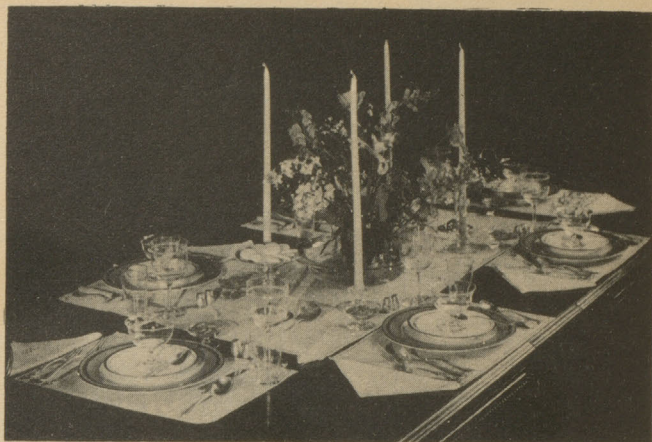


KNOX GELATINE

*Desserts
Salads
Candies and
Frozen Dishes*





SETTING THE TABLE

THE keynote of attractive decoration for the table is simplicity. Candles alone or in combination with a centerpiece of flowers or fruit may be used with good effect.

It is good form to have a plate before each guest until the table is cleared for dessert. This is called a service plate. Upon this service plate are placed dishes containing the first courses of the meal, such as fruit, oysters and soup. It is not removed until it is exchanged for the first hot course after the soup. The charm of the table depends on the orderly arrangement of the silver, glasses and china. All flat silver is laid in order of its use. The knives are placed to the right with the cutting edge toward the plate. The spoons to the right with the bowls up. Forks are placed to the left with the tines up, with the exception of the oyster and canape forks, which are placed to the right.

The bread and butter plates, when used, are placed at the tips of the forks. Glasses are placed at the right side at the tip of the knife. Tea and coffee spoons are laid across one side of the saucers. The bread and butter spreader is placed across the rim of the bread and butter plate, the handle pointing diagonally toward the service plate. The napkin is placed to the left of the cover. The finger bowl is usually brought in on a plate on which there is a doily and placed directly in front of the guest after the last course. Another method is to place the doily and finger bowl on the dessert plate, and the guest removes the doily and finger bowl to the table before the dessert is passed.

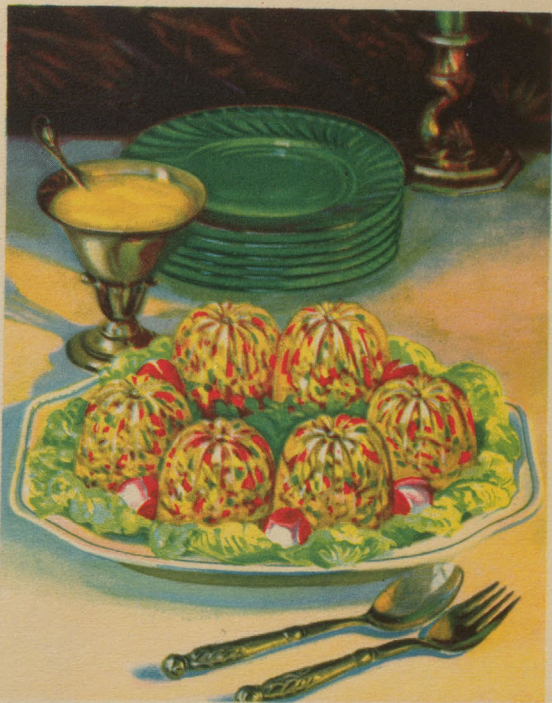
KNOX *Sparkling* GELATINE

THIS NEW BOOK is dedicated to the IMPROVED PACKAGE of Knox Sparkling Gelatine with its 4 convenient, ready-measured envelopes of gelatine, each making one pint of jelly. It contains not only the latest recipes for Plain and Fancy Desserts and Salads, but also Mechanical Refrigerator recipes, dishes for Convalescents, Children's Parties and other Special Occasions.

Any recipe in this book may be divided or increased for any desired number of servings.

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Perfection Salad

Recipe Page 17

*F*oreword . . .

TOO much attention can scarcely be paid to the appearance of the food brought to our table. At the beginning of a meal, when people are hungry, they are less critical of the food set before them than when the salad and dessert appear, for they must be attractive to the eye and light in character—in contrast to the substantial dishes that have preceded them. All this is possible in salads and desserts made with Knox Sparkling Gelatine.

The choice of fruits and vegetables (fresh or canned) and all foods that combine so perfectly with Knox Sparkling Gelatine not only appeal to the imagination and fancy but have nutritive and vitamin value



Green Salad

Recipe Page 59

as well. Though gelatine is a chief constituent of an endless variety of delicious dishes, it adds charm to other courses, and one can scarcely prepare a choice menu for a banquet, Sunday Night supper or simple home dinner without an attractively molded salad or meat loaf. On a warm summer's day, the chilled and frozen appetizers and jellied soups have an appeal. Knox Sparkling Gelatine may be used in every course with satisfactory results. Today with the KNOX 4-ENVELOPE package, we have made it more convenient for you to make your gelatine dishes, for it is no longer necessary to measure gelatine—with the new method of sprinkling gelatine on top of cold liquid and adding the hot liquid immediately, gelatine dissolves readily and when chilled on ice these delicate preparations may be turned from the mold in a very short time. In the following recipes the correct quantity of gelatine is specified that will insure the finished product unmolding perfectly and yet be of the most delicate consistency.

Note: Refer to Special Notice on Page 6 before making any recipe. [5]

NOW PACKED IN 4 *Individual* ENVELOPES

FOR YOUR
GREATER CONVENIENCE



ALWAYS USE THE
CONTENTS OF 1 ENVELOPE
FOR 1 PINT OF JELLY

KNOX SPARKLING GELATINE is put up in two different packages—the yellow and the blue one. Each package contains

4 envelopes of plain Sparkling gelatine — without artificial coloring, flavoring or sweetening mixed with the gelatine. It combines highest quality with economy, for each envelope will make one pint of jelly, so in the entire package you have enough for four different desserts or salads, each one ample for six generous servings.

The only difference between the Yellow (No. 1 package) and the Blue (No. 3 package) is that in addition to the four envelopes of gelatine, the Blue (No. 3) contains an extra envelope with fruit acid in it. This fruit acid is entirely separate and is not mixed in with the gelatine. With either package you may use the natural fruit juices of oranges, lemons, or any other fruit, but with the Blue (No. 3) package, you have the extra envelope of fruit acid to use if you desire instead of the lemons. The quantity of fruit acid in this envelope is sufficient for making up the four envelopes of gelatine and the fruit acid should be divided into four parts, one part to each envelope of gelatine. Using the fruit acid saves the time of preparing lemons.

Special Notice If you happen to have on hand the old style package containing only 2 envelopes, just use one level tablespoonful of gelatine for any recipe in this book calling for one envelope and we guarantee the same results. Remember, with the improved package one envelope equals one level tablespoonful of gelatine called for in any Knox recipe you may have.

Knox Gelatine is economical. One package makes four times the quantity of ready flavored jelly powders.

Caution: The liquid quantities in the recipes shown in this book are based on Wine Measurement (U. S. Standard) and are correct. However, in some countries where the Imperial or Metric System is used (a quart of which measures more than one quart Wine Measure), this should be taken into consideration and less water or more gelatine used.

Directions for Using Knox Sparkling Gelatine in its Quick-Dissolving and Quick-Setting Way

1. Place cold water or other liquid called for in recipe in bowl and sprinkle gelatine on top of liquid.
2. Add sugar and hot liquids and stir until dissolved.
3. Add remaining liquids and mix thoroughly.
4. If sliced or chopped fruits or vegetables are to be added and no special design is desired, allow mixture to thicken slightly and stir the prepared food through the congealing jelly.
5. Pour into a mold which has been rinsed in cold water and set in a cool place or refrigerator to stiffen.
6. To congeal or set Knox Sparkling Gelatine salads and desserts quickly, make the base as follows: To one-fourth cup cold water add the gelatine. Then add one cup hot water or liquid and stir until dissolved. Now add one-half cup cold or ice water and proceed according to the recipe. Put the finished mixture into small molds and set them in a pan with ice underneath the pan, around the sides of it and on top of the cover over the congealing jelly, not allowing any water to get into the pan of jelly. It is surprising the very short time it takes the jelly to congeal in this way—it can be served in about half an hour.
7. To unmold. Immerse mold just to the top for a second in warm water—or wrap a hot cloth about mold; slightly loosen jelly at the edge, turning mold from side to side, then place serving dish on top of mold, invert, and carefully remove mold.

In order to utilize any fruit juices (fresh or canned) you may have on hand, the gelatine may be soaked in cold fruit juices, or these fruit juices may be heated and substituted for the hot water in which the soaked gelatine is dissolved.

Note: Refer to Special Notice on Page 6 before making any recipe. [7]

GELATINE HINTS

Always use a real orange and lemon in making your desserts and salads, and take advantage of the pure health-giving vitamins that fresh fruits contain.

Electric Refrigerators—Ices and sherbets may be chilled or frozen more satisfactorily in the trays with the addition of Knox Sparkling Gelatine.

If you wish to combine fresh pineapple with gelatine, always first scald the pineapple, both fruit and juice. When using canned pineapple, this is not necessary, as the pineapple has already been cooked.

Jellied desserts and salads are a great help to the busy housekeeper, as they may be prepared hours before needed, or even the day before, and when guests arrive there is no last-minute hurrying.

Instead of making fruit jellies during the hot summer months, can the juice, with or without sugar. Then during the winter months, make gelatine jellies as you need them.

Melted ice cream should never be thrown away. Stiffen it with gelatine, using one envelope of dissolved gelatine to a pint of cream. Chocolate, Strawberry, Coffee, and Pistachio are especially delicious. Chopped raisins, dates, nuts, cherries or marshmallows make an excellent combination.

Use left-over coffee for a Coffee Jelly, Coffee Spanish Cream or Mocha Sponge.

Cream puffs and eclairs may be filled with Bavarian Cream. Filling should be put in just before serving that the crust may remain crisp. These are very effective when filled with Strawberry Bavarian Cream and garnished with a few whole berries.

When there are odds and ends of food left over use them up in combinations with gelatine dishes and show real economy in the household. Our book, "Food Economy," directs you in their use.

Gelatine will harden much quicker if put in several small molds than in one large one. In summer, without ice, it is sometimes necessary to increase the amount of gelatine or decrease the liquid specified.

A cook sometimes experiences some difficulty in adapting a recipe to the needs of one person. For one-half pint of jelly, allow one-half envelope gelatine. Sprinkle gelatine on the cold liquid and add the remainder of the liquid hot. Sweeten to taste.

Occasionally when using less than a full envelope of gelatine, you can always put the remainder of the gelatine to very good use—for cake icings, for whipping evaporated milk, for mayonnaise and cooked dressings, for frozen dishes, and in various other ways.

The canned soups are easily made into jellied soups, and are appetizing when served on a hot summer day. They should be more highly seasoned than when served hot.

When there are odds and ends of food, they may be added to the proper gelatine base, and thus extended in sufficient quantity to feed the family.

As Knox Gelatine is a transparent and colorless product, tasteless and free from odor, it may be used with all food combinations.

Fruits embedded in a clear, sparkling, transparent jelly show to unusual advantage.

Pour cold water on serving dish on which you wish to unmold jelly. Then if the mold fails to fall in the proper place, it is an easy matter to slide it into position. Or, if a lace paper doily is placed upon the serving plate and gelatine turned out upon it, it may then be moved about as desired on the plate.

Gelatine has a nutritive value which is often overlooked when preparing foods for the sick and convalescent.

Save the excess liquid from your pickled peaches or pears. Combined with gelatine, it will make an excellent jellied salad. Bits of fruit, chopped nuts or olives may be added.

With a gelatine vegetable salad, try using the vinegar which has been used over beets, and note the flavor and attractiveness.

Serve a rather tart Pineapple Jelly as a relish with meat, especially veal or lamb.

Mold sliced pineapple with jellied tongue; pineapple slices in mint jelly is a delicious accompaniment to lamb or mutton roast.

Ice Cream which is to be molded in fancy shapes—or even in the plain brick molds—should always be stiffened with gelatine so that it will keep its shape when unmolded.

Left over jelly may be whipped until light, a small amount of whipped cream added and a few nut meats to form a delicious sauce for sherbets, ice cream or water ices.

An attractive molded salad is sometimes served as the first course at a luncheon.

Use Knox Gelatine in fruit drinks for elderly people, thereby adding nutriment.

Any dish or pan in your kitchen may be used as a mold—even muffin pans or cups for individual molds.

APPETIZERS

LEMON JELLY APPETIZER

MAKE a quart of Lemon Jelly (double the Foundation Recipe on page 16). Place part in a shallow pan, about one-fourth inch thick, and allow to congeal.

Cut small rounds of bread, and toast on one side. On untoasted side, place slice of tomato, one-fourth inch thick. Season with salt, pepper and onion (grated) juice, and spread with mayonnaise. Separate white and yolk of hard-cooked egg, and chop each fine. Place on top of mayonnaise in alternate sections. Decorate with caviar or anchovy and strips of pimiento placed across appetizer in attractive form.

Place appetizers on congealed jelly and pour over enough of the remaining Lemon Jelly, which has been chilled, to cover the appetizers to a depth of one-fourth inch. Chill thoroughly. To serve cut with cookie cutter one size larger than appetizers and place on serving plate. Garnish plate if desired.

CHILLED OR FROZEN GRAPEFRUIT COCKTAIL

(6 servings)

$\frac{1}{2}$ envelope Knox Sparkling Gelatine	
2 tablespoonfuls cold water	$\frac{1}{2}$ cup crushed pineapple (canned)
2 cups grapefruit pulp	1 cup sugar
$\frac{1}{2}$ cup orange pulp	$\frac{1}{4}$ teaspoonful salt

POUR cold water in bowl and sprinkle gelatine on top of water. Place bowl in or over boiling water and stir until dissolved. Add fruit pulp, sugar, and salt. Turn into freezing trays and stir occasionally. Freeze until stiff enough to serve. Serve in glasses and garnish with mint or pieces of fruit.

TOMATO JELLY CANAPES (6 servings)

1 envelope Knox Sparkling Gelatine	
$\frac{1}{4}$ cup cold water	1 tablespoonful onion juice
2 cups canned or fresh tomatoes	1 teaspoonful salt
1 tablespoonful horseradish	$\frac{1}{2}$ cup cucumber, chopped
$\frac{1}{2}$ cup celery, chopped	

PUT tomatoes through strainer, add horseradish, salt and onion juice (extracted by grating onion). Pour cold water in bowl and sprinkle gelatine on top of water. Place bowl over boiling water and stir until gelatine is dissolved. Add to tomatoes and mix thoroughly. Cool, and when mixture begins to thicken, add cucumber and celery chopped very fine. Pour into flat pan that has been rinsed in cold water, and chill. When firm, unmold and cut in rounds. Serve on crackers.

CHILLED OR FROZEN FISH APPETIZER (6 servings)

$\frac{1}{2}$ envelope Knox Sparkling Gelatine	
2 tablespoonfuls cold water	1 tablespoonful lemon juice
1 cup crabmeat or lobster	2 teaspoonfuls mild vinegar
4 tablespoonfuls tomato catsup	1 teaspoonful olive oil
$\frac{1}{4}$ teaspoonful paprika	1 teaspoonful salt
Worcestershire Sauce	

Pour cold water in bowl and sprinkle gelatine on top of water. Place bowl in or over boiling water and stir until gelatine is dissolved. Add catsup, lemon juice, fish and other seasonings. Turn into trays of refrigerator, or freeze in paper cups or individual molds in trays. Garnish with strips of pimiento or cucumber slices. Raw oysters may be substituted for the crabmeat.

EGG AND CAVIAR IN ASPIC (6 servings)

$\frac{1}{2}$ envelope Knox Sparkling Gelatine	
2 tablespoonfuls cold water	1 tablespoonful caviar
$\frac{2}{3}$ cup hot water	4 hard-cooked eggs, chopped fine
1 tablespoonful lemon juice	2 teaspoonfuls salt
$\frac{1}{4}$ teaspoonful paprika	

Pour cold water in bowl and sprinkle gelatine on top of water. Add hot water, lemon juice, salt and paprika, and stir until dissolved. Cool and when mixture begins to thicken, add chopped egg and caviar. Turn into pan so that mixture is about one-fourth inch thick and chill until firm. When ready to serve cut in squares or circles and serve on toasted crackers or small pieces of toast—bread should be toasted on one side only, arranging mixture on untoasted side. Sprinkle with paprika or garnish with a slice of stuffed olive.

SARDINE APPETIZERS

RINSE shallow pan in cold water. Pour in a thin layer of jelly, following Foundation Recipe, page 16. When it begins to thicken, arrange on jelly a layer of thinly sliced tomatoes. Pour over another layer of liquid jelly. Chill, and when partly congealed, arrange a sardine on each tomato slice. On each side of sardine, place a design of hard-cooked egg yolk and parsley, finely chopped. Pour over a little liquid jelly to set the decorations. Chill thoroughly. Cut out in squares or rounds and serve each appetizer on a tiny lettuce leaf.

KNOX APPETIZER

THE jellied salads, fish loaves or the aspic jellies molded in tiny molds make a most attractive appetizer. Or, cut Aspic Jelly in thin rounds with a cake cutter and lay on top of prepared appetizer on toast or a cracker. Serve on an hors d'oeuvre plate or on individual plates.

SOUPS AND ASPICS

JELLIED SOUP (6 servings)

PREPARE same as for Aspic Jelly, page 13, using four cups soup stock instead of three and one-half cups. Use chicken or veal for light colored soups; or for a richer soup, brown or beef stock. It must be a delicate jelly and not so firm as the aspic. Season very highly. Add a few cooked vegetables if desired, such as peas or tiny cubes of carrot with or without a little minced pepper. Turn into bouillon cups, and just before serving beat slightly with a fork. A clear jellied tomato bouillon is prepared in like manner, equal quantities of broth and strained tomato being especially good. Serve with a garnish of parsley or cress. It will not be necessary to clarify the canned broths and consomme with egg whites. One bouillon cube to one cup of boiling water will make a cup of stock.

MUSHROOM BROTH (6 servings)

2 envelopes Knox Sparkling Gelatine	
½ cup cold water	½ stalk celery, cut in small pieces
4 cups stock	½ teaspoonful salt
¾ cup mushrooms, broken in pieces	Few grains pepper
½ onion, thinly sliced	1 clove

Use preferably chicken stock, but beef stock, canned soup or stock made with bouillon cubes may be used. Put stock, mushrooms and seasonings in saucepan and boil slowly ten minutes. Pour cold water in bowl and sprinkle gelatine on top of water. Add gelatine to hot stock and stir until dissolved. Strain into bouillon cups and chill. Serve with a spoonful whipped cream on each. (Use one bouillon cube to one cup water for stock.)

TOMATO SOUP (6 servings)

2 envelopes Knox Sparkling Gelatine	
½ cup cold water	1 cup tomatoes
2 ½ cups meat stock (canned broth, soup or bouillon cubes may be used)	2 tablespoonfuls onion, chopped
	2 tablespoonfuls parsley, chopped
	1 teaspoonful salt
	2 cloves

PUT stock, tomatoes, onion, parsley, cloves and salt in saucepan and simmer until onion is tender. (Stock may be made by dissolving two and one-half bouillon cubes in two and one-half cups boiling water.) Pour cold water in bowl and sprinkle gelatine on top of water. Add to hot soup and stir thoroughly. Strain, rubbing vegetables through sieve. Measure, add hot water to make four cups. Heat to boiling and serve hot. The addition of the gelatine will give body and consistency. Or soup may be poured into bouillon cups and chilled thoroughly.

ASPIC JELLY (8 servings)

	2 envelopes Knox Sparkling Gelatine
3 1/2 cups well seasoned soup stock	Rind of one lemon (grated)
2 tablespoonfuls lemon juice	1 tablespoonful onion juice, if desired
1/4 teaspoonful paprika	
	2 egg whites

POUR one-half cup stock in bowl and sprinkle gelatine on top of stock—stir thoroughly. Add remaining stock, which has been heated and to which has been added the lemon juice and rind, paprika and more seasonings, if necessary. Add egg whites, slightly beaten. Stir constantly and boil for five minutes. Cool, strain through double cheese cloth and chill. Canned broths and soups or bouillon cubes may be used. Meat, fish or vegetables may be molded in the aspic and served as an entree or a salad. Cut in fancy shapes, aspic is used as a garnish; often it is used as a glossy coating for meats, fish and eggs.

NOTE: For a Tomato Aspic Jelly use 2 cups tomato juice and one and one-half cups stock and make according to the above recipe.

COLD SLICED MEAT IN ASPIC (6 servings)

	1 envelope Knox Sparkling Gelatine
1/4 cup cold water	1 cooked beet, sliced
1 1/2 cups consomme, highly seasoned	1 hard-cooked egg, sliced
	Slices of ham
1/2 cup cooked peas	Slices of chicken or veal

POUR cold water in bowl and sprinkle gelatine on top of water. Add to hot consomme and stir until dissolved. Pour a thin layer into a mold that has been rinsed in cold water. When it stiffens, arrange on it decorations of the peas, beet, and egg. Cover with a little more of the gelatine mixture which has been allowed to stiffen slightly. Dip other pieces of the decorations in the aspic and set them against the chilled sides of the mold. When these have stiffened, fill mold alternately with slices of the ham, chicken and thickening aspic. When firm, unmold on a bed of lettuce leaves. Garnish with radish roses. Slice for serving.

EGGS AND VEGETABLES IN ASPIC (6 servings)

	1 envelope Knox Sparkling Gelatine
1/4 cup cold water	2 hard-cooked eggs
1 cup consomme	1/2 cup cooked peas
1/2 cup strained tomato juice	1 small tomato
	1/2 cup asparagus tips

POUR cold water in bowl and sprinkle gelatine on top of water. Scald tomato juice and consomme and add softened gelatine, stirring until dissolved. Pour about half an inch layer into a mold, that has been rinsed in cold water. Stand mold in crushed ice and salt, and when aspic is firm, arrange peas about the edge and asparagus tips upright around the sides. Arrange slices of eggs and tomato in the center, and when remaining aspic begins to stiffen, arrange alternating layers of vegetables, eggs and aspic. Chill, and when firm unmold on a bed of lettuce. Instead of the consomme, a stock may be made by dissolving one bouillon cube in one cup boiling water.

