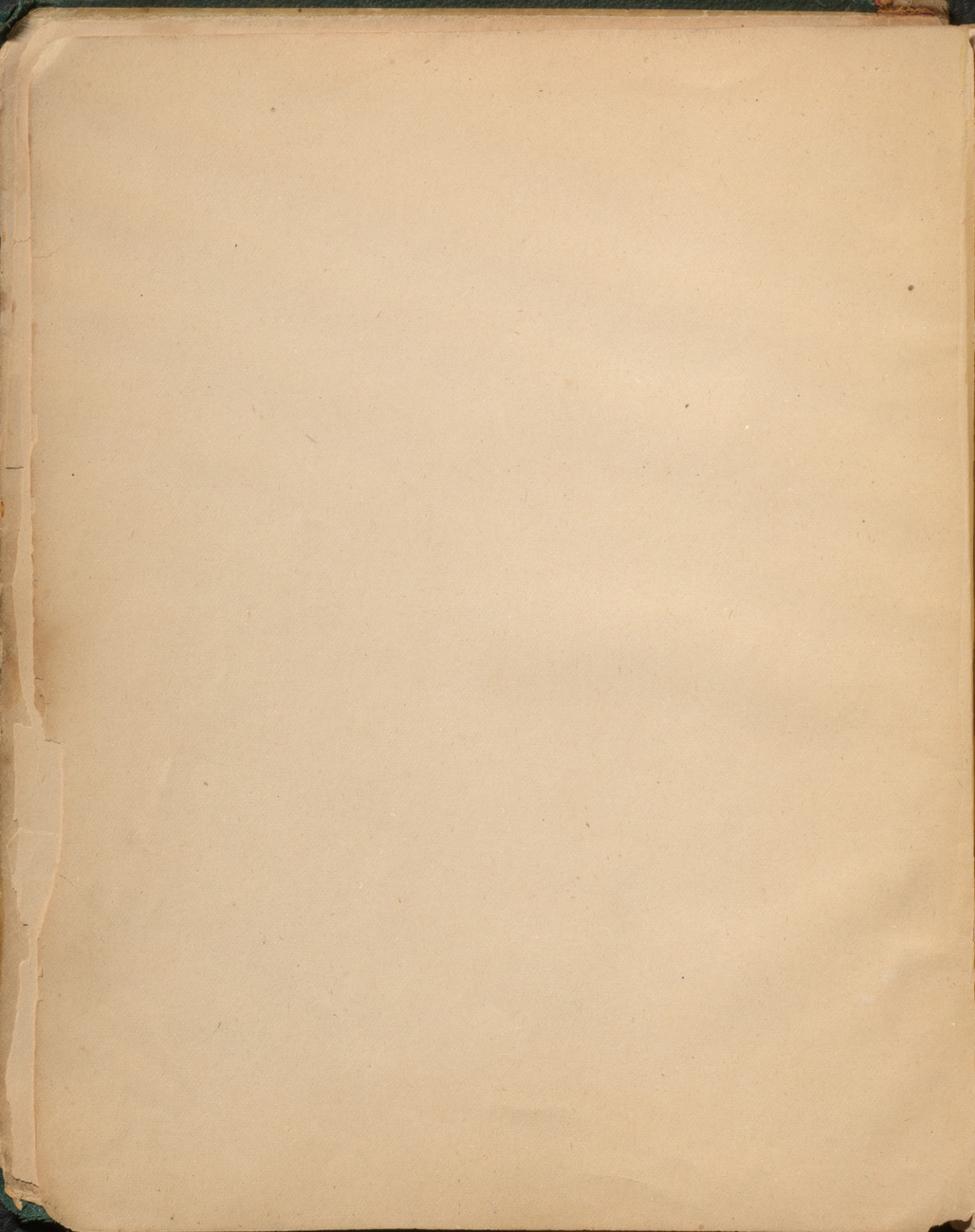




THE HOUSEHOLD TREASURY.



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Margaret Blake.
Toronto.

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1888

THE
Manuscript Receipt Book
AND
HOUSEHOLD TREASURY.

"The turnpike-road to people's hearts I find,
Lies through their mouths, or I mistake mankind."



MONTREAL :
DAWSON BROTHERS
1872.

THE
Manuscript Receipt Book

1873

ROBERTSON & CO.

Printed by PLINGUET & LAPLANTE
30 St. GABRIEL STREET, MONTREAL.



MONTREAL
DAWSON BROTHERS
1873

PREFACE.

ALTHOUGH many useful books have been issued for the benefit of Housekeepers, we think that the volume now presented to your notice will supply a want hitherto unfulfilled.

Receipts, without number, are constantly being given to the public by newspapers, magazines, and larger works, which, for want of a convenient method of reference, are forgotten or lost. Moreover, there are many familiar home dishes not to be found in cookery books, whose savoury taste dwells long in the memory, longer oftentimes than the details of their preparation; to keep such receipts on permanent record is one of the chief objects of the present work.

Besides, from day to day, careful housekeepers obtain receipts used by familiar friends which are not to be found in print. The **HOUSEHOLD TREASURY**, with its complete classification, and handy mode of reference, will be found admirably adapted for their reception.

CONTENTS.

	PAGE.
SOUPS	11
FISH	23
MEATS	33
GAME & POULTRY	49
MADE DISHES	65
OYSTERS, Etc.....	81
SALADS OF ALL KINDS.....	91
VEGETABLES	97
SAUCES	107
BREAD, BREAKFAST & TEA CAKES.....	113
PLAIN SWEET CAKES.....	121
FANCY CAKES.....	129
PASTRY	137
PUDDINGS	145
DISHES FOR DESSERT.....	153
PRESERVES, MARMALADES, JELLIES, Etc.....	161
PICKLES	167
WINES, CORDIALS & BEVERAGES.....	173
POTTING & COLLARING.....	179
USEFUL & MEDICINAL RECEIPTS.....	183

