

THE

WINGATE

ALMANAC

1903



PUBLISHED BY

THE WINGATE CHEMICAL CO LIMITED

MONTREAL, CANADA



Stanton's Pain Relief

FOR INTERNAL AND EXTERNAL USE.

This popular remedy is now used all over the world with marked success. Its prompt action and its easy mode of administration or application tends to make it the most popular Household Remedy of the day.

STANTON'S PAIN RELIEF

is undoubtedly the best external and internal remedy known. In cases of Rheumatism, Lumbago and Neuralgia, it has acted like a charm; its action is directly on the absorbents, reducing glandular and other swellings in a short space of time, without any danger from its use.

As an internal remedy for Colic, Diarrhoea, Cramps in the stomach, and Flatulency, it acts quickly, giving relief to the patient at once.

THESE TESTIMONIALS VERIFY WHAT WE SAY:

Dear Sirs, — I, Henry McArthur, of Tyne Valley, P.E.I., feel it my duty to announce to the sufferers of Rheumatism that I have suffered for upwards of 15 years and tried every remedy available but without success. Some friends of mine advised me to try STANTON'S PAIN RELIEF, which I did, and to-day I am a cured man and have been for several months. I purchased two bottles at Matheson's Drug Store, O'Leary, and finding it to prove a success, purchased some more at E. Phillips & Co., Tyne Valley, which I will ever hold dear, "for a friend in need is a friend indeed."

In closing, I would say to all sufferers of Rheumatism: "Try a bottle or more of Stanton's Pain Relief" which by taking internally and rubbing externally will extricate the above mentioned disease. Anyone writing to me, Henry McArthur, of Tyne Valley, P.E.I., for particulars, I will only be too glad to reply.

Yours truly,

HENRY McARTHUR,
Tyne Valley, P.E.I.

The Wingate Chemical Co., Ltd., }
Montreal, Canada. }

QUEBEC, Sept. 27th, 1901.

The Wingate Chemical Co., Ltd., }
Montreal, P.Q. }

Dear Sirs, — While attending to my regular business, I was suddenly attacked with cramps in the stomach. I took a dose of "STANTON'S PAIN RELIEF" and followed it up by another dose which relieved me completely. I cannot recommend it too highly as it has established itself thoroughly with me.

Respectfully yours,
P. F. TIMMONS.

DESABLE, P. E. I.

The Wingate Chemical Co., Ltd.,
Montreal, Canada.

Dear Sirs, — For six months, I had suffered very much with pain in my shoulders, shifting from shoulder to shoulder got settled in my left side and up one side of the neck and head. I was hardly able to do any work, the more I would suffer afterwards. I could hardly rest in bed at all but turning from side to side.

I got a bottle of STANTON'S PAIN RELIEF, rubbed it to both shoulders and neck and took half a teaspoonful in sweetened water, went to bed and rested well for the first time in three or four weeks. I followed taking and rubbing every night and before I finished one bottle I was all right. I cannot recommend it too highly for anyone suffering in the same way.

Trusting that STANTON'S PAIN RELIEF will do as well for others as it has for me and wishing you success,

Believe me,
Sincerely yours,

JOHN MCKAY.

PORT HILL, LOT 13, P. E. I.

Dear Sirs, — I take great pleasure in writing you a few lines to let you know the great relief I derived from using STANTON'S PAIN RELIEF for Neuralgia. I have suffered for three years and got but little rest night or day, till I bought a bottle of STANTON'S and before I had finished using it I was a great deal better and I feel certain, if I follow it up, I will be completely cured of my pains. I have every confidence in it and can truly recommend it.

Yours truly,
MRS. JOHN E. RAMSAY.

SPRUCINE

For Whooping Cough, Hoarseness, Bronchial affections, etc. — Price, 25c.

THE FOLLOWING IS A LIST OF OUR
STANDARD REMEDIES
and Proprietary Preparations.

Wingate's Dyspepsia Tablets—Cure all Stomach troubles, Impaired Digestion, Dyspepsia, Sour Stomach, Heartburn—Price, 50c.

Wingate's Pulmonic Troches—An old and well tried remedy for Coughs, Hoarseness, Bronchial and Throat Affections.

Speakers and Singers will find them effectual in giving Tone and Clearness to the Voice.—Price 25c.

Wingate's Plasters—An excellent Strengthening and Pain Relieving Plaster.—Price 25c.

Wingate's Worm Lozenges—A safe, prompt and certain remedy for Worms—easy to take.—Price, 25c.

Wingate's Condition Powders—A perfect Tonic and Alterative for Horses and Cattle.—Price, 15c and 25c per package.

Dr. Coderre's Infants' Syrup—For Children Teething, Infantile Diarrhoea, Colic and Sleeplessness—over 50 years in use.—Price, 25c.

Dr. Coderre's Anti-Asthmatic Powder—For the relief and cure of Asthma, Hay Fever and Bronchial Affections.—Price, 50c and \$1.00.

Dr. Coderre's Expectorating Syrup—For Coughs, Colds, Whooping Cough, Hoarseness and Lung Troubles generally.—Price, 25c and 50c per bottle.

Dr. Coderre's Worm Pastilles—One of the nicest Worm remedies for children; they are small, easy to take, and cause no nausea.—Price, 25c per box.

Dr. Coderre's Curative Plasters—Will relieve and cure Kidney Troubles, Backache, Rheumatism, Pains in the Chest or Side and Female Complaints.—Price, 25c.

Dr. Coderre's Tonic Elixir—A powerful Tonic and Bloodmaker for weak and delicate people.—Price, 50c.

Persons requiring any information in reference to any of the above preparations will please address:

The Wingate Chemical Co., Limited, Montreal.

(Continued on next page)

Our Preparations

FORWARDED BY MAIL,
ON RECEIPT OF PRICE.

LIST OF OUR
Standard Remedies and Proprietary Preparations
(CONTINUED)

Stanton's Pain Relief—For Internal and External use. Free from *Opium, Chloroform, Ether* or any other deleterious substance. It acts quickly.—Price, 25c.

Jameson's Cholera Mixture—The most reliable Mixture for Canadian Cholera, Cholera Morbus or ordinary Diarrhoea—Price, 25c per bottle.

Morgan's Oil—An external Remedy for Man and Beast ; a fast healing, curative oil for Cuts, Wounds and Scratches, Quarter Cracks, Saddle or Harness Galls, Sprains, Bruises, Rheumatism, etc.—Price, 25c.

Gregory's Toothache Cure—For relieving Toothache without injury to the Teeth or Gums.—Price, 15c per bottle.

McGale's Butternut Pills—For Biliousness, Torpid Liver, Habitual Constipation, Jaundice, Sick Headache, etc.—Price, 25c.

McGale's Sprucine—For Coughs, Colds, Bronchial and Throat Affections, Whooping Cough, etc.—Price, 25c.

McGale's Corn Salve—For removing Corns and Warts permanently without Pain or Ache. It is safe and easy to apply.—Price, 15c.

McGale's Foot Powder—A speedy and agreeable cure for Tender, Sweating, Aching, Swollen and Irritable Feet—Price, 25c.

McGale's Pile Cure—"CURES PILES"—Itching or Blind, Bleeding or Mucous Piles—Price, 25c, or by mail on receipt of price.

McGale's Improved Plaster—Used with marked success for relieving Pains in the Side, Chest and Back ; for Lumbago and Rheumatism, etc.—Price, 25c.

The Wingate Chemical Co., Limited, Montreal.

Write for any Information desired in reference to OUR Remedies.

LIVER AND BOWELS.

Biliary disorders arising from derangements of the Liver and Bowels are so frequent that those who are more or less subject to such bilious complaints, by which the general health is greatly impaired, should strictly attend to the prevention or at least the alleviation of these accompaniments of a diseased state of the Liver ; and as they are so much under individual control, have a special claim upon our attention.

Some persons are so constituted that they have a much greater tendency to BILIOUSNESS than others, particularly those who suffer from Sick Headache, Foul Stomach, Bad Breath and Sallow Skin. It is necessary to regulate diet, use plain substantial food, plenty of exercise, and friction over the region of the LIVER and KIDNEYS.

"McGale's Butternut Pills"

have no equal as a Liver and Kidney Pill : they are purely vegetable, carefully prepared from a concentrated extract made from unripe Butternuts and scientifically combined with other purely vegetable principles which render them, without doubt, the best Liver and Kidney pill for general use.

"MCGALE'S BUTTERNUT PILLS" possess the power of acting specially upon the diseased organs, stimulating to action the dormant energies of the system, thereby removing disease and restoring general health.

For sale everywhere. Price : 25c per box, or 5 boxes \$1.00.
By mail on receipt of price.

THE WINGATE CHEMICAL CO., Ltd.,
MONTREAL, CANADA.

ADAMSVILLE, P.Q.

B. E. McGale, Esq.,
Montreal, P.Q.

Sir.—Having used MCGALE'S BUTTERNUT PILLS and received so much benefit thereby, in acknowledgment of their worth and for public benefit, I have no hesitation in stating that if I could not purchase them for less, I would give a dollar for each pill.

Yours sincerely,

F. B. FABER,
Ex-Mayor, East Farham, P.Q.

MONTREAL, January 5th, 1888.

Mr. B. E. McGale.

Dear Sir,—I have used your BUTTERNUT PILLS for Bilious attacks from which I suffer from time to time, they are the only remedy which I have ever taken that relieves me promptly and without any unpleasantness. Whenever I feel these attacks coming on I take a dose and I am alright. whereas formerly I was laid up for days. Truly Yours,

JNO. CAMPBELL,
509 Sherbrooke St.

Dr. Coderre's Infants' Syrup { For Painful Dentition,
Windy Colic and Cramps.—
Price, 25c.

ECLIPSES IN 1903.

In the year 1903 there will be four eclipses, two of the Sun (☉) and two of the Moon (☾).

I.—An annular eclipse of the Sun (☉), March 28; invisible here, but visible in the Philippine Islands, Eastern Asia, a great portion of the Northern Pacific Ocean and Alaska.

II.—A partial eclipse of the Moon (☾), April the 11th; partly visible here. The beginning visible generally in Africa, Europe, the western portions of Asia, and the eastern parts of South America; the ending visible generally in Africa, Europe, South America, and the eastern portions of North America. Time of the eclipse is as follows:

EASTERN STANDARD TIME.

Moon enters penumbra.....	11d 4h 26m p.m.
Moon enters shadow.....	11d 5h 34m p.m.
Middle of eclipse.....	11d 7h 13m p.m.
Moon leaves shadow.....	11d 8h 52m p.m.
Moon leaves penumbra.....	11d 10h 0m p.m.

III.—A total eclipse of the Sun (☉), September 20th; invisible here; visible to the extreme southern part of Australia, and to the greater portion of the Indian Ocean.

IV.—A partial eclipse of the Moon (☾), October 6th; not visible here, but the beginning visible generally in Africa and the Pacific Ocean; the ending visible generally in Africa, the eastern portions of Europe and the Pacific Ocean.

MORNING AND EVENING STARS FOR 1903.

The Planet Venus (♀) begins as evening star and continues as such until September 17th, after which date she will be morning star to the end of the year.

The Planet Mars (♂) is morning star until March 29th, and then evening star the balance of the year.

The Planet Jupiter (♃) will be evening star until February 19th, then morning star until September 12th, and then evening star to end of the year.

The Planet Saturn (♄) is evening star until January 21st, then morning star until July 30th, and then evening star the rest of the year.

CHURCH FESTIVALS, HOLIDAYS, ETC.

New Year's Day.....	Jan. 1	Pentecost—Whit Sunday.....	May 31
Epiphany.....	" 6	Trinity Sunday.....	June 7
Septuagesima.....	Feb. 8	Corpus Christi.....	" 11
Quinquagesima—Shrove Sun..	" 22	Accession of Queen Victoria...	" 20
Ash Wednesday.....	" 25	St. Jean-Baptiste.....	" 24
St. David's Day.....	Mar. 1	St. Peter and St. Paul.....	" 29
St. Patrick's Day.....	" 17	Dominion Day.....	July 1
Annunciation—Lady Day.....	" 25	Labor Day.....	Sept. 7
Palm Sunday.....	April 5	Michaelmas.....	" 29
Good Friday.....	" 10	All Saints.....	Nov. 1
Easter Sunday.....	" 12	King Edward VII's Birthday..	" 9
Easter Monday.....	" 13	First Sunday in Advent.....	" 29
Low Sunday.....	" 19	St. Andrew's Day.....	" 30
St. George's Day.....	" 23	Conception.....	Dec. 8
Rogation Sunday.....	May 17	St. Thomas's Day.....	" 21
Ascension Day—Holy Thurs..	" 21	Christmas.....	" 25
Victoria Day.....	" 24		

LEGAL AND BANK HOLIDAYS.

For the Dominion—New Year's Day, January 1; Good Friday, April 10; Easter Monday, April 13; Victoria Day, May 24; Dominion Day, July 1; Labor Day, September 7; King's Birthday, November 9; Christmas December 25.

For the Province of Quebec—All the above, and Epiphany, January 6; Ascension, May 21 All Saints' Day, November 1; Conception, December 8.

Dr. Coderre's Worm Pastilles

A SAFE, PLEASANT AND EFFECTUAL REMEDY FOR WORMS IN ADULTS OR CHILDREN

Symptoms of worms in children are often neglected, and the irritation they cause produces restlessness, disorders of the stomach and bowels, convulsions or fits, and a long train of evils which can be avoided by a timely use of this valuable remedy, the

UNRIVALLED SUCCESS

of which is the best proof of its efficacy. Being entirely free from all unpleasant taste or odor, the Pastilles are easily administered, and in every case produce the best possible results, eradicating every trace of worms, if they exist. They do not, like other remedies usually prescribed for worms, require to be followed by nauseous doses of physic, as they are sufficiently laxative in their action to remove all unhealthy accumulations and regulate the secretions of the alimentary canal. They are not only prompt and certain in action, but are

PERFECTLY SAFE AND HARMLESS,

containing nothing that will injure the most delicate child—a very important consideration that should not be overlooked when administering medicine to children, particularly when not under the care of a physician.

The presence of worms in children is indicated by *restlessness, starting in sleep, irregular appetite, paleness, itching of the nose, grinding of the teeth, bad breath, flushed cheeks, swelled lips and hard swelled stomach.* Whenever these symptoms are observable in children, they require immediate attention, and no time should be lost in administering

THE ONLY CERTAIN REMEDY

that will eradicate every species of worms, and give the best possible results with safety. Buy only the genuine **Dr. Coderre's Worm Pastilles**, which are protected by the PHOTOGRAPH and SIGNATURE of Dr. Coderre, and can always be relied upon. They have been used with so much success in all parts of the world, that they have become in fact a standard article in almost every household where children are found. Price, 25c.

The Wingate Chemical Co., Ltd., Montreal

Indigestion and Dyspepsia

Cured by using WINGATE'S
DYSPEPSIA TABLETS.—
Price 50c. per Box.

PILES — AND — THEIR TREATMENT.

In order to treat conveniently a known disease, it is of vital importance to determine first the existing cause of the said disease. In recommending "McGale's Pile Ointment", we wish to draw the attention of our suffering clients to the ordinary cause of this disease, and to offer a remedy liable to cure them.

It is, of course, understood that we cannot guarantee success in every case, as there are sometimes certain constitutional conditions that will render our efforts useless. But in the majority of cases we can promise Immediate Relief of Itching or Blind, Bleeding or Mucous Piles, and in other cases a complete cure.

