Sarah Anne Wardle.

June 26th 1837.

Medical Receipts.

A Receipt for an Electuary.

2 ozs of powdered senna, ½ lb of the best raisins stoned, to be well mixed together with 2 Tablespoonsful of Brandy, & to be taken as required.

Saline Mixture. Miss Eblyes.

25 Grs of Carbonate of Soda. 1 Tablespoonful of Lemon juice, 2 Ds of Spring water.

For a Cough Miss Cayke.

1 oz of Syrup of Poppies. 1 oz of Balsam of Horehound. 1 oz of Clarified Honey. 1 oz of Squills. a Tea Spoonful mixed in a small quantity of warm water, to be taken at bed time.

A Receipt for the Hooping Cough.

Spirits of Hartshorn, & Oil of Amber, of each ½ an ounce, mix them well together, & take the back bone with it night & morning.

Mrs Wilkinson.

A Gentle Aperient

2 ozs of Epsom Salts.
1 oz of powdered Rhubarb.
1 oz of compound Tinc.e of Cardamom.
To be put in a quart bottle of Peppermint Water, & take 1 oz fasting in a Morning.

Mrs Bayfield.

For a Cough

15 drops of Tincture of Squills, a small Tea spoonful of Paregoric, & a Tea spoonful of Honey: Mix these ingredients well, with the Alkali requisite for a Saline Draught, & take it in a state of effervescence.

a Dessert Spoonful of made mustard, in a Tumbler Glass of warm water, will act as an instantaneous Emetic.

For a Burn or Scald. Miss Rea.

60 drops of Extract of Goland, to a cup of Cream.

A Receipt for bilious Head-ache. Mrs Bousfield.

½ a tea Spoonful of powdered Rhubarb.
½ a Do Do of Carbonate of Soda.
a Tablespoonful of Tincture of Rhubarb.
To be mixed with very hot water, & sufficient acid to make it effervesce.

A Good Recipe for inflamation in the Eye. Miss Rea.

1 Tea Spoonful of Vinegar. 1 Do of Brandy.
½ oz of Rose Water. 10 oz of Spring Water.

A Good recipe for Worms in Children.

Two Grains of Calomel. 9 Do of Jalap. mixed together with a little powdered Sugar.

For a weak Stomach Wm B. Cooke.

2 Drams of Soda. 2 Do of Gentian root. 2 Do of Chammomile flowers. 1 Do of Orange Peel. Pour a pint of boiling water upon the above, & when cold, strain it off, & add 2 ozs of Sherry. A wine glass full to be taken twice a day.

A Good recipe for cleaning brass &c

1 oz of Oxalic acid. dissolved in a very little warm water & 2 Pennyts of Rectified Oil of Amber. 2 ozs of Rotten Stone. A very little Spts of Turpentine, & a pint of Water. Keep it in a bottle, & rub a little of it, on the brass or copper, with a bit of flannel, then wipe it off with a Duster.

For the Tooth ache.

Camphor 2 Grains. Powdered Opium 1 Gr. Rectified Spirits of wine, enough to make a pill. The pill to be applied to the Tooth, but not swallowed.

For a Sprain.

Equal parts of Salvolatile, & Laudanum after bathing the part with warm water well rubbed.

An excellent recipe for pills, to be taken, if you cannot sleep, or for a cough.

Extract of wild Lettuce	1 Drachm.
Powdered Turkey Rhubarb	2 Scruples.
Ipecacuanha powder	1 Do

Mix these ingredients together, & divide into 34 pills. One or two of these pills to be taken at night, or in the day time for a cough, if necessary.

For a cough. Wm G. Cooke.

Ipecacuanha Wine	1 fluid Drachm.
Tincture of Squills	30 Drops.
Spirits of Sweet Nitre	1 fluid Drachm.
Camphor Mixture	5 ½ Ozs.

Mix all together, & take a large Tea spoonful twice a day.

A Tonic Draught. Sir H. Halford.

1 oz of Epsom Salts ½ oz of Turkey Rhubarb, 2 Drachms of Tincture of Cardamum, 1 Pint of Peppermint water. Take one or two Table spoonfuls at a time.