THE HOUSEHOLD TREASURY.

~~~~~

“ Of all appeals—although  
I grant the power of pathos, and of gold,  
Of beauty, flattery, threats, a shilling—no  
Method’s more sure at moments to take hold  
Of the best feelings of mankind, which grow  
More tender, as we every day behold,  
Than that all-softening, overpowering knell,  
The tocsin of the soul—the dinner-bell.”



THE BURNING OF TREASURY

29002

The burning of the treasury  
is a subject of great importance  
and one which has attracted  
the attention of the public  
for many years. It is a subject  
which has been discussed  
in many of the leading  
publications of the day.



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## SOUPS.

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“Now good digestion wait on appetite,  
And health on both.”

---



## SOUPS.

## Potato Soup.

Put into a stewpan 6 or 8 large potatoes  
 Boil them until until they are nearly  
 done they must be mealy, cut them in  
 slices until they are sufficiently tender  
 to pulp through a sieve, 1 or 2 onions soft  
 enough for the same purpose, thicken  
 with flour & butter, season with Cayenne &  
 salt, if you wish to add to the flavor add  
 a cupful of cream, previous to serving but  
 must not be let boil after adding—  
 N. B. The 1<sup>st</sup> used several more potatoes  
 & boiled in 2 quarts of water—



## SOUPS.

## Artichoke Soup.

Take the Water a Turkey or Leg of  
Mutton has been boiled in - Make any  
additions you may desire or find  
Convenient, a Knuckle of Veal - or the  
Foot - Neck - Giblets - &c of any fowl  
Makes it very rich - Just about 12 or 15  
large Artichokes & grate them into the  
Soup & let it boil 2 or 3 hours put in  
Salt a very little pepper & just  
before taking it off the stove for dinner  
add a Cupfull of Morning Milk.  
By adding more Artichokes the Soup  
can be made thicker -

Dec 7<sup>th</sup> - 1874. J. P.



## SOUPS.

## Tomato Soup.

skin of Beef - Parsley & Thyme, a  
 few potatoes Turnips & Carrots  
 a little celery. Some pepper  
 Corns, a dozen cloves. After the  
 soup is cold, strain it, & to one  
 quart of soup, add 1 dozen good  
 ripe Tomatoes, boil until the  
 Tomatoes are done. Strain & add  
 one Table spoonful Worcestershire &  
 one of Harvey sauce, add very  
 gradually a good half pint  
 of cream, & put a wine glass  
 of Sherry into the tureen before  
 dishing, a good bone stock will  
 make this soup very well. —  
 M. S.



## SOUPS.

Kidney Soup

beef kidneys - the fat & skin to be all taken off - chop the kidneys very fine, mix them with a table-spoonful of flour & the same of butter. The kidneys, flour & butter all mixed together are put in a dish on top of the stove & heated till the butter melts & all becomes like a paste - Make your stock ready - put in the paste & let it simmer for 2 hours - Season it with pepper & salt & any sauce you like - This soup can be made with any kind of kidneys, or with giblets -

Mullagatawney Soup

Boil 1 chicken or a shank of veal in 4 quarts of water 2 hours - Skim when it boils. When boiled one hour take out the breast of the chicken, cut it into small pieces one inch square; take  $\frac{1}{2}$  oz of butter, 4 onions & some parsley, fry a light brown with the pieces of meat & strain the stock & put all together - Season with pepper, salt, 1 desert-spoonful of curry, add a little flour or butter to thicken - 2 cup of cream put into the tureen when serving is a great improvement



## SOUPS.

## Brown Tomato Soup

1 Can of Tomatoes passed through  
a sieve, 1 quart of stock, 2 oz butter  
& tablespoon of flour, add the butter  
to the flour and then the stock,  
pepper & salt to taste and a little  
brown sugar, boil for three minutes  
serve with dice's of fried bread.

## Consommé

1 lb of shank beef minced - raw.  
4 hard egg, beat egg & beef together &  
add 1 quart of stock, 2 onions -  
pepper & salt to taste. Stir till it  
comes to a boil, then add 1 pint of  
cold water, & let simmer for 1/2 an  
hour. Strain through old table  
napkin.

## Noodle Soup

1 qt stock flavoured with onion, pepper  
& salt to taste, 1 handful of noodles to  
be boiled three minutes in the  
Soup.



## SOUPS.

Noodles for Soup

1 egg pinch of salt enough flour  
to make stiff paste: roll out thin  
as a wafer - roll into round  
ball cut in thin strips, Cook for  
3 minutes.

Asparagus Soup

2 bunches of asparagus boiled  
a head of fennel or spinach, boil  
spinach 30 minutes, + pour  
both through a sieve, a tablespoon  
of flour + one of butter dissolved  
together, then add a quart of stock,  
pepper + salt to taste, boil  
for three minutes; before serving  
add half a pint of cream or milk



## SOUPS.

## Celery Soup.

About 2 heads of Celery put through the masher, boil about 20 minutes with a quart of stock or water, if you have not stock flavor with Salt & pepper. Add 3 pints milk & piece of Butter size of an egg. 2 teaspoonful of parsley cut up & 1 tablespoon Cornstarch let it come to a boil, heat up  $\frac{1}{2}$  cup cream in the tureen & pour the soup over it —

## Tomato Soup.

Put one can tomatoes in a saucepan let it come to the boil & boil 5 minutes. Strain, add Butter the size of an egg, pepper & salt, 2 quarts stock,  $\frac{1}{2}$  tablespoon Cornstarch, put  $\frac{1}{2}$  or 1 cup cream & yolks of 2 eggs in the tureen heat them together & add the boiling soup stirring all the time.



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19

SOUPS.

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SOUPS.

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RECEIPTS.

21

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SOUPS.

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FISH



RECEIPTS.

SOUPS.

FISH



## FISH.

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“ Wherever thou hast fed, thou little thought'st,  
And I not more, that I should feed on thee.  
Peace, therefore, and good health, and much good fish,  
To him who sent thee ! and success, as oft  
As it descends into the billowy gulf,  
To the same drag that caught thee ! Fare thee well !  
Thy lot thy bretheren of the slimy fin  
Would envy, could they know that thou wast doom'd  
To feed a bard, and to be praised in verse.”

COWPER.

---







## FISH.

Fish & White Sauce

When boiling fish for dinner,  
tell the cook, to put down one  
fish more than required, which  
take up & lay by - Next day remove  
the bones carefully, & cut the fish  
into large square pieces, ~~afterwards~~  
This any good bits left from  
day before's dinner lay in a dish  
Take the bones, skin, head, tail  
& scraps, & bits of jelly to be found  
to be found off the cold fish,  
put this into a rice saucepan



## FISH.

With enough water barely to cover  
 Salt & white pepper to taste  
 Simmer this on the top of the stove  
 until it has quite a nice taste  
 of the fish, (about 20 minutes)  
 While this <sup>is</sup> preparing make some  
 good white sauce, of fresh  
 butter, corn starch, (or good flour  
 & fresh milk, then made strain  
 & stir gradually the fish broth into  
 it, then add a little chopped or  
 grated lemon peel a little rub-  
 berg & a little mace, a little good



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it, then add a little chopped or  
grated lemon peel a little rub-  
meg & a little mace, a little good



## FISH.

Cream, a little Cayenne, heat  
it well up to the boiling point,  
but don't let it boil, put off  
slices of fish into a nicer  
flat Saucepan, pour off sauce  
over them let them simmer in it  
until very hot, (but not boiling)  
dish in a deep dish, into which  
you have previously put some  
square pieces of thin toast, at  
the bottom, & some pointed  
round the sides, do not put  
too much toast at bottom



## FISH.

lest you should ~~omit~~ absorb  
 too much of the gravy, or sauce  
 of course if you have only a  
 little fish left you can do  
 it the same way, but it is finer  
 & nicer when not quite boiled -  
 Dec 11<sup>th</sup> 1874.

XO

## Fish pie

Fresh boiled fish in shreds, cold  
 Make 1 pint of sauce using 1 pint of cold  
 milk, 2 tablespoons of flour, mix smooth  
 & when boiling add 3 well-beaten eggs  
 Put in your dish a layer of fish, then  
 salt, cayenne, butter, nutmeg, Worcester sauce  
 & the sauce - fill the dish in layers -  
 on the top grate fine bread crumbs  
 Bake from 20 minutes to  $\frac{1}{2}$  an hour  
 enough for 6 people



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29

FISH.

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FISH.

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31

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FISH.

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FISH.

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ESTABLISHED

## MEATS.

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"I think they love venison—I know they love beef.  
There's my countryman, Higgins—Oh! let him alone  
For making a blunder, or picking a bone.  
But hang it—to Poets who seldom can eat.  
Your very good mutton's a very good treat."

GOLDSMITH.

---



## MEATS.

## Spiced Round -

(For about <sup>25</sup> lbs.) 2 oz of Salt  
 Peter made fine, rub every part  
 of the meat with it, & then  
 rub it with a plate full of salt  
 & the same of sugar, put in a  
 tub & turn it every day for 2 or 3  
 days, & then rub it with 1/2 lb of  
 pepper, & the same of allspice, 2 or 3  
 oz of cloves & a little mace, then  
 let it be turned in the tub for  
 10 or 12 days, it should be baked  
 with a paste over it.

W. P. Dec 9<sup>th</sup> 1874 -



## MEATS.

## Calfs head plain.

Get a nice fresh calves head  
steep in water until it is quite  
free from blood, & nicely blanch'd  
Simmer in plenty of water till  
the bones come out freely,  
(between 3 & 4 hours) Take out  
all the bones, & lay the head in  
an oval dish its own size, lay  
another upon it, with a weight  
on top (a couple of flat irons) to  
press it together, rest day,  
beat 3 or 4 eggs well, add pepper



## MEATS.

Salt, The juice of half a Lemon -  
 4 oz of Butter (melted in a tin  
 on the stove) to the beaten eggs,  
 Crush the head well with the  
 eggs, & then strew over plenty of  
 Bread crumbs in which you have  
 mixed a little finely chopped  
 Parsley & a little Lemon peel -  
 Trim the head round the edges,  
 with a sharp knife, & put it into  
 the oven in the dish, dusted well  
 with the mixture & bake for a  
 hour and a half  $\frac{1}{4}$  of an hour



## MEATS.

Before serving, sprinkle a fresh  
Supply of bread Crumbs on top.  
& Brown very nicely - set off dish  
in a large one & put a Napkin or  
2 in a bias fold, round the edge  
of the inside dish, as it may be  
a little burnt, Garnish with  
Parsley & thin slices of Lemon.  
If you wish to take this dish  
quickly, you can cut it like  
a cake into small square pieces  
When the heat & basting will  
be more effectual, if you leave



## MEATS.

It whole make little incisions  
 with the point of a sharp knife  
 over the top, that the savory  
 mixture may penetrate the meat,  
 If ye fasting runs out you must  
 melt a little more butter, add  
 spice & lemon & it will do. If  
 you like you can add some  
 meat balls to this dish.

Dec<sup>r</sup> 15 74.

Beef Molls.

Take some minced beef cooked -  
 spread crumbs grated very fine,  
 season these with onion minced



## MEATS.

fine, pepper & salt, roll all  
 this into balls & fry in butter or  
 good gravy. Dec. 11<sup>th</sup> 1874.

Wicket of Beef Stuffed.

A piece of beef weighing 8 pounds,  
 requires about 5 or 6 hours to boil.  
 Make a dressing of bread crumbs,  
 pepper, salt, sweet herbs, a little  
 mace & one onion, chopped fine  
 & mixed with an egg-beat the  
 dressing between the fat & the  
 lean of the beef & sew it up  
 very tight, flow the cloth & pin



## MEATS.

The beef is very tight in it, & boil  
 it 5 or 6 hours, when it is done  
 take the cloth off & press it till  
 quite cold, this is to be cut in  
 thin slices & eaten cold.

Dec 11<sup>th</sup> 74.

Cake of Veal or Poultry.

Cut rather thin slices of the raw  
 meat, of fowl, rabbit, veal or turkey,  
 add a 3<sup>d</sup> of cold ham, line a  
 thin mould with well buttered  