Piles are engorged or congested blood vessels adjacent to the anus, and may be either internal or external, accompanied at times by bleeding, always by pain and distress, sometimes by an intense itching which is aggravated by irritation and so annoying at night, after retiring, as to render life almost intolerable. This condition is not confined to the anus, but may extend to the private parts of men and women, exhibiting itself in the form of an eruption which is sometimes accompanied by an exudation resembling perspiration. The most prominent cause of Piles is probably irregularity of living, excesses in eating and drinking, thereby producing a disturbed circulation through the Liver, and a consequent engorged condition of the hæmorrhoidal vessels.

Therefore, in the use of "McGale's Pile Ointment," of first importance is the regulation of the mode of life, by observing a more careful regime and the most infallible curative effect of the remedy will be obtained, as we can substantiate by the many letters and testimonials in our possession.

"McGale's Pile Ointment"

is soothing and prompt in its action, giving almost immediate relief.

25c per box, or by mail, on receipt of price.

THE WINGATE CHEMICAL CO., Ltd.,

MONTREAL, CANADA.

Morgan's Oil

{ A fast pain-relieving and healing oil for Cuts, Wounds,
Frost Bites, etc., for Man and Beast.
Price, 25 and 50c. per bottle.

THE WINGATE ALMANAC.

1st Month.

JANUARY, 1903.

31 Days.

Day	Month	Day Week.	WEATHER FORECASTS. CHRONOLOGICAL EVENTS, ETC.	For Montreal, Quebec and regions of St. Lawrence and Ottawa Rivers.			For Toronto and Province of Ontario, lying on and bet. the Great Lakes.		
				Sun Rises.	Sun Sets.	Moon Sets.	Sun Rises.	Sun Sets.	Moon Sets.
1	THUR.		New Year's Day.	7 40	4 27	7 26	7 34	4 34	7 29
2	FRID.		Mild and generally fair.	7 40	4 28	8 26	7 34	4 35	8 28
3	SAT.		Frosty. Storm period.	7 40	4 29	9 30	7 34	4 36	9 31
4	SUN.		Snow blockades in Lake region.	7 40	4 30	10 34	7 34	4 37	10 35
5	MON.		Emma Abbott died, 1891.	7 40	4 31	11 35	7 34	4 38	11 34
6	TUES.		Desperate assault on Ladysmith, 1900.	7 40	4 32	morn.	7 34	4 39	morn.
7	WED.		Heavy precipitation and wind storms.	7 40	4 33	0 43	7 34	4 40	0 41
8	THUR.		Battle of New Orleans, 1815.	7 39	4 34	1 51	7 34	4 41	1 48
9	FRID.		Moderating.	7 39	4 35	3 01	7 33	4 42	2 57
10	SAT.		Clearing weather over Lake region.	7 39	4 36	4 11	7 33	4 43	4 06
11	SUN.		Floods in Montreal, 1886.	7 38	4 37	5 18	7 33	4 44	5 13
12	MON.		Precipitation below the normal.	7 38	4 38	6 17	7 33	4 45	6 14
13	TUES.		Severe gale in Canada, 1890.	7 38	4 39	rises	7 32	4 46	rises.
14	WED.		Fire at St. John, N.B., 1837.	7 37	4 41	6 30	7 32	4 47	6 35
15	THUR.		Heavy snows and drifts.	7 37	4 42	7 46	7 31	4 48	7 48
16	FRID.		Cold period.	7 36	4 43	9 00	7 31	4 49	9 01
17	SAT.		Fort Fisher captured, 1865.	7 35	4 45	10 09	7 30	4 51	10 09
18	MON.		Daniel Webster born, 1782.	7 34	4 46	11 16	7 29	4 52	11 15
19	SUN.		Violent gales over Northwest.	7 34	4 47	morn.	7 29	4 53	morn.
20	TUES.		Very low temperature, ice gorges.	7 33	4 49	0 24	7 28	4 54	0 22
21	WED.		Stonewall Jackson born, 1824.	7 32	4 51	1 27	7 27	4 55	1 24
22	THUR.		Ice blockades in Canadian Rivers.	7 31	4 52	2 28	7 26	4 57	2 24
23	FRID.		Ice bridge built at Quebec, 1885.	7 30	4 53	3 26	7 26	4 58	3 21
24	SAT.		Windy.	7 29	4 55	4 19	7 25	4 59	4 14
25	SUN.		Storm period.	7 28	4 56	5 08	7 24	5 00	5 03
26	MON.		Gen. Gordon killed, 1885.	7 27	4 58	5 51	7 23	5 02	5 47
27	TUES.		Ottawa constituted Capital, 1858.	7 26	4 59	6 30	7 22	5 04	6 26
28	WED.		Strong gales.	7 25	5 00	sets.	7 21	5 05	sets.
29	THUR.		George III. died, 1820.	7 24	5 02	6 19	7 20	5 06	6 22
30	FRID.		Temperature above the normal.	7 23	5 03	7 23	7 19	5 08	7 24
31	SAT.		James G. Blaine (U.S.) born, 1830.	7 23	5 05	8 25	7 18	5 10	8 26

MOON'S PHASES.

	75TH MERIDIAN.		
First Quarter	6d	4h	56m ev.
Full Moon	13d	9h	17m m.
Last Quarter	20d	6h	49m m.
New Moon	28d	11h	39m m.

90TH MERIDIAN.

6d	3h	56m ev.
13d	8h	17m m.
20d	5h	49m m.
28d	10h	3'm m.

105TH MERIDIAN.

6d	2h	56m ev.
13d	7h	17m m.
20d	4h	49m m.
28d	9h	39m m.

Mrs. Brown—Was there any excitement at the Stock Exchange when you were there?

Mrs. Jones—Oh, yes! Prices were being marked down and the men were all rushing to get bargains!

—
"You are a brick!" I did aver
To Daphne, by my side.
"A sort of pressed brick, as it were,"
She roguishly replied.

Colics and Cramps quickly relieved
by a dose of STANTON'S PAIN RELIEF.
25c per bottle.

Constipation and Torpid Liver
cause headache. An occasional dose
of MCGALE'S BUTTERNUT PILLS will
cure it.—25c per Box.

—
"Is that ice thick enough to skate
on, little boy?"
"No, sir,—it's only jest thick enough
to try and see if it's thick enough!"

—
Friend—I heard a story about a
wicked man who played golf on Sun-
day—
Golfer—And what happened to him?
Friend—He fozzled.

Mothers

For Sore Gums caused by Children cutting their teeth,
relieved by applying CODERRE'S INFANTS' SYRUP with
the finger.

Recipes for Cooking

JULIENNE SOUP.

Cut carrots and turnips into quarter-inch pieces the shape of dice; also celery into thin slices. Cover them with boiling water; add a teaspoonful of salt, half a teaspoonful pepper, and cook until soft. In another sauce-pan have two quarts of boiling stock, to which add the cooked vegetables, the water and more seasoning if necessary. Serve hot.

In the spring and summer season, use asparagus, peas and string beans, all cut into small uniform thickness.

WORMS in CHILDREN { Dr. Coderre's Worm Pastilles, are safe, prompt and positive. —Price 25c.

CHICKEN CREAM SOUP.

An old chicken for soup is much the best. Cut it into quarters, put it into a soup kettle with half a pound of corned ham and an onion; and four quarts of cold water. Bring slowly to a gentle boil, and keep this up until the liquid has diminished one-third, and the meat drops from the bones, then add half a cup of rice. Season with salt, pepper and a bunch of chopped parsley. Cook slowly until the rice is tender, then the meat should be taken out. Now, stir in two cups of rich milk thickened with a little flour. The chicken could be fried in a spoonful of butter and a gravy made, reserving some of the white part of the meat, chopping it and adding it to the soup.

SORE FEET { Whether tender, sweating or swollen, speedily relieved by using McGale's Foot Powder.—Price 25c.

IRISH POTATO SOUP.

Peel and boil eight medium-sized potatoes with a large onion sliced, some herbs, salt and pepper; press all through a colander; then thin it with rich milk and add a lump of butter; more seasoning if necessary; let it heat well and serve hot.

CHILDREN TEETHING.

The process of TEETHING IN CHILDREN is of great importance. To some, it is productive of no evil consequences while to others, it brings trouble, disease and pain. The symptoms of teething are so well known as scarcely to require particular mention: There is always more or less disorder of the stomach and bowels "and frequently fever," flushing of the cheeks, diarrhea, sleeplessness and convulsions.

To avoid these troubles and to ease the baby from pain, DR. CODERRE'S INFANT SYRUP given according to the printed directions, as on each bottle, will give immediate relief and tend to keep the child cheerful and healthy.

It is perfectly safe . . .
Pleasant to administer
Gives instant relief . . .

Where the gums are tender and painful rub on a little of the Syrup from time to time, it will soothe the child and render the gums firm and healthy.

The genuine bears Dr. Coderre's signature and portrait on every wrapper. Price 25c per bottle, for sale everywhere, or by mail on receipt of price.

THE WINGATE CHEMICAL CO, Ltd.,
Montreal.

MISCOUCHE, P.E.I.

The Wingate Chemical Co., Ltd.
Montreal, P.Q.

Dear Sirs:—

I used your Dr. CODERRE'S INFANT SYRUP last winter for my baby, and believe it saved her life, as she was so sick and in such pains and could not sleep at nights. To-day she is a fine, healthy strong baby and I should be very pleased to send you her picture which would show you what Dr. CODERRE'S INFANTS SYRUP has done for her. I will recommend it to all my friends on Prince Edward's Island.

I remain,

Yours truly,

M^{RS} CYRUS BOUDREAU.

Coderre's Worm Pastilles } The Mother's favorite Worm Remedy.—Price, 25c.

THE WINGATE ALMANAC.

2nd Month.

FEBRUARY, 1903.

23 Days.

Day	Month	Day Week.	WEATHER FORECASTS, CHRONOLOGICAL EVENTS, ETC.	For Montreal, Quebec and regions of St. Lawrence and Ottawa Rivers.			For Toronto and Prov- ince of Ontario, lying on and bet. the Great Lakes		
				Sun Rises	Sun Sets.	Moon Sets.	Sun Rises.	Sun Sets.	Moon Sets
1	SUN.		Meissonnier, French artist, died, 1891.	h.m.	h.m.	h.m.	h.m.	h.m.	h.m.
2	MON.		Mild weather for February.	7 21	5 07	9 28	7 17	5 11	9 27
3	TUES.		Threatening over Great Lakes.	7 20	5 09	10 32	7 16	5 12	10 31
4	WED.		Low temperature, heavy freezing.	7 19	5 08	11 39	7 15	5 14	11 37
5	THUR.		Cold wave.	7 18	5 11	morn.	7 14	5 15	morn.
6	FRID.		Low temperature over Canadian Provinces	7 17	5 12	0 47	7 12	5 16	0 44
7	SAT.		Charles Dickens born, 1812.	7 16	5 14	1 55	7 11	5 18	1 51
8	SUN.		Jules Verne born, 1828.	7 14	5 15	3 00	7 10	5 19	2 56
9	MON.		Threatening Weather.	7 13	5 17	4 03	7 09	5 20	3 58
10	TUES.		Destructive gales over Lake region.	7 12	5 18	4 58	7 08	5 22	4 54
11	WED.		Alex. H. Stevens born, 1811.	7 10	5 20	5 49	7 06	5 23	5 45
12	THUR.		Blizzards.	7 09	5 21	rises.	7 05	5 24	rises.
13	FRID.		Very cold.	7 08	5 22	6 33	7 03	5 26	6 34
14	SAT.		Squally conditions throughout Provinces.	7 06	5 24	7 47	7 02	5 27	7 48
15	SUN.		Maine blows up, 1898.	7 05	5 25	8 56	7 00	5 29	8 55
16	MON.		Franco-German War ended, 1871.	7 03	5 27	10 05	6 59	5 30	10 04
17	TUES.		Windy.	7 01	5 28	11 12	6 58	5 31	11 10
18	WED.		Deficiency in precipitation.	7 00	5 30	morn.	6 56	5 33	morn.
19	THUR.		Florida ceded to U. S., 1821.	6 58	5 31	0 16	6 55	5 34	0 13
20	FRID.		Very cold at all points.	6 56	5 32	1 16	6 53	5 35	1 12
21	SAT.		Cardinal Newman born, 1801.	6 54	5 34	2 11	6 52	5 37	2 07
22	SUN.		Changing.	6 52	5 35	3 02	6 50	5 38	2 57
23	MON.		Milder.	6 51	5 37	3 47	6 49	5 40	3 42
24	TUES.		Clear and frosty nights.	6 49	5 38	4 27	6 47	5 41	4 23
25	WED.		Earl of Sussex beheaded, 1600.	6 47	5 40	5 05	6 45	5 42	5 01
26	THUR.		Victor Hugo born, 1802.	6 46	5 41	5 36	6 43	5 44	5 33
27	FRID.		Threatening weather from the Lakes to	6 44	5 42	6 08	6 42	5 45	6 06
28	SAT.		Ladysmith relieved, 1900. [Atlantic Coast.	6 42	5 44	sets.	6 40	5 46	sets.
				6 40	5 45	7 18	6 39	5 47	7 18

MOON'S PHASES.

75TH MERIDIAN

90TH MERIDIAN.

105TH MERIDIAN.

First Quarter.....	5d 5h 12m m.	5d 4h 12m m.	5d 3h 12m m.
Full Moon.....	11d 7h 58m ev.	11d 6h 58m ev.	11d 5h 58m ev.
Last Quarter.....	19d 1h 23m m.	19d 0h 23m m.	18d 11h 23m ev.
New Moon.....	27d 5h 20m m.	27d 4h 20m m.	27d 3h 20m m.

For Babies.—Painful Dentition, Windy Colic—Use **DR. CODERRE'S INFANTS' SYRUP.**—25c per bottle.

First Boston Boy.—Yes, Father punished me severely yesterday.
Second Boston Boy.—Indeed! Some parents have radical ideas about government without consent of the governed.

It never fails to remove the Corn promptly.—**MCGALE'S CORN SALVE.**

Miss Rosebud—Did she marry money?
Willy Wilt—Yes; but it had another name.

There is one consolation. The hats obstruct the view of women as well as men.

Asthma and Bronchial troubles speedily cured by using **DR. CODERRE'S ASTHMA CURE.**—Price, 50c and \$1.00.

From tomorrow much sorrow we borrow
To add to our store of today;
And belief in our grief is the e'er-constant thief
That steals all our comfort away.

The **Liver, Kidneys and Digestive Organs** kept healthy by **MCGALE'S BUTTERNUT PILLS.**

STANTON'S PAIN RELIEF

A Family Remedy for Internal and External use - - - 25c. per Bottle.

RECIPES FOR COOKING.

STEAMED LEG OF MUTTON.

Wash and put the leg in a steamer and cook it until tender, then place in a roasting pan, salt and dredge well with flour and set in a hot oven until nicely browned; the water that remains in the bottom of the steamer may be used for soup. Serve with currant.

Health Delicate and run down constitutions built up and made strong by Dr. Coderre's Tonic Elixir. A genuine nerve Tonic and blood maker. Price, 50c.

BOSTON PORK AND BEANS.