For Gravel.

Dissolve 3 Drachms of prepared Nitre, in a Quart of water, which must be soft. Take ½ this quantity in the course of the day, continue it for a few days, & the complaint will be removed. It may be best taken after a meal, in plenty of Barley water.

Strengthening Mixture.

Miss L. Rea.

Take of Gentian Root sliced, & dried Orange Peel of each ½ a Drachm. Fresh lemon peel 2 Drachms. Boiling water 12 ozs. Let these ingredients stand for an hour, lightly covered, & then strain. When cold, add 2 ozs of powdered Rhubarb & an oz of Tinct. of Cardamoms, & 12 grs of Ginger. A wine glass may be taken twice a day. Excellent after Calomel.

For the Croupe.

As soon as a child is seized, it should have a strong Emetic & afterwards 2 grs of Calomel every hour, untill the dangerous symptoms that is the croaking are removed. A child of 6 months old has been known to take 20 grs in 14 hours.

For a burn or Scald.

To stop vomiting, & sickness.

Make a large Onion Poultice, & lay it all over the stomach, & renew it every 3 hours — A Tea spoonful of burnt brandy, will sometimes stop it — or a glass of very hot port wine, but the last must only be used where there are no inflamatory symptoms — also a tablespoonfull of lemon juice & 1 oz water — Or a little Magnesia mixed in blue milk, & a tea spoonful given at a time — Another — Boil mint in water till it is as black as porter. 1 Tea-spoonful may be given at first, the two —

For a sore Mouth

2 ozs of Tincture of Myrrh & 2 spoonfuls of Honey, with 4 Do of Barley water.

Embrocation for Rheumatism.

Dissolve ½ oz of Camphor in 2 ozs of Oil of Turpentine, & rub it on the part affected.

A Good Mixture for a Cough

1 oz of Gum Arabic, & 1/4 lb of White Sugar Candy, put into a pint of fresh Spring water & boiled till it is reduced to 1/2 the quantity you may add lemon juice if you like.

The Pills. [Cholera]

No 2. Calomel, & Compound Extract of Colocynth, each 2 1/2 grains, in each pill.
No 3. Blue pill 2 grains. Rhubarb 2 grs in each pill.

For a Cough.

Tinc^re of Tolu 3 Drs Elixir of Paregoric 1/2 oz.
Tinc^re of Squills 1 Dr

For broken Chilblains.

2 oz of Bees wax, 2 oz of Hog's Lard, 1 tablespoonful of Brown Sugar, Melted together, & applied on Rag.

Dressing for a Blister.

3/4 oz of Spermaceti, 1/4 oz of White wax, 3 oz of Olive Oil mixed together, & melted over a slow fire.

Mrs B. Cooke.

Strengthening Aperient Altative. 1 Dram

Powdered Bark 1 ½ Drachm. Powdered Ginger. Senna Leaves 1 Dram. Put them in a vessel with a cover, & pour 1 pint of boiling water upon the ingredients, & let them infuse till cool: Then strain it off for use. A grown up person may take 3 Tablespoonfuls.

For the Hooping Cough

Six pennyworth of Rum, & 2 pennyworth of Spirits of Turpentine, mix them well together & rub the Child's back well, ~~with~~ before the fire, night & morning.

Mr Earle's Receipt for my Sister.

Carbonate of Iron 1 Scruple. Pow Rhubarb 1 Gr.
Carbonate of Soda 5 grains. Pow Ginger 3 Grs.

For 1 Powder

For a Cough. Mrs E. Read.

Dissolve some Gum Arabic in cold water it should be very thick then take 2 large Spoonfuls of it & add 1 Dr of Lemon juice & 1 Dr of syrup of white poppies: Mix it well together, & let a

Child take a tea Spoonful of it, 3 or 4 times a day.

Dr Taylor's red bottle for Wounds. Miss E. Lea.

1 Pint of Spirits of Wine. 10z of Oil of Rosemary. 10z of Camphire. 10z of Alkanet root. bruised good for cuts.

Saline Draught. Miss E. Head.

Lemon Juice ½ oz. Salt of Wormwood. 20 Grs
Water ——— 1½ oz. Sweeten with a little sugar.

