
near - finish, before the fire -

## King Cakes

Dinner

To a quarter of a pound butter put half lb. of Flour, rub them well together, then add half pound of powdered loaf sugar the rind of a lemon grated & two eggs well beaten, may add a few almonds beat small. Drop them in small lumps on the tin they are baked on. — bake them  $\frac{1}{4}$  of an hour.

## Lemon Drops

Dinner

$\frac{1}{2}$  lb Loaf sugar pound'd fine, the rind of a large lemon grated, ten bitter & ten sweet almonds the white of an egg beat to a froth, then beat all together. make them in balls the size of a nutmeg. bake them on wafer paper in a slow oven. —

## Ginger Bread &amp; W

$\frac{3}{4}$  lb Flour  $\frac{1}{2}$  lb Treacle, 3oz butter,  $\frac{1}{4}$  oz ginger,  $\frac{1}{4}$  lb sugar, add a little pearl ashes to 2 spoonful of Malt liquor before mixing it up, roll it out pretty thin on the tin it is to be baked on. cut it into squares.

## Biscuits

59

$\frac{1}{4}$  lb butter  $\frac{1}{2}$  lb flour  $\frac{1}{2}$  lb lump sugar beat  
fine three eggs. Dropped on to a tin.

## Cakes A. Churchill

$2\frac{1}{2}$  lb flour  $2\frac{1}{2}$  lb moist sugar one oz butter  
one egg,  $\frac{1}{2}$  small tea spoonful Soda.

## Shrewsbury Cakes

$\frac{1}{4}$  lb Flour 2 oz butter 2 oz sugar one egg

## Prize of Wales Biscuits

1 lb Flour. 2 oz Butter half <sup>gill</sup> ~~gill~~ Water, knead them  
very well. This small quantity of water makes  
them require much kneading before they can be made  
into a paste.

## Plumb Cake m.w.

$\frac{1}{2}$  lb Flour very well dried in the oven. 6 oz  
Butter, 6 oz Sugar, 6 oz currants, five eggs, the  
white & yolks beat separately. N.B. The butter  
should be rubbed well into the flour, or beat to  
& all beat well together before putting it in the oven.

## Buns

one lb Flour, three oz sugar, one oz Butter, one egg,  
Currants, seeds, & barm, mix with warm milk  
to a very light paste, beat them very well &  
put them on tins to rise, when half baked rub  
them over with water.

## Arrow Root Blancmange

Take a pint of new milk and a stick of cinnamon and let it simmer for ten minutes then add 2 table spoonfuls of arrow root mixed up with milk & boil the whole for three minutes sweeten to taste and put it into moulds -

## To destroy vermin in beds &amp;c

Dissolve half an oz of corrosive sublimate in a little spirits of salts then add half a pint of spirits of Turpentine wet the post affected with a small paint brush -



62

*[Faint, illegible handwriting, likely bleed-through from the reverse side of the page.]*

64  
Stone Pork requires 1 lb of Salt & 1 oz Salt Petre to  
cure it. — it loses about  $\frac{1}{2}$  <sup>lb</sup> at a stone in drying.

Method of preparing East India Rice  
Wash the rice well in soft water, and boil it  
10 minutes then drain the water from it and  
shake the pan as you do when drying potatoes  
till the rice appear pretty dry, put it into  
a dish and wash it with a wooden spoon  
afterwards add what ingredients for making  
a pudding you please



memorandums

65

a loaf head takes 2 hours boiling -  
in our steam pans. - a large fowl  
1 hour, a breast of veal 1 hour &  $\frac{1}{4}$  -  
 $\frac{1}{4}$  ham & all weight an hour &  $\frac{1}{2}$  roasting

$\frac{1}{2}$  Peck Raspberries weighs 6  $\frac{1}{2}$  lb.  
a peck or 8 quarts of Gooseberries weighs  
16 pounds. 7 pints picked strawberries  
weighs 4 lb. -  
in a peck and  $\frac{1}{4}$  white currants was six  
quarts of juice

1814 5<sup>th</sup> mo I put 5 gallons of water to seven pounds  
of lime, to keep eggs, (left the bottom or thick  
part out - 1815 the eggs kept very well

one pound of green wash is sufficient for  
our summer house - 2 quarts, (2 parts water &  
one milk) will do it twice over.

in 1814 we had only  $\frac{3}{4}$  lb. which does not give it sufficient  
colour

## To Pickle Onions

peel your onions, & give them a boild in milk  
& Water, boild a little black pepper and ginger in  
the vinegar and pour it hot upon them. —

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## To Pickle Cucumbers

Let your cucumbers lie in strong salt and water till  
the are turned yellow, then scald them in the same  
trice a day till they be green, then boild some  
black pepper and ruce ginger in your vinegar and  
pour it hot upon them.  
you may pickle radish buds the same way. —

---

## To Pickle Red Cabbage

Let your cabbage stand till the frost has taken it  
cut in very fine, & throw over it some salt & salt  
petre let it stand all night, boild some black  
pepper & ruce ginger in your vinegar &  
pour it hot upon it, & keep it for use. —

To pickle Cabbageflowers

67

Give them a boil in milk & water and put them  
on a sieve to drain. Boil some whole pepper in  
your vinegar and pour it hot upon them. —  
if you chuse it add boil some Cockshead in a  
little vinegar by itself & pour it upon them

Indian Pickle

Take Cabbageflowers, Cabbage or any thing of that  
kind, pull them in small pieces. give them  
a boil in salt and water, to make them a little  
tender but not to break. Lay them on a large  
sieve and dry them till they look like bits of  
leather. — Take Vinegar, to every tree quart  
put 2 ounces turmeric <sup>bruised</sup> ~~powder~~ <sup>1 lb of ginger</sup>  
1 lb whole pepper, <sup>one Spoonful salt</sup> let it boil about 10 minutes  
put the dried vegetables into a jar, sprinkle among  
<sup>them</sup>  $\frac{1}{4}$  lb brown mustard seed, pour the vinegar  
boiling hot upon them, may add vegetables as  
you think proper, always boiling & drying them  
as above directed

\* & put into a little old muslin.

### Sponge Cake

Take 6 eggs, beat the yolkes half an hour and the whites to a froth,  $\frac{3}{4}$  lb. of sugar powdered put the sugar to the yolkes then add the whites also add 6 oz. of fine flour and beat it well It should be put into a moderate oven directly it is mixed & bake about an hour.

### A common Plum Cake

Take  $\frac{1}{2}$  of flour dried and cold. rub into it  $\frac{3}{4}$  lb of sugar butter. Beat 5 eggs well mix them in the middle of the flour with 2 or 3 spoonful of good yeast cover it up with flour & let it stand to rise <sup>two</sup> ~~one~~ hours or more. Then mix it up with  $\frac{3}{4}$  lb. of currants cleaned & dried a little cloves unnamon mace nutmegs & brandy candied

lemon almonds and sugar to your  
taste also a little new milk, warm  
to make it up of a proper lightness  
rather more than half a pint.  
Butter the tin well and put it  
in let it rise a little before it is set  
in the oven, about 2 hours will  
bake it.

