

## Siberian Crab jelly.

Take off the stalks,  
& wash & weigh the Crabs,  
then to each lb. add  
a pint of water, and  
boil them gently till  
they are broken, but  
do not allow them to  
fall to a pulp. Pour  
the whole into a  
jelly bag, and when  
the juice is transparent  
& weigh & put it into  
a preserving pan.  
Boil it quickly for  
ten minutes, take

it from the fire and  
stir it until dissolved  
ten of of sugar roughly  
ground to each pint  
of juice. Boil the  
jelly from ten to  
15 minutes, put into  
moulds

## Scotch Bread

To eight oz's of flour, put ~~two~~ <sup>two</sup> oz's of Butter  
Melted, and two oz's of fine Lisbon Sugar.  
Make it into a paste and set it before  
the fire, but for only a short time  
then knead it well to the thickness you  
like, and cut it into small pieces and  
bake it in a slow oven, put caraway  
Comfits at the top - A little Brandy  
is a great addition

M<sup>rs</sup> Clough

Mrs. Williamson

Strength my belly, to be taken in Dec,  
or any liquid at Breakfast, with Suits  
the best, the size of a Pigeon's Egg dissolved.

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10 $\frac{1}{2}$  of Seneglass, 10 $\frac{1}{2}$  of Dutch Horn Shavings,  
10 $\frac{1}{2}$  of Amended Sango root, 10 $\frac{1}{2}$  of pearl Gally,  
12 an Oz of Conserve of Red Roses.

Put all these into a stew-pan with a  
cover, add a pint of cold water, then raise  
sure the height with a stick and mark it,  
add half a pint more water, and let it

Summer, till it is reduced to the mark  
on the stick. Then it thoroughly and  
keep it in a cool place.

Wm. Patchingham Thurst

To dry these Mushrooms get y<sup>m</sup> in dry weather cut off y<sup>e</sup> Boes  
& if you see any y<sup>e</sup> is y<sup>e</sup> least worm eat throw those away  
but y<sup>e</sup> good ones wipe one by one with a coarseish cloth y<sup>e</sup>  
sprinkle y<sup>m</sup> with a little fine salt, & spread y<sup>m</sup> on a Dish used  
y<sup>m</sup> before a fire, get a cap paper close over them & now  
& then give them a stir about with your finger ends & y<sup>e</sup>  
spread y<sup>m</sup> as before when used rub y<sup>m</sup> over with a red Flannel  
but don't put y<sup>m</sup> in water

Get in very dry weather some large Paper  
Mushrooms, & gill & peel them clean y<sup>m</sup> lay y<sup>m</sup> on a  
Dish & sprinkle a little fine salt over  
& dry y<sup>m</sup> before a Fire as directed y<sup>m</sup>  
buttons. These are much higher tasted for y<sup>e</sup>  
in any brown sauces; y<sup>e</sup> you would put fresh Mushrooms  
into & far preferable in my mind so robbed ~~of~~ Mushrooms

Rasberry Jelly Mr Chambers  
When you have pick'd out all mouldy & bad raspberries if  
there be any hard or bad bits at the edges of any good ones break  
them off: then bruise & mash them with have ready some  
warrants pick'd clean from the stalks without breaking them  
then take the weight of a small punch bowl & weigh in it  
eighteen ounces of warrants, take the weight of another bowl  
& weigh in this 18 ounces of the mash'd raspberries - then  
weigh two pound of good lump sugar broke in larger  
pieces - dip them quick in a basin of spring water & lay them  
as you wet them in the middle of your preserving pan  
heaped up one above another. Put the small bits at the

bottom of the pan without dipping in water - let it stand  
a little - then break the lumps with a spoon as much as you  
can - set it over a gentle fire - stir it softly about & break  
all the lumps, which if not done when pretty hot take the  
pan off & break it till it be all melted - then take the  
spoon & set it over a pretty brisk fire & the moment  
it boils pour in the warrants of the raspberries as with as  
you can upon them - then give the pan a gentle shake  
about to settle them - then set it over the fire again  
mind when it boils & when it has boiled ten minutes  
run it through a clean dry flannel bag set within  
the air of the fire & turn a bason over it & set a  
haster or something to screen it from air - Still your  
pots as it runs & when cold paper them & keep them in  
a dry place. —