Note: Refer to Special Notice on Page 6 before making any recipe. [13]

MEAT AND FISH LOAVES

MEAT LOAF (6 servings)

- | | |
|------------------------------|--|
| | 1 envelope Knox Sparkling Gelatine |
| 1/2 cup cold water | 1 teaspoonful finely chopped parsley |
| 1 cup stock, well seasoned | 1 cup chopped cold cooked chicken, veal, lamb, beef or ham |
| 1/2 onion, peeled and sliced | 1/4 cup canned pimientos, cut in thin strips |
| 1 stalk celery, chopped | |
| 1 tablespoonful lemon juice | |
| 1/2 teaspoonful salt | |

ADD onion, celery and salt to stock, bring to a boiling point and boil three minutes. Strain. Pour cold water in bowl and sprinkle gelatine on top of water. Add to hot mixture and stir until dissolved. Add lemon juice and cool. When mixture begins to thicken, add meat, pimientos and parsley. Turn into a mold that has been rinsed in cold water, and chill. To serve, unmold and cut in slices. Canned soup, broth or bouillon cubes may be used to make stock (use one bouillon cube to one cup water to make one cup stock).

If beef is used, season with a tablespoonful Worcestershire sauce and omit lemon juice. Use the lemon juice with veal, garnishing with sliced cooked eggs and sliced tomatoes. Lamb may be used, seasoning with a little minced mint. Garnish with lettuce, green peppers, asparagus first dipped in French dressing, or with small stuffed tomatoes. With ham, less salt is required.

JELLIED CHICKEN AND VEGETABLES (6 servings)

- | | |
|---|--|
| | 1 envelope Knox Sparkling Gelatine |
| 1/4 cup cold water or stock | 1 cup chicken, sliced or chopped |
| 1 1/2 cups hot chicken stock (canned broth or soup may be used) | 1 cup vegetables, cooked peas, string beans, beets, carrots, asparagus, etc. |
| 1/2 teaspoonful salt | 1/2 pimiento or green pepper |

POUR cold water in bowl and sprinkle gelatine on top of water. Add to hot stock and stir until dissolved. Add salt and cool. Rinse a square mold in cold water, pour in a thin layer of the liquid jelly, let stiffen slightly and decorate with peppers and other vegetables. Arrange the thickening jelly, chicken and vegetables in layers and chill. Unmold on a bed of lettuce leaves and garnish with parsley and salad dressing.

A meat and vegetable dish in one.

HAM MOUSSE (6 servings)

- | | |
|--------------------------------|--|
| | 1 envelope Knox Sparkling Gelatine |
| 1/4 cup cold water | 1/2 cup cream or evaporated milk (whipped) |
| 1/2 cup hot water | 1 teaspoonful mixed mustard |
| 2 cups chopped cold boiled ham | 1/4 teaspoonful paprika |

POUR cold water in bowl and sprinkle gelatine on top of water. Add hot water and stir until dissolved. Cool and add to chopped ham; add mustard, paprika, and whipped cream or whipped evaporated milk. Add salt if desired. Turn into a mold that has been rinsed in cold water, and chill. When firm, unmold and garnish with parsley. A tablespoonful of catsup or horseradish, or a dozen ripe olives, chopped, may be added.

SALMON OR TUNA FISH MOLD (6 servings)

(Illustrated on page 36)

	1 envelope Knox Sparkling Gelatine	
1/4 cup cold water		2 1/2 tablespoonfuls mild vinegar or lemon juice
Yolks of two eggs		2 cups canned salmon, tuna fish or crabmeat
1 teaspoonful salt		1 teaspoonful mustard
1 1/2 tablespoonfuls melted butter		1/4 teaspoonful paprika
3/4 cup milk		

Mix egg yolks, slightly beaten with salt, mustard and paprika; then add butter, milk and vinegar. Cook over boiling water, stirring constantly; until mixture thickens. Pour cold water in bowl and sprinkle gelatine on top of water. Add softened gelatine to hot mixture and stir until dissolved. Add salmon, separated into flakes. Turn into a mold that has been rinsed in cold water, chill and when firm, unmold on platter.

VARIATIONS

1. Fill a ring mold that has been rinsed in cold water, with fish mixture. When firm, unmold and fill center with Cucumber Sauce: Beat one-half cup cream until stiff, add one-half teaspoonful salt, a few grains pepper, and gradually two tablespoonfuls mild vinegar; then add one cucumber, pared, chopped and drained.

2. Pare large cucumbers or ripe tomatoes, remove centers and fill with salmon mixture. Chill, cut in slices and serve on lettuce.

3. To salmon mixture add one-half cup stiffly beaten whipped cream or whipped evaporated milk, and turn into a mold that has been rinsed in cold water. When firm unmold and serve garnished with ripe olives and surrounded with sliced cucumbers.

MINT JELLY FOR COLD LAMB (6 servings)

	1 envelope Knox Sparkling Gelatine	
1/2 cup cold water		1 cup finely chopped mint leaves (fresh or dried)
1 cup sugar		1/4 teaspoonful paprika
1/2 teaspoonful salt		Green coloring
1 cup mild vinegar		

MAKE a syrup by boiling sugar and vinegar for five minutes. Pour cold water in bowl and sprinkle gelatine on top of water. Add to syrup and stir until dissolved. Add salt, paprika and color light green; then add mint leaves. Let stand five minutes, strain into molds that have been rinsed in cold water, and chill.

NOTE: Mint extract may be used instead of leaves.

HORSERADISH SAUCE

	1 envelope Knox Sparkling Gelatine	
1/4 cup cold water		1/3 cup fresh or bottled horse- radish, drained
1 tablespoonful lemon juice or mild vinegar		1/2 cup cream or evaporated milk (whipped)
1/2 cup hot water		1/2 teaspoonful salt

Pour cold water in bowl and sprinkle gelatine on top of water. Add hot water and stir until dissolved. Then add lemon juice, salt, and cool. When mixture begins to thicken, fold in horseradish and whipped cream or whipped evaporated milk. Vary by adding chopped pickle or chopped parsley. Delicious served with boiled ham or fish.

Note: Refer to Special Notice on Page 6 before making any recipe. [15]

PLAIN AND FANCY SALADS

A FOUNDATION RECIPE FOR PLAIN AND FANCY SALADS AND DESSERTS (6 servings)

THIS recipe is the foundation for nearly all salads and desserts made with Knox Sparkling Gelatine. The jelly may be made as a plain salad served on lettuce leaves with a salad dressing, or fruit or vegetables may be added—any left-over fruit or vegetables may be utilized in this way. Or the jelly may be served plain as a dessert (using lemon juice instead of vinegar) with a custard sauce, whipped cream, fruit or fruit juices.

	1 envelope Knox Sparkling Gelatine	
$\frac{1}{2}$ cup cold water		$\frac{1}{2}$ cup sugar
1 cup hot water		$\frac{1}{2}$ teaspoonful salt
	$\frac{1}{4}$ cup mild vinegar or lemon juice	

POUR cold water in bowl and sprinkle gelatine on top of water. Add sugar, salt and hot water and stir until dissolved. Add lemon juice or vinegar and mix thoroughly. Allow jelly to thicken somewhat, then stir prepared vegetables or fruit through and turn into mold that has been rinsed in cold water. Chill, and when firm, unmold. When canned fruit is to be molded, the fruit syrup may be substituted for part of the hot water and less sugar used.

LUNCHEON SALAD (6 servings)

MAKE salad jelly according to Foundation Recipe. When jelly begins to thicken, add 2 tart apples cut in small pieces, $\frac{1}{2}$ cup chopped celery and $\frac{1}{4}$ cup chopped pecans. Turn into molds that have been rinsed in cold water and chill until firm. Unmold on lettuce and serve with salad dressing. Or, turn salad mixture into cases made of bright red apples, or decorate with thin slices of pimientos.

FRUIT SALAD SUPREME (6 servings)

(Illustrated on page 36)

MAKE salad jelly, according to Foundation Recipe, substituting fruit juice for part of the hot water if canned fruit is used, and using less sugar. When jelly begins to thicken, add one and one-half cups fresh or canned fruit, drained of juice (use cherries, oranges, grapes, apples, bananas or cooked pineapple, alone or in combination). Turn into mold that has been rinsed in cold water and chill. Remove from mold and serve on lettuce with mayonnaise or cooked salad dressing.

BEEF JELLY SALAD (6 servings)

MAKE salad jelly according to Foundation Recipe. When jelly begins to stiffen, add 1 cup cooked beets chopped very fine, 1 cup chopped celery or shredded cabbage and $\frac{1}{2}$ red or green pepper, chopped. Two tablespoonfuls horseradish may be added, or chopped cucumber. Turn into molds that have been rinsed in cold water and chill until firm. Unmold on lettuce and garnish with cheese balls and mayonnaise.

PERFECTION SALAD (6 servings)

(Illustrated on page 4)

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|------------------------------------|--|
| 1 envelope Knox Sparkling Gelatine | |
| $\frac{1}{4}$ cup cold water | $\frac{1}{2}$ cup cabbage, finely shredded |
| 1 cup hot water | 1 cup celery, cut in small pieces |
| $\frac{1}{4}$ cup mild vinegar | 1 pimiento, cut in small pieces, or |
| 1 tablespoonful lemon juice | 2 tablespoonfuls sweet red or |
| $\frac{1}{4}$ cup sugar | green peppers |
| $\frac{1}{2}$ teaspoonful salt | |

POUR cold water in bowl and sprinkle gelatine on top of water. Add sugar, salt and hot water, and stir until dissolved. Add vinegar and lemon juice. Cool, and when mixture begins to stiffen, add remaining ingredients. Turn into mold that has been rinsed in cold water and chill. To serve, remove from mold to bed of lettuce leaves or endive, and garnish with mayonnaise dressing. Or cut salad in cubes, and serve in cases made of red or green peppers, or turn into individual molds lined with canned pimientos.

NOTE: A man's salad.

PEAR SALAD (8 servings)

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|--|--------------------------------|
| 2 envelopes Knox Sparkling Gelatine | |
| $\frac{1}{2}$ cup cold water | $\frac{1}{4}$ cup sugar |
| 1 $\frac{1}{2}$ cups hot water | Halves canned pears |
| 1 $\frac{1}{4}$ cups pear syrup (canned) | Cheese balls |
| $\frac{1}{4}$ cup lemon juice | $\frac{1}{4}$ teaspoonful salt |

POUR cold water in bowl and sprinkle gelatine on top of water. Add sugar, salt and hot water and stir until dissolved. Add pear syrup and lemon juice. Rinse shallow pan in cold water and pour in jelly to the depth of about one-half inch, and allow to congeal. Fill centers of pears with a cheese ball, highly seasoned, or with a cherry-marshmallow mixture. Arrange pear halves—on the jelly. Cover with remaining jelly which has been allowed to thicken somewhat. Chill, and cut in individual servings, having a pear half in each serving. Serve on lettuce with salad dressing to which a little whipped cream has been added. Halves of canned peaches or apricots may be molded in the same way.

JEWEL SALAD (6 servings)

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|------------------------------------|--------------------------------|
| 1 envelope Knox Sparkling Gelatine | |
| $\frac{1}{4}$ cup cold water | $\frac{1}{4}$ cup mild vinegar |
| $\frac{1}{4}$ cup hot water | 1 tablespoonful lemon juice |
| $\frac{1}{4}$ cup sugar | 1 cup cucumber |
| $\frac{3}{8}$ cup pineapple syrup | 1 cup canned pineapple |
| $\frac{1}{4}$ teaspoonful salt | |

POUR cold water in bowl and sprinkle gelatine on top of water. Add sugar, salt and hot water and stir until dissolved. Add pineapple syrup, lemon juice and vinegar. Cool, and when mixture begins to thicken add cucumber, pared, cut in small pieces and drained; add pineapple cut in small pieces. Turn into individual molds that have been rinsed in cold water and chill. When firm, remove from molds and garnish with lettuce and mayonnaise dressing. Grapefruit may be used instead of the pineapple.

NOTE: Salad may be tinted a delicate green. Tarragon vinegar may be used.

Note: Refer to Special Notice on Page 6 before making any recipe.

GOLDEN SALAD (6 servings)

(Illustrated on page 40)

	1 envelope Knox Sparkling Gelatine	
1/4 cup cold water		1 cup raw carrot (grated on coarse grater)
1 cup hot pineapple juice		1 cup oranges, cut in small pieces
1/4 cup mild vinegar		1 1/2 cups canned pineapple, cut in small pieces
1/2 cup orange juice		
1/4 cup sugar		
	1/4 teaspoonful salt	

POUR cold water in bowl and sprinkle gelatine on top of water. Add sugar, salt and hot pineapple juice and stir until dissolved. Add orange juice and vinegar. Cool, and when jelly begins to stiffen, add other ingredients. Turn into mold that has been rinsed in cold water and chill. If individual molds are used, place one teaspoonful of clear jelly in bottom of mold. When nearly firm, place on it one tablespoonful of thick mayonnaise. When this is firm, fill mold with salad mixture. When congealed, unmold on lettuce.

GRAPEFRUIT SALAD (6 servings)

	1 envelope Knox Sparkling Gelatine	
1/4 cup cold water		12 whole pecan nut meats
1/2 cup hot water		1/2 cup celery, diced
1 cup grapefruit juice		12 stuffed or ripe olives, sliced
1/4 cup sugar		1/4 teaspoonful salt

POUR cold water in bowl and sprinkle gelatine on top of water. Add salt, sugar and hot water and stir until dissolved. Add grapefruit juice. Pour a little of the liquid jelly in individual molds that have been rinsed in cold water. Chill, and when thickened slightly, arrange a ring of sliced olives with a pecan in the center on the jelly. When remaining jelly has stiffened somewhat, stir in the rest of the olives and celery, and fill molds. Chill until firm. Unmold on lettuce and garnish each salad with mayonnaise and a whole nut meat. Or, season cream cheese highly, moisten with cream and arrange about molds.

CANDLE SALAD

MAKE Lemon, Orange or Wine Jelly. Rinse shallow pan in cold water and pour in liquid jelly to the depth of about one-fourth inch. When jelly is firm, place on it slices of canned pineapple, and pour liquid jelly over pineapple in another one-fourth inch layer. Chill and when firm, cut out with a cutter one size larger than the pineapple, and place on lettuce leaves.

Cut a large banana crosswise and place upright in the center of the pineapple slice. On top of the banana, place a shelled Brazil nut. When ready to serve, light the Brazil nut and it will burn for about ten minutes. Serve with mayonnaise dressing.

MEXICAN SALAD (6 servings)

MAKE Foundation Recipe (page 16). Mold in two tomatoes coarsely chopped, one half green pepper, one-half cup celery, one small onion, finely chopped, and one tablespoonful horseradish.

FRUIT GINGER ALE SALAD (6 servings)

	1 envelope Knox Sparkling Gelatine	
1/4 cup cold water or fruit juice		2 tablespoonfuls lemon juice
1/4 cup orange juice or other fruit juice		1/4 teaspoonful salt
		1 cup ginger ale
2 tablespoonfuls sugar		1 cup fruit

POUR cold water in bowl and sprinkle gelatine on top of water. Place bowl over boiling water and stir until gelatine is dissolved. Add sugar, salt and fruit juice. Cool, and add ginger ale. Chill, and when beginning to thicken, add fruit cut in small pieces (canned pineapple, pears, apricots or cherries, or fresh fruit, such as oranges, apples, grapes or bananas). Two tablespoonfuls Canton ginger may be added for the extra flavor if desired. Turn into individual molds that have been rinsed in cold water and chill. When firm, unmold on lettuce and serve with mayonnaise to which a few spoonfuls of whipped cream have been added.

WASHINGTON SALAD (6 servings)

	1 envelope Knox Sparkling Gelatine	
1/4 cup cold water		1/2 cup maraschino or canned cherries (cut in halves and quarters)
3/4 cup hot water		1 cup celery, cut in small pieces
1/4 cup lemon juice		1/2 cup stuffed olives, sliced
1/4 cup maraschino syrup (or canned cherry juice)		1/2 teaspoonful salt
1/4 cup sugar		1/2 cup almonds or other nuts, coarsely chopped

POUR cold water in bowl and sprinkle gelatine on top of water. Add sugar, salt and hot water and stir until dissolved. Add fruit juice. Cool, and when it begins to thicken, stir in other ingredients. Turn into small molds that have been rinsed in cold water. Chill, and when firm, unmold on lettuce. Serve with any preferred salad dressing.

EGG SALAD (6 servings)

	1 envelope Knox Sparkling Gelatine	
1/4 cup cold water		2 tablespoonfuls green pepper, chopped
1 cup mayonnaise		2 tablespoonfuls pickle relish
4 hard-cooked eggs (either sliced or diced)		1 tablespoonful pimiento, chopped
1/2 cup celery, chopped		1 tablespoonful lemon juice
	3/4 teaspoonful salt	

POUR cold water in bowl and sprinkle gelatine on top of water. Place bowl over boiling water and stir until gelatine is dissolved. Cool, and beat into the mayonnaise. Add other ingredients and mix thoroughly. Turn into loaf pan that has been rinsed in cold water, and chill. When firm, unmold and slice very thin. Arrange slice of Egg Salad on lettuce and garnish with slices of tomato, cucumbers or radish roses.

TOMATO JELLY (6 servings)

(Illustrated on page 36)

	1 envelope Knox Sparkling Gelatine	
$\frac{1}{4}$ cup cold water	Stalk celery	
2 cups canned or fresh tomatoes	Few grains cayenne or pepper	
$\frac{1}{2}$ bay leaf (if desired)	1 tablespoonful mild vinegar or	
$\frac{1}{2}$ teaspoonful salt	lemon juice	
	1 tablespoonful onion juice	

Mix tomatoes, bay leaf, salt, celery and cayenne or pepper and boil ten minutes. Pour cold water in bowl and sprinkle gelatine on top of water. Add to hot mixture and stir until dissolved. Add vinegar and onion juice (extracted by grating onion). Strain and turn into molds that have been rinsed in cold water and chill. When firm, unmold on lettuce and garnish with mayonnaise or cooked dressing. Or the jelly may be cut in any desired shape and used as a garnish for salads or cold meats. The juice of fresh tomatoes makes a delightful jellied salad.

NOTE: Tomato soup diluted with an equal quantity of water, or tomato juice, or tomato juice cocktail may be used instead of the canned or fresh tomatoes.

1. **Pepper Salad.** Remove core and seeds from large green peppers. When Tomato Jelly begins to stiffen, fill prepared peppers. When firm, slice and serve three to a person, garnishing with lettuce, salad dressing and a slice of hard-cooked egg, or a cheese ball.

2. **Favorite Salad.** When Tomato Jelly begins to stiffen, add $\frac{1}{2}$ cup diced celery and $\frac{1}{2}$ cup chopped almonds or other nuts.

3. **Christmas Salad.** Rinse shallow pan in cold water, pour in Tomato Jelly to the depth of about one-half inch. When firm, cut in stars, using a paper pattern and a sharp knife. Remove carefully to salad plates. Put a small ball of cream cheese and a stuffed olive in the center of each star and garnish with parsley. Serve with any preferred dressing.

4. **Tomato Jelly Perfection.** When Tomato Jelly begins to stiffen, stir through it 1 cup shredded cabbage, $\frac{1}{2}$ cup chopped celery and $\frac{1}{2}$ green pepper, finely chopped.

5. **Tomato Shrimp Salad.** When Tomato Jelly begins to stiffen, add 1 cup flaked shrimps and $\frac{1}{2}$ cup finely cut celery. Chicken, tuna fish or crabmeat may be used instead of shrimps.

6. **Tomato Jelly Loaf.** Divide Tomato Jelly into three parts. Pour one part in loaf pan that has been rinsed in cold water. Chill, and when firm spread with three-fourths cup chopped, cold, boiled ham which has been mixed with prepared mustard and enough salad dressing to moisten. Add second part of tomato jelly which has been allowed to congeal slightly. When this is firm, spread with a layer of about three-fourths cup cream cheese or cottage cheese, well seasoned, and mixed with a little milk or cream. Add the third layer of the thickened jelly. Chill thoroughly. When firm, unmold on platter and garnish with lettuce, stuffed olives, strips of pimiento or green pepper or slices of hard-cooked eggs. Slice and serve with salad dressing.

CRANBERRY SALAD (6 servings)

1 envelope Knox Sparkling Gelatine
1 1/4 cups cold water
1 cup sugar
2 cups cranberries
1/2 cup celery, chopped
1/2 cup nuts, chopped
1/2 teaspoonful salt

COOK cranberries in one cup water twenty minutes. Stir in sugar and cook five minutes longer. Pour one-fourth cup cold water in bowl and sprinkle gelatine on top of water. Add to hot cranberries and stir until gelatine is dissolved. Strain, cool, and when mixture begins to thicken, add celery, nuts and salt. Turn into molds that have been rinsed in cold water and chill until firm. Unmold on lettuce and garnish with whole nut meats. Serve with any preferred salad dressing. Canned cranberries may be used (less sugar will be required) and, if desired, the mixture need not be strained.

IMPERIAL SALAD (6 servings)

1 envelope Knox Sparkling Gelatine
1/4 cup cold water
1 cup pineapple juice (canned)
2 tablespoonfuls lemon juice
1/4 cup sugar
1/2 teaspoonful salt
1 egg yolk
1/2 cup cream or evaporated milk (whipped)
2 cups cabbage, shredded
1 cup canned pineapple, cut in small pieces
1/2 cup grated raw carrot

BEAT egg yolk with sugar and salt. Add pineapple juice and lemon juice and cook over boiling water until it thickens slightly. Pour cold water in bowl and sprinkle gelatine on top of water. Add to hot mixture and stir until dissolved. Cool, and fold in whipped cream or whipped evaporated milk, cabbage, pineapple and carrot. Turn into small molds that have been rinsed in cold water and chill. When firm, unmold on lettuce and serve with mayonnaise.

ASPARAGUS BAVARIAN SALAD (6 servings)

1 envelope Knox Sparkling Gelatine
1/4 cup cold water
1 1/2 cups asparagus liquid
2 cups asparagus, cooked
1 cup cream or evaporated milk (whipped)
1 pimiento, chopped
1/2 teaspoonful salt
Mace

COOK asparagus and strain the liquid. Pour cold water in bowl and sprinkle gelatine on top of water. Add the hot asparagus liquid and stir until dissolved. Season highly with salt and white pepper. Rinse mold in cold water and arrange stalks of asparagus around sides of mold. When jelly begins to thicken, add some of the asparagus which has been rubbed through a sieve, a dash of mace, bits of pimiento and the whipped cream or whipped evaporated milk. Turn into mold and chill. When firm, unmold and serve with mayonnaise or a French dressing.

ORANGE SALAD SUPREME (6 servings)

MAKE Orange Jelly, following recipe on page 27. When it begins to stiffen, add oranges or other fruit, or a combination of fruits cut in small pieces. Turn into molds that have been rinsed in cold water and chill. When firm, remove from molds to crisp lettuce leaves and accompany with mayonnaise or a cooked dressing.

PINEAPPLE-CHEESE SALAD (6 servings)

1 envelope Knox Sparkling Gelatine
 $\frac{1}{4}$ cup cold water
 $\frac{1}{2}$ cup hot water
1 cup crushed pineapple (canned)
1 tablespoonful sugar
2 tablespoonfuls lemon juice
 $\frac{1}{4}$ teaspoonful salt
 $\frac{3}{8}$ cup grated American cheese or cream cheese
 $\frac{1}{2}$ cup cream or evaporated milk (whipped)

POUR cold water in bowl and sprinkle gelatine on top of water. Add sugar, salt and hot water and stir until dissolved. Add lemon juice and pineapple and cool. When it begins to stiffen, beat in cheese and whipped cream or whipped evaporated milk. Turn into molds that have been rinsed in cold water, and chill. When firm, unmold on lettuce and serve with mayonnaise—sprinkle the mayonnaise with chopped red or green peppers.

