





# Grind-O-Matic

PORTABLE ELECTRIC

MEAT GRINDER and FOOD CHOPPER

NSTRUCTIONS • HINTS • RECIPES

## does your work

automatically...

Fresh ground meats, hash, croquettes, salads, chopped vegetables, relishes, spreads, sauces, soups and pastries are all prepared in minutes with your beautiful Grind-O-Matic. Completely portable — use it on any counter or work table. No clamps or screws. Follow the simple directions and you will enjoy your Grind-O-Matic for years.

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#### GUARANTEE

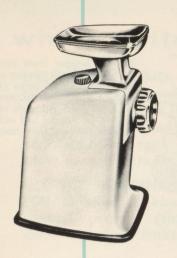
Each Rival product is precision built, inspected, and tested before leaving our factory. Like all Rival products, it is guaranteed against defects in materials and workmanship for one year, cords excluded on electrical appliances. If found defective it must be returned prepaid to the factory or an authorized service station. This guarantee does not obligate us to replace or refinish the complete unit. It is for household use only and if used according to instructions should give years of satisfactory service.

This Guarantee Applies to New Merchandise Only

#### **RIVAL MANUFACTURING COMPANY**

36th & Bennington Kansas City 29, Mo. Rival Mfg. Co. of Canada, Ltd., Montreal

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featuring

## sleek simplicity in design



ONE-PIECE DIECAST



ONE-PIECE ALUMINUM HOPPER



FEED SCREW



RING



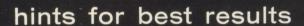
MEAT GRINDING CUTTER



VEGETABLE CHOPPING CUTTER

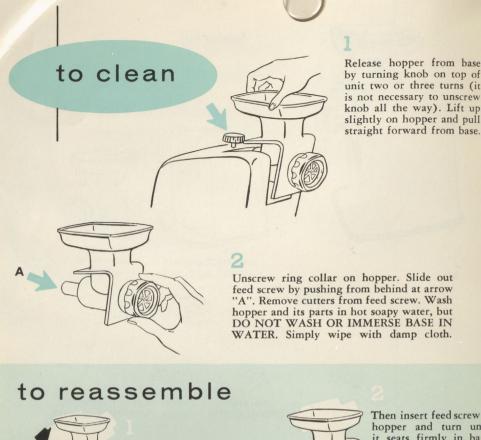


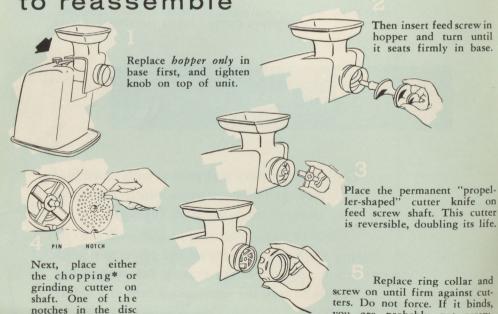
PERMANENT HARDWOOD
CUTTER KNIFE FOOD PUSHER



This Meat Grinder was packed fully assembled with meat grinding cutter in place. The chopping cutter is in a separate envelope.

Before using, disassemble and wash the cutting mechanism to remove the protective lubrication applied at the factory before packing. Be sure to read the instructions carefully before using.





ALWAYS UNPLUG WHEN NOT IN USE, AND BEFORE WASHING

should fit around pin

in hopper opening.

sure side marked "OUT" is showing.

\*IMPORTANT - When using chopping cutter be

you are probably not screw-

ing collar on straight. Back up

and start again until collar

screws on easily.

## which cutter shall I use? 15

USE THE CHOPPING CUTTER FOR: All vegetables — cabbage, green peppers, carrots, pimientos, celery, etc.; dried fruit (just right for pies), nuts; cooked meats and fish (fairly coarse); olives, and hard-boiled eggs. If you want any of the above ground extra fine, use the grinding cutter.



USE THE GRINDING CUTTER (WITH HOLES) FOR: Grinding all kinds of raw meat and fish, coconut, potatoes (fine for potato pancakes), dates, and dried fruits (for confections).



## **lubrication:**

Once a month or before extra heavy use, place one or two drops of household oil in hole in oil cup under base.



### hints...

 Cut meat and vegetables in one-inch cubes or strips. Strips may be any length.

 Most foods will feed automatically through the grinding operation. Should any food need help, use the hardwood food pusher.

 You will find your Meat Grinder helpful for preparing baby food. Use grinding cutter and put vegetables and fruits through twice.

 A little cooking oil on the cutters after washing will keep them lubricated.