Mrs Chambers:

To fry Cellery - Jerusalem artichokes - or apples in  
batter  
When you have cut the Cellery from the outward  
stringy parts & trim'd the roots neat - wash it very  
clean - then split it in two & boil it in milk of water  
till it is pretty tender - then lay it carefully on a cloth not to  
break it the flat side downwards & cover it with a cloth  
- Then make a pretty stiff batter with fine flour of pretty  
good small beer & a little salt - then put some hog's  
lard or good dripping (the former is the best) into a  
very clean frying pan - let it boil a little time over  
a clear hot fire, but not set upon the fire - then dip  
the cellery in the batter & lay it in the pan as the fat



is boiling & when it is fried a neat brown tatter it up  
with an egg shie & lay it on Dry cap paper on a warm  
heuter Dish before the fire - then lay it on another warm  
dish the pieces close one by another - sift a tittle fine  
sugar over it & serve it up. - The batter eats light &  
crisp if properly fried. Jerusalem Artichokes boild  
peal'd & sliced - then dip'd in the above batter &  
fry'd as above & eat with a tittle plain melted butter  
& salt & pepper. - They must only be boild just enough  
to peal. - Apple fatters done in the same batter  
are very good of Artichoke bottoms.

*[Faint, illegible handwriting, likely bleed-through from the reverse side of the page. The text is mirrored and difficult to decipher.]*

Camomile Tea

1 oz Camomile Flowers  
8 oz Cold Spring Water  
1 Table Spoon full of Brandy  
as much grated Nutmeg as will  
cover a sixpence

Infuse the flowers in the cold soft  
Water, for 12 hours, and then add  
the Brandy, & the Nutmeg

A Wine glass full to be taken  
three times a day

18<sup>th</sup> December 1854.

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## King of Delhi Pudding.

Put into 1 pint of milk 5 oz:  
of arrowroot, a doz + a half  
of almonds chopped very  
fine, + 1 oz of butter -

Put  $\frac{1}{2}$  pint of milk on the fire  
& when boiling pour in the  
mixture, stir till thick, +  
put into a mould, & cool it.

### Sauce

Take  $\frac{1}{2}$  a breakfastcup of sugar,  
1 oz of butter, heat it into a  
cream, add a wineglass + a  
half of sherry - put it on the  
fire to boil & stir all the time -

Serve the hot sauce with the  
cold pudding -

Kind of Belle's Breading.

Put into 1 pint of milk 3 oz.  
of arrowroot, a clove & a half  
of allspice & steep very  
fine + 1 lb of butter -  
Put 1/2 pint of milk on the fire  
& when boiling pour in the  
mixture & stir till thick  
Put into a mould & cool