 paper, season the meat with red  
 pepper, & shred lemon peel, lay  
 it in your moulds strewing



MEATS.

Amongst 8 hard boiled eggs  
 minced fine, mix & raw egg's  
 beaten up in a glass of brandy,  
 cover it with buttered paper  
 & bake slowly for 3 hours, turn  
 it into a dish, & when cold  
 decorate with jelly - <sup>Int.</sup> Dec 11<sup>th</sup> 74.

Chicken Cream or Crème de Volaille  
 Entrée

Pound the white flesh of a fowl  
 into a paste, pass it through a  
 sieve and back into the mortar



## MEATS.

add the yolks of three eggs and  
a gill of cream, with flavours with  
pepper salt & nutmeg with a sus-  
picion of shallot, having mixed  
these, pound into a buttered shape,  
which should only be half filled,  
and steam for two hours, serve  
with white sauce or any purée of  
vegetables round it, and garnish with  
mushrooms. N.B. The cook says  
an idea of cayenne & a very little  
Harvey sauce are better than  
black pepper.



## MEATS.

## Ham Past

Chop cooked ham very fine, with little fresh beef, mutton or chicken, add 8 beaten eggs, mustard, butter cream (an infinitesimal bit of onion) mix well, make very hot in saucepan, serve up thickly spread on diamond shaped bits of toast which have been just dipped into boiling water - serve on a napkin & furnish with bits of parsley -

## Spiced Round

25 lbs. best beef, hung till tender, wash, and wipe thoroughly, rub into it  $\frac{1}{2}$  lb. coarse brown sugar, and leave for 2 days. Mix well together  $\frac{3}{4}$  lb. salt  
 2 oz. saltpetre, 1 oz. ground mace.  
 1 oz. ground bl. pepper,  $\frac{1}{2}$  oz. g<sup>d</sup> cloves.  
 1 small g<sup>d</sup> nutmeg,  $\frac{1}{2}$  oz. cayenne.  
 Rub these spices in well each day, turning your meat, for about 6 weeks. wash lightly off, bind in good shape. Bake, or boil, as preferred. Covered with a thick paste.  
 Grand-mama Croup's recipe.



## MEATS.

## Haricot Mutton

Take a few lbs of best mutton chops, trim nicely, and fry a nice brown, have some hot stock, and dip the chops in, simmer till tender, take 3 carrots, 3 turnips, 1 onion, cut in slices lengthwise, fry slightly, and add to the meat, when sufficiently done, take out gently, and place on your dish, To the stock add, 1 teaspoonful burned flour, wet with table-spoonful Worcestershire Sauce, Mushroom catsups, Hervey & Walnut, juice of cloves, salt, cook a few minutes, and pour upon the meat, & vegetables, The vegetables can be cut in ornamental pieces if preferred.



RECEIPTS.

45

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MEATS.

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RECEIPTS.

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MEATS.

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RECEIPTS.

47

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MEATS.

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GAME AND POULTRY.



RECEIPTS.

MEATS.



GAME AND POULTRY.

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“What is the opinion of Pythagoras concerning wild fowl?”

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GAME AND POULTRY.



RECEIPTS.

51

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GAME AND POULTRY.

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GAME AND POULTRY.



RECEIPTS.

53

GAME AND POULTRY



54

RECEIPTS.

GAME AND POULTRY.



RECEIPTS.

55

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GAME AND POULTRY.

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GAME AND POULTRY.



RECEIPTS.

61

GAME AND POULTRY.



RECEIPTS.

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GAME AND POULTRY.

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RECEIPTS.

63

GAME AND POULTRY.



GAME AND POULTRY.



## MADE DISHES.

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“There were snipes, there were rails,  
There were woodcocks and quails,  
There were peacocks served up in their pride (that is tails)  
Fricandeau, fricassées, ducks and green peas,  
*Cotelette à l'Indienne*, and chops *à la Soubise*  
(Which last you may call ‘onion sauce’ if you please.)”

---



## MADE DISHES.

Hot Lobster - The cherry's -

Take a Lobster remove the shell Cut or  
 Break the flesh of it in pieces not too small  
 Make a mixture of Mustard, Vinegar  
 Cat-soup & Lots of Cayenne pepper, Split  
 Lobster in this sauce & nearly half a  
 pound of Rice, Fresh Butter in a  
 Dish put cover & Light your Lamp when  
 Boiling your mixture should be stirred  
 & one & a half Glasses of Sherry thrown into  
 the pan, the contents served out hot &  
 better eaten with —

Pancakes.

Make a light batter of three  
 Spoonfuls of flour, 3 eggs well  
 beaten & half a pint of milk  
 some of which with the eggs  
 is to be mixed with the flour  
 to the other part put 3 or 4



## MADE DISHES.

of butter melted, then mix all together, & put into the frying pan in a very thin layer fry with heat or dripping, but do not put any butter in to the pan to fry them, after the first frying, as they will give out enough afterwards to keep up the stock, sugar & lemon should be served to eat with them. — Dec 31<sup>st</sup> 1874. Maud



## MADE DISHES.

Crème de Veau.

Pass 1 lb of minced & powdered pounded  
 Veal &  $\frac{1}{4}$  lb of Ham, also minced & powdered,  
 through a wire sieve, add 2 oz of butter, 2 eggs  
 well beaten, half a pint of whipped cream,  
 a little cayenne, salt & mace. Pound all  
 well together, & put them into an entree mould  
 steam twenty minutes serve with white sauce.

## Eggs à la Suisse

A layer of grated Parmesan cheese, on this  
 break gently, (so as not to disturb the yolks)  
 3 or 4 eggs, then another layer of cheese, with a  
 little pepper & salt then over the whole 2 or 3  
 spoonfuls of rich cream, bake in a gentle  
 oven till the eggs look set.



## MADE DISHES.

## Kedgeriee

a breakfast dish

Any cold white fish, haddock is very good, a teacup of boiled rice, 1oz butter, 2 hard-boiled eggs, a little Worcester sauce, a little ketchup, salt & cayenne to taste - Pick the fish carefully from the bones & mix with the other ingredients, serve very hot. Time  $\frac{1}{4}$  hour after the rice is boiled.

## Curried Eggs

Cut hard-boiled eggs in  $\frac{1}{2}$  inch slices & heat slowly in a good gravy flavoured to taste with curry powder, serve with rice.

## Sweet Omelett

Spread with marmalade, & if not a tea-tablet pour on it a few spoonful of rum, which must be set on fire -



## MADE DISHES.

## Croustades or -

Sweet patties à la minute  
 Slice firm stale bread about an inch thick, cut from it with a small cutter as many croustades as you need, mark the centres with a smaller cutter & scoop out the insides dip them in milk or thin cream, & lay them on a drainer brush them with an egg & sweep the crust over them, fry & drain them well & fill with a good mince, with stewed mushrooms or with oysters, serve very hot on a napkin, in this form they are Preceder Patties. They may be filled with fruit or preserves for a second course, or diamond shaped bits of bread dipped in milk & fried, may be served for children with a spoonful of jam.

A nicer, extremely was made by Mons Boguet from a stale cake. (ground cake I believe) cut in diamonds & browned either in the pan or the oven (I cannot discover which) these are arranged in a side dish with bits of pineapple laid on them, stewed & a rich syrup made of the pineapple, flavoured with a little cinnamon or some liqueur round them.



## MADE DISHES.

Kromerikie

Breast of chicken, or turkey, veal, or any delicate meat, pepper, salt, & mace, chop fine, and roll in bacon, cut very thin. Prepare a batter thus, 3 oz. flour, 1 oz. butter, 1 gill of tepid water. Dip into boiling dripping, or lard, and fry.

Poulet à la Royale

Cut boned chicken in slices & braise in 1 pint of stock.

Royale Sauce

2 oz. butter, 1/2 pint stock, 1 small Tablespoon flour, pepper & salt to taste. 1 Teaspoon Worcester Sauce, 1 Teaspoonful Mustard Sauce. Felks of 2 eggs raw dissolve butter with flour & add stock by degrees - remove from fire with in eggs & add sauces. Mash the chicken into the sauce & serve very hot.



## MADE DISHES.

Potato Balls

2 doz potatoes, boiled & put through  
masher, a little pepper & salt 2 oz of  
butter & 2 eggs make into balls push  
over with egg & dip into bread crumbs,  
& fry in boiling lard.

Meat Cakes

1 lb, minced cold meat - 2 oz of  
butter - 1 Table Spoon flour, dissolve  
butter, add flour, warm some  
stock & make a stiff gravy - add  
felt of one egg, add meat & boil  
all together & make into cakes push  
with egg, & dip in bread crumbs,  
fry in boiling lard.

Chaf. Cold of Meat

Garnish small moulds with peas,  
Carrot & turnips, cut meat into slices &  
put in moulds - fill with Aspic  
Jelly -



## MADE DISHES.

Jellied Tongue

Garnish the mould with peas,  
turnips, & carrots, cut tongue in thin  
slices, lay in mould & pour jelly  
over.

Birds Nests

2 hard boiled eggs - boil 10 minutes.  
1/2 lb cold meat chopped fine -  
put the meat in a bowl, add  
the gravy, do not put in more  
than required to make a paste,  
roll around eggs, make in  
balls, & fry in hot lard, Lard  
must boil - make the gravy -  
1/4 butter 1 Table Spoon flour  
falk of an egg, 1/2 cup stock,  
beat well.



RECEIPTS.

MADE DISHES.



RECEIPTS.

75

MADE DISHES.



RECEIPTS.

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MADE DISHES.

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RECEIPTS.

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77

MADE DISHES.

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RECEIPTS.

MADE DISHES.



RECEIPTS.

79

MADE DISHES.

OYSTERS, ETC.



RECEIPTS.

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MADE DISHES.

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RECEIVED  
OYSTERS, ETC.

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"T is the voice of the oyster. I heard him complain,  
Of the sad lack of cooking he had to sustain,  
To be scoloped or fried—he the thought might survive,  
But sad was his fate to be swallowed alive."

JONES.

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OYSTERS, ETC.

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OYSTERS, ETC.



RECEIPTS.

83

OYSTERS, ETC.



RECEIPTS.

OYSTERS, ETC.



RECEIPTS.

85

OYSTERS, ETC.



RECEIPTS.

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OYSTERS, ETC.

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RECEIPTS.

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OYSTERS, ETC.

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OYSTERS, ETC.

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SALADS OF ALL KINDS.



RECEIPTS.

OYSTERS, ETC.

SALAD OF ALL KINDS

RECEIVED  
1874  
RECEIVED  
RECEIVED

**SALADS OF ALL KINDS.**

---

"I'm quite asham'd—'t is mighty rude  
To eat so much—but all 's so good!"

---



## SALADS.

X  
Chicken Salad

1 Cold Chicken, 2 heads celery cut in square pieces, 3 hard boiled eggs, pepper & salt to taste.

## Dressing for Chicken Salad.

3 oz butter, 2 oz flour, yolks of 3 raw eggs, 1 pt milk, pinch of Cayenne pepper - about 1/2 teaspoonful of Walory & Worcester sauce. Melt butter & mix in flour, add milk by degrees then saucers. Then cook in egg, one at a time. Let it come to boil & when cool add vinegar, about half a teacup full - pour over salad.

## Potato Salad

6 large boiled potatoes, sliced fine  
1/2 Chopped onion - 2 tablespoons of  
hot stock - 2 tablespoons of salad oil,  
2 tablespoons vinegar, pepper & salt to  
taste, cover in a dish, & press 2  
times - then shake, & sprinkle  
with minced parsley. This  
receipt makes enough for 14 people.



RECEIPTS.

93

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SALADS.

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RECEIPTS.

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SALADS.

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## SALADS.

A Winter Salad, 1 cup of raw Savoy cabbage sliced finely - 1 cup of beet cooked -  $\frac{1}{2}$  cup of celery, 1 dessert spoonful of horse-radish & a little brown sugar. Mix well together & pour over it the dressing - Dressing - Yolks of two eggs, hard-boiled - powdered with a piece of butter the size of a walnut - add to it mealy potato passed through a sieve, one tablespoonful of brown sugar, 1 tablespoonful of flour of mustard, very little salt, 3 tablespoonfuls of vinegar & 3 of cream or milk, sweet or sour - Mix till it is the consistency of cream - With some things a little Anchovy is an improvement -