### Tea Buns

1 lb. of flour, 2 oz. of Butter, rubbed in  
the flour 2 oz. of Sugar 2 oz. of Currants  
a dessert spoon full of yeast The whites  
of two eggs set it to rise with half a  
pint of warm milk let it stand  
half an hour by the fire beat the  
whites to a stiff froth make it up  
with a spoon to a light paste it may  
stand an hour or more roll it out  
thick end cut your cakes with a

wine glass butter your tins some a  
small quantity of the yolk of egg  
mix'd with half a teaspoonful of  
milk to rub on them sift a little  
sugar let them stand before the  
fire an hour before they are put in  
the oven lay them close together  
on your tin.

Dr Andrews receipt for bread.

Take 1oz of carbonate of soda  $\frac{3}{4}$  of an oz of  
tartaric acid, mix them well together in a  
dry mortar, put this to 7 lbs of flour & 1/2 of an  
oz of salt, and mix all well together in a  
dry state - then make it into dough with  $\frac{1}{2}$   
a gallon of cold water, put it into tins &  
do not allow more than 5 minutes to elapse  
before it is placed in the oven where it should  
stand the usual time - the result will be a  
fine spungy loaf of bread weighing 10 lbs & a 1/2.

NB Be sure and purchase the materials of  
respectable druggists -

To remove obstruction in a young person  
Take ʒ a lb of Treacle ʒ of sulphur ʒ of  
course mustard 3 Tea spoonfuls of Must filings  
from the Whitesmith sifted mix them and take  
3 Tea spoonfuls night and morning until the  
whole is taken Rest a week and repeat the  
medicine until it produces the desired effect.

To take out Iron Moulds. Take ʒ  
2 of cream of Tartar ʒ of salt of  
sorel mix these well together and use the  
same as salt of lemon

~~Sore~~ cures -

Set on the fire ʒ a pan of cream when  
they when it simmers add three pints of  
butter milk and 1 Pt of new milk when  
the whole nearly boils pour in a little cold  
water which will make the curds rise to  
the top. then take them off.

For a cough

- ʒ of Syrup of squills
- ʒ of Honey
- ʒ of Syrup of poppies
- ʒ of Syrup of rosehewer

Marking Ink

Lunar caustic 100 grains - Gum Arabic  
2 Drams - Rain water by measure 1 oz  
sap green sufficient to colour it

Preparatory Liquid

Salt of soda 1 oz - (Rain water 2 oz)  
measure

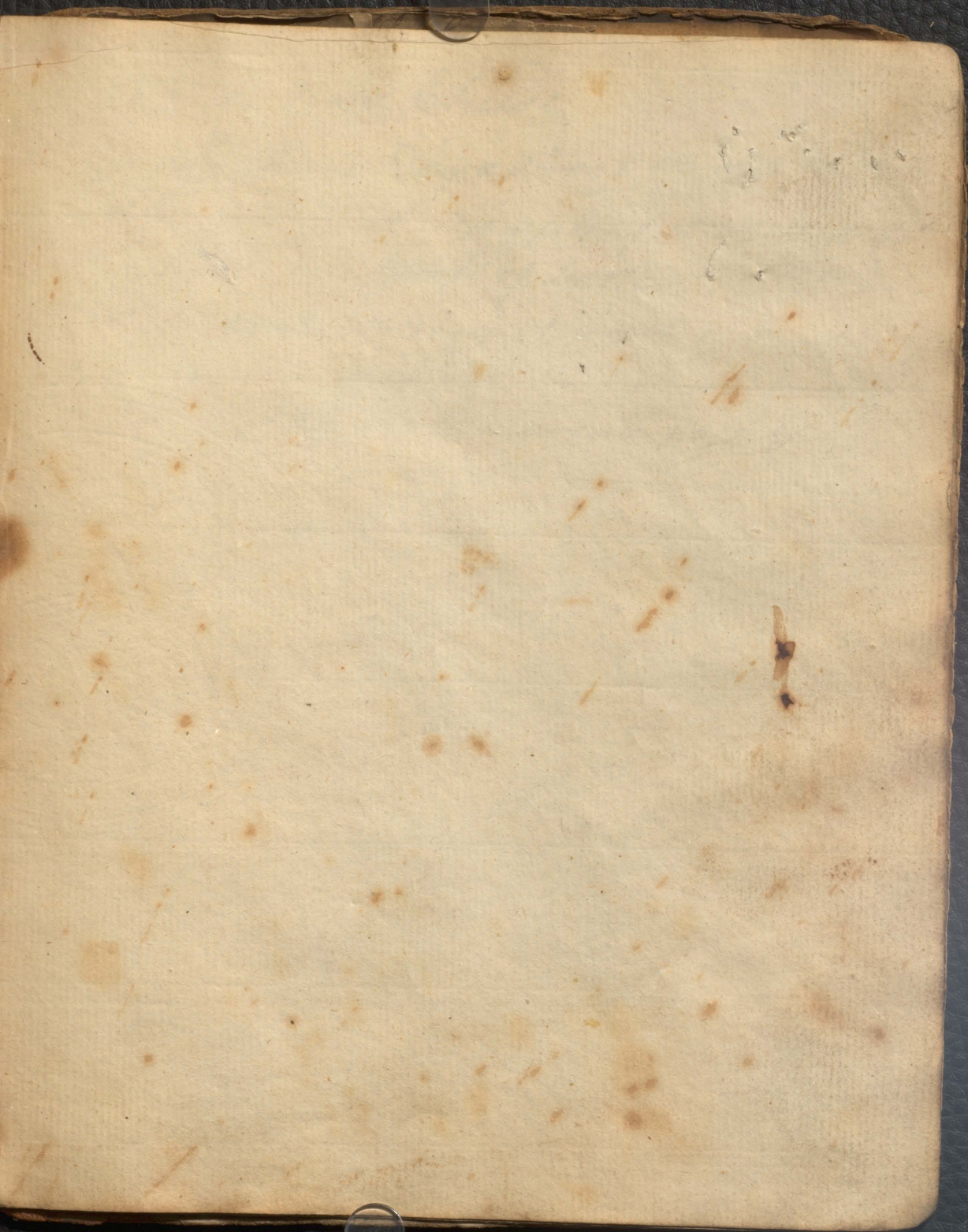
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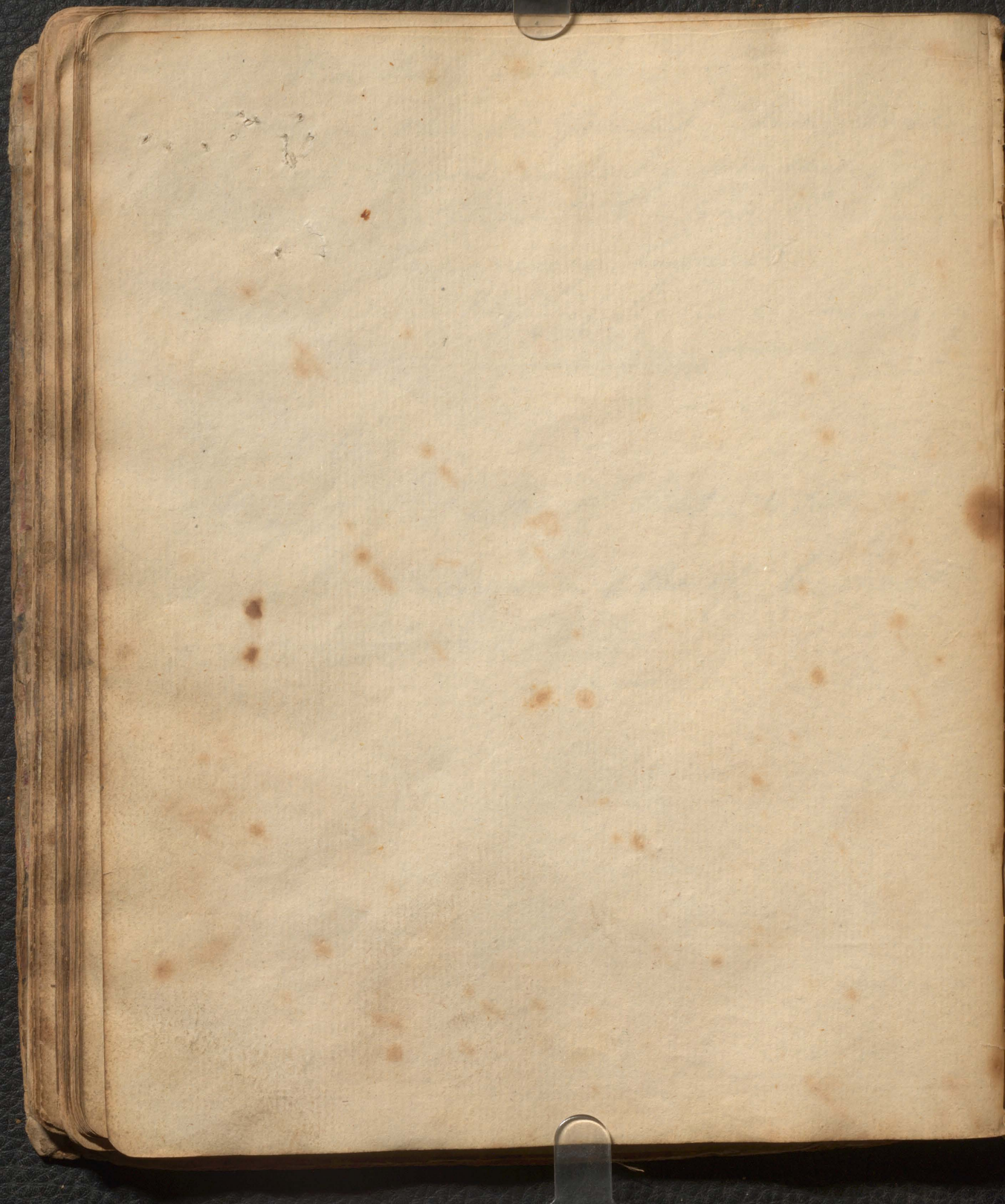
Minced Pies -