COTTAGE CHEESE SALAD MOLD WITH FRUIT

(8 servings)

1 envelope Knox Sparkling Gelatine
 $\frac{1}{4}$ cup cold water
2 cups cottage cheese
 $\frac{3}{4}$ teaspoonful salt
 $\frac{1}{8}$ teaspoonful paprika
 $\frac{1}{2}$ cup cream or milk
 $\frac{1}{2}$ cup pineapple
6 dates
1 orange
1 cup strawberries or bananas

POUR cold water in bowl and sprinkle gelatine on top of water. Place bowl over boiling water and stir until dissolved. Mash cheese very fine, add seasonings, cream and gelatine. Turn into border mold that has been rinsed in cold water. Chill, and when firm, unmold cheese ring on a bed of lettuce and fill center with fruit, which has been cut in small pieces and mixed with salad dressing to which has been added a few spoonfuls of whipped cream. Serve with a salad dressing.

CHEESE AND VEGETABLE SALAD (6 servings)

ADD dissolved gelatine, cream and seasonings to cheese as in above recipe. Add chopped vegetables, using one-half green pepper, one-half cup cucumber and two tablespoonfuls pimientos.

WINTER SALAD (6 servings)

1 envelope Knox Sparkling Gelatine
 $\frac{1}{4}$ cup cold water
1 cup hot water
 $\frac{1}{2}$ teaspoonful salt
 $\frac{1}{4}$ cup mild vinegar
 $\frac{1}{3}$ cup cream or evaporated milk (whipped)
 $1\frac{1}{2}$ cups grated American cheese
 $\frac{1}{2}$ cup stuffed olives, chopped
 $\frac{1}{2}$ cup celery, chopped
 $\frac{1}{4}$ cup green pepper, chopped

POUR cold water in bowl and sprinkle gelatine on top of water. Add hot water and stir until dissolved. Add salt and vinegar, cool, and when it begins to thicken, beat until frothy. Fold in cheese, olives, celery, pepper and whipped cream or whipped evaporated milk. Turn into mold that has been rinsed in cold water and chill until firm. Unmold on lettuce and serve with a salad dressing.

Very good for sandwich filling.

This salad is excellent for the diabetic diet.

WHITE FRUIT SALAD (6 servings)

	1 envelope Knox Sparkling Gelatine	
¼ cup cold fruit juice		¼ cup almonds, chopped (or other nuts)
½ cup hot fruit juice		
1 tablespoonful lemon juice		¼ cup mayonnaise
½ cup canned pineapple		2 tablespoonfuls powdered sugar
½ cup canned white cherries		¼ teaspoonful salt
	½ cup cream or evaporated milk, whipped	

POUR cold fruit juice in bowl and sprinkle gelatine on top of fruit juice. Add hot fruit juice and stir until dissolved. Add lemon juice and salt. Cool, and when mixture begins to thicken, add mayonnaise and sugar. Add pineapple and cherries cut in small pieces, and nuts. Turn into individual molds that have been rinsed in cold water and chill. To serve, unmold on lettuce and garnish with a tinted whipped cream salad dressing. Other fruits may be used, and salad may be chilled in tray of mechanical refrigerator.

SALAD SPONGE DELIGHT (8 servings)

	1 envelope Knox Sparkling Gelatine	
¼ cup cold water		½ cup white grapes or strawberries
¾ cup canned pineapple or cherry juice (or any fruit juice)		¼ pound marshmallows
½ pound almonds, or other nuts		1 cup canned white cherries
¼ teaspoonful salt		1 cup cream or evaporated milk (whipped)
		Whites 2 eggs

POUR cold water in bowl and sprinkle gelatine on top of water. Add hot pineapple juice and stir until dissolved. When cold, whip with egg beater and add chopped almonds, salt, marshmallows, grapes and cherries cut up. Fold in whipped cream or whipped evaporated milk, and lastly the whites of the eggs, stiffly beaten. Turn into mold that has been rinsed in cold water and chill. When firm, unmold and serve with whipped cream salad dressing.

TUNA FISH, SALMON OR CRABMEAT SALAD

(6 servings)

	1 envelope Knox Sparkling Gelatine	
¼ cup cold water		¾ cup cooked salad dressing or mayonnaise
1 cup tuna fish, salmon or crabmeat		½ teaspoonful salt
½ cup celery, chopped		¼ teaspoonful paprika
½ green pepper, finely chopped		1 tablespoonful mild vinegar
2 tablespoonfuls olives, chopped		Few grains cayenne, if desired

POUR cold water in bowl, and sprinkle gelatine on top of water. Place bowl over boiling water and stir until gelatine is dissolved. Cool, and add salad dressing, fish separated into flakes, celery, pepper (from which seeds have been removed), olives, salt, vinegar, paprika and cayenne. Turn into individual molds that have been rinsed in cold water and chill. Remove to nests of lettuce leaves and garnish with slices cut from stuffed olives, diamond shaped pieces cut from green pepper, celery tips and watercress.

RECEPTION SALAD (6 servings)

1 envelope Knox Sparkling Gelatine
 $\frac{1}{4}$ cup cold water
1 cup cooked salad dressing
or mayonnaise
1 cup cream or evaporated milk
(whipped)
 $\frac{1}{2}$ teaspoonful salt
1 $\frac{1}{2}$ cups chicken, diced (or veal)
 $\frac{3}{4}$ cup almonds, blanched and
chopped
 $\frac{3}{4}$ cup Malaga grapes, oranges or
canned pineapple

POUR cold water in bowl and sprinkle gelatine on top of water. Place bowl over boiling water and stir until gelatine is dissolved. Cool, and combine with salad dressing and whipped cream or whipped evaporated milk. Fold in chicken (using white meat), almonds and grapes, skinned, seeded and cut in pieces. Turn into molds that have been rinsed in cold water and chill. When firm, unmold and serve with a garnish of lettuce, whole almonds and grapes.

CHICKEN CREAM SALAD (6 servings)

1 envelope Knox Sparkling Gelatine
 $\frac{1}{4}$ cup cold water
 $\frac{3}{4}$ cup hot chicken stock, highly
seasoned (canned broth or
soup may be used)
Salt and pepper to taste
1 tablespoonful onion juice, if desired
1 $\frac{1}{2}$ cups cooked chicken cut
in dice
1 cup cream or evaporated milk
(whipped)

POUR cold water in bowl and sprinkle gelatine on top of water. Add hot stock and stir until dissolved. Add onion juice extracted by grating onion. Cool, and when mixture begins to thicken, beat, using an egg beater, until frothy, then fold in whipped cream or whipped evaporated milk and chicken. Season highly with salt and pepper. Turn into one-fourth pound baking powder cans that have been rinsed in cold water and chill. When firm, unmold, cut in slices and serve on lettuce surrounded with a dressing to which chopped celery and nuts have been added.

FROZEN FRUIT SALAD (12 servings)

1 envelope Knox Sparkling Gelatine
 $\frac{1}{2}$ cup canned pineapple juice
1 cup hot fruit juice (any kind)
2 tablespoonfuls powdered sugar
 $\frac{1}{4}$ teaspoonful salt
1 tablespoonful lemon juice
1 cup mayonnaise
1 cup cream or evaporated milk
(whipped)
2 cups fruit, cut in small pieces

POUR cold pineapple juice in bowl and sprinkle gelatine on top of juice. Add hot fruit juice and stir until dissolved. Add lemon juice. Cool. Beat mayonnaise gradually into the whipped cream or whipped evaporated milk, and add salt, dissolved gelatine and powdered sugar. Fold in fruit (canned pineapple, apricots, pears, cherries, or any fresh fruit). Turn into mold, seal tightly, and pack in equal quantities of ice and salt. Let stand three hours. Unmold, slice and serve on lettuce. Individual molds may be used—put inside a freezer can and pack can in ice and salt. Or turn mixture into tray of mechanical refrigerator.

KNOX MAYONNAISE DRESSING (Makes 1 Pint)

1 teaspoonful Knox Sparkling Gelatine	
3 tablespoonfuls cold water	Yolks 2 eggs
1 teaspoonful mustard, if desired	¼ cup lemon juice
1 teaspoonful salt	2 cups olive oil
Few grains cayenne or paprika	Onion or garlic juice, if desired
1 teaspoonful curry powder, if desired	

Mix mustard, salt, cayenne and sugar (if used). Add egg yolks, and when well mixed, one-half teaspoonful lemon juice. Pour cold water in bowl, sprinkle gelatine on top of water. Place bowl over boiling water and stir until gelatine is dissolved. Add gelatine to egg mixture. Cool, and add oil gradually, at first drop by drop, and stir constantly. As mixture thickens, thin with remaining lemon juice. Add oil and lemon juice alternately until all is used, stirring or beating constantly. If oil is added too rapidly, dressing will have a curdled appearance. Olive oil for the making of mayonnaise should be thoroughly chilled. Mayonnaise should be stiff enough to hold its shape.

FRENCH DRESSING (Makes ¾ Cup)

½ teaspoonful Knox Sparkling Gelatine	
2 tablespoonfuls cold water	1 teaspoonful salt
2 tablespoonfuls vinegar	Few grains pepper
1 teaspoonful onion juice (extracted by grating onion)	8 drops Worcestershire Sauce
	½ cup olive oil

POUR cold water in bowl and sprinkle gelatine on top of water; add vinegar. Place bowl over boiling water and stir until gelatine is dissolved. Add seasonings and cool (but do not allow it to thicken). Pour into bottle, add oil, and shake until well blended. Use other seasonings as desired.

This dressing will remain in emulsion, but do not place it in refrigerator or it will become of a jelly-like consistency.

COOKED DRESSING

POUR two tablespoonfuls cold water in bowl and sprinkle one-half envelope gelatine on top of water. Place bowl over boiling water and stir until gelatine is dissolved. Cool, and add to a pint of cooked salad dressing. This improves the dressing and makes it stand up firm and hard. Dressing may be molded and passed with the salad and may be cut in slices.

Mayonnaise may be colored green (use ground spinach or green vegetable coloring), red (ground beets or red coloring). Nuts ground very fine, chopped pickles and green olives may be added.

A **Jellied Mayonnaise** or jellied cooked dressing may be spread over a meat loaf as you would ice a cake. Decorate at once with any design preferred, pressing the garnishes into the jellied dressing. Use sliced stuffed olives, sliced pickles, bits of pimiento, hard-cooked egg, etc.

PLAIN AND FANCY DESSERTS

FOUNDATION RECIPE FOR PLAIN AND FANCY DESSERTS AND SALADS

NOTE: Any recipe in this book may be divided or doubled to serve any size family.

LEMON JELLY (6 servings) The Foundation Recipe

(Illustrated on page 36)

$\frac{1}{2}$ cup cold water	1 envelope Knox Sparkling Gelatine	$\frac{1}{3}$ cup sugar
1 cup hot water		$\frac{1}{4}$ cup lemon juice
		$\frac{1}{8}$ teaspoonful salt

POUR cold water in bowl and sprinkle gelatine on top of water. Add sugar, salt and hot water and stir until dissolved. Add lemon juice, mix thoroughly and pour into mold that has been rinsed in cold water and chill. When firm, unmold.

Other jellies are made in the same way, except the fruit juice is substituted for the hot water in the recipe and two tablespoonfuls lemon juice are added instead of the one-fourth cup in the recipe. The amount of sugar used when desserts or salads are made with fresh or canned fruit or fruit juices varies according to the acidity of the fruit—with canned fruits using less sugar than with fresh fruits.

Wine Jelly: Instead of 1 cup hot water, use $\frac{1}{2}$ cup hot water and $\frac{1}{2}$ cup wine, allowing jelly to cool before adding the wine.

WINE JELLY (6 servings)

$\frac{1}{4}$ cup cold water	1 envelope Knox Sparkling Gelatine	$\frac{1}{2}$ cup hot water
$\frac{1}{2}$ cup sugar		$\frac{1}{4}$ cup orange juice
$\frac{1}{4}$ teaspoonful salt		1 tablespoonful lemon juice
		$\frac{3}{4}$ cup wine

POUR cold water in bowl and sprinkle gelatine on top of water. Add sugar, salt and hot water and stir until dissolved. Add orange juice, lemon juice and wine. Turn into mold that has been rinsed in cold water and chill until firm. Unmold.

Cut out center of stale sponge cake, leaving bottom and sides thick enough to hold a pint of jelly. When Wine Jelly begins to thicken, turn into cake. Put in cool place, and serve topped with whipped cream.

COFFEE JELLY (6 servings)

$\frac{1}{4}$ cup cold water	1 envelope Knox Sparkling Gelatine	$\frac{1}{3}$ cup sugar
$1\frac{1}{2}$ cups clear strong boiled coffee		2 tablespoonfuls lemon juice
		$\frac{1}{4}$ teaspoonful salt

POUR cold water in bowl and sprinkle gelatine on top of water. Add sugar, salt and hot coffee, and stir until dissolved. Add lemon juice. Turn into a mold that has been rinsed in cold water. Chill and when firm, unmold. Serve with whipped cream or whipped evaporated milk. Instead of the $1\frac{1}{2}$ cups coffee, 1 cup strong coffee and $\frac{1}{2}$ cup wine may be used.

ORANGE JELLY (6 servings)

	1 envelope Knox Sparkling Gelatine	
¼ cup cold water		½ cup orange juice
1 cup hot water		1 tablespoonful lemon juice
½ cup sugar		¼ teaspoonful salt

Orange pulp may be added

MAKE same as Lemon Jelly.

ORANGE JELLY IN BASKETS

CUT a circular piece of peel one inch in diameter from as many oranges as desired. Introduce handle of a silver spoon into opening thus made and remove pulp and juice. Cut the skins in form of baskets, leaving handle. Strain juice from pulp and use in making the Orange Jelly as in above recipe. Fill orange baskets with mixture, place in pan and surround with ice to which a small quantity of water has been added. When firm, arrange on serving plates on lace paper doilies and garnish with whipped cream and cherries.

VARIATIONS

Grapefruit. Make Orange Jelly, substituting grapefruit juice and pulp for orange juice.

Grape Juice. Make Orange Jelly, substituting grape juice for the orange juice, and when beginning to set, mold in Malaga grapes, skinned, seeded, and cut in pieces.

JELLIED CIDER OR FRUIT JUICE (6 servings)

	1 envelope Knox Sparkling Gelatine	
¼ cup cold water		1 ¼ cups sweet cider or fruit juice
½ cup hot water		Sugar (to taste)

¼ teaspoonful salt

POUR cold water in bowl and sprinkle gelatine on top of water. Add sugar, salt and hot water, and stir until dissolved. Turn into mold that has been rinsed in cold water and chill. When firm, unmold. If fruit juices are used in this recipe, use one tablespoonful lemon juice also.

JELLIED PRUNES (6 servings)

	1 envelope Knox Sparkling Gelatine	
¼ cup cold water		½ cup sugar
1 ½ cups cooked prunes		2 tablespoonfuls lemon juice

¼ teaspoonful salt

COOK prunes slowly in two cups water until soft. Remove prunes, stone, and cut in quarters. To prune water add enough boiling water to make one and one-half cups. Pour cold water in bowl and sprinkle gelatine on top of water. Add sugar, salt and hot prune water and stir until dissolved. Add lemon juice and cool. When jelly begins to thicken, add prunes. Turn into mold that has been rinsed in cold water and chill. When firm, unmold and serve with whipped cream or whipped evaporated milk. If preferred, prunes may be forced through a sieve.

BLANC MANGE (6 servings)

2 cups milk
1/4 teaspoonful salt

1 envelope Knox Sparkling Gelatine
1/3 cup sugar
1/2 teaspoonful vanilla

SCALD one and one-half cups milk with sugar. Pour one-half cup cold milk in bowl and sprinkle gelatine on top of milk—stir thoroughly. Add to hot mixture and stir until dissolved. Cool slightly, add flavoring and salt and turn into mold that has been rinsed in cold water and chill. When firm, unmold and serve with currant, strawberry or any preferred jelly, or with whipped cream, pineapple, strawberry or any fruit sauce. When Blanc Mange begins to stiffen, any sliced, canned or fresh fruit, drained of juice, may be added.

VARIATIONS

Chocolate Blanc Mange. Add one square melted chocolate or three tablespoonfuls cocoa and two tablespoonfuls more sugar to the scalded milk.

An Easter Dessert. Wash one-half dozen large eggs; make a large hole in the round end of each shell, then shake out the contents from the shell, using eggs for custards, cakes, etc. Rinse shells clean, leaving them filled with cold water until used. Pour chilled, liquid Blanc Mange above or Evaporated Milk Blanc Mange (page 50) through a funnel into the shells and set them in an upright position in a pan of salt or in the egg carton. When ready to serve, remove shells and arrange contents in a nest of Lemon or Orange Jelly, as per recipes on pages 26 and 27, or spun sugar may be used for the nest. Serve with whipped cream or whipped evaporated milk (page 50). Cocoa may be added to part of the Blanc Mange for brown eggs, or the vanilla Blanc Mange may be tinted with various colorings, as pink, yellow or green.

Fruit Caprice or Rainbow Dessert. In tall, thin glasses, arrange alternate layers of vanilla Blanc Mange or Bavarian Cream with crushed strawberries, raspberries, apricots or any bright colored fruit. Allow Blanc Mange to become rather stiff before filling glasses. Top with a single berry or apricot.

ROSE APPLES (6 servings)

1/4 cup cold water
1 cup sugar
2 cups boiling water
2 tablespoonfuls lemon juice

1 envelope Knox Sparkling Gelatine
2 tablespoonfuls red cinnamon candies
6 medium-sized apples
1/4 teaspoonful salt

PARING and core apples. Make a syrup of the sugar, boiling water and cinnamon candies, cooking apples in syrup slowly until tender—being careful that apples retain their shape. Pour cold water in bowl and sprinkle gelatine on top of water. Remove apples from syrup and dissolve gelatine in hot syrup, stirring thoroughly. Add lemon juice and salt and more water if necessary to make a pint of liquid. Place apples in sherbet glasses and pour over the liquid jelly. Chill until firm. Serve with a garnish of whipped cream.

SPANISH CREAM OR MOLDED CUSTARD (6 servings)

(Illustrated on page 37)

1 envelope Knox Sparkling Gelatine
3 cups milk
1/2 cup sugar, scant
3 eggs
1/4 teaspoonful salt
1 teaspoonful vanilla

POUR milk in top of double boiler and sprinkle gelatine on top of milk. Place over hot water, add sugar and stir until dissolved. Pour slowly on yolks of eggs, slightly beaten with the salt; return to double boiler and cook until thickened somewhat, stirring constantly. Remove from stove, add flavoring and fold in lightly the whites of the eggs, beaten until stiff. Turn into one large or individual molds that have been rinsed in cold water, and place in refrigerator. (This will separate and form a jelly on the bottom with custard on top—if you do not wish this separation in two layers, allow custard to cool somewhat before adding the stiffly beaten egg whites.) When firm unmold and serve with whipped cream, sliced oranges or any fruit or fruit juice.

CONDENSED OR EVAPORATED milk may be used in Spanish Cream deserts. Use one and one-half cups each evaporated milk and water instead of the three cups milk. Less sugar will be needed if condensed milk is used.

VARIATIONS

1. **Chocolate Spanish Cream.** Make like Spanish Cream, adding two squares melted chocolate or six tablespoonfuls cocoa to the milk before scalding. Macaroons dried and rolled, nut meats, or Maraschino cherries, chopped may be added. Serve with cream.

2. **Coffee Spanish Cream.** Make like Spanish Cream, but use two cups of strong coffee and three-fourths cup milk, instead of the three cups milk, and add one-third cup more sugar and two tablespoonfuls lemon juice. Serve with cream.

3. **Orange Spanish Cream.** Make like Spanish Cream, substituting a cup of orange juice for one cup of the milk, adding it after custard is removed from fire. Serve with sliced oranges.

4. **Macaroon Spanish Cream.** Make like Spanish Cream, adding three-fourths cup macaroons, dried and rolled, or chopped nuts, just before turning custard into molds. Garnish with candied cherries or fresh fruit and serve with a cream, lemon or chocolate sauce or juice from canned fruit.

5. **Butterscotch Spanish Cream.** Make like Spanish Cream, using three-fourths cup brown sugar instead of the half cup white sugar, and adding two tablespoonfuls butter. Cook butter and brown sugar for a moment in double boiler and add to the hot milk. Garnish mold with nut meats or figs and serve with or without cream.

6. **Pudding Delicious.** Make Spanish Cream. Pour into a deep glass bowl and chill. Just before serving, cover with sweetened fresh strawberries or raspberries (or use canned berries drained of juice). Cover fruit with thick layer of whipped cream. Sprinkle grated chocolate over pudding. Serve with chocolate sauce, or the canned juice.

LEMON SPONGE OR SNOW PUDDING (6 servings)

1 envelope Knox Sparkling Gelatine
 $\frac{1}{4}$ cup cold water
1 cup hot water
 $\frac{1}{4}$ cup lemon juice
 $\frac{3}{4}$ cup sugar
Whites of 2 eggs
 $\frac{1}{4}$ teaspoonful salt

POUR cold water in bowl and sprinkle gelatine on top of water. Add sugar, salt and hot water and stir until dissolved. Add lemon juice and grated rind of the lemon; occasionally stir the mixture, and when quite thick beat with wire spoon or whisk until frothy; add whites of eggs beaten stiff, and continue beating until stiff enough to hold its shape. Turn into mold that has been rinsed in cold water. Chill and when firm unmold and serve with boiled custard made of yolks of eggs. A very attractive dish may be prepared by coloring half the mixture red. This is very nice served in a sherbet glass with a cherry or any fruit sauce.

POACHED EGG DESSERT

(Illustrated on page 37)

MAKE Lemon Sponge or Snow Pudding. Turn into six large coffee saucers, placing in the center of each saucer a peach or apricot half (fresh or canned) with the rounded side up—to resemble the yolk of an egg. Serve in the same saucers, or place the contents of the saucers on a platter and serve with them either a custard sauce, whipped cream or whipped evaporated milk.

Poached Egg on Toast. Remove Poached Egg Dessert from saucers to a thin slice of sponge cake—making it resemble a poached egg on toast. Serve with whipped cream or whipped evaporated milk, or any desired sauce.