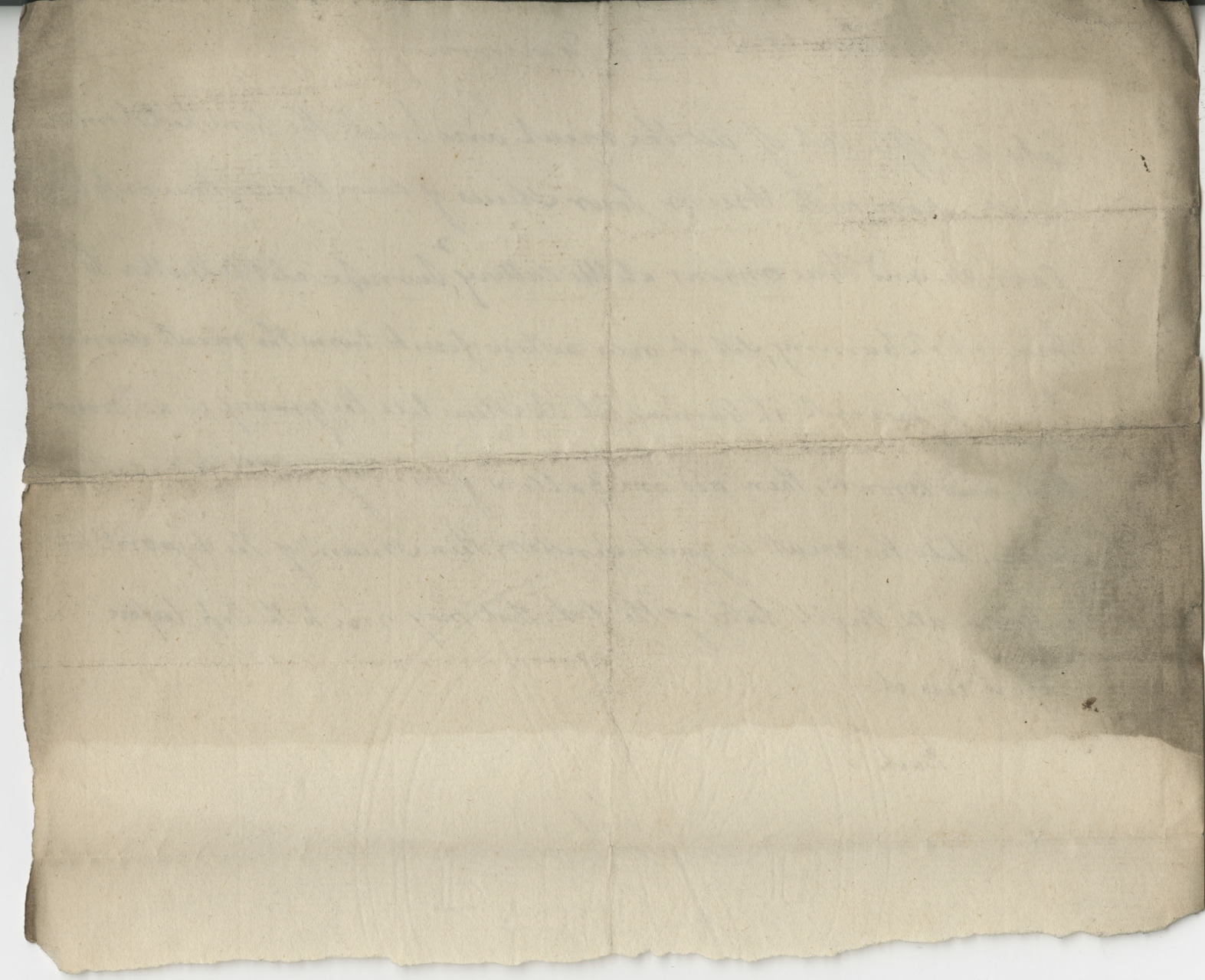
Sauce

Take 1/2 a pint of cream of sugar  
1 lb of butter, beat it out a  
cream, add a pinch of salt & a  
half of lemon - Put it on the  
fire to boil & stir all the time -  
Serve the hot sauce with the  
cold forcemeat -

Brown Soup M<sup>rs</sup> Yarborough

Take a heffle cut of all the meat, and break the bone, put it into  
a Stewpan, with three or four slices of lean Bacon, three or four  
Carrots, and three onions a little cullery, <sup>2</sup> Turneps, a little Butter to  
prevent it burning, set it over a slow fire, to turn the meat some  
times to prevent it burning, let it Stew till the gravy is all drawn  
out, and Brown, then add one Gallon of Boiling water. let it Stew  
slowly till the meat is quite tender, then strain of the liquor & let  
it stand all night. take of the fat, that may rise to the Top before  
you use it—

Wash'd





To

# Palestine Soup

or more

Take 12 or 14 Jerusalem Artichokes one Turnip  
an onion or two a little ham and a slice of  
Bacon. Stew these well together & then push  
them through a sieve. Add Veal or other  
Broth cream and a little milk and a small  
quantity of Cayenne. This soup may be  
made without the broth.