Styptics.

Gum Arabic, put on lint powdered.
Scraped Whalebone. — Charcoal pounded very fine & put on a wound, will stop the most violent bleeding.

For a Sprain.

Equal parts of

For Dropsy.

Miss E. Rees.

The juice of Leeks, extracted from what is white in the roots, a large Tablespoonful mixed with ½ a pint of warm milk, taken an hour after breakfast, & again in the evening at discretion. It is better to take a little opening medecine before or what is called "Dawson's Specating Powders." Once taking has sometimes proved sufficient, sometimes perseverance is necessary.

For a Cough.

Take of boiling water ½ a pint, black currant Jelly, a dessert spoonful, sweet spirits of Nitre, a Tea spoonful.

A Strengthening Aperient.

A cup of Senna Tea, with hops boiled in it, to be taken hot, & once night.

A Receipt for Blacking. Pearson.

Ivory Black. 6 ozs. Treacle 4 ozs. The whites of two eggs. Two Lemons. Oil of Vitriol 1/2 oz. Sweet Oil 1/2 oz. & 1 Quart of Vinegar.

Cough Mixture. Miss E. Rea.

4 ozs of Treacle 4 do of Honey, & four of Vinegar: let it simmer for 15 minutes. Add Laudanum, Paregoric, or Ipecacuanha Wine, according to circumstances.

A very good Recipe for a Cough.

Equal quantities of Elder Syrup & Syrup of Marsh Mallows, add a tea spoonful of Paregoric to an oz of the above, if the Cough is very troublesome.

Carriage Grease. Miss E. Read.

2 ozs of Black Lead, 1 Gill of Neatsfoot Oil, 2 lb of Hog's Lard.

For Strains or Rheumatism.

6 ozs of Camphor, dissolved in a Pint of Spirits of Wine, add a Bullock's gall, & shake it well in a Stone Bottle. The part affected to be rubbed 3 times a day. — It is also good for Sprains &c.

Strengthening Mixture, for a young Girl.

54 Grains of Sulphate of Iron.
2 Drachms of Carbonate of Potash.
3 Do of Infusion — To be mixed in a Quart of Peppermint, or Ginger Water; a small wine Glass to be taken, twice a day.

To destroy bad smells, in a sick room.

Put as much quick Lime into Soap suds, till it is as thick as Cream, & put it into a Jar, in the room.

Diuretic.

A small handful of Parsley root, the same of Dandelion root, put into three pints of boiling water, & boiled until reduced to a Quart; Add a little Liquorice root to flavour it. Take a wine glass full, 2 or 3 times a day.

To make Peppermint Water.

Put 10 or 15 drops of Oil of Peppermint, in a Quart bottle, with 10 drops of Spirits of Wine, & fill it up with water.

Peppermint Water. Do Concentrated.

1 Drachm of Oil of Peppermint to 7 Drachms of Spirits of wine, which makes the Essence. One tea Spoonful of this essence to be put into 3 gills of water, (not boiled) & well shaken together.

For Indigestion.

10 Grains of Rhubarb, 10 Do of Soda, 1 Drachm of Tinc^re of Cardamoms, in two Tablespoonfuls of Peppermint water.

Hartshorn & Oil.

1 oz of Hartshorn, & 2 ozs of Olive Oil. Very good for a Sore Throat, to rub the outside.

Aperient Pills. Miss E. Read.

4 Grains of Calomel, 216 Grains of Rhubarb, to be made into 4 Pills.

Strengthening Mixture. Mrs B. Cooke.

54 Grains of Sulphate of Iron.
2 Drachms of Carbonate of Potash.
3 Do. of Myrrh. To be mixed in a Quart of Peppermint Water.

To Stop a Bowel Complaint.

Give instantly 25 Drops of Laudanum in a tablespoonful of Castor Oil. When ceasing give 5 Grains of Rhubarb Pills, 2 Ginger, 1 Dram of Brandy, 6 Drachms of Cinnamon Water, 2 6 Drams of Plain Water.

Strengthening Mixture.

Take 3 Gs of Rhubarb, 2 a little Ginger in a cup of Chamomile Tea, fasting, in a Morning.