 Make certain food is free of bone slivers, nutshells, hard seeds, etc., before grinding.

Your Meat Grinder operates at peak efficiency at a strong steady speed. Should the unit slow down, you are feeding it too fast.

PLUG INTO ORDINARY HOUSEHOLD OUTLET 110V, AC ONLY



## recipes

## hints for tastier ground meat

Ground meat loses its flavor rapidly. If you must grind meat in advance of using it, be sure to store it in the coldest part of your refrigerator. Unless the meat is frozen, never try to keep it for more than 48 hours.

Handle ground meat lightly to avoid packing it. To divide it into even servings, shape it in balls first, then gently flatten these to the thickness you want. If you will season the patties when turning them, or after cooking, you will avoid the packing that comes from working the seasoning into the raw ground meat. Patties may be broiled or pan broiled with equal success.

If you grind lean beef or veal, some cooking authorities believe a little fat or liquid (such as suet, eggs, evaporated milk) will increase the meat flavor and juiciness, and make it more tender. Proportions: 2 eggs, 4 tablespoons of evaporated milk or 4 tablespoons ground suet for each pound of ground beef or veal.

No binding ingredients are needed for ground lamb. It will hold its shape when cooked. A little chopped bacon adds delectable flavor and fat that is often needed.

#### FRESHLY GROUND MEAT DISHES

#### CHICKEN OR TURKEY HASH

11/2 cups cocked chicken or turkey

3 raw potatoes

1 onion

1 green pepper

2 tablespoons fat

1/2 cup canned tomatoes (drained)

1/2 cup chicken stock

Salt and pepper

Chop fowl, potatoes, onion, pepper with "Coarse" cutter. Brown in fat. Add tomatoes, stock, salt and pepper, and cook for 35 minutes. (Serves 6).



#### MEAT LOAF (Deviled)

1 can condensed tomato soup

1 pound ground beef

1/2 pound ground pork

11/2 cups bread crumbs

1/4 cup chopped onion

2 teaspoons prepared horseradish

1 egg, slightly beaten

1 tablespoon Worcestershire sauce

1 teaspoon salt

1/8 teaspoon pepper

Combine all ingredients and beat well. Bake in 6 greased muffin pans in moderate oven (350° F.) for 35 minutes. Remove from pans and reserve liquid for cream gravy made as follows:

4 tablespoons flour

11/2 cups milk

Mix flour and a little milk to a paste. Add remaining milk gradually and cook over hot water, stirring constantly until thickened. Stir in liquid from meat and season with salt and pepper. Reheat. (6 servings).

#### HAMBURGERS DELUXE

I pound ground beef

1/4 pound blue cheese

1 tablespoon Worcestershire sauce

1/2 teaspoon dry mustard

1/2 teaspoon salt

1/8 teaspoon pepper

2 tablespoons mayonnaise

Combine ground beef, salt, pepper. Shape into 8 thin patties. Combine remaining ingredients for stuffing. Place one-fourth of mixture between two patties and press edges together securely. Pre-heat broiler. Place patties on broiler rack. When one side is browned, turn and finish broiling on the second side. (4 servings).

#### BEEF TREAT IN RICE RING

1 cup finely chopped celery

1/2 cup finely chopped onion

1 pound ground beef

2 tablespoons shortening

1 teaspoon salt

1/4 teaspoon pepper

2 teaspoons prepared mustard

1 teaspoon Worcestershire sauce

2 cups cooked peas

1/2 cup liquid from peas

Cook celery, onion and beef in shortening in skillet until meat is lightly browned. Stir occasionally to keep meat particles separated. Add remaining ingredients and heat thoroughly. Pour into the center of a ring molded of cooked rice.

### aift hints



When week-end visiting, check the color scheme of your hostess' kitchen. A perfect thank-you gift will be one of the many beautiful Rival appliances in a color to harmonize with her kitchen. Your friend will

long remember such a thoughtful consideration. Write us at Rival anytime for a free catalog.

JUICE-O-MAT®

ICE-O-MAT®

CAN-O-MAT®

## recipes

#### ONE-DISH MEALS

#### TAMALE PIE

1/2 cup olive oil
1 onion, shredded
1 clove garlic
1 green pepper, shredded
1 pound round steak, ground
1/4 pound ground pork

1 can tomatoes (No. 21/2)

1/2 cup ripe olives, pitted

2 chili peppers, cut fine
Salt, pepper and cayenne, to taste
1 cup grated cheese
2 tablespoons corn meal
1 teaspoon chili powder
1 cup corn meal
3 cups water

Cook onion and garlic in the olive oil until onions are tenderized. Add shredded green pepper, steak and pork to onion mixture. Add tomatoes, olives, peppers and seasoning and cook for 1 hour, slowly. When mixture is soft and mushy, add grated cheese, 2 tablespoons corn meal and 1 teaspoon chili powder. Stir in well and cook for a few minutes longer. Mixture should be consistency of baked hash. Make a corn meal mush of the 1 cup corn meal and 3 cups water. Pour meat mixture in a shallow pan and cover with the mush. Bake uncovered in 375° F. oven about 30 minutes or until browned nicely. Garnish with ripe olives.