Whitcomb book

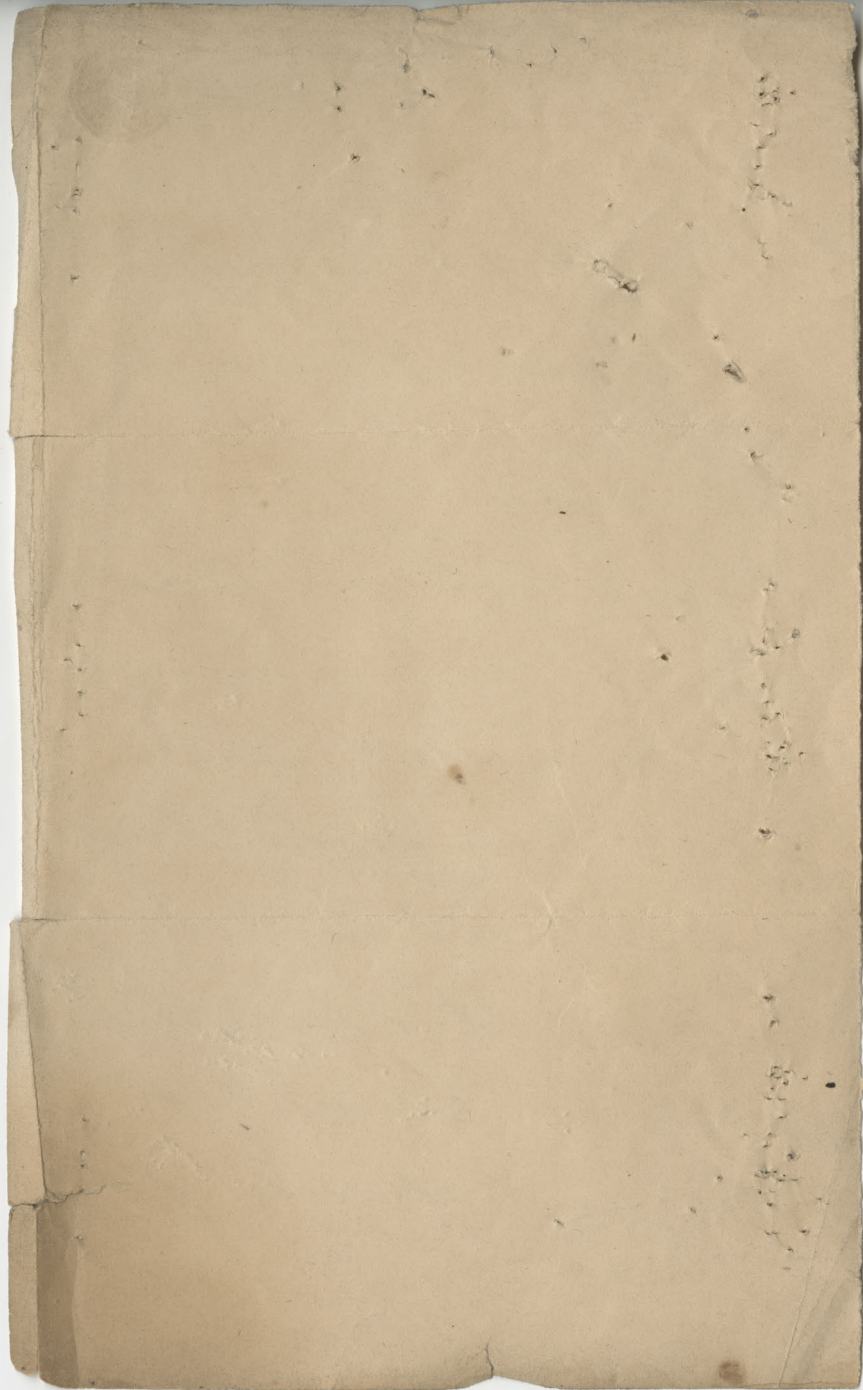
1840

The book is a little more than  
 an issue of a little more than  
 a year. The three last papers of the  
 year through a fire. The three other  
 books remain and a little more than  
 quantity of papers. This book may be  
 used without the book.