Spasmodic Croup. Dr Merchant.

40 drops of Ether, 20 of Laudanum, 1/2 oz of Peppermint Water, 1 oz of Water.

Draught for Indigestion.

5 lps of Soda, a small quantity of Ginger, ½ oz of peppermint water, & ½ oz of plain water.

Miss E. Read.

For Rheumatism.

Take equal quantities of powdered Rhubarb, Ginger, Columbo, Magnesia, & Carbonate of Soda, pound them finely together, & take a teaspoonful in a little water, every night on going to bed. This is particularly efficacious in cases of Chronic Diarrhœa.

Strengthening Mixture.

1 oz of shred Isinglass, ½ oz of bruised sugar candy, & Bottle of Sherry. Put these in a Pitcher & place the Pitcher in a Saucepan of hot water, till dissolved.

Miss E. Read.

Soap for Chapped Hands.

2 oz of bitter almonds blanched, 1/4 oz of tincture of Benjamin, 1 lb of good white soap, & a piece of Camphor. To be beaten in a Mortar till they are completely mixed. Then work them with tincture of Benjamin, till quite mixed. You can make this into little squares & keep it for use.

Spermaceti Cerate.

10 oz of Spermaceti, 20 oz of wax, 60 oz of Sweet Oil. Melt it over a fire, stir cold.

To make Strengthening Jelly of Sea.

To a cup full of Powder, put five cups of water, boil it down to half the quantity, then strain it off clear: add to the stock at the bottom 2½ cups of water, boil it down to ½ the quantity, & add it to the rest. It may be taken in Tea, or sweetened with Sugar or Orange juice.

For the Tooth ache.

Camphor 2 grs
Powdered Opium 1 gr
Rectified Spirits of Wine, enough to make a Pill.

The Pill to be applied to the Tooth, but not swallowed.

Miss E. Read.

To clean Grates.

Take ¼ lb of Emery, ½ lb of Soft Soap, & a Quart of Beer. Let them simmer till as thick as Mustard, then clean the grates with it.

For taking Grease out of Silks &c.

Take 10z of Essential Oil of Lemons, 20z of Rectified Spirits of Wine.

To get oil out of Boards.

Mix together Fuller's earth, & soap lees, & rub them into the boards: let it dry, & then scour it off with soft soap, & sand. It should be put on hot, which may be easily done, by heating the Lees.

Sweet Oil, Onions, or powdered Magnesia Chalk are good for Bee, or Wasp Stings.

To take out Grease from Clothes.

Take off the grease with the Nail, or if that cannot be done, have a hot Iron, with some brown Paper. If not all out, wrap a bit of flannel round the finger, dip it into Spirits of wine & rub the grease spot. If paint should get on coats, Spirits of Wine, or Turpentine will take it out.

A mixture of Honey, with the purest Charcoal, will prove an admirable cleanser for the Teeth.

French Polish. Mrs Tomlison.

2 Drachms of Gum Guiacum.
2 Do — of Gum Mastic.
1 oz of Seed Lac.
Pounded very fine, & put into a clean bottle. Add one Pint of the best Spirits of Wine. Shake the bottle well & frequently it will be fit for use in 24 hours. Then take Copal, 1 ounce, & half a pint of Spirits of Wine, to dissolve then put 1/2 oz of Camphor. This mixture is to be kept separate from the other, & when used, put one tablespoonful to three of the Polish.

Seidlitz Powder.

Take 2 Drachms of Tartarized Soda, & 2 Scruples of Carbonate of Soda.

Saline Draught. Mrs E. Read

For a burn, or Scald.

Pr a pint of Potatoe juice, pr an oz of liquid Laudanum, & Drachm of Spirits of wine. The Potatoe to be grated & strained.

For a Cough. Mrs Busfield.

15 Drops of Tincture of Squills, a small Tea Spoonful of Paregoric, & a tea spoonful of Honey. Mix these ingredients well with the Alkali necessary for a saline Draught, & take it in a state of effervescence.

Camphor Julip.