MOCHA SPONGE (6 servings)

1 envelope Knox Sparkling Gelatine
 $\frac{1}{4}$ cup cold water
 $\frac{1}{3}$ cups strong boiled coffee
2 tablespoonfuls lemon juice
 $\frac{3}{4}$ cup sugar
Whites of 2 eggs
 $\frac{1}{4}$ teaspoonful salt

POUR cold water in bowl and sprinkle gelatine on top of water. Add sugar, salt and hot coffee and stir until dissolved. Add lemon juice. Cool and when nearly set beat, using a wire whisk, until quite stiff. Add whites of eggs, beaten until stiff, and continue the beating until mixture will hold its shape. Turn into a mold that has been rinsed in cold water. Chill thoroughly, remove from mold and serve with sugar and thin cream.

CHARTREUSE OF JELLY (6 servings)

CUT out the center of a stale sponge cake, leaving the bottom and sides thick enough to hold a pint of jelly. Prepare a Lemon, Orange, Strawberry, Wine, or any fruit jelly, and when it is cold and beginning to thicken, turn into the cake, and put in a cool place or refrigerator to congeal. When ready to serve, cover the top with chilled, flavored and sweetened whipped cream or whipped evaporated milk.

STRAWBERRY SPONGE (6 servings)

	1 envelope Knox Sparkling Gelatine	
1/4 cup cold water		1 cup strawberry juice and pulp
1/2 cup hot water		1 tablespoonful lemon juice
1 cup sugar		1/2 cup cream or evaporated milk,
1/4 teaspoonful salt		whipped
	2 egg whites	

CRUSH strawberries, add sugar, and allow to stand about half an hour. Pour cold water in bowl and sprinkle gelatine on top of water. Add salt and hot water and stir until dissolved. Add strawberry mixture and lemon juice. Cool, and when it begins to thicken, fold in whipped cream or whipped evaporated milk, and the stiffly beaten egg whites. Turn into glasses and chill. Serve garnished with berries. Or, serve on sponge cake with whole berries and whipped cream or whipped evaporated milk. Any fresh or canned fruit may be used. (With canned fruit, less sugar will be required.)

Strawberry Chiffon Pie. Turn Strawberry Sponge mixture into previously baked pastry shell, and chill. Just before serving garnish with whipped cream and strawberries.

APPLE SPONGE PUDDING (6 servings)

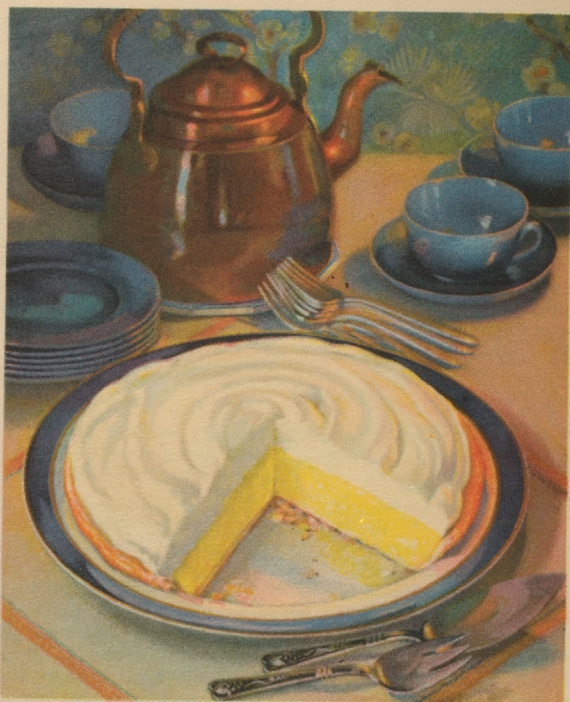
	1 envelope Knox Sparkling Gelatine	
1/4 cup cold water		2 tablespoonfuls lemon juice
1/2 cup boiling water		2 eggs
1 1/2 cups strained apple sauce		1/4 teaspoonful grated lemon rind
1/3 cup sugar		1/4 teaspoonful salt

Mix together boiling water, apple sauce, sugar, salt, lemon rind and beaten egg yolks, and cook over boiling water until mixture thickens slightly. (Less sugar will be needed if apple sauce has been sweetened.) Remove from fire. Pour cold water in bowl and sprinkle gelatine on top of water. Add to hot mixture, stir until dissolved, and add lemon juice. Cool until it begins to thicken, fold in stiffly beaten egg whites and turn into mold that has been rinsed in cold water. Chill, and when firm, unmold. Garnish with cooked apple quarters or with orange marmalade and nut meats. Serve with whipped cream or whipped evaporated milk, or a custard sauce. A little ginger or the small red cinnamon candies may be cooked with the apple pulp.

GRAPEFRUIT SNOW PUDDING (6 servings)

	1 envelope Knox Sparkling Gelatine	
1/4 cup cold water		3/4 cup grapefruit juice and pulp
1/4 cup hot water		(canned)
1/4 cup sugar		1/4 cup orange juice
1/4 teaspoonful salt		1 tablespoonful lemon juice
	2 egg whites	

POUR cold water in bowl and sprinkle gelatine on top of water. Add hot water and stir until dissolved. Add sugar, salt and fruit juices (cut grapefruit sections in small pieces). Mix thoroughly. Cool, and when jelly begins to thicken, beat until frothy and then fold in stiffly beaten egg whites. Turn into mold that has been rinsed in cold water and chill. When firm, unmold and garnish with grapefruit sections, cherries or strawberries. Serve with custard sauce made from the yolks of the eggs. If fresh grapefruit is used, one-half cup more sugar will be necessary.



Lemon Chiffon Pie

Recipe Page 51

ORANGE-PINEAPPLE SPONGE (6 servings)

	1 envelope Knox Sparkling Gelatine	
$\frac{1}{4}$ cup cold water		$\frac{1}{2}$ cup orange juice
$\frac{1}{2}$ cup hot water		$\frac{1}{4}$ cup sugar
$\frac{1}{2}$ cup canned pineapple or apricot juice		Whites of 2 eggs
		1 tablespoonful lemon juice
	$\frac{1}{4}$ teaspoonful salt	

POUR cold water in bowl and sprinkle gelatine on top of water. Add sugar, salt and hot water; stir until dissolved. Add fruit juice. Cool and when it begins to stiffen, beat until frothy and fold in egg whites beaten until stiff. Beat thoroughly and pile in glasses. Chill. Decorate with pieces of pineapple, apricot or cherries. Serve with or without cream. Strawberry, cherry or any canned or fresh fruit may be used, and pieces of fruit drained of juice may be whipped through the sponge. More sugar will be needed if fresh fruit is used.



Christmas Plum Pudding

Recipe Page 44

ORANGE—BANANA CREAM (6 servings)

	1 envelope Knox Sparkling Gelatine	
$\frac{1}{4}$ cup cold water		1 teaspoonful grated orange rind
4 bananas		$\frac{1}{4}$ teaspoonful salt
$\frac{1}{2}$ cup orange juice		$\frac{3}{4}$ cup powdered sugar
1 tablespoonful lemon juice		1 cup cream or evaporated milk (whipped)

MASH bananas, add fruit juice, sugar and grated rind. Pour cold water in bowl and sprinkle gelatine on top of water. Place bowl in boiling water and stir until gelatine has dissolved. Beat dissolved gelatine into fruit mixture. Fold in whipped cream or whipped evaporated milk. Turn into mold that has been rinsed in cold water and chill. When firm, unmold and garnish with orange slices. Or spread with sweetened and flavored whipped cream and place about the mold lady fingers or other small cakes iced with a delicate green icing. Garnish with nuts. One cup seedless raisins may be added.

Note: Refer to Special Notice on Page 6 before making any recipe.

BAVARIAN CREAM No. 1 (6 servings)

1 envelope Knox Sparkling Gelatine
 $\frac{1}{4}$ cup cold water
 $\frac{1}{2}$ cup scalded milk (not boiled)
2 cups cream, whipped
 $\frac{1}{2}$ cup sugar
 $\frac{1}{4}$ teaspoonful salt
1 teaspoonful vanilla

POUR cold water in bowl and sprinkle gelatine on top of water. Add sugar, salt and scalded milk and stir until dissolved. Cool, and when mixture begins to thicken, beat, and fold in whipped cream and flavoring. Turn into mold that has been rinsed in cold water and chill. When firm, unmold.

CHOCOLATE BAVARIAN CREAM

MAKE Bavarian Cream No. 1, and add two squares of melted, unsweetened chocolate or six tablespoonfuls cocoa to the hot milk. Whipped evaporated milk may be used instead of the whipped cream.

COFFEE BAVARIAN CREAM

MAKE Bavarian Cream No. 1, substituting one-half cup strong boiled coffee in place of the one-half cup scalded milk, and add one tablespoonful lemon juice.

BAVARIAN CREAM No. 2 (6 servings)

1 envelope Knox Sparkling Gelatine
 $\frac{1}{4}$ cup cold water
1 cup milk
Yolks 2 eggs
 $\frac{1}{2}$ cup sugar
 $\frac{1}{4}$ teaspoonful salt
 $\frac{1}{2}$ teaspoonful vanilla
1 cup cream or evaporated milk (whipped)

BEAT egg yolks with sugar and salt, add to milk and cook in double boiler until of custard consistency. Pour cold water in bowl and sprinkle gelatine on top of water. Add to hot custard and stir until dissolved. Cool, and when mixture begins to thicken, fold in whipped cream or whipped evaporated milk, and vanilla. Turn into mold that has been rinsed in cold water and chill. When firm, unmold.

NOTE: The stiffly beaten whites of eggs may be added to the cream mixture if desired.

FRUIT BAVARIAN CREAM (6 servings)

1 envelope Knox Sparkling Gelatine
 $\frac{1}{4}$ cup cold water
1 cup fruit juice and pulp
1 tablespoonful lemon juice
 $\frac{1}{2}$ cup sugar
1 $\frac{1}{2}$ cups cream or evaporated milk (whipped)
 $\frac{1}{4}$ teaspoonful salt

POUR cold water in bowl and sprinkle gelatine on top of water. Place bowl in boiling water and stir until gelatine is dissolved. Add fruit juice mixed with lemon juice and sugar, and stir until dissolved. Cool, and when mixture begins to thicken, fold in whipped cream or whipped evaporated milk. Turn into mold that has been rinsed in cold water and chill until firm. Unmold. Use canned pineapple, fresh or canned strawberries, raspberries, peaches or any preferred fruit. (With canned fruit less sugar is required.)

MAPLE BAVARIAN CREAM

MAKE Bavarian Cream No. 2, using shaved maple sugar instead of the white sugar. One dozen cut marshmallows may be added, or one-half cup chopped pecans or walnuts.

BUTTERSCOTCH BAVARIAN CREAM

MAKE Bavarian Cream No. 2, omitting the white sugar. Cook three-fourths cup brown sugar and two tablespoonfuls butter together for a moment, and add this to the hot custard.

CORNUCOPIA DELIGHT

MAKE a plain sponge cake batter, pour thinly into large coffee saucers, and bake until a light brown color. When baked and while hot, remove from saucers and roll into a cornucopia or cone shape. A wooden toothpick will help to hold the bottom in shape. When cold, fill with Bavarian Cream (page 34) or Wine Jelly (page 26). Top with a spoonful of whipped cream or whipped evaporated milk (page 50). Nuts may be added to the filling, or Fruit Bavarian (page 34) or Chocolate Sponge (page 47) may be used.

ORANGE CUSTARD (A Children's Dessert—6 servings)

	1 envelope Knox Sparkling Gelatine	
1/4 cup cold water		1 cup orange juice
1 cup hot water		2 tablespoonfuls lemon juice
1/2 cup sugar		1/2 teaspoonful salt
4 egg yolks, well beaten		1/2 teaspoonful grated orange rind

POUR cold water in bowl and sprinkle gelatine on top of water. Add hot water and stir until dissolved. Add sugar and stir slowly into egg yolks. Cook over boiling water, stirring constantly, until mixture thickens. Remove from fire, add orange juice, lemon juice, salt and grated orange rind. Pour into small molds that have been rinsed in cold water and chill until firm. Unmold and serve with little sponge cakes.

DUTCH FLUMMERY (6 servings)

	1 envelope Knox Sparkling Gelatine	
1/4 cup cold water		1 tablespoonful lemon juice
3/4 cup hot water		1/4 cup sugar
1 teaspoonful grated lemon rind		1/4 teaspoonful salt
3 eggs		1 1/2 cups sweet cider or orange juice

POUR cold water in bowl and sprinkle gelatine on top of water. Add sugar, salt, lemon rind and hot water, and stir until sugar and gelatine have dissolved. Stir hot mixture slowly into well beaten eggs and cook, stirring constantly until mixture thickens. Remove from fire, add lemon juice and cider (or orange juice), and cool. When it begins to thicken, place in a pan of chopped ice and beat with a rotary egg beater until very light. Pile in glasses and garnish with a sprig of mint or a cherry.



Lemon Jelly

Recipe Page 26



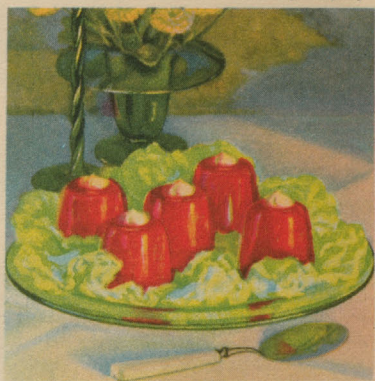
Salmon Mold

Recipe Page 15



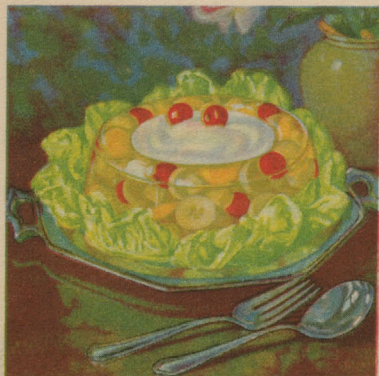
Chicken Mousse

Recipe Page 61



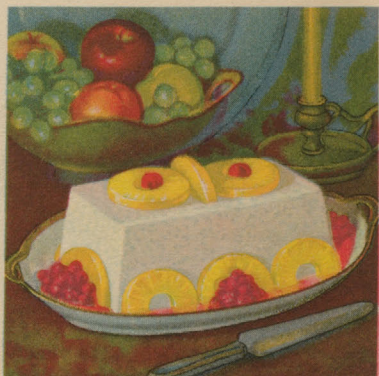
Tomato Jelly

Recipe Page 20



Fruit Salad Supreme

Recipe Page 16



Fruit Rice Bavarian

Recipe Page 38



Poached Egg Dessert

Recipe Page 30



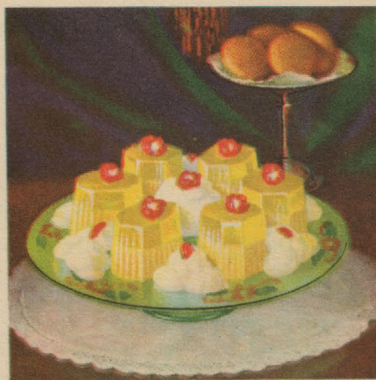
Prune-Orange-Cheese Salad

Recipe Page 59



Berry Pie

Recipe Page 51



Spanish Cream

Recipe Page 29



Pineapple Ice Box Cake

Recipe Page 48



Tropical Delight

Recipe Page 44

RICE BAVARIAN CREAM (6 servings)

1 envelope Knox Sparkling Gelatine
 $\frac{1}{2}$ cup cold water
 $\frac{1}{4}$ cup sugar
 $\frac{1}{4}$ teaspoonful salt
1 cup cooked rice
1 cup cream or evaporated milk (whipped)
1 teaspoonful vanilla

POUR cold water in bowl and sprinkle gelatine on top of water. Place bowl in boiling water and stir until dissolved. Add to hot cooked rice, sugar, salt and vanilla. Beat well, cool, and when it begins to thicken, fold in whipped cream or whipped evaporated milk. Turn into mold that has been rinsed in cold water or pile in serving glasses. Chill, and when firm, unmold and serve with a fruit or chocolate sauce.

CHOCOLATE RICE BAVARIAN

BEAT three tablespoonfuls cocoa into rice before adding cream.

FRUIT RICE BAVARIAN

(Illustrated on page 36)

WHIP into Rice Bavarian one-half cup cooked pineapple, maraschino cherries, fresh or canned peaches, strawberries or cooked apples. Bananas or preserved figs with one tablespoonful lemon juice may also be combined with the rice mixture. Garnish rice mold with the fruit or a few nut meats. With fresh fruit, additional sugar will be required.

BUTTERSCOTCH RICE PUDDING (6 servings)

1 envelope Knox Sparkling Gelatine
 $\frac{1}{2}$ cup cold water
 $\frac{1}{3}$ cup rice
3 cups milk
2 tablespoonfuls butter
1 cup brown sugar
 $\frac{1}{4}$ teaspoonful salt

WASH rice and cook until nearly tender in a double boiler with two cups milk scalded and salt. Meanwhile cook together in a shallow pan brown sugar and butter until it becomes very dark brown but not burnt. Add this to the rice and milk and finish cooking until rice is tender and the caramel melted. Pour cold water in bowl, sprinkle gelatine on top of water, add one cup hot milk and stir until dissolved. Add gelatine to hot rice mixture and turn into mold that has been rinsed in cold water and chill. When firm, unmold and serve plain or with whipped cream or a fruit sauce.

DIVINITY DESSERT (6 servings)

1 envelope Knox Sparkling Gelatine
 $\frac{1}{4}$ cup cold water
1 cup hot water
 $\frac{1}{2}$ cup sugar
 $\frac{1}{4}$ teaspoonful salt
 $\frac{1}{2}$ cup orange juice
1 tablespoonful lemon juice
1 cup dates, sliced
6 macaroons or $\frac{1}{2}$ cup coconut
 $\frac{1}{2}$ cup cream or evaporated milk (whipped)

POUR cold water in bowl and sprinkle gelatine on top of water. Add sugar, salt and hot water and stir until dissolved. Add fruit juice and cool. When it begins to thicken, add dates, crushed macaroons or coconut (any stale cakes may be used). Fold in whipped cream or whipped evaporated milk. Pile in glasses and chill. Sprinkle tops with nuts just before serving.

RICE APRICOT MOLD (6 servings)

1 envelope Knox Sparkling Gelatine	
1/4 cup cold water	1 cup apricots
3/4 cup hot apricot juice	1 cup cooked rice
1/2 cup sugar	1/2 cup cream or evaporated milk (whipped)
1/4 teaspoonful salt	6 apricot halves
1 tablespoonful lemon juice	

POUR cold water in bowl and sprinkle gelatine on top of water. Add sugar, salt and hot apricot juice (drained from canned or stewed dried apricots) and stir until dissolved. Add lemon juice and combine with rice and apricots cut in small pieces. Cool, and when it begins to thicken, fold in whipped cream or whipped evaporated milk. Arrange apricot halves in mold that has been rinsed in cold water, or in individual molds, and fill with the mixture. Chill, and when firm, unmold and serve with whipped cream, whipped evaporated milk, or a sauce of the apricot syrup. Other fruits may be used.

RASPBERRY WHIP (6 servings)

1 envelope Knox Sparkling Gelatine	
1/4 cup cold water	1 cup raspberry juice and pulp (fresh or canned)
1/2 cup hot water or hot raspberry juice	1/4 teaspoonful salt
1/4 cup sugar	2 tablespoonfuls lemon juice
	Whites 3 eggs

POUR cold water in bowl and sprinkle gelatine on top of water. Add sugar, salt and hot water or hot raspberry juice and stir until gelatine is dissolved. Add lemon juice and raspberries (which have been forced through a fine sieve). Cool, and when mixture begins to thicken, beat until frothy, and fold in stiffly beaten egg whites. If a brighter color is desired, use a little red vegetable coloring. Turn into mold that has been rinsed in cold water and chill. When firm, unmold. Or pile in glasses. Serve with a garnish of whipped cream and a few whole berries. Strawberries, blackberries or loganberries may be used. More sugar will be needed for fresh berries.

PINEAPPLE SOUFFLE (6 servings)

1 envelope Knox Sparkling Gelatine	
1/4 cup cold water	1/4 teaspoonful salt
3 eggs	2/3 cup crushed canned pine- apple
Grated rind one lemon	1/2 cup cream or evaporated milk (whipped)
2 tablespoonfuls lemon juice	
1/2 cup sugar	

BEAT yolks of eggs slightly, and add grated rind, lemon juice, sugar and salt. Cook in double boiler, stirring constantly until mixture thickens. Remove from fire. Pour cold water in bowl and sprinkle gelatine on top of water. Add to hot custard mixture and stir until dissolved. Add pineapple and cool. When it begins to stiffen, add whipped cream or whipped evaporated milk and stiffly beaten egg whites. Turn into mold that has been rinsed in cold water and chill. When firm, remove from mold and garnish with quarter slices of canned pineapple and cherries.



Golden Salad

Recipe Page 18

FRUIT SOUFFLE (6 servings)

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| | 1 envelope Knox Sparkling Gelatine |
| $\frac{1}{4}$ cup cold water | $\frac{1}{2}$ cup fresh or canned strawberries |
| $\frac{3}{4}$ cup hot fruit juice | 1 cup cream or evaporated milk
(whipped) |
| $\frac{1}{2}$ cup sugar | 1 egg white |
| $\frac{1}{4}$ teaspoonful salt | $\frac{1}{2}$ cup nuts, chopped |
| $\frac{1}{2}$ cup canned pineapple (crushed) | |

POUR cold water in bowl and sprinkle gelatine on top of water. Add sugar, salt and hot fruit juice and stir until dissolved. Cool, and when it begins to thicken, fold in whipped cream or whipped evaporated milk and pineapple and strawberries which have been cut in small pieces. Fold in stiffly beaten egg white. Turn into sherbet glasses and chill. Serve sprinkled with chopped nuts. Cherries may be used instead of strawberries. If desired, the souffle may be turned into mold that has been lined with stale lady fingers or other stale cake.



Prune Whip

PRUNE WHIP (6 servings)

	1 envelope Knox Sparkling Gelatine
$\frac{1}{4}$ cup cold water	$\frac{1}{2}$ cup sugar
$\frac{3}{4}$ cup hot prune juice	2 egg whites
1 cup cooked prune pulp	$\frac{1}{2}$ cup nuts, chopped
2 tablespoonfuls lemon juice	$\frac{1}{4}$ teaspoonful salt

POUR cold water in bowl and sprinkle gelatine on top of water. Add sugar, salt and hot prune juice and stir until dissolved. Add prune pulp and lemon juice. Cool, and when mixture begins to thicken, fold in stiffly beaten egg whites. Turn into mold that has been rinsed in cold water or into sherbet glasses. When firm, unmold and sprinkle with chopped nuts. Serve with or without whipped cream.

Prune Whip Pie. Turn Prune Whip mixture into a previously baked pastry shell or graham cracker crust (page 52), and chill thoroughly. Just before serving garnish with whipped cream.