2 lbs of Beef - 2 lbs. of Suet - 4 lbs. of  
Apples - 4 lbs. of Sugar - 2 lbs. of Currants  
and 2 lbs. of Raisins.

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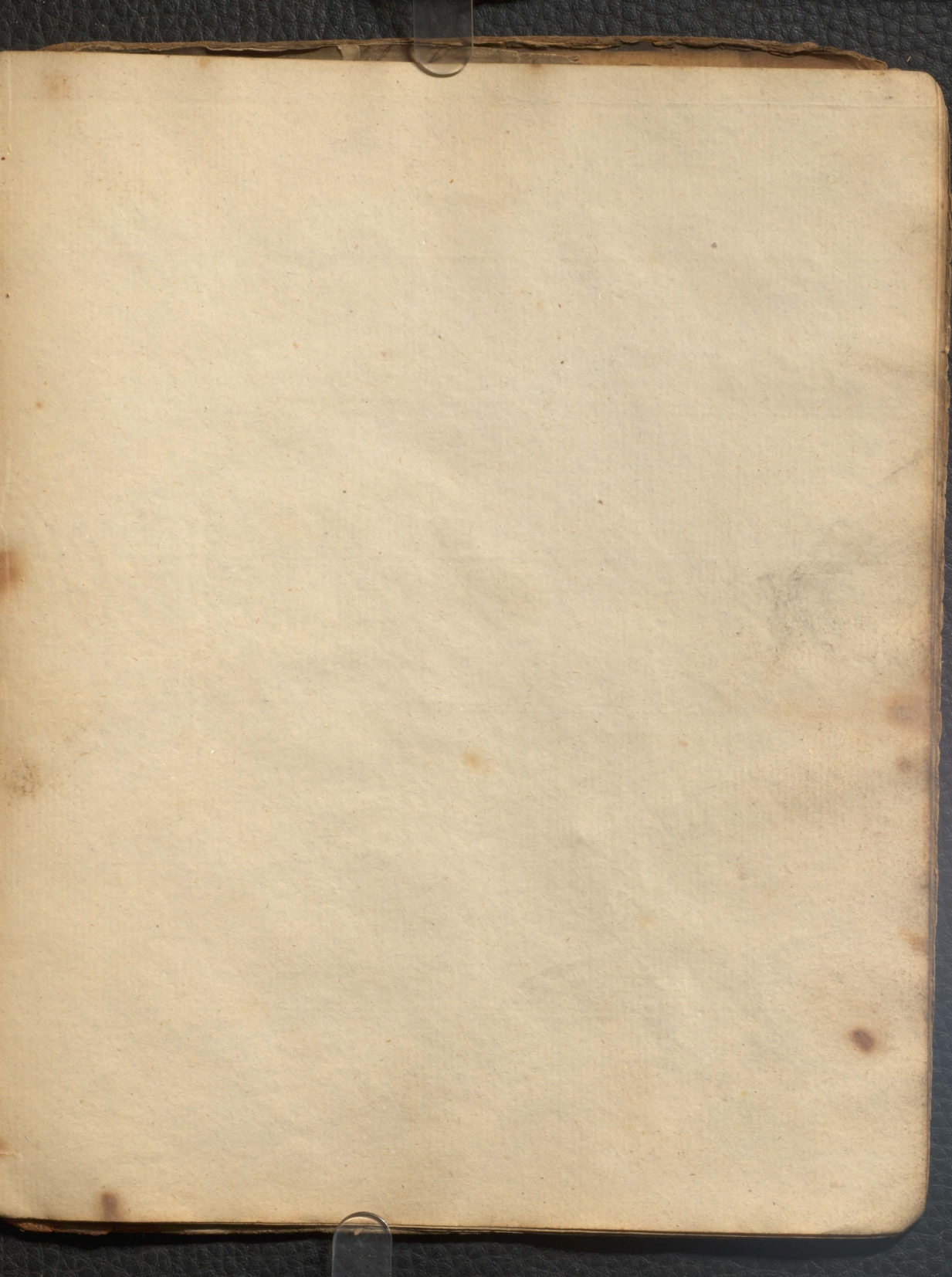