#### HAM-CABBAGE CASSEROLE

1 cup cooked ground ham 2 cups shredded cabbage 2 tablespoons flour

1 cup milk 1/4 cup grated cheese

Shred cabbage and steam in one-fourth cup boiling water and ½ teaspoon salt. Drain. Into heated and greased casserole, place half of the cabbage and sprinkle with the flour. Add layer of ham and cover with the remaining cabbage. Pour on heated milk and top with grated cheese. Cover and bake in moderate oven (350° F.) 25 minutes. Remove cover and brown for about 5 minutes. (Serves 4 to 6).

#### SALAMAGUNDI

 pound ground round steak or shank of beef
 tablespoons ground suet
 chopped onion
 green pepper, chopped
 pint boiling water
 tablespoon sugar
 teaspoon salt

1/2 teaspoon pepper
Butter the size of an egg
1 small can of peas (drained)
1 small can of tomatoes
1 can of lima beans (drained)
1 small can mushrooms (drained)
1 package spaghetti
1 pound cream cheese, sliced

Brown onion and green pepper in the butter. To the boiling water add ground meat, suet, tomatoes, sugar, salt, pepper, onion and green pepper. Let simmer one hour. Line buttered baking dish with cooked spaghetti. Over this pour peas, beans, and mushrooms. Pour the meat mixture over this. Top completely with slices of cheese. Bake in 425° F. oven until cheese is golden brown . . . about 20 minutes. (Serves 12).



#### SPECIALTIES

#### PATE DE FOIE GRAS (Chopped Goose or Chicken Livers)

1/2 cup chicken livers
2 tablespoons goose or chicken fat

3 hard-boiled eggs

Salt and pepper to taste 1/8 teaspoon paprika

1/2 teaspoon grated onion

Cook livers in fat until soft. Grind with eggs. Add salt, pepper, paprika, and onion. If too stiff, add more fat. Serve on thin slices of toast. Makes one-half cup.

#### HAM AND TOMATO SNACKS

1 cup ground ham 1 teaspoon parsley Cayenne pepper Pinch of mace 1/4 cup butter Garlic or onion juice 2 sliced tomatoes Mayonnaise Few drops lemon juice

To ground ham, add parsley, cayenne, mace, lemon juice and creamed butter. Rub the bowl with garlic or add a little onion juice. Spread rounds of buttered bread with the mixture and between each two rounds, place a thin slice of ripe tomato spread with thick mayonnaise. Arrange on serving tray and store uncovered in refrigerator until time to serve.

#### CAVIAR CANAPE

Toast oblong shapes of bread on one side. Spread untoasted side with mayonnaise, then with caviar to which has been added an equal amount of sweet pickled onions, very finely ground. Garnish with slices of stuffed Spanish olives.

#### ALMOND PASTE

1 pound blanched almonds

1 pound sugar

1 cup water

1/2 cup orange juice

Grind almonds very fine. Cook sugar and water to 240° F. or until the syrup is firm in cold water. Mix with almonds. Add juice last. Stir until creamy and turn onto a slab powdered with confectioners sugar. Cool. Cut and store in air tight container at least one week before using. This recipe makes two pounds of almond paste.

#### CHILI

2 tablespoons shortening

1 medium size onion, finely chopped 1 clove garlic, minced

1 pound ground beef

1 tablespoon chili powder

1/2 teaspoon salt

1/4 teaspoon cayenne pepper 1/8 teaspoon black pepper 1 No. 2 can of tomatoes 1 large can of red beans 2 tablespoons catsup

Melt shortening in a saucepan; add onion, garlic; brown. Drain from the fat and remove from pan. Then brown the beef. Return onions and rest of ingredients. (Cut the whole tomatoes by running a knife back and forth across the tomatoes while still in the can). Cover and simmer slowly for about 30 minutes, stirring occasionally. (6 servings).