Receipt for making  
Arrowroot Blanc Mince

Take a pint of new Milk  
& a stick of cinnamon  
put it in a summer for  
ten minutes, then  
add 2 table spoons full  
of Arrowroot mixed up  
with milk & boil the  
whole for 3 minutes  
then put it into a  
Mould —

\* and sweetened to taste



## To make Yeast

Thicken two quarts of water with fine flour  
to the thickness of common water gruel, boil  
it half an hour - sweeten it with near half  
a pound of brown sugar - when it is near  
cold pour it into a large jug upon four  
spoon fulls of yeast - Shake it together  
& let it stand one day, to ferment near  
a fire without being stop'd: there will  
be then a thick liquor at the top which  
must be pour'd off - Shake the remainder  
& keep it for use - It will take a gill  
of a half to a peck loaf - Take always  
four spoon fulls of the last to ferment  
the next quantity to it in succession -  
As the four spoonfulls used on this occa-  
sion will produce sixteens - This yeast is  
much better for being made three or four  
days before it is used - cover the vessel

in which you put the Yeast with a piece  
of paper — When you make bread it is the  
best to mix the Leaven over night & let  
it stand in a warm place till <sup>9</sup> morn  
woer'd with flannel that is, for brown  
bread but for white you need not.

To make yeast

8  
2 1/2  
1/2  
1/2

Paste for rubbing upon Brass

2 pennyworth of rottenstone  
2 pennyworth of soft soap  
mixed with into a paste  
with about one table  
spoonful of turpentine

Mary Clark



Furniture Cream

2 oz white wax.

$\frac{1}{2}$  oz bees wax

pure resin size of a nut

$\frac{1}{2}$  pint turpentine.

$\frac{1}{2}$  pint water

$\frac{1}{3}$  oz castile soap. (Castile)

Cut the white wax & bees wax into shavings & crush the resin to powder & put into a jar & pour on the turpentine.

Cut the soap up, put into another jar & pour on  $\frac{1}{2}$  pint water. Put both jars into a coolish oven & leave till all is melted, stir occasionally to see. Then take out & leave till cold, then pour the soap & water slowly into the turpentine & was stirring well all the time & till perfectly mixed. Put into bottles.

*[Faint, illegible handwriting on aged, yellowed paper, possibly bleed-through from the reverse side.]*

1 Pound of rice	- - -	1
1 P <sup>o</sup> of Barley	- - -	1
1/4 lb of fine sugar	- - -	1/4
		<hr/> 2 1/4

Boil y<sup>e</sup> rice & y<sup>e</sup> Barley over a slow fire & keep stirring it with a Ladle - The gentleman who tried the above boild. his from four in y<sup>e</sup> afternoon. till eight at night he added y<sup>e</sup> sugar when he took y<sup>e</sup> porridge off y<sup>e</sup> fire. He has ten hungry hearty people who came from y<sup>e</sup> country labours to eat it - it gave them all a complete supper leaving about 3 P<sup>o</sup> of food which they c<sup>d</sup> not consume - they all liked it the cost of it without firing was rice 5<sup>o</sup> Barley 3<sup>o</sup> Sugar 2<sup>o</sup> - he afterwards added a little salt to the same proportions of other articles of f<sup>o</sup> it improve the taste - After boiling 4 hours on a slow fire he f<sup>o</sup> it produced 7 1/2 of Porridge weighing 16 1/2 pound of nourishing food. -

12 lb of rice 12 lb of Marley 3 lb sugar 1 lb salt  
boil'd out in 24 gallons of water produced 37 Quarts  
or 192 lb din'd 87 people who said they prefer'd  
it to oatmeal porridge.

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10 lb rice - 10 lb barley - 2 1/2 sugar of some salt  
boil'd in 20 gallons water - din'd 60 people who  
were all pleas'd of lik'd their dinner.