Patate Salad

Take some cold boiled potatoes, slice them  
 evenly - sprinkle with some finely cut  
 sweet parsley & a little green (young) peas  
 if approved - (Dressing in above)  
 the yoke of 3 hard boiled eggs - 3 stalks of  
 cream - 2 stalks of salt, 1/2 stalks of  
 vinegar, 2 stalks of sugar - a pinch of  
 black pepper, made fine - mix  
 well & mix up

Put the yoke with a basin, mix with a mortar  
 gradually with the cream, then add  
 salt, pepper &c, then the remainder of the  
 cream, mixing the sugar - for the last  
 then pour over the potatoes  
 the above dressing is very nice for any  
 salad -

For Tomatoes

Take 1/2 yoke beaten up - Capers, salt a  
 little vinegar & lemon juice a little oil  
 mix the yoke well beaten -  
 put the tomatoes & put in ice & pour the  
 above sauce over them.



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VEGETABLES.

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“ If the man who turnips cries  
Cry not when his father dies,  
’T is a proof that he had rather  
Have a turnip than his father.”

JOHNSONIANA

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## VEGETABLES.

## Potatoes

Boil in the usual manner, some potatoes & let them cool - then cut them in quarters inch slices - dissolve in a very clean stew pan, from 2 to 4 oz of butter - stir & it a small dessertspoonful of flour & shake the pan over the fire for 2 or 3 minutes - add a cup full of cream or good milk, some pepper & salt & if liked a tablespoonful of minced parsley.

## Scalloped potatoes

Slit raw potatoes, butter the dish, put a layer of potatoes, dredge flour, pepper, and salt, repeat till full, when nearly full of potatoes put the dish 2 thirds full of milk, a few cracker crumbs, with a little butter on the top, and bake 40 min. or  $3\frac{1}{4}$  hours.

## Corn pudding

1 doz. green corn, scraped with a knife, 1 quart milk, 3 eggs 1 tablespoon melted butter, salt to taste.

## Corn fritters

Make a nice batter of eggs & flour, put in scraped corn, and fry.



RECEIPTS.

99

VEGETABLES.



## VEGETABLES.

## Governor's Sauce

Slice one peck of green tomatoes, cover with salt, and let them stand over night. In the morning strain off the liquor. Add to the tomatoes one cup of horse-radish, three large onions chopped fine, three large red peppers, one cup of sugar, one dessert-spoonful of ground cinnamon, one do. of ground cloves, one of allspice, one of cayenne pepper, and one of white pepper. Cover with vinegar, and let simmer till quite soft.

Put in jars, or bottles.

## Chou-Chou

One peck Tomatoes sliced, six large onions, a cup of salt over them. Let them remain over night. Drain off in the morning, then take two quarts of water, one of vinegar, boil them for 15 or 20 minutes, after boiling put them in a sieve to drain. Then take 3 quarts vinegar, 2 pounds brown sugar, 2 lbs. mustard seed, 2 tablespoonfulls ground allspice, do. cloves, cinnamon, ginger, mustard, 1 do. cayenne pepper. Cook slowly  
15 minutes.



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VEGETABLES.

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## Chili Sauce,

2 1/2 Large ripe tomatoes, 4 onions, 3 green peppers, 4 cups vinegar, 4 tablespoons of salt, 6 of sugar, 2 of cloves, 2 of ground cinnamon. Boil 2 hours.

## Squash

An egg, and a little flour & milk  
form in cakes, and fry in a little butter



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VEGETABLES.

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RECEIPTS.

103

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VEGETABLES.

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RECEIPTS.

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VEGETABLES.

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VEGETABLES.

SAUCES.



RECEIPTS.

VEGETABLES.

## SAUCES.

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“ The fundamental principle of all  
Is what ingenious cooks the *relish* call ;  
For when the market sends in loads of food,  
They are all tasteless, till *that* makes them good.”

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## SAUCES.

Mayonnaise

1 Teaspoon salt. 1 dessertspoon <sup>small</sup> (~~large~~)  
 Mustard, 1 dessertspoon (large) Sugar.  
 6 Tablespoons vinegar 2 or 3 Tablespoons  
 of oil. yolks of three eggs well beaten  
 with these ingredients, which are  
 added gradually. Steam until it  
 thickens, stirring well, when cool add  
 1/2 cup of cream.



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SAUCES.

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## Tomato Sauce

Cut the Tomatoes into quarters taking out all the bad parts, boil  $\frac{1}{2}$  hour, strain through the Colander to each 10 lbs Tomatoes add  $\frac{3}{4}$  lb onions cut small, 2 Tablespoons salt, 1 do of mace, 1 tea do Black Pepper, 1 tea do Cayenne, 4 table do Mustard 1 qt vinegar. - Boil together 3 hours & bottle when Cold.



## SAUCES.

## Mayonnaise Dressing

Break on to a large plate the yolks of 2 eggs pour on very slowly half of a pt bottle of oil (must be cold) stirring all the time with a yolk always of course to the right add about a teaspoonful of salt & red pepper to taste (about a quarter of a teaspoonful or less is good) the mixture has been all the time getting thicker if the oil has been cold enough & when the salt is added, becomes very thick indeed - thin it to the required consistency - about two tablespoonful will probably be sufficient - Should the mixture however get thinner instead of thicker - as will sometimes happen you will require to commence the operation over again on another plate with an extra egg as soon as this begins to make - add that which turned thin & it will all make properly - It will be observed that the oil must be very cold -



## SAUCES.

## Tomato Sauce Mustard

Boil one bushel of fresh Tomatoes  
 + 2 tea cup fulls of salt, for half  
 an hour + then rub them through  
 a sieve or Colander. Put them  
 back into the Boiler + add  
 4 Desert spoons of Cloves + of Allspice  
 2 " " of powdered ginger  
 2 of whole pepper  
 And 2 of Cayenne pepper, + a  
 couple of cloves of garlick. Boil  
 them until quite thick + rub  
 through a hair sieve after



## SAUCES.

Add 2 tea cups of Mustard  
mixed with the sauce & then  
boil for 20 minutes. Dec 7<sup>th</sup> 74.

Chicken Dressing

2 Tablespoons of Bread Crumbs, 2 oz of  
butter, 1 Teaspoonful of parsley, a pinch  
of Sumac, Savory, a pinch of pepper,  
1/2 an egg mix all together.

Salmon Sauce

1 oz Butter, 1/2 Tablespoon flour - 1 large cup of  
Stock, warm the stock add to it the  
butter, fifteen capers & chopped fine. Hal  
& Worcesters sauce, boil together & pour on  
Salmon.



## Bread. Breakfast and Tea Cakes.

"Behold! his breakfasts shine with reputation."

### Grafton Milk Rolls

Boil & grate 2 White Potatoes - add 2  
Teaspoonfull of Sugar, pour boiling water  
over till enough to soften them then tipid  
add nearly 1. Pint of Yeast, when light  
add a little salt, warm 3 oz of Butter & 1  
Pint of milk, they must be well mixed  
then enough Flour to make a stiff sponge  
then risen work it on the board - put it  
back in the Pan to rise again when light -  
roll it into cakes & let them stand half  
an hour, Bake in a quick Oven -



## BREAD. BREAKFAST &amp; TEA CAKES.

## Marine Biscuits.

2 lbs flour, 1 lb sugar  $\frac{1}{2}$  lb butter  
 1 lb Currants 2 oz Caraway seeds

5 eggs 1 glass lemon Whiskey

Use all these ingredients, the  
 eggs being well beaten, yolks &  
 whites separately, & add as much  
 butter milk as will make the  
 proper consistence.

## Oatmeal biscuits

2 cups of meal -  $2\frac{1}{2}$  of flour - 1 of butter -  
 $\frac{1}{2}$  cup of boiling water - 1 tea spoonfull of  
 baking powder Soda -  $\frac{1}{2}$  cup of sugar -  
 mix flour, oatmeal & sugar together melt  
 butter - put the soda into boiling water  
 & stir with a spoon



## BREAD. BREAKFAST &amp; TEA CAKES.

Place the "<sup>Gems</sup>gem-pan" on the stove, & leave it there till it is very hot. Make a middling thick batter of Graham flour with water, milk & water, or milk, & drop some into each of the hollows; leave the pan on the stove for about five minutes, then put it into a hot oven with a brisk fire & bake for about three quarters of an hour—

Feraway Buns

4 cups of flour, 1 cup of white sugar,  $\frac{1}{4}$  lb. of butter, 1 table-spoonful of carraway seeds, 3<sup>o</sup> tea-spoonfuls of "Cook's friend" (or other baking powder) mix lightly with enough milk to make rather a soft dough; roll, cut into cakes, bake in a moderate oven—

Robins' Waffles

2 $\frac{1}{2}$  cups of flour, 1 $\frac{1}{2}$  cups of milk, 3 eggs, 3 tea-spoonfuls of Cook's friend, butter the size of an egg, a little salt.— Beat the yolks & whites of the eggs separately; stir the Cook's friend into the flour & make into a smooth batter with the milk & yolks, add the butter melted & last the whites



## BREAD. BREAKFAST &amp; TEA CAKES.

Have the iron very hot (or they will stick), grease with lard - About a table-spoonful of batter in each division is enough

## Boston Brown Bread

1 pt of Indian meal or Graham or Rye - 1 cup of molasses, 2 teaspoons of Cook's Yeast, & a little salt - Steam 24 hours - Milk or water.

## Sea Cakes

A little thin Cream warmed, add a lump of butter, an egg, & a few spoonful of Yeast & mix all with a sufficient flour to make a light dough, let it stand to rise, roll into round cakes, let them rise before the fire in tins & bake a light brown; split & butter & serve hot.

## Madeira Nut-Cake

1/2 Cup of Butter - 2 cups of Sugar  
3 + 1/2 cups of Flour - 1 quart-cup of milk  
8 Eggs - 3 Teaspoonful of Royal Baking  
Powder -



## BREAD. BREAKFAST &amp; TEA CAKES.

## Bread

Ingredients— 1 cup mashed potatoes, 1 table-  
 spoon of lard, 1 teaspoon of sugar,  $1\frac{1}{2}$  teaspoons  
 of salt— 1 pt of the water in which the potatoes  
 were boiled  $2\frac{3}{4}$  lbs of flour, sifted—  $\frac{1}{4}$  cup of  
 yeast—

Mode  
 Mash the potatoes fine, while hot— work in  
 the lard sugar & salt— stir to a cream— mix  
 in gradually the pint of water which should  
 be like warm— Beat in about  $\frac{1}{2}$  lb of the flour  
 lastly add the yeast— cover & let it rise in  
 a warm room or place, overnight— in the  
 morning work into this risen sponge, all  
 but about 2 oz of the remaining flour— It  
 makes a soft dough— but if it can be moulded  
 at all it is not too soft— knead briskly for  
 a half an hour— then set to rise— It should  
 come up steadily until it at least trebles  
 its original bulk— Now mould it into small  
 loaves— with very little kneading, using the  
 remainder of the flour— put it into pans  
 set it to rise till it is light— about an hour  
 will do— Bake in a brick oven for not more  
 than  $\frac{1}{2}$  an hour— This receipt makes an ordinary  
 baking.



## BREAD. BREAKFAST &amp; TEA CAKES.

## Good Yeast

Take  $\frac{1}{4}$  lb of hops & boil in 4 qts of water.  
 Take also 12 potatoes, boil & wash them, mix  
 the hops water with them, add to this mixture  
 a large cupful of sugar, 2 large tablespoons  
 of ginger, a large cupful of yeast, one  
 of dinner plate of flour - Stand the whole  
 in a warm place for a night & do not cook  
 it up for two days.

## Graham Bread

Take 6 quarts of unbottled flour, 1 Tea  
 cup of good Yeast & 6 spoon full of molasses  
 mix them with 1 pint of milk, warm water  
 & 2 Teaspoonful of salaratus make a hole  
 in the flour & stir this mixture into it till  
 it is like batter. then proceed as with fine  
 white flour, mould it when light into 4  
 loaves. Have your oven hotter than for  
 other bread & bake it fully one & half  
 hours. Toronto 13<sup>th</sup> - 190 S. C. M. -



## BREAD. BREAKFAST &amp; TEA CAKES.

## Brown Bread

Take 1 quart wheat meal,  $\frac{1}{2}$  cup of molasses,  $\frac{1}{2}$  cup yeast, sufficient luke warm water, to make a stiff batter, a little salt, let this rise over night in the morning add a very small pinch of soda, and bake.