## recipes

#### UNUSUAL DISHES

#### PINEAPPLE HAM LOAF

1½ pounds ground smoked ham

1 pound ground lean fresh pork 1 cup cracker crumbs

2 eags, beaten slightly

1/2 cup milk

2 tablespoons prepared mustard

6 slices pineapple, drained

6 Maraschino cherries

Mix ham, pork, crumbs, eggs, milk and mustard together. Use a tight-covered skillet. Grease with butter. Put cherries in centers of pineapple slices and arrange on skillet bottom. Carefully place ham mixture over entire pineapple surface. Cover and bake 1 hour at 350° F. When done, tilt cover and drain off liquid. Remove cover, place round platter over meat and invert. Meat loaf will come out looking like pineapple upside-down cake. Sweet potatoes may be steamed along with the ham by placing them on top of meat. (Serves 8 to 10).

#### LIVER DUMPLINGS

1½ pounds liver (calf, beef, pork or lamb)

1 large onion

1 tablespoon butter or other fat

1/2 cup flour (more if necessary)
2 quarts bread crumbs
2 eggs, well beaten

Salt and pepper

Simmer liver in water for a few minutes before grinding. Dice onion and fry in fat with bread crumbs. Combine liver and eggs. Mix well. Add onion and bread crumbs. Season to taste. Stir in flour to make a batter stiff enough to drop from spoon. Drop from tablespoon into kettle of hot broth or soup. Cover kettle tightly. Cook for 30 minutes. Shake pan frequently to prevent dumplings from sticking to each other. If desired, add one-fourth cup chopped parsley. (Remove liver dumplings carefully to avoid breaking and serve in a nest of sauerkraut.) (Serves 6). VARIATION—LIVER CAKES: Use 2 pounds of liver. Omit crumbs and butter. Reduce flour to 2 tablespoons. Chop onion very fine but do not fry. Mix all ingredients thoroughly, seasoning well with salt and pepper. A little sage may be added if desired. Shape into round cakes. Around each cake wrap a slice of bacon, fastening each with a toothpick. Fry in hot skillet until well browned. (Serves 4).

#### SCANDINAVIAN CABBAGE ROLLS

1/4 cup rice

11/4 cups hot milk

1 pound ground beef 1/4 pound ground pork

11/2 ounce can condensed bouillon

2 teaspoons salt

1/4 teaspoon pepper

1 medium-sized head cabbage 2 tablespoons brown sugar

2 tablespoons butter

Cook rice in milk in double boiler 10 minutes. Add meats, 1 cup bouillon, salt and pepper, and continue cooking until rice is soft, 10 to 15 minutes. Remove cabbage leaves from head and immerse in boiling, salted water; cook 2 minutes; drain. Spoon meat mixture on each leaf; roll and fasten with toothpicks. Arrange in Dutch oven or heatproof dish; sprinkle with brown sugar; add remaining bouillon and butter. Cover. Cook gently 20 minutes, adding a little water if necessary. Thicken broth for gravy. (Serves 6).



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#### SANDWICH SPREADS

#### CHICKEN

34 cup ground cooked chicken

1/3 cup ground pineapple

3 tbsps mayonnaise

#### CHICKEN LIVER

3/4 cup ground cooked chicken livers

2 tbsps chicken fat

1/3 cup chopped onions (and fried)

Salt, pepper, mustard or celery salt

#### HAM

3/4 cup ground cooked ham

1/4 cup ground walnut meats

1 tsp mustard

3 tbsps heavy cream

1/4 tsp salt

1/8 tsp pepper

#### DRIED BEEF

1/2 cup ground dried beef

1/4 cup grated cheese

1/4 cup chopped celery

Enough mayonnaise to bind

#### **TONGUE**

½ cup ground cooked tongue

¼ cup chopped cooked mushrooms

1 tbsp chopped dill pickle

2 tbsps Thousand Island dressing

#### **ALMOND**

1/4 cup ground salted almonds

1/4 cup chopped stuffed olives

2 tbsps mayonnaise

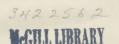
1 tsp French dressing

#### New Mounting Unit Saves Work (woodwork, too)

"Where can I put my can opener?" is an often heard lament in a new home. The new Rival Brac-O-Mat comes to the rescue to save your woodwork and walls. This mounting unit for Can-O-Mat can openers and Ice-O-Mat ice crushers (as well as a number of useful wall appli-

ances) is quickly installed under any kitchen cabinet. The can opener swings out of the way, out of sight when not in use.

Really handy!



## famous RIVAL products

CAN-O-MAT®



ICE-O-MAT®





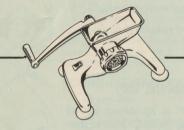
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