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Two gallons of water with 2 lb rice 2 Marley & 1/4  
sugar produced 7 1/4 quarts or choppings of Porridge

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2 1/2 lb Marley rice & sugar gives 16 lb of Porridge

1 lb Oatmeal gives 3 lb 4 oz

The quantity of Porridge is therefore doubled in the  
new sort.

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Two pound of the porridge at a meal of 3 meals  
of 6 lb a day the labourers seven days provisions  
will be 42 lb wt of Porridge cost 21. - I

Italian Cheese Dressing

half a pint of White Wine including the juice of  
a Lemon grate in the kind with seven ounces of  
Sugar pounded, stir it till the sugar is dissolved  
then add to it a pint of thin cream, & whisk it  
till it becomes a strong froth, put it into your  
mould, with a muslin or gauze, & set it to drain,  
it is best to be made a day before it is used  
& rather less wine than above will be better,  
may ornament it with Currant Jelly or what  
you please, N.B. when you begin to  
whisk the cream, do not leave off till it is quite  
finished, as it is apt to spoil it.

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Good for a Sore Throat.

25 or 30 Grains of Gum Guaiacome powder'd & mixt in Elder Bro. & take it at Night when you go to bed when you find your Throat beginning to be Sore it will prevent its growing worse - but if your Throat be greatly inflamed this is not proper.

To make Syrup of Lemons or Oranges without Boiling.

Squeeze your Lemons or Oranges, & let the Juice stand a Day to settle  
to a pt. of r. the Clear Juice put in <sup>℔ss</sup> 1 $\frac{1}{2}$  of Loaf Sug. let this stand in a Bason  
Uncover'd for 3 or 4 days - to ferment, then take the Scum clean off which rises  
& put it into dry bottles Cork'd very Close (if you think the Scum has not rose  
well in 3 or 4 days you must let it stand longer till the Syrup is  
Clear before you bottle it. - It is thought the Syrup & the Colour keeps better  
then when its boyl'd. —

Mrs. Baston - Good.

1851  
21  
4

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R Sweet: Cinchona ℥viij.

Tinctura Cinchona ℥ss.

℥ss Confect: Rosa Gallie ℥ss.

Acid: Sulph: dilut: Gut. L. ℥ss

Sumat Coch: Amp: ℥ij. ter guttedi

Phial: ag. ℥ss

Dr Storer of Nottingham



Trust: Carbank  
 Trust: Carbank  
 Trust: Carbank  
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Trust: Carbank