Note: Refer to Special Notice on Page 6 before making any recipe. [41]

CHARLOTTE RUSSE (6 servings)

	1 envelope Knox Sparkling Gelatine	
1/4 cup cold water		1 cup cream or evaporated milk (whipped)
1 1/2 cups scalded milk (not boiled)		3 tablespoonfuls powdered sugar
2 eggs		3/4 teaspoonful vanilla
2 tablespoonfuls sugar		Sponge cake (stale)
1/4 teaspoonful salt		

ADD milk gradually to yolks of eggs, slightly beaten, and mixed with sugar and salt. Cook over boiling water, stirring constantly, until mixture thickens. Pour cold water in bowl and sprinkle gelatine on top of water. Add to hot custard and stir until dissolved. Cool slightly and fold in stiffly beaten egg whites, then the whipped cream or whipped evaporated milk mixed with powdered sugar and vanilla. Line round paper cases with strips of sponge cake, using muffin rings to keep cases in shape. Fill with mixture and chill. Remove from cases and garnish tops with four narrow strips of cake, radiating from center, and garnish center with a cube of jelly or a cherry.

CHOCOLATE CHARLOTTE RUSSE

ADD one and one-half squares melted chocolate or four tablespoonfuls cocoa to the scalded milk.

CARAMEL CHARLOTTE RUSSE

ADD one-third cup sugar, caramelized, to the scalded milk before the usual amount of sugar is added. Caramelize sugar by putting it in a saucepan, and stirring it over a hot fire until maple color; add one-third cup hot water and cook to a syrup.

ORANGE CHARLOTTE (6 servings)

	1 envelope Knox Sparkling Gelatine	
1/4 cup cold water		2 tablespoonfuls lemon juice
1/2 cup hot water		1 cup orange juice and pulp
1 cup sugar		Whites 3 eggs
1/4 teaspoonful salt		Lady fingers or stale sponge cake

Pour cold water in bowl and sprinkle gelatine on top of water. Add sugar, salt and hot water and stir until dissolved. Add lemon juice, orange juice and pulp, and cool. When mixture begins to stiffen, beat until light; then add whites of eggs beaten until stiff, and beat thoroughly. Turn into mold lined with stale lady fingers or sponge cake and chill. When firm, unmold. One cup whipped cream or whipped evaporated milk may be used in place of whites of eggs. Or use one-half cup whipped cream or whipped evaporated milk and whites two eggs.

APPLE CHARLOTTE

MAKE same as Orange Charlotte, using cooked apple pulp in place of orange juice.

PEACH SNOWBALLS

MAKE same as Orange Charlotte, using fresh or canned peach pulp, or other fruits. Turn into egg cups or small molds that have been rinsed in cold water. If canned fruit is used, little sugar will be required.

ANGEL CHARLOTTE RUSSE (8 servings)

1 envelope Knox Sparkling Gelatine

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|---|--|
| 1/4 cup cold water | 12 marshmallows, cut in small pieces |
| 1/4 cup hot water | 2 tablespoonfuls maraschino or candied cherries, chopped |
| 3/4 cup sugar | 1/4 pound blanched chopped, almonds (if desired) |
| 1/4 teaspoonful salt | 3/4 teaspoonful vanilla |
| 2 cups cream or evaporated milk (whipped) | |
| 6 rolled stale macaroons | |

POUR cold water in bowl and sprinkle gelatine on top of water. Add hot water and stir until dissolved. Add sugar and salt. Cool, and when it begins to thicken, add to whipped cream or whipped evaporated milk. Fold in macaroons, marshmallows, cherries, almonds and vanilla. Turn into mold that has been rinsed in cold water and chill. When firm, unmold and serve with angel cake.

This dessert may be made more elaborate by cutting top from an angel cake and removing some of the inside, leaving a case with three-fourths inch walls, then filling case with mixture, replacing top of cake, covering with frosting and garnishing with candied cherries and blanched almonds.

PINEAPPLE-COCOANUT CUSTARD (6 servings)

1 envelope Knox Sparkling Gelatine

- | | |
|----------------------|-------------------------|
| 1/4 cup cold water | 1/4 teaspoonful salt |
| 2 cups milk, scalded | 1 cup shredded cocoanut |
| 2 eggs | 1 teaspoonful vanilla |
| 1/3 cup sugar | Pineapple slices |

BEAT egg yolks with sugar and salt. Add to scalded milk and cook in double boiler until of custard consistency. Pour cold water in bowl and sprinkle gelatine on top of water. Add to hot custard and stir until gelatine is dissolved. Cool, and when it begins to thicken, fold in cocoanut, stiffly beaten egg whites and vanilla. Rinse mold in cold water and line with half slices of canned pineapple. Fill with cocoanut custard and chill. When firm, unmold. Serve using as a sauce the juice drained from a can of pineapple. Apricots, sliced oranges or any fruit may be used.

MAPLE NUT SPONGE (6 servings)

1 envelope Knox Sparkling Gelatine

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|---------------------|-------------------------|
| 1/4 cup cold water | 1 cup maple syrup |
| 1 1/2 cups hot milk | 1/4 teaspoonful salt |
| 2 eggs | 1/2 teaspoonful vanilla |
| | 1/4 cup chopped nuts |

ADD hot milk to slightly beaten egg yolks and cook over boiling water until the mixture thickens slightly. Remove from fire. Pour cold water in bowl and sprinkle gelatine on top of water. Add to above mixture and stir until dissolved and then add maple syrup and salt. Cool and when mixture begins to congeal, fold in stiffly beaten egg whites, vanilla and nuts. Turn into serving glasses and chill. Serve garnished with whipped cream. Brown sugar syrup may be used instead of maple syrup adding a few drops of mapleine if desired.

FRUIT MARSHMALLOW (6 servings)

- | | | |
|--|------------------------------------|--|
| | 1 envelope Knox Sparkling Gelatine | |
| 1/4 cup cold water | | 1/2 cup peaches, diced |
| 1 cup hot fruit juice (peach juice or any fruit juice desired) | | 1/2 cup bananas or other fruit cut in small pieces |
| 1/3 cup sugar | | 1/2 cup marshmallows, diced |
| 1/4 teaspoonful salt | | 1/2 cup cream or evaporated milk (whipped) |
| 2 tablespoonfuls lemon juice | 1 egg white | |

POUR cold water in bowl and sprinkle gelatine on top of water. Add sugar, salt and hot fruit juice, and stir until dissolved. Add lemon juice. Cool, and when mixture begins to thicken, fold in marshmallows and fruit, whipped cream or whipped evaporated milk, and stiffly beaten egg white. Pile in serving glasses and chill. Serve with or without whipped cream. Garnish with fruit.

TROPICAL DELIGHT (6 servings)

(Illustrated on page 37)

- | | | |
|-------------------------|------------------------------------|--|
| | 1 envelope Knox Sparkling Gelatine | |
| 1/4 cup cold water | | 1 cup dates, sliced |
| 1 cup strong hot coffee | | 1/4 cup walnuts, chopped |
| 1/3 cup sugar | | 1/2 cup cream or evaporated milk (whipped) |
| 1 tablespoonful cocoa | | 1/2 teaspoonful vanilla |
| 1/4 teaspoonful salt | | |

POUR cold water in bowl and sprinkle gelatine on top of water. Add sugar, salt, cocoa and hot coffee and stir until dissolved. Cool, and when it begins to stiffen, add dates and nuts. Fold in whipped cream or whipped evaporated milk, and vanilla. Chill. When firm, unmold and serve with whipped cream or whipped evaporated milk. Garnish with stuffed dates.

CHRISTMAS PLUM PUDDING (6 servings)

(Illustrated on page 33)

- | | | |
|---|------------------------------------|-------------------------|
| | 1 envelope Knox Sparkling Gelatine | |
| 1/2 cup cold water | | 2/3 cup dates |
| 1 cup milk | | 1/4 cup nuts, chopped |
| 3/4 square chocolate or 3 table-
spoonfuls cocoa | | 1/2 cup sugar |
| 1/2 cup seeded raisins | | 1/4 teaspoonful salt |
| 1/4 cup currants | | 1/4 teaspoonful vanilla |
| | | 2 egg whites |

PUT milk with chopped fruit in double boiler. When cooked slightly, add cocoa or chocolate, which has been melted and mixed with part of the sugar and a little milk to make a smooth paste. Pour cold water in bowl and sprinkle gelatine on top of water. Add to hot chocolate mixture and stir until dissolved. Add sugar and salt and stir thoroughly. Remove from fire, cool, and when mixture begins to thicken, add nuts and vanilla, and lastly fold in whites of eggs beaten very stiff. Turn into mold that has been rinsed in cold water and decorated with whole nut meats and raisins. Chill. When firm, remove to serving dish and garnish with holly. Serve with whipped cream or whipped evaporated milk, sweetened and flavored with vanilla, or with a currant jelly sauce.

This is delicious served on any occasion.

THANKSGIVING PUDDING (6 servings)

1 envelope Knox Sparkling Gelatine
 $\frac{1}{4}$ cup cold water
1 $\frac{1}{4}$ cups prune juice
 $\frac{1}{2}$ cup sugar
1 square chocolate or 3 table-
spoonfuls cocoa
 $\frac{1}{2}$ teaspoonful cinnamon
1 cup cream or evaporated milk
(whipped)
 $\frac{3}{4}$ cup prunes
 $\frac{1}{4}$ teaspoonful salt
 $\frac{1}{2}$ cup pecans

DRAIN juice from cooked prunes. Heat with sugar, chocolate or cocoa, cinnamon and salt. Pour cold water in bowl and sprinkle gelatine on top of water. Add to hot prune mixture and stir until dissolved. Cool, and when beginning to thicken, fold in whipped cream or whipped evaporated milk, chopped prunes and nuts. Turn into mold that has been rinsed in cold water and chill. When firm, unmold and garnish with nuts and stuffed prunes. Serve with whipped cream or whipped evaporated milk.

This pudding is delicious served on any occasion.

EASTER CREAM OR GOLDEN PUDDING (6 servings)

1 envelope Knox Sparkling Gelatine
 $\frac{1}{4}$ cup cold water
1 cup scalded milk (not boiled)
 $\frac{1}{2}$ cup sugar
 $\frac{1}{2}$ cup orange juice
2 eggs
 $\frac{1}{2}$ cup cream or evaporated milk
(whipped)
 $\frac{1}{4}$ teaspoonful salt
1 $\frac{1}{2}$ tablespoonfuls lemon juice
Grated rind $\frac{1}{2}$ orange

BEAT egg yolks with sugar and add to scalded milk in double boiler. Cook over boiling water until mixture coats spoon. Remove from fire. Pour cold water in bowl and sprinkle gelatine on top of water. Add to hot custard and stir until dissolved. Cool slightly and add lemon juice, orange juice and rind, and salt. Cool, and as mixture starts to congeal, add whipped cream or whipped evaporated milk and fold in stiffly beaten egg whites. If a deeper tint is desired, use a few drops of yellow coloring. Pile in glasses and garnish with fruit. Or, turn into ring mold and fill center with canned apricots, drained, or cut up oranges. Serve with whipped cream.

COCOA TUTTI FRUTTI (6 servings)

1 envelope Knox Sparkling Gelatine
 $\frac{1}{2}$ cup cold water
1 cup milk
1 egg
 $\frac{1}{4}$ cup sugar
 $\frac{1}{4}$ teaspoonful salt
 $\frac{1}{2}$ teaspoonful cinnamon
 $\frac{1}{2}$ teaspoonful vanilla
 $\frac{1}{4}$ cup cocoa
 $\frac{1}{2}$ cup cream or evaporated milk
(whipped)
3 macaroons, dried and rolled
3 marshmallows
 $\frac{1}{4}$ cup maraschino cherries

MAKE a custard of the milk, egg yolk, sugar, cocoa, salt and cinnamon. Cook in upper part of double boiler until mixture thickens slightly. Pour cold water in bowl and sprinkle gelatine on top of water. Add to hot custard and stir until dissolved. Cool and then fold in whipped cream or whipped evaporated milk, vanilla, macaroons, marshmallows cut in small pieces, and cherries drained and cut in quarters. Beat well and fold in stiffly beaten egg white. Turn into mold that has been rinsed in cold water and chill. When firm, unmold and serve with whipped cream or whipped evaporated milk.

PRUNE ORIENTAL CREAM (6 servings)

1 envelope Knox Sparkling Gelatine
 $\frac{1}{4}$ cup cold water
 $\frac{1}{2}$ cup scalded milk (not boiled)
 $\frac{1}{2}$ cup sugar
 $\frac{1}{4}$ teaspoonful salt
 $\frac{1}{3}$ cup cooked prunes, chopped
 $\frac{1}{3}$ cup figs, chopped
1 cup cream or evaporated milk (whipped)
Whites 2 eggs
 $\frac{1}{2}$ cup nuts, chopped

Pour cold water in bowl and sprinkle gelatine on top of water. Add hot milk, sugar and salt and stir until dissolved. Cool, and when mixture begins to stiffen, add whipped cream or whipped evaporated milk, prunes and figs. Fold in stiffly beaten egg whites. Turn into mold that has been rinsed in cold water, and the bottom and sides garnished with halves of cooked prunes. Chill. When firm, unmold and serve sprinkled with chopped nuts, with or without whipped cream.

BISQUE TORTONI (6 servings)

1 envelope Knox Sparkling Gelatine
 $\frac{1}{4}$ cup cold water
1 cup scalded milk (not boiled)
2 eggs
 $\frac{1}{2}$ cup sugar
 $\frac{1}{4}$ teaspoonful salt
1 cup cream, whipped
 $\frac{2}{3}$ cup macaroons, or chopped nuts
1 teaspoonful vanilla

BEAT egg yolks with sugar and add to scalded milk in double boiler. Heat until mixture coats spoon and remove from fire. Pour cold water in bowl and sprinkle gelatine on top of water. Add to hot custard and stir until dissolved. Cool, and add whipped cream, vanilla and salt. Fold in whites of eggs beaten until stiff, and pour into glasses or mold that has been rinsed in cold water. When firm, unmold. Sprinkle tops with dried and rolled macaroons or chopped nuts, and garnish with a bit of fruit or jelly. Three tablespoonfuls cocoa may be added to the hot milk. This may be frozen in tray of mechanical refrigerator.

CHEESE CAKE (6 servings)

1 envelope Knox Sparkling Gelatine
 $\frac{1}{4}$ cup cold water
1 egg
 $\frac{1}{4}$ cup sugar
 $\frac{1}{4}$ cup milk
 $\frac{1}{4}$ teaspoonful salt
1 cup cottage cheese (put through a sieve)
1 tablespoonful lemon juice
 $\frac{1}{2}$ teaspoonful lemon rind
 $\frac{1}{2}$ cup cream or evaporated milk (whipped)

BEAT yolk of egg slightly, add sugar, salt and milk and cook over boiling water until of custard consistency. Pour cold water in bowl and sprinkle gelatine on top of water. Add to hot custard and stir until gelatine is dissolved. Add cottage cheese, lemon juice and rind. Cool, and when mixture begins to thicken, fold in whipped cream or whipped evaporated milk and the stiffly beaten egg white.

Make crumbs for bottom and top of Cheese Cake as follows: Crush nine slices sweetened Zwieback or one cup corn flakes. Mix thoroughly with one-fourth cup melted butter, two tablespoonfuls sugar and one-half tablespoonful cinnamon. Place part of crumbs in bottom of pan, add cheese mixture. Sprinkle top with the remaining crumbs and chill thoroughly. When firm, unmold.

Cheese Pie. Turn cheese mixture into previously baked pastry shell instead of using the crumbs. Chill.

MARSHMALLOW CREAM (8 servings)

1 envelope Knox Sparkling Gelatine
Whites 4 eggs
1/2 cup cold water
1/2 cup hot water
1 cup sugar
1/4 teaspoonful salt
1 teaspoonful vanilla
1 teaspoonful lemon extract
1 1/2 squares chocolate or
4 tablespoonfuls cocoa

POUR cold water in bowl and sprinkle gelatine on top of water. Add hot water, sugar and salt and stir until dissolved. Cool, but do not chill. Add to stiffly beaten egg whites a few spoonfuls at a time, beating constantly. Divide quickly into three parts. To the first part add vanilla flavoring and color pink; to the second part add melted chocolate or cocoa and vanilla flavoring; flavor the third part with lemon extract. Mold in layers in square mold that has been rinsed in cold water—adding nuts to the pink part and red cherries to the white. Chill until firm. Unmold, cut in slices, and serve with or without whipped cream, or a custard sauce made with the yolks of the eggs.

VANITY CREAM (6 servings)

1 envelope Knox Sparkling Gelatine
4 lady fingers or other stale cakes
1/4 cup cold water
3 eggs
1 cup cream or evaporated milk
1/2 cup sugar
(whipped)
1/4 teaspoonful salt
1/4 cup oranges
1 teaspoonful vanilla
1/4 cup pineapple
1 teaspoonful lemon extract
1/4 cup almonds, chopped

BEAT egg yolks with sugar and salt, add extracts and cakes broken in pieces. Pour cold water in bowl and sprinkle gelatine on top of water. Place bowl in or over boiling water and stir until gelatine is dissolved. Cool somewhat and add to whipped cream or whipped evaporated milk. Add egg yolk and cake mixture, nuts and fruit cut in small pieces. Lastly fold in stiffly beaten egg whites. Turn into mold that has been rinsed in cold water and chill. When firm, unmold and garnish with small cakes frosted with orange frosting.

CHOCOLATE SPONGE (6 servings)

1 envelope Knox Sparkling Gelatine
1/3 cup sugar
1/4 cup cold water
1/4 cup boiling water
3 eggs
1 1/2 squares chocolate or
4 tablespoonfuls cocoa
1/4 teaspoonful salt
1 teaspoonful vanilla

PUT sugar, melted chocolate or cocoa, salt and boiling water together and bring to boiling point. Remove from fire. Pour cold water in bowl and sprinkle gelatine on top of water. Add to hot chocolate mixture and stir until dissolved. Cool somewhat and add slightly beaten egg yolks. When it begins to thicken, fold in stiffly beaten egg whites and flavoring. Turn into mold that has been rinsed in cold water and chill. When firm, unmold. Serve with whipped cream or whipped evaporated milk.

NOTE: Chopped nuts or macaroons may be added, and for a more elaborate dessert line mold with stale lady fingers or sponge cake.

PINEAPPLE ICE BOX CAKE (6 servings)

(Illustrated on page 37)

1 envelope Knox Sparkling Gelatine

$\frac{1}{4}$ cup cold water

1 tablespoonful lemon juice

1 cup canned crushed pineapple

$\frac{3}{4}$ cup cream or evaporated milk
(whipped)

$\frac{1}{4}$ cup sugar

$\frac{1}{4}$ teaspoonful salt

Lady fingers or stale sponge cake

POUR cold water in bowl and sprinkle gelatine on top of water. Place bowl in boiling water and stir until gelatine is dissolved. Add pineapple, sugar, salt and lemon juice. Cool, and when it begins to thicken beat, and fold in whipped cream or whipped evaporated milk. Line sides and bottom of square or round mold with lady fingers (any stale cake may be used). Cover with pineapple cream mixture, then alternate cakes and cream until mold is filled. Place in refrigerator for three or four hours. To serve, unmold on cake plate and garnish with whipped cream and strawberries in season. Fresh or canned strawberries, raspberries, peaches or any preferred fruit may be used instead of the pineapple. More sugar will be needed for fresh fruit.

ICE BOX CAKES

MAKE Chocolate Sponge (page 47), Strawberry Sponge (page 31), Orange Spanish Cream (page 29), or any of the Bavarian Cream mixtures. When mixture begins to thicken, mold with cake as in Pineapple Ice Box Cake recipe. These cream mixtures may be combined with stale cake of any kind, especially sponge cake and macaroons.

CHOCOLATE SAUCE (For Ice Cream and Puddings)

1 teaspoonful Knox Sparkling Gelatine

2 tablespoonfuls cold water

$\frac{1}{3}$ cup water

1 cup sugar

1 teaspoonful vanilla

$\frac{1}{3}$ cup cocoa

$\frac{1}{4}$ teaspoonful salt

PUT sugar, cocoa, and one-third cup water in saucepan, stir until well mixed, and let boil three minutes. Remove from fire. Pour two tablespoonfuls cold water in bowl and sprinkle gelatine on top of water. Add to hot syrup and stir until gelatine is dissolved. Add vanilla and salt. Let cool. Serve over ice cream and puddings. Chopped nuts may be sprinkled over top. Sauce does not grain. Keep in covered jar if not used immediately.

FROSTING FOR CAKE

1 teaspoonful Knox Sparkling Gelatine

2 tablespoonfuls cold water

2 tablespoonfuls melted butter

6 tablespoonfuls hot milk

Confectioners' sugar

1 teaspoonful vanilla

POUR cold water in bowl and sprinkle gelatine on top of water. Add hot milk and stir until dissolved. Add butter and stir in sugar until of the right consistency to spread (the amount required being about two and three-fourths cups). Add vanilla.

CREAM FRUIT CAKE FILLING

1 teaspoonful Knox Sparkling Gelatine
3 tablespoonfuls cold water $\frac{2}{3}$ cup raisins or candied cherries
1 cup cream or evaporated milk 2 tablespoonfuls nuts, chopped
 $\frac{1}{2}$ cup confectioners' sugar $\frac{1}{2}$ teaspoonful vanilla

POUR cold water in bowl and sprinkle gelatine on top of water. Place bowl over boiling water and stir until gelatine is dissolved. Cool, and gradually add to the whipped cream or whipped evaporated milk. Beat in sugar, fruit and nuts. Whip thoroughly and spread between layers of cake. Six cut-up marshmallows or a few spoonfuls cocoanut may be used instead of nuts. Or, beat in three tablespoonfuls cocoa.

MARSHMALLOW CREME (Makes 1½ Pints)

1 rounding teaspoonful Knox Sparkling Gelatine
 $\frac{1}{4}$ cups cold water $\frac{1}{4}$ teaspoonful cream of tartar
2 cups fine granulated sugar $1\frac{1}{2}$ teaspoonfuls vanilla
 $\frac{1}{4}$ teaspoonful salt 1 egg white

PUT one cup water, sugar and cream of tartar in saucepan, bring to boiling point, and let boil until syrup will spin a thread when dropped from tip of spoon (236°). Pour one-fourth cup cold water in bowl and sprinkle gelatine on top of water. Add to hot syrup and stir until dissolved. Let stand until partially cooled, then add flavoring, salt and unbeaten egg white, and beat until mixture becomes white and thick. Pour into glass jars and keep covered in a cool place. Whip up with fork before using as filling in cake. Apply with teaspoon when garnishing desserts. By adding different flavors to the creme, such as lemon, orange, chocolate, almond, etc., deliciously flavored fillings and sauces may be made.