Pick over carefully a quart of small white beans; let them soak over night in cold water; in the morning wash and drain in another water. Put on to boil in plenty of cold water with a piece of soda the size of a bean; let them come to a boil, then drain again, cover with water once more, and boil them fifteen minutes, or until the skin of the beans will crack when taken out and blown upon. Drain the beans again, put them into an earthen pot, adding a tablespoonful of salt; cover with hot water. Place in the centre a pound of salt pork, first scalding it with hot water, and scoring the rind across the top, a quarter of an inch apart, to indicate where the slices are to be cut. Place the pot in the oven, and bake six hours or longer. Keep the oven a moderate heat; add hot water from the tea-kettle as needed on account of evaporation, to keep the beans moist. When the meat becomes crisp and looks cooked, remove it, as baking pork too long destroys its solidity.

BABY COLIC Cramps and Colics in Babies relieved at once by Dr. Coderre's Infants' Syrup.

HEAD CHEESE.

Boil the forehead, ears and feet and nice scraps trimmed from the hams of a fresh pig, until the meat will almost drop from the bones. Then separate the meat from the bones, put it in a large chopping-bowl and season with pepper, salt, sage and summer savory. Chop it rather coarsely; put it back into the same kettle it was boiled in with just enough of the liquor in which it was boiled to prevent its burning; warm it through thoroughly, mixing it well together. Now pour it into a strong muslin bag, press the bag between two flat surfaces with a heavy weight on top; when cold and solid it can be cut in slices. Good cold or warmed up in vinegar.

YELLOW SKIN

Caused by a Sluggish Liver and impaired digestion prevented and cured by MCGALE'S BUTTERNUT PILLS. Price, 25c.

CORNS, WARTS AND BUNIONS

All who have been so unwise as to wear tight boots or shoes, have a painful appreciation of that sort of a thing called a "CORN."

McGale's Corn Salve

is safe, prompt and harmless, removing Corns, Warts and Bunions, without pain or blemish, no paring or cutting necessary, apply the salve as per printed directions accompanying each box, and all trouble ceases.

Price, 15c. per box, or by mail on receipt of price.

SORE FEET

No matter how you have suffered with Sweating, Tender, Scalded or Tired Feet, Chilblains and Ingrowing Nails, you will certainly find speedy relief, if not a permanent cure by using

MCGALE'S FOOT POWDER

It is free from any disagreeable odor, perfectly clean, and will not soil the finest fabric; as a

Glove Powder

for persons suffering from Perspiration of the Hands, it will be found pleasant to use and keep the skin soft and healthy.

25c. per box, or by mail on receipt of price.

THE WINGATE CHEMICAL CO., LTD.
MONTREAL, CANADA.

THE WINGATE ALMANAC.

3rd Month.

MARCH, 1903.

31 Days.

Day Month.	Day Week.	WEATHER FORECASTS. CHRO.OLOGICAL EVENTS, ETC.	For Montreal, Quebec and regions of St. Lawrence and Ottawa Rivers.			For Toronto and Prov- ince of Ontario, lying on and bet. the Great Lakes		
			Sun Rises.	Sun Sets.	Moon Sets.	Sun Rises.	Sun Sets.	Moon Sets.
1	SUN.	Gold freezing weather.	h. m.	h. m.	h. m.	h. m.	h. m.	h. m.
2	MON.	Pope Leo XIII. born, 1810.	6 39	5 47	3 25	6 37	5 48	8 24
3	TUES.	Deficiency in rainfall.	6 37	5 48	9 31	6 35	5 49	9 29
4	WED.	First U. S. Congress, 1789.	6 35	5 50	10 39	6 33	5 50	10 36
5	THUR.	Rough, stormy and generally March-like.	6 33	5 51	11 46	6 31	5 52	11 42
6	FRID.	Canadians reach Carnarvon, 1900.	6 31	5 52	morn.	6 30	5 53	morn.
7	SAT.	Gales over the Great Lakes.	6 29	5 53	0 51	6 28	5 54	0 47
8	SUN.	Theatre Francais, Paris, burned, 1900.	6 27	5 55	1 54	6 26	5 56	1 49
9	MON.	Squally, from Manitoba to Atl'ntic Coast.	6 26	5 56	2 50	6 24	5 57	2 46
10	TUES.	King Edward VII. married, 1863.	6 24	5 57	3 40	6 22	5 58	3 36
11	WED.	Stormy.	6 22	5 59	4 25	6 21	5 59	4 21
12	THUR.	Cold period.	6 20	6 00	5 02	6 19	6 01	5 00
13	FRID.	Heavy frosts and freezing weather.	6 18	6 02	5 37	6 17	6 02	5 36
14	SAT.	Mexico evacuated by French, 1867.	6 16	6 03	rises.	6 15	6 03	rises.
15	SUN.	Changeable.	6 14	6 04	7 43	6 14	6 04	7 42
16	MON.	Moderating.	6 12	6 06	8 52	6 12	6 05	8 50
17	TUES.	Mild period.	6 10	6 07	9 58	6 10	6 07	9 55
18	WED.	Foggy, Lake Region and Atlantic Coast.	6 09	6 08	11 02	6 08	6 08	10 58
19	THUR.	Capture of Lucknow, 1858.	6 07	6 09	morn.	6 06	6 09	11 55
20	FRID.	Princess Louise married, 1871.	6 05	6 11	0 01	6 05	6 11	morn.
21	SAT.	Threatening.	6 03	6 12	0 53	6 03	6 12	0 49
22	SUN.	Heavy gales, Lakes and Atlantic Coast.	6 01	6 13	1 41	6 01	6 13	1 37
23	MON.	Riel's revolt began, 1885.	5 59	6 15	2 24	5 59	6 14	2 20
24	TUES.	Snow and bluster general.	5 57	6 16	3 02	5 57	6 16	2 53
25	WED.	Thames tunnel opened, 1843.	5 55	6 17	3 36	5 56	6 17	3 33
26	THUR.	Moderating.	5 54	6 19	4 08	5 54	6 18	4 06
27	FRID.	Monthly temperature below the average.	5 52	6 20	4 35	5 52	6 19	4 34
28	SAT.	Duke of Albany died, 1884.	5 50	6 21	5 03	5 51	6 20	5 02
29	SUN.	Windy.	5 48	6 23	5 31	5 49	6 22	5 31
30	MON.	Rising temperature, threatening weather.	5 46	6 24	sets.	5 47	6 23	sets.
31	TUE.	F. Joseph Haydn born, 1732.	5 44	6 25	8 27	5 45	6 24	8 24
			5 42	6 27	9 37	5 44	6 25	9 33

MOON'S PHASES.	75TH MERIDIAN.	90TH MERIDIAN.	105TH MERIDIAN.
First Quarter.....	6d 2h 14m ev.	6d 1h 14m ev.	6d 0h 14m ev.
Full Moon.....	13d 7h 13m m.	13d 6h 13m m.	13d 5h 13m m.
Last Quarter.....	20d 9h 8m ev.	20d 8h 8m ev.	20d 7h 8m ev.
New Moon.....	28d 8h 26m ev.	28d 7h 26m ev.	28d 6h 26m ev.

Corns cured by using MCGALE'S CORN SALVE—prompt and painless.—Price, 15c.

It is by no means vainly
That she is educated well;
She's able, when she sees a mouse,
To give her college yell.

Hacking Coughs cured by SPRUCINE.

The Tailor—Heafens undt earth!
Ninety-six undt a hal-luf!
The Customer—Surprised, are you?
The Tailor—S' help me Moses, I 'll
nefer gif annuder brice on a suit of
glothes, vithout first takin' der measure!

Smithers—I wonder what was the origin of the saying "It will all come out in the wash?"

Rinktams—Don't know. I supposed it referred to the indelible marking fluid.

Rounder—If all the poolrooms should be closed up, there'd be nothing left to bet on.

Old Sport—You might gamble on their being opened again.

Stanton's Pain Relief—Cures Neuralgia, Rheumatism, Backache.—Price, 25c per bottle.

SPRUCINE For Coughs, Colds, Hoarseness, Whooping Cough, Croup, &c. Price 25c.

WINGATE'S CAVALRY CONDITION POWDER.

This Powder is by far the best preparation known for improving the horses' condition, purifying their blood, and imparting to their coats a glossy and shining appearance.



This Powder is absolutely guaranteed to be free from any ingredient which can prove injurious to the constitution, and is perfectly safe for any horse, no matter what his situation or condition may be.

WINGATE'S CAVALRY CONDITION POWDER, unlike many cheap and worthless preparations under the name of "Condition Powders," with which the country is flooded, these Powders contain no inert ingredients put in merely to make up a large package, and so deceive the purchaser into thinking he is getting good value for his money; but every ingredient used in their composition is of Essential Value and of tried and proven efficacy. They are to be used at all times when a horse loses his appetite or is in a poor condition, and also in cases of heaves, and when the horse does not shed his coat well, or seems dull and lifeless, they have proved of great value. *Full directions with every package.*

Sold everywhere for 15c. and 25c., or by mail on receipt of price.

The Wingate Chemical Co., Ltd.,
MONTREAL, CANADA.

Recipes for Cooking

FRICASSEE CHICKEN.

Cut up two young chickens, put them in a stewpan with just enough cold water to cover them. Cover closely and let them heat very slowly, then stew them over an hour or until tender. If they are old chickens, they will require long, slow boiling, often from three to four hours. When tender, season with salt and pepper, a piece of butter as large as an egg, and a little celery, if liked. Stir up two tablespoonfuls of flour in a little water or milk and add to the stew also two well-beaten yolks of eggs; let all boil up one minute; arrange the chicken on a warm platter, pour some of the gravy over it, and send the rest to the table in a boat. The egg should be added to a little of the cooled gravy before putting with the hot gravy.

Pain in the Stomach, Cramps in the Bowels and Colic relieved by a dose of Stanton's Pain Relief.

FRICASSEE RABBIT.

Clean two young rabbits, cut into joints, and soak in salt and water half an hour. Put into a saucepan with a pint of cold water, a bunch of sweet herbs, an onion finely minced, a pinch of mace, half a nutmeg, a pinch of pepper, and half a pound of salt pork cut in small thin slices. Cover and stew until tender. Take out the rabbits and set in a dish where they will keep warm. Add to the gravy a cup of cream (or milk), two well-beaten eggs stirred in a little at a time, a tablespoonful of butter, and a thickening made of a tablespoonful of flour and a little milk. Boil up once; remove the saucepan from the fire, squeeze in the juice of a lemon, stirring all the while, and pour over the rabbits. Do not cook the head or neck.

For Coughs, Bronchial and Lung troubles, use SPRUCINE.

Coderre's Tonic Elixir. }

A Powerful Tonic and Blood Maker. Price 50c.

THE WINGATE ALMANAC.

4th Month

APRIL, 1903.

30 Days

Day Month.	Day Week.	WEATHER FORECASTS, CHRONOLOGICAL EVENTS, ETC	For Montreal, Quebec and Regions of St. Lawrence and Ottawa Rivers.			For Toronto and Province of Ontario, lying on and bet. the Great Lakes.		
			Sun Rises.	Sun Sets.	Moon Sets.	Sun Rises.	Sun Sets.	Moon Sets.
1	WED.	Cooler.	h. m.	h. m.	h. m.	h. m.	h. m.	h. m.
2	THUR.	Prince Bismarck born, 1815	5 41	6 27	10 44	5 42	6 27	10 40
3	FRID.	Freezing weather with killing frost	5 39	6 29	11 47	5 40	6 28	11 43
4	SAT.	Temperature for the month cooler than the average.	5 37	6 30	morn.	5 38	6 29	morn.
5	SUN.	Canada discovered, 1497.	5 35	6 31	0 46	5 37	6 30	0 42
6	MON.	Stormy.	5 33	6 32	1 34	5 35	6 31	1 34
7	TUES.	Great eclipse, 1652.	5 31	6 34	2 23	5 33	6 32	2 19
8	WED.	Precipitation about the average.	5 29	6 35	3 02	5 31	6 34	2 59
9	THUR.	Mild period.	5 27	6 36	3 37	5 30	6 35	3 35
10	FRID.	Spanish-Amer. war declared ended, 1899.	5 25	6 38	4 09	5 28	6 36	4 08
11	SAT.	Spring-like.	5 24	6 39	4 41	5 26	6 37	4 41
12	SUN.	Foggy over Lake region and Atlantic sea- board.	5 22	6 40	rises.	5 24	6 38	rises.
13	MON.	Changeable.	5 20	6 41	7 41	5 23	6 40	7 38
14	TUES.	Benj. Franklin died, 1790.	5 18	6 43	8 45	5 21	6 41	8 42
15	WED.	Storms in many localities.	5 16	6 44	9 47	5 19	6 42	9 43
16	THUR.	Kruger sees Queen of Holland, 1900.	5 14	6 45	10 43	5 17	6 43	10 39
17	FRID.	High temperatures for April.	5 12	6 46	11 34	5 16	6 44	11 30
18	SAT.	Napoleon III. born, 1803.	5 11	6 48	morn.	5 14	6 45	morn.
19	SUN.	Generally fair West, and threatening East.	5 09	6 49	0 19	5 12	6 46	0 15
20	MON.	Cortex lands in Mexico, 1519.	5 07	6 50	9 59	5 10	6 48	9 55
21	TUES.	Storm period.	5 05	6 52	1 35	5 08	6 49	1 31
22	WED.	Rain or Snow.	5 04	6 53	2 06	5 07	6 50	2 03
23	THUR.	Montreal Parliament burned, 1849.	5 02	6 54	2 35	5 05	6 51	2 33
24	FRID.	Tornado period.	5 00	6 56	3 02	5 04	6 53	3 01
25	SAT.	Gen. Grant born, 1822.	4 59	6 57	3 29	5 02	6 54	3 29
26	SUN.	Wind, rain and sleet.	4 57	6 59	4 01	5 00	6 55	4 02
27	MON.	Hard fighting at Thaba N'chu, 1900.	4 56	7 00	4 32	4 59	6 56	4 31
28	TUES.	Foggy.	4 54	7 01	sets.	4 57	6 58	sets.
29	WED.		4 53	7 03	8 31	4 56	6 59	8 27
30	THUR.		4 51	7 04	9 37	4 54	7 00	9 32
			4 50	7 05	10 40	4 53	7 02	10 36

MOON'S PHASES.	75TH MERIDIAN.	90TH MERIDIAN.	105TH MERIDIAN.
First Quarter	4d 8h 51m ev.	4d 7h 51m ev.	4d 6h 51m ev.
Full Moon	11d 7h 13m ev.	11d 6h 13m ev.	11d 5h 13m ev.
Last Quarter	19d 4h 30m ev.	19d 3h 30m ev.	19d 2h 30m ev.
New Moon	27d 8h 31m m.	27d 7h 31m m.	27d 6h 31m m.

Sore and Tender Feet immediately relieved by using **McGAL'S FOOT POWDER**.—25c per box.

'Tis a trouble with all troubles, and seems to triple trouble's powers, That other people tell us theirs before we get to tell them ours.

For Coughs and Colds use **SPRUCINE**.

"'Money makes the Mare go,' does it?" said the Jockey who rode Lady Flyaway, as he put twenty ten-dollar bills in his pocket and agreed with the bookmaker to pull his mount.

It is quite enough to make ordinary stockholders nervous when the court puts their property in the hands of a receiver and the receiver stands around with his hands in his pocket.

DR. CODERRE'S ANTI-ASTHMATIC POWDER cures Asthma.

Never spoil a good story by insisting that your hearers shall believe it.

Yellow and Sallow Skin made fresh and healthy by a few doses of **McGAL'S BUTTERNUT PILLS**.—25c per box.

Dr. CODERRE'S INFANTS' SYRUP The only Soothing Syrup recommended by the medical profession. Price 25c.