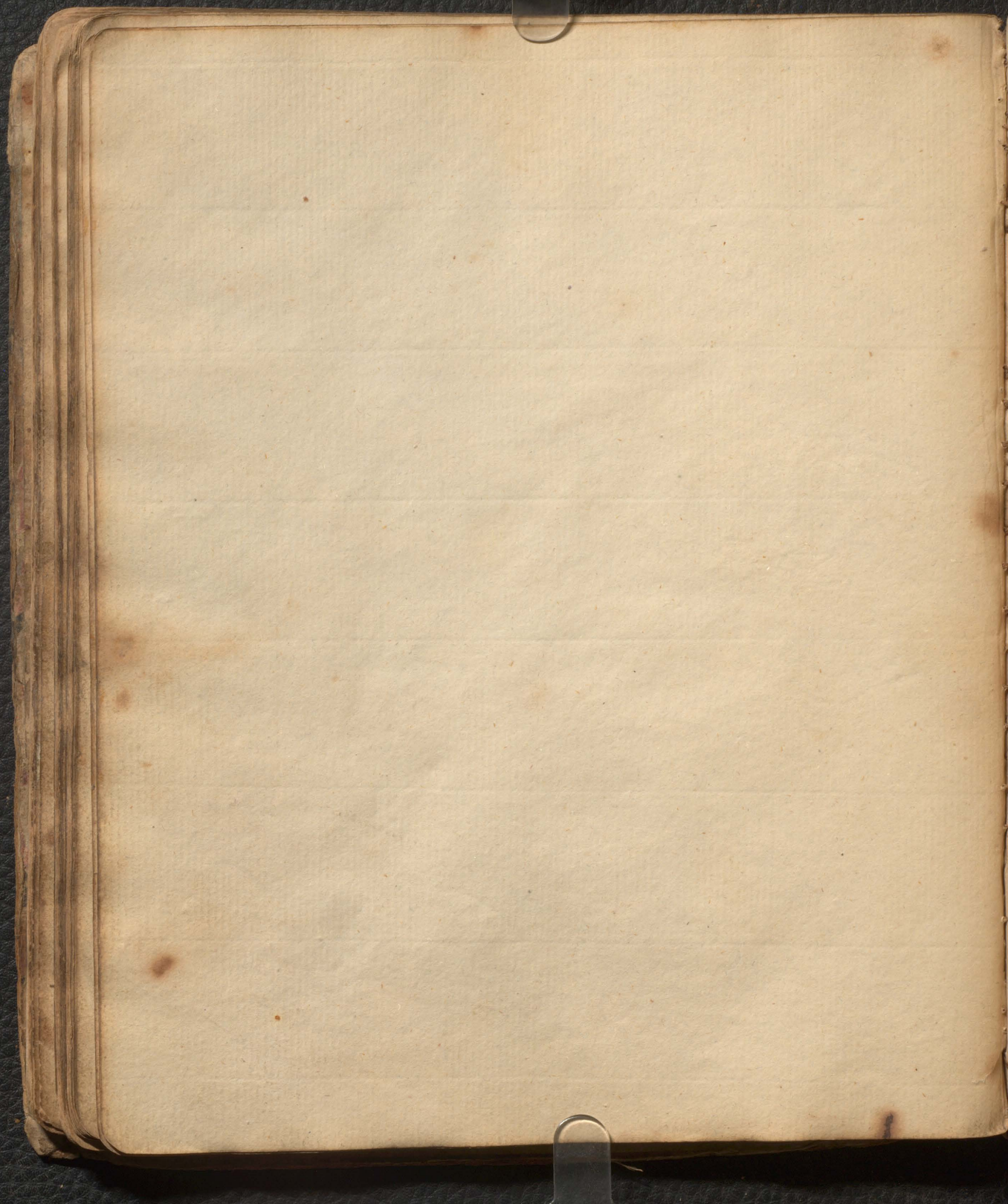
## To Stew Cheese

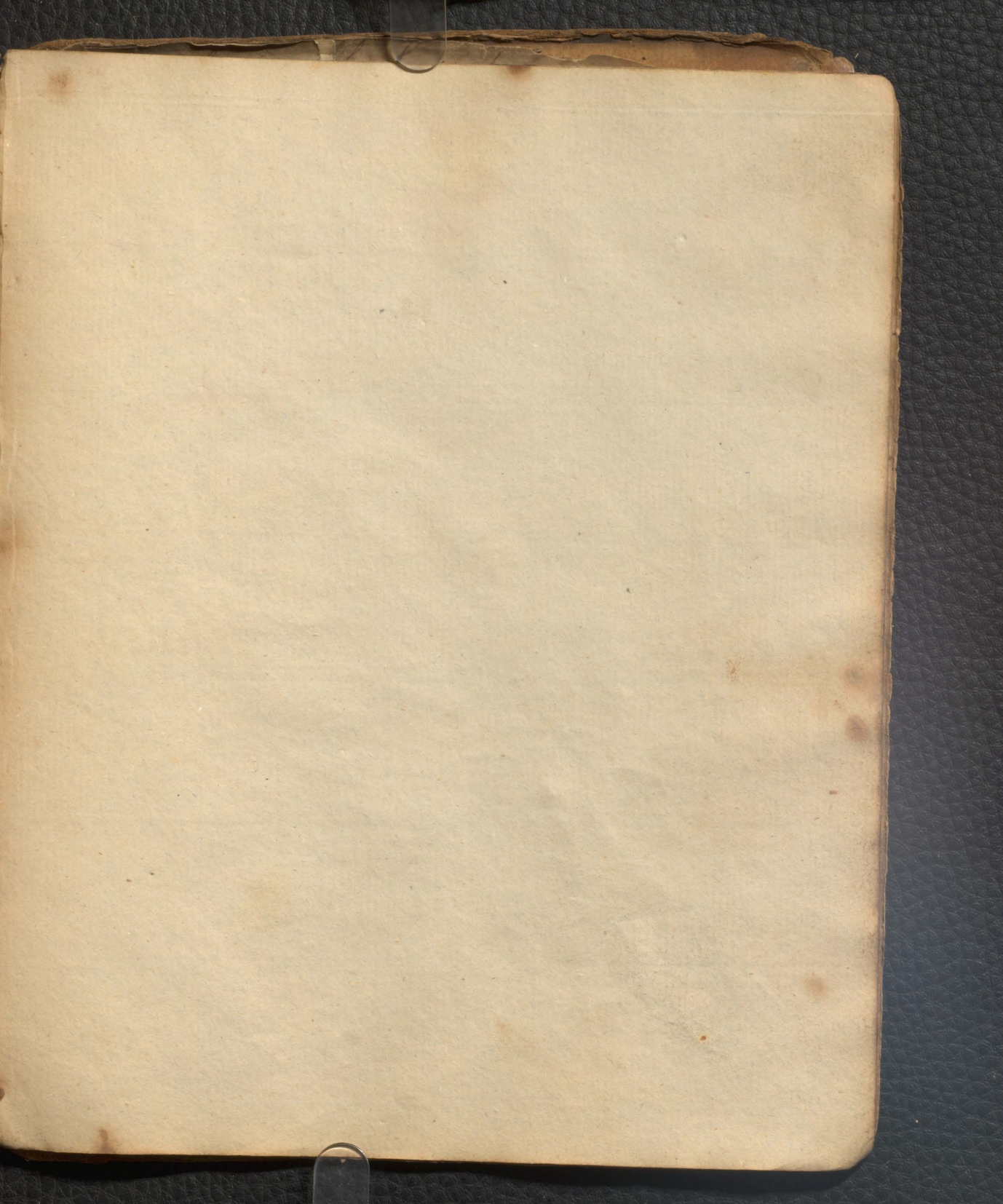
Take old cheese dry & strong scrape it onto  
a plate, put to it two spoonful of ale &  
2 of water, and lump of butter. set it in  
the oven, keep stirring it with a knife  
till it be all melted, send it up on the  
same plate. - see Macaroni page 8