INCH HIGH ICING

1 teaspoonful Knox Sparkling Gelatine
3 tablespoonfuls cold water 2 egg whites
1 cup sugar $\frac{1}{2}$ teaspoonful vanilla
 $\frac{1}{4}$ cup hot water (1 teaspoonful orange extract if desired)

ADD sugar to hot water and boil directly over fire until syrup will spin a thread. Remove from fire. Pour cold water in bowl and sprinkle gelatine on top of water. Place bowl in boiling water and stir until gelatine is dissolved. Add softened gelatine to hot syrup immediately. Have egg whites beaten until stiff and very slowly add the syrup, beating constantly between additions. When all syrup has been added, add flavoring, and pour icing in top of double boiler and cook over hot water, beating constantly with a slotted spoon. When icing becomes so thick spoon can be drawn through it without icing running together again, it is ready to pile on cake. Remove from fire and pile icing quickly on cake, evening top with broad-bladed knife. Wet knife occasionally in hot water. If the icing should lose its shine, continue icing cake but leave a little of the icing in the double boiler; to this add two or three tablespoonfuls of hot water and cook until thickened, but not as thick as the first icing. Pour this on top of the dull icing for a glossy finish.

WHIPPED CREAM

2 tablespoonfuls cold milk
1 cup cream

$\frac{3}{4}$ teaspoonful Knox Sparkling Gelatine
 $\frac{1}{2}$ cup powdered sugar
1 teaspoonful vanilla
 $\frac{1}{4}$ teaspoonful salt

POUR cold milk in bowl and sprinkle gelatine on top of milk—stir thoroughly. Place bowl over boiling water and stir until gelatine is dissolved. Cool. Whip cream and gradually add liquid gelatine. Beat until stiff, and add sugar, salt and vanilla.

CONDENSED AND EVAPORATED MILK RECIPES

Condensed and evaporated milk may be used in place of plain milk and cream

EVAPORATED MILK BLANC MANGE

MAKE like plain Blanc Mange (page 28) but use one cup evaporated milk and one cup water instead of the plain milk. Use condensed milk in the same way, but allow less sugar.

ORANGE-COCOANUT BLANC MANGE (6 servings)

1 envelope Knox Sparkling Gelatine

$\frac{1}{4}$ cup cold water	$\frac{1}{4}$ teaspoonful salt
$\frac{3}{4}$ cup hot water	1 orange
1 cup evaporated milk	$\frac{1}{4}$ cup cocoanut
$\frac{1}{4}$ cup sugar	$\frac{1}{2}$ teaspoonful vanilla

POUR cold water in bowl and sprinkle gelatine on top of water. Add sugar, salt and hot water. Stir until dissolved. Add evaporated milk, oranges, cut in slices and each slice quartered. When mixture begins to set, add the cocoanut. Turn into individual molds that have been rinsed in cold water. When firm, unmold and serve garnished with orange sections.

WHIPPED EVAPORATED MILK

$\frac{1}{2}$ teaspoonful Knox Sparkling Gelatine
2 teaspoonfuls cold water
1 cup evaporated milk

POUR evaporated milk in top part of double boiler and heat with the lid off until hot. Pour cold water in bowl and sprinkle gelatine on top of water. Add softened gelatine to the hot milk and stir until dissolved. Now pour into a shallow bowl—and chill until icy cold. Then whip vigorously until stiff. Makes about two cups of whipped cream. If used as a topping, sweeten and flavor.

GELATINE PIES

KNOX HUCKLEBERRY PIE *(Filling for one 9 inch pie)*

(Illustrated on page 37)

1 envelope Knox Sparkling Gelatine		
1/4 cup cold water		1/4 teaspoonful salt
1 pint huckleberry juice and berries (canned)		1 tablespoonful mild vinegar

POUR cold water in bowl and sprinkle gelatine on top of water. Add salt and hot fruit juice (drained from berries) and stir until dissolved. Add vinegar. Cool, and when beginning to thicken, add berries. Chill somewhat, and pour into baked pie shell or graham cracker crust. Put in refrigerator or cold place. Just before serving spread over pie a thin layer of whipped cream or whipped evaporated milk.

This recipe is for canned fruit but fresh fruit may be used. Blackberries, raspberries, strawberries or cherries may be used in the same way, substituting lemon juice for the vinegar.

LEMON CHIFFON PIE *(Filling for one 9 inch pie)*

(Illustrated on page 32)

1 envelope Knox Sparkling Gelatine		
1/4 cup cold water		1/2 cup lemon juice
4 eggs		1/2 teaspoonful salt
1 cup sugar		1 teaspoonful grated lemon rind

ADD one-half cup sugar, lemon juice and salt to beaten egg yolks and cook over boiling water until of custard consistency. Pour cold water in bowl and sprinkle gelatine on top of water. Add to hot custard and stir until dissolved. Add grated lemon rind. Cool. When mixture begins to thicken, fold in stiffly beaten egg whites to which the other one-half cup sugar has been added. Fill baked pie shell or graham cracker crust and chill. Just before serving spread over pie a thin layer of whipped cream.

ORANGE CHIFFON PIE

MAKE same as Lemon Chiffon Pie but instead of 1/2 cup lemon juice and 1 teaspoonful grated lemon rind, use 1/2 cup orange juice, 1 tablespoonful grated orange rind and 1 tablespoonful lemon juice.

PUMPKIN CHIFFON PIE *(Filling for one 9 inch pie)*

1 envelope Knox Sparkling Gelatine		
1/4 cup cold water		1/2 teaspoonful nutmeg
1 1/4 cups canned pumpkin		1/2 teaspoonful cinnamon
1/2 cup milk		1/2 teaspoonful salt
1/2 teaspoonful ginger		1 cup sugar
		3 eggs

To slightly beaten egg yolks add one-half cup sugar, pumpkin, milk, salt and spices. Cook until thick in double boiler. Pour cold water in bowl and sprinkle gelatine on top of water. Add to hot pumpkin mixture, mix thoroughly and cool. When it begins to thicken, add remaining sugar and fold in stiffly beaten egg whites. Pour into previously baked pie shell. Chill in refrigerator or cold place. Pie may be garnished with whipped cream just before serving. Delicious served in gingersnap crust (make same as graham cracker crust, but use a little less sugar). Chill thoroughly and pour in pumpkin mixture.

Note: Refer to Special Notice on Page 6 before making any recipe.

CHOCOLATE CHIFFON PIE *(Filling for one 9 inch pie)*

1 envelope Knox Sparkling Gelatine
 $\frac{1}{4}$ cup cold water 4 eggs
 $\frac{1}{2}$ cup boiling water 1 cup sugar
6 level tablespoonfuls cocoa or $\frac{1}{4}$ teaspoonful salt
2 squares chocolate 1 teaspoonful vanilla

POUR cold water in bowl and sprinkle gelatine on top of water. Mix boiling water and cocoa or chocolate until smooth. Add softened gelatine to hot chocolate mixture and stir until dissolved. Add egg yolks, slightly beaten, one-half cup sugar, salt and vanilla. Cool, and when mixture begins to thicken, fold in stiffly beaten egg whites and the other half cup sugar. Fill baked pie shell and chill. Just before serving spread over pie a thin layer of whipped cream.

OTHER GELATINE ICE BOX PIES

MAKE any desired Jellied Dessert with fresh or canned fruit juice and when almost "set" turn into a previously baked pie shell or tart shell—or a graham cracker crust (unbaked). Cut-up fruit may be stirred through the jelly. Top with whipped cream or whipped evaporated milk or whites of eggs beaten until stiff with confectioners' sugar and a little flavoring. Any Bavarian Cream or Sponge mixture may be served in a baked pie shell, but the mixture must be very thick before turning into the baked pie shell.

MERINGUE

If you desire to use a meringue on top of any of the gelatine pies—Float spoonfuls meringue mixture upon hot water in a shallow pan. Set pan in a slow oven (300° - 350° F.) and bake until the meringues are lightly browned. Skim them off immediately and place on top of pie.

TWO-TONED CHIFFON PIES *(2—9 inch pies)*

MAKE up one recipe for Chocolate Chiffon Pie. Divide and place one-half of mixture in each pie shell. Make up a recipe of Orange or Lemon Chiffon Pie. Divide this and put one-half of mixture on top of Chocolate in each pie shell and allow to chill. Before serving spread over pie a thin layer of whipped cream. If you desire to make only one pie, use only half of each recipe.

GRAHAM CRACKER PIE CRUST *(1 crust for 9 inch pie)*

1 $\frac{1}{2}$ cups graham cracker crumbs $\frac{1}{3}$ cup powdered sugar
 $\frac{1}{2}$ cup butter, scant

CRUSH graham crackers and mix with butter and sugar. Pat mixture firmly into pie pan. Place pie pan in refrigerator or cold place. Allow to stand for several hours, then fill with pie filling and chill.

PASTRIES FOR PARTIES

SMALL tart shells are more convenient to serve at parties than pie. Make crisp and tender pastry shells and use any of the suggested fillings for gelatine pies. Garnish tops attractively with rosettes of whipped cream, fruits, nuts, chocolate shot, tinted cocoanut or ground peanut brittle.

FROZEN DISHES

HINTS FOR SUCCESSFUL FROZEN DISHES

KNOX SPARKLING GELATINE should always be added to mixtures which are to be frozen in the trays of a mechanical refrigerator. The gelatine gives body and consistency and helps to prevent the formation of icy crystals. Its addition also improves the texture of cream frozen in a freezer.

The Mousse and Parfait mixtures are easily made as they are frozen without stirring, but the ices and sherbets should be stirred frequently during the freezing process when made in a mechanical refrigerator. The ices and frappes especially contain more water, and have a tendency to crystallize.

The amounts in these recipes may be increased or lessened, but the proportions should be kept the same.

The following recipes for ice creams, ices, sherbets, mousses and parfaits may be used either in a freezer or in the trays of a mechanical refrigerator.

LEMON ICE (8 servings)

4 cups boiling water	1 envelope Knox Sparkling Gelatine	2 cups sugar
1/4 cup cold water		3/4 cup lemon juice
	1/4 teaspoonful salt	

MAKE a syrup of boiling water and sugar. Pour cold water in bowl and sprinkle gelatine on top of water. Add to syrup and stir until dissolved. Add salt and lemon juice; cool and freeze. When partly frozen, stiffly beaten whites of two eggs may be added.

MINT SHERBET

MAKE same as Lemon Ice, adding four tablespoonfuls bruised mint leaves to the boiling syrup. Strain and freeze. A delicious accompaniment to hot or cold lamb.

FRUIT JUICE ICE—OTHER THAN LEMON

(8 servings)

1/4 cup cold water	1 envelope Knox Sparkling Gelatine	1 1/2 cups fruit juice
2 cups boiling water		2 tablespoonfuls lemon juice
1 cup sugar		Rind of lemon (grated)
	1/4 teaspoonful salt	

MAKE a syrup of boiling water and sugar, boiling it with the grated rind of the lemon. Pour cold water in bowl and sprinkle gelatine on top of water. Add to syrup and stir until dissolved. Cool, add fruit juice and freeze. When partly frozen, stiffly beaten whites of two eggs may be added. Fruit, if berries, should be squeezed through a double thickness of cheesecloth to obtain juice. When making Orange Ice add grated or pared rind of orange instead of lemon.

LEMON MILK SHERBET (8 servings)

1 quart milk
1 1/2 cups sugar

1 envelope Knox Sparkling Gelatine
3/4 cup lemon juice
1/4 teaspoonful salt

POUR one-half cup cold milk in bowl and sprinkle gelatine on top of milk—stir thoroughly. Place bowl over boiling water and stir until gelatine is dissolved. Add to remainder of the milk. Mix lemon juice and sugar, add slowly to milk mixture, and freeze. For a richer sherbet use half cream and half milk.

FRUIT SHERBET (6 servings)

1 1/2 cups sugar
1/2 cup orange juice

1 envelope Knox Sparkling Gelatine
3 cups rich milk
1/4 cup lemon juice
1/4 teaspoonful salt

GRATE the outside of both orange and lemon. Squeeze out the juice and add the salt and sugar to this. Pour one-fourth cup cold milk in bowl and sprinkle gelatine on top of milk—stir thoroughly. Place bowl over boiling water and stir until gelatine is dissolved. Add this to the rest of the milk and turn into ice cream freezer. When it begins to freeze add the fruit juice and sugar, and fruit of any kind if desired.

GRAPE JUICE SHERBET (8 servings)

1/2 cup cold water
1 1/2 cups boiling water
1 cup sugar

1 envelope Knox Sparkling Gelatine
4 tablespoonfuls lemon juice
1 pint grape juice
1/3 cup orange juice
1/4 teaspoonful salt

MAKE a syrup by boiling sugar and hot water ten minutes. Pour cold water in bowl and sprinkle gelatine on top of water. Add to syrup and stir until dissolved. Cool slightly and add fruit juices and salt; then freeze. Serve in sherbet glasses and garnish with candied violets or fruit, if desired.

ORANGE CREAM SHERBET (12 servings)

(Illustrated on page 68)

1/2 cup cold water
1 1/2 cups sugar
1 1/2 cups hot water
Grated rind of two oranges
1 cup lemon juice

1 envelope Knox Sparkling Gelatine
1 1/2 cups orange juice
1/2 cup sugar
1/4 teaspoonful salt
2 cups cream, or evaporated milk (whipped)

2 eggs

POUR cold water in bowl and sprinkle gelatine on top of water. Add sugar and hot water and stir until dissolved. Add orange rind, lemon juice and orange juice. Turn into ice cream freezer and freeze to a mush. Beat cream or evaporated milk until stiff, and add sugar and salt. Separate yolks from whites of eggs. Beat yolks until thick and lemon colored and whites until stiff, and add to cream. Turn into frozen mixture and continue the freezing.

CUSTARD ICE CREAM (8 servings)

1 quart milk
1 cup sugar (scant measure)
1 envelope Knox Sparkling Gelatine
2 eggs
1 teaspoonful vanilla
 $\frac{1}{4}$ teaspoonful salt

MAKE a custard of $3\frac{3}{4}$ cups milk, yolks of eggs, sugar and salt. Pour one-fourth cup cold milk in bowl and sprinkle gelatine on top of milk—stir thoroughly. Add to hot custard and stir until dissolved. When cold add flavoring and freeze to a mush. Add whites of eggs, beaten stiff, and continue the freezing.

VARIATIONS

Maple Ice Cream. Substitute a cup of maple syrup for the cup of sugar in the Custard Ice Cream recipe.

Banana Ice Cream. Halve bananas and force through a coarse sieve. Add to the cooled custard.

Strawberry or Raspberry Ice Cream. Crush two cups berries and press through a fine sieve. Add the necessary additional sugar, stir well and add to the custard when cool. A cup of whipped cream or whipped evaporated milk may be added. Freeze as usual. Peach and other fruit ice creams are made in the same way.

PHILADELPHIA VANILLA ICE CREAM (8 servings)

$\frac{1}{4}$ cup cold milk
 $1\frac{3}{4}$ cups scalded milk (not boiled)
1 pint cream
1 envelope Knox Sparkling Gelatine
1 cup sugar, scant
1 tablespoonful vanilla
 $\frac{1}{4}$ teaspoonful salt

SCALD one and three-fourths cups milk. Pour one-fourth cup cold milk in bowl and sprinkle gelatine on top of milk—stir thoroughly. Add to scalded milk. Add sugar and when this is dissolved, add mixture to the cream, and add salt and flavoring. Freeze, using three parts finely crushed ice to one part rock salt. Or turn into tray of mechanical refrigerator and stir every thirty minutes until mixture will hold its shape. Serve with maple sauce and chopped pecans. If part of the cream is whipped and added when mixture is partly frozen, it will improve the product. Cream may be tinted a delicate green, or any color to match the color scheme of your table.

VARIATIONS

Chocolate Ice Cream. Add one square melted chocolate or three tablespoonfuls cocoa to the scalded milk.

Caramel Ice Cream. Caramelize one-half cup of sugar by placing it in a saucepan over a hot fire and stirring until melted and the color of maple syrup. Add one-half cup hot water and simmer on back of stove until the consistency of hot syrup. Add to the scalded milk together with the other half cup sugar and stir over fire until dissolved. Add the softened gelatine and proceed as in Philadelphia Vanilla Ice Cream recipe.

Coffee Ice Cream. Add three tablespoonfuls finely ground coffee to the milk. Scald and strain through several thicknesses of cheesecloth, then proceed as for Philadelphia Vanilla Ice Cream.

ANGEL PARFAIT (6 servings)

	$\frac{1}{2}$ envelope Knox Sparkling Gelatine	
2 tablespoonfuls cold water		1 cup cream, or evaporated milk, (whipped)
$\frac{1}{2}$ cup granulated sugar		1 teaspoonful vanilla
$\frac{1}{2}$ cup water		$\frac{1}{4}$ teaspoonful salt
Whites of 2 eggs, beaten dry		

Boil the sugar and one-half cup water to the soft ball degree (as in making boiled frosting), pour in a fine stream onto the egg whites, beating constantly. Pour cold water in bowl and sprinkle gelatine on top of water. Add to the egg mixture and stir until dissolved. Stir over cold or ice water until mixture is cold and begins to set, then fold in cream and flavoring (lemon, orange or almond may be used). Turn into trays of a mechanical refrigerator and freeze without stirring.

VARIATIONS

Cherry Nut Parfait. When mixture is cool, add 1 cup canned or maraschino cherries, 1 cup chopped almonds or other nuts and 2 teaspoonfuls almond extract.

Tutti Frutti. Add 1 cup candied fruit which has been soaked in fruit juice or in syrup.

Peach Parfait. Use but one-fourth cup water and add 1 cup mashed peaches and one-fourth cup orange juice.

Pistachio. Flavor with pistachio and color a light green—1 cup pistachio nuts may be added.

Raspberry or Strawberry Parfait. Add 1 cup berries, mashed and strained.

Macaroon Parfait. Add 1 cup dried and pounded macaroons, and garnish with cherries.

GOLDEN PARFAIT (6 servings)

	$\frac{1}{2}$ envelope Knox Sparkling Gelatine	
2 tablespoonfuls cold water		1 cup cream, or evaporated milk (whipped)
$\frac{1}{2}$ cup water		$\frac{1}{2}$ tablespoonful flavoring
$\frac{1}{2}$ cup sugar		$\frac{1}{4}$ teaspoonful salt
2 egg yolks		

Boil the one-half cup water and the sugar until it will spin a thread and pour gradually over the beaten egg yolks, beating constantly. Pour cold water in bowl and sprinkle gelatine on top of water. Add to hot egg mixture and stir until dissolved. Cool, stirring occasionally, and fold in cream. Add flavoring and turn into freezing trays of mechanical refrigerator and freeze without stirring.

VARIATIONS

Chocolate Parfait. Melt in the syrup while hot two squares chocolate, beat, and combine with egg yolks.

Pineapple Parfait. Substitute $\frac{1}{2}$ cup canned pineapple syrup for the water and use only five tablespoonfuls sugar. Serve the parfait on pineapple slices.

COFFEE PARFAIT (8 servings)

	1 envelope Knox Sparkling Gelatine	
1/4 cup cold water		Yolks of 3 eggs
1 cup strong coffee, boiled		1 pint cream or evaporated milk
1 cup sugar		1/4 teaspoonful salt

MAKE a custard of coffee, sugar and yolks of the eggs. Pour cold water in bowl and sprinkle gelatine on top of water. Add to hot custard and stir until dissolved. Cool, add whipped cream or whipped evaporated milk and freeze. Serve in parfait glasses; garnish with whipped cream, sweetened and flavored with vanilla, forced through a pastry bag and tube, and glazed cherries or any fancy fruit.

Freeze either in freezer or in the trays of a mechanical refrigerator.

FRUIT MOUSSE (8 servings)

	1 envelope Knox Sparkling Gelatine	
1/4 cup cold water		1 tablespoonful lemon juice
1 1/2 cups fruit pulp		1/2 cup powdered sugar
2 cups cream or evaporated milk (whipped)		1/4 teaspoonful salt

Pour cold water in bowl and sprinkle gelatine on top of water. Place bowl over boiling water and stir until gelatine is dissolved. Mix with fruit pulp which has been drained of juice and sprinkled with powdered sugar. Fold in whipped cream or whipped evaporated milk. Add salt and vanilla and turn into mold, having mixture overflow mold. Adjust cover and seal with a strip of cloth which has been dipped in melted lard, completely covering the crack. Pack in ice and salt for three hours and unmold. Or, turn mixture into trays of mechanical refrigerator. When making Orange Mousse, add grated orange rind from one orange. Small baking powder boxes may be used for molds in which Mousse is frozen.

CHOCOLATE MOUSSE (8 servings)

	1 envelope Knox Sparkling Gelatine	
1/4 cup cold water		1 cup sugar
1/2 cup boiling water		2 1/2 cups cream, or evaporated milk (whipped)
2 squares unsweetened chocolate or 6 tablespoonfuls cocoa		1 teaspoonful vanilla

MELT chocolate or cocoa in boiling water. Pour cold water in bowl and sprinkle gelatine on top of water. Add to melted chocolate mixture; then add sugar and vanilla. Cool and add whipped cream or whipped evaporated milk. Fill a chilled mold with mixture, having mixture overflow mold, adjust cover, pack in rock salt and finely crushed ice, using equal parts, and let stand four hours and unmold. Or turn into trays of mechanical refrigerator.

CRANBERRY FRAPPE (8 servings)

	1 envelope Knox Sparkling Gelatine	
1 cup cold water		4 tablespoonfuls lemon juice
3 cups boiling water		2 ½ cups sugar
1 quart cranberries		¼ teaspoonful salt

Cook cranberries in boiling water until soft; then force through strainer. Add sugar, lemon juice and salt and bring to a boil. Pour cold water in bowl and sprinkle gelatine on top of water. Add to hot mixture and stir until dissolved. Cool and freeze. A delicious accompaniment to roast turkey.

CANTALOUPE FRAPPE (6 servings)

	½ envelope Knox Sparkling Gelatine	
¼ cup cold water		½ cup orange juice
2 cups cantaloupe		1 tablespoonful lemon juice
½ cup sugar		¼ teaspoonful salt

Pour cold water in bowl and sprinkle gelatine on top of water. Place bowl over boiling water and stir until gelatine is dissolved. Add to remaining ingredients and freeze. If frozen in trays of mechanical refrigerator, stir two or three times during freezing process. To prepare cantaloupe pulp, remove seeds, scrape pulp from rind and force through a strainer.

WATERMELON DESSERT (12 servings)

	1 envelope Knox Sparkling Gelatine	
¼ cup cold water		1 quart cream
2 eggs		¼ cup Sultana raisins
1 ½ cups sugar		Vanilla Almond Extract
2 cups hot milk		¼ teaspoonful salt

BEAT sugar, salt and eggs and add slowly to hot milk. Cook a few minutes. Pour cold water in bowl and sprinkle gelatine on top of water. Add to hot custard and stir until gelatine is dissolved. When cold, add cream. Separate into two portions of one-third and two-thirds—to be frozen in two freezers. Flavor the two-thirds portion with vanilla and color with pink coloring to match a ripe watermelon. Flavor the one-third portion with almond and vanilla or pistachio, and color with green coloring. When frozen, pack a melon mold with a layer of the green, making a wall at the bottom and sides to the thickness of a melon rind, and fill with the frozen pink portion, to which add the raisins (first having soaked them in a tasty juice, wine or hot water), placing the raisins to resemble the seeds of a melon. Cover and seal tightly; pack in ice and salt for three or four hours and unmold. When cream is frozen in one freezer, a portion of frozen cream may be removed from the center, colored with any desired fruit juice or coloring and put back in freezer. Let stand for an hour or so, and when ready to serve, slide out on a platter and cut in slices. Raspberry Ice may be used for the pink portion.