Recipes for Cooking.

POTATOES A LA DELMONICO.

Cut the potatoes with a vegetable cutter into small balls about the size of a marble; put them into a stewpan with plenty of butter and a good sprinkling of salt; keep the saucepan covered and shake occasionally until they are quite done, which will be in about an hour.

**WINGATE'S } relieve Flatulency,
DYSPEPSIA } Indigestion and
TABLETS } Dyspepsia.
Price, 50c. per box.**

GREEN TOMATO PICKLES (Sweet).

One peck of green tomatoes, sliced the day before you are ready for pickling, sprinkling them through and through with salt not too heavily; in the morning drain off the liquor that will drain from them. Have a dozen good-sized onions rather coarsely sliced; take a suitable kettle and put in a layer of the sliced tomatoes, then of onions, and between each layer, sprinkle the following spices: Six red peppers chopped coarsely, one cup of sugar, one tablespoonful of ground allspice, one tablespoonful of ground cinnamon, a tablespoonful of cloves, one tablespoonful of mustard. Turn over three pints of good vinegar, or enough to completely cover them. Boil until tender. This is a choice recipe.

If the flavor of onions is objectionable, the pickle is equally as good without them.

PILES

McGale's Pile Ointment, positively cures Blind, Bleeding, Itching and External Piles.

Price, 25c.

MACARONI A LA CREME.

Boil one-quarter of a pound of macaroni in plenty of hot water, salt it, until tender, put a half-pint of milk in a double boiler, and when it boils, stir into it a mixture of two tablespoonfuls of butter and one of flour. Add two tablespoonfuls of cream, a little white and cayenne paper; salt to taste, and from one-quarter to one-half pound of grated cheese, according to taste. Drain and dish the macaroni; pour the boiling sauce over it and serve immediately.

SICK HEADACHE

WORMS.

DR.
CODERRE'S
WORM
PASTILLES

are the nicest and most common-sense Worm Remedy in use. They positively eradicate worms without causing any injurious or after effects.

This remedy is in the form of a VERY SMALL CHOCOLATE PASTILLE, being considered the best and simplest shape to administer to children; being small, it is easy to give, pleasant to the eye and palatable to the taste. Where children refuse to take the pastilles in their original form, crush and give as a powder. Full directions for children and adults with each package.

ASK FOR

Dr. CODERRE'S Worm Pastilles

and make sure you get the genuine. Every package bears his signature and portrait.

Price, 25c. per box, or by mail on receipt of price.

The Wingate Chemical Co., Ltd.

MONTREAL, Can.

ST-JEAN DE DIEU, P.Q.

The Wingate Chemical Co., Ltd.,

Montreal.

Dear Sirs:—

I am very much satisfied with the sample of DR. CODERRE'S ANTI-ASTHMATIC POWDER that you were kind enough to send me. I think a great deal of this preparation, as since I have started to use it I feel much better. You can use my testimonial in favor of this remedy.

You ask for ten names of people suffering from ASTHMA. I am happy to send them to you, as your remedy deserves it. If you forward to me the box of powder promised, I will be very glad, as I find it very efficacious.

Believe me, Sirs,

EMILE DUMONT.

Quickly relieved by a dose of
MCGALE'S BUTTERNUT PILLS.
Price, 25c.

THE WINGATE ALMANAC.

5th Month.

MAY, 1903.

31 Days.

Day Month.	Day Week.	WEATHER FORECASTS. CHRONOLOGICAL EVENTS, ETC.	For Montreal, Quebec and regions of St. Lawrence and Ottawa Rivers.			For Toronto and Province of Ontario lying on and bet. the Great Lakes.		
			Sun Rises.	Sun Sets.	Moon Sets.	Sun Rises.	Sun Sets.	Moon Sets.
1	FRID.	Alfred de Musset died, 1857.	4 48	7 07	11 34	4 51	7 03	11 30
2	SAT	Thunder storms over Lake region.	4 47	7 08	morn.	4 50	7 04	morn.
3	SUN.	Columbus discovered Jamaica, 1494.	4 46	7 09	0 23	4 48	7 06	0 19
4	MON.	Cooler.	4 44	7 11	1 04	4 47	7 07	0 01
5	TUES.	Sharp frosts with cool nights East & West	4 42	7 12	1 40	4 46	7 08	1 38
6	WED.	Battle of Prague, 1757.	4 41	7 14	2 12	4 45	7 09	2 11
7	THUR.	Lord Rosebery born, 1847.	4 40	7 15	2 41	4 44	7 10	2 41
8	FRID.	Very warm.	4 38	7 16	3 12	4 42	7 11	3 13
9	SAT.	The month warmer than the average.	4 37	7 17	3 43	4 41	7 12	3 45
10	SUN.	Indian Mutiny began, 1857.	4 36	7 18	4 14	4 40	7 14	4 16
11	MON.	High temperatures for May.	4 34	7 20	rises.	4 39	7 15	rises
12	TUES.	Earl Stafford executed, 1641.	4 33	7 21	8 33	4 38	7 16	8 29
13	WED.	Threatening.	4 32	7 22	9 27	4 37	7 17	9 22
14	THUR.	Monthly precipitation about the average.	4 31	7 23	10 14	4 36	7 18	10 10
15	FRID.	Louis Riel surrendered, 1885.	4 29	7 25	10 56	4 35	7 19	10 52
16	SAT.	Gaean Fire at Quebec, 1839.	4 28	7 26	11 34	4 34	7 20	11 30
17	SUN.	Showers.	4 27	7 27	morn.	4 33	7 21	morn.
18	MON.	Local storms of great severity.	4 26	7 28	0 07	4 32	7 22	0 04
19	TUES.	Dark day in N. E., 1780.	4 25	7 29	0 37	4 31	7 23	0 34
20	WED.	Thunder storms in Eastern Canada.	4 24	7 30	1 04	4 30	7 24	1 02
21	THUR.	Montreal riots, 1832.	4 23	7 31	1 50	4 29	7 25	1 29
22	FRID.	R. Wagner born, 1813.	4 22	7 32	1 58	4 28	7 26	1 59
23	SAT.	Variable.	4 21	7 33	2 29	4 27	7 27	2 30
24	SUN.	Queen Victoria born, 1819.	4 20	7 34	3 00	4 27	7 28	3 02
25	MON.	Electrical activity throughout the East.	4 19	7 35	3 36	4 26	7 29	3 39
26	TUES.	American civil war ends, 1865.	4 18	7 36	4 18	4 25	7 30	4 22
27	WED.	Dry conditions in the far West.	4 17	7 37	sets.	4 25	7 30	sets
28	THUR.	Earl Russell died, 1878.	4 17	7 38	9 26	4 24	7 31	9 22
29	FRID.	Empress Josephine died, 1814.	4 16	7 39	10 19	4 23	7 32	10 15
30	SAT.	Joan of Arc burned, 1431.	4 15	7 40	11 04	4 22	7 33	11 01
31	SUN.	Joanstown flood, 2,187 drowned, 1839.	4 15	7 41	11 43	4 22	7 34	11 40

MOON'S PHASES.	75TH MERIDIAN.	90TH MERIDIAN.	105TH MERIDIAN.
First Quarter.....	4d 2h 26m m.	4d 1h 26m m.	4d 0h 26m m.
Full Moon.....	11d 8h 18m m.	11d 7h 18m m.	11d 6h 18m m.
Last Quarter.....	19d 10h 18m m.	19d 9h 18m m.	19d 8h 18m m.
New Moon.....	26d 5h 50m ev.	26d 4h 50m ev.	26d 3h 50m ev.

Children—Teething Pains, Sleeplessness and Colic quickly relieved by a few doses of **DR. CODERRE'S INFANT'S SYRUP**

Tommy—Why shouldn't I ever call any one a liar?

Uncle Jack—Because, my lad, if he isn't, it will hurt his feelings; and if he is, he will hurt yours.

Little Willy—Did you have a good Christmas dinner at your house yesterday?

Little Bob—Good? Well, say! I eat so much that I was n't hungry again for 'most an hour and a half!

Mrs. Newlywed—Oh, Mother! John said this morning I was one woman in a hundred.

Her Mother—I see in that no cause for tears.

Mrs. Newlywed—But, Mother he used to say I was one woman in a thousand!

Do not marvel that the "fossil's" views are sometimes approved. Even the clock that is stopped, is right, twice a day.

Bronchial and Chest troubles promptly relieved by using **SPRUCINE**. —25c per bottle.

MCGALE'S FOOT POWDER

For Sore and Tender Feet, Soft Corns and
Ingrowing Nails. Price, 25c.

Recipes for Cooking.

VEAL POT-PIE.

Procure a nice breast or brisket of veal, well jointed. Put the pieces into the pot with one quart of water to every five pounds of meat; put the pot over a slow fire; just before it comes to a boil, skim it well and pour in a teacupful of cold water; then turn over the meat in order that all the scum may rise; remove all the scum, boil quite hard, season with pepper and salt to your taste, always remembering that the crust will take up part of the seasoning; when this is done cut off your crust in pieces of equal size, but do not roll or mould them; lay them on top of the meat so as to cover it; put the lid on the pot closely, let the whole boil slowly one hour. If the lid does not fit the pot closely, wrap a cloth around it in order that no steam shall escape, and by no means allow the pot to stop boiling.

The crust for pot-pie should be raised with yeast. To three pints of flour add two ounces of butter, a little salt, and wet with milk sufficient to make a soft dough; knead it well and set away to rise; when quite light, mould and knead it again, and let it stand, in winter one hour, in summer one-half hour, when it will be ready to cut. In summer, you had better add one-half a teaspoonful of soda, when you knead it the second time, or you may wet it with water and add another bit of butter.

Weak Women { **Dr. Coderre's Tonic Elixir**
The Blood Maker and Nerve Tonic
for Weak and Delicate Women.
PRICE, 50c.

BEEFSTEAK PIE.

Cut up rump or flank steak into strips two inches long and about an inch wide. Stew them with the bone, in just enough water to cover them, until partly cooked; have half a dozen of cold boiled potatoes sliced; line a baking-dish with pie paste, put in a layer of meat with salt, pepper and a little of thinly-sliced onion, then one of the sliced potatoes, with bits of butter dotted over them; then the steak, alternated with layers of potato until the dish is full; add the gravy or broth, having first thickened it with brown flour; cover with a top crust, making a slit in the middle; brush a little beaten egg over it and bake until quite brown.

JAUNDICE.

This disease is caused by some derangement in the secretions of the Liver, by obstructions in the tubes, or the canal or gall gut, or by the Bile becoming so thick that it cannot flow freely into the intestines.

In this case, the bile not being appropriated to its natural use is absorbed into the Vascular System and diffused through the blood which is quickly manifested by the yellowness of the skin and whites of the eyes, loss of appetite, disinclination to move about, vomiting and sick stomach. The urine is also of a deep, yellow color and will stain anything a distinct yellow.

"McGale's Butternut Pills,"

used when the symptoms first appear, will, in the majority of cases, prevent JAUNDICE, by relaxing the bile ducts, and turning the bile into its proper channel. In all liver complaints, these pills will relieve and prevent disease and chronic trouble.

For Sluggish Liver, Pains over the Kidneys and Constipation, use nothing else. Read the directions carefully and you will find "McGALE'S BUTTERNUT PILLS" your friend and remedy.

**PRICE: 25c per box,
5 boxes, \$1.00.**

For Sale Everywhere or by Mail
on Receipt of Price.

THE WINGATE CHEMICAL CO., LTD.
MONTREAL, CANADA.

Stanton's Pain Relief

} For Ulcerated Sore Throat, Inflamed Tonsils—Use strictly as directed and get quick relief.

THE WINGATE ALMANAC.

6th Month.

JUNE, 1903.

30 Days.

Day Month.	Day Week.	WEATHER FORECASTS. CHRONOLOGICAL EVENTS, ETC.	For Montreal, Quebec and regions of St. Lawrence and Ottawa Rivers.			For Toronto and Province of Ontario, lying on and bet. the Great Lakes		
			Sun Rises	Sun Sets.	Moon Sets.	Sun Rises.	Sun Sets.	Moon Sets.
1	MON.	Foggy period, generally cloudy.	h.m.	h.m.	h.m.	h.m.	h.m.	h.m.
2	TUES.	Garibaldi died, 1882.	4 14	7 41	morn.	4 21	7 34	morn.
3	WED.	Temperature about the average.	4 13	7 42	0 16	4 20	7 35	0 15
4	THUR.	Fine seasonable weather.	4 13	7 43	0 47	4 20	7 36	0 46
5	FRID.	Light frosts in some sections.	4 12	7 43	1 17	4 19	7 37	1 18
6	SAT.	Great fire in Montreal, 1803.	4 12	7 44	1 47	4 19	7 37	1 48
7	SUN.	Warmer.	4 12	7 45	2 17	4 18	7 38	2 19
8	MON.	Clouds.	4 11	7 46	2 48	4 18	7 39	2 51
9	TUES.	Charles Dickens died, 1870.	4 11	7 47	3 24	4 17	7 39	3 23
10	WED.	Cool.	4 11	7 47	rises.	4 17	7 40	rises.
11	THUR.	Sir John Franklin died, 1847.	4 10	7 48	8 11	4 17	7 41	8 06
12	FRID.	Pleasant.	4 10	7 48	8 54	4 16	7 41	8 50
13	SAT.	Cool wave, mild seasonable weather.	4 10	7 49	9 34	4 16	7 42	9 30
14	SUN.	Battle of Marengo, 1800.	4 10	7 50	10 09	4 16	7 43	10 06
15	MON.	Mild and seasonable.	4 10	7 50	11 07	4 16	7 44	11 06
16	TUES.	Edward I. of England born, 1239.	4 10	7 51	11 34	4 16	7 44	11 33
17	WED.	Rainfall about the normal.	4 10	7 51	11 58	4 16	7 44	11 58
18	THUR.	Battle of Waterloo, 1815.	4 10	7 52	morn.	4 17	7 45	morn.
19	FRID.	Destructive storms over the West.	4 10	7 52	0 29	4 17	7 45	0 30
20	SAT.	Great fire at St. John, N.B., 1877.	4 10	7 53	0 59	4 17	7 45	1 00
21	SUN.	Heavy local rains over the East.	4 11	7 53	1 31	4 18	7 46	1 34
22	MON.	Gen. Dundonald at Standerton, 1900.	4 11	7 53	2 08	4 18	7 46	2 12
23	TUES.	Warm wave.	4 11	7 53	2 54	4 18	7 46	2 53
24	WED.	High range of temperature	4 11	7 53	3 47	4 19	7 46	3 51
25	THUR.	Defeat of Custer, 1876.	4 12	7 53	sets.	4 19	7 46	sets.
26	FRID.	High range of temperature.	4 12	7 53	8 57	4 19	7 46	8 53
27	SAT.	John Smith, the Mormon, died, 1854.	4 12	7 53	9 40	4 20	7 46	9 37
28	SUN.	Great electrical activity.	4 13	7 53	10 17	4 20	7 46	10 15
29	MON.	British Columbia united to Canada, 1871.	4 13	7 53	10 50	4 21	7 46	10 49
30	TUES.	Tornadoes.	4 13	7 52	11 24	4 21	7 45	11 24

MOON'S PHASES.	75TH MERIDIAN.	90TH MERIDIAN.	105TH MERIDIAN.
First Quarter	2d 8h 24m m.	2d 7h 24m m.	2d 6h 24m m.
Full Moon	9d 10h 8m ev.	9d 9h 8m ev.	9d 8h 8m ev.
Last Quarter	18d 1h 44m m.	18d 0h 44m m.	17d 11h 44m ev.
New Moon	25d 1h 11m m.	25d 0h 11m m.	24d 11h 11m ev.