## + French pancakes -

Materials - 2 eggs. 2 oz of butter  
2 oz of flour - 2 oz of white sugar.  
1 glass of milk (for about 5 people).  
Make by beating butter to a cream in a large basin, add eggs & beat  
beaten. add sugar & flour. Then slowly add milk. beating all the time - pour out on well buttered tins or plates - Bake  $\frac{1}{2}$  an hour (or twenty minutes in a hot oven) till brown - put jam between & sprinkle with sugar. serve hot.



## BREAD. BREAKFAST &amp; TEA CAKES.

Yeast.

Put a handful of hops in a muslin bag, put in 2 quarts of cold water, let it boil, then pour it over 6 potatoes boiled & mashed, 1 table spoonful of salt - 1 table spoonful of sugar, 2 table spoons of flour, & 1 teaspoon of ginger. Add a quarter cup of yeast, let it rise about 12 hours & then cork tight. —

Graham Duffins.

- 3 Cupfuls of Graham flour.      1 Teaspoonful of Salt  
 2 heaping Teaspoonfuls baking powder.      1 Pint of Sweet milk  
 Bake in a quick oven 15 or 20 minutes.

Graham Crackers

- 5 cupfuls of Graham flour      1 cupful of Sugar  
 1 cupful of butter      1 Teaspoonful of Soda  
 1 cupful of cold water  
 Roll as thin as possible with white flour, cut & bake.



RECEIPTS

PLAIN SWEET CAKES.

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"E'en though my edge be not too nicely set,  
Yet I another's appetite may whet."

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## PLAIN SWEET CAKES.

## Excellent cookies

2 cups of sugar 1 cup of butter 1 of lard  
 1 of sweet milk  $3\frac{1}{4}$  lb of corn starch  
 $\frac{3}{4}$  of flour 1 teaspoonful of soda and  
 2 of cream of tartar. Boil very soft.

## Ginger biscuits

1 lb molasses 1 lb flour  $\frac{1}{4}$  lb butter  $\frac{1}{4}$  lb  
 brown sugar 2 eggs 1 teaspoonful  
 of soda 1 teaspoonful ginger & other  
 spices.

## Sugar biscuits

10 ounces of flour & 8 oz wht-sugar  
 $\frac{1}{4}$  lb butter 1 egg.

## Grandmother's biscuits

$1\frac{1}{2}$  lb flour  $\frac{1}{2}$  lb of sugar  $\frac{1}{4}$  lb  
 butter 4 eggs. Mix well roll out  
 well and thin.



## PLAIN SWEET CAKES.

## Bordeaux Cake

Cut a light sponge cake into four slices each smaller than the last. Cut the largest - put a layer of apricot preserve then cake then apple marmalade then cake & preserve finishing with cake. Press down firmly with a knife, take out the centre of the cake & mix with equal quantities of white wine & brandy sufficient to flavor, add some rich custard & put all back into the centre of the cake. Whip 2 whites to a stiff froth heaping in the centre. Shake sugar over the whole & put in an oven till frosting is set. Garnish with preserve.

## Sponge cake

Take 8 eggs, 1 lb sugar finely powdered & 1 lb flour & a large table spoonful of water Dissolve in a tea spoonful of water & a tea spoonful soda Dissolve some acid in the same way, but observe to add to the latter some of the sugar for the cake. When everything is prepared, begin to make the cake. Beat



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 PLAIN SWEET CAKES.
 

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up the yolks of the eggs add to these  
 the sugar & then the acid with great  
 care. Put in the flour by degrees  
 when it is well mixed add the soda  
 & last of all the whites of the eggs  
 which must be well beaten Beat the  
 whole & immediately bake.

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 Shrewsbury cakes

1/2 lbs. of flour, a little lemon peel, 1 pound lump  
 sugar, a few caraway seeds, 1 teaspoonful of soda  
 5 eggs, 1/2 lb. butter - To be baked in rather a slow oven

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 Plain Morris Cakes - (Glosson's cakes)

1 1/2 lbs flour. 1/2 lb. butter. 1 lb fine moist  
 brown sugar - 2 eggs - 4 tea spoons ground  
 ginger - 1 do. Carb. Soda, dissolved in a glass  
 of water or milk - The butter, sugar, & ginger  
 must be rubbed into the flour & made into a  
 stiff paste with the water & eggs - good oven -  
 flour the tin - drop from the fork in  
 small cakes -

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## PLAIN SWEET CAKES.

Ginger bread

3 cups of flour - 1 cup of sugar  
 1 cup of molasses. 1 cup of butter  
 4 eggs - 2. teaspoons full of soda  
 1 nutmeg, or  $\frac{1}{2}$  teaspoon of cloves  
 2 dessert spoons of ginger.

Soda to be mixed with molasses.  
 This receipt may be improved by  
 a cup of butter. with milk (or sour  
 milk) & sweetened with half the  
 soda -

Plain Fresh cake -

1 lb of flour. 6 oz of butter or lard,  
 $\frac{1}{4}$  lb of sugar -  $\frac{1}{2}$  lb of raisins or currants  
 3 table spoons full of baking powder  
 2 or 3 eggs (or more)  $\frac{1}{2}$  teaspoon of Soda  
 a little milk (peel for a good cake)  
 Beat the butter to a cream. add  
 flour in which baking powder &  
 soda are mixed. then eggs, sugar  
 raisins. mixed with enough milk  
 to make a paste. and put into  
 buttered tin -



## PLAIN SWEET CAKES.

## X Rock Cakes -

$\frac{1}{4}$  lb of flour.  $\frac{1}{2}$  tea spoon of baking powder - 1 Egg. 2 oz of raisins -  
Cut up 2 oz of butter - 1 oz of Sugar.

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## Spice Cake -

1 Cup of sugar - 1 Cup of butter -  
2 Eggs & 1 tea spoon full of Soda - 3 cups  
of flour - 1 Cup of molasses -  $\frac{1}{2}$  cup  
of milk, 1 Cup of raisins - 1 tea spoon  
of Cinnamon - 1 tea spoon full of cloves  
2 Nut-megs - 1 Lemon -

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## Orange Cake -

2 cups of sugar - 2 cups of flour -  
 $\frac{1}{2}$  cup of water - 5 yolks - & 3 whites of  
eggs -  $\frac{1}{2}$  tea spoon full of baking  
powder (This is for the cake -  
For the mixture between the layers  
2 whites of eggs - 1 Orange rind grated  
& juiced with sugar

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PLAIN SWEET CAKES.

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Duffin Cake.

1/2 Cup butter. 1 Cup brown Sugar.  
1/2 Cup molasses. 1/2 Cup Sweet Milk.  
2 Cups flour with 2 tea spoons of baking  
powder mixed through it. 2 eggs. 1/3<sup>rd</sup> raisins  
stoned & Chopped Coarsely. 1 tea spoon Cloves.  
1 tea Spoon Cinnamon. 1/2 tea spoon nutmeg.  
bake about an hour & a quarter. Rather slow  
them -

+

Lady Cake

1/4 cup of butter, 3 cups of sugar, whites of  
8 Eggs, 1 pint of flour. 1/2 tea spoonful of  
Royal baking powder, 1 cup of milk  
& drops of Royal Extracts of Bitter almonds  
to the butter & sugar to a cream; add the flour  
sifted with the powder, milk & Extracts - Mix into  
a smooth batter, then gently mix the 8 eggs -  
whites whipped to a dry froth; when thoroughly  
mixed put into a shallow cake pan, papered  
& bake carefully in steady oven for ten  
minutes, when cool ice the bottom &  
sides with white icing -



## PLAIN SWEET CAKES.

## Miss Rathwell's Gingerbread

1 cup of butter  
 1 cup of brown Sugar, 2 cups of Molasses  
 1 cup of Milk, 3 Eggs. - 1 Table Spoonful  
 of ginger flour to make a good batter,  
 1 Teaspoonful of baking powder to Each  
 cup of flour. Currents if desired -

## X Mr. W. H. Blakes - Seed Cake

1 1/2 cup of flour. 2 eggs, piece of butter the  
 size of an egg. 1/2 cup of seeds, 2 teaspoonful  
 of baking powder. Sugar?  
 Cold water to make batter stiff -

## Plain Fruit Cake -

1 1/2 lbs of flour, 3/4 lb of butter, 3/4 lb sugar  
 1/4 lb peel, 1/2 pint of milk, 1 1/2 lb Currents  
 mixed fruit. 6 eggs. enough milk to  
 moisten the whole - rub butter &  
 flour together, add sugar & fruit  
 & spices. 3 teaspoons of baking  
 powder, a pinch of Salt, bake in  
 buttered tin for half an hour.



**FANCY CAKES.**

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“ With these she treats both commoners and quality,  
Who praise, where'er they go, her hospitality.”

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## FANCY CAKES.

## Musselown plum cake.

1 lb flour, 1 lb. Sugar 1 lb butter  
 2 lb currants 1 lb raisins, ~~2 lb~~  
 3/4 lb. Citron, 2 oz Candied Candied  
 Lemon, 2 oz Candied Orange,  
 2 Table spoonfuls of treacle, 12 eggs  
 1 Nutmeg Boven from 4 to 6 hours  
 regular heat Dec 9th 1874. H.P.

## Christmas Cake.

2 lbs of sugar Candy 2 lbs of flour  
 1 lb of butter, 4 lbs currants, 1 lb  
 Raisins 36 eggs 1/2 lb of Almonds  
 Haunched & chopped 1/2 lb Citron



## FANCY CAKES.

1 lb candied lemon, 1 lb Candied  
orange. 1 large nutmeg Grated,  
 $\frac{1}{2}$  oz of powdered allspice  $\frac{1}{2}$  oz  
of mace  $\frac{1}{2}$  oz of ginger,  $\frac{1}{2}$  oz  
of cinnamon  $\frac{1}{2}$  oz of coriander  
seed  $\frac{1}{2}$  pint of brandy.  
Dec 9<sup>th</sup> 74.

Cocoa Nut Cake

4 eggs,  $\frac{1}{4}$  lb of butter, 1 Cup Sugar  
 $1\frac{1}{2}$  cups of flour, 4 large Spoonfuls  
of water, 1 Tea Spoonful of water  
Soda & cream of Tartar.

Beat sugar & eggs Together  
Then add Butter creamed



## FANCY CAKES.

& lastly flour, water, soda, &  
 Cream of Tartar & Table spoonfuls of  
 Cocoa Nut (desiccated) 3 of Milk,  
 Dessert spoonful of cornstarch, let  
 them boil a little, beat whites  
 of 2 eggs, then well beaten, add  
 $\frac{3}{4}$  lb pulverized sugar & a  
 little essence of Vanilla or lemon  
 Then mix all together, spread  
 on each layer of cake &  
 sprinkle some dry cocoa Nut  
 over also, bake in tin pie plates  
 Dec 23<sup>rd</sup> 74.



## FANCY CAKES.

## Kisses.

Beat the Whites of 3 eggs to a froth then stir in powdered white sugar a little at a time till you have formed a very thick batter, add two or three drops of essence of lemon, betwixt a sheet of white paper & lay it on a tin & drop this mixture upon it in lumps about the size of a walnut let them sit in a cool oven, & as soon as their surface is hardened, take them out & remove them from the paper, with a broad headed



## FANCY CAKES.

knife, let the oven cool still  
 more then place these little  
 cakes laying the flat part of 2 to-  
 gether on a sieve & return them  
 to the oven where they must  
 remain for 15 minutes—

## "Gâteau Parisien"

Lay slices of sponge cake at  
 the bottom of a glass dish, spread over  
 them a layer of preserves (red or  
 black currants, to very good for the  
 purpose) place over that more  
 slices of sponge cake, then a  
 layer of jam. do this until you



## FANCY CAKES.

Have filled the dish pour  
 over it sufficient sherry to soak  
 the cake properly then beat up  
 the whites of 4 eggs with sufficient  
 white sugar, so as to make a  
 very stiff froth, with which cover  
 the top of the cake completely.  
 Mt. Dec 74.

## Spice cake

4 or 5 cups of sugar 1 lb butter 1 of milk  
 3 eggs 1 Teaspoonful of soda 1 Teaspoonful  
 of all kinds of spice 2 Teaspoonfuls of  
 cream of tartar.

## Scotch bread

10 oz clarified butter 1 lb flour,  $\frac{1}{4}$  lb  
 moist sugar, 1 oz almonds, beaten fine  
 1 oz lemon peel beaten fine, Stir  
 all in the butter with a wooden



## FANCY CAKES.

spoon, make into a cake with your hand (if clean) put over the top cornflits and lemon peel bake on paper in slow oven. let stand till cold before removing paper.

Mild Plum Cake.  
 1 1/2 lbs sugar 2 lbs of flour 1 lb butter 8 eggs  
 1 lb currants 1 lb raisins, 1 pint milk, 1 tea-  
 spoonful soda, 1 glass of brandy 1 doz of some  
 2 nutmegs, Cinnamon & Candied Citron to taste

## Gold Cake

4 yolks of 5 eggs, 1 cup of sugar, 1/2 cup of milk  
 1/2 cup of butter, mix 2 cups of flour with 2  
 tea spoonful of baking powder - Before  
 putting into oven mix all thoroughly together.

## Silver Cake

The whites of 4 eggs, 1 cup of sugar, 1/4 cup of butter  
 1/4 cup sweet milk, 1 1/2 cups of flour 1 tea spoonful  
 of baking powder. Flavour with vanilla or Kaffir

## Sponge Drops

beat to a froth 3 eggs & 1 cup of powdered sugar.  
 stir into this 1 heaping coffee cup of flour, in which  
 tea spoonful of Royal baking powder has been well



mixed. Flavor with one teaspoonful of Royal  
butter ten sheets well with fresh butter, &  
drop the batter in teaspoonfuls about 3 inches  
apart. Watch closely as they burn easily

### Blandy Swaps

$\frac{1}{2}$  lb black Molasses,  $\frac{1}{2}$  lb butter or lard  
but dripping,  $\frac{1}{2}$  lb sugar. 1 Teaspoonful allspice  
1 Teaspoonful ginger, let all come to a boil, then  