◇ SUNDAY NIGHT SUPPERS · BRIDGE PARTIES ◇

GREEN SALAD (6 servings)

(Illustrated on page 5)

1 envelope Knox Sparkling Gelatine	
1/2 cup cold water	1/2 cup stuffed olives, sliced
1/2 cup hot water	1/2 cup sliced pineapple (canned)
1/4 cup mild vinegar	1/2 cup small sweet cucumber pickles
1/2 cup sugar	1/4 teaspoonful salt
1/2 cup blanched almonds (or other nuts)	Green coloring

POUR cold water in bowl and sprinkle gelatine on top of water. Add sugar, salt and hot water and stir until dissolved. Add vinegar, green coloring and cool. When it begins to stiffen, add remaining ingredients. Pickles should be sliced thin, almonds chopped and pineapple cut in small pieces. Turn into individual molds that have been rinsed in cold water. Chill and when firm, unmold on lettuce and serve with mayonnaise.

TOMATO-CHEESE SALAD (6 servings)

1 envelope Knox Sparkling Gelatine	
1/4 cup cold water	1/4 teaspoonful salt
1 1/2 cups hot thick tomato soup	1/2 cup mayonnaise
1/2 cup cream cheese or cottage cheese	1/2 cup stuffed olives, chopped
1 tablespoonful onion juice	1/2 cup cream or evaporated milk (whipped)
1 tablespoonful butter	

PUT soup in double boiler, add cheese, butter, salt and onion juice (extracted by grating onion). Heat until cheese has softened. Pour cold water in bowl and sprinkle gelatine on top of water, add gelatine to hot mixture and stir until dissolved. Cool, add mayonnaise, whipped cream or whipped evaporated milk and stuffed olives. Turn into mold that has been rinsed in cold water, and chill. When firm, unmold on lettuce and garnish with sliced olives. Serve with mayonnaise sprinkled with paprika. This salad may be chilled in tray of mechanical refrigerator.

PRUNE-ORANGE-CHEESE SALAD (6 servings)

(Illustrated on page 37)

1 envelope Knox Sparkling Gelatine	
1/4 cup cold water	2 tablespoonfuls lemon juice
1 cup hot water	1/2 teaspoonful salt
1/2 cup sugar	6 prunes (cooked until tender)
1/2 cup orange juice	1/2 pound cottage cheese
	6 slices orange

POUR cold water in bowl and sprinkle gelatine on top of water. Add sugar, salt and hot water and stir until dissolved. Add orange juice and lemon juice. Rinse flat pan in cold water and pour in jelly to the depth of about one-half inch, and allow to congeal. On this jelly place six slices of orange (or small pieces, all skin and partitions removed). On top of each slice of orange place a prune stuffed with cottage cheese. Cover with remaining orange jelly which has been cooled and allowed to congeal somewhat. Chill, cut in squares and serve on lettuce. Garnish with mayonnaise.

SALAD-DESSERT (6 servings)

	1 envelope Knox Sparkling Gelatine	
¼ cup cold water		Few grains cayenne, if desired
Yolks 2 eggs		⅔ cup milk
1 tablespoonful melted butter		2 tablespoonfuls canned pineapple juice
⅓ cup mild vinegar		1 cup prepared fruit
3 tablespoonfuls sugar		1 cup cream or evaporated milk (whipped)
½ teaspoonful salt		
¼ teaspoonful paprika		

WHIP egg yolks and salt, add gradually vinegar, sugar, butter, cayenne, paprika and pineapple juice. Whip lightly. Heat milk in double boiler and gradually add to the above egg mixture. Return to top of double boiler.

Pour cold water in bowl and sprinkle gelatine on top of water. Add to hot mixture and stir until dissolved. When it begins to thicken, remove from fire. Whip occasionally while cooling, and when beginning to set, add whipped cream or whipped evaporated milk, and the fruit cut in small pieces (oranges, cherries, canned pineapple, grapefruit, pears or any desired fruit). Turn into mold that has been rinsed in cold water and chill. When firm, remove to bed of lettuce and garnish with mayonnaise to which has been added a few spoonfuls of whipped cream or the beaten white of an egg. Slice for serving. Mold may be tightly sealed and packed in ice and salt if a frozen salad is desired, or turn into tray of mechanical refrigerator.

MOLDED MACARONI SALAD (6 servings)

	1 envelope Knox Sparkling Gelatine	
¼ cup cold water		¼ cup celery, chopped
½ cup hot water		½ cup mayonnaise
½ cup American or cream cheese		1 teaspoonful parsley, finely chopped
1 tablespoonful lemon juice		¾ teaspoonful salt
1 tablespoonful onion juice		½ cup cream or evaporated milk (whipped)
1 ½ cups cooked macaroni, chopped		

POUR cold water in bowl and sprinkle gelatine on top of water. Add hot water and stir until dissolved. Add cheese cut in small pieces and let stand over hot water until cheese has softened. Cool slightly, and add salt, lemon juice, macaroni, celery, parsley and onion juice (extracted by grating onion). Cool, and when it begins to thicken, fold in mayonnaise and whipped cream or whipped evaporated milk. Turn into ring mold or loaf pan that has been rinsed in cold water and chill until firm. Unmold on lettuce and garnish with strips of red or green pepper or sliced tomatoes. Serve with mayonnaise.

FILLED CAKES

REMOVE tops and centers from small cup or sponge cakes. Fill space with a Strawberry Sponge (page 31), Chocolate Sponge (page 47) or a Bavarian Cream (page 34). Put in cool place and just before serving garnish tops with whipped cream, pieces of cake, chopped nuts or fruit.

CHICKEN MOUSSE (6 servings)

(Illustrated on page 36)

1 envelope Knox Sparkling Gelatine
 $\frac{1}{4}$ cup cold water
Yolks 3 eggs
 $\frac{1}{4}$ teaspoonful salt
 $\frac{1}{4}$ teaspoonful paprika
1 $\frac{1}{2}$ cups hot chicken stock
 $\frac{2}{3}$ cup cold cooked chicken
 $\frac{1}{2}$ cup cream or evaporated milk
(whipped)

BEAT yolks of eggs slightly, add salt, paprika and chicken stock slowly. Cook over hot water, stirring constantly until mixture thickens. Pour cold water in bowl and sprinkle gelatine on top of water. Add this softened gelatine to above hot mixture and stir until dissolved. Cool and add chicken, finely chopped. Season highly with salt and paprika. Chopped nuts may also be added if desired. When mixture begins to thicken, fold in whipped cream or whipped evaporated milk. Turn into mold that has been rinsed in cold water and chill. When firm, unmold on platter and garnish with slices of lemon or tomato and sprigs of parsley. Veal stock and cut up veal may be used instead of chicken. Canned soup, broth or bouillon cubes may be used to make the stock. (Use one bouillon cube to one cup water to make one cup stock.) Any meat left over may be made into a Meat Mousse.

GRAPE JUICE SOUFFLE (6 servings)

(Illustrated on page 69)

1 envelope Knox Sparkling Gelatine
 $\frac{1}{2}$ cup cold grape juice
1 cup hot grape juice
 $\frac{1}{4}$ cup sugar
 $\frac{1}{4}$ teaspoonful salt
1 tablespoonful lemon juice
Whites 2 eggs
 $\frac{1}{4}$ cup cream or evaporated milk
(whipped)

POUR cold grape juice in bowl and sprinkle gelatine on top of grape juice. Add sugar, salt and hot grape juice and stir until dissolved. Add lemon juice. Cool, and when mixture begins to thicken fold in stiffly beaten egg whites. Half fill individual serving glasses with this mixture. To remaining grape mixture, add whipped cream or whipped evaporated milk, and fill glasses. Garnish with whipped cream or whipped evaporated milk, sweetened and flavored, or with ripe grapes.

CHOCOLATE MARSHMALLOW CREAM (8 servings)

1 envelope Knox Sparkling Gelatine
 $\frac{1}{4}$ cup cold water
2 cups milk, scalded
 $\frac{1}{2}$ cup sugar
 $\frac{1}{4}$ teaspoonful salt
2 egg yolks
 $\frac{1}{3}$ cup cocoa
 $\frac{1}{2}$ cup cream or evaporated milk
(whipped)
2 egg whites
1 teaspoonful vanilla
1 cup marshmallows, cut in small pieces

BEAT egg yolks, add sugar and salt. Add scalded milk and cocoa and cook in double boiler until of custard consistency, stirring constantly. Pour cold water in bowl and sprinkle gelatine on top of water. Add to hot custard and stir until gelatine is dissolved. Cool, and fold in whipped cream or whipped evaporated milk, stiffly beaten egg whites and the marshmallows. Turn into mold, cover tightly and pack in equal parts of ice and salt—or turn into tray of mechanical refrigerator.

RICE PARFAIT (6 servings)

1 envelope Knox Sparkling Gelatine
 $\frac{1}{2}$ cup cold water $\frac{1}{4}$ teaspoonful salt
 $\frac{3}{4}$ cup scalded milk (not boiled) 1 cup cream or evaporated milk (whipped)
2 cups cooked rice 1 cup nuts, chopped
1 cup sugar 1 teaspoonful vanilla

POUR cold water in bowl and sprinkle gelatine on top of water. Add sugar, salt and hot milk and stir until dissolved. Add rice and cool. When it begins to thicken, fold in whipped cream or whipped evaporated milk, nuts and flavoring. Chill, and when firm, unmold and serve with a chocolate, pineapple or any fruit sauce. This may be frozen in tray of mechanical refrigerator.

MAPLE RICE PARFAIT

MAKE Rice Parfait, using maple or brown sugar in place of the white sugar.

MAPLE NUT TORTE (6 servings)

1 envelope Knox Sparkling Gelatine
 $\frac{1}{2}$ cup cold water 1 cup cream or evaporated milk (whipped)
 $\frac{3}{4}$ cup maple syrup 10 macaroons, dried and rolled
2 eggs $\frac{3}{4}$ cup nuts, chopped
 $\frac{1}{4}$ teaspoonful salt
Lady fingers or other stale cakes

BEAT egg yolks slightly, add maple syrup and salt, and cook over boiling water until of custard consistency. Pour cold water in bowl and sprinkle gelatine on top of water. Add to hot maple custard and stir until dissolved. Cool, and add whipped cream or whipped evaporated milk, macaroons and nuts. Fold in stiffly beaten egg whites. Line a mold with lady fingers or stale cake and turn in maple mixture. Chill. When firm, unmold and garnish top with whipped cream and whole nut meats. Or the Maple Cream may be served in glasses.

APRICOT CREAM PIE (Filling for one 9 inch pie)

1 envelope Knox Sparkling Gelatine
 $\frac{1}{4}$ cup cold water $\frac{1}{2}$ cup sugar
1 cup apricots, cooked or canned 2 tablespoonfuls lemon juice
 $\frac{1}{2}$ cup hot apricot juice $\frac{1}{4}$ teaspoonful salt
 $\frac{3}{4}$ cup cream, whipped

POUR cold water in bowl and sprinkle gelatine on top of water. Add sugar, salt and hot apricot juice and stir until dissolved. Add lemon juice and apricots which have been put through a sieve. Cool, and when mixture begins to thicken, fold in whipped cream. Fill baked pie shell (or baked tart shells) with mixture, and chill. Before serving spread over pie a thin layer of whipped cream.

SUNDAY NIGHT SUPPER SUGGESTIONS

Tuna Fish or Crabmeat Salad	page 23	Pudding Delicious	page 29
Frozen Fruit Salad	" 24	Chocolate Bavarian Cream	" 34
Ham Mousse	" 14	Chartreuse of Jelly	" 30
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CHILDREN'S PARTIES

SPINACH SALAD

MANY children refuse to eat vegetables, but when molded with gelatine, they appeal to the child's fancy and they are delighted to eat the salads which appear so attractive. Recipe on page 70.

JELLIED VEGETABLES (Perfection Salad)

Mold in tiny cubes of cooked carrot, peas and chopped celery, or a few asparagus tips. If you wish to serve a raw vegetable salad, use cabbage, celery and grated raw carrot. Recipe on page 17.

FRUITED JELLY

MAKE Orange, Grape, Pineapple or any favorite fruit jelly. Mold attractively in tiny fancy molds, cups, orange skins or apple cases. All sorts of little fancy boxes may be purchased, lined with waxed paper and filled with gelatine mixtures. Little boxes may be made of three lady fingers or three Nabiscos tied together with narrow ribbon.

BANANA BOATS

PARTIALLY remove some of the banana pulp and fill skin with a well-flavored gelatine jelly. When firm, add a little sail made of stiff paper fastened to a toothpick.

FLOWERS

TINY flower pots may be lined with waxed paper and filled with jelly, ice cream or a sponge. Sprinkle top with sweetened cocoa and insert a real or an artificial flower.

CHARIOTS

MAKE a cart or chariot by scooping out an orange. With toothpicks fasten slice of an orange (at least one-fourth inch in thickness—with the peel left on) on each side of chariot for wheels. Fill chariot with orange jelly, ice cream, Knox Dainties or Marshmallows. The chariot is drawn by animal crackers fastened together—two by two—with toothpicks, leaving a little space between the pairs, and attached to the chariot with ribbons for reins.

DUCK POND

MAKE an Orange Jelly and mold in large shallow cups or in saucers. Turn out on a plate to form the water on which a cookie or toy duck appears to float. Around the "pond" have ice cream or whipped cream. Green iced jelly may represent grass.

EGGS

MAKE "Humpty Dumpty Eggs" by dipping hard-cooked eggs from which shells have been removed, in mayonnaise to which a little liquid gelatine has been added to make it firm. Then decorate with cut pimientos, pickles or olives to form funny faces.

MARSHMALLOWS

THESE may be warmed in the oven and pinched in the shape of animals. Paint eyes, nose and mouth with vegetable colorings. Recipe on page 65.

GOLDFISH

MOLD Lemon Jelly in glass sherbet cups. Insert a candy or toy fish so that it suggests a goldfish in a globe.

JELLY BOUQUETS

CUT out centers of small lace paper doilies. Clip here and there to fit over outside edge of an inverted sherbet glass. Secure with a rubber band, or the rim of the glass may be moistened with the raw white of an egg. Fill glasses with Orange, Grape or any favorite jelly. At serving time, garnish prettily with fruits, nuts, candies or whipped cream. Mint leaves or small green candies may be arranged as a border, making the dessert suggest Colonial bouquets.

CAKE DECORATIONS

JELLY may be molded in shallow pans and cut in fancy shapes with tin cutters or a paper pattern—make rabbits, pigs, etc. Use these to decorate cakes, ice cream or any desserts. Birthday cakes may be decorated with marshmallows, Knox Dainties or Gumdrops. Instead of Birthday Cake, make a handsome mold of jelly, Spanish Cream or Marshmallow Cream—decorate top with candles in holders; or with animal crackers to represent a merry-go-round.

Make Knox Dainties, coloring them a bright green. Cut in inch squares, trim each piece in shape of a pyramid (tree) with scissors and roll in tiny colored candies. Mount each piece on a toothpick which has been dipped in melted chocolate. Use these tiny Christmas Trees to decorate a cake. Cake may be frosted with white or chocolate frosting and sprinkled with cocoanut. Small cup cakes are attractive with one of the miniature trees in the center.

OTHER GELATINE DISHES FOR PARTIES

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CANDIES

KNOX DAINTIES

<p>1 cup cold water 1 1/2 cups boiling water 4 cups sugar 1/4 teaspoonful salt</p>	<p style="text-align: center;">4 envelopes Knox Sparkling Gelatine</p> <p style="text-align: center;">Red and Green Coloring (Paste or Liquid)</p> <p style="text-align: center;">1/2 teaspoonful peppermint extract 1 teaspoonful cinnamon extract</p>
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HEAT sugar, salt and boiling water to boiling point. Pour cold water in bowl and sprinkle gelatine on top of water. Add to hot syrup and stir until dissolved. Boil slowly for 15 minutes. Remove from fire and divide into two equal parts. Color one part a delicate red and flavor with cinnamon extract; color the other part a delicate green and flavor with peppermint extract. Rinse two pans (size about 8 x 4 inches) in cold water, and pour in candy mixture to the depth of about three-fourths inch and put in a cool place (not a refrigerator), allowing candy to thicken for at least twelve hours. With a wet sharp knife loosen around edges of pan, turn out on board lightly covered with powdered sugar. Cut into cubes and roll in powdered or fine granulated sugar.

NOTE: If lemon flavor is desired, add three tablespoonfuls lemon juice and two teaspoonfuls lemon extract to one part of the candy and leave it uncolored. Any preferred flavoring or coloring may be used.

This candy may be made by using 10 drops of oil of cinnamon or cloves instead of the extract. This must be stirred into the mixture thoroughly while it is hot.

It may also be made by using 1 teaspoonful ground cinnamon or cloves instead of the extract. In this case the ground spice is boiled with the sugar and water. Candies, however, are not as attractive as when made with extracts or oils.

MARSHMALLOWS

<p>1/2 cup cold water 2 cups sugar</p>	<p style="text-align: center;">2 envelopes Knox Sparkling Gelatine</p> <p style="text-align: center;">3/4 cup boiling water 1/2 teaspoonful salt 1 teaspoonful vanilla</p>
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BOIL sugar and boiling water together until syrup tests thread stage (thread forms when syrup drops from edge of silver spoon). Remove from fire. Pour cold water in bowl and sprinkle gelatine on top of water. Add to hot syrup and stir until dissolved. Let stand until partially cooled. Add salt and flavoring. Beat until mixture becomes thick, fluffy and cold. Pour into pans (size about 8 x 4 inches), thickly covered with powdered sugar, having mixture one inch in depth. Let stand in cool place (not a refrigerator) until partially chilled. With a wet sharp knife loosen around edges of pan and turn out on a board lightly covered with powdered sugar. Cut in cubes and roll in powdered sugar. Fruit juices in place of part of the water, or nuts, chocolate or candied fruits, chopped, may be added—or the plain ones rolled in grated cocoanut before being sugared. Dates stuffed with this confection are delicious.

PERSIAN DAINTIES

2 envelopes Knox Sparkling Gelatine
 $\frac{1}{2}$ cup cold water
2 cups sugar
 $\frac{3}{4}$ cup boiling water
 $\frac{1}{2}$ cup chopped nuts
 $\frac{1}{2}$ cup raisins, cut in small pieces
 $\frac{1}{2}$ cup dates, cut in small pieces
2 tablespoonfuls lemon juice
 $\frac{1}{4}$ teaspoonful salt

HEAT sugar, salt and boiling water to boiling point. Pour cold water in bowl and sprinkle gelatine on top of water. Add to hot syrup and stir until gelatine is dissolved. Boil slowly for 15 minutes. Add nuts, raisins, dates and lemon juice. Pour mixture into pan, (size about 8 x 4 inches) that has been rinsed in cold water. Allow to cool for at least twelve hours in cold place (not a refrigerator) until thick and firm. With a wet sharp knife, loosen about edges of pan, turn out on a board lightly covered with powdered sugar. Cut in cubes and roll in powdered sugar.

COCOANUT FUDGE

1 envelope Knox Sparkling Gelatine
 $\frac{1}{4}$ cup cold water
1 cup milk
2 cups sugar
 $\frac{1}{2}$ tablespoonful butter
 $\frac{1}{4}$ teaspoonful salt
1 teaspoonful vanilla
1 cup shredded cocoanut

PUT sugar and milk in saucepan, bring to boiling point and let boil until when tried in cold water a soft ball will be formed. Remove from fire. Pour cold water in bowl and sprinkle gelatine on top of water. Add softened gelatine to hot candy mixture. Add butter, salt and vanilla. Beat until creamy. Add cocoanut and turn into buttered pan. A tablespoonful peanut butter may be added.

KNOX RAINBOW WAFERS

1 envelope Knox Sparkling Gelatine
 $1\frac{1}{2}$ tablespoonfuls cold water
2 tablespoonfuls boiling water
1 package (1 lb.) confectioners' sugar
Coloring (Liquid or Paste)
Flavoring (Extracts or Oils)

Pour cold water in bowl and sprinkle gelatine on top of water. Add boiling water and stir until thoroughly dissolved. Add 2 cups sugar and mix thoroughly. Put on a board dredged with sifted sugar and knead until perfectly smooth. Divide into as many parts as you wish, and to each part add the desired coloring and flavoring. Knead in these colors and flavors and enough more sugar to make the mixture stiff again. (This will use the rest of the sugar in the package.) Roll as thin as possible and cut in rounds, about one inch in diameter. If you desire these rounds chocolate, knead in cocoa instead of part of sugar. Vanilla, peppermint, clove, cinnamon, sassafras, wintergreen, lemon or any flavor may be used.

NOTE: A metal jar cover, about 1 inch in diameter, makes a very satisfactory cutter for these candies.

PARISIAN MARSHMALLOWS

CHOP very fine one-half cup each of raisins, figs and dates, or put through food chopper. Add one-half cup chopped nuts and one tablespoonful orange juice. Mix these together and press one-half the mixture into a buttered and sugared pan. Put on top a layer of cut marshmallows and press the rest of the fruit-nut mixture on top. Press firmly together. Let stand until firm. Cut in squares and wrap each piece in waxed paper.

TURKISH DELIGHT

2 envelopes Knox Sparkling Gelatine
 $\frac{1}{2}$ cup cold water 2 tablespoonfuls lemon juice
2 cups sugar (1 lemon)
 $\frac{1}{2}$ cup boiling water $\frac{1}{2}$ cup chopped nut meats
 $\frac{1}{4}$ cup orange juice (1 orange) $\frac{1}{2}$ cup raisins
 $\frac{1}{4}$ teaspoonful salt Red coloring (Paste or Liquid)

HEAT sugar, salt and boiling water to boiling point. Pour cold water in bowl and sprinkle gelatine on top of water. Add softened gelatine to hot syrup and stir until dissolved. Boil slowly for 20 minutes. Add orange juice and lemon juice to hot mixture and color red. Allow to cool, and when starting to thicken, add nuts and raisins. Pour into pan (size about 8 x 4 inches) that has been rinsed in cold water, and allow to cool until thick and firm. With a wet, sharp knife, loosen around edges of pan, turn out on board lightly covered with powdered sugar. Cut in cubes and roll in powdered sugar.