Weak and delicate persons use Dr. CODERRE'S TONIC ELIXIR. It builds up the system, makes blood and tones the nerves.—Price, 50c per bottle.

Chimmie—I thought you was tryin' to mash that feller for half an hour.
Liz—Well, if I wanted to mash him I guess it wouldn't take me half an hour!

Maiden Aunt—There are just as good fish in the sea as ever were caught.
Miss Pert—Can't you catch any of them, Auntie?

The poet who sang "I Owe no Man a Dollar," unconsciously paid a high tribute to the business sagacity of the community in which he lives.

First Tramp—Have you been able to satisfy the inner man this morning?
Second Tramp—Not yet. I should be delighted to participate in a free luncheon.

Dr. Coderre's Infants' Syrup is recommended by the Montreal School of Medicine and by the Medical profession generally.

McGale's Corn Salve

Cures Corns and Warts without pain or mark. Price, 15c.

Recipes for Cooking

BOILED SALMON.

The middle slice of salmon is the best. Sew up neatly in a mosquito-net bag, and boil a quarter of an hour to the pound in hot salted water. When done, unwrap with care and lay upon a hot dish, taking care not to break it. Have ready a large cupful of drawn butter, very rich, in which has been stirred a tablespoonful of minced parsley and the juice of a lemon. Pour half upon the salmon and serve the rest in a bowl. Garnish with parsley and sliced eggs.

CONSUMPTIVE } relieved by
COUGHS } using Sprucine

FISH AND OYSTER PIE.

Any remains of cold fish such as cod or haddock, 2 dozen oysters, pepper and salt to taste, bread crumbs, sufficient for the quantity of fish; half a teaspoonful of grated nutmeg, one teaspoonful of finely chopped parsley. Clear the fish from the bones, and put a layer of it in the pie-dish, which sprinkle with pepper and salt; then a layer of bread crumbs, oysters, nutmeg and chopped parsley. Repeat this till the dish is quite full. You may form a covering either of bread crumbs which should be browned, or puff paste, which should be cut off into long strips and laid in cross-bars over the fish with a line of the paste first laid round the edge. Before putting on the top, pour in some made melted butter, or a little thin white sauce, and the oyster liquor, and bake.

Time:—If of cooked fish, $\frac{1}{2}$ hour; if made of fresh fish and puff-paste, $\frac{3}{4}$ hour.

Kidney and Liver troubles cured by using

**McGALE'S
BUTTERNUT
PILLS**

CHICKEN PATTIES.

Mince up fine cold chicken either roasted or boiled. Season it with pepper and salt and a little minced parsley and onion. Moisten it with chicken gravy or cream sauce, fill scalloped shells that are lined with pastry with the mixture, and sprinkle bread crumbs over the tops. Put two or three tiny pieces of butter over each and bake brown in a hot oven.

Rheumatism

There are few diseases so distressing and tedious as **Rheumatism**. It may disappear quickly, then again it may linger for a long time in spite of the best treatment. Much depending on the care and constitution of the person, as some are predisposed to this trouble from their ancestors, it is frequently brought on by exposure, cold and damp weather, overexertion and sudden checking profuse perspiration.

STANTON'S PAIN RELIEF

will invariably relieve the aching and stinging pains of **Rheumatism**, **Lumbago** and **Neuralgia**, and if faithfully applied as directed its action is prompt and pleasant.

Internally the patient could take a wineglassful of the following mixture, three times a day, viz: One dram of Iodide of Potassium, one dram Salicylate of Sodium dissolved in three half pints of cold water. This in connection with Stanton's as a friction externally acts like a charm.

Read what **MRS. GAGNÉ** says,

IS WORTH ITS WEIGHT IN GOLD

JACK FISH LAKE, N.W.T.

The Wingate Chemical Co., Limited,
Montreal, Que.

DEAR SIR:—Please send me Stanton's Pain Relief for the amount enclosed (\$2.00). I have already had twelve bottles from you, and I think the Remedy worth a great deal more than you ask for it. It is worth its weight in gold, and I would not be without it in the house. I have recommended it to my neighbors and friends, who are as thoroughly pleased with it as myself.

I am, yours sincerely,

MRS. JULES GAGNE.

Sole Proprietors.

The Wingate Chemical Co., Ltd.
MONTREAL, CAN.

MORGAN'S OIL

Cures Cuts, Wounds, Sprains, Scratches, &c. in Man and Beast. Price, 25 & 50c. bottle.

THE WINGATE ALMANAC.

7th Month.

JULY, 1903.

31 Days.

Day Month.	Day. Week.	WEATHER FORECASTS. CHRONOLOGICAL EVENTS, ETC.	For Montreal, Quebec and regions of St. Lawrence and Ottawa Rivers.			For Toronto and Provin- ce of Ontario, lying on and bet. the Great Lakes.		
			Sun Rises	Sun Sets.	Moon Sets.	Sun Rises.	Sun Sets.	Moon Sets.
			h. m.	h. m.	h. m.	h. m.	h. m.	h. m.
1	WED.	Sultry.	4 15	7 52	11 52	4 22	7 45	11 53
2	THUR.	Advanced heat throughout the country.	4 18	7 52	morn.	4 23	7 45	morn.
3	FRI.	Quebec founded, 1608.	4 16	7 52	0 21	4 23	7 45	0 23
4	SAT.	Battle of Ulundi, 1879.	4 17	7 51	0 52	4 24	7 44	0 55
5	SUN.	Storm period.	4 17	7 51	1 26	4 25	7 44	1 30
6	MON.	Rainfall for the month about the normal.	4 18	7 51	2 03	4 25	7 44	2 08
7	TUES.	Lincoln's murderers hanged, 1865.	4 19	7 50	2 46	4 26	7 43	2 50
8	WED.	Police strike in London, 1890.	4 20	7 50	3 32	4 27	7 43	3 36
9	THUR.	Lemoine d'Iberville died, 1706.	4 20	7 49	rises.	4 28	7 42	rises.
10	FRI.	Warmer.	4 21	7 49	8 11	4 28	7 42	8 07
11	SAT.	Boers capture Nitral's Nek, 1900.	4 22	7 48	8 43	4 29	7 41	8 40
12	SUN.	W. H. Stanley married, 1890.	4 23	7 48	9 12	4 30	7 41	9 10
13	MON.	Berlin treaty signed, 1878.	4 24	7 47	9 38	4 30	7 40	9 37
14	TUES.	Chicago fire, 1873.	4 25	7 46	10 04	4 31	7 40	10 03
15	WED.	Temperature generally about the mean.	4 26	7 45	10 30	4 32	7 39	10 31
16	THUR.	Steamer <i>Egypt</i> burnt, 1890.	4 27	7 44	11 00	4 33	7 38	11 01
17	FRI.	Storms of wind and rain.	4 28	7 44	11 29	4 34	7 37	11 31
18	SAT.	Dean Stanley died, 1881.	4 29	7 43	morn.	4 34	7 37	morn.
19	SUN.	Capitulation of Quebec, 1629.	4 30	7 42	0 03	4 35	7 36	0 06
20	MON.	Cool period.	4 31	7 41	0 44	4 36	7 35	0 48
21	TUES.	Cool nights over Eastern sections.	4 32	7 40	1 32	4 37	7 35	1 36
22	WED.	Battle of Salamanca, 1812.	4 33	7 39	2 28	4 38	7 34	2 32
23	THUR.	Dry over the West.	4 34	7 38	3 34	4 39	7 33	3 38
24	FRI.	Gibraltar taken, 1794.	4 35	7 37	sets.	4 40	7 32	sets.
25	SAT.	Seasonable in the East.	4 36	7 36	8 11	4 41	7 31	8 09
26	SUN.	Robert Fulton born, 1760.	4 37	7 35	8 48	4 42	7 30	8 46
27	MON.	French revolution, 1830.	4 38	7 34	9 20	4 43	7 29	9 19
28	TUES.	Warmer.	4 39	7 33	9 53	4 44	7 28	9 54
29	WED.	King Humbert assassinated, 1900.	4 40	7 32	10 24	4 45	7 27	10 26
30	THUR.	High range of temperature.	4 41	7 31	10 54	4 46	7 26	10 56
31	FRI.	John Ericsson born, 1803.	4 42	7 30	11 28	4 48	7 25	11 31

MOON'S PHASES.	75TH MERIDIAN.	90TH MERIDIAN.	105TH MERIDIAN.
First Quarter.....	1d 4h 2m ev.	1d 3h 2m ev.	1d 2h 2m ev.
Full Moon.....	9d 0h 43m ev.	9d 11h 43m m.	9d 10h 43m m.
Last Quarter.....	17d 2h 24m ev.	17d 1h 24m ev.	17d 0h 24m ev.
New Moon.....	24d 7h 46m m.	24d 6h 46m m.	24d 5h 46m m.
First Quarter.....	31d 2h 15m m.	31d 1h 15m m.	31d 0h 15m m.

Backache, Lumbago and Rheumatism instantly relieved by using **STANTON'S PAIN RELIEF.**

There is nothing new under the sun ; but the discoverer and the inventor are constantly showing us that there are lots of things just as good as new.

The Haughty Little Girl—Ma don't like me to 'sosiaste wit' everybody.

The Sarcastic Boy—She's dead-right! If you put on sich lugs wit' everybody, somebody 'll biff you in the jaw.

Stranger—Which is the leading paper here in Frogeye ?

Native—Oh! The "Hurrah" is. It has a bigger word-power than both the other papers combined.

Coughs that follow **La Grippe** cured by a few doses of **Sprucine.**

Even on a bonnet a straight tip is of mighty little value.

Baby got a tooth and had no pain—**DR. CODERRE'S INFANTS' SYRUP.**

Coderre's Asthma Powder Cures Asthma and Bronchial troubles. Price, 50c. and \$1.00

Recipes for Cooking

FROGS FRIED.

Frogs are usually fried and are considered a great delicacy. Only the hind-legs and quarters are used. Clean them well, season and fry in egg batter or dipped in beaten egg and fine cracker crumbs, the same as oysters.

**CODERRE'S
ANTI-
ASTHMATIC
POWDER** { Cures Bronchial
and Asthmatic
Affections. — Price,
50c and \$1.00 per
box.

FRICASSEE SALMON.

This way of cooking fresh salmon is a pleasant change from the ordinary modes of cooking it. Cut one and one-half pounds of salmon into pieces one-inch square; put the pieces in a stew-pan with half a cupful of water, a little salt, a little white pepper, one clove, one blade of mace, three pieces of sugar, one shalot, and a heaping teaspoonful of mustard mixed smoothly with half a teaspoonful of vinegar, let this boil up once and add six tomatoes peeled and cut into tiny pieces, a few sprigs of parsley finely minced, and one wine-glassful of sherry. Let all simmer gently for three-quarters of an hour. Serve very hot, and garnish with dry toast cut in triangular pieces. This dish is good very cold, for luncheon or breakfast.

**McGALE'S
FOOT
POWDER** { For Sore and Tender
Feet, Soft Corns and
Ingrowing Nails.
Price, 25c.

MOCK OYSTERS.

Grate the corn, while green and tender, with a coarse grater into a deep dish. To two ears of corn allow one egg; beat the whites and yolks separately, and add them to the corn with one tablespoonful of wheat flour and one of butter, a teaspoonful of salt and pepper to taste. Drop spoonfuls of this batter into a frying pan with hot butter and lard mixed, and fry a light brown on both sides. In taste, they have a singular resemblance to fried oysters. The corn *must be young*.

FOR MAN AND BEAST.

MORGAN'S OIL

Pronounced by those who have used it to be quick, sharp and pleasant in its action.

It cures BRUISES, SPRAINS, LUMBAGO, RHEUMATISM, STIFFNESS and SORENESS of the LIMBS, SAND CRACKS, SPAVINS, THRUSH, SCRATCHES, etc., etc.

MORGAN'S OIL has proved itself a wonderful remedy in curing and relieving the above ailments, and for prompt, active and thorough effect for man or beast it has NO EQUAL. Farmers and cattle raisers should never be without it in their house or barn.

Should your druggist or storekeeper not have it, write enclosing price to

The Wingate Chemical Co., Ltd.,

MONTREAL, CANADA,

and it will be forwarded at once. Price, 25c and 50c per bottle.

Morgan's Oil

As an external application in GLANDULAR SWELLINGS OF THE NECK, MUMPS, BUNIONS, CHILBLAINS and ENLARGEMENTS OF THE JOINTS. Its action is gentle and positive, and leaves no soreness or abrasion of the skin after using.

As a **Training Liniment** for Athletes it is simply perfect.

SOLE PROPRIETORS:

The Wingate Chemical Co., Ltd.,

MONTREAL, CANADA.

Wingate's Dyspepsia Tablets { For Indigestion, Dyspepsia,
Heartburn and Sour Stomach.
— Price, 50c per box.

THE WINGATE ALMANAC

8th Month.

AUGUST, 1903.

31 Days.

Day	Month	Day Week.	WEATHER FORECASTS, CHRONOLOGICAL EVENTS, ETC.	For Montreal, Quebec and regions of St. Lawrence and Ottawa Rivers.			For Toronto and Province of Ontario, lying on and bet. the Great Lakes.		
				Sun Rises.	Sun Sets.	Moon Sets.	Sun Rises.	Sun Sets.	Moon Sets.
				h. m.	h. m.	h. m.	h. m.	h. m.	h. m.
1	SAT.		Storm period.	4 43	7 28	morn.	4 49	7 23	morn.
2	SUN.		Destructive rains over the West.	4 44	7 27	0 04	4 50	7 22	0 08
3	MON.		Columbus' first voyage, 1492.	4 45	7 26	0 45	4 51	7 21	0 49
4	TUES.		Foggy.	4 46	7 25	1 30	4 52	7 20	1 35
5	WED.		Cool period.	4 47	7 23	2 19	4 53	7 18	2 24
6	THUR.		Cool nights over the West.	4 49	7 22	3 12	4 54	7 17	3 17
7	FRID.		Buller occupies Amersport, 1900.	4 50	7 20	4 08	4 55	7 16	4 12
8	SAT.		Seasonable in the East.	4 51	7 19	rises.	4 56	7 14	rises.
9	SUN.		Edward VII. crowned, 1902.	4 52	7 18	7 43	4 57	7 13	7 41
10	MON.		General electrical activity over Lake	4 54	7 16	8 10	4 59	7 11	8 09
11	TUES.		region.	4 55	7 15	8 37	5 00	7 10	8 37
12	WED.		Temperature for the month above the	4 56	7 13	9 04	5 01	7 08	9 05
13	THUR.		usual.	4 58	7 11	9 33	5 02	7 07	9 35
14	FRID.		Invention of printing, 1437.	4 59	7 10	10 04	5 03	7 05	10 07
15	SAT.		Storms of great magnitude in many	5 00	7 08	10 41	5 04	7 03	10 45
16	SUN.		localities.	5 01	7 06	11 24	5 05	7 02	11 28
17	MON.		High range of temperature at all points	5 02	7 05	morn.	5 06	7 00	morn.
18	TUES.		West and East.	5 03	7 03	0 14	5 07	6 59	0 18
19	WED.		First steamer shoots Lachine Rapids, 18.0.	5 05	7 01	1 13	5 08	6 57	1 17
20	THUR.		Severe thunder and wind storms.	5 06	6 59	2 20	5 09	6 55	2 24
21	FRID.		Battle of Vimiera, 1808.	5 07	6 58	3 33	5 10	6 54	3 37
22	SAT.		Local clouds.	5 08	6 56	4 49	5 11	6 52	4 52
23	SUN.		Gloucester, Mass., founded, 1642.	5 10	6 54	sets.	5 12	6 50	sets.
24	MON.		Warmer.	5 11	6 52	7 53	5 14	6 49	7 53
25	TUES.		Victoria Bridge, Montreal, opened, 1860.	5 12	6 50	8 24	5 15	6 47	8 25
26	WED.		Sultry.	5 13	6 49	8 55	5 16	6 46	8 57
27	THUR.		Dry.	5 14	6 47	9 28	5 17	6 44	9 31
28	FRID.		Droughty conditions over the West.	5 16	6 45	10 04	5 18	6 42	10 06
29	SAT.		Brigham Young died, 1877.	5 17	6 43	10 44	5 20	6 41	10 48
30	SUN.		Want of rain felt in the East.	5 18	6 41	11 27	5 21	6 39	11 31
31	MON.		Premier Emerson, N. B., resigns, 1900.	5 20	6 40	morn.	5 23	6 38	morn.