add  $\frac{1}{2}$  lb flour, let come to a boil, let stand  
all next day, roll it thin & bake 5 minutes, & then  
on handle of wooden spoon.

### PASTRY.

"Could I have here with me, some one, two or three  
Of their outlandish scullions from over the sea!  
It's a hundred to one if the *suite* or their chief  
Understand our plum-puddings, and barons of beef;  
But with five minutes' chat with cooks or their valets  
We'd soon dish up something to tickle their palates!"

INGOLDSBY LEGENDS.

+

### Simons berry Pudding

2 eggs, whisk of 2 eggs in sugar & butter  
& whisk of 3 eggs in flour,  $\frac{1}{2}$  Tablespoon  
of Marmalade,  $\frac{1}{2}$  Teaspoon baking  
powder. Beat all well together  
& Steam  $2\frac{1}{2}$  hours, Serve with  
any sauce, Cover mouth with  
buttered paper.



## PASTRY.

## Orange Marmalade tart.

Beat up two eggs, 1 lb sugar & add 1 lb melted butter. Then put a light paste in a tin & spread in the paste about 2 Table spoonful of orange marmalade then pour on the eggs & bake in a brick oven

## Strawberry Short Cake

Make a crust the same as soda biscuit cut it ~~open~~ <sup>lath</sup> 3 inches thick - when <sup>lath</sup> cut it open & butter both sides - strew in your strawberries & sugar - some blend the berries & sugar -

If you have cream make cream biscuits strew the strawberries on top if you have plenty - Raspberries are very good also.

## Lemon Custard Pie

For 2 pies take 1 good sized lemon, 2 cups of sugar, 3 cups of water, 6 eggs & 2 Tablespoons Corn starch mix the starch & sugar, then add the yolks of the eggs, next the water & next the juice & grated rind of the lemon, lastly the whites of the eggs beaten to a stiff froth - Put into 2 plates lined with crust & dust powdered sugar over the top - Bake slowly - is spoiled by boiling -



## RECEIPTS.

## PASTRY.

## Cottage Pudding

2 cups flour, 1 cup white sugar, 3 Table-  
spoons ~~white sugar~~, 1/2 melted butter, a  
gint of milk, 1 egg, a teaspoon of soda  
& 2 of Cream Tartar - Bake 20 minutes  
Wine or Lemon Sauce.

## French Pancakes

Put bread into strips about an inch & a half  
thick, removing the crust - Soak them all day  
in a custard made with 2 eggs, a little milk  
sugar & flavouring. fry in lard - sprinkle  
sugar over them - serve with wine sauce

## Fruit-Bread Pudding

Slice the Bread & put in layers in a Basin or now  
first stew your fruit such as Strawberries, Raspb  
or Red Currants, let the fruit get cold & pour in  
Basin, cover the top with more Bread & leave it ov  
night. If there is any juice to spare pour ov  
the top then it is turned out. Serve with  
whipped cream. Bread & butter can be  
used instead of dry Bread and a pint  
of Hot-milk poured over before it is turned  
out. It will not be quite so dry & more so  
for children - 1889 -



## PASTRY.

## German Pudding

Stew until very tender & dry 3 oz of whole rice  
 in a pt & a quarter of milk - when a little  
 cooled, mix with it 3 oz of beef suet finely  
 chopped, 2 1/2 oz of sugar, 1 oz of candied orange or  
 lemon, 6 oz of raisins & 3 eggs well beaten &  
 strained. - Boil the pudding in a buttered  
 shape - 2 1/4 hours & serve it with the following

## Sauce

Dissolve 1 1/2 oz of sugar, broken small in 2  
 glasses of sherry & stir them when quite hot  
 to the beaten yolks of 3 fresh eggs, then stir  
 the sauce in a small saucepan, held high  
 above the fire until it resembles custard - but  
by no means allow it to boil -

## St. Claire Pudding

Put 1 qt of milk with sugar & lemon peel to taste, & a little  
 cinnamon, add 1 oz dissolved isinglass or gelatine  
 when boiling - add the yolks of 4 eggs well beaten, fill  
 a mould & boil 15 minutes take it out & let it remain  
 on ice for 2 hours - Make a sauce of sugar &  
 wine thicken with a little arrowroot & put in  
 a saucer likewise, either place it over or round the  
 pudding



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 PASTRY.
 

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X

## Spring Fruit Pudding

Peel & wash well 4 doz sticks of rhubarb - put into the steupan with the pudding, a lemon, a little cinnamon, & as much moist sugar as will make it quite sweet. - Set it over a fire & reduce it to a marmalade, pass through a hair sieve, & proceed as directed. Add to it the yolks of 4 eggs, & 1 white, a quarter of a pound of good butter a little nutmeg, beat all well together - line the inside of a pie dish with good puff paste. - put in the pudding & bake 1/2 hr.

## Bread Pudding

1/4 lb. sweet minced fine, 1 breakfast cup of currants, 1/2 cup treacle 1/2 cup milk, 1 tablespoon ground ginger, 1 teaspoon of salt, 1 teaspoon of soda, 2 teaspoons of cream of tartar, flour enough to make a thick batter - (about a cup & a half) Steam for 2 hours, & serve with a sweet sauce.



PASTRY.

## Cabinet Pudding

Split & stone 3 doz fine jar raisins or take  
 an equal number of dried cherries, & place  
 them regularly in a sort of pattern in a thickly  
 buttered plain quart mould or basin,  
 next slice & lay into it three penny sponge  
 cakes, 2 of satifes 4 of macarons  $\frac{1}{2}$  of  
 candied citron sliced very thin, Add  
 to this the yolks of 4 eggs & whites of 3  
 thoroughly beaten mixed with  $\frac{1}{2}$  pint  
 new milk, then strain  $\frac{1}{2}$  pint cream &  
 sweeten with  $2\frac{1}{2}$  oz of powdered sugar.  
 Steam or boil very gently 1 hour. Let it  
 stand a few minutes before dishing it.  
 Serve with wine or brandy sauce.

## Stiff Custard

1 oz melted gelatine strained, added to a  
 quart of custard - put in shape to cool.



PASTRY.

## Seed Pudding

2 qts of Cream well sweetened, flavoured with noyeau & frozen. - Put into a mould a layer of this frozen cream, next a layer of Macaroon's cooked in Sherry - then a layer of fruit or preserves, & so on - repeating until the mould is filled. Cover it & put it into a pail of ice & salt, let it stand until quite stiff. Grated pineapple for the layer of fruit is excellent.

## Lemon or Marmalade Pudding

$\frac{1}{2}$  lb bread crumbs,  $\frac{1}{2}$  lb sweet,  $\frac{1}{2}$  lb sugar, 4 eggs - the rind of one lemon & juice of it - a little citron peel, a small pot of marmalade, steam 4 hours.

## Chancellor's Pudding

Cut sponge cake into thin slices - fill shape & pour over it nicely flavoured custard. When well soaked, cover shape with butter paper & steam it - or thin slices of bread & butter, turn butter side to let custard soak better into bread.



## PASTRY.

## Irish Puffs

Take the yolks of five eggs & the whites  
 of two, a small bit of butter about the  
 size of a walnut & one table spoonful  
 of flour. Beat the eggs add the flour  
 stir in the melted butter & half a tea-  
 spoon of salt - beat it well for ten minutes  
 & add  $\frac{1}{2}$  pt of cream, bake in buttered  
 tin cups, turn them out, & serve with sweet sauce.

## Jentou Pudding

Butter a mould & ornament it with raisins  
 in festoons, or in any other form, line it  
 with sponge cakes, & fill it up with a mixture  
 of ratafia, & sponge biscuits, then pour a  
 rich custard over the whole & let it stand  
 for two hours, adding more custard as it  
 soaks into the cake. - The mould being  
 quite full tie a cloth over it & boil for  
 about an hour.



### Bread puddings in cups

Soak  $\frac{3}{4}$  lb of bread crumbs in milk, & rub them through a sieve - add 4 eggs, sugar to taste, 3 oz of currants & some grated lemon peel - Butter the cups. Bake gently & turn them out - This will make about six

### Sponge puddings

Three eggs, their weight in sugar, butter & flour the butter to be well beaten & then mixed with the other ingredients - Put in buttered cups & bake for 15 or 20 minutes -

## PUDDINGS.

"Sir Balaam now, he lives like other folks,  
He takes his chirping pint, and cracks his jokes;  
'Live like yourself,' was soon my lady's word;  
And lo! two puddings smok'd upon the board."

### Apple Snow

8 apples cut in quarters peeled & cored & steamed till they are quite soft - The whites of 3 eggs beaten to a stiff froth - 1 large cup of white sugar - flavouring to taste - beat all together for an hour.



## PUDDINGS.

## Baked Plum Pudding.

$\frac{1}{2}$  lb of Raisins,  $\frac{1}{2}$  lb of Currants  
 $\frac{1}{2}$  lb of Flour,  $\frac{1}{2}$  lb of Suet, one  
 Table spoonful of sugar & a little  
 Nutmeg, 10 unces of Candied Lemon  
 Peel, 2 Eggs. Mix the Pudding  
 with Milk & Bake in a Pie Dish.

Dec 9<sup>th</sup> 1874.

## Lemon Pudding.

Half a pound of Bread Crumbs  
 $\frac{1}{2}$  lb of Suet chopped fine,  $\frac{1}{2}$  lb of fine  
 sugar, the rind & Juice of 2 Lemons  
 the yolks of 4 the Whites of 2 eggs.



## PUDDINGS.

## French Apple pudding.

Wash or stew apples till they  
become a marmalade, make a  
custard of  $\frac{1}{2}$  lb of sweet almonds  
1 lb of butter do.  $\frac{1}{2}$  pint of  
cream 2 yolks & 1 white, pour  
over the apples & bake in a  
slow oven - Dec 7<sup>th</sup> 74.

## Ramp crent pudding.

8 Eggs.  $\frac{1}{2}$  lb of butter  $\frac{1}{2}$  of sugar  
& a little grated nutmeg, set  
on the fire & keep stirring until  
it thickens then put in a bowl



## PUDDINGS.

To cool, Roll out a rich puff  
paste very thin & put round  
the edge, pour in the pudding &  
bake  $\frac{1}{2}$  hour.

Milk pudding.

3 oz of butter, 3 oz of loaf sugar  
 $\frac{1}{2}$  pint of milk, 3 oz of flour, 4  
eggs, bake immediately. Some like  
currants.

See p. 184.

Matetulo's Pudding.

12 oz of flour, 8 oz of brown sugar, 4 oz butter  
15 cups of butter milk, or sour milk & the powder  
of milk, do of ginger, do of cinnamon. It  
is obliged to use sweet milk, put 2  
teaspoonful of cream of tartar.  
Wine or Lemon sauce.



## PUDDINGS.

## Fig pudding

Take 1 lb of figs, Chopped very fine,  $\frac{3}{4}$  lb of Fresh Beef suet also Chopped as fine as possible, 1 lb of Bread Crumbs, 6 or 7 ounces of powdered sugar, 5 eggs well beaten, a glass of rum or brandy a lemon peel Chopped fine Caudied lemon or orange to your taste, a Teaspoonful of ginger half a pint of Milk, salt to taste if liked a few drop of essence of Almonds Mix it all very



## PUDDINGS.

Well together + boil in a mould  
not less than 6 hours.

## Sauce

Boil gently half a pint of new  
Milk or Cream, a thin strip or  
2 of fresh lemon rind, a stick of  
Cinnamon until the Milk is  
thoroughly flavored, strain + pour  
it upon the well beaten yolks of  
4 Eggs, smoothly mixed with  
half a Tea spoonful of flour  
a Grain or 2 of Salt, + a Table spoon  
ful of cold Milk, stir it very



## PUDDINGS.

Quickly as the milk is added  
 Put the sauce again into the  
 stew pan, & whisk it stir it  
 rapidly until it thickens, & looks  
 Creamy, it must not come to  
 the boil — Dec 7<sup>th</sup> 1774.

Peach Pudding.

1 pint of fine bread crumbs  
 1 quart of Milk. 1 tea cupful of  
 Sugar, Yolks of 4 eggs, Bake in a  
 pie dish lightly, Whisk the  
 White of 4 eggs with nearly a  
 Cupful of white sifted sugar



## PUDDINGS.

In which has been stirred the  
 Juice of a Lemon, spread over the  
 pudding when cold a layer of  
 Jam, then throw over it the  
 Whipped eggs - put in the oven  
 & take a few moments to set it -

Dec 10<sup>th</sup> 1774.

## Tasty Pudding

Put a pint & a half of new milk into  
 a saucepan, & when it boils shake in a  
 breakfast cupful of Sifted flour, stirring  
 it with a wooden spoon all the  
 time boil for 10 minutes Turn the  
 pudding out on a dish make a  
 hole in the centre & fill it with  
 Marmalade or Jam

W. Dec 29<sup>th</sup> 74



X Lemon Custard O

The yolks of 8 eggs - The grated peel of 2 lemons + the juice thereof - 6 oz of powdered sugar mixed + stirred over the fire, until the mass is like a rather thick batter, when pretty cool whip into it the snow of the 8 well beaten whites put a little whipped cream on top -

**DISHES FOR DESSERT.**

"Then the cranes and custard, and the beef and mustard,  
All on the tombstones like a poultherer's shop;  
With lobsters and white-bait, and other swate-meats,  
And wine and nagus, and Imperial Pop!  
There was cakes and apples in all the chapels,  
With fine polonies, and rich mellow pears—  
Och! the Count Von Strogonoff, sure he got prog enough,  
The sly old Divil, undernathe the stairs."

INGOLDSBY LEGENDS.

Peach pudding