PEANUT DAINTIES

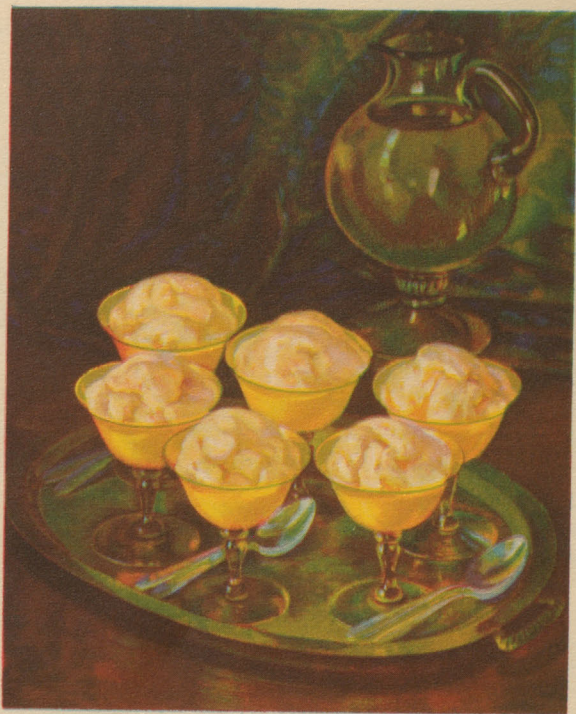
2 envelopes Knox Sparkling Gelatine
 $\frac{1}{2}$ cup cold water 1 tablespoonful lemon juice
2 cups light brown sugar 2 cups peanuts, chopped fine
 $\frac{3}{4}$ cup boiling water $\frac{1}{4}$ teaspoonful salt

HEAT sugar, salt and boiling water to boiling point. Pour cold water in bowl and sprinkle gelatine on top of water. Add to hot syrup and stir until dissolved. Boil slowly for 15 minutes. Remove from fire and allow candy to cool slightly, and add chopped peanuts and lemon juice. Turn into pan (size about 8 x 4 inches) that has been rinsed in cold water. Allow to cool for at least twelve hours in a cold place (not a refrigerator). With a wet, sharp knife loosen around edges of pan and turn out. Cut in cubes and roll in either chopped peanuts or powdered sugar. Other nuts may be used.

CHRISTMAS CANDY SUPREME

1 envelope Knox Sparkling Gelatine
 $\frac{1}{4}$ cup cold water $\frac{1}{2}$ cup Sultana raisins
2 squares chocolate $\frac{1}{2}$ cup candied cherries
3 cups sugar $\frac{1}{4}$ cup chopped English walnuts
1 cup sour cream $\frac{1}{4}$ teaspoonful cinnamon
 $\frac{1}{4}$ teaspoonful salt

MELT chocolate over boiling water. Add sugar, salt and sour cream alternately, while stirring constantly. Bring to boiling point and let boil until mixture will form a soft ball when tried in cold water. Remove from fire. Pour cold water in bowl and sprinkle gelatine on top of water. Add to hot candy mixture and beat until dissolved. Add cinnamon, raisins, cherries cut in small pieces, and nuts. Beat until creamy, and turn into buttered pan, having mixture about one and one-half inches deep. Cool, remove from pan and cut in slices for serving. The mixture may be put in individual buttered tins, and when unmolding insert in top of each a sprig of holly. Omit fruit in this recipe and you have Somerville Fudge. Instead of sour cream, milk and a piece of butter may be used.



Orange Cream Sherbet

Recipe Page 54

AFTER-DINNER JELLY MINTS

	2 envelopes Knox Sparkling Gelatine	
$\frac{1}{2}$ cup cold water		$\frac{1}{4}$ teaspoonful salt
2 cups sugar		$\frac{1}{2}$ teaspoonful peppermint extract
$\frac{3}{4}$ cup boiling water		2 tablespoonfuls lemon juice
	Green coloring	

HEAT sugar and boiling water to boiling point. Pour cold water in bowl and sprinkle gelatine on top of water. Add to hot syrup and stir until dissolved. Boil slowly for fifteen minutes. Remove from fire, add green coloring, the extract of peppermint, lemon juice and salt. Pour into pan (size about 8 x 4 inches) that has been rinsed in cold water, and allow to cool for at least twelve hours in a cold place (not a refrigerator). With a wet, sharp knife loosen around edges of pan and turn out on a board lightly covered with powdered sugar. Cut into cubes and roll in powdered sugar.



Grape Juice Souffle

Recipe Page 61

CREAMY FONDANT

	1 envelope Knox Sparkling Gelatine	
$\frac{3}{4}$ cup cold water		$\frac{1}{4}$ teaspoonful cream of tartar
2 cups granulated sugar		$\frac{1}{4}$ teaspoonful salt
	1 teaspoonful peppermint or vanilla	

Mix sugar and cream of tartar together, add one-half cup cold water and salt and boil until syrup is clear. Pour one-fourth cup cold water in bowl and sprinkle gelatine on top of water. Stir softened gelatine through hot syrup quickly and turn into pan to cool, but do not scrape pan. When partially cool, add flavoring and beat until creamy and stiff enough to form in centers. Place small pieces of confectioners' dipping chocolate over hot water until chocolate is melted. Remove, and drop centers one at a time into the chocolate and place on paraffin paper. If centers are not dropped in chocolate at once, place in covered dish to keep from hardening.

Note: Refer to Special Notice on Page 6 before making any recipe. [69]

DISHES FOR CONVALESCENTS

JELLIED CHICKEN BROTH (6 servings)

2 envelopes Knox Sparkling Gelatine
 $\frac{1}{2}$ cup cold water
3 cups chicken broth
 $\frac{1}{4}$ teaspoonful salt
 $\frac{1}{4}$ teaspoonful celery salt
1 tablespoonful lemon juice
1 tablespoonful onion juice, if desired

POUR cold water in bowl and sprinkle gelatine on top of water. Add hot broth and stir until gelatine is dissolved. Add seasonings. Pour into bouillon cups that have been rinsed in cold water, and chill. This may be served hot if preferred.

SPINACH SALAD (6 servings)

1 envelope Knox Sparkling Gelatine
 $\frac{1}{2}$ cup cold water
 $\frac{1}{2}$ cup hot water
 $\frac{3}{4}$ cup cooked spinach, chopped or sieved
1 tablespoonful lemon juice
 $\frac{1}{2}$ teaspoonful salt
3 eggs, hard-cooked

POUR cold water in bowl and sprinkle gelatine on top of water. Add hot water and stir until dissolved. Add lemon juice, salt and spinach. Cool. Rinse mold in cold water and line with eggs cut in slices. Turn in the spinach mixture when it begins to thicken. Chill, and when firm, unmold.

ORANGE DELIGHT (6 servings)

1 envelope Knox Sparkling Gelatine
 $\frac{1}{4}$ cup cold water
 $\frac{1}{2}$ cup hot water
 $\frac{1}{3}$ cup sugar
 $\frac{3}{4}$ cup orange juice
1 tablespoonful lemon juice
 $\frac{1}{4}$ teaspoonful salt

POUR cold water in bowl and sprinkle gelatine on top of water. Add sugar, salt and hot water and stir until dissolved. Add fruit juices. Pour into mold that has been rinsed in cold water and chill. When firm, unmold.

ORANGE AND EGG (6 servings)

1 envelope Knox Sparkling Gelatine
4 eggs
 $\frac{1}{2}$ cup orange juice
1 teaspoonful grated orange rind
 $\frac{1}{2}$ teaspoonful salt
2 tablespoonfuls sugar

POUR orange juice in bowl and sprinkle gelatine on top of orange juice. Place bowl over boiling water and stir until gelatine is dissolved. Add beaten egg yolks, orange rind, sugar and salt. Fold in stiffly beaten egg whites; continue the folding until it begins to stiffen. Pour into individual molds that have been rinsed in cold water and let it become firm. Do not put molds in too cold a place or the mixture will become too stiff and be less delicate in flavor. Any desired flavoring may be used in place of the orange rind.

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APRICOT CREAM (6 servings)

	1 envelope Knox Sparkling Gelatine	
1/4 cup cold water		1 tablespoonful lemon juice
3/4 cup strained cooked apricots (unsweetened)	1/2 cup milk	
1/3 cup sugar	1/2 cup cream	
	1/4 teaspoonful salt	

POUR cold water in bowl and sprinkle gelatine on top of water. Heat strained apricots and add gelatine, sugar and salt. Stir until gelatine is dissolved. Add lemon juice. Cool. Add milk and cream. Freeze to a mush.

JELLIED CUSTARD (6 servings)

	1 envelope Knox Sparkling Gelatine	
1/4 cup cold water		3 eggs
1/2 cup hot milk	1/4 teaspoonful salt	
3 tablespoonfuls sugar		Vanilla flavoring if desired
	1 cup cold milk	

POUR cold water in bowl and sprinkle gelatine on top of water. Add hot milk and stir until gelatine is dissolved. Add slightly beaten eggs, sugar and salt. Stir well. Add cold milk and flavoring. Pour into mold that has been rinsed in cold water and chill. When firm, unmold. When permissible, a chocolate sauce or a fruit sauce may be served with this custard.

GRAPE SPONGE (6 servings)

	1 envelope Knox Sparkling Gelatine	
1/4 cup cold water		1 tablespoonful lemon juice
1/2 cup hot water		1 tablespoonful sugar
3/4 cup grape juice	1/4 teaspoonful salt	
Grated rind 1 lemon	2 egg whites	

POUR cold water in bowl and sprinkle gelatine on top of water. Add sugar, salt and hot water and stir until dissolved. Add fruit juice and grated rind. Cool, and when mixture begins to stiffen, beat until frothy and fold in stiffly beaten egg whites. Turn into sherbet glasses or individual molds that have been rinsed in cold water. Chill, and when firm, unmold. Cream, either plain or whipped, may be served with this if desired.

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Note: Refer to Special Notice on Page 6 before making any recipe. [71]



KNOX DAINTIES

*Desserts
Salads
Candies and
Frozen Dishes*



Recettes Choisies

POUR ÊTRE EMPLOYÉES AVEC

La Gélatine Scintillante de Cox

(PULVERISATEUR INSTANTANE)

GELÉE AUX PRUNEAUX

2 c. à soupe de gélatine Cox
1/2 liv. de pruneaux
3 tasses d'eau

1 tasse de sucre
2 oranges

1 c. à soupe de jus de citron

Lavez les pruneaux, laissez-les tremper quelques heures dans deux tasses d'eau, puis faites-les cuire jusqu'à ce qu'ils soient tendres. Dénoyautuez et mettez les pruneaux dans de petits plats en verre. Mélangez la gélatine avec ce qui reste d'eau, ajoutez au jus des pruneaux avec sucre, jus d'orange et de citron. Brassez sur le feu jusqu'à dissolution de la gélatine, puis laissez refroidir et coulez sur les pruneaux. Laissez dans la glacière quelques heures avant de servir, avec sauce épaisse.

Cette recette se fait aussi bien avec des dattes.

GELÉE AU VIN

2 c. à soupe de gélatine Cox
2 tasses d'eau froide
1 pouce de bâton de cannelle
2 clous de girofle

1/2 tasse de sucre
2 c. à soupe de jus de citron
3/4 tasse de sherry (ou autre vin domestique)

Versez l'eau dans une casserole, ajoutez les épices, la gélatine, le sucre et le jus de citron; brassez sur le feu jusqu'à dissolution, ajoutez ensuite le vin et coulez à travers du coton à fromage ou un sac à gelée chauffé et laissez refroidir. Versez dans un moule passé à l'eau et renversez après durcissement.

GÂTEAU AU POMMES

2 c. à soupe de gélatine Cox
1/2 tasse d'eau froide
1 liv. de pommes
1/2 tasse de sucre

1 tasse d'eau chaude
1/2 citron
Quelques gouttes de cochenille
Cossetarde ou crème

Mélez la gélatine avec l'eau froide. Tranchez les pommes dans une casserole, ajoutez sucre, eau chaude, écorce râpée et jus de citron. Faites cuire lentement et, une fois tendre, passez au tamis; ajoutez le colorant rouge et la gélatine, précédemment dissoute sur le feu. Laissez refroidir et renversez dans un plat en verre, laissez prendre quatre heures au frais et servez avec cossetarde ou crème.

DÉLICES DES ENFANTS

1 c. à soupe de gélatine Cox
1 tasse de figues coupées en morceaux
1 tasse de raisins sans pépins
2 jaunes d'œufs

1 tasse de lait
2 c. à soupe de miel
1 c. à thé de jus de citron
1/2 tasse d'eau froide

Faites tremper une cuillerée à soupe de GÉLATINE COX dans l'eau froide. C'est toujours la première chose à faire. Hachez ensemble figues et raisins. Versez une tasse de lait au bain-marie—et, une fois amenée à ébullition, ajoutez les raisins et figues hachés, et le jaune des deux œufs bien battu. Brassez jusqu'à ce que les œufs soient cuits—retirez du feu et ajoutez la gélatine fondue. Mélangez bien et ajoutez le miel en battant, puis ajoutez le jus de citron en brassant. Versez dans un moule passé à l'eau froide, laissez refroidir et, une fois pris, servez avec ou sans crème fouettée, à laquelle, si vous en mettez, vous aurez ajouté les blancs d'œufs battus.

DESSERT AU LAIT À LA VANILLE

1 c. à soupe de gélatine Cox
2 tasses de lait
1/4 tasse sucre ou miel

Pincée de sel
1/2 c. à soupe de vanille

Jetez la gélatine dans le lait, laissez tremper dix minutes au bain-marie, brassez ensuite au-dessus de l'eau chaude jusqu'à dissolution, ajoutez sucre, sel et vanille, laissez cuire quelques minutes, retirez du feu et coulez dans un moule passé à l'eau froide. Une fois pris on peut, à son goût, tapiser le tour du plat de macarons ou de doigts de dames avant de renverser la gélatine dans le moule.

CRÈME GLACÉE AUX POMMES

1 c. à soupe de gélatine Cox
1 tasse de compote de pommes sucrées
1/4 tasse d'eau froide
1 tasse de crème fouettée

5 c. à soupe de sucre en poudre
1 petit pot de cerises au marasquin

Trempez la gélatine dans l'eau froide et le jus de cerises pendant cinq minutes. Puis faites dissoudre sur eau chaude. Après dissolution, brassez ce liquide dans la compote de pommes. Mettez le mélange à refroidir. Fouettez la crème en ajoutant le sucre en poudre, puis incorporez au mélange de compote de pommes en ajoutant les cerises coupées en petits morceaux. Versez dans un des tiroirs à glace. Congelez et servez en carrés.

SALADE DE POULET

1 c. à soupe de gélatine Cox
1 petit poulet
1 oignon tranché
1 feuille de laurier
1/4 c. à thé de poivre blanc en grains

1/2 c. à thé de sel
2 œufs cuits dur
3 olives dénoyautées
Persil haché

Flambez et videz le poulet, couvrez-le d'eau bouillante et faites-le cuire lentement jusqu'à ce qu'il soit tendre. Laissez-le refroidir dans l'eau. Dépécez ensuite en petits morceaux. Mettez la peau et les os dans une casserole avec deux tasses du bouillon de poulet, ajoutez l'oignon et les assaisonnements et laissez mijoter jusqu'à réduction à trois tasses, puis ajoutez la gélatine et coulez. Disposez une couche de poulet dans un moule mouillé, puis quelques tranches d'œufs, des olives et le moule de bouillon. Démoulez une fois pris. Avec le poulet en gelée on sert très bien une salade de laitue avec des croûtes de fromage à la crème, de la mayonnaise ou une sauce à salade bouillie et des biscuits secs, ou de minces tranches de pain brun beurré.

SALADE DE FRUITS

2 c. à soupe de gélatine Cox
1 tasse d'eau
2 c. à soupe sucre ou miel

2 tasses de "ginger ale"
1/2 tasse de fruits mélangés

Versez l'eau dans une casserole, ajoutez la gélatine, le sucre ou le miel et laissez dissoudre. Retirez du feu et ajoutez le "ginger ale." Coupez les fruits en morceaux égaux, disposez dans un plat en verre et couvrez du mélange à la gélatine coulé. Faites refroidir et servez avec ou sans sauce à salade. On peut remplacer le "ginger ale" par du jus de raisin ou jus de fruit. Les restes de fruits peuvent servir à cette recette et le mélange peut aussi être partagé en petits moules.

SALADE DE LÉGUMES

2 c. à soupe de gélatine Cox
1/4 tasse d'eau froide
2/2 tasses d'eau chaude
1/4 tasse de jus de citron
1/4 tasse de vinaigre blanc
1 tasse de chou déchiqueté fin
1 petit piment vert tranché

1 petit concombre tranché
1/2 tasse de piments tranchés
Sel, poivre et paprika au goût
Feuilles de laitue
Mayonnaise ou sauce à salade bouillie

Versez la gélatine dans l'eau froide, ajoutez l'eau chaude et après dissolution laissez refroidir. Incorporez en brassant le mélange soit à peu près ferme, ajoutez légumes et assaisonnements, mélangez bien et versez dans un moule passé à l'eau. Laissez au frais quelques heures, démoulez et servez avec mayonnaise sur une feuille de laitue. Un peu de crème fouettée rend ce plat très attrayant. On peut employer n'importe quel mélange de légumes.

CHICKEN SALAD

- | | |
|----------------------------------|--------------------|
| 1 tablespoon Cox's Gelatine | 1/2 teaspoon salt |
| 1 small chicken | 2 hard cooked eggs |
| 1 onion, sliced | 3 olives, stoned |
| 1 bay leaf | Chopped parsley |
| 1/4 teaspoon whole white peppers | |

Singe and draw chicken, cover with boiling water and cook slowly until tender, and cool in water. Lift out and divide meat into neat pieces. Put skin and bones into a saucepan with two cups of the chicken liquor, add onion and seasonings and simmer until reduced to three cups, then add Gelatine and strain. Arrange a layer of chicken in a wet mold, then some slices of egg, olives and parsley, then more chicken, and so on till all are used. Fill mold with the stock. Turn out when set.

A fitting accompaniment to jellied chicken is a lettuce salad with cream cheese balls, mayonnaise or boiled dressing and crackers, or thin slices of buttered brown bread.

MIXED FRUIT SALAD

- | | |
|------------------------------|------------------------|
| 2 tablespoons Cox's Gelatine | 2 cups ginger ale |
| 1 cup water | 1 1/2 cups mixed fruit |
| 2 tablespoons sugar or honey | |

Pour water into saucepan, add Gelatine, sugar or honey and dissolve. Take from fire and add ginger ale. Cut fruits into neat pieces, place in a glass dish, and cover with the strained Gelatine mixture. Chill and serve with or without salad dressing.

Grape juice or other fruit juice may be used in place of ginger ale. Left over fruits may be used in this way, and, if desired, the mixture may be divided into individual molds.

VEGETABLE SALAD

- | | |
|-------------------------------|-----------------------------------|
| 2 tablespoons Cox's Gelatine | 1 small green pepper, sliced |
| 1/4 cup cold water | 1 small cucumber, sliced |
| 2 1/2 cups hot water | 1/2 cup sliced pimentos |
| 1/4 cup lemon juice | Salt, pepper and paprika to taste |
| 1/4 cup white vinegar | Lettuce leaves |
| 1 cup finely shredded cabbage | Mayonnaise or boiled dressing |

Sprinkle Gelatine into cold water, add hot water and when dissolved allow to cool. Stir in lemon juice and vinegar and set aside until almost firm, add vegetables and seasonings, mix carefully and pour into a wet mold. Set in a cool place a few hours, turn out and serve with mayonnaise on lettuce leaf. A dash of whipped cream makes it very dainty.

Any mixture of vegetables may be used.

CHILDREN'S DELIGHT

- | | |
|-----------------------------|------------------------|
| 1 tablespoon Cox's Gelatine | 1 cup milk |
| 1 cup figs cut in pieces | 2 tablespoons honey |
| 1 cup seedless raisins | 1 teaspoon lemon juice |
| 2 egg yolks | 1/2 cup cold water |

Soak one tablespoon of COX'S GELATINE in the cold water. This should be done whenever you start to make the recipe. Chop figs and raisins together. Put one cup of milk in double boiler—when it reaches the boiling point add the chopped raisins and figs, and the well-beaten yolks of two eggs. Stir until the eggs are cooked—remove from stove and add the soaked Gelatine. Mix well and add the honey by beating in, then stir in the lemon juice. Pour into wet mold, chill, and when set, serve with or without whipped cream, to which the beaten whites have been added.

VANILLA MILK DESSERT

- | | |
|-----------------------------|----------------------|
| 1 tablespoon Cox's Gelatine | Pinch of salt |
| 2 cups milk | 1/2 teaspoon vanilla |
| 1/4 cup sugar or honey | |

Sprinkle Gelatine into milk, soak ten minutes in upper pan of double boiler, then stir over hot water till dissolved, add sugar, salt and vanilla, cook a few minutes, take from fire, and strain into a wet mold. When firm turn out, and, if desired, place a few macaroons or lady fingers around dish before turning Gelatine into mold.

FROZEN APPLE CREAM

- | | |
|-----------------------------|------------------------------------|
| 1 tablespoon Cox's Gelatine | 5 tablespoons powdered sugar |
| 1 cup applesauce, sweetened | 1 small bottle Maraschino cherries |
| 1/4 cup cold water | |
| 1 cup whipped cream | |

Soak Gelatine in cold water and juice of the cherries for five minutes. Then dissolve over hot water. When thoroughly dissolved, stir into the applesauce. Allow mixture to cool.

Whip cream adding powdered sugar, then fold into applesauce mixture adding the cherries cut into small pieces. Pour into one of the ice-cube trays.

Freeze and cut into squares for serving.

Selected Recipes

FOR USE WITH

Cox's Sparkling Gelatine

(INSTANT POWDERED)

PRUNE JELLY

- | | |
|------------------------------|--------------------------|
| 2 tablespoons Cox's Gelatine | 1 cup sugar |
| 1/2 lb. prunes | 2 oranges |
| 3 cups water | 1 tablespoon lemon juice |

Wash prunes, cover with two cups of the water, soak for a few hours, then cook until soft. Remove stones and place prunes in individual glass dishes. Mix Gelatine with remainder of water, add to prune juice with sugar, orange and lemon juices. Stir over fire until Gelatine is dissolved, then cool and strain over prunes. Place in refrigerator a few hours before serving. Serve with hard sauce.

If desired, dates may be substituted for prunes.

WINE JELLY

- | | |
|------------------------------|---|
| 2 tablespoons Cox's Gelatine | 1/2 cup sugar |
| 2 cups cold water | 2 tablespoons lemon juice |
| 1 inch cinnamon stick | 3/4 cup sherry wine (or any home made wine) |
| 2 cloves | |

Pour water into a saucepan, add spices, Gelatine, sugar and lemon juice; stir over fire until dissolved, then add wine and strain through cheesecloth or a hot jelly-bag and allow to cool. Pour into a wet mold and turn out when firm.

APPLE GATEAU

- | | |
|------------------------------|-----------------------|
| 2 tablespoons Cox's Gelatine | 1 cup hot water |
| 1/2 cup cold water | 1/2 lemon |
| 1 lb. apples | A few drops red color |
| 1/2 cup sugar | Custard or cream |

Mix Gelatine with cold water. Slice apples into a saucepan, add sugar, hot water, grated rind and juice of lemon. Cook slowly, and when tender rub through sieve; add color and Gelatine which has been dissolved over fire. Cool and turn into a glass dish, set in a cool place four hours and serve with custard or cream.