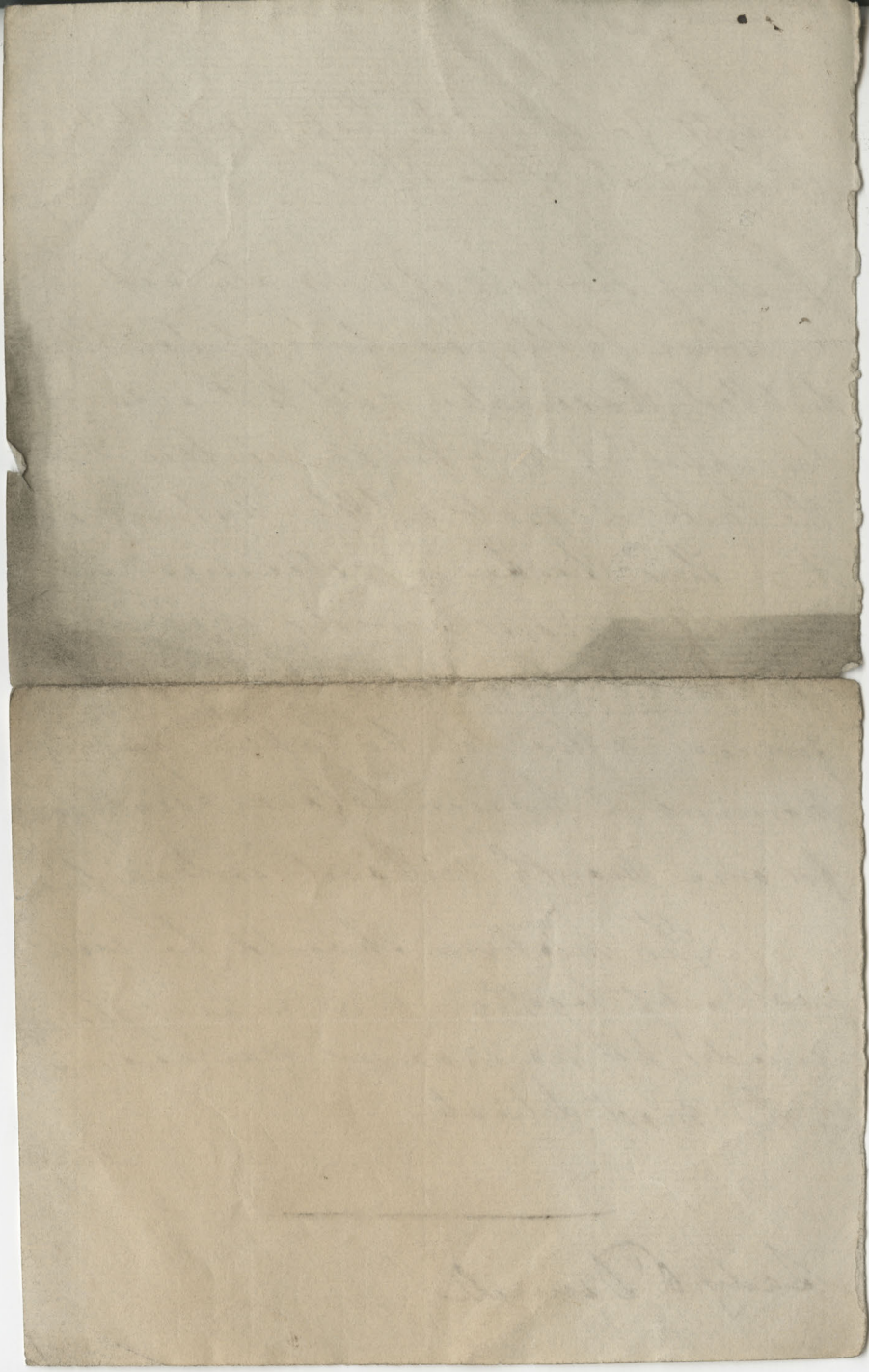
Recipe for delicate People, subject to  
complaints of the Chest.

Beat up the yolk of a newly laid Egg  
in three table spoonfuls of double  
distilled Rosewater, add to it a large  
teacupful of new Milk sweeten it to  
the taste & grate a little Nutmeg on  
it. — This has been esteemed a  
very efficacious remedy even when  
the hectic has been completely  
formed, & should be taken every  
morning 2 hours before breakfast  
for one month without intermission.

The mixture should be well  
beaten up together, & is a very pleasant  
remedy, by no means nauseous  
to the most delicate.

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Lady O'Donnell



Watson's Pills

Mues

Camptocia

Tapias

Extract. Gyosueasmi

Pulveris Ammoniaci Comp. ua ʒss

Sit Massa Divid. in Rosulas

XXX Copiit & vel ij hora Somni

pro re Vatu

R. M. W.

Mrs  
Cook

Garfield

ASKERN,

<sup>11</sup> Aug 25 / 51

Madam

I beg to inform you that *Sarah Chiff*  
of *Pontefract* recommended by you to  
the ASKERN BATH CHARITY, was this day discharged,  
*not Relieved* having received the usual weekly  
*Baths only,*  
allowance.

I remain,

Your obedient Servant,

JOHN FOX OXLEY,

For taking stains <sup>out</sup> of  
Furniture.

$\frac{1}{2}$  oz Sugar of lead to a pint  
of Vinegar just boil it then  
let it grow cold & wash the  
Furniture with this mix-  
ture then apply the polish  
Small Politur.