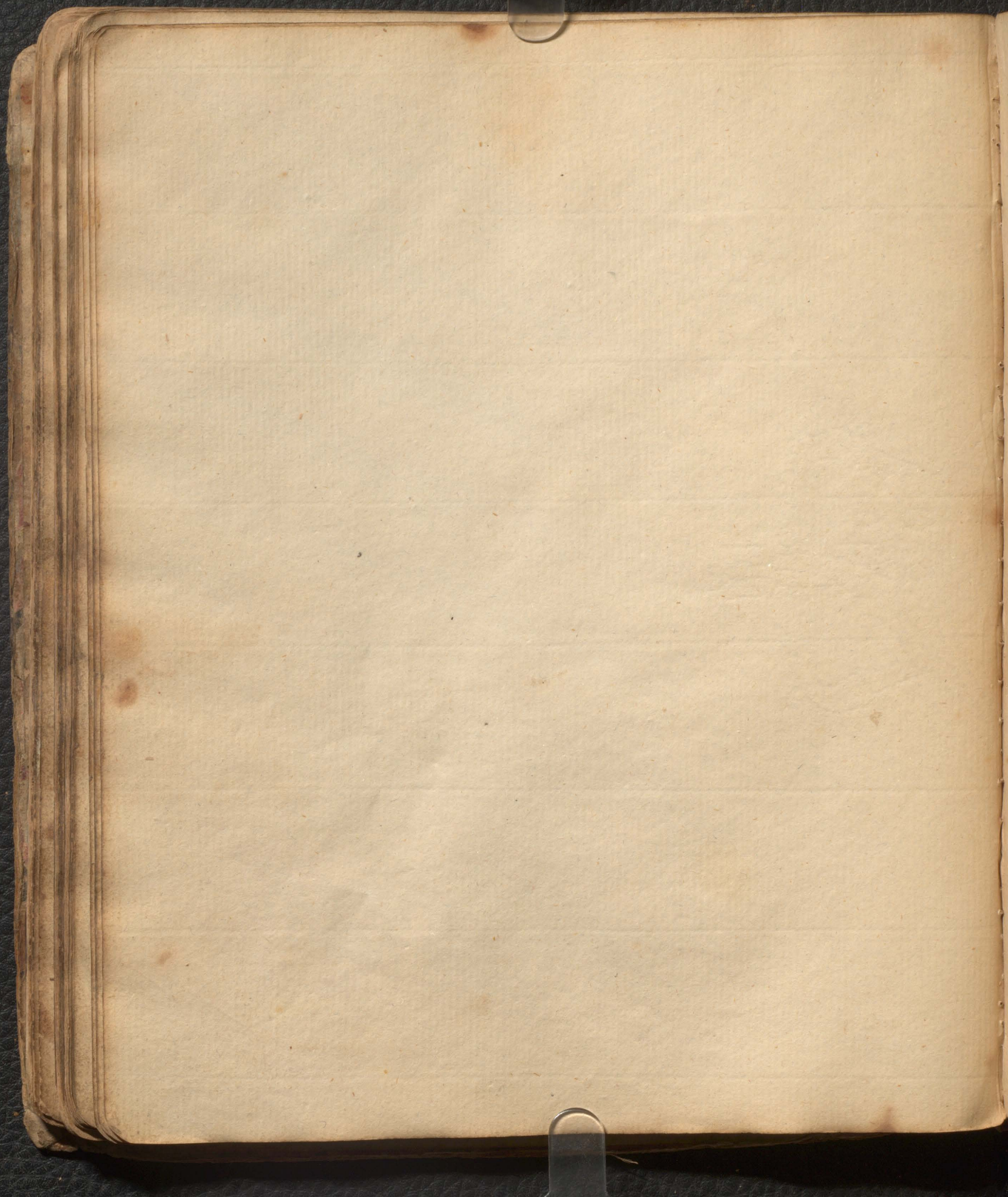
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*Faint, illegible handwriting, likely bleed-through from the reverse side of the page.*