MOON'S PHASES.	75TH MERIDIAN.	90TH MERIDIAN.	105TH MERIDIAN.
Full Moon.....	8d 3h 54m m.	8d 2h 54m m.	8d 1h 54m m.
Last Quarter.....	16d 0h 22m m.	15d 11h 22m ev.	15d 10h 22m ev.
New Moon.....	22d 2h 51m ev.	22d 1h 51m ev.	22d 0h 51m ev.
First Quarter.....	29d 3h 34m ev.	29d 2h 34m ev.	29d 1h 34m ev.

Dr. Coderre's Curative Plasters—
The most convenient and pleasant plaster to wear. Cures Kidney Troubles, Backache, Female complaints, Pains in the chest or side. Price 25c. Sent to any part of the world on receipt of price.

She—I understand Miss Gotrox married a struggling young man.
He—Well, who wouldn't have struggled to get her?

Many of our millionaires are like poets—born, not made.

It wouldn't be so hard to agree with people if they didn't take so much credit to themselves for convincing us.

First Tramp—Nothin' in dat house. I hate de sight of dese hatchet-faced women, anyhow!

Second Tramp—Why?
First Tramp—Dey allus make me t'ink of choppin' wood.

Billiousness, Habitual Constipation and Kidney troubles cured by using **McGale's BUTTERNUT PILLS.**—Read directions carefully.

McGale's Butternut Pills

Can be used at any time and in any climate. As a Laxative they have no equal. Price, 25c.

Recipes for Cooking

BEEF A LA MODE.

Mix together three teaspoonfuls of salt, one of pepper, one of ginger, one of mace, one of cinnamon, and two of cloves. Rub this mixture into ten pounds of the upper part of a round of beef. Let this beef stand in this state over night. In the morning, make a dressing or stuffing of a pint of fine bread crumbs, half a pound of fat salt pork cut in dice, a teaspoonful of ground thyme or summer savory, two teaspoonfuls sage, half a teaspoonful of pepper, one of nutmeg, a little cloves, an onion minced fine, moisten with a little milk or water. Stuff this mixture into the place from whence you took out the bone. With a long skewer fasten the two ends of the beef together, so that its form will be circular, and bind it around with tape to prevent the skewers giving way. Make incisions in the beef with a sharp knife; fill these incisions very closely with stuffing and dredge the whole with flour.

Put it into a dripping pan and pour over it a pint of hot water; turn a large pan over it to keep in the steam, and roast slowly from three to four hours, allowing a quarter of an hour to each pound of meat. If the meat should be tough, it may be stewed first in a pot, with water enough to cover it, until tender, and then put into a dripping pan and brown in the oven.

If the meat is to be eaten hot, skim off the fat from the gravy, into which, after it is taken off the fire, stir in the beaten yolks of two eggs. If onions are disliked, you may omit them, and substitute minced oysters.

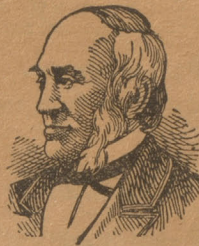
Infants'

Teething pains, Colic and restlessness relieved by Dr. Coderre's Infant Syrup. Price, 25c.

SCRAMBLED MUTTON.

Two cups of chopped cold mutton, two tablespoonfuls of hot water, and a piece of butter as large as an English walnut. When the meat is hot, break in three eggs, and constantly stir until the eggs begin to stiffen. Season with pepper and salt.

Dr. Coderre's Tonic Elixir



PALE, delicate weak and sal-low skinned persons suffering from general debility, wasting away, or nervous prostration, can be cured and made strong by the faithful use of Dr. CODERRE'S TONIC ELIXIR, the great BLOOD MAKER,

NERVE TONIC, and HEALTH RESTORER

of the day, approved by the professors of the Montreal School of Medicine & Surgery, Medical Faculty, Victoria University.

Among the causes tending to debility and prostration of the Nervous System, are **IMPOVERISHED** and **IMPURE BLOOD**, waste of **NERVE TISSUE** and particularly of the Phosphates which enter into the composition of the Brain and Nerves.

Delicate and pale men and women will find in this preparation a powerful NERVE TONIC and BLOOD BUILDER; agreeable to take and quick in its action, it imparts strength and energy to the feeble patient and exerts a salutary influence upon the nerve centres giving Tone and Vigor to the general System.

DR. CODERRE'S TONIC ELIXIR has been used with marked success by the Medical Profession in complaints such as Leucorrhœa, or Whites, Chlorosis, or Green Sickness, Dysmenorrhœa, or difficult courses, Anemia, or Thinness of Blood, General Debility, Scrofula, and Skin Diseases, caused by poor or impure blood.

For sale everywhere. Price: 50c per bottle, or by mail on receipt of price.

The Wingate Chemical Co., Ltd.,
MONTREAL, CANADA.

SPRUCINE

Taken with Cod Liver Oil in the first stages of Consumption, it will be found invaluable.

THE WINGATE ALMANAC.

9th Month.

SEPTEMBER, 1903.

30 Days.

Day	Month	Day Week	WEATHER FORECASTS, CHRONOLOGICAL EVENTS, ETC.	For Montreal, Quebec and regions of St. Lawrence and Ottawa Rivers.			For Toronto and Prov- ince of Ontario, lying on and bet. the Great Lakes.		
				Sun Rises.	Sun Sets.	Moon Sets.	Sun Rises.	Sun Sets.	Moon Sets.
1	TUES.		Mild period.	h.m.	h.m.	h.m.	h.m.	h.m.	h.m.
2	WED.		Pleasant.	5 21	6 38	0 15	5 24	6 35	0 19
3	THUR.		Oliver Cromwell died, 1653.	5 22	6 36	1 07	5 25	6 34	1 11
4	FRID.		Tornado period.	5 23	6 34	2 02	5 26	6 32	2 06
5	SAT.		The rainfall will be above the average.	5 24	6 32	2 59	5 27	6 30	3 02
6	SUN.		General Lafayette born, 1757.	5 26	6 30	3 58	5 28	6 28	4 00
7	MON.		Warm wave.	5 27	6 28	rises.	5 29	6 26	rises.
8	TUES.		High temperatures East and West.	5 28	6 26	6 38	5 30	6 24	7 11
9	WED.		Invasion of Canada, 1775.	5 29	6 24	7 10	5 31	6 22	7 11
10	THUR.		Dry and hot.	5 30	6 22	7 38	5 32	6 20	7 39
11	FRID.		Threatening Clouds.	5 31	6 20	8 08	5 33	6 19	8 10
12	SAT.		Gen. French in fight at Barberton, 1900.	5 33	6 18	8 42	5 34	6 17	8 45
13	SUN.		High winds.	5 34	6 16	9 22	5 35	6 15	9 23
14	MON.		Thunder storms.	5 35	6 15	10 09	5 36	6 14	10 13
15	TUES.		Destructive local storms.	5 36	6 13	11 02	5 37	6 11	11 06
16	WED.		Lonis XVIII died, 1824.	5 38	6 11	morn.	5 39	6 09	morn.
17	THUR.		Cooler.	5 39	6 09	0 04	5 40	6 08	0 08
18	FRID.		Clear.	5 40	6 07	1 12	5 41	6 06	1 16
19	SAT.		Sharp frosts in Western sections.	5 42	6 07	2 25	5 42	6 05	2 28
20	SUN.		Methuen routs Boers, Hart River, 1900.	5 43	6 03	3 40	5 43	6 03	3 42
21	MON.		Sir Walter Scott died, 1832.	5 44	6 01	4 56	5 44	6 01	4 58
22	TUES.		Hebrew New Year, 5694.	5 45	5 59	sets.	5 46	5 59	sets.
23	WED.		Mild.	5 47	5 57	6 52	5 47	5 57	6 54
24	THUR.		Martinez, former Gov. of Cuba, died 1900.	5 48	5 56	7 24	5 48	5 56	7 26
25	FRID.		Heavy fogs over Lake region.	5 49	5 54	7 59	5 50	5 54	8 02
26	SAT.		Balaklava occupied, 1854.	5 50	5 52	8 38	5 51	5 52	8 43
27	SUN.		Storm wave.	5 52	5 50	9 21	5 52	5 50	9 26
28	MON.		Severe wind storm over Atlantic seaboard	5 53	5 48	10 08	5 53	5 48	10 13
29	TUES.		Elections in England, 1900.	5 54	5 46	10 59	5 55	5 47	11 04
30	WED.		Gales in the interior.	5 56	5 44	11 53	5 56	5 45	11 57
				5 57	5 42	morn.	5 57	5 43	morn.

MOON'S PHASES.	7TH MERIDIAN.	90TH MERIDIAN.	105TH MERIDIAN.
Full Moon.....	6d 7h 29m ev.	6d 6h 20m ev.	6d 5h 20m ev.
Last Quarter.....	14d 8h 14m m.	14d 7h 14m m.	14d 6h 14m m.
New Moon.....	20d 11h 31m ev.	20d 10h 31m ev.	20d 9h 31m ev.
First Quarter.....	28d 8h 8m m.	28d 7h 8m m.	28d 6h 8m m.

Worms.—The symptoms of Worms particularly with children are often neglected, and the irritation they cause produces restlessness, convulsions, or fits, foul breath, disordered stomach, and a number of other troubles.

The use of DR. CODERRE'S WORM PASTILLES will quickly expel them and relieve the suffering little ones at once. Safe and easy to take.

Small Boy—Do you see that big drum in the window?
Storekeeper—Yes, my lad.

Small Boy—Well, you keep it under the counter for a few days. Santa Claus will be around here to get it for me.

Ranston Storms (*loftily*)—I am going to appear at a Broadway theatre in a couple of months.

Harkison Legree—Well, you want to have the price of a ticket with you;—most of them don't recognize the profession any more.

Socrates and Solomon were both wise men; yet many a fool has married wiser than either.

Stanton's Pain Relief acts like a charm in Quinsy, Inflammation of the Tonsils, and ordinary sore throats. Its action is wonderful; it does not neglect; keep it by you.

Dr. Coderre's Infants' Syrup

Has been used by many of our leading physicians and our best families for over fifty years with satisfaction.

Recipes for Cooking

APPLE CUSTARD PIE.

Three cupfuls of milk, four eggs and one cupful of sugar, two cupfuls of thick stewed apples strained through a colander. Beat the whites and yolks of the eggs lightly and mix the yolks well with the apples, flavoring with nutmeg, then beat into this the milk, and lastly, the whites. Let the crust partly bake before turning in this filling. To be baked with only the one crust, like all custard pies.

Nervous Prostration

Thinness of Blood,
Lack of Energy and
General Debility.
Dr. Coderre's Tonic
Elixir.

GINGER COOKIES.

One cup sugar, one cup molasses, one cup butter, one egg, one tablespoonful vinegar, one tablespoonful ginger, one teaspoonful soda dissolved in boiling water, mix like cooky dough, rather soft.

PLAIN GINGER BREAD.

One cup of dark cooking molasses, one cup of sour cream, one egg, one teaspoonful of soda dissolved in a little warm water, a teaspoonful of salt and one heaping teaspoonful of ginger; make about as thick as cup cake. To be eaten warm.

FRUIT JUMBLES.

Two cups of sugar, one cup of butter, five cupfuls of flour, five eggs, one small teacupful of milk, in which dissolve half a teaspoonful of soda; cream the butter, add the sugar, cream again; then add yolks of eggs, the milk, beaten whites and flour; a little cinnamon, nutmeg, allspice and ground cloves and one-quarter of a pound of currants, rolled in flour.

A RECEIPT FOR KISSES.

To one piece of dark piazza add a little moonlight; take for granted two people. Press in two strong ones a small, soft hand. Sift lightly two ounces of attraction, one of romance; add a large measure of folly; stir in a floating ruffle or two, one or two whippers. Dissolve half a dozen glances in a well of silence; dust in a small quantity of hesitation, one ounce of resistance, two of yielding; place the kisses on a flushed cheek or two lips; flavor with a slight scream and set aside to cool.

This will succeed in any climate, if directions are carefully followed.

Dr. Coderre's Curative Plaster.

For the relief and cure of Kidney Troubles, Backache, Rheumatism, Pains in the Chest or Side, Female Complaints, and Pains and Aches in any part of the body.

These plasters are carefully prepared, according to the private formula of Dr. J. Emery Coderre, Professor of Materia Medica, Montreal School of Medicine, and can be conscientiously recommended as an External Curative Agent of marked value in the above mentioned complaints. Dr. Coderre's portrait and signature are on every plaster,

25c. each, or by mail on receipt of price.

The Wingate Chemical Co., Ltd.
MONTREAL, CAN.

Asthmatics read carefully.

ST. SYLVESTRE, Que.

The Wingate Chemical Co., Ltd.
Montreal.

Dear Sirs:

I received your sample package of Dr. CODERRE'S ANTI-ASTHMATIC POWDER and thank you very much for it. I think this remedy of great value; as for me, I am very much better.

Yours truly,

MAGLOIRE SAVOIE.

VILLAGE DES AULNAIES, P.Q.

The Wingate Chemical Co., Ltd.
Montreal.

Dear Sirs:

I beg to acknowledge receipt of the sample package of Dr. CODERRE'S ANTI-ASTHMATIC POWDER that you were kind enough to send me and for which please accept my thanks. I could not reply to your letter before this date, owing to my illness.

This powder did me a great deal of good for the Asthma and loss of voice; I am better now, but if ever I need it again, you can rest assured that I will write you at once.

Yours truly,

Mde JOSEPH FOURNIER.

Stanton's Pain Relief

Your family remedy and home physician. Should be in every household.

Price, 25c. per bottle.

THE WINGATE ALMANAC.

10th Month.

OCTOBER, 1903.