Put enough whole peaches (peeled) to fill in a pudding dish + pour over them 2 cups of water. Cover the dish and set it in a hot oven - when the peaches are soft, take the dish from the oven, draw off the juice + let it stand till cool - then add 1 pint of sweet milk - 4 eggs - well beaten, a small cup of flour - with one teaspoon of baking powder mix with it - stirred in 2 gradually + carefully as not to - at all lumpy - a table spoonful of melted butter, 1/2 a little salt - 1 cup of sugar. Beat all together for 3 or 4 min then pour over the peaches - set the dish in the oven - bake till the top is a rich brown underneath sugar and cream -



## DISHES FOR DESSERT.

Solid Syllabub

1 quart of thick cream, 1 pint of sweet wine & brandy mixed,  $1\frac{1}{2}$  lbs. of crushed sugar, the rind & juice of one large lemon - Rub the peel off the lemon with some of the lumps of sugar, put the sugar to the cream first, & then add the wine & brandy with the lemon juice, which must be strained; whip it all one way till it is the thickness of custard & then pour it into long glasses - Make it the day before you want it - Half this quantity makes ten glasses.

Lemon custards

Beat the yolks of 8 eggs till they are as white as milk, then add to them a pint of boiling water the grated rinds & juice of 2 lemons - sweeten to taste - stir it on the fire till thick enough - then add a large glass of wine &  $\frac{1}{2}$  glass brandy - give the whole a scald - pour into cups to be eaten cold.

Salted Almonds

$\frac{1}{2}$  lb. almonds, 2 oz butter, pinch of Cayenne pepper, 1 Tablespoon salt, fry to light brown, about 10 minutes & lay on white cloth or paper -



## DISHES FOR DESSERT.

## Oranges

Peel 9 or 9 oranges whole take away all the white skin & separate the quarters, carefully without quite dividing the orange. Have a clear white syrup in a glass dish & place the oranges in it with a dried cherry on top of each. Cut green citron peel so as to ornament the orange with a sort of green lace round the cherry. It is better to stand the oranges over night in the syrup & to turn them early next morning - carefully so as not to spoil their shape.

## X O Tapioca Cream.

Soak 2 Tablespoons of Tapioca over night (in a little water or) new milk. Stir into it 1 qt of boiling milk, 1 cup of sugar, & 3 beaten yolks of eggs, allow this to boil a few minutes then remove from the stove & immediately stir into it the whites of the eggs beaten to a very stiff froth. Flavour with lemon or to taste - use either while hot or cold.



## DISHES FOR DESSERT.

## Roman Cream

1/2 box gelatine, (size not given) 1 qt milk,  
 8 tablespoons of sugar, 6 yolks of eggs  
 6 whites beaten to a stiff froth, stir  
 into custard while hot - pour into deep  
 dishes, cool on ice, in summer -  
 flavour to taste.

## X O Lemon Pudding

3 Apples, 2 Tablespoonsful corn starch  
 1 dessert-spoonful of butter, yolks  
 of 4 eggs, juice & grate of 2 lemons,  
 stew the apples while hot add the  
 cor - starch, then the butter, eggs,  
 and lemons, sweeten to taste, bake  
 and serve with the whites of the eggs  
 on the top.

## Lemon Pudding

Over 1 pint of sponge cake crumbs pour 1 quart  
 of milk. Stir in the juice & grated rind of  
 1 lemon, the yolks of 3 eggs, a small cup  
 of sugar, and a pinch of salt. When baked  
 spread the top with currant jelly & frost with  
 the whites. Brown in the oven & set on the ice  
 when cold.



## DISHES FOR DESSERT.

## Gelatine jelly

Put in your kettle 1 qt. pork or beef  
 gelatine,  $\frac{1}{2}$  pint cold water, salt  
 and juice of one lemon, 12 cloves  
 and a small piece of stick cinnamon.  
 Let it stand 1 hour and a half, then pour  
 on it  $\frac{1}{2}$  pint boiling water, stir till  
 dissolved, then add  $\frac{1}{4}$  lb. white sugar,  
 1 pt. sherry, whites and shells of 2  
 (or 3) eggs, put all on the fire, stir  
 gently all the time till it boils, let  
 it stand 5 minutes, then strain.

## Stock for calves foot jelly

Boil set of feet in 4 quarts cold water,  
 if skinned, only 3 qts, boil slowly till  
 the liquid is reduced to one half, and  
 the meat drops from the bones.

## Jelly

Measure 1 pint of melted stock,  
 rind, and juice of 1 lemon,  $\frac{1}{2}$  lb.  
 white sugar, 1 pt. sherry, 12 cloves, small  
 stick cinnamon, and manage like  
 the gelatine jelly.

W. H. Dixon



## DISHES FOR DESSERT.

## Delmonico Pudding

1 quart of milk. yolks of 4 & white of 1 egg  
 3 tablespoonful of sugar. 2 do. of corn-starch  
 a little salt. Put the milk in a  
 farina-boiler to scald. wet the starch  
 in cold milk. beat the eggs & sugar &  
 stir all into the scalding milk. flavor  
 with  $\frac{1}{2}$  teaspoonful of vanilla or with ratific-  
 pour all into a pudding-dish. let it cool  
 & cover with whipped cream.

## Chocolate Pudding

Bring 1 quart of milk to the boiling point  
 Dissolve 4 spoonfuls of corn starch and  $2\frac{1}{2}$  of  
 chocolate in a little cold milk. & stir it in  
 add 3 spoonfuls of sugar & a little salt.  
 Serve with cream, or butter & sugar stirred to  
 a cream.

## Apple shape

Tart apples stewed, strained, sweetened & salted,  
 flavored & enriched with butter while hot.  
 Half a box of gelatine dissolved in two cups  
 of cold water, add stirred into 1 quart of the  
 prepared apple, put into a mould.  
 Serve with boiled custard.



## DISHES FOR DESSERT.

## Prunes

Get Stewed Prunes & wash well leave them to soak for about an hour, in the mean time put half a packet of Geletine to soak, then take the Prunes & put them in a sauce pan on the fire well covered with water & about half a cup full of sugar & boil for about an hour, strain your juice from the Prunes then add the Geletine to juice & put on the fire to boil up cover your Prunes with the juice & Geletine mixed, leave till cold & then <sup>turn</sup> out, serve with Whipped Cream  
Figs can be done like the same way



## DISHES FOR DESSERT.

## ○ Royal Cream

Soak the 3<sup>rd</sup> of a Box of Geletins in  
 a quart of milk for half an hour  
 beat the Yolks of 3 Eggs with 4 table spoons  
 of Sugar & a little Vanilla to taste  
 When well beaten stir into the milk  
 then set it in a Pan of hot water  
 (the Sauce pan I mean) until it thickens  
 like soft Custard, & when ready the  
 Whites of the 3 Eggs beaten to a stiff  
 froth & the moment the mixture is  
 taken from the fire, stir the whole  
 Whites in very quickly & pour into  
 a mould, set it in a cool place  
 until it becomes firm —



Narrow jam - Slice a narrow & cut into  
pieces about the size of a walnut - pour over it a  
syrup of boiling water & brown sugar - (2 lbs. sugar to 5 pts. water)  
let it stand for two days - throw this syrup away - make  
a thick syrup of white sugar - 1 lb. sugar.  $\frac{1}{4}$  pt. of water,  
juice & thinly cut rind of two lemons & 1 oz. pounded  
whole ginger to every lb. of fruit - boil the narrow  
in this on a slow fire till it begins to look clear -  
then throw in 2 glasses of brandy, when quite  
transparent take it off, as it is done - 1 small  
teaspoonful of cayenne pepper to 8 lbs. of fruit -  
Preserves, Marmalades, Jellies, &c.

Scotch marmalade, jellies, cold creams, colder ices -  
Blancmange, which young ladies say, so very nice is -  
Rock-melons in thick, pines in much thinner slices, -  
Char, potted with clarified butter and spices,  
Renewing an appetite long past its crisis.

Rice Cream mould INGOLDSBY LEGENDS.  
A small Teacup full of rice soaked in water over  
night - next day boiled in a pint of new milk add  $\frac{1}{4}$  oz  
of gelatine, then set it get cold but not long enough  
for the gelatine to set then add  $\frac{1}{2}$  pint of whipping  
cream, sugar & flavoring to taste, put in  
a mould, when turned out, it may be  
ornamented with dried cherries or  
anything you like -

Maria Gypowski

1869



## PRESERVES, JELLIES, ETC.

X  
Orange Marmalade

$\frac{1}{4}$  lbs sugar to each lb of oranges.  
Cut the oranges in half & take out  
the pulp. Boil the skins in soft water  
till tender enough to let the head of a pin  
go through easily. Meanwhile leave the  
pulp in enough water to cover them.

Take off the skins & scrape them, while hot,  
until quite thin. Work the pulps & water  
all together & squeeze through a cloth.

Take the refuse of the pulps & the scrapings  
of the skins & boil them with enough of  
the water the skins were boiled in to make  
them of the consistency of cream & boil  
for an hour. Squeeze through a cloth  
add  $\frac{1}{4}$  lb of sugar to each pint of this  
juice, & add it to the other.

Cut the skins into shreds, mix  
all well together & boil for an hour.

To 9 bitter oranges put 3 sweet & 4 lemons



## PRESERVES, JELLIES, ETC.

## Apple Jelly.

Boil & quarter as many Apples  
as will fill your pot, cover them  
with water & let them boil to a  
pulp, strain them through a  
hair sieve, to a pint of Juice.  
Add a pound of sugar, boil  
the sugar first, & then all  
together for half an hour.

## Pear Jam.

Boil the pears & put a clove  
in each, to 5 lbs of fruit, add  
12 lbs of sugar & boil till tender.

Dec. 9<sup>th</sup> 1774



## PRESERVES, JELLIES, ETC.

## Citron Preserve.

To 6 lbs of Citron, + 6 lbs of White  
 Sugar add 4 large lemons, the  
 pulp + yellow rind only, leaving  
 the white. Soak the Citron in  
 water until it is quite transparent.  
 Then spread on a dish + let it  
 stand over night, heat boil 1/4 lb  
 of Ginger tied in a bag in 3 pints  
 of water, until strongly flavoured.  
 Take out the ginger + add sugar  
 to make syrup, then add the Citron  
 + lemons + boil till soft.

See & No 1574.



## PRESERVES, JELLIES, ETC.

## Jelly.

Soak a package of Gelatine, in a  
pint of cold water, with the  
juice of 4 lemons, & grated rind  
of 2. After 2 hours put it in a  
saucepan with 2 lbs of sugar  
 $\frac{3}{4}$  of a pint of whiskey, pour in  
2 pints of boiling water & stir  
till all is dissolved, then pour  
through muslin into the shapes.  
Dec 9<sup>th</sup> 74.



## PRESERVES, JELLIES, ETC.

## Claret Jelly

Take 1 bottle of claret, 10oz of loaf sugar  
 the juice & rind of a lemon - 1 small  
 bottle of red currant jelly - 107 Single glass -  
 Simmer for five minutes & add  $\frac{1}{2}$  glass  
 of brandy then boil all together for five minutes  
 & strain through muslin - Serve with cream  
 sauce flavoured with vanilla.

## Marmalade

4 Seville oranges, 3 sweet oranges, 4 lemons,  
 Cut the oranges peel & all very finely across  
 the grain, taking out the seeds, then place  
 in 4 qts of water for 36 hours, after which boil  
 water & all for 1 hour, then add 8 lbs of loaf sugar  
 & boil again for half an hour or until it  
 will jelly on a saucer.

## Marmalade - Dr. Dinstanley

Wash the fruit before boiling - to every  
 pound put 2 quarts of water - prick with  
 a fork & boil the fruit 2 hours - when  
 quite soft cut into thin slices, merely taking  
 out the seeds & hard parts that will not  
 dissolve. For every lb. of fruit before boiling  
 add 2 lbs of sugar &  $\frac{1}{4}$  pint of the water in  
 which the oranges were boiled. Then add



the cut-up fruit & boil together  
half an hour - I skim while boiling

### Compote of Apples

Make a Syrup of one quart of water  
1 lb of sugar, put in the apples &  
increase the Syrup, the Juice of two  
lemons, 2 clove cloves 1/2 a stick of Cinnamon  
Jarvis with Jelly & Whipped Cream.

### PICKLES.

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"If Peter Piper picked a pot of pickled pepper  
Where it now is no mortal can discover  
Had Peter had this book he might have "kep" a  
Note of the recipe and made another."

J. SMITH.

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## PICKLES.

Cheer Pickle.

1 lb Mustard 3 pints Vinegar  
 3 oz of Cayenne Pepper, half pint  
 of Tomato catsup salt to taste  
 Make into a thick batter &  
 pour over the vegetables—

## Tomato Mustard.

So a peck of ripe tomatoes, 1 cup of salt, boil  
 half an hour, put through Colander & back  
 again into the kettle with the following  
 ingredients— 1 dessert spoonful Cloves  
 1 dessert. do. ginger 1 do. Allspice, 1 do.  
 1/2 pepper, 1 do. Cayenne— a little garlic  
 some onions, mixed (about onions to the peck)  