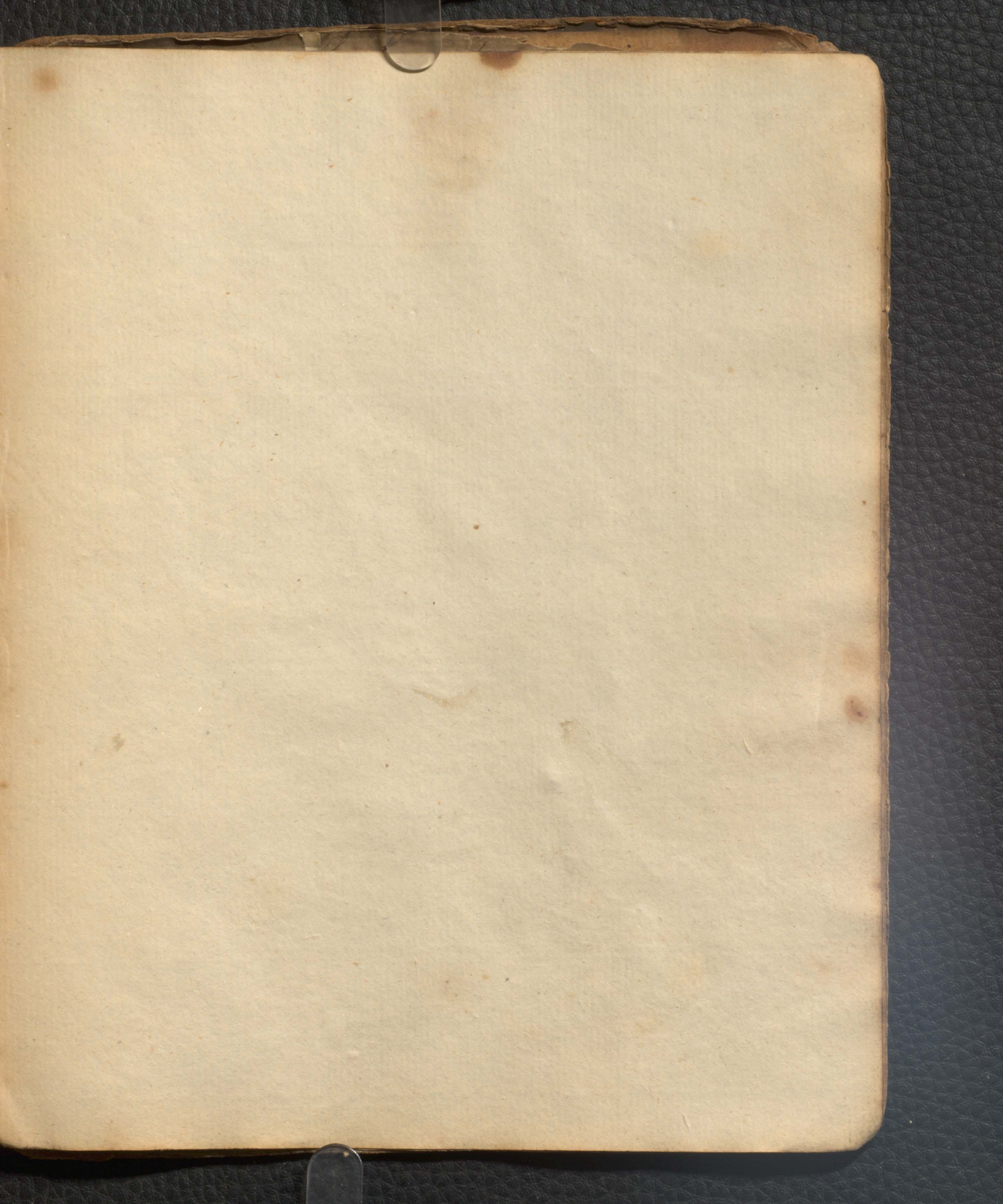


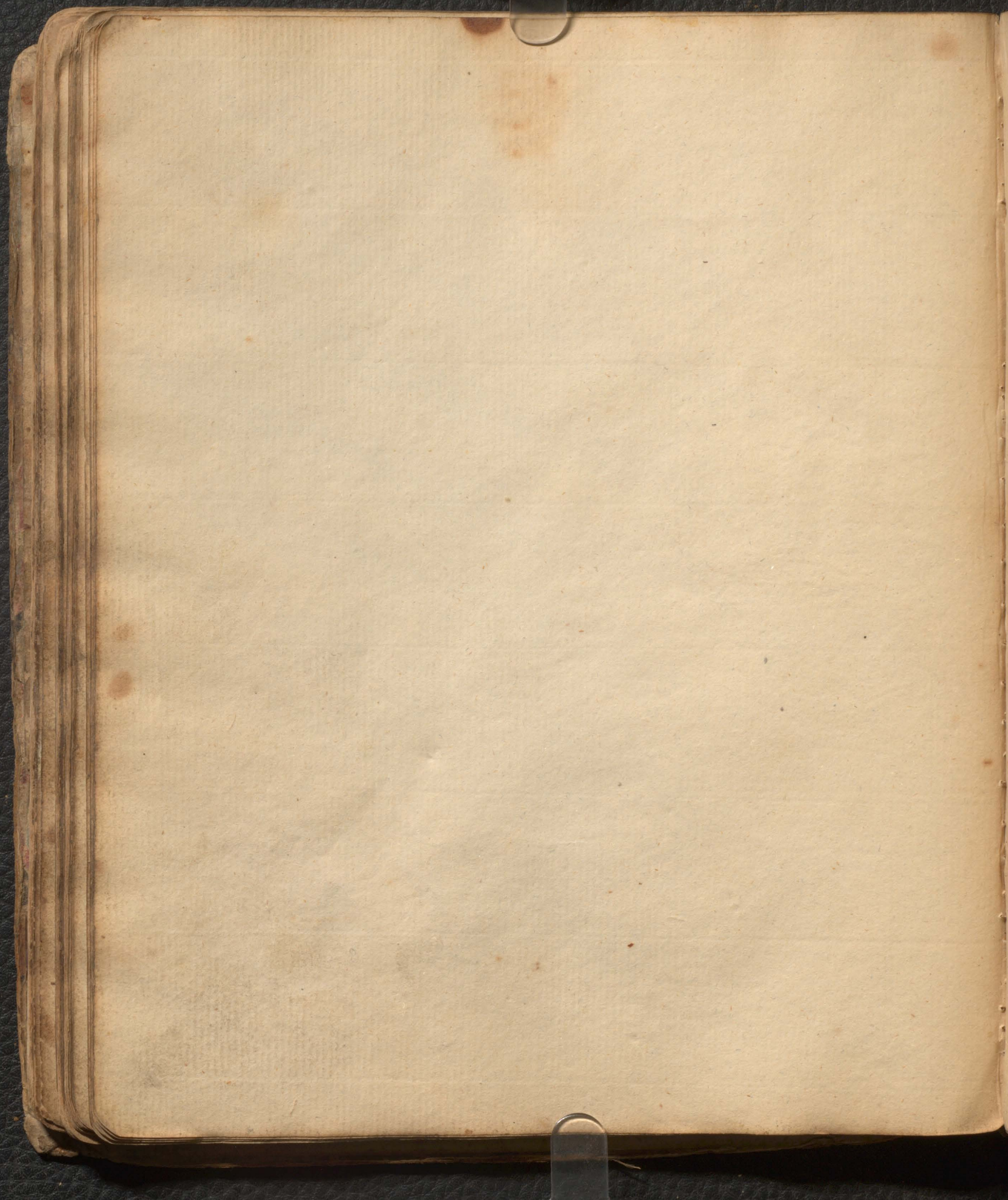


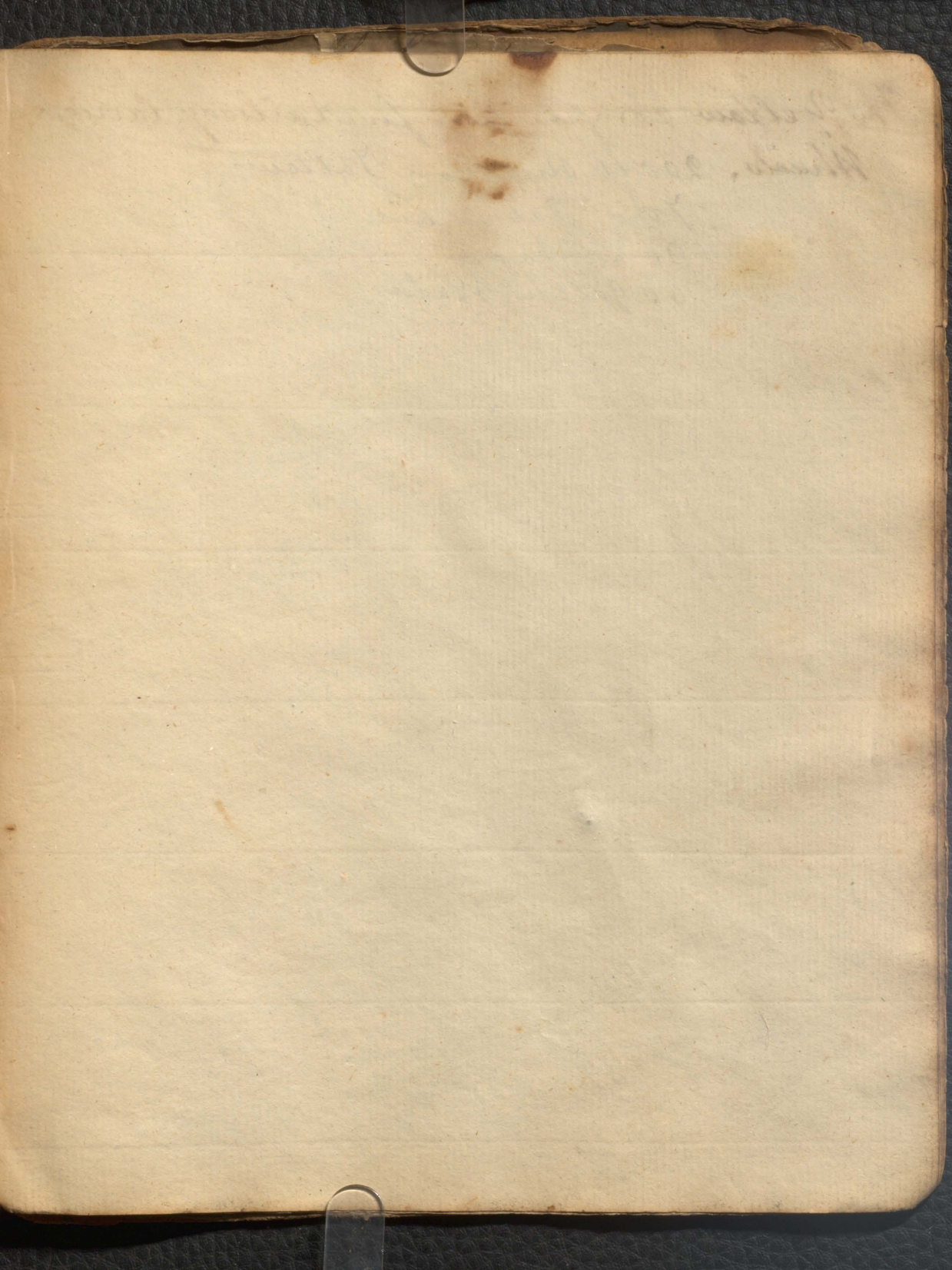