31 Days.

Month.	Day Week.	WEATHER FORECASTS. CHRONOLOGICAL EVENTS, ETC.	For Montreal, Quebec and regions of St. Lawrence and Ottawa Rivers.			For Toronto and Province of Ontario, lying on and bet. the Great Lakes.		
			Sun Rises.	Sun Sets.	Moon Sets.	Sun Rises.	Sun Sets.	Moon Sets.
1	THUR.	Cool period.	5 58	5 40	0 53	5 57	5 40	0 53
2	FRID.	Fine Fall weather.	6 00	5 39	1 49	5 59	5 39	1 51
3	SAT.	Frosty nights.	6 01	5 37	2 49	6 00	5 38	2 51
4	SUN.	Mild period.	6 02	5 35	3 50	6 01	5 36	3 51
5	MON.	Genial Autumn days.	6 03	5 33	4 55	6 02	5 34	4 55
6	TUES.	Brilliant star-lit skies.	6 05	5 31	rises.	6 04	5 33	rises.
7	WED.	General White arrives at Durban, 1899.	6 06	5 29	6 09	6 05	5 31	6 11
8	THUR.	Threatening.	6 07	5 27	6 44	6 06	5 29	6 47
9	FRID.	Cloudy.	6 09	5 25	7 21	6 07	5 28	7 25
10	SAT.	Rain.	6 10	5 23	8 07	6 08	5 26	8 11
11	SUN.	Rainfall for the month below the average	6 11	5 22	8 58	6 09	5 24	9 02
12	MON.	Lord Lindhurst died, 1863.	6 13	5 20	9 56	6 10	5 23	10 00
13	TUES.	There will be excesses in temperature.	6 14	5 18	11 00	6 12	5 21	11 04
14	WED.	Mild period, cloudy, foggy condition.	6 15	5 17	morn.	6 13	5 19	morn.
15	THUR.	Mild.	6 16	5 15	0 10	6 13	5 18	0 13
16	FRID.	Variable weather over the West.	6 18	5 13	1 22	6 15	5 16	1 24
17	SAT.	Queen of Holland betrothed, 1900.	6 19	5 11	2 55	6 16	5 14	2 37
18	SUN.	Foggy over Lake region.	6 21	5 10	3 49	6 18	5 13	3 50
19	MON.	Cold period for October.	6 22	5 08	5 00	6 19	5 11	4 59
20	TUES.	Cooler.	6 23	5 07	6 12	6 20	5 09	6 10
21	WED.	Cold period.	6 25	5 05	sets.	6 22	5 08	sets.
22	THUR.	Very low temperature in the West.	6 26	5 03	6 32	6 23	5 06	6 36
23	FRID.	Peace of Westphalia, 1648.	6 27	5 02	7 13	6 24	5 05	7 18
24	SAT.	Milder.	6 29	5 00	8 00	6 25	5 08	8 04
25	SUN.	Warm.	6 30	4 58	8 50	6 27	5 01	8 54
26	MON.	Cool nights and pleasant sunshiny days.	6 31	4 57	9 43	6 28	5 00	9 47
27	TUES.	Unsettled, variable, stormy.	6 32	4 55	10 38	6 29	4 58	10 42
28	WED.	Liberty statue erected in New York, 1886.	6 34	4 54	11 37	6 31	4 56	11 40
29	THUR.	Threatening.	6 35	4 53	morn.	6 32	4 55	morn.
30	FRID.	Gales and damaging storms.	6 36	4 50	0 25	6 33	4 53	0 38
31	SAT.	Surrender of Dijon, France, 1870.	6 38	4 49	1 37	6 34	4 51	1 38

MOON'S PHASES.

Full Moon	6d 10h 24m m.
Last Quarter	13d 2h 56m ev.
New Moon	20d 10h 39m m.
First Quarter	28d 3h 32m m.

75TH MERIDIAN.

90TH MERIDIAN.

105TH MERIDIAN.

6d 9h 24m m.	6d 8h 24m m.
13h 1h 56m ev.	13d 0h 56m ev.
20d 9h 30m m.	20d 8h 30m m.
28d 2h 32m m.	28d 1h 32m m.

For diseases arising from **Impoverished Blood or General Debility**—**DR. CODERRE'S TONIC ELIXIR** will be found invaluable. It is a Blood maker and a Nerve Tonic.

Poverty is no disgrace to the indutrious; but it is hardly a gilt-edged testimonial of ability.

"I understand that Mr. Grimm has a very tyrannical and overbearing way with his wife."

"Yes; he habitually treats her with as much arrogance as if she was his partner in a game of whist."

Penelope—Did she have many wedding presents?

Perdita—Enormous! Why, she says it will take her nearly a year to exchange them all!

A glance down the line is likely to impress one with the idea that a man's ability to earn money is in indirect ratio to his capacity for spending it.

Bronchitis, Hoarseness, Tickling in the Throat immediately relieved by a dose or two of **SPRUCINE**. Be sure you get the genuine, and use as directed.

STANTON'S PAIN RELIEF

Does its work thoroughly. A family Remedy worth its weight in Gold. Price, 25c.

Recipes for Cooking

CORN MEAL FRITTERS.

One pint of sour milk, one teaspoonful of salt, three eggs, one tablespoonful of molasses or sugar, one handful of flour, and corn meal enough to make a stiff batter; lastly, stir in a small teaspoonful of soda, dissolved in a little warm water. This recipe is very nice made of rye flour.

QUICK PUDDING.

Soak and split some crackers, lay the surface over with raisins and citron, put the halves together, tie them in a bag, and boil 15 minutes, in milk and water; delicious with rice sauce.

ORANGE ROLY-POLY.

Make a light dough the same as for apple dumplings; roll it out into a long narrow sheet about a quarter of an inch thick—spread thickly over it peeled and sliced orange; sprinkle plentifully with white sugar; scatter over all a teaspoonful of grated orange peel, then roll it up, fold the edges well together to keep the juices from running out; boil in a floured cloth for an hour and a half. Serve it with lemon sauce—Fine.

RASPBERRY VINEGAR.

Put a quart of raspberries into a suitable dish; pour over them a quart of good vinegar; let it stand twenty-four hours, then strain through a flannel bag and pour this liquor on another quart of berries; do this for three or four days successively, and strain; make very sweet with loaf sugar. Strain and seal it.

Mothers and Nurses.

The infantile mortality in our midst is something enormous, and undoubtedly the greater number of deaths are caused by the negligence of the mother or nurse in not attending to the infant's ailments in time. In cases of Diarrhoea, Teething Pains, Colic, etc., **Dr. Coderre's Infants' Syrup** will be found invaluable. It is recommended by our leading physicians, and may be given with safety.

Sleep of Children.

The repose of the muscular system is never completed, except by sleep. With this the child's system is invigorated, strengthened and the organism bestowed by nature confirmed by growth, strength and health.

When children suffer from sleeplessness caused by Teething Pains or Cramps in the Stomach or Bowels, give a few doses of **Dr. Coderre's Infants' Syrup** and the child will get ease, and refreshing sleep will follow.

CLIMATIC.

All children suffer more or less during any season and in any climate, with derangements of the Bowels and Stomach brought on by various causes. A few doses of **Dr. Coderre's Infants' Syrup** will relieve the suffering little ones, and, in the majority of cases, will save them from an early grave.

Worms. Children suffering from worms, become irritable, and dull. **Coderre's Worm Pastilles** does the work.

CORNS AND WARTS

Removed without Pain or Blemish
by MCGALE'S CORN SALVE,
Price 15cts. per box.

THE WINGATE ALMANAC.

11th Month.

NOVEMBER, 1903.

30 Days.

Day Month.	Day Week.	WEATHER FORECASTS. CHRONOLOGICAL EVENTS, ETC.	For Montreal, Quebec and regions of St. Lawrence and Ottawa Rivers.			For Toronto and Prov- ince of Ontario, lying on and bet. the Great Lakes.		
			Sun Rises.	Sun Sets.	Moon Sets.	Sun Rises.	Sun Sets.	Moon Sets.
1	SUN.	Wet period.	h. m.	h. m.	h. m.	h. m.	h. m.	h. m.
2	MON.	Dillon and O'Brien at N. Y., 1890.	6 39	4 47	2 39	6 36	4 50	2 40
3	TUES.	Threatening weather over Lake region.	6 41	4 45	3 42	6 37	4 49	3 41
4	WED.	General Peabody died, 1869.	6 42	4 44	4 45	6 39	4 48	4 43
5	THUR.	Local rains West.	6 43	4 42	5 51	6 40	4 46	5 49
6	FRID.	High winds and snow squalls East.	6 45	4 41	rises.	6 41	4 45	rises.
7	SAT.	Battle of Pensacola, 1814.	6 46	4 40	6 02	6 43	4 44	6 06
8	SUN.	John Milton died, 1674.	6 48	4 38	6 53	6 44	4 43	6 57
9	MON.	Warmer and more genial.	6 49	4 37	7 49	6 46	4 41	7 53
10	TUES.	H. M. S. Serpent wrecked, 1890.	6 51	4 36	8 54	6 47	4 40	8 58
11	WED.	Chicago Haymarket riots, 1887.	6 52	4 35	10 01	6 48	4 39	10 05
12	THUR.	Threatening.	6 53	4 34	11 11	6 50	4 38	11 14
13	FRID.	Admiral Dahlgren born, 1809.	6 55	4 33	morn.	6 51	4 37	morn.
14	SAT.	Sleet and Snow.	6 56	4 32	0 23	6 52	4 36	0 25
15	SUN.	High winds and heavy snows.	6 57	4 31	1 35	6 54	4 35	1 36
16	MON.	Louis Riel executed, 1885.	6 59	4 30	2 46	6 55	4 34	2 45
17	TUES.	Moderating.	7 00	4 29	3 54	6 56	4 33	3 53
18	WED.	Funeral of Wellington, 1852.	7 01	4 28	5 05	6 58	4 32	5 03
19	THUR.	Mild period.	7 03	4 27	6 13	6 59	4 31	6 10
20	FRID.	Warmer.	7 04	4 26	sets.	7 00	4 30	sets.
21	SAT.	Fort Niagara bombarded, 1812.	7 05	4 25	5 51	7 01	4 30	5 55
22	SUN.	Clear.	7 07	4 24	6 38	7 02	4 29	6 42
23	MON.	Sir John Barrow died, 1848.	7 08	4 24	7 32	7 03	4 28	7 36
24	TUES.	Fine Autumn weather.	7 09	4 23	8 26	7 04	4 28	8 30
25	WED.	The precipitation about the average.	7 11	4 23	9 23	7 06	4 27	9 25
26	THUR.	Sandwich Islands discovered, 1778.	7 12	4 21	10 23	7 07	4 27	10 25
27	FRID.	Windy.	7 13	4 21	11 22	7 08	4 25	11 24
28	SAT.	Cold wave, cold weather for November.	7 14	4 20	morn.	7 09	4 25	morn.
29	SUN.	Cardinal Wolsey died, 1530.	7 16	4 20	0 23	7 11	4 25	0 24
30	MON.	Mark Twain born, 1835.	7 17	4 19	1 26	7 10	4 25	1 26
			7 18	4 18	2 26	7 12	4 24	2 25

MOON'S PHASES.	75TH MERIDIAN.	90TH MERIDIAN.	105TH MERIDIAN.
Full Moon.....	5d 0h 27m a.	4d 11h 27m ev.	4d 10h 27m ev.
Last Quarter.....	11d 9h 46m ev.	11d 8h 46m ev.	11d 7h 46m ev.
New Moon.....	19d 0h 10m a.	18d 11h 10m ev.	18d 10h 10m ev.
First Quarter.....	27d 0h 37m a.	26d 11h 37m ev.	26d 10h 37m ev.

Mothers! look to the comfort and health of your children. If suffering from Colic, Teething Pains or Diarrhoea, give them DR. CODERRE'S INFANTS' SYRUP as directed and get relief.

Fools rush in where angels fear to tread; that is, both fools and angels are necessary to social progress.

Briggs—Spriggins married one of those kind, motherly girls, who knows how to take care of a man when he is sick.

Griggs—But can she take care of him when he is well?

He—I never approved of wrappers, my dear. Can't you come down to breakfast in something else?

She—Certainly, darling! It will cost about one hundred dollars.

Colton says: "That which we acquire with most difficulty we retain the longest." Colton never acquired a straight tip on Wall Street stock.

Sudden Chills, Bad Colds and Sore Throats speedily relieved by STANTON'S PAIN RELIEF.

Coderre's Tonic Elixir

Blood maker Tonic—
Price, 50 cents.

VETERINARY.

THRUSH

Is an inflammation of the lower structure of the sensitive frog, during which pus is secreted. Clean the foot thoroughly, and apply or pour on the sore parts about a teaspoonful of Butter of Antimony, night and morning, for two or three days, or longer if necessary. Keep the foot as dry as possible.

WIND GALLS.

Bathe well with cold water, dry thoroughly, and then apply to the swollen parts, night and morning, "**Morgan's Oil.**" Give the horse all the rest possible.

SCRATCHES, MUD FEVER.

Put on the sore parts a good hot poultice of bran and leave this on over night. Then wash clean with hot Castile Soapsuds, and apply the following, night and morning, with a piece of soft flannel or sponge;—

Copperas - - - - 2 ozs.
Water - - - - 1 pint.

Dissolve, let it dry on the parts, then grease well with lard or veterinary vaseline.

COLIC.

Keep the horse blanketed and give him as a drench:

1 oz. Laudanum
1 oz. Sweet Spirits of Nitre.
 $\frac{1}{2}$ pint Water.

Mix and give all at one time. If this is not at hand, mix a bottle of **Stanton's Pain Relief** with $\frac{1}{2}$ pint of water, and give all at one dose. Keep the horse moving about for half an hour after giving above.

ROUGH COAT, HIDE-BOUND, STOMACH WORMS & URINARY TROUBLES.

"**Wingate's Cavalry Condition Powders**" given regularly for a week or 10 days will banish stomach worms, give the animal a soft silky coat, loosen the hide, and stimulate the stomach and kidneys. 25c per package or by mail on receipt of price.

The Wingate Chemical Co., Ltd.,
MONTREAL, CANADA.

McGALE'S IMPROVED SEIDLITZ POWDERS.

A superior Seidlitz Powder for family and general use, full weight, best material, put up in tin boxes containing twelve powders. Every powder bears the name and signature.

These Seidlitz Powders are prepared from the purest material and with the greatest care and accuracy; they are a harmless, pleasant, saline laxative, regulating the action of the stomach and bowels.

Beware of *cheap Seidlitz Powders*, they are generally made with ordinary Baking Soda and common Tartaric Acid, each powder being light weight, the box containing only two-thirds of the required number.

McGale's Improved Seidlitz Powders are guaranteed in every particular, and in purchasing see that every powder bears the name:— "**McGale's Improved Seidlitz Powders,**" and his signature.

For sale everywhere, or by mail on receipt of price, 25c per box.

The Wingate Chemical Co., Ltd.,

MONTREAL, CANADA.

Heavy Breathing

{ Asthma, Bronchitis, Hay Fever and affections of the respiratory organs, Dr. Coderre's Anti-Asthmatic Powder.—Price, 50c and \$1 per box.

THE WINGATE ALMANAC.

12th Month.

DECEMBER, 1903.