 Currie powder & dried mushrooms are an im-  
 provement— Let this boil down considerably,  
 then strain through a hair sieve— add flour  
 of mustard until of the proper thickness  
 & let it simmer for a short time.



## PICKLES.

## Green Tomato Pickles

1 pk Tomatoes sliced thin, 12 onions  
 Sprinkle with salt over night, drain  
 in morning,  $\frac{1}{4}$  lb mustard seed, 10 whole  
 cloves, 10 whole ginger, 10 ground pepper  
 1 table spoonful of mustard,  $1\frac{1}{2}$  cups sugar.  
 Mix the spices (putting the whole spices  
 into a muslin bag) put a layer of  
 tomatoes & a layer of spice, alternate  
 cover with vinegar then boil till  
 transparent & bottle.

## Tomatoe Chutney

30 ripe Tomatoes - 8 Sour apples  
 10 onions - 6 seed of green peppers  
 add 1 lb of sugar. 4 Table spoons  
 of salt - 1 pint of vinegar.  
 Boil all together 2 hours. bottle  
 in small jars -



PICKLES.Iced Budding

2 quarts of Cream, well sweetened & flavoured with Noyeau & frozen Put into a mould a layer of this frozen Cream - next a layer of Macaroons soaked in Sherry, then a layer of fruit or Preserves. & so on repeating until the mould is filled. Cover it & put it into a hail of Ice & salt let it stand in this until it is quite stiff. Gilded with Apple for the layer of Fruit is as excellent you can make alternate layers of powdered blanched Almonds & sliced Citron, if you wish, in the layers of Fruit as well. Toronto July 13<sup>th</sup> 190



## PICKLES.

Boiled Icing

1 Pint of Water - 4 Cups of White Sugar  
 boiled to the consistency of Candy,  
 (Try 1/2 Cold Water) whether it boils)  
 beat the Whites of 4 Eggs very stiff  
 then add them to the hot Syrup & beat  
 until it will hold run but not too stiff  
 flavour it - Lemon Juice. Put this between  
 4 layers of the cake which must be baked  
 1/2 Jelly Sans 2 lbs. Madeira. Nuts  
 broken 1/2 pieces between the layers  
 Put whole pieces of Nut on the Top  
 Cover the sides & Top with the Icing -  
 Toronto Feb 13<sup>th</sup> 190



PICKLES.

X  
Ice Cream. 1 Quart Cream. 1 Quart Milk  
 4 eggs. 1 cup granulated Sugar. any flavouring.  
 Whip the whites & yolk separately then together.  
 Heat the milk to a boiling point. stir in the egg  
 & remove from the fire. When cool pour in the  
 cream & flavouring. EMB.

German Chocolate pudding.  
 Beat together for 15 minutes the yolks  
 of 4 eggs & 4 oz powdered sugar, add  
 gradually 4 oz finely grated chocolate  
 & the whites of 6 eggs, beaten stiff.  
 Butter a mould well & sprinkle in  
 bread crumbs & steam  $1\frac{1}{2}$  hours.  
 Serve with cold custard.



Wines, Cordials and Beverages.

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He liked good claret very well  
I just presume to think it  
For ere its flavour he could tell  
He thought it best to drink it.

GOLDSMITH.

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## WINES, BEVERAGES, ETC.

## Peach Whiskey.

Fill y<sup>e</sup> jar with peaches,  
fill it up with whiskey, cover  
close, & let it stand for 3 months.  
Then strain off the juice, put it in  
a saucepan & stand it near  
the fire, stir in fine sifted  
sugar, to taste. When it is quite  
melted bottle it & dont use for  
12 months. Dec 22<sup>nd</sup> 1874.



## WINES, BEVERAGES, ETC.

Strawberry & Raspberry Syrup

12 lbs of fruit put into a crock, pour over the fruit two qts of spring water, then add 5 oz of tartaric acid - these must remain 24 hours & afterwards be strained. To each qt of clear liquid add 1 lb & a half of fine powdered sugar, stir it frequently. When the sugar is dissolved, bottle the syrup but do not cork it till the fermentation subsides - the whole process must be cold.

Ginger Beer

$\frac{1}{4}$  lb root ginger, bruised well, & boiled in a covered pot, with 3 qts of water for 2 hours - Pour this boiling on 3 lbs white sugar, 1 oz tartaric acid, 3 lemons sliced & squeezed - When lukewarm float on it a piece of toast on which has been spread 2 tablespoons of yeast - Strain & bottle next day - Will be fit for use in 2 days -



## WINES, BEVERAGES, &amp;C.

Cream Nectar

Take 6 lbs refined sugar, 4 of Tartaric acid  
2 qts water. Put them in a brass or porcelain  
kettle & when warm add the whites of 4 eggs  
beaten to froth. Be careful not to let it cool  
when cool strain it & add a teaspoonful of  
essence of lemon to flavour - bottle it -

Directions for use

Take 2 Tablespoonful of this syrup to a glass  
filled  $\frac{2}{3}$  full of water add a small quantity  
of carb. soda, stir till it effervesces -  
drink immediately.

Lemon Syrup.

Juice of 3 lemons + thin shavings of yellow part  
of Peel. 1 lb sugar. 1 pint of boiling water.  
Strain when cool & add 1 oz Citric Acid.  
Add water to suit taste. 1 pint of water to  
7 or 8 of water usually.



RECEIPTS.

177

WINES, BEVERAGES, ETC.



WINES, BEVERAGES, ETC.

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## Sweet Sandwich pudding 7thels

1 cup flour  
1 cup sugar  
3 eggs yolks & whites beaten separately  
1 teaspoon cream tartar  
1/2 teaspoon soda  
4 tablespoons cold water  
flavour to taste

Butter a piece of paper & put it in the bottom of the pail. Bake in a pretty quick oven, when cooked cut off the hard crust

### POTTING & COLLARING.

Round the edge - spread with raspberry jam & roll while warm

"Wi' sauce, ragouts, an' sic like trashtrie,  
That's little short o' downright wastrie."

## X Brown Bread pudding O

six oz stale brown bread crumbs six oz of butter 4 eggs whites & yolks beaten separately 1/2 lb brown sugar & a very little cinnamon cream. the butter and sugar until quite smooth add the beaten eggs and gradually the other ingredients

steam three hours when turned out pour melted cherry jam over it -  
serve very hot.



POTTING AND COLLARING.

POTTING & COLLARING



POTTING AND COLLARING.



POTTING AND COLLARING.



RECEIPTS

USEFUL & MEDICINAL RECEIPTS

## Useful and Medicinal Receipts.

“ Herbs too, she knew, and well of each could speak,  
That in her garden sipp'd the silvery dew,  
Where no vain flower disclosed a gaudy streak,  
But herbs for use, and physick, not a few,  
Of grey renown, within those borders grew.”

SHENSTONE.



## USEFUL &amp; MEDICINAL RECEIPTS.

W. Laurason's Mixture  
 A Saucer of best pale brandy well  
 burnt with sugar in it, 1 table spoonful  
 of peregoric, 1 tea spoonful of SPT of Camphor  
 And a little Rheubarb -

A Good Tonic

of Sippard skins, to a pint of  
 Whiskey, take about one <sup>half</sup> wine glass  
 full at a time Dec 11<sup>th</sup> 74.

Preparation for washing the hair.

Aqua Ammonia 3 oz's  
 Sals Tartar 1/4 oz by ~~the~~ alcohol  
 1/2 oz. 2 1/2 pints of Soft Water.  
 Mix all together -



## USEFUL &amp; MEDICINAL RECEIPTS.

## Prepared Glycerine

½ tea cup melted lard  
 1 oz glycerine  
 3 cents worth white wax melted  
 1 dr essence bergamot  
 Stir all well together.

Mrs U. Procege

## Mending China

10 of white glue, 2 of acetic acid. Heat  
 the broken parts first before putting on  
 the cement.

## A Cure for Boils

Take one tablespoonful of Brewer's yeast twice  
 a day.

## To take grease out of boards or marble

Make a paste of Fuller's earth & hot water -  
 cover the spot - let it dry - next day scours off  
 with yellow soap.

## To clean marble

1 teacupfull washing soda, half cup whitening,  
 the size of an egg of white soap, 5 drops  
 oil of blue vitriol.



## USEFUL &amp; MEDICINAL RECEIPTS.

## Tea Receipt

1 lb. Congou, 6 oz. Oolong, 6 oz. Japan, 4 oz. Peking

## Clearing the voice

Linseed meal 2 tablespoonsful, to  
a pint of water, boil till nearly a  
jelly for about an hour; the same  
linseed will do 3 times.

## Soap for washing flannels &amp; carpets.

2 lbs. best washing soap.  $\frac{1}{4}$  lb. Lump Borax.  
8 quarts soft water, Cut the soap small,  
put it into the water, when it is warm,  
also the Borax, stir until it boils.  
Let it boil 30 minutes

## To clean carpets.

Damp the carpet with a wet cloth,  
then rub the soap on with your hands  
and scrub with a brush, then wash with  
a damp cloth, and dry well with another  
cloth, sweep the carpet when it is dry.

W. H. Dixon



## USEFUL &amp; MEDICINAL RECEIPTS.

## Eau de Cologne -

To one pint of Alcohol add 60 drops of oil of Lemon - 60 drops of bergamot - and 60 drops of essence of Lemon also 60 drops of Orange water -

## Bleaching Ferris -

Liquor Calcis Chloridii et Sodae Hydr. calcis chloridii.

Sodae Hydras aã ʒ XVI

put ferris on a shallow dish. Fill in enough liquor to cover them - Remove one by one when blacked - rinse in water with a little blue - float off on thick brown wrapping paper. Cover with blotting paper and press -  
 Poison - a strong caustic -



## USEFUL &amp; MEDICINAL RECEIPTS.

Mr Campbell's  
Tomato Sauce

14 Tomatoes (large)  
6 Onions  
8 Apples  
5 fresh peppers  
 $\frac{3}{4}$  cup sugar  
 $\frac{3}{4}$  pint vinegar (over)  
Salt to taste



KID SHOES may be kept soft and free from cracks by rubbing them once a week with a little pure glycerine or castor oil.

OLD LEATHER ARTICLES, such as leather bags, can be restored to their pristine freshness by an application of good blacking, a subsequent brushing, a very slight oiling, and an after dressing of gum tragacanth.

GREASE ON THE CARPET.—If grease or oil is spilled on a carpet sprinkle flour or fine meal over the spot as soon as possible; let it lie for several hours, and it will absorb the grease.

TO WASH RED FLANNEL.—Mix two table-spoonfuls of flour in a quart of cold water and boil ten minutes; add warm suds, and wash the flannel gently; rinse it in three warm waters. The brightest scarlet will never lose its colour if treated thus.

CINDERS IN THE EYE.—An exchange has the following:—"A very simple and effective cure for cinders in the eye is within the reach of every one and would prevent much suffering and expense were it generally known. It is simply one or two grains of flaxseed. These may be placed in the eye without injury or pain to that delicate organ, and shortly they begin to swell and dissolve a glutinous substance that covers the ball of the eye, enveloping any foreign substance that may be in it. The irritation of cutting the membrane is thus prevented and the annoyance may soon be washed out. A dozen of these stowed away in the vest pocket may prove in an emergency worth their number in gold."

TO WASH SILKS, SATINS, OR ANY DELICATE FABRICS.—A great many people imagine when a light or coloured silk, satin, cashmere, etc., are soiled that they are ruined, and good for nothing unless dyed. This is not so. Any one can wash them, and if done with care, unless faded in streaks, they will look well. Get an ounce of soap bark costing about 5 cents. Put it into a gallon of cold water, set it on the stove and let it come to a boil. Strain it, dilute it somewhat and wash the goods. Do not wring the pieces, but hang them up and let them drip until just damp enough to iron. Iron upon the wrong side. The above quantity of soap bark is sufficient for one ordinary dress. Of course this must be ripped and the threads carefully picked out before undertaking the process. This is especially good for the renovation of black silks, as it takes off all of that shine which often so disfigures them after wearing a while. Followed out it will be found to render silk and satin, as well as wool goods, good for another season of wear, made over tastefully by itself or with other goods.

For Cleaning ~~Red~~ Shoes & Removing  
Stains from Clothes

1 quart of Sarsaparilla  
1 ounce of Alcohol

1/2 Annonia

1/2 Chloroform

1/2 the rhubarb then

1/2 Draw Horse

Apply this Compound to a piece  
of cotton —



## USEFUL &amp; MEDICINAL RECEIPTS.

Peel the Tomatoes taking out  
any bad, or hard parts, chop  
them up, then chop very  
fine peppers, Onions, & apples,  
Mix & chop all together,  
then simmer between  
2 and 3 hours —



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For Cleaning ~~Red~~ Gloves & Removing  
Stains from Clothes

1 quart of Saponified Benzine  
1 ounce of Alcohol

1/2 Annisoria

1/2 Chloroform

1/2 the Rubric Ether

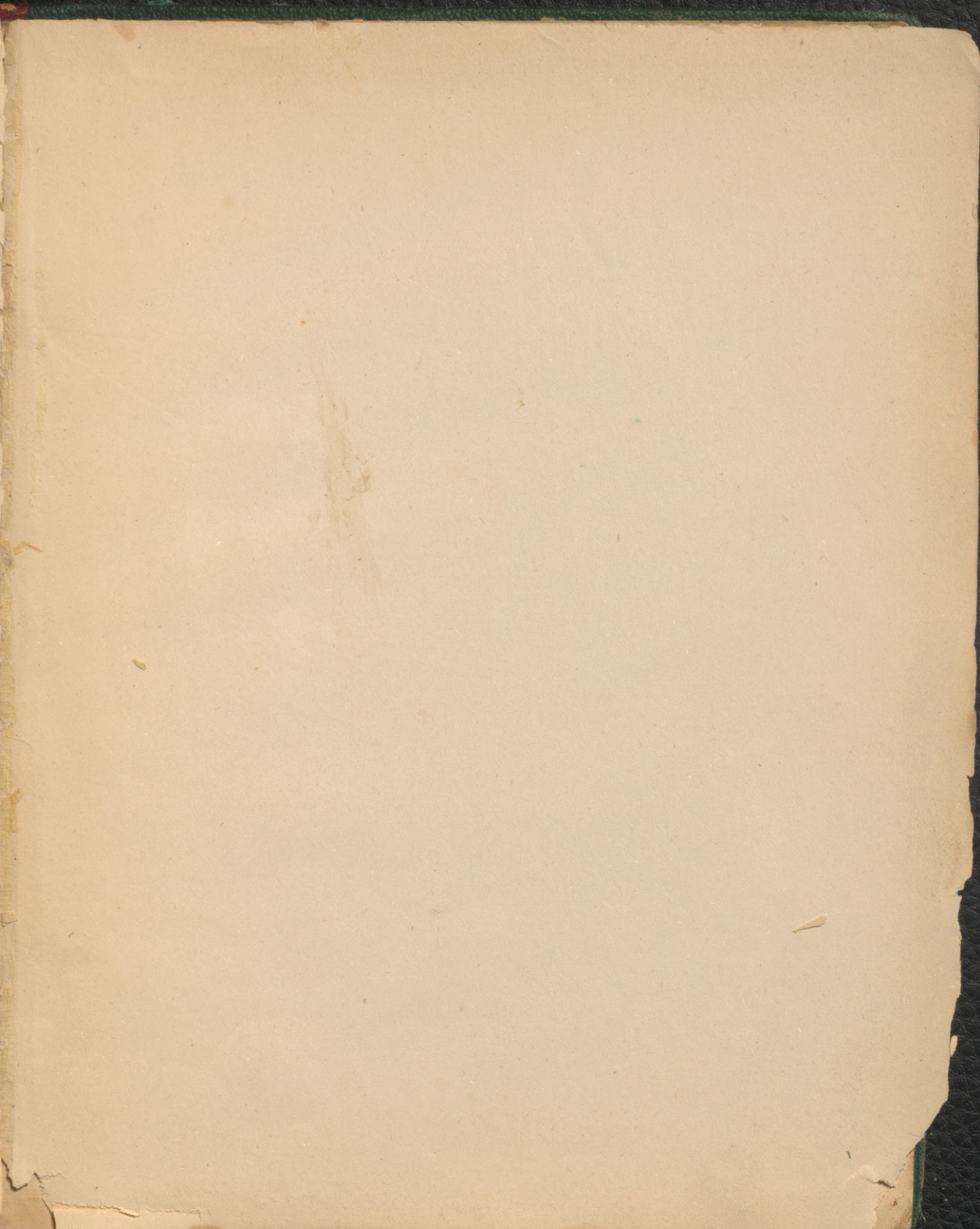
1/2 Raw Rose

Apply this Compound to a piece  
of Cotton —

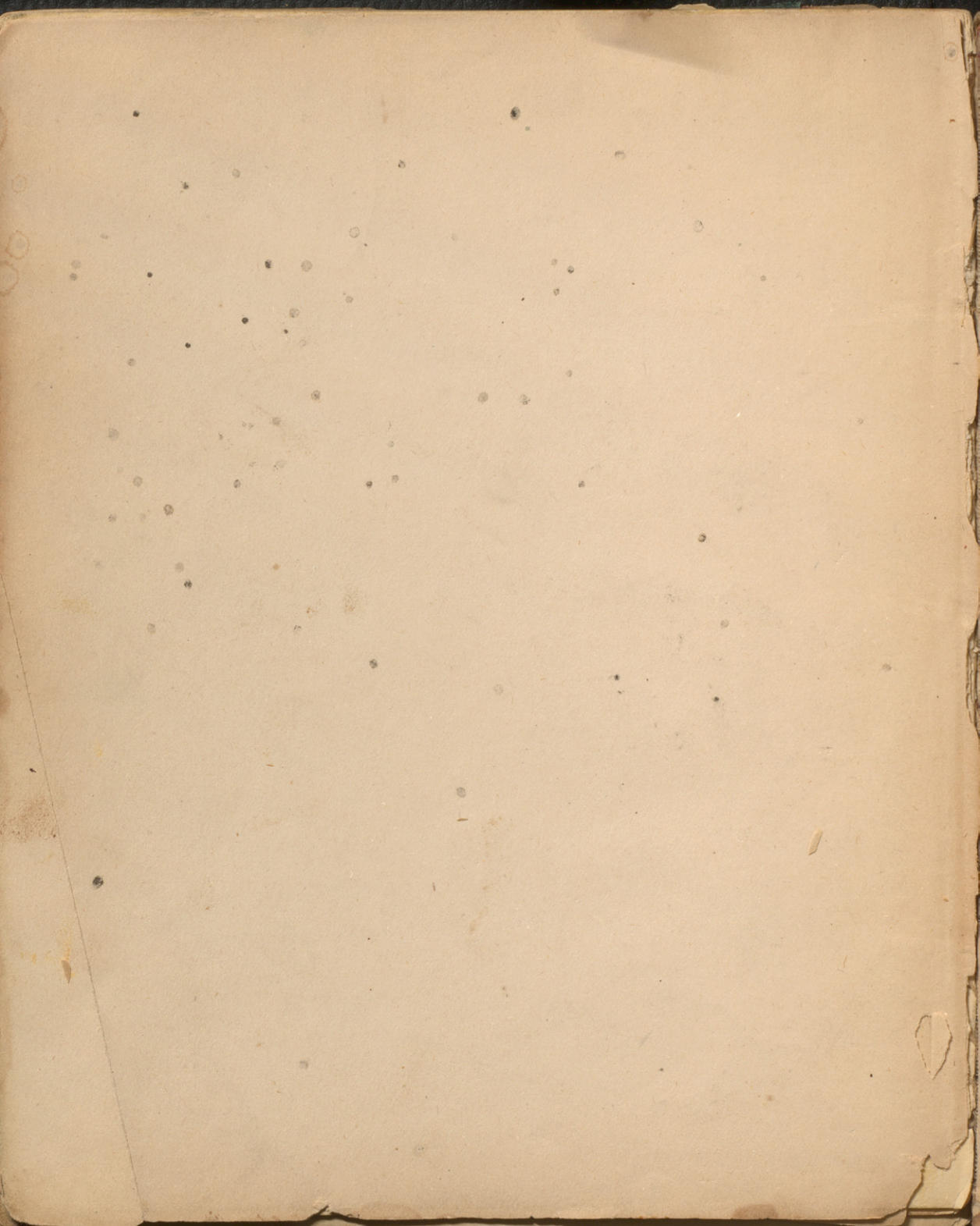














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