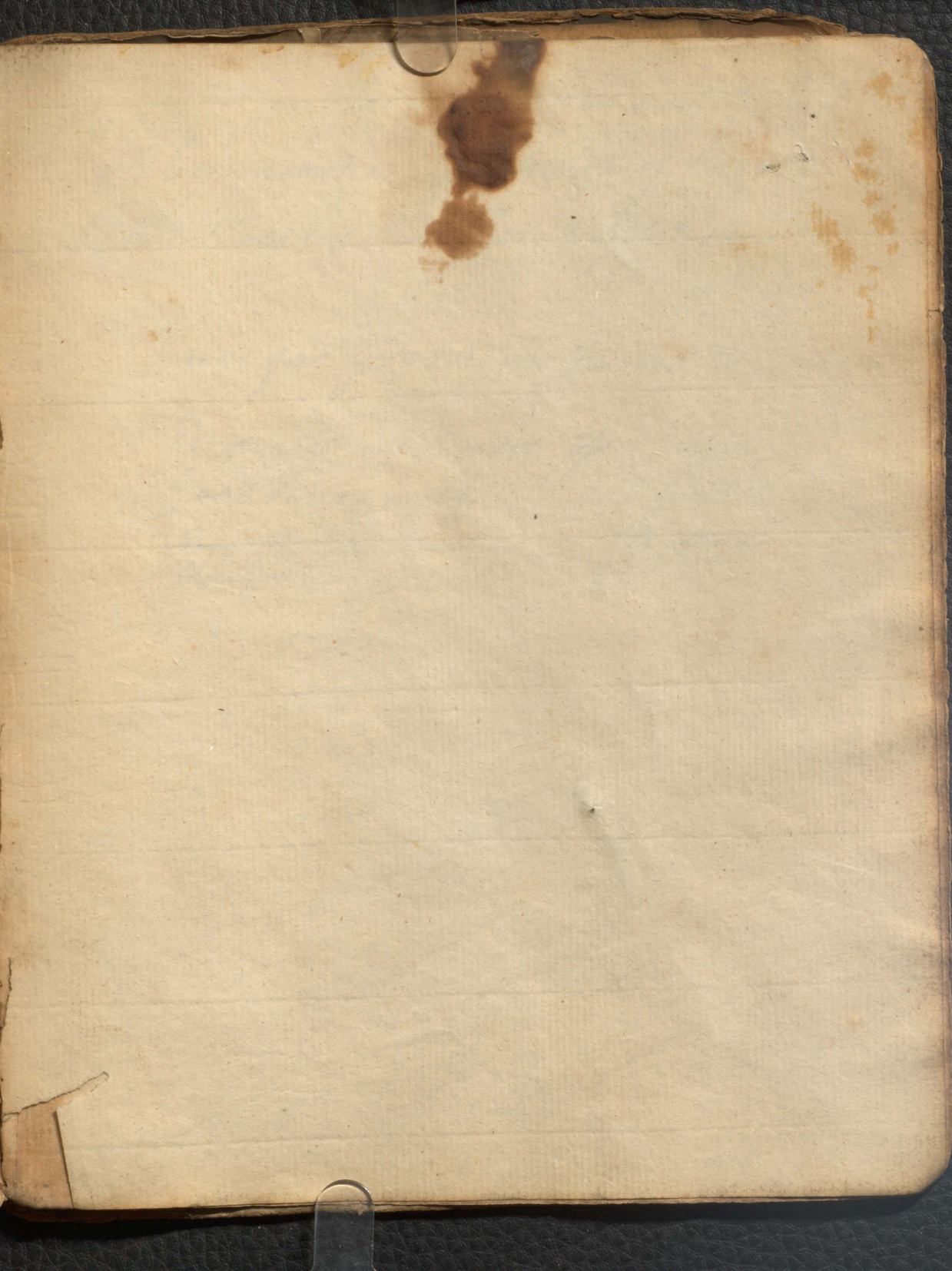
The Yellow composition for Railway Carriage =