Take 10 grains of Camphor, drop a few drops of Brandy to make it dissolve, pound it in a Mortar with a few lumps of sugar, then add pr a pound of water, & bottle it. Mrs E. Read.

Groundsel Tea, with a little Horehound in it, is a very good thing to take, to subdue fever.

For a cold.

3 Drachms of Spirits of Mindererus, with 10 drops of Antimonial Wine, in a little warm water, every 5 or 6 hours.

1 oz of Hartshorn, & 2 of Olive Oil — very good to rub outside the throat, when it is sore.

For Gravel.

Take Blackberries before they are ripe, but turned red, put them into a Pot tie them close up, & put them in a Kettle of water let them simmer over the fire, till reduced to a pulp: Strain them & to every pint of juice, put a lb of powdered Sugar, boil it to a Jelly, & put it by for use. The size of a Nutmeg to be taken every night, till the complaint is removed.

Mrs B. Cooke.

For Hooping Cough.

10 grains of Ipecacuanha Powder.
10 grs of Rhubarb Powder.
Pour ½ a pint of boiling water on the Powders, & when cold give ½ a Tea cup of the infusion to a Child of 5 yrs old.

twice a day & in proportion as the child is older or younger, more or less.

Mrs B. Cooke.

For Hooping Cough.

Dissolve 3 scruples of Cream of Tartar in 1/4 of a pint of warm water. Add to it 10 grains of finely powdered Cochineal & sweeten with Loaf Sugar. Give a child from one to 5 years old a tablespoonful 4 times a day, & afterwards a spoonful of Barley water. The above relieves in 24 hours, & cures in 5 days.

W. Allan.

Receipt for the Cramp.

Rub the part affected with the following mixture — Take ounces of camphorated Spirits, 40 drops of Spirits of Rosemary, & 4 Drachms of Spirits Salammoniac. Shake all well together. Keep it close corked. Take a little of this mixture upon the part affected, & always sleep in warm stockings.

To clean bright grates.

Mix into a smooth paste, of the consistence of hen's grease, the finest flour, lemon, & sweet oil. Rub a little of this with a piece of flannel, well on, taking care not to allow any of it to get into the crevices, then have a little whitening tied up in muslin, & throw a little on the polished slab. Finish by rubbing with a leather.

Excellent Gargle. Dr Graham.

Mix together in a half pint tumbler three tea spoonfuls of vinegar, two tea spoonfuls of tincture of Myrrh, two of Honey, & about one fourth of the tumbler of port wine; then fill up the tumbler with lukewarm warm water, & the gargle is fit for use.

For banishing insects from fruit trees &c (Copied from "Bell's Messenger" June 184[illegible])

"Dr. Lindley recommends a solution of Carbonate of Ammonia, (1/2 oz to a Quart of water) as the best recipe for the destruction of the Aphides, which are swarming the gardens. The application should be frequently repeated by sharp ejections from a fine rosed syringe. Besides being clean & effectual, the Carbonate of Ammonia improves the health of the foliage.

Port Wine Jelly.

Mrs Adam.

2 ozs of the best Isinglass —
3 ozs of broken Sugar Candy —
1/2 oz of gum Arabic.
1 Pint of Port wine & a little grated Nutmeg. Let them stand together 12 hours, then simmer over a slow fire until all is dissolved — When cold, take a piece the size of a walnut, 3 times a day.

Mrs Yarbourgh

Lotion for Weak, or inflamed Eyes.

4 oz of Aqua Ammonia.
2 oz of White Copperas.
1/4 oz of powdered Camphor.
3 bitter Almonds.
Beat these ingredients finely together, Pour over them one Gallon of boiling water — let it stand 4 or 5 days covered with a cloth, stirring it

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Several times a day — then bottle it for use.

very fine.

Daniel Stoton.

Ointment —

2 Pennyworth of Red Precipit.
1 Do — of White Do —
2 Do — of Brown Dinchylon.
1 Do — of White Do —
2 Do — of Bees Wax.
2 Do — of white Do —
1/4 oz of Rosin.
a Nump of white Sugar.
a Piece of Mutton Suet, the size of a Walnut.

These ingredients to be slowly dissolved in a Jar, in the Oven, frequently stirring them.