31 Days.

Day Month.	Day Week.	WEATHER FORECASTS. CHRONOLOGICAL EVENTS, ETC.	For Montreal, Quebec and Regions of St. Lawrence and Ottawa Rivers.			For Toronto and Prov- ince of Ontario, lying on and bet. the Great Lakes		
			Sun Rises.	Sun Sets.	Moon Sets.	Sun Rises.	Sun Sets.	Moon Sets.
1	TUES.	Cold.	h. m.	h. m.	h. m.	h. m.	h. m.	h. m.
2	WED.	John Brown hanged, 1859.	7 20	4 18	3 32	7 14	4 24	3 30
3	THUR.	Robert Louis Stevenson died, 1894.	7 21	4 17	4 39	7 15	4 24	4 36
4	FRID.	Moderating.	7 22	4 17	5 46	7 16	4 24	5 42
5	SAT.	Martin Van Buren born, 1782.	7 23	4 17	rises	7 17	4 23	rises.
6	SUN.	Generally clear to fair weather.	7 24	4 17	5 37	7 18	4 23	5 41
7	MON.	First railroad in Germany, 1835.	7 25	4 16	6 41	7 19	4 23	6 45
8	TUES.	Foggy over Lake region.	7 26	4 16	7 49	7 20	4 23	7 53
9	WED.	Warm period, pleasant weather for Dec.	7 27	4 16	9 00	7 21	4 23	9 03
10	THUR.	Montreal Cathedral burned, 1856	7 28	4 16	10 18	7 22	4 23	10 15
11	FRID.	James II. of England, abdicated, 1688.	7 29	4 16	11 27	7 23	4 23	11 28
12	SAT.	Browning (poet) died, 1889.	7 30	4 16	morn.	7 24	4 23	morn.
13	SUN.	First U. S. N. armament, 1775.	7 31	4 16	0 37	7 24	4 23	0 37
14	MON.	Storm period.	7 32	4 16	1 44	7 25	4 23	1 43
15	TUES.	Rain and snow.	7 33	4 17	2 51	7 26	4 24	2 52
16	WED.	Canada asked for more volunteers, 1900.	7 33	4 17	4 01	7 27	4 24	3 58
17	THUR.	Roberts appointed in command, 1900.	7 34	4 17	5 06	7 28	4 24	5 02
18	FRID.	Milder conditions, foggy.	7 35	4 18	6 07	7 28	4 25	6 02
19	SAT.	Vitus Behring (explorer) died, 1741.	7 36	4 18	7 04	7 29	4 25	6 59
20	SUN.	Fine winter weather.	7 37	4 19	sets.	7 29	4 25	sets.
21	MON.	Duke of Westminster died, 1899	7 37	4 19	6 16	7 30	4 26	6 21
22	TUES.	Dry period.	7 38	4 19	7 12	7 31	4 26	7 16
23	WED.	Roberts leaves Southampton, 1899.	7 37	4 20	8 10	7 31	4 27	8 13
24	THUR.	Pleasant sunny days.	7 38	4 20	9 09	7 32	4 27	9 11
25	FRID.	Christmas.	7 39	4 21	10 11	7 32	4 28	10 12
26	SAT.	Battle of Trenton, N.J., 1776.	7 39	4 22	11 10	7 32	4 28	11 11
27	SUN.	Cloudy.	7 40	4 22	morn.	7 33	4 29	morn.
28	MON.	Macauley died, 1859.	7 40	4 23	0 12	7 33	4 30	0 11
29	TUES.	W. E. Gladstone born, 1809.	7 40	4 24	1 12	7 34	4 30	1 11
30	WED.	Order of Jesuits founded, 1534.	7 41	4 24	2 18	7 34	4 31	2 16
31	THUR.	Gen. Geo. G. Meade born, 1815.	7 41	4 25	3 23	7 34	4 32	3 20
			7 41	4 26	4 31	7 34	4 33	4 27

MOON'S PHASES.	75TH MERIDIAN.	90TH MERIDIAN.	105TH MERIDIAN
Full Moon	4d 1h 13m ev.	4d 0h 13m ev.	4d 11h 13m m.
Last Quarter	11d 5h 53m m.	11d 4h 53m m.	11d 3h 53m m.
New Moon	18d 4h 26m ev.	18d 3h 26m ev.	18d 2h 26m ev.
First Quarter	26d 9h 22m ev.	26d 8h 22m ev.	26d 7h 22m ev.

Johnny—Sailors must know a lot about geography, Papa?

Papa—Yes; they learn a lot by going to sea.

Johnny—I wish I could learn in that way!

McGale's Butternut Pills are free from mercury or any of its preparations. They can be taken at any season and by the most delicate persons.

The way in which Santa Claus shrinks from the public gaze should be a lesson to some less modest philanthropists.

Teething Pains—rel'ev'd by Dr. Coderre's Infants' Syrup.

SPRUCINE is a concentrated preparation of **Spruce Gum, Wild Cherry and Hoarhound**, making one of the most reliable Cough Mixtures of the day.—Pleasant, speedy and certain.

Adam—My dear, what do you think of this new joke of mine? When is a door not a door?

Eve—I don't see any joke about that.
Adam—Of course not; but just wait until jars are invented and you'll see it.

MCGALE'S BUTTERNUT PILLS

For Sick Headache, Foul Stomach,
Habitual Constipation. Price 25c.



ASTHMA AND HAY FEVER.

ASTHMA is an affection of the chest and respiratory organs. Although a nervous or spasmodic trouble, it is frequently connected with actual changes in the Lungs; Asthma may occur at any period of life, but it is more general about middle age.

J. Emery Coderre

ASTHMA CAN BE CURED.

"DR. CODERRE'S ANTI-ASTHMATIC POWDER."

Dr. J. Emery Coderre's long experience (extending over a period of 50 years) in the treatment of diseases of the respiratory organs is a sufficient guarantee as to the efficiency of his ANTI-ASTHMATIC POWDER.

In Asthmatical, Bronchial and climatic affections of the respiratory organs, it gives immediate relief. The marked success attained by the use of DR. CODERRE'S FAMOUS ANTI-ASTHMATIC POWDER has induced us to give everybody suffering from any of these painful diseases an opportunity of testing its efficacy before purchasing.

We will mail to any sufferer a free trial package post paid, on receipt of their address. We would ask them to give the package a thorough trial. It is perfectly safe and can be used by the most delicate patient.

ST. GERMAIN DE GRANTHAM, QUE.
The Wingate Chemical Co., Ltd.,
Montreal.

Gentlemen:—

I feel it my duty to write you. You will pardon my delay, but I hoped to meet some person suffering from the same disease as I did, and for which I found your remedy was wonderfully good. I cannot be thankful enough and you can rest assured that I will lose no opportunity to recommend it highly.

To all those suffering from "ASTHMA," I will say: "Try DR. CODERRE'S ANTI-ASTHMATIC POWDER. There is not a better remedy for this disease."

Before I started to use it, I was discouraged. I had consulted several physicians, and they did not know of any cure for asthma.

I thank you once more, and if ever I feel the same symptoms again, I will know how to get relief with this excellent preparation.

Believe me, Yours truly,
MDE JOS. LAPLANTE.

CAVIGNAC, P.Q., March 25, 1901.
The Wingate Chemical Co., Ltd.,
Montreal.

Gentlemen:—

Find enclosed \$1.00 for a box of DR. CODERRE'S ANTI-ASTHMATIC POWDER. I have used it, and it has done me a great deal of good; the attacks are less frequent and not so severe, and I assure you the relief given me is a blessing.

Yours sincerely,
ULDERIC PARADIS.

LABELLE, QUE. (Church's Lumber Mills).
The Wingate Chemical Co., Ltd.,
Montreal, P.Q.

Dear Sirs:—I have suffered from ASTHMA for many years and have tried nearly every possible remedy recommended for this fearful affliction. Having read your advertisement recommending DR. CODERRE'S ANTI-ASTHMATIC POWDER, I decided to try it. I have been using it from time to time for several months and I feel like a new man. The attacks are milder, less frequent and not so fatiguing. I sleep well and can do a good day's work. I have no hesitation in recommending DR. CODERRE'S ANTI-ASTHMATIC POWDER to anybody suffering from ASTHMA.

Yours faithfully, J. L. MARCOUX.

Dr. Coderre's CURATIVE } For pains in the Side, Back and Chest,
PLASTERS } and Kidney troubles.—Price, 25c.



Wingate's Dyspepsia Tablets

NEVER FAIL TO CURE!

These Tablets contain an active digestive principle of the gastric juice, together with other valuable agents, combined with sugar and gums, being in this form readily soluble in the stomach, and far more palatable and efficient than the ordinary remedies.

DYSPEPSIA is the prevailing complaint of civilized life, and assuming a variety of forms, it leads, if unchecked, to serious disorders and untold sufferings. That this remedy is one of the most efficient ever produced for the cure of the disease, is a fact which is fully corroborated by the voluntary testimony of thousands who now rejoice in restored health.

INDIGESTION.—The primary cause of dyspeptic complaints is usually the result of a deficient supply of gastric juice, in consequence of which the food is not properly dissolved, the weakened stomach is overburdened, its action paralyzed, and the process of digestion disordered. One or two of the Tablets taken after eating will act as a powerful aid to digestion, supplying the deficiency in the gastric fluids.

FLATULENCY AND HEARTBURN.—It is very frequently the case that the substance taken into the stomach, instead of being properly digested, becomes partially decomposed, developing a pungent gas which stings the upper portion of the epigastrium, causing flatulency and the sensation known as heartburn. In these cases the Tablets will remove all unpleasant sensations by promoting digestion, neutralizing the acids, and toning up the stomach.

LOSS OF APPETITE.—A lack of desire for even the most wholesome food is always observable when there is a weak and disordered stomach, consequently dyspeptics rarely take food enough for the proper nourishment of the body, and run into a decline. By toning up the stomach to the performance of its proper functions, the appetite soon improves, digestion goes on, and a marked improvement directly takes place. For this purpose there can be nothing better than the Tablets.

DISTRESS AFTER EATING.—People having weak stomachs very frequently experience a feeling of oppression and distress after eating even a light meal, and complain of a sensation like a weight pressing on the epigastrium. Whenever these symptoms exist, it is a sure indication that the stomach is unable to digest the food which it has received properly, hence the distress which follows. Sometimes people with strong healthy stomachs eat too much, and burden the digestive organs, causing an uncomfortable feeling of oppression. In all such cases a simple but efficient remedy can be found in the Tablets.

IRRITABILITY OF THE STOMACH.—The mucous coat or lining of the stomach is an exceedingly delicate structure, very sensitive and susceptible of irritation. While it retains its normal vigor, very little trouble will arise; but when it becomes weak and its functions impaired, the simplest and most easily digested food will be ejected, and scarcely sufficient nourishment can be retained to sustain the system. Medicines against which the stomach revolts do little or no good and should be avoided. The Tablets, on the contrary, while possessing powerful digestive tonic, and invigorating properties which restore the weakened organs to a healthy condition, are at the same time exceedingly agreeable to the most irritable and delicate stomach, a fact which gives them great value in all dyspeptic cases.

For Sale Everywhere—50c PER BOX—or by mail on receipt of price.

The Wingate Chemical Co., Ltd. Montreal.

HAS NO RIVAL

STANTON'S PAIN RELIEF for Internal and External Use. Price, 25c.

SPRUCINE FOR COUGHS & C.

THE GREATEST
REMEDY FOR ALL
LUNG TROUBLES

Consumption, Coughs, Sore Throats, Bronchitis,

if promptly attended to are easily managed, but on the contrary, if neglected, generally prove the forerunner or more serious troubles.

Most consumptives date their affliction from a neglected Cough or Cold caused by exposure to cold and damp weather, and wet and unseasonable clothing. In any case do not neglect a cold no matter from what source it comes.

“SPRUCINE”

is a scientific preparation carefully put together of **Spruce Gum, Wild Cherry and Hoarhound.**

One of the most reliable preparations yet introduced to the public for the immediate relief and cure of Coughs, Colds, Bronchitis, Hoarseness, Whooping Cough, Croup, Asthma and all diseases of the Throat and Lungs.

Taken with Cod Liver Oil in the first stages of Consumption it will be found invaluable.

The well known medicinal qualities of **SPRUCINE GUM, WILD CHERRY and HOARHOUND**, as curative agents in diseases of the Throat, Lungs and chest, are too widely known to need further comment. Suffice it to say, that **SPRUCINE** is a positive combination of the **THREE** scientifically put together in the form of an agreeable and palatable Elixir.

In obstinate Coughs, Pulmonary Consumption, &c., &c., where *Cod Liver Oil* is recommended, a dose of **SPRUCINE** taken with a dose of the former, will make an agreeable and convenient vehicle for the administration of the *Oil*, and largely promote its efficiency.

25c per bottle, or by mail on receipt of price.

THE WINGATE CHEMICAL CO., Ltd.,
MONTREAL, CANADA.

MONTREAL, March 21st, 1883.

B. E. MCGALE,

DEAR SIR:—We have used your **SPRUCINE** in our convent for the past four or five years, and we can conscientiously recommend it as a good and faithful remedy for Coughs, Colds and Bronchial affections. I sent some to our Mother House, and they are also thoroughly satisfied with it. **SPRUCINE** cannot be too highly recommended, as it decidedly does all you claim for it.

THE SISTER SUPERIOR,

St. Ann's Academy, Montreal.

MISSISSIPPI STATION.

MR. B. E. MCGALE,

DEAR SIR:—You will judge from the quantity of **SPRUCINE** I sell, that its qualities must be thoroughly appreciated by my customers. I have kept a general store for nearly ten years, and during that time, I have handled a large number of proprietary remedies of all descriptions, and can safely say that **SPRUCINE** has given more satisfaction than any I have ever sold.

It gives me much pleasure to recommend **SPRUCINE** for Coughs, Colds and Bronchial affections to my friends and customers, as in doing so I feel confident they will be thoroughly satisfied.

Yours sincerely,

W. D. MACE.

Backache }

Pains over the Kidneys and Liver and in the Side, relieved by Dr. Coderre's Curative Plaster.

25c, each, or by mail on receipt of price.

UNCAT
Almagas

Dr. Coderre's Infants' Syrup

As prepared by Dr. J. Emery Coderre, Professor of Materia Medica and Therapeutics.

USED IN DR. CODERRE'S PRIVATE PRACTICE FOR A PERIOD OF 50 YEARS, AS WELL AS ABROAD.

Physicians and Nurses have alike experienced the pressing need of some simple, yet safe and reliable preparation, which they could recommend for general use in the nursing of children, something which would relieve the pain and suffering, consequent upon their tender age, without doing them a lasting injury; such is **Dr. Coderre's Infants' Syrup**, which is hailed with joy throughout the length and breadth of the land, by all who have the care of children; it has been in use for over 50 years in Europe and in this country, and always with the most complete success, and we believe we are stating only a simple fact, when we say that it is universally acknowledged to be the

BEST AND SAFEST SOOTHING SYRUP IN USE.

It is prepared with approbation of the following Physicians and Professors of Medicine:

We, the undersigned physicians, after having examined the compositions of the **Infants' Syrup**, certify that it is prepared with the proper medical substances for the treatment of Infants' Complaints, such as Colic, Diarrhoea, Dysentery, Painful Dentition, Coughs, Colds.

E. H. TRUDEL, M. D., Professor of Midwifery and Diseases of women and children.
J. C. BIBAUD, M. D., Professor of Anatomy.
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O. RAYMOND, M. D.
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EVERY WRAPPER BEARS DR. CODERRE'S SIGNATURE AND PORTRAIT,

Everywhere, Price 25c. per bottle, or by Mail on Receipt of Price.

WINGATE CHEMICAL CO., Ltd.
MONTREAL, CANADA.

m Pastilles For Children and Adults. Small in size, Easy to take. Price 25c.



THE FAC-SIMILE SIGNATURE IS ON EVERY WRAPPER

STANTON'S PAIN RELIEF

AN INTERNAL AND EXTERNAL REMEDY
FOR COLIC, CHOLERA,
RHEUMATISM

Coderre's Wort

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For Sale in
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ept of price.