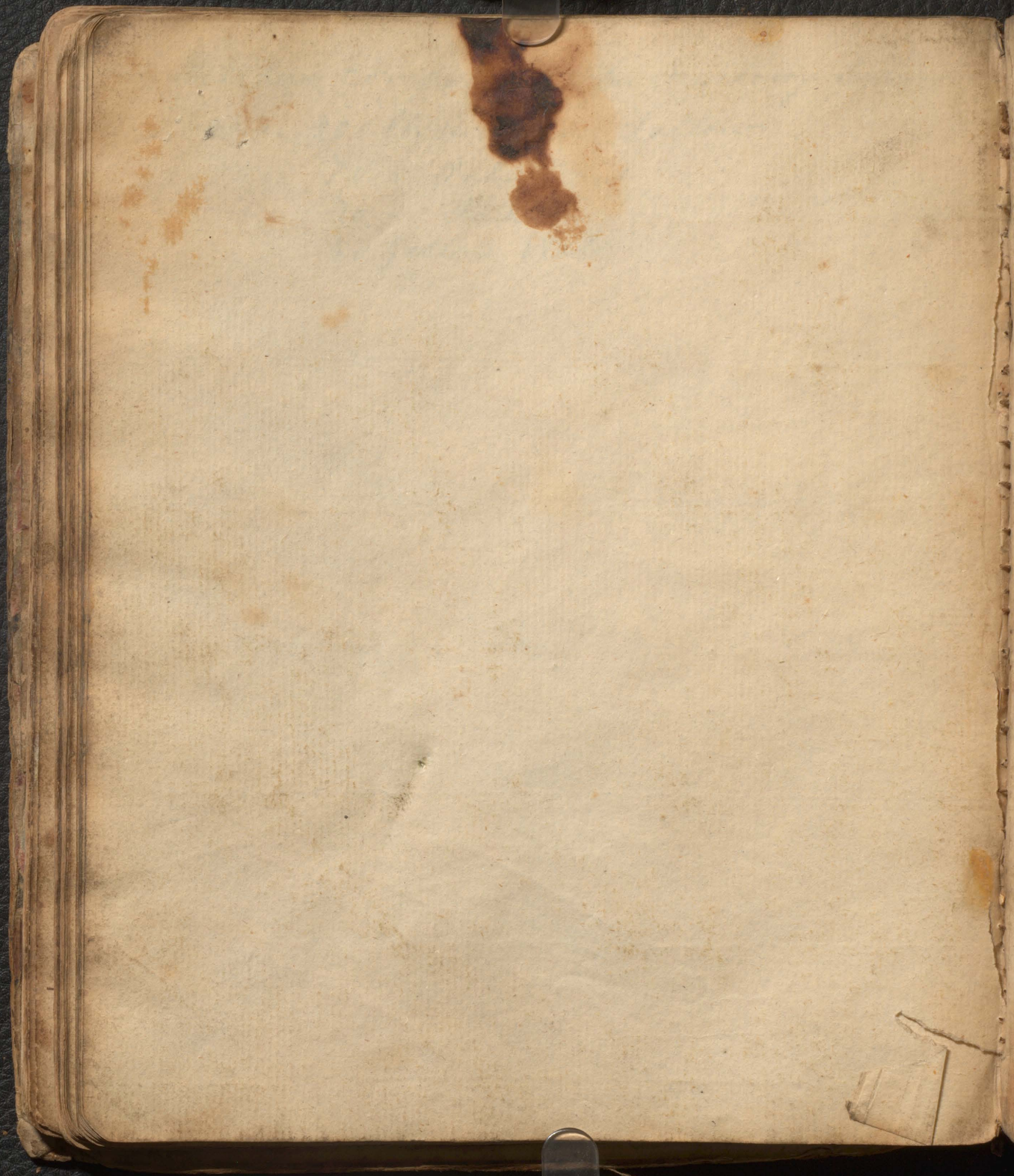
Wheels. 200 lb Russian Tallow

70 " Palm oil

20 " Soda

50 Gallons Water





For a Horse that has swelled Legs.  
To be mixed in a Mash of Bran.

Antimony, Sulphur, & Nitre each  $\frac{1}{2}$  lb. <sup>the</sup> —  
R<sup>o</sup>. Boothley —

---

Cure for Grease in Horses Heels

Verdigris in Powder 3 $\frac{1}{2}$  (half an oz)

Good Vinegar 1 $\frac{1}{2}$  (one Pint)

From 1 $\frac{1}{2}$  to 2 an oz. Tobacco taken in  
their Corn. } W. Maud

Five grains of Rhubarb and two of Magnesia is a sufficient dose for a child 18 months old

Plaster I. Colash By Dr. Thomas  
℞ Complast: Theriac Comp: ℥ij.

Lythargy: & Resine ℥ij  
m. f. Complast: —

An Eye Water

One Table Spoon full of Brandy.  
One Dr. of Vinegar. & Two of Rose Water.

Table of Characters

- ℔ stands for pounds
- ℥ ——— ounces
- ʒ ——— drams
- ʒ ——— scruples
- ʒ ——— grains
- ʒ ——— half
- ʒ ——— one & half
- ʒ ——— one
- ʒ ——— two
- ʒ ——— seven & c
- ʒ ——— drop



Milk Paint, to preserve wood from Wet

Skimmed milk	2 qts
Linseed oil	4 oz
Slacked Lime	8 oz
Burgamy Pitch	2 oz
Whiting	4 oz or as much as is sufficient

To make a consistence to lay on with a brush.

A Cement for Engine work or for joints  
in Cisterns.

Bailed Linseed oil.

Litharge,

Red & White Lead.

Mixed to proper consistancy

$\frac{1}{4}$  Ounce of Gum Benjamin

$\frac{1}{2}$  Ounce of Storax

1 Pint of Spirits of Wine.

1 Part of the above with 2 Parts water a lotion to use  
after shaving or for chipped face & hands.

M.S.

A compound to Polish Mahogany.  
1 gill. Linseed oil 1 gill. Benzoin  
2 oz. spirits of Salt.

4167096  
1088900293

Godbolds vegetable Syrup.

To a pint of the wine vinegar or five  
pounds of the best brown sugar boil them together  
till they become a syrup when quite cold add  
table spoonful of powder, or one desert spoonful  
Ladocanum. To be taken whenever the cough is  
troublesome or take three tea spoonful three  
or twenty four hours. As the vinegar will corrode  
Brass or Iron it should be boiled in a copper  
or earthen vessel. I sometimes make it with Treacle  
with sugar I choose a strong coarse grain.

Lady Spencer gave £100 for this

Hooper's Pills.

Take,	Gum Myrrh.	3	oz.
	Assafetida	3	oz. 1/2
	Gum Sagapenum	3	oz. 1
	Castor	3	oz. 1
	Sulphat of Iron	3	oz. 4
	Aiera Picea	1 1/2	oz. 4
	Mix		oz. 12