Daniel Stoton.

Another Ointment —

1 oz of Bees Wax.
1 Pennyworth of Sweet Oil.

2 ozs of Hogs' lard — (fresh — without salt)
½ oz of white wax —
1 Pennyworth of Sweet Oil.
To be slowly dissolved in the Oven,
the same as the other.

For a Cold & Cough.

To 2 Tablespoonfuls of Elder Syrup, add
a Dessertspoonful of Syrup of Marsh Mallows,
& a small Teaspoonful of Paregoric.
The above may be taken in a cup full
of warm water, as occasion requires.

Strengthening Plaister. Mr Father

Take of Red Lead Plaister, Gum Ammoniac,
Mastich, of each 4 ounces — Burgundy
Pitch 3 ounces — Gum Benjamin, Dragons
blood & Sole, of each 2 ozs — Turpentine
a little boiled — of Balsam of Peru,
Spermint Oil of Lavender, of each
½ an Ounce

29 Yellow Wax 2 Drachms — Mix, & make a Plaister, which when wanted Spread upon white leather, heated as little as possible.

A good Prescription for Biliousness from the effect of the hot weather.

5 grains of Powdered Ginger.
5 grains of Carbonate of Soda.
5 grains of Magnesia —
In a small glass of Water.

For a Wasp Sting.

Spirits of Ammonia & Hartshorn & Oil. Powdered Glue — Honey.

Spirits of Hartshorn — 1 ounce
Olive Oil — 2 Ozs — Shake together.

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3 tea spoonfuls of Vinegar —
2 Do — of Lime — of Myrrh —
2 Do — of Honey —
1 tablespoonful of Port Wine.

Powder to destroy the Aphis.

To six pounds of Sulphur, add one of Scotch Snuff, & 1/2 a Pound of Nux Vomica, very finely powdered.

Wash the trees infected strongly, with a hand Engine or Syringe, the current being thrown upwards — Afterwards apply a small quantity of the Powder, from time to time as occasion requires —

Wash for Trees, whose bark is infected by Insects.

To six gallons of hot water, add as much soft soap as will make the water sensibly thick (or soap suds) Add one quart of Solution of Arsenic, made according to the habit of the London Chemists with three ounces of black pepper ground very finely.

4 oz. Bot Ammonia.
2 oz. White Castile.
1/4 oz. powdered Camphor.
3 Bitter Almonds -
Beat finely together. Pour over them one Gallon of boiling water - let it stand 4 or 5 days, covered with a cloth - stirring it several times a day - then bottle it for use -
Dear Miss Winslow,
I have sent you a small bottle of the Lotion, as I thought you would like to try it,

before making any — Yours sincerely,
W. L. L. Goldsborough —

For the Cramp to Rub the part
affected. Four Ounces Camphor
ated Spirits 40 Drops of Spirits
of Rose mary, and four Drams
of Spirits of Salammoniac, Shake
all together keep it close Corked
Rub a little of this Mixture
upon the part affected, and
always Sleep in warm Stocking,

Miss Farra Rect May 13. 1829

I remain Sir

your Obl^e Ser^t

Clayton G. Allen

Receipt
for the
Cramp.
Wt Allen.

Dr. Lindley recommends a solution of Carbonate of Ammonia, (1/2 oz to a quart of water) as the best recipe for the destruction of the Aphides, which are swarming in the gardens. The application should be frequently repeated by sharp expulsions from a fine syringe.

Receipt for the Growth.

Besides being clean & effectual the carbonate of Ammonia improves the health of the foliage —

A

B.

C.

D.

E.

F.

H.

I.

J.

K.

L.

8 pints — 1 Gallon.
16 fluid ozs 1 Pint.
8 Do Drachms - 1 oz.
16 Minims - 1 Dram.
10 Minims equal to 15 Drops.

20 Grains — 1 Scruple.
3 Scruples — 1 Drachm.
8 Drachms — 1 Oz —
12 ounces — 1 lb.

a Tea Spoonful is 1 Drachm.
a tablespoonful is ½ an Oz.
a Wine Glass full is 2 Ounces.
a Tea Spoonful is 60 drops.